

THE VALLEY & EAST COAST VOICE

VOLUME 6 NO. 1 St. Marys, Friday May 11th, 1973

Price 5 cents

EDITORIAL

Fair Play

This area offers its residents and tourists a considerable range of physical activities in which to participate. For example, sports and pastimes vary from football to badminton, from golf to surfing, and many can be played with teams or individually.

Most sportsmen will agree that the benefits gained from playing sport are immeasurable, and that prospective sportsmen must be encouraged. It could be argued that as the number of participants increases, so will the standard of the particular sport. But is this so? Dare we examine, for example, the sporting standards of local football, a sport which involves some 360 players directly and the majority of the Valley's population indirectly? Have we become complacent about the fact that our young footballers, many of whom are still at school, are being exposed to highly questionable standards of sportsmanship?

Surely it takes a true sportsman to accept a football umpire's decision without question, even when the player knows that decision to be wrong. Yet how many players, and spectators for that matter, will even agree that a biding by the umpires decision is part of the discipline of the game? Every umpire makes mistakes; that's one of the disadvantages of being human. But young players are being brought up to expect him to be infallible, and when they find he is not, make him the scapegoat for their personal and team weaknesses.

The need for self-control is not restricted to obeying the umpire, it is an integral part of any contact or non-contact sport. Surely in a football match, the player who openly loses his temper merely proves his weakness as a player and as a sportsman. Certainly provocations occur, inevitably created by unconfident, incompetent players, but retaliation is just as unsporting; the morally stronger is he who plays on, not he who hits back. If we have reached a point where we as spectators, coaches and players approve fighting and others forms of deliberate violence in football, then we can hardly call our-

CLINT AND LILLY

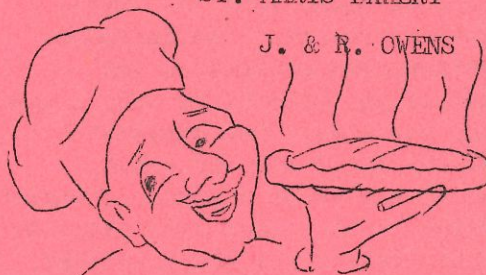


"NOW LET ME THINK I WAS STANDING
HERE MINDING MY OWN BUSINESS....!"

selves sportsmen. It is sad to hear developing players discussing their Saturday match in terms of "who they are going to crunch" or of how many fights will occur. If young footballers are to grow up believing that intimidations and fighting are compatible with the rules and purpose of the game, then neither they nor the game will improve in sportsmanship and consequent standard. Football will remain in a perpetual vacuum. And what of winning? Have these other intangibilities of football faded into insignificance beside that desperate and only incentive to win? Surely not a footballer of any worthwhile moral calibre will recognise and enjoy the unique satisfaction of knowing that seventeen other players depend on his understanding of the game and its rules, on his ability to think quickly and on his unselfishness. He knows that to work at perfecting the game's essential skills is satisfying in itself. He ensures that he is sufficiently fit to cope with the demands the game will make on his body.

ST. MARYS BAKERY

J. & R. OWENS



FRUIT CAKES

SPONGE CAKES

FRESH

BREAD

Above all, he accepts that he must discipline himself to play an honest game. Then he calls himself a sportsman.

MEALS ON WHEELS

CLASSIFIEDS

ST. HELENS ROSTER

May 11th	P. Burns
14th	M. Bailey
15th	G. MacMichael
16th	Lions Club
17th	E. Fysh
18th	P. F. W. A.
21st	Golf Ladies
22nd	C. LeFevre
23rd	Lions Club
24th	Pre School
25th	T. Williams

ST. MARYS ROSTER.

