

THE VALLEY & EAST COAST VOICE

Volume 8 No. 9 P.O. Box 100, St. Marys. Friday 15th August 1975. Price 7 cents.
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MY ENEMIES

It is very pleasant to know you have lots of friends, but one can hardly feel at ease in one's mind, unless you also know you have lots of enemies. In fact the more the better. One can hardly do what one considers one's duty or what is right, without making enemies.

At the present stage of affairs, life has to be thought of in terms of battle. The point is that enemies are a necessary part of a person's life if he is to keep his self-respect. Beware of the world when it wears a smiling face; and faithfully ask yourself whether its smiles are not the result of your ignoble kowtowing to pressures of the world.

You must select your enemies carefully; you must choose them wisely. To have a multitude of foes is to mean a fatal dilution of your energy. Select, then concentrate is the best way. If one hurls oneself against all one finds abominable, like armament firms who are wrecking hopes of peace, and the people who think the world can be saved by high tariffs, and people who are making money out of high finance and keeping the world in misery; and the dull and stodgy people who won't change anything and are sterilizing education, and the people who bawl "Communist" at you if you try to change anything, and the politicians who are introducing graft into our public life, and the people who make horrible noises and call it music, and the puritans, and the rogues - it is plain the list would never end so one must carefully select the ones which offend the worst and fight the best way you can, but beware how you fight. Do not defile your cause with hatred. We

have to organise the forces of decency and insist that each man stick to his allotted job.

Do not leave this world having people saying about you that you have no enemies, to say this is to imply that you have consistently shirked your duty, and been a traitor to all that lends a glory to human life.

The St Marys Branch of the Arts Council of Australia (Tas. Divn.) was formed 3 months ago to bring to people of the Fingal valley and St HELENS, entertainment by first class National and International artists.

Those of you who have braved the cold nights to attend concerts so far will agree that we are very privileged to be able to have such talented artists perform locally. Within the next 5 weeks two more concerts have been arranged, one by the Tasmanian Ballet Co. on Friday August 29th, and the second, the famous Trinidad Cavaliers Steel Band - which has received rave notices wherever it has been - on Sept. 19th.

The local Arts Council Branch is seeking your support for both Ballet and Band in two ways. First we want you to come along - everybody, and secondly, in order to offset costs incurred in putting on shows of this calibre we have been asked to try and find billets for both nights, for visiting performers and staff. This does not involve many individuals - about 12 in the case of the Ballet (including 6 women) and 11 for the Steel Band (all males) - and we have several offers already.

If you would like to provide a comfortable bed for a tired performer on Friday night the 29th of August or Friday 19th of Sept. or both, please contact Bob Legge or Ron Sumner without delay for further details.

We hope too, that as many of you as possible will book in advance for both performances at the St Marys Newsagency.

Prices for the Ballet are \$3.00 for adult non-members and \$2.00 for members. For children - who will not be admitted unless accompanied by parents or a supervising adult, the charges are \$1.50 and \$1.00 respectively.

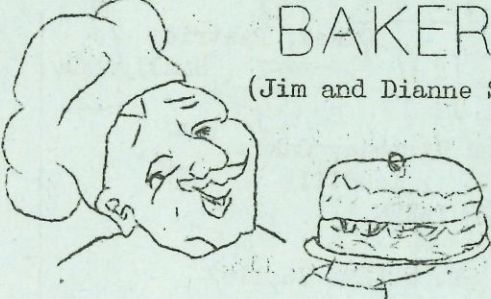
Admission charges for the Steel Band have to be a little higher. They are \$4.00 and \$3.00 for adult non-members and members, and \$2.00 and \$1.50 for children.

If you wish to take advantage of discounts for these and future concerts by becoming a

continue on page 3.

ST. MARYS BAKERY

(Jim and Dianne Spriggs)



BREAD, BUNS, CAKES, PIES and PASTIES

LOCAL WEDDING.

On August 2nd at 4.p.m. Miss Barbara King, only daughter of Mr & Mrs Geoff King of St.Marys, and Kevin Alfred Collings, son of Mr Collings and the late Mrs Collings of Rosevears, were married in Holy Trinity Church St.Marys, by Father Lloyd of Launceston. The Bride looked charming in a long white figured gown of crepe, her three tiered veil was held in place by tiny artificial flowers. Miss King was attended by two bridesmaids, Misses Pauline Mullen and Maxine Read, both of whom wore long frocks of lime green figured crepe. The Bride carried a bouquet of dainty flowers and "for something borrowed, something old" wore her great Aunt's gold bracelet. The Father of the Bride, the Groom, the Best Man Mr Michael Baker, also the Groomsman Mr Ross Bartle, all wore dark green suits, and lime green jabot type shirts with darker colored bow ties, which complimented the Bride and her attendant's outfits. The Bride's Mother wore a lovely full length gown of red, with silver accessories. The Church was beautifully decorated with flowers, including arum lilies, pink camellias interspersed with greenery; by Miss Barbara Wardlaw, the family wish to thank her for her kindness. A delicious wedding breakfast was ably catered for by Mesdames Jack and Keith Bullock. The tables were decorated with a mixture of spring flowers. The two tiered wedding cake was decorated by Mrs John Bushing. Many guests from various parts of Tasmania attended the wedding, also mainland guests. Mr & Mrs Collings have made their home in Launceston.

