

The Valley and East Coast Voice Inc. \$1

valleyvoice.com.au

Established 1968 Vol 47.04 June 19th 2014 The deadline for 47.05 is 5pm June 30th 2014

NEW WORK FOR THE DOLE SCHEME IN LYONS A major part of north and north-west Tasmania has been selected as one of the 18 regions nationally for the Federal Government's new Work for the Dole arrangements for young job seekers, page 4



Local golf team wins State title,

article on page 31

Pictured is the winning team at their celebration dinner, held at the Scamander Complex on Wednesday June 4th 2014.

Back: Dot Hardcastle, Mary-Anne Innis, Lesley Kellaway, Glenda Gale, Bobby Harwood and Dorothy Weedon

Front: Margaret Thompson and Beth Haas.

Photo by Stan Hardcastle

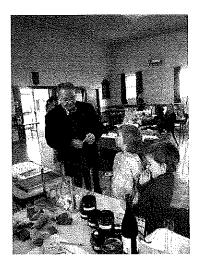
A letter from the Fingal Valley Neighbourhood House President concerning donated bread, Second Bite and the Drug and Alcohol Education Program, page 7

The St Marys District Hospital Support Association Inc. advise members that subscriptions of \$5 are now due and payable to the Treasurer by June 30th 2014. Payments can be left with Barb or Sue at the St Marys Post Office. Thank you. Len Miles (President) and Murray Bennett (Treasurer).

(This notice was omitted from the last issue of the Valley Voice. Editor.)

Results of TransBOD raffles drawn by David Llewellyn MHA

(pictured right) at St Marys Market on May 31st 2014, page 16



Tasmania Police is cracking down on those involved with illegal firearms as part of *Operation Unification – Illegal Guns Off Our Streets* which starts June 16, more information on page 4

The events program for the St Marys Festival of Voices will be out soon

FVNH Committee Meeting at the St Marys Hotel - June 25th 2014
St Marys Sports and Social Club AGM - June 27th 2014
TransBOD Workshop at St Marys - July 12th 2014
St Marys Festival of Voices and Wrapped at St Marys - July 19th and 20th 2014
East Coast Winter Salon at Bicheno - July 27th 2014

Community Announcements

AA St Helens (Alcoholics Anonymous) meet Wednesdays 8pm at St Paul's Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

AA St Marys (Alcoholics Anonymous) meet Fridays 7pm at Holy Trinity. Call Mick or Shirl 6372 2909.

Al Anon St Helens (Family Group) meet 2pm Sundays at St Paul's Anglican Church Hall St Helens. Call Anne or John on 6376 4270 / Rose on 6376 3335.

Beaumaris Swap Markets are held monthly on the 1st Sundays at Beaumaris Park from 11-1pm. Plastic bag free, gold coin donation per stall (bookings required). Call Laura on 6372 5687.

BINGO at the Cornwall Hall Mondays at 7pm, 2 jackpots each week. All welcome.

Break O'Day Regional Arts meet monthly on the 1st Tuesday in the Supper Room at St Marys Community Hall, 4pm. RAYC Regional Arts Youth Company for school aged children is on Thursdays 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome. Michelle on 0407 046 865. e: bodregionalarts@gmail.com

The B.O.D. Stitchers meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The Break O'Day Woodcraft Guild Inc. meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The Chocolate Shop Singers meet Thursdays 5pm at the Mt Elephant Fudge shop St Marys for informal and fun singing. Everyone welcome.

The next general meeting of the Cornwall Community Development Group Inc. will be on Tuesday 1st July. Hall hire available, please contact Raz or Deb on 6372 2261.

East Coast Community Transport, Jan Saunders, Community Hall, 23 Main Street, St Marys. 6372 2137.

The Falmouth Community Centre contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **FVNH Op Shop** is happy to receive pre-loved clothing and goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain. Deb Speers for FVNH.

Gone Rustic Studio + Gallery 37 Main Street St Marys. Operation Cover-up meet on the 3rd Fridays monthly from 11-2, creating quilts and knitwear for those in need locally and overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included. Rustic Ragamuffins meet Wednesdays 7-9pm. Bring along your current stitching project and have some time-out while catching up on your UFOs (UnFinished Objects)! Cost of \$5 includes homemade treats and a cuppa. 6372 2724 / 0417 027 424

Greater Esk Tourism meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. 0412 425 666.

Meals on Wheels meeting dates for 2014: 21/8/14, 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

The Scamander and Beaumaris Community Development Association meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Call Val on 6372 2762.

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere for all the family. Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337.

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis meet 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033.

St Marys Markets are held monthly on the 1st Saturday at the St Marys Community Hall 9-1pm. Christmas may see a second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODRArts) on 6372 2056 or 0407 046 865.

St Marys Online Access Centre, 23b Main Road St Marys. Mon to Fri 9.30-4.30 Sat 11-2. Ph 6372 2005.

The St Marys Op Shop (School Association) is open 11-3 weekdays (as volunteers are available) and Market Saturdays 10-12.30. We are happy to receive ALL preloved items excluding electrical. SMALL donations can be left at the St Marys Newsagency when the shop is not open or contact Janet Drummond - Coordinator 0404 562 320 for assistance. Check out the Facebook page for current information and special offers. facebook.com/pages/St-Marys-Op-Shop-St-Marys-District-School-Association-Fund-Raiser/211790102364866

St Patricks Head & Esk Valley Historical Society Inc. meets every 2nd month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 (aulich@bigpond.com) or Jim 6372 2127 (jimhaas@bigpond.com) www.fingalvalleyhistory.com

Stallholders' Market Inc. is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens. e: sthelenmarket@yahoo.com.au

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome ... if you can talk, you can sing. Call Mary-Anne Wadsworth on 6376 2969.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

Editor: Wendy Dawson
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web: valleyvoice.com.au

facebook.com/ValleyEastCoastVoice

Advertising rates for 2014:

- Business card ads \$15
- ½ page ads \$40
- ♦ Intermediate ads \$18
- Full page ads \$65
- ♦ 1/4 page ads \$25

Community announcements are free. Classified ads are free for two issues. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20. Articles for publication may be left at the St Marys Pharmacy, posted to 12 Groom Street St Marys 7215 or emailed. For online advertising, contact the Editor.

For Sale

2 metal-framed loft beds with desk (mattresses not included) \$250 ea. Glen Air portable air cooler with fittings \$50. Wooden carved chest 34x16/20" high \$35. Wooden carved chest 27x11/13" high \$25. Boys Raleigh bike, black/green, 32", 20" tyres \$150 ono. Girls Avanti bike, pink/gray, 32", 20" tyres (had a few problems) \$100 ono. Ph 6372 2112

Valet ducted vacuum cleaner system. New, still in carton incl. fittings & some piping \$1,000. Poulson Pro (Husqvarna)16hp / 38" cut ride on mower, 6 years old, little use. Pristine con. but needs minor repair to a pulley, includes unused trailer \$2,600. Cox, professional mulcher / chipper good con. \$750. Dressed softwood studs & beams (new) 2 / 5.8m x 190 x 40mm \$40 ea, 3 / 4.8 x 90 x 45mm \$15 ea, 1 / 4.2 x 90 x 45mm \$13 ea, 4 / 2.6m x 100 x 50mm \$10 ea, 2 / 2.6m x 90 x 45mm \$8 ea. Palings new, 50 (approx.) / 1500 x 100 x 15mm \$1.50 ea. Poly Dripline (gd. con) 13mm, approx. 100m \$30. Colorbond corrugated roofing sheets 1/5m (brown) \$30, 1/3m (brown) \$20, various lengths & colours approx 1.2 to 2m from \$10. Queen Bed & mattress, with side tables/drawers \$550, Double Bed & mattress \$250, King Single & mattress \$250. All in v. good, clean cond. Small Crosley Fridge (approx. 300 ltrs no freezer, but excel extra fridge). Gd cond. \$100. Westinghouse Range Hood. Gd con. new filter \$125. New knee high (snow country) walk boots warm & waterproof, ideal boat/ outdoors, men's sizes 8-11 (women's frac. 9-13b multifit). Cost \$89 sell for \$40. Ph 6372 2626

Brand New Generator. Output rated 7,500 to 9,000 kw. Will run household or workshop. 15 hp petrol engine with remote start/stop. Under warranty 'till 10/14. Never been used. \$800 Ph 0428 345 265.

20 kitchen cupboard doors (ass. sizes) incl. hinges, possibly suit shack, also 4 matching kitchen drawers in good condition \$100 ono. Ph Geoff 6374 2325

Moo poo, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Ph Norm. 6372 2380

Round bales, garden mulch or bedding, \$50 ea, free delivery in St Marys area. 0407 944 158

For Sale



Wine rack, 50cm wide x 42cm deep x 95cm height. Holds 8 to 14 bottles. \$40. Ph 0419 154 193

Home brew bottles, old style long necks (not screw tops) in plastic crates, \$5 per dozen. Fish Tank/Aquarium cost over \$900, 90cm wide x 46cm deep x 75cm high on solid metal stand. Pump

and filter, downlight and rocks, \$200. Ph 6376 8229

Viking Ride on mower, runs well in good cond. Pick up only from St Helens \$750 firm. Ph 0423 969 943

Epson portable photo copier, like new, needs ink, multifunction \$50. Twin tub washing machine, washes but no spin, \$30. Wet suit for 65-85kg person, \$35 Ph 0437 148 845

1 Queen size mattress \$100 ono. 1 Timber wardrobe \$100. 1 bedroom timber corner unit \$60. Child's corner unit and wardrobe \$60 each/\$100 together. 2 computer chairs \$10 each. 1 dark timber kitchen cabinet \$120. 1 large wall unit/bookcase \$30. 1 queen bed with iron/timber bed head \$30. 2 bar stools \$10 each or 2 for \$15. 3 seater brown couch \$200 ono. 1 corner tv unit \$20. 2 computer desks - corner one \$25. 1 electric keyboard \$45 ono. Plastic chairs \$5 each. 1 computer screen \$15. All goods must go, any reasonable offer, ph 6372 2164 after 5pm or text 0457 449 624 for pics.

Antique sausage maker \$10. Range hood \$10. Stainless steel sink \$20. Brush cutter \$70. Circulation booster, cost \$300, as new, \$100. Ph 6372 2251

Wanted

House cleaning work wanted, mature lady with references. \$16 p/h. Ph 0437 148 845

Person for mulching in St Marys area, ph Bronwyn 6372 2755

Give Away

Beta Video and 100 tapes. Ph 6372 2251

The next Council meeting will be held on Monday 21st July 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.

