



THE VALLEY AND EAST COAST VOICE INC.

Established 1968

48.16 December 3, 2015 Deadline for 48.17 is 5pm December 14, 2015



2015 GET Photographic competition

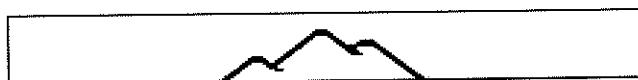
Open Winner Ian Cox of Avoca and his photo
"Frosted Autumn - Avoca Railway Bridge" Results p13

St Marys Lions Club Inc. 2015 Christmas Parade.

The Lions Club of St Marys will be conducting their annual Christmas parade in St Marys on 24/12/15 commencing at 5pm and will be completed by 5.30 pm. The parade will commence in Newman St, proceed along Main St to Cameron St, turn left to Groom St, turn left and continue to Storey St, turn left again and proceed back to the Main St intersection and disperse.

Temporary short term delays may occur and trained traffic control personnel will be on duty to direct traffic. Alternate traffic routes are available.

Ruth McGiveron Secretary, Lions Club of St Marys Inc.



St Marys District School Association Inc.

St Marys School Op Shop

As many of you may be aware the school Op Shop is the primary fundraiser for the School Association.

Under the fabulous management of Janet and her team of volunteers, the Op Shop contributes valuable funds each year towards school projects.

Most recently the funds were used to assist with the cost of the kindergarten deck project.

In 2016 the Op Shop will be undertaking a big move to the annex behind the Town Hall and adjacent to the Online Centre and JAM building.

The new space is currently being fitted out, and should be a roomy and comfortable space for both volunteers and customers.

Watch out for moving specials and the chance to grab a bargain in the new shop.

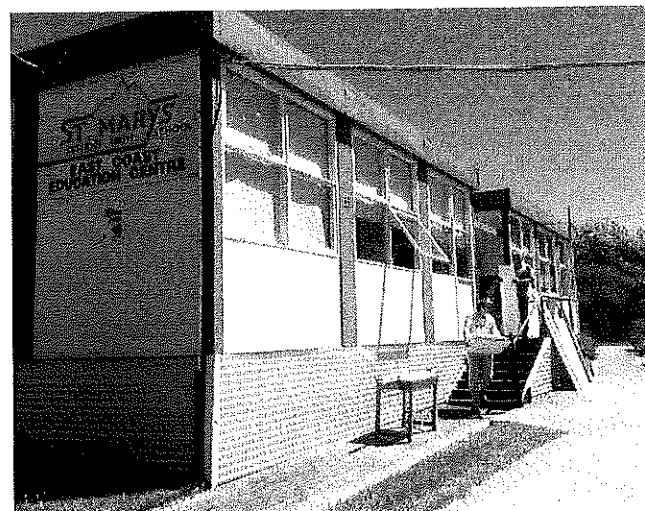
The opening date will be decided in December.

There will be plenty of parking at the new shop, or it is only a short walk up the hill.

We look forward to your ongoing support in donations and sales in 2016.

To volunteer at the Op Shop contact Janet Drummond on 0404 562 320 for further information.

Tanya Greenwood, Secretary



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Advertising rates

- ◆ Business card ads \$15 ◆ ½ page ads \$40
- ◆ Intermediate ads \$18 ◆ Full page ads \$65
- ◆ ¼ page ads \$25

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$51 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted or emailed. For online advertising, contact the Editor.

MANY THANKS - to everyone who has contributed to this edition of the Valley and East Coast Voice Inc. Articles are always welcome, but we do not accept responsibility for the accuracy of information provided by contributors! Opinions expressed are not necessarily those of the editor or volunteer staff.

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor and committee, or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks / libel / slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles.

All articles for submission must bear the author's name, town of residence, address and phone number. The address and phone number will not be published but are for verification purposes only.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

Community Notices

Community notices must include the name, position, town of residence and contact number of the authorised representative.

Notice to all non-profit groups re changes to advertising rates: 'More than half a page to cost 50% of the regular advertising charge. To establish eligibility, ABN / IA details may be requested'.

Rossarden and Avoca Fire Brigade training dates for 2016

December 8	7pm training	Avoca
January 12	11am Social get-together	Rossarden
February 9	7pm training	Rossarden
March 8	7pm training	Avoca
April 12	7pm training	Rossarden
May 10	7pm training	Avoca
June 14	7pm training	Rossarden
July 12	7pm training	Avoca
August 7	7pm training	Rossarden
September 13	7pm training	Avoca
October 11	7pm training	Rossarden
November 8	7pm training	Avoca
December 13	Christmas break-up	

HAPPY CHRISTMAS and a
SAFE NEW YEAR to everyone

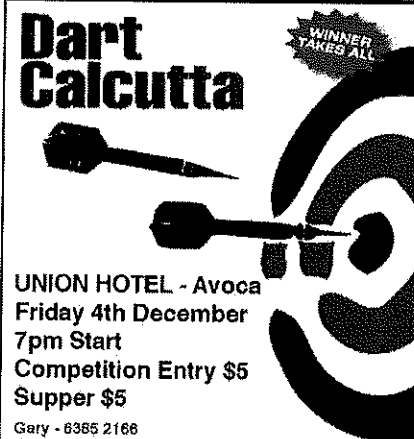
St Marys Hospital Auxiliary Christmas raffle 2015

Tickets are now on sale at various businesses and locations in town, and will be drawn on Christmas Eve at the Parade.

Our sincere thanks for the wonderful past and ongoing support from the community for our efforts to support and upgrade facilities at our much-valued and needed hospital facility.

We wish everyone the best of the Seasons Greetings and happiness in 2016.

Kevin Faulkner, Secretary



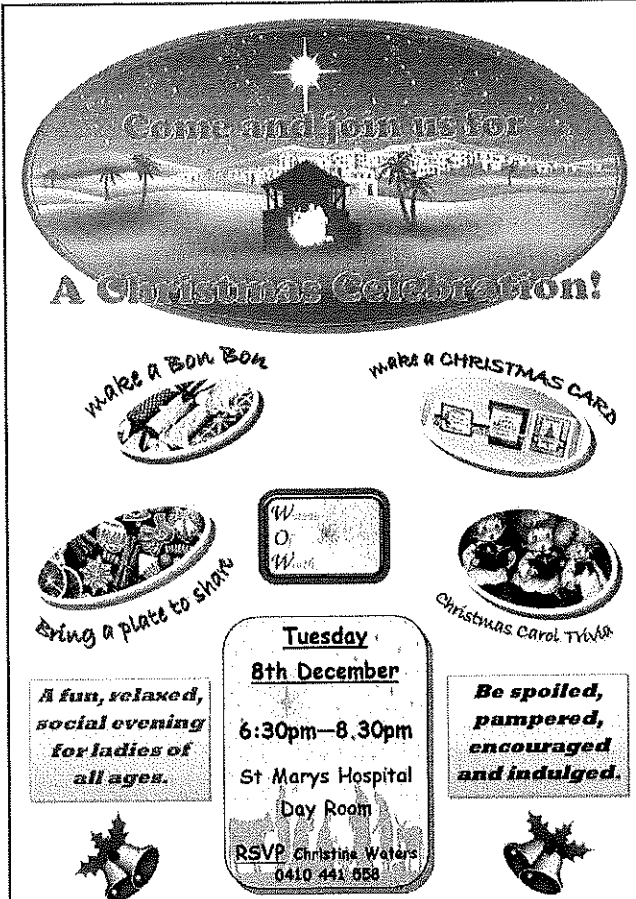
Dart Calcutta

WINNER TAKES ALL

UNION HOTEL - Avoca
Friday 4th December
7pm Start
Competition Entry \$5
Supper \$5

Gary - 6365 2166
Rossarden Progress Association

Community Notices



**Come and join us for
A Christmas Celebration!**

Make a Bon Bon
Make a Christmas Card
Bring a plate to share
Christmas Carol Tivoli

**Tuesday
8th December**
6:30pm—8.30pm
**St Marys Hospital
Day Room**
**RSVP Christine Waters
0410 441 558**

*A fun, relaxed,
social evening
for ladies of
all ages.*
*Be spoiled,
pampered,
encouraged
and indulged.*

Permanent classified ads are available for \$20 per year. Contact editor for details.

Wanted

Tractor / slashing available, fully insured, competitive rates, from Chain of Lagoons to St Helens, Fingal to St Marys. **Alan 0407 944 158**

Bar staff required at Scamander Beach Hotel Motel. Contact Brian or Margaret on 6372 5255 to arrange an interview.


Job vacancies at the Scamander Beach Hotel Motel
Housemaid positions are currently available. Please apply by either phoning or emailing to arrange an interview. 6372 5255 or tascu137@gmail.com

Free to good home

Lovely pale brown female rabbit with large cage free to good home. 6372 2765 / 0417 055 555

ACCC gives domestic postage price hike the stamp of approval

Australian stamp prices are set to rise by more than 40% in January, with the consumer watchdog approving a rise in the basic postage rate. Standard letter stamps will jump from 70 cents to \$1 each, however the price rise won't affect pensioners or concession card holders.



Tasmanian Government
Public Notice

DEPARTMENT of STATE GROWTH

**Tasman Highway (A0113)
Wrinklers Lagoon Bridge (B6129)
Bridge Replacement**

The Tasmanian Government has allocated \$2 million to replace the existing Wrinklers Lagoon Bridge (B6129), located north of Scamander on the Tasman Highway (A0113).

Works include improving the load capacity of the bridge, new pavement on the approaches to the bridge, the construction of a temporary bypass to be used by traffic whilst the new bridge is being constructed, and a 1.8m wide pedestrian walkway (located on the western side of the bridge).

Construction on this project is expected to commence in early 2016. It is anticipated that construction will be completed by mid-2016 (weather permitting).

For further information about this project please visit the Department of State Growth website: www.transport.tas.gov.au/road/projects/tasman_highway_-_wrinklers_lagoon_bridge

www.tas.gov.au

Would you like to visit Vietnam?

Gary and Debbie from St Helens Veterans Information and Support Centre have organised a trip, through "Battlefields of The World" (a travel company located in NSW.)

Your trip can be for 10 days touring South Vietnam, or you can extend it a further 11 days to travel to Hanoi, North Vietnam via Danang and Hoi-An etc, making it 21 days in total.

The trip will commence in May 2016 with a max of 15 people - there are still five seats available.

Please note this trip is open to all members of the public.

For full itinerary and costing please contact Gary or Debbie at the St Helens Veterans Centre, 35A Quail Street St Helens 6376 2324 any Tuesday between 10am and 2pm.



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Fax 6339 2900

suncoastexp@netspace.net.au

John Campbell
0438 392 621

Jamie Harper
0408 012 145

Letters to the Editor

Dear Editor

Where were the poppies?

Remembrance Day came and went, and not a sign of a red poppy in St Marys, or should I say, I did not see any being sold. Perhaps they were on sale in a business I don't normally go to so I missed them?

Toni Brewster, Chain of Lagoons

Dear Editor

In reply to the letter to the editor dated November 19, 2015 from Reon Johns of St Marys.

Never in my 27 years of hairdressing on Remembrance day have I been disrespectful. I have always stopped work and acknowledged the 11th hour, as was done on the 11/11/2015, including my clientele in the salon at this time. I hope nobody has thought otherwise and been offended.

