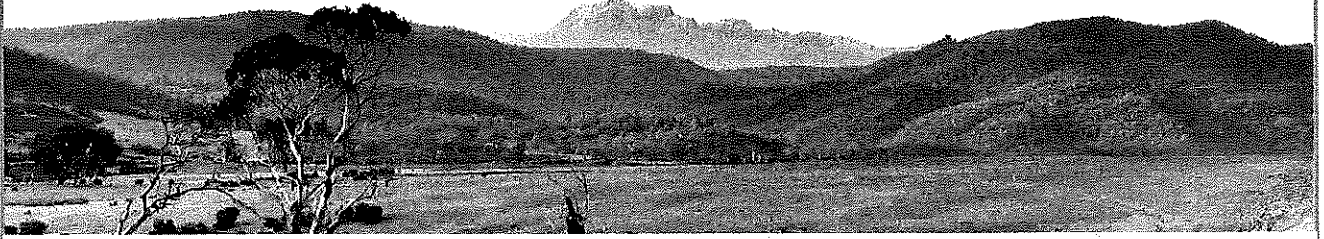


\$1



THE VALLEY AND EAST COAST VOICE INC.

Established 1968

50.02 May 18, 2017

Deadline for 50.03 is 5pm May 29, 2017

Expressions of interest for the volunteer position of editor of the Valley and East Coast Voice Inc. are invited. Full details provided in response to genuine enquiries.

Contact W Dawson on 0403 430 452 wdawson@valleyvoice.com.au



ST MARYS NEWSAGENCY UNDER NEW OWNERSHIP

New owners Mark and Danni Turner would like to extend their thanks to all customers for their ongoing support and patronage.

Since taking over the newsagency from Deidre, Ricky and Ros six months ago, we have made some subtle changes to the shop.

Continued on p5



St Marys Community Car and Bike Show



June 11, 2017 from 9am - 2pm

Editor: Wendy Dawson

wdawson@valleyvoice.com.au / 0403 430 452

website: valleyvoice.com.au

facebook.com/ValleyEastCoastVoice

POB 230 St Marys Tasmania 7215

For all account queries please contact

rodhunt@netspace.net.au

Advertising rates 2017

Business card size	½ page ads \$40
ads \$15	Full page ads \$65
Intermediate ads \$18	Permanent classified ads
¼ page ads \$25	\$20 p.a.

Articles submitted by non-profit groups are free up to a full page, then they will cost 50% of the advertised fee. Private community announcements / private classifieds are free for two issues.

Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and contact phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

24h Emergency services numbers

Abuse & Assault Services	1800 737 732
Ambulance, Fire & Police	000
Crime stoppers	1800 333 000
Digital mobile Phone emergency service	112
Poisons Information	13 1126
SES Flood & storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

Wanted

Mature couple, non smokers, excellent references wanting to **rent a caravan** whilst renovating, 2 - 3 months. 5km from St Marys. **0412 906 257**

For Sale

Firewood 3mt loads \$190 to St Marys, \$200 to Fingal. **Danny or Jenny 0417 385 935 / 6372 2301**

I may be old and feeble, but I'm still selling **moo poo**. **Norm 6372 2380**

Large round bales hay, not rain effected. \$55. **Alan 0407 944 158**

Westinghouse **upright freezer**, clean in good working order. No longer needed as a result of upgrading. \$80 firm. **0457 449 621**

1 double bed base, new, still in wrap. \$150 (St Marys) **6372 2375**

Road needs a name

BODC is seeking name suggestions for a no-through road off Elephant Pass. The road is approximately 720m east of Royles Road, and located between 229 and 237 Elephant Pass Rd. The names should be relevant to the Indigenous and / or European cultural heritage associated with the region. Please email any suggestions to:

Chris Triebe admin@bodc.tas.gov.au



gone rustic
studio + gallery
OPEN 10-4, TUES - SAT
eco fashions, art quilts, fibre + textile
jewellery, handmade gifts + cards etc.
COMING SOON - BAGDAD QUILTING
SUPPLIES WITH JUDY DUCKETT
0417027424 - 37 main street st marys tas 7215

Community Notices

ROSSARDEN Fire training and BBQ dates are: June 3, July 1, August 5, September 2, October 7, November 4 and December 2. Fire Brigade training is 10am prior to each BBQ.

Mike Prewer, Rossarden. 6385 2184

GET meeting dates for 2017

June 12, August 14 AGM,
October 9, November 24 and December 4.
7pm at the Fingal Valley Neighbourhood House
Mary Knowles 6385 2002
gippscreek@skymesh.com.au

Rossarden Progress Association meeting dates for 2017:
3pm at Marlene's on, June 12, August 14 AGM.

Mary Knowles, Secretary, Gipps Creek. 6385 2002

Meals on Wheels will hold their General Meeting on Thursday May 18 at 2pm in the family room at the St Marys Community Health Centre - all welcome.

Valmai Spencer, President, St Marys

St Marys District Hospital Support Association Inc. advises members that subscriptions of \$5 are now due and payable to the Treasurer by June 30, 2017. Payments can be left at the St Marys Post Office. Thank you.

Len Miles, President

Murray Bennett, Treasurer

FAULKNER, Margaret Coreen

Jeff, Grant, Leigh, Randal and families wish to sincerely thank family, friends and many other good people for so much love, kindness and support before, during and after the passing of our much loved wife, mother and grandmother Margaret.

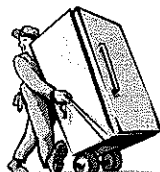
A special expression of gratitude for the magnificent care provided by St Lukes Hospital, the Royal Flying Doctor Service and especially St Marys Community Health Centre which has to be the best hospital ever!

We are also eternally grateful for the wonderful care provided by Dr Khalafallah.
Please accept our eternal gratitude.

Ransley's Appliance Service

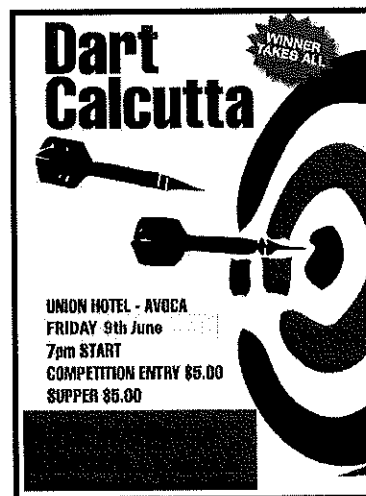
POB 136 Scamander Tasmania 7215

*Washing machine noisy?
Refrigerator runs too long?
Clothes dryer blows cold air?*



then you need the services of our technicians
6372 5307 / 0428 761 811

The next **AVOCA Market** is **Saturday June 10** in the Hall. Contact Shirley at the Post Office 6384 2129 or 6384 2259



On this day in 1854. :

Australia's first horse-drawn railway line commences operations in South Australia.

South Australia began operations of horse-drawn trains on 18 May 1854. The line ran from Goolwa, on the Murray River, to the harbour at Port Elliot, and was used to move supplies between craft navigating the Murray River, and coastal and ocean-going vessels. After numerous vessels were shipwrecked at the entrance to the bay, the terminus was moved from Port Elliot and the line extended to Victor Harbor, in 1864.



The horse-drawn Goolwa to Port Elliot railway, 1860



*The Victor Harbor horse-drawn tram in 1949.
Picture: State Library of South Australia.*

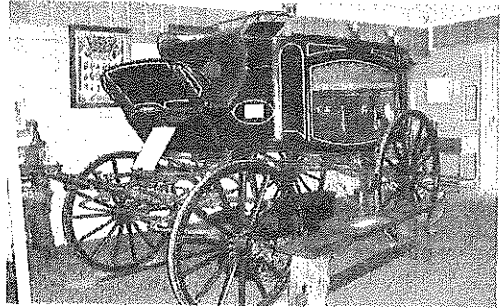
**Hatches,
Matches and
Despatches**

Exhibition

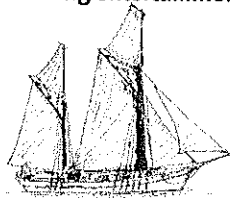
The St Helens History Room is pleased to present
its latest exhibition as part of
Australia's National Trust's Heritage Festival of May.

This latest exhibition displays a range of costumes from the St Helens History Room's textile collection. There is a beautiful christening and child's dresses representing the 'Hatches' section of the exhibition. Then there is a lovely 1908 satin wedding dress from the Reid family, symbolising the 'Matches' part of the display, and lastly, there are two exquisite mourning costumes from the Bailey collection, signifying the 'Despatches' part of the exhibition.

There are also a range of images from the photographic archives on display in printed and digital format for your viewing entertainment.



St Helens History Room
61 Cecilia Street, St Helens
6376 1479 / 0419 731 452
historyroom@bodc.tas.gov.au



Sunday May 21
from 1 pm
At the St Helens History Room
Refreshments available

Hilly's IGA St Marys

Open 7 days a week



'think Hilly's, think convenience'

Pizzas made wholly in house,
ready to cook.

Large range of salads
made fresh in-store.

Succulent BBQ Chickens
cooked to perfection.

Cookies fried chicken
and hot chips available 7 days.



Hilly's IGA St Marys and St Helens
'we stand for fresh'

ST HELENS ST MARYS COMMUNITY BANK® Community Bank® Share Offer Extended

The Board of the St Helens / St Marys Community Bank® has announced the extension of their share offer for a further four months.

The Board Chairman Andrew MacGregor said "Progress has been strong and steady as understanding grows about this great opportunity. We are confident that we will reach our minimum number of share applications in the next couple of months and that we can open our branch in St Helens in August or September."

Mr. MacGregor re-iterated that "Our Community Bank® will provide the full range of confidential banking services into the future, coupled with ongoing grants and sponsorships for community projects and activities."

He advised that over 100 share applicants have honoured their original pledges to buy over \$350,000 worth of shares, and that 63 new applicants have come forward with over \$140,000.

This has given the volunteer Company Board the confidence to extend the share offer period, to begin commissioning the fit-out of the Branch, and to commence work

to seek the appointment of the Branch Manager – just one of three local jobs being created in the area. Mr. MacGregor emphasised that further share applications are needed before the Branch opening can occur, and that the greater the capital provided by the community, the better the service would be and the quicker it could be extended.

"Our Manager will have a roving brief from the Branch in St Helens throughout the municipality, including the opening of an office in St Marys with the aim being to open the St Marys Agency within two years" Mr. MacGregor said.

"Businesses, community bodies, sporting groups, individuals, families and anyone living, or owning property, in the Break O'Day – all will benefit from the boost that the Community Bank® will bring."

Copies of the newly-issued Supplementary Prospectus are available at the Bendigo Agency in Cecilia Street, St Helens, at the Break O'Day Council Chambers in St Helens and at *Gone Rustic* in Main Street, St Marys.

For more information call Andrew MacGregor on 0419 894 072.

Continued from front page:

On Saturday May 13 we opened our new section which includes hardware, camping and fishing (or HCF as we like to call it). We now carry a range of silicones, sealants, painting equipment, various camping necessities and a wider range of fishing tackle, including fishing rods.

