

THE VALLEY AND EAST COAST VOICE INC.

Established 1968

49.09 August 25, 2016

Deadline for 49.10 is 5pm September 5, 2016



Oakdene

Trolling the internet in September last year (day-dreaming about finding the 'idyllic' place to call home - where lifestyle, environment and a sense of community help to create that perfect work / life balance many busy professional couples yearn for) we stumbled across 'Oakdene' in St Marys.

Originally from New Zealand, Terry felt the connection between his old homeland and Tasmania instantly - the raw and rugged beauty and even the cold!

And on inspection of the property during a gorgeous September day, the clincher was when Terry saw a large trout in the St Marys Rivulet. His boyhood memories all came flooding back. 'Jodi, this is it, where do we sign?'.

Continued on p7



ANNUAL GENERAL MEETING

The AGM of the St Patricks Head & Esk Valley Historical Society Inc. will be held at the Old Tasmanian Hotel in Fingal on September 21, 2016 commencing 3pm. People who are interested in the history of our magnificent Valley are urged to attend, as this meeting will determine the future of our history group.

Jim Haas, Cornwall

'A Sporting History of Avoca District'

Sunday 25th September

'A Sporting History of Avoca District' exhibition will be officially launched at 11am at the Avoca Spring Festival.

Thanks to many locals, Arts Tasmania, the Roving Curator and Graphic Designer, this exhibition will be very impressive.

Calling all fundraisers looking for a new project: Looking to Recruit Fundraising Committee Volunteers

Purpose – Possible establishment of a Skate Park in St Marys. I have been in talks with Council about creating a Skate Park in St Marys, since last year. It has been a request I have heard repeated throughout the community over and over. I have consulted with the school and they are keen to see this happen. This is a longer-term goal. If we as a community can show willing and commence fund raising, there is a greater possibility that we will be successful in the future in obtaining grant funding and possible assistance from Council to establish a Skate Park. There is no guarantee that this will happen. We need as a community to provide the initial funding support and show community backing for such a major project in our municipality. I am convening an initial meeting to gather the level of interest within the community to form a fund raising committee. It will require committee members with appropriate skills to act as the executive and volunteers to assist at any planned events. It will be up to the group to form a constitution and provide role definitions and to become autonomous as a fund raising committee. The initial meeting will be held at Mt Elephant Fudge in Story Street St Marys commencing 4:30pm sharp on Friday September 2, 2016. Please direct all initial enquires to:

Clr. Janet Drummond 0404 562 320 / janet.drummond@bocd.tas.gov.a

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Advertising rates

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65
- ◆ Permanent classified ads \$20 p.a.

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

MANY THANKS to everyone who has contributed to this edition of the Valley and East Coast Voice Inc. Articles are always welcome, but we do not accept responsibility for the accuracy of information provided by contributors! Opinions expressed are not necessarily those of the editor or volunteer staff.

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff. Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point.

Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Community Notices

Community notices must include the name, position, town of residence and contact number of the authorised representative.

Notice to non-profit groups re changes to advertising rates: Half a page or more will cost 50% of the regular advertising charge. To establish eligibility, ABN / IA details need to be produced.

Meals on Wheels Meeting dates for 2016:

AGM November 17

Lundy Vosper, St Marys

The **GET Annual General Meeting** is on Monday September 12 at 7pm at the Fingal Valley Neighbourhood House, to be followed by a General Meeting. All welcome

Mary Knowles, Secretary

The **Falmouth Community Centre** will hold its AGM on Sunday September 3, 2016 at the Community Centre, Morrison St Falmouth.

Commander Peter Edwards, Coordinator, Tasmanian Flood Recovery Taskforce 18 August 2016

Flood-affected primary producers have more time to apply for a transport subsidy after the deadline was extended to 30 November. The transport subsidy is available for flood-affected primary producers to reduce the costs of transporting fodder, stock, and materials following the floods. The original deadline was 6 September 2016 but this has now been extended to 30 November 2016 to give primary producers more time to submit applications.

"The farming community is telling us that primary producers need more time to apply for this important support," said Commander Peter Edwards, Coordinator of the Tasmanian Flood Recovery Taskforce.

"We have listened to that and extended the deadline for applying by almost three months."

The subsidy is jointly funded by the Tasmanian and Commonwealth Governments under the Natural Disaster Relief and Recovery Arrangements.

Under the scheme, a subsidy of up to 50% of the total freight cost to a maximum of \$15,000 per farm enterprise is available to eligible primary producers.

Information and guidelines about the scheme along with an application form are available on the TasALERT website or by the Tasmanian Flood Recovery Taskforce on 1800 567 567.

Commander Edwards encouraged all primary producers in flood-affected areas to find out whether the subsidy would be helpful for them.

The subsidy can be used to help with the costs of transporting fodder and/or water to a property, stock to or from agistment, stock to sale or slaughter, and transport of materials, and plant and equipment directly associated with primary production.

Initial claims must be lodged by 30 November 2016.

Once this initial claim has been approved, applicants then have six months from the date of the 'first movement' i.e. first day of transport to make further claims.

Community Notices

Fingal Valley Neighbourhood House

Talbot St Fingal

6374 2344 / admin@fvnh.org.au



Evandale Market: Sunday 11th September. Leave FVNH 8am. Bus Fare: \$10. Book before Monday 5th September.

Kids Paradise: Thursday 29th September. Leave FVNH 9.30am. Entry Fee: \$9, Macdonald's \$5 limit.

Bus Free. Parents pay Kids Paradise & MacDonalds

Book before Wednesday 21st September. B.Y.O Lunch and plenty to drink.

Laser Tag: Wednesday 5th October. Leave FVNH 9.30am. Parents pay Laser Tag, MacDonalds \$5 limit. Bus Free. Book before Friday 30th September.

B.Y.O. Lunch and plenty to drink.

Contact the FVNH on 63742344 or call into Office for more information on these trips. Office hours are from 9am—3pm Monday to Friday.

The Fingal Valley Neighbourhood House Inc. is funded by the Crown through the Department of Health and Human Services

The date for the FVNH Committee meeting was incorrect in the last Valley Voice, apologies to the FVNH for any inconvenience caused. Ed.

Community Partnership Program

7SD & Chilli North-East are committed to supporting our local community groups and events. We are thrilled to announce that we are taking this community support to another level with the introduction of our Community Partnership Program.

The Community Partnership Program (CPP) is aimed at 'not for profit' organisations/groups that have a need to promote themselves, their activities or events they are organising.

Should you wish to discuss this further please feel free to contact us via the details below.

North East Account Manager – Teagan Wise teagan.wise@7sd.com.au

General Sales Manager – Sharon Symons ssymons@lafm.com.au

Rossarden Progress Association Working Bees: Saturday 10 and Sunday 11 September. 10am start at the museum.

Rossarden fire training prior to town BBQs to start at 10am from now on. The next date is September 3, the first Saturday in the month.



Australia Day

Australia Day Awards

Each year we celebrate the achievements and contributions that community members make to create a better place for us to live, work and play – nominations are now open for Australian Citizen of the Year and Young Citizen of the Year.

Application forms can be downloaded from Council's website www.bodc.tas.gov.au or contact Council on

6376 7900 / admin@bodc.tas.gov.au

Applications close Wednesday December 21, 2016.

The Cornwall Road bridge open to traffic, with sealing of the approaches to occur in spring/summer

St Marys Hospital Auxiliary "Election" Raffle results.

1st prize Quilt - Courtney Thow, St Marys

2nd prize Nutri Bullet - S Lampard, St Marys

3rd prize - Outback Dunny, P Norris, Scamander

Congratulations to the above winners and our thanks again for the valued and ongoing public support.

Kevin Faulkner, Secretary

The GET Annual General Meeting is on Monday September 12, 7pm at Tas Beer & BBQ in Fingal, to be followed by a General Meeting.

All welcome. RSVP to Mary on 6385 2002 or gipp-screek@skymesh.com.au

We need to know numbers please.

CLEAN CRACK LAUNDROMAT

32 Main Street
St Marys



Coin operated washers
and dryers
6.30am - 8pm

Community Notices

GARAGE SALE - MOVING SALE

Lalaloopsy & Fairies furniture sets, CD cabinet, 11ft tinie, trailer & motor, '87 Nissan Ute, fish tank, baby & girls clothes, toys, bikes, motorbike, TV's, futon and much more

10th and 11th Sept after 8.30am

7 Grant St, St Marys

Phone Dee if you are interested in anything before the sale date 6372 2128.

Available for Rent - St Marys

3 br house (with built-ins) plus extra bedroom / rumpus room.

Bath, shower, and sep. wc.

BIG kitchen, large wood heater with fan, double garage and carport.

Close to town. Property borders creek.

\$230 pw, good references.

Phone Jon on 0406 342 234

Wanted

Wanted to buy, any **old dog rego tags** with a town name on it, will pay \$5 each, please phone (03) **6372 2570**

Windows, French doors and or trampoline.

Phone Adam or Bronwyn 6372 2755

For Sale

I may be old and feeble, but I'm still selling **moo poo**.
Norm 6372 2380

Raspberry canes, good stock \$2. **Jack 6370 2034**

USED SHEVING and PANELS etc. in good order
Pegboard (painted beige one side) 4 / 1830 x 875mm - \$20ea. 80 / 875 x 625 mm (framed) - \$8ea. 100 / 1160 x 625mm (framed) - \$10ea.

Masonite panels (painted beige one side). 10 / 1530 x 875mm - \$5ea.. 10 / 700 x 350mm with 200mm backing, **sturdy wire mesh shelves** - \$8ea

30 / metal panel sections 875 x 625 - 15mm flange to edges. P/ coated beige. \$5ea.. (Cheaper job lots for some of the above).

Other mixed panels - Cheap.

Various sized boards & panels - chipboard, masonite etc. coated beige - sizes and prices on application - 6372 2626
Self Assembled Steel Racking - simple & sturdy - 1380mm high, four racks (shelves) 1130 x 450mm - powder coated brown with stained particle board infills - \$160

Fluorescent light sections - \$8

Mobile Bread Stand - v/gd. con. - 5 sloping wire shelves (950 x 400) plus storage at bottom - \$120

Cane Sun Lounge - needs minor repair - \$40.

