TEVALLEY & EAST COAST

Volume 5 No. 7 Box IOO St. Marys.

Friday IIth August, 1972. Price 5 cents.

EDIT

We hear it every day and we agree with all those holding forth about it - -- "Australia is a beautiful country - ... 6 inches bove the ground.".

"In all the hysteria about Lake Peddar the conservationists themselves almost destroyed the lake with litter."

"I have just come back from the main-land and it is good to get away from all the pollution."

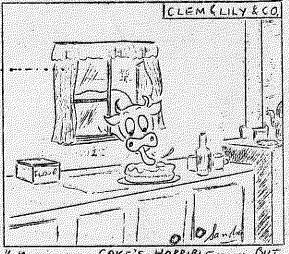
Meantime, back on the home front, what is going.on? If anyone cares to walk along the highway instead of driving they can be assured of several bags of litter - our readers may remember the remarks of one of their number last January recounting his walk from Falmouth to St. Helens - the amount of roadside litter was more than he could handle.

Every so often members of St. Marys
Progress Association clear the area
leading to the Waterfall Track of refuse.
They are still unable to decide whether
one person is responsible for using
this area as a tip or whether it is a
combined effort and just why every so
often someone bothers to scatter the
rubbish along the track.

St. Marys and Scamander Progress
Associations have spent a considerable amount of money, time and effort to provide good quality toilet facilities in their areas and public spi od citizens in both areas are keeping these toilets clean. Every so often along come the vandals doing expensive damage and there is no reason to suggest that these vandals are not locals.

Park areas present a problem for planning, as one has to be prepared to accept that anything that is planted will be whipped out or cut down. One recent incident - a small shrub was found pulled out the day after it had been planted in the local park and was duly replanted. Next day there it was, pulled out again. Once again it was replanted, this time anchored with a rock, only to be found pulled out and missing the next day.

Some of the local tips leave much to be desired - they are badly sited and



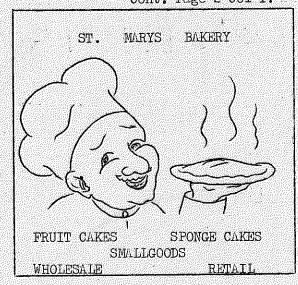
Mm. mm CAKE'S HORRIBLE BUT THE CREAM'S LOVELY!"

not serviced frequently enough and overrun with flies, but those using them seem incapable of reading directions of where to throw rubbish.

Sewage "- ment plants are few and for between in Tasmania but even when they rexist, maintenance is made difficult and expensive because of the public's ignormand carelessness in the use of same. At St. Leonards problems arise constant, with nylon stockings, plastic bags and alkaline wastes which are disposed of in the sewage system.

Every summer both children and adults are raced off to the doctor with cuts from the broken bottles which are liberally sprinkled along our coast even in the most isolated places.

And so on ----We hear it every day. Listening is not enough, even sympathetic listening nor is it any use waiting for someone to come forth with an immired answer Cont. Page 2 Col I.



Editorial Continued:

Progress associations and Local Author- ALL DRESSMAKING expertly carried out. their priority lists and Education must encompass community hygiene more realistically.

Meantime, dear readers - from 1st Grade up, if you don't start doing something about it in some way, however small NOW, the 6 inches of litter about your feet will be getting higher fast.



Dear Sir,

Through your pages we would like to say goodbye to our many friends in the district. We are sorry to be leaving you all and will always remember your many kindnesses and your great friendliness. We do not feel we are leaving permanently as we have many ties with the district and hope we may see you all regularly in the future.

We hope at least some of you will drop in to our new (old) home in Launceston for a cup of tea or coffee.

We would especially like to thank the members of the Tasmanian Farmers Federation, The St. Marys Progress Association. The Child Health Committee, The Local Association of the Girl Guides and the staff of the Valley Voice for their good wishes and kind gifts.

Geoff and Betty Dean & family.

TOUCHE

Last issue we were talking about gimmicks hitch-hikers need to ply their trade. The trendy gent seated on a canvas stool near Perth last week certainly had one. He was playing a flute and alongside him was a notice that read:

'I PLAY FOR ALL MY RIDES'

CLASSIFIEDS

ities shouldhave this problem high on -- Prompt service, satisfaction guaranteed. Gimmuuk GuwNs, upstairs, shaw's akcaba LaUNCESTON. Open saturday mornings. Phone 25170.

