

THE VALLEY AND EAST COAST VOICE INC.

Established 1968

50.06 July 13, 2017

Deadline for 50.07 is 5pm July 24, 2017

Community decides the fate of the Old Scamander Bridge

June 28, 2017

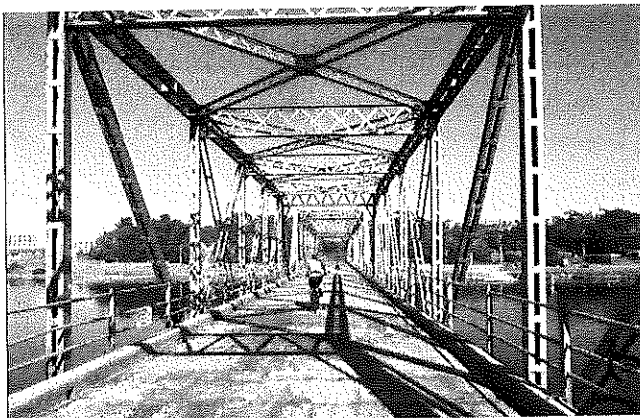
On June 26 the Department of State Growth and Break O'Day Council held a community forum to discuss the future of the Old Scamander Bridge.

With around 50 people in attendance, Department of State Growth's General Manager of State Roads, Shane Gregory explained to the community the current state of the bridge, the works required and the cost to keep the bridge in place as well as outlining their options for the bridge.

Mr Gregory explained that the Department managed a large road network and spending money to maintain a bridge that isn't a functioning part of that network was not viable, especially given it would cost at least twice as much to maintain the bridge compared with removing it. Keeping the bridge would cost Break O'Day ratepayers \$1 million with all ongoing maintenance costs also transferred to Break O'Day Council and the community who would become the owners of the asset.

Once the condition of the bridge and the costs were understood, an overwhelming majority of attendees voted to demolish the bridge and lobby the State Government to undertake works on the foreshore of the Scamander River.

Continued on p5



Green Army comes to an end in Break O'Day

June 5, 2017

On June 28 the latest Break O'Day Green Army participants graduated with a celebratory barbecue. This Green Army team have been working hard removing weeds and planting trees around the municipality and have tackled approximately 350 hectares removing gorse, sea spurge and other noxious weeds.

During the programs two year history, more than 1400 hectares have been treated for weeds with more than 30 participants aged between 17 and 24 taking part in the four programs.

Ten participants participated in two projects and were able to complete a full certificate in Conservation Land Management.

Continued on p5



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For all account queries please contact

Advertising rates 2017

Business card size	½ page ads \$40
ads \$15	Full page ads \$65
Intermediate ads \$18	Permanent classified ads
¼ page ads \$25	\$20 p.a.

Valley and East Coast Voice Inc.

Advertising rates for all community groups

Regular articles i.e. news of current activities / events and general information will, at the discretion of the Editor, be carried free of charge.

Any community group requiring a full page will be charged 50% of the commercial rate, after proof of eligibility.

The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements / private classifieds are free for two issues.

Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

Visit our website valleyvoice.com.au and look back over ten years of archival content, galleries and stories, in addition to each new issue. Leave a comment / suggestion on what you would like to see included.

24h Emergency services numbers

Abuse & Assault Services	1800 737 732
Ambulance, Fire & Police	000
Crime stoppers	1800 333 000
Digital mobile emergency service	112
Poisons Information	13 1126
SES Flood & storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and contact phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Avoca Spring Festival

Sunday September 3

Details out soon

Meals on Wheels 0488 384 344

July 13	Valmai Spencer
14	Drew Adam
17	Pam Bretz
18	Lundy Vosper
19	Karl Balzer
20	Heather Griffiths
21	Drew Adam
24	Ruth Aulich
25	Valmai Spencer
26	Louise Keady

Community Notices

Rossarden Progress Association:
Annual General Meeting with a General Meeting to follow is Monday August 14, 2017
3pm at the Fire Station.
All welcome
Mary Knowles, Secretary, Gipps Creek. 6385 2002

GET meeting dates for 2017
August 14 AGM, October 9, November 24 and December 4. 7pm at the Fingal Valley Neighbourhood House. **Mary Knowles 6385 2002**
gippscreek@skymesh.com.au

ROSSARDEN Fire training and BBQ dates are:
August 5, September 2, October 7, November 4 and December 2.
Fire Brigade training is 10am prior to each BBQ.
Mike Prewer, Rossarden. 6385 2184

Greater Esk Tourism **Annual General Meeting** will be August 14, followed by a General Meeting. 7pm at the Fingal Valley Neighbourhood House, Fingal.
Mary Knowles, Gipps Creek

Notice of Special General Meeting
Fingal Valley Neighbourhood House Inc.
Wednesday July 26, 7pm at the Old Tasmanian Hotel Fingal
Purpose of the meeting is to adopt a new constitution, changes include Adding clause for Donor Gift Recipient, Numbers of the Committee and quorum, rotation of office and officers of the association.
G Barnes, Coordinator

Public Forum on Proposed Mountain Bike Tracks in the Break O'Day Region

Is our community being adequately informed and consulted regarding these planned tracks?

Join the Conversation! All Welcome.

Light Refreshments Provided.

- Who pays for these tracks?
- What are the benefits?
- What are the costs?
- What are the social impacts?
- What are the environmental impacts?

When: Saturday July 15, 2017 from 1 - 2.30pm

Where: St Helens Neighbourhood House Bungalow, 25 Circassian Street St Helens

Guest Speakers: Dr Christine Hosking, Landscape Ecologist and Conservation Planner, will share her knowledge and experience of the social and environmental impacts of mountain bike tracks on the mainland and overseas

Todd Dudley, local Landscape Restoration expert, will share his local knowledge and experience of flora and fauna and their significance and value to our community.

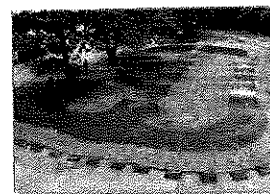
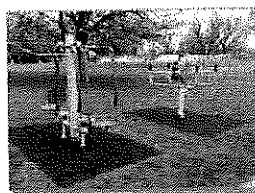
You are invited

ST MARYS COMMUNITY SPACE INFORMATION SESSION

Come along to the St Marys Hall for an open information session regarding the proposed St Marys Community Space, which may include such infrastructure as:

- Outdoor Play / Gym equipment
- Skate Park
- Bike Track

This is your chance to listen to the facts and express your ideas and any concerns you may have.



For more information, please contact
Community Services Dept at Council
on 6376 7900 /
admin@bodc.tas.gov.au



**THURSDAY
20 JULY
2017**

7PM

**St Marys
Hall**

FALMOUTH COMMUNITY CENTRE

Will be holding its AGM at
3pm on Sunday July 30, 2017 at the
Community Centre, Morrison St, Falmouth.

For Sale

I may be old and feeble, but I'm still selling moo poo.
Norm 6372 2380

Large round hay bales, not rain effected. \$55.
Alan 0407 944 158

Tuckerbox chest freezer, goes well \$50. **Cray Pot** with rope and buoy \$70. 6 x 4 steel **trailer** w/removal top and new roll out awning (great camping addition) November rego \$800. **Contact D Floyed 0447 121 655**

Wanted to rent in St Helens area:
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Community Notices

F.V. Eastern Star

A 20 year remembrance gathering will be held at the Bayside Inn Bar 7.30pm onwards on Friday July 21, 2017. Anne Franks, St Helens

The next AVOCA Market will be in the Hall on September 9. Thank you to everyone who has supported the market. Mary Knowles, Gipps Creek.



OUT OF THE WOODWORK
In Memory of Arthur
Wendy Brennan, Secretary 6372 2094

Hub 4 Health

Connections start here

For Sale by Tender

Tenders are invited for the purchase of:

- Hyundai GETZ 2009 Model - 60,000km
- Holden Captiva 2009 Model - 87,000km
- 2 x Home Made Covered Box Trailers

Tender application form and information sheet on both vehicles are available from the Hub4Health front desk or request by email:

admin@hub4health.org.au

Tenders must be received by 12pm on July 31, 2017 and be addressed to

The Board Chairperson

Hub4Health

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Hilly's IGA St Marys and St Helens

'we stand for fresh'

Continued from front page

While the **Break O'Day Green Army** projects have ended due to the Federal Government's decision to stop funding for the program, a Green Army project, 'Protecting beach nesting bird habitat on Tasmania's East Coast', is currently being run by Conservation Volunteers Australia and this will be the last project in the region.

Break O'Day Mayor Mick Tucker said he was sad to see such a successful project for the region come to an end.

"This program has allowed us to make some significant in-roads on controlling weed infestations in our

area and it is sad to see this program come to an end," Mayor Tucker said. "Considering the size of our municipality and our standing as one of the most disadvantaged government areas in the state, the loss of the Green Army program represents a loss of opportunity for our youth as well as our environment.

"We will continue to lobby the Federal Government to reinstate this program which has had so much benefit for our community."

Team leader Dan Donaldson said he was always impressed with the work and safety ethic of the teams and was proud of the success of the program in the Break O'Day area.

