

THE VALLEY AND EAST COAST VOICE



18

Volume 8 No. 20 P.O. Box 100 St. Marys. Friday January 16, 1976 Price 7 cents
Registered at the G.P.O. Hobart for transmission through the post as a periodical.

THE EDITORS AND STAFF WISH ALL READERS A PROSPEROUS 1976 !!

T I M E !!!

We are chancellors of the exchequer; It is the pride of the moment. Newspapers are full of articles explaining how to live on such and such a sum, and these articles provoke a correspondence whose violence proves the interest they excite.

Philosophers have explained space, they have not explained TIME. It is the inexplicable raw material of everything. With it, all is possible, without it - nothing. The supply of Time is truly a daily miracle. You wake up in the morning and lo, your purse is magically filled with 24 hours of the unmanufactured tissue of the universe of your life. It is yours. No one can take it from you. It is untakeable, and no one receives either more or less than anyone else.

Talk about an ideal democracy, in the realm of Time there is no aristocracy of wealth, or intellect. Genius is never rewarded by even an extra hour a day. And there is no punishment, waste your precious commodity as much as you will. No power will say "This man is a fool, he does not deserve time, he shall be cut off at the meter". Impossible to get into debt, you cannot waste tomorrow. It is kept for you, you have to live on this daily 24 hours of Time. Out of it you have to spin health, pleasure, money, content, respect and the evolution of your immortal soul. If one cannot contrive to live on a certain sum of money, one earns a little more or steals

it or advertises for it, one doesn't necessarily muddle one's life because one can't quite manage on \$1,000 a year, one braces the muscles and makes more. But if one can't arrange that an income of 24 hours a day shall exactly cover all proper items of expenditure, one does muddle one's life.

The supply of Time, though gloriously regular, is cruelly restricted. Which of us lives on 24 hours a day? I do not mean exists or muddles through. Which of us does not say "I will alter than when I have more time" BUT we never have more time and we never shall have more time. We have and always have had all the time there is. We are obliged by various codes written and unwritten to maintain ourselves and our families (if any) in health and comfort, to pay our debts, to save a difficult task, and one few of us achieve, yet if we do achieve it we are still not satisfied. We are constantly haunted by a dissatisfaction with the arrangement of our daily lives. There is the feeling every day you are leaving undone something you would like to do and which you are always hoping to do when you have more Time. BUT the dazzling glaring truth is, that you will never have more time than you have now since you already have all the time there is, 24 hours a day.

The most important preliminary to the task of arranging one's life so that one may live
cont. page 2.

MAC'S MILKBAR

(Prop. Bob and Lorraine McGregor)

All milkbar lines, sandwiches, rolls, pies pasties, hamburgers, Steak sandwiches, Tea, Coffee.

COME IN AND MEET US!!!!

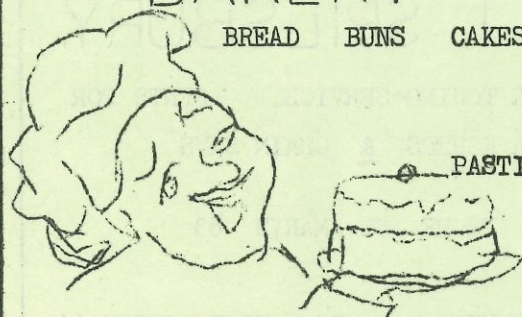
IT'S OUR PLEASURE TO SERVE YOU!!!

ST MARYS BAKERY

BREAD BUNS CAKES

PIES

PASTIES



JIM & DIANNE SPRIGGS (Prop)

WELCOME TO THE CLASSIFIEDS WORLD!!!

CHRISTINE & REG THOMAS have a daughter, Peta Lesley, born Dec. 20 at St. Marys Hospital.

DEBBIE & MALCOLM CHESSHIRE have a son, Ricky Joseph, born January 4, 1976.

GACE & DES FAULKNER have a daughter, Natasha Anne, born January 7 at Q.V.H.

Receiving congratulations of the safe arrival of a daughter - Jo Maree - are Mr. & Mrs. Phil Cossins, formerly of Scamander and now of Devonport. Both Mr. & Mrs. Cossins were teachers at the St. Marys District School.

