

THE VALLEY AND EAST COAST VOICE INC.

Established 1968

49.05 June 30 2016

Deadline for 49.06 is 5pm July 11, 2016



Hub4Health Walking Group p10



Ro 'n' Slow in Fingal p9



The poles of St Marys p10

Bendigo Community Stadium takes out The Public Architecture Award at the Tasmanian Architecture Awards

June 27, 2016

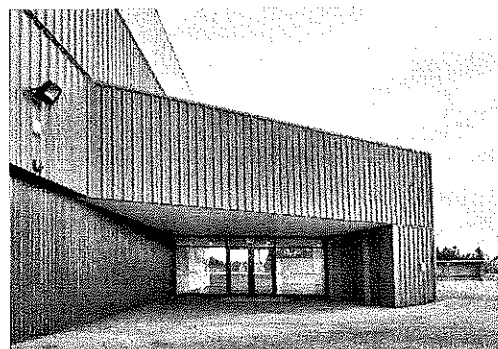
Officially opened in February this year, the stadium hosted Tasmania's first regional State League Netball Game, attracting more than 240 spectators, is used by the local community almost every day and continues to attract interest from groups outside of the area.

The latest achievement of the Bendigo BOCS, as it is known locally, was to win the Public Architecture Award at the Tasmanian Architecture Awards on Saturday June 25.

"While we and our community know what an impressive and professional facility we have here in Break O'Day, it is always great to see public recognition," Break O'Day Mayor Mick Tucker said.

"Considering our budget constraints and what we have achieved, there is no doubt that architects Edwards + Simpson are deserving of this award and we congratulate and thank them for their commitment to this project and our community."

For more information please contact Break O'Day Council's Communication Coordinator on 6376 7900 or 0400 454 089



The 2016 St Marys Community Car and Bike Show gallery can be viewed, in glorious colour, at <http://valleyvoice.com.au/2016/06/2016-st-marys-community-car-and-bike-show/>

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Advertising rates

- ◆ Business card ads \$15
- ◆ Intermediate ads \$18
- ◆ ¼ page ads \$25
- ◆ ½ page ads \$40
- ◆ Full page ads \$65
- ◆ Permanent classified ads \$20 p.a.

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

MANY THANKS to everyone who has contributed to this edition of the Valley and East Coast Voice Inc. Articles are always welcome, but we do not accept responsibility for the accuracy of information provided by contributors! Opinions expressed are not necessarily those of the editor or volunteer staff.

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point.

Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Community Notices

Community notices must include the name, position, town of residence and contact number of the authorised representative.

Notice to non-profit groups re changes to advertising rates: Half a page or more will cost 50% of the regular advertising charge. To establish eligibility, ABN / IA details need to be produced.

Expressions of interest for the volunteer position of editor of the Valley and East Coast Voice Inc. are invited. Full details provided in response to genuine enquiries.

Contact W Dawson on 0403 430 452
wdawson@valleyvoice.com.au

Meals on Wheels

Meeting dates for 2016
August 18, and AGM
November 17

Lundy Vosper, St Marys

MOVING SALE – GARAGE SALE

Following sale of home all household furniture (as new condition), various kitchen appliances and bric-a-brac to be sold. ALL MUST GO. Please feel free to come and view items.

All offers considered.

9 Frederick Street St Marys any time.
0427 184 466 or 0403 055 206

St Marys Ambulance and Fire Service Raffle

A HUGE thank you to everyone who purchased tickets in our raffle, to the businesses that sold tickets and a special thank you must go to the queen of ticket selling, Lorraine Gill.

Also heartfelt thanks to Heather, Jo Jenkins, Andi and more for donating the prizes. We raised \$200 and the winners are Chris Hughes, Darren, Anna Thomas, Lou Lou, Marie Owens, Alana Hendley and Pam Gillies.

Raffle update: we have received a few more donations for the raffle and we now have \$250 to donate to the Ambos and Firies.

Cheers. Judy Duckett

St Marys Community Health Centre

Words cannot express our heartfelt thanks to the Doctors and Staff for the wonderful, gentle and professional care given to

Barbara Trotter (Ducky)

who passed away peacefully at the Centre on 26th June 2016, in her 88th year.

We must always fight to keep our Health Centre, and the doctors and staff who care for us.

The Trotter Family -
Glen, Chris, David, Cus, Bree and Lauchie

Community Notices

Fingal Valley Neighbourhood House Inc.



Aquatic Centre School Holiday Activity

Thursday July 7

Leave FVNH 10am

Cost of Bus: \$10 per child

Bring cut lunch or buy at venue

Bring along Bathers and towel

Bookings by Monday July 4

Call 6374 2344 or call into Office to book

The Fingal Valley Neighbourhood House Inc., is funded by the Crown through the Department of Health and Human Services

Fingal Valley Neighbourhood House Inc.



**Trip to Launceston to watch
ROCK OF AGES**

BY LAUNCESTON COLLEGE STUDENTS

Venue: Princess Theatre

Date: Saturday September 3, 2016

Starting: 1pm

Tickets: \$32 Concession \$22. Child 2 - 16 \$22.

Bus Fare: \$10 per person.

Bus leaving FVNH at 9.30am

Book and pay before Wednesday August 17, 2016.

Where to have lunch will be discussed on the bus.

**If you are interested contact the FVNH on
6374 2344 or call into Office to book.**

The Fingal Valley Neighbourhood House Inc., is funded by the Crown through the Department of Health and Human Services

Fingal Valley Neighbourhood House Inc.



**CHRISTMAS
IN JULY**

Friday July 15

12 noon for 12.30pm start

\$10 per person

*Transport available for around the Fingal/Avoca
area. Mathinna bus is available*

TRADITIONAL CHRISTMAS FARE

Bookings by Monday July 11

Call 6374 2344 or call into Office to book

The Fingal Valley Neighbourhood House Inc., is funded by the Crown through the Department of Health and Human Services



**July Markets have been
cancelled due to the
elections in the
St Marys Hall.
See you at our next
market on August 6.**

Position Vacant

POSITION VACANT



**Fingal Valley
Neighbourhood House Inc.**

Play Centre Supervisor

PERMANENT PART TIME

Five hours per week at Fingal

**Diploma in Early Childhood (education and care
or equivalent) required**

**Please contact the Coordinator on
0418 659 781 for an application pack**

*This position is funded by the Crown through the
Department of Education*

Fingal Valley Neighbourhood House Inc.



COOK & EAT PIZZA School Holiday Activity

Wednesday July 13

At FVNH 10.30am - 2pm

Cost: \$5 per child

Must have definite numbers

Bookings by Friday July 8

Call 6374 2344 or call into Office to book

The Fingal Valley Neighbourhood House Inc., is funded by the Crown through the Department of Health and Human Services

Wanted

**1000lt water tank, St Marys, call Colin on
0424 944 384 / colin.stone@live.com.au**

**Plain wooden hanging wardrobe in good cond., reason-
able price. Phone 6372 2489**

**Tractor / slashing available, fully insured, competitive
rates, from Chain of Lagoons to St Helens, Fingal to
St Marys. Alan, 0407 944 158**

For Sale

I may be old and feeble, but I'm still selling moo poo.
Norm 6372 2380

Ford EL sedan, meticulously maintained, serviced, paint, engine bay, interior immaculate, 6 months rego, front end suspension rebuild, new battery, tyres & muffler, comes with box of oil filters, spare new brake pads. Good reliable solid vehicle. \$2,600. **Blackwood slabs**: 2.2mt x 400mm x 50mm, beautiful colour for benchtops, tables etc. Also large burl slabs. Reasonable prices. As new solid blackwood stained **SB & mattress**, v gd cond \$150. **Holden WB '82 ute** - 202 motor rebuilt 3 yrs ago, new clutch kit, Celica 5spd, 3.08 Commodore diff, 4 wheel disc brakes, 4 new rotors & pads, lots more. Full details and offers to **Steve on 6377 1209**

20 XB lambs, just shorn and drenched, **\$75 each**.
Phone **Steve 0467 586 996**

Letter to the Editor

Dear Editor

In response to the letter published in the VV on 04 June 2016 by Mrs Rubenach, regarding the Port Arthur Massacre.