"The fact that we have numerous participants wanting to continue or re-apply to be a part of this program shows the success and importance of this project to our area," Mr Donaldson said.

The Break O'Day Green Army projects were supported by the Australian Government's Green Army Programme and run by Conservation Volunteers Australia for the project host partnership led by Break O'Day Council with the Parks and Wildlife Service and North East Bioregional Network.

Continued from front page

A steering group for this project was nominated at the meeting and preliminary discussions involved recognition of the Old Bridge and previous bridges, the history of the area as well as recreational features. Mr Gregory also advised that works would be undertaken to improve pedestrian safety on the current bridge, regardless of the community's preferred option for the old bridge. "We were really happy with the turnout of residents and the discussions

that took place," Mayor Mick Tucker said.

"We could see that there was a need for the community to understand what it would mean and cost to keep the bridge and we thank those that took the time to come and listen and get all the facts so they could make an informed decision.

"It was also great to see the community unite around the idea of a revitalised foreshore and we, (Council) will continue to work with the community around this project and work hard to see it funded."

"Council would also like to thank Shane Gregory for making the time to come to our community to have this discussion."

The Minister advises that he looks forward to further discussions with Council and the local community regarding possible foreshore developments post removal of the bridge. State Growth and Council are currently working on a fact sheet regarding the bridge which will be made available through the Council website and Facebook page.

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GET Photographic Competition 2017

Theme "*Flora and Fauna of the Fingal Valley*"

Cash prizes are **\$500** for the winner, **\$250** for Under 18 and **\$150** for the People's Choice.

Entry fee: \$5 per digital image / Under 18 \$2:50 per digital image



Entries close in October so there is plenty of time to explore the Valley and enjoy its flora and fauna capturing exciting images.

The Presentation Evening is on Friday November 24, 2017

Brian Mitchell MP

Federal Labor Member for Lyons
**Lyons Stronger Communities Grants
2017/18**

The 2017/18 round of the Stronger Communities Program (SCP) will be opening soon in Lyons. The Lyons Stronger Communities Program offers grants of between \$2,500 and \$20,000 to community organisations and local governments for small capital projects that improve community participation and contribute to community vibrancy. Grants will be matched dollar for dollar.

Up to \$150,000 will be allocated to projects within Lyons on the advice of a community consultation committee, which will review all expressions of interest.

For information about eligibility, the application process and timelines, please visit the website: <http://investment.infrastructure.gov.au/funding/scp/>

To receive further updates from me about this program please visit the website

www.brianmitchell.com.au

Alternatively, you can contact my office by phone or email (details below) if you would like to discuss the program with me or one of my staff.

Bridgewater - 6263 3721

Perth - 6398 1115

e: BRIAN.MITCHELL.MP@APH.GOV.AU

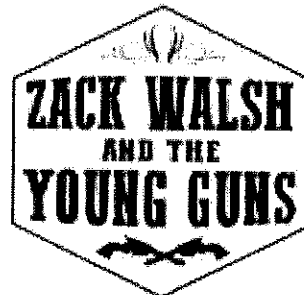
MATHINNA CAR & BIKE SHOW

Saturday October 28, 2017

10am - 4pm

Mathinna Recreation Ground

Followed by



At the Mathinna Country Club

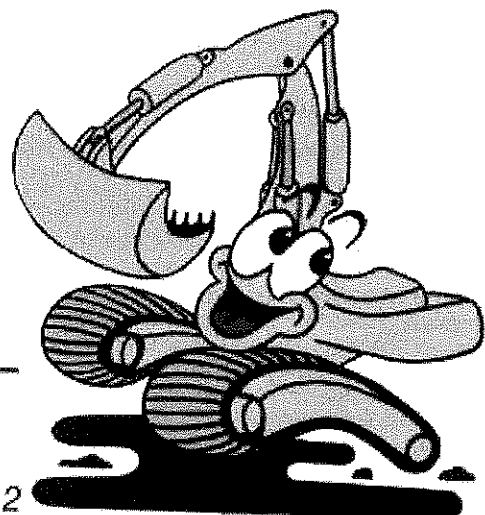
\$10 entry - 7pm until late

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RSPCA Tasmania announces changes designed to ensure strong and viable future

RSPCA Tasmania has announced some important changes to ensure it can continue to provide the best possible animal welfare and advocacy services.

Chief Executive Officer Peter West said these changes will see some animal welfare services delivered differently, while still ensuring the highest possible standards of care.

"By making these changes, RSPCA Tasmania can continue to make animal welfare and advocacy its highest priority and do so in a financially sustainable manner," Mr West said. "Importantly our Inspectorate Services will continue at the same level, focussing on domestic and companion animals."

Our **Hobart** facility will become an animal health and wellbeing centre catering for new veterinary clinic clients and will aim to increase emergency and urgent care for animals of people in need (like boarding support for victims of domestic violence, hospital or prison stays). The Centre will continue to care for seized Inspectorate animals (including livestock / large animals) and also focus on great animal boarding opportunities.

Devonport Animal Care Centre will reprioritise re-homing to compliment other facilities in the region.

The Centre will continue to care for seized Inspectorate animals (including livestock / large animals), provide important emergency care for animals of people in need (like boarding support for victims of domestic violence, hospital or prison stays) and will be expanding onsite boarding options.

Launceston Animal Care Centre will become our primary centre for re-homing dogs, cats and smaller domestic animals for the state. The Centre will continue to care for small animals seized by the Inspectorate, as well as provide emergency care for animals of people in need (like boarding support for victims of domestic violence, hospital or prison stays). There will also be an upgrade to our facilities for boarding and day care.

All Centres will close to the public on Sundays and public holidays (except for special promotions and for organised appointments).

Mr West said the move, that will take effect from 1 July 2017, would also see the organisation working more closely with 10 Lives Cat Centre and the Dogs Home of Tasmania. "RSPCA Tasmania will continue to find homes for animals, these changes will now mean in some situations we will be working in close partnership with other specialist animal care organisations to get the best results for that region, this may see some dogs and cats re-homed out of the 10 lives Cat Centre or Dogs Homes of Tasmania," Mr West said.

"Working collaboratively and focussing on the best possible re-homing outcomes is a far more effective approach over the long term in our state," he said.

It is likely there will be staffing changes as we look to implement these new processes with some staff rostered hours possibly being reduced.

RSPCA Tasmania will remain the primary voice of Animal Welfare in Tasmania and will be looking to increase its community engagement and education role across the state.

"This is a necessary reset of our activities to better be what our members and general public want us to be," Mr West said.

RSPCA Tasmania's VISION remains the same – and that is for a Tasmania where all animals are treated with respect and kindness.

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Dr Jeff Parsons regularly visits
the Fingal Valley
for all your veterinary needs.



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**Tasmania's east coast now has a community organiser from
The Wilderness Society - Liz Johnstone lives locally and will be working along
the coast 2-3 days per week**

**Liz will present 'unReserved: Cartoons that clearfell forest politics' in the
Farm Shed at Bicheno and The Purple Possum at St Marys**

**Exhibition Opening is on Saturday July 22 at 2pm in the Purple Possum, and an event with
cartoonist Kudelka will be held on Saturday August 5 at 2pm in the Farm Shed at Bicheno**

Liz is working with the community to showcase our wonderful national parks and promote the protection of conservation reserves and national parks in waiting. These areas are spectacular forests surrounding the existing



Photograph by Pratik Vatkar

national parks, and other reserves with high conservation values, that should be properly protected for the values they hold and could be national parks or state reserves. Liz is passionate that these areas can extend and enhance the natural values of the east coast, and therefore become part of Tasmania's modern identity and future. Creating a connected network of conservation reserves and national parks is recognised as delivering the best possible conservation results for the east coast's wild areas, plants and animals. Protecting and promoting these landscapes brings immeasurable benefits to the social and economic well-being of the east coast's local communities. The Wilderness Society will be engaging locals by running citizen science programs, such as surveying habitats for threatened species e.g. the masked owl, and will

advocate for identified areas to be conserved and not logged.

Liz will be running a community organising training program developed by The Wilderness Society. This training provides a framework and skills that assist individual people, and the local community, to build relationships with local, state and federal representatives, and the broader community. East coasters will be better skilled and resourced in their aspirations for a better future for themselves, their children and Tasmania.

Liz can be contacted on 0448 678 897 / liz.johnstone@wilderness.org.au

<https://www.facebook.com/WildernessSocietyTasmania>

Liz Johnstone, Community Organiser and Campaigner, The Wilderness Society (Tasmania) Inc.

unReserved exhibition: You're invited

Cartoons that clearfell forest politics, sponsored by The Wilderness Society and jointly hosted by the Purple Possum in St Marys and the Farm Shed in Bicheno

*You are warmly invited to come and
chortle at the chainsaw analysis of
these acclaimed cartoonists*

**Exhibition opening in St Marys on Saturday
22 July 2017 commencing 2pm
at The Purple Possum, 5 Storey Street**

Guest speakers: Vica Bayley and
Liz Johnstone, Wilderness Society Tasmania

For further information please contact

Liz Johnstone on 0448 678 897 /

liz.johnstone@wilderness.org.au



Kudelka, Polly and Chris Downes are three of Tasmania's leading media commentators, using satirical art to cut through political spin and tell it like it is. Since its election three years ago, the Hodgman Government has gifted these cartoonists a mountainous pile of woodchip-grade forest policy to draw upon.

