THE VALLEY AND EAST COAST VOICE INC.

Established 1968 49.15 November 17, 2016 Deadline for 49.16 is 5pm November 28, 2016

REMINDER

Fuel Reduction Program Public Forum covering the greater St Marys area - Cornwall, Gray, to the coast

ST MARYS FIRE & EMERGENCY SERVICE FACILITY

Tuesday November 29, 2016 from 6 - 8pm Your input is valued, please make time for this important event.

> For further information contact G Aulich on 0438 543 300

The Valley Voice staff and volunteers extend their sincere sympathies to Evelyn McGee and her family on the sad loss of Greg, who passed away on November 2, 2016

R.I.P.

Regener8 Book: 10 years on ... and the Internet.

Do you remember the Regenerate exhibitions and book that came out of the 2006 Wildfires?

The devastating East Coast Wildfires in 2006 were one of the worst Tasmanian fire disasters in almost 40 years. Houses were lost, the region's economy took a giant hit right at the start of the summer season and thousands of people had their sense of security irreversibly taken from them.

It is however in the worst of times that the best in people shines through. Everyone banded together to help each other through, and recovery projects happened across the region. One of the highlights from that recovery effort was the aptly named Regener8: Stories and Impressions of the East Coast Bushfire 2006. Regener8 was the brainchild of St Marys community member Jan Sparkes. Immediately after the fire Jan saw a need to encourage healing, and for those affected to be able to express some of the emotions and reactions to the devastation that the fire had brought. The recovery committee backed that vision and helped initiate a series of workshops to help people find the easiest way to tell their stories, coming together in a week of storytelling and exhibitions under the title of Regener8.

Jan also saw a need to retain and share the stories for future generations and so the Regener8 book project came to be. In true Jan Sparkes style, a group of local volunteers was quickly 'encouraged' together and 84 stories were collated into the Regener8 book. Jan thought the book would help retain and share the experience of the disaster and celebrate the resilience and spirit of the East Coast community.

Sadly Jan passed away earlier this year and in memory of her contribution, the book is being prepared for a new life as a digital download. What began as a small run of printed books and one reprint, will now be available for future generations of East Coast residents, a fitting way to honour Jan's legacy.

Details of how to access the book should be available by the next issue of The Valley and East Coast Voice.

For any further information or enquiries in the meantime please contact either: Howard Colvin, Red Cross Emergency Services Manager on 0438 881736 / hcolvin@redcross.org.au or Rosa McManamey, the Regener8 Editor on 0427692929 /rosa.mcmanamey@gmail.com

Howard Colvin, Manager Emergency Services - Tasmania



Rosa McManamey and the late Jan Sparkes, photo courtesy of The Examiner

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Advertising rates

- ♦ Business card ads \$15
- Intermediate ads \$18
- ♦ ¼ page ads \$25
- ½ page ads \$40
- ♦ Full page ads \$65
- Permanent classified ads \$20 p.a.

Community announcements / private classified are free for two issues.

Notice to non-profit groups re advertising rates: Half a page or more will cost 50% of the regular advertising charge. To establish eligibility, ABN / IA details need to be produced.

Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

We do not accept responsibility for the accuracy of information provided by contributors. Opinions expressed are not necessarily those of the editor or volunteer staff.

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff. Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing. Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Community Notices

Meals on Wheels Annual General Meeting will be held on November 17 Lundy Vosper, St Marys

> Malahide Golf Club Inc. A notice to all members, the Annual General Meeting

will be held at the Clubhouse on Saturday November 26 at 2.30pm.

Bill Swann, Honorary Secretary 0408 568 678

Dr Jeff Parsons of the **East Coast Vet Clinic** is regularly visiting St Marys and Fingal.

For appointments please phone 6376 1577

Esk Main Road -St Marys Pass Stabilisation Works 2016

From Monday, 31 October 2016 until Monday, 16
December 2016, St Marys Pass will be closed to all
traffic from Monday to Friday between the hours
of 9am and 2pm. Outside of these hours, works will
continue under traffic management and motorists may
experience short delays. Access to the East Coast will be
available via Elephant Pass Road at all times. Variable
Message Boards will soon be installed in the area to advise motorists of upcoming works and
closures. Further information about the project can be
found on the Department of State Growth website:
http://www.transport.tas.gov.au/road/projects/esk_main_road
st marys pass stabilisation works 2016

BETTE SPILSBURY 23/8/2016

JANINE, CHRIS, ROD AND THEIR
FAMILIES WOULD LIKE TO THANK
EVERYONE FOR THE KIND THOUGHTS,
CARDS, FLOWERS AND ATTENDANCE
AT THE SERVICE.
A SPECIAL THANK YOU TO
HARRIS FUNERALS, AND THE
ST MARYS SPORTS CENTRE.

Expressions of interest for the volunteer position of editor of the Valley and East Coast Voice Inc. are invited.

Full details provided in response to genuine enquiries.

Contact W Dawson on 0403 430 452 wdawson@valleyvoice.com.au

For Sale

Small bales of **pea straw** for sale \$8 each depending on quantity bought. *Avoca 6384 2160*

Block out ready to hang **Curtains**, black with cream block print - W 330cmx L 213cm x2 & W 540cm x L 210cm x1 \$30.00 for 3

Paddington Bear W 232cm x L 208cm x2 \$20.00 pair Pooh Bear W 232cm x L 212cm x2 \$20.00 pair Off white W 179cm x L 213cm x2 \$10.00 pair From a Smoke Free / Pet Free Home St Marys 0408 174 193

HDD DVD player \$50 ono. HDD Set box \$20 ono. Shed fridge/freezer \$35 ono. Wall unit \$20 ono. Dining room table \$50 ono. Double bed, make an offer. *Ph 0419 861 957*

I may be old and feeble, but I'm still selling **moo poo.** *Norm 6372 2380*

Drizabone style long coat & hood, size M \$50. Peter Dombrovski's 'Wild Rivers' book, new, \$150. Diadora walking shoes Size 7 \$40. Beautiful DB Actil cotton doona & pillowcases, Rosebud design \$50. DB firm Tempur mattress \$300. Beaut surf jacket size L \$50. Ironing board \$20. Versace sunglasses as new \$100. Ph 0437 224 892

Downsizing and moving so need to sell the following Antique timber furniture - Singer treadle sewing machine - \$250. Carved double bed with mattress - \$400. Mirror-fronted wardrobe - \$250. Dresser with drawers - \$200. Bedside (pot) cupboard - \$160.

All in excellent condition.

Email elemental2622@gmail.com.au for pictures or call 6372 2686 / 0458 648 927 to come and have a look.



Main Street St Marys 7215 Ph 6372 2844

Kodak copies from 45¢



Ear piercing \$27

including earrings and solution with qualified staff Bec, Sally & Cassie

Gift Sale now on



Pharmacist instore Monday - Friday

The Say, by Cagerattler

Oh dear ... It's happened. The United States has elected their new President and who have they elected? I am mystified how this man, Trump, could be rated to hold the most powerful job in the world. His antics during the long, drawn out campaign are a litany of fails. His comments on various levels about women, US citizens with different ethnicity and disabled people, his dismissal of offensive sexist comments, his threat to not accept the umpires decision (must be rigged), his threats toward immigrants already in the USA, his disparaging comments about the incumbent Barack Obama, no real policies, no governmental experience, no military experience AND he refused to release his tax records. Yep, they picked a great person didn't they?

If it wasn't so serious it'd be funny and I can't wait to see how he handles the complexities of foreign policy, trade deals, other world matters that rely on US input and how he treats great allies like Australia, not least when it comes to trade and defence matters. I read somewhere recently that he has little knowledge of Australia's involvement in the Asia Pacific Region. Let's hope his new administrators advise him wisely because his threat to adopt a more protectionist theme to guard American manufacturing will have detrimental effects on us, if analysts' opinions are correct.

All in all, the combination of the baggage Hillary Clinton carried, ultra archaic views that 'women aren't up to running countries' and threats to gun laws are just some of the reasons the ego-driven Trump became the 45th US President.

I hope a leopard can change it's spots so the next four years are at best interesting and productive (at worst catastrophic). The jury is out on all this.

Let's hope for steady as she goes, Donald J Trump.

What do you think?

Rod McGiveron, St Marys

George Keri's photographic tribute to the 2006 East Coast Fires will be on display at the Scamander Beach Hotel Motel from Monday November 14, 2016, and at other venues to be announced next edition.

On this day in 1840. Eyre replenishes his supplies at Fowler's Bay, South Australia, as he prepares to cross the continent to the west.

