THEVALLEY & EAST COAST WAS VALLEY & EAST COAST

Volume 5 No 14 Box 100 St. Marys

Friday November 17th, 1972 Price 5 cents

EDITORIAL

GOOD MANNERS

A famous and long-established school has carved over its entrance, the words "MANNERS MAYKETH MAN". The idea contained in these three words will, to some people seem as quaint as the old fashioned spelling.

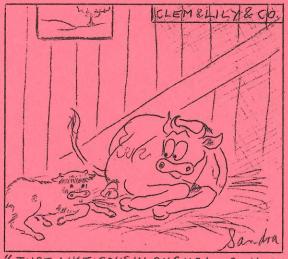
It can be argued that good manners form so small a part of daily living that their absence would scarcely be noticed. Also, present day man is so brilliantly clever that if there is any making to be done, he will do it, and this applies as much to codes of manners as to space-ships.

Furthermore, this is the age of efficiency - of "getting on" and "going places". We are all so frantically busy that to find time to say "please" and "thankyou" is difficult. To say "after you" is more difficult still; who would forego his place in the queue after striving so hard to secure it?

A little thought might, however, convince us that the more we have to do and the less time to do it, the more we collide and grate on other people. Common courtesy might then be as impotrant as lubricating oil in a fast running engine. Not much is needed, but lack of it may cause overheating and a seize-up.

Should we favour good manners, in ourselves and in our associates, how are they taught ir acquired? Let us use the analogy of a horse in this period which follows a Tasmanian victory in the Melbourne Cup. Can a successful and well behaved horse be produced by putting a foal out to range for several years without guidance, example or persuasion? Surely the opposite: the foal would become intractable, wilful and maybe vicious. Our young people, similarly, need the example of their elders in order that good manners may become habitual.

Our society is subject to stresses from many sources.



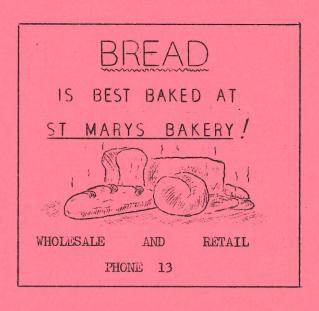
JUST LIKE COUSIN ANGUS! - SO MUCH FOR THEIR BLOOMIN' VACCINATIONS!"

Editorial cont.

Lack of courtesy is but one of the many stresses which, collectively, can make living so frustrating and joyless. It will be a tragedy if our civilisation seizes up in hot temper and irritation partly because of the absence of polite smiles and small acts of courtesy between friend and strangers.

TOUCHE!

Obtain your tickets for the Concert at St. Marys Butchery. Make no bones about it - he is not much chop and will give you no cuts. Don't let him rib you or pull the wool over your eyes. Lets not mince words - he has a BIG heart!



LETTERS

Dear Sir,

I think it is a shame that the small building in Fingal which used to be the Old Post Office is to be pulled down. I believe that the reason is to clear a site for new Council Chambers.

Having travelled around Tasmania extensively, I would say, though I am no expert, that this is one of the most attractive examples of early Colonial Architecture I have seen. The building is quite solid and would take little expenditure to renovate it. Also it stands on the main highway to the Coast and is easily seen by tourists. A short while ago, we saw on

A short while ago, we saw on television an interview with Mr. Scott, an expert on the preservation and restoration of historic buildings. He warned us that in many instances we were too late to save some of our most valuable piecesof architecture unique in the world!

Surely in this instance, it is still not too late. Is there no alternative site in the tour for new Council Chambers? There seems to be plenty of vacant land in central positions.

Does anyone else feel the same way about this case? If so, let me say that it is too late to cry when the milk is spilt. Speak now, and perhaps we can raise a loud enough voice to save part of our history. Fingal Resident.

ST.HELENS NURSERY

Phone St. Helens 76.

SUMMER SEEDLINGS NOW AVAILABLE

GARDEN SUPPLIES AND FERTILISERS
All floral work undertaken

B.P.