> KINGS BUS SERVICE, St. Marys, St. Helens Winnaleah, Bicheno and Swansea. Passengers, phone Winnaleah.

KEDLINE BUS SERVICE, St. Marys. They distribute this paper quickly and efficiently. Why not let them work for you.

FUR SALE st. Marys School summer uniforms. (girls) two to fit 10 year old \$2 each. One to fit 12 year old \$3. Apply Mrs. K. Lohrey, Falmouth.

FINGAL BUFFALO LODGE. August 19th meeting postponed to saturday August 26th. Hall not available on 19th. Visitors wellowed.

GILL'S STORE ST. MARYS Child's lined overalls \$1.50 - \$1.70 Good colours. Girls' green school panti-hose. \$1.20 All sizes.

TERRY TARGETT advises

that he is now operating a USED Cak YARD at St. Marys for THE SMITH MOTOR CO.

EASY FINANCE & GOOD TRADE-INS on a_car of your choice can be arranged by ringing Terry at St. Marys 14 or calling at his hone three doors from the hospital

> THE CARLYLE

Phone 167 ST. HELENS

FULL FACHION KANGE

FOR CHILDREN AND ADULTS

AUNCESTON BANK FOR SAVINGS

ALL PERSONAL SAVINGS ACCOUNTS WITH THE

LAUNCESTON BANK FOK SAVINGS

InTerraT PEK ANNUM

THE HIGHEST SAVINGS BANK INTEREST IN AUSTRALIA

Miss Piffle.

CRAIG COX OF MANGANA spent the week-end with friends at Bridgenorth.

MAREE AND GREG SWEENEY of Launceston spent the week-end with theri parents Mr. & Mrs Syd Sweeney of Mangana. Also spending the week-end with Mr. & Mrs. Sweeney was Graham Grey.

MR. & MRS. VERN YATES of Hobart spent the week-end with Mrs. Yates brother, Mr. E. Eberhardt of Mangana. Mr. &---Mrs. Fred Yates of Lonfgord also visiting Mrs. Yates and mother, Mrs. Pat Ward of Mangana.

MRS. TARGETT OF CORNWALL spending a few days with her daughter and son-in-law Mr. & Mrs. Morton Francis of Stratspey.

CONGRATULATIONS TO MR. & MRS. MALCOLM WARDLAW of Scamander on the arrival of a son, Damian Nicholas on July 30th at Q.V.H. Launceston.

BETTY AND GEOFF DEAN have had a busy week saying goodbye to friends in St. Marys. Functions have been held by Tasmanian Farmers Federation, Progress Association, Girl Guides and Brownies, Child Health Assoc., and frineds from the Valley Voice. We send with Betty Geoff and family our very best wishes and we will miss their active participation in community efforts.

MRS, ALMA RYAN of Upper Scamander is at present a patient in the L.G.H. Her many friends wish her a speedy recovery.

MRS MARGARET CHESHIRE of Mangana celebrated her 80th birthday on Sat. 5th August. Mrs. Cheshire is a well known identity of the district, having lived in the Fingal Valley all her life.

ALSO CELEBRATING birthdays recently are Mrs. Gladys Lohrey of Scamander and Mrs. Daisy Vincent of Mathinna. Both ladies will only admit to being 2I years young.

CONGRATULATIONS TO MAX & SUE BIRRELL on the arrival of a daughter at the Queen Victoria Hospital, Launceston.

MISS NOELLE SMART of Fingal is busy making plans for her coming wedding to Mr. David Johnstone of Branxholme. Noelle has been a member of the staff of the St. Marys District Hospital. Her many friends wish her well in her approaching marriage.

COMING EVENTS

DATES TO REMEMBER - - St. Marys Football Club - - Ball I5th September
Annual Dinner I6th September

FORMATION OF A CHOIR
It has been suggested that a
number of people, including
teenagers, who enjoy music might
like to form a choir in St. Marys.
Mrs. Mavis Clarke is willing to
lead a choir in weetty practices
Will caybody who is keen about
this alease inform drs Clarke
or Mr. C. H. Johnson.

A service will be held in Moly Trinity Church, St. Marys, on Sunday 20th August 1972 at 7 p.m to be followed by Supper at the Institute.

All members and intending members of the Red Cross are invited to attend.

Ladies please bring a plate.