Pallet Jack - narrow tynes - incl. 2 / 50m x 19mm rolls metal strapping - Two strapping stands. Two sets of strainers - \$400 the lot.

6372 2626

Yes, building has started! "The Farm Shed" will (hopefully) be up and running by the end of the year.

By the time you read this, there should be a slab and throughout the month, framing should help you visualise something of what is to come! The Farm Shed (next to the Church at the south entrance to Bicheno) is a multi-functional building housing the post office (with its own entrance), a coffee and wine bar and the east coast wine centre with Tasmanian art and design throughout.

The Farm Shed will proclaim the east coast as a wine region by showcasing its 19 vineyards through exhibition with interpretation, tasting and sales.

We acknowledge the Federal and State Government's provision of a grant towards the Farm Shed through the Demand Driven Tourism Infrastructure Fund.

We also thank the Bicheno Community Church for their assistance during the build, and especially our community in Bicheno and surrounds for the enthusiasm and support shown to us. This support has encouraged us to continue on this, at times overwhelming, adventure.

If you have any questions, please don't hesitate to ask. We have images of the building and the floor plan on hand, and are happy to run through them anytime with anyone who is interested or concerned.

Stay tuned, we'll keep you posted, or follow our progress at thefarmshedtas on Instagram, Twitter or Facebook.

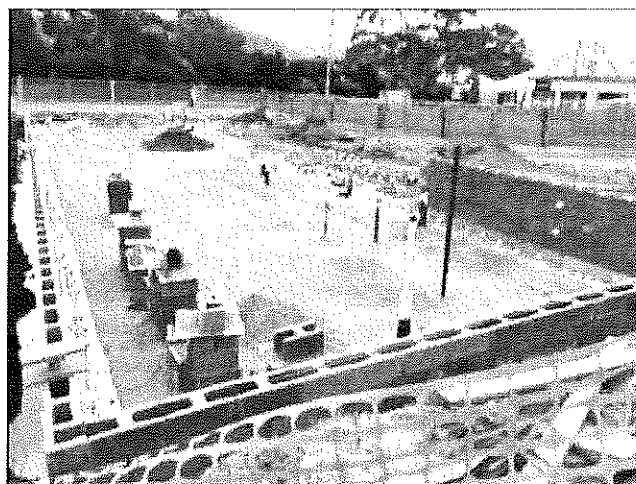
Subi Mead and Helen Bain

helenandsubi@bigpond.com or drop in and see us at the Bicheno PO



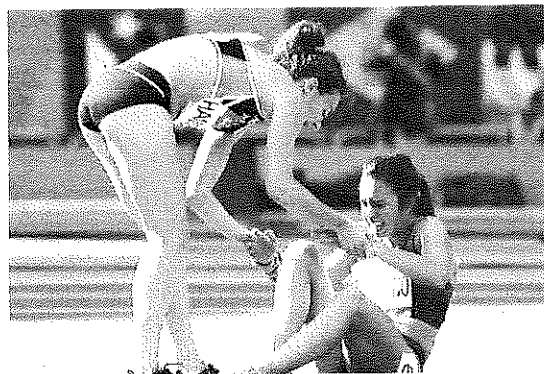
THE FARM SHED

EAST COAST WINE CENTRE



Rio Olympics 2016: The Olympic spirit

Midway through the second women's 5000m, heat the pack bunched up and New Zealand runner **Nikki Hamblin** checked her stride. Behind her American runner **Abbey D'Agostino** clipped her legs and they both stumbled. Hamblin gave up any chance of chasing the main pack and waited until the hobbling D'Agostino could continue the race, as the sparse crowd at the Olympic Stadium rose to their feet and applauded. Clearly pained, she shuffle and limped on, drawing rapturous applause at the Estadio Olimpico. She then required a wheelchair to leave the stadium. Later, race referees reinstated both Hamblin and the American, as well as a third runner also affected, into the final.



John Landy (1930-) AC MBE Olympic Park, Melbourne, March 11 1956



During the Australian mile championship Ron Clarke, who would hold every world record from two miles to 20 kilometres, came a cropper. As Clarke crashed down after clipping another competitor's heel, Landy, who was very close behind, leaped desperately to clear his body. He didn't quite manage that, his spikes landing on the inside of Clarke's arm. Landy pulled up, and with other runners streaming past him, took the time to trot back to Clarke who was still on the ground. With Clarke on his feet now, and urging him on, he began to chase a field of runners that had gone a long way past him. He had about a lap and a half to go. At the bell lap he was fairly hurtling. And amazingly, he won the race. His act of chivalry had cost him perhaps up to 7 seconds, and there is no doubt he sacrificed

the chance of a world record. His time was 4 min. 4.2 sec.

Spanish runner **Ivan Fernandez Anaya** was running second, some distance behind race leader **Abel Mutai** -- bronze medalist in the 3,000-meter steeplechase at the London Olympics 2012. As they entered the finishing straight, he saw the Kenyan runner - the certain winner of the race - mistakenly pull up about 10 meters before the finish, thinking he had already crossed the line. Fernandez Anaya quickly caught up with him, but instead of exploiting Mutai's mistake to speed past and claim an unlikely victory, he stayed behind and, using gestures, guided the Kenyan to the line and let him cross first.

Tough decision, right? Actually, no.

"He was the rightful winner," Fernandez Anaya said. "He had created a gap that I couldn't have closed if he hadn't made a mistake. As soon as I saw he was stopping, I knew I wasn't going to pass him."



Tasmania's credit rating downgraded by Moody's

By Rosemary Bolger

Credit ratings agency Moody's has downgraded the debt rating for Tasmania, predicting widening budget deficits. While the state recorded a \$60 million surplus for the 2015-16 financial year, its rating has fallen from AA1 to AA2. In a statement, Moody's disputed the Treasurer's spending projections in the May budget.

"Moody's anticipates that Tasmania will record widening deficits due to a combination of slowing revenue growth and expectations that the state's forecast of nearly flat levels of spending are unlikely to be realised," the agency said. Moody's noted the State Government's figures rely on "virtually no growth in healthcare costs over four years".

"Moreover, upward pressures on public sector wages could emerge, particularly as relevant agreements expire over the next year and the number of full-time employees is beginning to rise again," the agency said.

Treasurer Peter Gutwein was taken by surprise, since Moody's offered more positive feedback only last week. "The adjustment highlights that there is still more to be done," he said.

"And while the budget is back in surplus four years ahead of time there remains significant long-term challenges in the areas of health, education and the state's superannuation liability that need to be managed carefully."

[http://www.abc.net.au/news/2016-08-18/tasmania-credit-rating-downgraded-by-moodys/7763764?](http://www.abc.net.au/news/2016-08-18/tasmania-credit-rating-downgraded-by-moodys/7763764?WT.ac=statenews_tas)

[WT.ac=statenews_tas](http://www.abc.net.au/news/2016-08-18/tasmania-credit-rating-downgraded-by-moodys/7763764?WT.ac=statenews_tas)

RAE & PARTNERS
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VISITING EVERY SECOND TUESDAY
St Marys Community Health Centre 9.00am-10.00am
St Helens old Post Office building 11.00am-1.00pm
Please call to make an appointment **6337 5555**

The Haircut

Like many women, I have had many hairstyles over the years although I didn't have a very promising start. Apparently I didn't have much hair to speak of for the first 18 months of my life, and my mother used to hold me up to a window to see if I had grown more than a little fuzz with a slight reddish tinge. Eventually I became a curly little blond but as I matured the colour changed from blond to a light brunette, and I lost most of the curls.

Over the years I experimented with various styles and colours, then 18 years ago I had to undergo eight courses of chemotherapy to cure Hogkins Lymphoma, which had a serious outcome on any hair styles I might have had at that time. I lost my hair completely but it eventually grew back, although slightly different - yet another change.

Now as I am ageing I have had to face the fact that my hair is thinning, to the extent that I was finding it difficult to maintain my favoured style. On the advice of Ana Hayes, I agreed to a short cut, in fact shorter than anything I have ever worn before, apart from the aforesaid chemo episode.

One look in the mirror as Ana finished the job and I was worried – how was David going to react? It was indeed short and not only that, it happened to be extremely cold that morning in St Marys and I had forgotten just how much our hair protected our heads from the weather. (I have since invested in a couple of beanies!)

But I still had to return home with far less hair. I need not have worried for David took one look, said it looked fine, and went about his business. In fact he is having more trouble getting used to seeing me wearing my new glasses all day!

Such is life!

Toni Brewster, Chain of Lagoons

Barbers and Hairdressers

When I was about six, I can recall a barber whose shop was a part of the Newsagency, entry via the doorway where people wait for the bus. Mr Vern Donovan was a tall, grey haired man. He always looked a bit frightening to me - his sterile white coat with gleaming scissors in his top left hand pocket.

I can remember Ken Jenkins, then a bit of a larrikin with a 'hoppy' leg. He introduced a female hairdresser named Barbara.

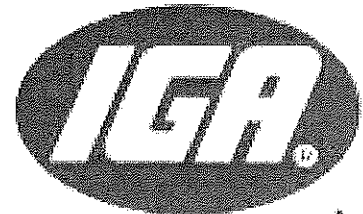
When I was 18 (51 years ago!) I used to have my hair done by Helen Marti, a Rossarden lass who travelled down Pepper Hill in her Mini. She worked out of the shop which is now Second Hand Rose. I can remember the style she did for me for the Hospital Ball.

Doris Bullock worked for years out of her home.

Jacqui Bianchi, St Marys

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Hilly's IGA St Marys and St Helens

'we stand for fresh'

'Oakdene' continued from front page

Being a romantic at heart and having a love for all things traditional and rustic, 'Oakdene' was a no-brainer for me. And despite having five children between us, the decision to relocate from Melbourne was an easy one; we were yearning for a place to call home that would also be a place where memories would be made, with the inevitable influx of grand children to come!!

We had found the simple life in a such a beautiful environment! Fast forward to May 2 and ... settlement day! Our new life had begun.

Oakdene is an amazing property, and one of only three in St Marys listed on the Tasmanian Heritage Council Register, with the St Marys Bakery and the St Marys Hotel.

The fact that we get to call this place 'home' is still quite surreal, but we prefer to look at it as not owning the property but rather as being the 'custodians' – caretakers to ensure that the beautiful history of not only the property but the township of St Marys, and in fact the Fingal Valley remains to be told and shared with travelers from all around Australia and the world. We give thanks to the foresight and hard work of the previous owners, Peter and Sandra, who renovated much of Oakdene and established the Bed & Breakfast.



