



THE VALLEY AND EAST COAST VOICE INC.

Established 1968

49.01 May 5, 2016

Deadline for 49.02 is 5pm May 16, 2016

Stronger Communities Brightens Hub4Health St Marys April 29, 2016

Hub4Health received \$5000 from the Federal Government's Stronger Communities Fun for new lights, carpet and a large wall mirror.

Eric Hutchinson, Federal Member for Lyons, says the Hub4Health centre offers a really great service to the community.

"Hub4Health offers yoga and gym facilities to the community, as well as personal training and physio sessions, and some early learning activities.

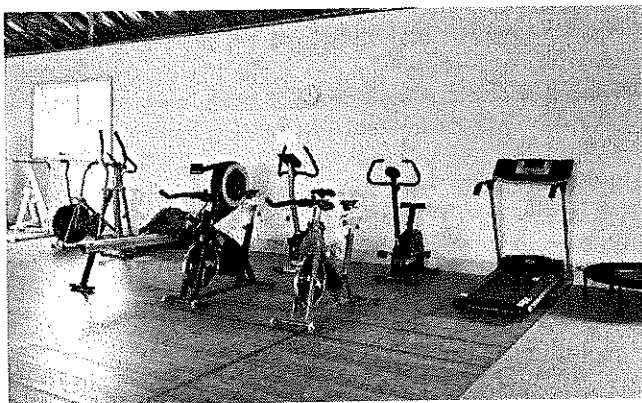
"Rachel and Rick are really enthusiastic about the centre and are planning more activities to engage the community and keep St Marys happy and healthy."

Rachel Hodge was delighted to receive the funding.

"The improved lighting and carpeting really make a difference, and the mirror is extremely useful for weight and exercise classes. It will make the building more comfortable in winter, when outdoor exercise is not as much fun.

The Hub4Health also offers a child friendly space while parents use the gym for exercise and socialising.

Below is some of the gym equipment available for use



The Hub4Health activities timetable is on p17



ANZAC in St Marys, p6 and 7



Fingal Valley
Neighbourhood House Inc

Bus trip to

AGFEST

Saturday May 7, 2016

Leaving FVNH 8am

COST: 6 people - \$15 each

8+ people - \$12 each

BYO Lunch or buy at AGFEST

\$15 tickets can be purchased

at the gate on the day

A prior deposit of \$5 would be appreciated

Ph 6374 2344

or call into the Office

Expressions of interest for the volunteer position of
editor of the Valley and East Coast Voice Inc. are called for.

Full details provided in response to genuine enquiries.

Contact W Dawson on 0403 430 452 / wdawson@valleyvoice.com.au

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[facebook.com/ValleyEastCoastVoice](https://www.facebook.com/ValleyEastCoastVoice)
POB 230 St Marys 7215

Advertising rates

- ♦ Business card ads \$15
- ♦ Intermediate ads \$18
- ♦ 1/4 page ads \$25
- ♦ 1/2 page ads \$40
- ♦ Full page ads \$65
- ♦ Permanent classified ads \$20 p.a.

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$69 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

MANY THANKS to everyone who has contributed to this edition of the Valley and East Coast Voice Inc. Articles are always welcome, but we do not accept responsibility for the accuracy of information provided by contributors! Opinions expressed are not necessarily those of the editor or volunteer staff.

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Kindly do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point.

Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Community Notices

Community notices must include the name, position, town of residence and contact number of the authorised representative.

Notice to non-profit groups re changes to advertising rates: Half a page or more will cost 50% of the regular advertising charge. To establish eligibility, ABN / IA details need to be produced.



CERTIFICATE OF *Appreciation*

PROUDLY AWARDED TO

St Marys School Association Op Shop

FOR YOUR GENEROUS CONTRIBUTION TO
THE APRIL 2016
SHARE THE Dignity COLLECTION

Your donations have made a real impact on the lives of women & girls escaping domestic violence, facing homelessness and enduring poverty.

Thank you for supporting Share the Dignity

1st May 2016

Rockelle Courtney
Rock'n'n' Concreary
Brisbane Shire Council



Share the Dignity Campaign

Whilst this poster says thank you to the St Marys School Association Op Shop, the thanks really go to the community who supported this campaign so generously.

Also, thanks to Andrew our local pharmacist, who gave a reduced price on sanitary products being donated to the campaign. We have three very large striped bags full of products that will soon be delivered to Launceston to be distributed to homeless and at risk women and girls.

Thank you to the communities of St Marys and beyond.

Janet Drummond Coordinator of the St Marys Op Shop

Meals on Wheels meeting dates for 2016

May 19, August 18, and AGM

November 17

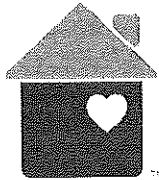
Lundy Vosper, St Marys

Bridge lessons are starting soon in St Marys. **Please contact Jack Foreman 6372 2034**



Community Notices

Fingal Valley Neighbourhood House Inc



COMMITTEE MEETING

will be held on
Wednesday 25th May
at the **St Marys Hotel**
at **6.30pm**

COUNTER MEALS AVAILABLE

BUS AVAILABLE FROM FINGAL
for the first 11 booked
Leaving Fingal – 6pm

ALL WELCOME

*The Fingal Valley Neighbourhood House Inc.
is funded by the Crown through the
Department of Health and Human Services*



**FACULTY OF SCIENCE,
ENGINEERING AND
TECHNOLOGY**
School of Land & Food

School of Land and Food, Private Bag 78, HOBART,
TAS., 7001 AUSTRALIA May 2, 2016

Have you had livestock attacked by dogs in the past ten years?

A University of Tasmania researcher is seeking information regarding dog attacks upon farm livestock. Mr Bob Holderness-Roddam, a University Associate with the School of Land and Food, says that whilst there is anecdotal evidence of dogs attacking livestock in Tasmania, there appears to be little research into such attacks. "We really need to obtain some firm information about dog attacks on livestock, in order to guide policy development and procedures by state and local government", Mr Holderness-Roddam says. "I'd like to hear from any farmer or grazier who has suffered attacks upon their livestock by dogs in the last ten years, even if it was just a couple of chooks ten years ago. I can be contacted by email at rholdern@utas.edu.au"

Mr Holderness-Roddam says that anyone contacting him will be sent further information and a short survey form to record dog attacks upon their livestock between 2006 and 2015. "These forms may be sent and completed either by email or hard copy. We will not seek the respondent's name, but would like to know their postcode and council area", he said.

He may be contacted by email at rholdern@utas.edu.au, or per mail at the School of Land and Food, University of Tasmania, Private Bag 78, HOBART, TAS., 7001. He may also be contacted on his private home no. 6249 1579.

Wanted

Tractor / slashing available, fully insured, competitive rates, from Chain of Lagoons to St Helens, Fingal to St Marys. *Alan, 0407 944 158*

2nd hand free standing **woodheater** in good condition
6372 2388

ANZ Disappoints Customers April 27, 2016

ANZ has shown to the people of Bicheno, Bridport and Cygnet that they don't put their customers first.

Eric Hutchinson, Federal Member for Lyons, has been calling for ANZ to keep Local Link banking services open. "These are growing communities, with new businesses opening and more visitors in the area, but ANZ has decided to close their services. While my colleague Guy Barnett and I listened to concerns and questions, it seems they went in one ear and out the other at ANZ."

"The actions of ANZ leads to serious questions about their integrity when it comes to customer service and plays into the national discussion about community expectations of banks. Now we can only hope they don't close any other services, and we will continue to fight to make sure the community is heard," he said.

"Ideally, ANZ would commit to keeping services at St Helens open. If these closures have affected you, this might be the time to consider other banking options - work with those who work in your community."



Australia's Biggest Morning Tea held at Scamander Sports Complex raised a wonderful \$3,285 - a record!

Thank you to all the businesses St Helens, Scamander and St Marys, and the general community who donated to the trade table, chocolate wheel, raffle and in any other way.

To all the volunteers who worked so tirelessly to make this event such a huge success, a massive

THANK YOU.

What a wonderful effort!

Dot Hardcastle, Scamander

For Sale

I may be old and feeble, but I'm still selling moo poo.
Call Norm on **6372 2380**

Ford falcon BA 03. 4 doors, boot, 2 taillights & left guard \$80. **0437 873 154**

Frozen **raspberry seconds** \$15 kg, *ph* **6372 2034**



On this day in 1894

The Australian slang term 'fair dinkum' appears in print for the first time.
Fair dinkum!

Letters to the Editor

Dear Editor

The debate around medicinal cannabis includes the huge economic benefits that can arise from cannabis growing and processing in Tasmania, as well as discussions on the State Government's announcement of the proposed Controlled Access Scheme.

With around 91% of Australians stating support for medicinal cannabis (Roy Morgan survey Oct 2015) and businesses itching to get started, our government should immediately pave the way to allow this industry to emerge and patients to access medicinal cannabis.

The proposed Controlled Access Scheme is only a token gesture of support from the Tasmanian Government.

I have many concerns, including: the restrictions on the prescription process; the costs to consumers (no offer to subsidise); the exclusion of the right to home grow and the requirement for people to wait until they have tried other conventional forms of treatment before they will be eligible to try cannabis.

These restrictions will severely impact the number of people eligible for this scheme and will also seriously impact any data gathering of its efficacy.

So as to ensure community confidence in the process and to guarantee a system will be established that will suit Tasmania's needs (both industry and consumers), I have asked the Premier and the Minister for Health to conduct community consultations on the proposals.