Also receiving congratulations on the arrival of a son on January 1st are John & Maureen McGillp of Scamander. Adrian John are the names chosen.

TIME - continued from page 1.

fully and comfortably within ones budget of 24 hours is the calm realisation of the extreme difficulty of the task, you must be content with a small result for a big effort, a tense bracing of the will before anything worth doing can be done. The chief beauty is the constant supply of Time you can't waste it in advance, which fact is very gratifying you can even turn over a new leaf every hour if you choose. So let us examine the budget of the days time. How much time is spent on earning your living? 7 - 8 hours? and sleep 7 - 8 hours? If one persists in looking at the 7 - 8 hours worked in earning a living as "the day" to which the hours before and after are nothing but a prologue and epilogue it does kill ones interest in the odd 16 hours with the result that, even if he does not waste them, he does not count them.

If a man wishes to live fully and completely he must in his mind, arrange a day within a day, and during these hours he has nothing whatever to do but cultivate his body and soul and his fellowmen. During these hours he is free, he is not a wage earner, he is just as good as a man with a private income. This must be the attitude, it is very important, success depends on it.

FOR SALE.....One Steelcraft pusher & pram combined. Orange. New condition. Ring Scamander 725114.

ALL DRESSMAKING EXPERTLY CARRIED OUT. Prompt service, satisfaction guaranteed. Glamour Gowns. Upstairs Shaws Arcade Launceston 25170. Open Saturday morning.

FOR SALE....Knitting machine \$20, Venetian blinds, Vulcan stove. The Museum, St. Marys.

KINGS BUS SERVICE - St. Marys, St. Helens, Bicheno, Swansea, Phone Wiannaleah 218.

WANTED.....Chambers, jerries, pows, goes-unders or whatever you call them. The Museum, St. Marys.

REDLINE BUS SERVICE distributes this paper quickly and efficiently. Why not let them work for you??

WANTED....All types of handcrafts at the Craft Shop, St. Marys.

FREE....To good homes. 6 week old Boxer cross labrador puppies. All male. Contact Mrs. C. Trotter, Cornwall.

FOR SALE....Public Address Sound System with two 6-cone 15 ohm speakers, 3 channel amplifier, dynamic microphone and stand, radio microphone, radio amplifier and speaker unit. All pieces compatible to make a versatile indoor or outdoor system. All in perfect order at way below market price for this quality apparatus. Contact Keith Cook, St. Marys Hospital.

GIVE-A-WAY.....Two lovely kittens to good homes. Phone Bicheno 751178

This is the time he can do the things he thinks are worth doing. Does he want to make a poem, a cupboard, a painting, a story, be a guest speaker, the list is endless and the possibilities as wide as the world. (Apologies to Arnold Bennett)

BP SERVICE STATION
B & J SPILSBURY

24 HOUR TOWING SERVICE. AGENTS FOR
VICTA MOWERS & CHAIN SAWS

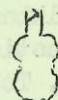
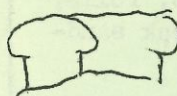
PHONE ST. MARYS 63

SEE BRUCE FOR THE GOOD JUICE!!!

ST HELENS
BAKERY

Phone

761162



SMALLGOODS CAKES PASTRIES

WEDDING & BIRTHDAY CAKES ICED.

B's orders taken

PIFFLE

RODNEY SPILSBURY spent a great New Year weekend on Flinders Island. He went by plane and stayed with Jeanette & Peter Lohrey.

MRS. UPTON of Mangana is spending a holiday with her brother at Devonport.

EILEEN & ROSS MURFET and their 7 week old daughter Aleeca of Smithton have been spending a few days with Eileen's brother Kevin Dobson. (The reason for the nappies on the line.)

TOUCHE'

Some of the kids attending the local school very nearly had half holiday the other week. The bus they were travelling on ran out of petrol. We all know that the "Clipper" ships of olden times relied on the wind for propulsion but we think it a bit too much to expect a "Clipper" bus to do the same even if it was the easterly we have had lately.

Then there was the driver of a certain Land Rover on Election Day who was seen chasing a runaway manure spreader near the C.B.A. Bank. He completely ignored the comments of onlookers waiting to vote. It is believed, however, that he will make sure he hitches things up more securely next time.