THANKS

I would like to thank everyone who sent cards and flowers and helped in anyway while I was in hospital. Mrs Colin Saunders Fingal.

Mr R.J. (Bob) Hinds Reg. Bookmaker wishes to advise that his business has closed and thanks all customers for their patronage over the years. Please forward any unpaid tickets or accounts for settlement to me direct. R.J.Hinds.

I would like to say thankyou to the people of St.Helens for their generous support to Jeffrey, following his selection in the State Primary School Football Team to participate in the Adelaide football carnival. Special thanks to St.Helens Football club, Returned Serviceman's Club and Jeffrey's fellow pupils at St.Helens District School. Gwen Coulson.

POSITIONS VACANT.

Greenkeeper required for St.Marys Golf Course on part-time basis. Ability to drive a tractor an advantage. Replies to the Secretary or phone St.Marys 75, or 45 after 6 p.m.

C.D.Cornelius
Hon.Sec.

CLASSIFIEDS

FOR SALE 2 single bed inner-spring mattresses
Excellent condition \$30 pair. Phone 761130

WANTED TO BUY: Saw bench, steel bench, for joinery, 10 - 12 inch saw. Ph. Scamander 72 5216.

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Phone Scamander 72 5272.

WANTED TO BUY: Violins and 'cellos in any condition. Please write to the Advertiser, 3/420 Argyle St. Newtown Hobart.

KINGS BUS SERVICE: St. Marys, St. Helens. Winnaleah, Bicheno, Swansea. Ph. Winnaleah 218.

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FOR LODGEMENT OF TAX RETURNS, Accounting functions, Business problems and Correspondence. Contact HAROLD ROWLAND Accountant and Registered Tax Agent, 71 Cecilia St. St. Helens, Ph. 76 1234.

FOR SALE: 1 Combination wardrobe in good order \$30.00 Phone 196.

WANTED TO BUY: 1 Standard Lamp
Phone 72 5275 Scamander.

WANTED TO BUY: Old issues Popular Mechanics and Popular Science Magazines. Any American Motor Magazines. Pre 1965 Australian Motor Magazines. Bill Targett Ph. St.Marys 194

FOR SALE: Steel all lengths and sizes R.S.J., channels and flats. Ph. St.Marys 196.

BP

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iced!!!

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PHONE ST. HELENS 76 1162

PIFFLE

A Cabaret will be held at St. Helens Hotel-Motel on Saturday August 16th to help our Miss Coast (Miss Tammy Bresenham) Come along and support her.

Congratulations to Marlene Parker from all Mangana folk for her good pass in her nursing exams.

Andrew Francis has returned to his home at Mangana after a few days at Circular Head and playing in the Primary Football.

The Bakers Oven has moved, to the old Post office in St. Helens and is open Thursdays Fridays 10.30 a.m. - 4 p.m.

Mrs Russell, her daughter Shirley and friend Rob from Bellerive spent the weekend with Mrs Russell's mother Mrs M. Oliver of Mangana.

A cabaret will be held on August 23rd at St. Helens Hotel-Motel in aid of the Football Club.

Congratulations to Sue Herring from all her friends in St. Marys, on her good pass in her midwifery exams.

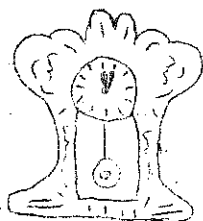
WORTHY CAUSE

A local farmer has been getting himself in a prick. By clearing away gorse from the roadside. But his work will be rewarded from the satisfaction of knowing that people driving between Fingal and St Marys can now see the beautiful view of the Pryawhar Farm.

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LETS LAUGH:

Hickory Dickory Dock
Three mice ran up the clock
The clock struck one
And the other two got away



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ST HELENS Phone
76 1147

WHATS ON

Golden Years Club every Wednesday 1.30 p.m.
Bowls, Handcrafts and euchre.
Friday evenings 7.30 p.m. Bowls. 20 cents per
evening. All welcome.

Mothers Union.

The Annual stall for the Mothers Union Club
Thursday August 28th at 11 a.m. in the vestry
of the Cornwall Church. Gifts and buyers
welcome.

