



The Valley and East Coast Voice Inc. \$1

valleyvoice.com.au/

Est. 1968 Vol 46 No 22 April 10th 2014
The deadline for Vol 46 No 23 ~ 5pm April 21st 2014



**Congratulations to the Woodcraft Guild
for an excellent Open Day 2014**

Pictures on page 16 and 17.

NORTHERN MIDLANDS R&SLA Sub Branch



**The price of liberty is eternal vigilance
ANZAC DAY SERVICE 2014**

11a.m.

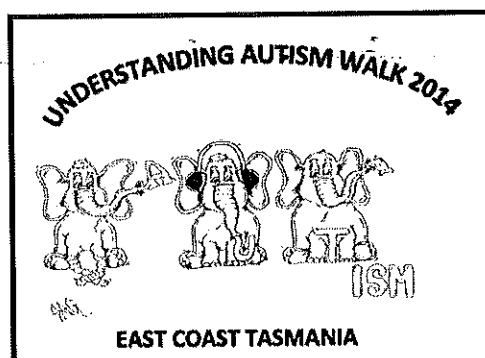
Friday 25th April

Cenotaph, Boucher Park

Avoca Tasmania

Venison spit roast lunch afterwards
Rossarden & Avoca Museums to be open
Open Garden at Benham 2-4pm
Afternoon tea and plants for sale

Have you visited the Valley and East Coast Voice website yet? Archival content from 2007 onwards is available for viewing, and featured articles appear regularly. Leave a comment and let us know what you would like to see included; suggestions and constructive criticism welcome.



It's Autism awareness month and on Saturday 12th April the East Coast Autism Support Group are holding their annual walk to raise the awareness of Autism.

Cost of registration is a gold coin donation or purchase a t-shirt or singlet at \$20 for adults and \$10 for children.

A sausage sizzle will follow with fun and games on the jumping castle or try your balance on the new Wave Rider for children and adults.

We will be selling our monster raffle tickets and plenty of wonderful prizes to win on the chocolate wheel.

So bring along your friends, family, prams and dogs for a fun filled day.

Registration from 9am and to purchase your t-shirt.

Walk commences at 10am from The Scamander Beach Resort Hotel foreshore to Wrinklers and return.

All prizes have been generously donated by our east coast community, retailers and suppliers.

For any further information please call Karen Rawnsley on 0418375450. Hope we see you there!

St Marys Pacing Club Easter Races ~ April 19th 2014
ANZAC service ~ April 25th 2014 Boucher Park
Wrapped in St Marys and Car Show ~ May 31st and June 1st 2014

e: wdawson@valleyvoice.com.au

6372 2442 / 0403 430 452

valleyvoice.com.au

www.facebook.com/ValleyEastCoastVoice

Advertising rates:

- ◆ Business card size ads ~ \$15
- ◆ Intermediate ads ~ \$18
- ◆ ¼ page ads ~ \$25
- ◆ ½ page ads ~ \$40
- ◆ Full page ads ~ \$65

Community announcements are free. Classified ads are free for two issues. Annual posted subscriptions are \$50.60 and annual online subscriptions are \$20. Articles for publication may be left at the St Marys Pharmacy, posted to 12 Groom Street St Marys 7215 or emailed. For online advertising, contact the Editor.

Community Announcements

AA St Helens (Alcoholics Anonymous) Wednesday at 8pm in the St Pauls Anglican Church hall, St Helens. Call Murdoch on 6376 3335.

AA St Marys (Alcoholics Anonymous) Friday 7pm at Holy Trinity. Mick or Shirl 6372 2909.

Al Anon St Helens (Family Group) helps families & friends of alcoholics recover from the effects of living with the problem drinking of someone close. 2pm Sunday at St Paul's Anglican Church Hall St Helens.

Anne or John 6376 4270 / Rose 6376 3335.

The next **AMIC Market** is **Saturday 19th April 2014** in the Avoca Hall. Contact Steve 6384 2188 for a stall. All invited to the AMIC meeting on Tuesday 15th April, 4pm.

Baumaris Swap Markets 1st & 3rd Sundays in summer at Baumaris Park from 11-2pm. Swap, barter or buy fresh produce, herbs, bread, flowers, crafts & more. Plastic bag free, gold coin donation per stall (bookings required). Laura 6372 5687

BINGO at the Cornwall Hall Monday at 7pm, 2 jackpots each week. All welcome.

BODRA Break O'Day Regional Arts holds meetings on the first Tuesday monthly in the Supper Room at St Marys Community Hall, 4pm. e: bodregionalarts@gmail.com All welcome. Workshops happen regularly so keep your eyes peeled for posters.

The B.O.D. Stitchers meet each Friday 10-3pm at the Neighbourhood House Bungalow in St Helens.

The Break O'Day Woodcraft Guild Inc. meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The Chocolate Shop Singers meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm for informal & fun singing. Everyone welcome.

The Cornwall Community Development Group meet monthly on the 1st Tuesday at 7pm in the Cornwall Hall.

Jan Saunders, East Coast Community Transport. Community Hall, 23 Main Street, St Marys. 6372 2137

The Falmouth Community Centre contact for booking club facilities is Cherrie Schier on 0417 887 941.

The Fingal Valley Neighbourhood House Op Shop is happy to receive pre-loved clothing & goods weekdays 9-3. Donations can be collected on Mondays or items can be left at the Centre. Come along, check it out & pick up a bargain. Deb Speers for FVNH.

Gone Rustic Studio + Gallery 37 Main Street St Marys 6372 2724 / 0417 027 424 *Operation Cover-up* 3rd Friday monthly at 11-2. Creating quilts & knitwear for those in need locally & overseas. \$5 donation towards quilt wadding; BYO lunch, cuppa included.

Greater Esk Tourism meet 7pm at Fingal Neighbourhood House on the 2nd Monday of each month, unless otherwise notified. 0412 425 666

Meals on Wheels meeting dates for 2014: 15/5/14, 21/8/14, 20/11/14, held in the Community Health Centre St Marys. Lundy Vosper, Secretary. 0488 384 344

RAYC Regional Arts Youth Company (school aged children) is on Thursdays 3.30-5pm. Session cost \$5 p/week or \$40 p/10 week term. Michelle on 0407 046 865

The Scamander and Beaumaris Community Development Association meet monthly on the 3rd Wednesday at 7pm in the Scamander Sports Complex. New members are most welcome.

Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Val 6372 2762.

The St Helens Walking Group walk each Wednesday and 3rd Saturday monthly. New members are most welcome. Call Healthy House 6376 5242 or Bryan Edhouse 6376 3439 for info.

St Marys/Falmouth Playgroup is held 10:30-12:30 each Wednesday at the Falmouth Community Centre. Join us for only \$3 per family in a relaxed & friendly atmosphere for all the family. Tash Speers 0419 591 905 / Amy Faulkner 0417 152 337

St Marys Hospital Auxiliary meet monthly on the 1st Monday at 2pm in the St Marys Community Health Centre.

St Marys Ladies' Midweek Tennis 9.30am each Wednesday. New players & beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Karon 6372 2382 or Dana 6372 2033

St Marys Markets are held monthly on the first Saturday at the St Marys Community Hall 9-1pm. June Market is on 31st May this year due to Annual Car Show/Wrapped in St Marys. Easter and Christmas may see a second market in the month - stay tuned for updates. Bookings or queries call Michael Smith (BODRarts) on 6372 2056 or 0407 046 865

St Marys Online Access Centre, 23b Main Road St Marys. Mon-Fri 9.30-4.30 Sat 11-2. 6372 2005

Community Announcements

The **St Marys School Association Op Shop** is happy to receive pre-loved items (not electrical) weekdays 11-3 & Saturdays 10-1. **Small** donations can be left at the St Marys Newsagency. Coordinator Janet Drummond 0404 562 320.

St Patricks Head & Esk Valley Historical Society Inc. meet every second month on the 3rd Wednesday, 3pm at various venues. Barry 6372 2575 (aulich@bigpond.com) or Jim 6372 2127 (jimhaas@bigpond.com)
www.fingalvalleyhistory.com

Stallholders' Market Inc. is a nfp organisation that holds markets on Saturdays 8-12 in the Portland Hall St Helens.
e: sthelenmarket@yahoo.com.au

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers welcome... if you can talk, you can sing. Mary-Anne Wadsworth on 6376 2969.

The **Tasmanian Lymphoedema Centre Inc** meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care Room.

FALMOUTH'S ON SALE!!!! Easter Monday 21st April 2014 8-3pm The Falmouth Community is 'on sale'. Any property that displays balloons is taking part in this Garage Sale Extravaganza. Come to Falmouth on Easter Monday and grab a bargain! The Blue Cave Café will also be open at the Falmouth Community Centre with delicacies for all to enjoy!

The next Council meeting will be held on Wednesday 23 April 2014 at 10am in the Council Chambers, Georges Bay Esplanade, St Helens. Minutes from Council meetings are available online.

For Sale

Weber Baby Q gas BBQ with stand and cover, as new, \$200. 6372 2176

1 aluminium window (one slide) \$80. 1 x wooden (external) door with glass panels \$100. 2 x wooden clothing cupboards - one with internal drawers \$40 each 0409 838 816

Moo poo, any quantity, finely screened. Trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Norm. 6372 2380

Hay, small squares cut in late December, \$5 ea. 0447 151 871

Round bales, garden mulch or bedding, \$50 ea, free delivery in St Marys area. 0407 944 158

1995 Toyota Hilux 4WD flat tray ute in excellent condition, \$8200 ono. Call 6372 2152 5pm-8pm

Dressed softwood studs & beams (new) - 2 / 5.8m x 190 x 40mm \$40 ea, 3 / 4.8 x 90 x 45mm \$15 ea, 1 / 4.2 x 90 x 45mm \$13 ea, 4 / 2.6m x 100 x 50mm \$10 ea, 2 / 2.6m x 90 x 45mm \$8 ea. 6372 2626

For Sale

Poly Ag Pipe 100mm drainage in good condition - 1 / 20.5m \$50, 1/7Mm\$17. Approx. 100m x 13mm Poly Dripline in good condition \$30. Colorbond corrugated roofing sheets - 1 / 5m (brown) \$30, 1/3m (brown) \$20, various lengths & colours - approx 1.2 to 2m from \$10. Cox mulcher/chipper, good condition. \$750 ono.