RETURN THANKS

Jack and Elsie Hughes of Bicheno wish to thank all the people who remembered our Golden Wedding with gifts and cards after our luncheon and later on. As there were so many, please accept our thanks to all.

RICHARDS
HOME FURNISHERS

ST. HELENS.

Furniture and electrical
Manchester, Carpets and Vinyls.
New curtain materials.
Fentona pre-cut furniture

CALL IN AND SEE US, WE WILL BE HAPPY
TO SERVE YOU.

ST HELENS

761147

WHATS ON

BICHENO GARDEN CLUB will meet for the first time this year on Friday afternoon 16th - 2.30pm. Bring along your bloom.

THRIFT SHOP will not open until 1st Friday in February.

CLEAN-UP of Thrift Shop beginning Monday Jan. 18th from 10 a.m.

RESULT OF RAFFLE for Church of England drawn on December 19th.

1st Mrs. T. Squires - Cornwall

2nd Mrs. J. Gordon - Cornwall

3rd M. Saunders - Fingal.

Thanks to ticket sellers and all who bought tickets.

BAKERS OVEN, 42 Cecilia Street St. Helens is open every Monday to Friday 10 am to 5pm. Arts and Crafts. Tasmanian hand-made souvenirs, toys, pottery, home-spun knitting and baby clothes.

ST. HELENS SENIOR CITIZENS CLUB has decided to open this month so will be open on Thursdays to all their members and visitors. Cards will start next month. There will be a notice in the Valley Voice.

RE-ISOLATED - People of St. Marys and East Coast are invited to attend a meeting tonight at 7.30 pm at the Museum & Art Centre, St. Marys. It is vital that we form a pressure group to fight for the rights of East Coast residents. We need to let our voices be heard through an organised group. (Possibility of the re forming of the Progress Assoc.)

ANNUAL MEETING: R.S.L. Annual meeting and Smoke Social will be held on Friday 6th February at 7.30p.m. in the Institute. ALL MEMBERS ARE INVITED TO ATTEND. N. Bradbury.

CLASSIFIEDS(continued)

WANTED TO BUY: 14 to 15 H.H. Hack. No objection to old horse. No Vices. up to \$200 also wanted male goat for breeding purposes. Mrs. Dolan Pass Road, ST. MARYS.

FOR THE BEST IN

WEDDING
PHOTOGRAPHY

and FAMILY PHOTOS

see ALLAN JACKSON
at ST. MARYS. Phone 37 for
an appointment or quote.

FROM THE PULPIT CHURCH NOTES

XX
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OH, GOD, MAKE ME A BETTER PARENT

Help me to understand my children, to listen to what they have to say and to answer all their questions kindly. Keep me from interrupting them, talking back to them, and contradicting them. Make me as courteous to them as I would have them be to me. Give me the courage to confess my sins against my children and to ask of them forgiveness, when I know that I have done them wrong.

May I not vainly hurt the feelings of my children. Forbid that I should laugh at their mistakes or resort to shame and ridicule as punishment. Let me not tempt a child to lie and steal. So guide me hour by hour that I may demonstrate by all I say and do that honesty produces happiness.

Reduce, I pray, the meanness in me. May I cease to nag; and when I am out of sorts, help me, oh, Lord, to hold my tongue.

Blind me to the little errors of my children and help me to see the good things that they do. Give me a ready word for honest praise.

Help me to treat my children as those of their own age, but let me not exact of them the judgments and conventions of adults. Allow me not to rob them of the opportunity to wait upon themselves, to think, to choose, and to make decisions.

Forbid that I should ever punish them for my selfish satisfaction. May I grant them all of their wishes that are reasonable and have the courage always to withhold a privilege which I know will do them harm.

Make me so fair and just, so considerate and companionable to my children that they will have a genuine esteem for me. Fit me to be loved and imitated by my children.

With all thy gifts, oh, God, do give me calm and poise and self control. AMEN.

XXXXXXXXXXXXXXXXXXXX

HEY KIDS!! ENTER OUR NEW COMPETITION!!

To help the children fill in a few minutes of their holidays, Valley Voice is running a competition. All you have to do, is take the words "VALLEY VOICE" and see how many words with more than three (3) letters you can think of. Each letter may be used only once in each word.