Tasmanian farmers and processors (particularly those with experience in the poppy industry) have a lot of knowledge to offer; businesses proposing to establish a medicinal cannabis industry need to have confidence in the viability of growing and producing in Tasmania (potentially for a worldwide market); and data needs to be gathered on numbers of potential consumers and the reasons they wish to use medicinal cannabis.

Community consultation on such an important health and economic matter is vital for it to be successful.

Hannah Rubenach-Quinn, St Marys

Monster Garage Sale

**2 Grant Street St Marys
Saturday May 21st 2016**

9am onwards

**Furniture, whitegoods,
tools, gas Webber, fishing
rods, exercise bike
and much more.**

Something for everyone!

Greens help Tasmanians conserve energy

April 23, 2016

The Greens will hit the streets in coming weeks to help Tasmanians conserve electricity and save money during the energy crisis, showing the leadership the state government has lacked.

Australian Greens Senator for Tasmania Nick McKim, Tasmanian Greens energy spokesperson Rosalie Woodruff and a team of volunteers will visit thousands of homes in coming weeks with a list of tips to save energy.

"Every watt we can save will reduce the environmental harm and economic cost to the taxpayer of burning diesel," Senator McKim said. "The government's only response to the power crisis has been to ration energy for major industrials and to burn millions of litres of diesel, doing damage to the state's economy, environment and reputation."

"They have not taken any real steps to help households and small businesses to save power."

"The Tasmanian public did not create the energy crisis, but we can all do our part in helping the state get through it. Simple things like washing clothes in cold water, draught proofing windows and doors and reducing shower time can make a big difference to power consumption."

"As this summer of drought, bushfires and unprecedented water temperatures has shown, global warming is affecting Tasmania right now and we need to act accordingly."

The Turnbull Government has signed the contract for Australia's new icebreaker, a total \$1.912b investment, with the custom built ship due to arrive in Australia in mid 2020. Eric Hutchinson, Federal Member for Lyons, welcomes the announcement following yesterday's release of the Australian Antarctic Strategy and 20 Year Action Plan by the Minister for the Environment, Greg Hunt MP.

"This investment is key to maintaining our role in Antarctica, providing safer and more reliable access and supply to and from Antarctica, rescue of other vessels and research station.

"The total investment is over \$1.912b, with \$529m being invested in the capital cost of the icebreaker, and \$1.38b to be spent on operations and maintenance over its 30 year lifespan.

"More than \$1.1b (around 80%) of the operations and maintenance spend will be in Australia, mostly in Tasmania, which will provide exciting new jobs, and growth in a number of sectors.

"Damen Schelde, part of the Damen Shipyards Group, will be responsible for the design and build of the Icebreaker and Australian company DMS Maritime Pty Ltd will project manage the overall ship design and building process, and will then operate and maintain the icebreaker from its home port of Hobart. The new icebreaker will help to further expand Tasmania's role as the gateway to Antarctica, and is great news for jobs and growth in the state."

The state-of-the-art icebreaker will be uniquely tailored to meet Australia's needs, and will be faster, larger, stronger than the Australian Antarctic programme's current icebreaker, Aurora Australis and also offers increased endurance and icebreaking capability.

New campaign to fight violence against women April 20, 2016

Eric Hutchinson, Federal Member for Lyons urges Tasmanians to get involved in a national campaign on how disrespect towards girls can grow into something more serious.

Stop it at the start aims to help families, teachers, sports coaches and others challenge their own views about respectful relationships and gender equality, and start a conversation with young people.

Launched in Canberra today by the Minister for Social Services, Christian Porter, and Minister for Women, Senator Michaelia Cash, the campaign is jointly funded by State and Commonwealth governments. Mr Hutchinson said violence against women was a widespread issue affecting too many Australians.

"The statistics we read are terrifying, but for some they aren't just statistics. Every week a woman is murdered by her current or former partner, and one in three women has been a victim of physical or sexual violence, since the age of 15, from someone she knows. Too often we don't think where it begins – with the attitudes and behaviours we develop as we grow up. As adults, the things we say and do when we see disrespect towards girls have a real impact. Casual comments like 'boys will be boys' teach boys that it's okay to act that way. Telling girls 'he does it because he likes you' teaches them to accept disrespectful behaviour.

"This escalates and compounds over the years, especially when they hear it from different adults they know. Our words are powerful, and our influence is strong. We need to be more aware that the excuses we make have a lasting impact, we need to have conversations about respect, we need to intervene and correct this behaviour in young people when we see it," Mr Hutchinson said.

Stop it at the start is one element of a national, long-term strategy to reduce violence against women and their children. It is underpinned by the National Plan to Reduce Violence against Women and their Children 2010-2022.

This campaign is in addition to the Coalition Government's \$100m Women's Safety Package announced in September last year, which includes funding for developing innovative ways of using technology to keep women safe for example, GPS trackers for perpetrators, safe mobile phones and safety devices for homes.

This package also enhanced and extended support services, including 1800RESPECT, Mensline and DV-Alert, as well as supported local caseworkers in domestic violence hotspots to better co-ordinate community services.

Visit www.respect.gov.au for more information on the campaign. If you or someone you know is impacted by sexual assault, domestic or family violence, call 1800RESPECT on 1800 737 732 or visit www.1800RESPECT.org.au.

ADVERTISEMENT

The Turnbull Liberal Team

Eric HUTCHINSON MP
Federal Liberal Member for Lyons

Delivering for Lyons.

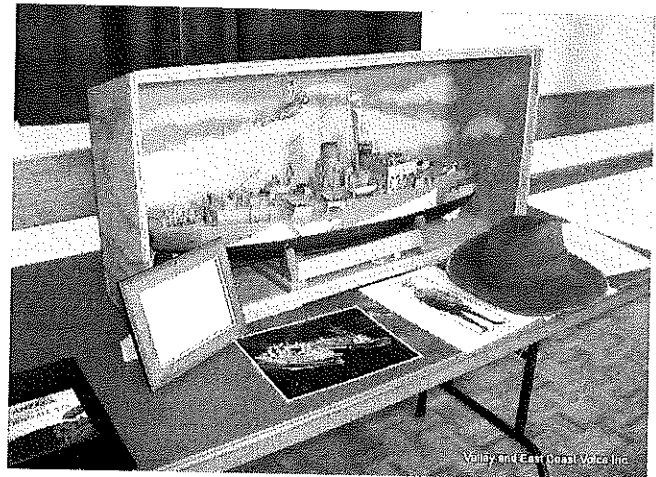
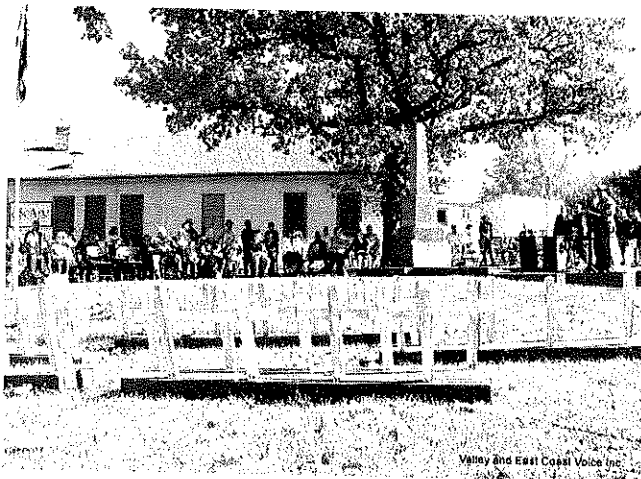
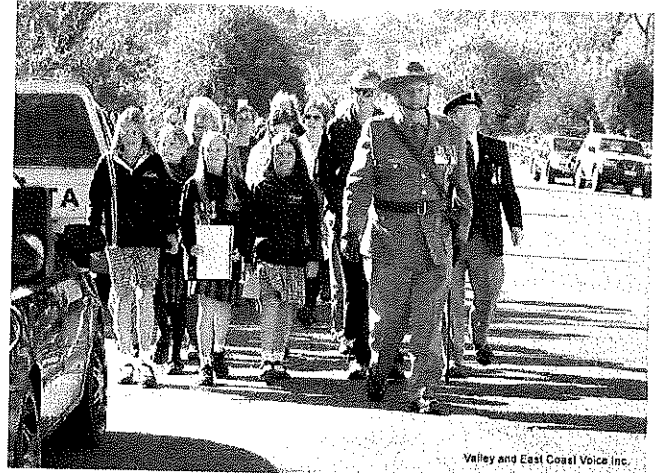
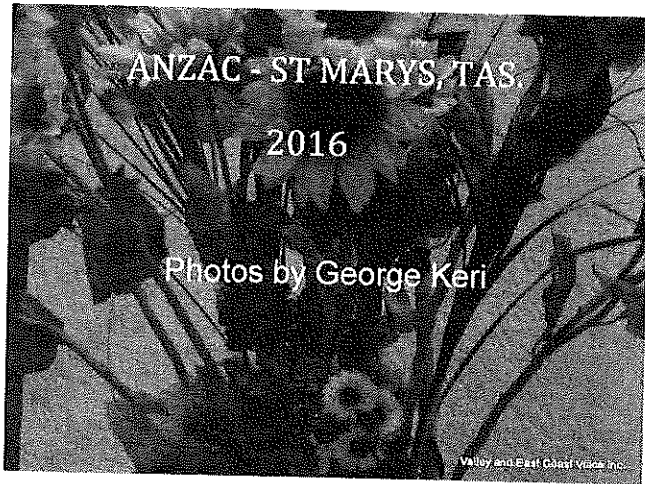


Here's how you can contact me:

- 53B Main Road, Perth TAS 7300
- 03 6398 1115
- erichutchinson.com.au
- eric.hutchinson.mp@aph.gov.au
- [erichutchinsonmp](https://www.facebook.com/erichutchinsonmp)



Authorised by Eric Hutchinson MP, 53B Main Road, Perth TAS 7300





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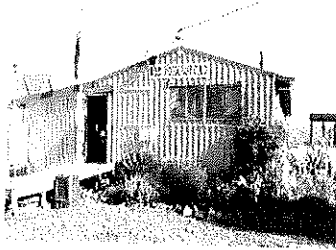
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Out of the Woodwork



The Guild is open every day except Friday and Sunday (depending on volunteers) and other times by appointment.