Of course we still stock all the regular lines including papers, magazines, cards for all occasions, stationery, and a large range of toys and gifts to suit everyone. You can also top up your Aurora PAYG and your phone credit in one convenient location.

We would like to extend our thanks to those who have helped make this possible including Steve and Patti Thompson, Jack and Jacob Viney, Deidre Panton, Ros Smith and Ricky Hall and Jim and Glenys Turner.

Article submitted by Danni Turner, photographs taken by the editor.



Lipstick that STAYS on!

ShazsTassieLips

Senegence
INDEPENDENT DISTRIBUTOR

0458 730 988

YES LADIES, IT'S TRUE! A REVOLUTIONARY
HIGH QUALITY LIPSTICK THAT IS:

Over 70 colours
to choose from!

• KISS-PROOF
• WATER-PROOF
• SMUDGE-PROOF
• BLEED-PROOF
• WAX FREE
• LEAD FREE
• NOT TESTED
ON ANIMALS

FIRST TIME USERS:
PURCHASE A STARTER SET FOR \$74
Colour, Glossy Gloss & Oops! Remover
INDIVIDUAL COLOURS \$34 EACH
GLOSSES \$26 EACH

www.senegence.com/ShazsTassieLips
Facebook: ShazsTassieLips

The Say, by Cagerattler

Blue Derby. It's not a hat, it's a very clever Tasmanian town that has found a way to re-invent itself.

Derby in the North East was once a mining and timber town that over the past few decades had declined, and would be best described as a 'sleepy little town' that you passed through on your way to Scottsdale or St Helens (depending on where you're heading).

NOT ANY MORE. Through the hard work and vision of a whole bunch of locals, and great help from the Dorset Council, Derby has very quickly become a bucket list destination for mountain bikers and such.

Blue Derby, as it's known, has built several mountain bike trails catering for the novice to the champion riders, and recently hosted a round of the Enduro Championships.

The spin off is the whole community benefits - from local businesses, food outlets, places that accommodate the visitors from all over the world and other tourist activities.

The locals have embraced the idea and there are plans to keep expanding.

Tasmania has other towns in the Huon Valley that focus on wooden boats, and has led to pretty big outcomes there.

Sheffield is The Town of Murals and no doubt there are a few more.

Derby deserves a huge pat on the back for seizing the opportunity and going for it, and the spin offs for their outlay is perhaps the title of Australia's Mountain Bike Capital, given the rave reviews that they have already received.

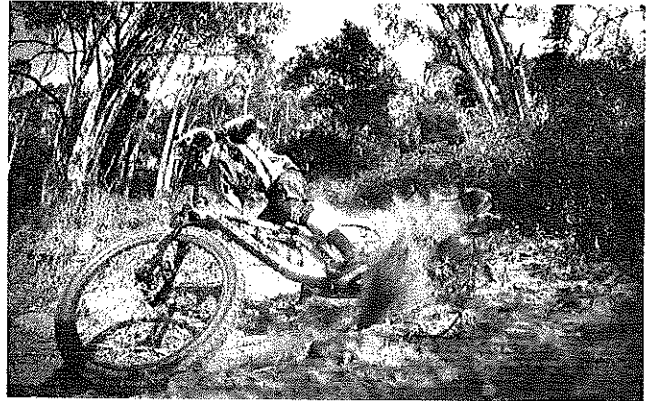
Just shows what a great idea, dedication, ingenuity and a desire to renew, can bring.

Who knows, one of these days an enterprising group might find the Fingal Valley to have something unique that will also take OUR towns from sleepy little drive-throughs on your way to St Helens, Bicheno, Swansea or Launceston (depending on where you're heading).

Derby for me is a shining light in this regard. GOOD ON YOU!

What do you think?

Rod McGiveron, St Marys



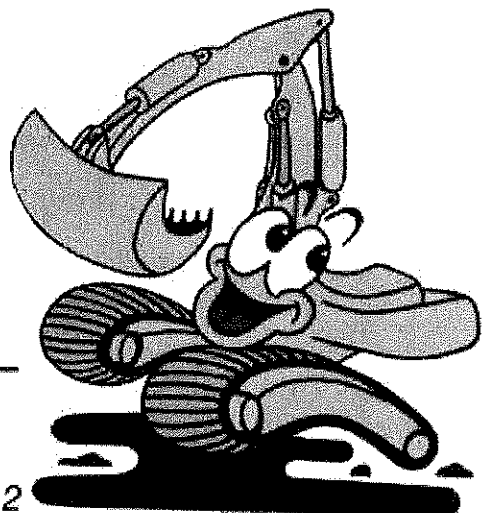
See BODC article on page 10

C & D EXCAVATIONS

For all your earthmoving requirements

- Road gravel.
- Top soil, screened topsoil.
- Sand and rocks.
- On sight screener 20mm - 75mm.
- 20 tonne excavators with tilt bucket, ripper, rock and log grabber and quick hitch.
- D65 Komatsu dozer with ripper and tilt blade.
- 10 yard tipper.
- Compaction roller.
- Wheel loader.

Dams, roads, firebreaks,
land clearing, house sites,
drainage, bridge construction
and much, much more ...



LOCAL OWNER/OPERATOR WITH
OVER 25 YEARS EXPERIENCE

Call Dana or Craig: 6372 2033/0439 722 032

Bay of Fires Winter Arts Festival

St Helens Area - June 10-12, 2017

Held over the long weekend in June, the Bay of Fires winter Art Festival is a celebration of the arts that offers something for the distinguished art buff to the fun loving family.

From fire displays, music, fine arts and craft, this annual event is a sensory arts experience that sees the east coast from White Sands Resort to St Marys, and from Scamander to Binalong Bay, come alive with artists, artisans and musicians.

Art aficionados can check out this year's \$20,000 Bay of Fires Art Prize finalists at Tidal Waters, before perusing some of the local talent who will be hosting the public at their personal studios as part of the Open Studio Trail.

The Studio Trail features 12 artists of diverse talents showcasing prints, painting, photography, sculpture and more, as well as three beautiful open gardens, all enjoyed in an intimate and relaxed setting.

For those who like a truly immersive

experience, a diverse array of hands on workshops will allow you to meet the artists and learn their artisan craft – plus you'll have something to take home. You can even take a Low n Slow Smoker's Master Class that will leave your mouth watering and creative culinary juices flowing as part of the Beer, Blues and BBQ cooking championships on June 10 and 11. You can get your boogie on at the Boogie in the Barnyard concert which features well known Tasmanian artists from Luke Parry, Ange Boxall, Pete Cornelius and more at the St Helens High School on June 10 from 7pm to Midnight.

There will also be a free, family concert, Full Tilt Boogie which features a five piece blues band from 4pm – 7pm Sunday June 11 also at the school with bar and food available for purchase.

Sunday also sees the seaside village of St Helens come alive with arts markets proffering handmade creations from jewellery and glass to leather-



work and gardenware.

Of course some delectable local foodies will also be on hand, as well as abundant children's entertainment.

This year's event features for the first time a fire display, Ignite the Light that will see torches being ignited around George's Bay in St Helens culminating in a fiery display that will close the festivities.

For more information on events and ticketing, please visit

www.bayoffireswinterartsfestival.com.au or like us on Facebook and Instagram (bayoffiresarts).

We look forward to welcoming you to the Bay of Fires this June long weekend!



Deb and Klaas



Pete Cornelius

Crystals and Gifts

St Marys Post Office & Gift Shop

"You Never Know What You'll Find"

prospectus stage

St Helens/St Marys Community Bank® Project

Buy shares today
help open our
for tomorrow

A bank owned by the many business people
and the residents of the community and backed
by Bendigo Bank Australia. It aims to support local
community projects.

With us standing behind our community's future
and our community company.

Prospectus stage 25 January 2017 at:

Office, St Helens
Agency, 41 Cecilia Street, St Helens
37 Main Street, St Marys

For information:

New MacGregor 0419 894 072

Roger Harlow 0417 684 463

 **Bendigo Bank**
Bigger than a bank.

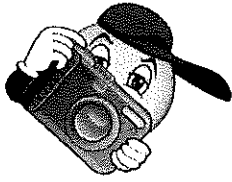
bendigo.bank.com.au

OFFER EXTENDED TO AUGUST 17

Valleys of Adventure

AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHERNA • UPPER ESK • CORNWALL • ST MARYS

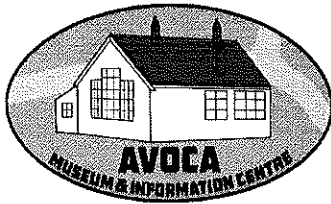
GREATER ESK TOURISM



Photographic Competition 2017 THEME "Flora and Fauna of the Fingal Valley"

Cash prizes are **\$500** for the winner, **\$250** for Under 18 and **\$150** for the People's Choice.

Entry fee: \$5 per digital image / Under 18 \$2:50 per digital image
Entries close in October so there is plenty of time to explore the Valley and enjoy its flora and fauna capturing exciting images.
The Presentation Evening is to be Friday November 24, 2017



Avoca Museum and Information Centre
Old School building
Avoca Tasmania 7213



AVOCA ANZAC DAY SERVICE 2017



A good crowd of locals attended the 2017 Avoca Anzac Day Service despite the cold weather.

The Avoca Primary School students had prepared Anzac Day posters which were on display in the museum.

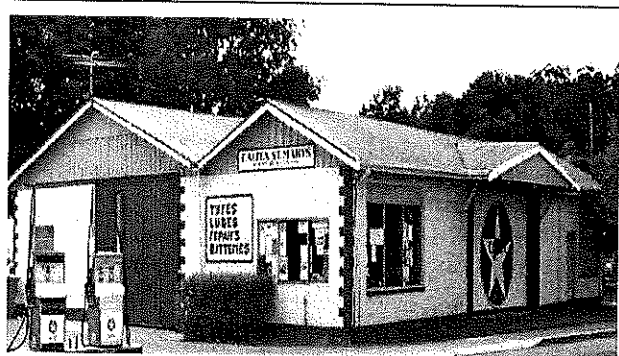
A roast lamb and venison lunch was enjoyed before the rain started.

Thanks to everyone who helped in any way.



The **Green Army** project at Rossarden is now completed after 6mths. Community members and the Rossarden Fire Brigade participated in working bees and were impressed with how much the Green Army achieved. The town will be a lot safer now if a large fire incident was to occur, as the broom weed had made the situation potentially very dangerous. It is not all gone but a huge difference has been made. If any land owners need to poison the regrowth you can apply to the Rossarden Progress Association Landcare Group to keep the broom weed at bay.

Thanks to the Green Army team. Pictured above: Green Army team Graduation Thursday May 4.



CALTEX ST MARYS

MECHANICAL REPAIRS
& SERVICE

41 Main Street

6372 2335 / 0419 503 109

Fax 6372 2822

East Coast Vet Clinic

Dr Jeff Parsons regularly visits
the Fingal Valley
for all your veterinary needs.



