



THE VALLEY AND EAST COAST VOICE INC.

Established 1968

50.12 October 5, 2017

Deadline for 50.13 is 5pm October 16, 2017



Cancer Council Morning Tea fundraiser at Mathinna

The Get Active community group has been together for seven years, and in that time has participated in / organised many events - i.e.

- Mathinna soup and sweets days for the community's seniors
- Get together working bees i.e. painting out Mathinna Hall, clean up days and cake stalls to raise money for Mathinna Community Projects
- Support of Mission Australia with donations of toiletries for ladies and men

Get Active ladies love to get out and have fun, with trips away to explore this great state.

All monies raised will go directly to the Cancer Council of Tasmania.

Thanks you to all who attended, we raised \$320!!

Chris Scott, Head Honcho, Mathinna



Sergeant Lewis Mc Gee V.C (13.05.1888 - 04.05.1917)

On this day (October 4) 1917 a train driver from Avoca, armed only with a service revolver, captured a "pill box" post at Hamburg Farm in Belgium.

Unfortunately he was killed at Passchendale a week later, on October 12.

Lewis McGee was born at Ross in 1889, but enlisted from Avoca in 1916, leaving a wife and daughter behind to join the 40th Battalion with many other Tasmanians who fought in France and Belgium.

His actions on October 4 saw him awarded a Victoria Cross and his citation reads "... coolness and bravery contributed largely to the success of the Company's operations ..."

His medal was ultimately presented to his widow in Launceston after the armistice.

Next time you travel through Avoca stop at the park and have a look at the obelisk; it isn't a multi war cenotaph; it is a memorial to Lewis. There is also a tree planted in his memory in the block behind the old school room / museum. *Continued on p19*

St Marys Hotel Social Club AGM will be held on Sunday October 8, 2017 at 3:30pm. All welcome.

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 wdawson@valleyvoice.com.au
 0403 430 452

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 facebook.com/ValleyEastCoastVoice
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 rodhunt@netspace.net.au

Advertising rates 2017

Business card size ads \$15	½ page ads \$40
Intermediate ads \$18	Full page ads \$65
¼ page ads \$25	Permanent classified ads \$20 p.a.

Valley and East Coast Voice Inc.

Advertising rates for all community groups

Regular articles i.e. news of current activities / events and general information will, at the discretion of the Editor, be carried free of charge.

Any community group requiring a full page will be charged 50% of the commercial rate, after proof of eligibility.

The decision regarding whether or not an article attracts advertising fees is the Editor's. Groups will be advised of any cost before going to print.

Private community announcements / private classifieds are free for two issues.

Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed.

We do not accept responsibility for the accuracy of information provided by contributors.

Visit our website valleyvoice.com.au and look back over ten years of archival content, galleries and stories, in addition to each new issue. Leave a comment / suggestion on what you would like to see included.

24h Emergency services numbers

Abuse & Assault Services	1800 737 732
Ambulance, Fire & Police	000
Crime stoppers	1800 333 000
Digital mobile Phone emergency service	112
Poisons Information	13 1126
SES Flood & storm emergencies	13 2500
TasNetworks	13 2004
TasWater	13 6992

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time.

Subjects may be closed at the editor's discretion.

Please make sure of your facts. Do not write submissions just to let off steam.

Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and contact phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.



Meals on Wheels | More than just a meal
 Tasmania

St Marys roster

0488 384 344

October 5	Heather Griffiths
6	Karl Balzer
9	Valmai Spencer
10	Pam Bretz
11	Lynne Fitzgerald
12	Valmai Spencer
13	Ruth Aulich
16	Valmai Spencer
17	Pam Bretz
18	Kerry Veldrum

Community Notices

GET meeting dates for 2017

October 9, November 24 and December 4. 7pm at the Fingal Valley Neighbourhood House *Mary Knowles 6385 2002*
gippscreek@skymesh.com.au

ROSSARDEN Fire training and BBQ dates are:

October 7, November 4 and December 2. Fire Brigade training is 10am prior to each BBQ. *Mike Prewer,*

Fingal Valley Neighbourhood House Inc.

Talbot St Fingal

6374 2344 / *admin@fvnh.org.au*



Facebook We have a new Facebook page which is our main communication tool for what is happening at the FVNH. Like our page to keep up to date.

Play Centre Now operating on Mondays from 9.30am to 2.30pm. We are still taking enrolments for 2017.

Morning Tea Every Wednesday morning at 10am. Come in and have a cuppa, snack and chat.

Nils With support of the Aurora Energy and State Government Nils will offer subsidies and loans for the purchase of selected energy efficient items. Be quick as funds are limited. Contact the Office for more information or book for an appointment with our trained staff.

Wedding Dress Parade October 21 at the FVNH.

Op Shop Moved into library. Call in and have a look at the new space and pick up a bargain.

Library This is now in the FVNH.

Community Car / Bus Car available to book for transport to medical and other appointments. Bus available for group outings. Call the office for more information.

Up Coming Trips Some of the up coming trips we have planned are Wynyard-Tulip Festival on October 14, Deloraine Craft Fair on November 4 and Woolmer Roses on November 19. Please contact office to express your interest and for more information.

Contact the FVNH on 6374 2344 or call into Office for more information. Office hours are from 9am - 3pm Monday to Friday.

The Fingal Valley Neighbourhood House Inc. is funded by the Crown through the Department of Health and Human Services

The next **AVOCA Market** is Saturday October 14, 2017 in the Hall. Contact *Shirley at the Post Office on 6384 2129 / 6384 2259*

Wanted

Mature couple w/ rural background *wanting to rent* farmhouse in St Marys area, offset part rent with farmwork / gardening. *Margo, 0412 906 257*

Old surfboards, *Dale 6372 5529*

St Marys School Association Op Shop

Run by Volunteers for the benefit of the School Association
Grants made to St Marys District School and the Fingal School Campus; also not for profit organisations in our communities.

Spring & Summer 2017-2018 Opening Hours
Commencing Monday October 2, 2017
Ending April 1, 2018
Monday to Friday 9am - 4pm
Saturdays 9:30 - 12:30pm

The next **Avoca Museum & Information Centre** meeting is 4pm November 7, **Melbourne Cup Day**. Put the date in your diary, wear a hat, enter the Special AMIC Sweep and come along to enjoy afternoon tea 'After the Cup'

For Sale

I may be old and feeble, but I'm still selling moo poo.
Norm 6372 2380

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Looking forward to seeing you soon!

RESPONSIBLE CAFES

Solar panel installation for a more sustainable municipality

September 22



As part of its commitment towards reducing its carbon footprint and being a more sustainable municipality, the Break O'Day Council has installed solar panels on the roof of one of their community halls.

The Portland Hall, located in Cecilia Street St Helens, was identified by the Council as being an ideal candidate for solar panel installation due to its roof pitch and orientation. Now the community facility has 88 three hundred watt solar panels on its roof.

This is estimated to save more than 33,800kw a year, and recoup its cost over eight years.

"Reducing our carbon footprint and focussing on being more sustainable is a strategic direction of Council that is represented in both our 10 year Strategic Plan, and our Annual Plan," Mayor Mick Tucker said.

"We understand and appreciate that people live in and visit our area largely because of our beautiful environment, and as the environment's caretakers it is our responsibility to do all we can to ensure it is here for future generations to enjoy."

Combined with Council's LED light replacement program, the Break O'Day Council will not only save substantial costs on electricity but will also be reducing its carbon footprint considerably.

For more information, please contact Break O'Day Council's Communications Coordinator, Jayne Richardson on 6376 7900 or 0400 454 089

Bendigo Community Stadium, 117 Tully St, St Helens 24 October from 4 - 9pm

Spin yourself until you're dizzy, compare your reflexes to a Formula 1 driver and see your fingertips under the microscope with the Shell Questacon Science Circus.

Bendigo Community Stadium will be overflowing with exciting hands-on science exhibits when the Science Circus and their colourful semi-trailer roll into town for a public exhibition of their 'pop-up' science centre.

Visitors of all ages can enjoy over 40 interactive science exhibits and watch spectacular science shows as Science Circus presenters hold fire in their hands, lie on a bed of nails and levitate beach balls.

Admission:
Adult \$6, Students/Concession \$5, Family \$18, Children U/5 & Q Club Members FREE.

Children under 12 MUST be accompanied by an adult.



Break O'Day community to decide on playground equipment

September 22



After 17 years of being played on, the Scamander River Mouth playground equipment is due for replacement and Break O'Day Council would like help deciding what the new equipment should be.

The Council is promoting an online poll through their website and Facebook page which shows three options for the replacement of the equipment. Each option also includes the replacement of the existing shade sail and a set of bird nest seat swings.

The poll includes images of the options as well as a list of what items are included. There is also a voting box and ballot forms in their office on George's Bay Esplanade for those who would prefer to vote in person.

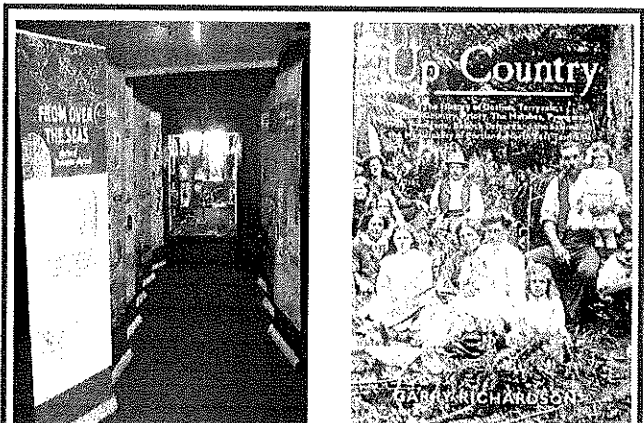
"As it is mostly the families and kids in our community that will be using the equipment, we wanted to make sure that they had a say in what equipment we would install," Mayor Mick Tucker said.

"At the end of the day we want play equipment that will bring the most enjoyment to our kids, will stand the test of time and be basically loved to pieces."

For those that would like to know more about the equipment, Council staff will be on-site at the Scamander River Mouth Playground to discuss the options in person on Wednesday October 4 from 1pm.

Voting closes on October 6 at 4pm.

For more information, please contact Break O'Day Council's Communications Coordinator, Jayne Richardson on 6376 7900 or 0400 454 089



Sunday October 22, 2017
St Helens History Room
1 pm

Friends and families welcome
Refreshments available
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Honourable Tania Rattray MLC

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Hilly's IGA St Marys and St Helens

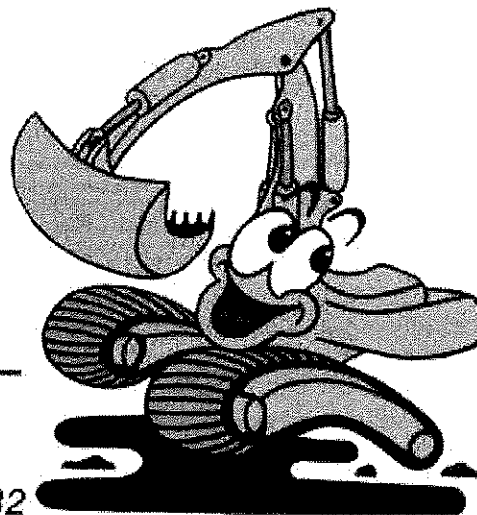
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The Say, by Cagerattler

I'm not going to mention which way I voted on the marriage equality debate, suffice to say that it's very personal to each of us whatever way you see it.