New beginnings



Oakdene Heritage Accommodation offers a semi self-contained one bedroom Suite, complete with an antique queen sized bed; lounge area with wood fire; kitchenette with microwave and other kitchen appliances; and a separate ensuite with a shower and a relaxing claw-foot bath. In the warmer months the main house will be available for larger groups on request, offering a full kitchen, lounge and dining rooms, plus two king-sized beds and a bathroom with shower over bath.

But it is not only the house that tells a story.

The park-like gardens with a myriad of fruit-bearing trees, seasonal blossoms and flowers are also majestic and worthy of being shared with not only house-guests, but functions as well; weddings or elopement ceremonies (apparently they are in trend at present), and community based functions such as fundraisers and gatherings.

What you have here – sorry, what **we** have here in our community is priceless! Tasmania is taking the world by storm as a true tourist destination and what St Marys, the Fingal Valley and the east coast has to offer is, without exaggeration, just unbelievable.

We'd like to thank everyone who has made us feel so welcome in this great little town we now so proudly get to call our home – St Marys.

Jodi and Terry Zylstra



Medicinal cannabis scheme will make 'life worth living' for Canberra resident
Fatigued, frequently ill and experiencing ever-changing symptoms, Sue Curry has spent years living with a debilitating illness.

"It's like having the flu, a concussion, multiple sclerosis," she said.

Her illness, Chronic Fatigue Syndrome or Myalgic Encephalomyelitis (ME), is poorly understood and has no certain pharmacological treatment.

"When we are hit severely, you don't see us anymore," Ms Curry said.

Over decades, her symptoms worsened, leaving her bedbound.

But her condition improved dramatically when she discovered an unlikely treatment - cannabis.

Ms Curry is one of an increasing number of patients speaking out about their use of the drug, as state and federal governments move to allow its use in some cases.

Ms Curry said the drug had made an enormous difference to her quality of life.

"I have been to the place where this is not worth living, I'm quite happy to end this," she said.

"I'm not there now, with this drug ... I am able to sit here and speak with you ... life is worth living."

Following a decision by the Therapeutic Goods Administration to reschedule cannabis from a prohibited substance to a controlled drug, the ACT Government announced a new medicinal cannabis scheme last week.

It will determine guidelines for the prescription, distribution and use of the drug.

The move follows action by the Commonwealth on a cultivation scheme earlier this year, and a new compassionate access scheme in New South Wales for child epilepsy patients.

"There comes a time, after all the inquiries and investigations are done ... when a decision must be made,"

ACT Assistant Health Minister Meegan Fitzharris said.

"This framework gives the ACT an opportunity to implement a scheme with clear, regulatory oversight that protects both patients and public health."

<http://www.abc.net.au/news/2016-08-14/act-medicinal-cannabis-scheme-welcomed/7729542>

Federal Government

Medicinal cannabis use is still illegal and only available through trials and limited special access schemes.

Earlier this year, however, the Federal Government passed legislation legalising the cultivation of cannabis for medicinal purposes. In **Tasmania** the State Government announced in April specialist medical practitioners would be allowed to prescribe the drug to patients suffering serious and chronic illness from 2017.

Expressions of interest for the volunteer position of editor of the Valley and East Coast Voice Inc. are invited.
Full details provided in response to genuine enquiries.
Contact W Dawson on 0403 430 452
wdawson@valleyvoice.com.au

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(under 'St Marys Ana's Hairdressing Salon' in the white pages)

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Gray Road St Marys

Bar open Thursday 6 - 8pm Friday 6pm until close
Sunday 1.30 - 4.30pm Friday Happy Hour 6.30 -
7.30pm with *Jag the Joker*, raffles and bar snacks

**Saturday trading starts September 4 from 4pm onwards - Cheap prices, cold beer, warm fire.
Variety of wines, and Carlton beer available**

Golf news Next working bee on Sunday August 28. Great to see the last working bee proved fruitful, thanks to all concerned. 4 greens left to be cored, sanded and seeded.



**Membership now due: Sports Membership \$60
Golf & Bowls Affiliations extra.
Social Membership \$30**



Trivia Night Saturday September 10 at 6.30pm, with tables of 6 or 8. NO 10s. Entry & light supper \$6ea. **NO MOBILE PHONES (excl Dr Latt)**. Thank you. Book your table & it's name beforehand please.

Bowls news Last Sunday saw Chris & Damon working on the green. It still needs care, perhaps some bowlers could give Chris a ring to see if they could help? Bowls committee need to be communicating with Club committee to enable us to advertise. Thank you.

Dining Again, the meal on the 19th went well. Next dinner is Friday September 16.

Melbourne Cup Luncheon

Chambers & Cocktail Party and small plate of fancy nibbles. Entry \$15 covers 1 drink & 1 plate. Sweeps Wheel Spins etc. Dress - Posh, Fancy or nice neat. More info coming.



The Valley and East Coast Voice Inc.
encourages local/regional contributions from the public.

Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included.

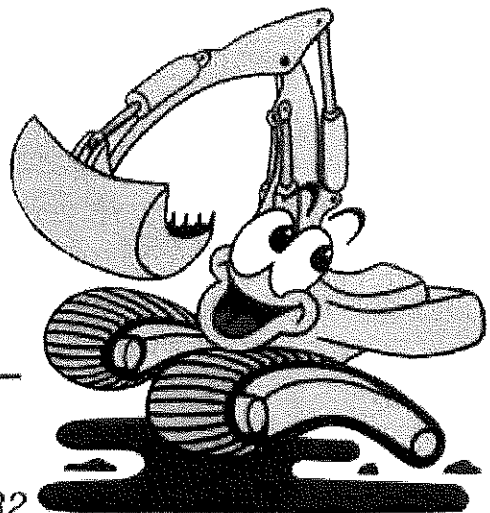
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Humans of Launceston , 17 August

Growing up in St Marys was wonderful. We were never bored. My father was a coal miner at Mt Nicholas in the Fingal Valley. Out of all my friends from St Marys, I'm the only one still alive. Dad lived to 100 years old. The day he turned 100 there were people everywhere. Parliamentarians, the paper, friends and family. It was lovely. Not many of us live to see 100. He was gone to God two months later. A life well lived.

My mum was born in Upper Scamander, where the water was fresh uphill and salty down below. Mum worked at the St Marys Pub until she got married. None of the coal miners wives worked after they got married. That's how it was. I was born in 1923. How's that? So I've just gone 93. Not bad? I've only been in a care home for a little while. It's lovely here and I get very well looked after.

Have you heard of St Patrick's Head? You can see it from Dublintown Peak, which was the other end of the Cornwall Mines, through the mountain. Yes, so anyway, St Patrick's Head, I climbed that you know? I was 17. My boyfriend Wally had already climbed it with a friend to photograph it for the Agricultural Society. It had a thick steel cable you could pull yourself up with, if need be. We would all scale St Patrick's and come out at Four Mile Creek and go fishing. It was a long, hard walk but what else were we going to do? There were no cars then. My mum inherited a jinker with big iron wheels and a pony, and it allowed us to move a few miles out of St Marys. It seated two adults and a child.

My boyfriend was Wally Spencer and he was born in Waratah. Well, he became my husband of 42 years. A wonderful man. We married once he came back from the war. We had a beautiful little boy named Kevin and our life was nice and quiet. Wally managed the local grocery store in St Marys.

We moved from St Marys to Launceston in 1956 and we lived in the same house in Garfield St for nearly 50 years. I worked at Coats Patons for just on 18 years and my husband became a wool clerk for Roberts after a farmer from Evandale recommended him for the job. Our son Kevin ended up working at Boral Gas for years.

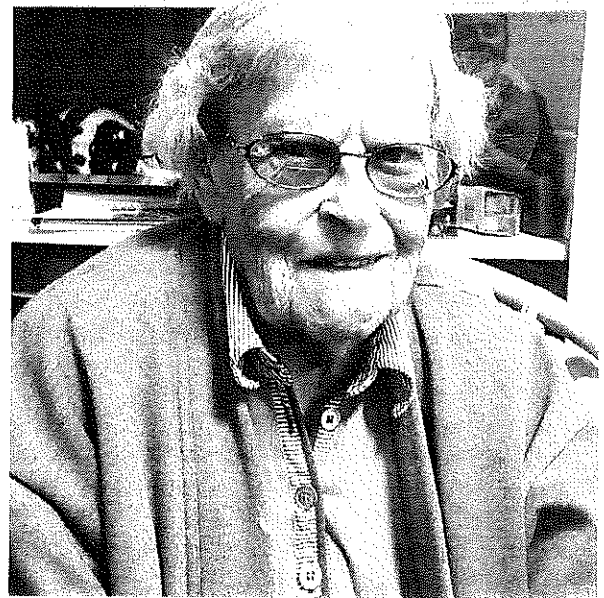
In the 1980's, I lost Wally to a massive heart attack, and three years later, Kevin also passed away from a massive heart attack at 42 years of age. It is a genetic thing in my husbands family affecting the males. A heart issue. It also killed Wally's brothers at 40 and 43. So sad. The other children in the family lived well into their 90s.

I have three beautiful grandchildren Annette, Jeffery and Mark. This photo is of my grandson Marks's blue heeler dog. I babysat Mark's blue heeler when he was working as a welder here in Launceston.

I don't think he will ever work again now. He was riding his motor bike in WA and hit a big red kangaroo and spent 9 months in hospital in Perth. He sustained brain damage from it. The disability job agency here in Tasmania got him a job eventually, but he only did two shifts and realised it was not possible for him to continue. He became very ill for two weeks after that. He is planning on going up to Darwin but I'm not sure he is up to it.

After Wally died, I received a call from Beryl Giffard, who was the wife of the boss of the Salvation Army in Kings Meadows. Beryl said a bus would pick me up next Thursday at 1.30. The bus took me to a gathering of women at a place called Homelea. A lot of the ladies there were my workmates. Including Maily Bunton and her twin sister. They both never married and the two of them worked a Coats Paton from age 14 - 65! Inseparable they were.

