



## The Valley and East Coast Voice Inc. \$1

[valleyvoice.com.au](http://valleyvoice.com.au)

Established 1968 Vol 47.13 October 23rd 2014  
The deadline for 47.14 is 5pm November 3rd 2014

### Pesticide monitoring in Tasmanian waterways cancelled Article page 7



*Fairfax picture of Dr Bleaney in the  
George River 2004.*

On behalf of the Woodcraft Guild I would like to extend a thank you to **Mr Gerald Aulich** for chairing "Meet the Councillors" in the St Marys Community Hall on Saturday October 11th 2014. Not only was he professional but his fine sense of humour helped ease the nervousness. Many thanks to all the candidates who appeared and performed admirably ... not an easy task.

And finally thank you to the attendees, and the Break O'Day Woodcraft Guild members who helped with the organising.

Wendy Brennan, Secretary

**ACO2 perform in St Helens on  
November 16th 2014**, article on page 7

**St Marys locals at the Rock n Rodz,  
Longford, 2014** photos page 11

**BODC media release re Steiglitz fire**, page 12

**People Poles update** page 14

**The Refugee Welcome Zone Declaration  
and the Break O'Day Welcome and Support  
Group** explained, page 14

*Happy 100th Birthday  
3rd November, 2014*

*Congratulations*

*Maisie Finney  
(LeFevre Royle)*

*Congratulations are the order of  
the day as our  
Mother, Grandmother,  
Greatgrandmother, Auntie  
and friend reaches this  
wonderful milestone.*

*The whole family wishes you  
all the best and hope you enjoy  
your party at the Sports Centre  
on Sunday 2nd November.*



**BODRA Spinning workshop - October 25th, 26th 2014**  
**Walk for Prems - October 26th 2014**  
**Catholic Church St Marys Mini Fair - November 1st 2014**  
**BEC workshops - November 18th, 19th, 20th and 21st**

## Community Groups

**AA St Helens (Alcoholics Anonymous)** meet Wednesdays 8pm at St Paul's Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

**AA St Marys (Alcoholics Anonymous)** meet Fridays 7pm at Holy Trinity. Call Mick or Shirl 6372 2909.

**AI Anon St Helens (Family Group)** meet 2pm Sundays at St Paul's Anglican Church Hall St Helens. Call Anne or John on 6376 4270 / Rose on 6376 3335.

**Beaumaris Swap Markets** are held monthly on the 1st Sundays at Beaumaris Park from 11-1pm. Plastic bag free, gold coin donation per stall (bookings required). Call Laura on 6372 5687.

**BINGO** at the Cornwall Hall Mondays at 7pm, 2 jackpots each week. All welcome.

**Break O'Day Regional Arts** meet monthly on the 1st Tuesday in the Supper Room at St Marys Community Hall, 4pm. **RAYC** Regional Arts Youth Company for school aged children is on Thursdays 3.30-5pm. Session cost \$5 or \$40 p/10 week term. All welcome. Michelle on 0407 046 865. e: [bodregionalarts@gmail.com](mailto:bodregionalarts@gmail.com)

**The B.O.D. Stitchers** meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The **Break O'Day Woodcraft Guild Inc.** meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The **Chocolate Shop Singers** meet Thursdays 5pm at the Mt Elephant Fudge shop St Marys for informal and fun singing. Everyone welcome.

The **Cornwall Community Development Group Inc.** hold their general meetings on the 1st Tuesday every month. Hall hire available, please contact Raz or Deb on 6372 2261.

**East Coast Community Transport**, Jan Saunders, Community Hall, 23 Main Street, St Marys. 6372 2137.

The **Falmouth Community Centre** contact for booking club facilities is Cherrie Schier on 0417 887 941.

The **FVNH Op Shop** is happy to receive pre-loved clothing and goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out and pick up a bargain. Deb Speers for FVNH.

**Gone Rustic Studio + Gallery** 37 Main Street St Marys. Operation Cover-up meet on the 3rd Fridays monthly from 11-2, creating quilts and knitwear for those in need locally and overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included.

**Greater Esk Tourism** meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. 0412 425 666.

**Meals on Wheels** next meeting is on 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

The **Scamander and Beaumaris Community Development Association** meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex.

**Scamander Garden Club** meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Call Val on 6372 2762.

**The St Helens Walking Group** walk each Wednesday and 3rd Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

**St Marys/Falmouth Playgroup** is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed and friendly atmosphere for all the family. Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337.

**St Marys Hospital Auxiliary** meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

**St Marys Ladies' Midweek Tennis** meet 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033.

**St Marys Markets** are held monthly on the 1st Saturday at the St Marys Community Hall 9-1pm. Christmas may see a second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODRarts) on 6372 2056 or 0407 046 865.

**St Marys Online Access Centre**, 23b Main Road St Marys. Mon to Fri 9.30-4.30 Sat 11-2. Ph 6372 2005.

The **St Marys Op Shop** (School Association) is open 10-4 weekdays and Market Saturdays 10-12.30. We are happy to receive ALL pre-loved items excluding electrical. SMALL donations can be left at the St Marys Newsagency. contact Janet Drummond - Coordinator 0404 562 320 for assistance. Check out the Facebook page

**St Patricks Head & Esk Valley Historical Society Inc.** meets every 2nd month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 ([aulich@bigpond.com](mailto:aulich@bigpond.com)) or Jim 6372 2127 ([jimhaas@bigpond.com](mailto:jimhaas@bigpond.com)) [www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

**Stallholders' Market Inc.** is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens. e: [sthelenmarket@yahoo.com.au](mailto:sthelenmarket@yahoo.com.au)

**Suncoast Singers** meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome ... if you can talk, you can sing. Call Mary-Anne Wadsworth on 6376 2969.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

The next Council meeting will be held on Monday 17 November 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.

**Editor: Wendy Dawson**  
**e: [wdawson@valleyvoice.com.au](mailto:wdawson@valleyvoice.com.au)**  
**m: 0403 430 452**  
**web: [valleyvoice.com.au](http://valleyvoice.com.au)**

Advertising rates for 2014:

- ◆ Business card ads \$15      ◆ ½ page ads \$40
- ◆ Intermediate ads \$18      ◆ Full page ads \$65
- ◆ ¼ page ads \$25

Community announcements are free. Private classified ads are free for two issues. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20.

Articles for publication may be left at the St Marys Pharmacy, posted to POB 230 St Marys 7215 or emailed. For online advertising, contact the Editor.

### For Sale



**Bar stools** \$25 ea, 2 left. **6384 2355**

**2 metal and glass coffee tables** - rectangle \$10, square \$5. Ph Len Miles **6372 2285**

**Wheat, bread grade.** 5kg bag \$10, can deliver F.O.C. by arrangement. **6372 2626**

**2 Land Rovers (Fingal)** 1996 Diesel (300 TDI) 6 months rego \$4,500. and 1992 petrol (3.5 V8) 6 months rego \$2,750. Ph Bill **0428 980 766**

**4 burner BBQ** with swap gas bottle, good condition \$50. Pick up only. **0474 228 568**

**Moo poo**, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Ph Norm. **6372 2380**

**Round bales**, garden mulch or bedding, \$50 ea, free delivery in St Marys area. **0407 944 158**

**Garage sale** Saturday November 1st 2014 at 138 St Helens Point Road Stieglitz, 8am - 2pm. Balloons out front. Houseful of furniture, crockery, linen, ornaments, pictures, shoes, cases, handbags, outdoor settings, BBQ, toys, Xmas trees and decorations, old style kitchen cabinet. Everything must go, make an offer!

**Australian Geographic** magazines - almost complete set starting from 1989, over 90 magazines including all maps, DVDs and yearbook. Great for grey nomads or anyone planning holidays. \$99. Leissa **6372 2686**

**2.42m (8') Bailey aluminium stepladder**, hardly used \$180. Ph Glyn, **0418 229 319**

### Wanted

Would anyone have any old **National Geographics** they don't want anymore? Call Bob on **0428 345 265** if you can help.

**Bed settee**, two seater. Ph **0407 944 158**

**Small wooden window** 40-45cm x 60cm, obscured glass. Ph **6372 2676**

### Community Notices

#### Notice of Annual General Meeting

The **Break O'Day Council** Annual General Meeting will be held in the Council Chambers, St Helens on Monday November 24th 2014 commencing 5pm.

**John Brown, General Manager**

Thanks to the **St Marys Woodcraft Guild** for a very informative evening the night of Saturday October 11th at the "Meet the Candidates Forum".

I found it very beneficial and even insightful in assisting me in my voting decision. To put a name to a face, listen to the councillors speak and inform us of their commitment and visions for the municipality was well worth my time I thought.

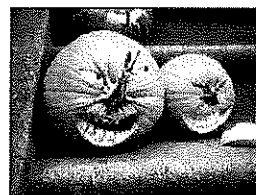
**Liz Dean, St Marys**

#### *St Marys Hotel Halloween Party October 31st*

*Gold coin entry with all proceeds going to the  
Leukaemia Foundation*

*Prize for the best costume*

*Live music from 8pm 'till late*



#### Community Outreach Dinner

The community outreach dinner at the Holy Trinity Anglican Church Hall on Saturday October 18th was a BBQ and 24 community members attended, bringing side salads, side vegetable dishes and lots of delicious desserts to share. A lovely evening was had by all starting at 5.30 and the final guests left around 8pm. A gold coin collection raised \$75 for the Scamander Surf Life Saving Club.

The next and final dinner for the year is themed "Christmas" and will be held on November 15th, please arrive at 5.30 to be seated for 6pm serving. Gold coin donations on this evening will go towards Food Vouchers to be distributed, into the Christmas period, for families in need locally.

**Janet Drummond**

The editor and staff of the Valley and East Coast Voice Inc. wish **Maisie Finney** a wonderful upcoming 100th birthday on November 3rd 2014. An enviable achievement indeed.

W. Dawson

**On this day in 1814** the first plastic surgery procedure was performed in England.

In 2008 a Jamaican beach was stolen. The 500 truckloads of sand remain missing to this day.

## Letters to the Editor

### Dear Editor

I have read with interest in the Sunday Examiner October 12th 2014 an article regarding homeless youth. Would not people who leave their homes because of ill treatment be considered home grown refugees? According to the article they live in fear of muggings, their bodies deteriorate and they become depressed. They survive by a hand to mouth existence and rely on street cunning and theft to eat and clothe themselves. I personally feel very saddened to think many homeless are ex-veterans whose post war traumatic conditions have led them to survive like this, not to forget the many psychiatric patients who now fall through the cracks and are left to their own devices to wander aimlessly and are often forgotten. This situation has been going on for years.