Phone St. Marys 113

B. & J. SPILSBURY

24 hour

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SERVICE

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Chain Saws and Victor Mowers

CLASSIFIEDS

ALL DRESSMAKING expertly carried out. Prompt service, satisfaction guaranteed. GLAMOUN GOWNS upstairs SHAW'S ALCADE - Launceston. open Saturday mornings. Phone 25170.

KING'S BUS SERVICE, St. Marys, St. Helens Winnaleah, Bicheno and Swansea. Passengers Phone Winnaleah 218. Also available for charter.

REDLINE BUS SERVICE, St. Marys. They distribute this paper quickly and effectively. Why not let them work for you?

FOR SALE IO ft. fibreglass boat with Mercury outboard motor; also boys 28" bike in very good order. G. Adams, St. Marys.

FOR SALE - 4 piece bedroom suite (double) also double bed inner spring mattress.

FOR SALE - Braemer electric hot water cylinder. 30 gal capacity \$45
I English electric stove suitable for shack \$15 or nearest offer.
boys dark grey suit size 3. as new. \$15
Phone St. Marys 198.

FOR SALE - 20 watt amplifier, 2 bass channels and two normal, also good bass guitar with shoulder strap and lead. Guitar pick up set to electrify an acoustic guitar.

Portable typewriter, needs minor repairs. For Prices and Particulars, write to Ray Singline, Chain of Lagoons, or Phone Chain of Lagoons 123S.

FOR SALE - I swing with safety bar, suitable for small children. Apply Spilsburys Garage. \$10

WANTED TO BUY - Portable typewriter in good condition. Phone II3.

WANTED TO BUY - A I,000 Gallon water tank in good order. Charlie Saunders, Cornwall, Phone 192.

ALLAN JACKSON

YOUR FAMILY CHEMIST AT

ST. MARYS

IS

JUST AS NEAR AS THE PHONE

ST. MARYS

37

Miss Piffle.

Sister Pauline Coleman - another Sydneysider - has recently joined the staff of the St. Marys District Hospital, after spending a short time working at the New Norfolk Hospital.

Mr. & Mrs John Baldwin and family from Veronica Crescent, Launceston spent the long week-end at Falmouth, trying out their new van.

Mr. & Mrs. Walker of Riverside spent the long week-end at Falmouth, visiting Mrs. Walkers sisters. They managed to put their fishing lines to work during their stay.

Mrs. Ilma Mallinson of Scamander is at present spending a few days in Launceston.

Miss Val Schier is off on another tour. Along with 23 other people, she will commence the tour at Algiers in North Africa. The tour will continue to Cape Town, where they will travel through several countries, including Kenya. The tour will last for three months.

Residents of Mangana are pleased to see Mrs. May Oliver has returned from her holiday in Hobart.

Mrs. A. Villiams of Mathinna, who has spent several weeks with her daughter in Launceston, has returned to her family at Mathinna.

Friends will be pleased to know that Mr. Charles Pringle of Scamander is home again after a long spell in hospital.

You may wonder who the visitors are in St. Marys, all wearing blue blazers. They are five students of the Worldwide Evangelization Crusade Missionary Training College, St. Leonards. The girls are Joan Campbell, Vic., Carolyn Mathews, S.A., Lynette Morgan Vic., Denise Manson, N.S.W., and Janice Cuthbert of New Zealand. Their stay in the district will include visiting all schools in the district, childrens meetings, youths, church services, visitation etc.

Friends welcome Sr. Kingston and Mrs. Board home after their enjoyable holiday in New Zealand.

ANTIQUE AND OTHER FURNITURE

REPAIRED, UPHOLSTERED AND

FRENCH POLISHED
Phone St. Helens191

CHRISTMAS IS COMING. Do your shopping at the Guides Stall TODAY. Many useful Christmas presents on sale.

BREAD AND CHEESE at 'Parkside', St. Helens at the home of Miss N Cunningham.

Thursday November 30th, I2.30pm - 2pm.

Stall; Donation for Freedom from Hunger.

All welcome.

B.O.D.S. REUNION DINNER, St. Marys
Hotel November 24th, 7.pm 'Continuing
the Search for the Great Australian
Funny Bone'. Prizes for the best jokes.
Please contact Mrs. K. Lohrey, Falmouth
725133 by November 17th. Booking to be
accompanied by \$I deposit

ANNUAL MEETING of the St. Helens Hospital Auxillary at the Parish Hall. November 23 at 8pm. Guest Speaker from Department of Public Health.