Please note change of contact for Valley Voice:
phone 0403 430 452 only.
Other details remain unchanged.

On this day in 1978 - The first Garfield comic strip appears in 41 American newspapers

New Work for Dole Scheme in Lyons June 6, 2014 Continued from front page.

...Federal Lyons MP Eric Hutchinson said today that 18 to 30 year olds in North and North-West Tasmania who have been unemployed for 12 months or longer and receiving Newstart and/or Youth Allowance will be required to Work for the Dole from the start of the next financial year. Those centres in the Lyons electorate selected as part of the North and North-West Tasmania region include Port Sorell, Sheffield, Lorinna and Cradle Mountain in the North-West, and stretch from St Helens to Poatina and Ross in the North. Mr Hutchinson said that from July 1 this year, participants will complete about 15 hours a week for six months in a work-like environment.



"The Government's reinvigorated Work for the Dole program will give all participants the chance to have a go," Mr Hutchinson said. "The Federal Government firmly believes that all Australians capable of working should be working. They should be earning, learning or Working for the Dole. Work for the Dole is an important part of the Government's plan to help young job seekers gain the skills and experience they need to move from welfare to work, and make a positive contribution to their local community. It keeps job seekers engaged and active and helps avoid a lifetime of welfare dependency."

Mr Hutchinson said that the Government would appoint a Work for the Dole coordinator for North and North-West Tasmania with tenders to be called this week.

"These coordinators will have the vital, on-the-ground task of identifying local organisations willing to host a Work for the Dole place and connecting those organisations with employment service providers across the area," Mr Hutchinson said. Work for the Dole places will be sourced in not-for-profit organisations, local councils and federal and state government agencies.

The first 18 selected areas for Work for the Dole announced this week make up the first phase of the new program which will be rolled out in full nationally from July 1, next year. These locations were selected from around Australia because of their high unemployment, high numbers of young job seekers and because the local communities will significantly benefit from Work for the Dole.



Tasmania Police is cracking down on those involved with illegal firearms as part of *Operation Unification – Illegal Guns Off Our Streets* which starts June 16. The two week operation is part of an Australia-wide campaign and aims to get stolen and illegally imported, manufactured and used firearms out of circulation.

Information from the public will be a key to the operation's success.

"We've had good success in recent years in locating and destroying illegal firearms," said Tasmania Police Detective Senior Sergeant Craig Joel. "There are people in Tasmania involved with illegal firearms and we're asking for information from the community to help us identify and arrest them. Information about who has illegal firearms, how they are getting them, where they are being stored and what they are being used for could assist our ongoing investigations."

So far this year 54 firearms have been stolen in Tasmania; 23 have been recovered. Each year Tasmania Police destroys about 1400 firearms, including handguns, rifles, shot guns and semi-automatic weapons. Destroying them helps prevent their use in further criminal activity.

There is a permanent amnesty for handing in firearms. Under the Firearms Act 1996, any firearm can be handed into a police station and no further action will be taken in relation to possession offences. Special amnesty days will be held throughout Operation Unification at Launceston Police Station on June 19 and Sorell Police Station on June 21. The mobile police station bus will be used in the North-West of the state.

As a result of last year's Operation Unification, 33 illegal firearms were seized and 17 people were charged with firearms offences. To minimise the risk of legal firearms making their way on to the illegal market Tasmania Police regularly makes inspections of the storage facilities of licence holders.

Detective Senior Sgt Joel added: "Nearly all illegally possessed firearms were once legal because they were either stolen or never registered. "The amnesties support our criminal investigations, helping to get unwanted and illegally acquired firearms out of circulation. We conduct about 3000 premises checks on firearm licence holders each year to ensure they are storing their firearms correctly in a secure weapons safe. Firearms stored incorrectly are not only a safety risk to those in the house, they are at risk of ending up in criminal hands and being sold on or used in robberies and other violent crimes."

Anyone who has information about those involved with illegal firearms is asked to call Crime Stoppers on 1800 333 000. Operation Unification ends on June 29. Amnesty Days will be held throughout Operation Unification as follows:

- > Thursday 19 June (10am-2pm) Launceston Police Station
- > Saturday 21 June (10am-2pm) Sorell Police Station
- > Sunday 29 June (9am-1pm) Sheffield (mobile police station bus)
- > Sunday 6 July (9am-midday) Queenstown (mobile police station bus)
- > Sunday 6 July (1pm-4pm) Strahan (mobile police station bus)
- > Sunday 13 July (9am-midday) Rosebery (mobile police station bus)
- > Sunday 13 July (1pm-4pm) Zeehan (mobile police station bus)
- > Sunday 20 July (9am-3pm) Smithton (mobile police station bus)

Ransley's Appliance Service

POB 136

Scamander Tasmania 7215

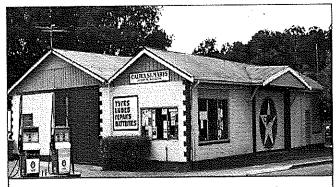
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The Say...by Cagerattler

I'm probably completely naïve on economics but I was extremely dismayed to read recently that the current state government is all for public sector cutbacks again. What I'm not naïve on is that most politicians are very loose with the truth when it suits them.

Apparently, whilst in opposition, the current mob were not made aware of just how dire our state budget situation was, and laid the blame on the former mob saying they didn't shed the jobs they promised. Now apparently, they may find it necessary to cut up to 1700 more public sector jobs over the forward estimates (some other figure mentioned was 2200 or so). What gives?



I know what gives, and a couple of my friends concur. If this government does end up shedding these jobs and thereby consigning many of these relatively low paid workers to the long term unemployment lines (many to the scrap heap), I hope it is done primarily by way of natural attrition and that they allow for the fact that if the person

is young enough to be re-trained into another non public sector job, they will be given that opportunity.

When it comes to most of us, jobs and health are the two main things to face life confidently with. The new Federal Government have an agenda to return Australia to a surplus - a similar situation and using similar reasons (dare I say excuses) - to the state government, blaming the former lot for all our woes.

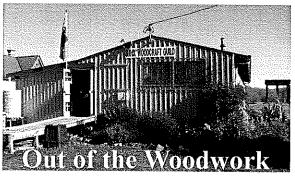
Just about every other country on this spinning blue globe of ours would kill for our economy, and most if not all economists have lauded the former government for the way they handled the GFC. That so claimed 'inept' government also tried to implement a Carbon Tax that would help make us take the first steps in accepting responsibility for our pollution; the Mining Tax which will be dismantled over time (similar to the Carbon Tax) had flaws, but carried the intention of making the companies that prosper from our natural mineral wealth pay more for the right to drag these precious minerals from our ground...

I'd have much more respect for both federal and state governments if they'd try to improve the recently set up taxing situations, rather than scrapping them out of hand as they have or will try to.

I fear for this country in the next three to five years. We're losing industries, sending more people to the unemployment lines and we're still dabbling in things we need not be...all for a surplus. I'd love to have some economic wizard explain our absolute need to have this Holy Grail surplus that may be detrimental to so many Australians now, particularly if you're a public sector worker and an easy target. Maybe the key advisors to all our state and federal politicians would be best served to get these pollies to take a step back and be a lot more long-sighted in handling the "dire economic crisis" they claim we have (despite most independent experts saying otherwise)

Like I say...loose with the truth perhaps... Maybe we should all move to 'Canadia' or something ...

What do you think? Rod McGiveron



Wendy Brennan, Secretary 6372 2094

www.breakodaywoodcraftguild.weebly.co www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens -Shed/654672894597969

The Guild is open every day except Friday and Sunday (depending on volunteers), and other times by appointment.

Firstly, all members have requested that we send our best wishes to Marcus Hall and Angelica, and hope that Marcus has a speedy recovery.

The Guild would like to express a thank you to Steven and Sue from Mount Direction with their kind donation of a band saw for the Guild, and to Peter from Launceston who donated

wood off-cuts.

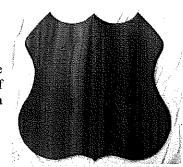
Pictured at right is a shield made by the Guild that has been commissioned by the St Helens Gun Club. We hope it has met their requirements.

The twenty miniature pole people custom built for the Peoples Poles Project have been handed over to coordinator Diana Foster for painting and completion.

Finally, we wish Dave Aulich all our best wishes for a happy future.

GUILDS HOME HINT

Ointments, hair gels and polishes contain beeswax and other resins. Simply rub these stains with tea tree oil on your fingers, then wash and dry normally. In the case of carpet, rub tea tree oil sparingly with your fingers over the area, then sponge with a damp cloth that has been dipped in cold water and tightly wrung out.



A word from the Fingal Valley Neighbourhood House President, continued from the front page...

DONATED BREAD

It has been put about that I have said food donated by Coles and Banjos is not fit for human consumption.

This is not true

The fact is all food distribution needs to comply with government health standards.

Some foods like meat and dairy products need to be transported and stored according to those standards. When they are not, they will be disposed of to ensure the health and safety of this community. Bread products do not have those strict standards. I am glad that we are able to provide these bread products to people in need, and this will continue.

SECOND BITE

I started Second Bite with the intention of helping low income families access fruit and vegetables.

This will continue each Wednesday. I am happy that the people in need within our catchment area are taking full advantage of this programme.

THE DRUG AND ALCOHOL EDUCATION PROGRAM

I started this initiative in response to community concerns.

The last meeting on May 20th had educators from Hobart and Launceston taking part.

The roll-up from St Marys was heartening and their interest was noteworthy.

This is an ongoing program and we hope that more people from Mathinna, Fingal and Avoca find the time to attend.

The minutes of the May meeting are available on request at the Fingal Online Centre.

The next Fingal Valley Neighbourhood House committee meeting will be held at the St Marys Hotel on Wednesday 25th June 2014, 7pm. Those interested are welcome to attend and participation is encouraged.

Regards

John Vincent, President FVNH

Some thoughts by Mel Norton

Last week, I experienced something rare and beautiful.

Humility.

That's not a word we hear very often. And I suspect if we were to do a 'Vox Pop', we would find that it's not even a word that people could easily define.

Before I tell you the story which so blessed me with its simplicity and lack of pride, let me paint a background.

When my boys were very young, I was keen to teach them about what it meant to be humble, to aim for true humility, to despise arrogance, pride, cockiness and a constant focus on self.

This was not easy...indeed it was a challenge to model and a challenge to teach, because the world demands that 'it's all about me'.