I plead with the members of the Refugee Welcome Committee to extend their charity and their homes to provide shelter, food and lodgings not only to our international refugees but to give thought to the above mentioned. Since they have in train an organisation that consists of councillors, citizens, and an Eco Lodge operator as their media liaison officer, offers of help to this forgotten group mentioned could be up and running in a matter of days to provide home stays.

**Reon Johns, St Marys**

### Dear Editor

Many Australians must have been astonished as they watched the ABC's "Foreign Correspondent" report on Tuesday 14<sup>th</sup> October: footage showing crews from the Italian Navy lifting children smilingly from rafts, welcoming refugee families from war-torn Syria and Africa as they helped them from patchy craft to ships dedicated to their rescue. Two hundred would come off one boat, three hundred from another, sometimes more than a thousand refugees picked up in one voyage. On reaching the shore base in Italy, the refugees were given food, shelter, health checks; and, just as surprisingly, after an interview to establish their identity and circumstances, many were released, within 24 hours, into the community where they set off to try to start a new life. They were overwhelmed with relief to escape danger and sometimes certain death, to be treated with respect and compassion. Their "saviours" spoke of the satisfaction of helping people in dire need, of making such a huge difference in the lives of so many...

So why is it that we in Australia, the "Lucky Country", so beautiful, so wealthy, so secure a country: why is it that we are so reluctant to hold out a helping hand to others in need? How have we allowed our natural emotions of love and compassion to be subverted by fear and intolerance? If we take the easy way out and lay the blame on our leaders, then we should have the grace to admit that we elected those leaders into office, they simply do as they suspect we demand, so that we'll put them in again next election. It is we who must take responsibility, we who must demand another response from Australia towards those who seek refuge from us, a different response than the "dog-in-the-manger" case we've mounted thus far.

We owe it to our fellow humans on this globe; we owe it to ourselves, so that we can live with ourselves with some

sort of self-respect; we owe it to our children and grand children, who will be forced to live in a fearful war-weary world if we don't come up with genuine solutions. The world's population is forecast to rise from 7 billion to 9 billion by 2050: the problem will get larger, not smaller, as the century stumbles along. Present policies only just keep the lid on a seething pot; if we don't want to live lives of fear, and partake endlessly in institutionalised cruelty, we have to take the risk of thinking much more broadly and compassionately than we do at present.

Sadly, at the end of the "Foreign Correspondent" report, we were told that Italy's remarkable mission might soon be curtailed, partly because of opposition from a part of the community, but largely because Italy is teetering on economic collapse.

Now why don't we try to take over in some way, down here in the "Lucky Country"?...

**Klaas de Jonge, Piccaninny Point 18/10/14**

### Dear Editor

Reon and I are not on Facebook, although I can fully understand isolated members of the community using it as a useful tool to stay in contact with loved ones. However, I cannot comprehend its use as a spiteful weapon that contains gratuitous snipes from cowards who will not phone or front the persons to whom their venom is directed. We have been given hard copies of comments which have appeared over recent weeks that legal consultation has confirmed are considered slander. It is a true saying in the law profession "say it forget it, write it regret it". We know who you are ... you know who you are. We will have no hesitation in giving the go-head for legal proceedings to begin ... be it "friend or foe", if these statements continue.

**Wendy Brennan, St Marys**

### St Marys Child Care farewells educator Deb Pyke



The St Marys Child Care Centre is sorry to have to say good bye to one of their long term child care staff, Deb Pyke. Deb has been with the centre for five years, providing great care and support for the families and children. Her commitment to child care saw her successfully complete her Certificate 111 and Diploma of Children's Services qualifications.

We congratulate Deb who recently was offered a position at NCN's Spring Bay Child Care Centre in Triabunna; she will also be working at NCN's Campbell Town Early Learning and Care Centre

For more information on child care options for your family please call us any time on 6372 2187 or check out NCN's Facebook page or website at [www.ncn.org.au](http://www.ncn.org.au)



## TasNetworks helping to prevent bushfires

With bushfire season fast approaching, TasNetworks is reminding people that trees growing too close to powerlines are a safety risk, with the potential to cause fires, cut electricity supply and potentially leave wires on the ground.

Bushfire Mitigation Manager, Michael Emmett, said that while our vegetation management program is successful in helping prevent highly dangerous situations, we also rely on public information to assist in identifying vegetation posing a risk.

"Bushfires can cost lives, hurt communities and cause millions of dollars of damage to electrical infrastructure and private property. They also have a severe impact on the reliability of power supply to customers," Mr Emmett said.

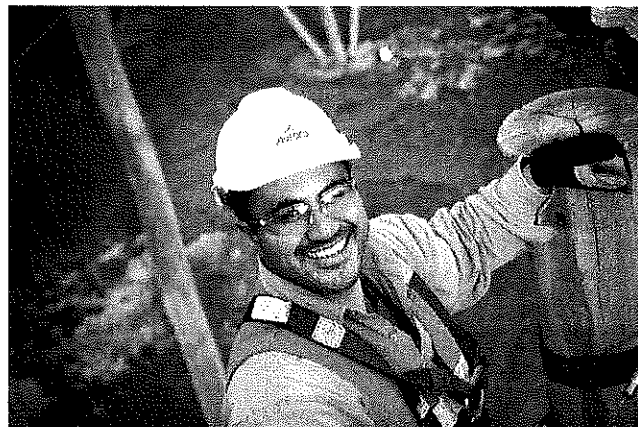
"It's everyone's responsibility to be safe around electricity, so it's important that home owners and occupiers ensure trees on their property are well clear of distribution powerlines all year round.

"If customers see trees or vegetation that are too close, or if there's a risk of branches falling on powerlines, please contact TasNetworks on 132 004," Mr Emmett said.

Customers are encouraged to get advice from their local nursery when planting trees and shrubs on their property, to ensure they select species that will not impact on any nearby powerlines.

TasNetworks is committed to putting the safety of our people and customers first, and educating the community about electrical safety issues is a vital element of our community safety obligation.

For more information about trees around powerlines and safe growing practices please visit [www.tasnetworks.com.au](http://www.tasnetworks.com.au) or call TasNetworks on 132 004.



*Shaun Puke from TasNetworks tackling vegetation to keep powerlines clear*

Months before his assassination, Abraham Lincoln's son fell from a train platform in Jersey City. The person who saved him was Edwin Booth, brother of John Wilkes Booth (Lincoln's killer).

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## Ransley's Appliance Service

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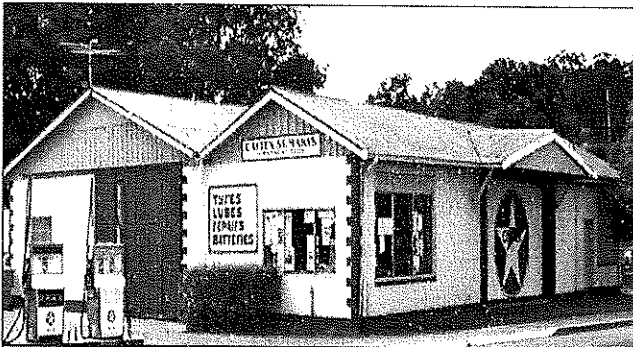
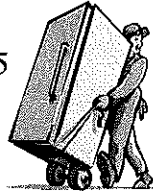
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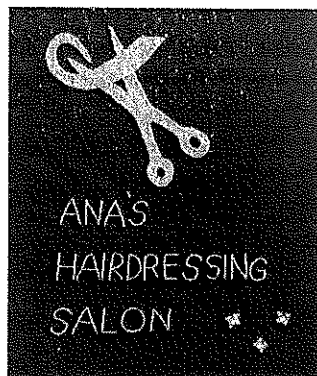
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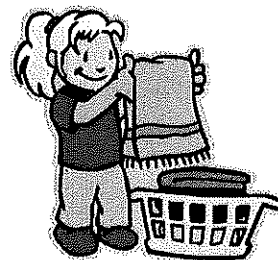


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## Pesticide monitoring in Tasmanian waterways cancelled

Confirmation of the cessation of any routine pesticide monitoring in any waterways in Tasmania (including all drinking and ground waters) was given by DPIPWE this week (Stuart Bowman). The announcement coincided with substantial funding cuts in the recent State budget.

With regard to pesticide monitoring in waterways, Tasmania now reverts to where it was in 2004 prior to the helicopter crash in the upper catchment of the George River, where the highly hazardous insecticide alpha-cypermethrin was being aerial-sprayed onto eucalypt plantations. Shortly after and following a very heavy rainfall, 90% of intertidal oysters, along with other insects and aquatic life, died in Georges Bay.

At that time Tasmania undertook no pesticide monitoring of any waters.

Forestry Tasmania is about to increase its plantation workings and has just applied to the Forest Stewardship Certification (FSC) body for permission (a derogation) to aerially spray alpha-cypermethrin in eucalypt plantations. FSC does not 'normally' allow alpha-cypermethrin to be used as it is a highly hazardous pesticide.

Meanwhile, drinking water in Tasmania undertakes no pesticide monitoring, despite nearly all Tasmanian water catchments being multi-use catchments including agriculture and agroforestry.