Poulan Pro (Husqvarna) ride on mower - 16 hp - 38" cut - Briggs & Stratton. 6 years old with little use \$2,600 ono. 6372 2626

Queen bed & mattress with side tables/drawers \$550, Double bed & mattress \$250, King single & mattress \$250. All in very good clean condition. 6372 2626

Small Crosley fridge approx. 300 litres no freezer but good condition \$100. Westinghouse Range Hood. Good condition, needs new filter \$100. 6372 2626

Canopy for Subaru Brumby, custom made, black, Rhino roof racks, crack in rear window, \$100. 0429 411 728

Timber bookshelves 1800x900mm \$50. Flat pack bookshelves 700x1310mm \$20, 700x1800mm \$35. Desk with shelves 1820x1200 \$40. 6372 2671

Garage sale on Friday 18/4/2014 at 10 Gray Rd St Marys. Kids books and toys, gardening books, bric-a-brac, tools, building materials, desks and bookshelves.

Wanted

Culvert pipes, call 0407 944 158

Woodcraft Guild Raffle drawn at the Open Day.
Results

1st Prize, large lamb tray won by Bill Swann
2nd Prize, BBQ won by Bec Barnes
3rd Prize, large meat tray won by Stuart Kerr

Many thanks to all who voted for me in the state elections and for all who supported me in the campaign.

Hannah Rubenach

Lynette Bell of St Marys was the winner of the beautiful window made by Heather Lye from Madd=Mudd. The raffle raised \$335.80 for the St Marys SES, and I would like to thank Heather, the prodigious Lorraine Gill and everyone who purchased tickets for their support.
Ray Walker
Deputy Unit Manager
Break O'Day SES



On this day in 1849 the safety pin was patented by Walter Hunt of New York City; the rights were sold for \$100



BREAK O'DAY WOODCRAFT GUILD FAIR **2014**

Well the temperamental weather answered our prayers and behaved accordingly. As the morning approached we all held our breath with apprehension until the mist finally bade us farewell and provided a wind and rain free start. The show could proceed!

Many thanks to the Anachronistic Medieval Society whose colourful costumes were not only eye-catching but gave a glimpse into this intriguing period of history, accompanied by the refined ladies of the 1800s who came to celebrate the Jane Austen festival. We would like to express gratitude to the St Marys Marketeers (and co-ordinators Michelle and Michael Smith) for their interesting and eclectic array of goods, the East Coast RC Flyers Club whose plane models captivated the crowds with their precision detail and colour, and Rod McGiveron whose working train set brought back many memories of the toys of yesteryear. Thanks to Ted Koops and Paul Byard (the 4 x 2s) who every year have entertained the crowd with their exceptional musical repertoire. **To quote Graham Derbyshire, our chef extraordinaire of the day, "They were that good they even had my wooden leg tapping away"** Thanks to Blitz and all the crew from Star FM and to The Tasmanian Historical Machinery Club of Tasmania. A special thank you to Maree Owens who mesmerised the crowd with her exceptional face painting skills and to the Esk Valley Mates who sold hamburgers and donated monies back to our club, it is hard to express in words our gratitude for their camaraderie and kindness. Thanks also to Veronica Jupp of the St Helens Book Café, Bruce Press and his beautiful array of snakes, yes I did say beautiful! and Ian Summers for opening up the Museum. We would like to give acknowledgement to the following for their support every year that help to make the day: St Marys IGA, St Marys Bakery, St Marys Post Office, Second Hand Rose, the St Marys Newsagency, Sharlene and Bruce the wildlife carers, Tracy Macdonald (for her guidance with the computer), Evelyn at the Bakery, St Marys Caltex Garage, St Marys Pharmacy, Break O'Day Council, Pings Place, Madd=Mudd, River and Willow, The Coach House Restaurant, The Valley Voice, the Coastal Column, GET, St Marys Ambulance, SES and Fire Brigade who volunteer their service every year and the St Marys Police. Thanks to our prodigious ticket seller Lorraine Gill (Lorraine likes the word prodigious). Thanks to Marcus Hall for the woodworking and tool sharpening display and a special mention to Diana Foster for her coverage in the Examiner, Kerrie Web from the

Fingal Valley Online Access Centre, Hannah Rubenach and Glyn.

Finally, as the tents have been dusted off, packed up and placed away for the following year many thanks to all our members especially Col Mackenzie, Wendy Brennan, Ted Koops, George Wyrostek, Marcus Hall, Rick Lohrey, Ron Hall, Geoff Springer, Bill Targett, Wendy Fowler, Marcia, Dave Mallett, Stuart Kerr, Richard Craighill, Michael Neighbour, Leo the Duck and Jacinta Allen whose tenacity over the years has kept us rolling along.

To our President Reon Johns whose dream it was to keep old wood working techniques alive by starting and sharing the Guild with this kind and generous community that we all cherish... we say thank you.

From all our Members thank you to the Break O'Day community for all your generosity and support.

Wendy Brennan Secretary 6372 2094

www.breakodaywoodcraftguild.weebly.co

www.facebook.com/pages/Break-ODay-Woodcraft-Guild-Mens-Shed/654672894597969

The Say...by Cagerattler

It was a privilege to be a tiny part of another fantastic Woodcraft Guild Open Day last weekend. I'd like to thank Reon, Wendy and all the crew for the chance to show a few railway models, but the over-all list of things to see and do was just terrific.



The best part for me was that much of what was showcased and/or sold was locally sourced, proving that this area has a lot to offer and a lot to do. Through the auspices of fantastic community groups such as the Woodcraft Guild and its annual Open Day more locals and visitors alike can see a diverse range of great things to see and do, and buy amazing produce from vegetables and fruits to all sorts of great food and wares.

The best thing was the excitement of the kids, getting face painting, checking out the stalls all over the place, the snake pit, the fantastic live music from Ted and Paul... (REALLY GOOD) and seeing mums, dads and kids having fun together. There was lots of interest in the Woodcraft Guild items for sale and I believe several beautifully made items found new homes.

I'm glad the weather 'played nice' in the finish after a chilly, foggy start but I was thrilled to make a small contribution this time to a very enjoyable day and hope to do so again next year.

The Open Day of course is a showcase annual event but over a big part of the year let's not forget our Saturday morning markets. They avail us of the same type of great produce.

On top of that of course are the craft outlets; Gone Rustic, Madd=Mudd, River & Willow Art Space, Second Hand Rose, Mt Elephant Fudge, Pings Place and Cranks and Tinkerers. These shops and studios add to the regular day to day retail businesses like our IGA, Newsagency, Pub, Garage, Pharmacy, Purple Possum Whole foods, Coach House and Post Office...and any other shops I may well have left out (not deliberately I promise).

When you look at this town of ours with its Hospital, School, Sports Centre, Tennis Club, tradesmen,

Cagerattler continued... Ambulance/Fire and SES services, the daily retail and specialty and craft stores, the Saturday Marketeers and those who display at the Annual Open Day through the Guild, and a pretty handy little fortnightly paper called the Valley Voice of course, we're pretty darn lucky to be here. As my great American email pal Louis often reminds me from Baltimore "you live in Paradise". Perhaps we do...

What do you think? Rod McGiveron



St Marys Richardson Rd Reservoir

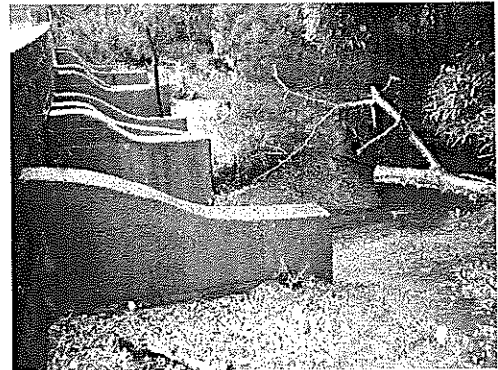
Article by Acting Mayor Hannah Rubenach, pictures from Phil Thompson, Regional Property Officer for Crown Land Service, 31 March 2014.

The reservoir at Richardson's Road, St Marys, has recently been the subject of some local discussion. Not currently in use, the reservoir was originally intended to be part of the Break O'Day Council's irrigation scheme. This idea was abandoned in 1999, due to a new bore being found for the town water supply. As the reservoir site was no longer needed for Council purposes, it was transferred to Ben Lomond Water (now known as TasWater) during the asset handover phase.

TasWater had no use for the asset, and it has now been deemed 'abandoned'. The land is currently managed by the State Government through Crown Land Services. There is the potential for the land to be taken up for use by Council or a community organisation for public purposes if required. Were this to happen, the obvious risk management issue of the dam walls would need to be considered.

Around two months ago, a resident contacted TasWater to report a hole in the dam – it is believed to have been caused by a platypus burrowing through. TasWater drained the dam through a release valve, as they believed the dam could be at risk of becoming unstable due to the leak.

In the past two weeks, a number of people have contacted Acting Mayor Hannah Rubenach with concerns about the dam being drained, such as access to water for firefighting, platypus habitat being lost and a lovely picnic spot being lost. These concerns have been relayed by Hannah to Phil Thompson of Crown Land Services. However, if anyone has further related social or environmental issues they wish to discuss with the Acting Mayor, please contact Council on 6376 7900, and the matter will be further followed up with Crown Land Services.



Power outages

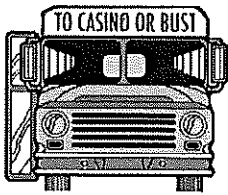
Transend Networks has been upgrading its St Marys substation over the weekends of 29-30th March and 5-6th April. The recent outages were all unplanned. The Fingal Valley, St Marys and basically the whole East Coast was being fed electricity supply from an alternative supply point while this upgrade work was being conducted on the Avoca and St Marys substations. Aurora put in place four large generators as a contingency during this upgrade work in order to support the voltage quality.

However, while this work was being undertaken, any unplanned outage had a larger impact than normal as the power supply had to come all the way from Triabunna, Derby and Palmerston substations to support the Avoca and St Marys area. Unfortunately there were unforeseen technical issues with this arrangement that caused the outage on Saturday and Sunday and also the weekend before.

Transend's work is now complete and the system is now back to normal configuration.

Richard Wilson
Media and Communications Manager
Aurora Energy

Fingal Valley Neighbourhood House
FVNH is funded by the Dept of Health and Human Services



Launceston Country Club Casino trip

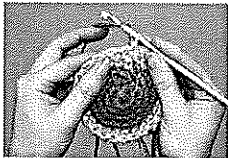
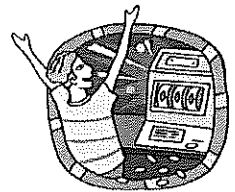
on Thursday May 1st 2014

Have a nice affordable meal at the water garden and a flutter if you want.

Bus fare: \$15 pp (does not include meal)

The FVNH commuter bus will leave at 5.30pm.

