



The Valley & East Coast Voice Est. 1968

Volume 46 No. 2 Thursday May 23rd 2013 \$1

The Say, by Cagerattler.

Let me just declare up front that I'm not a drinker of alcohol but even if I was I reckon I'd have a pretty similar opinion - drink drivers are beyond belief in this day and age and deserve no sympathy when caught. I heard one of the most stupid comments a little while back when a local said that his brother was 'unlucky' to get breathalysed and booked. Most would look at it another way and say he was lucky he got caught before he killed himself and maybe others. I realize drink drivers when charged are not getting off scot free, with maybe a 2-3 years suspension and a couple of thousand dollars' fine and occasionally a term of custodial time, but when lives are lost and/or catastrophic injury and permanent disability are the result of a drink driver's actions that person must surely never be allowed a license again. By their stupidity and selfishness such people should surrender that privilege. Maybe any driver convicted of a third drink driving offence, even without killing or maiming anyone, should serve no less than 10 years without a license as a minimum sentence - to go once or twice is bad enough but a third time proves that two previous lessons haven't been learned.

Perhaps this should even apply to non drinkers who exceed the speed limits by 100% or more - 100 in a 50 zone, 120 in a 60 zone, and 200kmh plus on highways. Even in other traffic offences if a driver was convicted of the same thing more than twice, automatic doubling or tripling of the sentences could apply. I'm pretty sure that by the second time round, nobody other than the most insanely stupid would knowingly take a risk on a THREE STRIKES RULE...or would they?

Still on traffic matters, I recently saw a press release regarding the speed limits on rural roads with mention of the Esk Main Road/Highway. It was expected that upgrades as a major traffic route would see this highway maintain its 100kmh rating, which makes sense. This week on ABC radio the BODC mayor was being interviewed on another matter but was also asked about the speed limit issue here and it sounded like it may well be reduced, so which report is correct? Some cynics among us might think that if the speed was reduced this will increase revenues with speeding fines over time. I don't necessarily think that's the case but my concern is that if our only road in and out of the district and coast is downgraded, it might become a lesser priority for subsequent upgrades with the argy-bargy going on in relation to massive expenditure on the Midlands Highway - not sure. If you hit a tree or telegraph pole at 90kmh, you stand pretty much same chance of surviving as at 100kmh?

A local police officer who has seen his share of fatalities and serious crashes mentioned recently during conversation that a big part of reducing the road toll is well maintained and safe roads, which, over time, should be a priority. He quite rightly pointed out that you can't "idiot proof" all roads but certain things can be done to reduce the risks on the worst sections, which in turn makes it safer for all. I wish our politicians would take notice of people like him who really know their stuff because they see it every day.

Finally, thanks to a very respected member of our community who took the time to ring me and discuss my last article; she made some terrific points that I appreciate greatly and her opinion was duly noted. Thanks again Jan.

What do you think? (Rod McGiveron)

The next Valley Voice is due out on 6th June 2013 and the deadline is 5 pm Monday 3rd June 2013.

vvoicerevisited@gmail.com 6372 2442 / 0403 430 452

Wendy Dawson, 12 Groom St, St Marys Tasmania 7215

Community Announcements

St Marys Hospital Auxiliary meet on the first Monday of every month at 2pm in the St Marys Community Health Centre.

The **Break O'Day Woodcraft Guild Inc** meet on the last Thursday of the month at 11 am in the Goods Shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc** hold their meetings on the 3rd Monday of the month, 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies' Midweek Tennis meet @ 9.30am each Wednesday. New players of any standard and beginners welcome. Child minding included – a lovely safe place to bring toddlers while you play. Ring Karon 6372 2382 or Dana 6372 2033

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers always welcome... if you can yawn - you can sing. Mary-Anne Wadsworth. 6376 2969.