Premier Hodgman unsuccessfully tried to log in Tasmania's World Heritage Area and now plans to un-reserve and log other protected forests.

Come chortle at the chainsaw-sharp analysis of these acclaimed cartoonists.

The exhibition runs in St Marys and Bicheno during July and August 2017

Reprinted from February 2008, front page of Volume 40 No. 17

Lions Club of St Marys wins Australia Day award.

Congratulations to the Lions Club of St Marys for being awarded the "Community Event of the Year" for the Sesquicentenary Reunion Weekend celebrations. The award was one of many presented by Mayor Robert Legge, on behalf of Break O'Day Council, as part of the Australia Day ceremony held at the Tidal Waters Resort in St Helens on Australia Day.

Len Miles, President of the St Marys Lions Club accepted the award and spoke of the many people that contributed to the success of this event.

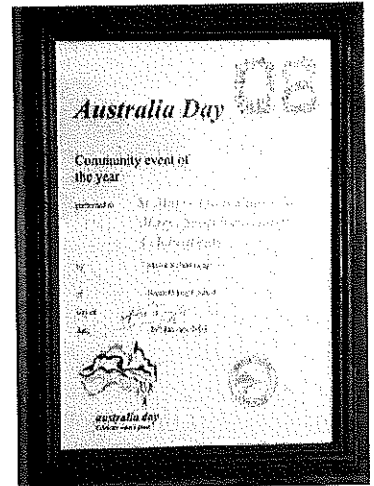
The Reunion Weekend was an outstanding success, that is still talked about and is ample evidence of the dedication and commitment of the small group of volunteers that make up the Lions Club of St Marys. The weekend also showed how a small community can come together in a common cause. So congratulations are also due to everyone who contributed to this memorable event.

The Valley Voice would also like to compliment all nominees and winners of the various awards presented on the day. As always seems to be the case with events of this nature, St Marys was well represented.

Pictured right and below:

The plaque presented to the Lions Club of St Marys, and some of the Lions members proudly displaying their winning plaque.

Photos: Peter Troode.



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Appalled by the American Media?

If you are, you are not alone, millions of Americans feel much the same as you.

Even for someone like me who tries to always see the best in everything I am consistently frustrated by our media. The road to where we are now is long and convoluted. We have had mainly three maladroitness and egotistical drivers; elitism, profit and manipulation.

Rupert Murdoch and his brilliant, albeit deviant henchman Roger Ailes have masterfully manipulated the profit driven elitist atmosphere they came into. The reaction to Fox has pushed much of the mainstream media even further into their self-created position of being loathed by many common men and women.

The modern media has followed this fool's errand to the point that now we have "red" and "blue" media outlets. (Red representing the Republicans and Blue for the Democrats.)

Our Republicans have similar ideologies as your Liberal party. Our Democrats are similar in ideology to your Labor party. To add to the confusion, our Democrats are considered liberals and our Republicans are considered conservatives. Americans and Australians have very different definitions for the word liberal.

Despite what most of the media believes, people don't want to be told what to think. We only want the facts, all the facts. Especially the facts that the media believes to be damaging to their view. It is their job to present both sides of the story as best they can. It is not their job to bend, omit and twist the facts to influence our opinions.

There is too much "preaching to the choir", not enough objective and professional journalism.

There is no "Fake News" in the main stream media, only some misleading news.

The internet and Fox news and entertainment is another story all together. Only God knows where they come up with their conspiracy theories and other stories. Russia maybe?

If the media cannot earn some respect from the common people we are in grave danger. The very foundation of our democracy is at risk. All we need to do is to look to the countries that do not have a free press to know that is true. We must support our local and national newspapers and other media. We must also make it known we will not except anything less than objective and professional journalism.

Our megalomaniac President, Donald Trump, exploited American's low opinion of the media and our deplorable and most base emotions all the way to the White House. Add that to Hillary Clinton as an opponent.

Hillary Clinton must be considered the worst candidate to ever run for President, simply because she failed to defeat the man who was without doubt the worst candidate to ever run for President right up until he won the election. The sad part is Hillary Clinton would have been infinitely better than Trump as President.

My outlook; the future is bright. Donald Trump will not serve more than four years and he will need to be lucky to make it four years.


The FBI may be slow, but they won't be dissuaded from doing their duty. I believe our system of capitalism will right the ship.

One day soon a media outlet will give the people what we want. They will find objective and professional journalism sells!

But first they must stop thinking we are too stupid to understand the issues or that we will allow them to manipulate our opinions.

Louis Bruette, Baltimore

Hon Rene
Hidding MP
Liberal Member for Lyons



Always Available

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rene.hidding@dpac.tas.gov.au
f rene.hiddingmp

Authorising Rene Hidding MP, 3 Gordon Street, Sorell



Kylie Wright - Labor for Lyons

I live locally in St Helens and I am currently a Councilor on the Break O'Day Council. I am honoured to have been selected by Labor as a candidate in Lyons for the next Tasmanian state election.

I am a strong advocate for social justice and have a strong sense of community. I intend to represent the average Tasmanian - working people, pensioners, the unemployed and those with disabilities.

I know first hand what its like to struggle, having grown up in a working class family and raised two sons while working. My parents were not educated people, my father was a smart man even though he left school in grade 7 to help his mother raise his siblings. He always taught me to fight for the underdog, respect people for their differences, and as Rebecca White also learned from her father - "feed the animals before you feed yourself".

The current government has to stop punishing the battlers, and start making the top end of town do some of

the lifting.

I am passionate about this beautiful environment in which we are so lucky to live and believe we need to have a common sense approach to tourism and development in our region, so as to promote our area and provide jobs while preserving what we all love.

I currently work in the employment sector and my experience has been that the overwhelming majority of unemployed people are genuinely seeking work. It's time to re-think employment opportunities and build sustainable, secure jobs. There is very little work available in our regional areas and too many people are underemployed. We need greater access to quality training courses, with higher likelihood of employment outcomes.

There is some concern that placing our young children of 3.5 years old into the school system could be detrimental to both their development and learning. Children of that age need to be engaged in play based learning, and many still are not toilet trained, and still need their afternoon naps.

This policy may also affect the viability of our childcare centres. Some centres fear they may be forced to close, and this would result in further job losses.

Better access to preventative health services, mental health services and specialists is very important in regional areas. Labor are fighting hard for the re-instatement of our regional health and support services.

Under the leadership of Rebecca White, we will win back majority Labor Government.

Tasmanian Labor is "Putting People First".

I am hoping you will support me in efforts to both protect and improve the state in which we live, while striving to also work hard to help the battlers in our great state.

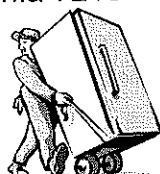
I want to know what is important to you. Please contact me on Facebook at "Kylie Wright - Labor for Lyons" or email me at kylie-wright464@gmail.com, and share your views and concerns with me.

Kylie Wright
Labor for Lyons

Ransley's Appliance Service

POB 136 Scamander Tasmania 7215

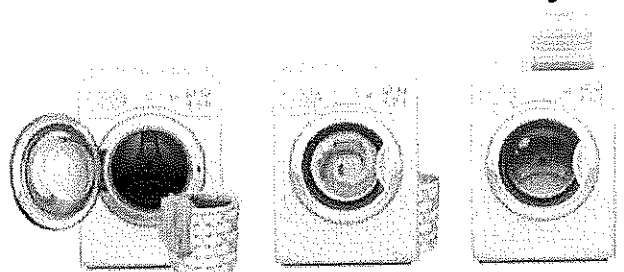
*Washing machine noisy?
Refrigerator runs too long?
Clothes dryer blows cold air?*



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CLEAN CRACK LAUNDROMAT

32 Main Street St Marys



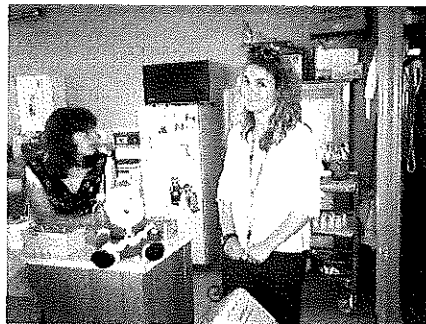
Coin operated washers
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6.30am - 8pm

Over the years

2008 * 2008 * 2008 * 2008 * 2008 * 2008 * 2008 * 2008



Former Cornwall residents Keith and Elma Spilsbury



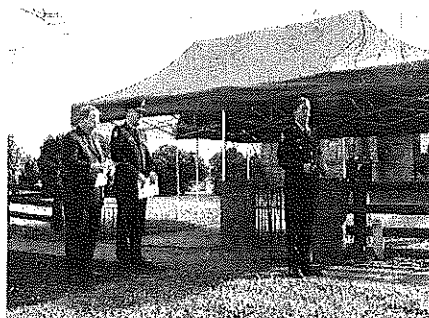
Hayley Gilbert at the Day Centre, SMCHC



Attending Avoca's 100 year old School celebrations: Tanya, Carol, Mary Knowles, Vicki, Mrs Bailey, Ray Bailey.