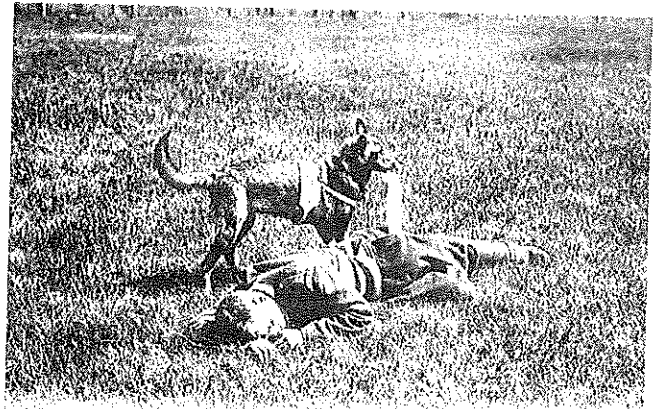
Wendy Brennan, Secretary 6372 2094

breakodaywoodcraftguild.weebly.co

facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/

The Woodcraft Guild pays homage on ANZAC day. We pay respect to all our active service personnel, and hope that soon they will be all home well and safe.

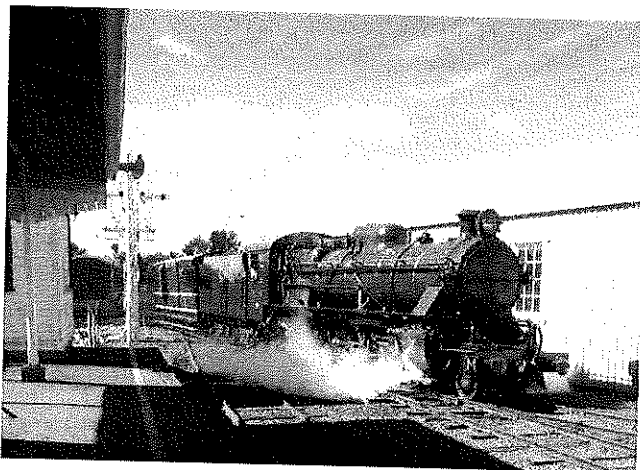
During the First World War, dogs were even taught to be ambulance assistants, carrying medical supplies and bandages to the wounded.



98. La Grande Guerre 1914 - Chen Ambulance assistant in dress - Ambulance dog in dress - Phil Day

Fingal train run gathers steam by Hamish Geale

The Fingal Valley could welcome its first steam train for more than 20 years if plans to run a yearly passenger train from Hobart come to fruition. The proposed move would see restored a Tasmanian Transport Museum locomotive take passengers from the state's south to the Fingal Valley Festival, held annually on a weekend in March. The Northern Midlands and Break O'Day councils have teamed up to submit a motion at the upcoming LGA of Tasmania meeting in July, where the pair hope to garner statewide support for the move.



Northern Midlands councillor and Greater Esk Tourism founding member Mary Knowles, a driving force in the restoration of Fingal Railway Station, said she was unsure whether the train could be up and running for next year's festival but was heartened by how far the proposal had come already.

"Just having the train on the line would just be such a huge thing, it'd be great for Tassie," Cr Knowles said. "I would love to think it could be at the Fingal festival next year but that would maybe be wishful thinking, we might have to give it a bit more of a push than that."

Cr Knowles said she suspected the plan would hinge on the support of Tasrail, which is currently only certified to run freight on its lines.

Several sections of track between Hobart and Fingal have been upgraded in recent years however getting a passenger

train on the line will undoubtedly take some heavy lifting.

"It'll maybe be a bit of an effort to get a steam train on their rails but never say never," Cr Knowles said. "The Tasmanian Transport Museum ... have got all their licences and insurances and everything is in place except permission to go on Tasrail line."

Break O'Day mayor Mick Tucker said the council was very supportive of the concept and would continue to work with the Northern Midlands Council to get it up and running.

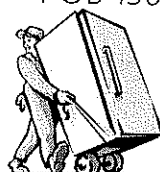
"We will try to work with the state government to do whatever we can to try to make this one a reality because it would be very good for the community," Cr Tucker said.

<http://www.examiner.com.au/story/3863789/fingal-train-run-gathers-steam/>

The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included.

Ransley's Appliance Service

POB 136 Scamander Tasmania 7215



Washing machine noisy?

Refrigerator runs too long?

Clothes dryer blows cold air?

...then you need the services of our technicians

6372 5307 / 0428 761 811

Brett Hall Candidate for Apsley Monday, May 2, 2016

Urgent Housing Reform Required

Tasmania Party candidate for Apsley, Brett Hall is calling for an urgent overhaul of the rebates paid to Housing Tasmania eligible clients that have been forced to secure accommodation in the private rental market.

"People who are eligible for Housing Tasmania properties but have not been housed by Housing Tasmania are amongst the most disadvantaged in our community and have been forced to live in poverty." Said Mr Hall. "Many people that should have been provided accommodation by Housing Tasmania, and therefore paying more affordable rents, have been forced into the private rental market and only receive a small amount of rent assistance from Centrelink. I am aware of examples where housing eligible clients are forced into the private housing market and may pay a rental of \$250 per week and receive \$60 - \$80 per week in rent assistance from Centrelink. This compares to some clients housed in Housing Tasmania properties that are paying rentals rates of between \$40 - \$90 per week." Said Mr Hall.

"There is a significant financial disadvantage and extreme hardship being experienced by those people that have been required to seek private rental accommodation and there must be an urgent review of the assistance provided to those in this situation. Very clearly there needs to be an increase in the amount of rebate provided to those housing eligible people forced to enter private rental market to ensure they are paying rents that are comparative to those people housed by Housing Tasmania.

I call on the Housing Minister and the State Government to work with the Commonwealth Government to review this issue as a matter of urgency and if elected to the Legislative Council, I will continue to fight for those people that have been so badly disadvantaged by the housing system in Tasmania." Mr Hall said.

Ana's Hairdressing Salon



Master Hairdresser

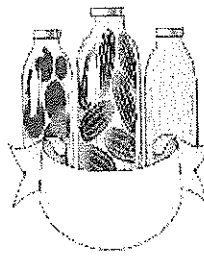
Tuesday - Wednesday - Thursday - Friday

- | | | |
|-------------|---------------------|-----------------|
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Look good - feel good

46 Main St, St Marys - 0448 532 531

(under 'St Marys Ana's Hairdressing Salon' in the phone book)



Transition Break O'Day

Harvest Showcase

Enter your exceptional

Jam, Jelly, Pickle, Chutney, Relish or Sauce

Champion wins a Scampan Jam pan value over \$300 proudly supported by Tasmanian Hotel Catering Supplies. Entries open from Thursday 2nd May 2016. Entries close 5pm Saturday 4th May 2016. Delivery to St Marys - St Marys.

Winner announced at St Mary's BODRA Market at 12 noon Saturday 4th June

No late entries accepted

Entry Fee: \$1

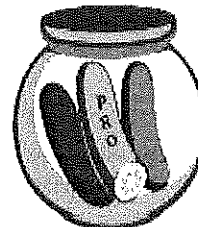
Prizes awarded for:

- Overall Champion
- Best of Show - Sweet
- Best of Show - Savory
- Junior - Sweet
- Junior - Savory
- People's Choice - Sweet
- People's Choice - Savory

People's Choice - Voting for people's choice will be available at St Mary's BODRA Market Saturday 4th June

Need more info? transbod@gmail.com

ph: Bronwyn 63722755 Robina 63722022



PLEASE RE-ELECT

Tania RATTRAY

INDEPENDENT
LEGISLATIVE COUNCIL
APSLEY

VOTE 1

**SATURDAY MAY 7,
2016**



I would appreciate your support to continue in my role as your Independent Member for the Legislative Council in the Tasmanian Parliament.

I commit to continuing as your full-time Independent Member, to be available as a strong voice and advocate to support individuals and organisations throughout the Apsley electorate.

Voting is compulsory, please exercise your vote effectively.

Authorised by Tania Rattray, Scottsdale, Tas 7260

Election Season by Wendy Fowler R.N. B.A.(Hons).

Just in case you missed it elections are upon us, America needs a new President, it looks a lot like a double dissolution here in Australia and at a local level we have a Legislative Council election impacting on us. Tasmania has an extraordinary democratic history. While no chests of tea were thrown into the Derwent in the name of representation to match taxation, the path to the bicameral system currently in place was not without flashes of controversy.

From the 1820s Van Diemen's Land had an appointed Executive Council, the membership being confined to senior military, church and civil officials with a small number of wealthy landowners. Membership appears to have been keenly sought and the limited influence cherished - never more so than in 1845 when "the Patriotic Six" resigned *en masse* over dissatisfaction with the probation system and increasing government expenditure.