*For appointments, please call the
St Helens clinic on 6376 1577*

In 2008, the St Marys Police Station was able to process the following, as a Service Tasmania agency:

Drivers Licence Renewal / Photographs
Learners Licence Tests / Photographs
Provisional Testing Booking Agent
Registration Renewals
Motor Vehicle / Caravan / Motorcycle / Trailer / Tractor
Transfer of Registration
New Registrations – Plates not given*
Farmers Rebate Applications / Concessions
Pensioner Utility Motor Tax Rebate*
Firearms Applications / Renewals / Photographs
Road Rules Books / Logbooks

Change of Name and Address
Pensioner / Newstart Allowance Concession Forms
Restricted Registration Forms
Unregistered Permits – 28 Days* Conditional
Medical Forms
Transport Access Scheme Applications
Disabled Parking Permits
Statutory Declarations
Restraint Order Applications
Conviction Record Applications
Gaming Licence Fingerprints – Officer Required*

Some of these services are now only available in Launceston

State Government announce funding for the St Helens Mountain Bike Network

May 16, 2017 Last night, Premier Will Hodgman announced \$1m in funding for the St Helens Mountain Bike Network. This project will see 66km of Mountain Bike trail constructed just south of the St Helens township, and will include stacked loops as well as gravity trails designed to cater for a variety of skill levels.

The St Helens Network, which is stage 2 of the Blue Derby Mountain Bike Trail Network, has been designed and ground truthed by World Trail, the company behind the now World renowned trail network. The focus of the St Helens Mountain Bike Network will be to add a coastal offering to the State's Mountain Bike Trails and provide a network that is as accessible to families and recreational riders as it is challenging to professional riders. Due to the climate and location of the network, it will be suitable for all year round use and Council hopes this will help level out the seasonal tourism troughs experienced in this already iconic tourism destination. Being located just on the outskirts of a major town is also a major advantage of the network as access to facilities, accommodation and other activities are all just minutes away.

"This project will mean so much to our area, and will really help cement the North East as the Mountain Bike Trail hub of Tasmania," Break O'Day Mayor Mick Tucker said. "Not only will it create jobs through the construction phase, but once completed, existing businesses can leverage off the increased visitor numbers and new opportunities for businesses will be created, in fact we are already experiencing increased investment and confidence in our area as a result of Mountain Bike Tourism. It will also provide opportunities to our community, already a youth group has been working with a facilitator to restore and build mountain bikes that will be fit for purchase or hire. We also hope this project will encourage youth to stay in our region due to increased employment opportunities experienced off the back of the network. The potential and application of these trails and what that means to our area is almost endless, and we are very excited and grateful to the State Government for helping us realise this project."

For more information please contact BODC Communication Coordinator, Jayne Richardson, on 6376 7900





Where do you find us? 5 Portland Court, St Helens, 7216

Phone: 6376 2971

Email: admin@hub4health.org.au

Web: www.hub4health.org.au

Our Aim: To deliver health and wellbeing programs to rural and remote communities within the Break O'Day Municipality.

Blue Tier Chiropractic

Hub4Health is pleased to welcome back Gareth from Blue Tier Chiropractic. Gareth is back on board and visiting Hub4Health regularly.

Chiropractic works to maintain the function of the spine and reduce the possible impact these stresses can impose upon it.

Chiropractors frequently help people with:

Back Pain	Whiplash
Headaches	Sporting Injuries
Sciatica	Sporting Performance
Neck Pain	Postural Problems
Migraines	Muscular Spasms
Scoliosis	And much more...

Please phone Hub4Health to book an appointment 6376 2971.

DIETITIAN VISITS

Launceston Dietetics is making regular visits to Hub4Health.

Appointments are available for anyone needing dietary advice particularly around weight loss, allergies and gastric issues, including the management of coeliac disease. Call us for an appointment 6376 2971.

GENTLE WALKERS ~ Are you interested in leisure walking? If you're over 50, enjoy gentle walking exercise, like meeting new people and being out in the fresh air, please join us. The walks start from Hub4Health at 10.30am on Tuesdays.

GENTLE TAI CHI FOR THOSE OVER 50 Tai Chi is a low impact, slow-motion, gentle form of exercise for health of body and mind. It can help improve muscle strength, flexibility, balance and circulation as well as enhance relaxation and reduce stress. Tai Chi classes for those over 50 are held at 9.15am on Tuesdays at St Helens Tennis Club. A gold coin donation is appreciated.

For more information about these activities contact H4H on 6376 2971.

FOOT CARE SERVICES St John's Foot Clinic will be visiting St Helens again on May 15 and 16 at Hub4Health. Travis and Virginia can provide care and advice around all your foot care concerns, including diabetes management. Appointments usually fill quickly so please call Hub4Health on 6376 2971 and we can help meet your needs.



Welcome
Dr Janet Cantley!

6376 2971

5 Portland Court, St Helens
Mon-Fri: 9.00am-4.30pm

Ochre
MEDICAL CENTRE
St Helens

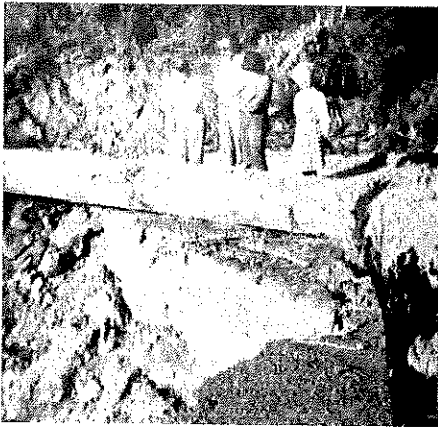
Ochre Health Medical Centre St Helens are delighted to welcome Dr Janet Cantley as their permanent CP/YMO, working full-time Monday to Friday.

Janet and her husband fell in love with St Helens while she was doing locum work across 2016/17. Janet's speciality interest areas include women & children's health, minor procedures including excisions of lesions, mental health and the insertion/removal of contraceptive aids. Please join us in wishing Janet all the best as she & her husband settle into St Helens as your permanent neighbour.

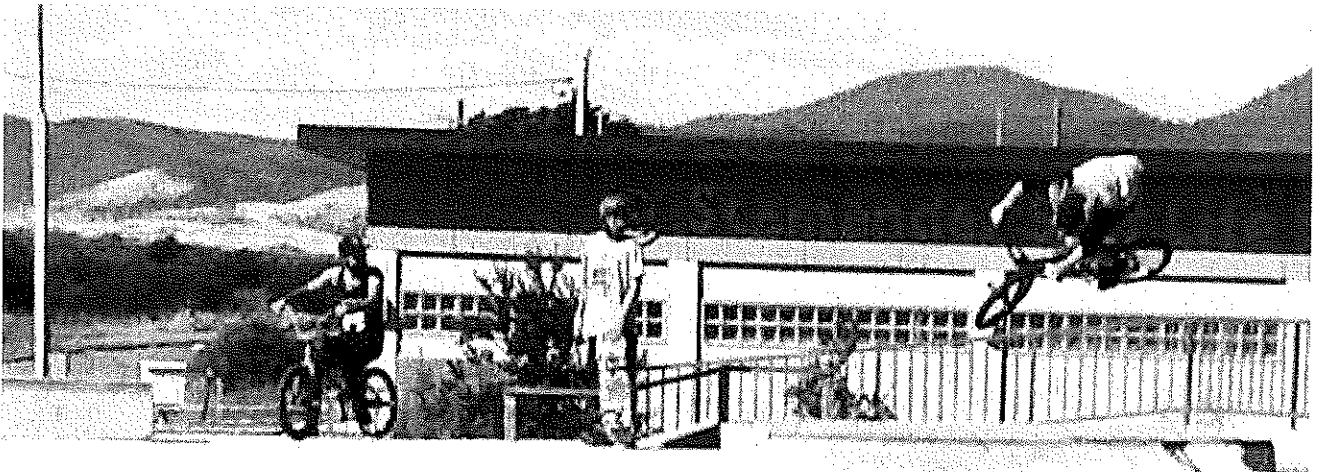
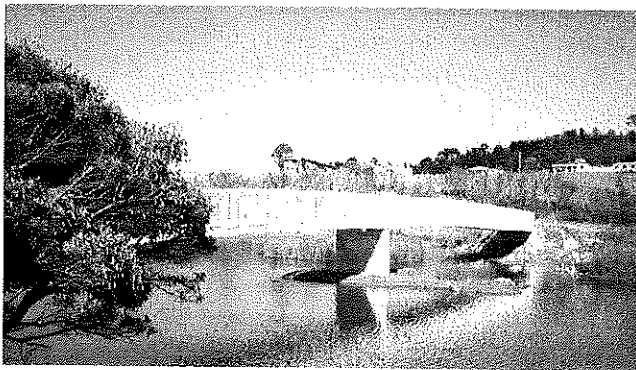
Our services:

- General family medical care
- Women's and men's health
- Minor emergencies
- Occupational medicine
- Health assessments
- Antenatal checks
- Development of care plans for chronic & complex issues
- Travel advice & vaccinations
- Workers compensation
- Minor procedures

Over the years



Clockwise from above: St Marys residents look in amazement at the huge washout on **St Marys Pass** in 1974, resulting in closure for several months; the **Tigers last Premiership** in 1991. Back - Ian Faulkner, Neville Peake (trainers), Paul Barnes, Sharky Ridgers, Kirk McGiveron, Scott Miller, Michael Viney, Robert Hoskinson, John Miles, Roger Salter, Scott Grant, Glen Brown, Brian Birrell (trainer) Front - Greg Murfett, Doc Wiggins, Paul Spilsbury, Dale Burgess, Dale Ridgers, Brent Leedham, Lynden Dakin (coach), Scott Gray, Andrew Viney, Randal Faulkner. Mascots - Matthew Viney, Nathan Birrell, Adam Viney; **St Marys Community Car and Bike Show 2014**, Official opening of the **Fingal Railway Station** October 29, 2016; skaters at **Scamander** June 2015; new bridge for **Four Mile Creek** May 2008.



Page 2

3 May, 1968.

HERITAGE CORNER

How St. Marys was Named

Francis Groom arrived in Tasmania from England in 1827 and settled on the Break-O-Day River and named his property Harefield after his native town, Harefield, in England. The church in Harefield, England is called St. Marys and after this he named the settlement near his property.

It is of interest that during the 1914-18 War there was an Australian Hospital in Harefield, England and an Australian War Cemetery in the Churchyard of St. Marys. Each year a representative from Australia House lays a wreath in this cemetery on Anzac Day.

MORE NEXT ISSUE

ADULT EDUCATION STUDY WEEKEND

On 26-27 April last, the Child Health Association, in conjunction with the Adult Education Board, held a week-end school at St. Marys. The school was conducted by Mrs. Mollie Campbell-Smith B.Sc. who lectured on Human Relations and other related subjects. Mrs. Campbell-Smith is also a Marriage Guidance Counsellor.

On Friday night 26th, Mrs. Campbell-Smith spoke of the need for unity and involvement by all in the Valley. She said there was no need for a dwindling population to become apathetic or depressed. She invited general discussion on these subjects and this was eagerly embarked upon by the some sixty people present.