CORNWAIL Hall Monday 14th 10a.m. An invitation to anyone interested to hear Miss Bonnitcha, a missionary from Pakistan.

Morning Test.

In the vestry of the Church of the Good Shepherd, Cornwell, Wednesday at 10.30 a.m. Every one welcome. Articles for sale would be appreciated.

MATICNAL HEART FOUNDATION
The East Coast and Fingal Valley
Fund raising groups will hold
their annual dinner at the Seanander River Hotel motel at the
end of September. Already a
large number have premised their
support and it is anticipated
that two or three luncheons will
be held. Anyone wishing to attend please notify Mrs Zela Hoare,
St. Marys 155 or Ars. A. Lohrey,
Falmouth 13 by September 1st
stating whether they wish to book
for September 26th, 27th or 28th.

PROGRESS ASSOCIATION MESTING This has been but forward to Thesday 15th August to if you forgot to wome last week you know you can still come next week. Hew members welcome.

FROM THE PULPIT

Errors in the Bible.

The Bible is carefully proof-read. But grievous errors have crept into some editions, and for reporting in this lighter vein, I hope that the regular readers of this column will forgive me.

There was the "Treacle" Bible, published in 1577. It takes its name from the sentence, "There is no more treacle in Gilead." Of course it should read, "There is no more balm in Gilead." Then there was the so-called "Wicked Bible, published in I63I. The printer and publisher were both fined 500 pounds, because their omission of "not" in the Seventh Commandment was considered to have been intentional.

In I640 the "Servant" Bible was published. It was so called because Genesis 3:I. read, "Now the servant was more subtle than any beast of the field." Servant should, of course, have been serpent.

Another version is called the "Vinegar" Bible. It is so called because the headline of the parable of the Vineyard is misprinted, The Parable of the Vinegar.

Ane finally there is the "Placemaker" Bible, in which "Blessed are the peacemakers," is printed "Blessed are the Placemakers."

On behalf of the Salvation Army Red Shield Appeal, Pastor Clarke wishes to thank all those who assisted with the doorknock and those who gave so generously to the appeal. Happily it is reported below, the results which were achieved in the Valley and parts of the East Coast. (Other East Coast towns come into other appeal 'districts')

AVOCA	\$25.49
Fingal	106.30
Cornwall	42.00
Falmouth	30.00
Scamander	68.14
Bicheno	126.00
St. Marys	191.65

STAN GRAHAM

"THE MAN-ABOUT-TOWN" COME AND SEE HIS STYLE ... in ELECTRICAL GOODS TELEVISIONS & RADIOS. FURNITURE - Ist & 2nd hand Main St., St Marys 174.

CHURCH NOTICES Methodist

13th weust

St. Marys ll-a.m. Kev. J. Ward st. Helens 7.30 p.m. Kev. J. Ward

(British & Foreign Bible Society de_utation.)

20th August

11 a.m. Pastor Clarke st. Marys st. Helens 7.30 p.m. Pastor Clarke

Catholic Church

Sunday August 13th

8.30 a.m. St. Marys 9.45 a.m. AVOCa . 10.30 a.m. St. helens 6.30 р.ш. Fingal.

Sunday August 20th

8 a:m. ot. Helens 9.45 a.m. Avoca st. Marys 10 a.m. 4 p.m. Mathinna

MEALS ON	WHEELS IN)STr	K - ST. HELENS
Friday	ьиgust	11	• M. Haley
Monday	11	14	м. Bailey
Tuesday	Ť.	15	G. Macrichael
Thursday	11	17	E. Fysh
Friday	н	18	lishermen's wives
Monday	u u	21	• Golf Lagies
Tuesday	18	22	C. Lefevre
Friday	Ħ	24	Pre school

B570 63 (NT)	3	3 . Hit . e.	M ter tV
MEALS ON W	<u>пт. степп</u>	191 mg	- ST. MAKYD
Sunday	August	13	Kevin Faulkner
Monday	11	14	Mrs. M. King
Tuesday	11	15	Mrs. M. Barnes
Wednesday	ft.	16	Miss Jean Lohrey
Thursday :	n in	17	Mr. Harry Street
Sanday	11	20.	Mr. h. McGee
Monday	TT.	21	mr. Geoff Gill
Tuesday	: H:	22	Mrs. Michael webb
wednesday	11	23	Mrs. Jill Faulkner
Thursday	, H	24	Mrs. Vicki Barr