I believe what happens in my salon is the client and salon's affairs. I do not expect an observation in passing to be commented on publicly when a client is in my salon. I believe they are under my duty of care during that time. And yes, I have expressed to the writer of the letter dated November 19 that I am disappointed that my clientele and business has been exposed to this criticism. No, I did not wait for an explanation as I feel if an article needs explaining maybe it should not have been written at all.

Ana Hayes, Ana's Hairdressing Salon, St Marys

Dear Editor

Re: 97th Remembrance Day Service letter from Reon Johns, Valley Voice 48.15

Cowardly, divisive and unhelpful to our community were my thoughts when I first read your letter.

When were you appointed the Moral Cowboy?

What gives you the right to think you can judge anyone on values pertaining to respect?

Attending a ceremony (the last I heard) was still a personal choice, and a non-attendance in no way indicates a lack of respect and no one should be judged as such.

Ross Quinn, St Marys

Dear Editor

Response to Cagerattler; Valley Voice 48.15

I consider your last offerings offensive, uneducated and fear mongering.

"Muslim extremists" - "Muslim nutcases".

Muslims are not extremists or nutcases who need to be "hunted down and made examples of" any more than Christians, Catholics or Jews.

When the Syrian conflict arose during the 'Arab Spring' it was 'The People', Christians and Muslims united against a Dictatorship. Then a third group entered the fray, seemingly armed to the hilt with American supplied weaponry and vehicles; we now know this group as ISIS. This group has generated fear and destruction causing millions of people to flee their homes and countries and allowing governments of the world to impose more and more restrictive measures upon us all. (Continued)

... History has shown again and again that America and its allies will stop at nothing to secure oil supplies. We now have ISIS controlling oil supplies in Syria, who supply Turkey, and in turn the USA.

Billions of dollars are funnelled into these war machines, the corporate giants vying for a slice of the War Pie at the expense of us all.

I do wonder who the extremists really are, as our governments and media continue to profligate fear.

When we have hunted down the last Muslim who will we look at next?

Ross Quinn, St Marys

Dear Editor

In response to the letter published in The Valley and East Coast Voice Inc, 48.15.

I greatly appreciate the effort and enthusiasm displayed by Reon Johns in his helping organise a public Remembrance Day Service. Thank you for giving people the opportunity to attend such a service, if they choose to show their respect in this way.

However, I am disappointed that this good work is now marred by what appears to be a personal attack on two local female councillors.

How many of us remember Remembrance Day is, and must remain, personal choice. As for me, I totally forgot to even observe a minute of silence on that day and time as I was busy taking care of and helping the living.

Daily I am thankful for the peace and freedom we have, thanks to our ancestors. My father, Sydney Mitchell, served in Belgium and France during WW1 and as a Home Guard in WW2. He had a brother, Harold Douglas, killed as a prisoner of war in New Guinea in the second World War. His beloved brother James died in his arms at Pozieres, France, on July 25, 1916. My uncle Jim lies in an unmarked grave in an unknown place.

My father was seriously wounded during conflicts and spent a total of 19 months in hospitals in both France and England.

Therefore, remembering and appreciating what was given so I can enjoy life is very important to me, but I do not need to attend services to prove this (nor does anyone else).

In spite of all my father endured, he frequently shared with me what he felt and believed on this issue - the best way to show honour and respect for all the countless sacrifices made and to show gratitude for current freedom and peace is to live in peace and goodwill with other people.

Wise and wonderful words don't you think?

As Christmas fast approaches let us all reflect and start practising the words to the song 'Let there be peace on Earth, and let it begin with me'.

Doing so can allow us to have a 'remembrance day' - a day of thankfulness and gratitude - every day of the year. Good works are only good works if peace is achieved.

A nation is blessed when people dwell together in unity! So please, let us start right now by unifying and not dividing our community.

Beverley Rubenach, Gray

Letters to the Editor

Dear Editor

In response to Cagerattler, Valley and East Coast Voice 48.15:

Cagerattler is certainly correct in saying his article could rattle some cages. Having met a number of Muslims in my lifetime and also having some as good friends, I feel compelled to respond. Although Cagerattler refers to extremist and fundamentalist Muslims, I feel an article like this paints all Muslims in a bad light simply by association. I was reminded just this last week that this community unfortunately has a history of painting people in a bad light by association, for example, someone was recently told to avoid associating with a certain family because the parents have a bad reputation. Currently worldwide it seems Muslims are the ones who are tainted by association by simply having **one** common link with recent terrorist attackers - that one link being religion.

The vast majority of the world's 1.6 billion Muslims have no links to any terrorist organisation or terrorist belief systems - for example, less than 0.0001% of Muslims (highest estimate is less than 15,000 people) have been willing to take part in the fundamentalist combats (such as ISIS). And interestingly as a contrast, the Iraqi army alone has around 250,000 soldiers who are willing to fight *against* these fundamentalists! So the claim that young Muslims are growing up being indoctrinated into extremist ways just does not add up.

As for Sharia Law, the vast majority of Muslims do not believe it should be applied to non-Muslims (including those living in Muslim countries), and most do not subscribe to the harsh punishment aspects of Sharia Law - in fact what is considered Sharia Law can vary from country to country.

The claim that women have no rights is false, as many Muslim women in many countries have freedoms such as education, work, and choice in who to marry, etc. It seems to me to be more of a political issue rather than a religious issue. Interestingly, for those who think that Muslims abuse women, I believe a long hard look needs to be taken at the appalling Australian domestic violence facts (around half a million Australian women each year experience domestic violence). Abuse of women is a horrific issue regardless of religion, race or nation - and it needs to be urgently addressed. Most of the major atrocities and acts of violence committed in the world throughout history have been predicated on factors other than religion, for example: the ethnicity-based Rwandan genocide or Hitler's attack on the Jews; or the politically-motivated Tiananmen Square Massacre. So why is there such a focus by governments and the media on seeing religion as being the major factor behind terrorism, and why all this hype against Muslims? Muslims have lived peacefully in Australia for around 200 years, contributing to our economy, society, way of life and diversity. It is time we focused on condemning the evil actions of the few, rather than tainting all by association and drawing attention to the only common ground of religion.

Hannah Rubenach-Quinn, Gray

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Authorised by Eric Hutchinson MP, 53B Main Road, Perth TAS 7300.

Supporting regional council 25 November 2015

Regional Tasmanians continue to benefit from funding under the Federal Liberal Government's Financial Assistance Grants. Federal Member for Lyons Eric Hutchinson said that under the grants programme councils in Lyons will receive a second quarter payment of almost \$4m, from the overall 2015-16 total of \$15.5m.

"The Turnbull government understands the needs of regional Tasmania and is supporting councils to deliver the services and facilities they need," Mr Hutchinson said. "Canberra doesn't always know best, which is why the government listens to its elected representatives in areas as diverse as ours. As part of the agreement, councils have the flexibility to spend the funding according to local priorities, such as infrastructure and roads projects, health and recreation needs and the environment."

Councils in Lyons will receive the following Financial Assistance Grant funding:

Lyons	2015-16 Total 15,585,220	Quarter 2 \$3,891,305
Break O'Day Council	1,353,584	338,396
Brighton Council	753,857	188,464
Central Highlands Council	1,212,252	303,063
Derwent Valley Council	1,042,486	260,621
Glamorgan Spring Bay Council	624,926	156,232
Kentish Council	1,313,664	328,416
Latrobe Council	748,460	187,115
Meander Valley Council	2,045,990	511,498
Northern Midlands Council	1,672,201	418,050
Sorell Council	1,018,827	254,707
Southern Midlands Council	1,691,299	422,825
Tasman Council	449,552	112,388
West Tamar Council	1,638,123	409,531

In 2015-16 the Australian Government will provide \$2.3b for local governments under the Financial Assistance Grant programme. This includes \$1.1b that was paid early on June 30, 2015.

The Say, by Cagerattler

Last night I came across a series of short videos by Brand Tasmania. These 2-3 minute videos featured innovative industries in our state. There were cottage industries, food, wine, farming and even whisky enterprises in smallish rural zones. The glaring omission to me though was the upper east coast, where we are, of course.

Where does the impetus come from? Is it a State Government thing, or is it private enterprise that chases up funding to help put themselves out there? I hope to find out. If ever an area needed a kick start it's here. Sadly our big ticket employers are dwindling and labour intensive jobs are getting less and less as we all know. Is cottage industry an alternative?..Maybe it is, but which industry and how do you get the ball rolling?

So many questions with very few answers, but going by these videos there is some genuine ways to sell your services and goods to the rest of the country or the world, for that matter, if it fits in with the Brand Tasmania criteria.

The future for our younger ones is facing an uncertainty like never before. Something has to happen because without employment opportunities the Valley may well become a welfare valley within our lifetime.

Take away the coal mining, a shrinking forestry industry and less and less farming (as we currently know it) and there isn't much else.

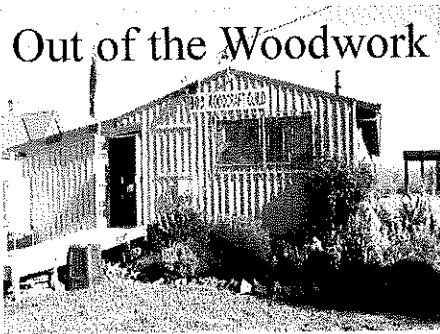
They talk of tourism and eco tourism, adventure ventures and so on but nothing much ever comes of it. All of us should be concerned, and likewise our apathy should be curtailed sooner rather than later.

I wonder where we will be in 20-30 years ... do you?

What do you think?

Rod McGiveron, St Marys

Out of the Woodwork



The Guild is open every day except Friday and Sunday (depending on volunteers), and other times by appointment.

Wendy Brennan, Secretary 6372 2094

breakodaywoodcraftguild.weebly.co

facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/

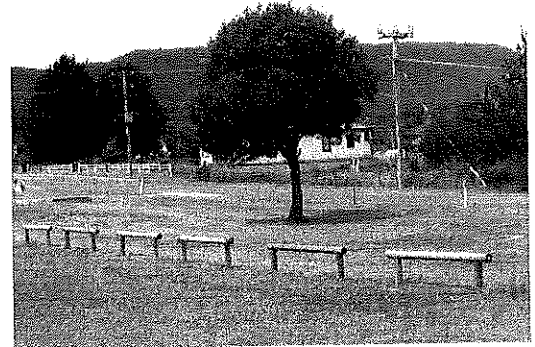
On behalf of the guild members we send our heartfelt good wishes to Dawn Mackenzie, wishing her a speedy recovery. Many thanks to Maryanne King (Ted Koop's sister) who has kindly donated to the Guild a chocolate wheel, Coral and Tom for the gift of an extendable hose and fixture and Geoff Springer for the loan of his spud bar (an apparatus for digging fences).

The Guild has had a few suspected break-ins of late and we apologise for any inconvenience caused by our alarm. Please feel free to ring either Reon or Wendy on 0429 722 091 and we will ensure that appropriate measures will be taken to investigate.

Finally, many thanks to the St Marys Historic Hotel who did the catering for our Christmas dinner. We had two guests from the mainland who were not only impressed with the supper, but were also enamored with the beautiful old architecture of the building. A special mention is deserving for Vicki whose front of house service was both professional and friendly.