Edward John Eyre was the first white man to cross southern Australia from Adelaide to the west, travelling across the Nullarbor Plain to King George's Sound, now called Albany. Eyre began the journey with his overseer, John Baxter, and three Aborigines, intending to cross the continent from south to north. He was forced to revise his plans when his way became blocked by the numerous saltpans of South Australia, leading him to believe that a gigantic inland sea in the shape of a horseshoe prevented access to the north.

Following this fruitless attempt, Eyre regrouped at Streaky Bay, on the west coast of the Eyre Peninsula. He then travelled to past where Ceduna is today, reaching Fowler's Bay on 17 November 1840. Here, he replenished his food and water supplies from the government cutter 'Waterwitch'. He had to choose between attempting another northward trek, or heading west, which had never before been attempted. Eyre chose to go west, finally reaching Albany in an epic journey of courage and determination.

FALMOUTH COMMUNITY CENTRE FUNDRAISER

The Falmouth Community Centre [FCC] is excited to announce that we are in the process of raising funds to purchase two Defibrillators from St John Ambulance Australia [Tasmania] for our Community – one to be placed in a location for public access in Falmouth, and one to be housed in our Falmouth Fire Brigade [FFB] vehicle so it can be on hand when they are attending emergency operations.

If you would like further information or would like to donate, please phone 0400 397 166 or send an email to falmouthcommunitycentre@gmail.com

On October 30 the Falmouth Community Centre [FCC] was honoured to have Roxy Cowie, CEO of St John Ambulance Australia [Tasmania], attend our Monthly Meeting to give a presentation and demonstration on their HeartStart First Aid Defibrillator.

The St John HeartStart First Aid Defibrillator is the number 1 selling Defib around the world, is easy to use and is designed for people with little or no experience, making it ideal to use in a remote community such as ours, in the event of a sudden cardiac arrest.

The cost of a Defibrillator for public access is \$2,350

The cost of a Defibrillator for the FFB Vehicle is \$1,895

[as it does not require a Wall bracket or alarmed Wall Cabinet]

We are well on our way to reaching our goal with one family's generous donation of \$600 and six other donations from members of our local community, giving us a total \$1,150 already which we are truly grateful for.

If one life can be saved by having these Defibs in our Community, then that is priceless.

After the presentation, the members of the FCC who attended the meeting agreed that this would be a great asset to the Community, considering our remote location.

If we are lucky enough to have funds left over after purchasing the first two Defibs, then we will assist in using the excess funds towards further fundraising for a Defib for another community in our area.

This is just a start. We hope that your generosity will enable us to achieve this very important goal. We look forward to keeping you updated as we move towards a better prepared community.

We do hope that you will dig deep and put your support behind this important project.

We would like to thank Roxy Cowie for giving up her time on a Sunday to give her presentation and answer our questions.

Thanks also to those who came along for this important information session. There will be another demonstration by Roxy in January at a date to be advised.

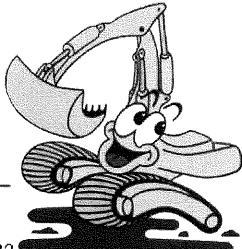
All welcome!

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- Sand and rocks.
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- D65 Komatsu dozer with ripper and tilt blade.
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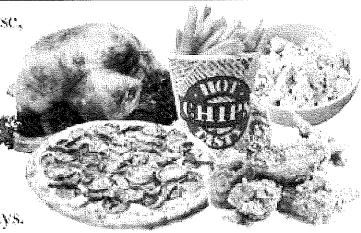
'think Hilly's, think convenience

Pizzas made wholely in house, ready to cook.

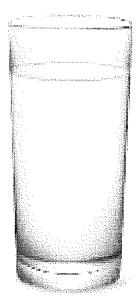
Large range of salads made fresh in-store.

Succulent BBQ Chickens cooked to perfection.

Cookies fried chicken and hot chips available 7 days.



Hilly's IGA St Marys and St Helens we stand for fresh



Scamander Delivered

We made the commitment. And now we're making good on our promise.

Scamander's Boil Water Alert has been lifted.

In August 2016, TasWater made a commitment to accelerate our program of systematically removing boil water and do not consume aferts for 24 towns across Tasmania. After almost ten years, and with the measures TasWater has put in place, the Department of Health and Human Sorvices has lifted the permanent boil water alert for the Scamander.

Now, like 59 per cent of others in Tasmaria, residents and visitors to Scamander can get a glass of water that is safe to drink, straight from the tap.

Scamander - the first town in our 24 Glasses project.



24glasses.com.au



#TSNTHEBUG November 19th to December 3rd 2016

Giving the gift of a little luxuly to women experiencing hardship this Christman

The St Marys Op Shop is hosting the "Share the Dignity" Campaign "It's in the Bag" again this year, from November 19 through to December 3 you can fill a handbag (we have some spare if you don't have one at home) with new, unopened sanitary items, hygiene products and other thoughtful items that any woman would love to receive.

St Marys Op Shop - St Marys District School Association Fund Raiser 25a Main Street (behind the Town Hall) St Marys

Last week the Op Shop volunteers held a staff meeting and thought it would be nice to reward those loyal customers who just keep coming back. They keep coming back, it seems, because they have discovered how good the St Marys Op Shop is!

So, in the very near future, the St Marys Op Shop will be introducing the St Marys Op Shop Loyalty Card, we are just waiting on its delivery.

When you spend \$5 or more at each visit you will get \$5 OFF your tenth purchase.

All funds raised through the Sales in the Op Shop support projects at the St Marys District School, Fingal School Campus and the wider Fingal Valley Community.

CIr. Janet Drummond, Co-ordinator



St Marys Sports Centre

Gray Road St Marys

Bar open *Thursday* 6 - 8pm *Friday* 6pm until close *Saturday* 4pm onwards - warm fire, cheap prices *Sunday* 1.30 - 4.30pm *Friday Happy Hour* 6.30 - 7.30pm with *Pick the Pen*, raffles and bar snacks

Golf news On November 5 if you saw pink fairy wings on the golf course you weren't dreaming. 9 male persons played golf as a touring Bucks Party. At present our course is very wet - Roger will be having withdrawal symptoms.

Melbourne Cup Champers & Cocktail Party on November 1 was a good day with some great cocktails. Prizes for the best dressed couple was won by a visiting pair. Best hat was worn by Annette Wines; the hat was original, made of green material and dressed with (STOLEN) hawthorn. Well done Annette! Thank you Dawn, Macca and Blackie.

Christmas Break Celebration will be held at the Centre on Friday December 23 and will include the drawing of our raffle. More details as it gets closer.

Licensee / treasurer Jim Turner 6372 2441
Interim secretary Glenn McDonald 6372 2429
President Jacqui Bianchi 0439 978 156
Vice President Tamatha Grose 0427 332 085
e:stmaryssportsctr@internode.on.net
https://www.facebook.com/stmarysportscentreinc/

Bowls results Saturday November 12 St Marys travelled to Swansea, St Marys had a loss. Bowling green has had plenty of water this week. Bowls at St Marys Saturday November 19. Trebles at St Marys Sunday November 13 cancelled.

Wedding Celebration for 100 guests held on Saturday November 12 went well. The rain was the only dampener on the happy day.

Congratulations to Gary and Nadia Cooper, and thank you for allowing us the honour of holding your reception at our

Centre. Thank you to Tracy and Bobby.

(No thanks to the power meter which kept tripping! Yes guys, the girls did sort it out.)

Christmas comes early for Scamander water users

Scamander is set to enjoy a summer holiday season with a new service bringing benefits to residents and visitors alike - a fully drinkable water supply. TasWater, along with the Department of Health and Human Services today officially lifted the town's Boil Water Alert.



CEO Michael Brewster says TasWater is delighted water consumers in Scamander can now drink water without having to boil it.

"It was nearly 10 years ago that Scamander was put on a boil water alert and it's been far too long between "drinks straight from the tap" for both people who live in the town and tourists who visit the area."

Scamander is just the first of 24 communities across Tasmania which TasWater has committed to providing drinkable tap water to over the next two years.

"Already 99 percent of our customers receive water they can drink straight from the tap but the rest – these 24 towns – remain equally important to us."

A campaign called 24 glasses will see TasWater undertake a process of consultation with these communities to find the best way of providing drinking water within two years.

When TasWater got the job of managing Scamander's water system in 2013, there were many issues to address before getting it up to standard.

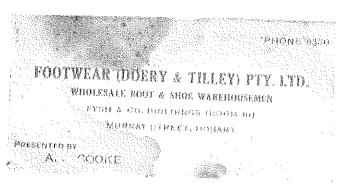
The problems were compounded over summer when the peak visitor season put extra demand on the water supply and it just couldn't cope, even though the town had a water treatment plant since 2012. Much of the town relies on the tourist season for its income and TasWater has always acknowledged the need to boil drinking has been very frustrating for the community.