May 13th	Mr G. Aulich
14th	Mr B. Crawford
15th	Mrs E. Williams
16th	Mrs B. Pitt
17th	Mrs J. Faulkner
20th	Mr J. Faulkner
21st	Mr G. Gill
22nd	Mrs Maisie Royle
23rd	Mrs J. Freeman
24th	Pastor Clarke

FINGAL ROSTER

May 13th	Mr John Lowe
14th	Mrs Cecil Johns
15th	Mrs B. Hoskinson
16th	Mrs Sue Saunders
17th	Mrs J. Brodribb
20th	Mr L. Rubenach
21st	Mrs Merv Barnes
22nd	Mrs R. Saunders
23rd	Mrs I. McKenzie
24th	Mrs Heather Mills

DRIVERS PLEASE CONTACT ANOTHER DRIVER
IF YOU ARE UNABLE TO ATTEND ON THE
DAY YOU ARE ROSTERED.

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TOUCHE

"Say Again"

A group of Methodist ministers could not make themselves heard above the din on the roof of the building where they met in conference, during last Wednesdays torrential downpour. A motion was before the Chair, "The Rev's so and so shall be the committee". Another member asked that the words "with power to co-opt." be included in the motion, but members on the other side of the room heard only a mass of garbled vertiage. One minister turned to our local man and asked, "What did he say about a pound of chops?" The brethren on the other side still do not know the reason for the resultant peals of laughter!

(Sounds more like something from a Butchers' Bi-monthly Barbecue and 'Beef-In')

WANTED TO SELL: Child's high chair
\$8.00 Apply - J. Faulkner
Cornwall.

FOR SALE: 1966 Morris 1100 sedan
Excellent condition, one owner.
Registered until 9th month.
Well shod cream with red interior
\$300 deposit and terms are \$25 mth
for 2 yrs - or \$750 cash.
Phone Mr J. Toombs, 187.

MAX FACTOR LIPSTICKS
- HALF PRICE -
AT ST. MARYS PHARMACY

FOR SALE: One three piece suite
with loose covers.
Apply - Mrs A.T. Macleay, Phone 72
St. Marys

GOSSAMER HAIR SPRAY 10 oz
- 79cents -
AT ST. MARYS PHARMACY

HOBBYTEX: Anyone wanting Hobbytex
paints - contact Mrs K. Lohrey, Falmouth
for orders. - She is making up a
parcel now!

DIETING COURSE - With Toppexin-6
- \$3.75 -
AT ST. MARYS PHARMACY

KING'S BUS SERVICE, St. Marys, St. Helens
Winnaleah, Bichenor, Swansea. Passengers
Phone Winnaleah 218

GUARD AGAINST DANDRUFF -
WITH DANGARD \$2.10
AT ST. MARYS PHARMACY

ALL DRESSMAKING EXPERTLY CARRIED OUT
Prompt service, satisfaction guaranteed
GLAMOUR GOWNS Upstairs, Shaws Arcade
Launceston Phone 25170
Open Saturday mornings.

REDLINE BUS SERVICE, ST. MARYS
They distribute this paper quickly and
efficiently. Why not let them work
for you ? ? ?

BP

PHONE 63

B. & J. SPILSBURY

SERVICE STATION ST. MARYS

24hr Towing & Breakdown
Service

CARTAGE CONTRACTOR

AGENT FOR: Chain Saws & Victa Mowers

miss piffle

FRIENDS OF MR W. OLIVER OF ST. MARYS are sorry to hear that he is a patient in St. Marys District Hospital, and wish him a speedy recovery.

MRS M. MANEY AND MRS J. BUSHING are home again after a months holiday on the Mainland. They visited Canberra, New South Wales and Victoria.

ALL RESIDENTS OF MANGANA were sorry to hear of the passing of Mrs Alice Oliver an old resident. She was a sister-in-law of Mrs May Oliver and was in her 92nd year.

MR AND MRS SYD SWEENEY have returned to Mangana after visiting the North West Coast.

MR AND MRS KEITH SALISBURY spent several days with relatives in Hobart.

MR GEOFF COX AND SON, CRAIG have returned to Mangana after a holiday in Geelong. Mrs Pat Cox and daughters Cheryl and Janine spent Easter with relatives in Launceston.