Guild's Home Hint

For dirty woolen coats or skirts, this is an alternative to dry cleaning and is much cheaper. Sprinkle the item with salt, about the same amount as poppy seeds on bread. Rub with a clean piece of linen or handkerchief. Do not rub in circles but up and down with the grain of the fabric. Once the item is clean give it a good shake and brush with a bristle brush.



Our crochet court's new fence

Greens announce RenewAustralia – a plan to power the new economy 22/11/2015

As global climate negotiations kick off in Paris, the Australian Greens have today released their detailed plan to ensure that by 2030 Australia's energy generation is at least 90% renewable and twice as efficient.

A new government authority called RenewAustralia would deliver a 15 year pipeline of clean energy projects through a combination of reverse auctions and direct investment.

"Today the Greens unveil RenewAustralia – our plan to power the new economy and create thousands of jobs," said Australian Greens Leader Dr Richard Di Natale. "Transitioning to clean energy is the key to unlocking Australia's economic potential and combating global warming. While both Malcolm Turnbull and Bill Shorten talk about tackling climate change, they have locked us into the industries of the last century, supporting coal and vested interests. Charting a course for a more confident, prosperous and healthy Australia needs much more than empty rhetoric, it needs real leadership. RenewAustralia is not just an ambitious vision for our country, it's the blueprint for making it happen," said Senator Di Natale.

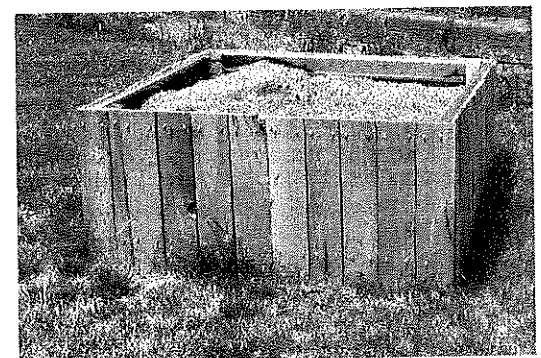
Australian Greens Deputy Leader and spokesperson for Climate Change, Larissa Waters said that if Australia takes the threat of global warming seriously we must transform our energy system.

"Powering our economy with clean, renewable energy is not just an opportunity, it's a necessity," said Senator Waters.

"Australia can and must transform one of the dirtiest energy systems in the world to one of the cleanest, to safeguard our iconic assets like the Great Barrier Reef and our very way of life from dangerous global warming. Malcolm Turnbull doesn't deserve to be applauded simply for not being Tony Abbott. If Malcolm Turnbull doesn't take anything stronger to the UN Climate Summit than Tony Abbott's pathetic emissions targets then it will be a disastrous failure of leadership," said Senator Waters.

Australian Greens spokesperson on Treasury, Energy and Industry, Adam Bandt MP said you can't run a 21st century economy on 19th century energy infrastructure.

"RenewAustralia will power the new economy by bringing down the cost of electricity for 21st century industry and households, creating sustainable jobs," said Mr Bandt. "Australia can become a new energy superpower. The Greens want to 'power up' the country, so RenewAustralia will increase our overall electricity production by about 50% and help double our energy efficiency by 2030. This will mean more jobs in the electricity sector and more jobs in new industries looking for cheaper, clean power. Government will deliver major new clean energy projects where the sun shines, the wind blows and the waves pound by working with industry and the community through a combination of reverse auctions and direct investment. By setting tough pollution standards RenewAustralia will enable the gradual, staged closure of coal-fired power stations as renewable energy capacity increases. Communities and workers will be supported through the transition with the assistance of a well-resourced fund," Mr Bandt said.



Our raised garden bed which will be utilised for growing herbs.

Surf Coast Realty

Ph: (03) 6372 5321



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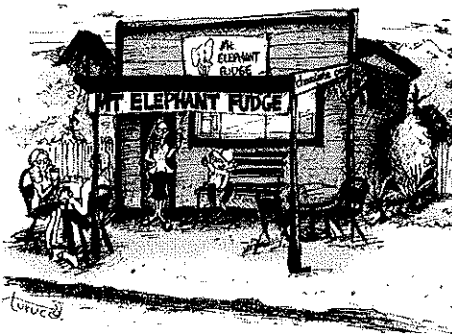
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The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included.

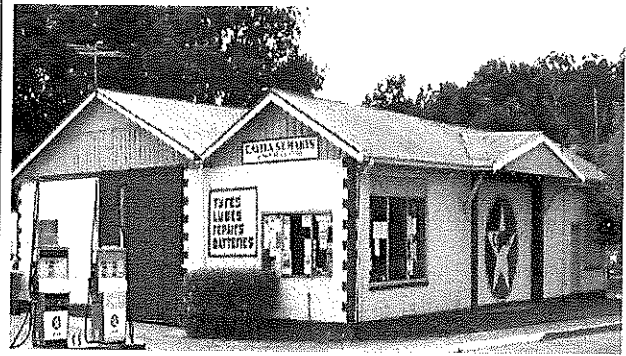


MT ELEPHANT FUDGE

The **PERFECT** stocking filler
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"Mt Elephant Fudge"

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Hand-Made Chocs, Gift Lines

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Merry Christmas - Ho Ho Ho!



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VISITING EVERY SECOND TUESDAY

St Marys Community Health Centre 9.00am-10.00am

St Helens old Post Office building 11.00am-1.00pm

Please call to make
an appointment **6337 5555**

St Marys PHARMACY

Pharmacist instore Monday - Friday



Our Kodak machine is up
and running, copies from 45¢

Ear piercing \$27
Piercing, earrings & solution
With qualified staff
Bec, Sally & Cassie



Main Street St Marys 7215
6372 2844

Part 2 of St Marys story about our trip to Colin Buchanan's concert:

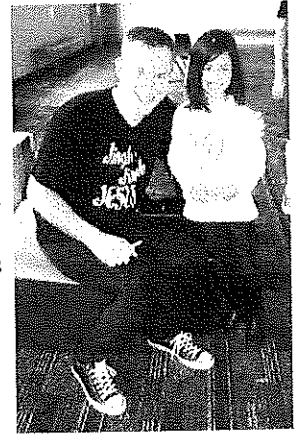
We are pleased to show you some more pictures from our trip to see Colin. You'll notice some of our JAM (Jesus And Me) children were invited by Colin to join him on the stage!

So how excited were our young JAMmers? Very. They're still talking about the day. There are many people to thank for our trip - all the parents who attended and helped with looking after the children; the team from JAM, including Stuart, Vicki and Val; Franklins Bus company who again transported us with care and kindness; St Marys District School for tremendous support, given that we took the children out of school early; the JAMmers themselves, for excellent behaviour and MOST IMPORTANTLY ... the group SNACK.

Without the generosity of this wonderful singing group, we would not have been able to go to the concert. Tight budgetary restraints would have precluded us being able to pay the \$650 bus hire. JAM is well acquainted with SNACK, since we attended a concert with them at Launceston Salvos a few years ago. That too was an exciting and wonderful event.

So we would like to recommend that everyone visit the SNACK website at <https://www.snackmusic.com.au/> and see for yourselves just how fantastic this group is. We are so grateful to them for awarding us the gift of the grant money, and pray that they continue to be blessed, as they indeed bless and teach scores of children, who need to know the difference that JESUS can make in their lives.

Mel Norton, St Marys Salvos



AVAILABLE NOW AND IN COMING WEEKS

Due to the closing down of a store on the north west coast, Ana's Salon has access to a full stock of

QUALITY CLOTHING

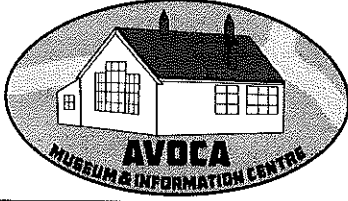
**MANY, MANY BARGAINS TO BE HAD
UP TO 80% OFF - Includes**

**BRIDAL, MOTHER OF THE BRIDE, LEAVERS ETC.
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Avoca Museum and Information Centre

Old School Building
Avoca Tasmania 7213

Avoca Craft Group will be held at the Avoca Museum and Information Centre on Thursday December 10, 2015 at 10am. Cost:\$3. Please bring morning tea plus something to share for lunch. Craft: Bring whatever you like to make or do, or just come along for a chat.
Learn a new skill or teach someone a skill you know.



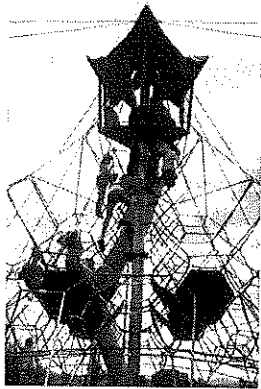
Rossarden & Friends Kids Christmas Inc.

Christmas Party

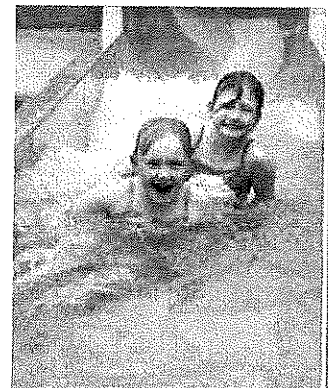
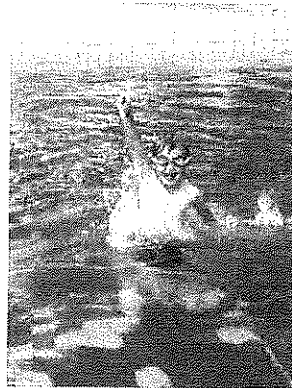
December 13 at the Primary School - Santa arrives at 11am
Please bring a plate of party food



The **Aquatic Centre Trip** on Saturday November 7 was a great day, with a picnic at the Tailrace Park and a climb on the new park equipment before heading to an afternoon of fun at the Aquatic Centre.



A big thankyou to the
Northern Midlands Council
and event organisers.



Time for Hodgman and Turnbull to Accept Umpire's Call on World Heritage Logging

24 November, 2015

The arrival of the United Nations Reactive Monitoring Mission in Tasmania puts the onus on Federal Environment Minister Greg Hunt to reject the Tasmanian government's plans to log inside the Tasmanian Wilderness World Heritage Area. Greens Senator for Tasmania Nick McKim again called on the Tasmanian and Commonwealth Governments to accept the decision the World Heritage Committee made in Bonn in June.

"The Tasmanian government has promised to accept the umpire's decision, but has spent the past five months arguing the toss," Senator McKim said.

"The fact is that the umpire's decision has already been made, and Mr Hunt simply needs to get on with the job of ensuring that the State government complies with it."

"Since June we have heard nothing meaningful from the Tasmanian or Australian governments on the World Heritage Committee's key requests including tenure, guidelines for tourism developments, and ruling out logging."

"The Liberals' bloody mindedness over logging the TWWHA is already damaging the tourism industry, with Lonely Planet issuing warnings to see these precious areas before they are compromised."

Australian Greens spokesperson for forests and tourism Senator Janet Rice highlighted the exciting opportunities to showcase the World Heritage Area, but emphasised the need to ensure the area is kept pristine for future generations.

"The World Heritage Area provides Tasmanians with the world's cleanest air and water and is home to our rare and unique wildlife," said Senator Rice.

"The Tasmanian and federal Liberals must embrace the recommendations of the UN or they will be turning their back on the community."