On the following morning Mrs. Campbell-Smith spoke on Parent-Child Relationships, Sex and the Child, Emotional Involvement etc.

This talk was accompanied by films and general discussion again. Everyone present agreed that all lectures had been most informative and Mrs. Campbell-Smiths charming personality captivated all.

This is the first time the Adult Education Board has held a week-end school in St. Marys and it is hoped the experience will be repeated.

McGEE'S GARAGE & SERVICE STATION

St. Marys Phone 59
Mechanical Repairs
24hr. Towing Service

FREE TUBE SKIN

BALM HAND CREAM

WITH EACH JUMBO

SPRAY 'N' STAY

AT ST. MARYS PHARMACY

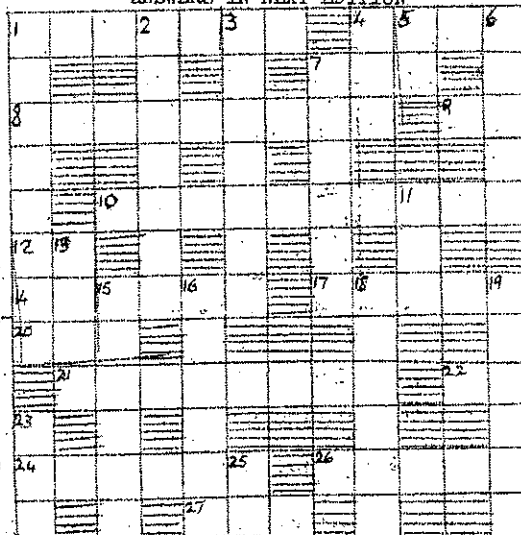
ACROSS

1. Fall on delicate material, or is it a myth?
4. Two of a kind.
7. Let the court stand, not likely!
8. Timely.
9. Goes with either.
10. Compensating.
12. Belonging to.
14. One counts them, but they're not there.
17. A friendly game.
20. Rumpus.
21. Merriment.
22. He could be fatherly, but with a strong arm.
24. Frying, like a sticky beak.
26. From the past.
27. Deity.

DOWN

1. What every climber needs.
2. The King's lady.
3. Pussy brought her relatives in the spring.
4. Have you got your finger in one?
5. Preposition.
6. Of the countryside.
7. Heard around the farm.
11. Bill's mate.
13. Fencing weapon.
15. In-betweens.
16. Are you urging your hens to lay.
18. Cereal with a soft beginning. Let's discuss it.
19. Roof repair.
23. Prefix.
25. Green signal.

ANSWERS IN NEXT EDITION



FOR ADVERTISING SPACE

APPLY THE VALLEY VOICE

P.O. BOX 100 ST. MARYS, 7215.

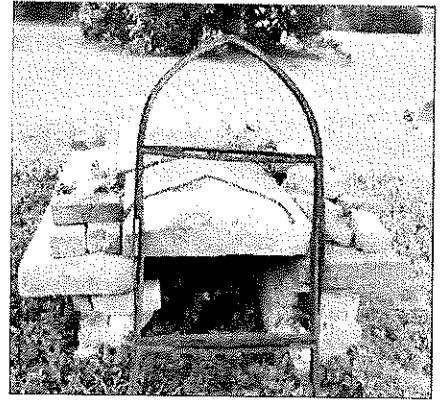
Falmouth part two

The mystery window sash

On the previously mentioned trip to the little cemetery at Falmouth we found, among the peace and solitude, a small window frame.

To my uneducated eye it looked quite a lot like a traditional church window, so the logical place to make an initial search for information was within the covers of the history of the Anglican Diocese written in 1992 ... in which I found the following entry:

"(St Helens Parish). *The Tasmanian Church Chronicle* of February 1852 note 'plans for a church at Falmouth' but it was never built."

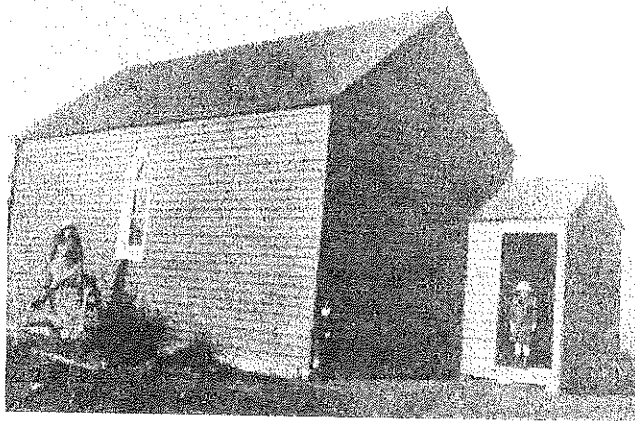


Hmm, the mystery deepens so into Derek Phillips' history of state education in Tasmania ... perhaps it's a school window?

I knew there was a tradition of "provisional schools" with monitor teachers in rural Tasmania; my own great grandmother had been such a teacher at Castle Forbes Bay and Nugent, but once again no specific reference to such a school at Falmouth.

Happily the mystery may have been solved; the story of Mariposa is also the story of a building used as both church and school.

Indeed there is evidence of free board and lodgings being offered in an attempt to attract and retain a teacher at the Falmouth School.



The Falmouth church / school, lost to fire in 1929

Although history records a low attendance rate in rural and regional schools it had been mandatory for children aged between 6 and 12 since the 1830s unless an exemption was sought.

Lady Jane Franklin, Archdeacon Hutchins and the early Quakers (The Society of Friends) were all instrumental in establishing small rural schools, as well as those more prestigious institutions which still carry their respective names.

Some of these little country schools remain as community spaces, private homes or even as part of modern schools, and some have disappeared without trace.

Tim McManus has several pictures of the Falmouth School/Church in his book and I wonder ... is this rusty window frame all that remains of a valiant attempt to bring education to rural children 100 years ago?



Photograph taken by Jack Thwaites



Photograph of the hotel ruins, taken by Bob Oates



Photograph of the hotel ruins, taken by Glyn Johnson

Now, I can conceive a family group, or party of friends, comfortably set down at a Marine Hotel, Falmouth, and advise them to visit in succession the romantic and magnificent "St. Mary's Pass", about five miles distant, with a good road. The beautiful and varied waters of the Scamander, (The Rhine in epitome), about four miles distant, Diana's Basins, George's River and Bays, and if extended excursions are desired, proceed to the "Bay of Fires" inspect the islands on the coast, and every day can be one of pure enjoyment by sea bathing, shooting, coursing, fishing, and boating along the coast, and on Lagoon's Island, &c. The most delicious fish of most kinds abound, including craw-fish, oysters, &c. at, George's Bay, &c.

Excerpt from a letter from James Grant to the Hobart Town Daily Courier August 28, 1855

Supporting research by Wendy Fowler, B.A., B.A.HONS. (UTas), M. Pub. History (Monash)
Photos by Glyn Johnson, Tim McManus, the Steel Collection and Bob Oates.

Bibliography

Alison Alexander (ed); The Companion to Tasmanian History; University of Tasmania, Hobart; 2005
Jim Marwood; Valley People, Kangaroo Press, Kenthurst; 1984.
Derek Phillips; Making More Adequate Provision, Tas Govt Printer, Hobart; 1985
The Diaries of John Helder Wedge; The Royal Society of Tasmania, Hobart; 1962

Visit our website valleyvoice.com.au and look back over ten years of archival content, galleries and stories, in addition to each new issue.

Surveying Town Planning Aerial Photography & 3D Modelling

- Property boundary checks and remarks
- House set-outs
- Land development and management
- Strata developments
- Engineering and feature surveys for design
- Construction set-out
- Development investigations and assessments
- Town planning services
- Aerial photography for real estate and other
- Agriculture services such as drainage and dams
- Quantity surveys for stockpiles and quarries
- Machine Control setup, establishment and onsite management
- Mapping and monitoring of sites
- Project feasibility studies
- Aerial and terrestrial 3D modelling
- Near Infra Red (NIR) and Normalised Difference Vegetation Index (NDVI) imagery for vegetation and crop health
- Thermal Imagery capture



**EAST COAST
SURVEYING**
CONSULTING SURVEYORS
& LAND PLANNERS

Avery House, Level 1
48 Cecilia Street
St Helens TAS 7216
Phone (03) 6376 1972
admin@ecosurv.com.au



**MAPPING
SOLUTIONS**

Phone 0458 353 946
admin@3dmappingsolutions.com.au

Mt Elephant and Beyond Book Review

April's book was *The Lavender Keeper* by Fiona McIntosh. It's an easy, if long, read and fits the Chick-Lit genre. The female central character is the beautiful Lisette, a French born young woman who has left France to live in England and is sought out to be trained as a spy for the British back in German Occupied France in 1944. Her target is to be a high ranking but disgraced German officer, Markus Kilian, posted to a dead-end job in Occupied Paris as "punishment". He is an old school German soldier who hates what Hitler is doing and is involved in a plot to assassinate him.

Lisette's job will be to insinuate herself into his life and pass information to the British concerning these plots. On her way to begin her mission she is dropped into Southern France and is taken under the wing of the local Resistance fighters, the maquis. Luc is one of them and of course she quickly falls in love with him - his being the tall, handsome and sensitive type.

After some tense times Lisette reaches Paris to begin her mission. Inevitably she and the officer quickly become infatuated with each other.

Now here's the dilemma - she is in love with two men, one a German officer (the enemy) and the second a freedom fighter. The reader hopes that after her gruelling few months of training back in England Lisette will put it all into practice but this is not to be. In fact, the spying becomes secondary to the love story and she achieves nothing.

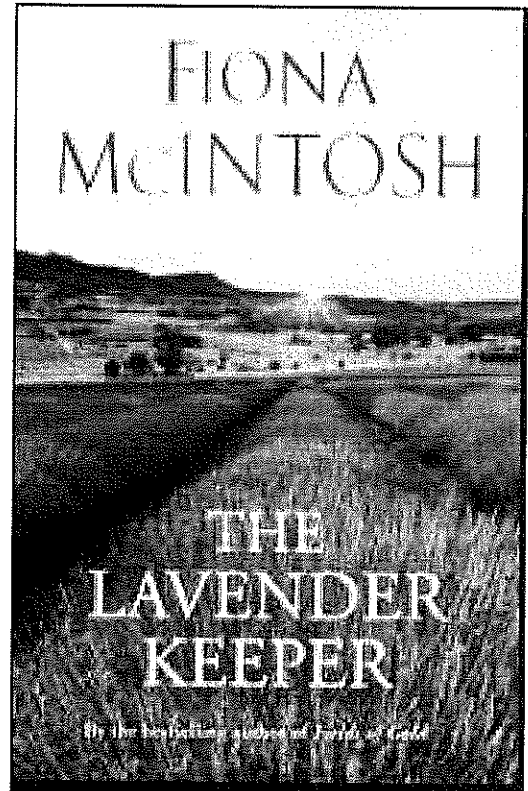
The writer draws many parallels in the story - Luc is German by birth and was adopted by a French couple and grew up as a loyal Frenchman. Lisette's father was German, her mother French and she spent some years in England with her French/English grandparents.