At issue was the continuation of transportation; for some it was the moral imperative of "slavery", for others the cost of maintaining convicts from the local public purse as the financial arrangements with Britain altered, and the not insignificant issue of lack of self-determination. A combination of political standoff, public pressure and lobbying to the British Parliament led to a general election in 1851, which saw 16 members elected to the Legislative Council joining the existing 8 nonelected members.

On Tuesday December 2, 1856 (at 12 noon for those who are counting), the first bicameral Parliament of Tasmania was summonsed to attend her Majesty's representative, Henry Edward Fox Young at the Customs House in Hobart Town "for the dispatch of business". Elected representation had come to the colony newly called Tasmania ... or had it?

The rules behind the franchise make it very clear that universal suffrage was far from the minds of those who drafted the Constitution of the newly formed body and those it represented. To vote in the House of Assembly, one had to have freehold assets worth £100, pay annual household rent of over £10, or hold a recognised professional qualification, be over the age of 21 and (did I say?) male. It seems that in 1856 about 42% of the male population qualified. By the time of Federation the asset qualification was removed and all males over 21 could vote, though it took a number of years for women to gain a vote. The House of Assembly elections (despite all seats being declared vacant) could, and

Lt. Governor of VDL (8 Jan 1855-10 Dec 1861) H.E. Fox Young, who oversaw the change of name to Tasmania and the establishment of an elected bicameral parliament. Thus the man who over saw the transition of both the name of the colony and constitutional change to parliament

did, extend over several days, thus making it possible for someone who lost his seat today to stand tomorrow in a different seat and win ... a circumstance which occurred with a degree of regularity.

The Legislative Council is another matter entirely. Post 1856 there has never been a full election, the State Constitution proscribes the rotation of the electoral cycle and two or three seats become vacant each year. Unlike the Prime Minister, the Premier has no threat of a double dissolution he can hold over the head of the Upper House. For many years the electoral roll for the Legislative Council was limited to property owners (AAV £50), graduates of law, medicine or divinity, and current and former military officers - all of whom had to be males over 21 of course.

The time lines for the extension of suffrage make interesting reading. In 1902 all adults could vote in State Lower House elections, the property qualification for the Leg. Co was extended to women over 21, and in 1968 the property bar was removed from the Leg. Co.

The slow pace of reform sits alongside Federal Legislation which gave Indigenous Australians a vote in 1962, and 18 year olds the same right in 1973.

Don't forget to vote next Saturday ... it was a hard won privilege as keenly fought in Tasmania as it was in Boston.

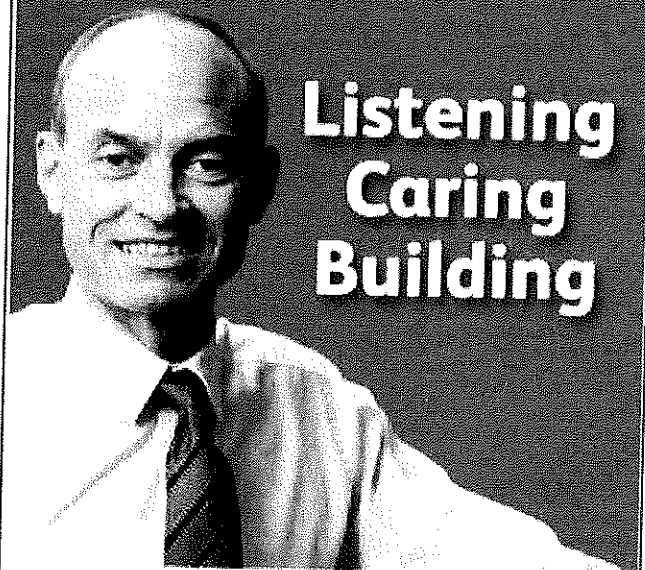
References include [A Century of Responsible Government & The Struggle for Self-Government in Tasmania](#) by W.A Townsley, and [The Companion to Tasmanian History](#) by Alexander.



Guy Barnett MP

State Liberal Member for Lyons

Listening
Caring
Building



Please make contact for assistance

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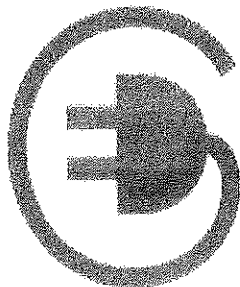
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VALLEY and EAST COAST VOICE Inc. WRITING COMPETITION 2016

Our writing competition for school students will run each school term in two sections, one for primary students and one for secondary students.

We are asking for a short story, maximum 500 words, and entries will be published in the Valley Voice.

You can write about anything you like - if it interests you, tell us about it.

To make things easier for our judges we would like your entry typed please.

(Our judges have no children currently or formerly enrolled in a school within the area, and their decision is final.)

**** 2 prizes will be awarded at the end of each term ****

The Rules ... yes, we have to have them!

- ♦ Your entry must be your own work
- ♦ The Valley Voice has the right to publish your work with your name on it if you are a finalist
- ♦ Entries will be published anonymously throughout each term
- ♦ Entries must be in by the closing date ... no late entries will be accepted

Closing dates

Term 1 April 4

Term 3 September 15

Term 2 July 7

Term 4 December 8

Lodgment can be by:

- ♦ email to wdawson@valleyvoice.com.au OR
- ♦ mail to **POB 230 St Marys Tasmania 7215** OR
- ♦ leave at **St Marys Pharmacy, Main Road St Marys**



Valley and East Coast Voice Inc. Writing Competition

Attach this section to your entry and please make sure all information is provided

Full Name _____

Class/Grade _____

School _____

Title of essay/ written work _____

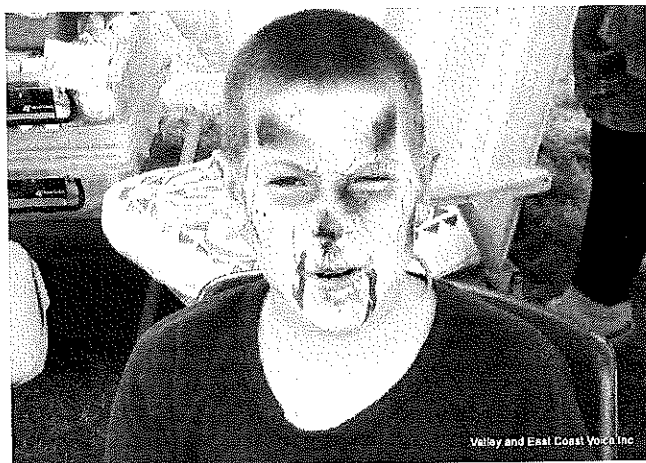
Parent / guardian's signature ... this implies permission to publish your work and your name
(should you win a prize) _____

Parent / guardian's address _____

Parent / guardian's contact phone number _____

Enquiries to W Dawson - 0403 430 452

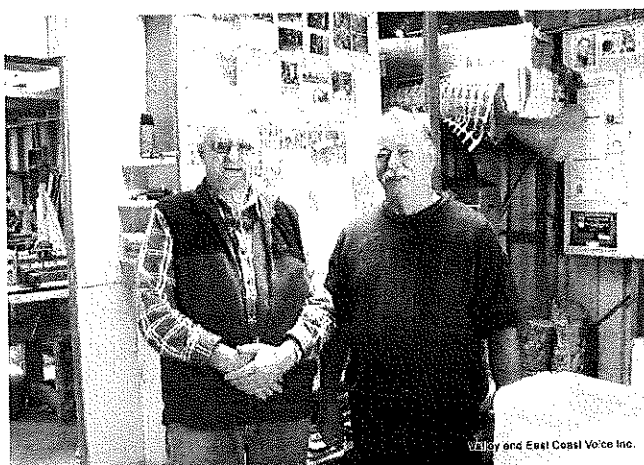
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Photos by Wendy Brennan

Full gallery at <http://valleyvoice.com.au/2016/04/5366/>



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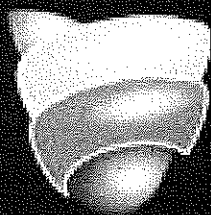
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E: brett.hall@tasmaniaparty.org.au

Authorised by Jane Thompson, 10 Bridge Road, Sillages Farm, Sorell 7172



Tasmania

PARTY



St Marys Sports (and Social) Centre

Gray Road St Marys

Bar open Thursday 6 - 8pm Friday from 6pm
Sunday 1:30 - 4.30pm Friday Happy Hour 6.30 - 7.30 with
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Licensee / treasurer: Jim Turner 6372 2441
President: Jacqui Bianchi 0439 978 156
Vice President Bobby Harwood 6372 2445
e:stmaryssportsctr@internode.on.net
facebook.com/stmarysportsandsocialclub

Bowls news: Work continues on the green with cosmetic treatment to the surrounds. Big thank you to the couple from St Helens.

Golf news: Great to see more people out playing golf - at a glance, I noted visitors and members on the course.



Dining: Return of members catering for meals at the club. There will be a meal on Friday May 20 at 6.30pm. Bookings by Wednesday May 18 essential.

Indoor bowls: Thursday May 12 at 4pm, newcomers welcome!



April rainfall figures
from Reon Johns

13th	2.2
14th	.8
29th	3.0
30th	1.4

Emo Philips...

A computer once beat me at chess,
but it was no match for me at kickboxing.