Pictured l/r Back: Mason Pitstock, Lawrence Bretag, Marcus Bretag, Teacher Klaas Oosterloo, Patrick Escobar. Front: Josh McDiarmid, Jesse McColl, Brody Mitchell, Lance Walsh, Bonnie Panoff. (inset) Cody Dutch.



l/r: David Llewellyn MHA, Mike Brown TFS Acting Chief Officer, Andrew Comer TFS Northern Regional Chief Officer at the opening of the St Marys Emergency Services building



Mayor Robert Legge, left, and Todd Dudley and co.



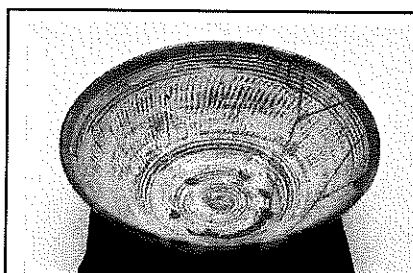
Members of the Northern Veterans Bicycle club.



His Excellency, Governor Peter Underwood, and Mrs Underwood with some of the Wombat Walk volunteers



Former St Marys resident Trevor Coward



Kintsugi (or kintsukuroi) is a **Japanese** method for **repairing** broken ceramics with a special lacquer mixed with **gold**, **silver**, or **platinum**. The philosophy behind the technique is to recognize the history of the object and to visibly incorporate the **repair** into the new piece, instead of disguising it.

Page 6.

3 May, 1968.

FOOTY NOTES

BY OBSERVER

Interest is high in St. Marys after two good wins by the senior team against Avoca and Fingal respectively. Both these successes have been full of merit and supporters are now awaiting the clash with last years Premiers Rossarden in order to assess the teams chances for 1968. Players from last years Premiership Reserves team, R. McCarty, G. Bullock, T. Haas, K. Mason and D. Williams are all making their presence felt in the senior ranks this season. Other players in mid season form at present include D. Birrell roving, T. Cooke centre, A. Stone, full back, and Trevor Viney centre half forward. The side is quite young, the average age being approx. 21.

Fingal, although well beaten by St. Marys last week are looking forward to a successful season. Their win, after being 5 goals down at the last change against St. Helens, was a good start to the season, and a much better guide to their prospects. New coach Rex Anderson and ex Victorian Bill Kelly are both brilliant players and opposition teams will find them hard to counter as the season progresses. Last years Coach J. Baldwin is proving a reliable defender and looks set for a good season. Others doing well at present are N. Webb, Clements, Parker & O. Youl. Fingal's clash with Rossarden this week is vital to them, as a win or a narrow defeat will prove their form against St. Marys all wrong.

Of the other teams Rossarden again appears the team to beat, although Swansea have commenced the year in grand fashion and will again be strong contenders for the flag. A good guide to St. Helens chances will be their game with Swansea on Saturday, whilst Avoca and Mathinna, who both have yet to win a game are opposed at Mathinna.

It is also pleasing to note that Fingal, St. Marys and Rossarden are fielding thirds teams, which enables the boys to play more competitive football.

SENIOR LADDER TO DATE

<u>Team</u>	<u>Points</u>
St. Marys	8
Swansea	6
Rossarden	6
St. Helens	4
Fingal	4
Avoca	Nil
Mathinna	Nil

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Braised steak & onions		28
White Wings Cake Mixes		24
Campbells stock pot soup		23

J.T. SMITHST. MARYS

LADIES, GENTS & CHILDRENS SHOES

SHOE REPAIRS

RECIPESCHOCOLATE CAKE

2 eggs $\frac{1}{2}$ cup milk
 $\frac{3}{4}$ cup sugar 1 good tablespoon cocoa
 1 cup S.R. flour $\frac{1}{2}$ lb margarine.
 vanilla.

Beat eggs, & gradually add sugar and essence. Mix milk, cocoa (mix to a paste, to remove lumps) & margarine and bring to boil. Let it cool slightly.

Add sifted flour alternately with cocoa mixture. Bake approx. 30 mins. in moderate oven. Ice with chocolate icing - can be filled with cream as a sponge.

Q. What did the ear-wig say when it fell over the precipice?

A. Ear-wig go.

The Forgotten War

June 2017 marks 115 years since the cessation of hostilities in the Boer War, a conflict largely forgotten, or ignored, in this modern fast paced world but it is worth taking a minute or two to consider the legacy. A row of terraces in Battery Point named for key battles, the story made famous in that important Australian film "Breaker Morant" and the genesis of the Boy Scout and Girl Guide Movements are all direct legacies of the Boer War.

Over 800 young Tasmanian men and women signed up for this very British colonial stoush, including infantrymen, cavalry and nurses. Young men and women who took the "Queen's shilling" and sailed across the oceans, 23,000 in total from all the colonies ... not as Australians (as this war began prior to Federation) but as representatives of their individual states.

Some of them remained in Colonial Regiments and a number who joined post 1901 are recorded as members of The Australian Commonwealth Horse.

The Tasmanian's names are recorded in the memorial wall by the Cenotaph in St Helens, and the list makes sobering reading.

One of those young men lies in the General Cemetery at St Helens. Having survived the battle, Vincent Lade died on the troop carrier "**Drayton Grange**" on the way home. Very, very sad for his family but not a simple story.

He was amongst a number who escaped injury at the front only to succumb to illness brought about by overcrowding, poor hygiene and insufficient rations on the way home.

Seventeen men had died and 25 had been hospitalised when the vessel docked at Woolloomooloo on August 10, 1902. Vincent died just five days from home. *The Evening News* (Sydney) of August 12 1902 records the names and rank of the ill, interviews with officers on board during the voyage, the death of two soldiers in Port Phillip Quarantine Hospital, and an address by the Governor of New South Wales.

The resultant Royal Commission makes sobering reading and begs the question, why disembarkation of the ill at Albany, at which time there were most certainly a number of seriously ill men aboard but none had died, was forbidden by the local authorities.

The ill were finally allowed ashore to the quarantine station in Port Phillip Bay, several days steaming from Albany.

The Royal Commission findings cast some serious doubts about the suitability of the "**Drayton Grange**" as a troop carrier, given she was originally designed to carry frozen meat and her skipper had little understanding of the Queen's Regulations regarding the transporting of servicemen and women... a set of

regulations which is very specific as to victuals, ablution facilities, and exercise requirements as well as the chain of command and provision of medical services.

Photographs and article by Wendy Fowler, B.A., B.A.HONS. (UTas), M. Pub. History (Monash)



So my calculus professor found this posted on the door to his office today by a student.

I hate math tests because all through the chapter it's like really easy and then you think you've got it and then the test is like

IF I THROW A TRIANGLE OUT OF THE CAR AND THE CAR IS GOING 20KM/H AND WIND RESISTANCE IS A THING THAT EXISTS, HOW MANY CUPCAKES CAN PEDRO BUY WITH ONE HUMAN SOUL



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Thursday 10am – 1pm

Fingal Valley Neighbourhood House
Wednesday 12pm – 3pm

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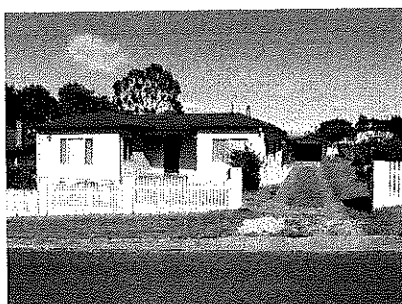
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46 Main St, St Marys

Exciting times ahead for St Marys. This is the 2nd commercial property we have SOLD over the past month. It is fantastic to see further new investments in the area.

12 Clive Street, St Marys - Price \$205,000



LOVELY HOME, GOOD BLOCK, WALK EVERYWHERE

This lovely 2 bedroom home sits within walking distance of St Marys facilities. The home offers a modern open plan kitchen-dining lounge area, all with good sun. There are two good sized bedrooms with built-ins and a lovely bathroom. The house sits on a level 1012m2 block with a single garage and outbuilding for your car and storage needs. Presenting a good long term option where all the work has been done. Definitely worth a look!

Reading Fred Valentich's story in the recent VV inspired me to want to share Doris Lohrey's 1969, local, UFO sighting.

Doris was a resident of Dublin Town from the early 1940s until 1988. Doris gave me a copy of her memoirs some years back, below is an excerpt. *Susan Lucas, St Marys*

AND I have seen a UFO!

On the third Thursday in November, 1969, having collected my youngest son David from Scouts at St. Marys, I was driving home at dusk. A bright light appeared in the trees at the top of Township Hill and as we came to the clearing this object, with flashing lights and a faint hissing noise, flew over our car and headed towards Scamander.

By now I was driving the utility towards Percy Wright's dairy farm. The 'object' had been travelling at terrific speed and in about 5 minutes had disappeared over the horizon - like a great golden ball. We were both mesmerised and when I could manage to speak I said to David "Did you feel frightened?" He replied, "Yes Mum, I did!"

We had great trouble in convincing Norman about what we had seen. I did not report the sighting but in the newspaper the next morning someone else reported having seen bright lights and something 'unusual' while travelling on the main highway to Launceston at the same time.