THRIFT SHOP ROSTER

August 15th	Mesdames G. Hayes, U. Camplin.
August 22nd	" J.V. Bushing, D. Singline
August 29th	" D. Morris, L. Faulkner.

Bread and cheese luncheon at Mrs. G. Sheperd
home, Fingal. On Thurs. 28th August. 12.30
til 2pm. Trade Stall.

The Methodist Ladies will be conducting
a street stall on Friday August 22nd.
commencing at 10.30 am.
Any donations will be gratefully accepted.

CONTINUED FROM PAGE 1.

member of the Arts Council please contact
Ron Sumner.

We urge everybody, members and non members
alike to support the Tasmanian Division
which goes to so much trouble to organize
the various concert tours. So far we have
broken even on one and lost on all the
rest.
With a tight budget in the offing, it is
inevitable that centres which continue
to lose money by poor support will eventually
miss out altogether.

Tim McManus Secretary.

COOKING NOTES

Herbed Zucchini

1 1/2 lb zucchini
1 clove garlic (if you don't like garlic use
chives or some other onion.)
small handful of winter savory sprigs.
4 large tomatoes, a little oil.
1 large onion (if using garlic)
salt and pepper, cheese A little flour.

Heat a little oil in a heavy pan and saute
the chopped onions and crushed garlic and
savory sprigs and tomatoes for 10 minutes.
Remove the savory sprigs, these are woody,
and put through a sieve or blender and set
aside. Cut uncooked zucchini cross ways in
thin slices, toss them lightly in the flour,
then brown quickly on both sides in a little
hot oil. Arrange them in an ovenproof dish,
alternating layers of zucchini and sauce
ending with the sauce cover with thinly
sliced cheese and bake uncovered in a moderate
oven for 30 minutes.

FROM THE PULPIT

The World needs Men.

- ... who cannot be bought;
- ... whose word is their bond;
- ... who puts character above wealth;
- ... who possess opinions and a will;
- ... who are larger than their vocations;
- ... who do not hesitate to take chances;
- ... who will not lose their individuality in a crowd;
- ... who will be as honest in small things as in great things;
- ... who will make no compromise with wrong;
- ... whose ambitions are not confined; to their own selfish desires;
- ... who will not say they do it "because everybody else does it."
- ... who are true to their friends through good report and evil report in adversity as well as prosperity.
- ... who do not believe that shrewdness, cunning, and hard-headedness are the best qualities for winning success.
- ... who are not ashamed or afraid to stand for the truth when it is unpopular, who can say "no" with emphasis, although all the rest of the world says "yes" .

MEALS ON WHEELS.

ST. MARYS

Sunday	August 17th	Mr. R. Yates
Monday	18th	Mrs. A McKenzie
Tuesday	19th	Mrs. Burbury
Wednesday	20th	Mrs. H Williams
Thursday	21st	Mrs. June Hall
Sunday	24th	Mr. R Saunders
Monday	25th	Mrs. L Parker
Tuesday	26th	Mrs. J Sweet
Wednesday	27th	Mr. B. Saunders
Thursday	28th	Mr. Ken Johnson
Sunday	31st	Mr. J. Clements.

FINGAL

Sunday	August 17	Kevin Faulkner
Monday	18	Jes Cornelius
Tuesday	19	Alf Faulkner
Wednesday	20	Jim Napier
Thursday	21	Kevin Dobson
Sunday	24	Greg Tapp
Monday	25	Kath Lohrey
Tuesday	26	Robert Legge
Wednesday	27	Mary King
Thursday	28	Lyn Shennan
Sunday	31	Allan Jackson

PORTLAND

Monday	August 18	M. Pike
Tuesday	19	G. MacMichael
Wednesday	20	R. Keogh
Thursday	21	L. Gee
Friday	22	W. Manson
Monday	25	B. Campbell
Tuesday	26	P. Burns
Wednesday	27	S. Breen
Thursday	28	Pre-School
Friday	29	Pre-School

CHURCH NEWS

ROMAN CATHOLIC PARISH OF ST, MARYS

Sunday 17th August

St. Marys	9a.m.
Fingal	10.30 a.m.,
Bicheno	4 p.m.
St. Helens	6.30 p.m. (Sat.16th)

Sunday 24th August

St. Marys	9 a.m.
Fingal	10.30 a.m.
Mathina	3 p.m.
St. Helens	6.30 p.m. (Sat. 23rd.)

METHODIST PARISH OF ST. MARYS AND ST. HELENS

Sunday 17th August

11 a.m.	St. Marys	Pastor Dobson
7.30 p.m.	St Helens	Pastor Dobson

Sunday 24th August

11 a.m.	St. Marys	Mr. A Faulkner
7.30 p.m.	St. Helens	Pastor Dobson

ANGLICAN PARISH OF AVOCA/ FINGAL/CULLENSWOOD

Pre- Synod Rurudecanal Conference will be held on Wednesday 27th August at 8 p.m. in the Fingal Presbyterian Hall. Followed by supper. Ladies a plate. Discussion; "The Ministry of Women " -All welcome.