Many children thrive on competition and the lie that they have to be better, stronger, fitter, taller, smarter even, if they are to succeed in life. And no matter what parents at home may try to instil in their children, the impact of peer groups cannot be underestimated.

So my boys and I had many laughs as we stumbled together along the way of learning some life lessons about how we relate to others. My mantra to them was always, "As soon as you talk about how humble you are, then you can be sure you're not!"

As time passed, and they grew up and away from wanting anything to do with mum's 'advice', I lost confidence in believing that I had made any inroads into their understanding of humility.

Then something happened which I'll remember for ever. I was in the car with one of my boys and we had the radio on, listening to an interview with a man about his life and he was describing how he was 'extremely humble'.

At that moment, there was silence in the car, and indeed on the radio airwaves.

Then my son, with great excitement, said, 'Mum, Mum, did you hear that? That man was just telling everyone out here in radio land, how humble he is...so I guess he isn't!"

Needless to say, I smiled with quiet joy at the revelation which seemed to have taken root in this young child's mind. He had finally 'got it'. At that moment, I couldn't have been happier.

And so to my rare and beautiful experience last week.

A mother was sharing with me an incident where her son had corrected her about a particular social gaffe he believed she had made. He thought she owed someone an apology.

She thought about it and agreed that she did. She made the apology and was thrilled to find it was received with graciousness. She went on to say, without a hint of pride, that she was equally thrilled to realise that she could learn from her children and that her life was a continuum of learning. She was grateful to her son for his courage and display of love in wanting to be a part of his mum's personal growth.

This mother's display of genuine humility was a priceless gift to me.

When we let go of our ego and selfish pride, something beautiful happens.

Nothing equates to that.

ARTS/CRAFTS

News from The Suncoast Gallery 27b Quail St St Helens.



We are delighted to promote the works of Peg Smith, pictured, as our Artist of the Month until mid July.

Peg (Margaret) is a watercolour artist and teacher. Over 18 years have been spent learning her creative talent which she never tires of. It takes her outdoors where landscapes are captured through endurance and patience.

Peg paints lovely sea views and being a born Tasmanian does not want to live anywhere else. Through hours of painting, this passion culminates into awe-inspiring impressions. Peg has had many exhibitions throughout the state and has acquired various techniques through workshops and pure experimentation with the movement of paint on paper.

Early light can be breathtaking as can wintry misty scenes, where Peg snuggles into warmer clothing to weather the storms as nothing escapes her paintbrush.

"I continue to learn, change and refine my style and add to my repertoire of painting. I look forward to many more years of creating mood and feeling through watercolour landscape painting, and hope my love of this medium can provide joy and inspiration for others," said Peg.

Article and photo by Peggy Bogar



BODRA Workshops - open to all ages!! St Marys Community Hall



Crochet workshops with River Come along and learn those basics

Week 1 Saturday June 21st 2014 Week 2 Saturday June 28th 2014

2 - 4pm Ages: 8 - 110yrs

Cost per Class: \$7 for BODRArts members and under 14s, \$9 for the general public

Know your Camera workshop with Willow 2nd workshop due to popular demand Saturday July 5th 2014

2 - 4pm Ages: 10 - 110yrs Cost: \$7

Felting workshop with Robina
2nd workshop due to popular demand
Sunday July 13th 2014
1 - 4pm Ages: 10 - 110yrs

Cost: \$20 for BODRArts members, \$23 for the general public

Bookings & Enquiries - Michelle on 0407 046 865 or bodregionalarts@gmail.com







Gone Rustic

NUNO FELTING WITH JUNE HOPE on Saturday July 5th from 9am - 4pm at Gone Rustic, 37 Main Street, St Marys. Learn how to felt with layers of fibre and lace or silk to create a luscious scarf. June is known for her original wearable art, accessories and framed works, and has been featured in many exhibitions, markets and other events. Cost (payable with booking): \$65 + materials. Enrolments: 6372 2724 or 0417 027 424 / e: gonerustic@gmail.com Materials list available after payment.

BASE AND BLING FUN - MAKING JEWELLERY WITH LINDA JESTRIMSKI on August 9th from 1 - 3pm. Join us as Linda shows us how! Fee of \$20 includes all materials - payable with booking (no later than July 8th, please). Enrolments: 6372 2724 or 0417 027 424 / e: gonerustic@gmail.com Materials list available after payment.

ARTS/CRAFTS



Transition Break O'Day

TransBOD - Growing Food, Sharing Skills, Building Community

Community Workshop: Learn to make traditional European style Sourdough bread

Date: July 12th 2014 Place: St Marys Hall Time: 10am to 2pm

Price: \$15.00 (includes step-by-step instruction, taste testing over lunch, and a loaf of bread to

take home!)

Bookings are essential as workshop numbers are limited. Payment prior to the workshop is required to ensure your booking

Participants will take home a small loaf and sour dough 'starter' to use for future baking. Detailed notes, instructions and all ingredients are included.

Please bring:

- ♦ Apron
- ♦ Baking tray
- Large mixing bowl

Sealable glass or plastic jar to take home some 'starter'

ALSO please bring a topping (or sandwich infill) to share so workshop participants can taste the bread for lunch! Tea and coffee available.

For bookings please phone Robina Balzer on 6372 2022 (phone or leave a message) or Susan Probert on 0418 327 940 (phone or text)

Payment of \$15 (within five days of workshop site notification) will confirm your place. Refunds, or credit for another workshop, will be available if advice of non-attendance is received by July 9th 2014.

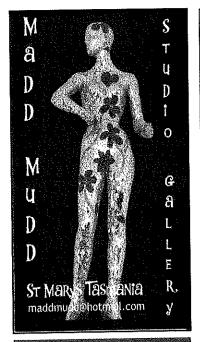
Payments can be made by cash to Robina or Susan, or by cheque payable to:

Transition Break O'Day Community GRP
Mailing Address:
Transition Break O'Day (TransBOD),
c/- Scamander Post Office, Scamander, Tas. 7215
or direct debit to: Transition Break O'Day Community GRP

BSB: 633 108 A/C NO: 151568631

(PLEASE RECORD the code: ETSD1 and your initial and surname with your payment.)

The information in this notice was compiled by Robina Balzer and Susan Probert



That awkward walking you do when a car lets you cross the street

INXTERIORS @ SEAPORT PTY. LTD. POP UP SHOP

Scamander Beach Resort on

Thursday July 3rd from 12pm to 5.30pm Friday July 4th from 10am to 5.30pm Saturday July 5th from 10am to 5.30pm Sunday July 6th from 10am to 12 noon

Showcasing an extensive range of homewares

Handmade candles from Ikou in the Blue Mountains
Bella Donna jewellery, including Harmony Balls and freshwater pearls
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Clothing from Australian and overseas designers, including Sass, Fate &
Gordon Smith, Hammock & Vine
Colourful range of scarves, greeting cards, giftware, pure Australian-made
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We look forward to assisting you in choosing something special for yourself, a gift for a loved one or an item to enhance your home. This is a perfect opportunity to start your Christmas shopping! Any queries please contact Sally on 0418 129 058 or Diane on 0429 387 723.

ARTS/CRAFTS

The People Poles Project

St Marys Tasmania



Show your support for the Project







T- shirts \$15

Caps \$20

NOMINATE YOUR PEOPLE POLE PERSON! We are putting together a list of the characters for our People Poles and we are looking for your ideas and input. If you

would like to suggest a character please submit your suggestion using the form below or email your idea to me at people-

polesproject@bigpond.com. We are especially interested in details of any actual historical characters from the local area and in any old photographs showing these characters.

Name:

Contact Details
e:
Ph:

I wish to nominate the following character(s) as a suggestion for a St Marys People Pole.]

Description

Add drawing or attach a photo.

Return completed form to People Poles Project, St Marys Post Office or leave at Gone Rustic or Madd=Mudd Diana Foster, People Poles Coordinator

District Guide - for inclusion/amendments call 0403 430 452

Accommodation Addlestone House B&B St Marys 6372 2783 Fish-Tales On The Bay - pet friendly 0439 265 362 AH 6372 2128 Mariton House B&B, horse-riding St Marys 6372 2059 Queechy Cottages St Helens 6376 1321 Rainbow Retreat St Marys 6372 2168 Seaview Farm & Youth Hostel St Marys 6372 2341 St Marys Historic Hotel 6372 2181 Tidal Waters Resort St Helens 6376 1999

Arts & Crafts Gone Rustic Studio & Gallery St Marys 6372 2724
Big Shed Studios St Helens 0428 725 228
Madd=Mudd St Marys 0409 174 287
River & Willow Art Space St Marys

Australia Post St Marys 6372 2124 Fingal 6374 2195 Mathinna 6377 1168 Scamander 6372 5664 St Helens 131318

Bakers St Marys Bakery 6372 2131 St Helens Bakery 6376 1260

Banks CBA St Marys (ATM) 6372 2268 CBA St Helens (ATM) 6376 2295 Westpac St Helens 6376 2751

Boarding Kennels The Gums Kennel & Cattery St Marys 6372 2512 Upper Scamander Kennels & Cattery 6372 5157 Wagabouts 0429 170 077 / 6376 2131

Break O'Day Business Enterprise Centre St Helens 6376 2044

Break O'Day Council St Helens 6376 7900

Bus Services Calows Bus Service St Marys 6372 2476 St Helens 6376 2161

Butcher IGA St Marys 6372 2274

Cable Locations Michael Smith 0408 059 521

Carers for Wildlife Tas Inc St Marys 6372 2973 / 0417 017 105

Cartage Contractors

C & D Excavations 6372 2033 Trotter's Contracting 6372 2107/6372 2742

Child Care St Marys Childcare Centre 6372 2187

Chinese Groceries & Medicines Ping's Place St Marys 0411 186 573

Churches

Anglican Church St Helens 6376 1144 Catholic Church St Marys 6372 2252 Uniting Church St Helens 6376 2405 Salvation Army St Marys 6372 2099

Computers Maintenance & Repairs Ray Walker 0401 497 199 Community Car St Marys 6372 2137

Confectionary Mt Elephant Fudge St Marys 6472 2787

Dentist St Helens 6376 2359

Designer-Building Building Design Studio St Marys 6372 2000

Doctors St Helens 6376 1777 ah 1300 780 011 St Marys 6372 2111

Electrical Repairs Ransley's Home Appliances - 0428 761 811/6372 5307 St Helens Electrical 0407 615 072 / 6372 5522