St Helens Alcoholics Anonymous (AA) meet every Wednesday 8pm at St Paul's Anglican Church Hall, St Helens. Murdoch 6376 3335

The **Scamander and Beaumaris Community Development Association** meet at 7pm in the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

St Patricks Head & Esk Valley Historical Society Inc meet every second month on the third Wednesday at 3pm at various venues throughout the valley. Barry 6372 5752 (aulich@bigpond.com) or Jim 6372 2127 (jimhaas@bigpond.com) www.fingalvalleyhistory.com

The **Falmouth Community Centre** contact for booking club facilities is Rachel Woods on 03 6372 5118.

The **Break O'Day Stitchers** meet each Friday in the Bungalow at Neighbourhood House in St Helens from 10 – 3. Participants are welcome to stay for as long or short a time as they choose and the choice of projects to work on is also optional - either bring your own or join in and assist on a group project.

BINGO at the Cornwall Hall every Monday at 7pm, 2 jackpots each week. All welcome.

The **Chocolate Shop Singers** meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm. Everyone welcome.

The **St Marys School Association Op Shop** is open Monday to Friday 11-4 and Market Saturdays 10-12.30. There is currently a need for winter weight clothing, bedding and curtains. These and other pre-loved items or goods will be gratefully received during opening hours or can be left at the St Marys Newsagency. All funds raised go towards specific school projects. Thanks for all the support the community provides to the Op Shop. (Janet Drummond Shop Co-ordinator on behalf of the St Marys School Association)

GET TOURISM Please note - June meeting cancelled; next meeting 15 July 2013. Enquiries to the president on 6372 2783.

Scamander Garden Club meet at Scamander Sports Complex 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Val 6372 2762

Stallholders Market Inc is a non profit organization which holds markets every Saturday from 8am in the Library car park, St Helens. There are a variety of stalls and the fees charged to stall holders are donated to various charities. Cheryl 6372 2194 (please leave a message)

The **Cornwall Community Development Group** hold their general meetings on the first Tuesday of the month at 7pm. in the Cornwall Hall. All welcome.

Break O'Day Regional Arts General meetings are held on the first Tuesday of March, June, September and December at 4pm at Mt Elephant Fudge Shop. All welcome. Michelle 6372 2056

ST MARYS / FALMOUTH PLAYGROUP

MONDAYS 10:30 – 12:30
at the Falmouth Community Centre
Does your child/children enjoy

- Painting and arts & crafts activities
- Riding bikes
- Playground play
- Exciting activities & celebrations
- Interacting with others?

Join us at Play Group for only a small charge of \$3 per family in a relaxed and friendly atmosphere for children, mums & dads. Contact Tash Speers 0419 591 905 or Amy Faulkner 0417 152 337



St Helens Al-Anon Family Group (Al Anon) helps families and friends of alcoholics recover from the effects of living with the problem drinking of someone close. Sunday 2pm weekly @ St Paul's Anglican Church Hall St Helens. Call Anne or John on 6376 4270 or Rose on 6376 3335

The **Fingal Valley Neighbourhood House Op Shop** are happy to receive your preloved clothing and goods Monday to Friday 9 - 3. Donations can be collected on Mondays or items can be dropped off at the Centre. Come along, check it out and pick up a bargain. Deb Speers, Fingal Valley Neighbourhood House

St Marys Alcoholics Anonymous (AA) meet every Friday 8pm at Holy Trinity. Mick & Shirl 6372 2909

St Marys Community Market

First Saturday of the Month - 9am to 1pm
(except July and August)
St Marys Community Hall
For Bookings - Ring Robina 6372 2022
bodregionalarts@gmail.com



For Sale

Janome 434D overlocker. New in box. \$500 (St Marys)
0419 558 739

Boat Tender 7 foot fibreglass \$250. 1/2 ton wood \$50.
6372 2584

Stihl chainsaw 066 Magnum in exc. condition with all
attachments, \$1200 ono. 0429 359 734 St Marys.