**Background to Water Quality in Tasmania** In July 2004 Dr Marcus Scammell PhD and Dr Alison Bleaney MD submitted a report on behalf of the Tasmanian Seafood Industry Council. The specific findings were:

'The aerial spraying (using helicopters) of plantation timbers appears to be responsible for large-scale losses of commercial oysters, following heavy rainfall events. The normal environmental protection methods do not appear to be in place and no policing of the State's own Forestry Code of Practice appears to be occurring. More disturbingly, the problems associated with oysters also correlate with tumours and mortality in Tasmanian Devils. Further there appears to be a risk to human health as contamination of local drinking water supplies is also possible.' Ref 19

[http://www.sourcewatch.org/images/7/7c/Tasmanian\\_Seafood\\_Industry\\_Council\\_Report\\_to\\_DPIPWE\\_-\\_Environmental\\_Problems\\_Georges\\_Bay\\_Tasmania\\_Feb-Jun\\_2004.pdf](http://www.sourcewatch.org/images/7/7c/Tasmanian_Seafood_Industry_Council_Report_to_DPIPWE_-_Environmental_Problems_Georges_Bay_Tasmania_Feb-Jun_2004.pdf)

**Download, submission re Forestry Tasmania: Alpha-Cypermethrin Derogation Application to FSC 2014:**  
[10-14\\_For\\_Tas\\_Alpha-Cypermethrin\\_Derogation\\_Application\\_to\\_FSC\\_2014.pdf](10-14_For_Tas_Alpha-Cypermethrin_Derogation_Application_to_FSC_2014.pdf)

**Tasmanian Public & Environmental Health Network (TPEHN)**

[http://www.sourcewatch.org/index.php?title=Pollution\\_Information\\_Tasmania](http://www.sourcewatch.org/index.php?title=Pollution_Information_Tasmania)

• **Andrei Nikulinsky, in Comments:** *Are we honestly being told that while there is money to sponsor a different state's football team, to subsidise one of Australia's richest retail company's buildings, to puff up the gambling industry and even continue to throw good money after bad by paying to send woodchips overseas like it was waste... ..that there is no money to test our water supply?*

• **Download Clive Stott ( <http://www.cleanairtas.com> ) Submission:**

[ft-alpha-cypermethrin-derogation-application15.10.14\\_.pdf](ft-alpha-cypermethrin-derogation-application15.10.14_.pdf)

<http://tasmaniantimes.com/index.php?%2Farticle%2Fpesticide-monitoring-in-tasmanian-waterways-cancelled%2F>

*There is a Big Ben twitter account that tweets 'Bong bong bong' once every hour*



**AUSTRALIAN  
CHAMBER  
ORCHESTRA**  
RICHARD TOGNETTI  
ARTISTIC DIRECTOR



## Classical music concert in St Helens - classical stars return home to Tasmania

The Australian Chamber Orchestra's regional touring orchestra, ACO2, will stage a concert at 4pm on Sunday 16 November at Portland Hall, St Helens. ACO2 connects the next generation of talented young Australian musicians with the stars of the Australian Chamber Orchestra, creating a combined ensemble with a fresh, energetic performance style.

The St Helens performance features Guest Director Henning Kraggerud and the repertoire is:

Nielsen: Suite for Strings, op. 1

Sibelius: Humoresque No. 4 from op. 89

Sinding: Adagio from Suite im alten Stil

Kraggerud: 6 Postludes from "Equinox" for violin and orchestra

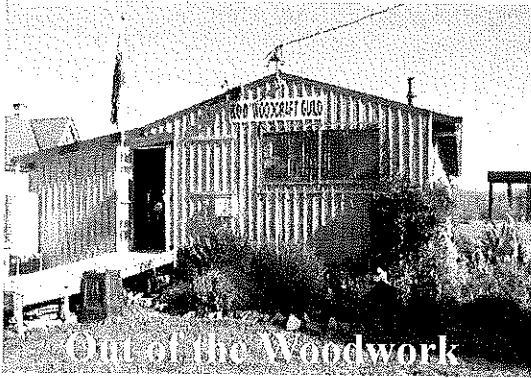
Interval

Atterberg: Suite No. 3, op. 19

Grieg: String Quartet (arr. Tognetti)

Tickets are \$25 per person or \$18 concession/student and are on sale now at the Purple Possum Café in St Marys. Tickets are also available at Choc-A-Lolly in St Helens and at the concert on Sunday 16 November - though judging by the acclaim ACO2 receives at its performances, it's wise to book ahead. For more information regarding the St Helens concert please call John McCallum on 6372 2084.

On their way south on Monday 17 November, ACO2 will visit St Marys District High School and stage a free school concert for students only.



Wendy Brennan, Secretary 6372 2094

[www.breakodaywoodcraftguild.weebly.co](http://www.breakodaywoodcraftguild.weebly.co)

[www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969](https://www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969)

Well, I did not personally attend the Rock and Rodz gig; however, feedback from members who are fond of their cars etc. said it was well worth their while attending.

I would just like to clarify a few issues that have been put forward regarding "Meet the Candidates". All mandatory questions asked on the night were from each candidate's policy statements that were either from their pamphlets, statements made in the Valley Voice or the Electoral Commission website which gave a synopsis of their core values. The questions were devised by a committee and feedback from members of the public. The final vetting of the questions was given to Gerald Aulich, (whom I believe did a stupendous job as chairperson) for his objective approval. The last time the Guild organized "Meet the Candidates" it was put forward that it appeared a little unfair that the intending Mayor and Deputy Mayor were given preference to begin first. We decided that the fairest option was to devise a lottery for order of speeches. Invitations were given out to each candidate well before the date with all the rules of engagement, with our number to contact us if they needed to clarify any of the rules. These rules were reiterated at the beginning of the forum as well.

I hope that this has dispelled some of the incorrect information that has been disseminated. Finally, I think all the candidates performed exceptionally well and wish all of them the best of luck.

The Guild is open every day except Friday and Sunday (depending on volunteers), and other times by appointment.

#### **The Tasmanian schoolboy who earned the title of Australia's fastest kid last month has broken his own national record.**

Last month, Jack Hale smashed the national under 18 record for the 100 metres with a time of 10.44 seconds.

At the Tasmanian independent schools athletics carnival in Hobart on Saturday, the 16-year-old sliced 0.02sec off that time. He also holds the Tasmanian men's open 100 metres record. He was not able to cement his achievement in his favourite event, the long jump, because of a heel injury.

Earlier this month he launched himself into the record books with a leap of 7.66 metres. The jump not only broke the national record for the event, it is also believed to be the best result for a 16-year-old in the world.

[abc.net.au/news/2014-10-19/the-hale-storm-strikes-again-jack-hale-100m-national-record/5824718](http://abc.net.au/news/2014-10-19/the-hale-storm-strikes-again-jack-hale-100m-national-record/5824718)

## **The Say...by Cagerattler**



Last week I was in the newsagency when a person I really like and respect challenged me as to why I didn't attend the Meet the Candidates night the previous Saturday. I was totally surprised by this, particularly

as it was meant in the context of Cagerattler (given an additional comment made which implied that to me and the other person present).

I have utmost respect for that person who runs a unique business in our town which many enjoy and I believe I have mentioned the business on at least a couple of occasions when touching on other linked matters. However the talents of this person are well known and I apologise if the person thinks I haven't given the wonderful business more of a mention.

What I won't apologise for is attending a meeting as if I might make comment in the Valley Voice on the candidates. I would never impose my views on anyone in that regard. Local government is a very personal thing, not compulsory (yet) as is State and Federal politics and besides, the day Councillors become politicians will be a very, very sad day for me.

THEY ARE NOT ACTUAL POLITICIANS, thank God, but some candidates running television adverts (thankfully not here just yet) campaign as if they were, really upsets me. I'll say this again too... politicians and political parties in particular should keep their noses totally out of local government; it has to be completely independent, on the face of it at least, of party political agendas. I'll argue with anyone on that.

It would make a lot more sense to have Councillors having a REAL SAY as fellow ratepayers themselves and not being hog-tied by so many autocratic and imposed regulatory requirements from State Government Acts ... straightforward, uniform, sensible rules and regulations only please, that need to be dealt with. It also seems that with the plethora of Council officers going around wielding big sticks in ALL Councils these days ... actual Councillors are essentially more just a rubber stamp at the end of it all.

So to my critic from the other day ... I hope you take that on board and my opinion on who is being voted for at Council level will never ever be evident in this column. Council decisions, however, may at some stage get a mention from a ratepayer's perspective.

To Council though I will make a respectful request given a letter I received a bit over a week ago. As a matter of course can the relevant Council Officer please send out a General Notice with the fire season approaching as to the requirements of vegetation control as land owners, ratepayers and residents. The letter I received didn't give any specifics of what is required to meet regulations so to say it was ambiguous in this regard would be a fair comment. If each household was to receive a general notice along these lines each year, surely this would be a worthwhile exercise and take the guesswork out of this topic.

Can someone at Council please consider this request?

What do you think?

**Rod McGiveron**



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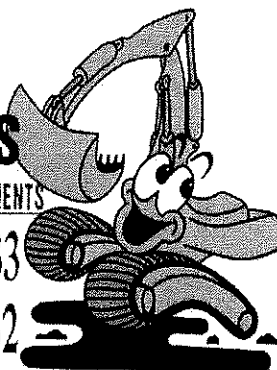
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Email: [hannahrubenach11@gmail.com](mailto:hannahrubenach11@gmail.com)

Authorized by: Peter Rubenach, 36 Dalmaine Rd, Gray 7215

In 1989 Bayer introduced diacetylmorphine, marketed as a cough suppressant and cure for morphine addiction; the drug is better known by its trade name heroin.



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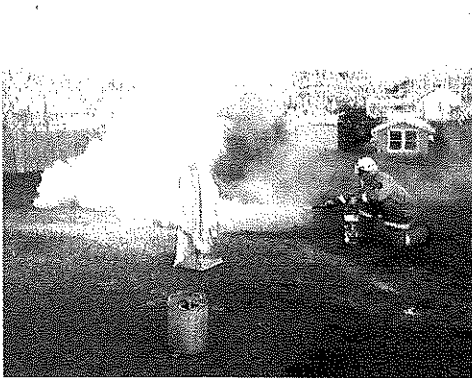


## Transition Break O'Day October 2014 events

Saturday October 25th 2014 - 'Why local Biodiversity?...Is It Important? Field Trips and Interactive Day' co sponsored by NRM North. (\$5 donation to help cover costs.) Includes:

- ◆ 9 - 10.15am: Optional Field Trip to Skyline Tier 600ha Bush Regeneration Project, Beaumaris (meet at 9am in Skyline Drive, Beaumaris, adjacent to Beaumaris Motel), sturdy walking shoes and dress for the weather. Please register interest via email: [transbod@gmail.com](mailto:transbod@gmail.com) or text/ph: 0418 327 940 so we have enough cups and nibbles for morning and afternoon tea!
- ◆ 10.30 - 11.15am: Registration and morning tea at Falmouth Community Centre, Morrison Street, Falmouth.
- ◆ 11.15am - 12.15 pm: Interactive Session with Todd Dudley on 'Local Biodiversity...Is It Important?' and 'How Can We Care For Our Local Biodiversity?'
- ◆ 12.15 - 1.15 pm: Shared lunch - bring a plate of food to share, preferably sourced from Tasmanian produce. Tea/Coffee provided.
- ◆ 1.15 - 2.30 pm: 'Bush Bees, Bugs and Biodiversity' presentation by renowned speaker Dr. Peter McQuillan, UTAS (Hobart).
- ◆ 2.30 - 3.00 pm: A quick cuppa
- ◆ 3 - 3.15 pm: Drive to Winifred Curtis Reserve, Scamander
- ◆ 3.15 - 3.25 pm: Introduction to Winifred Curtis Reserve by Paul Frater (WCR Trustee)
- ◆ 3.25 - 4.30 pm('ish): Guided walk through Winifred Curtis ('Spot the Bug, Bird ...and Biodiversity') with Paul Frater, Todd Dudley and Peter McQuillan.