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Monday - Saturday 7.30am - 6.30pm

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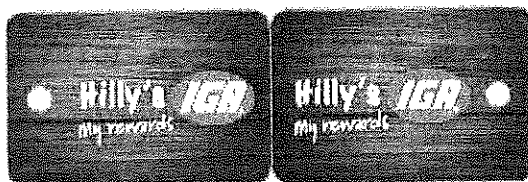


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Come in to Hilly's IGA St Marys and Hilly's IGA St Helens, pick up a rewards card and start saving - earn points every time you shop. Save up your rewards for Xmas, or use as instant cash
You can even donate to a local community group.

We have members' own specials





SAT MAY 7

**THE STABLES
HANDMADE MARKET**

St Marys Sportsground via Harefield Road

OPEN from 10am – 3pm
Come and enjoy the friendly atmosphere!

RUG UP AND REVEL IN AUTUMN!

We have been enjoying beautiful seasonal weather in St Marys, and the autumn colours are a sight to behold. Why not put on your coat, hat and gloves and visit our handmade market?

May featured artist/producer:

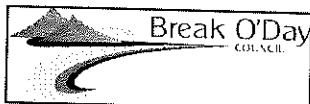
Anne Johnson of Anne's Annex

The Stables Handmade Market POB 14 St Marys 7215
0423 969 943 – thestablesmarkettas@gmail.com
www.facebook.com/thestablesmarkettasmania

Plants, jewellery, art, eco and hand-made fashion, cushions, embroidery, quilts, bags, soaps, candles, pottery, yummy treats, preserves – the list goes on!

Showcasing Tasmanian handmade and homegrown, focusing on the talents of Break O'Day residents and further afield.

RAIN OR SHINE – it's on!

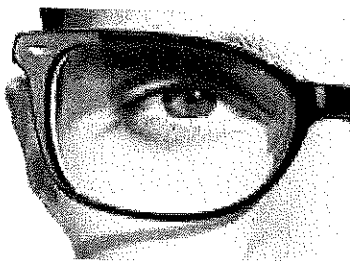


Hotel brochure, Italy: *This hotel is renowned for its peace and solitude. in fact, crowds from all over the world flock here to enjoy its solitude.*

A sign seen on an automatic restroom hand dryer in Germany: *Do not activate with wet hands.*

On the grounds of a private school in Scotland: *No trespassing without permission.*

OPSM



OPSM will be conducting eye examinations at the St Helens General Practice on the:

29th & 30th June

For an appointment please call
OPSM Rosny on: (03) 62446600

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**32 Main Street
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Regional Business / Services Guide

For inclusions / amendments call 63722 766

Accommodation *Addlestone House B&B* St Marys 6372 2783, *Fish-Tales On The Bay* - pet friendly, 0439 265 362 a.h. 6372 2128, *Mariton House B&B*, St Marys 6372 2059, *Queechy Cottages* St Helens 6376 1321, *Seaview Farm & Youth Hostel* St Marys 6372 2341, *St Marys Historic Hotel* 6372 2181, *Tidal Waters Resort* St Helens 6376 1999

Arts & Crafts *A Man's Cave*, St Marys, *Orphic Art2Wear*, St Marys, *Gone Rustic Studio & Gallery* St Marys 6372 2724, *Big Shed Studios* St Helens 0428 725 228, *Madd=Mudd* St Marys 0409 174 287

Australia Post *Fingal* 6374 2195, *Mathinna* 6377 1168, *St Helens* 131318, *St Marys* 6372 2124, *Scamander* 6372 5664

Bakers *St Helens Bakery* 6376 1260, *St Marys Bakery* 6372 2131

Banks *CBA* St Helens (atm) 6376 2295, *CBA* St Marys (atm) 6372 2268, *Westpac* St Helens 6376 2751

Boarding Kennels *The Gums Kennel & Cattery* St Marys 6372 2512, *Upper Scamander Kennels & Cattery* 6372 5157,

Wagabouts 0429 170 077 / 6376 2131

Break O'Day Business Enterprise Centre St Helens 6376 2044

Break O'Day Council St Helens 6376 7900

Bus Services *Calows Bus Service* St Marys 6372 2476, *St Helens* 6376 2161

Butcher *IGA* St Marys 6372 2274

Cable Locations *Michael Smith* 0408 059 521

Carers for Wildlife Tas Inc. St Marys 6372 2973 / 0417 017 105

Cartage Contractors *C & D Excavations* 6372 2033, *Trotter's Contracting* 6372 2107

Child Care *St Marys Child Care Centre* 6372 2187

Chinese Groceries & Medicines *Ping's Place* St Marys 0411 186 573

Churches *Anglican Ch* St Helens 6376 1144, *Catholic Ch* St Marys 6372 2252, *Salvation Army* St Marys 6372 2099, *Uniting Ch* St Helens 6376 2405

Community Car St Marys 6372 4415
Confectionary *Mt Elephant Fudge* St Marys 6472 2787

Dentist St Helens 6376 2359

Designer-Building Building Design Studio St Marys 6372 2000

Doctors St Helens 6376 1777 ah 1300 780 011, St Marys 6387 5555

Electrical Repairs *Ransley's Home Appliances* - 0428 761 811 / 6372 5307, *St Helens Electrical* 0407 615 072, 6372 5522

Funeral Directors *Harris Funerals* St Helens 6376 1153

Gardening Services *Clean Cut Gardening and Arborist*, *Andrew Davenport* St Marys 0419 113 836, *Greg Macpherson* 6372 2221 / 0437 230 637

Glass Replacement *East Coast Glass* 6372 5361

Golf Clubs *St Marys Sports & Social Centre Inc* 6372 2177

Hairdressers *Ana's Salon* St Marys 0448 532 531

Health Foods *Purple Possum Wholefoods* St Marys 6372 2655

Healthy House St Helens 6376 5242

Horticulturist *Peter Dane* 6372 2686

Hospitals *Circassian Street* St Helens 63875570, *St Marys Community Health Centre* 6387 5555

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Justices of the Peace *K Faulkner* 6372 2196

Libraries St Marys 6372 2114, *St Helens* 6376 1389

Lymphoedema *St Marys Lymphoedema Centre* 6272 2900

Marriage Celebrants *Peter Power* 0417 017 105, *Melanie Norton* 0409 838 816

Meals on Wheels St Marys 0488 384 344

Mechanics *Michael Aulich* 0417 507 239 / 6372 2991, *Grant Faulkner* St Marys 6372 2335

Museums *Crank's & Tinkerers* St Marys 0417 648845

NEET Centre St Marys 6372 2175

Newsagencies St Marys 6372 2143, *St Helens* 6376 1182, *Scamander* 6372 5275

Online Access Centres *Fingal* 6374

2222, *St Helens* 6376 1116, *St Marys* 6372 2005

Painters *East Coast Mobile Spray Paint* 6372 5571 / 0457 583 099, *MLN Enterprise Painting* 0439 722 718

Pharmacies St Marys 6372 2844, *St Helens* 6376 1374

Plumbers *P J & H K Child* 6372 5378 *R G & R I Harwood* 6372 2445

Proofreading and transcribing services *Leissa Dane* 6372 2686

Realtors *Surf Coast Realty* 6372 5321, *LJ Hooker* St Helens 6376 2300, *Roberts Real Estate* St Helens 6376 1799, *View* St Helens 6376 1592

Restaurants/Cafes *The Bank Tea House*, *St Marys*, *Coach House Restaurant* St Marys 6372 2529, *Mt Elephant Pancake Barn* 6372 2263, *Purple Possum Wholefoods* 6372 2655, *Mt Elephant Fudge* 6372 2787

Secondhand Dealers and Collectables *Secondhand Rose* St Marys AH 6372 2267

Septic tank cleaner / Water Carriers *Splash Seymour* 0488 777 713

Schools - District High Schools St Helens 6376 7100, *St Marys* 6372 3900

Primary Schools *Avoca* 6384 2117, *Fingal* 6374 2197

Service Stations/Fuel *Avoca* 6384 2157, *Scamander* 6372 5193, *St Marys* 6372 2335

Supermarkets *Avoca R/house* 6384 2157, *Holder Bros* *Fingal* 6374 2171, *St Helens Super IGA* 6376 1177, *St Marys IGA* 6372 2240, *Scamander Supermarket* 6372 5125

Surfing Supplies *Scamander Beach Surf Shop* 6372 5529, *Bay Surf Shop* St Helens 6376 1755

Telephone, Data and TV *East Coast Phone & Communications* *John Heron* 0409 959 121 / 6372 2402 *Delafrontera* *Dave Morris* 0402 969 393

Surveyors *East Coast Surveying*, *St Helens* 6376 1972

Vets *East Coast Vet Clinic* St Helens 6376 1577

North East Vet Clinic St Helens 6321 8999

Woodcraft Guild *Old Railway Goods Shed* St Marys 6372 2094

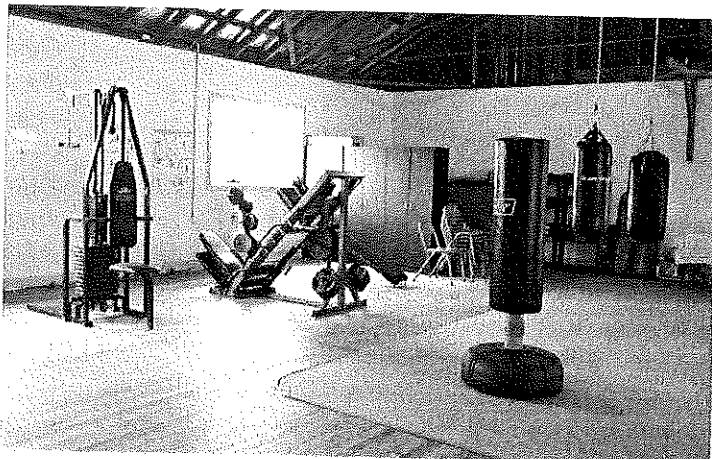
Hub4Health Active4Life Community Gym Timetable (MARCH/APRIL)

Harefield Road. (Recreation Ground) St Marys

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9-10am							
10-11am		Men's Weight Management	Individual Circuit	Individual Circuit			
11am-12pm					<div> <p>Please Note: Yoga will be held in the school hall until the heating is installed in the gym</p> <p>The gym will be open from 10-2pm this Saturday 7 for anybody who wants to use the gym and needs an induction to the facility.</p> </div>		
12-1pm		Senior Get Active	Chronic Health Management	Chronic Health Management			
1-2pm	Parent Fitness Kinder Play		Parent Fitness Kinder play	Strength to Strength program (run by physiotherapist)			
2-3pm							
3-4pm							
4-5pm	Women's Aerobic/Strength	Individual circuit		Women's Aerobic/Strength	<div> <p>1700h Strength/Endurance</p> </div>		
5-6pm		Yoga (4.45-6pm)	Individual circuit				
6-7pm	Women's Weight Management	Adult/Youth Boxercise		Adult/Youth Boxercise			
7-8pm							

Please contact Hub4Health on (03) 6376 2971 if you would like to participate on an individual level (independent exercise) so we can organise for the gym to be open at times that suit the majority of people.