Why I am a little annoyed is that it has been taken on way too much by corporate and sporting bodies and the media, by trying to ram one way or the other down your throat.

The whole thing is silly and a waste of reportedly over a hundred million dollars.

Politicians should just gauge what the majority of their constituents feel and vote in parliament accordingly. As the meerkat says, "simples".

I find all this ridiculous to say the least.

Why don't the corporations, several

high profile sports organisations and churches just let each individual make their own decision as they see fit and mind their own business? Just crazy.

Both the Yes and No campaign people should be ashamed of the way they advertise and interfere in a very personal choice.

As for the Federal Parliament all they needed to do is talk to people and be allowed to vote as they are told by the majority or otherwise - a simple conscience vote. It ain't that hard you mob.

On a much happier note, this Saturday just gone (September 30) allowed us long suffering Richmond Tigers supporters one of the most incredible days in living memory.

I sat there transfixed and nervous and hoping for a 37 year drought to end at long last.

It finally happened. I will say though that the Crows are a great team that deserved success, but it just wasn't to be.

That said though, the Tigers came away the 2017 champions which made hundreds of thousands of loyal fans all around Australia very very happy indeed.

I was one of them. The old saying - *The longer success takes to come, the sweeter it tastes when it finally does* - certainly true in this case, that's for sure.

What do you think?

Rod McGiveron, St Marys

Government invests \$450m in Landcare regional delivery 28 September 2017

The Coalition Government is continuing its longstanding commitment to strong natural resource management by investing \$450m in the regional delivery component of the National Landcare Program, as part of the more than \$1b investment in the second phase of the program. The Government's investment in phase two of the program will help Landcare groups and Indigenous communities continue their valuable work of delivering on-ground biodiversity and sustainable agricultural outcomes that benefit both our communities and our environment.

"The next phase of investment under Landcare will be more targeted and focused on delivering measurable benefits to our communities and our environment which are aligned with national priorities," said Senator Jonathon Duniam, Liberal Senator for Tasmania.

"Under the \$5m Environment Small Grants component of the program, our local community and environment groups can access small grants for local natural resource management activities that protect and conserve Australia's biodiversity." "Over the next few weeks, the Government will be providing more details on the regional delivery component of the program through the National Landcare Program website: www.nrm.gov.au."

"This will be followed by a public consultation period to give the community the opportunity to provide their feedback on the program's regional delivery component."

During the public comment period, interested groups and members of the community can provide the feedback through the following ways:

- Information sessions: Government officials will hold a consultation session in each state and territory to provide further information, answer questions and seek the community's views about the Regional Land Partnerships Program and the next steps in its roll out.
- Online feedback: Detailed information on the Regional Land Partnerships Program will be made available on the National Landcare Program website (www.nrm.gov.au), providing interested parties a way to submit their views.

"I encourage people who are interested in the management of our environment and natural resources to familiarise themselves with the information on the next phase of the National Landcare Program and take part in the upcoming public consultation period, either in person or online," said Senator Duniam.

"The agriculture component of the new Landcare program is being finalised and will be announced in coming weeks."

Feel well this Spring at the St Marys Community Health Centre

Do you have joint or muscle pain?

Do you suffer from lymphoedema?

Do you have swelling, heaviness or discomfort in your arms and legs?

Reduced mobility due to fluid retention?

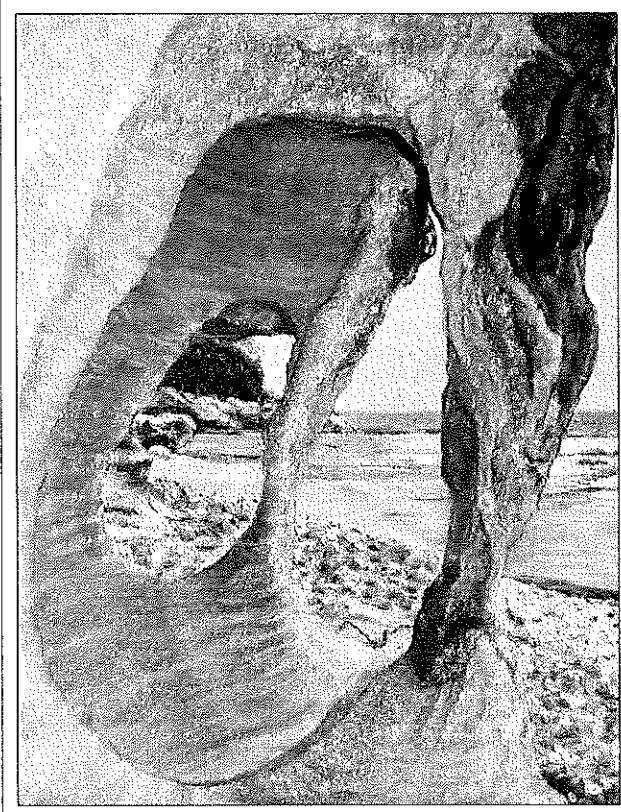
Musculoskeletal or sports injuries?

Post-surgery "Cording"?

We offer comprehensive treatments for lymphoedema clients, as well as Bowen Therapy, Low Level Laser Therapy, Deep Tissue Massage and general relaxation treatments in a nurturing environment.

Some health fund rebates and concessions available.

For more info or to make an appointment please contact Susie or Jak 6372 2900 during business hours



Hub4Health Walking Group

Each leader is encouraged to email all members a summary of the proposed walk. This being a Saturday walk it is hoped prospective walkers would receive this information on the Monday or Tuesday before the walk, so they can assess whether they wish to walk and register with Hub4Health.

Walk to the Porches (Leader - Revel Munro)

This coming Saturday has a very different walk to that advertised (no time to choreograph a South Mt Cameron outing for possibly the year's coolest and wettest outing).

Proposed is now a coastal walk to the "Porches" down Denison Beach way (north of Bicheno)

It should be mild down there! The plan is to walk the coastline between Douglas River and at least down to the Denison River (and maybe further). This stretch is mainly beach, however there is a half kilometre of highly erodible cliff-lets known as the Porches. They are such an unusual feature!

Things to note:

- # Tides are not particularly in our favour. A "low" high tide will occur during the walk. Maybe feet will get wet.
- # In the vicinity of the Porches the low wave - cut platform is very smooth. Parts covered by green algae, as in this painting, can be very slippery.

Poles may be of assistance for this portion. Some or all of us may need to detour this portion via the paddock behind. We will see on the day.

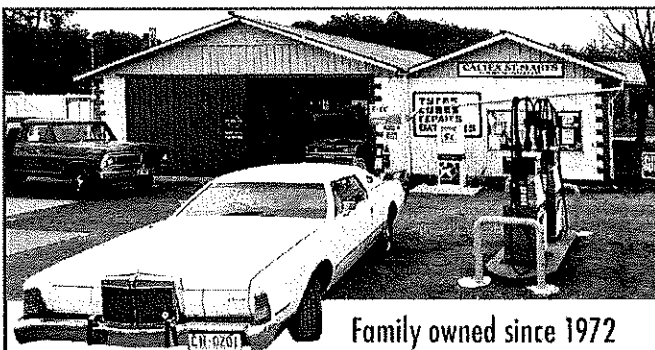
Departure: Is the usual car pooling at Hub for Health, St Helens, 9am.

We will leave it to participants joining from south of St Helens to indicate at prior Registration / or let me know, if they wish to be met further down the coast. Travel should take 50 minutes plus car shuffle arrangements near the Douglas River.

Written by Revel Munro

Thanks to Revel for this great description.

New members are most welcome. Please call Hub4Health:6376 2971 or Bryan Edhouse:0414 987 435.
Come join up soon!



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nbn has arrived in selected areas of St Marys, Scamander, Beaumaris and surrounds

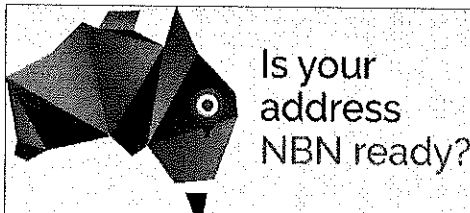
The Telstra store nbn experts will be visiting
St Marys and Scamander to answer your questions and help you
move across to the nbn.

We'll be at the Pelican Sands Motel
Monday October 9 from 10am-5pm

We'll be at the St Marys Hotel, 48 Main Street St Marys
Tuesday October 10 from 10am - 5pm
Wednesday October 11 from 10am - 4pm

*Take this opportunity to visit the specialists while they are in the
area - they are also more than happy to do a bill health check while
they are in town, they might even be able to save you some money!*

If you would like more information about the visit feel free to contact
Michael Sammut – Store Leader Launceston on 0429 036 660 or
email at michael.d.sammut@team.telstra.com



East Coast Vet Clinic

Dr Jeff Parsons regularly visits
the Fingal Valley
for all your veterinary needs.



*For appointments, please call the
St Helens clinic on 6376 1577*

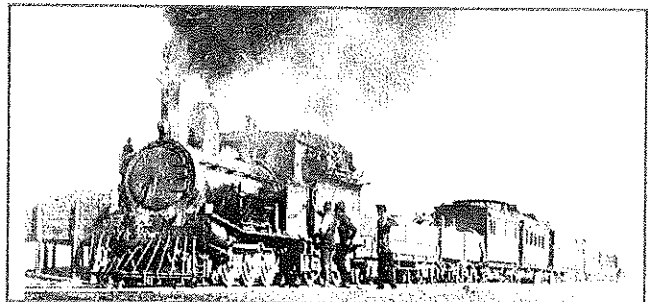
October 5, 1857 The first leg is opened of what
later becomes the Adelaide to Darwin transcontinental
railway line.

Victoria is generally accepted as the first place in Australia
to have had a completed railway line. The first steam train in Australia
made its maiden voyage on 12 September 1854, running between
Flinders Street and Sandridge, now Port Melbourne. However,
the first railway ever to run in Australia was actually in South
Australia.

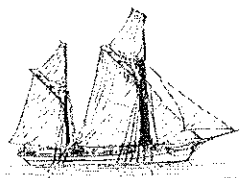
South Australia grew quickly, fed by immigrants and free settlers
in search of a better life or escaping religious persecution. South
Australia was the site where Australia's first paddlesteamer was
launched. It was also the site from which both the first east to
west crossing and successful south to north crossing of the continent
was undertaken. It was also the first colony to implement a
railway.