Homelea was a wonderful group to be a part of. Lots of conversations, cups of tea and laughing and some bible study too. Can I show you a gift they gave me. I have kept it in my purse for 16 years.



It's a bag of marbles. The note with the marbles says *Over The Hill Rejuvenation Kit - just in case you lose your marbles, here are a few spare parts.* Hahaha, I love that.

I still have all my marbles at 93, don't you worry.

Before you go, come over to the lolly jar and take some lollies for your children. And don't forget one for yourself. ~Sylvia

<https://www.facebook.com/humansoflaunceston/photos/>

I wanted to be a writer-performer like the Pythons. In fact, I wanted to be John Cleese, and it took me some time to realise that the job was, in fact, taken. *Douglas Adams*

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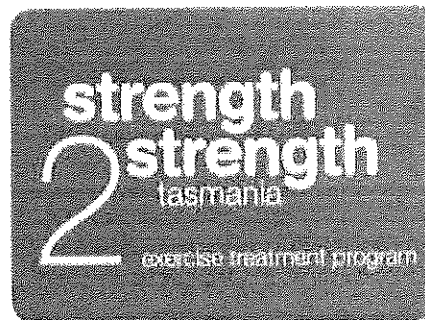
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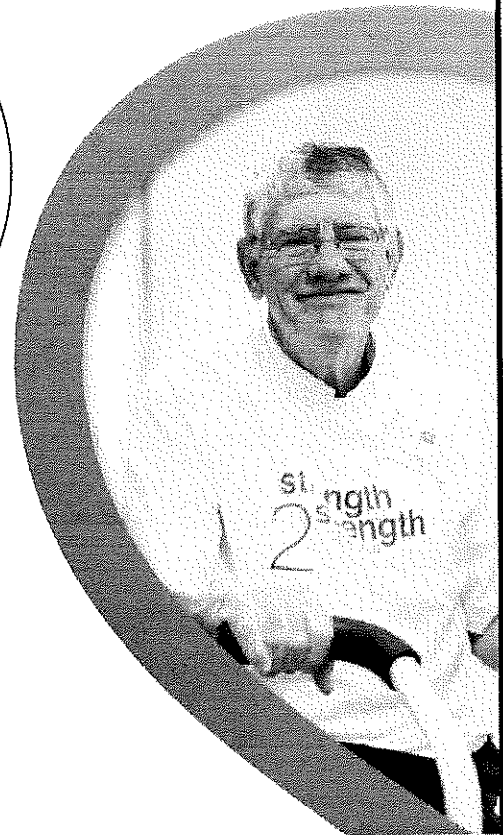


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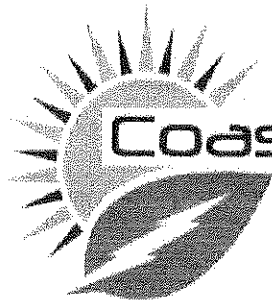
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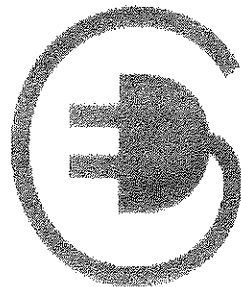
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The Say, by Cagerattler

We are the Lucky Country in many ways, but what will it be like in the next half century? The buggers are selling it right under our feet, literally. This government, and numerous previous governments, keep allowing foreign companies to come in and buy up or relocate internationally - so many Australian companies in the past two or three decades. Either that, or they get mixed up in "Free Trade Agreements" that seem to me at least to be one way traffic ... stuff coming in but not as much going out.

Industries like automotive, household white goods, clothing, building steel, electronics, farming etc. etc. are closing or going offshore? Even many of our call centres are based in India, Philippines and such. After next year there will be no Australian built vehicles other than maybe a few trucks built to order, or some earth moving units. Zero cars or passenger vehicles.

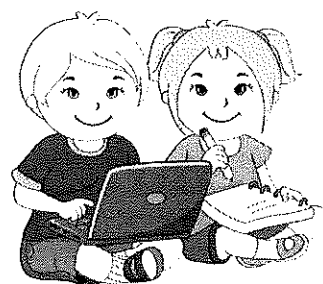
It all begins in October this year when Ford shuts down, then GMH and Toyota at the end of next year. Not only is this the end for the assembly plants but also for components suppliers based in Australia. Then there's the freight companies tied up with that and the districts in Melbourne, Adelaide and Sydney where these companies source their workers. Remember when Aussie made fridges, freezers, ovens, washing machines, televisions etc. were mostly made here for us? Not anymore. Cheaper stuff manufactured overseas under different (even sweat shop conditions in some instances) means less and less Australian companies can compete.

Even some of our most clever scientists and inventors are being poached overseas. Successive governments should be ashamed to allow it and I expect that once our only real advantage - mineral resources - are exhausted, those so called Free Trade partners will wipe us like a dirty bottom, maybe within our kids or grandkids lifetime.

Someone better start coming up with alternatives soon before it's truly too late.

What do you think?

Rod Mc Giveron, St Marys



VALLEY and EAST COAST VOICE Inc. WRITING COMPETITION 2016

*Thanks to all the students who entered our competition.
The standard of submissions was very high, our judges have
made their decisions and the results will be published in
the next Valley Voice.*

Thanks again, and we look forward to another competition soon.

St Marys District School Association Grants 2016

Funds were raised mainly through the St Marys Op Shop Activities

Thanks to the continuing support of the residents and visitors alike

Date	Grant recipient or project
22nd Feb	St Marys Active 4 Life Gym
	Raising the Bar literacy resources
	FUVL charging for iPad stations
10th May	5/6 History camp
16th June	Pledge for outdoor gym equipment in partnership with Fingal Valley Neighbourhood House
	Robotics resources for Australian Business Week
	LIFT literacy and numeracy games and take home library
	Home-readers for Fingal Campus
8th August	School Zine fee—IT communication tool

Last week we processed the first batch of donated electrical items through the St Marys Op Shop. Our volunteer tested and tagged 50 items and the shop sold 25 of those items over a 2-day period. Any small **working** electrical items are welcomed.

We are seeking donations of Bric-A-Brac and small items of furniture. We hope to have a space sorted out for larger furnishing items in the near future. Watch this space!

Opinion by Courtney Heitter

<http://guardianlv.com/2014/05/personal-gardening-and-farming-are-becoming-illegal/>

There once was a time when vegetable gardening and backyard farming were a way of life, but the future of personal gardening and farming is in danger and may become illegal.

Michigan recently made changes to its Right to Farm Act, which allowed home owners to keep a small amount of livestock on their property without being considered a nuisance, as long as the rules of the Act were followed. Chickens, beehives and goats will officially no longer be tolerated on the properties of urban and suburban farmers, due to the protection of the Right to Farm Act being lifted from small home farmers. Some Michigan farmers believe this new ruling is in place because large producers do not want individuals to provide for themselves or their families.

Individuals often find solace in visiting local farmers' markets to pick up fresh eggs from humanely raised, healthy chickens and meat from organic, locally raised animals. Many farms which this ban applies to, supply local co-ops with high quality meat and eggs; the farmers rely on this business to sustain their families and lifestyles.

The alternative to purchasing from local growers and animal farmers is to buy from large producers, or personally grow or raise animals.

Because this ban in Michigan applies to small backyard farmers and those on a slightly larger scale who provide co-ops and markets, the only option left is to purchase from large producers. A serious issue with purchasing from large producers is the neglect of animal well-being and product quality, common within the big agriculture business.

Factory farming products pollute waterways and are responsible for millions of food-borne illnesses annually. These operations pollute the world's oceans, contaminating fish and other marine life. Many critics of factory farms argue that these operations should be made illegal, not personal farming and gardening.

Front-yard gardening has received a backlash as well, for many years. Iowa, Florida and Louisiana are among states whose government believes that a green, manicured lawn is much more appealing than growing vegetables or fruits. Des Moines, Iowa, has had recurring discussions about whether to allow for front-yard gardening. In Florida a front-yard gardening couple was told to take out their garden or face hefty fines.

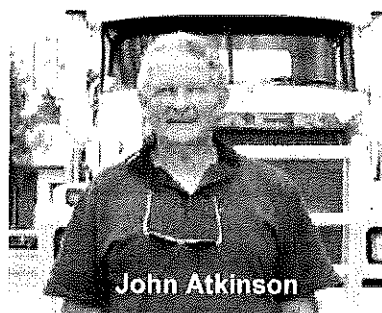
The right for people to solely provide for their families is an issue that is not going to be resolved any time soon. While big agriculture fights to supply every American with often low quality animal products, individuals fight to provide healthier alternatives and attempt to avoid supporting inhumane animal operations. Those who believe in their right to grow their own food and raise their own animals will not give up the fight. In the meantime, supporting local producers by frequenting farmers' markets and co-ops is an excellent way to ensure these small-time farmers have a chance of survival.

Longest roadtrain

Nowadays road trains are limited to three trailers or in special cases in very remote areas four trailers, but one roadtrain that set a record was no less than 1018 metres long, counted 79 trailers and weighed 1,072 tonnes. It was driven 8 km by a Kenworth C501T truck driven by Aussie truckie Steven Matthews, near Kalgoorlie on October 19, 2000.

This record was broken on March 29 2003 at Mungindi, Queensland with a roadtrain of 87 trailers measuring 1235.3 metres!

On October 16 2004 that record was broken again with a roadtrain of 117 trailers measuring approximately 1450 metres, but this was only accepted for 36 hours by Guinness Book of Records as official. The latest record was set on 18th February 2006 by Brisbane truckie John Atkinson with his Mack Titan truck.



After a six hour job of assembling 113 trailers into a 1,474.3 metre long road train in 38 degrees on a closed stretch of highway outside Clifton, Queensland, John drove his way into the Guinness Book of World Records. He did 140 metres in 50 seconds with nearly one and a-half kilometres of truck weighing more than 1300 tonnes!

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starting August 22 and**

Adults aged 17-99, Fridays 11am at St Marys Gym

All fitness levels welcome, other class times possible

Hub4Health's Podiatry Services update

Hub4Health is currently updating their monthly Podiatry Service, in an effort to continue providing the best possible service to the local community.

Due to this Hub4Health is asking all **past, existing** and **new clients** to contact Hub4Health directly to book their appointments, on 6376 2971.

Please note: The existing service with Foot, Ankle, Rehabilitation Clinic will continue as normal every six weeks.