August 17th Sunday

8 a.m.	Fingal	Holy Communion
10 a.m.	St. Marys	Red Cross Service
2.30 p.m.	Avoca	Evening Prayer

August 24th Diocesan Sunday

9 a.m.	Cornwall	Family Service
10 a.m.	St. Marys	Family Service
2. 30 p.m.	Mathinna	Holy Communion
7 p.m.	Fingal	Evening Prayer

ANGLICAN PARISH OF ST. HELENS

Sunday August 17th

8 a.m.	St. Helens	Holy Communion
9 .15 a.m.	Falmouth	Holy Communion
11 a.m.	St. Helens	Holy Communion

Sunday August 24th

8 a.m.	St. Helens	Holy Communion
11 a.m.	St. Helens	Morning Prayer
11 a.m.	Pyengana	Holy Communion

OBITUARY.

The residents of St. Marys were saddened to hear of the passing of Mrs. Emily Royle. She was a keen gardener, and was loved by all. She had lived all her life in the district.

The Valley Voice Staff wish to express their sympathy to her sons and their families.

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YOU & THE LAW

A short while back in this column I made mention of vandalism and parental responsibility in the control of juvenile vandalisms.

Since then, and up to a couple of weeks ago, I had gained the impression that my comments at the time had seeped through to parents, but now I have changed my mind as I am convinced now, more than ever, that some parents couldn't care less what their children get up to or into, it doesn't seem to bother them.

I am a great believer in the freedom of speech. If you have something to say, then say it, this is exactly what I now intend to do.

Over the last couple of weeks, vandals have partly demolished the main grandstand at the St. Marys Recreation Ground. They have smashed out windows, wrecked almost completely a ceiling beneath the main stand, forced open windows, smashed to pieces with stones sections of the wall below the main grandstand. In all damage is estimated at around \$200. There is no doubt what-so-ever that this wilful damage was caused by children in the 12 to 16 years age group and carried out during Saturday afternoon, during the football match.

Each Saturday afternoon when the football match is at the local oval it is noticeable that children run wild. They are in the main, completely neglected in regards to parental control.

Parents allow their youngsters to attend football, but they lack supervision and of course, it goes without saying that sooner or later, the child is going to end up getting himself into mischief at the expense of others.

Parents, this is your responsibility. It is up to you, to do something to ensure that your child does not smash up private or public property, and it won't solve itself unless you take a firm grip on the situation. Don't let your kids roam about making a nuisance of themselves, keep them in check for their own protection.

Spectators in general don't want to be pestered with your youngsters annoying them. Control is the only answer.

Your local council can find better ways of spending your money than repeatedly repairing sport or recreation buildings as the result of vandalism.

It's happened again, so what do you intend to do about it? I hope something constructive comes to mind. If your child is one of those responsible for this recent wilful damage, then we would like to see you and the child. Don't wait until we knock on your door.

H.F. ALOMES.

INSPECTOR. 13/8/75.

LETS LAUGH: A pet shop owner worked out a way to sell his talking parrots. He has a sign over each cage, "Suggested for Mature Audiences Only."

FISHING NOTES

Over one hundred members & their guests attended the Annual dinner of St. Helens Game Fishing Club at the St. Helens Hotel last Saturday night. Guest of honour was Mr. Michael Barnard M.H.A. who promised further support for the amateur fisherman in our area. One boat ramp has already been repaired, another will be improved this year and we now have high hopes of getting one at Burn's Bay before long. He was ably supported by our old friend Lloyd Carins M.L.C.

The chief trophy winners were Hec Berwick from Scottsdale with his Australian record 37 lb. albacore and Max Franks with his 123½ lb. Mako shark. The Annual General Meeting prior to the dinner elected the following office bearers unopposed: President S.N. Suter, Vice President D. Smith, Secretary A.R. Jackson, Treasurer P. Hume, Committee G. Gadsby, W.J. Stone, G.A. Luck and W. Richards. Scamander Angling Club will hold a surf contest next Sunday 17th. August at Four Mile from 11am to 3 pm. Reports indicate that there are some good blackback being caught there and also at Wrinklers, so pack some lunch and a cold can and bring your family for a picnic. Visitors are welcome.

STATE REPRESENTATIVES.

The St. Marys High School have been fortunate in having two of its students selected to represent Tasmania in their respective sports.

Glen Donellan of Fingal has been selected in the Tasmanian Under 16 Schoolboys Football team, which play in Adelaide this month.