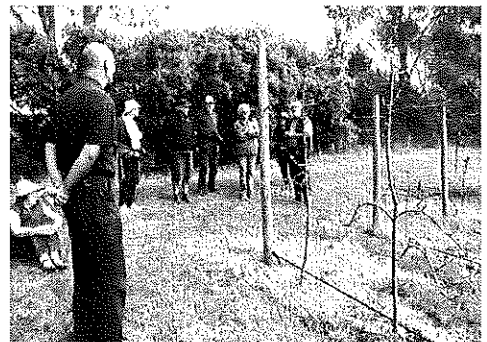
*"Man did not weave the Web of Life, He is merely a strand in it. Whatever he does to the Web, he does to himself." Chief Seattle 1854*



*Local TFS officers Rick Blaydon (left) and Gerald Aulich demonstrating safety when extinguishing fires at TransBOD Community Fire Readiness Day on September 13th 2014.*



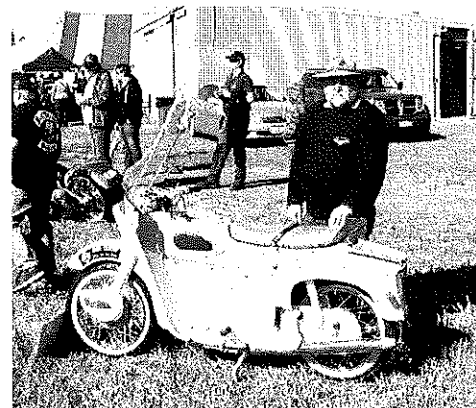
*Left: TransBOD Easy-to-use Cloches and Poly tunnels with Peter O'Toole September 27th 2014*



*Above: TransBOD 'Budding and Grafting Workshop' with Geoff Wells at Sterling Heights Vineyard, St Helens, on Saturday September 21st 2014*

*Photos: S. Probert*

## St Marys locals at the Rock n Rodz, Longford, 2014



## Record Hydro profit shows benefits of carbon price, RET for Tasmania

Hydro Tasmania's record profit announcement today highlights what a fantastic boost the carbon price and Renewable Energy Target (RET) have been for Tasmania, Australian Greens Leader Christine Milne said.

"Hydro Tasmania has made a record profit thanks to the carbon price and RET, but the Abbott government has deliberately destroyed future profit potential," Senator Milne said. "A profitable Hydro Tasmania has the potential to inject millions into the state budget. Its record \$750m to the Government over the past five years is critical to the state budget and the jobs of teachers, nurses and the public service. Tasmania has already suffered a blow from the carbon price abolition and now Hydro Tasmania is warning that uncertainty about the future of the RET is jeopardising future returns to the state. The financial disaster that the Abbott government has delivered to Tasmania by abolishing the carbon price will hit hard in the 2014-15 financial year and that's why public service jobs are being axed. Renewable energy is one of Tasmania's economic strengths, the Abbott government needs to end the RET uncertainty once and for all by keeping the 41,000gwh to 2020 target if it's serious about being open for business."

Hydro Tasmania has today (October 16th) reported a record profit of \$242m with \$117m being returned directly to Tasmanians as a dividend.



## Hydro Tasmania has posted a record \$242m profit but is warning it could be the last year of big profits

The renewable energy generator said the Federal Government's scrapping of the carbon tax would cut into profits. Last year, the state-owned company said it posted its biggest ever pre-tax operating profit but its annual report revealed a before-tax loss of \$250m. But the company stressed the overall result did not amount to a cash loss.

This year, after taking into account asset write-downs and the debt associated with the Tamar Valley Power Station, the business has recorded a \$183m before-tax profit.

The business is forecasting profits will drop below \$20m next year but hopes it can return to pre-carbon tax levels of \$70 to \$100m in five years.

Hydro CEO Steve Davy also revealed the company would have to import more power than it exported this summer for the first time since drought. The business ramped up its generation during the last 12 months to capitalise on the last year of the price on carbon, reducing dam storage levels to 30%.

Meanwhile, the Government has appointed Grant Every-Burns as the new chairman. Mr Every-Burns has been a director for two years.

Hydro's out-going chairman David Crean resigned in July after the Government said it wanted "renewal" at the company.

[http://www.abc.net.au/news/2014-10-16/hydro-tasmania-warns-record-profit-may-be-its-last-due-to-carbo/5818454?WT.ac=localnews\\_hobart](http://www.abc.net.au/news/2014-10-16/hydro-tasmania-warns-record-profit-may-be-its-last-due-to-carbo/5818454?WT.ac=localnews_hobart)

## Fire Event – Sunday 19 October 2014 – St Helens Point Road, Stieglitz

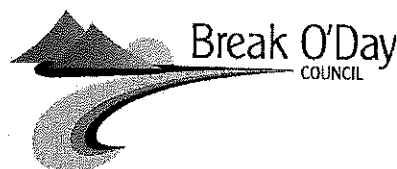
20 October 2014

On behalf of the Break O'Day Council I would like to thank the following organisations and individuals:

TasFire Service, Tas Police, SES, Break O'Day Council staff, St Helens Marine Rescue, Clive & Veronica Judd (St Helens Bookshop & Café), Jeanymaree Jenkinson, Michael Haley, Anthony Offer for the use of the oyster barge, the helicopter pilot (for water bombing) and everyone else who showed what a magnificent community we live in with their assistance during Sunday's bushfire at Steiglitz.

The fire consumed 120 hectares, damaged two houses and destroyed several out - buildings and sheds. Fortunately no one was injured and all pets have been accounted for.

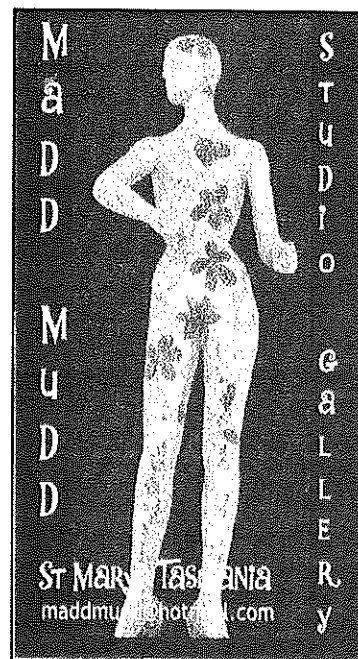
There is currently no threat to property. TasFire will continue to routinely patrol the fire ground over the next few days to monitor any spot fires that may start and burning tree stumps. There will continue to be light visible smoke as the remains of trees smoulder away.



*Excerpts from genuine undergraduate history essays across Australia. Compiled by Professor Neve R. Stenning-Stihl, here is Australian history as you've never known it:*

'When Captain James Cook first landed in Sydney Harbour his orders were to start a convict colony. They found that the local Aboriginal people, the Eora, were littered throughout the landscape. One of the tactics the Aborigines used was to stand on rocks and scream things out aloud to scare people away. They tried to leave the British alone, which only made them madder.'

'Australian History is a broad subject in which many influences and events have gathered to form what is known as the past.'





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## **The Refugee Welcome Zone Declaration and the Break O'Day Welcome and Support Group - two separate and different initiatives**

(1) **Refugee Welcome Zones** - the Declaration signed by Local Government explained. The Refugee Welcome Zone Declaration recently signed by Mayor Sarah Schmerl on behalf of the Break O'Day Council does not confer any formal obligations or costs on Council. Refugee Welcome Zones are not required to uphold any statutory responsibilities or financial commitments. The signing of the Declaration is simply a way of demonstrating support for the principles it contains. Any actions or activities undertaken by Refugee Welcome Zones to implement the Declaration are voluntary.

A Refugee Welcome Zone is a Local Government Area which has made a commitment in spirit to welcoming refugees into the community, upholding the human rights of refugees, demonstrating compassion for refugees and enhancing cultural and religious diversity in the community.

This public commitment is also an acknowledgment of the tremendous contributions refugees have made to Australian society in the fields of medicine, science, engineering, sport, education and the arts. By making this Declaration it is hoped that local government will be encouraged in their continuing efforts to support the men, women and children who make the difficult journey to Australia to seek our protection.

The Refugee Welcome Zone initiative began in June 2002 as part of Refugee Week celebrations, when 15 councils and shires in Victoria, New South Wales and South Australia were declared Refugee Welcome Zones. At the time of writing there are 109 Refugee Welcome Zones throughout Australia, seven of them in Tasmania: Break O'Day Council, Clarence City Council, Derwent Valley Council, Hobart City Council, La Trobe Council, Launceston City Council and West Tamar Council. More information can be found on the Refugee Council of Australia website - <http://www.refugeecouncil.org.au>

(2) **The Break O'Day Welcome and Support Group.** A number of private individuals and families formed the Break O'Day Welcome and Support Group after the adoption and signing of the Refugee Welcome Zone Declaration by Break O'Day Council. The Welcome group is an entirely separate initiative being undertaken by families in the area who wish to give freely of their time and homes, with no obligations being placed on council at all. The idea is to provide recently settled refugees with a holiday in a welcoming rural location. This gives recently settled refugees an opportunity to experience a country holiday with an Australian family, in their home, and at the expense of the host family.

There is no obligation for anyone to be involved in this group, but everyone is welcome to attend the monthly meetings, talk with the members and ask any questions they may have about the group and how it will operate. There are already families in this area who have hosted refugees from an earlier wave of arrivals into Australia and who found this to be a positive experience.

The group has made contact with Migrant Resource Centres and other home stay programs throughout rural Australia. We are educating ourselves as a group, and the group is aligned with the Rural Australians for Refugees (RAR) movement so that we can use the existing knowledge of communities who have been offering holidays such as this for some time.

Our next meeting will be held at the St Marys Holy Trinity Anglican Church Hall on November 5th at 3pm.

Hannah Rubenach and Janet Drummond  
Break O'Day Welcome and Support Group

### **What is a People Pole????**



And who do you think should be in our new streetscape on our first 8 Poles?

Pioneered by the Geelong City Council to reinvigorate a tired looking waterfront, and using the exciting and visionary talents of a local artist, 100 timber poles depicting local identities and using historical references were created over several years and put up in groups and along Eastern Beach, Geelong.