The competition will be divided into 2 age groups: 10 years and under.

11 years to 16 years inclusive.

Prizes will be \$2 first \$1.50 second in each age group. Entries should be posted to;

Valley Voice Competition, P.O.Box 100 St. Marys, by 1st February.

ANGLICAN PARISH OF AVCCA/CULLENWOOD/FINGAL

SUNDAY - January 18

8 am	Fingal	H.C.
10 am	St. Marys	Family Service
2.30 pm	Mathinna	F.S. & Baptisms
7pm	Avoca	H.C.

SUNDAY - January 25

8 a.m.	Cornwall	H.C.
9.30 a.m.	Fingal	F.S.
11 a.m.	Mangana	H.C.
5 p.m.	Royal George	H.C.
8 p.m.	St. Marys	E.P.

ROMAN CATHOLIC PARISH OF ST. MARYS

SUNDAY - January 18

St. Helens	Sat. 17th	6.30 p.m.
"	Sun. 18th	7.00 a.m.
St. Marys	Sun. 18th	9.00 a.m.
Fingal	Sun. 18th	10.30 a.m.
Bicheno	Sun. 18th	4.00 p.m.

SUNDAY - January 25

St. Helens	Sat. 24th	6.30 p.m.
"	Sun. 25th	7.00 a.m.
St. Marys	Sun. 25th	9.00 a.m.
Fingal	Sun. 25th	10.30 a.m.
Mathinna	Sun. 25th	3.00 p.m.

ANGLICAN PARISH OF ST. HELENS

SUNDAY - January 18

8 a.m.	H.C.	St. Helens
9.15 a.m.	H.C.	Falmouth
11.00 a.m.	M.P.	St. Helens
		Masonic Service

SUNDAY - January 25

8 a.m.	H.C.	St. Helens
11 a.m.	M.P.	St. Helens
11 a.m.	H.C.	Pyengana
7.30 p.m.	E.P.	St. Helens

(Patronal Festival followed by Pictures in the Parish Hall and supper).

SERVICES IN THE METHODIST PARISH OF ST. MARYS AND ST. HELENS AND THE FINGAL PRESBYTERIAN CHURCH

SUNDAY - January 18

11 a.m.	St. Marys	Dobson
7.30 p.m.	St. Helens	G. Clarke
7 p.m.	Fingal	Dobson

SUNDAY - January 25

11 a.m.	St. Marys	Dobson H.C.
7.30 p.m.	St. Helens	Dobson H.C.
9.30 a.m.	Fingal	Dobson

QUOTABLE

MISQUOTE

Dear Member,

Just a reminder that the fourth Friday noon of February is next Monday, February 28th.

Church circular

FISHING NOTES HERBCRAFT

After weeks of rumour, the moment of truth arrived last Sunday when members of St. Helens Angling Club landed the first tuna for this season. The honour went to the crew of "Maybe" and they finished the day with nine albacore and three striped tuna. Those aboard "Miss Behave" finished with fifteen albacore. As a result, the first Rally Day will be held next Sunday (18th). Charter boats will leave the St. Helens Wharf 7.30 am.

SCAMANDER ANGLING CLUB held a combined bream & surf contest on 28th December last. Fishing was poor with few fish caught. Winner in the bream section was Jack Sweet from Fingal, with Lyal Bryan from Burnie second. Junior trophy went to Michael Cook. In the surf, Wayne McLoughlan from Branhholme was the only entrant to weigh in a fish in the open event while his wife won the ladies trophy. Next contest will be conducted at Four Mile beach on Sunday 25th January from 2pm to 8 pm. Members will be sorry to learn of the death of Syd Sutton recently. Last year, Syd was Club Champion and he was a keen Club supporter. We extend our sympathy to his wife and family.

BOWLS NEWS

RESULTS OF ST. MARYS BOWLS CARNIVAL

The St. Marys Bowls Club conducted their Annual Bowls Carnival and it was very successful with bowlers from all over Tasmania taking part.

RESULTS.

Ladies Fours: E. Morling-E.Fysh-
A. Adams- M. Haley.

Runners up: M. Royle - W. Smith-
M. King - D. Divine

Mixed Fours: J. Davern - N. Freeman-
F. Freeman.