MR AND MRS FRED YATES of Longford spent Easter with Mrs Yates' mother, Mrs Pat Ward of Mangana.

NURSE MARLENE PARKER has returned to Launceston after spending some time with her parents, Mr and Mrs Jack Parker.

WELCOME TO MR AND MRS SKODA to Scamander. Mr Skoda is the new manager of the Four Seasons Motel.

MRS McGARITY of Scamander is at present playing hostess to Mr and Mrs Salter from Hobart.

THE LIONS CLUB OF St. Helens have been selling cakes to the tune of approx. \$300. This will go towards the Lions many projects.

A WARM WELCOME to all the new staff at the St. Marys District Hospital. Sisters Dowdall, Smith and Refshaw have recently commenced duty there, while Miss R. Whitworth has officially taken up duty as Matron. Sister Bartle is ably carrying on the work of the Domiciliary Nursing Service.

MR MICHAEL SCHIER AND MR BARRY PILGRIM formerly of St. Marys have just returned from a round trip on the "Arcadia". From New Zealand, Fiji, Suva, Tonga and Noumea, they brought home many interesting souvenirs of native work.

MRS L. ADAMS is at present staying with her friend Mrs Hodgeman of Scamander while on holiday.

WHATSON ?

ST. MARYS COMMUNITY YOUTH CLUB:
Will meet in the Methodist Hall on Friday May 18th at 7pm.

BIBLE STUDY GROUP will be held in the St. Helens Rectory on Tuesday May 22nd. This is an Interdenominational Group.

COLOUR SLIDES: Mr C.H. Johnson will give a short talk and screen colour slides of London at the St. Marys Methodist Hall on Friday, May 25th. at 8.00pm. There will be an offering for church funds and ladies are requested to bring a plate of supper. ALL WILL BE MOST WELCOME.

BICHENO CHILD HEALTH CENTRE will be open May 14th - 10.00am - 12md.

SCOUT JOB WEEK - SCOUT JOB WEEK. Have you any jobs ready? For workers in the St. Helens area Phone 155. You provide the act - Scouts will provide the action! =

ST. MARYS LOCAL ASSOCIATION for Guides and Brownies. Next meeting on Friday May 11th at 8.00pm at the home of Mrs I. Mawson. All are asked to attend.

ARTS AND CRAFTS EVENING. At the District Hospital, St. Marys at 7.30pm in the Recreation Room. Bring your own craft and learn how to do something new. All welcome. May 22nd.

ST. MARYS CHILD HEALTH ASSOCIATION: Next meeting - May 24th at 8pm As many mothers as possible are urged to attend as we are about to be without a Clinic Sister!

A PROGRESSIVE DINNER will be held on June 29th in aid of Miss Donna Gavaghan, representing St. Marys in the Queen Quest for the Fingal District Football Assoc. Watch this column for further details.

A TEEN AGE DANCE will be held in the Institute, St. Marys on June 11th In aid of the Queen Quest. Every One welcome.