These poles are similar to a telegraph pole, but fatter, standing about two meters tall, lightly shaped then painted in strong colours in a semi portrait style and clustered in related historical groupings.



So for instance, in St Marys one such grouping could be to do with mining, another with forestry, another could relate to our sporting facilities showing a golfer, a bowler and a footballer in older style clothing. Another group could be to do with the convicts who pushed through the Passes. The possibilities are endless, and the Committee is asking for your suggestions ... is there anyone you would especially like to see depicted on a Pole whose history is of particular interest - especially the place closest to your heart.

St Marys "People Pole" project is to be incorporated into the new streetscape plan, and we are presently waiting to hear if several funding applications for the People Poles have been successful. It is planned to start with 6/8 poles situated in Main Street, and build on this number over several years. Technically they are called bollards, and this is what Geelong has done with them - <http://www.intown.com.au/locals/geelong/attractions/bollards.htm> Believe me, they look stunning and have become the city's major tourist attraction.

So what's driving the St Marys Pole Project you ask?

Geelong's project has been an outstanding success and brought in a lot of tourists.

It would be great if many more visitors stopped in St Marys and had a look around, enjoyed a coffee, spent in our shops, had dinner in the pub, played a round of golf... **Continued on page 15**

Businesses need a basic number of customers to survive, visitors need a good reason to stop and get out of their cars, and not whizz on through to somewhere else ... it's not rocket science. More visitors = more jobs! So please put forward your suggestions, bring us your ideas, and tell us who you'd like to see on a People Pole. Be part of the plan to make us a visitor's "must see" village. They've done it in Sheffield, and Avoca is going all out. If they can ... we can! Please pass your ideas on to Liz Dean at Mt Elephant Fudge, or phone her on 6372 2787.

Jill Swann, St Marys

### Catholic Church Fundraiser



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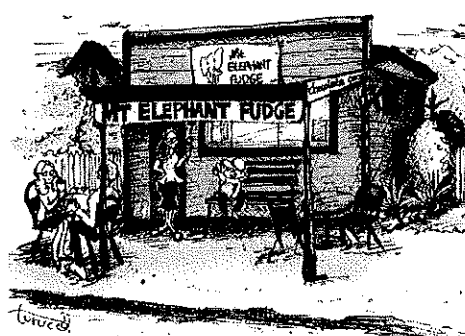
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Tuesday 18th November Including an evening Gala Gathering	Tidal Waters – St Helens
Wednesday 19th November	Tidal Waters – St Helens
Thursday 20th November	Beachfront – Bicheno
Friday 21st November	The Village – Triabunna

**Set the date aside**

A more detailed program will be forwarded soon.

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**Tidal Waters, St Helens**  
Tuesday 18th & Wednesday 19th of Nov

Are you **CHINA READY?** — Yao Cheng from the consultant firm Chin Communications, will share practical ideas and experience that will help you gear up and engage more effectively with our international visitors.

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## Book Review

This month the Mount Elephant and Beyond Book Group read *Just Me* by British actress Sheila Hancock. It is the sequel *The Two of Us*, a memoir of her life with her late husband, actor John Thaw.

*Just Me* was written after John Thaw's death from oesophageal cancer and follows Sheila as she learns to cope with her grief. At the beginning of the book it is three years since John's death and she feels she should be coping better, not just playing the part of the brave widow but 'pulling herself together' and getting on with it.

When one of her daughters forgets her birthday, Sheila realises that her children have other preoccupations and their own lives to lead. She admits that she is not the archetypal mother nor does she want 'storybook' daughters who will care for an aging mother. She realises that she cannot lean on her family: 'Breaking free of the supposed duties of a mother/daughter relationship, we moved on to something more relaxed and enjoyable.'

Sheila often feels lonely and bereft and applies herself to 'displacement activities', principally work and travel. Her success on the stage in *The Anniversary* gives her self-respect and confidence but she realises that busyness isn't necessarily the answer. 'Hovering on the edge of my consciousness was another Quaker quote, one I had chosen to ignore: "Attend to what love requires of you which may not be great busyness"'.

While pondering advice to take a holiday, Sheila is presented with an opportunity when the *Daily Mail* asks her to write a travel article. She decides to write about travelling on her own and chooses as her destination Apulia in Italy.

Her experiences – expensive single supplements at hotels and the worst table in restaurants – may strike a chord with anyone, especially a woman, who has travelled on her own. She develops subterfuges to counter curious looks in the restaurant, variously pretending to be waiting for someone or writing amusing notes. She joins a cooking class at her hotel only to find that she is the sole participant but at least it results in her getting better service in the restaurant.

Sheila admits that she is cantankerous, moody and unreliable, and sometimes difficult to be with. She has always been bad at being in a group and is opinionated and argumentative – a group she travels with in Hungary becomes really fed up with her for questioning the tour guide's inaccuracies and trying to make jokes. She decides group tours are not for her and decides to explore on her own:

*I need a particular type of mate for travelling. They have to like wandering off down back alleys ... Ready to trudge around looking for cafes that have only locals in, so that we can have an authentic, if sometimes foul meal. They have to emote without inhibition at glorious sights and dismiss as overrated rubbish some of the objects lauded by the cognoscenti.*

*Just Me* also includes an account of her experiences on the television series *Who do you think you are* and her consequent travels in Hungary and Germany in search of her family history. She is disconcerted by her family's German connections. As a child growing up in Britain during World War II, she came to hate everything Germany stood for. Now she ponders whether she is in fact racist. Then she discovers Berlin and 'This city that I blamed for causing a blight on my childhood had enlightened my old age.'

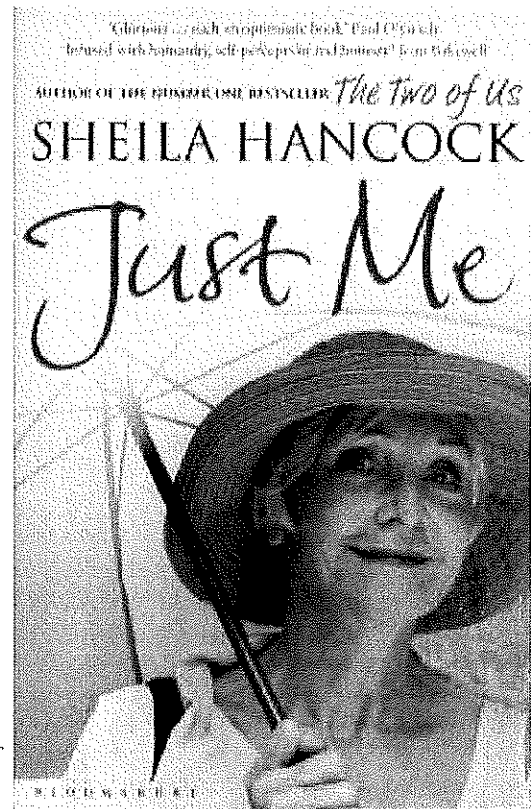
As Sheila learns to cope, her attitude to the home she shared with John in Saignon in France changes. At first it serves only to remind Sheila of her loss. The house is full of ghosts – of John and all her other friends who have passed away. She feels that she is becoming obsessed with death and that it is time she moved on. And she recognises that it is down to her; 'The decision to sink or swim is yours'.

She thinks that house with all its memories can only hold her back and she decides to sell it. But in a letter that she receives in response to her first book, the writer reminds Sheila that there is nothing wrong with weeping and that memories bring joy as well as sadness.

When Sheila goes to France to meet a prospector buyer for the house in Saignon, she finds the house 'bursting with life' as all her children and grandchildren are holidaying there. This and the experience of her travels seem to have changed her perspective and some new neighbours encourage her to think of making the house less rustic and more comfortable. After all how can she leave this house, the house that John loved, the house that is filled with so many happy memories?

*Just Me* is really about Sheila's journey through the process of bereavement and grief and as such fulfils its promise but in other ways the book is disappointing. The reader is likely to find the stories about her sister Billie, who toured Africa with ENSA as a sixteen-year-old entertaining the troops during World War II, more interesting than Sheila's account of her own life. And the record of her travels in Hungary and Germany is drawn out and becomes mere padding. However, Sheila Hancock writes with occasional flashes of humour and the book is not a challenging read.

Lindy Scripps





# **GAZZMANS**

# **HUGE**

**ONE DAY SALE**

**Saturday Nov 1st**

**\* SUPA STOREWIDE  
DISCOUNTS**

**\* FREE BBQ**

**21 Quail Street St Helens**

**Ph: 6376 2555**

## John Henry

John Henry was a coal-shovellin' man,  
He worked in the mine down at Fingal.  
He worked from day to day  
Never had much to say  
But he sure as hell could shift a load of coal.

Now every year in the Valley  
The folks all gather at Fingal  
And the miners all compete  
In the dust and in the heat  
To see who shovels coal the best of all.

John Henry said to all his buddies  
I reckon I ought to have a go.  
I've been workin' in the mine  
Since nineteen ninety nine  
And shovellin' coal is one thing that I know.

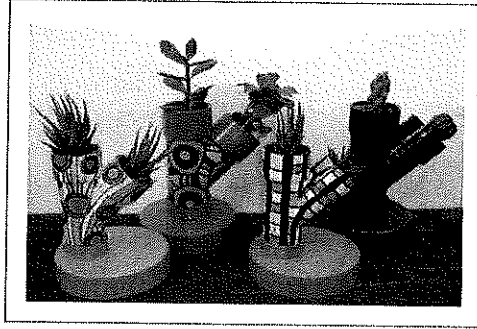
John Henry thought he was the ringer  
John Henry thought he was the gun  
But this dirty little swine  
From the Savage River Mine  
Beat John Henry by a ton.

John Henry wasn't a good loser  
John Henry was feeling mighty sore  
That dirty little s--t  
Had made him look a twit  
So now he's gonna even up the score.

John Henry ran back to the coal-mine  
And he hot-wired a forty five ton truck.  
When he dumped a load of coke  
On the Savage River bloke  
He said 'Sonny, you are out of luck!'

John Henry jumped down from the cabin  
With a long-handled shovel in his hand.  
He said 'Before I dig you out  
I want to hear you shout  
'Never mess with a Fingal Valley man!'

Bill Greer



Upcycled plumbing bits n pieces for planters.

# SPLASH

## ST MARYS

*You swill it, we fill it!*

*You dump it, we pump it!*

### Water cartage Septic pumping

Contact: Mick

## 0488 777713

## ST MARYS BAKERY

PH: 6372 2131

OPEN 7 DAYS A WEEK



**FRESH BREAD, ROLLS & BUNS,  
PIES, PASTIES, CAKES,  
HOT FOOD,  
COFFEE, COLD DRINKS,  
ICE CREAM.**

**52 MAIN ST ST MARYS.**



Free entry!