Runners up: P. Llewellyn- A. Llewellyn
R. Brough- Ruby Brough.

Mens Fours: P. Monaghan- W. Sloane -

Runner ups: B. Gatty - E. Binns.
P. Lyons- J. Muirhead-
J. Chugg - M. Butler.

MORRIS MILKBAR

WATCH OUR WINDOW FOR

OUR WEEKLY SPECIALS!!!!

(A FAMILY FARE STORE)

OPEN 7 DAYS A WEEK

Herbal Oils from Nature - Making Herbal Oils

For culinary oils, good herbs are basil, savory, fennel, thyme, rosemary and tarragon. Crush the freshly cut herbs in a pestle and mortar, or put through a blender. Put 2 tbsps. in a 0.3 litre ($\frac{1}{2}$ pt) bottle, and fill $\frac{3}{4}$ full with one of the oils mentioned previously (Article on Extracting essences, see heading "Maceration"). Add 1 tbspn. wine vinegar. Cork tightly. Leave 2 - 3 weeks on a sunny shelf, shaking twice per day. Then strain the oil, pressing it well from the crushed herbs. Repeat this process with freshly cut herbs for another 3 weeks. When it is ready, put a sprig of the fresh herb in as decoration.

Bath oils: The same method is used, except that only a light scent is wanted. The ingredients are also a little different. Good skin oils are olive, sunflower, safflower, sesame seed, avocado, and almond. Aromas to use are mint, pine, rose geranium, lavender, also canomile, rosemary, geranium, roses, elder, violets, elder leaves, nettle leaves, thyme, and lovage.

Into a large bowl pour 1.2 litres (2pts) of oil, as many fresh petals or leaves as it will take, and cover. Soak for a couple of days, then strain, squeezing all oil out of petals or leaves. Then repeat the process about 10 times. Store in tightly capped or corked bottles.

RIDDLES

Q. Why is twice eleven like twice ten?

A. Because twice eleven is twenty two and twice ten is twenty, too.

Q. When you are washing up the tea things, what's the first thing you put in the sink?

A. The plug.


Q. Why do bees hum?

A. Because they don't know the words.

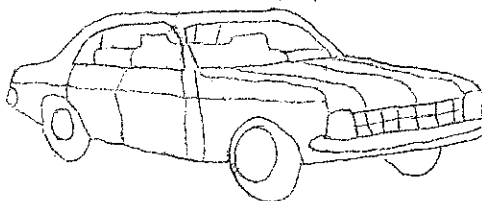
Q. What can you boil in salt water without making it salty?

A. An egg.

MOTOR

Sole Tasmanian Distributors of 

SALES REPRESENTATIVE for St. Helens
Fingal Valley and Surrounding
Districts is:



TONY PINNINGTON.

Bus: 31 6444

Res: 83 1354

MEALS ON WHEELS

ST. MARYS

PORTLAND

Sunday January	18th	Bob Cook
Monday	"	19th Bonnie Crawford
Tuesday	"	20th Jim Napier
Wednesday	"	21st Judy Spilsbury
Thursday	"	22nd Ros Green
Friday	"	23rd -----
Sunday	"	25th Gregg Tapp
Monday	"	26th Marge Oliver
Tuesday	"	27th Shirley Britton
Wednesday	"	28th Mary Targett
Thursday	"	29th Audrey Wright
Friday	"	30th -----

M. Pike
G. MacMichael
B. Bailey
Pre-School
J. Chueng

B. Campbell
L. Gee
S. Hume
D. Blunt
N. Scott

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

FINGAL

MANGANA

Sunday January	18th	Mr. R. McGee
Monday	"	19th Mrs. R. Marshall Jnr.
Tuesday	"	20th Mrs. A. French
Wednesday	"	21st Mr. B. Saunders
Thursday	"	22nd Mr. J.A.Brodbribb
Sunday	"	25th Mr. Mal Saunders
Monday	"	26th Mrs. H. Williams
Tuesday	"	27th Mrs. K.I.McKenzie
Wednesday	"	28th Mrs. A. Miller
Thursday	"	29th Mrs. R.I.McKenzie
Sunday February 1st		Mr. J. Clements

22-----
Mrs. G. Sulzbecker
Mr. B. Saunders

Mrs. O'Donnell

J. Miller
Mrs. M. Francis

Mrs. R.I.McKenzie

CRICKET NOTES

With half the season completed, teams are now sorting themselves out. With finals only a few weeks away competition is sure to remain keen and hard fought.