12v /24v 160ltr Fridge Freezer in exc. Condition, \$900.
6372 2626

COMPUTER: ACER ASPIRE PC Pentium D Intel with
Windows XP Professional OS. 19" Monitor, twin
speakers. Great unit. \$300. Gary 6372 2201

2000lb 12 v ATV with winch, cable & fittings \$100. 1 1/4
hp chiller unit recently tested, \$800. NTD brushcutter
\$200. Lee Hunter Quad bike \$900 ono. Feed wheat/trit 1
ton only, 20kg for \$10, 40kg for \$20, available while
stocks last. Portapotty companion brand new with
unopened 5 litres of chemical \$150.
0447 937 717

Round Bales, garden mulch or bedding, \$50 each with
free delivery in St Marys area. 0407 944 158

Sharp Heat Pump air conditioner in good order \$600 ono.
6372 2440

Firewood, best dry split bush wood 2 metre loads, Fingal
\$100, St. Marys \$110, other areas please call
0438 071 296 for prices.

Exercise bike \$100 ono. Lazyboy lounge chair in
excellent condition \$300. 0438 873 789

Wanted

Old cast iron kettles, pans etc. and nice old objects.
0438 873 789

12v / LPG 160ltr (or approx.) fridge/freezer, must be in
very good condition. Call 6372 2626

Engine to suit a Standard 8 or a Standard 10 car, please
call Andrew on 6372 2844 / 0417 553 075

Electric copper or large urn, call 0407 944 158

Trainers wanted The East Coast Swans are looking for
people with experience in first aid and/or strapping to act
as trainers for our club. Travelling money can be paid.
Please contact Matt Osborne 6376 1772 or 0427 512 350

Work wanted

House cleaning lady, experienced with references, \$16
per hour. Call 6372 2584

Miscellaneous

Gate Membership available

East Coast Swans Gate Membership / passes cost \$60
discounted to \$50 for the next seven home games. Contact
Matt Osborne 6376 1772

MOBILE QUILTING & CRAFT SUPPLIES - retail
therapy with Judy Duckett of Bagdad Mobile Quilting
Supplies on 12 June, 11-3. The studio becomes a shop for
a day! Fabrics, sewing supplies, books and more. Class 7
- 9 pm. Gone Rustic Studio & Gallery, 37 Main Street, St
Marys 03 6372 2724

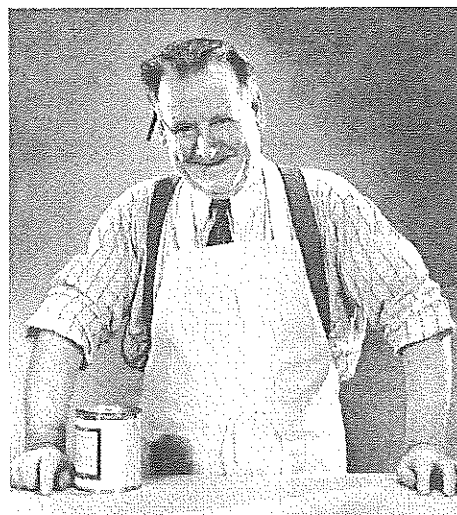
GARAGE SALE 8 Aulichs Lane St Marys 9 am on 25th
May

Classifieds in the Valley Voice are free of charge for
two issues. Please let us know if the items are sold
after the first ad. **For regular classifieds please
contact the editor. Please not change of deadline
to Mondays @ 5pm.**

SOCCER



Soccer season has started! All soccer
enthusiasts are welcome to come along on
Saturdays at the St Helens Sports Com-
plex. Soccer for juniors 10.00 - 11.15.
Adult game starts 11.30. More info contact
Todd - 63761049



The cheery smile was wearing thin.
When would Frank admit he'd
glued his hands to the table?

Sshhh ... stitchedupmama needs accomplices!
0417 027 424

On this day in 1430 - Joan of Arc was captured by
Burgundians. She was then sold to the English.