GIRL GUIDES, ST. HELENS will hold a stall on Election day, Dec. 2nd, outside the Council Chambers.

ST. MARYS DISTRICT PROGRESS ASSOCIATION has arranged another walk. This time with a difference. A Full day hike up to Ben Lomond. Those wishing to participate must be over the age of 12 years and must be physically fit with some bushwalking experience. If you are interested, please contact Mr. B. Grahame, Gray Rd., St. Marys, Phone 84.

FINGAL PARISH FAIR Friday November 17th in the Town Hall, commencing 6.30pm. Stalls galore, Chocolate Wheel, Raffles. Bring the whole family.

DON'T FORGET THE CONCERT Saturday November 18th at 8pm. at the Community Hall, St. Marys. Many people have been working hard to make the evening a success, so come along and enjoy yourselves.

ATTENTION ALL ST. MAKYS MOTHERS

As Sister will be away for the day on

November 24th, the Clinic will be closed
but will open the following week, Dec. Ist.

MOTHERS AND FATHERS TO BE Ante Natal classes have commenced, in St. Marys. Anyone interested in same, please contact Sr. Hulton at the Clinic. Mothers and Fathers both welcome.

IMMUNISATION IMMUNISATION Disease spreads fast! Have your child immunised before it #eaches him! Next date for Immunisation in St. Marys; Nov 23.

BLOOD BANK Will be at the St. Marys Institute on December 4th, 7.30pm.

FROM THE PULPIT

Trying to serve two

It is said of Redwald, King of the East Saxons, that he had in the same church one alter for the Christian religion and another alter for the service of the devil and of Rufus that he painted God on one side of his shield, the devil on the other side, with this inscription: "I am ready for either."

This is the attitude and temper of thousands today. They have just enough religion to rob them of the pleasures of the world and make them miserable. They sail their life-boat along the coast of the world, encountering its storms and risking destruction on its rocks, instead of sailing out heroically and joyfully on the boundless ocean of Gods unspeakable love.

"No man can serve two masters". Jesus Christa

Margison Jack

Mrs C. Britton and family of St marys wish to sine rly thank the many kind friends and relations for the beautiful card, and personal expressions of sympathy received in the loss of their dear brother and uncle. Would each please accept this as ourvery sincere thanks.

Mrs Daisy Vincent of Mathinna wishes to thank all friends and relations for cards and greetings received during her stay in . St Marys Hospital.

Special thanks to Dr. Marwood for his kindness and to all members of the nursing staff who looked after her

PUBLIC NOTICE .

Owing to destruction of preparty all paralts to be on our property have been cancelted. Trespassers will be Prosecuted and dealt with according to the law. H.J. & B.J. AULICH.

ST. MARYS BUTCHERY

Toby Spilsbury Phone 76

"Our Meat is Al mys Good"

CHURCH NOTICES Church of England

November 19th

Fingal Holy Communion 8.00am
St. Marys Family Service 10.00am
Royal George Holy Communion 5.00pm
Avoca Evening Prayer 7.00pm

November 21st

Storeys Creek Holy Communion 7.30pm At the home of Mrs. Keith Johns.

November 26th

St. Marys
Cornwall
Mathinna
Fingal
Fingal

Holy Communion
S.00am
I0.00am
I0.00am
2.30pm
Fingal
Evening Prayer
(Mr. C.H. Johnson)

Avoca Holy Communion 7.00pm

November 30th

Royal George Evening Prayer 7.00pm

Roman Catholic Church

November 19th
St. Helens 8.00am
Avoca 9.45am
St. Marys 10.00am

St. Marys IO.00am Mathinna 5.30pm

November 26th

 Fingal
 8.30am

 St. Marys
 10.00am

 St. Helens
 6.30pm

Methodist Church

St. Marys Pastor and Students II.00am
St. Helens " " 7.30pm

November 26th

St. Marys Sunday School Anniversary

Pastor Clarke II.00am Rev. M. Stansall 3.00pm Rev. M. Stansall 7.30pm

St. Helens Rev. M. Stansall

MEALS ON WHEELS St. Helens

November 17th Fishermens Wives

20th Golf Ladies

21st G. MacMichael

23rd Pre School

24th J. James

27th B. Campbell

28th C. LeFevre

30th P. Busby

December I st R.S.L.