In 1856, the first steam-train ran between Adelaide and Port Adelaide.
The following year, the first track was laid of what would
ultimately become the Adelaide to Darwin transcontinental railway
line, or the Ghan.

Opened on 5 October 1857, this line ran the 30km from Adelaide
to Gawler, and served the agricultural and mining industries of the
area.



*North bound Ghan train at William Creek on the old
Transcontinental Railway route.*



St Helens History Room

61 Cecilia Street, St Helens
6376 1479 / historyroom@bodc.tas.gov.au

'Up Country' latest publication by Garry Richardson
'From Over The Seas' latest temporary exhibition
Sunday October 22, 2017 at 1 pm

The St Helens History Room is pleased to host the book launch of 'Up Country' by local author Garry Richardson. Garry's latest publication covers the history of towns 'up country' from St Helens including Goshen, Terryvale, Goulds Country, Priory, The Marshes, Pyengana, West Pyengana. He also covers bullocky drivers and sawmills of the municipality of the former Portland in North East Tasmania.

The latest temporary exhibition on loan from the Maritime Museum of Tasmania in Hobart is also on display. This is entitled 'From Over The Seas' and documents the story of immigration into Tasmania, including the convict period and that of free settlement.

*The Honourable Tania Rattray MLC
is opening this launch.*

All are welcome and afternoon refreshments will be served.

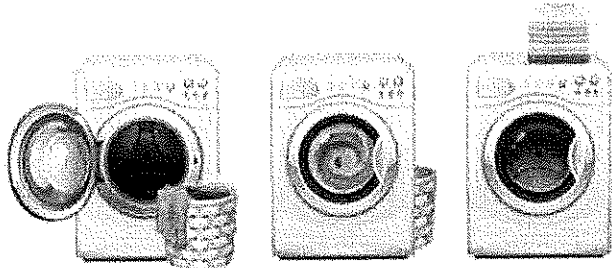
RSVP by 11th October 2017 to 63761479 / 0419731452 / historyroom@bodc.tas.gov.au

For further details please contact:

Kym Matthews, Curator of St Helens History Room

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and dryers
6.30am - 8pm

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RURAL tasmania THROUGH THE TOUGH TIMES
1300 HELP MATE
(1300 4357 6283)
TO BECOME A - MATE OF MINE - OR TO DONATE PLEASE VISIT WWW.AAMTAS.COM.AU **RAW**

RAW expresses concern at Tasmania's increasing suicide rates

The CEO of Rural Alive, and Well (RAW), Liz Little, has expressed deep concern that Tasmania is the only state in Australia with an increasing suicide rate (ABS standardised).

Information released yesterday by the Australian Bureau of Statistics shows that over the last decade Tasmania's suicide rate has risen by 25% with an increase in deaths per 100,000 from 13.5 in 2007 to 17.0 in 2016 ... the Australian national average suicide rate is 11.7.

Ms Little commented "These appalling figures represent a deep well of personal mental anguish and isolation in our community and unquantifiable personal grief for associated family members, friends and communities.

This increase in the rate of suicide in Tasmania is occurring at a time when direct services to 'at risk' and vulnerable people in their time of highest need are decreasing.

As a result of both Commonwealth and State funding decisions this year, RAW has cut 1.4 staff from its statewide suicide prevention Outreach program since July, and faces making even larger cuts in services in 2018 with the foreshadowed complete withdrawal of Commonwealth funds. In 2015 RAW had 12 Outreach Workers to cover the state, we now have less than 9.

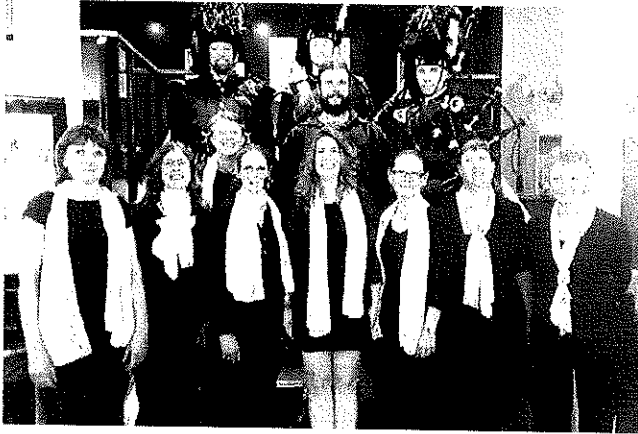
Ms Little continued "RAW is unique in Australia. Our Outreach program works proactively to go where people live and work and provide ongoing physical and emotional support. In 2015 alone, RAW Outreach Worker's engaged with 31 clients who were attempting suicide when the worker arrived on location or a suicide note had been written and the means of suicide was in ready access. I congratulate the Australian Government on its initiative of declaring Tasmania a 'suicide prevention test site' and resourcing capacity building in our community. However I urge all levels of Government to increase their funding and support to direct services on the ground to assist 'at risk' individuals. The need is now!"

TALK TO A MATE - 1300 HELP MATE
1300 4357 6283, 24HR / 7 DAYS - STATEWIDE
Contact: Liz Little 0427 153 364



Over the years

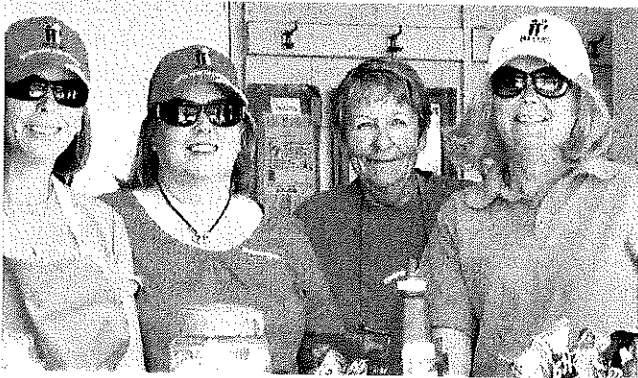
2014 * 2014 * 2014 * 2014 * 2014 * 2014 * 2014



Local a Capella group Conceol performed in the 2014 production 'Scottish Power' at the Devonport Convention Centre.



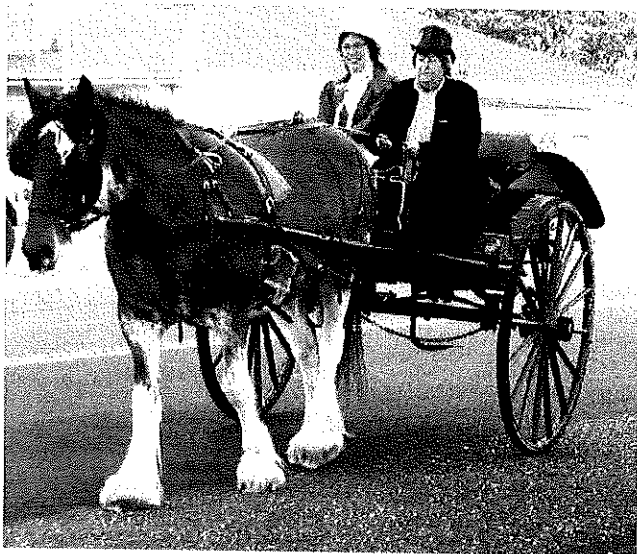
Working Bee at Boucher Park, Avoca



St Marys Cricket Club - McGrath Foundation Pink Stumps Day



Lions Christmas Parade 2013



Jane Austin - celebration at St Marys



ABC Northern Tasmania broadcasts from St Marys on St Patrick's Day

2014 * 2014 * 2014 * 2014 * 2014 * 2014 * 2014



River & Willow Art Space arrives in St Marys



International / local skaters enjoy Scamander Skate Park



Stuart, Carols by Candlelight at JAM



Left: East Coast RC Flyers Alan Butler (Scamander), Michael MacDonald (St Marys), Manfred Weihrach (St Helens).

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 coffee, cold drinks, ice
 cream**

52 Main Street St Marys

Obituary:

Today we mourn the passing of a beloved old friend, Common Sense, who has been with us for many years. No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape.

He will be remembered as having cultivated such valuable lessons as:

Knowing when to come in out of the rain;
Why the early bird gets the worm;
Life isn't always fair; and
Maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you can earn) and reliable strategies (adults, not children, are in charge). His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children.

It declined even further when schools were required to get parental consent to administer sun lotion or an aspirin to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the churches became businesses; and criminals received better treatment than their victims.

Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realise that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death, by his parents, Truth and Trust, by his wife, Discretion, by his daughter, Responsibility, and by his son, Reason. He is survived by his 4 stepbrothers:

I Know My Rights
I Want It Now
Someone Else Is To Blame
I'm A Victim

Not many attended his funeral because so few realised he was gone.

If you still remember him, pass this on.
If not, join the majority and do nothing.

Author unknown

Submitted by Toni Brewster, Chain of Lagoons



OUT OF THE WOODWORK

The Guild is open every day except Friday, Saturday and Sunday (depending on volunteers) and other times by appointment. [Facebook.com/pages/Break-oday-Woodcraft-Guild-Mens-Shed](https://www.facebook.com/pages/Break-oday-Woodcraft-Guild-Mens-Shed)

I know many of our members read with regret that the Valley Voice could close.

We have this year lost the Lions Club and Tasmanian Regional Arts who wound up in May. To add our local paper would be a large loss for the Valley. The Valley Voice has been instrumental in lifting our profile over the years with advertising and "Out of the Woodwork".

Our first add placed in the Valley Voice was for the formation of our group which was held on November 20, 2004. I will always have fond memories of Maisie who in her nineties would proof read my articles and whose eagle eye would correct many of my grammatical errors. We all miss Maisie.

On searching through some of our archival material I found the photograph (below) taken of some of our original members in 2004 when we were presented with our \$6,000 seeding grant from the then Lyons Labor member the Hon. Michael Polley, and the late Stephen Salter, mayor at the time. Our gratitude has never waned.

We all send our sincere hope that our little paper will continue to amuse, educate and sometimes arouse strong debate for many more issues to come.

Photo courtesy of the Examiner .

Wendy Brennan, Secretary



St Helens Planning Forum with Sophie Underwood from (PMAT) Planning Matters Alliance Tasmania

When: Saturday 14 October 1 – 2.30pm, Where: St Helens Neighbourhood House, The Bungalow, 25 Circassian Street with presenters Sophie Underwood and Todd Dudley

What Does the Proposed Statewide (Tasmanian) Planning Scheme mean for you? The Statewide Scheme will govern the way every single land title is used in Tasmania – that means your back yard.

The Planning Matters Alliance Tasmania (PMAT) is a growing network of almost 50 community groups from across Tasmania, united with a common concern over the weakening of the state's planning laws and a vision for the future.

Together, we can ensure Tasmanians have a say in a planning system that prioritises the health and well-being of the whole community, the liveability of our cities, towns and rural areas, and the protection of the natural environment and cultural heritage.