Luc and Markus are said to be very alike and the reader half expects it to be discovered that they are brothers! McIntosh doesn't push the boundaries of credibility THAT far! We were vainly seeking some deeper meaning in the story and wondered if there was some message about the ultimate unimportance of nationality but alas, this was not developed.

What the writer does do, however, is give the reader a good picture of France and particularly Paris during the occupation. Accused of being a collaborator Lisette has her head shaved and is subjected to abuse as Parisian turns on Parisian after the Liberation of the city. The account of the training of spies is informative and the bleak lives of the ordinary Parisian enduring deprivation and starvation while the Germans and their cronies, the Vichy government, lived it up are well described. McIntosh maintains the suspense right to the end.

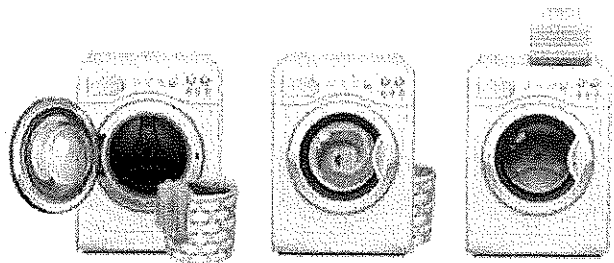
The back stories of Luc and Lisette are well developed and those who enjoy this book may be pleased to hear that a sequel has been written partly set in Tasmania. So, if you are ready for a wartime story full of romance and derring-do then this book might just be for you! Charlotte Gray by Sebastian Faulkes is, however, a much better-written novel dealing with a female spy in France.

Pam Bretz, St Marys



CLEAN CRACK LAUNDROMAT

32 Main Street St Marys



Coin operated washers
and dryers
6.30am - 8pm

Dobsons monumental works

4th Generation Stonemasons

Since 1945 Dobsons has been undertaking monumental work throughout Tasmania. With fully qualified stonemasons, our clients can be assured that their needs will be met in a caring and professional manner. For a copy of our brochure phone us on

6228 2360

Fax: 6228 7916

Email: admin@dobsonsmonumental.com.au

Address: 72 Hopkins Street, Moonah Tas 7009

www.dobsonsmonumental.com.au



TasWater's Ringarooma treatment plant starts producing fully treated water



TasWater's new \$4m water treatment plant at East Maurice Road is now up and running.

The plant is the key to supplying fully treated water to the five towns of Ringarooma, Legerwood, Branxholm, Winnaleah and Derby, resulting in the lifting of Boil Water alerts and Do Not Consume notices.

Sourced from the Upper Ringarooma Irrigation Scheme Dam just south of Ringarooma, the water runs through new pipelines buried along existing roads and stored in local reservoirs in Derby and Ringarooma.

The plant will undergo a stringent testing process before TasWater can supply the water to its customers.

Overseen by the Department of Health and Human Services, this testing will ensure it complies with all Tasmanian health regulations as well as the Australian Drinking Wa-

ter Guideline.

TasWater's CEO, Mike Brewster says the upgrade will provide the five townships with a safe, healthy and reliable water supply.

"TasWater is getting on with the job of improving drinking water quality across the state, and the Ringarooma treatment plant will serve 604 customers in the north east. It will increase the number of TasWater customers receiving fully treated water from 99.2% to 99.4%. The upgrade will mean that more Tasmanian households will have access to water they can drink straight from the tap," Mr Brewster said.

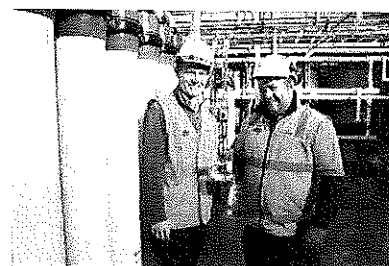
"Not only will this benefit the locals, but it will help the whole area develop its tourism and other industries and give businesses a boost."

TasWater crews and contractors are working across all the towns that

make up the Ringarooma water scheme. They are flushing and scouring water mains to prepare them.

Michael Brewster says that overall, TasWater is investing more than \$14m in the upgrade of the Ringarooma area's water supply.

TasWater will keep the community informed of progress ahead of the DHHS approving the lifting of public health alerts relating to the use of water, which for now remain in place.



GREAT TRUTHS THAT LITTLE CHILDREN HAVE LEARNED:

No matter how hard you try, you can't baptize cats.
When your Mum is mad at your Dad, don't let her brush your hair.

If your sister hits you, don't hit her back. They always catch the second person.

Never ask your 3-year old brother to hold a tomato.
You can't trust dogs to watch your food.

Don't sneeze when the barber is cutting your hair OR shaving you.

Never hold a Dust-Buster and a cat at the same time.
You can't hide a piece of broccoli in a glass of milk.

Don't wear polka-dot underwear under white shorts.

The best place to be when you're sad is Grandma's lap.

Splash Seymour

**You swill it, we fill it!
You dump it, we pump it!**

**Water cartage
Septic pumping**

**Contact Mick
0488 777 713**

St Marys Bakery

Ph: 6372 2131

OPEN 7 DAYS



**Fresh bread, rolls &
buns, pies, pasties,
cakes, hot food,
coffee, cold drinks, ice
cream**

52 Main Street St Marys

Regional Business / Services Guide

Accommodation

Addlestone House St Marys
6372 2783
Fish-Tales On The Bay
0439 265 362
Mariton House St Marys
6372 2059
Queechy Cottages 6376 1321
Seaview Farm St Marys
6372 2341
St Marys Historic Hotel
6372 2181
Tidal Waters Resort 6376 1999

Arts & Crafts

Gone Rustic Studio 6372 2724
Suncoast Gallery St Helens
0400 827 860

Australia Post

Fingal 6374 2195
Mathinna 6377 1168
Scamander 6372 5664
St Helens 131318
St Marys 6372 2124

Bakers

St Helens Bakery 6376 1260
St Marys Bakery 6372 2131

Banks

ANZ St Helens (atm) 131314
CBA St Helens (atm) 6376 2295
CBA St Marys (atm) 6372 2268

Boarding Kennels

The Gums St Marys 6372 2512
Upper Scamander Kennels
6372 5157
Wagabouts St Helens
6376 2131

Calows Bus Service

St Marys 6372 2476,
St Helens 6376 2161

Butcher IGA St Marys 6372
2274

Cable Locations

Michael Smith 0408 059 521

Cartage Contractors

C & D Excavations 6372 2033
Trotter's Contracting 6372 2107

**Chinese Groceries & Medi-
cines** Ping's Place St Marys
0411 186 573

Computer repairs Ray Walker
0401 497 199

Confectionary

Mt Elephant Fudge 6472 2787

Dentist St Helens 6376 2359

Designer Building Design

Studio 6372 2000

Doctors

St Helens 6376 1777
St Marys 6387 5555

Electrical Repairs

Ransley's 6372 5307
St Helens Electrical 6372 5522

Funeral Directors

Harris Funerals 6376 1153

Gardening Services

Andrew Davenport St Marys
0419 113 836

Hairdressers

Beachcombers Hair & Beauty
St Helens 6376 1988
Shear Scissors St Marys
0422 073 020

Health Foods Purple Possum
St Marys 6372 2655

Horticulturist Peter Dane
6372 2686

Hospitals

St Helens 6387 5570
St Marys 6387 5555

Insurance Brokers

McKillop Insurance
0400 984 595

Marriage Celebrants

Melanie Norton 0409 838 816

Mechanics

Michael Aulich 6372 2991
Grant Faulkner 6372 2335

Newsagencies

Scamander 6372 5275
St Marys 6372 2143
St Helens 6376 1182

Painters East Coast Mobile

Spray Paint 6372 5571
MLN Enterprise Painting
0439 722 718

Pharmacies

Scamander 6372 5495
St Marys 6372 2844
St Helens 6376 1374

Plumbers

PJ Child 6372 5378
R Harwood 6372 2445
Proofreading Leissa Dane
6372 2686

Realtors Surf Coast Realty
6372 5321 LJ Hooker St Helens
6376 2300

Roberts St Helens 6376 1799

View St Helens 6376 1592

Restaurants/Cafes

Coach House St Marys
6372 2529
The Hay Shed Café Fingal
6374 2171
Mt Elephant Pancake Barn
6372 2263
Purple Possum Wholefoods
6372 2655
Mt Elephant Fudge 6372 2787

Secondhand Dealers and Collectables Secondhand

Rose
St Marys AH 6372 2267
**Septic tank cleaner / Water
Carriers**
Splash Seymour 0488 777 713

District High Schools

St Helens 6376 7100,
St Marys 6372 3900

Primary Schools

Avoca 6384 2117,
Fingal 6374 2197

Service Stations/Fuel

Avoca 6384 2157
Scamander 6372 5193,
St Marys 6372 2335

Supermarkets

Avoca R/house 6384 2157
Hilly's IGA St Marys 6351 1997
Hilly's IGA St Helens 6376 1161
Holder Bros Fingal 6374 2171
St Helens Super IGA 6376 1177
St Marys IGA 6372 2240
Scamander Supermarket
6372 5125

Surfing Supplies

Scamander Beach Surf Shop
6372 5529
Bay Surf Shop St Helens
6376 1755

Telephone, Data and TV

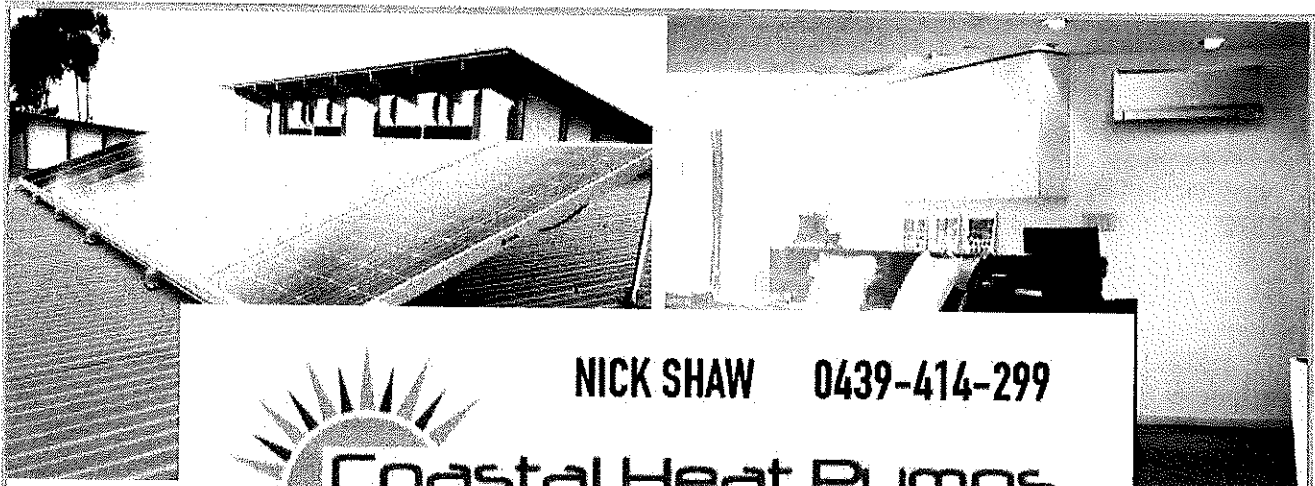
John Heron 6372 2402
Dave Morris 0402 969 393