St. Marys

November 19th Mr. Rupert McGee

20th Mr. Geoff Gill

2Ist Vicki Barr

22nd Mrs. Jill Faulkner

23rd Mr. Bruce Nailer

26th Mr. Vince Oliver

27th Mrs. Bob McKenzie

28th Mrs. Jan Mawson

29th Mrs. Ruth Owens 30th Mr. Ken Johnson

Tust Varnin

By popular request, we reprint a poem written by James Gray, former Manager of the Cornwall Coal Mine about 1914, when he left to join his fellow comrades in the 1914-18 war.

When one visits Cornwall and looks at the lovely Hills and the peaceful valley, we can understand just how James Gray felt when he wrote this poem.

COENWALL ON THE HILL Soldiers Thoughts.

I) I am sitting by the campfire, On a far off, distant shore, Within the noise of Battle, And the deadly cannons roar.

(2) I see the friends I loved so well, The faces dear to me;
And Oh! what happy thoughts they bring, To me across the sea.
When friends and foes are falling, And fond hearts, now are still.
I think of dear old Cornwall — Dear Cornwall on the hill.

But when the guns cease firing

I see my dear, my native home,

And all is calm - still

Dear Cornwall on the Hill

- (3) I choose to be a soldier,
 To help the Motherland,
 To shield, defend the Empire
 From cruel Hunnish hands.
 To keep the flags together
 Of the Allies' friends until
 I come back home to Cornwall Dear Cornwall on the Hill.
- (4) The soldier lads in khaki And the sailor lads in blue. Their hearts are bound together With Friendship firm and true They face the din of battle With steadfast daring will But oft I think of Cornwall Dear Cornwall on the Hill.
- (5) The Russians they are feareless They face the shot and shell. The Frenchmen are their equal As nations know full well. The Anzacs and the Tasmans They fight with dash and skill. In henour of their kindred and Dear Cornwall on the Mill.
- (6) And when the war is over And Peace declared once more, I'll sail for dear old Tasman And leave this foreign shore I'll join my friends and comrades With free heart and good will And dwell in peace and gladness at Dear Cornwall on the Hill.

Contd. next column.

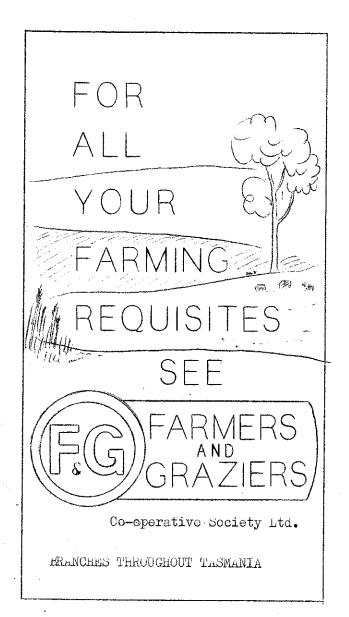
(7) So good bye France and Belgium, Goodbye England dear,
Your soldiers and your sailors all,
Who fought without a fear.
I'll sing your praise forever,
Until my heart is still When I'm at home at Cornwall,
Dear Cornwall on the Hill.



ROAD SAFETY

It is pleasing to note that a 45 m.p.h. speed limit has been set at the Bank Homes St. Marys and the 35 m.p.h. limit from the Station. Also residents at Falmouth are pleased that their road is nearing completion and they towill have a 35 m.p.h. limit. What with the partial sealing of the rocky road to Mangana, residents in the Municipality are aware that the road works programe seems to be going ahead with some satisfaction.

KKKKKKKKK



HINTS FOR BABIES

Natty Nappies.

No special creams can cure what clean dry napkins and bottoms prevent - nappy rashes.

Have you thought about your nappy washing routine lately?

When you take off a soiled napkin it is simple to turn the faeces into the toilet pan and you can hold the soiled part under the flushing water to get rid of the excess faecal matter.