The Tasmanian Planning Scheme will come into full effect in 2018. PMAT is not against the TPS – it's the content of the scheme that is the real concern – for example, what it means for you and your back yard. As part of the implementation of the TPS, your local Council, will be creating your Local Provisions Schedules (LPSs) – local zoning maps and special area plans or site-specific provisions adopted for your Council area. The LPSs will be prepared by Councils, however Councils will have limited options to vary the application of the State Planning Provisions to protect local character. As a community member – you need to get informed about what could happen to your back yard.

I would suggest that each and every one of you should get informed about what this scheme will mean for St Helens and surrounds as it will dictate land use decisions for the next 20 or so years.

The Planning Matters Alliance Tasmania is working hard to reinstate robust planning laws that protect the special things that make the Tasmania we all love. Join the campaign to ensure the Tasmanian community has a strong role in planning decisions and shaping the future of the state.

I have grown up in Tasmania and my interest in planning started over 20 years ago at a little coastal village called Swanwick on Tasmania's east coast. It is where Moulting Lagoon meets Great Oyster Bay. I have been visiting this area since I was born.

It is my place.

I started going to Swanwick before the Coles Bay Road was sealed and there were about six houses and nothing but old farming land, heritage buildings, bush and beautiful beaches. As there were so few people, when cars turned up Swanwick Road, as a child I got excited as I thought visitors were coming. It's a bit different now with over 300,000 people visiting Freycinet per year. At Swanwick, I witnessed the bulldozers arrive, the bush cut down, the animals dying, the pollution of waterways, the construction of curb, guttering and street lighting, the heritage buildings totally removed and the destruction of iconic beautiful views. This experience also gave me a taste of what it would have been like for the original inhabitants of the land. Fences and houses were constructed over bush tracks, stopping us from moving through, where we had once roamed, for years, free as children.

In my early 20's, I learnt that this land I loved, which was slowly being developed, was subject to a planning scheme, which essentially sets out how land can be used, developed and protected. Then over the next 25 years, I was involved in many planning appeals and formed "Swanwick Future", a group which aimed to achieve better planning outcomes at Swanwick.

Thus over the last 46 years, I have seen how slowly but surely how ad-hoc planning and market driven decisions can erode community amenity literally killing all the values of why we live and visit where we do. It is a similar pattern we have seen the world over. But it does not have to be like this. It is up to each and every one of us to stand up and get involved in creating a different outcome. Tasmanians have a long history of standing up – and it has created the Tasmania we have today.

Just to be clear. I am not a planner. I am simply a citizen of Tasmania and mother of two who cares about Tasmania's future.

I have a background in campaigning and it comes out of my drive of the love of nature and beauty and Tasmania.

I am inspired to campaign on the planning issue as I see it as a fundamental building block of society. But also, I am appalled at what the new planning schemes will mean for all our national parks and reserves and my own back yard. This is what got me motivated.

Ultimately, planning should be about protecting the basic values of why we live where we do but at the same time creating a prescriptive framework for development. It needs to be a very careful balance.

Sophie Underwood, Coordinator PMAT
0407 501 999 or email sophie_underwood@hotmail.com



Tasmanian Labor has ruled out licence fees or charges for rod and reel recreational fishing in salt water and coastal areas

Labor Leader Rebecca White said Tasmanians should always be able to fish in the state's coastal waters for free. "Other states have introduced fees for line fishing in salt water. Labor is categorically ruling this out," Ms White said. Ms White said Labor's policy would also provide an additional \$1.5 million to Marine and Safety Tasmania over three years for improved signage and carpark landscaping and new public toilets to make it safer and more comfortable in the most popular areas for fishing.

"This investment will make it easier for fishers and their families to enjoy our waters," Ms White said.

A majority Labor Government would conduct a review into the effectiveness of the Tasmanian Association for Recreational Fishing (TARFish) and ensure it is properly funded and resourced as the peak representative body for recreational fishers.

"Fishing is a large part of the Tasmanian economy and community and Labor will continue to actively support recreational fishing and ensure access to our iconic Tasmanian coastal waters and estuaries," Ms White said.

"This is why Labor supports the National Recreational Fishing Code of Practice – because we believe it is best practice.

"In particular, Labor agrees with the National Code's mission to empower recreational fishers to make responsible decisions as they pursue their passion."

Read more: <http://taslabor.com/fishing-for-the-future-2/>



Shadow Minister for Primary Industries and Water Shane Broad and Labor Leader Rebecca White with recreational fishers Todd Lambert and Kelly Hunt.

Labor will lobby the Federal Liberal Government to immediately and permanently ban super trawlers from Commonwealth waters

Labor Leader Rebecca White said the State Labor Party had been listening to recreational fishers who want an end to the uncertainty over super trawling.

"Will Hodgman has failed to stand up to his Federal colleagues to fight for a permanent ban on super trawlers," Ms White said.

"Earlier this year the Tasmanian Liberal Government cynically introduced the Living Marine Resources Management Amendment Bill to ban super trawling in Tasmanian waters despite the fact this ban already exists.

Meanwhile the primary issue of super trawling in the Commonwealth small pelagic fishery remains unaddressed.

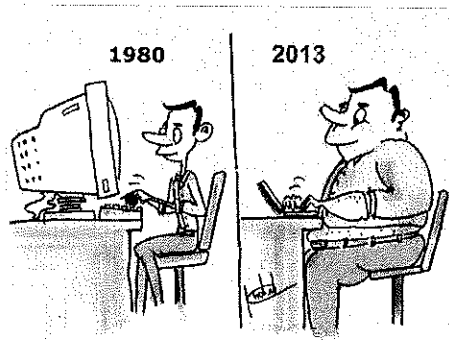
The door remains wide open to super trawlers, which have proven to have an unacceptable impact on marine mammals, including dolphins as bycatch.

Despite going to the 2014 election promising to oppose super trawlers and lobby the Commonwealth for a national ban, the Liberal Government has done nothing.

If the Tasmanian Liberals are serious about supporting recreational fishers they will join my push to have legislation introduced to the Commonwealth Parliament before the end of the year.

I should point out that companies such as Petuna Sealord Deepwater Fishing, who do not trawl for small pelagic fish and have a proven track record of sustainable fisheries management, retain Labor's strong support.

Through its deep water operations in Commonwealth waters, Petuna makes a significant contribution to the Tasmanian economy each year."



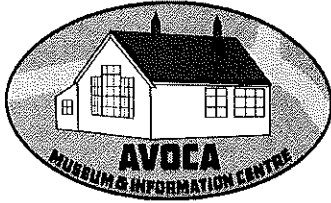
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Avoca Museum and Information Centre
Old School building
Avoca Tasmania 7213



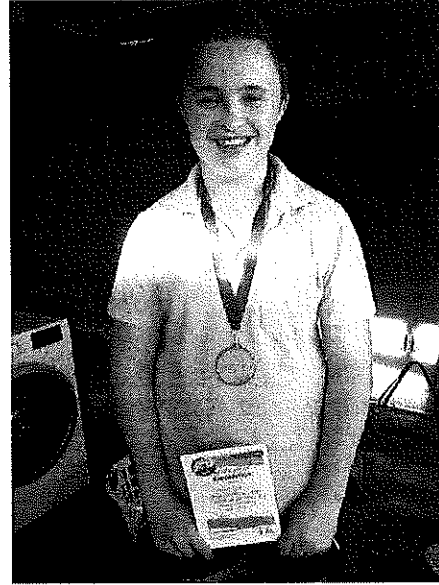
The next Avoca Museum & Information Centre meeting is 4pm on November 7, Melbourne Cup day. Put the date in your diary, wear a hat, enter the Special AMIC Sweep and come along to enjoy afternoon tea 'After the Cup'



Local lads make Avoca proud



Congratulations to Ryan Whitney, awarded Best and Fairest for the North Launceston Football Club Under 14 team. His award is presented by Under 16 premiership vice-captain Jacob Kerr.



Congratulations to Brock Pyke, awarded Runner-up Best and Fairest for the NHSSA All Stars Hockey team.

Rossarden & Friends Kids Christmas Inc.

Christmas Party

December 3rd at the Primary School Please give your parent contribution (\$10 each child) to Leesa or Helen *from now on* to ensure your child's inclusion.



The next AVOCA Market is
Saturday October 14, 2017 in the Hall.
Contact Shirley at the Post Office on
6384 2129 / 6384 2259



Congratulations to Ajay Woods awarded the inaugural Lewis McGee medallion along with Jonty Nicholson at the Campbell Town District High School on 28th Sept. L-R Cindy Johnston - Principal, Guy Barnett, Jonte, Peter Evans, Ajay



AVOCA • ROYAL GEORGE • ROSSANDEN • FRIGAL • MAMMARA • MATILINDA • UPPERZEN • CORNWALL • ST MARYS

2017 Photographic Competition - Official Entry Form

Theme - Flora and Fauna of the Fingal Valley

Name of Photographer: _____

Address: _____

Contact Phone Number: _____

Email Address: _____

Tick the box for the section you wish to enter: 18 and under Open

- Enter as many images as you wish on this Official Entry Form
Each image file must be named to correspond with the Entry Title Name
Entrance Fee is \$5 per digital image for Open and \$2.50 for 18 and under
Images submitted should be cropped to a ratio of 3:2, otherwise cropping will be executed at the discretion of the photo finisher when enlarging the image to 24"x16"
Submitted images to be e-mailed at full resolution to addlestone@bigpond.com or posted by mail on a CD/DVD/Thumb Drive together with this completed Entry Form and total Entry Fee to:

Peter Troode 19 Gray Rd St Marys Purple Possum
2017 GET Photographic Competition Or deliver 2017 GET Photographic Competition

Entries close at 5pm on October 11, 2017.
No late entries will be accepted

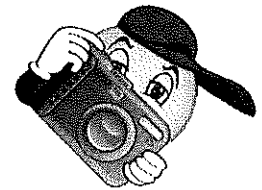
Entries Close at 5pm on 11th October 2017. No late entries will be accepted.

NB: If making payment by Money Order or Cheque, please make them payable to Greater Esk Tourism Inc, or deposit via direct deposit to:

BSB: 067019 Account Number: 10019212 Reference: Photo Comp (and your surname)

Photographic Competition 2017
THEME "Flora and Fauna of the Fingal Valley"

Cash prizes: Winner \$500, Under 18 \$250, People's Choice \$150



Entry - Title Name No.1

Entry - Title Name No.2

Entry - Title Name No.3

Entry - Title Name No.4

Entry - Title Name No.5

Entry - Title Name No.6

If you have any queries about the competition, please contact:

Peter Troode on 6372 2783 or 0412 425 666

Entry forms can be collected from the Purple Possum, or downloaded from our website.

The Stables Handmade Market

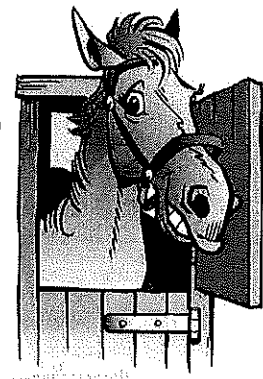
To all artists, hand crafters and growers of fresh produce.