Senator McKim will meet with the delegation while it is in Tasmania.

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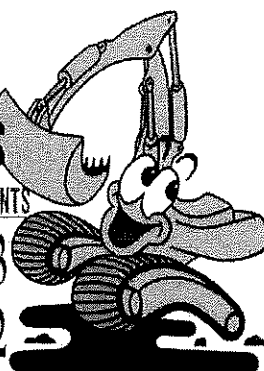
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Learner Driver Mentor Program offers more than driving skills 17 November 2015

In communities facing isolation and high unemployment, learning to drive means freedom, self-confidence and increased opportunity.

Earlier this year the Break O'Day Council received funding from the department of State Growth allowing the extension of the Learner Driver Mentoring Program, Get in2 Gear, in the Fingal Valley and facilitating the purchase of an automatic car.

Since the purchase of the car, the driver mentoring program, which is affiliated with Driver Mentoring Tasmania, now offers mentoring to 14 learner driver participants from the Break O'Day area.

"We live in regional communities where there is no public transport and so people can easily feel isolated and disadvantaged," Mayor Mick Tucker said. "The driver mentoring program can not only alleviate these feelings of isolation, it can give people the confidence boost and ability they need to find employment and contribute to their community."

The success of the program has seen interest coming from outside the Break O'Day area and the council said it was happy to accommodate anyone who was eligible.

"The value of this program to regional areas like ours far outweighs just learning to drive," Mr Tucker said. "Already the program has helped young mums who wanted to be able to get their children to medical appointments, multicultural members of the community who are seeking employment as well as retired mainlanders who have never held a licence. We have seen the program help so many people in so many ways, but most importantly we have seen the program boost confidence and foster a feeling of empowerment in members of the community who were truly at a loss."

For more information contact the Break O'Day Communications Coordinator, Jayne Richardson on 6376 7900 or 0400 454 089



Get in2 Gear Project Coordinator Julie Severin, Learner Driver Participant, Peijing Weng and Learner Driver Mentor Keith Walters with the new Get in2 Gear car.

St Marys Sports (and Social) Centre
Gray Rd St Marys

Opening hours Friday from 6pm, Sunday 1:30-4pm Thursdays after bowls practice

BOWLS NEWS

November 21 St Marys
forfeited

November 28 St Marys 124 d
Bicheno 74

December 5 away against Swansea

December 12 home against Scamander

Practise from 5pm Thursday. Beginners welcome!

The greens are looking great ... thanks guys!



Hey Golfers, come join us on **Friday December 4** for an all day Xmas Chicken Run.

That means you can play any time of the day as long as you have finished your 9 holes stroke / Ambrose by 7pm.

Cost is just \$4 pp. Leave your cards and money in the Green box please.

Why not stay on for Happy Hour?

Jag the Joker is now worth \$700



Christmas Happy Hour

Friday 18

6.30 - 8.30pm

*Bar Snacks/Nibbles, Raffles and
Jag the Joker*

*The committee would like to wish
everyone a safe and happy*

*Festive Season and
prosperous 2016*



Volunteer position Vacant

Would one of our lady members be available to assist in the kitchen when we have a home game of bowls please.

(Serving and cleaning up of prepared afternoon tea.)

Approx 1.30 - 3pm

December 12, January 9 /23 February 20/27

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Vice President Bobby Harwood 6372 2445

President: Jacqui Bianchi 0439 978 156

Secretary: Annette Wines 0417 010 648

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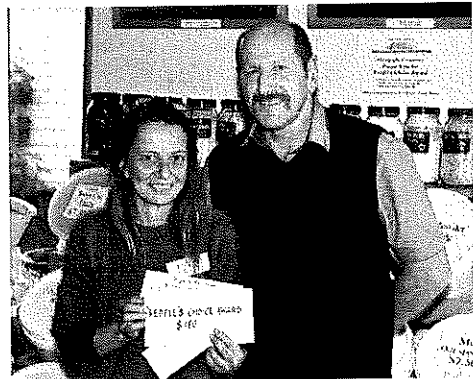
Congratulations to the winners of the 2015 GET Photographic Competition



Drum Roll Please....

The GET Photo Competition is an annual event to promote the attractions of the Fingal Valley, and this year's theme was "Landmarks of the Valleys". Once again well known Tasmanian Master Photographer Owen Hughes of Launceston, judged the competition. Under 18 winner pictured above is Catherine Bean of Fingal and her photo "Washery by Night".

**Congratulations to our winners and thank you to those who entered this year.
Start snapping for next year!**



The "People's Choice Award" (cash prize of \$150) is voted by customers visiting the Purple Possum Café Gallery over a one month period, where 12 finalists' entries are on display from a total of 66 entries. This Award was presented by BODC Mayor Mick Tucker to Mandy Kidd (pictured above) of Launceston for her photo "Silence at Cullenswood Cemetery".

The runner up and only one vote behind was Glyn Johnson of St Marys for his photo "Ben Lomond". Glyn won both the Open Award and the People's Choice Award last year.



The Fingal Valley Neighbourhood House Inc. 20 Talbot Street Fingal

All enquiries / bookings - 6374 2344
We are open Monday - Friday 9am-4pm



The Fingal Valley Neighbourhood House Inc. is funded by the Crown through the Department of Health and Human Services.

**The FVNH Commuter Bus will be travelling to Cornwall for
CHRISTMAS CAROLS and a SAUSAGE SIZZLE on
December 20, 2015**

Family Night at Cornwall Park - if it's raining the event will be moved into the hall.

Start Time: 6 - 7pm Entry fee: \$1 Sausages: \$1

Carols start 7pm

**Come along and have a sing along with
some local musicians.**

Bus fare is a gold coin donation



Churches of the Valley 2

We left our last conversation about ecclesiastical architecture at Mangana, so it's time to return to Fingal and head east again.

As we head out of town we pass, on our right, the Uniting Church building dedicated to St Andrew.

A simple wooden building, this little church began its life's journey as the place of worship for the Presbyterians of the Valley, and was thus dedicated to the apostolic fisherman who became the patron saint of Scotland. Following the administrative changes of 1977 which led to the formation of The Uniting Church of Australia, it remains in use under this new umbrella. Of interest to me is the story of the architect; Harry Conway is not as well known as others who have contributed to this Valley, but his contribution to the built landscape of Northern Tasmania is by no means small.



St Andrews Uniting Church, Fingal

Based in Launceston, his is not only the drawing board from which St Andrews was produced in 1881 and the Fingal Council Chambers in 1882, but quite a number of other public, ecclesiastical and commercial buildings. A superficial look at the Archives of Tasmania site provides a roll call which includes a number of churches, the old Deloraine Town Hall, stable blocks and part of the Sacred Heart School in Launceston. It is possibly not unreasonable to say that his approach was function rather than form, and his legacy is an important part of the pre Federation streetscape of regional Tasmania.

Leaving Fingal and continuing our journey we reach the Cornwall turnoff but we are not going to Cornwall today. Rather I encourage you to turn your eyes right; an old cemetery is all that remains of the site of the original Roman Catholic Church at this end of the Valley.

Further along the road (and rather unkindly described in Wikipedia as "in a paddock in the middle of nowhere") is Christ Church, Cullenswood. Built in 1847 and consecrated in 1852, on land originally granted to R.V Legge in 1827, it was the centre of Anglican worship for the settlement as it was used as a parish church for almost 50 years. However, on the consecration of Holy Trinity St Marys in 1898, the role of Christ Church altered and it is now regarded as a private chapel in Anglican Church records. Of particular interest to me, and part of the game of "connections" it is so very easy to play in Tasmania, one of the windows was designed by Alexander North in 1895.



Cullenswood Roman Catholic cemetery

Information sources include ...

The Uniting Church in Australia <http://uca.org.au/>

The Anglican Church in Tasmania <http://www.anglicantas.org.au/>

The Archives Office of Tasmania <http://www.linc.tas.gov.au/>

The pamphlet written by K.R von Stiegleitz for the Centenary of Christ Church (1952)

Geoffrey Stephens; *The Anglican Church in Tasmania*
The Fingal Valley: historical study by Lindy Scripps with working papers by Robert Vincent

Wendy Fowler, *St Marys*



Christ Church, Cullenswood



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Wear something Christmassy
and bring a Secret Santa gift
(value up to \$10).

Photos by Janet Drummond
and Peter Troode



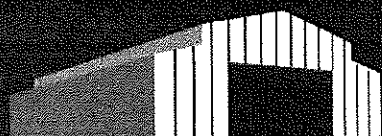
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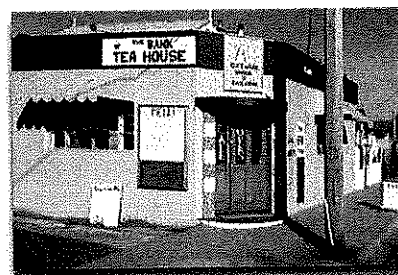
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There is a man in Sweden who received
disability benefits for his "addiction" to heavy
metal. He reportedly went to 300 concerts in one
year which left him unable to hold down a job.

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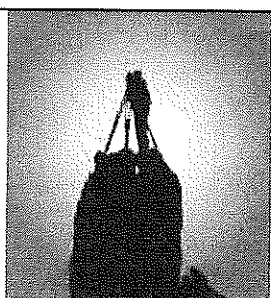
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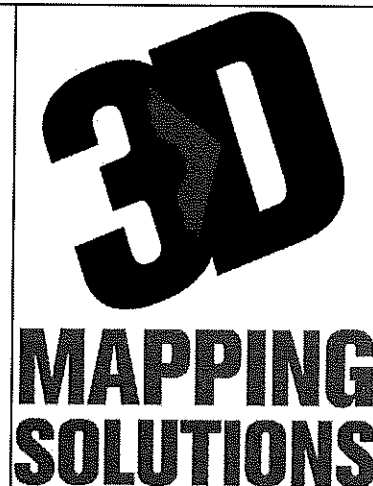
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Medicinal Cannabis Forum

On Saturday November 7, 2015 around 50 people attended the medicinal cannabis forum held at St Marys Community Hall. Guest speakers included Senator Ann Urquhart and Eric Hutchinson (Federal MP for Lyons), who each spoke about their political parties' positions on medicinal cannabis, as well as the current situation on the progression toward legalisation. Jeannymaree shared her personal story of health improvements – including being taken off the waiting list for heart surgery due to the significant improvements since taking medicinal cannabis. Lyn spoke about the benefits of medicinal cannabis for treating her son Jeremy for epilepsy, as did Beverley on the treatment of her son, Tim. John spoke on ways to easily process medicinal cannabis, as well as on the current legal situation. Remarkable personal accounts of health improvements were read out; recovery from cancer and help for pain conditions. Thank you to all the speakers as well as to the public who attended. I think everyone attending the forum went away wondering why the Australian and Tasmanian governments are taking so long to legalise / decriminalise medicinal cannabis.

A little background on medicinal cannabis:

'Whole-plant' cannabis has been used all over the world medicinally for thousands of years, with no known side-effects.