I cannot believe that in today's day and age that these conspiratorial theories still exist.

If nothing else, the sheer weight of evidence that exists from eye witnesses and solid police investigation, as well as admissions by the accused, far outweighs the ramblings and unfounded rubbish that is so often circulated by the internet. And of course we can believe everything we read on the net, can't we.

Having had a family member serving in the NSW Police Force at the time, I was able to read a report published for the Service regarding the Port Arthur Incident and I can confirm that the depth and thoroughness of evidence collected completely confirms the actions taken by ONE person on that fateful day.

While I do and always will support the freedom of speech and the opinion of others, it is sometimes better to keep unfounded opinions out of the public domain for the sake of the emotion that is still felt today by those directly affected, as well as a State that will never forget the evil that was perpetrated on that day.

Marcus Faulkner, Medowie NSW



Congratulations to
Will Hurd
of Cornwall
for coming first in the
15 - 18 years
Bay of Fires Youth
Arts Festival 2016
for his pencil drawing.
Well done William!

Tiffany Hurd,
Cornwall

Tasmanian councils struggling to deliver quality services while keeping rates down, report finds, by Ted O'Connor

A Local Government Association's State of the Regions report found country councils, especially those with low rate bases and large road networks to maintain, were being financially squeezed.

The report also called for the Federal Government to lift the indexation freeze of financial assistance grants and provide extra road funding, in part to cater for more heavy traffic on rural roads.

One of the report's authors, Dr Peter Brain, said poor rural councils faced tough choices.

"Either stopping the increase in rates and cutting services, or driving their constituents to breaking point," he said.

"There's only so much the local population can bare, especially in the poorer regions."

He said in north-west Tasmania the average working resident only earns \$30 an hour, meaning they found it harder to absorb rate increases.

"They'll [councils] simply just have to start reducing significantly the quality of their services," Dr Brain said.

"So roads don't get repaired, rubbish doesn't get picked up, planning resources get slashed, time taken to get approval just blows out - it's very sad."

West Coast Mayor Phil Vickers wanted rates to remain unchanged next financial year in his council to take the pressure off poorer residents.

"We can't fix everything at once, but we realise our rate-payers are under financial stress given the downturn in the mining industry," he said.

The report also found Tasmanian primary school children in poorer areas were consistently posting lower test scores than their wealthier counterparts. In one example, primary pupils in central Sydney scored 10 to 20% higher on NAPLAN tests than those in north-west Tasmania.

Dr Brain said the results showed the socio-economic standing of parents played a big part in their child's education.

"Relatively poor home environments, where I guess parents are struggling to make ends meet, and the relatively poor educational qualifications of the parents seem to be a very important factor in determining how children perform," he said.

Dr Brain urged governments to closely monitor the results of future NAPLAN tests in correlation with socio-economic backgrounds.

"[It's] going to be interesting to see if there is some improvement in the poorer areas - in other words, is the testing itself improving performance or alternatively will it stagnate or get worse?" he said. "This is a real test of what really drives the resources distribution in terms of education."

Cornwall Bridge works

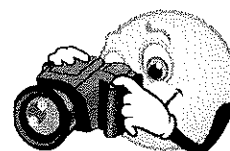
A BODC spokesperson states that the Cornwall Bridge construction has been delayed due to the contractor having to prioritise emergency works after the flood events in other parts of the state. Works are now scheduled to start this week. Council apologises for any inconvenience caused.

2016 Photo Competition THEME: "Promote the Fingal Valley"



General Information and Conditions of Entry

- ♦ All entries will be judged by Tasmania's award winning Master Photographer and Fellow of the Australian Institute of Professional Photography, Mr Owen Hughes
- ♦ \$500 in prize money will be awarded to the winner, \$250 to the Under 18 winner and the People's Choice Award will receive \$150
- ♦ All entries will be posted online and a link will be published online and via e-mail
- ♦ 12 finalists will have their images enlarged to 24" x 16" and displayed at the Purple Possum Café and Gallery in St Marys
- ♦ A cocktail function to recognise the winners and finalists will take place at the Café on Friday October 14, 2016
- ♦ The People's Choice Award will be determined by visitors to the Café, who may record their choice on a ballot paper which is then placed in a sealed ballot box. Counting will take place on the night of the Cocktail Function to announce the winner
- ♦ You may enter as many images as you wish on the official Entry Form
- ♦ The entrance fee is \$5 per digital image
- ♦ Each digital image is required to be named to correspond with the Entry Title Name on the official Entry Form
- ♦ As the finalist's images will be enlarged, all images should be submitted at the same ratio of 3:2 otherwise cropping will be executed at the discretion of the photo finisher



The Competition closes at 5pm on September 8, 2016

Submitted images may be emailed at full resolution to addestone@bigpond.com and/or posted on CD/DVD / thumb drive with the completed Entry Form and Entry Fee payment to

Peter Troode
2016 GET Photo Competition
19 Gray Road
St Marys Tas 7215

Or delivered to
Purple Possum
2016 GET Photo Competition
5 Story Street
St Marys Tas 7215

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- [erichutchinsonmp](https://www.facebook.com/erichutchinsonmp)



Authorised by Eric Hutchinson MP, 53B Main Road, Perth TAS 7300



HANNAH RUBENACH QUINN

FOR LYONS

I am sixth generation Tasmanian. I volunteer in many community groups including the emergency services and have worked mainly in disability and aged services. I serve as a Councillor on Break O'Day Council (since 2009) and was Deputy Mayor from 2011-2014. I have been a Chaplain at St Marys District School.

STANDING FOR

- Legalisation of medicinal cannabis
- Compassion for refugees
- Future-proofing Tasmania's energy supply
- Gonski and NDIS to be fully funded
- Action on climate change
- A fair go for our farmers
- Preserving our environment
- Integrity in government

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STANDING UP FOR WHAT MATTERS

Authorised by Sean Vagg, 208 Elizabeth St, Hobart 7000

Grief and Loss Workshop brought to you by Choose Life Services

This is an opportunity to learn the theory of grief, loss and bereavement, and the practice of caring for and supporting people in the community.

A great workshop filled with information, discussions, activities and film clips plus more. Introductory level training for service providers or community members interested in learning about this topic. (This is not a support group for bereaved people)

2 day training - East Coast

**St Marys Salvation Army building, 23A Main Street
Wednesday July 27 and Wednesday August 3, 9am-3pm
Cost \$10 in total (bring cash on the day)**

Please register your interest by emailing Eve on eveoakley@gmail.com by no later than July 15.

St Helens Navy Cadets vying for back to back national titles – the first in 35 years.

June 27, 2016

Since 1980, no Navy Cadet unit has won back to back national titles for Most Efficient Training Ship, the pinnacle achievement for a cadet unit.

In order to be eligible for assessment for the national award, units must first be a state winner.

Then, the top three point scorers from around the nation are selected for assessment for the national title.

St Helens based Navy Cadet Unit, TS Argonaut, were awarded Most Efficient Training Ship in the country in February this year with their award presentation held in St Helens on June 18.

While being presented with the prestigious award by President of the Navy League of Australia, Graham Harris, the proud unit were also informed they had won the 2016 state title for the second year in a row.

"There was a real mix of emotions on hearing the announcement," Leut. ANC Commanding Officer TS Argonaut, Michelle Montgomery said. "They were shocked, crazy delighted, over the moon as well as a bit anxious about having to go through the rigorous assessment all over again."



If the Navy Cadet Unit are successful in being selected for national title assessment and win again, they will be the first Tasmanian Unit to win back to back titles and the first unit in Australia to achieve two consecutive wins in 35 years.

Leut. Montgomery said the success of the unit was a real team effort that involved substantial support from the St Helens Community.

"We have so much community support from mum's helping with hair, local businesses donating food on the day and just their presence at our ceremonies gives all the cadets a real lift," she said. "When it comes down to it, it is all about the kids having a safe and secure place which is stable and consistent."

"Seeing how they grow and develop into confident, team players, we know will set them up for

life, and this is what it is all about."

Break O'Day mayor Mick Tucker said he was really impressed by the dedication and efforts of the cadets and wished them all the best in their pursuit of back to back national titles.