Stephen Huddleston of Bicheno has been selected in the State Under 15 Soccer Team to play in Perth W.A. this month.

I am sure everyone joins with the editor and staff of Valley Voice in wishing both Glen and Stephen best wishes as they represent Tasmania.

An appeal conducted for Glen's trip to Adelaide was very successful with a total of \$358-90 being raised, approximately \$30-00 more than was required. It has been decided that the surplus would go into a fund set aside for sponsoring future state representatives from St. Marys High School. Mr. Stubs the coordinator of the appeal wishes to thank all who contributed.

LETS LAUGH: The minister was confused at the wedding because of the groom's long hair. So he just smiled at both of them and said "Would one of you please kiss the bride".

ST. MARYS GARDEN CLUB

There was a very good attendance at the last meeting. Bicheno Garden Club members were present and afternoon tea was served. Roll call was very interesting (how would you spend an idle day) Mr Alf Faulkner gave an interesting talk on driftwood and also gave some useful garden hints. Roll call for August "Which actor or actress would you like to date?" Special bloom-Egg and Bacon. Competition-Arrangement and give it a name. Vegetables for August. Onion. Home products lamingtons. Posy hostess for next three months Mrs Rattray and Mrs C. Royle. Next meeting will be August 28th. The garden club members extend their deepest sympathy to the family of the late Mrs Emily Royle.

Prostanthera or mint bushes are lovely. 6-12ft high and suited to places which do not get hot dry winds. Purple or purple and white flowers in spring it needs pruning after flowering to keep it in shape. Keep a mulch of leaves and twigs on the ground for cover. Eucalyptus acacias casuarinas, and melaleucas will soon make a lovely piece of bushland and some of the wattles will bloom the first year. The small tree will stabilize its roots quicker than a large tree, then overtake it. Natives like their own company, so plant close together, they support each other, as the trees grow and supply shade, ferns can be planted in protected places and wild violets come up everywhere. Eucalypts are grown from seed. Gather the fruits when fully developed, not too soon after flowering, put into a paper bag and allow to dry well, until the seed will shake out, then leave a while longer to make sure it is fully ripe. There is no garden too small, no soil too wet or dry, no climate too hot or cold for at least one eucalypt, its just choosing the right one.

Eucalyptus elata for cool, coastal areas with good soils, this willow peppermint is large and a quick grower. Eucalyptus calycogona A mallee, frost and drought resistant, small ornamental tree smooth bark, narrow yellowish green leaves weird shaped buds. Flowers in spring.

ACACIA baileyana Cootamunda wattle
" podalyriifolia Queensland silver w.
" prominens Golden rain
" longifolia Sydney wattle
" alata prickly no leaves
" melanoxylou Blackwood Tas
" linifolia long leaf
" ulecifolia juniper wattle
" fimbriata fringed wattle
" sophorae coastal wattle

RESERVES FOOTBALL LADDER

Fingal 44 pts	Campbell Town 44 pts
Avoca 36 " 135%	St. Marys 100% 36 "
Swansea 32 " 109%	St. Helens 12 "

FOOTY FACTS

By STABKICK

With three consecutive losses, last seasons premiers Campbell Town have lost form when they need it most-at the business end of the season.

Successive losses against St. Helens, Fingal and last week against Avoca, must have provided a giant size nightmare for coach Robert Lowe as two of the matches were on their home ground.

Lowe is very lucky his side plays bottom side St. Marys at Campbell Town this week in the last roster match as this gives Lowe his last chance to install new life and determination into his side before they face Fingal in the second semi-final a fortnight from tomorrow. Fingal are riding on the crest of a wave, and rightly so too-after eleven successive victories.

In fact, Fingal have not been even close to being defeated since the first match of the second round way back in May, the 17th, when they went down to Campbell Town.

For the Blues to be beaten in this years final series-the other sides would have to improve 100% to even be in the race.

Avoca and Swansea meet tomorrow in what is a preview of the first semi-final. I think Swansea with the home ground advantage has the edge this week, but I'm not so sure when they meet at St. Helens a week later.

No team has any line that shows out, although Swansea's centre half forward Garry Radford is in very good form, and Phil Keane has had a marvellous season in the centre-he must have a good show in the Association's Best and Fairest award.

Avoca's small players, Kitchen, Byrne and Stagg get a ton of kicks between them, whilst Tony Leaner is doing his job well at full forward. I tip Swansea on the tight St. Helens ground. Fourth position is not yet decided in the reserves, as a Swansea win over Avoca and a St. Marys loss to Campbell Town this Saturday would relegate St. Marys to fifth as its percentage is not as high as Swanses.