There is a sequel to this story.

Sometime later a Canadian friend was visiting us. I happened to mention the incident and showed her the spot near the Old Jubilee coal mine from where we watched it disappear over the horizon.

It so happened that a relative of hers - a physicist from Toronto - made a habit of recording all such sightings.

Much later on a subsequent visit to my son Roger and his family in Calgary, Canada, we were able to meet this man who was very interested and recorded my sighting. I felt vindicated that I was not just 'seeing things'! He already had details of someone called "Fred" who had disappeared in Bass Strait in the 1960s.

I have only recently come across a newspaper cutting describing the disappearance of this lost pilot, Frederick Valentich. Historian/researcher Mr Fred Watson in a 13,500 word booklet (1978) discusses the disappearance of Frederick Valentich on a flight from Victoria to King Island, never to be seen again.

There was no wreckage, no body and no oil spill. No explanation exists as to what happened. According to Watson, the pilot had been desperately trying to describe his predicament when his voice was cut off.

Watson also discusses the phenomenon of flares or rockets being observed in the skies over Bass Strait when the vessel 'Orion' disappeared in 1904. There is also the mystery of the disappearance of Captain Stutt in 1922 and the airliner 'Miss Hobart' in 1934. During the Holyman airline years, two prominent local citizens - a Mr Tudor and Mrs Margaret McIntyre also disappeared without trace.

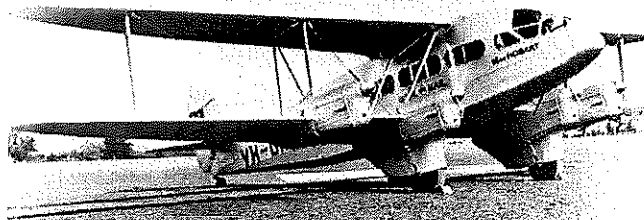
*Submitted by Susan Lucas,
St Marys*



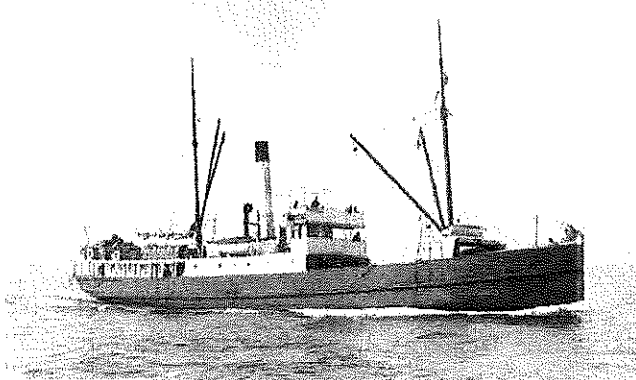
Left: STUTT, William John (aka Billy / Willy) - Lieut, RFC / Capt, AFC Billy's death was officially recorded as September 23, 1920, when he was lost at sea after his plane disappeared, whilst on Australia's first air-sea rescue flight, searching for the missing schooner, Amelia J, in Bass Strait
Lost with him was Abner Gilchrist DALZELL, mechanic (ex AFC, 3rd Sqdn - Sgt 666, MSM).



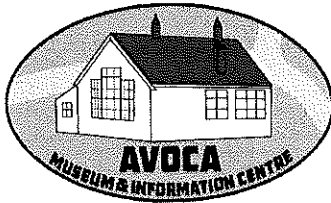
Valentich with a Cessna similar to the one he disappeared in.



Tasmanian airliner 'Miss Hobart', lost in 1934



Coastal steamer Orion, lost with all 27 hands in 1908



Avoca Museum and Information Centre
Old School building
Avoca Tasmania 7213



Rossarden & Friends Kids Christmas Inc.

Christmas Party December 3rd at the

Primary School. Please give your parent contribution (\$10 each child) to Leesa or Helen from now on to ensure your child's inclusion.



Rossarden and Friends Kids Christmas Inc. **Annual General Meeting** is Tuesday 15th August 2017, 1pm at the Avoca Roadhouse. All welcome.

Notice of a Special Resolution: to not have an Audit conducted of the Rossarden & Friends Kids Christmas Inc. accounts. Under the Associations Incorporation Act 1964 there is an Option for Exemption for auditing requirements if the association has total revenue in any financial year of \$40,000 or less. There is still an obligation to provide the Department of Justice a statement of the association's income and expenditure for the financial year, a list of names of the committee and the Annual Return. These documents are available for any member to peruse at the AGM or at any other time upon request.

Get Active Stay Active

An exciting new project is being offered to the Avoca, Rossarden and Royal George community thanks to the Fingal Valley Neighbourhood House (FVNH) and Grant Todd, an exercise physiologist. They would like to bring individualised exercise classes to the Ash Centre on Wednesday afternoons (at the moment).

The program is for 9 weeks and the cost has been reduced from the usual \$70 per session to \$20 - thanks to funding obtained by the FVNH - if you obtain a GP Management Plan from your GP. A GP Management Plan can be requested if you have a chronic condition such as arthritis, asthma or back pain or similar that has lasted longer than 6 months. It may also be possible on request to have the cost bulk billed through Medicare.

The exercise program is individualised for each person so it is of the greatest personal benefit. Notices with details will be advertised at the Avoca Roadhouse and the Avoca Post Office shortly. The program is dependant upon your interest and a commencement date will then be advertised. If you are interested please complete the 'Expression of Interest' slip and give it to Helen Reynolds. Enhance your quality of life.



Expression of Interest

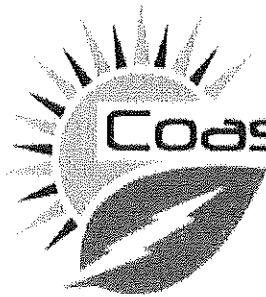
Name: Contact number:

I am interested in finding out more about the individualized **Get Active Stay Active** program at Avoca.

July 13, 1945 **Joseph Benedict Chifley, Australia's fifth wartime Prime Minister, is sworn into office.**

Ben Chifley, born Joseph Benedict Chifley in 1885, had won the Bathurst-based seat of Macquarie in the House of Representatives in 1928, and in 1931 he became Minister for Defence, under Scullin. He lost his seat again shortly afterwards when the Scullin government fell, but regained it in 1940, becoming Treasurer in Curtin's government. After Curtin's death, Deputy Prime Minister Frank Forde temporarily acted as Prime Minister. Chifley defeated Forde when the Federal Parliamentary Labor Party elected Ben Chifley as its new leader, to become the new Prime Minister of Australia. Chifley was sworn into office on 13 July 1945. He effectively implemented necessary post-war economic controls, remaining Prime Minister until his defeat by Robert Menzies and the Liberal Party in 1949. Two years later, Chifley died of a heart attack.





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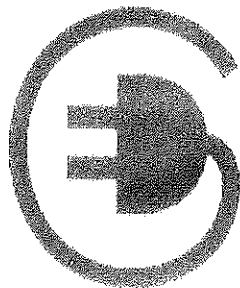
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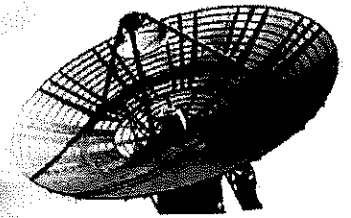
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Wilder Rides by M Irene Hill

Declinism is the belief that society is declining or otherwise falling apart. It is the predisposition for people to view the past favourably, through rose-colored lenses, and to regard the future in a negative light. Many seek to relive the good ol' days, whether by collecting antiques or watching old movies; some buy classic cars or even travel back in time.

***Morris Harrison unfolded the newspaper as he drank his morning coffee. The smell of newsprint complemented the earthy dark bean brew. He paid a premium subscription rate to have a paper copy delivered to his front doorstep. Like the good ol' days. He sipped from his pottery mug and perused the weekly paper. An advertisement in the form of an article caught his interest:

"Rose Wilder, daughter and heiress of the late self-made millionaire, Bill Wilder (Wild Bill's Best Bargain Emporium), has been making people's dreams come true since 2036.

With timeless elegance and temporal flair, the lady entrepreneur of Wilder Rides sells retro time machines and personal spacecraft to suit anyone's taste or budget.

If you're an old soul with an appreciation for classic beauties like a two-seater, chrome-plated convertible 1957 Thunderbird, in stunning Star Mist Blue, then Rose has a deal for you. It comes standard with a 5.1-liter V8 producing 245 horsepower. You will be comfortably transported to the late 1950s, when new ideas in fashion, and music (like Doo Wop and Rock-n-Roll) emerged. The 1950s were a time when young people could actually enjoy being young without having to grow up too quickly. Wilder Rides blows off the competition with this cool cat. Come check it out, Daddy-O!

That's Boss! If your tastes run along the wild side, then Rose has just the machine for you. Meet the Beast, a 1969 Boss 429 Mustang. This 375 horsepower V8 was designed for racing and will clean the Space Fuzz's clock. Push the boundaries of time and space like Brando and Dean. Quit bench racing, get bookin'. This Bad Boy is on sale for a limited time only – yes, that's a joke! If you hurry, you can join Buzz and Neil for their first moonwalk. Available in Raven Black or Royal Maroon. Outta sight, Man!