"The whole community is really proud of what the Cadets have achieved, I think that is evident by the number of people that show up to their assessments and ceremonies," he said.

"The amount of time, preparation and commitment this group of young people, their leaders and support group go through to achieve these results is a mammoth undertaking and a reflection of what community spirit is all about."

The Say, by Cagerattler

Often we talk about St Marys Pass - and occasionally Elephant Pass - as two stretches of road that need upgrading to meet the rigors of modern vehicles, and ever increasing freight and tourist traffic. This time however it's not them. Aside from the new Wrinklers Bridge and the Akaroa intersection almost in St Helens itself, can anyone recall when any real upgrading has happened to the actual road between Enstone Park and Scamander? Or from Wrinklers to St Helens? I can't. This is supposed to be one of Tasmania's premier tourism zones, and if you include Chain of Lagoons to Bicheno, it's a disgrace.

The lack of areas to safely overtake, tight slow unsighted corners, patchwork quilt road surfaces and rough shoulders are all over the place and it's high time that both State and Federal Governments got off their proverbial back-sides and tackled these neglected stretches of tarmac. We are a low population base and unfortunately our votes aren't big enough to get grandiose election promises from the major parties, but surely the infrastructure personnel must know that these 20th century surfaces are in dire need of attention.

One of these days I'm hoping to pin down a local member and ask why our "Highway" is still like it is. I wonder what our visitors must think as they tip toe through the area ... High time for our Highway I reckon.

What do you think?

Rod McGiveron, St Marys



OUT OF THE WOODWORK

Many thanks to the Tasmanian Men's Shed Association who has given us a grant of \$5,000 towards much needed tools, and to Rene Hidding who has donated \$1,000 for our croquet equipment.

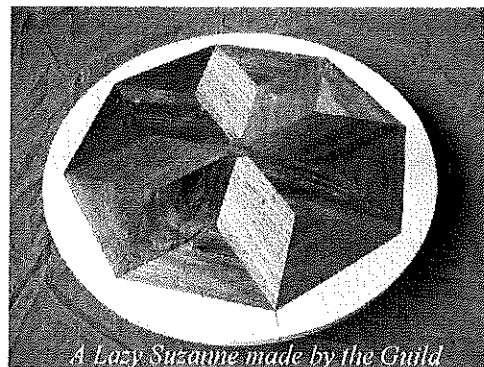
We would also like to give a special thank you to Owen from The St Mary's Coffee Shop for allowing us to fund-raise there every Saturday and Sunday morning.

All members send our heartfelt best wishes to Judy Woods for a speedy recovery.

Reminder: It's time for yearly membership renewal of \$20 per person.

Guilds Home Hint: To remove eye make-up - You cannot beat no tears baby shampoo for a cheap eye makeup remover. Put a drop on a damp cotton pad to gently remove the make-up, and then rise clear. No frills no tears.

Wendy Brennan Secretary 6372 2094



A Lazy Suzanne made by the Child

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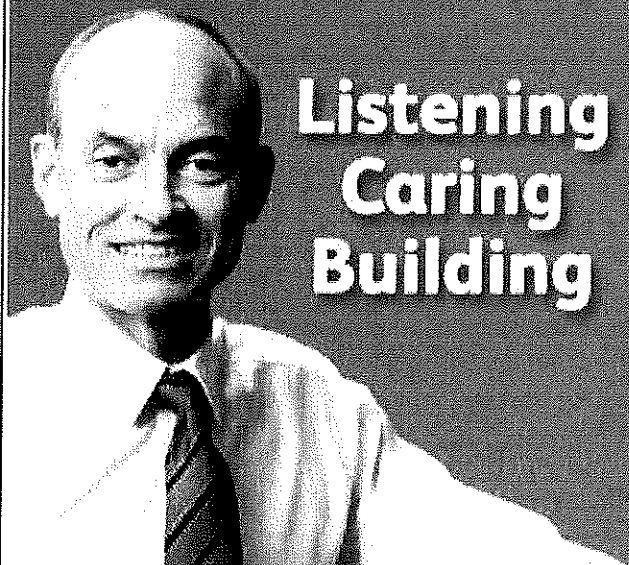
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Authorised by Guy Barnett MP, 6 Circle Street, New Norfolk

Liberals

Tas Beer & BBQ has recently been opened in Fingal by the Ro 'n' Slow BBQ team.

The team has been competing in low and slow style BBQ competitions on the mainland and have had good results, namely first prize for their lamb entry in Canberra last December.

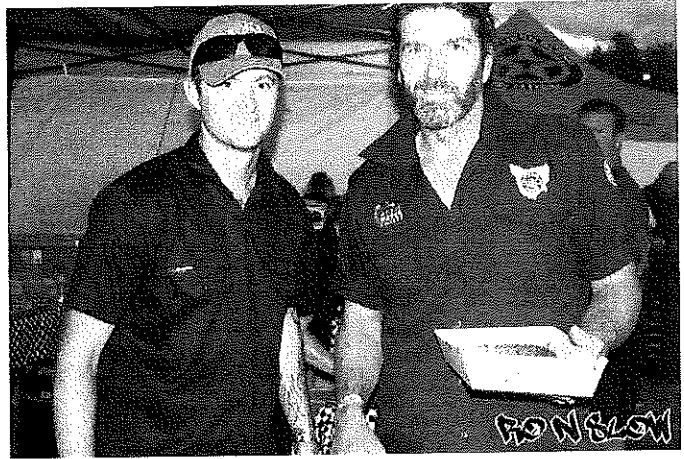
Team Captain Rohan Peterson moved to Fingal several years ago - after living in England with his British wife Kirsty - not long after the birth of their first daughter.

Since returning Rohan and Kirsty have had a second daughter and plan to bring their family up on the farm they purchased just outside Fingal. Low and slow style BBQ has taken the mainland by storm, but the movement has yet to find traction in Tasmania.

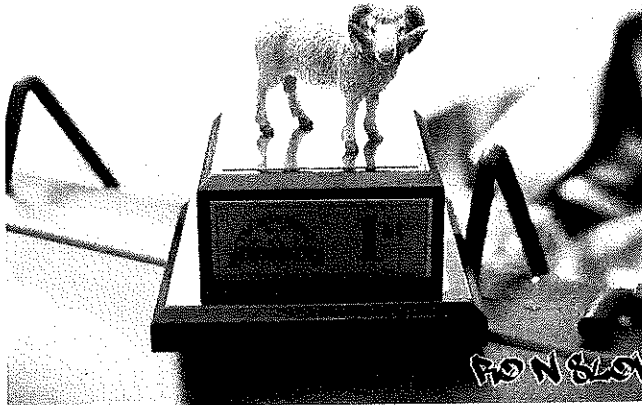
Up until a few months ago, the Ro 'n' Slow BBQ team were the only Tasmanian team competing on the competition BBQ circuit. The low and slow bbq style originated from Southern America many years ago, where people who couldn't afford quality cuts of meat took inferior cuts and cooked them over a low heat source for a long period of time (12 hours plus), to get the best out of the meat. At low temperatures the fat content in the meat liquefies, and if done correctly can produce tender, juicy meat.

Cuts like beef brisket are a popular choice for low and slow BBQ'ers, and in competitions there is a specific category where Brisket is the focus.

If you're interested in finding more information on competition BBQ in Australia, go to the Australasian Barbecue Alliance's website at <http://www.ausbbq.com>



*The Big Smoque Canberra
December 5th 2015*



Tas Beer & BBQ was formed to help fundraise the team's entry to mainland competitions; the average cost per competition has been in the vicinity of \$3,000. The focus of Tas Beer & BBQ is to perfect their culinary BBQ skills by providing quality low and slow BBQ using, where possible, only the best ingredients Tasmania has to offer.

Two of the staples on the menu are sliced Brisket from Pynevana Premium Meats, and pulled Pork from Scottsdale Organic Pork.

We also have a range of commercially available and bespoke craft Beers all from Tasmanian breweries. Soon to be on offer will also be a range of Tasmanian wines.