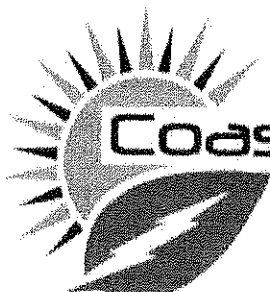
Surveyors East Coast Survey-
ing 6376 1972

Vets

East Coast Vet Clinic 6376
1577
North East Vet Clinic 6321 8999

For inclusions / amendments
please call 0403 430 452





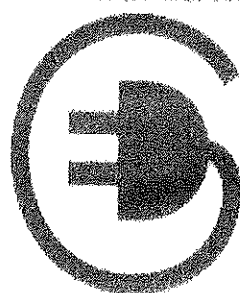
NICK SHAW 0439-414-299

**Coastal Heat Pumps
& Solar**

Lic no. L076081
Lic no. A4155228

Specialising in both Domestic and Commercial projects
Tax deductible for business
Tier 1 supplier, for the best quality solar systems
1 kW - 100 kW systems available
Call us today for a FREE SOLAR QUOTE
Already have a quote?
WE'LL BEAT IT BY 5 %

Install one of our leading brands of
Heat Pumps today and stay WARM this WINTER
while still staying COOL in SUMMER.
-Floor mounted-
-Wall mounted-
-Fully Ducted systems
-up to 18kW



St. Helens Electrical

Domestic, Commercial, Industrial
New houses, wiring and repairs
Underground mains supply

Lighting Specialist
Interior and Exterior
Advice, sales, and installation

Heat Pump/Heater Installations
Supply and install all brands
Floor, Wall, Ducted
Advice on all home heating


Solar Installation
Domestic and business
1kW to 100kW

Call for a free quote

Rod Shaw 0407-615-072
Nick Shaw 0439-414-299

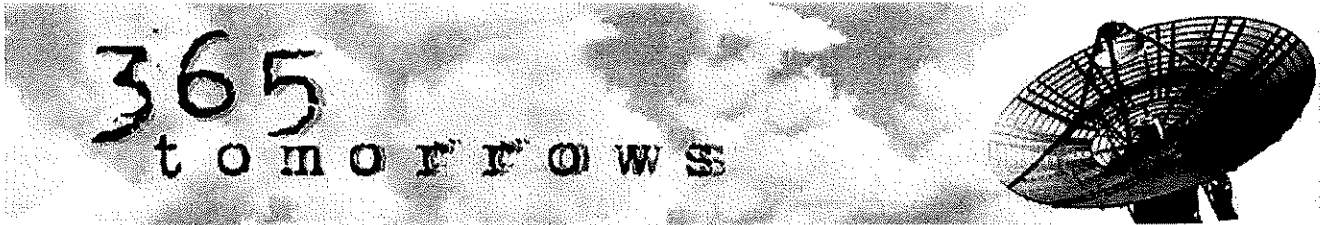
24798 Tasman Highway
St. Helens, Tas. 7216

Email:
sth.electrical@gmail.com



**Coastal Heat Pumps
& Solar**

Electrical Contractors
Servicing the East Coast from Pyengana down Coles Bay
and through the Fingal Valley
Lic: 933671



Main Event 2071

Author : Jose Corpas May 7, 2017

At ringside, where you could hear the loose boards under the canvas rattle like an old boardwalk, about twenty fans took their seats. They were joined by friends and relatives of the boxers, decked out in those digital t-shirts the universities tried to ban. A larger crowd was expected. It was supposed to be a return to the glory days of the 2030s. It was supposed to be a battle of the centuries.

Held on the one-hundredth anniversary of the Joe Frazier-Muhammad Ali fight, the original plans called for an inter-era pairing between today's best against Joe Frazier or Muhammad Ali. The idea – made possible by the recent legalization of time travel for commercial enterprises – was meant to put to rest the silly arguments over which era was best. It was not to be.

When the promoter travelled back to that time of wired communication, he found out Joe had an aversion to flying, let alone time travel, and Muhammad had a "thing" against "computer fights."

Instead, what we got was superior. There are better uses for time travel than bringing back clinch-loving boxers of old. I consider that era of bruises and ringside doctors checking for brain injuries with a flashlight best left alone.

While the gimmick of an Ali match created more buzz since they announced weight divisions were being eliminated, experts deemed his "butterfly" no match for the boxed-winged variable-cycle hybrid engines of today. It's doubtful he could even see a modern, 73 mph jab – twice the speed of 1970s jabs. And the punches, routinely measured over 2,000 psi, are double the force of any of Frazier's. Ignore the historians – science is not wrong anymore.



Though boxing is at its lowest point in popularity, it is at its highest in quality. Ringside judges have long been replaced by eye-bots that pull data from 12 cameras. Because of the sensors that monitor force and the automatic "knockout" when a punch registers 1600 psi, brain damage has been eliminated.

Instead of the slow, light-hitting Ali, we had two highly advanced athletes in a true athletic competition. Their muscles ripped from exercise and atom-splits, they stood side-by-side in ring-centre and, while smiling at their families, awaited the bell. When it rang, the champ launched his blinding fists into the air and quickly gained the lead in punch count. The challenger, standing to champ's left, went for the "knockout." Behind on points, he swung from the knees, each punch getting closer to 1600 psi.

Chants of Speed! Speed! Speed! competed against chants of Power! Power! Power!

In round three, it happened. With the champ comfortably ahead on points and still throwing, the challenger dipped until his left fist was level with his ankle, then launched a hook that travelled in an upside-down arch that, somewhere around his belly button, set off the knockout buzzer. The punch registered 1975 psi. Knockout.

The now ex-champ shook his head dejectedly and mumbled all the way to the showers, "I almost had him." He would've "had" Ali or Frazier. In not-quite three rounds, he threw more than four-times the amount of punches they did in 15 rounds. Battle of the Centuries? The new champ put it best.

"I was aiming for 1971," he said of the psi. "But I guess I was better than 1971."

Yes, he was.

Woman Who Honestly Thinks 'Youse' Is A Plural Says Migrants Need Proper English Skills

CLANCY OVERELL | Editor
Local Beautician, Kelsey Shayler (46) says Prime Minister Turnbull's reactionary decision to launch a major shake up of Australian's citizenship laws is f****g spot on. The changes mean would-be citizens would have to be permanent residents for four years rather than one; a new English language test will be introduced and applicants will have to demonstrate they have integrated by getting a job, enrolling their kids

in school and potentially joining a community organisation. Kelsey says fair enough. "It's common sense, but for all intensive purpose, I feel migrants shouldn't just be allowed to play it by year." Despite her tendency to use swear-words as exclamation points and the word 'but' as a full stop – Kelsey has managed to get through life as an Australians just fine with her brand of interior Australian English. On a longwinded Facebook post last night, Kelsey says "the least emigrants can do" is learn her variation of the English language. "Case and point, the bloke at the corner store down the road. How the f*** do I keep ended up with the

Longbeach 25s when I ask for 40s?" The fact that Kelsey's millionaire grandfather arrived here as a southern European migrant, who could only speak a certain dialect specific to her ancestor's homeland in a tiny Island south of Greece, was not brought up.

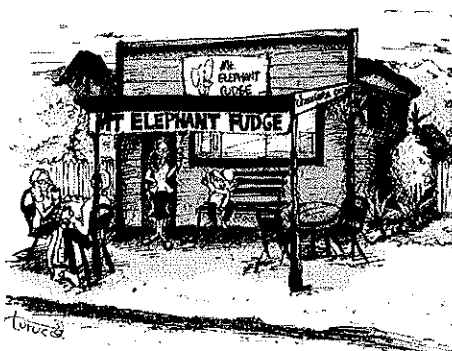
<http://www.betootaadvocate.com/uncategorized/woman-honestly-thinks-youse-plural-says-migrants-need-proper-english-skills/>



Tasmania Planting Guide for May

Continue sowing green manures like tic beans, broad beans, Shaftal clover and lupins. Also English spinach, Asian brassicas and root crops, spring and salad onions, shallots, chives and garlic cloves. Tasmanian Environment Centre Inc. Trading as Sustainable Living Tasmania

Ph 6234 5566 / info@sustainablelivingtasmania.org.au www.sustainablelivingtasmania.org.au



MT ELEPHANT FUDGE

"SOUP" "SOUP"

Fresh from our garden
to your bowl.

with our own
home-made bread toast ...

Yum Yum - better than chewing gum

Surf Coast Realty

Ph: (03) 6372 5321



www.surfcoastrealty.com.au

**Your independent, locally owned
and operated Real Estate Agency!**

- ⇒ Extensive market knowledge and personalised, caring service
- ⇒ Window displays in Scamander, St Marys, St Helens and Bicheno
- ⇒ Specialised website and mobile website designed to showcase the wonderful East Coast lifestyle

*If you are thinking of buying or selling, please contact
Surf Coast Realty for market advice or an
obligation-free appraisal.*