St Helens is Safe to Visit despite the Doctor Shortage

There have been many concerns raised recently with both permanent doctors leaving St Helens at the same time, and rightly so. The ongoing relationship between doctor and patient is a significant factor in achieving long term wellness. From time to time, St Helens has also had short term problems where getting access to a medical practitioner in a timely manner has been difficult.

However, as an interim arrangement while one or more permanent doctors is properly in place, locums can provide a very satisfactory medical service. Mayor of Break O'Day, Councillor Sarah Schmerl stated, "Of course this is far from

an ideal situation and it is very positive to see so many people in the community taking a strong interest in ensuring really good health outcomes. I am encouraged that, even at this time, with the locums in place, St Helens and the Break O'Day area is a safe and beautiful place to visit, live and invest."

For further information please contact Mayor Sarah Schmerl on 6376 7900 or 0428 736 578.

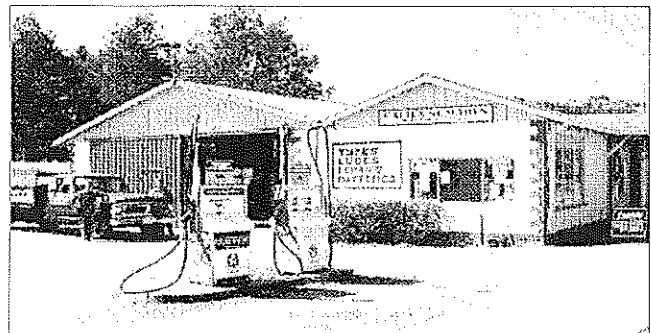


Suncoast Singers Lunchtime Concert.

Suncoast Singers will present a Lunchtime concert
on
Friday 24th May at the Portland Hall Cecilia Street
St Helens from 12 - 2pm.

Come along and join in with a great sing-a-long...
B.Y.O. lunch and a mug...sit back, relax, have a bit
of a singsong and enjoy the music, then finish the
lunch off with a slice of delicious chocolate cake
and a cuppa...

Entrance is just \$5 ...see you there...for more
information ring Mary-Anne on 6376 2969



CALTEX ST MARYS
MECHANICAL REPAIRS & SERVICE
41 Main Street St Marys Tas 7215
6372 2335 / 0419 503 109

ERIC HUTCHINSON

Federal Liberal for Lyons

*"The people of The Valley
and East Coast deserve strong
representation in Canberra.
I have the commitment and energy
to get your region and Tasmania
back on track."*

Please contact me to discuss
the issues in your region.

e: eric.hutchinson@tas.liberal.org.au

p: 0447 777 251

PO Box 64, Evandale, 7212



Listening to the Valley and East Coast

Authorised by Sam McQuinn, 2/24 Murray Street Hobart Tas 7000

Winter's here so the
Possum's closing
early. Please note
our new trading
hours and days.



With the streets deserted by late afternoon,
the Purple Possum team is taking the
opportunity to get home before dark and
snuggle up by the fire. You'll see our Winter
hours below. You still have 42 and a half
hours during the week to pop in for all the
good things we have in store for you - so we
hope you don't mind!

Monday to Friday 10 - 4
Saturday 10 - 2

Purple Possum

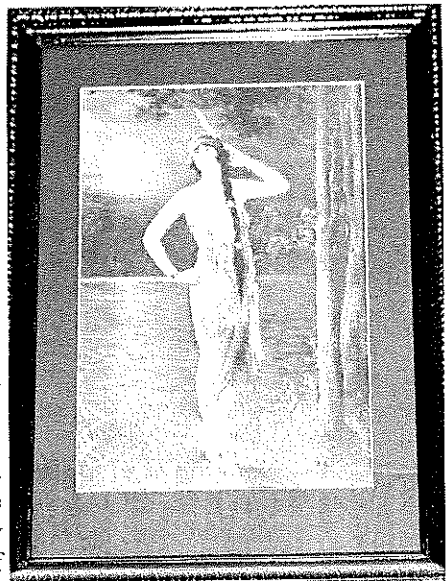
Wholefoods & Café

5 Story Street St Marys. Phone 6372 2655.

OUT OF THE WOODWORK
SECRETARY WENDY BRENNAN 637 22094
www.breakodaywoodcraftguild.weebly.co