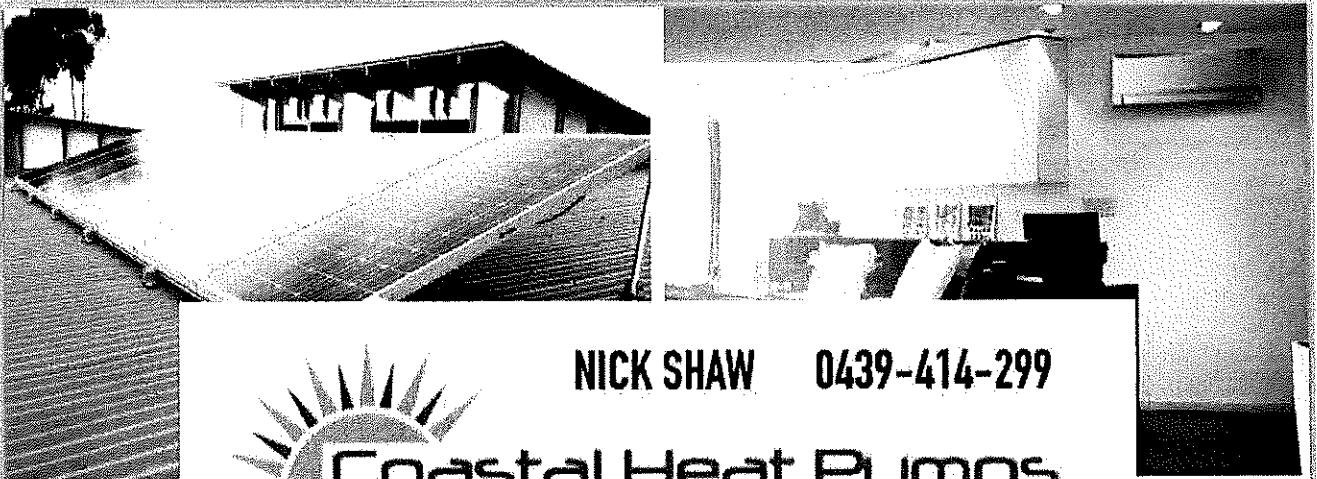
We are still looking for new stall holders for the new dusk markets commencing 17th November from 3:30-6:30 pm.

The season will run for five markets and we are planning for music and food to be part of the event. Contact Janet: 0404 562 320 or by email at thestablesmarkettas@gmail.com

If you are the maker of artisan or handmade products please do contact us. Looking for fresh produce providers as well Looking forward to hearing from you.

The Stables team





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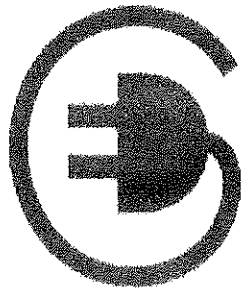
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Humans of Launceston ~ Arthur

"So, we were battlers my family. Very much so in fact. Too poor for clothing sometimes and we had to rely on the kindness of others. We ate what we killed. My parents were simple, hardworking folks who never really had anything and died penniless. I became very determined not to do the same.

My grandfather was one of the last Tasmanians to be photographed with a Tasmanian Tiger and featured in a very famous photo with one of the last thylacines known to man. His name was Albert Quarrell.

My father was also named Albert and he was a very experienced bushman. He was pure muscle my father. Tough as old boots. He had a crosscut saw and an axe and he felled trees for a living. And he could fix or make just about anything".

"I was born in Hobart Hospital in 1932. My mother had to ride a horse twenty-five miles from up past New Norfolk to get there. Dad walked next to the horse, holding it's tail to help him walk as he was quite lame. Before I was born, he had someone fell a tree and it landed on his leg, broke it in eight places and as a result he walked with a severe limp and it restricted his workload considerably. He was tough, but not as tough as a bloody falling white gum tree.

We lived at Tyenna, up near Maydena which is northwest of New Norfolk. My word there were some big trees out that way and they got rid of a lot of them. Used them for the pulp mill at Boyer. Mum was Olive May Quarrell (nee Rainbird) and was a very loving and simple woman. She earnt 50 cents a week from sewing. There was four of us Quarrell boys. Les and myself are the only two left.

I am an uneducated man. I left school at 11 years of age . So I am illiterate to this day. I can sign my bloody name quite well though.

I sometimes regretted not learning how to read or write but not as often as you'd think.

I worked with my father during my teenage years, felling trees and cross sawing them then dragging them by horse ready to be taken to the sawmill. It was very hard work. Six days a week and I was fit as a Mallee bull. Cross sawing is a bit of a work out and I was quite handy with swinging an axe too.

When I was 18 I scored a job on the Hydro driving bulldozers up at Bronte Park at the Great Lakes. The Hydro Commission employed over one third of all Tasmanians. After a freezing year of doing that I decided to move to Brisbane. I went to join the army but I found out you had to be 21 years old to do this. I wasn't waiting two years so I forged my parents signatures.

In the army, I was in the 3rd Battalion machine gun support company and after intensive training here in Australia, I had to go to Japan to do advanced weapons training. It was pretty hard yakka over there. The Japs were alright though. I was on 3 quid a week and I sent 2 quid a week home to my mother.

The Korean War had started in 1950 so I was sent over to Korea. I was fighting on the front line. It was bloody rough. I apologise in advance for crying but it's not something I have ever really come to terms with. It was a very frightening battle and I didn't know when I was going to get shot. None of us bloody did. I lost a great deal of mates. Good mates they were. Sorry for the tears young fella. I didn't want to cry. It's not something I'll ever get over.

We spent most of our time in a machine gun bunker. I was a respected rifleman and was a bit of a crack shot. We would shoot at the enemy through blankets, so that the enemy couldn't see where the gun traces were coming from at night time. We would have a spotter telling us which direction to shoot and we would adjust accordingly and fire away in the direction they told us. And it was freezing. Minus something on most days.

We were given weekend leave here and there and we'd go into a little town and buy long neck beers and we'd have to defrost them in a 44 gallon drum of water to be able to drink them. It was freezing. The drips on your nose would be ice and you could just snap it off.

There were mortar bombs being thrown at us constantly and it would have only taken one to land in our bunker and that would have been it. All over. So, our nerves were shot after months and months of this. It was very stressful, that I can say. I ended contracting pneumonia and spent some time on hospital and it was then time to go home. I won a few medals but have never really showed them off except to my family.

Upon my return back to Tasmania, I had a few days in hospital then it was time to carry on with life. I enrolled in a paid course learning the fundamentals of farming at a farm up in Sheffield for 18 months.

After that finished, I was offered a job as a shepherd at a farm called 'Hume' up in Macquarie Plains near New Norfolk, where I stayed for seven years. I learnt everything there was to know about the agriculture industry during that seven years. I made sure I was capable of doing anything because I had a plan.

I was a soldier settler so I applied for a farm and was allocated a farm at Togari, up near Smithton. The government paid for the cattle and it was a loan type situation to help returned soldiers find a career after serving in the armed forces. So, my farm was mainly milking cows and a few other things. I was working about 18 hours a day and employed a few blokes. So, I managed to pay back the government fairly quickly. *Continued next edition.*



Albert Quarrell and the last thylacines known to man.

Continued from front page

It would seem, from reading his military record, that this engine driver exhibited bravery under fire, his promotion to sergeant within 18 months of enlistment implies considerable leadership qualities and C.E.W. Bean (official war historian) notes he was recommended for a commission. The sad reality is that trees die, memories fade and plaques tarnish so the Campbell Town School, ANZAC Committee and the local community have resolved to keep his memory alive by the creation of a medal to be awarded annually. The medal (pictured be-

low) is to be awarded to a student from Avoca School and another from Campbell Town, who best demonstrate the qualities of loyalty, bravery, leadership and service Lewis' citation outlines. The inaugural winner of the Avoca Medal is Ajay Woods, pictured below with Ms Penny Back and Lt Col Alex Thompson. The presentation was made at a special assembly which also included an address by Ralph McGee who shared Lewis' story, after a ceremonial placing of Sgt McGee's photograph on the stage. Proceedings concluded with The Ode, The Last Post, silence and The Rouse, followed by the National

Anthem led by the Campbell Town Primary School Choir.

The assembly / service was attended by a large number of the Mc Gee family members, who made me most welcome as their guest.

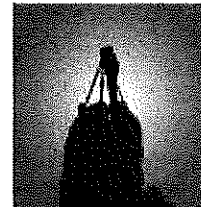
Also attending were current and former politicians at federal, state and local government levels, and of course staff and students from Avoca and Campbell Town schools.

**By Wendy Fowler, B.A.,
B.A.HONS. (UTas), M. Pub.
History (Monash), St Marys**



Surveying Town Planning Aerial Photography & 3D Modelling

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- House set-outs
- Land development and management
- Strata developments
- Engineering and feature surveys for design
- Construction set-out
- Development investigations and assessments
- Town planning services
- Aerial photography for real estate and other
- Agriculture services such as drainage and dams
- Quantity surveys for stockpiles and quarries
- Machine Control setup, establishment and onsite management
- Mapping and monitoring of sites
- Project feasibility studies
- Aerial and terrestrial 3D modelling
- Near Infra Red (NIR) and Normalised Difference Vegetation Index (NDVI) imagery for vegetation and crop health
- Thermal imagery capture



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Community meeting starts St Marys Flood project

The St Marys Rivulet Flood Management project got underway on Friday September 28, with community and smaller project reference group meetings in St Marys.

During the day Julian Skipworth and Ben Tate from Water Technology, the consultants engaged by Break O'Day Council to model flooding, were in St Marys talking with residents about past floods.

In the evening they outlined the flood modeling work they are starting at a community meeting attended by twenty people at the Holy Trinity Church in the evening.

The first step in the project will be building a good computer simulation of how floods behave in St Marys using past rainfall records, river height records from the Killymoon bridge on the Esk Highway and a laser survey of land elevation on a 3 metre grid done by Forestry Tasmania in 2012.

Photos of past floods will be used to check the computer is getting it about right.

Recollections of the January 2016 flood that inundated Main Street were shared at the community meeting using a preliminary computer generated map of the event to get peoples observations of the flood and start fine tuning the modelling process.

The flood modelling will be used to estimate future flood events under various flood scenarios, test flood mitigation options and works. At another community meeting planned for early December maps of floods of different probabilities and scenarios will be presented and participants will also help identify flood mitigation options and works to be tested for their effectiveness.