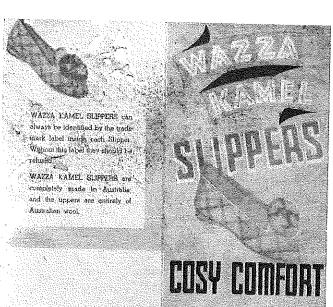
"TasWater has undertaken significant work to achieve the lifting of the Boil Water Alert including a new pre-treatment process at the water plant, improvement in the reticulation network, and new main supply line to the town's reservoir." "Now after all the measures TasWater has put in place, the Department of Health and Human Services is satisfied Scamander's water treatment plant can consistently produce water which meets Australian Drinking Water Guidelines, ending the requirement to boil water before drinking it."

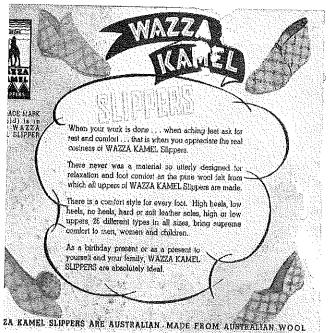
Thanks to Jun Li and Maurice Linfoot for allowing the publication of these items, found on the premises currently being restored next to Ping's Place, Main Street St Marys.

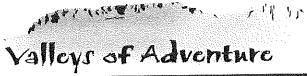
There are more which will be published in coming editions.

Hopefully they will be of interest to long term and recent residents of St Marys, and beyond. Editor.









AUGS A - ROYAL GEORGE - ROSSARDEN - FINGAL - MANGANA - MATHAWA - UPPER ESK - CORNWALL - ST MARYS

GREATER ESK TOURISM

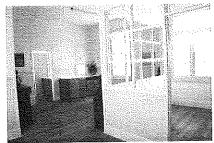












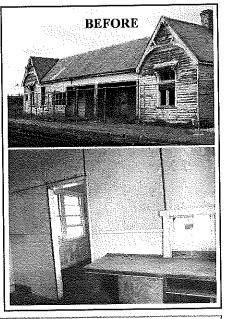
Official Opening of the Fingal Railway Station

There are only two Federation Queen Anne style railway stations left in Tasmania, one at St Marys and one at Fingal, with Fingal being the only one on a railway line. The Fingal Railway Station has now been restored thanks to the Tasmanian Community Fund, the Break O'Day Council, the Foundation for Rural and Regional Renewal, Greater Esk Tourism and the Fingal District Progress Committee. This station is on an operational railway line and the Hon Minister Rene Hidding is assisting the Fingal Valley community to lobby for a steam train from Hobart to Fingal once a year to the Fingal Valley Festival. It will not hap-

pen next year but lets hope it might in 2018. We are all very hopeful.

The restoration has been a lot of work but is a very worthwhile project adding vitality to the Fingal community. Well done everyone and special thanks to Keri Webb, Mayor Mick Tucker, the Hon Rene Hidding, Rod McGiveron and the volunteers for making the day so memorable.





You're Invited

Presentation Evening for Local Businesses and Tourism Operators Incorporating our Photographic Competition and Vote for the People's Choice Award

Date Friday 25th November 2016

Time 5:30 for 6pm start

Cost \$10 per person

Where Purple Possum Café & Gallery 5 Story Street, St Marys, Tasmania 7215

RSVP 21st November 2016

0412 425 666 or via email <u>addlestone@bigpond.com</u> Neat casual dress Light refreshments will be provided.

The finalists have been selected by Owen Hughes and are on display at $Furple\ Possum\ Café\ \Delta\ Gallery$



Avoca Museum and Information
Centre
Old School building
Avoca Tasmania 7213



Rossarden & Friends Kids Christmas Inc.

Christmas Party December 11th
at the Primary School Santa arrives at 11am.
Please bring a plate of party food
Parent contributions (\$10 each child) can be made to
Leesa or Helen <u>before</u> 1st December to ensure your child's inclusion.

Final entries in the Greater Esk Tourism 2016 Photographic Competition 'Promoting the Fingal Valley' on exhibition at St Marys



Fuel Reduction Program

After a long and wet start to spring, the weather is beginning to improve. The arrival of warmer and dryer weather means the Tasmania Fire Service can work with other agencies to conduct fuel reduction burns. Fuel reduction burns are strategic burns aimed at protecting properties and reducing the potential damage of fires.

Fuel Reduction Program spokesperson Ian Sauer said extensive planning has been in place throughout the year. "Through the long, wet months of winter and spring this year, the process of planning, designing and approving fuel reduction burns has been underway. The planning process is varied, from analysing priority risk areas and working with computer risk models, to meeting with property owners and assessing environmental and social values in and around burn sites.



"Most of the work involved in a large fuel reduction burn occurs before the matches are brought out of the pocket," said Mr Sauer. "For the North-East of Tasmania we are in the final stages of planning for a burn at German Town, and a burn at Conara is ready to go in autumn. On the coast there are burns planned for Dianas Basin and Beaumaris. Some of these burns commenced last autumn and we are ready to resume burning there when the area dries out and the weather conditions are favourable," Mr Sauer said.

Strategic mitigation planning has also taken place around the St Marys area. The purpose of the strategic mitigation plan is to effectively manage bushfire risk within the area. From the plan a number of mitigation activities have been identified, including fuel reduction burning.

Parks and Wildlife, Forestry Tasmania, the Tasmania Fire Service and other landowners have all been undertaking burns when the site conditions have allowed it. Across the state, 50 burns are either ready to go or are in the last stages of preparation. Those that are not achieved this spring due to weather conditions will become part of future season's burn schedules.

"Beyond this spring, well over two hundred fuel reduction burn projects are currently in process. Some will form the autumn 2017 and spring 2017 burn schedules and many of the rest will be during 2018/19. Not all of these projects will result in burns taking place. Sometimes unsolvable technical problems are encountered or property owners choose not to participate. In these cases, the burns are re-examined and new possible options are developed," Mr Sauer said. The Tasmanian Government has invested \$28.5m in the four-year program which takes both a cross-tenure and multiagency approach, and enables the Tasmania Fire Service to work efficiently alongside the Parks and Wildlife Service and Forestry Tasmania to oversee and provide critical information about fuel reduction burns to the public.

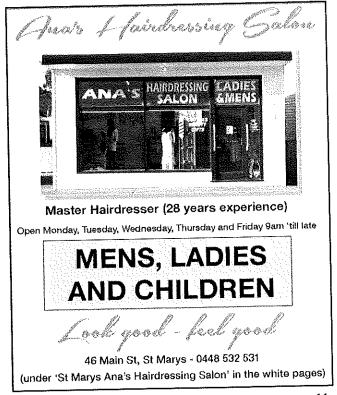
To see if there are any fuel reduction burns planned for near you, visit http://www.fire.tas.gov.au or email fru@fire.tas.gov.au for more information.

CLEAN CRACK LAUNDROMAT

32 Main Street St Marys



Coin operated washers and dryers 6.30am - 8pm



Mt Elephant and Beyond Book Group Review

The Little Coffee Shop of Kabul by Deborah Rodriguez provoked a very spirited discussion at Book Group this month. After previous serious books concerning life in Afghanistan - like The Bookseller of Kabul by Norwegian writer Asne Seierstad and The Rugmaker of Mazar-e-Sharif as told to Robert Hillman by Najaf Mazari - we expected, perhaps, something in the same vein. How wrong we were!

This book is aimed at a different audience. It tells the story of a group of women involved in the setting up of a cafe for

expats working in Kabul for government agencies etc. Sunny, an American looking for a new life, rents the space from Halajan, an older Afghani woman with a secret lover. Sunny "rescues" Yasmine, a young pregnant Afghani widow, from sexual slavery. She is aided in this (ad)venture by Isabel, a feisty English reporter wanting to help Afghani women imprisoned in horrific circumstances. There's Candace Appleton, a wealthy American adventurer, and her dashing lover Wakil who is secretly using her and her contacts to raise money for his madrasah - a school where, it seems, boys may be being trained to become suicide bombers. Rashif, Halajan's secret would-be lover, is a liberal thinking and progressive Muslim who must hide from Halajan's fundamentalist but attentive son, Ahmet.

Of course there are Sunny's two love interests: the unreliable but sexy mercenary soldier, Tommy and his rival, Jack, a "consultant for rural development". Unlikely as it would appear, these two team up to eventually rescue Jasmine's young sister from the likely fate of sexual bondage to men to whom her father owes money.

And so everything comes out all right in the end, except, that is, for poor Isabel who dies saving Candace's life during a suicide bombing.