# BEERS & BLUES DAY

## Sunday 2 November



**Our Beers and Blues day is just around the corner!**

Be sure to pencil in a visit to White Sands on **Sunday 2 November** for a day of fun for the whole family. Come and listen to tunes from the **Beat Keepers Blues** and **Bluzebus** bands.

Enjoy a refreshing IronHouse ale (choose from our 6 specialty beers). A delicious range of tasting platters to complete your beer or wine will be available, or choose to dine from the Spring menu in Brew Haus.

★ ————— ★  
Entertainment starts from 11:30AM onwards.

Free jumping castle (weather conditions permitting) and activities for kids.

We look forward to seeing you there!

★ ————— ★  
To really spoil yourself treat the family to a relaxing long weekend away. White Sands Estate special accommodation packages. Minimum nights stay required. Call on 6372 2228 to book today!

Subscribe with your email on our website if you wish to receive news and promotions from White Sands Estate

[www.white-sands.com.au](http://www.white-sands.com.au)

  
**White Sands Estate**  
IRONHOUSE POINT • TASMANIA

  
**IRONHOUSE**  
BREWERY



Pull on your walking shoes, bring the kids, bikes and prams, grab a friend and come along to the  
**2014 Walk for Prems.**

Pack a picnic lunch or enjoy a sausage sizzle and refreshments on the day and after the walk enjoy the family movie screening of Disney's Frozen and help raise much needed funds for the life's little treasures foundation.



## Facepainting

THIS IS AN ALCOHOL AND  
DRUG FREE EVENT.



### ST MARYS PACING CLUB

(HAREFIELD RD, ST MARYS)

Registration opens at 10am, walk starts at 11am and the movie starts at 12pm.

Movie entry is by gold coin donation.

Registration is \$10 for adults and \$5 for children under 13.

Can't make it on the day, but still want to donate?

Go to [lifeslittletreasuresfundraising.com.au/StMarys](http://lifeslittletreasuresfundraising.com.au/StMarys)

Want more info? Contact Andrea Davenport 6372 2366 or 0419 548 583 or follow us on

facebook by searching

St Marys - Walk for Prems

Proudly supported by the St Marys Pacing Club, the St Helens and Fingal Neighbourhood Houses & Break O'Day Council



**life's little treasures  
foundation**

Supporting Families of Premature & Sick Babies



### Making Boxes, with Christine

Come along and learn in time for Christmas

Sunday November 16th 2014

1.30 - 3.30pm Ages: 8yrs - 110yrs

at St Marys Community Hall

\$20 for BODR Arts Members & Under 15yrs

\$23 for General Public

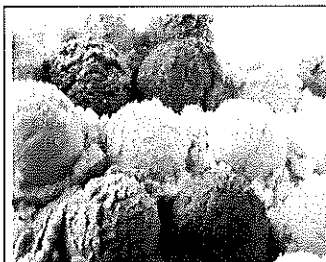


(light afternoon tea provided)  
Bookings and enquiries call  
Christine on 0410 441 558 or  
[bodregionalarts@gmail.com](mailto:bodregionalarts@gmail.com)  
Bookings essential

**Greens on Finance Minister's "girly man" comment**  
Greens spokesperson for women Senator Larissa Waters said:

"Mathias Cormann's use of the term 'economic girly man' is offensive. Australian women will be appalled that he has chosen to use gender as a derogatory attack. Just more of the same from this sexist, arrogant government. We are hearing more and more about how out of touch this government is. This is the same Minister who is trying to help Joe Hockey deliver a cruel budget that hits the poorest hard (disproportionately women), and lets the big end of town off the hook."

"What more can you expect from a government with just one woman in Cabinet and a Prime Minister who thinks women should be at home ironing? The 1950s called and they want their government back."



The ice-cream seen in TV commercials is actually mashed potatoes, and milk is usually white glue.

## District Guide - for inclusion/amendments call 0403 430 452

**Accommodation** Addlestone House  
B&B St Marys 6372 2783

Fish-Tales On The Bay - pet friendly  
0439 265 362 AH 6372 2128

Mariton House B&B, horse-riding  
St Marys 6372 2059

Queechy Cottages St Helens 6376 1321  
Rainbow Retreat St Marys 6372 2168  
Seaview Farm & Youth Hostel St Marys  
6372 2341

St Marys Historic Hotel 6372 2181  
Tidal Waters Resort St Helens 6376 1999

**Arts & Crafts** Gone Rustic Studio &  
Gallery St Marys 6372 2724  
Big Shed Studios St Helens 0428 725 228  
Madd=Mudd St Marys 0409 174 287  
River & Willow Art Space St Marys

**Australia Post** St Marys 6372 2124  
Fingal 6374 2195  
Mathinna 6377 1168  
Scamander 6372 5664  
St Helens 131318

**Bakers** St Marys Bakery 6372 2131  
St Helens Bakery 6376 1260

**Banks** CBA St Marys (ATM) 6372 2268  
CBA St Helens (ATM) 6376 2295  
Westpac St Helens 6376 2751

**Boarding Kennels** The Gums Kennel  
& Cattery St Marys 6372 2512  
Upper Scamander Kennels & Cattery  
6372 5157  
Wagabouts 0429 170 077 / 6376 2131

**Break O'Day Business Enterprise  
Centre** St Helens 6376 2044

**Break O'Day Council** St Helens  
6376 7900

**Bus Services** Calows Bus Service St  
Marys 6372 2476  
St Helens 6376 2161

**Butcher** IGA St Marys 6372 2274

**Cable Locations** Michael Smith  
0408 059 521

**Carers for Wildlife Tas Inc**  
St Marys 6372 2973 / 0417 017 105

**Cartage Contractors**  
C & D Excavations 6372 2033  
Trotter's Contracting 6372 2107  
6372 2742

**Child Care** St Marys Childcare Centre  
6372 2187

**Chinese Groceries & Medicines**  
Ping's Place St Marys 0411 186 573

**Churches**  
Anglican Church St Helens 6376 1144  
Catholic Church St Marys 6372 2252  
Uniting Church St Helens 6376 2405  
Salvation Army St Marys 6372 2099

**Community Car** St Marys 6372 2137

**Confectionary** Mt Elephant Fudge  
St Marys 6472 2787

**Dentist** St Helens 6376 2359

**Designer-Building** Building Design  
Studio St Marys 6372 2000

**Doctors** St Helens 6376 1777  
ah 1300 780 011  
St Marys 6372 2111

**Electrical Repairs** Ransley's Home  
Appliances - 0428 761 811/6372 5307  
St Helens Electrical 0407 615 072  
6372 5522

**Funeral Directors**  
Harris Funerals St Helens 6376 1153

**Gardening Services**  
Clean Cut Gardening 0419 113 836  
Andrew Davenport St Marys 6372 2366

**Glass Replacement** East Coast Glass  
6372 5361

**Golf Clubs** St Marys Sports Centre Inc  
6372 2177

**Insurance Brokers** McKillop Insurance  
(Lyn) 0400 984595

**Justices of the Peace**  
K Faulkner 6372 2196

**Hairdressers** Ana's Salon St Marys  
0448 532 531

**Health Foods** Purple Possum Wholefoods  
St Marys 6372 2655

**Healthy House** St Helens 6376 5242

**Horticulturist** Peter Dane 6372 2686

**Hospitals** Circassian St St Helens  
6376 5222  
Community Health Centre St Marys  
6372 2111

**Libraries** St Marys 6372 2114  
St Helens 6376 1389

**Lymphoedema** St Marys Lymphoe-  
dema Centre 6272 2900

**Marriage Celebrants** Peter Power  
0417 017 105  
Terese Tanner 0400 512 845

**Meals on Wheels** St Marys  
0488 384 344

**Mechanics** Michael Aulich  
0417 507 239 / 6372 2991  
Grant Faulkner St Marys 6372 2335

**Museums** Cranks & Tinkerers St Marys  
0417 648845

**NEET Centre** St Marys 6372 2175

**Newsagencies** St Marys 6372 2143  
St Helens 6376 1182  
Scamander 6372 5275

**Online Access Centres**

St Marys 6372 2005  
Fingal 6374 2222  
St Helens 6376 1116

**Painters** East Coast Mobile Spray Paint  
6372 5571 / 0457 583 099  
MLN Enterprise Painting 0439 722 718

**Pharmacies** St Marys 6372 2844  
St Helens 6376 1374

**Plumbers** P J & H K Child 6372 5378  
R G & R I Harwood 6372 2445

**Proofreading and transcribing  
services** Leissa Dane 6372 2686

**Realtors** Surf Coast Realty 6372 5321  
LJ Hooker St Helens 6376 2300  
Roberts Real Estate St Helens 6376 1799  
View St Helens 6376 1592

**Restaurants/Cafes** Coach House  
Restaurant St Marys 6372 2529  
Mt Elephant Pancake Barn 6372 2263  
Purple Possum Wholefoods 6372 2655  
Mt Elephant Fudge 6372 2787

**Secondhand Dealers and  
Collectables** Secondhand Rose St Marys  
AH 6372 2267

**Septic tank cleaners**  
Splash St Marys 0488 777 713

**Schools - District High Schools**  
St Marys 6372 3900  
St Helens 6376 7100

**Primary Schools**  
Avoca 6384 2117  
Fingal 6374 2197

**Service Stations/Fuel**  
Avoca 63842157  
Scamander 6372 5193  
St Marys 6372 2335

**Supermarkets**  
Avoca R/house 6384 2157  
Holder Bros Fingal 6374 2171  
St Marys IGA 6372 2240  
Scamander Supermarket 6372 5125  
St Helens Super IGA 6376 1177

**Surfing Supplies**  
Scamander Beach Surf Shop 6372 5529  
Bay Surf Shop St Helens 6376 1755

**Telephone, Data and TV**  
East Coast Phone & Communications  
John Heron 0409 959 121 / 6372 2402  
Delafrontera Dave Morris 0402 969 393