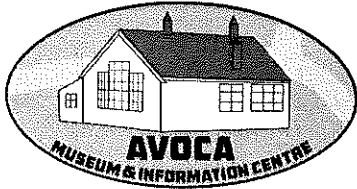
Why is Podiatry Important?

Podiatrists play an important role in monitoring disease and managing lower limb issues.

Foot problems can be avoided if you take care of your feet, and act quickly if you have a problem.

Get your feet checked at least once a year by a doctor or podiatrist to detect problems early and help prevent complications.

Foot care is particularly important if you have diabetes. Foot problems are a common complication of this condition and need to be proactively managed.



Avoca Museum and Information Centre
Old School building
Avoca Tasmania 7213

Free WiFi

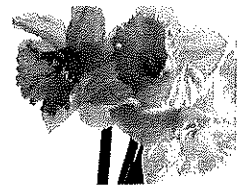
Avoca Spring Festival

Sunday 25th September



Floral Displays
Best Floral Arrangement
Best Daffodil
Bulbs for sale
BBQ \$2
Face Painting
Classic Cars

Raffle Lucky Dip
Chocolate Wheel
Best Decorated Bike
Children's Drawing
Competition
Church open
Devonshire Tea



Entry forms at the Post Office and the shop. For details contact Dalija 0411 260 255



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When: Sat 8th October at the Hall
Time: 7pm - 9pm
Cost: \$10 per family, bring
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*This is a family night.
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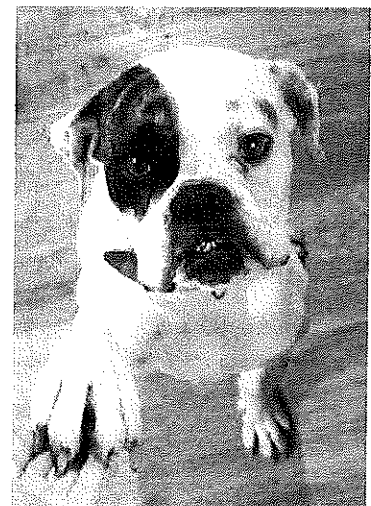
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St Marys Community Gym Timetable August/September 2016

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9am					
10am		Men's Weight Management *J	Supported Individual Circuit *J		
11am		Seniors Get Active			Kalari Adult Class Aged 14-99 with Katrin \$5
12pm				Supported Individual Circuit *J	
1pm			Parent Fitness Kinder Play	Chronic Disease Management and Support	Parent Fitness Kinder Play
2pm				Strength2Strengt h (until 2:30pm)	
3pm	3:30 - 4:30pm Kalari Martial Arts Aged 8-12 With Katrine \$5				
4pm	Start 4:30pm Women's Core Strength Everyone welcome			Start 4:30pm Women's Core Strength Everyone welcome	
5pm		Yoga (4:45-6pm) at SMDS Hall	5:30 - 6:45pm Kalari Adult Class Aged 14-99 with Katrin \$5		
6pm	Women's Weight Management	Adult/Youth Boxercise		Adult/Youth Boxercise	Start 5:30pm Strength/Fitness Everyone welcome
7pm					

*J = Jason on site at this time to help with membership form completion and equipment induction.

A BUSH EDUCATION by Pirjo Heinonen (2011). Part 2.

Russell Creek was smaller than she had imagined. Turning down the volume on her car stereo, she slowly drove down the main street and looked around. Where was the shopping strip? The cafes and bistros? The place seemed closed. Driving on, her small map finally led her to Bligh Street. The clerk at the Education Office assured her she would be more than adequately accommodated, and as an extra advantage the rent was minimal. She turned the final corner on the edge of town and there it was.

The small row of fibro cottages sat at the end of an unsealed and pot holed road. So this is 'teacher housing', Lola thought with dismay. Perhaps it was still too early to make a judgement. She searched out number nine. Ah, there it was. She scampered across the weedy and rocky front yard and rang the bell.

Eventually a tall woman with a short dark bob opened the door. She was casually dressed in faded jeans and an oversized man's shirt. Small wire rimmed spectacles perched on the edge of her nose.

'Yes?'

'Hi, I'm Lola. Um, am I at the right address?'

'Oh, you're our new Business Studies teacher! We certainly are in jolly need of one. I've been waiting for you. Welcome to Russell Creek! I'm Hillary. Come in.'

Lola tentatively followed her new housemate into the small front room.

'Well, welcome to my rather humble abode Lola. I've made the best of it, but the house is pretty dreary I know. I don't think 'Home and Hearth' magazine is going to come knocking any time soon. Still, we're only here temporarily I suppose. Coffee?'

'I'd love one'.

'Milk and sugar?'

'White with one thanks.'

Lola took the opportunity to look around her. Hillary had indeed made the best of a fairly bland and uninspiring space.



A cream sofa in one corner had a vibrant red and brown rug in a tribal pattern thrown casually over it, and she liked the sisal rugs over the floorboards. There was some interesting art on the walls, and the way the sun shone in through the bamboo blind highlighted the pale yellow bush roses on the rustic chest which posed as a coffee table. Photos in simple wooden frames sat on the distressed timber sideboard among some Eastern artefacts. A chubby and serene Buddha smiled at her. The whole effect was slightly bohemian, eclectic and cosy. Lola decided she liked it. It was nothing like her own apartment in the city, she thought, with a pang of homesickness. Inhabited solely by Andrea now, (and her various beaus, Lola supposed, with a wry smile) it was essentially white, minimal and modern. And a little cold and stark, Lola had to admit. But it had seemed so appropriate back there.

Eventually Hillary returned carrying a tray with a coffee pot, two mugs and a small plate of blueberry muffins.

'I'll show you your room first, then after your coffee I'll help you with your bags and stuff'.

'Great', added Lola, feeling suddenly lost and alone, and not totally sure what to make of her new surroundings, even though she decided she liked her new housemate very much.

It took most of the day to unpack but finally everything was in its place. Lola's stainless steel coffee maker sat on the kitchen bench opposite the shiny new juicer Nick had given her, ready for service. She tried not to show her disappointment at her small bedroom. It was on the southern side of the house, dark and pokey. But she'd made up the bed with her best set of white cotton bed linen, and plumped up her European pillows. She allowed herself a display of small photos in silver frames on her bedside table, even though the one of her and Nick at Andrea's birthday party was relegated to the bedside drawer, face down. A white roman blind on the small window afforded some privacy, while still letting in scant sunlight. It will have to do, thought Lola, trying hard to stay optimistic.

Lola awoke on Sunday morning as the sun streamed through the small window. But instead of the sound of traffic and activity, only birds and the gentle wind rustling through the tall trees outside could be heard. The silence the night before as she went to bed early had been downright eerie. This peacefulness is going to take some getting used to, she thought, springing out of bed and opening her small blind.

Lola thought of her usual Sunday morning. She'd be meeting her friends right now at her local beachside café for breakfast, latte and conversation, she thought a little pensively. Ever a creature of habit, she quickly showered, dressed and hopped into her car ready to head down to town to have a look. There had to be a nice café somewhere where she could read the morning papers. Hillary had gone down to the city for the weekend so she was on her own.

Probably all the better for exploring a new place anyway, Lola thought. Parking down a nearby side street, she briskly walked the short distance to the wide main boulevard. There weren't many people around. The nearby park had a few families with babies in pushers, and some elderly couples were strolling in the morning sunshine. Well, that's not too different from home, she thought. Some tables and chairs on the pavement ahead caught her eye.

'Mrs Mac's Country Kitchen' said the sign above the wide sliding glass doors. Spotting a corner table in the sun, Lola sat

down and spread out the paper she'd bought.

'Hello love, ready to order?'

A short, rotund woman with red hair and a friendly smile had approached. She stood expectantly.

'Just a flat white and a croissant thanks'.

'Not hungry this morning?' said the redheaded woman. "Moving house is exhausting I know. Moved myself last year. How are you liking it up here so far?"

'Umm, excuse me?' Lola was visibly flustered. 'How do you know I've just moved up here?'

The woman chuckled. 'The whole town knows who you are love. There are no secrets here. We know all about you. Welcome to Russell Creek.'

Lola finished her coffee in silence. Always a private person, she contemplated the experience of being known to people, and lots of them it seemed, who she hadn't actually met. It was unnerving. Finishing her croissant, she picked up her car keys and bolted for her car. She sat in silence in Hillary's jeep on Monday morning as they drove the short distance to the school. Hillary smiled encouragingly. She'd dressed in her best silk and wool two piece suit, and her matching black court shoes were newly polished. Her pearls, the ones from Broome, graced her pale neck. A black patent leather briefcase held her teaching notes. They pulled into the gravel drive and Hillary found a park. Hillary, she'd noticed, still had on blue jeans and boots. They entered the school staff room through a side door.

'Excuse me everyone, may I have your attention, this is Lola. Our new Business Studies teacher'.

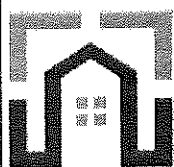
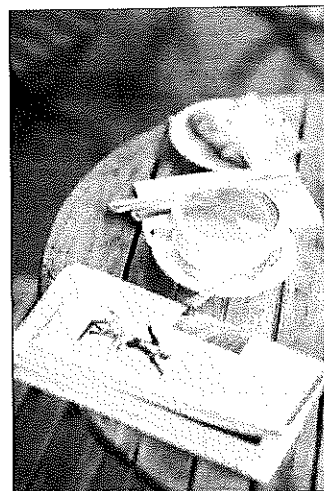
Hillary's crisp announcement caused the twenty or so people in the room to turn. As they did so, Lola noticed they were all dressed in simple cotton and lightweight casual clothing. In 30 degree plus heat, it made sense. The overhead fans whirled rhythmically. She felt silly, as she had at a friend's birthday party as a child, when her mother had dressed her in the pink taffeta dress she'd painstakingly sewed for her, with matching white high socks with pink lace around the edges. The feeling was eerily similar. Too late to go home and change now, Lola realised.

She felt the stares of these, her new workmates, with a degree of apprehension. Her sudden lack of self assurance was unusual for her. As she stood there, a stockily built man approached her with his arm outstretched. His friendly round face beamed at her.