All classes are open to everyone for a gold coin donation. You are able to access the gym equipment at any of the times listed above Independent of classes if you wish. Yoga is user pay for \$10 per session.



Historical insults:
Like a cushion he always bore the impress of the last man who had sat on him. David Lloyd George on Lord Derby (1865-1948) (also attr. to Lord Haig)

The Say, by Cagerattler

It's amazing to think that perhaps Tasmania's most infamous day on April 28, 1996 was 20 years ago.

Many of us remember that horrible Sunday that forever took away our innocence. That day, I'd been playing pennant golf at Freycinet and didn't have the radio on in the car on the way home. I decided to call in at the (then) Takeaway, now another business, and they had a TV behind the counter. No-one seemed to be interested in taking my order initially as they were watching the TV intently. I then asked what was going on and the reply was *Where have you been Rod, don't you know?*

Then I was told of the Port Arthur massacre ... and as they cooked my order I remember vividly talking with a couple of others who'd come in behind me. As the evening unfolded, that's all that was on every channel and as each hour passed the carnage and absolute tragedy consumed us all. No-one could actually believe it to be totally honest - not in little old Tasmania.

Only recently before this horrible, fateful day there had been something similar that had happened in Dunblane, Scotland, but that was on the other side of the planet; equally tragic of course but nowhere near as personal as Port Arthur. I refuse to mention the mass murderer's name but for the first time in my life I wish Australia still had the maximum penalty; this sick, sick man destroyed the lives of so many, and left the Tasman Peninsula in the doldrums emotionally and economically for years. I still have that feeling and unashamedly say so.

Last Saturday night Louis (my friend in Baltimore, Maryland) told me that CBS News had featured a story about the event, when 35 died and nearly as many suffered terrible wounds. It also mentioned that this massacre was the catalyst for fairly major reforms in Australia. Louis also mentioned his immense frustration that the USA will not follow suit and enact nationwide gun legislation, particularly with the rate of multiple shootings there. As much as some don't like our laws, we have to be grateful that another Port Arthur massacre hasn't happened, or is unlikely to happen again - a silver lining to a very big black cloud ...

What do YOU think?

Rod McGiveron, St Marys

Julie Andrews made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP. She performed 'My Favourite Things' from the legendary movie 'Sound Of Music' with the following lyrics:



*Botox and nose drops and needles for knitting,
Walkers and handrails and new dental fittings,
Bundles of magazines tied up in string,
These are a few of my favourite things.
Cadillacs and cataracts, hearing aids and glasses,
Polident and Fixodent and false teeth in glasses,
Pacemakers, golf carts and porches with swings,
These are a few of my favourite things.
When the pipes leak, When the bones creak,
When the knees go bad,
I simply remember my favourite things,
And then I don't feel so bad.
Hot tea and crumpets and corn pads for bunions,
No spicy hot food or food cooked with onions,
Bathrobes and heating pads and hot meals they bring,
These are a few of my favourite things.
Back pain, confused brains and no need for sinnin',
Thin bones and fractures and hair that is thinnin',
And we won't mention our short shrunken frames,
When we remember our favourite things.
When the joints ache, When the hips break,
When the eyes grow dim,
Then I remember the great life I've had,
And then I don't feel so bad.*

Ms. Andrews received a standing ovation that lasted over four minutes, and repeated encores

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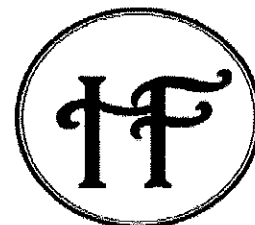
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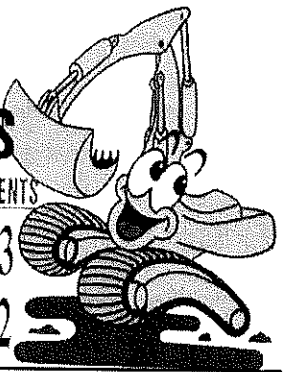
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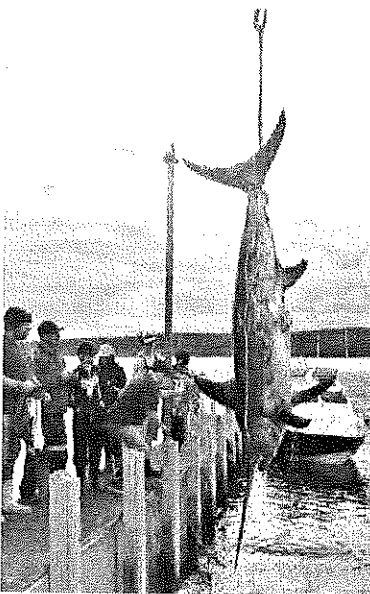
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Massive swordfish caught off St Helens April 16, 2016

"It was an absolutely enormous fish," said big game fish specialist and boat skipper Leo Miller.

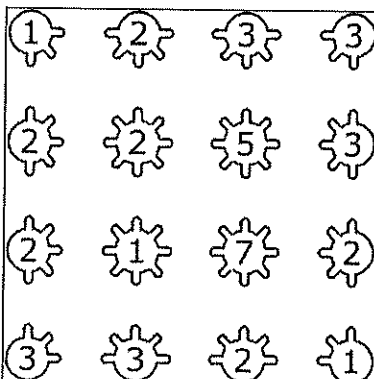
"It was the biggest known recreationally caught swordfish in Australian history. It was weighed clean at 354 kilos, so it's probably about a 370 to 380 kilogram fish whole.

"It would have been the new Australian record."

On Thursday, Miller tagged an almost 100-kilogram swordfish off Eaglehawk Neck.

A	G	U	E		H	O	O	P		D	U	A	L
L	U	N	A		A	R	I	A	S		E	S	N
E	N	D	S		G	E	N	R	E		M	E	T
S	K	I	T	S		S	K	I	P	P	E	R	E
					S	E	A	S		S	A	I	L
C	A	P	R	I	C	E				H	A	U	N
A	B	U	N	D	A	N	T			S	E	R	I
N	E	T				T	S	A	R	S		A	R
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E	N	C	H	O	R	I	A	L			R	A	B
V	O	L	E			D	E	F	O	G		S	I
I	D	E	A			S	T	I	L	E		S	L
L	E	W	D			Y	A	L	E		Y	L	E

Last issues solution →



Left: Can you find all of the spokes? A digit on a hub denotes the number of spokes that meet there.

Spokes never cross and in the end everything will be connected.

Answer next edition

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Forever Young – Elton Harold Bradmore (1890 – 1917)

In March this year, Ian and I, along with our daughter Heather, went to the monthly folk night held in the old schoolhouse at Liffey. Imagine our surprise when we found a tribute to a direct descendant of Ian's 3 x great grandfather, George Breadmore/Bradmore!!

Heather first spotted the name on the honour roll, which hung on the wall near the fireplace. Elton Harold Bradmore was honoured for his service and sacrifice in the Great War, along with 13 other local young men who never returned. Elton was killed in action in France less than one year after enlistment, aged 26.

We asked the caretaker (who was busy lighting a fire for us in the fireplace) if he knew where we could find any more information, or even a photograph. He rummaged in a cupboard, and pulled out a portrait of Elton, which is shown here, and his service record.

The caretaker told us that a memorial avenue of coniferous trees was planted just over 100 years ago for all the young ex-students from this small community who never returned. Seven trees still stand; we asked him if Elton's tree was one of the surviving ones. Yes, he said! According to the list in a document displayed on the wall, it was number five. He showed us two trees not far from the front steps of the old schoolhouse, and said that he wasn't sure which it was, but that it was definitely one of them.. Elton's family did not

have the opportunity to bury him, so planting a tree in his memory would have been a way for them to try to find closure. The outline of Elton's military service and sacrifice states that he was born in 1890 at Epping. His parents, George (son of our George) and Maria, later moved to Bracknell, and Elton attended school at Liffey, as mentioned. He enlisted at Claremont Camp on 3rd February 1916, and was assigned to the 40th Battalion. This Battalion was formed in Tasmania, and was Tasmania's contribution to a division which included the 37th, 38th and 39th Battalions from Victoria. These battalions together made up the 10th Brigade.