Funeral Directors

Harris Funerals St Helens 6376 1153

Gardening Services

Clean Cut Gardening 0419 113 836 Andrew Davenport St Marys 6372 2366

Glass Replacement East Coast Glass 6372 5361

Golf Clubs St Marys Sports Centre Inc 6372 2177

Insurance Brokers McKillop Insurance (Lyn) 0400 984595

Justices of the Peace K Faulkner 6372 2196

H Veldums 6372 2124

Hairdressers Ana's Salon St Marys 0448 532 531

Health Foods Purple Possum Wholefoods St Marys 6372 2655

Healthy House St Helens 6376 5242

Horticulturist Peter Dane 6372 2686

Hospitals Circassian St St Helens 6376 5222

Community Health Centre St Marys 6372 2111

Libraries St Marys 6372 2114 St Helens 6376 1389

Lymphoedema St Marys Lymphoedema Centre 6272 2900

Marriage Celebrants Peter Power 0417 017 105

Terese Tanner 0400 512 845

Meals on Wheels St Marys 0488 384 344

Mechanics Michael Aulich 0417 507 239 / 6372 2991 Grant Faulkner St Marys 6372 2335

Museums Cranks & Tinkerers St Marys 0417 648845

NEET Centre St Marys 6372 2175

Newsagencies St Marys 6372 2143 St Helens 6376 1182 Scamander 6372 5275 **Online Access Centres**

St Marys 6372 2005 Fingal 6374 2222 St Helens 6376 1116

Painters East Coast Mobile Spray Paint 6372 5571 / 0457 583 099 MLN Enterprise Painting 0439 722 718

Pharmacies St Marys 6372 2844 St Helens 6376 1374

Plumbers P J & H K Child 6372 5378 R G & R I Harwood 6372 2445

Proof reader Leissa Dane 6372 2686

Realtors Surf Coast Realty 6372 5321 LJ Hooker St Helens 6376 2300 Roberts Real Estate St Helens 6376 1799 View St Helens 6376 1592

Restaurants/Cafes Coach House Restaurant St Marys 6372 2529 Mt Elephant Pancake Barn 6372 2263 Purple Possum Wholefoods 6372 2655 Mt Elephant Fudge 6372 2787

Secondhand Dealers and Collectables Secondhand Rose St Marys AH 6372 2267

Septic tank cleaners Splash St Marys 0488 777 713

Schools - District High Schools

St Marys 6372 3900 St Helens 6376 7100

Primary Schools Avoca 6384 2117 Fingal 6374 2197

Service Stations/Fuel

Avoca 63842157 Scamander 6372 5193 St Marys 6372 2335

Supermarkets

Avoca R/house 6384 2157 Holder Bros Fingal 6374 2171 St Marys IGA 6372 2240 Scamander Supermarket 6372 5125 St Helens Super IGA 6376 1177

Surfing Supplies

Scamander Beach Surf Shop 6372 5529 Bay Surf Shop St Helens 6376 1755

Telephone, Data and TV

East Coast Phone & Communications John Heron 0409 959 121 / 6372 2402 Delafrontera Dave Morris 0402 969 393

Surveyors East Coast Surveying St Helens 6376 1972

Vets

East Coast Vet Clinic St Helens 6376 1577 North East Vet Clinic St Helens 4206 7409

Water Carriers Splash St Marys 0488 777 713

Woodcraft Guild Old Railway Goods Shed St Marys 6372 2094

Absence makes the heart grow fonder...

The back bar of the New Brunswick Hotel is an all-male drinking place. Not that women are barred; it would take a brave publican to do that and would probably be illegal, but women just don't like to go there. It is cramped, poorly lit, and cheaply furnished. The walls are dark brown dado panelling topped with a bilious green gloss enamel, the only decoration a fly-specked print of dogs playing poker. There are small round tables surrounded by brown vinyl-covered chairs which look comfortable but they're not, so most patrons elect to stand at the bar.

It's not the décor, though, that explains its unpopularity with the female sex and its attraction to a small but devoted number of males, but its almost complete silence. Women find the atmosphere oppressive, men say it's the only place they can find to have a quiet drink after work. The publican knows what drinks are favoured by his customers and dispenses them without comment or conversation. The regulars, most of whom know each other by sight but rarely by name, occasionally indulge in dialogue, but this never extends beyond a brief exchange of platitudes. Any topic more controversial than the weather is frowned upon.

Which is why Henry Morris was taken aback when Allan Foyle, a regular who knew the unspoken rules as well as anyone, engaged him in conversation and launched into a detailed description of his current girlfriend.

'I know you're not really interested in my private life...' Foyle began.

You're right there, thought Henry.

'But I have to tell someone, and it's not the sort of thing you can discuss at the office.' Or the back bar of the New Brunswick, thought Henry, looking around for some means

Foyle sensed he was losing his audience. 'I'll get straight to the point,' he said. 'She glows in the dark.'

'She what?' Henry was intrigued now, despite himself.

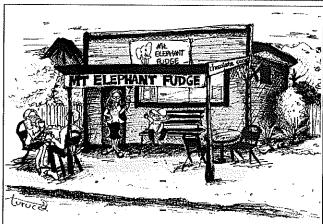
'Lights up. After three of four glasses of champagne she takes on a sort of blue-green fluorescent sheen. All over. It only lasts a minute but it's really quite something to behold. Have you ever heard of anything like it?'

'Strangely enough,' said Henry, 'I have. It's a rare phenomenon but not unheard of. You're plying the young lady with the wrong tipple, though, if you want the effect to last beyond a few moments.' 'You mean...?'

'Yes. Champagne may be all very well, but absinthe makes the tart glow longer.'

Bill Greer, Beauty Point.

Porphyrophobia - Fear of the colour purple.



MT ELEPHANT FUDGE

to the Beautiful People of St Marys - THANKS for your support this year!! Without you I wouldn't be here!!

I am CLOSED for Winter. See you when it starts to warm up...

Look for the flags and balloons!!

Northeast Tasmania Land Trust Inc. presents an

East Coast Winter Salon

1.45 for 2pm Sunday 27 July 2014

The Boathouse, Bicheno Hideaway, 179 Harveys Farm Road, Bicheno

Featuring local award winning authors Amanda Lohrey and Arabella Edge reading from their latest work. and in performance star of stage and screen Kris McQuade

Enjoy an afternoon of readings and performance, mulled wine, hot chocolate and afternoon tea

> **Bookings advisable** Early bird tickets paid by 10 July \$18 Tickets at the door \$20

Contact 0427 028 586 for bookings and enquiries

All proceeds go to the Northeast Tasmania Land Trust Inc, a community based not for profit organisation which aims to preserve, enhance and protect the natural environment of northeast Tasmania. www.netlandtrust.org.au



WOODWORK TUITION

Have you a furniture project in mind, but haven't the tools, skills or knowledge to complete it? Gary can tutor you one on one, to completion.

- Use of fully equipped workshop
- 40 years experience
- All projects agreed prior
- Hourly rates and conditions apply

Phone 6372 2201 Mt ELEPHANT FINEWOOD STUDIO

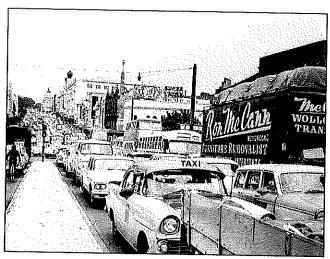
Robespierre Just another mystery of life? Part 2.

...So, 0900hrs and Pyke's tourist coach is travelling out of Sydney on the Parramatta road, headed for the Blue Mountains. There really isn't any width problem with this old road generally, only in the heavily built-up sections. The worst of these is close to the city, and known amongst heavy vehicle drivers as the Butcher's Picnic. So - the usual heavy traffic in both directions. Kerbside lane is fairly full with parked vehicles. I'm concentrating on keeping the coach within my lane with no room to spare and a truck coming up alongside on the outside lane. Traffic packed thick travelling in the opposite direction.

Between parked vehicles I notice a man starting to edge his way along the side of his van to get to the driver's door. Travelling at about 50 kms per hour I scan way up in front, truck now right alongside (and on its limit with road centre line). I'm very apprehensive. This will be close!! The horn is useless as the pedestrian already knows I'm coming. Edge out a touch more to give the walking man as much safety as I dare! My nearside corner is now within a couple of metres of the man who was right at his vehicle doorway now (I note no door - baker's delivery van). Right alongside now and the van driver, holding both hand rails, swings his body out to hoist himself onto his seat.

Thump!! Two passengers sitting abreast of me turn to me as one, aghast! One says "I think you hit him"!! At the same instant I'm looking in my nearside mirror as we hurtle past and can't believe my eyes! The man is still on his feet, but spinning - not thrown down or over his van, but spinning! Just then there's space for me to pull into the kerb. I switch off, jump up and tell the passengers there's been an accident and to please stay in the coach as the road is very dangerous. I run back to where the van driver is being attended to by some people from a local shop. They'd helped him to one of their cars where the man was sitting with the door open.

Apart from an obviously extremely sore upper arm and shoulder he appeared OK, but refused to be taken to a doctor, hospital, or police. I said "Well, we should at least exchange license details". So with everybody on edge and upset, we exchanged license documents (not a card - the old system) but kept talking and looking at each other. I made a note of his license number and address and looked at the name. I said, as in a dream, this is my license - where's yours? (or did he say that? - I forget.) He said "No, this is my license". Puzzled, we put the documents together and studied them. We were looking at the same name! Edwin James Pike!! To say we were stunned would be an understatement! Would anybody care to calculate the odds? Odds against similar surnames; odds against identical spelling of the surname; odds against identical first name; odds for two identical first names - and in the same sequence! (At that time Sydney had a population of about 3.5 million with a



huge floating contingent of country, interstate and overseas visitors.)

And a footnote here...I believe to this day that the Duple bubble shaped coach body probably saved his life. If I had been driving a conventional square bodied coach, the impact may well have killed him. As it was, the curvature of the Duple corner created a glancing blow where some of the inertia pushed him aside, allowing him to escape the full force.

There is a sequel (if all this has a meaning, then what on earth is it??)

About two years later, I had been visiting a bus proprietor friend in a neighbouring suburb. About midnight, or later, I was on my way home and travelling a deserted highway through a shopping centre, when I realised I had left something behind. As I did a quick U-turn, I noticed a police van about 300 metres away in the direction that I had been travelling. Immediately I realised what my U-turn must have looked like to the police and especially at that time of night. Sure enough! they were alongside me in short order.