Funky flash back! Can you dig it? Some would say the 1970s era muscle cars were the last of the true hot rods. Feel the funk and beat the drag with this bitch'n '71 Dodge Super Bee. It's got a three-speed floor shifter, and small block Magnum V8 that will knock your girlfriend's socks off. Available in Plum Crazy or Top Banana. Buzz the Space Fuzz with this Bee.



If big hair, padded shoulders, Pac-Man and Alf make you feel nostalgic, then perhaps a spin in a turbocharged Trans AM will fluff your Aqua Net tresses. This barn find was lovingly restored and modified with a worm hole stabilizer and will withstand ultra-high levels of radiation. It comes equipped with a 3.8 liter V6 and has a lusty appetite for asphalt, worm holes and Motley Crew.

There are many more deals to be had, folks, so come on down to Wilder Rides for our Golden Conjunction Celebration 8/9/2040.

It will be a day of old-fashioned family fun, including face-painting and balloon animals for the kiddos, free sodas and Cosmic Curly Fries.

Michael J. Fox will be on location signing autographs. Rose is giving away free rose-colored sunglasses with every purchase of a classic time-machine."

Morris viewed the empty place-setting across the table. He missed his wife's poofy hair. He'd always wanted to see AC/DC. A Camaro would be cool.

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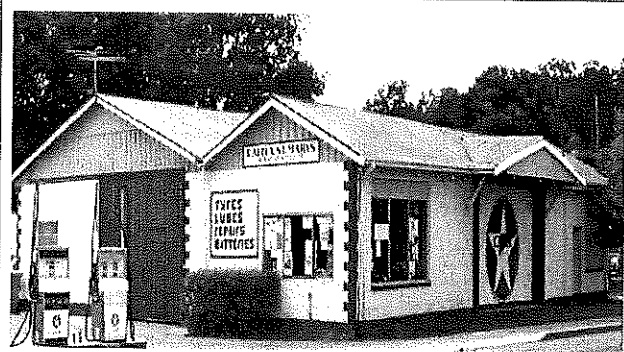
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Real classifieds:

Mixing bowl set designed to please a cook with round bottom for efficient beating. Girl wanted to assist magician in cutting-off-head illusion. Blue Cross and salary. Dinner Special -- Turkey \$2.35; Chicken or Beef \$2.25; Children \$2.00

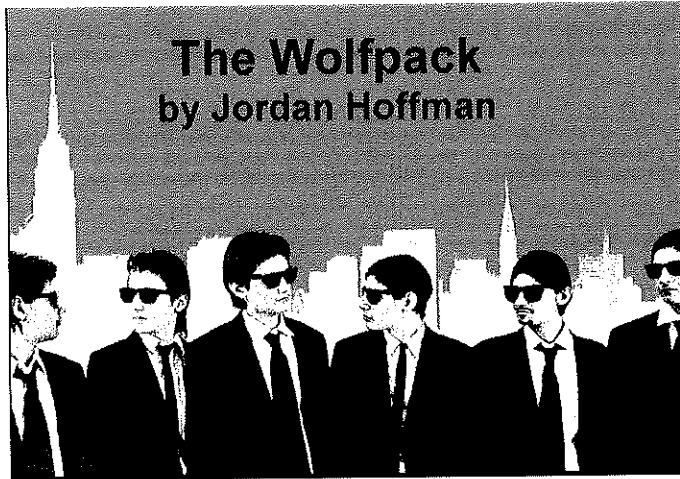
For sale: antique desk suitable for lady with thick legs and large drawers.

Now is your chance to have your ears pierced and get an extra pair to take home, too.

We do not tear your clothing with machinery. We do it carefully by hand.

For sale. Three canaries of undermined sex. Great Dames for sale.

Have several very old dresses from grandmother in beautiful condition.



It was pure serendipity, Crystal Moselle says, that she found the Wolfpack. She was walking down First Avenue in Manhattan in the spring of 2010 when a boy, weaving through the crowd, ran past her. Then another one. Then another, and another.

"My instincts took over," she says. "I just ran after them."

Running past her through the crowd were the six Angulo brothers: Bhagavan, the oldest; twins Govinda and Narayana; Mukunda, the leader of the pack; Krisna, and Jagadesh.

Having spent almost their entire lives inside a tiny Lower East Side housing project apartment, home-schooled and allowed out only rarely by their father, who had the only key, the Angulo brothers'

main window on the world was cinema: watching films like *The Dark Knight Rises*, *Harry Potter* or *Reservoir Dogs*, then re-enacting them in exquisite detail.

The day they met Moselle was one of their first excursions out of the apartment on their own. Over the next four years, they became the subject of *The Wolfpack*, Moselle's extraordinary documentary which made its debut at Sundance recently.

Over the summer, she and the brothers hung out. They would go to Tompkins Square Park or Washington Square Park. Moselle brought her camera, and they would "do little interviews with it". From the very beginning, the brothers' openness and creativity fascinated her. "New Yorkers are so jaded," she says.

Eventually, they invited her to their home. The apartment was a time capsule – nothing from the past 15 years appeared to have been thrown away. Children's drawings lined the wall. It was a few days later, at Thanksgiving, when she first saw the family together that she realised there was something deeper to be explored.

In the film, the boys' mother, Susanne, a midwestern former hippie, yearns for her children to have the fields and woods with which she grew up. She met their father, Oscar, a Hare Krishna from Peru, on the trail to Machu Picchu. As the brothers tell it, their father wanted his own tribe. Crippled by what Moselle describes as paranoia and philosophically opposed to work, Oscar talks in the film about seeing the outside world as a prison. Yet in rejecting it, he created a prison of his own.

From inside, the Angulo brothers sought escape in movies. They copied out screenplays in longhand, typing them up on an antique typewriter. They crafted exquisitely detailed props, costumes from cereal boxes and yoga mats, and made replica guns so real that the apartment was raided by a Swat team after neighbours reported seeing firearms.

A couple of months before Moselle met them, one of the boys escaped the house wearing a Michael Myers hockey mask. Someone called 911, and he was brought home. Child welfare services visited, but did not find anything amiss. For a couple years, some of the boys had counselling with the Lower East Side family union, a community group that provides support for families.

Apart from that, child welfare services were never involved with the Angulos. Susanne obtained a teaching certificate so they could be home-schooled, and the children were well provided for. They lived in the projects and avoided contact with their neighbours. There were never any complaints, until the incident with the mask. The family simply did not leave their little world.

'One particular year, we never got out at all.' Even Moselle herself would be almost three years into the project before she understood the extent of the family's isolation. The moment is captured on film. The viewer learns it the same way Moselle did: from Mukunda, the third-youngest brother. "Sometimes we'd go out nine times a year. Sometimes once," he says, looking out of the window at the New York evening traffic. "One particular year, we never got out at all."

Moselle tells the *Guardian* what she was thinking in that moment, but she pauses for a long time before answering. "It was a really intense moment for me as well," she says. "It was ..." she stops again. "I realised what a delicate situation this was. It heightened the sadness of it all, I think."

Throughout the film, the boys' father, Oscar, remains a somewhat difficult presence. It was a slow process, Moselle says, getting him on camera. "I just kind of stood back for the first couple of years," she says, "stood with the boys."

"I think Oscar had big plans that never happened for him and his family," she says. "And I think that obviously he – somewhere inside – blames himself. I mean, how can you not? And there are also delusions of grandeur about what was possible."

At one point, we see a flash of Oscar's anger. "My power is influencing everybody," he says, clearly drunk. "Think of that." Then he waves his arm in disgust. "This piece of shit we are living in," he says.

Moselle says that was the only time she saw him like that. "It upset me," she says.

Susanne, not Oscar, accompanied her sons and Moselle to Sundance, where they stayed up until 2am for a question-and-answer session after a screening. "They live and breathe movies, so it's just heightened that for them," Moselle says.

Local Student Confirms That A Bomb Did In Fact Go Off In Her Room - Beetoota Advocate

MARCIA WALSH

A Daroo Street Polytechnic design student has shared her harrowing tale of how after being asked if a bomb had gone off in her messy Caldwell Street bedroom, she had to confirm that an explosive device did go off, making her room resemble a Mosul farmers market.

Maggie Wonderlup, 21, confided in *The Advocate* a short moment ago and explained that bombs often go off in her room and that she tries her best to keep her room tidy – especially when her parents visit. "Yes," she said.

"I can confirm that at approximately 8pm last night, an improvised explosive device did go off in my bed-

room."

"Some of my friends and family think it's funny to ask me if a bomb had gone off in my room on the count of it being so messy and all, but the sad reality is that an explosion really did take place."

While Ms Wonderlup and two unnamed friends were in her room last night preparing for a night out, the actual blast itself did not occur until some time after they'd left. Police and investigators understand that the Perth-native and her pals frequented The Pelican & Lapband Inn on Lewis Avenue before

being asked to leave in what Wonderlup is calling a 'misunderstanding'.

"We basically all blacked out after that. My netbank says we went to the Dolphins Club but I don't remember. But yeah the room was a mess when I woke up this morning."