Judgements such as" Mills and Boon in Kabul" were made at our meeting but after much discussion we decided that this book could raise awareness of the plight of women under the regime of the Taliban. At the end of the book the author reveals that she actually worked for some time in Kabul and eventually set up a beauty salon for Afghani women.

This novel is not a literary masterpiece; the writing is sloppy, the outcomes

predictable, the characters undeveloped and clichéd, but Rodriguez does raise the moral question of whether it is right for "foreigners" to intervene, to set things up to "rescue" the "helpless" locals, whilst at the same time she tells the story of that very scenario.

The glamorisation and simplification of serious issues in this troubled country did jar these readers' sensibilities, but we finally agreed that the writer's intentions were good, if poorly realised. For those not familiar with the status of women in Afghanistan, this book could provide a consciousness raising experience and so could be deemed worthwhile.

Pam Bretz, St Marys



POB 136 Scamander Tasmania 7215



Washing machine noisy? Refrigerator runs too long? Clothes dryer blows cold air?

... then you need the services of our technicians

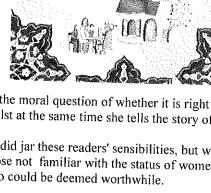
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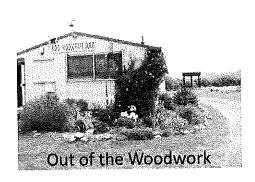
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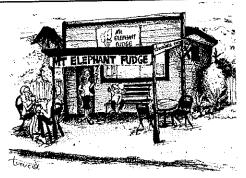
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GAZZMAN'S

Emoticons and symbols aren't ruining language – they're revolutionizing it

txt msgs r running language *ruininglol, ik!! :)

In many casual discussions of language and the internet, it's not uncommon to hear about how such "textspeak ruins language" - how technology has made everybody lazy with their speech and writing. Major media outlets such as the LA Times, the BBC and The Daily Mail have all bemoaned the ways in which people communicate through technology. Of course, language does change when it's used to text or write messages on the internet. It's even become the focus of the field of linguistics known as Computer-Mediated Communication (CMC). Although it specifies computers in its name, CMC refers to the study of interaction facilitated by technology like computers, mobile phones and tablets. And contrary to the idea that these innovations are corrupting language, they actually demonstrate a creative repurposing of symbols and marks to a new age of technology. These evolutions of language are swift, clever and context-specific, illustrating the flexibility of the language to communicate nonverbal meaning in a nuanced, efficient manner.

Change doesn't mean decay

It turns out that people have been complaining about language being "ruined" for as long as they've been writing and speaking.

In a TED Talk, linguist John McWhorter shared stories of people complaining about language change through the ages. For example, in 63 AD a Roman scholar groused that students of Latin were writing in an "artificial language" - a language that would become French! And a 1871quote from Charles Eliot, the President of Harvard University, might sound familiar: 'Bad spelling, incorrectness, as well as inelegance of expression in writing, ignorance of the simplest rules of punctuation... are far from rare among young men otherwise well prepared for college studies.

The emoticon: more than a face

Today, people are able to communicate rapidly through a range of mediums - and perhaps no linguistic development better indicates changes in the ways we communicate than the ubiquitous emoticon.

The emoticon:) -a colon followed by a parenthesis -is a visual representation of a smiley face turned sideways. Although an emoticon may look like a smile, a frown or any number of facial expressions, it doesn't represent a face, as many internet users assume. It's actually intended to convey a feeling ("I'm happy," or "just joking").

This meaning is evident even in the first emoticon, credited to Scott Fahlman at Carnegie Mellon University. In a 1982 e-mail, Fahlman suggested :-) as a "joke marker" to indicate wisecracks or sarcasm in text communication. In this legen-

dary e-mail, he also used the first instance of the frown emotion :-(. Words that represent these feelings are what linguists call discourse particles, or little pieces of language that convey information about the tone of the statement. Folklorist Lee-Ellen Marvin called them the "paralanguage of the internet, the winks which signal the playfulness of a statement over the seriousness it might denote." In a study of instant messaging, scholar Shao-Kang Lo describes emoticons as "quasi-nonverbal cues" - something that looks like a word, but performs the functions of a nonverbal cue, like a hand gesture or nod.

In fact, the variations in how you construct this emoticon can imply something about your identity. For example, as linguist and data scientist Tyler Schnoebelen pointed out in a 2012 study, people who put a "nose" in their emoticons tend to be older than non-nose emoticon users.

Though emoticons have been the subject of numerous studies, individual symbols – which serve a different purpose than emoticons – can add meaning to a message or express meaning all on their own.

TYPOGRAPHICAL ART.

We wish it to be distinctly understood that the letterpress department of this paped is not going to be trampled on by any tyranical crowd of artists in existence. mean to let the public see that we can lay out, in our own typographical line, all the cartoonists that ever walked. For fear of startling the public we will give only a small specimen of the artistic aclievements within our grasp, hy way of a first instalment. The following are from Studies in Passions and Emotions. No copyright,



In a precursor to the modern emoticon, 19th century typographers took a stab at conveying emotion through symbols.

Fluid conversation and clarified meaning

Have you ever seen someone fix a typo in a message with an asteriks? (*asterisk)

The asterisk signals a repair of an error in language. Conversational repair, or the act of correcting ourselves or others in spoken language, has been discussed for decades by conversation analysts in spoken language. Saying "sorry, I meant to say" or "er, I mean" can be awkward and interrupt the dynamics of a spoken conversation.

This conversational move has made its way into online written language, where that awkwardness is reduced to a single symbol. Instead of saying "oops, I misspelled 'asterisk' in my previous sentence," people can avoid a conversational detour by simply typing an asterisk before the word: *asterisk.

That's not the only use of the asterisk. A pair of them around a word or phrase can indicate emphasis. This style has gradually given way to words in all caps and repeated letters to show intensity and emphasis, as linguist Deborah Tannen and communication scholar Erika Darics have noted. Tannen provides an example of a text message that uses multiple styles to convey an intensely apologetic, sincere tone:

JACKIE I AM SO SO SO SORRY! I thought you were behind us in the cab and then I saw you weren't!!!!! I feel sooooooo bad! Catch another cab and ill pay for it for youuuuu

Meanwhile, punctuation marks like hyphens and periods suggest a change in voice and tempo.

One example is the ubiquitous ellipses. Traditionally, this mark has been used in text to denote deleted text. Now, it can also indicate a tone of voice that's trailing off or hesitating, such as the following example from a conversation in the popular online role playing game World of Warcraft:

So... since we live in the same city, do you wanna like... meet up sometime ...?

This use of the ellipses adds that extra meaning to the text and it can also do the work of denoting someone else's turn in the conversation. It's even been incorporated into user interfaces. In instant messaging and chat programs like Skype, an ellipsis is used to show that the other party is typing.

Ellipses are used by the iPhone text messaging interface to show that someone is typing.

A single symbol conveys a complex message

A single symbol can also be an entire message on its own. In her contribution to the book Discourse 2.0: Language and New Media, Susan Herring describes how a single question mark can be an entire message that indicates that the user is "confused or does not know what to say." In other words, a question mark does the job of asking for clarification in a single keystroke. Similarly, a single exclamation point as a message can illustrate surprise and excitement. You can repeat either of these symbols for as a superlative to show a greater level of surprise. Consider this exchange in which B uses nothing but symbols to express reactions to A's statements:

A: So I have some good news.

B: ?

A: I got a raise today

B: !

A: And it came with a promotion

B: !!!

These two aren't the only punctuation that can stand on their own as a message. In my 2012 study of World of Warcraft players, I found that in this community, and others, the carat ('can stand alone as an entire message that indicates agreement with another person. Meanwhile, an arrow-shaped symbol (<-) signalled volunteering for a task, like raising a hand in the classroom.

Here's a hypothetical interaction:

A: I am so ready for vacation.

B: ^

A: Who wants to go to Florida with me?

B: <-

Far from crippling language, these examples indicate how people can now communicate complex feelings in a streamlined manner – perfect for our modern, fast-paced world.

http://theconversation.com/emoticons-and-symbols-arent-ruining-language-theyre-revolutionizing-it-38408





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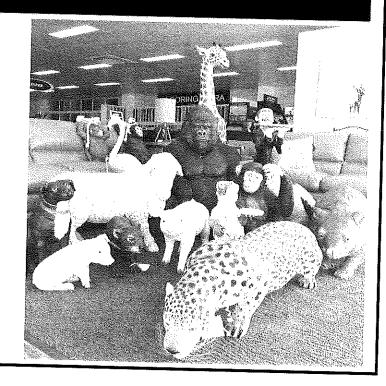
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Sailing stones

Sailing stones, sliding rocks, and moving rocks all refer to a geological phenomenon wherein rocks move and inscribe long tracks along a smooth valley floor without human or animal intervention.