'Hello Lola! Welcome to Russell Creek Area School. I'm Kelvin Penbury, the School Principal. We hope you'll be very happy here. Let me show you around the school.'

'Yes, thank you', replied Lola, ministering a show of confidence which did not at all match her inner mood.

Continued next edition.



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Purple carrots aren't just for eating!

Eucalyptus leaves, purple carrots, raspberries and other natural materials came together last week for the unveiling of 15 metres of eco dyed silk chiffon, which will become a gown for Tasmania's entrant in Miss Universe Australia, Stephanie King.

This was the result of a collaboration between Launceston couturier Rudolf Ramsayer and St Marys artist Rita Summers.

Fabrics donated by Ruche Fabrics, Launceston.

Purple carrots from Daniel Holland, St Helens; raspberries from Liz Dean, Mt Elephant Fudge, St Marys.

Photos by Rita, Heather and Ian Summers.

To see the complete slideshow visit: <https://youtu.be/-8b1bwIjEjk>

Rudolf Ramsayer's page:

www.rudolfcouture.com

Gone Rustic's page (Rita Summers):

www.gonerustic.com

Ruche Fabrics page:

www.ruchefabrics.com.au



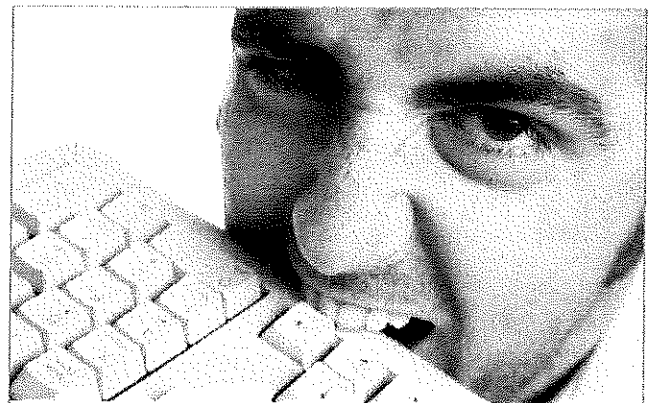
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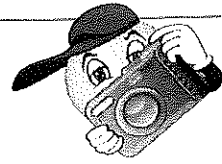
Valleys of Adventure

AVOCA • ROYAL GEORGE • ROSSGARDEN • FINGAL • MARGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM

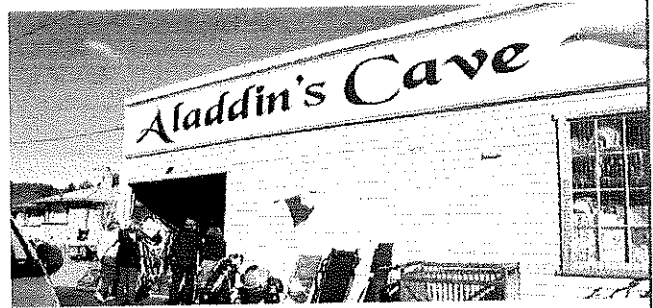
Entries must be submitted by 5pm Friday September 8. No late entries accepted.
For entry forms, terms and conditions, visit www.fingalvalley.com.au, Fingal Valleys of Adventure facebook page or Purple Possum Wholefoods, Café and Gallery. Cash prizes to be won. Any problems contact Peter on 6372 2783 / 0412 425 666 for assistance.
Presentation Evening: Friday October 14, 2016 at 6pm. All finalists will have their work exhibited in the Purple Possum for the next tourist season.

Photographic Competition 2016
Theme "Promote the Fingal Valley"



Fingal Railway Station Working Bee

There is still some painting to be completed inside the station.
Please come along on **Saturday Sept 17th**, 9am start.



Aladdin's Cave 8 Talbot St, Fingal 7214

Phone: 6374 2223 / 0419 353 183

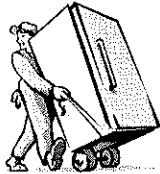
Come in and explore, you will be amazed.

The updated GET regional tear-off map

is being distributed at the moment. If you have missed out and want any map please contact Peter 6372 2783 (St Marys), Keith at Aladdin's Cave 0419 353 183 (Fingal) or AMIC (Avoca).

Ransley's Appliance Service

POB 136 Scamander Tasmania 7215



*Washing machine **noisy**?*

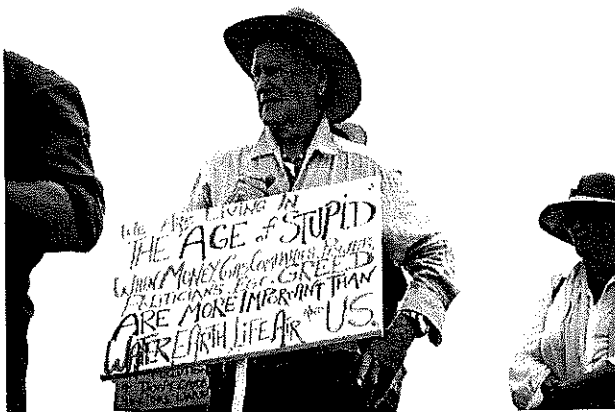
*Refrigerator runs **too long**?*

*Clothes dryer blows **cold air**?*

... then you need the services of our technicians

6372 5307 / 0428 761 811

"According to Time Out magazine, at any given moment there are 600,000 people on the Underground, making it both a larger and more interesting place than Oslo."
— Bill Bryson, The Road to Little Dribbling: Adventures of an American in Britain



Shear Scissors

For the
full barber
experience

Cutting for
men &
women

Fully qualified

Opening hours:

Tuesday - Thursday 9.30 - 4pm

Friday 9.30 - 2.30

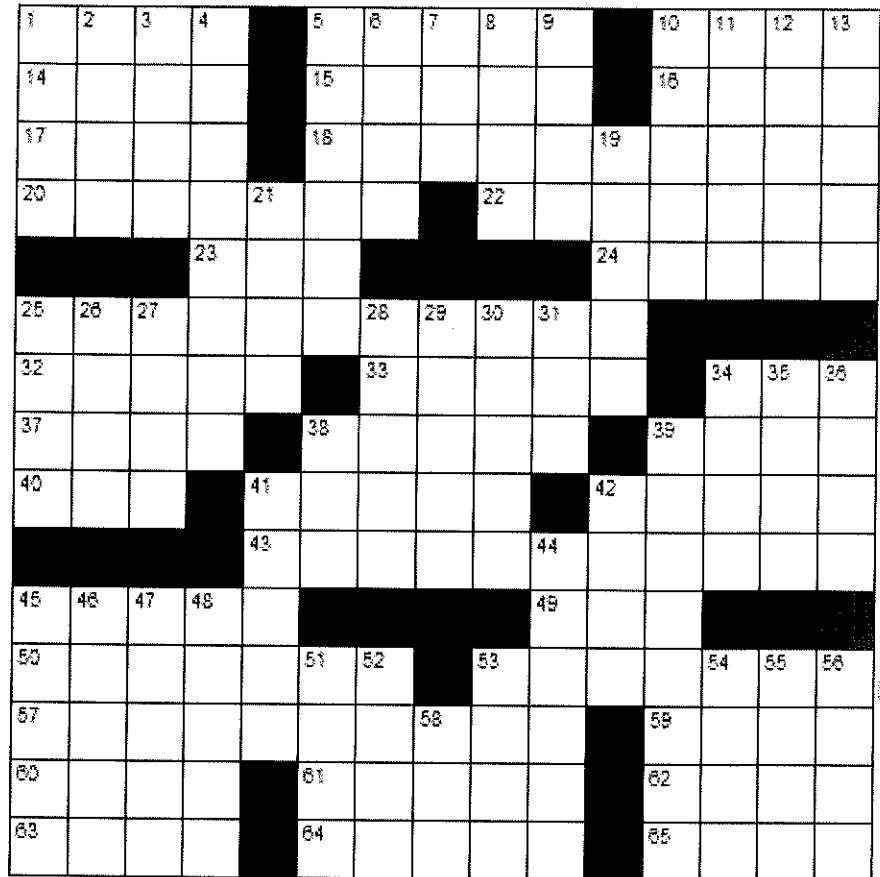
No appointment needed

0422 073 020

28 - 30 Main Street St Marys

ACROSS

1. Sweeping story
5. Quiet
10. Headquarters
14. Start over
15. Habitual practice
16. Astringent
17. Peddle
18. Strictly obeying the law
20. Latticework
22. Having toothlike projections
23. Dawn goddess
24. Brusque
25. Nonreligious person
32. Anagram of "Arson"
33. Tropical fruit
34. Tavern
37. Not yours
38. Anaglyph
39. Cab
40. Hair goop
41. Deli item
42. German iris
43. Immeasurable
45. Hinder
49. Tall hill
50. Remedy
53. Compactness
57. Submerged
59. Pout
60. Bit of gossip
61. A long-legged S. American bird
62. Ancient Peruvian
63. Ripped
64. Columbus's birthplace
65. Sounds of disapproval



DOWN

- | | | |
|--------------------------|---------------------------|--------------------------|
| 1. At one time (archaic) | 19. Foreword | 41. Motorcyclist |
| 2. Equal | 21. Plenty | 42. Portent |
| 3. Doing nothing | 25. Tailless amphibian | 44. A European peninsula |
| 4. Irish girls | 26. Debauchee | 45. Gossip |
| 5. Stubborn | 27. Nobleman | 46. Slowly, in music |
| 6. Applications | 28. Picture | 47. More peculiar |
| 7. Children's game | 29. What we are called | 48. Cream (cooking term) |
| 8. Quaint outburst | 30. Genuflected | 51. Booty |
| 9. Expunge | 31. Conceit | 52. Wise one |
| 10. Sew together loosely | 34. Stinging remark | 53. Audition tape |
| 11. Communion table | 35. Angle of a leaf-stalk | 54. Charged particles |
| 12. Jackets and trousers | 36. Ascend | 55. Fit snugly into |
| 13. Master of ceremonies | 38. Tin | 56. Not nays |
| | 39. Send | 58. Buff |

Solution p27

EAST COAST GLASS



- Glass repairs
- Shower screens
- Wardrobe doors
- Double glazing
- Aluminium windows
- Security doors

Locally owned - servicing the East Coast
Call David or Anne Cannon for professional,
friendly and reliable service on 6372 5361



St Marys Salvation Army

is pleased to offer the following services:

*Weddings
Dedication of children
Funerals*

Envoy Mel Norton 0409 838 816

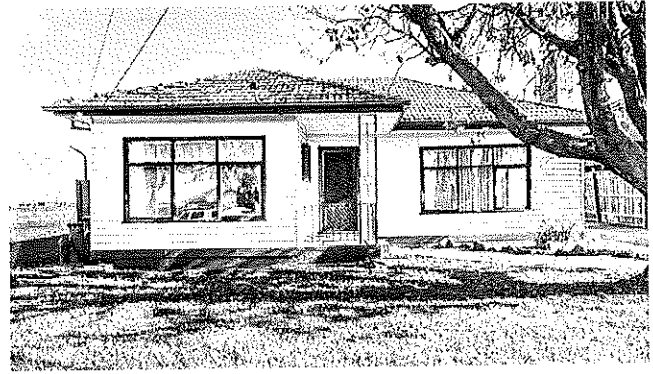
The Castle faces demolition

The owner of arguably Australian film's most recognisable home faces thousands of dollars in repair costs after damages inflicted by her long-term tenants. Vicki Cosentino, owner of the real-life home made famous by the Kerrigans' *The Castle*, has lodged plans to the Moonee Valley City Council to demolish what she deemed her "bad luck house" to make way for two new townhouses.