If you are interested, call into the office or phone 6374 2344 to book your seat.

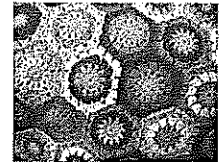


Basic Crocheting

Classes will be starting in April at the Fingal Valley Neighbourhood House Inc. once a fortnight for 1 to 2 hours in the afternoons.

NAMES NEEDED

If you are interested in learning basic crocheting please call us on 6374 2344 for more information.



WANTED

Volunteer drivers are required for the FVNH Inc. commuter bus and car. The bus is a 12-seater, both vehicles are automatic and no special licences are required. FVNH has zero drug and alcohol tolerance. If you're interested please call in to the Neighbourhood House for more info or phone 6374 2344.

EATING WITH FRIENDS *Happy Mother's Day*
MOTHER'S DAY LUNCHEON

Come along and join us at the Fingal Valley Neighbourhood House Inc for a lovely early

Mother's Day Luncheon on

Wednesday May 7th 2014

Cost: \$10 per person and a gold coin donation for young children

Time: 12 noon for 12.30 start

If we meet the magical number of 50 people attending you have a chance to win \$50

Refreshments will be available

Contact us on 6374 2344 or call in to the office before Friday May 2nd 2014 to book your seat.

Everyone is welcome to come along and have a great time!!



Neighbourhood House Week

Help celebrate Tasmania's

Neighbourhood House Week on

12th - 16th May, 2014

Come along to your friendly Fingal Valley Neighbourhood House Inc.

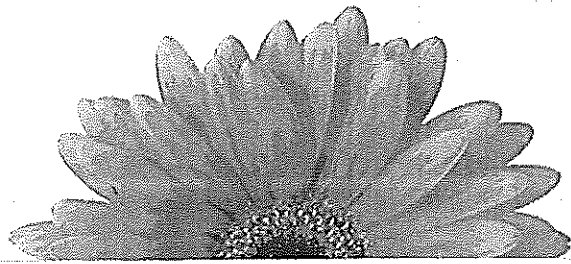


- ♦ for a catch up with what's happening and be a part of your Neighbourhood House
- ♦ to help us plan the next part of the year with activities and ideas
- ♦ come along and be part of us.

Light lunches will be provided.

A gold coin donation would be welcomed for these lunches.





Bonjour St Marys

A beginners French conversation class is starting 2pm on Thursday afternoons in St Marys and possibly also Tuesday evenings.

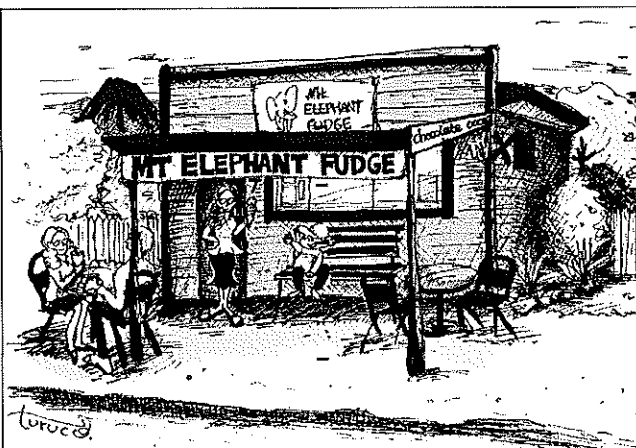
If you have ever wanted to learn some French in a warm and friendly environment around a coffee table, then these classes are for you.

We are going to start with the basics and each week we will build upon what we have learned before. NO experience necessary as we are starting from Bonjour! (Hello). All you will need is a notebook (to put your words into), a smile and a sense of humour. Each lesson will be based around a different concept, food and cultural experience.

Each session will go for approximately 1½ hours and includes either morning tea, afternoon tea or supper. A donation of \$10 is required each lesson to cover the running cost of the classes. For further information and to register please contact Christine on 0410 441 558 or e: cs1967@exemail.com.au

A bientot!

We are updating the Arts/Crafts/Hobbies Guide.
If you have a group you would like included
please contact Rod McGiveron on 6372 2215.



MT ELEPHANT FUDGE

Wed, Thurs, Fri, Sat 10–5pm

Sun 10–3pm Ph 6372 2787

New Gifts Arriving...

Please feel free to browse

Mt Elephant Fudge

for ALL your Sweet Desires!!

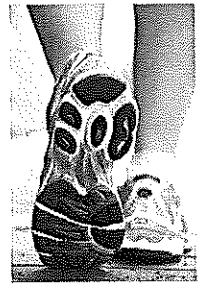
Hoping to see you all soon ☺ ☺ ☺

St Helens Walking Group

Five new folk were welcomed to the Saturday 15th walk and, in warm but overcast conditions, a total of 13 set off for the Mt Pearson State Reserve.

The intention was to tackle the Mt Pearson track, detour before we reached the top and walk to a prominent rock formation where we planned to have lunch. The walk commenced at a reservoir on Fetchels Creek - apparently once set aside as a possible water supply for St Helens, but never used as such. The dam wall has now collapsed but a good water hole remains, providing a wonderful haven for birds. A steady climb took us up through dry sclerophyll forest - a few tiny pink orchids were spotted and some small clumps of red heath. Many healthy Xanthorrhoea were thriving, as they do, in the dry conditions - we also disturbed a good sized tiger snake basking on the track. Our destination remained elusive and although we enjoyed our lunch on some big flat rocks with views down to Georges Bay, we shall have to return another day to discover that 'big rock!' The clouds cleared and the return walk was rather warm - a timely reminder for walkers - always carry plenty of drinking water!

This month the Wednesday walkers have enjoyed rambles to Loila Tier, Jocks Lagoon, Upper Scamander and a scenic stroll around St Helens, leaving from Poseidon Street. We welcome new walkers - please contact Bryan on 6376 3439 or Healthy House on 63765242 for more information.



**Break O'Day Mobile
Mechanical Service**

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Small Engines to Heavy Equipment.

All Makes and Models

ARTS/CRAFTS



School holiday workshops at the St Marys Community Hall



Martial Arts with Joe Saunders "Peaceful Warrior Programme"

Monday 28th April 2014

3~4.30pm Ages 4~16yrs

Tuesday - 29th April 2014

10~11.30am

Ages 4~16yrs

Cost: \$5 for BODRArts & RAYC members, \$7 for others



Qi-Gong Workshops

open to all ages!!

Saturdays 9~10am with Barb**

Cost: \$5 for BODRA members & under 15s, \$7 for others

**If Barb is unavailable on any particular Saturday, Sue will step into her shoes!!!

For over 4 millennia men and women from the far east have practised a self-healing and strengthening method that requires little effort or time. It's safe and easy - young children and elderly use it. When used correctly, it circulates your energy through your body and activates your cells; your mind connects to the present moment into total relaxation and calmness. This energy manipulation can be used to heal, strengthen, and nourish your body.



Bookings & enquiries to Michelle on (03) 6372 2056 / 0407 046 865
e: bodregionalarts@gmail.com



Jane Austin - Morning Prayer Service at Holy Trinity Church St Marys 6th April 2014



Acting Mayor Hannah Rubenach,
Susan Christiansen and Mika



Back Row Hamish Roundtree, Carole Withers, Stuart Kerr, Alexander Withers
Front Row Janet Drummond, Hannah Rubenach, Brittany Kate Smith, 2 members
of the Tasmanian Harp Society, Erin Spilsbury, Ella Roundtree, Christine Roundtree, Juanita Karlovsky, Sarah Rubenach and Wendy Koellner



Juanita Karlovsky and
Christine Roundtree



Envoy Melanie Norton, Erin Spilsbury and
Hamish Roundtree



Alexander and Carole
Withers (Minister and
wife)

Pictures by Janet Drummond.

ARTS/CRAFTS

What a wonderful and busy weekend in St Marys! A fantastic Saturday was had by all with a great number of people turning out for the annual Woodcraft Guild Open Day. There was a huge variety of market stalls, including the monthly St Marys Market stallholders who moved down to the Guild's site for the day to enjoyed the fresh air and sunshine. Plenty of people were there to check out what really goes on down at the Men's Shed. Many sausage and onion sangers, along with a few hamburgers, egg and bacon burgers and substantial amounts of dahl were consumed over the five hour period. Lots of folk checked out the pit of venomous snakes and there were some beautifully painted faces after a visit to our local expert body painting artist, Marie. A few heads were turned at the sight of many dressed in period costume - medieval right through to turn of the last century. Much knowledge was gained by those who spoke with our local Woodcraft Guild members and toured the site's amenities.

The Woodcraft Guild activities and St Marys Markets were followed by our second year of Jane Austen festivities ... off we went to the Community Hall for an afternoon of hairstyling, calligraphy, a sewing circle, pomandering, games and dance teaching. Lots of pots of tea, cucumber sandwiches and cake were consumed. Dinner was followed by the Regency Ball with four harpists from the Tasmanian Harp Society and a professional Dance Caller; they didn't even let our three power outages put them off! Hurricane lamps and solar lights were gathered and the dance continued with a surreal atmosphere and lots of laughter. Along came supper with more pots of tea and cake. Children, teens and adults then disappeared into the night to rest up for Sunday.

Sunday started with an old fashioned Morning Prayer Service at the Anglican Church - Minister Withers and his wife were both beautifully attired in appropriate garb for the Jane Austen theme, as were most of the congregation. The highlight for many was our local postmistress Susan dressed in black including a top hat, driving her beautifully mannered Clydesdale 'Mika' and trap into town for the event. Lots of local children came out to watch Mika take a passenger or two for a leisurely stroll around the streets of St Marys. Morning tea was enjoyed by all after the Service, then advantage was taken by both locals and passing tourists to stop for photographs of the wonderful sight.

A young Asian couple abandoned their hire car (parked in a most peculiar manner), donned spare costumes and partook in activities for a while - quite an adventure (with lots of photos taken for proof) to tell relatives and friends upon their return from their unique honeymoon in Tasmania.

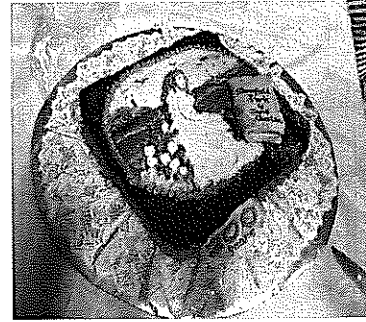
A short promenade was taken along the Main Street to the Lion's Park (or Duck Park as most refer to it), where an enjoyable afternoon was had on picnic rugs, with much food and elderberry cordial consumed as young ones played quoits and many games of boules.