Elton, along with the other men in the 40th Battalion, boarded the converted troopship 'Berrima' A35 in Hobart on 1st July 1916. It took seven weeks to reach their destination of Devonport in England. After some intensive training, he was sent to the war front on 23 November later that same year.

In early January of 1917, the 40th Battalion was engaged in heavy combat around the towns of Armentieres, Houplines and Steenwerck. On the 30th of that same month, Elton was severely wounded in the abdomen, and was transferred to the 2nd Australian casualty clearing station at Trois Arbres, just a few km from the front line. He died the next day. His body still lies in the grounds of the Military Cemetery at Trois Arbres, three miles north of Armentieres.

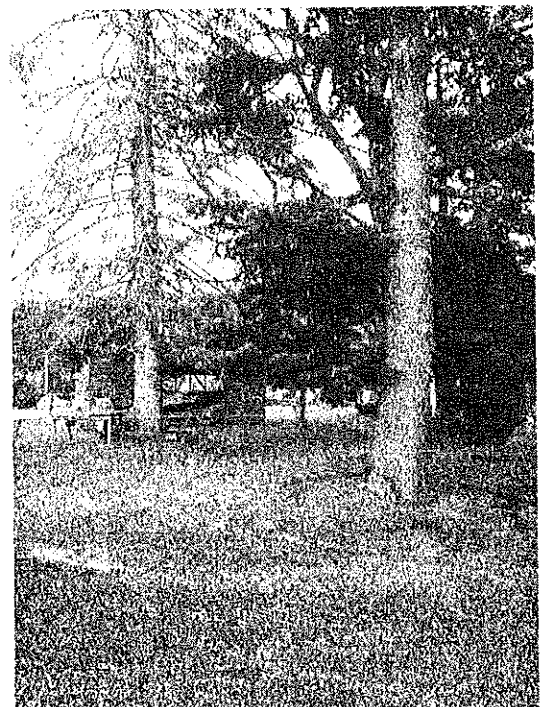
We are very grateful to have found another relation to add to our family history. If it were not for the local caretaker at Liffey, we would not have known what we know now about Elton, his tragic death at a young age, or the memorial tree planted in his honour.

Lest We Forget.

© Rita Summers 2016

Names of Boys & No of Trees	
World War I	
L. Saunders	No. 1.
A. Lyons	No. 2.
L. Saunders	No. 3.
W. Swain	No. 4.
E. Bradmore	No. 5.
L. Saunders	No. 6.
L. Slade	No. 7.
L. Cooper	No. 8.
A. Saunders	No. 1.
E. Bye	No. 2.
F. Goss	No. 3.
H. Butler	No. 4.
H. Bates	No. 5.
H. Black	No. 6.
J. Philpott	No. 7.
H. Price	No. 8.
J. Bennett	No. 9.
E. Ring	No. 10.
W. Saunders	No. 11.

The photograph of the two trees was taken after night-fall so it has been digitally altered to increase visibility. The caretaker is also part of a community effort to replace the trees which have not survived, so that the avenue can again be a complete tribute to the local boys who never came back.



St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours

Monday - Friday

8:50 - 10am

(10 - 10:30am reception closed)

10:30am - 12.30pm

(12:30 - 1:30pm reception closed)

1:30 - 2:45pm

(2:45 - 3:15pm Reception closed)

3:15 - 4:30pm

Pathology

There is no pathology service prior to

8.30am, or from 12:30 - 1.30pm

If you require pathology prior to 8.30am,
an appointment must be made at the
Nurses' Station the day / evening before on:
6387 5555

**Scripts and Doctors
appointments**

Please ensure doctors appointments are
booked **PRIOR** to your medications running
out, or **IN ADVANCE** if you attend this prac-
tice regularly.

Please be patient

Waiting periods to see your doctor may be
experienced. We are not able to issue
scripts during the weekends, please ensure
you have enough in advance.

**Please be aware we are not able to issue
scripts by phone**

**Non Attendance of
Doctor's Appointments**

Please be aware there is a
non attendance policy at this practice.

If you miss three appointments you
will be sent an account.

If you miss a fourth appointment you may be
referred to another Medical Practice.
Due to demand, doctor's appointments need to
be booked at least **2 weeks in advance**.
Waiting periods can apply.

INR tests require a 5 minute doctors consultation.
Please inform reception when booking

Doctors Roster

Dr C. Latt

5 - 11/5/16 & 16 - 20/5/16

Dr K Nash-Rawnsley

6/5, 10/5 & 11/5/16

Dr E Reeckman

12 & 13/5/16

Temporary Suspension of Services

On behalf of the St Marys Community Health
Centre *thank you* to the Community of Break
O'Day for your cooperation during the Tempo-
rary Suspension of Services from 28/4/16-
2/5/16 whilst the upgrade to our switchboards
was completed.

**St Marys Medical Practice
reminder**

Dr Latt wishes to remind the community of the
following exceptions to bulk billing at the SMCHC

- | | |
|--|------------------------------------|
| ♦ <i>Driving licence
renewals</i> | ♦ <i>Insurance medicals</i> |
| ♦ <i>Requested medical
reports</i> | ♦ <i>Harness medicals</i> |
| | ♦ <i>Pre-employment
checks</i> |

The above are NOT covered by Medicare, and may
incur cost. Please discuss this with reception when
making your appointment.

If you have any concerns, please contact us and we
will try and address them

A.H. contact numbers

GP Assist	1300 780 011
Ambulance or Emergency	1800 008 008 000
Lifeline - Saving lives, crisis support and suicide prevention	131 114

St Marys Community Health
Centre - please ring before pre- 6387 5555
senting after hours

St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

What's on at the Centre

May 5 **Psychologist** Please see your GP for a referral.

Social Worker Shan Williams
Call 6387 5555 for appointments.

Physiotherapist Naomi Ide for appointments please see your GP or Health professional for a referral.

May 6 **Social Worker** Shan Williams
Call 6387 5555 for appointments.

Physiotherapist Naomi Ide for appointments please see your GP or Health professional for a referral.

May 9 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.

May 10 **Max Employment** 8:30am-5pm downstairs

Child Health Session with Mary Mumford Tuesday fortnights, by appointment only. Phone 0428 136 381

Rae & Partners Lawyers consult fortnightly at the SMCHC. Phone 6337 5555 for appointments.

Physiotherapist Naomi Ide for appointments please see your GP or Health professional for a referral.

May 11 **Day Centre** Call Hayley Gilbert on 6387 5555 for information on the group.

Cancer Council Outreach service
Richard Austin 2:30pm-3:30pm
St Marys Health Centre.
Drop in Service.

May 12 **Social Worker** Shan Williams
Call 6387 5555 for appointments.

Physiotherapist Naomi Ide for appointments please see your GP or Health professional for a referral.

Psychologist Please see your GP for a referral.

May 13 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.

Social Worker Shan Williams
Call 6387 5555 for appointments.

May 16 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.

TLC Meeting (Tasmanian Lymphoedema Centre) 5pm in the Day Room.

May 17 **Physiotherapist** Naomi Ide for appointments please see your GP or Health professional for a referral.

Max Employment 8:30am-5pm downstairs

Australian Hearing For appointments
phone 6332 4700

May 18 **Podiatry North** For appointments please
phone 6336 5155.

Consumer & Carer Advocacy Group
12 -2pm downstairs at the SMCHC.
Call Shan on 6387 5555

Day Centre Call Hayley Gilbert on 6387 5555 for information on the group

TAZREACH Antenatal Clinic with Katie.
Contact GP for appointments.

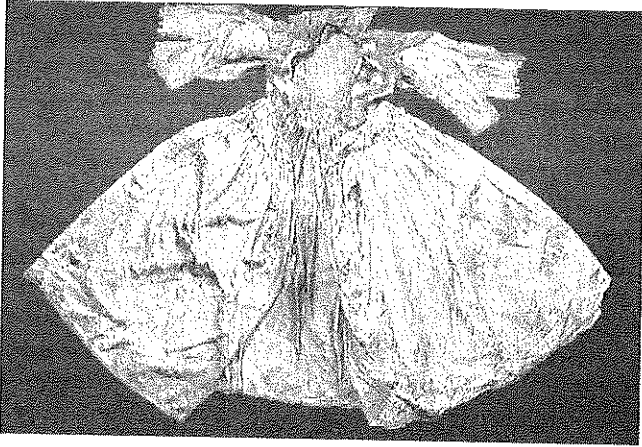
Social Worker Shan Williams
Call 6387 5555 for appointments

May 19 **Social Worker** Shan Williams
Call 6387 5555 for appointments.

Physiotherapist Naomi Ide for appointments please see your GP or Health professional for a referral.

Psychologist Please see your GP for a referral.

May 20 **Social Worker** Shan Williams
Call 6387 5555 for appointments.



A 400-year-old silk dress discovered in a shipwreck off the Dutch coast has shed new light on a daring top-secret mission to pawn the crown jewels on the eve of the English civil war. The well-preserved garment was found by divers off the Dutch island of Texel two years ago, but its existence had been kept secret while researchers traced its origin.