Rinse and wring the napkin and put it into a covered bucket until the daily napkin wash.

Laboratory tests have shown that this soak water contains a very high bacteria count. In disposing of this water care should be taken to avoid splashing — and please don't pour it down the kitchen sink. There are special products for pre—soaking napkins that your Child Health Sister can tell you about. Use of one of these greatly reduces the bacteria count and makes the job less unpleasant.

When it comes to washing the napkins, ordinary bar soap such as velvet or velvet soap powder is more satisfactory than detergents and soap powders which contain extra chemicals. Baby's skin

may react to some of these washing compounds. However, whatever you use to wash the napkins, rinsing is vitally important. Sometimes three rinses are needed to get the water clear, and clear it must be. If you use a washing machine be sure that the rinsing programme is adequate.

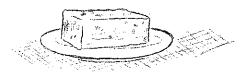
Very hot water for washing and drying in the sun whenever possible make napkins hygienically clean.

KECIPE (Easy)

- 1 cup chopped dried apricots
- 1 cup all-bran
- 1 cup brown sugar
- l cup milk

Soak overnight.

add 1 cup S.R. flour. Bake in a moderate oven for 45 minutes. A beautiful, moist fruit loaf - prunes or dates may be substituted.



GIL DUTHIE, M.P. FOR WILMOT

ON DEC. 2ND.

RE-ELECT HIM AS YOUR FEDERAL MEMBER.

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 - APPROACHABLE
 - . ACTIVE
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 - . ASSISTANCE TO ALL SECTIONS

GIL DUTHIE is your vigorous spokesman at Canberra on matters such as:-

Shipping, Freight charges, Irrigation, Rural Security, Fruit Industry, Development, Trade markets, Local Government, Social Services, Fishing, Industry, etc.....

GIL DUTHIE GETS THINGS DONE!!!!!

GIL DUTHIE CARES FOR PEOPLE!!!!

Let him continue the job by voting:- <u>DUTHIE</u> Gilbert William arthur (Endorsed Labour Candidate)
(Authorized by Andrew Lohrey M.H.A. Falmouth & Michael Polley M.H.A. Westbury)

SCAMANDER GARDEN CLUB NOTES

There was a large attendance at the Scamander Garden Club meeting on Wednesday Movember 8th.

Mrs. C. Halmkin of Diana's Basin kindly invited the members to her home for the meeting.

Mrs. Llewellyn of St. Marys was the judge for the competitions. There were twelve enteries in the competition for 'A Novelty Christmas Decoration', which resulted in a win for Mrs. J. Powe. After the meeting, Mrs. Halmkin gave the members a very interesting talk on Eucalypts and Acacias.

RECYCLE RECYCLE RECYCLE The Progress Association is at present investigating avenues where wastes can be re-utilised and as this knowledge comes to hand, this paper will list same. SILVER PAPER - This can be left at Mrs. Gill's Shop and will be fowarded to children who are collecting it towards the Seeing Eye Dog Fund. NEWSTAFER - Bundles of clean newspapers neatly tied can be left with Mrs. K. Lohrey, Falmouth and Miss D. Hulton, St. Marys Clinic. These will be taken to the Self Help Workshop in Launceston. MEDICINE BOTTLES - These are wanted by St. Marys Girl Guides.

<u>Mrs. Gill's Shop for St. Marys Progress</u>
Association.

RAGS - These can be left with Mr. Gregson, St. Marys or Matron at the Hospital for the St. Marys Girl Guides.

MAGAZINES AND BOOKS - St. Marys District Hospital for Red Cross Library Service.

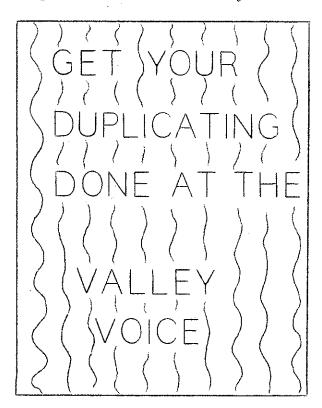


TABLE TENNIS

Some young people in St. Marys have started a social table tennis club. They meet at St. Marys District High School on Wednesday evenings at 7.30 p.m. When they have a few more members it is hoped to organise competitions. Anyone interested is very welcome. No equipment necessary. Sub. 20 cents a night.