Stones with rough bottoms leave straight striated tracks while those with smooth bottoms tend to wander. Stones sometimes turn over, exposing another edge to the ground and leaving a different track in the stone's wake.

Trails differ in both direction and length. Rocks that start next to each other may travel parallel for a time, before one abruptly changes direction to the left, right, or even back to the direction from which it came. Trail length also varies - two similarly sized and shaped rocks may travel uniformly, then one could move ahead or stop in its track.

Tracks of sliding rocks have been observed and studied in various locations, including Little Bonnie Claire Playa in Nevada, and most notably Racetrack Playa, Death Valley National Park, California, where the number and length of tracks are notable. At Racetrack Playa, these tracks have been studied since the early 1900s, yet the origins of stone movement were not confirmed and remained the subject of research for which several hypotheses existed. However, as of August 2014, timelapse video footage of rocks moving has been published, showing the rocks moving at low wind speeds within the flow of thin, melting

sheets of ice. The scientists have thus identified the cause of the moving stones to be ice shove.

The Racetrack's stones speckle the playa floor, predominately in the southern portion. Historical accounts identify some stones hundreds of feet from shore, yet most of the stones are found relatively close to their respective originating outcrops. Three lithologic types are identified: (1) syenite, found most abundant on the west side of the playa; (2) dolomite, sub-rounded blue-gray stones with white bands; and (3) black dolomite, the most common type, found almost always in angular joint blocks or slivers. This dolomite composes nearly all stones found in the southern half of the playa, and originates at a steep promontory, 260m high, paralleling the east shore at the south end of the playa. Intrusive igneous rock originates from adjacent slopes (most of those being tan-coloured feldspar-rich syenite). Tracks are often tens to hundreds of feet long, about 8-30 cm wide, and typically much less than 2.54 cm deep. Most moving stones range from about six to 18 inches in diameter.

A balance of very specific conditions is thought to be needed for stones to move: a saturated yet non-flooded surface, a thin layer of clay, very strong gusts as initiating force, strong sustained wind to keep stones going and in some hypotheses: ice floes

The first documented account of the sliding rock phenomenon dates to 1915, when a prospector named Joseph Crook from Fallon, Nevada visited the Racetrack Playa site. In the following years, the Racetrack sparked interest from geologists Jim McAllister and Allen Agnew, who mapped the bedrock of the area in 1948 and published the earliest report about the sliding rocks in a Geologic Society of America Bulletin. Their publication gave a brief description of the playa furrows and scrapers, stating that no exact measurements had been



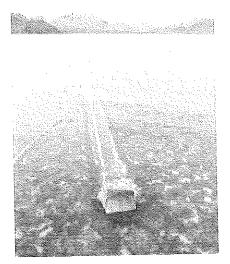
the origin of the furrows prompted the search for the occurrence of similar phenomena at other locations. Such a location was found at Little Bonnie Claire Playa in Nye County, Nevada, and the phenomenon was studied there as well. Naturalists from the National Park Service later wrote more detailed descriptions and Life magazine featured a set of photographs from the Racetrack. In 1952, a National Park Service Ranger named Louis G. Kirk recorded detailed observations of furrow length, width, and general course. He sought simply to investigate and

record evidence of the moving rock phenomenon, not to hypothesise

taken and suggesting that furrows were the remnants of scrapers propelled by strong gusts of wind – such as the variable winds that produce dust-devils - over a muddy playa floor. Controversy over

or create an extensive scientific report. Some stones weigh as much as a human, which some researchers, such as geologist George M. Stanley, who published a paper on the topic in 1955, feel is too heavy for the area's wind to move. After extensive track mapping and research on rotation of the tracks in relation to ice floe rotation, Stanley maintained that ice sheets around the stones either help to catch the wind or that ice floes

initiate rock movement. Reinforcing the "ice raft" theory, a research study published in 2013 pointed out narrowing trails, occurrence of intermittent spring systems, and absence of rocks at the end of the trails. The study identified the Racetrack mountain area that drains water towards the Racetrack playa while ice covered the intermittent lake. This suggests that it is this water that buoyantly lifts the icebergs with embedded rocks until friction with the playa bed is reduced sufficiently for wind forces to move them and cause the observed tracks. The study also provides mapping and analysis of the effect of artificial ditch preventing the visitors from driving on the playa and they claim that it may interfere with the sliding rock phenomenon.



The Valley Voice sincerely thanks Mary Probert of Scamander for permitting the publication of this journal.

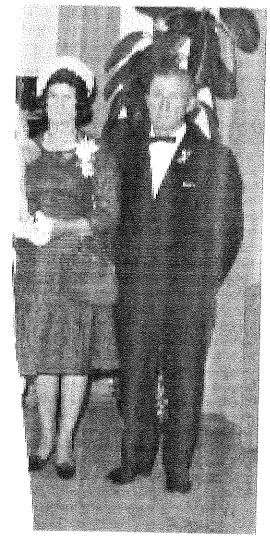
Herstory - Betty P Williams: 1935 to 1943 Part 2

Mondays were washing days and they were hard days for Mum. The copper fire smoked badly, causing her eyes to smart and water. The sheets and towels etc. were put into the copper to boil. The boiling with soap caused the dirt to be dislodged, the clothes were then taken out of the boiling water and transferred to a trough of warm sudsy water. This was managed by the use of a 'pot stick'; the items being literally fished out with Mum often scalded by splashes of boiling water. Hard stains were removed by rubbing on a corrugated wash board. Sheets and towels were all white so they were put through a blueing rinse to retain their whiteness.

The 'blue' came in a little block which was taken out of its paper and tied into a piece of gauze. The blue was then swished around in the water until the desired blueness was obtained.

The really difficult part came when these large articles had to be wrung out by hand. Imagine the strength a woman had to have in her wrists, to get the maximum amount of water out of all the sheets and towels. In those days it was considered necessary to starch pillowcases, tea towels, tablecloths, aprons and shirts ... in fact almost everything was starched. This was another process after blueing. The ironing of these starched articles was a really tiresome job. I can remember when Mum had to do all this with a flat iron. She used two irons, so while one was being used the other was on the stove getting hot. Some women took great pride in their ability to wash, iron and cook. A woman's house-keeping ability was often judged by the degree of whiteness of her line of washing.

The lavatory as it was called in polite circles (common people referred to it as a 'dunny') was a long way away from the house - way up the back yard next to the cowshed. The further away the better for hygiene, as a lavatory too close would attract flies, and the smells and germs would pervade the house. I have vivid memories of sitting in the toilet and feeling the walls shake as Trixie, our Jersey cow, stomped around in the shed next door. I was always scared that the lavatory man come along, open the little door at the back of the toilet pan to replace the pan with a new one, and there I'd be with my bottom exposed! The lavatory man and his truck were referred to as the 'nightcart', but they often came in the daytime.



Iris and Ken Worsley

It was very cold and draughty in that old lavatory. Toilet paper was news-

paper cut into neat squares and placed in a box near the seat. The seat was a pine bench with a hole cut in the centre. It was the custom and a necessity to have a chamber pot under the bed. This was used at night and in the morning, saving the long walk up the yard in the cold. The chamber pot had to be emptied and washed out each morning. Some people had fancy chamber pots of fine china with hand painted flowers. I even heard of a musical one that played a tune when it was a long time before we had a certific table in the little children 'pottie'.

It was a long time before we had a septic tank installed and you can imagine the difference it made to our lives when we could have an inside toilet.

Our family was almost totally self sufficient. We kept our own chooks, ducks and geese, a cow and a pig. Added to that Dad had a wonderful vegetable garden. He had access to all that horse manure!

My mother separated the milk, morning and night, and with the cream made our butter. Separating was a job I hated, as the handle had to be turned with a regular motion and my arm became tired and I couldn't keep it up. Mum didn't ask me to do it often. I think only adults could separate efficiently. Sometimes I'd have to help make the butter. We didn't have a churn. We just beat the cream with a hand egg beater until it separated, then used our hands to squeeze the buttermilk out. The butter was washed and salted before being shaped into pats. The buttermilk was used to make scones and fruit loaves. We had two butter pats that looked like little bats. The corrugations on their surface made the patterns on the butter. The pats were then wrapped in greaseproof paper and placed in a cool place in the pantry.

Of course in those days, refrigerators were unheard of. Our meat was kept in a meat safe which hung outside under the apple tree. Food wasn't kept for long; if it wasn't fresh we didn't eat it.