Ms Cosentino said her tenant of seven years "trashed it" and caused more than \$14,000 worth of damages, and their bond was barely enough to cover it.

Luckily her three-bedroom weatherboard was insured, but she had to fix most of it herself to not be out-of-pocket. Fed up with a string of damages dealt by her tenants and the film crew during the 1997 shoot, she has decided to demolish the famed house towards the end of next year and re-lease the house in the interim.

"I'm sick and tired of it – everyone who's been in my place has done nothing but wreck it, and I'm sick of spending money on fixing it up," the hairdresser said. "I repainted the whole thing, I replastered everything, I've



pulled down all the doors and put up new doors. All of my beautiful glass window doors seen in *The Castle* are all wrecked. I paid \$94,000 for that house 23 years ago, but it's cost me over \$100,000 to fix so far, and instead of making money, I'm going downhill," she said.

The classic Australian film of 1997 celebrates the triumph of the Kerrigans over the impending compulsory acquisition. The house at 3 Dagonet Street, Strathmore, was also for lease in 2010. Back then, Ms Cosentino told Fairfax Media that the tenants at the time the movie was filmed told her a "documentary" crew would be filming for two to three days. Two



weeks later, the crew was still there and, upon completion, there were "holes drilled in the walls" and hundreds of staples that needed removing.

"After two weeks of filming, the tenants took off with the bond and proceeds of the filming," she said.

Other tenants have reported visitors knocking on the door and asking to speak to Darryl. Tenants looking for the serenity of living adjacent to an airport will need to fork out \$380 per week.

"This is not a house, it's a home," said Darryl, who also famously said, that while he was not wanting to sell, "it'd be nice to know what we're sitting on".

Now you know. <http://www.domain.com.au/news/house-from-the-castle-faces-demolition-20160630-gpw1nf/>

According to Santo Cilauro, the film took five weeks from original inception to final cut. The movie was written in two weeks, shot in ten days and taken to rough cut in two weeks. *The Castle* was filmed mostly in Melbourne, Australia. The external shots of the Kerrigan household were shot at 3 Dagonet St, Strathmore, and airport footage was shot at Essendon Airport and Melbourne Airport.

Location shots of Brunswick feature in the film, and Melbourne's 200 Queen Street and the Supreme Court of Victoria are featured along with the High Court of Australia in Canberra. Some of the film is set in Bonnie Doon, and a very small portion of it was shot there.

The name Kerrigan was chosen for the family, so that tow trucks for the film could be borrowed from an existing Melbourne tow truck company with that name. The company still operates today.

In January 2011, 3491 Maintongoon Road, Bonnie Doon was listed for sale.

The property's real estate agent reported that many people called and after requesting the vendor's asking price, replied with a quote from the movie:

"Tell him he's dreamin'!" [https://en.wikipedia.org/wiki/The_Castle_\(1997_Australian_film\)](https://en.wikipedia.org/wiki/The_Castle_(1997_Australian_film))

It was Michael Caton's role as Darryl Kerrigan in *The Castle* that pulled him out of a black hole.

"I've had depression before but I always could see the end of the tunnel," he told Jane Hutcheon on One Plus One.

"At this stage [before *The Castle*] I couldn't see it." Prior to filming in 1996/97, Caton was out of work for 12 months and going through a relationship breakdown. *The Castle* was his light at the end of the tunnel, but it took some time to reach.

"Here I was in this fabulous and successful movie, with the backside out of my jeans, really. I was broke," he said.

"My old mate Jack Thompson said you're going to have to wait about six months before the work will start to come in, and he was dead right.

After *The Castle*, Caton got more roles, but still found it hard to sustain an acting career.



St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours

Monday - Friday
8:50 - 10am
(10 -10:30am reception closed)
10:30am - 12.30pm
(12:30 - 1:30pm reception closed)
1:30 - 2:45pm
(2:45 - 3:15pm Reception closed)
3:15 - 4:30pm

Doctors Roster

Dr C. Latt
25/8/16 - 9/9/16
Dr K. Nash-Rawnsley
26/8, 29/8, 6/9 & 9/9 2016
Dr E. Reeckman
25 & 26 August 2016

Pathology Service – Bloods

There is no pathology service prior to 8.30am. If you require pathology prior to 8.30am, i.e. urgent blood test and / or a fasting test, an appointment must be made at the Nurses' Station the day / evening before on 6387 5555

Pathology hours: Monday-Friday
8:30 -11am & 2 - 4pm

A REMINDER TO THE COMMUNITY

When coming to the Health Centre for ANY appointments please ensure you report to the Reception staff upon arrival.

All your needs are important, but it is sometimes necessary to prioritise our patient's needs which means waiting periods can apply.

Please be mindful of other patients.

Scripts and Doctors appointments

Please ensure doctors appointments are booked **PRIOR** to your medications running out, or **IN ADVANCE** if you attend this practice regularly.

Please be patient

Waiting periods to see your doctor may be experienced. We are not able to issue scripts during the weekends, please ensure you have enough in advance.

Please be aware we are not able to issue scripts by phone

St Marys Medical Practice reminder

Dr Latt wishes to remind the community of the following exceptions to bulk billing at SMCHC

<i>Driving licence renewals</i>	<i>Insurance medicals</i>
<i>Requested medical reports</i>	<i>Harness medicals</i>
	<i>Pre-employment checks</i>

The above are NOT covered by Medicare and may incur cost. Please discuss this with reception when making your appointment. If you have any concerns, please contact us and we will try and address them.

Non-attendance of Doctor's Appointments

Please be aware there is a non attendance policy at this practice. If you miss three appointments you will be sent an account.

If you miss a fourth appointment you may be referred to another Medical Practice.

Due to demand, doctor's appointments need to be booked at least **two weeks in advance**. Waiting periods can apply.

A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008
	000
Lifeline - Saving lives, crisis support and suicide prevention	131 114
St Marys Community Health Centre - please ring before presenting after hours	6387 5555

INR tests require a five minute doctors consultation. Please inform reception when booking

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

What's on at the Centre

August 26 **Social Worker** Shan Williams
Call 6387 5555 for appointments.
Physiotherapist Naomi Ide for appointments please see your GP or Health professional for a referral.
Diabetes Educator Sally Gates. See your GP for a referral.

August 29 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.

August 30 **Child Health Session** with Mary Mumford
Tuesday fortnights, by appointment only.
Call 0428 136 381
Rae & Partners Lawyers consult fortnightly at the SMCHC. Call 6337 5555 for appointments.
Occupational Therapist Danyelle Briggs by referral from your Health Professional.
Max Solution— 8:30am-5pm downstairs.
Physiotherapist Naomi Ide for appointments please see your GP or Health professional for a referral.

August 31 **Day Centre** call Hayley Gilbert on 6387 5555 for information on the group.
Outreach Health Solutions Grant Todd, Exercise Physiologist. Phone 0428 491 621
Cancer Council Outreach Service 2 - 3pm at St Marys Health Centre.

September 1 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.
Social Worker Shan Williams
Call 6387 5555 for appointments.

September 2 **Social Worker** Shan Williams for appointments please call 6387 5555
Physiotherapist Naomi Ide for appointments please see your GP or Health professional for a referral.

CANCER COUNCIL OUTREACH SERVICE

The Cancer Councils Senior Support Officer Richard Austin will be available for appointments at the SMCHC on:
Wednesday 31/8/16 2:00pm-3:00pm
Richard can be contacted on: (03) 6341 8407

September 5 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.
Hospital Auxiliary Meeting 2pm in the Family Room.

September 6 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.

Max Solution 8:30am-5pm downstairs.

September 7 **Outreach Health Solutions** Grant Todd
Exercise Physiologist. Call 0428 491 621
Social Worker Shan Williams
For appointments phone 6387 5555
Consumer & Carer Advocacy Group 12 - 2pm downstairs at the SMCHC. Call Shan on 6387 5555
Day Centre call Hayley Gilbert on 6387 5555 for information on the group.
TAZREACH Antenatal Clinic with Katie. Contact GP for appointments.

September 8 **Social Worker** Shan Williams
Call 6387 5555 for appointments.
Outreach Health Solutions Grant Todd, Exercise Physiologist. Call 0428 491 621

September 9 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.
Social Worker Shan Williams
Call 6387 5555 for appointments.

Health promotion in AUGUST

Healthy Bones Week

Hey Kids

Want to *WIN* a great 'Healthy Bones Pack'?
Then come into the reception and grab yourself a **Mr Skeleton entry form**.

PTSD

Post-Traumatic Stress Disorder

Do you want to join us in raising awareness of PTSD by participating in the
'22 Push Ups For 22 Day Challenge'
Why not join our challenge of most participants in a day's push ups!

Hey Everybody, greetings from southeast Baltimore, Maryland, USA - the birthplace of our national anthem, the Star Spangled Banner.

Tobruk

I'd like to write to the Veterans of the siege of Tobruk, their descendants and their countrymen. I would like to sincerely say thank you. I believe that Tobruk was the true turning point in the war.