SEPTIC TANK CLEANING

SERVICE

Serving This District

NOW

Ring st. Helens

12

FOR ALL YOUR PRINTING AND DUPLICATING REQUIREMENTS - CONTACT P.O. Box 100, St. Marys

Tust Varnin

On Sunday, September 4, 1927, the foundation stone of the St. Marys Childrens and Maternity Hospital was laid by Mr. R. W. Legge in the presence of a large concourse of people. Prior to the ceremony the St. Marys Brass Band, under the conductorship of Mr. J. Madden, rendered selections. They also played some hymns during the ceremony. The chairman apologised for the absence of the Hon. The Premier (Mr. J.A. Lyons M.H.A.) and also for the absence of Mr. H.C. Dawborn, J. Brough, L.E. Ransom, Rev. Fitzpatrick, and Middleton. Mr. C.R. Jackson, assistant secretary, read the financial statement, showing that £880 6s 6d had been received in donations £536 9s 6d from fairs, sports, dances, and collections, £703 4s from the Legge bequest sale of property, and interest accrued from deposits. In t e donations three hundred persons had contributed the amounts varying from two shillings to one hundred pounds. The cash in various banks, earning interest, was £1805 5s 4d. The actual cash total was £1916 13s 7d, also two blocks of land to be sold as endowment worth £14. The other speakers were Mr. C.F. Salter, the Rev. P.H. James (Methodist Minister), the Warden, Mr. J.E. McKenzie, Wm. Berryman, L.J. Steel. Mr. R.W. Legge then performed the ceremony of laying the stone

(excerpt from an account by the late

Government nominees am the subscribers'

He. declared that the work of the

committee would soon be completed,

appointed, consisting of three

when a board of management would be

TO WHOM IT MAY CONCERN

nominee.

Two young people from Hobart wish to express their thoughts having read the sentiments of Miss Lillian Hall of Cornwall. (Just Yarnin' July 28th) Having passed through St. Marys several times, it is possible for us to imagine the town as described. Young as we are, we can remember the old steam trains in our own home town, and were delighted to hear the nostalgic whistle of a small red steamer on Hobart's suburban railway recently. We find it difficult to imagine shopping at "The Square", and extremely hard to imagine McGee's Garage as a Blacksmith's Shop. We like the country, (it is more friendly than the city) and especially the Fingal Valley.

Having visited many of the historic churches in the district, we can share the memories of inspiring organ music in these places. We realised, from reading your paper regularly, that football even today is very popular.

YOUTH AND THE AGEING

Badge sellers for Council for the Aging appeal, Friday IIth, Saturday I2th and

Sunday 13th August. TASHANIAN

ASMANIAN
COUNCIL
ON THE
AGEING

AŬOCA

Sally Thomas.

CORNWALL

Marie Squires.

FINGAL

Cindy Bosworth, Pam Davis, Michelle Hall, Carolyn Johnson

Cheryl Cox, Kathy Parker.

MATHINMA

MANGANA

Alana Lynch.

ROSSARDEN

Susan Brown, Rebecca Carrol, Vicki Clarke, Margaret Hampton Trudy Housego, Debbie Hawkins, Janine King, Christine Parker, Jeanette Smyllie, Lyn Wells.

STEIGLITZ

Raylene Downs.

ST. HELENS

Amanda Abbott, Helen Hunt, Karen Palmer, Rosemary Rawson.

ST. MARYS

Leanne Bean, Diane Freeman, Cheryl Houghton, Veronica Reed,

Carmen Sumner, Dana Young.

Please give this effort your support and welcome these youthful volunteers who are helping our Senior Citizens.

ALLAN JACKSON

YOUR FAMILY CHEMIST

AT

ST. MAKYS IS

JUST AS NEAR AS THE PHONE St. Marys 37

Contd. from previous column.

"...'whack on the skull' with an umbrella
..." - No wonder things are rough on the
field these days!! Highway robberies
are now bush legends. We wonder if
Mr. Ledger's assailant was an ancestor of
Mr. Brown of Qantas. We wonder too, if
modern day society has advanced to the
benefit of mankind! We enjoy tales of
"The Good Old Days" and wonder what tales
we'll tell when we reach the age of
Auntie Goodie.