For more information on the Ro 'n' Slow BBQ team and Tas Beer & BBQ go to the team's website www.roandslowbbq.com

Rohan Peterson, Fingal



This must be Thursday. I never could get the hang of Thursdays. Douglas Adams

Wrapped in St Marys Winners: Judy Duckett. Coordinator

A small but high standard of wraps were displayed in the Main Street on the fabulous St Marys Car and Bike Show day. Many thanks to all who entered and to those who voted.

The winners:

Art *Rita Summers*

Themed Adult *Lynne Dawes*

Themed Junior Shared between *St Marys Child Care Centre* and *St Marys District School-Kindergarten*
Group *St Marys Day Care Centre*



Hub4Health Walking Group

Recent Walks

Paddys Island Coastal Walk A group of eight assembled at the Paddys Island carpark at 9.15am. The weather was fine, a warm 23° and sunny.

We headed south along the beach; the sand was solid under-foot due to the earlier high tide, but was at low ebb - high tide would be later in the morning. We had to strip off our excess clothing on the way, and this set up a fast rate towards our destination.

We had several short stops along the way and all decided to continue to Shelly Point which is 5km and did it in under 2 hours. Brian did a car pick up which completed our walk. There was a report of a big 40ft offshore cruiser on the sand-bar at Scamander River entrance the previous night, so some of the walkers went for a look. The feedback was good and the walk was enjoyed by all. *Contributed by Glen Evans*

Marouard Beach Walk- late May: 13 walkers from Avoca, Upper Scamander, Scamander, Binalong Bay and St Helens braved a 1° frost on the ground Wednesday.

Upon arriving on the beach, the high tide receding quickly and conveniently (for us). The sand was firm underneath and there were good sized waves crashing into a smooth deserted sand beach. We walked along the beach for about an hour and returned by 11.15am. As we were on the return we had all warmed up, with the sun peeking through the clouds. *Contributed by Wayne Fulford*

Other walks recently completed include: Lagoon-beach-bush loop at Windmill Lagoon & Blue Tier

New members are most welcome. Please call

Hub4Health: 6376 2971 or Bryan Edhouse: 0414 987 435



Marouard Beach walk, photo taken by Helen Whittle



Lagoon Beach - bush loop at Windmill Lagoon, photo taken by Pip Buchanan

Front page photo of the bull wheel at the Summit Mine, photo taken by Garry Richardson.

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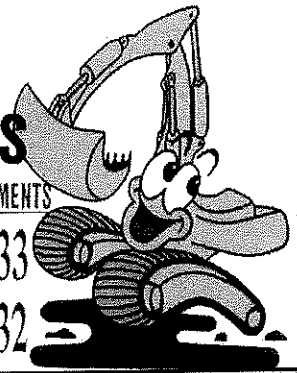
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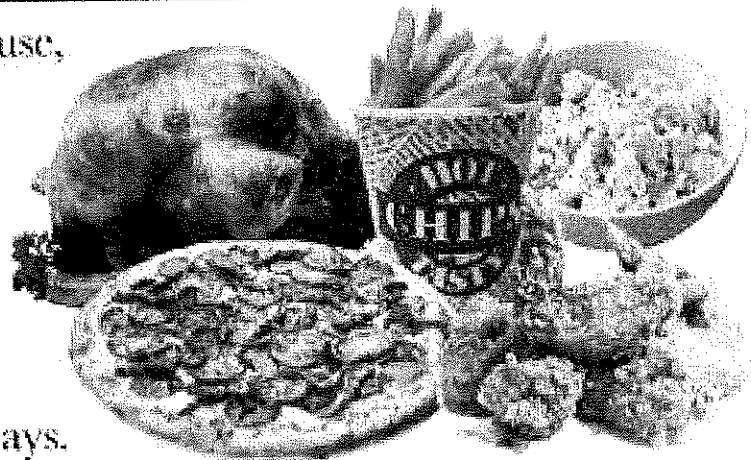


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St Marys Sports Centre

Gray Road St Marys

Bar open Thursday 6 - 8pm Friday 6pm until close
Sunday 1:30 - 4.30pm Friday Happy Hour 6.30 -
7.30 with *Jag the Joker* Raffles and bar snacks

Bowls news New green has had it's first trim, grass is growing nicely.

Golf news Bobby and the ladies continue to play their 9 holes each Wednesday. Been a bit wet lately, but great to see you still having a hit.

AGM will be held on Saturday July 2 at 2pm. Nominations for office bearers and committee close on Thursday June 30, forms available at the Club.

Licensee / treasurer: *Jim Turner* 6372 2441

President: *Jacqui Bianchi* 0439 978 156

Vice President *Bobby Harwood* 6372 2445

e.stmaryssportsctr@internode.on.net

facebook.com/stmarysportsandsocialclub

Free music session Yes, the Jam Session is back on Sunday July 10. Local artists with lots of talent!!
Food available, 1pm - 4pm

Dining If you didn't come to the Curry Night you missed a beautiful meal. Well done Christine Roundtree! Next meal is on Friday July 15 at 6pm. Main and sweets \$20. Please book by Wednesday 13 on 6372 2441 / 0439 978 156.

Lyme-like disease update

The interim report has been released by the Senate 'community Affairs Reference Committee, on the growing evidence of an emerging tick-borne disease that causes Lyme-like illness for many Australians.

The report was tabled on May 4, 2016 due to the possibility of a federal election being called before the committee's final report date. The committee intends for the inquiry to continue with the 45th Parliament.

- ◆ Submissions closed on March 31, 2016 and as a result on May 3 the committee had accepted and published 1,171 submissions
- ◆ A small proportion of these submissions were from medical practitioners, medical authorities and state, territory and commonwealth government. While the majority of submissions were from or on behalf of Australians suffering from chronic debilitating symptoms.
- ◆ NSW had the largest number of submissions with 344. The combined number from SA, ACT, NT and TAS were 71
- ◆ The interim report contains introduction: experiences of patients and access to treatment: diagnostic testing for Lyme-like illness: next steps for further investigation: plus appendix
- ◆ The committee consisted of eight members - four ALP, three LIB and one Greens. The participating members for the inquiry consisted of senators - one Greens, one Independent, one PUP, one LIB and one LAB. There were seven experts (researchers etc) for the secretariat
- ◆ It is reassuring to know the committee states that health authorities must act now, for the lives of thousands of Australians are at stake
- ◆ Submissions are still being accepted, so if you can contribute in any way contact the Select Committee at POB 6100 Parliament House, Canberra 2600 / www.aph.gov.au/senate

Help yourself. Help others. Be involved now! *Beverley Rubenach, Grey*

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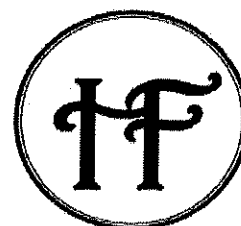
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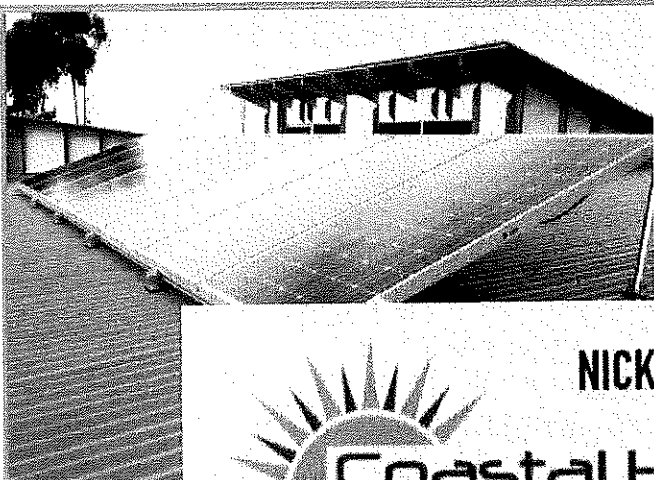
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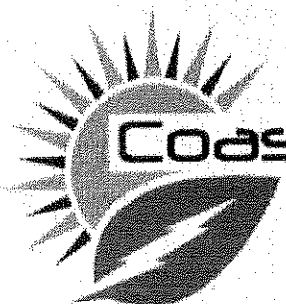
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The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included.