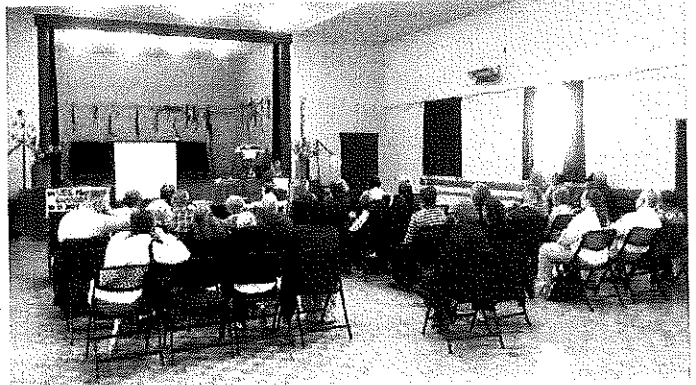
Medicinal use can include extracts such as tinctures or oils made from the bud, leaf or roots. It is generally processed so the THC (the psychoactive component) has not been activated/or very little of it is activated - meaning you do not get a "high". Many countries, such as Israel and USA, have been doing scientific research for years and documenting the overwhelming benefits of medicinal cannabis for many conditions – there really is no need for Australia to wait for trails – it is safe and effective.

There are many conditions that can benefit from Medicinal Cannabis, including: epilepsy; migraines; multiple-sclerosis; muscle spasms; Crohn's disease; cancer; lyme disease; fibromyalgia; arthritis; Meniere's disease; cystic fibrosis; cerebral palsy; HIV/Aids; diabetes; Huntington's disease; eczema; tinnitus; sleep disorders; nausea; rheumatoid arthritis; quadriplegia; psoriasis; Parkinson's disease; Alzheimer's disease; panic disorder; autism; nightmares; irritable bowel syndrome; lymphoma; hepatitis C; pain disorders and insomnia.

Unfortunately cannabis possession, cultivation, use, supply or administration is illegal in Tasmania under the *Misuse of Drugs Act 2001*. Conflictingly, the *Single Convention on Narcotic Drugs Act 1961* (adopted in 1967 by Australia) states that cannabis is indispensable for the relief of pain, and places an obligation on the Australian government to ensure adequate provision of cannabis for medicinal purposes. The recent Australian Government announcement to change the *Narcotic Drugs Act 1967* to allow cannabis to be grown in Australia for medical and scientific purposes opens the door for this duty to finally be fulfilled. However, access to medicinal cannabis is still dependent on the state governments to decriminalize cannabis use for medicinal purposes.

So what do we want? Ideally, cannabis should be decriminalised for medicinal and scientific purposes - that is: those who have a medical plan/doctor's approval to use medicinal cannabis should be able to access a quality cannabis product at an affordable price. It should be allowed to be grown (including home-grown), processed and distributed legally, with a simple regulatory system that provides exemptions from prosecution for registered growers, producers and consumers.

Do you want to join a local medicinal cannabis support group? If so, contact Medicinal Cannabis Users Association of Tasmanian, North East Coordinator, Hannah Rubenach-Quinn: hannahrubenach11@gmail.com or 0417 528 088.



Frustrating delay on industrial hemp decision 20 November 2015

The latest decision to delay legalising industrial hemp for human consumption is disappointing and frustrating. Federal Member for Lyons Eric Hutchinson says today's decision by the Australia and New Zealand Ministerial Forum on Food Regulation to consider a study report in March 2016 is another delay that farmers don't need.

"There has been an ongoing and vigorous campaign supporting Tasmanian farmers, so this outcome from today's meeting is not welcome," Mr Hutchinson said. "The benefits that Tasmanian farmers will be able to gain from producing hemp for human consumption cannot be underestimated.

"I've been lobbying for an outcome which will allow the two countries to catch up with the rest of the world. Adding to today's frustration is that Australians can buy imported hemp food products here in Australia but can't buy Australian equivalents."

Mr Hutchinson said one positive to come out of today's forum was that members will consider asking Food Standards Australia New Zealand to commence work on a proposal to allow low THC hemp as a food in March 2016 as a means to ensure that all reports are considered without any unnecessary delay.

"I welcome this particular outcome, but suggest there has been enough unnecessary delay already," Mr Hutchinson said. "I first raised the subject of industrial hemp and the long delay in deciding whether to legalise its cultivation for human consumption last year. At that stage producers in Tasmania but also in other Australian states and New Zealand had been campaigning for the development of this industry for more than a decade."

Destiny - A Christmas Story Part 1

Curraclone, Queens County, Ireland. 1861

Cold Irish mist penetrated their threadbare garments. Thick, gluggy black mud oozed through the soles of their well-worn boots. The gloom of the day-breaking early spring morning matched the mood of the two young dairy maids as they hauled the last four filled-to-the-brim buckets of milk from the milking shed to the dairy.

Shivering, 23 year old Elizabeth Fry complained through chattering teeth 'I hate cows!'

'It's not the cows I be hating,' 24 year old Bridget Fenelley responded. 'It be the milking so early in the morning I be hating.' Catching her breath from the effort of such strenuous work she continued. 'I must be confessing, I really like cows - them being so patient and warm to the touch; rest your hands on their warm bellies and ya hands no longer turn blue from cold.'

Her friend nodded in agreement, so Bridget continued.

'In fact Lizzie, I be liking cows so much I be owning my own herd some day.'

This outlandish notion almost caused Elizabeth to drop her buckets but fortunately only a few drops of milk were spilt.

'And how do ya plan to do that, pray tell - by marrying the Squire's son?'

'Of course not,' Bridget replied with indignation.

'Then tell me, Bridget Fenelly, how do you expect to own ya own herd of cows? Families such as ours will never ever own even one cow, let alone a herd.'

'That be for sure. It could never happen here in Ireland but maybe it could in Australia.'



'Australia!' Elizabeth now dropped her buckets in shock. 'Oh now look what ya made me do,' she sobbed as she gazed fearfully at the pools of milk being swallowed by the mud. 'Now I be in so much trouble.'

'That be for sure! But why should we be in trouble over a bit of spilt milk? I be sick and tired of this fear of the master's wrath. I be fed up with all this drudgery - this servitude,' Bridget declared with passion.

In spite of the gravity of their situation, Elizabeth managed a slight smile. 'And where would ya be learning a big word like 'servitude?'

'I not be able to write or read, but that not be a stopping me a learning a thing or two. But enough for now, dear friend. We be a talking about this more this evening if you have a mind to hear.'

As usual, the Squire was waiting in the dairy to inspect his milk supply. Casting a critical eye on Elizabeth's half full buckets, he thundered 'What have you been up to, you little sluggard? Too lazy to milk properly?'

'No sir,' Elizabeth stammered.

'Then what, girl? Are you a thief - drinking my milk?'

Elizabeth turned ashen and she was on the point of fainting with fright when Bridget intervened.

'Excuse me Squire, sir, there could be a good reason for there being less milk today.'

'And what would that reason be?' he harshly demanded.

'Them wise, wonderful cows of yours could be a sensing a big storm a brewing. It could be making them all nervous like.'

'Storm! I see no signs of a storm a brewing here,' he mocked.

'Sir, I be reading the tea leaves this morning,' Bridget said innocently.

'Tea leaf reading indeed,' the Squire glared. 'You pagan!' he roared and left the dairy in disgust.

'Oh Bridget, thank you for saving me,' the frightened girl gasped, falling into her friend's arms. 'And did the tea leaves really tell you there be a storm a brewing?'

'No,' Bridget admitted. Horrified, Elizabeth exclaimed 'Then you lied to the Squire!' But Bridget was adamant. 'No, I told him the truth - that he has wise and wonderful cows and I read the tea leaves this morning. The Squire jumped to his own conclusions,' she laughed as she watched him walk hastily to his grand house. 'In fact,' she giggled, 'the tea leaves said today will be a glorious spring day.'

Elizabeth smiled in admiration at the wit of her friend. 'But what about him calling you a pagan for you be a good Catholic Christian the same as me.'

'I'm not troubled by being called pagan for pagan means 'country ways' and I'm proud of my country ways - proud of the wisdom and folklore and customs handed down from generation to generation from my Kelly side of the family.'

Elizabeth nodded. Throughout the county people respected and acknowledged that Bridget possessed a special gift of seeing the future through the reading of tea leaves and palms of hands.

'My special gift has revealed my pathway for the future,' Bridget said confidently. 'I will soon be going to Australia.'

'How?' Elizabeth asked, in whispered awe.

'Simple! I will become indentured!'

'Indentured, oh Bridget, surely not. You want to be independent. Indentured mean a form of slavery doesn't it?'

'Only for three years, Lizzie. Then I am free to make a life of my own choosing - a brand new start in a new exciting land. I must do it, for my soul and spirit longs for freedom and adventure.'

That night of June 1861, sitting on the hard, straw-filled mattresses in the loft of the Squire's dairy, the two young women confessed their fears and whispered their dreams. By flickering lantern light, they made their life-changing plans. Two days later, Elizabeth gazed in amazement at two sets of papers she had just collected from the Town Clerk. These indenture papers were just waiting for the consent signatures of Elizabeth Fry and Bridget Fenelley. Elizabeth was still in a daze as to how she had let Bridget talk her into travelling 20 miles to collect the papers. She recalled that Bridget had read her palms, telling her God Himself put special marks on people's hands - so special that everyone had different lines for God had a different life journey for everyone. Some of her lines, like Bridget's, indicated they were travellers.

Bridget had convinced her that they were the perfect team to go to Australia, for they compensated each other's weaknesses and empowered each other's strengths - Elizabeth could read, Bridget was illiterate. Elizabeth was slender, small, beautiful and timid but her smile could charm the spots off a leopard.

Bridget, on the other hand, was tall, forthright, courageous and tenacious with the ability to talk her way out of trouble. Elizabeth was inclined to be pessimistic, while Bridget had unquenchable optimism.

Bridget had sworn her to secrecy. They would only tell their families once all the documents were finalised.

'Because,' Bridget warned, 'the Squire will try to stop us leaving. He might not like us but we are the best dairy maids he has ever had or ever likely to have.'

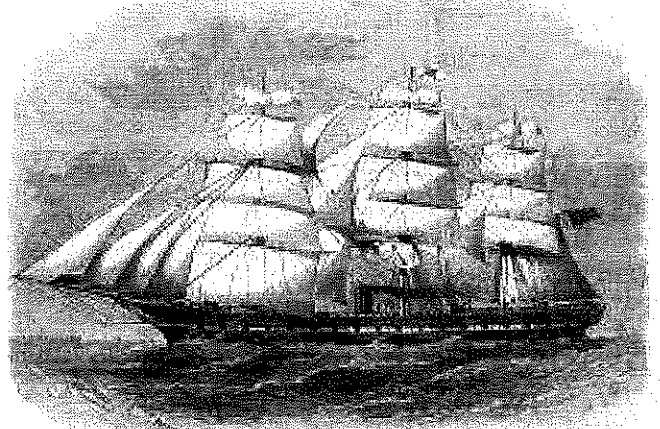
That was true, especially for Bridget. She was renowned as the best butter and cheese maker in all of Queens County. Her produce always won blue ribbons and trophies for the Squire at all the fairs. The Squire certainly would not want to lose his famous prize winner.

'But,' Bridget coaxed, 'just think Lizzie, in Australia we will outshine all competitors with our dairying skills. There we will be champions, not of a county but of a country.'

And so it came to pass on July 11, 1861, two country girls from Ireland set sail from London bound for Tasmania, Australia.

To be continued ...

Beverley Rubenach, Gray.