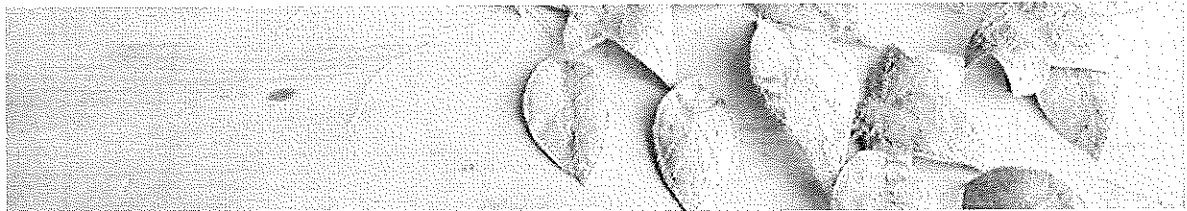
I would like to reiterate that the woodcraft guild is not only open to men but also women. Many people assume that because we are part of the Men's Shed we do not have women participate, this could not be further from the truth. I personally use the shed as it provides me with knowledge from my woodworking colleagues on how to treat and refurbish either aged pieces of furniture or restoration of old frames. Hence, the photo of this beautiful old original print which was considered beyond redemption and was to end its day in the garbage. The frame was badly damaged and painted white, the mount was torn and the glass broken. Unfortunately, I do not have a before picture to give you an idea of its dilapidated condition. However, it is an example of what can be achieved. I sanded the frame and painted it black and got a new mount and replaced the glass. I think you would agree it now deserves displaying in a prominent place.

Guild's Home Hint - from our social member Tracy: As winter is nearly upon us there is nothing better than piping hot soup, one old favourite is pumpkin. If you place slices in a microwave for a minute or two depending on wattage the skin is easily removed and partly cooked. This minimises your preparation time and eliminates much of the risk associated with the cutting procedure.



The Guild meets on the last Thursday of every month at 11.00am in the old railway goods shed situated behind the Railway Station complex. New members are always welcome, both men and women. We are open Monday, Wednesday, Thursday and Saturday. Other times by appointment. (Please note that our previously advertised day of Friday has now been replaced by Thursday).

gone rustic studio & gallery



**fibre & textile art, mixed media, quilts, gifts, collectibles,
exhibitions, workshops, kit homes & sheds (free catalogue)**

NEWSFLASH -

Rita's art is in the June/July issue of **Quilting Arts** magazine!
Visit www.quiltingdaily.com to preview and order, or request a copy from your newsagent.

OPEN TUES - SAT, 10 - 4 or by appointment

37 main street st marys tasmania 7215

0363722724 - gonerustic@gmail.com

www.facebook.com/gonerusticstudiogallery

www.gonerustic.com

The Break O'Day Child and Family Centre has been buzzing over the last few months with fun and exciting learning opportunities for children and parents/carers alike! Our Centre is a welcoming place for families and young children and looks at doing things differently by developing new ways of interacting and providing services in a connected manner.

In March we were very fortunate to have Wide Angle Tasmania and 10 Days on the Island present two workshops. An adults only session looked at media and sound and lighting techniques while the children's session looked at using simple solutions with standard cameras or phones to create some real masterpieces. The kids outdid themselves with their phone skills and we learnt about using depth and close-up shots, recording books and story reading and creating challenges for the kids to take photos of things beginning with p, or photos of circles etc.