MIDIAND COUNTRY HOLIDAY
We thought this letter might be of interest to readers.
Dear Sir,

Most agree that tourism is one of the best industries to develop and much time and money is expended in an effort to increase tourist trade. Australia is one of the most urbanised countries in the World, about 80% of the population live in an urban atmosphere. This must create an urge for something different at holiday time. Furthermore an affluent society with longer annual holidays and increasing transport facilities has considerably broadened the avenue of holiday possibilities. I believe there must be substantial numbers of people who would appreciate the opportunity to spend their holiday period in more remote rural areas where -

a starlit sky can be viewed without
the distraction of lights and noises
of the city —
the air has that healthy unused
country freshness —
the noise of heavy industry, commerce
and traffic is replaced by a wonderful
silence —
the jungle of concrete and ashfelt

is replaced by green pastures, bushlands and mountain backgrounds. In such an environment all the paraphenalia and conveniences of modern society become less essential. Where can the tourist really obtain this tranquility, serenity and peace?

In the Tasmanian Midlands.

Apart from the appeal of the country based holiday, tourists domiciled in this area are geographically well situated for trips to anywhere in the state.

Also the area mentioned is rich with historical features, offers wonderful facilities in golf, fishing, game shooting; mountain climbing etc. In fact the potential variety of different possibilities are enormous.

That this potential exists I have no doubt. However, I realise that there are difficulties and problems which call for thought, co-ordination, co-

operation and action.
To be successful, this idea needs someone to take first steps and then natural growth would follow. We have Tourist Advisory Committees, The Tourist Council and The Tourism Development Authority. I would be very willing to assist in representation and co-ordination. However I believe the first step is to have a few people willing to begin by making accommodation available and then move on from that point.

Yours faithfully, George A. Shaw.

Registered at the G.P.O. Hobart for transmission through the post as a periodical.

Printed and published by Valley Voice Publications, Box 100 P.O. St. Marys.

. BADMINTON NOTES

Fingal Green and St. Marys won their semi-finals. The match between St. Marys and Rossarden was quite tense with St. Marys winning by 29 aces to advance into the Grand Final.
Rossarden and Fingal Green met in the preliminary final last Monday night. The match started out evenly in the doubles but the Rossarden mixed doubles combinations won rather easily to give Rossarden a comfortable 5I ace win and the right to play St. Marys in the Grand Final.

Fingal Green, whilst losing the chance at the Final, have won the honour of keeping the G.B. Thomas Memorial shield for the next year.

The Grand Final will be played in teh School Hall, St. Marys on Monday I4th beginning at 7.30p.m. It promises to be an exciting match. Over the year a strong rivalry has grown between these teams and many games between individual combinations should build up the tense atmosphere which will be there.

Rossarden ladies will have the edge on

Rossarden ladios will have the edge on St. Marys but St. Marys men willhave an edge on Rossarden. I expect these to level each other out, leaving the mixed doubles to decide the match.

I have already made a prediction that St. Marys will win, so I'll stick to it. They will not win easily - Rossarden are determined to spoil my prediction and will be trying hard to score what could be their second grand final in a row.

Both teams possess a determination which should make this one of the most entertaining and exciting nights' Badminton has seen for some years.

IT'S A BUSY TIME

ON THE FARM.

IMPROVE

YOUR

EFFICIENCY

вч

DEALING

WITH



BRANCHES THROUGHOUT

TashanIa

FACTS FOR WEIGHT WATCHERS

If you eat one large apple that equals 101 calories.

That means to use these calories you must walk for 19 minutes, cycle for 12 minutes, swim for 9 minutes, run for 5 minutes and at rest it will take you 78 minutes to use these calories.

One small banana = 88 calories.
Walk 17 minutes, cycle 11 minutes, swim
8 minutes, run 4 minutes and at rest
68 minutes.

One glass of beer = 114 calories Walk 22 minutes, cycle 14 minutes, swim 10 minutes run 6 minutes and at rest 88 minutes.

One slice of bread = 78 calories.

One slice of 2 layer cake = 356 cal. Walk 68 minutes, cycle 43 minutes, swim 32 minutes, run 18 minutes and at rest 274 minutes.

breast fried chicken = 232 calories.
One serve of ice cream = 193 calories.
One glass of milk = 106 calories.
One glass of skim milk = 81 calories.