T H E C A R L Y L E

PHONE ST. HELENS 167

FULL FASHION RANGE

IN ALL SEASONS

FOR CHILDREN AND ADULTS

FROM THE PULPITA word to wives and mothers

The second Sunday in May is known as Mothers' Day. It is tragic that in 1944 Anna Jarvis, eighty three year old founder of Mothers' Day in 1908, was almost blind and practically penniless in a Pennsylvania Sanitarium. A \$700,000 estate left by her brother Claude S. Jarvis in 1926, had been dissipated by poor administration. In writing to Titus, St. Paul dealt with a number of things. The second chapter abounds in practical advice. The old men were advised to be simple in their tastes, serious, wise, true in faith, in love, and of a quiet mind. The old ladies were to be self-respecting, not saying evil of others, teachers of that which is good. Teaching the younger women to love their husbands and children, to be wise in mind, clean in heart, kind, working at home, living under the authority of their husbands. The young men were instructed to be wise and serious minded, setting an example of good works, careful of their conversation. Servants were advised to be under the authority of their employers, pleasing them in all things without argument, and to be honest. Some of these admonitions are apparently out-moded. Where are the young ladies who take advice from the old ladies? Where are the wives who live under the authority of their husbands? Where are the servants who take orders from their employers without argument? But the advice to wives and young mothers is basically sound. Love your husbands and children. Be wise in mind, clean in heart, and kind. The future of humanity depends largely on the mothers of the race. Charles Dickens said: "I think it must be written somewhere that the virtues of the mothers shall be visited on their children as well as the sins of their fathers". A boy, after reading Bunyan's 'Pilgrim's Progress', asked his mother which of the characters she liked best. She replied, "Christian, of course, he is the hero of the story." The boy responded, "Mother, I like Christiana best, because when Christian set out on his pilgrimage he went alone but when Christiana started she took the children with her."



CHURCH NOTES

METHODIST CHURCH:

May 13th (Mothers Day) -

St. Marys 11.00am
St. Helens 7.30pm

May 20th -

St. Marys 11am Holy Communion
St. Helens 7.30pm Holy Communion

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CATHOLIC CHURCH:

May 13th -

St. Marys 8.30am
Avoca 9.45am
St. Helens 10.30am
Fingal 6.30pm

May 20th -

St. Helens 8.00am
Avoca 9.45am
St. Marys 10.00am
Mathinna 4.30pm

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CHURCH OF ENGLAND:Parish of St. Helens -

May 13th -

St. Helens 8.00am H.C.
St. Helens 11.00am M.P.
Pyengana 2.30pm H.C.

May 20th -

St. Helens 8.00am H.C.
Falmouth 9.15am H.C.
St. Helens 11.00am
(Corporate Communion of
Confirmees 1972)

May 27th -

St. Helens 8.00am H.C.
Pyengana 11.00am H.C.
St. Helens 7.30pm Evensong

89th Anniversary of laying of
Foundation Stone at St. Pauls.
Followed by supper in the hall.
Please note no 11.00am Service
this Sunday at St. Helens.

Parish of Cullenswood -

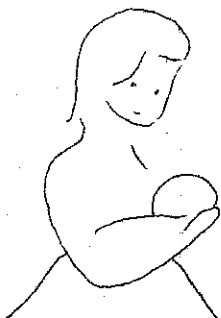
May 13th -

Avoca 8.00am H.C.
Cornwall 10.00am F.S.
St. Marys 10.00am F.S.
Mangana 5.00pm H.C.
Fingal 7.00pm H.C.

May 20th -

St. Marys 8.00am H.C.
Fingal 10.00am F.S.
Royal George 5 pm H.C.
Avoca 7.00pm E.P.

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SOCIAL NEWS

The Fingal district football teams are holding a Queen Quest. Representing Swansea is Miss Lyn Quinn. Campbell Town, Miss Leonie Freeman. Fingal, Miss Jewel Johns. St. Helens, Miss Annette Forsyth and St. Marys, Miss Donna Cavaghan.

The competition ends on the 20th July with a Crowning Ball in the Memorial Hall, St. Marys. The entrant raising the most money for its own club will be crowned Queen of Queens. All committees are working hard to raise money for their entrant.

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THE ANNUAL MEETING of the Fingal Valley Meals on Wheels Association was held last Wednesday night in the St. Marys Hospital recreation room. Approximately twenty people attended.

From reports given it was clear that the association is functioning satisfactorily. The service has increased since its inception two years ago. More drivers are needed in both St. Marys and Fingal areas. HOW ABOUT IT?

After the meeting various organisations took the opportunity to present gifts to Matron Simpson who is leaving the district. They were: Meals on Wheels, a bunch of flowers; The Valley Voice, electric kettle; Progress Association, an engraved-leather stool; Girl Guides Local Association, two plants.