Tasmanian sparkling wine has made history by being named Champion Wine at the National Wine Show of Australia.

It is the first time a sparkling wine has won the overall champion title, taking out the Len Evans Memorial Trophy for Champion Wine of Show.

The winning drop, a 2006 House of Arras blanc de blanc, is a 100% chardonnay wine.

Chief sparkling wine maker for the House of Arras *Ed Carr* said the grapes mainly came from Tasmania's east coast and the state's south.

"It is very fine, and elegant and complex," he said.

"It often has a toast, mushroom and butter flavour, and surprisingly enough it almost has a fresh oyster, or seaside character."

He said the wine was entered in the sparkling class and won a trophy that automatically entered it into the Champion Wine competition with other trophy winners. He did not expect to win.

"Sparkling wine has come a very long way in Australia in the last 10 years," he said. "They've been knocking on the door of taking out some Champion of Show trophies."

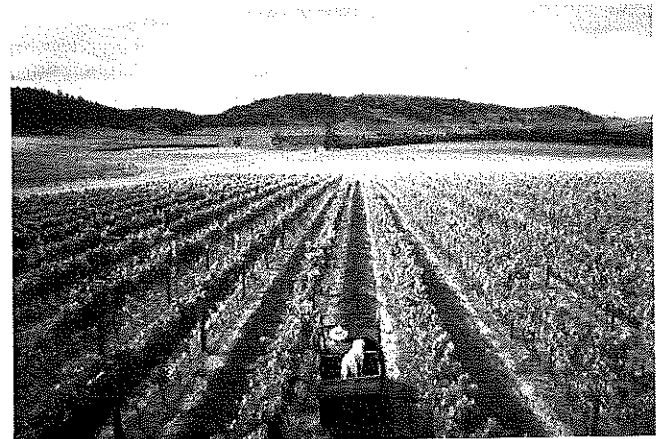
"It's always a surprise but that is an exceptionally good wine. To be champion of the champions is really good."

The House of Arras, EJ Carr 2003 sparkling wine was awarded best Tasmanian Wine at the Royal Hobart International Wine Show.

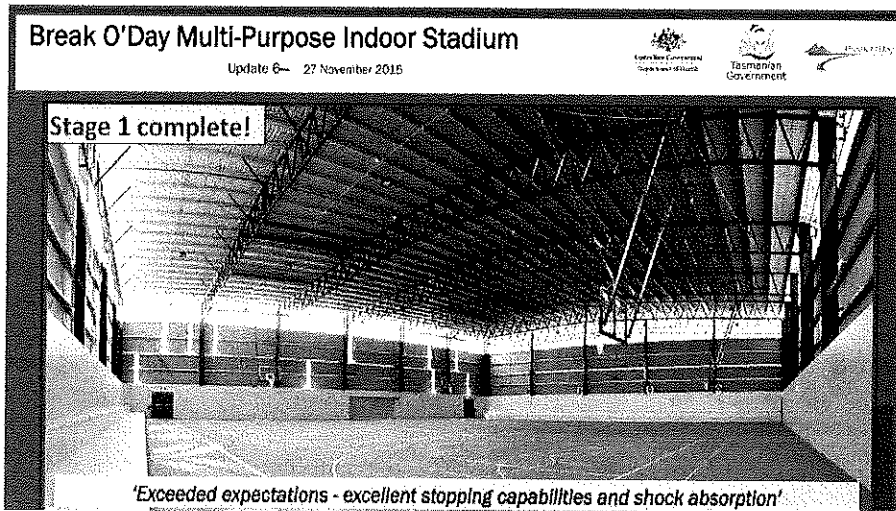
Chairman of the Wine Show Committee John Ellis said that wine was now in the mix to win the Chairman's Trophy next Friday.

He said Tasmania was "the buzz place for growing grapes for sparkling wine".

"You've got the right grape varieties in the right places and the results are just fabulous," he said.



abc.net.au/news/2015-11-20/award-winning-tasmanian-sparkling-wine-makes-history/6960122?WT.ac=statenews_tas



The great flooring debate

Council officers spent many hours (in fact weeks) debating the type of flooring to install. The options were either sprung timber to suit sporting groups, engineered flooring or the Aura flooring, namely Pulastic 2000.

Simply, the Pulastic flooring system is the best suited for the multi-purpose uses.

On November 24 the user group committee were invited to a test and trial run of the flooring and new equipment.

There were a couple of minor defects, which will be rectified and

re-tested in the near future. Please contact Council for more information on 6376 7939 or admin@bodc.tas.gov.au

Fees and charges approved by Council

At the November Council meeting, the fees and charges structure were approved and you will be most pleasantly surprised at the affordability of this fantastic new facility!

Registration of interest

If you are interested in hiring the Stadium, please contact Council for your registration of interest form. Dates and time-slots are filling very fast! You will need to be quick to secure your booking.

To answer the question that customers at Mon's Coffee Corner have asked: 'How does that fan work without being plugged in?'

Answer: It works on a principal discovered by Robert Stirling. This system converts heat into electric current, and this turns the fan. For those who like a more in-depth explanation, see below a Wikipedia article.

'A hot air engine (historically called an air engine, or caloric engine) is any engine that uses the expansion and contraction of air under the influence of a temperature change to convert thermal energy into mechanical work. These engines may be based on a number of thermodynamic cycles, encompassing both open cycle devices such as those of Sir George Cayley and John Ericsson, and the closed cycle engine of Robert Stirling. Hot air engines are distinct from the better known internal combustion engine and steam engine.

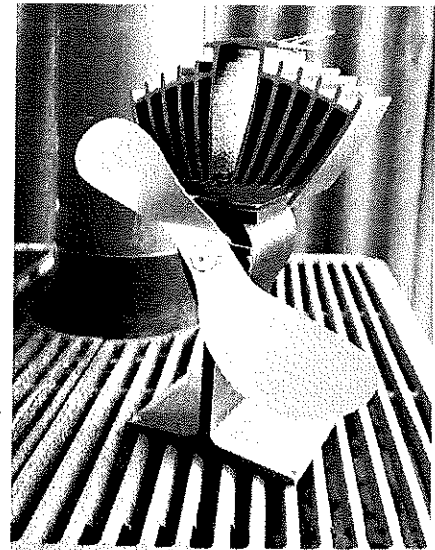
In a typical implementation, air is repeatedly heated and cooled in a cylinder and the resulting expansion and contraction is used to move a piston and produce useful mechanical work.

The term 'hot air engine' specifically excludes any engine performing a thermodynamic cycle, such as the Rankine cycle, in which the working fluid undergoes a phase transition. Also excluded are conventional internal combustion engines in which heat is added to the working fluid by combustion of fuel within the working cylinder. Continuous combustion types such as George Brayton's Ready Motor and the related gas turbine could be seen as borderline cases.

The expansive property of heated air was known to the ancients. Hero of Alexandria's *Pneumatica* describes devices that might be used to automatically open temple doors when a fire was lit on a sacrificial altar.

Devices called hot air engines, or simply air engines, have been recorded from as early as 1699, around the time when the laws of gasses were first set out, and early patents include those of Henry Wood, Vicar of High Ercall (Shropshire) and Thomas Mead, engineer from Yorkshire, the latter in particular containing the essential elements of a displacer type engine (Mead termed it the transferrer). It is unlikely that either of these patents resulted in an actual engine and the earliest workable example was probably the open cycle furnace gas engine of the English inventor Sir George Cayley c 1807.

It is likely that Robert Stirling's air engine of 1818, which incorporated his innovative *Economiser* (patented in 1816) was the first air engine put to practical work. The economiser, now known as the regenerator, stored heat from the hot portion of the engine as the air passed to the cold side, and released heat to the cooled air as it returned to the hot side. This innovation improved the efficiency of Stirling's engine and should be present in any air engine that is properly called a Stirling engine.'



Reon Johns, St Marys



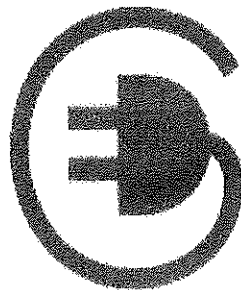
NICK SHAW 0439-414-299

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Heat Pumps today and stay WARM this WINTER,
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-up to 18kW



St. Helens Electrical

Rod Shaw 0407-615-072

Nick Shaw 0439-414-299

24798 Tasman Highway
St. Helens, Tas. 7216

Email:
sth.electrical@gmail.com



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Supply and install all brands
Floor, Wall, Ducted
Advice on all home heating

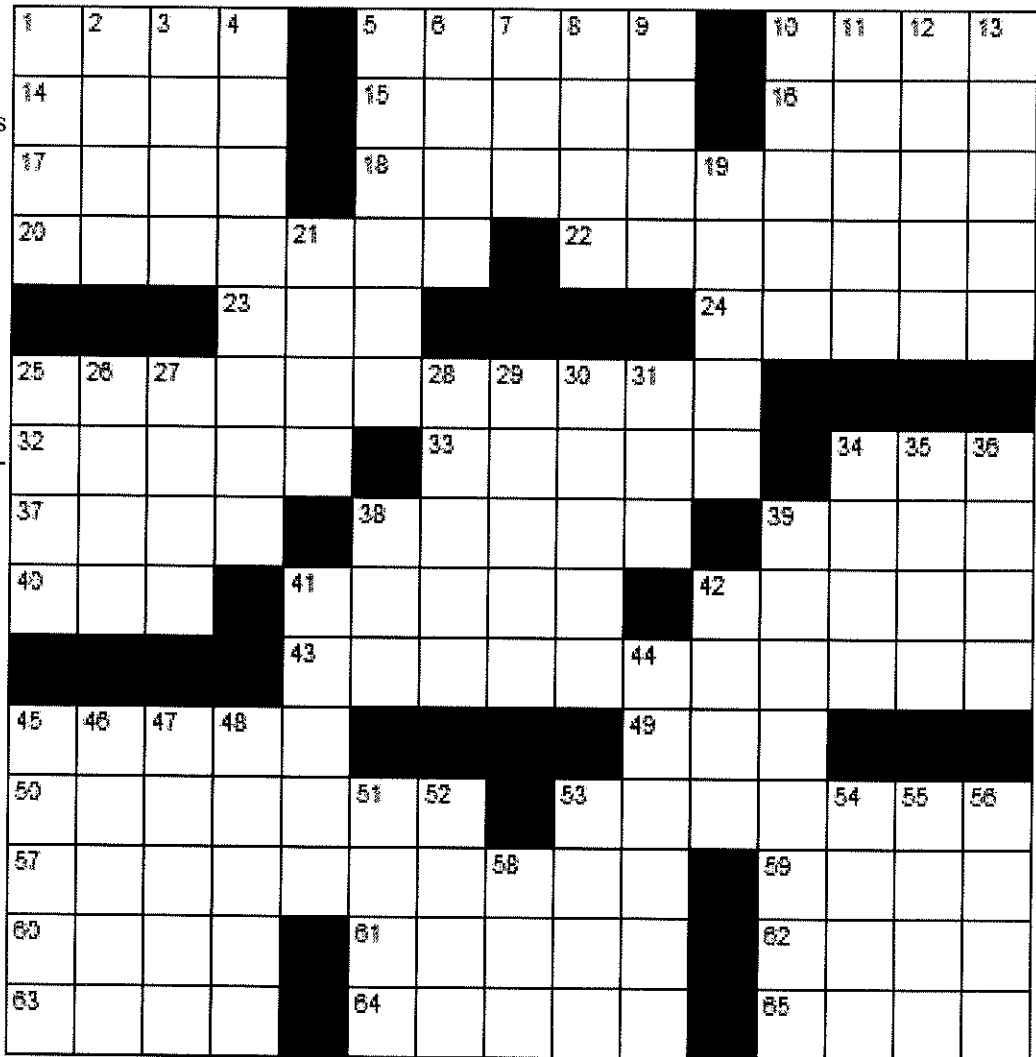
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1kW to 100kW