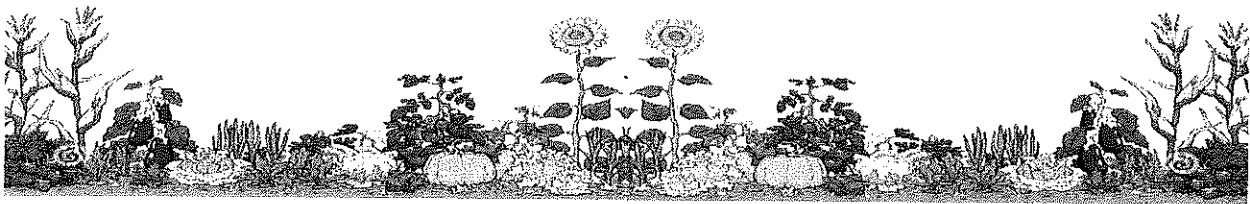
More to come.



Tasmania Planting Guide for July

Asparagus crowns, early potatoes, shallots, potato onions, long-keeping, salad and spring onion as small seedlings, rhubarb divisions, Jerusalem and globe artichokes.

Ph 6234 5566 / info@sustainablelivingtasmania.org.au www.sustainablelivingtasmania.org.au



LJ Hooker



Kate Walsh

Your local area specialist in St Marys and Scamander. For an obligation free market appraisal please contact Kate Walsh from LJ Hooker St Helens.

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Mobile: 0419 683 904

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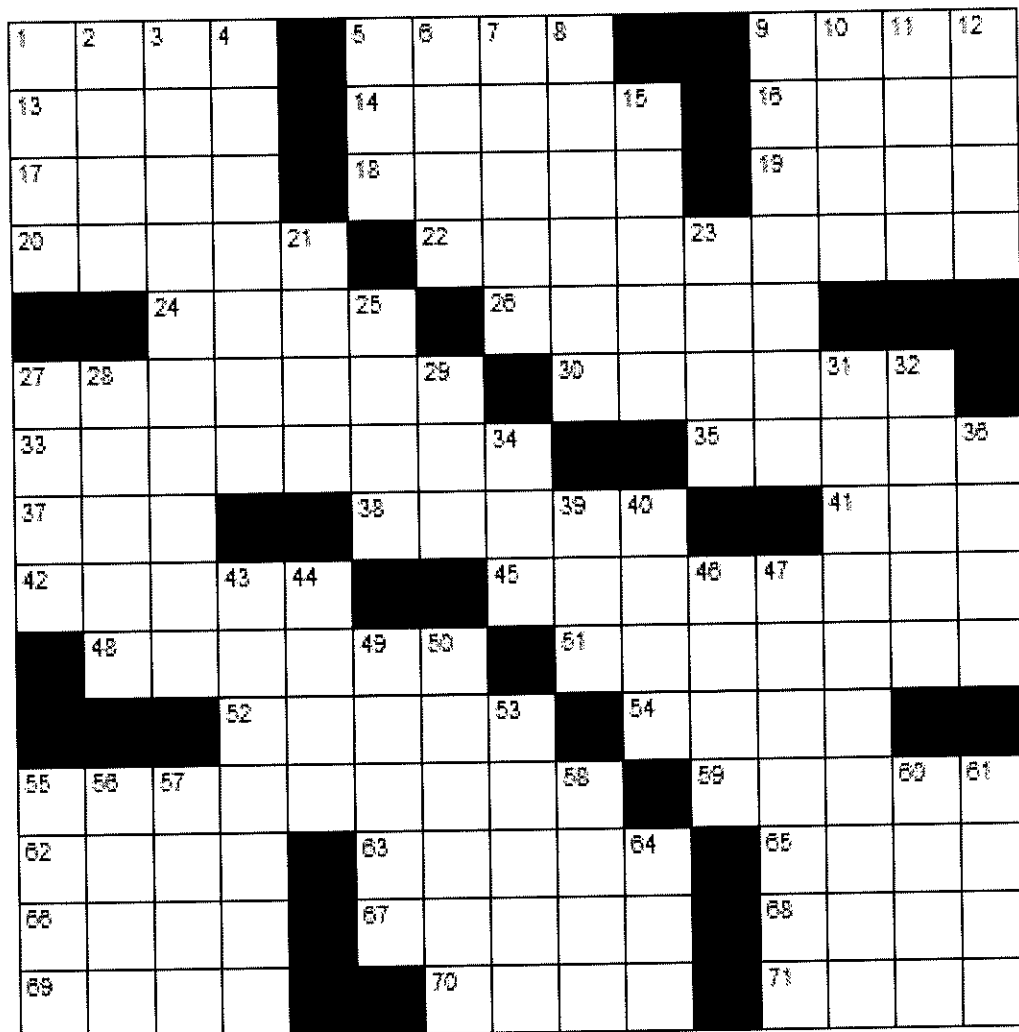
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ACROSS

1. Petty quarrel
5. Plod along
9. Throat-clearing sound
13. Desire
14. Underground chambers
16. Fail to win
17. Church alcove
18. Catkin
19. Catholic church service
20. Ales
22. Battle-axes
24. Bristle
26. Moon of Saturn
27. Atrophy
30. Separate
33. Amusing
35. Hurt
37. Before, poetically
38. Redress
41. Hearing organ
42. A type of dance
45. Spouse
48. Record player
51. Oval
52. Truth ____
54. Male offspring
55. Deformed
59. Kids
62. Place
63. A chemical compound
65. Wise men
66. Winglike
67. Disorderly revelry
68. At the peak of
69. Combustible pile
70. Ripped
71. Not more



DOWN

- | | | |
|-------------------------------|----------------------------|--------------------------|
| 1. Q-Tip | 21. Blend | 44. Chocolate cookie |
| 2. A hollow cylindrical shape | 23. Information | 46. Conspiracy |
| 3. Appraisal | 25. Dwarf buffalo | 47. Barely enough |
| 4. To that | 27. Sharpen | 49. Made a mistake |
| 5. Calypso offshoot | 28. Vibes | 50. Beginning |
| 6. Arm or leg | 29. Destroy the inside of | 53. Parisian subway |
| 7. Blatant | 31. Tightwad | 55. Applaud |
| 8. Primitive fishes | 32. Warms | 56. Greasy |
| 9. Annual book of information | 34. Comes after Mi and Fah | 57. Close |
| 10. Deception | 36. To endure (archaic) | 58. Beloved |
| 11. Being | 39. Born as | 60. Prima donna problems |
| 12. Untidiness | 40. L L L L | 61. Tastes |
| 15. Condition | 43. Motion of hands | 64. Type of whiskey |

Solution on p27

Libraries (Closed public holidays)

61 Cecilia Street St Helens
 6387 5530
 Mon, Tue, Wed, Thurs
 10am - 1pm, 2 - 5pm
 Fri 10am - 1pm, 2 - 6pm
 Sat 10am - 12pm

31 Main Street St Marys
 6372 2114
 Mon, Wed & Fri 12.30 - 4pm
 Tue & Thurs
 10am - 12.45pm

Fingal Online Access Centre
 29 Talbot Street 6374 2222
 Mon, Wed & Fri 9am - 4pm
 Tue & Thurs 9am - 12pm



St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours
Monday - Friday

8:50 - 10am

(10 - 10:30am reception closed)

10:30am - 12.30pm

(1:00 - 1:30pm reception closed)

1:30 - 3:00pm

(3:00 - 3:30pm Reception closed)

3:00 - 4:30pm

Pathology Service – Bloods

There is no pathology service prior to 8.30am.

If you require pathology prior to 8.30am i.e. urgent blood test and / or a fasting test, an appointment must be made at the Nurses' Station the day / evening before on 6387 5555

Pathology hours are 8.30 - 11am and 2 - 4pm, Monday-Friday

Scripts and Doctors' Appointments

Please ensure doctors' appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

Please be patient. Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance. Please be aware we are not able to issue scripts by phone.

St Marys Medical Practice reminder

Dr Latt wished to remind the community of the following exceptions to bulk billing at the SMCHC:

Driving licence renewals	Insurance medicals
Requested medical reports	Harness medicals
	Pre-employment checks

These are NOT covered by Medicare, and may incur costs. Please discuss this with reception when booking. If you have any concerns, please contact us and we will try and address them

SMCHC Teaching Site

We are a **UTAS teaching site**. We regularly host students from various health faculties, who attend our site to participate in training placement. If you are attending this practice and would prefer the students do not sit in on your consultation, please inform reception prior to your appointment. These placements are very important for the students, so your cooperation is greatly appreciated.

Doctors' Roster

Dr C Latt

13/7/17-28/7/17

Dr K Nash-Rawnsley

14/7, 17/7, 21/7, 25/7 & 28/7 2017

**Non-attendance of
Doctors' appointments**

Please be aware there is a non attendance policy at this practice. If you miss three appointments you will be sent an account. If you miss a fourth appointment you may be referred to another Medical Practice.

Due to demand, doctors' appointments need to be booked at least **two weeks in advance**.

Waiting periods can apply.