**Surveyors** East Coast Surveying  
St Helens 6376 1972

**Vets**  
East Coast Vet Clinic St Helens 6376 1577  
North East Vet Clinic St Helens 6321 8999

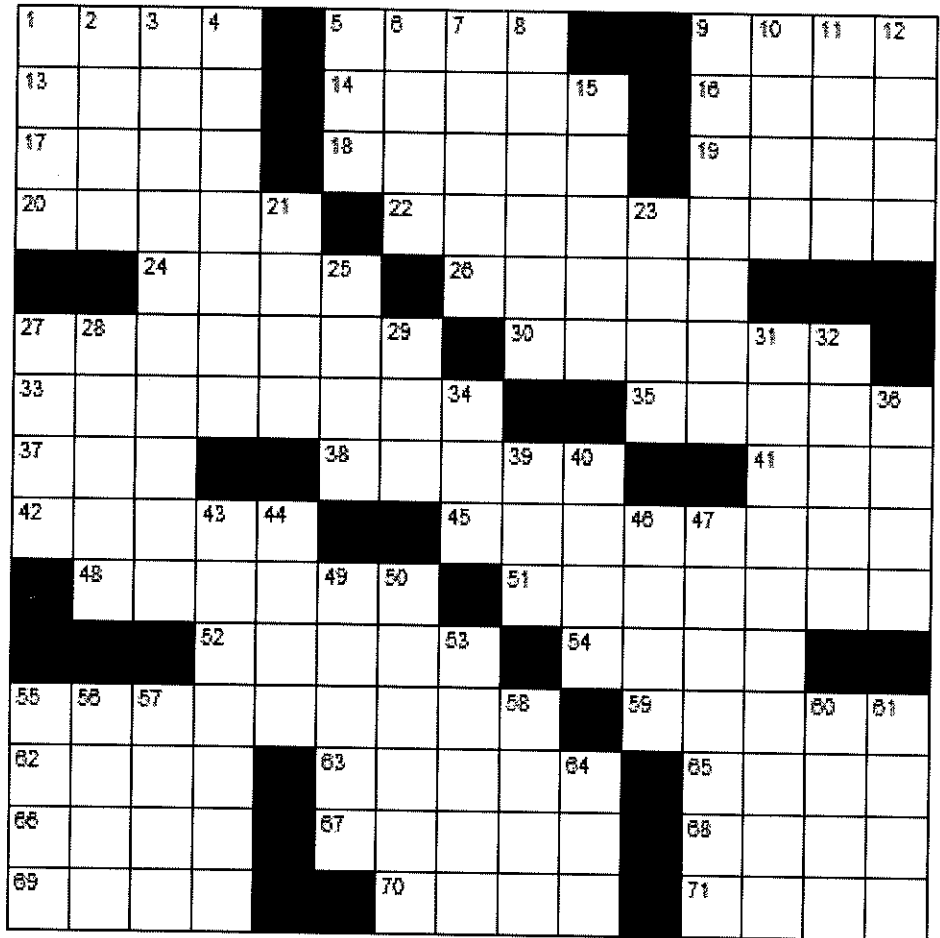
**Water Carriers** Splash St Marys  
0488 777 713

**Woodcraft Guild** Old Railway Goods  
Shed St Marys 6372 2094



## ACROSS

1. Angel's headwear
5. Every single one
9. Quick note
13. Brother of Jacob
14. A group of soldiers
16. "Smallest" particle
17. Fluff
18. A stringed instrument
19. Graphic symbol
20. Soup server
22. Dependence
24. Citrus fruit
26. Raw fish wrapped in seaweed
27. Helmetflower
30. Goober
33. Soften
35. Cover girl
37. Type
38. Flavor
41. African antelope
42. Declares
45. Curcumin
48. Anagram of "Rioted"
51. Contorted facial expression
52. Remedies
54. Leave in a hurry
55. Monday evening, for example
59. Colonic
62. Border
63. Whiskers
65. A long way off
66. Modify
67. Large Asian country
68. Ivory colored dentine
69. Prying
70. Office fill-in
71. Large North American deer (plural)



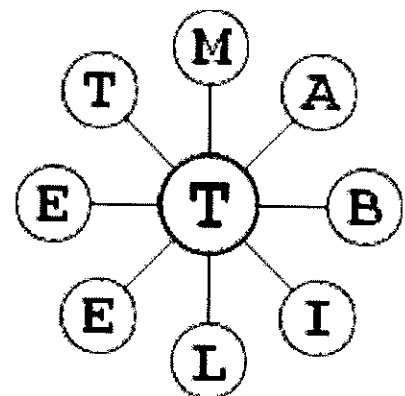
## DOWN

1. Satan's territory
2. Largest continent
3. Surrounded by land
4. Silhouette
5. And so forth
6. District
7. Respiratory infections
8. Armed robbery
9. Cocktail
10. Decorative case
11. Not stereo
12. Portent
15. Composure
21. Arab chieftain
23. Fellow
25. French for "State"
27. Dogfish
28. Give birth
29. Estimated time of arrival
31. Thankless
32. Loose fitting cloak
34. Eastern Standard Time
36. Brownish purple
39. Pull
40. Makes a mistake
43. Wobbly
44. Render unconscious
46. Rodents
47. Give forth
49. Small African antelope
50. A monarch's substitute
53. Tint
55. To fancy (archaic)
56. Cocoyam
57. Auspices
58. Snip
60. Disguise
61. Boats
64. Dip lightly

		2		1		9		
	7		5		9		1	
1			2		6			4
	1	9				3	8	
5								9
	8	7				1	4	
3			4		1			7
	5		3		2		9	
		4		7		6		

How many words can you find? Each word must contain the central T and no letter can be used twice, however, the letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word?

Excellent: 54 words. Good: 40 words. Average: 30 words.



# ST MARYS COMMUNITY HEALTH CENTRE

## St Marys Community Health Centre

### GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

## AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or  
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE  
6387 5555

Please RING before presenting after hours

**Lifeline 131 114**

*Saving Lives, Crisis Support and Suicide Prevention*

## PATHOLOGY SERVICE-

### NO PATHOLOGY SERVICE BETWEEN:

12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am an appointment must be made with the Nurses Station the day/night before** by phoning 6387 5555

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

**PLEASE BE PATIENT** waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

### PHONE SCRIPTS

Please be aware **scripts are no longer able to be done over the phone.**

## INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

## DOCTORS ROSTER

Dr Cyril Latt

23/10/14—7/11/14

Dr K. Rawnsley

23/10, 24/10, 28/10, 30/10, 4/11, 6/11 2014

## PUBLIC HOLIDAY

Monday 3/11/14

For appointments phone: 6372 2111

## IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 23/10/14

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

## NEW PHONE SYSTEM AT ST MARYS COMMUNITY HEALTH CENTRE & ST HELENS HOSPITAL

The St Marys Community Health Centre and St Helens Hospital and are two of the first sites across the Primary Health Sites THO North to take on the new change on VoIP Connect V phone system as of Tuesday 9/9/14.

Both sites have new contact numbers :

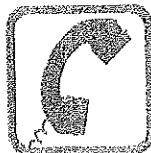
St Marys Community Health Centre

**NEW Phone: 638 75555 Fax: 6372 2559**

St Helens District Hospital

**NEW Phone: 638 75570 Fax: 6376 5210**

*Fax numbers will remain the same*



Thank you for your  
co-operation during this  
transition period.

# ST MARYS COMMUNITY HEALTH CENTRE

## Get the Most Out of Life

*Practical skills for people with ongoing health conditions*

**6 week program (2.5 hours per week)**

Venue: St Marys Community Health Centre

Time: 10:30am to 1:00pm

Dates: Fridays 24/10/14– 28/11/14

Cost: Gold coin donation (for tea & coffee)

To register phone:

Shan Williams

St Marys 6387 5555, St Helens 63875 5570  
or 0439 765 244

- Suitable for anyone with a long term health condition.
- Supporters and carers *are welcome* to attend with you.

## WHAT'S ON AT THE CENTRE

- 23 Oct **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments
- Angicare Drug & Alcohol Counsellor.** For appointments please see your GP for a referral.
- 24 Oct **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.
- Stepping Out Program** 10:00am-2:00pm.  
Please phone Fiona Watts at LINC for details on 6376 2742.
- The Most Out Of Life**– Chronic Disease Self Management Course 10am-12:30. Gold coin donation. Please phone Shan on 6387 5555 for details.
- 27 Oct **Mental Health Clinician/ Case Manager**– Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- 28 Oct **Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Mental Health Clinician/ Case Manager**– Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Tom Bain, Rae & Partners Lawyers.** At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

## WHAT'S ON AT THE CENTRE Continued...

- 29 Oct **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.
- TAZREACH**– Antenatal Clinic with Katie. For appointments please see your GP
- Day Centre**– For details on the group please contact Hayley Gilbert 6387 5555
- 30 Oct **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.
- Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- Angicare Drug & Alcohol Counsellor.** For appointments please see your GP for a referral.
- 31 Oct **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments
- 3 Nov **PUBLIC HOLIDAY**– Normal doctor's surgery hours will resume on Tuesday 4/11/14. Please see after hours contacts numbers (on reverse of page) for contact numbers during this time.
- Mental Health Clinician/ Case Manager**– Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Hospital Auxiliary Meeting** 2:00pm in the Family Room
- 4 Nov **Mental Health Clinician/ Case Manager**– Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- 5 Nov **Physiotherapist**– Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager**– Darren Veryard. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Day Centre**– For details on the group please contact Hayley Gilbert 6387 5555
- 6 Nov **Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.
- 7 Nov **Stepping Out Program** 10:00am-2:00pm. Please phone Fiona Watts at LINC for details on 6376 2742.
- Social Worker**– Shan Williams. Please phone 6387 5555 for appointments.

## The Valley and East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor or volunteer staff.

Our pages remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and phone number.

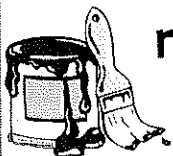
The Valley and East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines.

All information is correct at time of printing.

Whilst we value and welcome community input, the Valley and East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

## St Marys Painter

**Painting & decorating at realistic prices**



(Special pensioner's rates)

**No job too large or too small.**

**Bernard Harris**

**Ph 6372 2942**



**Accredited Master Building Association  
(BSA Licence No: 1120307)**

## Harris Funerals

**St Helens, Bicheno & Fingal Valley**

*We are here when you need us.  
Burial or cremation, traditional or  
unique funeral services available.*

**Office & Chapel:**

**46 Tully Street St Helens**

**6376 1153 ~ 0418 133 420**

**tamara@harrisfunerals.com.au**

Member of the  
Australian Funeral Directors' Association



## Vol 47.12 solutions.

All words: concord, concur, condor, **CONDUCTOR**, contour, cor, cord, cordon, corn, cornu, cornuto, court, croc, croon, croton, crouton, crud, cur, curd, curn, curt, doctor, donor, door, dor, dour, durn, duro, duroc, nor, nurd, occur, odor, odour, or, ore, ordo, orotund, ort, our, roc, rod, rondo, rood, root, rot, roto, rotund, round, rout, run, runt, rut, tor, torc, torn, toro, tour, trod, turn, unroot, untrod, urd, urn.