Avoca, lead by Bevan Pyke have played well and head the roster, with a young and keen St. Marys, captained by Terry Targett pushing for the top position. St. Marys with experienced players such as vice-captain, Les Newman, Graeme Woods, Brian Birrell, Phillip Midson, Murray Schier, Max Birrell in good form backed up well by newcomers Ross Bean, Steven Cooke, Derek Summers, Wayne Gillies, Michael Barnes, Kevin Dobson and Steven Dawson are going to keep all the teams on their toes for the remainder of the season, which all goes well for a great finals series. Only a small margin separates all teams and any in the competition could play off in the finals.

Ladder

Avoca	40 points
St. Marys	30 "
Ross	24 "
Rossarden	22 "
Campbelltown	22 "
Isis	18 "
Tunbridge	16

TASTY TEMPTERS

HONEY CAKE

1 cup milk, 2 cups wholemeal flour, 2 tblsps. honey, 1 tablespoon marmalade (or extra spoon honey), 1 teaspoon bicarb of soda (baking powder), sultanas or nuts if liked.

Add milk to flour and mix. Mix jam/honey and baking powder till it begins to fizz. Add it to flour and honey. Mix well. Put into a greased tin and baked at 350° for one hour. Mix sultanas throughout or sprinkle nuts on top. This is good to eat sliced with butter.

JOHNNIE CAKES

2 cups S.R. flour, pinch salt, tablespoon sugar (if desired) milk to mix a firm dough. Grease a girdle and cut into rounds about 1/4" thick. Fry till brown.

TERRY TARGETT AGENT FOR:

THE SMITH MOTOR COMPANY CARS
and AVONDALE CARAVANS.

Cars and Vans on display!!

For a good deal call at

Rosegarland Road (on the way to the
Hospital)

GARDEN NOTES FLOWERS FOR FOOD

At the present time one can't do much planting, but only keep the ground wet. But one can get the beds ready for the winter vegetables, and here's how I do it. If you are lucky enough to be able to get animal manures, get it now, rake the beds, this stirs up the top soil, water well and spread the manures or compost over the top, on top of that a good thick mulch of old hay, or sawdust, or chips of cocoahusks, or peatash, or cut grass, or in fact anything which is a good mulch. No digging needed - worms will do that. When your seedlings are ready to transplant, poke a hole with a dibber through the mulch to the dirt underneath and plant, firm the dirt round the stalk, draw the mulch like a blanket and tuck in, water well, heigh presto - no weeds.

Tuck old hay between the rows of peas, this will support them, keep them off the ground and stop the wind from tearing them out. If you put sticks along the rows, they will reach up and grow quite high. I put hay between the rows of carrots too, they see to like this. It keeps their roots cool in the hot days and any dampness in the soil is kept there without loss, thus if you are a bit short of water, a good mulch will help a lot, the wind can't dry it up nearly so quickly.

Mulches on the flower garden don't have to look untidy or cost a lot, in fact if you have a farm near you they will very likely be pleased that you want the old hay the animals can't eat. It has to be got rid of. In any case it soon looks like soil, or if you don't like the look, you can tuck it round the plants and put a thick coat of soil on top, weeds will find it difficult to grow with a good slice of hay underneath, and the worms will do a good job of taking everything underneath. If you keep the hay or mulch near the garden its never too much trouble to put a bit on a part that is getting a bit thin and perhaps a few weeds have grown. They will be thin and easy to pull but put a bit more mulch on that spot.

Much the easier way to compost is to tuck all your peelings, vacuum dust, tea leaves, darning bits, and anything else like leaves etc, under the leaves of the plants.

(Advertisement)

BAHAI FAITH

Is the Baha'i Faith a new religion?
The Baha'i Faith is a renewal of religion.
The Baha'is believe in the universality of religion. They believe that all the great world religions are valid revelations of Truth from the Infinite Source. They believe also that religion is intended to bring unity to the world, not disunity; peace, not war; brotherhood, not hostility between creeds.