Saturday 16th

St. Helens	v	Fingal
Campbell Town	v	St. Marys
Swansea	v	Avoca

Saturday 23rd

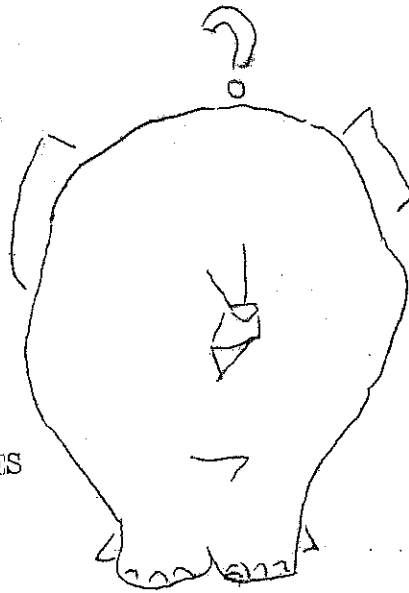
Seniors:	Swansea	v	Avoca	{	at
Reserves:	Not yet decided			{	St.
Juniors:	St. Marys	v	Swansea	{	Helens.

Ladders

Seniors		Juniors	
Fingal	60 pts	Campbell Town	48 pts
Avoca	32 "	Swansea	32 "
St. Helens	24 "	St. Marys	8 "

Juniors		Juniors	
Campbell Town	64 pts	Fingal	48 pts
Swansea	44 "	St. Marys	28 "
St. Helens	20 "	Avoca	0 "

Be WITH IT



AUCTION

COLONIAL BRIC-A-BRAC
& second hand
'elephants'

DRINKS

CAKES

MILK SHAKES

RAFFLES

ROLL TABLE

SWEETS

LUCKY DIP

DRAPERY

PRODUCE

SUPPER

HOOPLA

REMEMBER! ! !

THE CHURCH OF ENGLAND ANNUAL FAIR

AND WHITE ELEPHANT AUCTION

FRIDAY 22nd. AUGUST, 1975

commencing at 7p.m. with the Official Opening
in the AVOCA Community Hall

AUCTION commences at 8p.m.

ooOoo

MEAT RAFFLE:

First prize: / $\frac{1}{2}$ sheep

Second prize: Hindquarter

Third prize: Forequarter

RAFFLE DRAWN AT FAIR

TICKETS sold at Fair and throughout
Parish.

ATTENTION !!! FARMERS

A field day will be held at Bert Denney's
Gray Road, St. Marys on August 19th at
11a.m.

Discussions will be: Electric Fencing by
Mr. Bruce Nichols of Well's Melbourne.
Artificial Breeding by Mr. P. Brown on
behalf Pyengana Herd Recording.

ALL WELCOME!!!!

ARMITAGE AUCTIONS

FURNITURE AUCTION ST MARYS

Saturday, August 23rd

10.30am. at Pass Road, St. Marys

Household furniture and effects, boat &
trailer, 3hp. Johnson Outboard, a/c owner.

1.30pm. at Recreation Ground

Furniture & effects, surplus Hospital equip
Full details, Saturdays Examiner.

BASKETBALL NOTES

The Winter-Spring season of the St. Helens Basketball Association got away to a good start on Wednesday July 30th with eight full teams in the competition.

The season began with a clash between last seasons finalists Bluebirds and Reds. This time Bluebirds were able to turn the tables and defeat the Reds by 18pts to 14. The Bluebirds shot 3 goals to 1 in the first half, but the Reds improved in the second half to equal the Bluebirds second half score of 12 pts.

Points

Bluebirds D. Krushka 6, J. Clifford, D. Coleman and C. Bailey 4.

Reds S. Richards 10, M. Davis 4.

BOMBERS V YELLOWS

The Bombers held a commanding lead throughout the game, and the yellows were never a real threat.

Points Bombers S. Richards 18, K. Blair 13, R. Donald 6, Ismet and D. Pearce 4

Yellows E. Pimental 10, K. Andrews 8, S. Denman and S. Grose 4.

PACEMAKERS V VILLAINS

After a hard fought game, the villains managed to snatch victory in the closing part of the match. The Villains held a very narrow lead of 2 points at half time and with each team shooting goal for goal, it was anyone's game right to the end. Final score 16-14.

Points Villains R. Coker-Williams 6, D. Jaffray 4, L. Kohl, L. Dakin and M. Lohrey 2.

Pacemakers points M. Waldron, C. Rowlings and G. Gray 4, H. Richards 2.

WHITES V ALL BLACKS

The Whites had a very convincing victory after only holding a one point lead at half time. With some accurate shooting, the Whites were able to increase their lead considerably and went on to victory by 40 points to 28.

Points

Whites T. Crosswell 17, P. Davis 10, M. Gray 5, M. Bennett and I. Blades 4.

All Blacks E. Krautz, M. Blair and T. Treloggen 6, S. Bailey and W. Rowlings 4, J. Jaffray 2.