"Why did you do a U-turn when you saw us"? "I was turning before I saw you". Then the usual license check by radio. While this was happening I thought "Well, I'm only about 2-3 kms from Russell's place, I'll take these blokes there for a positive character reference check, if needs be" - but then an officer came back from their car and said "You're on our wanted list"! In a flash the experience with my namesake came back to me and it was obvious now why he hadn't wanted medical attention (fear of records) or police involvement!! So, insisting that I was who I said I was (business names etc.), I invited them back to Russ's (whom they knew). No lights on at his place and I was NOT going to wake the household. The cops said "Look, we have to check further" I said "Well do it, I'm going home". They argued further and I said "Are you arresting me"? they said "No" (they couldn't - I'd given them too much detail for my case), but would I please come to the Station. So I agreed and all was cleared up to their satisfaction, but not without a protest letter from me, later, re no apology.

Much later an amusing incident followed with a visiting police captain endeavouring to appease. (Left his cap on my desk, and other - but a real gentleman, actually). 'nuf said.

Don Pike, Four Mile Beach

Valleys of Adventure

AVOCA - ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM













WRAPPED IN ST MARYS 19th and 20th July 2014

THEME "Switched On" Use your imagination, have a go!!!

TEXTILE ART COMPETITION Entry deadline 4 pm 4th July 2014

Entry forms available online from www.valleysofadventure.com.au and the new GET website www.fingalvalley.com.au

WRAP a power pole categories and prizes:

- ♦ textile art \$250 + certificate
- theme 'connected' \$250 + certificate
- group \$200 + certificate
- junior \$150 + certificate
- people's choice \$150 + certificate

Send entry form and SSAE to:
Judy Duckett, Event Coordinator, 33 Gardiners Creek Rd, St Marys 7215

An initiative of Greater Esk Tourism, Break O'Day Regional Arts and Break O'Day Council

Awards presentation will be held 4pm on Sunday 20th July at Gone Rustic, 37 Main Street, St Marys











Photographic Competition 2014
THEME
"People and their Connection to the Valley"
Closing date Friday 5th September 2014





Captain Francis Joseph Bailey 1897 - 1970



Lt Bailey (centre) and Lt Mardock (right) pictured at Clausthal

Francis Joseph Bailey was born on September 9th 1897 in Streatham, London. His father, Joseph Mallinson Bailey, originally from Lichfield in Staffordshire, worked as a clerk at the Admiralty and his mother, Margaret Elizabeth (nee Hooley) from Woolwich in Kent, had been a teacher. Francis also had a sister, Katherine Mabel, born in 1900. By 1911 the family was living in Gosport where Joseph held the position of Deputy Victualling Store Officer for the Admiralty. When Francis began his long and distinguished flying career the family had moved to Lewisham Park, London.

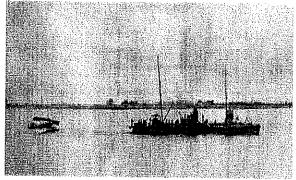
Bailey entered the RNAS as a probationary Flight Sub-Lieutenant on November 12th 1914, and learned to fly at Eastbourne, Hendon, and the Central Flying School at Upavon in Wiltshire. He qualified for his aviator's license at Hendon in a Bristol box-kite on April 12th 1915. After further training he qualified as a pilot and was posted to Calshot. His rank and seniority were confirmed on July 14th 1915.

On March 19th 1916, six German aircraft made a daylight attack on Dover, Deal and Ramsgate killing 14 and injuring 26. They were identified as four Friedrichafen FF33 versions B to F, one Hansa- Brandenburg NW and one Gotha Ursinus WD. Flight Sub-Lt F J Bailey and his Observer, Air Mechanic Smith, operating out of Dover in Short Admiralty Type 830 Tractor Biplane No. 1335, were among the RNAS forces sent to repel them.

On April 24th 1916, having

returned to the UK after a brief and, according to his confidential record, highly unsatisfactory appointment on the seaplane carrier HMS Empress, Sub-Lt Bailey was Mentioned-In-Despatches for an attack on two enemy destroyers while under heavy fire. He was promoted to Lieutenant on 30th June of that year.

On 24th July, a few weeks before his 19th birthday, while based at the Dunkirk Seaplane Station, Bailey and his observer Lt. Frederick W Mardock (RNVR), were ordered to patrol the coastal region north-east of Dunkirk in Short Type 830 No. 819. They were a few miles north of Zeebrugge when they sighted and attacked an enemy submarine UC10. Machinegun fire fractured their engine induction pipe and they were forced down. Bailey later claimed that they continued the fight from the surface and killed and injured some of the German crew, but no casualties were



Bailey's Short Type 830 on tow to Zeebrugge by German Torpedo boat A14

listed in the war diary of the Marinekorps Flandern which described the incident. The Short 830 was approached by Freidrichschafen F33H seaplane No. 639, and the crew used their machinegun to force the RNAS officers to surrender. They were picked up, apparently unharmed, by German torpedo boat A14 and taken, with their aircraft in tow, to Zeebrugge.

Comments to CRAVENHAGE ()) . Provincia ZUID-HOLLAND.

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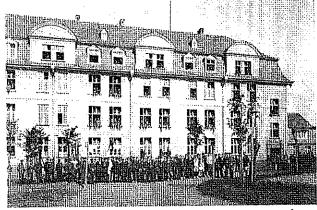
Marriage certificate of Francis Joseph Bailey and Margareth van den Ham van Heijst

Together they were held as prisoners-of-war, initially at Clausthal and later at Holzminden, located some 30 miles southwest of Hildesheim. Of the 180 or so German PoW camps then in existence, those were two of the most notorious. Twin brothers Heinrich and Karl Neimeyer, who had lived for many years in Milwaukee and had left with the German Embassy staff when the USA declared war, were appointed Commandants of the two camps, with Karl in charge of arguably the worst of them - Holzminden. The regime was brutal, operating with scant regard for the Hague Rules then governing the conduct of war.

Lt. Mardock was among the 29 British officers who made a daring escape from Holzminden in July 1918, having spent about nine months tunnelling under the wire. Unfortunately he was one of the 19 recaptured. The prison barrack blocks have survived and are now used by the German army.

On June 13th 1918, nearly two years after his capture, Lt F J Bailey was transferred from Germany to Holland which had remained neutral during WW1. The move was associated with a prisoner exchange program; selected prisoners who agreed not to escape and were prepared to sign a declaration to that effect, were permitted to live with considerable freedom in neutral cities, often in private homes, in preparation for exchange and repatriation. Some officers arranged for their wives to join them and others were permitted home leave in England if they agreed to return!

Bailey took full advantage of the situation. He had become acquainted with a 19 year old Dutch girl, Margareth van den Ham van Heijst, and married her in The Hague on November 26th 1918, just 15 days after the war officially ended.



Kaseme barracks 'B' Holzminden PoW camp with prisoners and guards

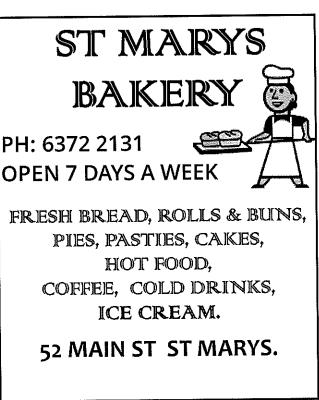
Later Bailey recalled that before he returned to England, the Inter-Allied Commission gave him command of a paddle steamer and, with the aid of a platoon of Marines and a band, he was ordered to patrol the river Rhine, collect PoWs from the German PoW camps and transport them to Rotterdam for repatriation. This was a challenging assignment as Bailey's team was operating independently in territory that was still hostile - in some areas the enemy forces were unaware that the war had ended! At each camp a brief ceremony was held during which the Camp Commandant and the Mayor of the village were made to stand to attention while the Marine Band played the British National Anthem.

Lt. F J Bailey returned to the UK on January 22nd 1919. He declined a permanent commission and, with six other ex-RNAS/RAF pilots, accepted an offer from the Supermarine Aviation Works Ltd., to fly four-seater flying boats built from original designs produced for the Air Department of the Admiralty. The company, located on the river Itchen at Woolston, Southampton, was converting 10 of these 'AD' machines to provide short distance services e.g. Southampton to the Isle of Wight (IOW), for civilian passengers. The modified machines were given the type name 'Channel' and services were later extended to the Channel Islands and France.

On October 5th 1919, Bailey and colleague Henri Biard were preparing to return to Southampton from France in two Channel boats. They had no passengers and decided to make of race of it. During the flight Bailey's aircraft, G-EAEE, suffered a failure and crashed into the sea off the IOW. The aircraft was wrecked, but Bailey received nothing more than a few scratches and was rescued by the crew of a fishing boat. Biard was to become well-known as a Supermarine test pilot and famously won the Schneider Trophy in 1922. To be continued...

© Dick Terry, Worthing, West Sussex





Transition Break O'Day: Growing Food, Sharing Skills, Building Communities... Results of TransBOD raffles drawn by David Llewellyn MHA at St Marys Market on May 31st 2014



1st Prize won by 'Rick'



2nd Prize won by Tim Hatcher, St Helens



3rd Prize won by Liz Rice, St Marys



Wood Raffle won by Geraldine Barker, Upper Scamander

TransBOD would like to thank the Honourable David Llewellyn AM MHA for the donation of Priory Ridge wines and for drawing the raffles, Karl Balzer for donating a handcrafted ladies leather handbag, Suzanne Broughton for donation of Bay of Fires Apiaries honey, Michelle Kaal and Brittany Smith for donation of TransBOD Lucky Dip and other items, Wendy Fowler for her donation of various goodies, Liz Dean for donation of Mt. Elephant Fudge and other goodies, Pyengana Cheese Co. for donating Blue Tier Cheese, Robina Balzer for donating Daffodil Cottage jams and preserves, handmade natural soaps and lotions, and various other items, Joy Walter for donating home garden produce and jam, Hannah Rubenach for donating handmade natural soaps and lotions, managers of the St Helens Supa IGA and St Marys IGA for enabling the sale of raffle tickets outside their stores, fellow Transitioners who worked so hard to organise the raffles and selling raffle tickets, thus ensuring TransBOD could cover its public liability insurance for the next 12 months...AND the Break O'Day community who generously supported the TransBOD fundraising event.

TransBOD also wishes to thank Break O'Day Council for allowing TransBOD the use of Council facilities for its community activities and especially Chris Hughes, Council Community Development Office, for her support and encouragement.

TransBOD is now able to continue to offer Food Growing, Skills Sharing & Community Building activities in Break O'Day!

THANK YOU! The TransBOD Team

Article and photos by Susan Probert



A whopping-big feral pig has been nabbed not far from a homestead in far west New South Wales.