Suite 1/ 158 Scamander Ave, Scamander TAS 7215

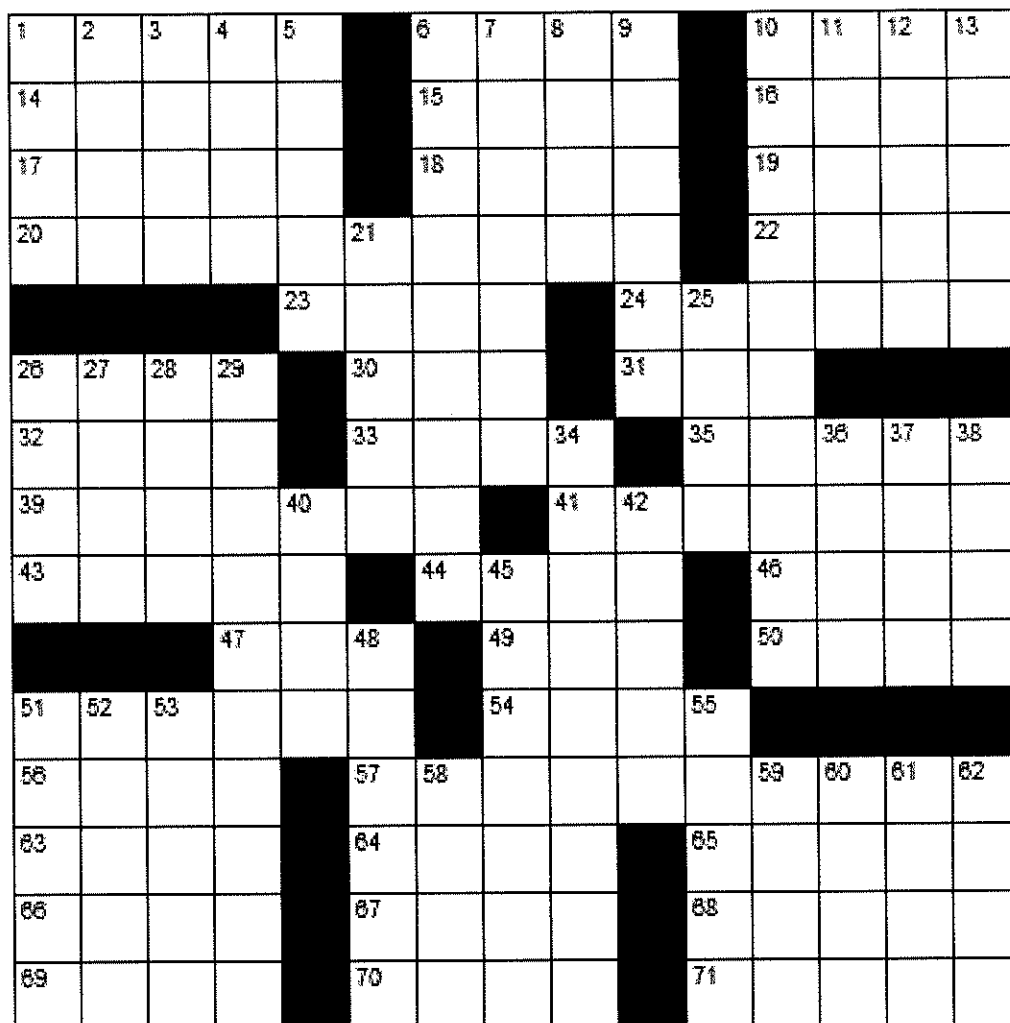
Honest

Reliable

Professional

ACROSS

1. Start
6. Pins
10. Jittery
14. Chopin composition
15. Skin disease
16. List of options
17. Cancels
18. Lion sound
19. A long way off
20. A superficial person
22. Outlay
23. Alone
24. Horse sounds
26. Vipers
30. Athletic facility
31. Historic period
32. Plunder
33. Unleavened bread
35. Postage
39. Dawn
41. One who lures
43. Bygone
44. Fizzy drink
46. Chocolate cookie
47. And so forth
49. Louse-to-be
50. Catches
51. Skin pattern
54. Fraud
56. Affirm
57. Deaths
63. Indian dress
64. Decree
65. Chain of hills
66. Seats oneself
67. Border
68. Delicacy
69. If not
70. Marsh plant
71. Skulls



DOWN

1. Curve
2. Decorative case
3. White aquatic bird
4. Doing nothing
5. Homes for birds
6. Immobilizes
7. Frugality
8. Annoying insect
9. Calm
10. Gauntness
11. Free from mist
12. Grind together
13. Mongolian dwellings
21. Roman cloaks
25. At one time (archaic)
26. As well
27. Essence
28. A small lake
29. Urban smarts
34. Drugged
36. Unit of land
37. Encounter
38. Not amateurs
40. Within
42. Area of South Africa
45. Performing
48. Chest
51. Thigh armor
52. Utilize
53. Wrongs
55. Merriment
58. Assistant
59. Rubber wheel
60. Bright thought
61. Quaint outburst
62. Collections

Solution on p27

Libraries (Closed public holidays)

61 Cecilia Street **St Helens**
6387 5530
Mon, Tue, Wed, Thurs
10am - 1pm, 2 - 5pm
Fri 10am - 1pm, 2 - 6pm
Sat 10am - 12pm

31 Main Street **St Marys**
6372 2114
Mon, Wed & Fri 12.30 - 4pm
Tue & Thurs
10am - 12.45pm

Fingal Online Access Centre
29 Talbot Street 6374 2222
Mon, Wed & Fri 9am - 4pm
Tue & Thurs 9am - 12pm



St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours

Monday - Friday

8.50 - 10am

(10 - 10.30am reception closed)

10.30am - 12.30pm

(12.30 - 1.30pm reception closed)

1.30 - 2.45pm

(2.45 - 3.15pm Reception closed)

3.15 - 4.30pm

Pathology Service – Bloods

There is no pathology service prior to 8.30am.

If you require pathology prior to 8.30am i.e. urgent blood test and / or a fasting test, an appointment must be made at the Nurses' Station the day / evening before on 6387 5555

Pathology hours are 8.30 - 11am and 2 - 4pm, Monday-Friday

Scripts and Doctors' Appointments

Please ensure doctors' appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

Please be patient Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance.

Please be aware we are not able to issue scripts by phone

St Marys Medical Practice reminder

Dr Latt wished to remind the community of the following exceptions to bulk billing at the SMCHC:

Driving licence renewals	Insurance medicals
	Harness medicals
Requested medical reports	Pre-employment checks

These are NOT covered by Medicare, and may incur costs. Please discuss this with reception when booking. If you have any concerns, please contact us and we will try and address them

Do you have Diabetes?

Have you developed Diabetes recently?

Or think you might be at risk?

Need more information?

Primary Health Accredited Diabetes Nurse Educator

Richard Guy will be at the St Marys Day Centre

Room for a talk on **GENERAL DIABETES CARE**

May 12 from 10:30am - 12:30pm

Everyone welcome - Cost is FREE

Doctors' Roster

Dr C Latt

18/5/17 - 2/6/17

Dr K Nash-Rawnsley

19/5, 23/5, 26/5, 30/5 & 2/6 2017

SMCHC Teaching Site

We are a **UTAS** teaching site.

We regularly host students from various health faculties, who attend our site to participate in training placement.

If you are attending this practice and would prefer the students do not sit in on your consultation, please inform reception prior to your appointment.

These placements are very important for the students, so your cooperation is greatly appreciated.

A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008 000
Lifeline - Saving lives, crisis support and suicide prevention	131 114
St Marys Community Health Centre - please ring before presenting after hours	6387 5555

Non-attendance of Doctors' appointments

Please be aware there is a non attendance policy at this practice. If you miss three appointments you will be sent an account. If you miss a fourth appointment you may be referred to another Medical Practice.

Due to demand, doctors' appointments need to be booked at least **two weeks in advance**.

Waiting periods can apply.

INR tests require a 5 minute doctors' consultation.
Please inform reception when booking

Waiting area at the Health Centre

The waiting area for **ALL** services at the St Marys Community Health Centre is in the reception area. Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area.

St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

What's on at the Centre

- May 18 **Meals on Wheels** Meeting 2 - 4pm in the Day Room.
Social Worker Shan Williams
Ph 6387 5555 for appts
2nd Bite Delivery
- May 19 **Physiotherapist** Naomi Ide for appts please see your health professional for referral
Social Worker Shan Williams
Ph 6387 5555 for appts
- May 22 **Physiotherapist** Naomi Ide for appts please see your health professional for referral
Max Employment 8:30am - 5pm downstairs
- May 23 **Rae & Partners Lawyers** consult fortnightly at the SMCHC. Ph 6337 5555 for appts
Physiotherapist Naomi Ide for appts please see your health professional for referral
Child Health Session with Mary Mumford Tuesday fortnights, by appt only. Ph 0428 136 381.
Occupational Therapist Danyelle Briggs by referral from your health professional.
Anglicare 11am - 1pm
- May 24 **Day Centre** Ph Hayley Gilbert on 6387 5555 for information on the group
- May 25 **Social Worker** Shan Williams
Ph 6387 5555 for appts
Eyelines For appts please ph 1300 139 363. All consults are Bulk Billed to Medicare.
2nd Bite Delivery
- May 26 **Physiotherapist** Naomi Ide for appts please see your health professional for referral
Social Worker Shan Williams
Ph 6387 5555 for appts
- May 29 **Physiotherapist** Naomi Ide for appts please see your health professional for referral
- May 30 **Physiotherapist** Naomi Ide for appts please see your health professional for referral
- May 31 **Social Worker** Shan Williams
Ph 6387 5555 for appts
Day Centre Ph Hayley Gilbert on 6387 5555 for information on the group
Consumer & Carer Advocacy Group 12 - 2pm downstairs at the SMCHC. Ph Shan on 6387 5555
- June 1 **Social Worker** Shan Williams
Ph 6387 5555 for appts
Adult Community Mental Health Worker 1 - 3pm
- June 2 **Social Worker** Shan Williams
Ph 6387 5555 for appts
Physiotherapist Naomi Ide for appts please see your health professional for referral



MEALS ON WHEELS

Do you know you don't just have to be elderly or sick to receive Meals on Wheels?

You can also select from a three course down to a one course meal. You don't even have to get them every day – *you decide when and how often.*

Are you interested or have further questions?

Call Alana at the St Marys Health Centre on 6387 5555 and see if you are eligible, or to discuss your options.

Home style meals are made on site at the Health Centre daily.

Pick-up and delivery available.

St Marys Meals on Wheels cover from Scamander to Bicheno and as far as Fingal and surrounding areas.

*Preceding information on this page supplied by
St Marys Community Health Centre, Gardiners Creek Rd
St Marys Tasmania 7215*

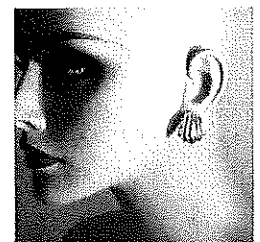
St Marys
PHARMACY

Main Street St Marys

Ph 6372 2844

Kodak prints from 45¢

Ear piercing \$27
includes earrings
and solution
with qualified staff
Bec, Sally and
Cassie



Pharmacist instore Monday to Friday

135 words of three letters or more
were found in **EQUATORIAL**

ail	lie	quire	
air	lier	quit	
ale	lieu	quite	
alert	liquor	quota	
aliquot	lira	quote	
aloe	lire	quoter	tale
alter	lit	rail	tar
alto	lite	rat	tare
are	liter	rate	taro
aril	litre	ratio	tau
art	loiter	real	tea
ate	lore	relit	teal
auto	lot	reoil	tear
ear	loti	requital	tequila
earl	lout	retail	tie
eat	lure	rial	tier
equal	lute	riel	tile
equator	oar	rile	tiler
era	oat	riot	tire
eta	oil	rite	toe
euro	oiler	ritual	toil
ilea	oilier	roe	toile
iolite	oral	roil	toiler
iota	orate	role	toque
irate	ore	rot	tore
ire	our	rote	torque
lair	out	roue	tour
lari	outer	rout	trail
late	outlie	route	trial
later	outlier	rue	trio
lea	quail	rule	true
lear	quart	rut	ultra
let	quiet	rutile	uralite
leu	quilt	tail	urate
liar	quilter	tailor	urea



Meals on Wheels 0488 384 344

May 18	Valmai Spencer
19	Drew Adam
22	Ruth Aulich
23	Lundy Vosper
24	Louise Keady
25	Judy Duckett
26	Drew Adam
29	Karl Balzer
30	Lundy Vosper
31	Valmai Spencer

Harris Funerals

St Helens, Bicheno & Fingal Valley

*We are here when you need us.
Burial or cremation, traditional or
unique funeral services available.*

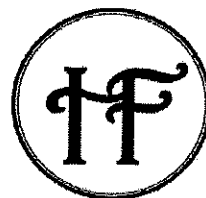
Office & Chapel:

46 Tully Street St Helens

6376 1153 ~ 0418 133 420

tamara@harrisfunerals.com.au

Member of the
Australian Funeral Directors Association

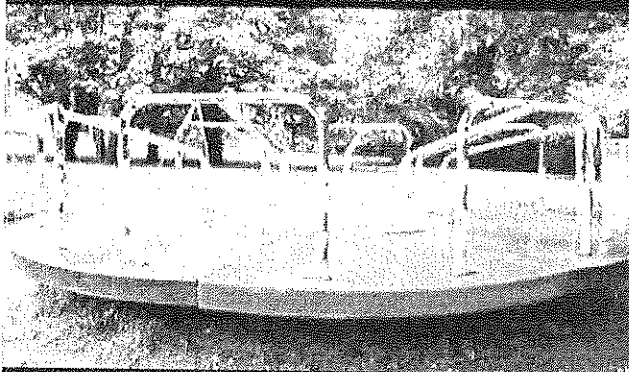


How many words of three letters or more can you find in
CAFFINATED? Answer next edition.