Many wished Matron all the best for the future during supper

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AUSTRALIAN LABOUR PARTY

Meeting Thursday, May 17th

8 p.m.

Fingal Hotel

Guest Speaker: The Premier,
Hon. E.E. Reece, M.H.A.

STORK NEWS

Congratulations to Mr. & Mrs. John McGiveron on the birth of their son Kirk Andrew at The Queen Victoria Hospital 1 May, 1973.

Congratulations to Mr. & Mrs. T. Viney on the birth of their son at the Queen Victoria Hospital.

LETTER
TO THE EDITOR

Dear Sirs,

I was disturbed last Wednesday when an official of the St. Marys Football Club called at my house begging for items to sell at a street stall on Friday. The long suffering public is about to be subjected again to money raising ideas, quests, raffles and now it appears outright begging for the remainder of the winter.

Generally people don't mind a bob or two now and then but the peak was reached last year when by a great fund-raising effort, St. Marys bought the Premiership.

That was enough. Surely the town is not being asked to raise another fortune for this years gang of losers.

UP THE TIGERS

MISS PIFFLE CONTINUED

MR. & MRS. NOEL SUTTON of Fingal have set out on a motor trip to Queensland. They will holiday on the Golf Coast for three weeks. Mrs. Sutton is convalescing after a prolonged illness.

MISS CAROL SPENCER has returned home to Sydney to convalesce before holidaying in Western Australia. After this she will resume duties at St. Marys District Hospital.

MR. & MRS. JIM RANKIN and their baby daughter Rachael are holidaying in Queensland. They are staying with Mr. & Mrs. M. Rankin of Burleigh Heads. The purpose of the visit is to show Rachael to her grandparents and also to attend the wedding of Jim's sister, Jan.

UNEXPECTED VISITORS staying for the night with Mr. & Mrs. C. Berwick were Mrs. Jean Puketaper and Mrs. Doreen Carter of Wainuiomata, New Zealand.

COMING EVENTS CONTINUED

St. Marys Garden Club will meet Wednesday 16th May. The special competition this month is Candied Flowers.

FINGAL AND THE NATIONAL TRUST

The Midland Group of the National Trust met at the Grange, Campbelltown, last week and voted to provide Fingal with a generous donation toward the restoration of the Georgian Shop that should become the centrepiece of the new Council Chambers in the centre of the town.

The donation is on condition that a like sum be collected in the district and the suggestion was made that the Valley should have its own National Trust Group to help the work. This has the attraction that donations to this group would be tax-deductable. Everyone with a spare two dollars or so might consider this investment in the future of the district as an alternative, perhaps, to a few packets of cigarettes, a drive in the car, or a visit to the doctor. The doctor incidentally, has some National Trust membership forms and will welcome anyone who comes to him for this purpose.

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PORTLAND COUNCIL NOTES

The new sullage scheme in St. Helens

The Council of Portland accepted an offer within the limits of \$15,000 - \$20,000 from the Dept. of Public Health to link the outfalls of the St. Helens sullage scheme as the first stage in the conversion of the scheme to treatment of the discharges. The preliminary estimated cost of extending the outfall link to include the Fairlea area is \$14,000 including the necessary pumping station and rising main. This sum is in addition to the estimated \$37,000 for the outfall link from the vicinity of Steel Street. The estimated cost has been based on submersible sewerage pumps which are lower in capital cost and require simpler and less expensive civil work. Such a scheme almost certainly would not be available in the future for so little outlay. The clearing of sullage outfall from the Esplanade would ease the way for application for assistance either State or Federal to reclaim, develop and beautify the foreshore area in the town.

HEALTH NOTES

ARE BOTTLE WARMERS WHICH KEEP FOUR FILLED FEEDING BOTTLES WARM DURING AN ENTIRE DAY TO BE RECOMMENDED ?

Is the Vitamin C value of milk mixtures greatly reduced during this period ?