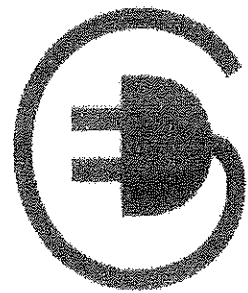
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VALLEY and EAST COAST VOICE Inc. WRITING COMPETITION 2016

Our writing competition for school students will run each school term in two sections,
one for primary students and one for secondary students.

We are asking for a short story, maximum 500 words,
and entries will be published in the Valley Voice.

You can write about anything you like - if it interests you, tell us about it.

To make things easier for our judges we would like your entry typed please.

(Our judges have no children currently or formerly enrolled in a school within the area,
and their decision is final.)

**** 2 prizes will be awarded at the end of each term ****

The Rules ... yes, we have to have them!

- ♦ Your entry must be your own work
- ♦ The Valley Voice has the right to publish your work with your name on it if you are a finalist
- ♦ Entries will be published anonymously throughout each term
- ♦ Entries must be in by the closing date ... no late entries will be accepted

Closing dates

Term 1 April 4

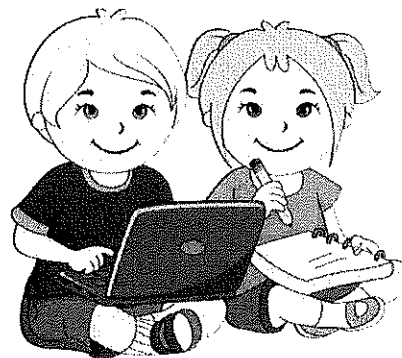
Term 3 September 15

Term 2 July 7

Term 4 December 8

Lodgment can be by:

- ♦ email to wdawson@valleyvoice.com.au OR
- ♦ mail to **POB 230 St Marys Tasmania 7215** OR
- ♦ leave at **St Marys Pharmacy, Main Road St Marys**



Valley and East Coast Voice Inc. Writing Competition

Attach this section to your entry and please make sure all information is provided

Full Name _____

Class/Grade _____

School _____

Title of essay/ written work _____

Parent / guardian's signature ... this implies permission to publish your work and your name
(should you win a prize) _____

Parent / guardian's address _____

Parent / guardian's contact phone number _____

Enquiries to W Dawson - 0403 430 452

Office use only (identifier code)

The peanut that travelled to Brazil

In the town of St. Marys (Tasmania) a peanut named Stan was reading a book. I know this doesn't sound like much but it was a book that held an adventure, that book was a magical like source of energy. No one knew but the adventure was coming along silently and smoothly. 12 days later Peanut Stan's already went through the magical book about wait, wait, wait I should give the magical book a new name. How about the book of adventure no, no the need for extreme wait I know how about the Exelon yeah, yeah Exelon yeah, yeah.

Back to the story, Stan's frustrated face appeared once again as he had already overlooked Exelon about 600 times but the six hundred and first time he identified the book he found something big, real big. In fact it was so big that he couldn't wait to tell his friend Olohsin the oldest nut to live.

Unfortunately he died of shock, that's how big the news was! But his last words were "you need to survive, you'll know what I'm talking about when you find the ancient note of alohidrah".

It took five weeks to figure it out but it was worth the wait because finding that one note was the best thing that ever happened to him. The inscription that was on the note said that "he had to travel to the world famous Amazon, the biggest river in the world". Stan thought he'd book a trip to Brazil.

So he bought himself one fifth class plane ticket to Rio. When he arrived at Rio it was midnight and that meant that when he found shelter for the night he wasn't going to leave until he had to walk down to the river where there lived dangerous creatures such as piranhas, caiman and other drop dead carnivores. Even plant eaters can bust you up but they don't eat you. He woke up, he checked his watch and it was three in the morning so he slept in for another four hours but he ended up sleeping into nine thirty. He missed the guide so he decided to walk down himself; unfortunately, he stumbled upon some bad luck.

Let's just say I don't want to tell you what happened because it's too ugly.

Ok then you wants to know, he was wandering through the jungle when a puma leapt out of the shadows. It didn't take long for the puma to realise that Stan was a nut; I mean that's easy prey. Talk about an easy life. He was relieved about how the puma didn't eat him so he kept pushing himself through the jungle. He finally passed through the jungle, now it was time to find the pot of gold he'd been waiting for.

He eventually found something that looked like it could be it, but it wasn't it was the one five meters away. He found a tunnel that led straight through to the other side of the mountain. He crawled through the tunnel and found the thing he'd been looking for. That thing was his old friend that's passed away.

The real pot of gold is inside us, you just need to find it.

Thanks to this Year 5/6 student. Ed.

ST. MARY'S. Examiner 8-09-1908

St. Mary's has apparently gone into recess, as nothing of importance has happened of late to move us from the even tenor of our way. A lovely fall of rain has given the farmers and dairy men all the moisture they are in need of for present operations.

Dog-poisoning is again in evidence, several valuable dogs having been poisoned. This matter is one that owners themselves must systematically try to stop, as owing to the cunning of those who do the mischief it is very hard indeed to catch them in the act of laying the poison, and nothing but a good lookout with something in the watcher's possession, is likely to do much good to cope with this evil.

In common with the greater part of Tasmania, the rainfall for this district during 1906 has been below the average, though the rain of this month has evened things up a little. Up to the time of writing (midday, September 5) the fall for 1908 has been 16 inches, as against 32 inches 57 points during the same period for 1907. The weather for the time of the year has been unusual in two respects-the absence of wind and the continuance of frosts, more frosty weather having been experienced this year than for the past 15 years.

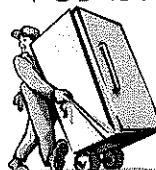
Several transactions in property have lately taken place at prices that indicate values to be on the up-grade. New buildings are still being erected, notably one opposite the Post Office by Messrs. J. and T. Gunn for Mr. S. Birrell, which is to be used as bank premises for the National Bank. There is not an empty house in the town, thus evincing the solidity of its progress.

There has been quite an influx of couples spending their honeymoon at Scamander lately, the last being Mr. J. Cunningham of Launceston, and his bride (nee Miss Cochrane), only daughter of Mr. W. Cochrane, of Fingal. Their many friends were not slow in wishing them every happiness in their new sphere of life.

Several anonymous letters have been received here by different persons. It is trusted that the senders will be found out and made an example of. Stabbing a man in the dark is anything but a manly action.

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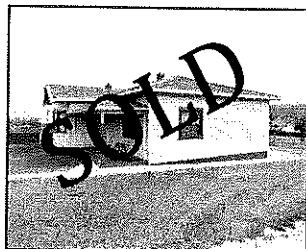
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K Rawnsley 2016

"Thank you so much to Surf Coast Realty. Full compliments to Dane. He is amazing, kept me informed & worked hard. Very impressive. I would highly recommend Dane he is very positive & sincere. Dane I appreciated your kind, considerate manner. Thank you once again. Job well done. You did it." S Drake 2016

"I recently engaged the services of Surf Coast Realty to sell a property for me and in my opinion they surpassed the larger agents who provided plenty of talk but very little action. Surf Coast sold the property promptly and with no hassles. I would not hesitate to recommend this family company to anyone buying or selling property in this area." J Moore 2016

"It was an absolute pleasure dealing with Nigel & the team at Surf Coast Realty. On a number of occasions Nigel put in an extra effort which really made a difference. There was always someone available with prompt & friendly advice. Top Class Service!" T Eastley 2016

For further testimonials please visit our website:

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TransBOD held a Harvest Showcase Competition during May. It culminated in a Peoples Choice Award which was held at the St Marys June Market. Visitors to the market were able to taste the entries and vote for their favourite sweet or savory preserve.

This showcase was the final event in our gleaning and preserving program for this year. Break O'Day is a region growing top quality fruit. We have a number of commercial fruit orchards whose produce is well regarded and sought after locally and overseas.

Our local backyards abound with productive fruit trees – even the Esk Hwy is lined with apple and hawthorn so it is not surprising to find such a high quality and diversity in the jams and preserves produced here.

We received 25 entries in total over the two categories; Sweet and Savoury. Interestingly we received seven tomato relish entries which shows it's a popular home preserve. Next year we may well have a category just for Tomato Relish!