DEAR

VALERIE VOICE.

Dear Valerie,

I am a member of a choir and have a terrible problem - I just don't know what to do with my hands while I am singing.

B. Flat.

Dear B. Flat,

I understand your problem try covering your mouth with your hands.
Val.

Dear Valerie,

All I hear is -Vote Liberal, Vote Labor --Vote Liberal, Vote Labor. I'm between the devil and the deep blue sea. What shall I do?

Distracted.

Dear Distracted,

Go easy pet!

Don't be too liberal or it will be labour. Take some swimming lessons in case you find yourself in the deep blue sea, trying to keep away from the devil.

Val.

CLASSIFIEDS CONTINUED

FOR SALE Kitchen Cabinet, Wardrobe, Double Beds and Tick, Piano. All suitable for a shack. Apply, H. Cooper, Main Road, Fingal or P.O. Box 37, Fingal.

WANTED Competent person to frame several pictures, preferably with experience. Send quotes to P.O. Box 39,

St. Marys

STARPROBE

By Pegasus

Fortnight beginning November 17th

ARIES March 2I - April 20

Keep busy with new things in your life and career things will soon be forgotten. Be as pleasant as possible in social life and do some casual entertaining at home. Best days 20th, 25th & 28th.

TAURUS April 2I - May 20
Leave yourself little or no leisure
time for sheer brooding over a situation
you do not want. Get in touch with
one you miss in an emotional or romantic
way. Pick up the phone or write.
Best days 20th, 23rd, & 28th.

GEMINI May 2I - June 20
This is a good time for new romance and there are signs you will attract someone who will become permanent in your life, possibly be a lifemate, early in the coming year.
Best days 19th, 23rd & 28th

CANCER June 2I - July 22
Look over real estate, but hesitate to sign any papers just now. It may be that in a few weeks you can buy at a much lower figure. Your business sense is good. Best days 19th, 22nd & 29

LEO July 23 - August 22
Try to make all your decisions upon wisdom and don't let emotions or wishes rub. You will be adequately rewarded for all you do now and that includes an act of kindness to one in need of your service. Best days 20th, 24th & 29th

VIRGO August 23 - September 22

You can come out quite well when you refuse to let yourself get upset.

Get out and shop for gifts- this will bring cheer and warmth to your life.

Best days 20th, 23rd & 27th.

RESULTS OF NATURE STRIP COMPETITION

Judged by Mr. McBeth of Surfside.

1st Prize . . . Mr. & Mrs. L. Rowlings

2nd Prize . . . Mr. & Mrs. D. Barnes

3rd Prize . . . Mr. & Mrs. G. Oliver

Special Mention:

Mr. & Mrs. Brian Birrell

Mrs. R. Gatty

LIBRA September 23 - October 22

No matter how busy you are, have ting for those who need you. An unforseen event may bring about a slight change in your work environment.

Best days 19th, 24th & 28th

Companionship should be both a boom and an inspiration. Entertain. A love problem will be solved with ease through your diplomacy. Best days 22nd & 26th

SAGITTARIUS November 23 - December 21 A legal matter may prove aggravating. Wait for real results. An unexpected guest can prove to be just what you need to pep you up. Don't think a compliment is only flattery, consider the source. Best days 20th, 24th & 28th.

CAPRICORN December 22 - January 19
Tou should meet or make the introduction yourself of a new male friend. Love's bells are ringing. Let them toll, they do !Toll for thee'. Employment matters are favoured - ask for a raise or authorisation. Best days 21st, 25yh & 31st.

AQUARIUS January 20 - February 18
You may travel on a special family errand and have to organise things for a relative who is ill, far away. Duty is demanding and it can cause some difficulties in your work. Hang on!
Best days 21st, 26th & 29th.

PISCES February 19 - March 20
Guard against the malice of a person
whose loyalty you suspect. Give a compliment
and You'll be surprised at the mutual
admiration you get.
Best days 2Ist, 24th & 29th

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ST. HELENS Phone 167
Full Fashion Range — Children & Adults

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