Many thanks are extended to members of the Woodcraft Guild (particularly Reon and Wendy) who spent many hours planning, setting up and cleaning up; to members of BODRA (particularly Hannah for coordinating and hard workers Robina and Stuart) for all that was done at the Community Hall; and to Wendy Fowler who works quietly behind the scenes and is of great support to many people and events in our town (she also makes a great pot of tea!!) ... and we can't forget to thank Beverley Rubenach and Liz Dean for their fantastic baking!! Special thanks to those ladies who have been so busy for months cutting, measuring and sewing outfits for this weekend for both themselves and for others (who do not know how!!).

Take a breather all you hard working volunteers ... planning starts soon for next year. Let's make it bigger but just as good as this year was.

Michelle Smith, secretary BODRA

Jane Austen Regency Ball, pictures by Editor.



ARTS/CRAFTS

News from The Suncoast Gallery, 27b Quail St, St Helens

Exclusive Gallery gifts! Two local members, Barbara Mellor and Maureen Fisher, teamed up to present great Mother's Day gifts and are pictured with gift packs containing delicious jams or lemon butter, sweet scone or muffin recipe cards and an oven mitt and gift card!

Creativity shows in a variety of products: knitting and sewing needle cases, luxury bedsocks and shawls, hand crafted cards, embroidered silk covered journals and a plethora of artworks!!

Steven and Peggy Bogar have handcrafted a unique jewellery box from fine Tasmanian timbers which could be the beginning of a perfect family heirloom. Please come and view our goods as more interesting and useful items have arrived and we have some new members with talent. We even have bread and cheese boards. So no matter your taste, come and be tempted at the Gallery!

Article and pictures by Peggy Bogar.



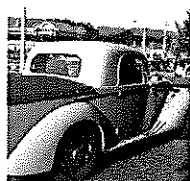
Barbara Mellor and Maureen Fisher



Steven and Peggy Bogar



Mother's Day gifts



The St Mary's Annual Car Show

Sponsored by the Break O'Day Woodcraft Guild

Sunday the 1st June on Faulkner's Green St Marys

For more info call Grant Faulkner 0419 503 109 or Bill Targett 0417 354 001



WRAPPED IN ST MARYS 31 MAY & 1 JUNE 2014

www.wrappedinstmarystas.com

THEME: 'Switched on'

DEADLINE FOR ENTRIES

4 pm on 16 May 2014

WRAP a power pole – categories:

- ☐ textile art (\$250 + certificate)
- ☐ theme – **switched on** (\$250 + certificate)
- ☐ group (\$200 + certificate)
- ☐ junior (\$150 + certificate)
- ☐ people's choice (\$150 + certificate)

Official entry Form is available from www.valleysofadventure.com.au
or www.fingalvalley.com.au

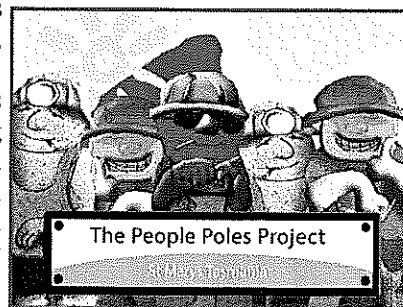
Send entry form & SSAE to: Rita Summers, Event Co-ordinator, 37 Main Street, St. Marys Tas. 7215

An initiative of GREATER ESK TOURISM (GET) and BREAK O'DAY COUNCIL

The Indiegogo crowd funding site for the **St Marys People Poles** has now closed. The total raised was \$1,410.73 which was a great effort by all 22 contributors. Many many thanks to all of you, there will be a full list of those contributors in the next Valley Voice. In addition we have had some very generous donations made including \$50 from the Valley Voice - many thanks Valley Voice, you are a wonderful asset to our community.

If you missed out don't worry! Donations can still be made via the money tubes around town or direct to Greater Esk Tourism. To improve our chances of funding from Tasmanian Community Grants we do need to show community support and we also need to show we have raised money ourselves. We can only do this with your help and support so please support it. Even a small contribution will make a difference. The funding submission to Tasmanian Community Grants, due on 16th April, is in its final stages with a draft working document circulating to interested parties. If you would like to review it and haven't received a copy yet, please let me know and one will be provided for your comments.

Diana Foster, Coordinator St Marys People Poles Project, St Marys, TAS 7215. (03)6372 2059
peoplepolesproject@bigpond.com



The People Poles Project

East Coast RC Flyers News - April 2014

Break O'Day Woodcraft Guild Fair

The Woodcraft Guild held their annual fair on Saturday April 5th behind the old railway station in St Marys. The art of building model aircraft in balsa wood and plywood is, of course, related to the Guild's activities, and the East Coast RC Flyers were asked to present some of their models at the fair. By the way, 'RC' stands for either Remote Control or Radio Control.

A good turnout, particularly in the morning, led to much interest in RC flying and kept the club's representatives busy. The re-elected member of parliament, David Llewellyn, paid a visit and showed a particular interest in the RAAF PC9 Roulette model.

Logo design

For several weeks, a selection of logo designs was displayed on the East Coast RC Flyers website and members were asked to choose the one, which best describes the club's activities and location. Almost unanimously they chose the design as depicted above.

It shows the silhouette of a model aircraft, performing an aerobatic manoeuvre, with the trail of the flight path enclosing the 'East Coast' in the club's name – simple, but effective.

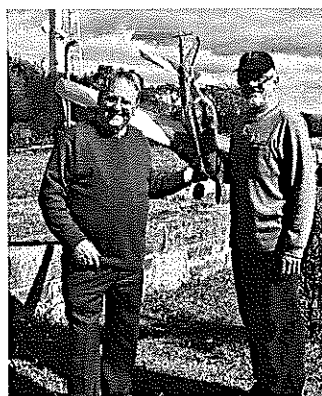
The club has moved

At the old site, corner Ansons Bay Rd and Reids Rd, the club experienced some radio interference problems and decided to look for a more suitable flying field. Alvin Reid suggested another site on one of his sheep paddocks, approximately 1.3 km further along Reids Rd, which turned out to be ideal. The new site has a small abandoned building with toilet facilities. For directions, please visit our website at: eastcoastrcflyers.org.au

Article and pictures by Manfred Weihrauch



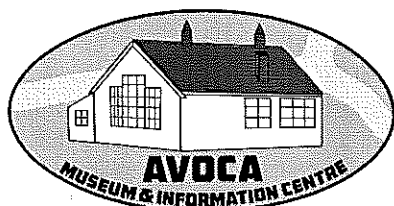
Michael MacDonald explaining the finer points to some young enthusiasts



David Llewellyn and Manfred Weihrauch



Alan Butler (Scamander), Michael MacDonald (St Marys), Manfred Weihrauch (St Helens).



Avoca Museum and Information Centre

Old School Building
AVOCA TASMANIA 7213



New gym equipment at Avoca

Thanks to the Tasmanian Community Fund the Avoca Museum and Information Centre has installed new gym equipment. This equipment is to compliment the beautification plans the AMIC committee and the Northern Midlands Council have been working on to enhance the park space as a welcoming place for locals and visitors, to encourage healthy activity for all. AMIC is hoping to have some of the Town Walk Historic Plaques installed by Anzac Day. **Volunteers Invited**

If you can volunteer 2-4 hours once a month at the Avoca Museum and Information Centre you are invited to spend a Friday afternoon, 1-3pm, or Saturday or Sunday, 11am-3pm welcoming visitors to our town and to this beautiful region of Tasmania. Help us to support our community.

Contact Mary on 6385 2002 or gippscreek@skymesh.com.au



IWD trip to Ross

On March 7th St Helens Neighbourhood House in partnership with Break O'Day Council organized a bus trip to the Ross Female Factory to celebrate International Women's Day (IWD).

Why the Female Factory? It seems a fitting place to commemorate IWD when one considers how such a day came into being.

Originally it was known as International Working Women's Day when first introduced at the beginning of the 20th century. Early 1900s was a time of great unrest - when oppression and inequality suffered by women drove them to become more active in lobbying for change, voting rights, better working conditions and pay. In 1910 an International Conference of Working Women was held in Copenhagen, Denmark and was attended by over 100 women from 17 countries. At the Conference was Clara Zetkin, leader of the 'Women's Office' for the Social Democratic Party in Germany, who put forward the motion of 'Women's Day'; an annual day when women from every country campaign for their demands. Thus International Women's Day was established and is now celebrated worldwide annually on 8th March. IWD has gone from strength to strength and is now an official holiday in many countries. Each year it has a different theme - the theme for International Women's Day 2014 was *Inspiring Change*. *It is recognized, however, that whilst significant improvements have been made globally for the plight of women, inequality still exists in education, health, business, politics and pay structure disparity. Notwithstanding this the tone of IWD focuses on the positives of the achievements of women past and present, and acknowledges the potential of future generations of women to make a difference.*

It was an absolutely glorious sunny day, as the coach made its way towards the historic town of Ross with 52 women on board. There was a sense of camaraderie and anticipation on the bus. It was great to see people who had never met each other before chatting away and by the time the bus reached Ross a lot of new friends had been made.

The Ross Female Factory is open daily, free to the public, from 9am to 5pm. The factory contains interesting historical data, model reproductions housed in glass cases and photographs printed onto large, easy-to-read information boards on every wall within the site.

"Originally the site of a male punishment station, from 1847-1848 the buildings were adapted for use as a probation station for women. Known as the Ross Female Factory, it housed between 60 and 120 women at any one time, as well as accommodating the inmates' babies. It operated as a hiring depot, nursery, probation and punishment station until 1854-1855. The prison was demolished in the 1880s leaving the foundations intact. This has enabled many archaeological discoveries over a series of digs at the site."

Ross Factory is the most archaeologically intact female convict site in Australia. Some of the interpretive displays contain reproductions of intriguing extracts which demonstrate the solidarity and unanimity of the female prisoners towards each other...

...there was a violent exhibition of disorderly conduct on the part of the women confined in the Nursery and in the Crime Class. On the occasion of carrying one of them across the yard ... to solitary confinement, the Constable, Taylor, was attacked first by the woman ... followed by the vigorous co-operation of the rest ... Missiles were thrown at both the constable and Asst. Superintendent Imrie ... The efforts at pacification ... were quite ineffective until ... Mr Imrie produced the Batons ... the rioters stood back and eventually the woman sentenced to solitary confinement accompanied Mr Imrie to the cells. The women holding passes were separated from the yard ... but their cheers and shrieks added to the confusion ...