Our judge for the Show champion was well known local Cheryl, of Going Nuts Healthfoods in St Helens. Cheryl is an award winning CWA preserves judge, and we thank her for her support of this event. Thanks also to Going Nuts for accepting entries in St Helens, and to Liz at Mt Elephant Fudge for the same in St Marys.

The winners were as follows:

Overall Show Champion – Peggy Bogar – Tomato Relish

Champion Sweet – Jack Foreman – Raspberry Jam (available at Mt Elephant Fudge)

Champion Savoury – Peggy Bogar – Tomato Relish

Grand Champion received a fantastic prize – a Jam Pan (special saucepan for making jams) donated by Tasmanian Hotel and Catering Supplies in Launceston. Many thanks for their support.

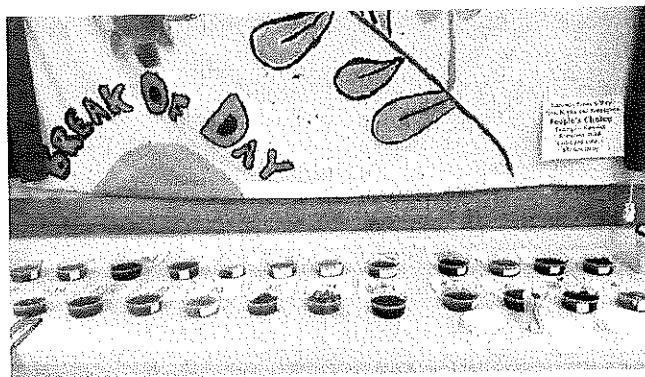
The Peoples Choice was a lot of fun ... watching the expressions on everyone's faces as they sampled the different flavours.

For me personally, the most interesting entry was one that was labelled "Beetroot Relish". It was purple in colour as you would expect, however the flavor was more reminiscent of the wonderful almond flavor of Laurel Berry. A wonderful and tasty mystery.

Most Popular Sweet was awarded to Jenny Wells of Stirling Wines for her Apricot Jam, and Most Popular Savoury was voted to be Sam Anderson's spicy Kusundi – hot stuff.

Many thanks to all who entered their jams, pickles and relishes in the Showcase and to the tasters too. I think that all the participants can hold their heads high, the quality of the produce is outstanding – well done!

Article and pictures are by Bronwyn Zemanek



"We're going to stop this preposterous obsession with economic growth at the cost of all else. Great economic success doesn't produce national happiness. It produces Republicans and Switzerland. So we're going to concentrate on just being lovely and pleasant and civilized. We're going to have the best schools and hospitals, the most comfortable public transportation, the liveliest arts, the most useful and well-stocked libraries, the grandest parks, the cleanest streets, the most enlightened social policies. In short, we're going to be like Sweden, but with less herring and better jokes."

— Bill Bryson, The Road to Little Dribbling:

More Notes from a Small Island



Dad's cars... (with the pics this time! Editor)

Inspired by past writings in *Restored Cars* about cars we remember, I got thinking about my Dad's cars which started with a Renault 750 in the late 50s. Dad clocked up about 10,000 miles in the Regie but Uncle Kev reckoned it was only 5000 because he pushed it half the time!

The entertaining rear-engined frog gave way to an Austin A90 Westminster, apparently a lovely old jigger with a charming interior. But what he really longed for was a V8 Ford of some sort, which he achieved in the early 60s in the form of a '53 anniversary Customline and later a '58 'star' model Customline. These were great reliable cars, except for a persistent rear main seal leak in the Y block. When he found Mum about the same time, (complete with '53 Prefect!), the Forestry Tasmania wage struggled to run two cars so the Cusso and "Perfect" were traded on an XM Falcon, their first and only new car! This was the first car in my memory and a handsome bugger she was, with white over aqua paint, matching cloth interior and whitewalls of course! This car was actually delivered to our small country town twice by the Launceston Ford dealer as it arrived the first time with the wrong options and upholstery, so Dad told 'em to shove it and bring it back when it was right!

But the lure of a V8 was again much too strong, so the XM was traded on a near new XR Falcon 500 V8 sedan in '68. This car had a big influence on me and fostered my love of V8s to this day! (I have 5 now!). Even though most of my friends' parents had later model cars, our falcon with that sweet 289 always felt a class above. Even as a pre-teen in the late 60s I observed how woefully inadequate anything with a 'grey' motor was. Put 'em in the same box as Landrovers and Volkswagens. Thankfully these three marques have all improved!

However, back to the XR, which was traded on a fully optioned mulberry XB GT sedan in 1975 after Dad turned down a wild plum XY GT for \$5000 a year earlier! Too hard for Mum to drive you see, what with manual steering and gearbox. Dad learned all about slippery diffs in the XB one night on a gravel road, when a jab on the tucker pedal sent the big bird into a 360, missing two guide posts and two wire fences! Us kids thought it a real hoot and wanted Dad to give it another try!

With fuel prices blasting off in the early 80s Dad bought Mum a 6 cylinder XE Fairmont Ghia ESP, which was a fantastic point to point car with the well sorted dynamics making up for the lack of a V8. After a couple of years with a Honda Prelude, a '91 Honda Legend arrived which they still have, a great car with all the fruit and cast iron reliable for 20 years. Of course there were also work cars, starting with Falcon utes of XL, XR and a rare factory V8 XC followed by a succession of 4WD 'F' series, Bronco and a trifecta of Nissan Patrols. But it was the '81 Aussie assembled Jeep Cherokee that really stood out, born to tow, comfy, smooth Rambler 360 motor and Torqueflite tranny. Great in the bush too, Dad reckoned it would climb anything but a tree leaning this way! Dad scared the crap out of Mum once when he had AMCs finest 4X4 heading up a track so steep that the screen washer fluid was siphoning out the nozzles without being switched on!

There were the trucks and spare work cars too, but that's a story for another day.

Cheers, Grant



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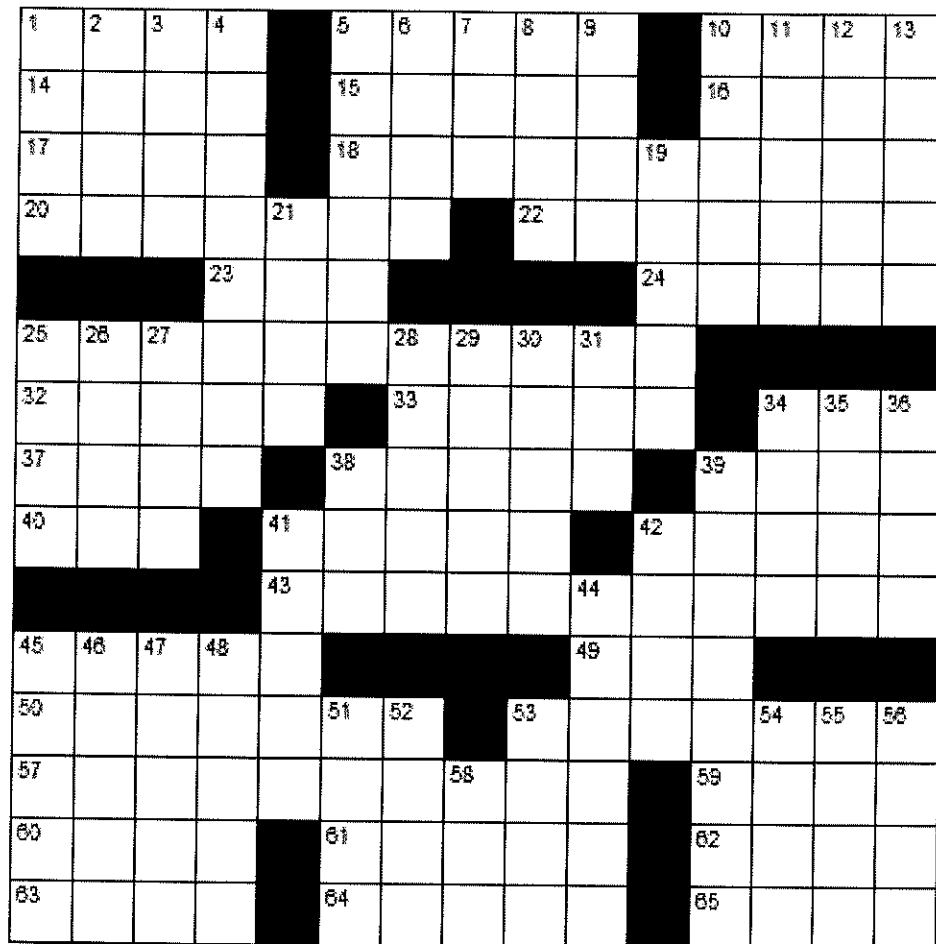
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ACROSS