August 6th

Villains V. Reds This also proved a very evenly matched game with the Reds maintaining a slim lead throughout the match. The Reds went on to victory by 17 pts to 12.

Points

Reds S. Richards 6, J. Chapple 5, M. Davis 4, C. Jestrinski 2.

Villains D. Crosswell and M. Treloggen 4, L. Kohl and G. Andrews 2.

All Blacks v Yellows

All Blacks were able to retaliate, following their defeat last week, and go on to victory by 36 pts to 19. They held only a 1 pt lead at half time and improved in the second half to shoot 11 goals and one penalty, to the Yellows 3 goals and 1 penalty.

Points

All Blacks E. Krautz 18, W. Rowlings 8, M. Blair 6, S. Bailey and T. Treloggen 2.

Yellows K. Andrews 7, M. Cantrell, M. Griffiths, S. Grose, E. Parrish, J. Salter and A. Gregory 2.

BASKETBALL NOTES CONT.

Pacemakers V. Bluebirds

The Bluebirds managed to go on to victory by 16 pts to 10 despite a very hard fought game. The Pacemakers attacking and defending proved very effective during the second half, only allowing the Bluebirds to equal score with them.

Points

Bluebirds. D. Coleman and C. Bailey 6, D. Krushka and L. Richards 2,

Pacemakers G. Gray 6, C. Rowlings 4.

BOMBERS V WHITES

Once again the Whites had an easy victory by defeating the Bombers by 41 pts to 26. Some excellent shooting from the Whites proved too much for the trying Bombers.

POINTS

Whites T. Crosswell 17, P. Davis 16, M. Gray 6, I. Blades 2.

Bombers. Ismet 8, K. Blair and D. Coker-Williams 6, M. Tucker 4, R. Donald 2.

COMFREY continued from last edition

Comfrey is a coarse perennial herb up to 5' high (after 3 years of establishment) leafy, branching with hairy stems and deep green leaves; extensive root system sending down a tap root many feet into the sub-soil; generally adapted to establish quickly into large plants. They should be planted one metre apart, each way. Comfrey is frost-resistant, deciduous (in Tasmania) and has proved to be disease free. When allowed to bloom, comfrey produces clusters of beautiful blue lavender bells hanging on tall hollow stems. However to improve its fantastic yield of leaves the plant should be cut back 8 - 12 times a year because the plant loses nutritive value if allowed to bloom. Disposing of the crop is no problem. Comfrey may be used as a green manure, a compost activator, a forage crop for live-stock, there's nothing better.

The curative powers of comfrey are many, and can only be listed in this short article. They include the treatment of asthma, sinus, skin ulceration, severe burns, acne, gastric and varicose ulcers, chest and bronchial troubles, sore and strained muscles, sprains and corns and colds. It will also speed up the knitting of broken bones.

The easiest way to take comfrey is in a drink, to prepare this requires a liquidiser 4 jug leaves and $\frac{1}{2}$ cup water. Put through a sieve before drinking it will make a glass of bright green, yet tasteless fluid. It should always be made fresh as it ferments rapidly. This is comfrey without its fibre containing most of its proteins and vitamins, with the bulk of its nutritionally useful minerals.



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IMMATURES AT 3.0¢ PER HEAD STOP BETTER NEWS ACT QUICKLY
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"Way above the problem"