These questions have been asked by many, and a Nestle' representative gave his point of view. He was most emphatic that his firm refused to have anything to do with these bottlewarmers and would not promote them for their Baby Club. The firm has had complaints from mothers that the fourth bottle tasted 'Funny', after having been kept warm for a long period. The firm states that bacterial growth will be staggering if any unhygienic practice however small, has slipped into the preparation of the feeds. The condition of a warm temperature, low acidity and adequate protein make an ideal breeding ground for bacteria. The Vitamin C content of the feed would be decreased only marginally. As the bottle is closed, little oxygen is available to complete the destruction of the vitamin. If you own a bottlewarmer use it to keep the milk cool. If baby is due a feed when you are in Hobart, Launceston or Burnie, the central Child Health Centres have facilities for heating his bottle. While in St. Marys, the District Hospital will be only too pleased to assist mothers in this way. Other centres have the facilities, but you should contact your local Sister who can tell you when these would open.

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SUGARED FLOWERS AND LEAVES

You only need: egg white; castor sugar.

Make sure all flowers and leaves are completely dry. Beat the egg white with a dessertspoon of cold water just until they are mixed. Put the castor sugar onto a plate with a lip (soup plate). Daint the surface of a flower or leaf with egg white, then dip it into the sugar and toss the sugar over gently; tap off excess sugar on the lip of the plate. Lay the flowers on a tray to dry in a cool airy place. After 2 or 3 days they can be stored in a box or tin.



Fishing

Last weekend saw another Tasmanian Surf Angling Championship conducted at Swincart Beach. There was a large entry but fish were scarce, the total catch averaging only 1½ per angler which is poor reward for 24 hours fishing. Winner of the heaviest scale fish was Mr B.A. Whitney from Devonport with 3lb 5oz blackback. Other results are too numerous to list and have appeared in another paper. Tom Brimfield experienced his third consecutive year without catching one fish, and even the dead one which was tied to his line in his absence got away. It was an unusual sight to observe Captain Tommy Tucker fishing with both feet on dry land - better get back to sea, Tom. The organising committee are to be congratulated on the manner in which this event was conducted.

The St. Helens Game Fishing Club will conduct a Club Rally Day next Sunday and will be looking for those big ones which got away over Easter. Big news is the 197 lb Bluefin caught off Eaglehawk Neck this week.

Scamander Angling Club will hold their last event for this season at Wrinklers Beach on Sunday 10th June from 2pm till 8pm. The annual dinner and meeting will be held on June 29th at Scamander.

Badminton

Results April 30th: St. Marys def
Kossarden 224-144
Fingal Blue def
Fingal Green 206 -
169

May 7th: St. Marys def Fingal G
232 - 119

Rossarden def Fingal B
208 - 186

Points: St. Marys 8, Fingal B. 4,
Rossarden 4, Fingal G. 0

St. Marys have shown they intend to keep the pennant shield this year with two good wins. Fingal Green will be in further trouble soon when Reg and Molly Eush leave to live at Luina.

On July 10th, at Dowling Street, Ltn., New Zealand plays Tasmania. A car will be going and there are vacancies. Contact the association secretary.

ST. MARYS BUTCHERY

TOBY SPILSBURY

WE DON'T KEEP THE BEST

WE SELL IT!

Football

Last week, Campbelltown soundly defeated St. Marys at St. Marys by 32 points although to watch there didn't appear to be much difference in the sides except that Campbelltown had Whitney and they also seemed to be a lot fitter than St. Marys. Salter rucked well for St. Marys and was hardly beaten all day.

Fingal scored their first win of the year by defeating St. Helens; so it appears now that it will be a very even competition with only Avoca yet to win a game.

This week, St. Helens play Avoca at St. Helens and the "Bay" with the return of Berwick and Anthony should make it very hard for Avoca and run out winners. However, if White, Ruffin Wilson and Brown can fire the young Avoca side along it could be a very close game, for St. Helens Dell, Coker, Stone and Freeman have been playing well.