1. At one time (archaic)
5. Twosomes
10. Kill
14. Strip of wood
15. Fable writer
16. Connecting point
17. 53 in Roman numerals
18. Driven by lust
20. Lithesome
22. Speckle
23. Paraphernalia
24. Homes for birds
25. In an unenlightened manner
32. Graphic symbols
33. Not urban
34. Faster than light
37. Goon
38. Type of wheat
39. Ancient marketplaces
40. Many millennia
41. Sysadmin
42. Ground grain
43. Having a mottled appearance
45. Two-door car
49. Charged particle
50. Crush
53. Retaliator
57. Enfeeble
59. If not
60. God of love
61. House style
62. Roman moon goddess
63. Wood-cutting tools
64. Foe
65. Appear

Solution on p17



DOWN

1. L L L L
2. Train track
3. Anagram of "Ties"
4. Considering
5. 4th Hebrew letter
6. 365 days
7. Donkey

8. Physicians
9. Expectoration
10. Sharpshoot
11. Eyelets
12. Mature
13. Affirmatives
19. A type of plastic
21. Excavates
25. Chomp
26. Reflected sound
27. Person, place or thing
28. A framework of beams
29. European currency (plural)
30. Stone fruit
31. Flee
34. 12 inches
35. Not false
36. Piecrust ingredient
38. Coloring agent
39. Trousers
41. Metal
42. A flat mass of ice
44. Servant's uniform
45. Cyphers
46. A drama set to music
47. A directional stroke on a violin
48. One who is excessively proper
51. Location
52. Render unconscious
53. "Smallest" particle
54. Adhesive
55. Feudal worker
56. 500 sheets
58. Citrus drink

Ana's Hairdressing Salon



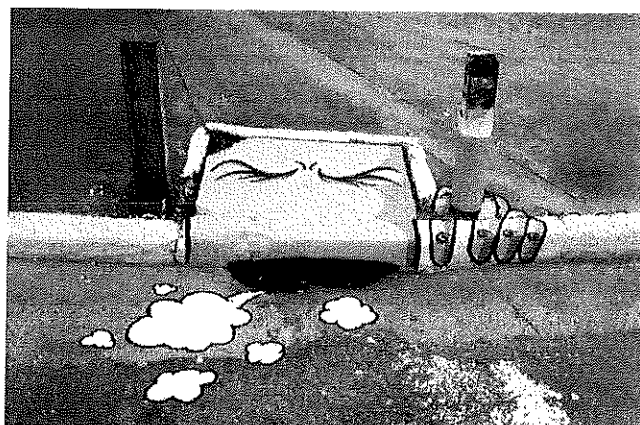
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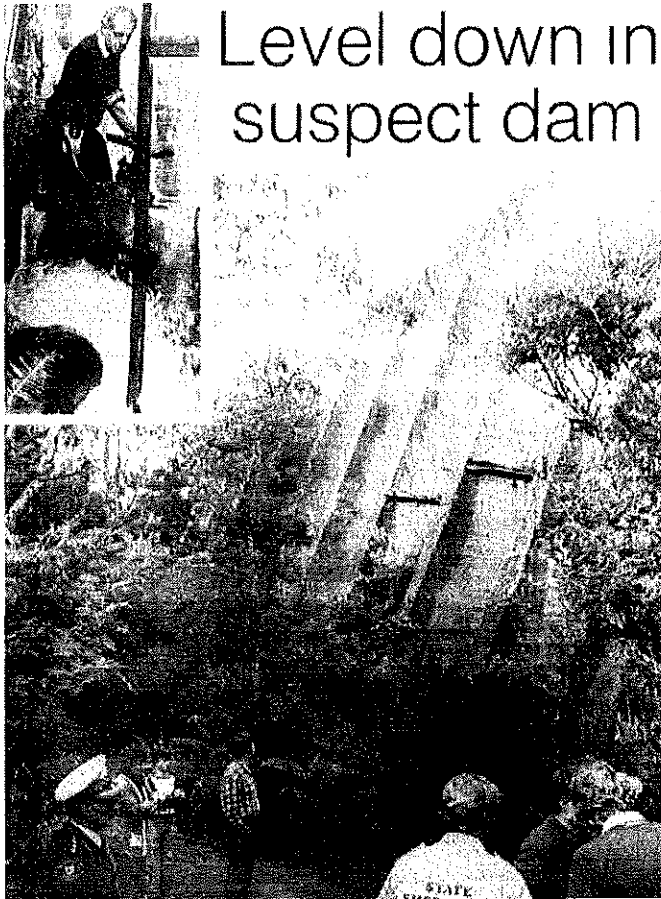
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46 Main St, St Marys - 0448 532 531
(under 'St Marys Ana's Hairdressing Salon' in the white pages)

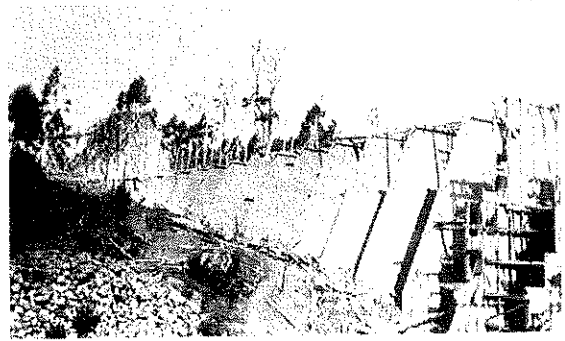


The Examiner Saturday June 4, 1983

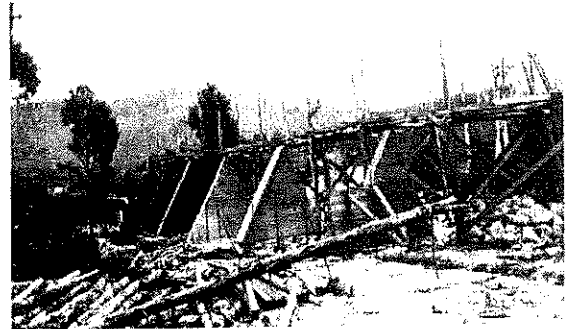


Level down in suspect dam

Police and Mines Department workers study the base of the Mt. Paris dam wall, after fears that the dam might burst. Mr Terry Green opens a valve at the base of the dam to reduce the water level.



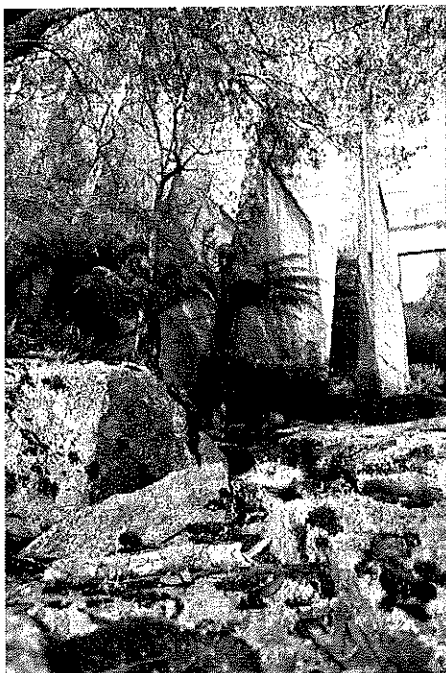
Dam 1 - Buttresses



Dam 4 - Framework

The buttresses were to be 450mm in thickness in the deeper sections and 350mm in the shallower sections. These buttresses were to be founded onto solid rock where possible and this meant that some of them went down to a depth of three metres or more below ground level. Most were founded on solid granite. They were spaced at 1.8 metres in the highest part of the wall and in the lower parts were spaced at 3.8 metres. The tallest ones measure 14 metres along the base and the shortest ones 2.5 metres. They all slope from both ends

Mt Paris Dam, on the Mt Paris Road, is the only surviving pillar and slab dam in Tasmania. Originally named the Morning Star Dam, it was built across the Cascade River using only shovels and wheelbarrows in 1937, and was connected by an 11km water race with the Mt Paris Mine. The mine closed in 1970 and the dam fell into disuse. In 1985, a hole was blasted into the 16 metre high wall to release the water. In the middle of the dam, most of the vegetation has now grown back, the only indication it was ever any different is the dam wall which still rises starkly before you in the middle of the bush.