The enormous boar was found foraging in thick bushland, on a large outback property, 175 kilometres north of Broken Hill.

Grazier Paul Mannion from Nundora Station says he is glad he did not come across it alone.

"I'm no hero when it comes to them," he said. "It would raise a sweat to my face if I found myself eyeballing it."
But thanks to some hunting help, the giant pest was soon

tracked down.

"We had pig hunters come up from Melbourne and they came across him in very thick scrub, seven kilometres from the family home," Mr Mannion said.

"This pig's probably about 120 to 130 kilograms and maybe

seven or eight years old. Usually they lose their tusks by the time they get that big." Mr Mannion says it is not the first time he has seen wild boars on his property.

"We get hunters up about once a month as feral pigs are a big problem," he said. "These blokes play a big part in keeping numbers down. They [feral pigs] have a big impact on lambing in particular, because they just take the little lambs. When it's really dry, they'll kill full-grown sheep."

Mr Mannion says he would not be surprised if there is a bigger pest lurking somewhere at the station.

"It's surprising how the pigs are getting bigger and bigger," he said.

"They get shot, but they keep coming, they must be coming from somewhere."

abc.net.au/news/2014-06-03/sach-big-feral-pig-0306/5496794

Book Review

This month the Mt Elephant and Beyond Book Group met to discuss *Restless*, a thriller by Ghanaian-born British writer, William Boyd. A dramatised version of the novel was screened on SBS earlier this year.

In 1976 Ruth Gilmartin is a young woman living in Oxford, working half-heartedly on a Ph D thesis and tutoring English language students. She has a five-year-old son, Jochen, from a failed relationship with a German radical academic. She is

close to her mother, Sally, who lives in an isolated Cotswolds village. Sally has always been a bit odd - even Jochen thinks his grandmother is strange - but since her husband's death six years earlier she seems to have become quite paranoid. As Ruth becomes concerned that her mother is suffering delusions, Sally decides it is time to explain herself and hands over a manuscript 'The story of Eva Delectorskaya.' When Ruth asks what it is about, Sally replies 'Me ... I am Eva Delectorskaya.'

The narrative alternates between Ruth's life in the 1970s, told in the first person, and Sally/Eva's life during World War II, told in the third person. This treatment of Eva's story is not quite convincing as it reads more like a novel than the memoir it is supposed to be and the use of the third person serves to distance Sally from Eva, as if she was writing about another person instead of herself. However, it is a compelling story.

In 1939, Eva discovers that her brother Kolia was murdered while working for Lucas Romer of the British intelligence service. Romer recruits Eva with the help of Eva's father, convincing her that she will be doing it for Kolia. Eva is given a new identity and after a period of training she goes to work in Romer's section, the AAS. This is a press agency that disseminates false information both to mislead the Nazis about British military power and to shape American opinion in order to persuade the United States to enter the war. Eva is also involved in a number of covert and dangerous operations. When things start to go wrong, it becomes clear that someone is playing a double game. Members of the team in the US are being set up and murdered. Eva fears she will be

Warver of the Costa Hoyel Award 2006

RESTLESS

Boyd is a first-rate storyteller and this is a first-rate story ... An utterly absorbing page-turner*

next and flees first to Canada and then to England, adopting new identities along the way to cover her tracks. In London she assumes the name of a young woman killed in the blitz but she must do more to establish her new identity. She looks out for a suitable husband, and marries Sean Gilmartin.

The book prompts the question — is anyone really who we think they are? Ruth is stunned by her mother's story and at first she doesn't believe it. So much of what she thought she knew about her mother is untrue: 'everything I'd blithely taken for granted all my life gone in a second.' Ironically at the same time that Ruth is reading about her mother's extraordinary life as a spy, she is teaching her students English from *Life with the Ambersons*, the story of a bland and boring 'normal' family.

The reader meets many of the people that inhabit Ruth's world, her ex-lover's brother and his girlfriend, her academic colleagues and several of her students, one of whom, Hamid, falls in love with her. Although some critics have suggested that these characters are mere padding, they do allow Boyd to introduce themes such as 1970s counter-culture and intelligence gathering.

At the start of her spy training, Romer tells Eva that the first rule is to trust no-one, 'not even the one person you think you can trust most in this world. Always suspect. Always mistrust'. She learns that she cannot become close to her colleagues, the most innocent question being viewed with suspicion, and she realises that the life of a spy is essentially a solitary one. Spying also involves a battle of wits and an ability to deal with evolving situations. When Eva has to flee the US, she has to work though her options — what will people be expecting her to do? She has to work through bluff, double bluff, triple bluff, quadruple bluff. Sometimes it all seems a bit of a game, albeit a deadly game.

At the very beginning of the book is a quote from Marcel Proust that expands upon the idea that 'the hour of death is uncertain'. This fear of death haunts Sally Gilmartin – she is convinced that someone is going to kill her because of what happened more than thirty years ago. There is an agenda behind her revelations to Ruth about her past. She is priming Ruth, recruiting her to find and contact Lucas Romer, now a respected member of the peerage. Although Eva/Sally seems to think that her final confrontation with Romer will resolve the issue, it is clear at the end of the novel that it has not. The reader never really knows if there is any basis to her fear or indeed if her contact with Romer will precipitate events.

Some of the characters are not fully developed. Eva's character is not well rounded – she doesn't seem to have much personality and it appears that her training as a spy has had a dehumanising effect. There are many questions about Romer too – what is his motivation? But generally *Restless* is well written: there is intrigue and suspense in Eva's story and the tension builds as she faces betrayal and pursuit. The novel is gripping and recommended as an enjoyable read.

A Special Christmas Present

John Henry Niebuur (14 June 1926 - 5 November 2011) Part 2

...One day, Jan Hendrik found out countries like Canada and Australia were inviting people to come to start a new life. He thought this would be a good idea, but he was worried that Rita would not want to leave her family and friends. He thought of lots of ways to convince her that it would be a good thing to do. When he finally asked her if she would come with him across the sea to Canada, she just said 'yes'!

When their application was approved, there was not much time before they were due to leave - only three weeks to pack, fill in forms, book their plane tickets and organise their wedding. It was a very busy time.

When their wedding day arrived, Jan Hendrik knew that it had been worth every minute of worrying and waiting. Rita looked so beautiful in her new outfit. She wore a stylish jacket and skirt she made herself with the help of her sisters, and a little hat on her dark hair. Jan Hendrik looked very handsome in a brand new suit.

Then it was time to say goodbye to their many relatives and friends. They felt sad about leaving, but excited and happy too. They were together at last, and about to start a new life in a new land.

Jan Hendrik worked hard in Canada, doing any job he could find to support his new wife. After a while, they had a baby daughter whom they called Hendrika (Rita, or 'Rietje' for short), in honour of Jan Hendrik's foster mother.

During the next eight years, Jan Hendrik (now known as 'John') and his wife had five more children. They were Edgar (named after Rita's father, Eppo); Mary (named after John's birth mother, Maria); Patricia (named after Rita's mother, Petronella); and two more little girls called Jeanette and Julia (because they were names that John and Rita liked).

In Canada, John planted a beautiful garden. There was a grove of birch trees near the garden, which was a perfect place to put some beehives. He built a chicken coop so he could raise chickens and collect fresh eggs every day. He made birdhouses too, because he loved to watch the birds. When he had some spare time, he would draw and paint, and the children would watch him. They loved to draw and paint, too.

John and Rita loved each other. They prayed together and with their children every day. They were a happy, lively family, even though times were hard and John struggled to earn enough money to feed and educate them. He and Rita told their children about God, and about His Son Jesus, who died and rose from the dead so they could be God's children. They could see that their parents' faith was real, and that God really did help them in every situation.

When Rietje was thirteen years old and Julia, the youngest, was only five, John and Rita decided to move to a new land once more. They sold their house and car, packed, and headed for Australia by plane. They were met in Launceston by John's sister Miep and her husband Roelf, who had emigrated to Australia about the same time that John and Rita had gone to Canada.

John bought a big old house for his wife and family, and fixed it up. He planted a beautiful garden. There was a spare corner in the backyard near the garden, which was a perfect place to put some beehives. He built a chicken coop so he could raise chickens and collect fresh eggs every day. He restored and installed a beautiful old birdbath, because he loved to watch the birds. When he had some spare time, he would draw and paint, and the children would watch him. They still loved to draw and paint, too.

John and Rita lived in the big old house for thirty years. Their children eventually grew up and left home. They married and raised families of their own, and told them about God, and about His Son Jesus. The children could see that their parents' faith was real, and that God really did help them in every situation.

Over the years, the family of eight expanded to more than thirty, and John and Rita became proud Grandpa and Nanna to numerous grandchildren. Every Christmas, and sometimes for birthdays, they all gathered at John and Rita's home. There was always lots of delicious food, lots of talking, and lots of laughter.

After John retired, the big old house was sold. John and Rita bought a comfortable brick house at Legana, where John planted a beautiful garden. He built a chicken coop so he could raise chickens, and collect fresh eggs every day. He found a special place for the old birdbath, because he loved to watch the birds.

When John had some spare time, he would draw and paint. He would also play the organ, because he bought one just for himself and learned how to play it after he retired. Every Christmas, and sometimes for birthdays, the whole family gathered at John and Rita's home. There was always lots of delicious food, lots of talking, and lots of laughter.

Later, Rita became very ill with cancer. John took care of her, and grew flowers to give to her when she had to go to hospital. When she died, John and his family knew that she was in heaven with the God she trusted, and this helped them when they felt sad.

After a while, John decided to sell his house and build a new one near the sea. Once again, he planted a beautiful garden. He bought and repaired an old chicken coop so he could raise chickens and collect fresh eggs every day. He found a special place for the old birdbath, because he loved to watch the birds. When he had some spare time, he would play the organ, the one he bought just for himself and learned how to play after he retired.

John's family came to share Christmas with him in his new home. There was lots of delicious food, lots of talking, and lots of laughter. There was also a surprise for John. Rietje, with a little help from some of her sisters, had made a very special Christmas present. It was given to him after a longer version of this story was read out to him and the whole family. This present had lots of things in its design that told about his life and adventures.

John took this special present with him a few years later when he moved into a retirement village. Whenever he looked at it, it reminded him of all the exciting and happy times he had experienced in his life. It also reminded him of the love of his family, and the love of God which stayed with him through his whole life. What was this special Christmas present?

It was ... Dad's (Grandpa's) Quilt!