A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008 000
Lifeline - Saving lives, crisis support and suicide prevention	13 11 14
St Marys Community Health Centre - please ring before presenting after hours	6387 5555

INR tests require a 5 minute doctors' consultation.
Please inform reception when booking

Are your details up to date? Do you have a new address / phone number? Do you have a new Centrelink / Medicare card? Have you updated these details with us? Sometimes we need to contact you, or pass your details on to other health professionals.

You may also be charged for some medical services if your Centrelink / Medicare cards are not current If any of your details have changed, please contact us on 6387 5555 or call in and see our friendly reception staff for assistance.

Waiting area at the Health Centre

The waiting area for **ALL** services at the St Marys Community Health Centre is in the reception area. Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area.

St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

What's on at the Centre

- July **Adult Community Mental Health Worker**
13 12:30pm– 2pm
2nd Bite Delivery
- July **Max Employment** 8:30am–5pm downstairs.
17 **Occupational Therapist** Danyelle Briggs by referral
from your Health Professional.
Tasmanian Lymphoedema Centre 5pm in the Day
Room.
- July **Child Health Session** with Mary Mumford Tuesday
18 fortnights, by appointment only. Ph 0428 136 381
Anglicare Drug & Alcohol Officer 11am - 1pm
Occupational Therapist Danyelle Briggs by referral
from your Health Professional.
- July **Day Centre** ph Hayley Gilbert on 6387 5555 for
19 information on the group.
- July **2nd Bite Delivery**
20 **Eyelines** For appointments please phone 1300 139
363. All consults are Bulk Billed to Medicare.
- July **Occupational Therapist** Danyelle Briggs by referral
24 from your Health Professional.
- July **Podiatry North** For appointments please phone
25 6336 5155.
- July **Day Centre** ph Hayley Gilbert on 6387 5555 for
26 information on the group
Rae & Partners Lawyers consult fortnightly at the
SMCHC. Ph 6337 5555 for appointments.
- July **Adult Community Mental Health Worker** 12:30pm
27 – 2pm
2nd Bite Delivery

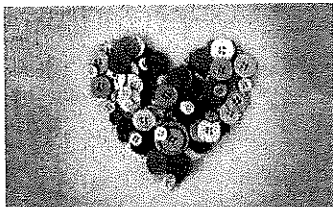
Have you had your flu vaccination for 2017?
There is still time!

Flu vaccinations are still available at the
St Marys Community Health Centre.

If you require a flu vaccination please call our reception
staff on 6387 5555 and make an appointment to see one
of our GPs

Buttons wanted

The St Marys Day Centre would love any old
buttons you may have. They will be put to good
use with our arts and crafts. Donations of but-
tons can be left at reception. Thank you



Meals on Wheels

Do you know you don't just have to be elderly or sick to
receive meals on wheels?

You can also select from a 3 course down to a one course
meal. You don't even have to get them every day,
you decide when and how often

Are you interested or have further questions?

Call Alana at the St Marys Health Centre on
6387 5555 and see if you are eligible or
to discuss your options.

Home style meals are made on site at the Health Centre
daily. Pick-up and delivery available.

St Marys Meals on Wheels cover from Scamander to
Bicheno and as far as Fingal and surrounding area.



PODIATRY NORTH

Podiatry North will be holding their next Podiatry
Session at the St Marys Community Health

Centre on: **Tuesday July 25, 2017**

Please phone 6777 4155 for appointment.

*The preceding information on this page supplied by
St Marys Community Health Centre, Gardiners Creek Rd
St Marys Tasmania 7215*

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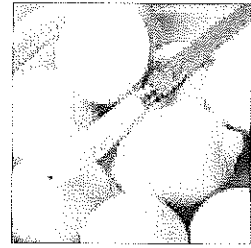


Pharmacist instore Monday to Friday

Ultimate Seville Orange Marmalade

Ingredients

1.3kg Seville oranges, 2 lemons, juice only
2.6kg preserving or granulated sugar



Put the whole oranges and lemon juice in a large preserving pan and cover with 2 litres of water - if it does not cover the fruit, use a smaller pan.

If necessary weight the oranges with a heatproof plate to keep them submerged. Bring to the boil, cover and simmer very gently for around 2 hours, or until the peel can be easily pierced with a fork

Warm half the sugar in a very low oven. Pour off the cooking water from the oranges into a jug and tip the oranges into a bowl. Return cooking liquid to the pan. Allow oranges to cool until they are easy to handle, then cut in half. Scoop out all the pips and pith and add to the reserved orange liquid in the pan. Bring to the boil for 6 minutes, then strain this liquid through a sieve into a bowl and press the pulp through with a wooden spoon - it is high in pectin so gives marmalade a good set.

Pour half this liquid into a preserving pan. Cut the peel, with a sharp knife, into fine shreds. Add half the peel to the liquid in the preserving pan with the warm sugar. Stir over a low heat until all the sugar has dissolved, for about 10 minutes, then bring to the boil and bubble rapidly for 15-25 minutes until setting point is reached. Take pan off the heat and skim any scum from the surface. (To dissolve any excess scum, drop a small knob of butter on to the surface, and gently stir.)

Leave the marmalade to stand in the pan for 20 minutes to cool a little and allow the peel to settle; then pot in sterilised jars, seal and label. Repeat for second batch, warming the other half of the sugar first.

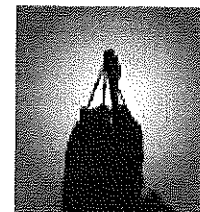


How many words of three letters or more can you find in **SECRETARY**? Answer next edition.



Surveying Town Planning Aerial Photography & 3D Modelling

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- House set-outs
- Land development and management
- Strata developments
- Engineering and feature surveys for design
- Construction set-out
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- Aerial and terrestrial 3D modelling
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- Thermal imagery capture



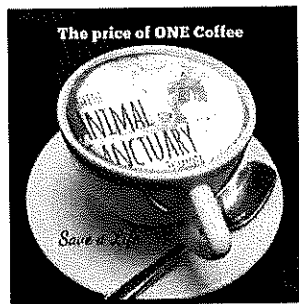
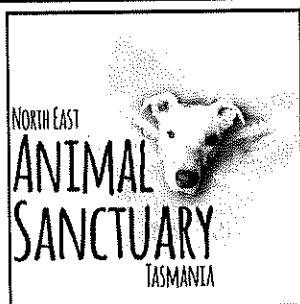
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We are now taking expressions of interest for Candy!!
Candy is a 10 - 12 week old staffy and we think she will be a small to medium sized dog once fully grown. If you are interested in applying to adopt Candy, please complete the application and email to us at michelle.jesson@bigpond.com
ADOPTION APPLICATION
http://docs.wixstatic.com/.../35d76b_4667cdc3ebef432a89b12ed5...

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 Saturday 8am - 7pm Sunday 9am - 7pm



<i>Butchery specials July 12 - 18</i>		<i>Butchery specials July 19 - 25</i>	
	<i>p/kg</i>		<i>p/kg</i>
Rump Steak	20.00	Ingham Whole Chicken	3.99
Blade Roast	13.00	Ingham Breast Fillets	9.99
Ingham Chicken Cuts	3.49	Boneless Pork Roast	11.99
Lamb Loin Chops	18.00	Leg Of Lamb	9.99
Boneless Lamb Roast	15.00	Gravy Beef	12.99

Two week specials July 12 - 25

4N20 Party S/Rolls or Pies 12pk	2.99	save	2.01	Twinnings Tea Bag Range 10pk	1.50	save	1.24
Duck River Soft Butter 500g	4.00	save	1.80	Schwarzkopf S/poo or Cond 40ml	4.00	save	2.88
Kelloggs LCM Bars 6pk	2.00	save	2.00	CSR Brown Sugar 1kg	2.65	save	2.75
Rosella Tomato Sauce 600ml	2.00	save	.90	Chum Canned Dog Food 700g	1.50	save	.41
Kit-e-kat Canned Cat Food 410g	1.25	save	.44				

St Marys Sports Centre Inc.

Gray Road St Marys

Bar opening times - Winter months

Friday 5 - 10 or until close. Happy Hour 6.30 - 7.30pm

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Treasurer J Turner 6372 2429

Licensee Dawn Denholm 6377 1137

Bowls news the three East Coast / State Junior Squad travel to Melbourne to play in the titles early Tuesday morning. Games commence Tuesday and continue till Thursday afternoon, results known by Friday.

Golf news Saturday July 1 was a good day. We had four players from Quamby join our group. After their game they had a bowl of homemade beef and vegie soup, quite apt for the cold day. Winners: Adrian - Howard and Rod, Joh, Diesel and Clyde then Heath, Mark T and Steve. Saturday July 8 9 Hole Stableford: 18 pts J Mac, 17 M Carrick, 15 G Mac, 15 R McGiveron, 13 Diesel, 10 S Mercer, 10 D Turner, Nearest Pin 7th M Carrick Next week Saturday 15 Pinehurst

General news Things are moving at the Club. Wood-heap area getting a facelift, outside stools being refurbished. We are the proud owners of a new sprayer and dishwasher, well done everyone concerned.

Tamatha's Christmas in July - please book by Saturday 15 on 0427 332 085

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Hilly's IGA St Marys	

Shower Thoughts:

Getting a new pair of glasses is like upgrading your graphics card.

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