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and through the Fingal Valley
Lic: 933671

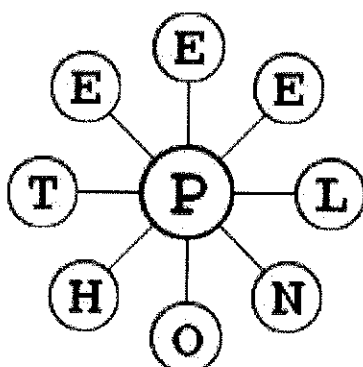
ACROSS

1. Banner
5. Wooden shoe
10. Render unconscious
14. Den
15. Investigate
16. Not a single one
17. Ammunition
18. Greatness
20. Stonework
22. Green gem
23. Japanese apricot
24. Laneway
25. A type of light exercise
32. Catkin
33. Historical period
34. Obtain
37. Jewelry
38. Licoricelike flavor
39. Soft drink
40. Father
41. Subsequently
42. Not rural
43. Classing
45. Line dance
49. Mayday
50. Opposed
53. Captive
57. Backwash
59. On the road
60. Popular hot beverages



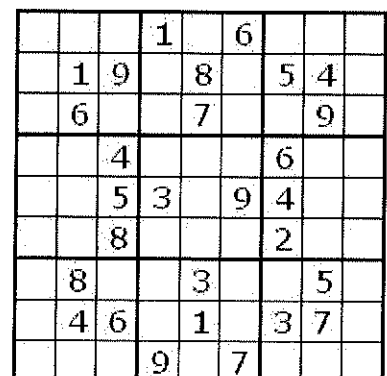
DOWN

1. Deception
2. Tibetan monk
3. Goals
4. Sprucing up
5. Apparition
6. Ground forces
7. Hit on the head
8. Double-reed woodwind
9. School session
10. Entangle
11. Relating to tone
12. Parental brother
13. Poverty-stricken
19. Instruct
21. Where a bird lives
25. Credit or playing
26. Dogfish
27. Extend credit
28. Reddish brown
29. Long stories
30. Snouts
31. Frozen water
34. Mongolian desert
35. Dash
36. A tart spicy quality
38. Be unwell
39. Gems
41. Skins
42. Flying saucers
44. Chemical cousin
45. Hindu social division
46. Leered
47. A nymph of lakes
48. Itinerant
51. Sun
52. Threesome
53. Angel's headwear
54. Absent Without Leave
55. Donated
56. Gave the once-over
58. Eastern Standard Time



Solutions next issue

How many words can you find in this grid?
Each word must contain the central P and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word?
Excellent: 26 words. Good: 20 words. Average: 15 words.



Meals on Wheels

December 3	Heather Griffiths
4	Drew Adam
7	Karl Balzer
8	Louise Keady
9	Trish Pike
10	Valmai Spencer
11	Drew Adam
14	Ruth Aulich
15	Louise Keady
16	Valmai Spencer

Church Services

**Catholic Parish of
St Marys - Father Bala**
6372 2252 / 0419 314 692

Bicheno
Mass 1st, 3rd & 5th Sunday
9am
Liturgy 2nd & 4th Sunday
9am
Fingal
Mass 1st & 3rd Sunday
11.30am
5th Friday 10am
St Helens
Mass Saturday 6pm
Thursdays 10am
St Marys
Mass 2nd & 4th Sunday
9am
5th Sunday 11am

**Anglican Parish of
Northern Midlands**

Avoca
11am 2nd Sunday
Fingal
2pm 2nd Sunday
Mathinna
2.30pm 4th Sunday
Ross
10am 5th Sunday
Campbell Town
9am

**Break O'Day
Uniting Church**
The Manse 6376 2405
St Helens 9am
Fingal 11.15am

**Break O'Day Anglican
Parish**
6372 1144
St Helens
9.30am 5th Sunday Com-
bined Service with Uniting
Church 9.30am
St Marys 10am
Pyengana
facebook.com/anglicanbod

Tip locations and opening hours

<i>Ansons Bay</i> Long w/end Mon 12 - 4 Wed/Sun 12 - 4	<i>Scamander, Coach Street</i> Tues/Thurs 10 - 4 Sun 2 - 5
<i>Fingal, Mathinna Road</i> Tues/Thurs 10 - 4 Sun 2 - 5	<i>St Helens, Eagle Street.</i> Open 7 days 10 - 4
<i>Pyengana, Tasman Hwy</i> No builders' waste please Wed 9 - 1, Sun 2 - 5	<i>St Marys, Gray Road</i> Tues/Thurs 10 - 4 Sun 2 - 5

Emergency services

AURORA Emergency	13 20 04
Carers for Wildlife St Marys	6372 2973 / 0417 017 105
Crimestoppers	1800 333 000
Poisons Information	13 11 26
Police Emergency	000 & Enq 13 14 44
SES Emergency	13 25 00
TFS Emergency	000 & Enq 1800 000 699

Last edition's solutions

de, did, didie, didies, die,
died, dies, diesis, dig, digs,
dis, disguise, **DISGUISED**,
diss, dissed, disuse, disused,
dud, dude, dudes, duds, due,
dues, dug, dugs, dui, ed, ged,
geds, gid, giddies, gids, gied,
gude, gudes, guid, guide,
guided, guides, guids, guised,
gussied, id, ides, ids, issued,
side, sided, sides, sudd, suds,
suds, sudsed, sued, used.

9	7	4	1	6	8	2	3	5
2	1	8	9	3	5	6	7	4
5	3	6	4	2	7	1	9	8
3	9	7	2	8	6	5	4	1
1	6	2	5	4	3	7	8	9
8	4	5	7	9	1	3	6	2
6	2	3	8	1	4	9	5	7
4	5	9	3	7	2	8	1	6
7	8	1	6	5	9	4	2	3

P	A	I	D		D	E	L	L		V	A	S	E			
A	C	M	E		A	X	I	A	L		A	X	I	L		
P	I	P	S		P	A	N	N	E		T	E	L	L		
A	D	A	P	T		M	E	D	A	L	I	S	T	S		
			T	I	R	O		D	A	R	I	C				
E	P	I	T	O	M	E		U	N	M	A	S	K			
G	R	E	E	T	E	R	S			A	N	T	I	C		
G	I	N			N	A	I	R	A			R	N	A		
S	E	C	T	S			P	Y	R	A	M	I	D	S		
			D	E	R	I	V	E		E	C	L	I	P	S	E
					I	T	E	M	S		S	E	N	T		
O	V	E	R	S		L	E	E	P		S	I	E	V	E	
T	I	K	E			U	T	I	L	E		M	A	I	N	
I	T	E	M			M	I	N	U	S		U	S	E	D	
C	E	D	E			C	E	S	S		M	E	W	S		

Community Groups / Services Guide

For inclusions / amendments call 63722 766

AA St Helens meets Wednesday 8pm at St Paul's Anglican Church hall, St Helens. *Murdoch 6376 3335*

AA St Marys meets Friday 7pm at Holy Trinity.
Mick / Shirl 6372 2909

Al Anon (Family Group) meets Sunday 2-3.30pm at St Helens Neighbourhood House. Please call (in order)
Rose 0456 063 943 / Ann 0409 763 270

Beaumaris Swap Markets meet on the 1st Sunday 11-1pm monthly at Beaumaris Park. Plastic bag free, gold coin donation per stall (bookings required).
Laura 6372 5687

BINGO at the Cornwall Hall Mondays at 7pm, 2 jackpots weekly. All welcome.

Break O'Day Council St Helens 6376 7900

Break O'Day Regional Arts meet monthly on the 2nd Thursday at 5.30pm in the St Marys Hotel.

RAYC Regional Arts Youth Company for school children is on Thursday 3.30-5pm. Session cost \$5 or \$40 p/10 week term.

All welcome.

Michelle 0407 046 865 e: bodregionalarts@gmail.com

The BOD Stitchers meet Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The Break O'Day Woodcraft Guild Inc. meet monthly on the last Thursday 11am in the Goods Shed behind the St Marys Railway Station.

Carers for Wildlife Tas Inc.

St Marys 6372 2973 / 0417 017 105

The Chocolate Shop Singers meet Thursday 5.30pm at the Mt Elephant Fudge shop St Marys for informal and fun singing. Everyone welcome.

Churches Anglican Church St Helens 6376 1144,
Catholic Church St Marys 6372 2252, Salvation Army St Marys ,0409 838 816 Uniting Church St Helens 6376 2405

The Cornwall Community Development Group Inc. hold their general meetings on the 1st Tuesday 7pm monthly. Hall hire available. *Raz / Deb 6372 2261*

East Coast Community Transport, Community Hall, 23 Main Street, St Marys. *Jan Saunders 6372 4415*

The Falmouth Community Centre contact for booking club facilities is *Cherrie Schier 0417 887 941*

The FVNH Op Shop is happy to receive pre-loved clothing & goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain.
Deb Speers FVNH

Greater Esk Tourism meet on the 2nd Monday 7pm at Fingal Neighbourhood House monthly. *0412 425 666*

Healthy House St Helens 6376 5242

Hospitals Circassian Street St Helens 6387 5570
Community Health Centre St Marys 6387 5555

Justices of the Peace K Faulkner 6372 2196

Libraries St Marys 6372 2114, St Helens 6376 1389

Lymphoedema St Marys Lymphoedema Centre 6272 2900

Meals on Wheels St Marys 0488 384 344

Museums Cranks & Tinkerers St Marys 0417 648 845

Online Access Centres Fingal 6374 2222, St Marys 6372 2005, St Helens 6376 1116

The Scamander and Beaumaris Community

Development Association meets monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

Scamander Garden Club meets monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex.
Val 6372 2762

Schools - District High Schools, St Helens 6376 7100
St Marys 6372 3900

Primary Schools, Avoca 6384 2117, Fingal 6374 2197

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. *Healthy House 6376 2971*

Bryan Edhouse 6376 3439

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere.
Bec Mason 0409 253 504

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.
St Marys Ladies' Midweek Tennis meet 9.30am

Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. *Karon 0419 722 390 / Dana 6372 2033*

St Marys Markets are held monthly on the 1st Saturday 9-1pm at the St Marys Community Hall.

Michelle (BODR Arts) 6372 2056 / 0407 046 865

St Marys Online Access Centre, 23b Main Road St Marys. Monday to Friday 9.30-4.30 Sat 11-2. 6372 2005

The St Marys School Association Op Shop is open 10-4 w/days & Saturdays 9.30 -12.30. We are happy to receive ALL pre-loved items excl. electrical.

Janet Drummond 0404 562 320

St Marys Sports & Social Centre Inc 6372 2177

St Patricks Head & Esk Valley Historical Society Inc. meets every 2nd month on the 3rd Wednesday at 3pm.