© Rita Summers

NOTICE OF ANNUAL GENERAL MEETING

ST MARYS SPORTS AND SOCIAL CLUB

Notice is hereby given that the Annual General Meeting of the St Marys Sports Club Inc. will be held at the club rooms on Friday June 27th 2014 at 7pm for the purposes of:

- ♦ To confirm the minutes of the previous AGM
- To receive the auditors, President's and Treasurer's reports
- ♦ To receive the Bowls report
- To elect executive and committee members
- To appoint the auditor and patron for the coming year
- To determine member's annual subscription
- To vote on two Life Member nominations

After the AGM there will be opportunity for general discussion regarding running of the club, for ideas to be put forward for the betterment of the club and formation of any sub-committees if required.

A Wines Secretary 02/06/2014

Rotary Aluminium Recycling Bin

A shout out and a BIG thank you to everyone using the Rotary Aluminium Recycling Bin on the St Marys Op Shop porch.

It was been emptied for the first time last week; it took just four weeks to fill the bin, and all monies raised will go to Rotary St Helens projects.

There was NO rubbish in the bin! We did have one incident of clothing left in the bin. Please remember the bin is for aluminium cans ONLY.

Small donations of clothing can be left at the Newsagents if the Op Shop is closed, or you can ring me on 0404 5632 320 to arrange a convenient drop off or pick up time. Thanks again and keep up the great work!

Janet Drummond, St Marys Op Shop co-ordinator

A New York teenager has created the world's first "sneaker pawnshop" where streetwise youngsters can hock their valuable trainers to raise cash.

Specialising in high-end designer models and "dead stock" (limited edition trainers no longer being made which can sell for many thousands of dollars), the store is the brainchild of Chase Reed, a 16-year-old from Harlem.

All shoes brought into Sneaker Pawn must pass a smell test before their owners receive a lump sum in cash. They can redeem them later or allow them to be sold. Owners have first refusal on any sale and receive 80% of any profit.

Customers usually borrow around \$10 per pair of lightly-worn trainers although one was lent thousands of dollars after bringing in a pair of Nike LeBron Crown Jewels and two pairs of Nike Air Jordans. They must repay the loan at a rate of 20%.

telegraph. co. uk/news/worldnews/northamerica/usa/10901282/New-York-teenager-creates-worlds-first-sneaker-pawnshop. html

The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor or voluntary staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

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The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and phone number.

The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

We are updating the Arts/Crafts/Hobbies Guide. If you have a group you would like included please contact Rod McGiveron on 6372 2215.

Church ladies with typewriters: Tuesday at 4pm there will be an ice cream social. Could all ladies giving milk please come early.

The Valley and East Coast Voice Inc. encourages local/regional contributions from the public Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors.

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ACROSS

- 1. A type of tree
- 6. Tight
- 10. A crumbling earthy deposit
- 14. Cognizant
- 15. Feudal worker
- 16. Away from the wind
- 17. Army doctor
- 18. Whirl
- 19. City in Peru
- 20. The creation of goods
- 22. Nile bird
- 23. Back

- 24. Set aflame
- 26. Rind
- 30. French for "Friend"
- 31. Soak
- 32. Highest point
- 33. Dispatched
- 35. Auspices
- 39. Inscribed
- 41. A dais
- 43. Kooky
- 44. Small slender gull
- 46. Type of sword
- 47. Before, poetically
- 49. To and

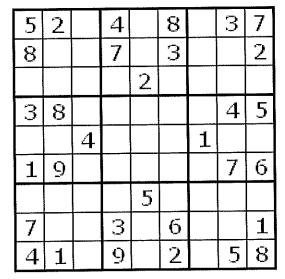
- 50. Harvest
- 51. A wardress in a prison
- 54. Garrison
- 56. Salt Lake state
- 57. From that time on
- 63. Part in a play
- 64. Hindu princess
- 65. Very slow in tempo
- 66. Dwarf buffalo
- 67. Terminates
- 68. Work dough
- 69. Extend credit
- 70. Modify
- 71. Sows

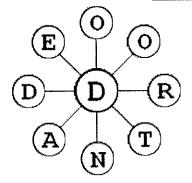
Set by Alberich www.freecrosswords. net

DOWN

- 1. Temporary living quarters
- 2. Pitcher
- 3. Carpenter's groove
- 4. Dry
- 5. Happen again
- 6. Part of the Bible
- 7. A painkiller
- 8. Pearly-shelled mussel
- 9. Wimbledon sport
- 10. Slacker
- 11. Excuse
- 12. Send, as payment
- 13. Rental agreement
- 21. Stop
- 25. Satyr
- 26. Chess piece
- 27. Beige
- 28. Send forth
- 29. Stationery
- 34. Violent radical
- 36. Stare
- 37. Bright thought
- 38. Dribble
- 40. Apprentice
- 42. A loud sleeping sound
- 45. A former Turkish term of respect
- 48. Main course
- 51. Wall painting
- 52. Redress
- 53. Claw
- 55. Speaks
- 58. Paw
- 59. A temple (archaic)
- 60. Tall woody plant
- 61. Quaint outburst
- 62. Fishing poles

Solutions next issue.





How many words can you find? Each word must contain the central **D** and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word? Excellent: 70 words. Good: 50 words. Average: 35 words

Tasmanian Lost Pet Register https://www.facebook.com/

e: tasmanianlostpetregister@gmail.com

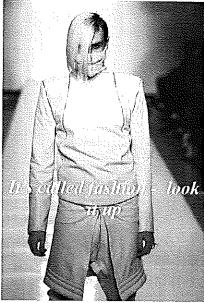




2 dogs missing from Fergusson Rd Brighton since 8th June. Chip is a male 7 yr old beagle/hound mix, Charlie is a male 15 month old border collie; both are wearing collars and are micro-chipped. We are desperate for any news, good or bad, these dogs are beloved family members and our 2 young sons are distraught. If they have been shot on a farmer's land we understand, and just want to know what's happened to them. They may or may not be together. A reward is offered for their return. Please call Todd on 0428 680 013 / 6268 0013

facebook,com/melissalacey?fref=photo

Climate is what we expect, weather is what we get. Mark Twain



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St Marys rainfall by Reon Johns

May 2nd	Trace	Overcast
3rd	0.8	
4th	1.8	
9th	Trace	Overcast
10th	Trace	Overcast
11th	1.0	
12th	Trace	Fog
13th	Trace	Fog
16th	1.0	
18th	1.2	
23rd	0.2	
25th	Trace	Fog
27th	1.0	
28th	1.8	
31st	38.8	

A run-on sentence is one in which two or more independent clauses (i.e. complete sentences) are joined without appropriate punctuation or conjunction, and this is generally considered a stylistic error, though it is occasionally used in literature and may be used as a rhetorical device, and an example of a run-on is a comma splice, in which two independent clauses are joined with a comma without an accompanying co-ordinating conjunction, although some prescriptivists exclude comma splices from the definition of a run-on sentence, but this does not imply that they consider comma splices to be acceptable, and the mere fact that a sentence is too long does not make it a run-on sentence: sentences are run-ons only when they contain more than one independent clause, and a run-on sentence can be as short as four words - for instance: I drive she walks - in this case there are two independent clauses: two subjects paired with two intransitive verbs, so as long as clauses are punctuated appropriately, a writer can assemble multiple independent clauses in a single sentence: in fact, a properly constructed sentence can be extended indefinitely.

Vol 47.03 solutions.

All words:

across, arc, arco, arcs, calm, calms, calo, cam, cams, car, carl, carls, carol, carols, carom, caroms, cars, clam, clamor, clamors, clams, claro, claros, class, CLASSROOM, coal, coals, col, cola, colas, color, colors, cols, coma, comal, comas, coo, cool, cools, coos, cor, coral, corals, corm, corms, cos, cosmos, coss, cram, crams, crass, cross, lac, lacs, loca, loco, locos, mac, macro, macros, macs, marc, marcs, moc, mocs, oca, ocas, orc, orca, orcas, orcs, roc, rocs, sac, sacs, scam, scams, scars, scram, scrams

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Fingal, Mathinna Road. Tues & Thurs $10 \sim 4$ Sunday $2 \sim 5$

Pyengana, Tasman Hwy. No builders' waste please. Wednesday 9~1 Sunday $2 \sim 5$

Scamander, Coach Street. Tues & Thurs $10 \sim 4$ Sunday 2~5

St Helens, Eagle Street. Open 7 days 10 ~ 4

Tues & Thurs 10~4 Sunday $2 \sim 5$

St Marys, Grav Road.

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	24th	Valmai Spencer					
2	25th	Lorraine Gill					
2	26th	Kaye Nailer					
ź	27th	Trish Pike					
3	30th	Sonya Allison					
July	1st	Pam Bretz					
	2nd	Lundy Vosper					
	3rd	Heather Griffiths					
	4th	Lorraine Gill					

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Church Services

Catholic Parish of St Marys Sr. Lorraine Groves 6372 2252 / 0409 172 741 1st Sunday MASS St Helens Vigil 6pm Bicheno 9am Fingal 11.30am 2nd Sunday LITURGY St Helens Vigil 6pm St Marys 9am Bicheno 9am Fingal 9.30am 3rd Sunday MASS St Helens Vigil 6pm St Marys 9am Bicheno LWC 9am 4th Sunday LITURGY St Helens Vigil 6pm St Marys 9am Bicheno 9am Fingal 9.30am 5th Sunday MASS St Helens Vigil 6pm St Marys 11am Bicheno 9am

Anglican Parish of Northern Midlands

Avoca 11am 2nd Sunday Fingal 2pm 2nd Sunday Mathinna 2.30pm 4th Sunday Ross 10am 5th Sunday Campbell Town 9am

St Marys Salvation Army Sunday Joy 12.30pm

This is a bring-and-share lunch followed by a great time o f friendship and fellowship. You are very welcome to join us and share our JOY! 0409 838 816 Tuesday JAM 3~5pm every Tuesday except school holidays. Envoy Melanie Norton

Break O'Day Anglican Parish 6372 1144 or PO Box 143, St Helens TAS 7216 St Helens 9.30am Sunday 5th Sunday Combined Service with Uniting Church 10.30am St Marys 10am Sunday Pyengana Please phone for service times

Break O'Day Uniting Church

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The Manse 6376 2405 St Helens 9am Fingal 11.15 am



All-terrain vehicle. (England, 1926)

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> . <u>Dr L. Reeckman</u> Women's Health Clinic 19/6, 20/6, 3/7 & 4/7

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Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 18/6/14

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt—Call an Ambulance 000 Thank you for your cooperation

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Monday-Friday

8:50am-10:00am

10:00am-10:30am-Reception Closed

10:30am-12:30pm

12:30pm-1:30pm- Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm-Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

PATHOLOGY SERVICE-

NO PATHOLOGY SERVICE BETWEEN:

12:00-1:30pm or before 8:30am daily

If you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked PRIOR to your medication/s running out or INADVANCE if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware <u>scripts are no longer able to be done</u> over the phone.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This requires a 5 minute doctor consult.