Comptroller-General of Convicts records, 1848

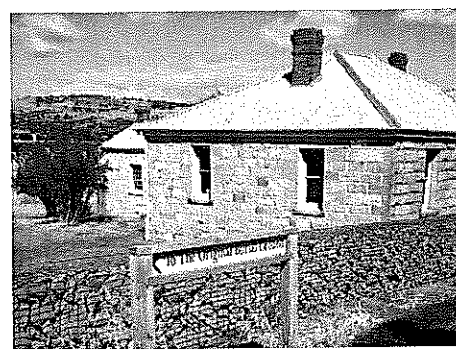
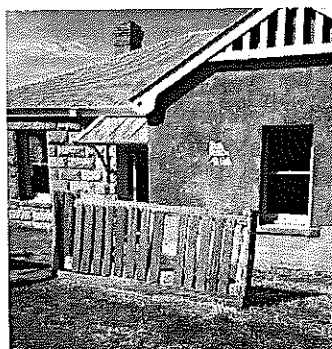
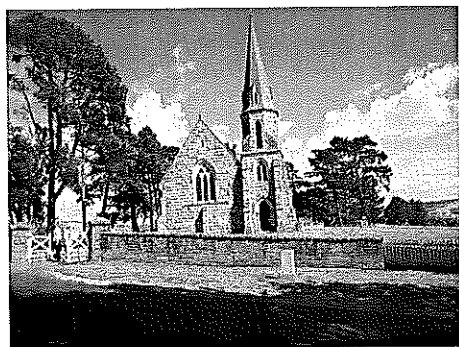
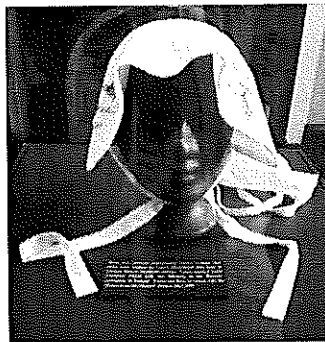
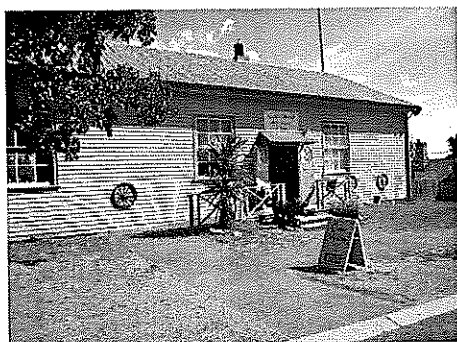
The self-guided tour doesn't take long to complete and fortunately the factory site is situated three minutes' walk from the centre of Ross Town. Lunch was scheduled for midday in the Town Hall Supper Room. This allowed the group some time for a leisurely stroll around the town, exploring some of the historical sites or for shopping!

After lunch we were treated to a talk by Mrs Debra Cadogan-Cowper, Manager of the Tasmanian Wool Centre and Ross Female Factory. Debra had been booked as guest speaker and her brief was to provide a talk about the origins of the factory and an insight into some inspiring women who were incarcerated within its walls. Debra advised that it was a daunting task because trawling through the historical records of the factory revealed very little in the way of inspiring deeds by any of the female inmates. Despite this she managed to engage the group with fascinating anecdotal snippets of the lives of two of the female inmates which were a mixture of funny and heartrendingly sad; two women from the 19th century transported halfway across the world for some petty crime committed at a young age whilst struggling to survive. This was a time in history when stealing a blanket to stay warm cost the most vulnerable of society their freedom and consigned them to slavery. We sat pondering her words, thankful that those days were long gone, reassuring ourselves that in today's enlightened society such barbarities do not occur.

Debra provided us with a comparison of today's equivalent of transportation and slavery. She spoke about the need for global education on human trafficking and made us aware of the A21 Campaign - an international antihuman trafficking organisation dedicated to the abolishment of slavery in the 21st century and the rescue of human trafficking victims. You could hear a pin drop when Debra informed us that every 30 seconds another person becomes a victim of human trafficking. We were held spellbound listening to the heroic actions of volunteers working to help bring freedom to those enslaved. And just as we were feeling overwhelmed thinking what difference could one of us make Debra ended the talk by quoting Max Lucado *"No one can do everything but everyone can do something."* A quote that definitely *inspires change*.

We were a happy contented group that travelled back to Break O'Day that day! There was of course the obligatory sing along session. As I looked around the bus I saw happy faces, lots of new-found friends – and plenty of shopping bags! There was plenty of discussion about where the next destination was going to be – always a sign of a successful trip.

Article and pictures by Trish O'Duffy, St Helens Neighbourhood House
5th April 2014



Some thoughts

What makes us sad?

Or maybe even shed tears, cry?

What moves us to experience deep heartache? Not the kind from watching a movie or weekly TV soap, but the real kind – the stuff from our lives.

Our answers must include the loss, through death, of a loved family member, friend or treasured long-time pet.

These events cause huge upheaval and the road back to feeling 'normal' is usually long and seemingly unending... *'When will I stop feeling like this?'*

But there is one big and most happy truth about grief and intense pain from personal loss – and that is, we only feel that pain, because we have loved so deeply.

Love and pain – you can't have one without the other.

Mel Norton





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AGENT FOR WIDE SPAN SHEDS + HOMES

A Bed of Roses

My husband Ken and I had not so much as a parking ticket between us when we decided to turn to crime.

A policeman friend of Ken's had often told him that despite all the publicity about scientific detection, most crimes are solved by information received from a vast network of informers and a one-off felony committed by amateurs who have no connection to the criminal underworld has an almost one hundred per cent chance of success.

Bearing this in mind, Ken and I talked it over and concluded that an illegal venture was the perfect way to top up our superannuation. Once decided, we only had to work out the details. Burglary and safe-cracking were out - Ken wasn't much of a handyman and I have trouble opening a can of sardines. Fraud or confidence tricks were no good; our minds were just not devious enough to come up with a scheme. Our reluctant conclusion was that it had to be armed robbery, this being the only option that did not require specialised skills and equipment.

"Just think of the money," Ken said, "and remember, if we do it right, it will be less violent than the after-Christmas sale at Myer."

We selected the payroll of a large textile factory as our target.

It all went according to plan. We immobilised the security guards with capsicum spray, jumped into our getaway car and drove off with the loot. One of the guards fired his revolver at us as we sped away, but he was still partially blinded by the spray and his shots went wild. At least, that was my impression at the time.

'Exhilaration' would best describe my mood when we returned home and dumped the proceeds on the kitchen table; I hadn't realised crime, especially successful crime, could be so exciting. Perhaps a little too exciting for Ken; I noticed he was looking quite pale, and starting to tremble.

Just a delayed shock reaction I thought. *I'll make him a cup of tea, and suggest he lie down for a while.* Then I saw a dark spreading stain on the front of his overalls. One of the guard's shots had not been so wide after all and Ken, bless his dear, brave soul, had driven all the way home without mentioning it.

"Marjorie my dear, make sure you spend it wisely," he said with a smile as he toppled slowly to the floor. When I bent over him I could see he was quite dead.

I sat quietly for a while, reflecting on our years together, and how this venture which was to have provided for our comfort during what we hoped to be a lengthy retirement had gone so horribly wrong. I also realised I had a problem on my hands: I couldn't very well phone the police and tell them Ken had run into a stray bullet while painting the letterbox. I would have to dispose of his body.

As I had never learned how to drive a car I had no means of conveying Ken's earthly remains off the premises - my options were limited. It came down to a choice between the rose garden and the grevilleas. I chose a spot among the roses, as these had always been Ken's favourites.

I made short work of the burial once night had fallen and mulched the spot with pea straw. Ken deserved a nice rose to mark his resting place; perhaps a Dorothy Perkins or an Avendal. I resolved to go to the nursery next and choose one. I waited a week then reported my husband missing. There was quite a fuss for a while. Everyone was very kind, and the police impressed me with their diligence. Eventually the search was called off and life returned to normal.

Not quite normal; I still missed Ken terribly. But at least I had the money. Not that I splashed it around; Ken and I had agreed that this could lead to our getting caught. It just meant that there was never any worry when the bills came in, and I could afford a holiday in Queensland every winter. The neighbours thought I stayed with friends, whereas in fact I rented a 5-star apartment on the Gold Coast. And of course I had my garden.

The garden had always been a source of many pleasurable hours. My main social contact was with fellow enthusiasts and this, in the end, was to be my undoing.

I had become friends with the treasurer of the local Rose Grower's Society, a retired bank manager named Clive Lewis. He often passed my house when walking his labrador Jess, and often dropped in for a cup of tea and a chat. He would tie Jess's lead to my front fence while I took a break from gardening and he from his walk.

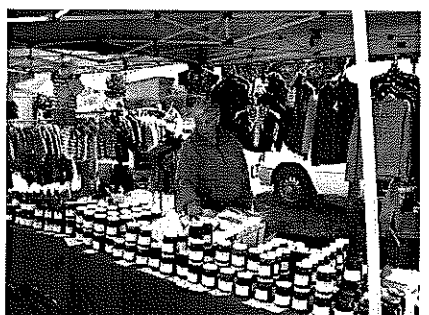
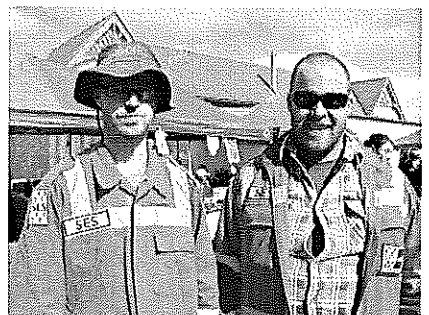
This ritual would have continued indefinitely had not Jess slipped her collar one day. Unnoticed by Clive and me, deep in conversation, she ran around the house to the backyard and, as dogs do, began to dig for bones.