SO WATCH IT AND KEEP MOVING

RECIPES

If you substitute one serve of the following receipe for the following pertions of your diet, one slice of bread, $\frac{1}{7}$ cup of milk and 1 oz meat.

Macaroni Chelse and Tomato

4 oz (½ cup) cooked macaroni 1 medium tomato 2 oz milk 1 oz grated cheese Salt andpepper

- 1. Boil macaroni till tender in salted water
- 2. Grease Pyrex dish and layer the macaroni and sliced tomato
- Sprinkle with grated cheese, and season well.
- 4. Pour over the milk
- 5. Bake in a slow oven for about 15 minutes.

Instead of one portion of fruit or l slice of bread and l egg and the milk you use if you serve this dish with custard try
JELLIED APPLE SNOW

2 oz unsweetened stewed apple 2 tablespoons water Squeeze lemon juice 1 egg white 2 tablespoons gelatin Artificial sweetening if desired

- l. Add lemon juice to stewed apple
- 2. Dissolve gelatin in a little water and add to apple
- 3. Cool andfold in stiffly beaten

egg white.

4. Turn into small aish and allow to set.

Make a custard if desired with the egg yolk and a portion of the milk.

CUMPUNT INA HURKY

There is a lot of talk of Organic Gardening these days and for this you need lots of natural compost,

when the weather is warm and sunny this compost shouldmature in two weeks. hequirements:— A bin — 3' cquare and 3' high with no top or bottom. For easy handling make in three sections, each section 3' square and 1 foot high.

Enough raw material to

fill the bin.

This can include raw vegetable waste, coffee grounds, tea leaves, shredded paper towels, torn up newspapers, feathers, saw dust, leafy prunings, grass clippings, weeds, leaves etc. Don't use fats, bones or meat wastes, not because they don't make good compost but they attract animals and cause odours.

about 4/5ths of this raw material should be succulent and juicy.

Fill your bin loosely with what you have gathered chopping the material into 2 in pices with a sharp spade. As you fill the bin, mingle damp and dry material. The mixture should have about a 50% moisture content like a squeezed out sponge. Wet it if necessary or add torn newspapers if it is too wet. Nothing else need be added but you can add manure and a few buckets of earth. Do not add any lime or wood ashes.

The secret of this speedy progress is to turn the pile every second day. Do this with a spading fork. First put the top section on the ground and fill it with raw compost from the top of the pile. Then set the middle section of the bin on top of the one you are filling and the third section goes on last as you finish the forking. The material that was on the bottom will now be on the top. Also try to put what was in the centre of the pile to the outer part. If the moisture content is right and you have piled the material loosely enough that there is air inside the pile it will have begun to heat. During the next week it will get hotter, suring to over 1600 f. in the centre and steaming lustily as you turn it every other day. The neat breaks down the raw materials fast. In a week most of them willbe as brown as the leaf mould on a forest floor. So handled, compost should have no unpleasant sfell. If any develops, the remedy is more frequent turning or the addition of some earth or both. By the end of two weeks and six turnings, the pile should be two thirds of its original size and ready for use.

GOLF NOTE: by Tec - Up.
Associates Bisque Bogey:Hrs D. Holmes 4 up

D. Williams 4 up . K. Vorsley 1 up

Mrs. Holmes won on the Countback and ith 76 gross. Mrs. Holmes broke the course record.

Final Round of Silver Spoon:
Ars. D. Holmes 82 (17) 65 nett.
Ars. C. Thite 95 (25) 70 nett.
Ars. D. Barnes 103 (24) 77 nett.

Mixed Foursome Championships 36 Holos:-

D. Holmes & Mrs. E. Hertert 151 B. Behner & Mrs. C. Gill 159 T. Behn & Mrs. D. Barnes 159 C. Mitchell & Mrs. D. Holnes 160

D. Wiltians & Erro. D. Wiltiams

Mixed Toursone Handican:
Steven Dawson & Ars M. Worsley
185 - (58) 127 nett.
B. Lehner Ars. G. Gill
159 - (31) 128 nett.
C. Spilsbury & Mrs. N. Hacleby
173 - (44) 134 nett.

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TENNIS RACQUETS REPAIRED & RESTRUNG at CITY PRICES. All work guaranteed.

FULL RESTRING in Spaulding Twisted Nylon

Sany - Synthetic Gut " Grand Slam

φ6**.**50

Natural Gut " S.C. 240 Watural

₩8.50. \$10.5♥

Single strings from 30c each

Contact: Selby Targett St. Marys 102

COLING EVENTS (cont.)