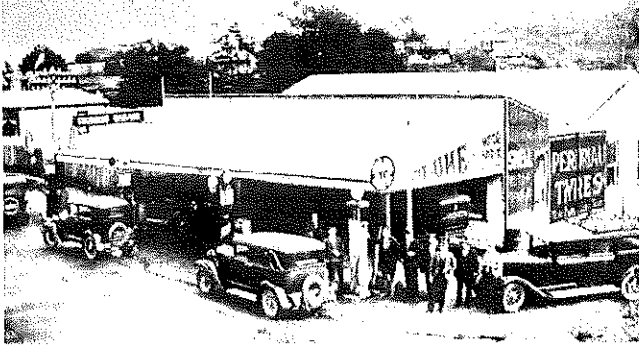
Public Holidays in Tasmania for the rest of 2017

June 12	Monday	Queen's Birthday
October 6	Friday	Burnie Show
October 12	Thursday	Royal Launceston Show
October 20	Friday	Flinders Island Show
October 26	Thursday	Royal Hobart Show
November 6	Monday	Recreation Day
December 1	Friday	Devonport Show
December 25	Monday	Christmas Day
December 26	Tuesday	Boxing Day

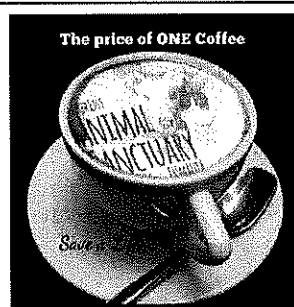
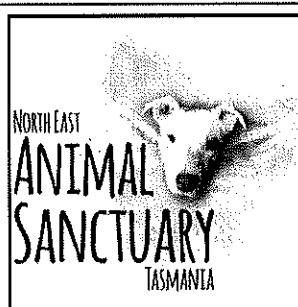
**If you ever played on this PUKE CAUSING,
CONCUSSION GIVING, BROKEN BONE MAKING,
KID ROCKET LAUNCHING hunk of metal.....
and SURVIVED...**



You ARE a TRUE WARRIOR!!!



Thorold's Garage was the main garage in St Marys in the early days of the motor car. The building was badly damaged by fire in 1942; it was soon rebuilt and although there were four garages on the town at one time this one, currently owned by Grant Faulkner, is all that remains operating.



Phone Michelle for information on the lovely animals waiting for their forever homes.

ADOPT, DON'T SHOP

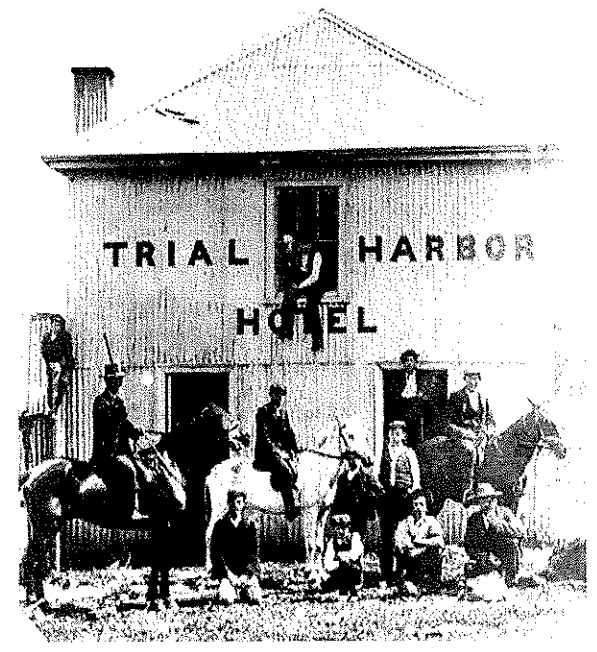
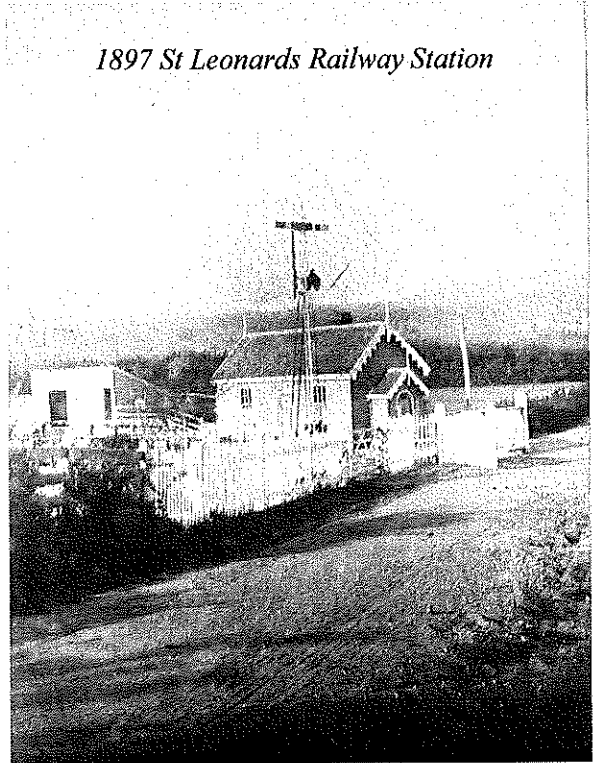
0457 081 533

michelle.jesson@bigpond.com

Tasmania Way Back When

<https://www.facebook.com/tastime/photos/>

1897 St Leonards Railway Station



PAUL WAPPAT (BBC RADIO NEWCASTLE)

Paul Wappat: How long did the Six-Day War between Egypt and Israel last?

Contestant (long pause): Fourteen days?

BEACON RADIO (WOLVERHAMPTON)

DJ Mark: For 10 points, what is the nationality of the Pope?

Ruth from Rowley Regis: I think I know that one. Is it Jewish?



St Marys IGA Supermarket

38 Main Street Ph 6372 2240 Butcher instore weekdays 8am - 2.30pm 6372 2274
Monday - Friday 8am - 6.30pm Saturday 8am - 5pm Sunday 10am - 5pm

Butchery specials May 17 - 23

	p/kg
Leg Of Lamb	9.99
Forequarter Lamb Chops	12.99
Rump Steak	19.99
Blade Roast	12.99
Nichols Chicken Breast Fillet	10.99

Butchery specials May 24 - 30

	p/kg
Round Steak	13.99
Beef Casserole Steak	13.99
Ingham Chicken Thigh Fillets	9.99
Ingham Whole Chicken	4.99
Nichols Chicken Kiev Burger	10.99

Two week specials May 17 - 30

Pacific West Flathead Fillets 360g	5.35	save 5.00
Peters Light & Creamy Ice Cream 1.8L	5.49	save 1.40
Tetley Tea Cup Bags 100s	3.49	save 1.70
I-Care Toilet Tissue 4pk	1.99	save 2.10
Kelloggs Crunchy Nut Cornflakes 380g	2.99	save 1.66
Duo Laundry Powder 1kg	2.99	save 3.80
Samba Fire Lighters 36s	1.99	save 0.68
Vicks Chesty Cough Syrup	3.99	save 5.00
Continental Cup-A-Soup 46-70g	1.49	save 0.88
Maggi Cup Noodles 58-65g	0.89	save 0.91

Bega Tasty Cheese Block 1kg	8.99	save 3.00
Kleenex Cottonelle Toilet Tissue 24pk	8.99	save 9.00
Miracle Margarine Spread 1kg	1.99	save 1.50
Nescafe Coffee 500g	14.99	save 5.01
Herbal Essence Spoo or Cond 300ml	2.75	save 2.75
Friskies Cat Biscuits 1kg	3.99	save 0.86
Heinz Condensed Soup 420g	1.09	save 1.30
Cottees Jam 500g	2.35	save 1.00
Nanda Pasta Range 500g	0.87	save 0.88
Cadbury Share Packs 160-180g	2.99	save 1.61

St Marys Sports Centre Inc.

Gray Road St Marys

Bar opening times - Winter months

Thursday 6 - 8pm Friday 6 - 10pm or until close

Saturday 1 - 6pm or until close - warm fire, cheap prices

Sunday 1pm onwards. Friday Happy Hour 6.30 - 7.30pm with Pick a Pen, raffles

NOTE: These times are subject to change at any time to suit sporting fixtures and social events. The times in future will be determined by the full committee!

Bowls news the green is in winter mode and is being looked after by the loyal few, thank you.

Treasurer: Jim Turner 6372 2441

Licensee: Dawn Denholm 0400 011 363

Interim secretary: Glenn McDonald 6372 2429

President: Jacqui Bianchi 0439 978 156

Vice President: Tamatha Grose 0427 332 085

e:stmaryssportsctr@internode.on.net

https://www.facebook.com/stmarysportscentreinc/

Golf news Golf is finally off to a really good start.

Thank you to the organiser. 9 Hole Stableford played 13/5/17 results: Diesel 20 points, JohnnyMac 15 points, Danni Turner 15 points, Mark Carrick 12 points. Near-est / Pin Diesel 7th. Starting time on Saturday May 20 is 1pm for more golf.

General news RSVP closed for Club Dinner, thank you to those members and volunteers who have replied. Dinner time 6pm for 6.30pm on Saturday 20. Also Jam Session on Sunday 21. More news on upcoming events next issue.

The Valley and East Coast Voice Inc.

is available at the following outlets:

Avoca Post Office	Holder Bros Fingal
Coach House Restaurant	Mathinna Post Office
St Marys	Scamander S/market
The Farm Shed, Bicheno	St Marys IGA
Hilly's IGA St Helens	St Marys Newsagency
Hilly's IGA St Marys	

Shower Thoughts:

Can crannies exist independently, or are they always associated with nooks?

Printed and published by
The Valley and East Coast
Voice Inc.
POB 230
St Marys Tasmania 7215.