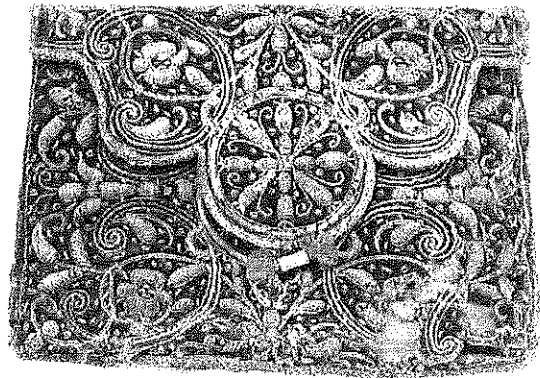
The dress, described as one of the most important maritime discoveries ever made in the Netherlands, belonged to Jean Kerr, Countess of Roxburghe and lady-in-waiting to Queen Henrietta Maria, the consort of Charles I. It was lost when part of a royal fleet of 12 ships sank in bad weather while crossing from Dover to Hellevoetsluis in the Netherlands in February 1642.

What made the Catholic noblewoman's role more intriguing was that she had been a spy in the court of James I, Charles's father, passing on information to the King of Spain.

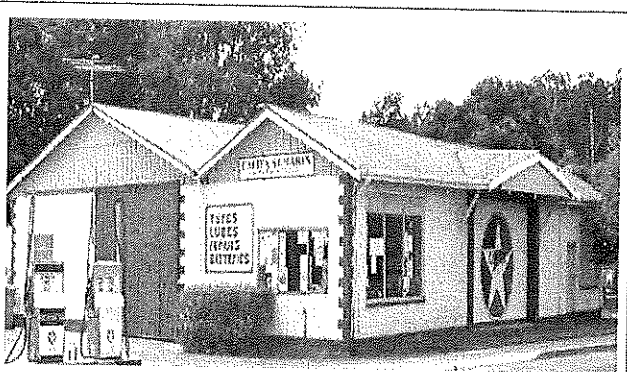
A number of other items, including a comb, books bearing the Stuart coat of arms and a pomander, were also found in the wreck. They were buried in sand on the seabed, protecting them from erosion. Historian Nadine Akkerman, of Leiden University, identified the silk dress on the basis of a letter written by Elizabeth Stuart, the daughter of James I and the so-called Winter Queen, who was living in exile in The Hague at the time. It was a fortuitous discovery for Akkerman, who specialises in women's history and has published two volumes of Elizabeth Stuart's correspondence.

"I was sitting in the airport on my way back from a conference when I immediately recalled a letter which Elizabeth had written about the ladies-in-waiting losing their wardrobes," she said. "It's quite extraordinary to have found a 17th-century dress at all, but to be able to connect it with an individual is really spectacular."

The official purpose of the voyage was to take Charles I's nine-year-old daughter Mary to join her husband, William II, Prince of Orange, after they had been married the year before. But the real reason was to sell the crown jewels through Elizabeth Stuart's contacts and raise money for the Royalist army.



<http://www.theguardian.com/world/2016/apr/21/400-year-old-dress-found-in-shipwreck-sheds-light-on-plot-to-pawn-crown-jewels>

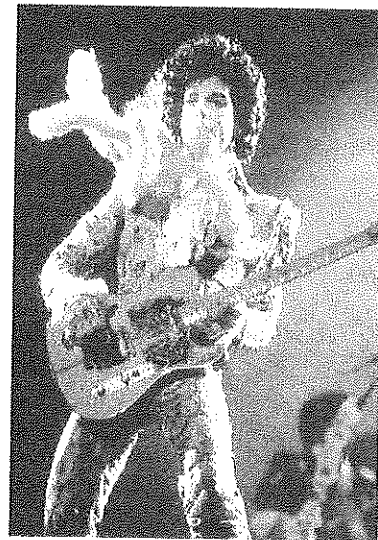


CALTEX ST MARYS

MECHANICAL REPAIRS &
SERVICE

41 Main Street

6372 2335 / 0419 503 109



The Prince vault

...So vast is the collection that an entire album of his unreleased music could be published every year for the next century.

Although many believe the vault is just a legend or urban myth, those who have worked with the star confirmed its existence.

It is actually a huge bank-style storage facility with a massive door and combination lock, ensuring maximum security.

<http://www.express.co.uk/news/world/663277/Prince-secret-vault-thousands-unreleased-singles>

Meals on Wheels

May 5	Heather Griffiths
6	Drew Adam
9	Ruth Aulich
10	Valmai Spencer
11	Lundy Vosper
12	Sonya Allison
13	Drew Adam
16	Pam Bretz
17	Louise Keady
18	Valmai Spencer

Tip locations and opening hours

Ansons Bay	Scamander, Coach Street
Long w/end Mon 12-4	Tues/Thurs 10 - 4
Wed/Sun 12 - 4	Sun 2 - 5
Fingal, Mathinna Road	St Helens, Eagle Street.
Tues/Thurs 10 - 4	Open 7 days 10 - 4
Sun 2 - 5	St Marys, Gray Road
Pyengana, Tasman Hwy	Tues/Thurs 10 - 4
No builders' waste please	Sun 2 - 5
Wed 9 - 1, Sun 2 - 5	

Emergency services

AURORA Emergency	13 20 04
Carers for Wildlife St Marys	6372 2973 / 0417 017 105
Crimestoppers	1800 333 000
Poisons Information	13 11 26
Police Emergency	000 & Enq 13 14 44
SES Emergency	13 25 00
TFS Emergency	000 & Enq 1800 000 699



St Marys Salvation Army
is pleased to offer the
following services:

Weddings Dedication of children Funerals

Envoy Mel Norton 0409 838 816

RAE & PARTNERS

LAWYERS

of 113 Cimitiere Street Launceston

VISITING EVERY SECOND TUESDAY

St Marys Community Health Centre 9.00am-10.00am

St Helens old Post Office building 11.00am-1.00pm

Please call to make
an appointment

6337 5555

St Marys PHARMACY

Main Street St Marys 7215
Ph 6372 2844

Kodak copies from 45¢

Ear piercing \$27

Piercing, earrings & solu-
tion with qualified staff
Bec, Sally & Cassie

Pharmacist instore Monday - Friday

In a Swiss Mountain inn: Special today - No ice-cream.

A sign posted in Germany's Black Forest: It is strictly forbidden on our Black Forest camping site that people of different sex, for instance, men and women, live together in one tent unless they are married with each other for this purpose.

Doctor's office, Rome: Specialist in women and other diseases.

A laundry in Rome: Ladies, leave your clothes here and spend the afternoon having a good time.

Hotel elevator, Paris: Please leave your values at the front desk.

In an Italian cemetery: Persons are prohibited from picking flowers from any but their own graves.

Libraries

St Helens

61 Cecilia Street St Helens
Tas 7216 6387 5530

Mon 10am - 1pm, 2 - 5pm

Tue 10am - 1pm, 2 - 5pm

Wed 10am - 1pm, 2 - 5pm

Thu 10am - 1pm, 2 - 5pm

Fri 10am - 1pm, 2 - 6pm

Sat 10am - 12pm

Sun Closed

Closed public holidays



St Marys

31 Main Street St Marys
Tas 7215 6372 2114

Mon 12.15am - 5pm

Tue Closed

Wed 10.15am - 1pm, 2 - 5pm

Thu Closed

Fri 10.30am - 11.30am, 12 - 5pm

Sat Closed

Sun Closed

Closed public holidays



Fingal Online Access Centre

29 Talbot Street Fingal
Tas 7214 6374 2222

Mon 9am - 4pm

Tue 9am - 12pm

Wed 9am - 4pm

Thu 9am - 12pm

Fri 9am - 4pm

Sat Closed

Sun Closed

Closed public holidays





ST MARYS IGA SUPERMARKET

38 Main Street

Ph/Fax 6372 2240 Butcher 6372 2274

Monday - Friday 8am - 6.30pm

Saturday 8am - 5pm

Sunday 10am - 5pm

Butcher instore weekdays 8am - 2.30pm

In the centre of town, at the heart of the community

Butchery specials May 4 - 10

	p/kg
Legs of Lamb	9.99
Rolled Leg of Pork	13.99
Forequarter Lamb Chops	9.99
Beef Mince	9.99
Nichols Country Bake Parmigiana	5.99

Butchery specials May 11 - 17

	p/kg
Pork Cutlets	14.99
Gerello Roast	12.99
Blade Steak/Roast	12.99
Lamb Loin Chops	15.99
Nichols Chicken Cuts	4.99

Two week specials May 4 - 17

Eta 5 Star Spread 500g	1.69
McCain Baby Peas 1kg	4.49
Scotts Meat Pies 6pk	4.99
Ingham Chicken Duet 350g	4.99
Whiskas Canned Cat Food 400g	1.69
Prima Fruit Drink 6pk	2.69
Chicken Tonight 475-500g	2.69
Fantastic Rice Crackers 100g	1.37
Ajax Spray & Wipe 500ml	2.99
Nescafe Menu Coffee Sachets 10pk	3.95

Heinz Classic Canned Soup 535g	2.69
Greens Pancake Shake 375g	2.49
Nestle Milo 1.25kg	14.49
V8 Juice Range 1.25L	3.49
Aim Toothpaste 90g	1.25
Kleenex Cottonelle Toilet Rolls 12pk	4.99
Country Cup Soup 2pk	.99
Campbells Real Stock 1L	2.99
Fab Laundry Powder 1kg	3.99
Trix Dish Washing Liquid 1L	1.49

The Valley and East Coast Voice Inc. is available at:

Avoca Post Office	Mathinna Post Office
Coachouse Restaurant	Mouth Cafe, Scamander
St Marys	Scamander Supermarket
Hilly's IGA St Helens	St Marys IGA
Hilly's IGA St Marys	St Marys Newsagency
Holder Bros, Fingal	



*If flying is so safe, why is the airport called
the terminal?*



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Fax 6339 2900

suncoastexp@netspace.net.au

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