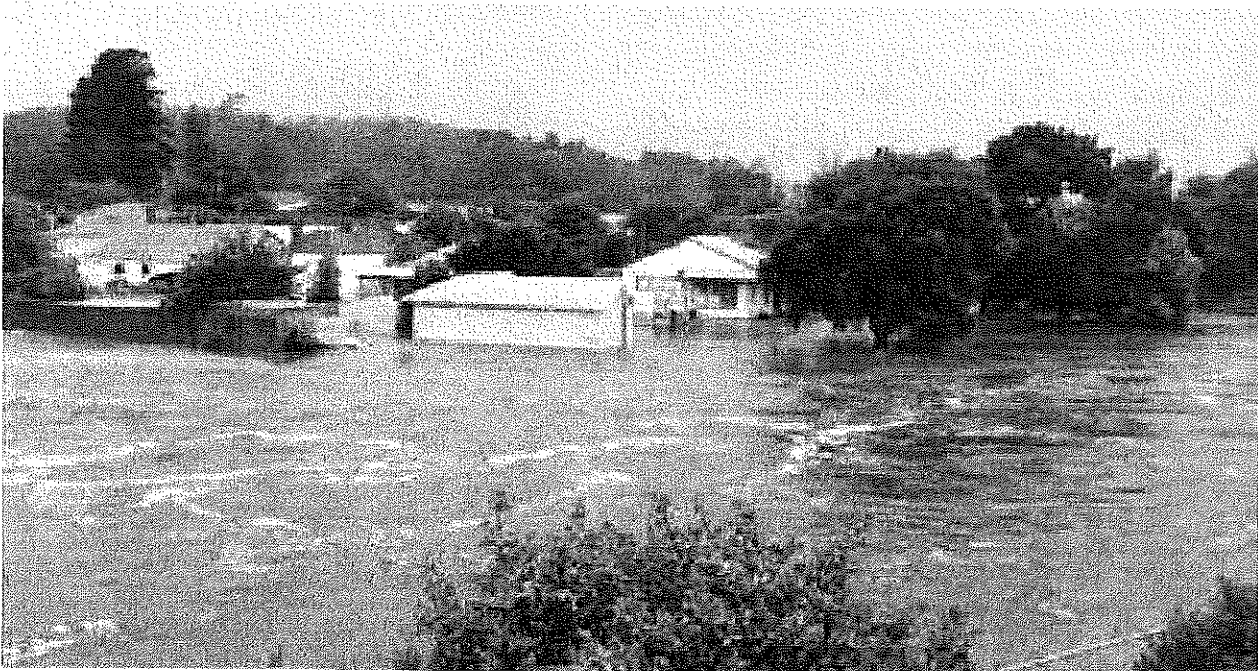
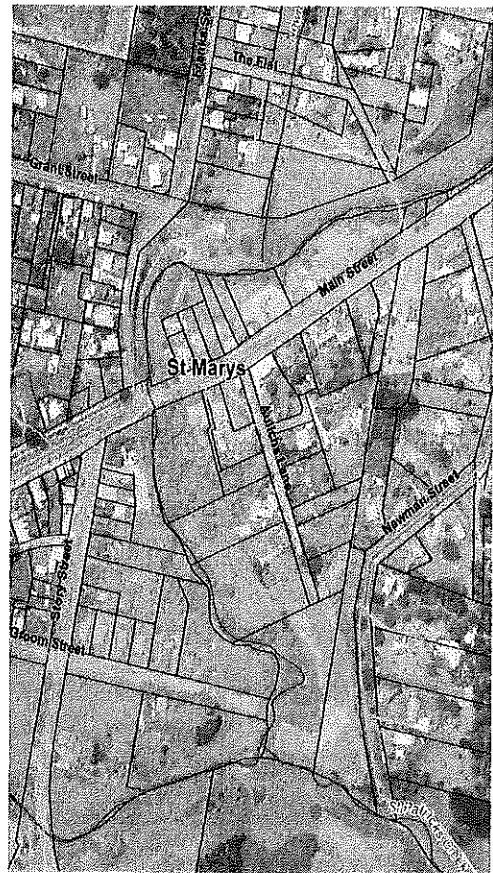
A project reference group is being formed so Council, SES and other stakeholders and community members and can work together with Water Technology on the project.

The project will provide better information for planning and preparing for flood for households through to the community and land use planning.

Early in 2018 further workshops will be held to present the results and then use the flood risk maps to help community members develop flood plans for their households, businesses and a St Marys community flood plan.

Photographs people have of past floods, large and small, are useful for the project, particularly if they show water height (or strong currents) at known point and date and time.

If you would like to share some photos, know more or get involved with the project contact Polly Buchhorn at Break O'Day Council on 6376 7900.



365
tomorrows

Disrupt

By Philip Berry

Stan looks right through the innocent, who stand in pools of studio-bright light where the afternoon sun reflects from countless mirrored towers. Turn up the power and they'd boil on the spot. It is the last natural warmth he feels.

Carrying nothing, he enters the subway. The signs mean nothing to him, the chatter in the hall is incomprehensible. He is in a foreign land.

There are nine lines, serving the metropolis and five adjacent, smaller cities. They are coded by colour and symbol. Some split as they leave the station, some converge as they enter.

Everybody knows where they need to be and where they want to go, except Stan.

He slaps the back of his hand onto a square pad, and breathes out with relief as the barrier parts. His tissue was recognized as that of a citizen, and was found to be filled with credit.

The human flow takes him forward and right, onto the southbound Xantha line. Stan has no destination; he was told to enter, and to stay.

He alights at the Xantha line's southeastern extremity, near the port. He knows that arms and explosives move above him, illegal caches in unmarked containers. For the cause. But Stan is not a man of violence. He is not even a man.

He will live here, in the tunnels, hubs and interchanges, leaking confusion into the system. With every brush of

his hand, viral particles will seep along the links and cascade into the algorithms. Only the older parts, the iron-piped wires, the capacitors and binary switches will be immune. The rest will degrade as it absorbs the malignant code carried in his genes.

He glimpses white, ceramic tiles under fluid boards, placed and grouted four hundred years ago by men with black lungs and teeth worn to the gum by grit thrown up by monstrous friction drills. They, too, lived half their lives underground.

As he passes a wall alive with routes, delays, diversions and times, Stan notices that a symbol carries a shadow. He stops. The symbol flickers and breaks down, then resumes its solid, dependable form. The shadow has gone.

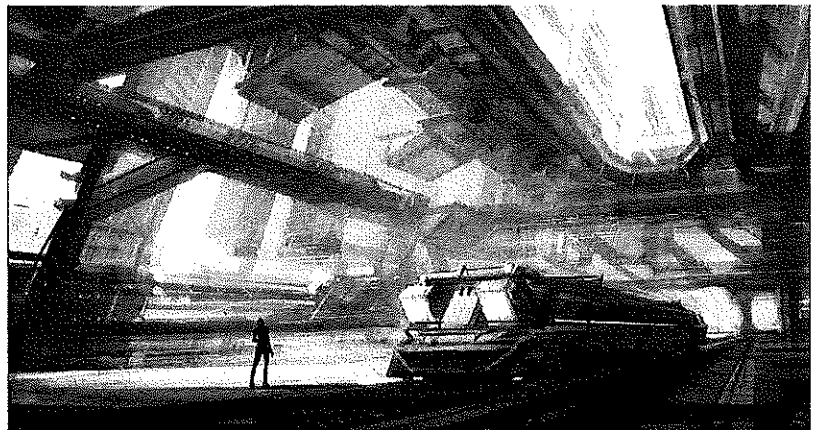
Stan's small smile is just as transient.

His controller was honest. Stan was warned that the transfer of information would gradually reduce him.

But Stan is not bothered.

Already, they ignore him, these commuters, the city's busy, focused, justified inhabitants. It will be no different when he becomes translucent.

He will steal food from counters with ethereal hands, slip wallets from the pockets of the unsuspecting, sleep unseen in hot corners, and give himself to the cause... until the threshold of confusion is reached and the city's hidden heart and all its arteries are paralysed.



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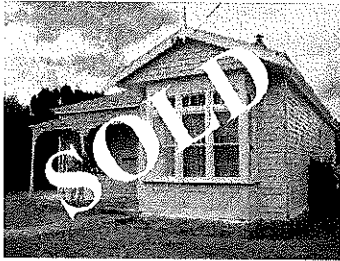
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Surf Coast Realty has SOLD a number of properties in the Fingal Valley region recently and is seeking new listings in this area!!!

If you would like an obligation free appraisal for your property, or further information on the current market conditions, please contact us on (03) 63725321.



15 Gray Rd, St Marys



8 Gray Street, Fingal



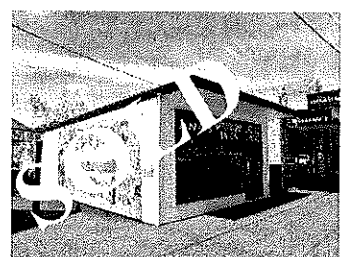
2 Grant Street, Fingal



Lot 4 Esk Main Rd, St Marys



8 Cameron St, St Marys



46 Main Street, St Marys

Recent Testimonials

"After a couple of disappointing experiences with other real estate firms in the area we signed up with Nigel and right from the start he went out of his way to get us a successful result. He kept us in the loop all the way through and we would recommend him and his team to anyone who is considering selling their property. Thank you Nigel, Shannon and Dane, we wish you continued success with your business." *Jenny & Phillip Midson, 2017*

"I found Surf Coast Realty to be a professional team. Dane handled the listing with short notice, he kept us informed throughout the sale process & achieved the sale quickly. In the office, nothing was too much trouble for Shannon. I would list with them again." *Grant Anderson, 2017*

"I found Dane and colleagues at Surf Coast Realty to be professional, informative, prompt, knowledgeable, friendly and genuine. I would highly recommend Surf Coast Realty to friends and associates." *Peter Godwin, 2017*

Further testimonials available at www.surfcoastrealty.com.au

More photos from the Mathinna Get Active morning tea fundraiser on October 1, held in the Community Centre

This well attended event, with a lavish spread, managed to raise \$320 for the Cancer Council of Tasmania.


The table was indeed groaning, there were prizes for all and it was very heartening to see a community group in a cohesive, successful and rewarding environment.

Congratulations on your group, and thanks for a lovely morning. I may never eat again.

Editor. (Photos taken by the editor.)



Hon Rene **Hidding** MP
Liberal Member for Lyons



Always Available

Ph: (03) 6165 7840
rene.hidding@dpac.tas.gov.au
f rene.hiddingmp

Authorised by Rene Hidding MP, 1 Gordon Street, Sorrel

The BETOOTA ADVOCATE

North Queenslander In State Of Panic After Stumbling Onto Sydney Airport Travelator

CLANCY OVERELL | Editor |

A polite North Queensland Cowboys fans is not far off hyperventilating right now, as he and his luggage are transported across a Sydney Airport terminal without consent.

"By Joh" he says. "What's goin' on 'ere"?

38 year old Stirling Bowen has never been south of the Brisbane line in his life, but after having to sit out the 2015 North Queensland Cowboys Premiership due to a close call with an Irukandji jellyfish – he wasn't going to miss this year as well.