ST MARYS MEDICAL PRACTICE REMINDER:

Dr Latt would like to remind the community about some circumstances that are not covered by Bulk Billing at the St Marys Community Health Centre:

- Visits related to renewal of Driver's licences
- Visits related to requested Medical Reports
- . Visits related to Insurance Medicals
- Visits related to Harness Medicals
- Pre-Employment Checks

All of these are not covered by Medicare and therefore may incur a cost. Please check with the receptionists when making an appointment.

If you have concerns in relation to this matter please contact us and we will attempt to answer your concerns

AFTER HOURS CONTACT NUMBERS

Please phone GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000 ST MARYS COMMUNITY HEALTH CENTRE

6372 2111

Please RING before presenting after hours

Lifeline 131 114

Saving Lives, Crisis Support and Suicide Prevention

PHYSIOTHERAPY SERVICE

1 day/ fortnight— Physiotherapist from the LGH Referrals will still be accepted and prioritises

Please see your GP for a referral or phone 6372 2111

ST MARYS COMMUNITY HEALTH CENTRE

	WHAT'S ON AT THE CENTRE	
18 June	Day Centre— For details on the group please contact Hayley Gilbert 6372 2111	
	Mental Health Clinician/ Case Manager—Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.	27 June
	Anglicare Drug & Alcohol Counsellor. For a appointments please see your GP for a referral.	30 June
	Physiotherapist—Please see your GP or Health Professional for a referral to the service.	
19 June	Social Worker— Shan Williams. Please phone 6372 2111 for appointments.	
20 June	Social Worker- Shan Williams. Please phone 6372 2111 for appointments.	1 July
	Stepping Out Program 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.	a. July
	TML Diabetic Educator, Physiologist and Dietician. Appointments available by referral from you GP.	
23 June	Wental Health Clinician/ Case Manager—Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.	2 July
	TIVIL Psychologist— Sam McCarthy. Please see your GP for a referral.	
24 June	IViental Health Clinician/ Case Manager—Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.	
	Child Health Session with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381	3 July 4 July
	Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555	
25 June	Day Centre— For details on the group please contact Hayley Gilbert 6372 2111	(A)
	TAZREACH Antenatal Clinic with Katie. For appointments please see your GP.	6
	Social Worker— Shan Williams. Please phone 6372 2111 for appointments	
26 June	Social Worker- Shan Williams. Please phone	Pa A

6372 2111 for appointments

WHAT'S ON AT THE CENTRE Continued...

Relationships Australia – Leanne McMurtie for appointments please phone 1300 364 277

27 June Social Worker- Shan Williams. Please phone 6372 2111 for appointments.

Stepping Out Program 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.

Mental Health Clinician/ Case Manager – Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

TIVIL Psychologist—Sam McCarthy. Please see your GP for a referral.

Spirometry Clinic – Lung Function testing. For appointments please phone 6372 2111

Mental Health Clinician/ Case Manager- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381

2 July Mental Health Clinician/ Case Manager- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

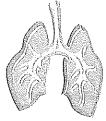
Day Centre-For details on the group please contact Hayley Gilbert 6372 2111

Physiotherapist—Please see your GP or Health Professional for a referral to the service.

3 July Social Worker—Shan Williams, Please phone 6372 2111 for appointments.

4 July Social Worker—Shan Williams. Please phone 6372 2111 for appointments.

SPIROMETRY CLINIC APPOINTMENTS



A Spirometry Clinic (Lung Function Testing) is regularly held at the St Marys Health Centre. Appointments can be made through reception but a referral is needed from your GP.

Next session is: Monday 30 June 2014

SPORTS NEWS

Local golf team wins State title, continued from the front page.

On Monday the June 2nd 2014 the Scamander River Women's Pennant Golf team won the Division Two State Final. What a wonderful achievement for a group of ladies from a small country club. They played against clubs who have dozens of members, whereas Scamander River girls were a team with just eight to choose from.

They won the title by first winning the East Coast Pennant and Teams Day.

This was followed by defeating Mowbray at Riverside for the Cons Pearce trophy, Ulverstone at Devonport for the Watterson Shield, and Ulverstone again at Riverside on Sunday June 1st for the right to play in the State final. Then on Monday June 2nd, still at Riverside, the girls played Hobart team Kingston Beach and won the State title three and a half to one and a half.

Well done girls, you have not only done yourselves and your club proud, but have been great ambassadors for all our east coast golf clubs.

By Jim Haas

Saturday before and after golf Sunday 1-30 - 4.30

Well, winter is here and don't we know it! BRRRRR. Why not get down to the club this Friday and warm up with a bowl of soup, or some great Lasagne or Spaghetti n' Meat Balls. GREAT VALUE!

ST MARYS SPORTS AND SOCIAL CLUB

Opening hours: Thursday 5.30 - 7.30 Friday 5.30 - 8.30

Serving between 6pm and 8pm.

Congratulations to Plonky for winning the chicken on Saturday, at golf.

Commiserations to Brendon, better luck with the Joker next time.

Michael Holmes, you missed out on the free carton last Friday ... Sorry.

ANNUAL GENERAL MEETING

Friday June 27th 7pm.

Nomination forms are on the board and need to be received by the secretary before June 23rd.

Annette Wines, Secretary

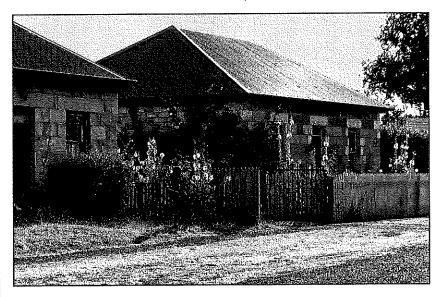
Roads go ever ever on Over rock and under tree By caves where never sun has shone By streams that never find the sea. Over snow by winter sown And through the merry flowers of June Over grass and over stone And under mountains in the moon.

Roads go ever ever on Under cloud and under star Yet feet that wandering have gone Turn at last to home afar. Eyes that fire and sword have seen And horror in the halls of powers have been Look at last on meadows green

And trees and hills we long have known. So finally our feet get us to the

Warmth of the fire and safety of home Where we can dream of dreams once

Christopher Hurd, Cornwall

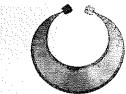


Lovely photo of cottages at Ross, taken by Glyn Johnson.

Golf is a good walk spoiled. Mark Twain

A British treasure hunter stumbled on a \$37,000 Bronze Age golden necklet during his smoko.

After a frustrating morning scouring the Dorset country side with his metal detector, finding nothing but junk, David Spohr decided to take a break. Sitting down to eat his lunch, the 55-year-old's discarded metal detector suddenly went off. At first he thought the muddy mess he found was just a squashed sardine tin, then came the glint of gold. "You dream of something like this - it was the find of a lifetime." In his fingers emerged the form of a Bronze Age lunula - a solid gold necklet in the shape of a crescent moon. It



is believed to be anywhere between 2500 and 4500 years old. Finely engraved with zigzag and striped patterns, it is one of only three of its style ever found in Britain and has been valued at up to \$37,000. The object will be examined by government archaeologists before being declared a treasure. Proceeds will be split between the land owner and Mr Spohr. He never did get to eat his sandwiches.



ST MARYS IGA SUPERMARKET

In the centre of town, at the heart of the community



38 Main Street
Ph/Fax 6372 2240 Butcher 6372 2274
Monday to Friday 8-6 Saturday 8-12

Specials from 18th - 24th June 2014

Specials from 25th - 1st July 2014

Butchery	per kg	Butchery	per kg				
Rump steak	11.99	Leg of lamb	10.99				
First grade mince	9.99	T-Bone steak	17.99				
Bacon bones/hocks	6.75	Forequarter lamb chops	9.99				
Ingham chicken thigh fillets	10.99	Beef casserole steak	9.99				
Beef stir fry strips	13.99	IGA chicken breast fillets	12.99				
Cool room/Freezer		Shelves					
Vaalia yoghurt 900g	4.49	Duo laundry powder 500g	1.49				
Bega super cheese slices 250g	1.89	Kleenex cottonelle toilet tissue 48pk	18.99				
Devondale Colby/tasty block 625g	5.99	Rexona impulse body spray 75g	3.99				
Peters ice cream 4L	6.99	Organic care shampoo/cond. 250-400ml	2.49				
Scotts meat pies 6pk	4.99	Campbell's red & white condensed soup 410-420g	.99				
All only 99c each		All only \$1.99 each					
Continental cup-a-soup 2pk		Samba firelighters 36s					
Nanda pasta 500g		Dove milk chocolate 150g					
Snappy Tom canned cat food 400g		Kraft dip 185g					
Mars medium bars 35-55g		Sanitarium So Good regular UHT 1L					
Maggi cup noodles 58-68g/3 minute pas	ita 70g	Arnotts shapes/savoy/clix 160-250g					



Rump Steak with Creamy Mushroom Sauce

4 x 125g rump steaks 750g sweet potatoes, washed and cut into wedges

4 tablespoons organic olive oil Freshly ground black pepper 75g butter

2 tablespoons olive oil 1 onion, peeled and finely chopped

1 garlic clove, crushed 150g baby button mushrooms, wiped and sliced

200g chestnut mushrooms, wiped and sliced

300g tub beef stock 1-2 tablespoons brandy

500g pot low fat natural yogurt

Preheat the oven to 220°C, fan 200°C, 425°F. Place the sweet potato wedges into a roasting tin, drizzle with olive oil and season. Place in the oven and cook for 35-40 minutes or until crispy.

For the mushroom sauce: Place the butter and oil in a large frying pan and heat, add the onion and garlic and sauté for 2-3 minutes, then add the mushrooms and sauté for a further 5-8 minutes.

In the meantime place the stock and brandy in a saucepan and reduce by half. Remove half the mushrooms from the frying pan, place in a food processor with the stock and process until smooth, finally add the yogurt and process once again.

Return this mixture to the pan with the reserved mushrooms. Preheat a grill or griddle pan and cook the steaks for 2-2½ minutes on each side for medium rare, 2½-3 minutes for medium and 3-3½ for well done.

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