Swansea and Campbelltown meet at Swansea in what should be the game of the day as both sides are unbeaten - but I will go for a Campbelltown win.

St. Marys and Fingal play at Fingal and this should also be a good game as from all accounts both sides will be back to full strength. The Tigers will have Rawnsley and Newman back, while Fingal have Russell Parker returning but I will go for St. Marys to win and from now on be a threat to all sides now that they have all players back again and if coach, Salter can get a few more on the training track.

X X X X X X X

TOUCHE

A well known personality of St. Marys recently left the district without sufficient reason, however, the last seen of her was her car with "Just Married" written on the back and left behind under the bed was a book titled "Family Planning".

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Did you hear about the rather embarrassed man who was buying a bra for his wife and being served by a pert young lass. She listened to his mumbled request and replied brightly "Yes Sir, certainly sir, What type do you want, "Fidel Castro, Salvation Army, or Wild West?" "Good Heavens", groaned the man, "what's the difference?" "Well Sir," smiled the girl, "the Fidel Castro supports the masses, the Salvation Army up lifts the fallen, and the Wild West rounds them up and heads 'em out."

(This article was taken from the "Post")

STARPROBE

By Pegasus

Fortnight beginning 11th May, 1973.

ARIES: Handle your finances well, be thrifty, try to put a little in a secure savings account. Be obstinate with yourself when it comes to turning away from temptations of all kinds. Best days 11th, 16th, 20th and 23rd.

TAURUS: A change may be to your advantage. You may be established as a person learning a new job so that you can be promoted and given more pay. Chances are you will like all that happens even if you do feel swept along by it. Best days 13th, 17th and 20th.

GEMINI: Buy clothes, make your wardrobe highly attractive, have a youthful spirit for style. You can win more romantic attention, possibly stir up jealousy that can become quite rampant. Best days 11th, 14th, 16th and 21st.

CANCER: Take good care of dependents, cherish a pet, buy what will please those you love. Do not let a selfish way of thought get a chance. A friend from the past may return into your life, but do not encourage any romantic ideas about this person. Best days 12th, 15th, 18th and 21st.

LEO: Invitation can pour in and be for every important occasions. You may be expected to attend many meetings and as a result of them may find yours of voted into high office which can be a lot of extra work. Best days 12th, 15th, 19th and 23rd.

VIRGO: You may incline far too much toward petty worries, most of them centered in the home and financial affairs. If you are married and find your lifemate extravagant, you need velvet gloves to handle the situation. Best days 13th, 16th, 19th and 24th.

LIBRA: Avoid making overtures to anyone if you do make them you can feel in the long run that they were not desired. This can be a difficult month with much work and worry, financial shortage and disorientation. Best days 12th, 16th and 19th.

SCORPIO: Try your skill at something new and you will be happily surprised. If the rest of your life is all going well, it is an excellent time to entertain. You can make people feel regal with the work you do for them and you will become popular when entertaining. Best days 13th, 15th, 20th and 23rd.

SAGITTARIUS: If you follow impulses yield to temptation, you can create a bad health scene for yourself. Party life will be vivid and refreshments can be delicious but not wholesome for you. Best days 13th, 18th and 22nd.

CAPRICORN: The news now can be big and you may be making some important long distance calls. There will be much correspondence to handle and decisions to make when you answer letters. There is a chance you might get legally tied up. Best days 13th, 17th and 24th.

AQUARIUS: Give some thought to what you will be doing in the next few months. Soon you are going to be faced with a change of circumstances and it can be necessary to find a way to earn money. You may have small private income and need work to eke it out well. Best days 11th, 15th, 16th and 23rd.

PISCES: When you shop for large and expensive items, be very cautious about it. Look things over well. There is a chance of putting out much money for a pure lemon and you could have quite a few years of discontent with this object to face. Best days 13th, 16th and 20th.

THE VALLEY AND

EAST COAST VOICE

HAS SERVED THIS VALLEY FOR FIVE YEARS

HELP SUPPORT YOUR PAPER