Further information: P.O.Box 34

INVERMAY

Phone 317505 or 444539

Have you ever used flower petals for a decorative effect on your sweets or salads? It's really very effective and besides good for your health. Roses, especially the old fashioned cabbage roses were sugared and used for sweets or decorations on cakes, also made into jams and wine or just eaten as a help to health. They are very rich in Vitamin C and help catarrh.

Have you tried Mary's gold or Marigold petals in salads? It's a lovely colour besides being good for skin disorders. Just pull the petals off and spread over the salad. Violets make nice fritters. Just snip the flower off and drop into batter. Drop a spoonful into hot oil and cook till brown and drain on paper.

Quite a lot of flowers can be used as fritters or crystalized in sugar. Borage flowers are a lovely shade of blue and are very good, tasting like cucumber. They can be made into syrups to help cure fevers. They can be floated on all kinds of drinks or dried and made into a tea. Wattle blossom makes very nice fritters. Dip the flowers into batter, cutting the stalks off first. Nasturtiums have a peppery flavour and can be used in salads. The seed pods can be used as capers. Some geraniums have scented leaves which can be used in custards and jellies. Primroses have medical virtues for sciatica, and can be made into a wine or crystalized and used on ice creams.

SLOW ME DOWN

Slow me down, Lord, I'm going too fast,
I can't see my brother when He's walking past,
I miss a lot of good things day by day,
I don't know a blessing when it comes my way.

Slow me down Lord, I want to see
More of the things that are good for me,
A little less of me and a little more of You,
I want the Heavenly atmosphere to trickle through;

Let me help a brother when the goings tough.
When folks work together it ain't so rough.
Slow me down Lord, so I can talk with some
of Your angels

Slow me down, Lord, to a walk.

Anonymous.

RIDDLES!! RIDDLES!!

- Q. What man always does a roaring trade?
A. A lion tamer.
- Q. When is a lady's dress like a chair?
A. When it is satin (sat in)

STAR PROBE



By Pegasus

Fortnight beginning 16th January.

ARIES March 21 - April 20

There could be obstacles involving romance. Patience advisable and follow your intuition. However, prospects are very good for the job. Best days 18th, 19th & 25th.

TAURUS April 21 - May 20

The love goddess in favorable mood and signs indicate happy family life. Care still necessary in financial affairs where decisions are concerned. Best days 16th, 22nd & 23rd.

GEMINI May 21 - June 21

Marriage and romantic ties come under stress and strain and there could be financial problems. Influences are good for career and status. Best days 17th, 27th & 28th.

CANCER June 22 - July 22

There is a happier trend in romance, but patience is still needed in home affairs. You are in a period of change so shelve any important documents. Best days 20th, 24th & 26th.

LEO July 23 - Aug. 22

The unexpected could happen in career and all to the good. The atmosphere at home is improving, and signs indicate a new and lasting friendship. Best days 21st, 28th & 29th.

VIRGO Aug. 23 - Sep. 23

Tension still evident in matters matrimonial and the home circle still under fire. Could be some changes on the job, but to your advantage. Best days 16th, 23rd & 24th.

LIBRA Sep. 24 - Oct. 23

You tend to be dissatisfied with home conditions, but the time is not propitious for changes. Curb pride and prejudice, and don't meddle. Best days 18th, 25th & 26th.

SCORPIO Oct. 24 - Nov. 22

Helpful aspects for romance, but there is some disappointment or slowing down in financial and home matters. Stick to routine. Best days 17th, 19th & 20th.

SAGITTARIUS Nov. 23 - Dec. 21

Venus still in temperamental mood and family relationships under pressure. However you have some good friends who help with the difficulties. Best days 21st, 22nd & 27th.

CAPRICORN Dec. 22 - Jan 20

Two important aspects of your life, romance and career, have very harmonious influences. A shrewd appraisal of home affairs is necessary. Best days 23rd, 24th & 29th.

AQUARIUS Jan. 21 - Feb. 19

Romance and career have top billing and you could orbit with a new venture. You will get some wonderful opportunities. Best days 16th, 21st & 22nd.

PISCES Feb. 20 - March 20

Love and home affairs still show tension, but business and financial matters have good influences. Try and avoid muddle on the job. Best days 18th, 19th & 20th.

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