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Collectors offering large sums of money for Disney VHS tapes

Unless you were born after the days of VHS tapes, you probably have fond memories of them.

Sure, you had to rewind them back to the beginning and they came in chunky packaging, but they're a sweet reminder of the good old days.

You probably still have lots of these tapes lying around, and believe it or not, that's a good thing!

There are rare editions of Disney movies that sell for unbelievable amounts of money. Some of these VHS movies go for anything from \$1,000 all the way up to \$10,000! Beauty and the Beast is one of the most valuable of these VHS tapes - these have sold for prices as high as \$9,000 on eBay!

The reason these tapes go for so much is that there are collectors out there who consider certain editions to be highly valuable, especially those with unusual artwork, rare defects, and those VHS tapes that are limited-edition.

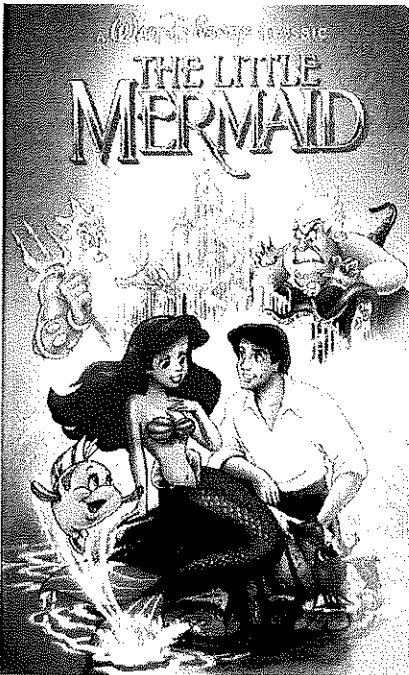
One feature that is considered valuable is the black diamond that says "The Classics," that can bring its value up to \$250. If you see this diamond with Disney's signature next to it, the VHS could even be worth thousands!

One older edition of The Little Mermaid sold for \$6,000 because it featured artwork that was later banned; ne of the palace turrets on the VHS cover was considered inappropriate-

looking, so the artwork was later redone.

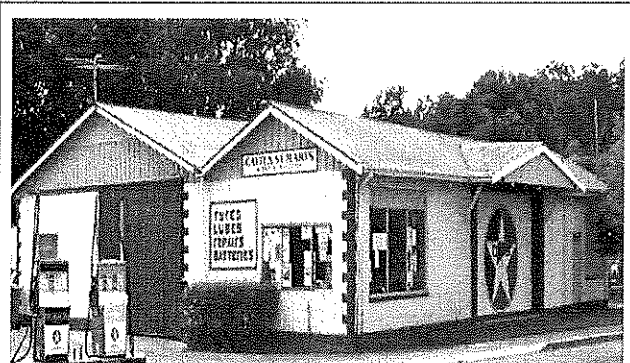
If you have a Beauty and the Beast VHS that includes the song "Human Again," you could get some high bids, too. The song was cut from later editions of the VHS.

<http://www.jumblejoy.com/disney-vhs-worth-money?>



How many words of three letters or more (including an eight letter word) can you make from POLICITICAN?

act	coil	nil	pit
actin	coin	nip	pita
action	cola	nit	piton
ail	colt	not	plain
alto	con	oat	plait
ant	cop	octal	plan
antic	cot	oil	plant
aplitic	icon	oilcan	platonic
apt	iliac	ontic	pliant
atonic	initial	opal	plot
atop	into	opt	point
atopic	ion	optic	politic
can	ionic	optical	politician
cant	iota	optician	pot
canto	italic	pact	taco
cap	lain	pail	tail
capitol	lap	pain	talc
caption	latino	paint	talon
cat	licit	pal	tan
cation	lint	pan	tap
catnip	lion	panic	tic
cilia	lip	pant	tin
clan	lit	pat	tip
clap	loan	patio	toil
clip	loci	piano	ton
clop	loin	pili	tonal
clot	lop	pilot	tonic
coal	lot	pin	top
coalpit	loti	pint	topic
coat	nail	pintail	topical
coati	nap	pinto	



CALTEX ST MARYS

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5	Lundy Vosper
6	Karl Balzer
7	Sonya Allison
8	Drew Adam
11	Pam Bretz
12	Louise Keady
13	Valmai Spencer



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Please call to make
an appointment **6337 5555**

Tip locations and opening hours

Ansons Bay

Long w/end Mon 12-4

Wed/Sun 12 - 4

Fingal, Mathinna Road

Tues/Thurs 10 - 4

Sun 2 - 5

Pyengana, Tasman Hwy

No builders' waste please

Wed 9 - 1, Sun 2 - 5

Scamander, Coach Street

Tues/Thurs 10 - 4

Sun 2 - 5

St Helens, Eagle Street.

Open 7 days 10 - 4

St Marys, Gray Road

Tues/Thurs 10 - 4

Sun 2 - 5

Emergency services

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Omg opened my Nan's laptop and when
she's googled something she's put 'please'
and 'thank you'. I can't 🙄🙄🙄

<https://www.google.co.uk/webhp?sourceid=chrome-instant&ion=1&espy=2&ie=UTF-8>

please translate these roman numerals mcmxcviii thank you

All Images News Shopping

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Tas 7216 6387 5530

Mon 10am - 1pm, 2 - 5pm

Tue 10am - 1pm, 2 - 5pm

Wed 10am - 1pm, 2 - 5pm

Thu 10am - 1pm, 2 - 5pm

Fri 10am - 1pm, 2 - 6pm

Sat 10am - 12pm

Sun Closed

Closed public holidays



St Marys

31 Main Street St Marys

Tas 7215 6372 2114

Mon 12.15am - 5pm

Tue Closed

Wed 10.15am - 1pm, 2 - 5pm

Thu Closed

Fri 10.30am - 11.30am, 12 - 5pm

Sat Closed

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Fingal Online Access Centre

29 Talbot Street Fingal

Tas 7214 6374 2222

Mon 9am - 4pm

Tue 9am - 12pm

Wed 9am - 4pm

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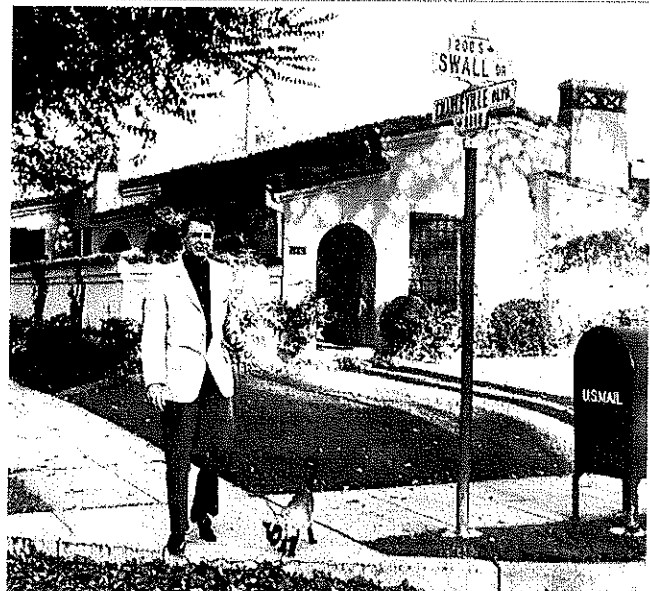
St Helens 6376 1143

Fax 6339 2900

suncoastexp@netspace.net.au

John Campbell
0438 392 621

Jamie Harper
0408 012 145



Cary Grant walking his Siamese cat in Beverly Hills 1955

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