We had every possible kind of fruit tree; apple, pear, peach, apricot, quince, plum, mulberry and cheery as well as rhubarb, gooseberries, raspberries and black and red currants. Mum made many varieties of jam. She preserved or 'bottled' the fruit in Vacola jars.

She made sauce and pickles, ginger beer and lemonade. Mum was a marvellous cook. I didn't realise how good until I went away to boarding school; food there was a lot different from Mum's.

Dad loved puddings. No meal was complete without a pudding. Esmeralda Rolls was a favourite. This was a scone mixture rolled out flat and spread with raspberry jam, which was then rolled up and cut into slices to make little rolls. These were placed in a pie-dish, golden syrup dissolved in hot water was poured over, coconut sprinkled on top and baked in a hot oven.

Mum was an expert pastry maker. Her pastry rose high and was so light and flaky. Pies of every kind were her speciality, and we always had stacks of fresh cream to go with them. Dad reckoned later when he got a bad heart that it was Mum's cooking that did it, but this was pretty unfair as she cooked the things he liked and all the knowledge we have now about cholesterol was unheard of at that time. In much later years Mum took a job as a chef in a big motel.

Mum was a very capable person. She had a good knowledge of home nursing. People in the community relied on Mum. She had a sick friend who lived close to us and Mum nursed her for a long time. When she died Mum laid her out. When people died in Cornwall in those days they were kept in the home until the funeral. Mum always made a beautiful wreath using the flowers from her garden. The wreath was made by cutting out a circle of cardboard and then cutting a smaller circle out of the centre. This wreath shape was then covered with cotton wool which was bound on with wool. The flowers were tucked into the wool until they covered the whole underneath foundation.

Sometimes Mum sent me to the house with the wreath. 'Come in dear,' the adult said. 'Come and have a look at him,' and I was taken in to view the dead person laid out in the coffin in the drawing room. It was the custom and I guess I understood it. You may think it would play on my mind or give me nightmares but it didn't. Parents and children went to the graveside at a funeral. Everyone supported and helped the bereaved. No one was ever on their own with trouble. Each year the pig was killed - always a terrible day for Mum and us kids.

We went inside and turned the wireless up high so we couldn't hear the squealing the pig made when he was killed. The man came to 'stick' the pig. This meant sticking a sharp knife through the throat at a precise spot. It was supposed to be instant death, but for minutes after the pig continued squealing, or so it seemed to us.

The pig was scalded, in order to loosen the bristles for scraping. Not much of the carcass was wasted. The blood was caught and used to make black pudding ... a kind of sausage. The pig fat, or lard, was melted down and set in blocks to be used for cooking. The ribs, called spare ribs, were baked and when we recovered from our aversion to the killing, we really enjoyed them. The two back legs were smoked and cured and became hams, as were the two sides which became the sides of bacon.

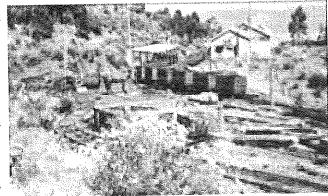
After the curing which involved daily rubbing in of preservatives, the hams and sides of bacon were hung on hooks in our pantry. Mum took down the side and sliced off rashers for breakfast.

Mum had a magnificent flower garden. She taught me the names of the flowers and plants, and I helped her in the garden. Mum's sweet peas were a sight to behold! They grew right up to the roof. Mum had a lot of flowers which today are rarely seen, such as Peony Roses, Frog Plants, Granny Bonnets, Lily of the Valley and Canterbury Bells. Mum had 'green fingers', that means things grew easily for her. Our house was always filled with vases of flowers.

When the hens became too old to lay they had their heads chopped off and were eaten, but poultry was usually a luxury kept for special occasions such as Christmas and Easter. I hated feeding the fowls and gathering the eggs as it meant going in the hen-house. The geese hissed at me too but that wasn't so bad, because they couldn't fly. Anything that could fly scared the life out of me.

Cornwall, my home town, referred to as 'the camp', was built on a hill and was born when coal was discovered in the Mt Nicholas Ranges. The mine was located at the top of the hill, referred to as 'the banktop'. From the screens at the bottom to the banktop, it was about a mile. On the next level below the mine was the mine manager's house.

Mr and Mrs Hood lived in quite a posh house set in lovely gardens and above and apart from any other. They had a gardener to do their garden, and a maid to do the house work. Dad had to milk their cow on his way to work. The other houses, about 50 of them, were scattered down the hill from the manager's house to the screens. From the mine at the top to the screens were two pairs of rail lines. In between the rails ran a thick steel rope to which the coal skips were hooked. The rope did a return trip, pulling the empty skips up

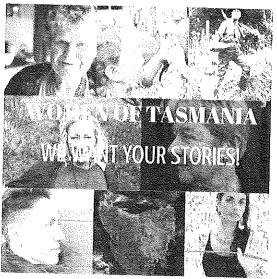


Cornwall coal mine banktop, photo courtesy of St Patricks Head & Esk Valley Historical Society Inc.

the 'haulage' and bringing the full ones down. At the screens the coal was sorted and loaded onto railway trucks. Coal was a very important commodity in those times. It provided the power, as hydro power was not then fully developed. Trains provided the main transport and coal was needed to fire the engines, and to fire the furnaces in iron and steel works.

Our house was about halfway down the hill. The town boasted three little shops, a post office, a Salvation Army Hall, two other church halls, the public hall and the school. The nearest town was St Marys, five miles away. Among other amenities, St Marys had two hotels, a number of shops and a picture theatre. We didn't get to St Marys very often and neither did anyone else at Cornwall because we didn't have transport. Of course people walked and rode bicycles, but cars were a rarity.

On Saturday nights a bus ran to take people to the pictures at St Marys but generally kids weren't allowed to go. I was probably 11 or 12 before I was allowed to go to the pictures, and I can't ever remember Dad or Mum going. Continued next edition.



We all know Tasmanian women are amazing, but does the world know?

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"Pilchard begins his long run in from short stump. He bowls and ... oh, he's out! Yes, he's got him. Longwilley is caught leg-before in middle slops by Grattan. Well, now what do you make of that, Neville?' 'That's definitely one for the books, Bruce. I don't think I've seen offside medium slow fast pace bowling to match it since Baden-Powell took Rangachangabanga for a maiden ovary at Bangalore in 1948.' I had stumbled into the surreal and rewarding world of cricket on the radio. After years of patient study (and with cricket there can be no other kind) I have decided that there is nothing wrong with the game that the introduction of golf carts wouldn't fix in a hurry. It is not true that the English invented cricket as a way of making all other human endeavours look interesting and lively; that was merely an unintended side effect. I don't wish to denigrate a sport that is enjoyed by millions, some of them awake and facing the right way, but it is an odd game. It is the only sport that incorporates meal breaks. It is the only sport that shares its name with an insect. It is the only sport in which spectators burn as many calories as players (more if they are moderately restless). It is the only competitive activity of any type, other than perhaps baking, in which you can dress in white from head to toe and be as clean at the end of the day as you were at the beginning."

- Bill Bryson, In a Sunburned Country

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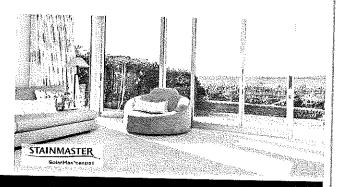
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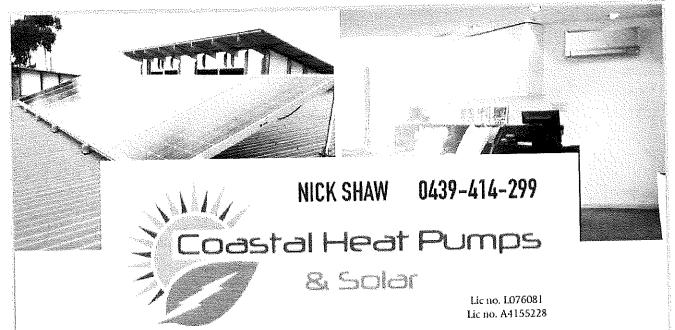
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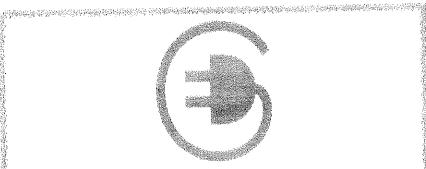
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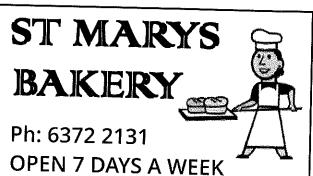
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Even though sugar was very expensive, people consumed it till their teeth turned black, and if their teeth didn't turn black naturally, they blackened them artificially to show how wealthy and marvellously self-indulgent they were.