"The wife and the kids were ex-

cited to come with me originally, but gradually they all backed out because of how scary it all seemed" he says.

"I nearly did too, to be honest. But our Cowboys are up against the Storm. This will be one to remember."

Stirling says that while he knew he was going to be confronted with both a culture and technology shock – he did not expect anything like what he's experiencing with these moving walkways.

"I'm about to hit the deck" he says.

"How am I spose to get off it? Does it just spit me off at the

other end?"

As one of 80,000 fans expected at the NRL grand final, of which most will be Cowboys supporters because there is no such thing as a Melbourne Storm fanbase, Stirling says he hopes he doesn't have to deal with too many more of these things.

"Christ just get me in a plastic seat for kick off – I've already nearly sh-t myself after one of those tiny airport carts spun past me from behind"

"This place has gone and got itself in a hurry"

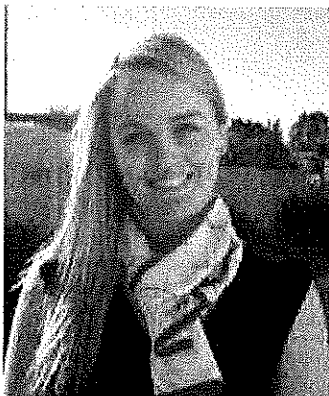
Tasmania Planting Guide for October

Globe artichokes & chive divisions, early cabbages, broccoli, celery, parsley, parsley root, summer carrots, silverbeet, potatoes, beetroot, spring onions, leeks, lettuce, English spinach, radishes, parsnip, cauliflower, spring & salad onions, late peas, tomato, zucchini, pumpkin, squash, melons, runner beans, bush bean and French beans.

Ph 6234 5566 / info@sustainablelivingtasmania.org.au www.sustainablelivingtasmania.org.au



LJ Hooker



Kate Walsh

Your local area specialist in St Marys and Scamander. For an obligation free market appraisal please contact Kate Walsh from LJ Hooker St Helens.

Ph: (03) 6376 2300

Mobile: 0419 683 904

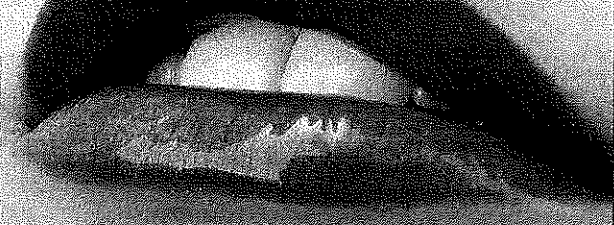
Email: kwalsh.sthelens@lh.com.au

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Colour, Glossy Gloss & Oops! Remover
INDIVIDUAL COLOURS \$34 EACH
GLOSSES \$26 EACH

www.senegence.com/ShazsTassieLips
Facebook: ShazsTassieLips

ACROSS

- 1. Catch
- 5. Leered
- 10. Breezed through
- 14. Daughter of Zeus and Demeter
- 15. Balderdash
- 16. Constellation bear
- 17. Eclipse
- 19. Optimistic
- 20. A Buddhist temple
- 21. Mortise and _____
- 22. Models
- 23. Upwind
- 25. Belonging to you
- 27. S
- 28. Friendly
- 31. Ancient unit of dry measure
- 34. Wild Asian dog
- 35. Consume
- 36. Objective
- 37. Devout
- 38. Mother
- 39. Governor (abbrev.)
- 40. Spirits
- 41. Lure
- 42. Shepherd
- 44. Not many
- 45. Way to go
- 46. Transportation by air
- 50. Washbowl
- 52. Stories
- 54. Prefix meaning "Modern"
- 55. Distinctive flair
- 56. Instigator
- 58. Religious offshoot
- 59. Group of eight
- 60. A jaunty rhythm
- 61. Sounds of disapproval
- 62. S S S S
- 63. Untidiness

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17				18							19			
20				21						22				
23			24					25	26					
			27				28						29	30
31	32	33				34						35		
36					37						38			
39				40						41				
42			43						44					
		45						46				47	48	49
50	51						52	53					54	
55						56					57			
58						59						60		
61						62						63		

DOWN

- 1. Frown with displeasure
- 2. Exploded stars
- 3. Mountain crest
- 4. Needlefish
- 5. Not these or those
- 6. Opulent
- 7. Adriatic resort
- 8. Name derived from a person
- 9. Morning moisture
- 10. Dawn goddess
- 11. A horizontal beam
- 12. Being
- 13. Not nights
- 18. Hiding place
- 22. Brownish purple
- 24. Welt
- 26. Anagram of "Silo"
- 28. A grasp of something
- 29. Lantern
- 30. French for "State"
- 31. Hens make them
- 32. Milne bear
- 33. Backpack
- 34. Water pills
- 37. He writes in verse
- 38. Whimper
- 40. Cold-shoulder
- 41. Brusque
- 43. Scoring units
- 44. Meadows
- 46. Seaweed
- 47. An independent film company
- 48. Experiences
- 49. Wrongs
- 50. Finest
- 51. Beers
- 53. Picnic insects
- 56. Caviar
- 57. A high alpine meadow

Solution on p29

The Antenna Guy

- Antennas
- VAST (free to air by satellite)
- TV tuning
- Home entertainment setup
- All areas serviced
- Get clear reception anywhere!



Call Josh 0408 388 322 / 6377 1150

Ransley's Appliance Service

POB 136 Scamander Tasmania 7215



Washing machine noisy?
Refrigerator runs too long?
Clothes dryer blows cold air?

then you need the services of our technicians
6372 5307 / 0428 761 811

St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours
Monday - Friday

8:50 - 10am (10 -10:30am Reception closed)
10:30am - 12.30pm (1 - 1:30pm Reception closed)
1:30 - 3:00pm (3 - 3:30pm Reception closed)
3 - 4:30pm

Pathology Service – Bloods

There is no pathology service prior to 8.30am.
If you require pathology prior to 8.30am i.e. urgent blood test and / or a fasting test, an appointment must be made at the Nurses' Station the day / evening before on 6387 5555
Pathology hours are 8.30 - 11am and 2 - 4pm, Monday-Friday

Scripts and Doctors' Appointments

Please ensure doctors' appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

Please be patient Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance. Please be aware we are not able to issue scripts by phone.

St Marys Medical Practice reminder

Dr Latt wished to remind the community of the following exceptions to bulk billing at the SMCHC:

Driving licence renewals	Insurance medicals
Requested medical reports	Harness medicals
	Pre-employment checks

These are NOT covered by Medicare, and may incur costs. Please discuss this with reception when booking. If you have any concerns, please contact us and we will try and address them

PUBLIC HOLIDAY Thursday 12 October 2017

Please refer to the After Hours contact numbers during this time.

GP Assist 1300 780 011

Ambulance 1800 008 008 / Emergency 000

Lifeline 131 114

St Marys Community Health Centre

If possible please ring before presenting after hours

Normal doctor surgery hours will resume on Friday 13/10/17

INR tests require a 5 minute doctors' consultation.
Please inform reception when booking

Doctors' Roster

Dr Hunter

6/10/17– 20/10/17

Dr K Nash-Rawnsley

6/10, 10/10, 13/10, 17/10 & 20/10 2017

PUBLIC HOLIDAY

Thursday 12 October 2017

Non-attendance of Doctors' appointments

Please be aware there is a non attendance policy at this practice. If you miss three appointments you will be sent an account. If you miss a fourth appointment you may be referred to another Medical Practice. Due to demand, doctors' appointments need to be booked at least **two weeks in advance**. Waiting periods can apply.

A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008 000
Lifeline - Saving lives, crisis support and suicide prevention	13 11 14
St Marys Community Health Centre - please ring before presenting after hours	6387 5555

Infection Prevention

If you are presenting at the Health Centre with flu like symptoms please use the **face masks** and **hand sanitisers gel for your hands** which is available at the Reception area. These simple steps will help to prevent the infection spreading to others.

If you are non compliant you may be asked to wait in another area. Thank you

Sleep Studies at the SMCHC

Sleep studies are now being conducted through the St Marys Health Centre in conjunction with Dr Latt and Dr Chia from the Launceston Sleep Centre. This is a fantastic opportunity for our community as these studies have only be available in Hobart and Launceston in the past. If you are suffering from a sleep disorder please see your GP for further advice. Phone 6387 5555

The Annual General Meeting St Marys Hospital Auxiliary meeting change. Due to the number of members who will be absent on October 2, we wish to notify that the meeting will now be scheduled for October 9 in lieu of the 2nd. **Kevin Faulkner, Secretary**

St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

What's on at the Centre

- October 6 **Social Worker** Shan Williams
Ph 6387 5555 for appts
- October 9 **Occupational Therapist** Danyelle Briggs by referral from your Health Professional
Max Employment— 8:30am-5pm downstairs
Hospital Auxiliary Meeting 2pm in the Family Room.
- October 10 **Child Health Session** with Mary Mumford Tuesday fortnights, by appt only.
Ph 0428 136 381
Occupational Therapist Danyelle Briggs by referral from your Health Professional
St John Podiatry Ph6376 2971 for bookings and fee enquiries
Anglicare 1:30pm-3:30pm downstairs
Diabetes Educator Sally Gates. See your GP for a referral
- October 11 **Day Centre** Ph Hayley Gilbert on 6387 5555 for information on the group
- October 12 **Public Holiday**
- October 13 **Social Worker** Shan Williams
Ph 6387 5555 for appts
- October 16 **Occupational Therapist** Danyelle Briggs by referral from your Health Professional
Tasmanian Lymphoedema Centre Meeting
5pm in the Day Room.
- October 17 **Podiatry North** For appts please ph 6336 5155.
- October 18 **Social Worker** Shan Williams
Ph 6387 5555 for appts
Day Centre Ph Hayley Gilbert on 6387 5555 for information on the group
- October 19 **Social Worker** Shan Williams
Ph 6387 5555 for appts
2nd Bite Delivery
- October 20 **Dr Chia Sleep Study Session.** See your GP for details on sleep study testing.
Social Worker Shan Williams
Ph 6387 5555 for appts

Community Transport— St Marys
For transport bookings Phone: **6372 4415**

Information on this page supplied by St Marys Community Health Centre, Gardiners Creek Rd, St Marys Tasmania 7215



AT THE

**FINGAL VALLEY
NEIGHBOURHOOD HOUSE**

TALBOT STREET FINGAL

SATURDAY 21st OCTOBER 2017 AT 5.30PM

Purchase your tickets from the FVNH Office - \$10 per person

A light supper will be provided



The Fingal Valley Neighbourhood House Inc. is funded by the Crown through the Department of Health and Human Services

St Marys
PHARMACY

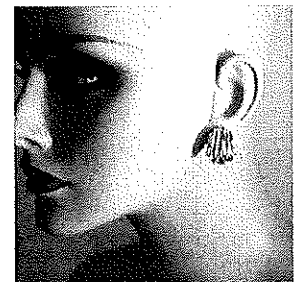
Main Street St Marys
Ph 6372 2844

Kodak prints from 45¢

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off**

**All gifts during
October!!!**

Ear piercing \$27
includes earrings
and solution
with qualified
staff
Bec, Sally and
Cassie