THE VI GAS VARSEY IMMURIZATION SalVICE will continue on the following dates

FITGAL. august 17th ST. WES August 24th The following injections will be

cvailable:-Trinte Antigen

for children . between 0 and -

2 years. CDT.

for completion . of courses

md boosters for children

over 2 years. Measlus Vaccino

for all child-ron between 14 onths and 3 years who have not yet had the mussles (ordinary)

N.B. an attack of German (cosles does not give protection againsts ordinary meadles.

ST. LARYS FOOTBALL CLUB - DATES TO REMEDBER:

REUNICE

Saturday Sopt. 9th Eriday Sopt. 15th

DIN BR - Saturday Scot. 16th

"INVITATION" St. Marys Pro-School Committe in vite all must and present nothers of the present Pro-School to a lorming ten and trade - tabele to colebrate its Birthday on Tue day 15th August at 10.30 am. Moubers two please.

EASTERN SUB-BRANCH OF THE RAMF will most at 2 n.m. on Wednesday the 23rd of August in the recreation room at 5t. Marys Hospital.

SECTOR CITIZETS WESFERS COMMI-Tribs next meeting fonday 14th August at St. Harys Hospital 7.30 p.m.

Miss Piffle (cont.)

Mrs. Pauline Targett has been a nationt at the St. Marys District Tospitul and in how in the L.G.H. All her family wish her a sheedy recovery.

AR. & FRS. JOHN H&GIVERON of St.Herys are attending the Morthern Tasmanian Tune Club Dinter in Bathceston tomight.

FOOTY

ROSSARDEN'S LAST CHANCE

On Saturday Rossarden and Avoca meet at Fingal in the first semi-final with the loser putting their jumpers in moth balls for the year. Rossarden will go into the game without Wayne Turner, who has been suspended for 10 weeks and possibly Parish who will weaken the mountain boys a lot. Avoca has a big man side and will use their weight and height to advantage. On last weeks performance Dennis Williams will prove ... a headache for coach Parish and with Association Best and Fairest winner Graeme white in top form, plus consistent goal getter Gary Ruffin moving around the forward line, Rossarden are in for a torrid time. Rossarden's best hopes seem to lie in proven finals players such as Barry Lowe, Ian Kitchen and Gary Tapp. Their younger brigade of Robert Lowe, imports Mawby and Greg Turner, who will carry the bruth of ruckwork, could all help to set the old Rossarden system working and give the crowd their moneys worth.

To summarise I tip Avoca to win a hard fought match and go on to play Fingal who will lose the second semi-final to St. Marys at Avoca.

The Reserves game will be a grudge match between avoca and Fingal who had a hard fought game only a fortnight ago with a point between them at the finish. This week I tip Fingal to improve and go into the prelim.

The Thirds will be between kossarden and St. Marys. Rossarden had an easy win against the Tigers on Sunday and should win again although the young St. Marys side is capable of causing an upset.

NEXT WEEK'S GAMES

It's a bit far off to predict how the sides will line up, but in their present mood the Tigers should beat
Fingal by a comfortable margin. Bob
Bye and Tim Wardlaw were St. Marys
best last week, but all players pulled
their weight and will no doubt do
better still against Fingal. For Fingal,
evergreens, John Smith and Viv Sulzberger
are expected to go well along with full
forward find singline and rover Bailey.
The three weeks lay off will not help
Fingal, particularly their bigger
players who already carry a lot of
weight.

Rossarden will start favourites in the keserves second semi-final and with Loffy Lowe directing action from the pivot should worry the talented Tigers with system. St. Marys will be led by Reserves Best and Fairest winner Matty Leedham and top goal kicker Brian French. These two plus at least a dozen others who have had senior experience this

season will keep the mountain boys honest.

The Thirds game will be between the very strong Fingal and the Lig St. helens side. Fingal should win, provided they play the ball and make use of the skill and finesse that coach John smith has taught them.

TIPS IN BLOCK LETTERS -- THIS WEEK

AVOCA v Kossarden FINGAL v A**voca** ROSSAKDEN v St. Marys.

NEAT WEEK

ST. MARYS V Fingal
ST. MARYS V AVOCA
FINGAL V St. Helens

Footnote:- I congratulate Best and Fairest winners G. White - seniors and K. Leedham - reserves and the runners up B. Barr - seniors and L. Lowe - reserves.