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3	8	7	4	2	6	9	1	5
9	6	5	8	7	1	2	3	4
8	5	3	1	4	2	7	9	6
2	7	6	9	8	5	3	4	1
1	9	4	3	6	7	5	2	8

R	A	P	T		L	O	P	S		P	I	T	A		
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B	E	N	D			D	A	R	E		T	E	E	S	

## Tip locations and opening hours

*Ansons Bay.* Long weekend  
Mondays 12 - 4  
Wed & Sunday 12 - 4  
*Scamander, Coach Street.*  
Tues & Thurs 10 - 4  
Sunday 2 - 5  
*Fingal, Mathinna Road.*  
Tues & Thurs 10 - 4  
Sunday 2 - 5  
*St Helens, Eagle Street.*  
Open 7 days 10 - 4  
*Pyengana, Tasman Hwy.*  
No builders' waste please.  
Tues & Thurs 10 - 4  
Wednesday 9 - 1  
Sunday 2 - 5  
*St Marys, Gray Road.*  
Tues & Thurs 10 - 4  
Sunday 2 - 5

## Meals on Wheels ~ 0488 384 344

October 27	Karl Balzer
28	Valmai Spencer
29	Lundy Vosper
30	Valmai Spencer
31	Lorraine Gill
November 3	Debbie Barnes
4	Pam Bretz
5	Lundy Vosper
6	Sonya Allison
7	Drew Adam

## Tasmanian Lost Pet Register

<https://www.facebook.com/>

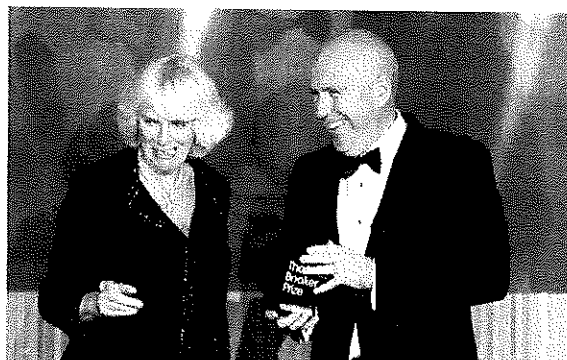
e: [tasmanianlostpetregister@gmail.com](mailto:tasmanianlostpetregister@gmail.com)



### MISSING DOG - LEGANA

Missing from Legana Friday night. Smithfield X. Her name is Millie and she is microchipped. Most likely got scared from gun shots over the river and run off. Contact Tamara 0408 312 323 with any information. <https://www.facebook.com/tamara.hammond.180>

One in every 100 people on the planet will eat a McDonalds today. Japan has over 200 flavours of Kit-Kat. Nutella uses 25% of the world's hazelnuts.



Duchess of Cornwall Camilla Parker-Bowles awarding the Man Booker Prize to Richard Flanagan for 'The Narrow Road to the Deep North'.

## Emergency services

**AURORA Emergency 132004**  
**Carers for Wildlife St Marys 6372 2973**  
**0417 017 105**  
**Crimestoppers 1800 333 000**  
**Poisons Information 131126**  
**POLICE Emergency 000 & Enq 131444**  
**SES Emergency 132500**  
**TFS Emergency 000 & Enq 1800 000 699**

## Church Services

**Catholic Parish of St Marys Sr. Lorraine Groves**  
6372 2252 / 0409 172 741  
**1st Sunday Mass**  
St Helens Vigil 6pm  
Bicheno 9am  
Fingal 11.30am  
**2nd Sunday Liturgy**  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno 9am  
Fingal 9.30am  
**3rd Sunday Mass**  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno 9am  
Fingal 9.30am  
**4th Sunday Liturgy**  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno 9am  
Fingal 9.30am  
**5th Sunday Mass**  
St Helens Vigil 6pm  
St Marys 11am  
Bicheno 9am

**Anglican Parish of Northern Midlands**  
Avoca 11am 2nd Sunday  
Fingal 2pm 2nd Sunday  
Mathinna 2.30pm 4th Sunday  
Ross 10am 5th Sunday  
Campbell Town 9am

### St Marys Salvation Army

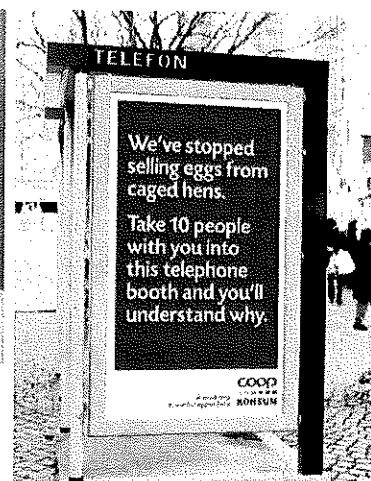
Sunday Joy 12.30pm  
This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY!  
Tuesday JAM 3-5pm every Tuesday except school holidays.  
Envoy Melanie Norton  
0409 838 816

### Break O'Day Anglican Parish

6372 1144 or PO Box 143, St Helens Tas 7216  
St Helens 9.30am Sunday  
5th Sunday Combined Service with Uniting Church 10.30am  
St Marys 10am Sunday  
Pyengana Please phone for service times  
[facebook.com/anglicanbod](https://facebook.com/anglicanbod)

### Break O'Day Uniting Church

The Manse 6376 2405  
St Helens 9am  
Fingal 11.15 am





## ST MARYS SPORTS (and SOCIAL) CLUB

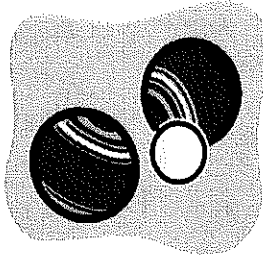
Gray Road St Marys

Thursday 5.30 - 7.30 Friday 5.30 - 8.30.

Sunday 1.30 - 4.30.

### BOWLS NEWS

The bowlers started the season with a convincing win over St Helens. This week we weren't so lucky at Scamander, starting the day two short didn't help. Next games are Saturday 25th at home against Swansea and Sunday 26th away against Bicheno. Macca & Damon, the greens are a credit to you.



#### New to Bowls?

Learners are meeting at 1.30pm on Sundays. Don't be shy, we all have to start somewhere, junior players are most welcome. Social membership is all that's required while learning, so why not come down and give it a go.

### GOLF NEWS

With the fantastic weather we are having it's time to dust of your buggy and get swinging.

Why not get down to the club on a Sunday and have a go!

Tee off is at 12.30pm, men and women are welcome to join in these fun days.

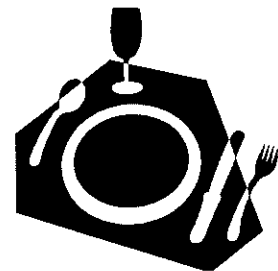


### DARTS NEWS

Equal pegging between the pub and the club at the moment.



A big THANK YOU To Alana and Jacqui for the scallop night, great food! Also Alana, Jacqui and Helen, another job well done catering for the Island Wanderers Motor Home Club. They loved the meal and the camping ground, and have assured us they will be back for another visit.



#### Friday night is Happy Hour at the club.

Non members are most welcome.

Jag the Joker has reached a whopping \$620,

Trevor Viney and Russell Harwood have both had a chance at the big money recently but still no cigars...

Members draw has not been won for a few weeks, so get down to the club and give yourself a chance.

**Social Membership is due \$25pp**  
**Sports Membership \$60pp**  
**Junior Sports \$40**

(Golf & Bowls State affiliation fees extra)

ALL PENNANT PLAYERS SHOULD  
HAVE PAID OR STARTED PAYING  
OFF THEIR FEES BY NOW!

President

Bobby Harwood 6372 2445

Secretary

Annette Wines 0417 010 648

Licensee/treasurer

Jim Turner 6372 2441



# ST MARYS IGA SUPERMARKET

*In the centre of town, at  
the heart of the community.*

38 Main Street

Ph/Fax 6372 2240 Butcher 6372 2274

Monday to Friday 8-6 Saturday 8-12



**\*\*\*\*NOW OPEN SUNDAY 10AM - 4PM\*\*\*\***

## Specials from 22nd - 28h October 2014

<i>Butchery</i>	<i>per kg</i>
Rump steak	10.99
Mixed grill pack	10.99
Boneless leg of lamb	13.99
Nichols country bake parmigiana	5.99
Nichols chicken kiev	2.79 ea

### Coolroom and Freezer

Devondale extra soft butter tub 500g	3.49
Devondale cheese block 500g	5.99
Flora spread 1kg	3.69
Cadbury ice cream bars 6pk	5.99
Barons table hamburgers 400g	2.99

### Under \$2

Edgell beetroot sliced 425g	1.29
Arnott's plain sweet biscuits 250g	1.49
Arnott's shapes light & crispy (new) 120g	1.49
Whiskas canned cat food 400g	1.25
Mars medium bars 35-55g	.99

## Specials from 29th October - 4th November 2014

<i>Butchery</i>	<i>per kg</i>
Porterhouse steak	17.99
Short loin lamb chops	15.99
BBQ blade steak	9.99
Ingham fresh turkey leg roast	7.99
Nichols chicken wings	2.79

### Shelves

Uncle Tobys muesli bars 6pk	1.99
Sorbent toilet tissue 12pk	5.99
Ritz in a-biscuit 175g	1.49
Whiskas vita-bites 1kg	3.99
Natures organics shampoo & cond 400ml	1.25

### All only \$2.99 ea

Bushells teacup teabags 100s
Nestle/Wonka block chocolate 118-200g
Sanitarium up & go 250ml 3pk
Handee tuff mate paper towel 3pk
Cripps cafe quality fruit loaf 700g

## Chocolate Brownies

- 155g butter
- 3/4 cup of self raising flour
- 1 1/2 cups of sugar
- 1/2 cup of cocoa
- 2-3 eggs
- 1 tsp of vanilla

Preheat the oven to 180°

Line and grease a slice tin

Beat sugar and butter, add eggs and mix thoroughly

Stir in dry ingredients (if it is a little runny add a little plain flour)

You can also add walnuts, crystallized ginger or orange rind.

Pour mixture into slice tin and bake for around 45 minutes - less if you want more chocolate fudginess



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