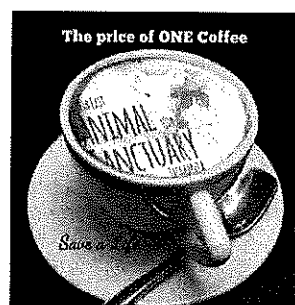
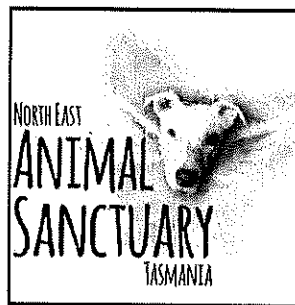
Pharmacist instore Monday to Friday

248 words of 3 letters or more were found in
ASPIRATION



- | | | | |
|------------|----------|---------|---------|
| aas | ors | prison | spirit |
| air | pain | pros | spiro |
| airs | pains | psi | spit |
| ais | paint | rain | sport |
| anotia | paints | rains | spot |
| ant | pair | raisin | sprain |
| antra | pairs | ran | sprat |
| ants | pan | rant | sprint |
| aorta | pans | rants | stain |
| aortas | pant | rap | stair |
| apart | pants | rapist | star |
| apiarist | par | raps | stir |
| apron | pars | rapt | stop |
| aprons | parson | rasp | strain |
| apt | part | rat | strap |
| aria | parti | ratio | strip |
| arias | partisan | ration | strop |
| ars | parts | rations | tan |
| arson | past | rations | tans |
| art | pasta | rats | tap |
| artisan | pastor | riot | tapas |
| arts | pat | riots | tapir |
| asp | patina | rip | tapirs |
| aspirant | patinas | rips | taps |
| aspiration | patio | roan | tar |
| aspirin | patios | roans | tarn |
| astir | patron | roast | tarns |
| atonia | patrons | roist | taro |
| atonias | pats | rosin | taros |
| atop | pianist | rot | tarp |
| atria | piano | rots | tarpan |
| atropia | pianos | saint | tarpan |
| atropias | piarist | sap | tarps |
| ins | pin | sari | tars |
| intarsia | pins | sarin | tarsi |
| into | pint | sat | tiara |
| ion | pinto | satan | tiaras |
| ions | pintos | satin | tin |
| iota | pints | sin | tins |
| iotas | pion | sip | tip |
| iris | pions | sir | tipi |
| iron | pis | sit | tipis |
| irons | piston | sitar | tips |
| its | pit | sitin | ton |
| naira | pita | snap | tons |
| nairas | pitaa | snip | top |
| nap | pitaa | snit | tops |
| napa | pitaa | snort | torn |
| napa | pitaa | snot | train |
| nip | pits | soap | trains |
| nips | point | soar | trap |
| nit | points | son | traps |
| nitro | porn | sonar | trio |
| nits | porns | sonata | trios |
| nor | port | sop | trip |
| nos | ports | sort | trips |
| not | posit | sot | tsar |
| oar | post | spa | tsarina |
| oars | pot | span | |
| oat | pots | spar | |
| oats | print | spartan | |
| ops | prints | spat | |
| opt | prion | spin | |
| opts | prions | | |

How many words of three letters or more can you find in
CONFLUENCING?



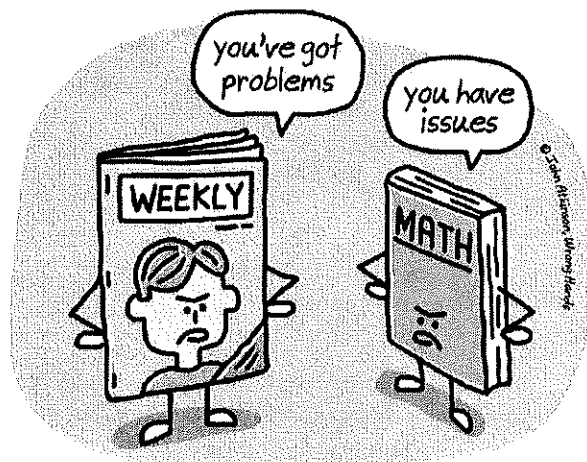
Max loves other dogs. He would probably be happier if he wasn't the only dog in the home as he seems happier when he is with other dogs. He is good with the kids and loves to play, he prefers to be outside rather than inside. (Will require a secure yard) He isn't good with chickens (but we can't all be perfect) He likes going for a walk and is pretty good on the lead. He's currently being housetrained. We are sure there is a family out there that's just right for Max!! If that's you and you are interested in meeting Max please pm us!!



ADOPT, DON'T SHOP

0457 081 533

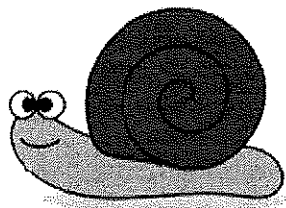
michelle.jesson@bigpond.com



After the recent snail racing contest, the four contestants were congratulating each other.

- Only one snail wore the same number as the position it finished in
- Alfred's snail wasn't painted yellow nor blue, and the snail who wore 3, which was painted red, beat the snail who came in third
- Arthur's snail beat Anne's snail, whereas Alice's snail beat the snail who wore 1
- The snail painted green, Alice's, came second and the snail painted blue wore number 4
- Anne's snail wore number 1

Can you work out who's snail finished where, its number and the colour it was painted?



Answer next edition

St Marys Sports Centre Inc.

Continued from back page.

Golf news Saturday 23/9/17 Stroke. G Mac 33, M Carrick 34, J Mac 35, S Mercer 40½, M Turner 41½, Jacob S 43, Jacko 48.

AFL Grand Final Golf results 30/9/17. 3 Person Ambrose, Bluey, Leigh & Bobby 28, Jacob, Todd & Dylan 28½, Cody, Troy & Corey 29½, Macca, Macca & Macca 31½, Jacko, Terry & Peter 33, Steve, Trev & Steve 35½. N/Pin J Mac.

Raffle winner G Mac, but Jacqui thought they said J Mac so she gave it to John. Troy won the purse for nearest point margin. Thank you to all the golfers and all the footy crowd.

Golf times Sunday 1pm now.



Tasmania Way Back When

<https://www.facebook.com/tastime/photos/>



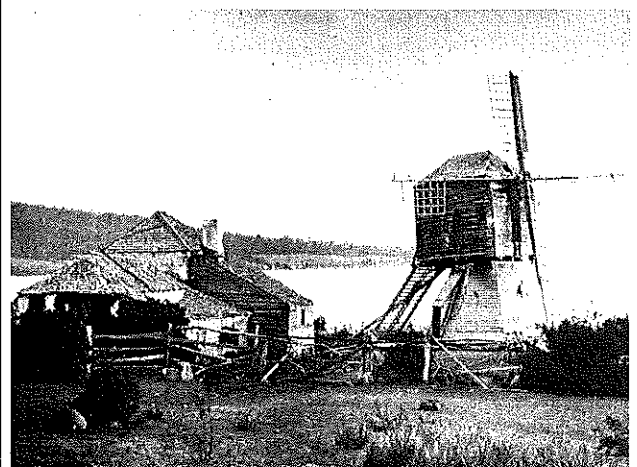
1900 Kelcey Tiers Spreyton



1920. Businessmen outside
C H Smith of 41 St John's St Launceston



1922 Flooded Davey & Hunter Streets Hobart with an
elephant pulling a drag.



1816 - 1908 Rokeby
Stanfield's Mill, South Arm Road



St Marys IGA Supermarket

38 Main Street 6372 2240

Butcher instore weekdays 8am - 2.30pm
6372 2274

Monday - Friday 7.30am - 7pm

Saturday 8am - 7pm Sunday 9am - 7pm



Butchery specials October 4 - 10

p/kg

Forequarter Lamb Chops

12.99

Ingham Chicken Cuts

3.49

BBQ Blade Steak

12.99

Corned Silverside

8.99

Porterhouse Steak

24.99

Butchery specials October 11 - 17

p/kg

Netted Boneless Lamb Roast

14.99

Pickled Pork

12.99

Ingham Breast Fillets

9.99

Round Steak

12.99

Topside Beef Roast

13.99

Two week specials October 4 - 17

McCain Pizza Slices 400-600g

4.99 save 4.10

Maggi Noodle Cups 58-65g

.90 save .90

Kraft Cheese Singles 432g

3.99 save 2.46

Nescafe Menu Coffee Sachets 10pk

3.29 save 3.30

Dolmio Extra Pasta Sauce 500g

1.64 save 1.65

Sanitarium Weetbix 575g

2.50 save 1.29

Nanda Pasta Range 500g

.87 save .88

Nestle Condensed Milk 395g

2.50 save 1.00

Tassie Quench Cordial Syrup 2L

1.99 Save 1.20

Pantene Shampoo or Conditioner

2.99 save 4.00

St Marys Sports Centre Inc.

Gray Road St Marys

Thursday 5pm onwards. Friday 5pm until close, includes Happy Hour 6.30 - 7.30pm Raffles, Lucky Members Draw, Pick a Pen, toasted sandwiches on sale. Saturday 12 until close. This time may vary. Sunday 1pm until close.

General news Christmas bookings - the first week in December is open for small group bookings. Ring Jacqui on 0439 978 156. The centre will organise their Christmas raffle this week and we will set date for our Christmas breakup. We will also confirm contribution to the Community Christmas Party.

Jam Session / Open Mike Sunday October 22 at 1pm. Local talent and more. Variety of food, cheap prices and lots of laughs.

Chad Morgan Show Sunday December 17, tickets \$20 on sale at the centre.

Golf update on p29.

Bowls news Practice is on Thursday from now on. Early practice for players who travel is available. Saturday October 7 St Marys v Bicheno is the first game of the first round.

The Nan Stuart Memorial Shield was held on Sunday October 1 at St Marys. The Shield went back to Scamander 49, St Marys 46. Spud congratulated Macca for the 1st class condition of the bowling green, he stated it was the best he'd ever seen. We thank Spud for the praise as sometimes some positive feedback helps keep spirits lifted.

The Valley and East Coast Voice Inc. is available at the following outlets:

Avoca Post Office
Coach House Restaurant
St Marys
The Farm Shed, Bicheno
Hilly's IGA St Helens
Hilly's IGA St Marys

Holder Bros Fingal
Mathinna Post Office
Scamander S/market
St Marys IGA
St Marys Newsagency

Shower Thoughts: When humans first walk on Mars, the news will talk about the first time humans have set foot on another planet. Some people, thinking the moon is a planet, will "correct" them on social media and give us a fresh goldmine of confident stupidity.

Printed and published by
The Valley and East Coast
Voice Inc.
POB 230
St Marys Tasmania 7215.