I would also like to wish those teams who didn't make the four, i.e st. Helens, Campbelltown and swanses all the best for next year. I tip them to all improve particularly Campbelltown.

FISHING NEWS

The St. Helens Game Fishing Club was officially formed at an enthusiastic meeting held last Friday night. An election of office bearers resulted in the following being appointed for the inaugural year:-

President: N. suitor, <u>Vice President</u>: R. Breen.

Secretary: A.k. Jackson, <u>Treasurer</u>: Mrs. R. Breen.

Committee: Messrs G. Gadsby, k. Broadby, P. Hume, M. Franks, & J. Lidster.

The meeting also recommended to the committee that Mr. J.W. Walker be appointed Patron. This will be approved at their first meeting to beheld on Friday 18th august a 8 p.m. The Committee will draw up a list of fixtures for the 1972/73 season which is expected to get under way around November next. Any enquiries regarding membership may be directed to Committee members and the secretary may be contacted by phone at Falmouth 12.

ST MARYS BUTCHERY.

TOBY SPILSBURY:-

"Our meat is always good."

STARPROBE

By Pegasus Fortnight beginning IIth August, 1972.

ARIES March 2I - April 20
Enchantment is all yours, so aim for what you really desire in life.
Test yourself to discover your own innate or hidden talents; any art.
Do not take offense at a remark made by an irresponsible person.
Best days 13th, 17th & 18th.

TAURUS April 2I - May 20
Social life can be pleasing in outdoor settings, patios, parks and the like, where you can picnic and feel the pleasure of open space and natural life around you. You can make gains through information obtained secretly.
Best days I2th, I6th & I9th.

GEMINI May 2I - June 20

If you have to do too much, you may become run down by the end of the cycle and subject to illness. Best to keep your schedule orderly and restrict activities within healthful limits. Best days 13th, 15th & 20th.

CANCER June 2I - July 22
You must relax your hold on children;
stop worrying about how they will grow
up. You can feel subtle depths in a
person you meet now and you may not
have much trust for this person.
Best days 15th, 16th & 21st.

LEO July 23 - August 22
You may have to resign yourself to a separation, not of your choosing. A whole new phase is commencing gradually for you and certain family members. It will be inevitable, whether you like it or not.
Best days I th, I6th & 20th.

YIRGO August 23 - September 22
You may be slated for vacation, and it is possible that while away in another area, you may get in contact with the right person from whom to seek a new job. Indulge in some spending which will strengthen foundation of the home.
Best days IIth, I6th & 20th.

B.P.

Phone St Marys II3. & J. SPILSBURY

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LIBRA September 23 - October 22
When you must be at work, keep your thought on the happy time just past or just to come. You may get a surprise gift of money that will make everything just a bit more luxurious for you and your companions. Be generous, optimistic, joyful. Best days I4th, I8th & 23rd.

SCORPIO October 23 - November 22

An old person may do a favor without being asked and you can tell true friends by the way they appear when needed, though not requested to show up. Pleasure comes your way late in the month, probably in the form of vacation in companionship of a loved one.

Best days I3th, I6th & 22nd.

SAGITTARIUS November 23 - December 2I
Try to get free from all tensions at
this time, particularly romantic ones.
A chance meeting can develop into a
serious relationship later. Be discreet
in indulging your desires for pleasure,
fun and games. Best days I2th, I6th & 2I.

CAPRICORN December 22 - January I9
Do not scorn the ideas of others, even
if you have quite a rigid schedule planned
for yourself. Social life may be quite
moderate and that is beneficial, but
don't turn down important invitations
from executives now.
Best days I3th, I9th & 24th.

AQUARIUS January 20 - February I8
You may meet a very arrogant person
who will be of importance in your career;
don't let the arrogance of another
entice you to act in the same way.
Get in contact with a friend at a
distance to whom you are grateful.
Best days IIth, I3th & I6th

PISCES February I9 - March 20
Avoid entertaining at this time, for the work would be just too much to add to other strains. In romance, keep your thoughts to yourself and do not talk about them to relatives. Your plans may go along well in romance, but keep them secret just now.
Best days IIth, I3th & I9th.

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METTERS AND PYNEBOARD
PRODUCTS

G.B. & M.M. KING ST MARYS 30.