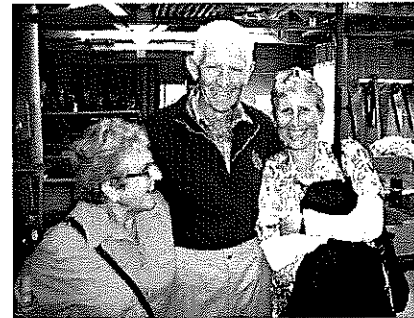
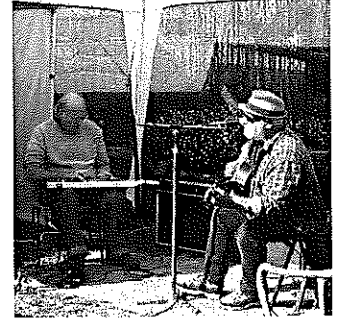
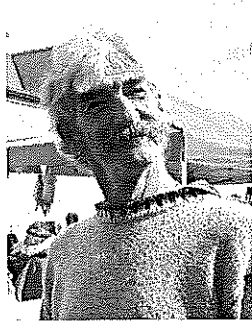
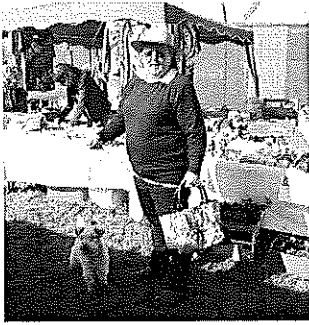


Bill Greer, Mathinna

Woodcraft Guild Open Day 2014 St Marys

Pictures by Wendy Brennan and Editor





PRESCRIPTION MEDICATIONS

This article is to outline important information regarding prescription medication and includes your responsibilities in regard to the safe disposal and any expired or unused medications. It is also to highlight that it is illegal to share or giveaway prescription medication and that you may be subject to charges of supplying a controlled drug.

Sharing or giving away prescription medications.

Prescription medications are powerful medications that require the expertise of your doctor and pharmacist to ensure they are the right medication for you and that you are aware of the potential side effects.

Sharing prescription medications with family and friends may seem harmless, but used incorrectly these medications are very dangerous and may cause significant harm, or even death.

It is for this reason that it is an offence for members of the public to share prescription medications with someone else.

If someone was to come to harm through the use of a prescription medication you supplied to them, you would be facing very serious charges.

If your doctor has advised you to cease a particular prescription medication the safest thing to do is to return the medications to your local pharmacy.

Medicines stored at your home can be the source of poisonings for children and also a potential source of confusion for you.

Your local pharmacy will be happy to receive your unwanted medications as part of the Return Unwanted Medicines (RUM) Project.

The RUM project is designed to safely destroy unwanted medicines to minimise the environmental impact of these medications and to protect patient and public safety.

If you have any concerns regarding the misuse of prescription medication or the solicitation of it you can contact St Marys Police Station on 63721010 or if you wish to remain anonymous you can contact Crimestoppers on 1800 333 000.

Sergeant S D WARD
St Marys Station



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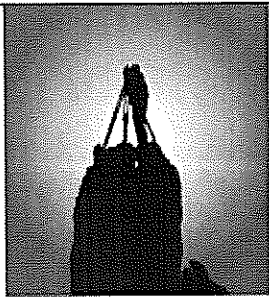


Hydro Tasmania is seeking info on a picture taken at Tarraleah School in 1935 for its centenary celebrations.

If you can help identify any of the people in this photograph contact Hydro on <http://www.hydro.com.au/abc.net.au/news/2014-03-25/do--you-know-these-peoplelargejpeg/5345044>



It's 2am. Let me sing you the song of my people.



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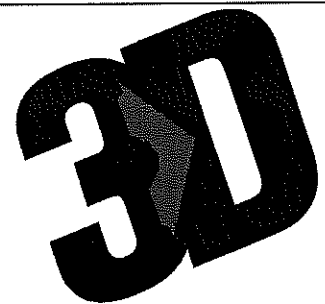
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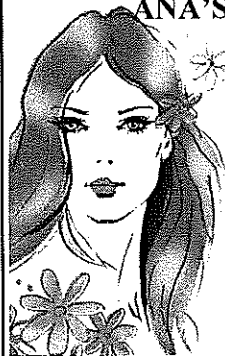
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Church Ladies with typewriters: The eighth-graders will be presenting Shakespeare's Hamlet in the Church basement Friday at 7pm...The congregation is invited to attend this tragedy.

Hawks visit St Marys District School

On Monday 24th February 2014 Jarryd Roughead, Derick Wanganeen and Mitch Hallahan from the Hawthorn Football Club visited our school to conduct a football clinic.

The players helped students with some football skills and answered questions. A big thank you to Mr. King and the Grade 7/8 Sports Leaders for their help in running the clinic.



L. Hawthorn player
Mitch Hallahan with
Haydon Barnes.

R. Cassidy Howells
meets Hawthorn
forward Jarryd
Roughead.



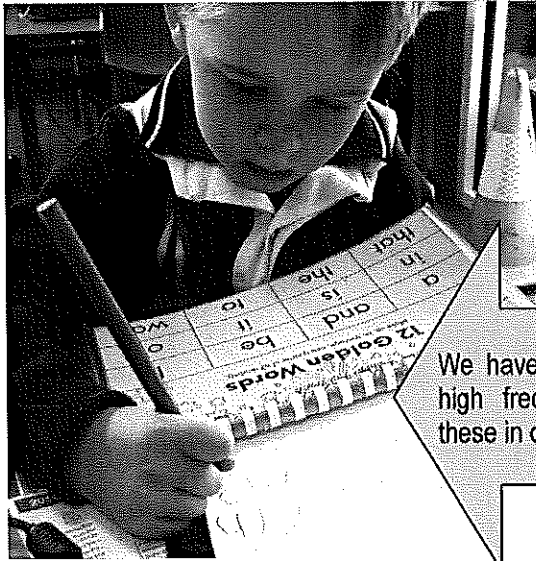
School Events Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		9th Apr	10th Apr • Launching into Learning St Marys - 9-10:30am Fingal - 1:30-3pm	11th Apr
14th Apr	15th Apr	16th Apr • State Athletics • END OF TERM ASSEMBLY • SCHOOL NEWSLETTER	17th Apr • MODERATION DAY—STUDENTS NOT REQUIRED TO ATTEND SCHOOL	18th Apr • GOOD FRIDAY

13 Gray Road, St Marys, TAS, 7215.
Phone: 6372 3900 Fax: 6372 2543
Email: st.marys.district.high@education.tas.gov.au



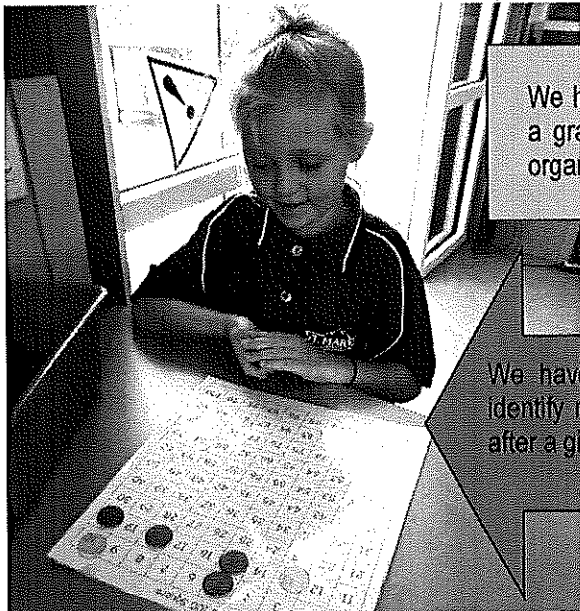
Fingal Campus K/P/1 Gee Learning Goals



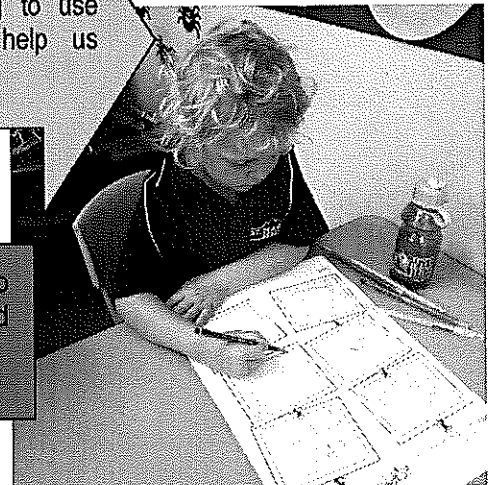
We have been sharing our ideas and communicating through pictures.



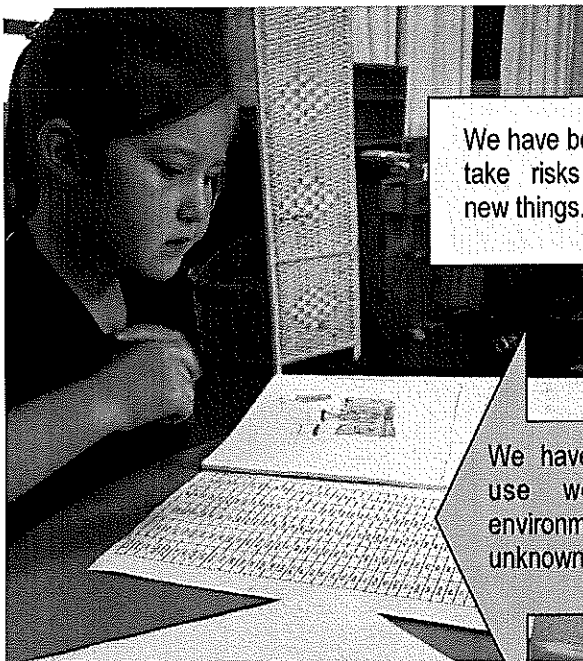
We have been learning to read high frequency words and use these in our writing.



We have been learning to use a graphic organiser to help us organise our ideas.



We have been learning to identify numbers before and after a given number.



We have been learning to take risks and explore new things.



We have been learning to use word charts and environmental print to spell unknown words.



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- Gorse
- Boxthorn
- Broom
- Blackberry
- Bracken

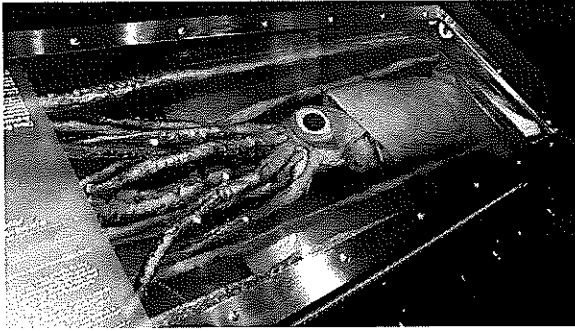
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Kevin Brown

Gleneagle Gardens

0418 979 668





A giant squid has been thawed and preserved for public display

A giant squid that was found frozen in a block of ice has been thawed and meticulously preserved by scientists for display in the Deep Oceans exhibition.

Mollusc expert Darryl Potter says the squid on display may seem large at around seven metres long, but the species can grow all the way up to 13 metres in length including their 'club tentacles' used for killing prey.