I honestly wouldn't know the first step of how to take two sticks and some yarn and make a sweater, but my grandma easily can. I guess that's how she feels when I use a computer.

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- Quantity surveys for stockpiles and quarries
- Machine Control setup, establishement and onsite management
- Mapping and monitoring of sites
- Project feasibility studies
- Aerial and terrestrial 3D modelling
- Near Infra Red (NIR) and Normalised Difference Vegetation Index (NDVI) imagery for vegetation and crop health
- Thermal imagery capture



EAST COAST SURVEYING

Avery House, Level 1 48 Cecilia Street St Helens TAS 7216 Phone (03) 6376 1972 admin@ecosurv.com.au.



MAPPING SOLUTIONS

Phone 0458 353 946 admin@3dmappingsolutions.com.au

ACROSS

- 1. Corridor
- 5. Ancient Peruvian
- 9. Style of hairdo
- 13. Wings
- 14. Quietens
- 16. Person, place or thing
- 17. A field of grass
- 18. Famous
- 19. Blackthorn
- 20. Course around a star or planet
- 22. Solemnity
- 24. Absorb written material
- 26. 9-headed monster (Greek mythology)
- 27. Anagram of "Clients"
- 30. Seek
- 33. Cantata
- 35. Dusk
- 37. Arctic bird
- 38. Exhausted
- 41. 56 in Roman numerals
- 42. Leg joints
- 45. Stiff hairs
- 48. Scandinavian sea monster
- 51. Beguile
- 52. Contests of speed
- 54. Sourish
- 55. Blabbering
- 59. Caskets
- 62. Ow!
- 63. Ancient Greek marketplace
- 65. Male undergrad so-
- cial club
- 66. Arid
- 67. Toss
- 68. Container weight
- 69. Biblical garden
- 70. Stitched
- 71. Anagram of "Lyme"

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DOWN

- 1. Angel's headwear
- 2. Winglike
- 3. Criminal
- 4. Not strict
- 5. Type
- 6. Religious sisters
- 7. Fabric
- 8. Invariably
- 9. Disentangle
- 10. Barbershop emblem 34. Sphere
- 11. Twosomes
- 12.1111
- 15. Malicious

- 21. Meal in a shell
- 23. Haul
- 25. Soil
- 27. Saturate
- 28. Main stem of a tree
- 29. 52 in Roman numer- 50. Horse sounds
- 31. Concomitant
- 32. Shelter
- 36. Fog
- 39. Before, poetically
- 40. Effort
- 43. Made of baked clay

- 44. Three-handed card game
- 46. Anagram of "Cabs"
- 47. Frugal
- 49. Panache
- 53. A loud sleeping
- sound
- 55. Sit for a photo
- 56. Regretted
- 57. Unit of land
- 58. Get bigger
- 60. Unusual
- 61. Flower stalk
- 64. Barley bristle

Solution on p27

Libraries (Closed public holidays)

61 Cecilia Street St Helens 6387 5530

Mon, Tue, Wed, Thurs 10am - 1pm,

2 - 5pm

Fri 10am - 1pm, 2 - 6pm

Sat 10am - 12pm

31 Main Street St Marys 6372 2114

Monday, Wednesday & Friday 12.30 - 4pm

Tuesday & Thursday 10am -12.45pm





Fingal Online Access Centre 29 Talbot Street 6374 2222 Monday, Wednesday & Friday 9am - 4pm

Tuesday & Thursday 9am - 12pm

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215 6387 5555

GP Surgery Hours

Monday - Friday 8:50 - 10am

(10 -10:30am reception closed)

10:30am - 12.30pm

(12:30 - 1:30pm reception closed)

1:30 - 2:45pm

(2:45 - 3:15pm reception closed)

3:15 - 4:30pm

Scripts and Doctors appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN AD-VANCE** if you attend this practice regularly.

Please be patient

Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance.

Please be aware we are not able to issue scripts by phone

Pathology Service - Bloods

There is no pathology service prior to 8.30am. If you require pathology prior to 8.30am, i.e. urgent blood test and / or a fasting test, an appointment must be made at the Nurses' Station the day / evening before on 6387 5555

Pathology hours: Monday-Friday 8:30 - 11am & 2 - 4pm

Non-attendance of Doctor's Appointments

Please be aware there is a <u>non attendance policy</u> at this practice. If you miss three appointments you will be sent an account.

If you miss a fourth appointment you may be referred to another Medical Practice.

Due to demand, doctor's appointments need to be booked at least <u>two weeks in advance</u>.

Waiting periods can apply.

WAITING AREA AT THE HEALTH CENTRE

The waiting area for ALL services at the St Marys Community Health Centre is in the reception area. Please report to reception upon arrival and the consultant you are here to see will be told and they will come and collect you from this area. This applies to inpatient visits as well

INR tests require a five minute doctors consultation. Please inform reception when booking

Information on this page supplied by St Marys Community Health Centre, Gardiners Creek Rd St Marys Tasmania 7215

Doctors Roster

Dr C Latt 17/11/16-2/12/16 Dr K Nash-Rawnsley 18/11/12

St Marys Medical Practice reminder

Dr Latt wishes to remind the community of the following exceptions to bulk billing at SMCHC:

Driving licence renewals Requested medical reports Insurance medicals
Harness medicals
Pre-employment checks

The above are NOT covered by Medicare and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

A.H. contact numbers

GP Assist

1300 780 011

Ambulance or Emergency

1800 008 008

000

Lifeline - Saving lives, crisis

131 114

support and suicide prevention

St Marys Community Health

Centre - please ring before

6387 5555

presenting after hours

November is 'MOVEMBER'

Moustaches are now available for sale from the reception at the Health Centre.
Funds raised will be used for Prostate Cancer
Awareness and Research

Moustaches will be on sale for \$2 each



Rae & Partners

LAWYERS

of 113 Cimitiere Street Launceston

VISITING EVERY SECOND TUESDAY
SI Marys Community Health Centre 9,00am-10,00am
St Holons old Post Office building 11,00am-1,00pm

Please call to make an appointment

6337 5555

St Marys Community Health Centre

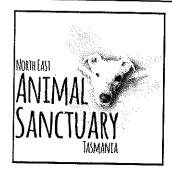
Gardiners Creek Rd St Marys Tasmania 7215 6387 5555

What's on at the Centre

November 17	Social Worker Shan Williams Ph 6387 5555 for appointments Outreach Health Solutions Grant Todd Exercise Physiologist. Ph 0428 491 621 Meals on Wheels Meeting 2pm-4pm in the Day Room
November 18	Physiotherapist Naomi Ide by referral from your GP or Health Professional Social Worker Shan Williams Ph 6387 5555 for appointments
November 21	Physiotherapist Naomi Ide by referral from your GP or Health professional Tasmanian Lymphoedema Centre Meeting 5pm in the Day Room
November 22	Physiotherapist Naomi Ide by referral from your GP or Health Professional Rae & Partners Lawyers consult fortnightly at the SMCHC. Ph 6337 5555 for appts Occupational Therapist Danyelle Briggs by referral from your Health Professional Child Health Session with Mary Mumford Tuesday fortnights, by appointment only Ph 0428 136 381 Diabetes Educator Sally Gates by referral from your GP or Health Professional
November 23	Day Centre Ph Hayley Gilbert on 6387 5555 for information on the group Outreach Health Solutions Grant Todd Exercise Physiologist Ph 0428 491 621
November 24	Physiotherapist Naomi Ide by referral from your GP or Health Professional Social Worker Shan Williams Ph 6387 5555 for appointments
November 25	Social Worker Shan Williams Ph 6387 5555 for appointments Physiotherapist Naomi Ide by referral from your GP or Health Professional
November 28	Physiotherapist Naomi Ide by referral from your GP or Health Professional
November 29	Continence Nurse Sue Walker by referral from you GP OR Health Professional Physiotherapist Naomi Ide by referral from your GP or Health Professional
November 30	Outreach Health Solutions Grant Todd Exercise Physiologist. Ph 0428 491 621 Social Worker- Shan Williams Ph 6387 5555 for appointments

November	Consumer & Carer Advocacy Group 12 -2pm
30	downstairs at the SMCHC
	Ph Shan on 6387 5555
	TAZREACH Antenatal Clinic with Katie
	Contact GP for appointments
	Day Centre Ph Hayley Gilbert on 6387 5555
	for information on the group
December	Social Worker Shan Williams
1	Ph 6387 5555 for appointments.
	Outreach Health Solutions Grant Todd
	Exercise Physiologist. Ph 0428 491 621
December	Physiotherapist Naomi Ide by referral from
2	your GP or Health professional
	Social Worker Shan Williams
	Ph 6387 5555 for appointments
	Dietician Diabetes Tasmania Melanie Hortle
	by referral from your GP or Health profes-
	sional

	Meals o	n Wheels
November	17	Heather Griffiths
	18	Drew Adam
	21	Karl Balzer
	22	Trish Pike
	23	Louise Keady
	24	Heather Griffiths
	25	Drew Adam
	28	Pam Bretz
	29	Valmai Spencer
	30	Lundy Vosper
E	mergen	cy services
AURORA E	nergency	13 20 04
Carers for V St Man		6372 2973 0417 017 105
Crimesto	ppers	1800 333 000
Poisons Info	ormation	13 11 26
Police Eme	ergency	000 & Enq 13 14 44
SES Eme	rgency	13 25 00
TFS Eme	rgency	000 & Enq 1800 000 699





We are having a shopping night with all your favourite party plan companies at Legerwood, Tasmania. Christmas is just around the corner so why not do all your shopping in one place and help us reach our goal of raising \$4000 to complete our daytime dog runs!!! Entry by gold coin donation.