In the darkest days of World War II 14,000 Australian troops did what no other army had been able to do up to that point - they held off the German Army. Had they surrendered like had been done in so many other cities, the world could be very different today.

On June 10th 1940 the Italians, under fascist dictator Benito Mussolini, declared war on the Allies. On June 14th the British Army advanced into Libya and were able to capture an Italian border post, Fort Capuzzo.

The Italians quickly counter attacked and drove the British 60 miles back in to Egypt, capturing Sidi Barrani, a small Egyptian town about 150 miles east of Tobruk.

In December 1940 the Commonwealth forces counter attacked and were able to destroy the Italian 10th Army. It was after this that the German Afrika Korps was created and sent to North Africa, under the leadership of Irwin Rommel.

After the Afrika Korps was in place and the Italians reorganized, Rommel's offensive began in February 1941 - launched from the new front line on the outskirts of the Libyan town of Sirte west of Tobruk. Rommel quickly outflanked the Commonwealth forces at every turn and drove them back in to Egypt, thus earning him the name, the "Desert Fox".

Rommel's offensive was not able to capture Tobruk. Under the command of Sir Leslie James Morshead, known as "Ming the Merciless" by his own soldiers, 14,000 Australian troops dug in and as we say here in the USA, "refused to lose". The Australians were supported by four regiments of British artillery and a few Indian troops.

The British Middle East Command asked Morshead to defend Tobruk for eight weeks. With bravery and sacrifice, he and his soldiers were able to hold out for over five months. They were able to turn the besieged city into a fortress.

They endured bombing and or shelling on an almost around the clock basis. Opposing forces were often only 100 yards or less apart. The area between the two forces were defended by machine guns, snipers and land mines - it was as deadly as No Man's Land of the first World War. The defenders were short on supply and water was a valuable commodity.

The German term Rattenkrieg (rats war) is thought to have originated in Stalingrad, but the truth is the Germans first used Rattenkrieg to describe the siege of Tobruk. It was truly a living hell.

The siege of Tobruk denied the Axis a forward supply port. It nearly doubled the distance of the Axis supply lines. It also took valuable Axis troops away from the advance to the Suez.

Had the Australians quickly surrendered, like had been done from Singapore to Europe, the Axis could have advanced much faster and attacked before the El Alamein could be fortified and reinforced.

Loss of the Suez Canal would have been catastrophic for the Allies. It likely would have resulted in the surrender of Malta, and could have influenced Spain to enter the war on the side of the Axis.

After capturing the Suez, the German plan was for the Afrika Korps to take the oil fields of the Caucasus and link with the 6th Army in the Soviet Union.

Stalingrad may have never happened.

I'll end by again saying thank you and God Bless us everyone

Louis Bruette, Baltimore



128 words of three letters or more from

CONSUMER



censor	emu	nose	
come	emus	nurse	
comer	ens	nus	runs
comers	eon	omen	ruse
comes	eons	omens	scone
con	eros	once	score
cone	euro	one	scorn
cones	euros	ones	scour
cons	men	onus	scrum
consume	mens	ore	scum
consumer	menu	ores	senor
core	menus	ors	sermon
cores	meson	ounce	serum
corm	more	ounces	snore
corms	mores	our	som
corn	morse	ours	some
corns	mourn	recon	son
course	mourns	roe	sore
crone	mouse	roes	sour
crones	mouser	rose	source
cue	muon	roue	sue
cues	muons	roues	suer
cur	mus	rouse	sum
cure	muse	rue	sumo
cures	muser	rues	sun
curs	nor	rum	sure
curse	norm	rums	urn
ecru	norms	run	urns
ecrus	norse	rune	use
ems	nos	runes	user

How many words of 3 letters or more can you find from
ACTUARIAN?

Meals on Wheels

August 24	Louise Keady
25	Sonya Allison
29	Karl Balzer
30	Lundy Vosper
31	Valmai Spencer
September 1	Heather Griffiths
2	Drew Adam
5	Ruth Aulich
6	Valmai Spencer
7	Kerry Veldum

Visit our website valleyvoice.com.au and look back over nine years of archival content, galleries and stories, in addition to each new issue. Leave a comment/suggestion on what you would like to see included.

Tip locations and opening hours

<i>Ansons Bay</i>	<i>Scamander, Coach Street</i>
Long w/ends Mon 12 - 4	Tues/Thurs 10 - 4
Wed/Sun 12 - 4	Sun 2 - 5
<i>Fingal, Mathinna Road</i>	<i>St Helens, Eagle Street.</i>
Tues/Thurs 10 - 4	Open 7 days 10 - 4
Sun 2 - 5	<i>St Marys, Gray Road</i>
<i>Pyengana, Tasman Hwy</i>	Tues/Thurs 10 - 4
No builders' waste please	Sun 2 - 5
Wed 9 - 1, Sun 2 - 5	

Emergency services

AURORA Emergency	13 20 04
Carers for Wildlife St Marys	6372 2973 / 0417 017 105
Crimestoppers	1800 333 000
Poisons Information	13 11 26
Police Emergency	000 & Enq 13 14 44
SES Emergency	13 25 00
TFS Emergency	000 & Enq 1800 000 699

Libraries

61 Cecilia Street St Helens Tas 7216
6387 5530
Mon 10am - 1pm, 2 - 5pm
Tue 10am - 1pm, 2 - 5pm
Wed 10am - 1pm, 2 - 5pm
Thu 10am - 1pm, 2 - 5pm
Fri 10am - 1pm, 2 - 6pm
Sat 10am - 12pm
Sun Closed
Closed public holidays



31 Main Street St Marys Tas 7215
6372 2114
Mon 12.15am - 5pm
Tue Closed
Wed 10.15am - 1pm, 2 - 5pm
Thu Closed
Fri 10.30am - 11.30am, 12 - 5pm
Sat Closed
Sun Closed
Closed public holidays



Fingal Online Access Centre
29 Talbot Street Fingal Tas 7214
6374 2222
Mon 9am - 4pm
Tue 9am - 12pm
Wed 9am - 4pm
Thu 9am - 12pm
Fri 9am - 4pm
Sat Closed
Sun Closed
Closed public holidays



Shower Thoughts

Ceiling fans are really just helicopters who gave up on their dreams and opted for an office job ...
<http://just-shower-thoughts.tumblr.com/>

Live beneath your means. Return everything you borrow. Stop blaming other people. Admit it when you make a mistake. Give clothes not worn to charity. Do something nice and try not to get caught. Listen more, talk less. Every day take a 30-minute walk. Strive for excellence, not perfection. Be on time. Don't make excuses. Don't argue. Get organized. Be kind to people. Be kind to unkind people. Let someone cut ahead of you in line. Take time to be alone. Cultivate good manners. Be humble. Realize and accept that life isn't fair. Know when to keep your mouth shut. Go an entire day without criticizing anyone. Learn from the past. Plan for the future. Live in the present. Don't sweat the small stuff. It's all small stuff.





ST MARYS IGA SUPERMARKET

38 Main Street
Ph/Fax 6372 2240 Butcher 6372 2274
Monday - Friday 8am - 6.30pm
Saturday 8am - 5pm
Sunday 10am - 5pm
Butcher instore weekdays 8am - 2.30pm

In the centre of town, at the heart of the community

Butchery specials August 24 - 30

	p/kg
Porterhouse Steak	24.99
Half Legs Of Pork	8.99
Forequarter Lamb Chops	12.99
Beef Casserole Steak	14.99
Ingham Chicken Cuts	2.49

Butchery specials August 31- September 6

	p/kg
Half Leg Of Lamb	9.99
Beef Stir Fry Strips	16.99
T-Bone Steak	22.99
Nichols Six Legged Chicken	4.55
Blade Steak or Roast	13.99

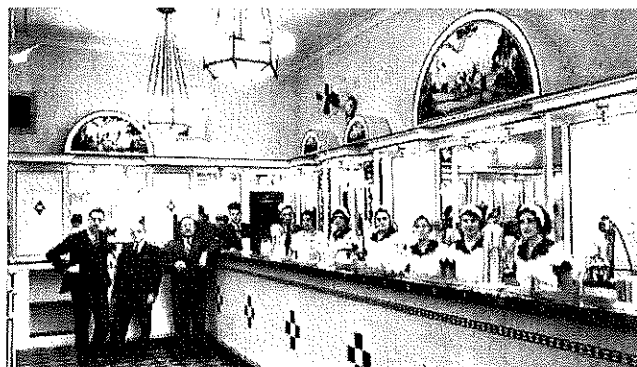
Two week specials August 24 - September 6

Kraft Cheese Block 1kg	7.99
Ski Yoghurt 1kg	3.49
Eta 5 Star Margarine 500g	1.69
McCain Frozen Peas 1kg	3.99
Masterfoods Squeeze Tomato or BBQ Sauce 500ml	2.49
CSR Raw Sugar 2kg	2.99
Multix Cling Wrap 33cm x 60m	2.19
Kleenex Toilet Tissue 16pk	5.99
Kit-e-Kat Canned Cat Food 410g	1.69
Chum Canned Dog Food 1.2kg	2.49

Heinz Canned Condensed Soup 420g	1.35
Chicken Tonight 475 - 500g	2.69
Morning Sun Muesli 650g	3.19
Twinnings Tea Cup Bags 100s	6.99
Palmolive Ultra Dish Wash Liquid 750ml	2.82
Juicy Isle Long Life Juice 2L	2.69
Nescafe Menu Sachets 20pk	9.99
Palmolive Liquid Hand Wash 250ml	1.99
Aim Toothpaste 90g	1.25
Whiskas Vita Bites 1kg	3.99

The Valley and East Coast Voice Inc. is available at:

Avoca Post Office	Mathinna Post Office
Coachhouse Restaurant	Mouth Cafe Scamander
St Marys	Scamander S/market
Hilly's IGA St Helens	St Marys IGA
Hilly's IGA St Marys	St Marys Newsagency
Holder Bros Fingal	



*The Black & White 4d Milk Bar in Martin Place
in the early 1930s.*

**One time I thought I was right but it
turned out I just wasn't wrong yet.**



*Incorporating
St Helens Transport &
Coles Bay Carrier*

Launceston 6339 4900

St Helens 6376 1143

Fax 6339 2900

suncoastexp@netspace.net.au

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