Jim 6372 2127 (jimhaas@bigpond.com)

www.fingalvalleyhistory.com

Stallholders' Market Inc. markets are held Saturday 8-12pm in the Portland Hall St Helens.

e:sthelenmarket@yahoo.com.au

Suncoast Singers meet Friday at 10am in the Catholic Hall Cecilia Street, St Helens.

Mary-Anne Wadsworth 6376 2969

The Tasmanian Lymphoedema Centre Inc meet monthly on the 3rd Monday 5pm in the St Marys Community Health Centre, Day Care Room.

Woodcraft Guild Old Railway Goods Shed St Marys 6372 2094

WOW is a fun social group for ladies of all ages.

Meets on the 1st Tuesday of the month from 6.30pm to 8.30pm (February to December 2016).

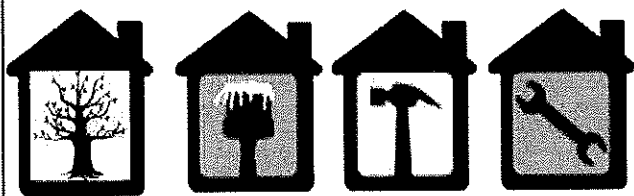
Contact Christine 0410 441 558 for further details.

mikes handyman service

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Gardening	Rubbish removed
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Coin operated washers
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6.30am - 8pm

EAST COAST GLASS



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- Double glazing
- Aluminium windows
- Security doors

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Call David or Anne Cannon for professional,
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ST MARYS

MARKET DAY

Saturday December 5, and
Saturday December 19, 2015

St Marys Community Hall
9am - 1pm



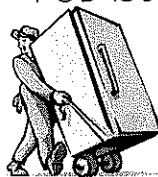
Arts, Craft, Books, Leatherwork, Can-
dles. Jewellery, Handmade, Plants,
Pottery, Homegrown, Clothing, Beautiful Things,
(Nice) Smelly Things and Scrumptious Things.
French-style cafe open inside. Exciting ... Pop Up
Arts exhibitors are an on-stage feature

Bookings & Enquiries -
Christine 0410 441 558 or
Michelle on 0407 046 865
e: bodregionalarts@gmail.com



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POB 136 Scamander Tasmania 7215



Washing machine noisy?
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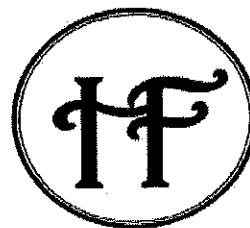
Office & Chapel:

46 Tully Street St Helens

6376 1153 ~ 0418 133 420

tamara@harrisfunerals.com.au

Member of the
Australian Funeral Directors Association



St Marys Community Health Centre
Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

GP Surgery Hours

Monday - Friday

8:50 - 10am

(10 -10:30am reception closed)

10:30am - 12.30pm

(12:30 - 1:30pm reception closed)

1:30 - 2:45pm

(2:45 - 3:15pm Reception closed)

3:15 - 4:30pm

Pathology

There is no pathology service prior to

8.30am, or from 12:30-1.30pm

If you require pathology prior to 8.30am,
an appointment must be made at the
Nurses' Station the day / evening before on:
6387 5555

**Scripts and Doctors
appointments**

Please ensure doctors appointments are
booked **PRIOR** to your medications running
out, or **IN ADVANCE** if you attend this practice
regularly.

Please be patient

Waiting periods to see your doctor may be
experienced. We are not able to issue scripts
during the weekends, please ensure you
have enough in advance.

**Please be aware we are not able to issue
scripts by phone**

Are your details up to date?

Do you have a new address / phone number?
Do you have a new Centrelink / Medicare card?
Have you updated these details with us?

Sometimes we need to contact you, or pass
your details on to other health professionals.

**You may also be charged for some medical
services if your Centrelink / Medicare
cards are not current**

If **any** of your details have changed, please
contact us on 6387 5555 or call in and see our
friendly reception staff for assistance.

INR tests require a 5 minute doctors consultation.
- Please inform reception when booking

Doctors Roster

Dr C Latt

3/12/15—18/12/15

Dr E. Reeckman

10/12 & 11/12 2015

Cancer Council Outreach Service

On the first Friday of every month the Cancer
Councils Senior Support Officer Richard Austin
will be available for **drop in appointments** at
the St Marys Community Health Centre.

Richards role is to help support those of you
who have a cancer diagnosis and help you
work through any questions you may have with-
out having to travel to Launceston to get the
support you may need.

**St Marys Medical Practice
reminder**

Dr Latt wishes to remind the community of the
following exceptions to bulk billing at the SMCHC

- ♦ *Driving licence re-
newals*
- ♦ *Insurance medicals*
- ♦ *Requested medical
reports*
- ♦ *Harness medicals*
- ♦ *Pre-employment
checks*

The above are NOT covered by Medicare, and may
incur cost. Please discuss this with reception when
making your appointment. If you have any con-
cerns, please contact us and we will try and address
them

A.H. contact numbers

GP Assist 1300 780 011

**Ambulance or
Emergency 1800 008 008
000**

**Lifeline - Saving lives, crisis
support and suicide prevention 131 114**

**St Marys Community Health
Centre - please ring before 6387 5555
presenting after hours**

St Marys Community Health Centre

Gardiners Creek Rd St Marys Tasmania 7215
6387 5555

What's on at the Centre

December 3 **Social Worker** Shan Williams
Call 6387 5555 for appointments

Psychologist- Please see your GP for a referral

December 4 **Social Worker** Shan Williams
Call 6387 5555 for appointments.

PHT Diabetic Educator, Physiologist and Dietician. Contact GP for referral

December 7 Hospital Auxiliary Meeting 2pm in the Family Room.

December 8 **Rae & Partners Lawyers** consult fortnightly at the SMCHC. Phone 6337 5555 for appointments.

Child Health Session with Mary Mumford Tuesday fortnights, by appointment only.
Phone 0428 136 381

Woman of Worth 6:30-8:30pm in the Day Room of the Health Centre. A fun, relaxed, social evening for ladies of all ages. RSVP to Christine Waters 0410 441 558

December 9 **Day Centre**, call Hayley Gilbert on 6387 5555 for information on the group.

Podiatry North- For appointments please phone 6336 5155. Last session for 2015

December 10 **Social Worker** Shan Williams
Call 6387 5555 for appointments

Psychologist- Please see your GP for a referral

Eyelines- For appointments please phone 1300 139 363. All consults are bulk billed to Medicare

December 11 **Social Worker**- Shan Williams
For appointments phone 6387 5555

December 15 **Lightfoot Podiatry**- Perry Daly.
Phone 6331 9568 for appointments

Child Health Session with Mary Mumford Tuesday fortnights, by appointment only.
Phone 0428 136 381

December 16 **Social Worker** Shan Williams
Call 6387 5555 for appointments

Physiotherapist Please see your GP for referral

Day Centre, call Hayley Gilbert on 6387 5555 for information on the group. Last Day Centre for 2015

Consumer & Carer Advocacy Group 12 - 2pm downstairs at the SMCHC. Call Shan on 6387 5555

December 17 **Psychologist** Please see your GP for a referral

Social Worker- Shan Williams
For appointments phone 6387 5555

December 18 **Dr Chia- Sleep Study Session.** See your GP for details on sleep study testing

Social Worker Shan Williams
Call 6387 5555 for appointments

Oral Health Services

Free Dental Care for ALL children and teens under 18

From 9/11/15 - 18/12/15

Located at the SMCHC

Phone 1300 011 013 and ask for an appointment at the Mobile Dental Clinic St Marys.

St Marys Day Centre

The last day for the St Marys Day Centre in 2015 will be Wednesday December 16. We will resume on Wednesday January 27, 2016.

Thank you to everyone in the community who have continued to support us in 2015.

Sleep Studies at the SMCHC

Sleep studies are now being conducted through the St Marys Health Centre in conjunction with Dr Latt and Dr Chia from the Launceston Sleep Centre.

This is a fantastic opportunity for our community, as these studies have only been available in Hobart and Launceston in the past.

If you are suffering from a sleep disorder please see your GP for further advice.

Phone 6387 5555



ST MARYS IGA SUPERMARKET

38 Main Street

Ph/Fax 6372 2240 Butcher 6372 2274

Monday - Friday 8am - 6.30pm

Saturday 8am - 5pm

Sunday 10am - 5pm

Butcher instore weekdays 8am - 2.30pm

In the centre of town, at the heart of the community

Butchery specials December 2 - 8

	p/kg
Porterhouse Steak	18.99
BBQ Steak	12.99
Short Loin Lamb Chops	14.99
Lamb BBQ Chops	12.99
Ingham Fresh Turkey Leg Roast	11.99

Butchery specials December 9 - 15

	p/kg
Nichols 6 Legged Chickens	4.55
Nichols Chicken Breast Fillets	9.99
Blade Roast	12.99
Silverside	8.99
BBQ Meat Pack	10.99

Two week specials from December 2 - 15

Ingham Frozen Turkey Breast 1kg	17.99	Pantene Shampoo or Conditioner 350ml	4.99
Ingham Frozen Chicken Kiev 350g	6.99	333's Pickled Onions 500g	2.99
Superior Gold Smoked Salmon 100g	5.99	Cascade Apple Isle 750ml	2.49
Kraft Cheese Singles 216g	2.49	Fountain Tomato or BBQ Sauce 2L	3.99
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Fishermen rescue wombat hundreds of metres offshore in Tasmanian lake

A pair of fishermen have rescued a wombat they found swimming more than 250 metres offshore at a lake in central Tasmania.

Bob Wilton and his stepson Craig Wilson were looking for a sheltered place to drop a hook when they noticed something in the water.

"It was fairly windy and fairly choppy out on the water and we were just looking for a place along the foreshore to get out of the wind," Mr Wilton told 936 ABC Hobart.

"As we were moving I noticed what looked like a platypus from a distance in the lake. As I got closer I thought it looked like a rat and when I got closer it was a wombat.

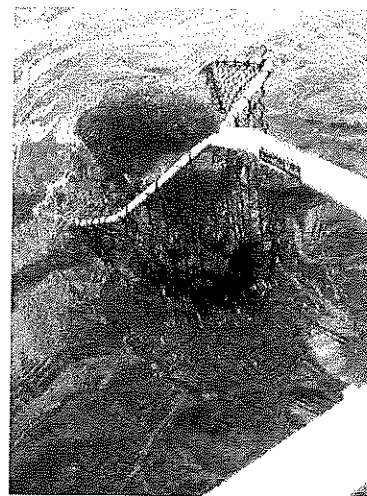
I reckon he was about 250 to 300 yards offshore."

Mr Wilton said his stepson used a net to rescue the struggling marsupial in Woods Lake in Tasmania's central highlands.

"He was pretty well distressed," he said.

"He was struggling and that and I said to Craig, 'I think we better help this poor guy out'. I picked him up by the fur and lifted him up into the boat and he just sort of sat on the floor. I think he was glad to get his feet on the floor of the boat."

Mr Wilton said he had no idea how the wombat ended up so far from the shore but he did not appear to be injured.



<http://www.abc.net.au/news/2015-11-30/fishermen-rescue-wombat-struggling-to-keep-a-float-in-lake/6987724>

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