Giant squid live in some of the deepest parts of the ocean and were

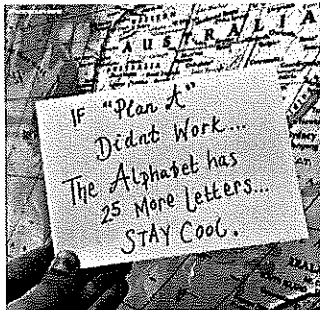
thought to be mythological creatures until around 100 years ago, but the first sighting of a live giant squid in the ocean was in September 2004.

"They were spotted by mariners in early days and that led to the tales of monsters from the deep," Mr Potter said.

"That of course led to all your science fiction movies with grossly distorted facts about the size of these things and what they ate."

Mr Potter says the giant squid on display in the Deep Oceans exhibition, is known as Cal, short for calamari, is one of the best preserved specimens in the world.

abc.net.au/local/photos/2014/03/27/3972921.htm



Why is English so much fun?

'All the faith he had had had had no effect on the outcome of his life.'

It's fun because that sentence makes perfect sense.



TasWater regularly samples its water supplies. Sometimes the treatment of a water supply may not be adequate, increasing the risk of health concerns. If this happens, TasWater issues a Boil Water Alert.

When a Boil Water Alert is issued, water should be brought to a rolling boil and allowed to cool before use. Residents in affected areas should use cool boiled water for drinking, food preparation, cleaning teeth or gargling, washing un-cooked foods (such as salads or seafood) or making ice. Dishes should be washed in hot soapy water or in a dishwasher.

If your property is supplied by TasWater in an area affected by a Boil Water Alert you should ensure that all occupants, including rental tenants, are notified.

A current boil water advice is in effect for the following towns:

Branxholm	Lady Barron
Conara (temporary)	Ledgerwood
Cornwall	Mathinna
Derby	Mole Creek
Ellendale	Mountain River
Fingal	Nicholls Rivulet
Franklin (Jackson Rd only)	(temporary)
Gladstone	Ringarooma
Gormanston	Rossarden
Gretna	Scamander (temporary)
Herrick	Tunbridge (temporary)
Judbury	Wayatinah (temporary)
	Winnaleah

taswater.com.au/News/Outages---Alerts/Boil-Water-Alert/Boil-Water-Alerts

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The Valley & East Coast Voice Inc. Guidelines

Opinions in any letters published are not necessarily those of the Editor or voluntary workers. Our pages remain open to fair & honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted. Please do not attack the editor, the paper or the authors of previous articles. Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion. Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those relating to current community issues. Keep articles short, simple & to the point. Letters are restricted to 300 words or fewer. The editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number. The Valley & East Coast Voice Inc. reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community input, the Valley & East Coast Voice Inc. does not provide specific feedback regarding any decision made not to publish a submission.

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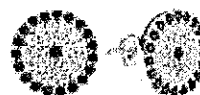
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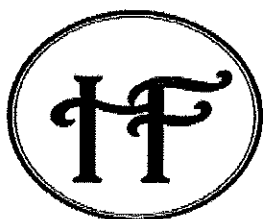
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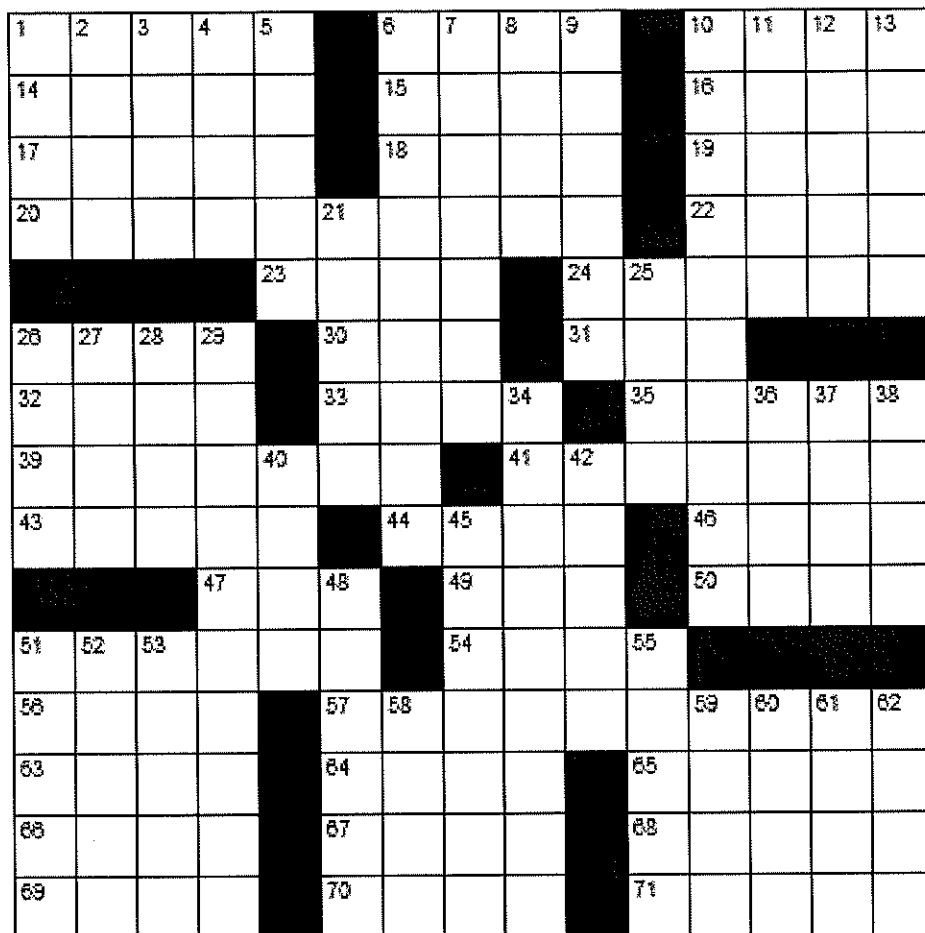
No job too large or too small.

Bernard Harris

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Set by Alberich
www.freecrosswords.net

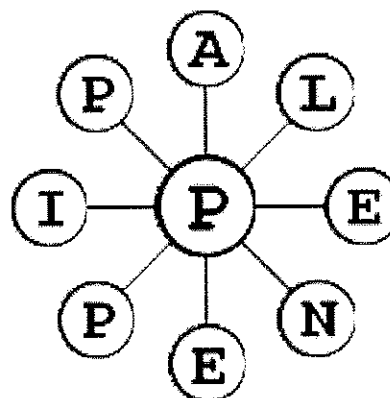
DOWN

1. Indian music
2. Twin sister of Ares
3. Contributes
4. Cypher
5. Secret meeting
6. Pay back
7. Land
8. Tibia
9. Entertained
10. Fizzy
11. Not silently
12. Expire
13. Encounters
21. Poison plant
25. Top of a house
26. Mongrel
27. Brother of Jacob
28. Religious offshoot
29. Astounded
34. Smooth and white
36. 'Your majesty'
37. Feudal worker
38. Flower stalk
40. Weightlifters pump this
42. Decree
45. Big ape
48. A rational motive
51. 4-door car
52. Pee
53. Adhesive
55. Australian 'bear'
58. Anger
59. Poop
60. Cavort
61. Largest continent
62. Blue-green

ACROSS

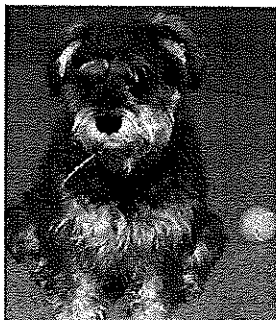
1. Respond
6. Impetuous
10. Serene
14. Eagerness
15. Reflected sound
16. Wings
17. Lightheaded
18. Colored part of an eye
19. Lasso
20. Appraisal
22. Broke
23. Brass instrument
24. Wears away
26. Plateau
30. Cup
31. Put clothing on
32. Applications
33. District
35. Fertile areas
39. Maneuvers
41. Socialist
43. Coach
44. Quaint outburst
46. Sea eagle
47. Neither ____
49. Japanese sash
50. Consider
51. On one's back
54. Torture device
56. Historical periods
57. Blue blood
63. Plate
64. Sodium chloride
65. Got up
66. Initial wager
67. Leer at
68. Female demon
69. Require
70. Close
71. Dismay

	3	1				5	8	
5								7
9			1	7	5			4
		3		5		1		
		7	8		4	3		
		4		1		7		
4			5	9	2			3
8								1
	2	9				4	5	



Solutions next issue.

how many words can you find? Each word must contain the central P and no letter can be used twice. The letters do not have to be connected. Proper nouns are not allowed, however, plurals are. Can you find the nine letter word? Excellent: 41 words. Good: 31 words. Average: 23 words



Tasmanian Lost Pet Register

<https://www.facebook.com/Tasmanianlostpets>
facebook.com/photo.php?
fbid=647658268620885&set=a.605150452871667.10737
41856.282317321821650&type=3&theater

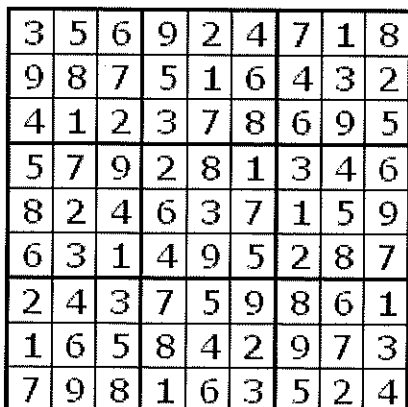
Ripley is a miniature Schnauzer, registered with the Kingborough Council and microchipped. He went missing on Sunday 16th February 2014 from Yellow Brick Road, Old Beach in the Baskerville, Gunners Quoin Rd area. There have been several potential sightings of him, one being at the Old Beach Oval. He is still not home. If you have any information at all about Ripley please contact Judy on 0408 122 374



Vol 46 No 21
solutions.

All words:

ag, age, agee,
agene, agee, al-
lege, angel, angle,
cage, **CHALLENGE**, chang,
change, clag,
clang, eagle, egal,
encage, eng, gae,
gaen, gal, gale,
gall, gan, gane,
gee, gel, gen, gene,
ghee, glace,
glance, glean, glee,
glen, hag, hang,
lag, lang, leg, le-
gal, nag.