We will be selling tickets for our Christmas raffle and there will be lots of door prizes on the night For more information visit https://www.facebook.com/events/1815729592017862/?active_tab=discussion



Have you ever wanted to include your family pet in your beloved Christmas photos?.. Well now you can, come along to the North East Animal Sanctuary Tasmania's, Santa Photo Booth 4 Pooch fundraising day to be held at the North East Vet Clinic, Shop 2, 17 Quail Street, St Helens,

Let us dress up your pet in all the Christmas cheer and join them for a fabulous photo you can treasure furever. Walk-ins are welcome from 11-2, or if you would prefer to book a particular time during those hours please contact NEAST on their facebook page.

Photo cost will be \$15 for 1, or \$25 for 2, all photos will come with a magnetic Christmas photo frame to keep your photo in.

All proceeds from this event go to NEAST, to help care for our animals.

Hope to see you all there, will be a great day for all. More information at https://www.facebook.com/ events/1846863135546349/

We have had a successful weekend at the show with Rupet the deaf boy going on trial, Zac still on trial at the moment, Boss the border collie pup going on trial this Tuesday and Mr G going on trial in a couple of weeks.

0457 081 533 michelle.jesson@bigpond.com

Irena Sendler 1919 - 2008

She was a Polish woman,98 years old at the time of her death. During WWII, Irena worked in the Warsaw Ghetto as a plumbing / sewer specialist.

She dedicated herself to smuggling Jewish children out. Infants were carried in the bottom of the tool box she used, and older



children in a burlap sack she had in the back of her truck. She also had a dog in the back that was trained to bark when Nazi soldiers let her in and out of the ghetto. The soldiers wanted nothing to do with the dog, and the barking covered the kids' and infants' noises. Irena managed to smuggle out and save 2,500 children during this time.

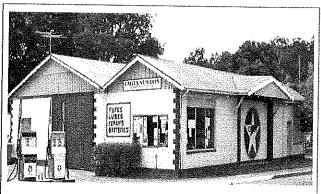
She was eventually caught and the Nazis broke both her legs and arms, and beat her savagely.

Irena kept a record of the names of all the kids she smuggled out and recorded them in a jar buried under a tree in her backyard.

After the war, she tried to locate any parents that may have survived and reunited some of the families, but most had been killed. She then helped those orphaned children get placement in foster homes, or adopted.

In 2007 Irena was up for the Nobel Peace Prize but was not selected. Al Gore won with a slide show on Global Warming.

http://iwastesomuchtime.com/best?page=4



CALTEX ST MARYS

MECHANICAL REPAIRS & SERVICE 41 Main Street 6372 2335/0419 503 109 Fax 6372 2822 "In the end I believe my generation will surprise everyone. We already know that both political parties are playing both sides from the middle and we'll elect a true outsider when we fully mature. I wouldn't be surprised if it's not a business tycoon who can't be bought and who does what's right for the people. Someone like Donald Trump as crazy as that sounds."

~Kurt Cobain, 1993

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96 words of three letters or more were found in									
PROGRAMMER?									
age	germ	pager	rape						
ago	goer	par	raper						
amp	gore	pare	rare						
ape	gram	parer	rarer						
aper	grape	pea	ream						
are	grope	pear	reap						
arm	groper	peg.	rear						
armer	mage	per	rearm						
armor	map	perm	remap						
armorer	mar	poem	repo						
ear	mare	pore	reprogram						
ego	marrer	porer	roam						
era	mem	pram	roamer						
erg	memo	prearm	roar						
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err	mop	programme	roe						
error	mope	programmer	roger						
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How ma	How many words of three letters or								

more can be found in OCCUPATION?

Answer next edition.

Tip locations and opening hours

Ansons Bay
Long w/ends Mon
12 - 4
Wed/Sun 12 - 4
Fingal, Mathinna Road
Tues/Thurs 10 - 4
Sun 2 - 5
Pyengana, Tasman
Hwy No builders'
waste please
Wed 9 - 1, Sun 2 - 5

Scamander, Coach Street Tues/Thurs 10 - 4 Sun 2 - 5 St Helens, Eagle Street Open 7 days 10 - 4 St Marys, Gray Road Tues/Thurs 10 - 4 Sun 2 - 5



St Marys Salvation Army

is pleased to offer the following services:

Weddings Dedication of children Funerals

Envoy Mel Norton 0409 838 816

Julian Randolph Stow (28 November 1935 – 29 May 2010) was an Australian writer. His novel, To the Islands, won the Miles Franklin Award in 1958. He was awarded the Patrick White Award in 1979.



My Wish for My Land The Woman:

My wish for my land is that ladies be beautiful, That horses be spirited and gentlemen courteous And all moustaches faultless.

My wish for my husband is that he read Tennyson. My wish for my daughter is that she be interesting And capture a million acres.

My wish for my sons is that they be chivalrous, Sun-tanned and tall, and that they bestow on me Perhaps a dozen grandsons.

My wish for my house is that linen be Irish And tableware sterling, and that the piano Go never too long unplayed.

My wish for myself is that I grow matronly, Straying in dove-grey silk through the roses Under the far far harking of the crows.



ST MARYS IGA SUPERMARKET

38 Main Street
Ph/Fax 6372 2240 Butcher 6372 2274
Monday - Friday 8am - 6.30pm
Saturday 8am - 5pm Sunday 10am - 5pm
Butcher instore weekdays 8am - 2.30pm

In the centre of town, at the heart of the community

Butchery specials November 1	6 - 22 p/kg	Butchery specials November 23 - 29	9 p/kg
Lamb BBQ Chops	13.99	Beef Mince	10.99
Leg of Lamb	10.99	Round Steak	13.99
Topside Beef Roast	13.99	Blade Roast	12.99
Silverside	8.99	Ham Steaks	8.99
Nichols Chicken Breast Fillets	10.99	Ingham Gourmet Chicken Portions	5.99
T	vo week specials	: November 16 - 29	
Peters Drumsticks 4pk	3.99	Western Star Spreadable Butter 500g	3.69
Peters Frosty Fruits 8pk	5.99	CSR White Sugar 2kg	2.99
Kraft Cheese Blocks 1kg	8.99	CSR Raw Sugar 2kg	2.99
Gravox In Seconds 120g	2.99	Whittakers Chocolate Blocks 200g	3.99
Zooper Doopers 24pk	3.99	Starburst Confectionery Bags 110-180g	1.39
Sanitarium Skippy Corn Flakes 500g	2.49	Greens Traditional Cake Mixes 400-470g	1.99
Indomie Noodles 425g	1.99	IGA Potting Mix 25L	3.99
Ansell Handy Disposable Gloves 24pk	3.49	Earths Choice Dish Washing Liquid 500ml	1.99
Safe Toilet Tissue 12pk	4.69	Duo Laundry Powder 500g	1.84
Whiskas Canned Cat Food 400g	1.35	Chum Canned Dog Food 1.2kg	2.49

The Valley and East Coast Voice Inc. is available at the following outlets:

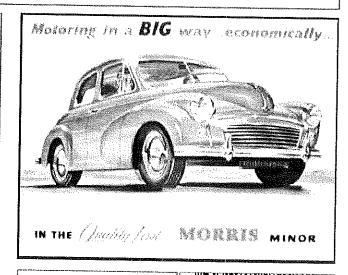
Avoca Post Office
Coachouse Restaurant
St Marys
Hilly's IGA St Helens
Hilly's IGA St Marys
St Marys
St Marys Newsagency



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Launceston 6339 4900 St Helens 6376 1143 Fax 6339 2900 suncoastexp@netspace.net.au

John Campbell 0438 392 621 Jamie Harper 0408 012 145



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