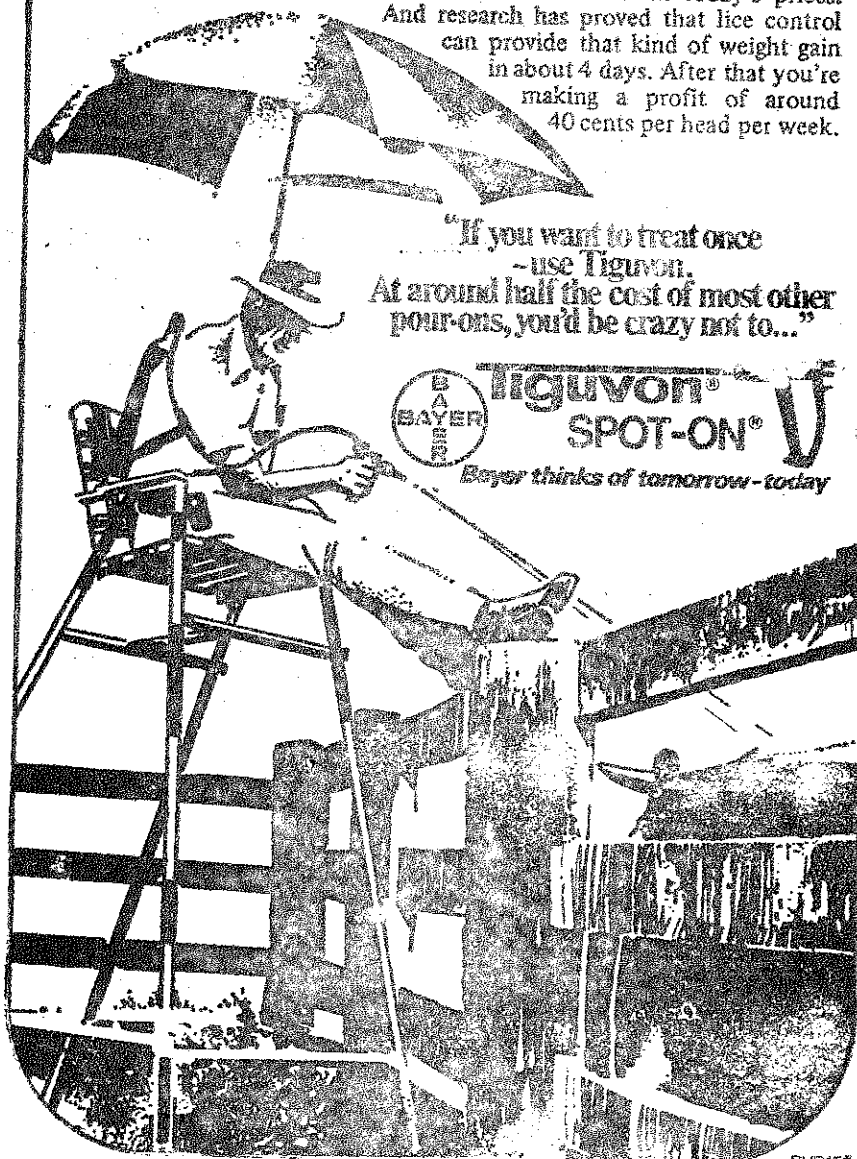
Lice control is more than just relaxing in a comfortable chair and squeezing a trigger. It's a form of investment. A shot of Tiguvon for a grown beast still costs as little as 20 cents. A weight gain of 1 kilo (2.2 lbs) will repay that investment — even at today's prices. And research has proved that lice control can provide that kind of weight gain in about 4 days. After that you're making a profit of around 40 cents per head per week.

"If you want to treat once
— use Tiguvon.
At around half the cost of most other
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Bayer thinks of tomorrow — today



BVP156



STAR PROBE



By Pegasus

Fortnight beginning August 15th.

ARIES March 21 - April 20

You can introduce greater harmony into your home and community now. An ideal time for romance, new interests, and idea development.
Best days 18th, 23rd & 24th.

TAURUS April 21 - May 20

This is quite a practical month when the aspects in your horoscope bode well for career gains and doing the impossible.
Best days 15th, 21st & 25th.

GEMINI May 21 - June 20

A month for windfalls, both financial and social. Accept suggestions, and invitations. Concentrate less on the physical and material things.
Best days 16th, 26th & 27th.

CANCER June 21 - July 22

A good month for making new starts. Your flair for personal independence is stronger later in the month. Adjust your budget to new demands.
Best days 17th, 19th & 20th.

LEO July 23 - Aug. 22

Adventure, travel and business pleasure combinations go well now. Major problems can be coped with successfully. Consider work problems.
Best days 22nd, 27th & 28th.

VIRGO Aug. 23 - Sept. 22

If you receive an invitation to visit a friend for a weekend, by all means accept it. Much happiness can be found away from the family.
Best days 15th, 22nd & 23rd.

LIBRA Sept. 23 - Oct. 22

Avoid any sense of fatigue by balancing work with play now. Give attention to diet matters. Don't prove too sure when success is in reach.
Best days 16th, 26th & 28th.

SCORPIO Oct. 23 - Nov. 22

Events tumble one after the other as you pursue pleasure and prestige. Others get out of your way for you have the speed of Mercury in action.
Best days 18th, 21st & 24th.

SAGITTARIUS Nov. 23 - Dec. 21

You could receive additional responsibility, an increase in salary or a promotion before the end of the month. Social aspects look good.
Best days 17th, 19th & 20th.

CAPRICORN Dec. 22 - Jan 19

There are numerous business and social opportunities within reach at the moment. Discuss some of these with loved ones or business friends.
Best days 15th, 27th & 28th.

AQUARIUS Jan. 20 - Feb. 18

Avoid changes that are not fully contemplated. Guard against secrets others want to pass on to you. Stand up for your rights in business.
Best days 16th, 21st & 22nd.

PISCES Feb. 19 - Mar. 20

This is a favorable time for handling details of a minor nature. You excel in work that others find too monotonous. You will win where others fail.
Best days 18th, 23rd & 24th.

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Women's slacks \$3 off

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Parkas \$9

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