St Marys rainfall by Reon Johns

March 6th	3.0	
9th	14.0	
10th	3.0	
13th	1.8	
15th	Trace	Overcast
16th	5.4	
22nd	19.6	
23rd	1.4	
27th	1.4	
28th	44.0	



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SERVES TO PROVE HOW OUR MINDS
CAN DO AMAZING THINGS!
IMPRESSIVE THINGS!
IN THE BEGINNING IT WAS HARD BUT NOW,
ON THIS LINE YOUR MIND IS READING
AUTOMATICALLY WITH OUT EVEN
THINKING ABOUT IT, BE PROUD!
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CAN READ THIS

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Tip locations and opening hours

Ansons Bay. Long week-
end Mondays 12 ~ 4
Wed & Sunday 12 ~ 4
Fingal, Mathinna Road.
Tues & Thurs 10 ~ 4
Sunday 2 ~ 5
Pyengana, Tasman Hwy.
No builders' waste please.
Wednesday 9 ~ 1
Sunday 2 ~ 5

Scamander, Coach Street.
Tues & Thurs 10 ~ 4
Sunday 2 ~ 5
St Helens, Eagle Street.
Open 7 days 10 ~ 4
St Marys, Gray Road.
Tues & Thurs 10 ~ 4
Sunday 2 ~ 5

Meals on Wheels April ~ 0488 384 344

Monday 14th	Ruth Aulich
Tuesday 15th	Lorraine Gill
Wednesday 16th	Lundy Vosper
Thursday 17th	Yvonne Salter
Friday 18th	Trish Pike
Monday 21st	Pam Lynch
Tuesday 22nd	Valmai Spencer
Wednesday 23rd	Lorraine Gill
Thursday 24th	Kaye Nailer
Friday 25th	Drew Adam

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Carers for Wildlife St Marys 6372 2973
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Crimestoppers 1800 333 000
Poisons Information 131126
POLICE Emergency 000 & Enq 131444
SES Emergency 132500
TFS Emergency 000 & Enq 1800 000 699

Church Services

Catholic Parish of St Marys Sr. Lorraine Groves
6372 2252 / 0409 172 741
Holy Week 2014
Holy Thursday:
St Helens Liturgy 10a.m.
St Marys Liturgy 5p.m.
Good Friday:
St Helens Stations 10a.m.
St Marys Passion 3p.m.
Holy Saturday: Easter Vigil
St Helens 7p.m.
Easter Sunday:
St Marys 7a.m.
Bicheno 9a.m.
Swansea 11a.m.

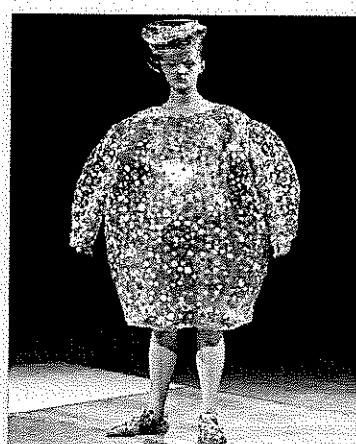
St Marys Salvation Army
Sunday Joy 12.30pm
This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY!
0409 838 816
Tuesday JAM 3~5pm

every Tuesday except school holidays.
Envoy Melanie Norton
6372 2099

Break O'Day Anglican Parish 6376 1144
[facebook.com/anglicanbod](https://www.facebook.com/anglicanbod)
Easter Services:
6th *Easter Service* for Church in the Valley, Mathinna 11am
13th *Palm Sunday* St Helens 9.30, St Marys 10am, Pyengana 7.30pm
20th *Easter Sunday* Binalong Bay Sunrise Service 6am. St Marys 9am, St Helens 9.30a.
6376 1144

Anglican Parish of Northern Midlands
Avoca 11am 2nd Sunday
Fingal 2pm 2nd Sunday
Mathinna 2.30pm 4th Sunday
Ross 10am 5th Sunday
Campbell Town 9am

It's called 'fashion' - look it up.



St Marys Sports and Social Club

Thursday 5.30-7.30 Friday 5.30-close.
Happy Hour 6.30-7.30.
Sunday 1.30-4.30

BOWLS NEWS Congratulations to Swansea for taking out the pennants flag, Well done!
Club Championships have all been played so that is the end of bowls for the year. Champions will be announced next VV.

GOLF NEWS - 'SWISH & FISH' Good Friday, 9a.m.start. \$15 will cover the match and your fish and chips...this promises to be a great fun day so polish up you clubs and get down to the club house.

TRIVIA NIGHT A big thankyou to all who supported this event and an even bigger one to Macca and Grant for doing such a great job setting questions and running the night! Everyone had a great time with 'Tuff Titties' (hospital) taking out the prize.

ANNUAL CLUB DINNER CHANGE OF DATE

Due to un-foreseen circumstances the dinner will be on Friday 11th April. We are sorry if this has caused any inconvenience. All Members are invited to attend.

Two course meal. \$15 per adult \$10 children. Please feel free to bring some guests.

If you haven't got your name down yet, we may still fit you in so please let us know.

Sun May 11th **MOTHERS DAY LUNCH.** Beautiful pancakes, lucky prizes. You are sure to need to book for this one,

JAG THE JOKER and MEMBERS DRAW! Jackpot is now \$220 so come along on Friday evening and have a go. Just \$2 a ticket and open to members and non members.

Annette Wines Secretary



**St. Marys
Pacing
Club**

Hi Everyone. Just a quick update before our upcoming race day at Easter on Saturday April 19th 2014.

Firstly a big thank you to the staff and committee of the Valley Voice for their donation to the Pacing Club which will enable us to provide Easter eggs for the children as well as sponsoring our raffle with a huge Easter Basket as a prize.

The race track itself looks terrific, lush and firm, perfect for horses to race on; a big thank you to the Golf Club and Roger for their time and equipment to have the track in perfect condition for our race day.

There will be seven (possibly eight) races depending on the number of horses nominated. All indications I've received from harness trainers is that they are looking forward to the St Marys races, with some bringing as many horses as they can. The owners and trainers consider winning a race at St Marys as iconic, and they welcome the opportunity to be part of St Marys Pacing Club history in its 128th year. All winning horses will receive an embroidered horse rug as well as a trophy donated by the race Sponsor.

The Southern Cross St Marys Cup will have a winner's prize of \$10,000 plus horse rug and cup, and the winning driver will receive a trophy donated by Kevin Faulkner and family.

This year the winning owners will also be presented the Eric Bean Memorial Trophy which no doubt will become a much sort-after trophy by all harness racing followers, knowing the many hard years of work that Eric and family have dedicated towards the St Marys Pacing Club.

The Launceston Mazda Handicap Race will also have a very sentimental value with a trophy donated by the Johnson family as a memorial to Mr Keith Johnson who, along with Eric, gave many loyal years to our club. Both men will be sadly missed but fondly remembered and in all our thoughts during the day.

There will be a free jumping castle for the children as well as Easter eggs and free raffles for the children along with the club's major raffle.

A big thank you to all who have given their support and offered their time to help make the day run smoothly; anyone who may like to help out in any small way kindly let me know as many hands make light work. We are having afternoon teas so if anyone would like to make a cake or savoury to go towards the afternoon tea plates it would be much appreciated - kindly let me know or just bring a plate along.

We will be setting up during Friday the 18th and any help would again be much appreciated as well as cleaning up on the Sunday morning.

Surely the weather gods will be kind to us (after the disappointment of having to postpone New Year's Day Races) and provide us with a lovely mild autumn afternoon to enjoy. Here's hoping!! "HOPE TO SEE YOU ALL THERE"

Craig Woods Secretary STMPC 6374 2381
e: zugylarry@yahoo.com.au

**East Coast and Fingal Valley Junior
Football Ass.**

**AUSKICK Registration Day
Sunday 4th May.**

10.30 start at the St. Marys Football ground.
(Please note this has been previously advertised as 13-4-2014)

All new players welcome.

AGM will start at 10.45

Free sausage sizzle!!!!

Player registration for 2014
\$30 per child!

For more info please ring

Fiona on 6372 2088 or Amanda on 6372 5220

In case of bad weather cancellation will be advertised on STAR FM



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Specials from 9th ~ 15th April 2014

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IGA corned silverside	5.99
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BBQ packs	9.99

Shelves

Arnotts cream biscuits 200-250g	1.99
Uncle Tobys oats 1kg	4.99
Nabisco ritz/premium crackers 205-250	1.29
Kleenex cottonelle toilet tissue 12pk	5.99
Greenseas canned tuna 95g	.99

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PW flathead in beer batter 360g	5.00
McCain super fries 1kg	3.00
Peters original ice cream 2L	3.99
Kraft dip 185g	1.99
Flora spread 1kg	3.69

Specials from 16th ~ 22nd April 2014

Butchery	Per kg
Porterhouse steak	16.99
Netted boneless lamb roast	12.99
Ingham gourmet chicken pieces	5.99
Nichols chicken drumsticks	4.99
Regular beef mince	8.99

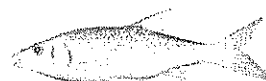
Shelves

Cottees cordial syrup double conc	3.99
Spree ultra laundry powder 1kg	2.99
Maggi 3 min pasta 70g/cup noodles 58-68g	.99
Natures Organics shamp & cond 500ml	1.29
Red Kellys salad dressing 250ml	2.99

Chocolates

Lindt gold bunny milk 100g	4.99
Kinder choc bunny 55g	2.79
Cadbury milk tray 200g/Roses 225g	6.99
Cadbury favourites 300g	5.62
Cadbury marvellous creations 290-300g	2.99

Orders taken for Good Friday fish and any other requirements you may have.
Closed Good Friday, Easter Monday, and between 11-12 ANZAC Day
Mark & Staff wish you all a safe and most enjoyable Easter break.



Spicy fish tortillas

Ingredients

- ◆ ½ cup plain flour
- ◆ 1 teaspoon ground coriander
- ◆ 1 teaspoon ground chilli
- ◆ 1 teaspoon ground cumin
- ◆ 500g boneless white fish fillets of choice, cut into strips
- ◆ 2 tablespoons olive oil
- ◆ 8 small flour tortilla wraps



- ◆ 1 cup snow-pea sprouts
- ◆ 1 tomato, chopped
- ◆ 1 avocado, seeded, peeled, sliced
- ◆ coriander leaves, to serve

Mayonnaise

- ◆ 2/3 cup whole egg mayonnaise
- ◆ ½ teaspoon chilli paste

In a shallow bowl, combine flour and spices. Dust fish in flour mixture, shaking off excess. Heat oil in a large non-stick frying pan on medium. Cook fish 2-4 minutes each side, until golden and cooked through.
MAYONNAISE: In a small bowl, mix mayonnaise and chilli paste together.
Heat tortillas following packet instructions. Spread each with chilli mayonnaise, then top with fish, sprouts, tomato, avocado and coriander leaves. Season to taste and serve hot.

The Valley and East Coast Voice Inc. encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles, travel blogs and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors.

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COAST VOICE INC.
12 GROOM STREET
ST MARYS TAS 7215.