The Centre was bursting at the seams with fun things to do in the school holidays. The first week saw Nindarra Wheatley doing Aboriginal Cultural Cooking. Everyone loved learning about the techniques of collecting and cooking oysters, prawns, mutton bird stew and kangaroo patties. Some of the children showed exceptional palates with their like of the natural oysters! Nindarra also continued with her Aboriginal Story Time on Wednesday and there was also an open fun and play day held.

In the second week, Centre Leader, Petronella, showed us some of the tasty treats from her Dutch Culture. We loved trying the Dutch liquorice, round breakfast rusks, windmill biscuits and Dutch bread and cheeses.

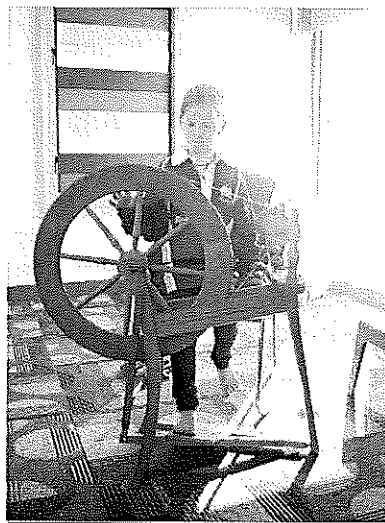
Tuesday was a huge day with Cathy Parker from Building Blocks setting up heaps of stations and activities, while Gary McMurtrie from Healthy House had the older siblings entertained with digital graffiti, Xbox and community arcade machine.

Thursday saw a beautiful session held by Michelle doing Knitting and Spinning. We had a wonderful time learning how to spin wool and then knit squares to fold over and turn into a small bag.

Cathy Parker is also currently running a three part program called 1-2-3 Magic and Emotion Coaching Parent Course. This is a fabulous course in learning some simple strategies to practise being a calm parent and learning how to manage difficult behaviour in children.

All our regular services are running including Toddler Talk Cafe, Launching into Learning, Playgroup, Cultural Story Reading, Child Health Service, Ante-Natal Service, Baby Chat Cafe, Building Beginnings as well as St Giles Speech Therapy, Early Childhood Service Intervention and Adult and Family Literacy. To find out more about any of these services or session times drop by the Break O'Day Child and Family Centre at 1 Groom Street St Helens or phone the friendly staff on 6376 7170; they will be only too happy to help you or show you around.

Siobhan Mead, Advisory Board Member of the Child and Family Centre



Rachel Whittaker at the Knitting and Spinning Workshop



St Marys
PHARMACY

Main Street St Marys 7215

Ph 63722844 Fax 63722874

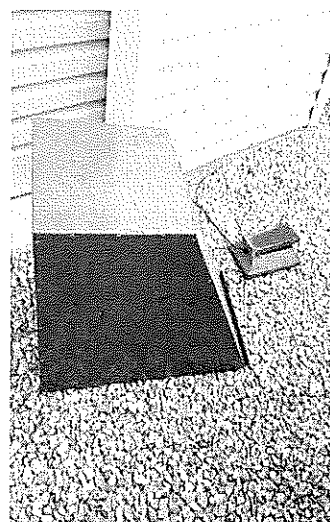
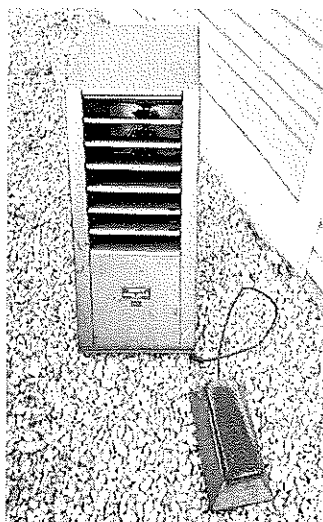
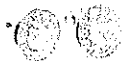
**Kodak quality
prints in seconds**

Pharmacist on duty 5 days a week

Ear Piercing \$27

*Includes piercing, earrings &
solution to take home.*

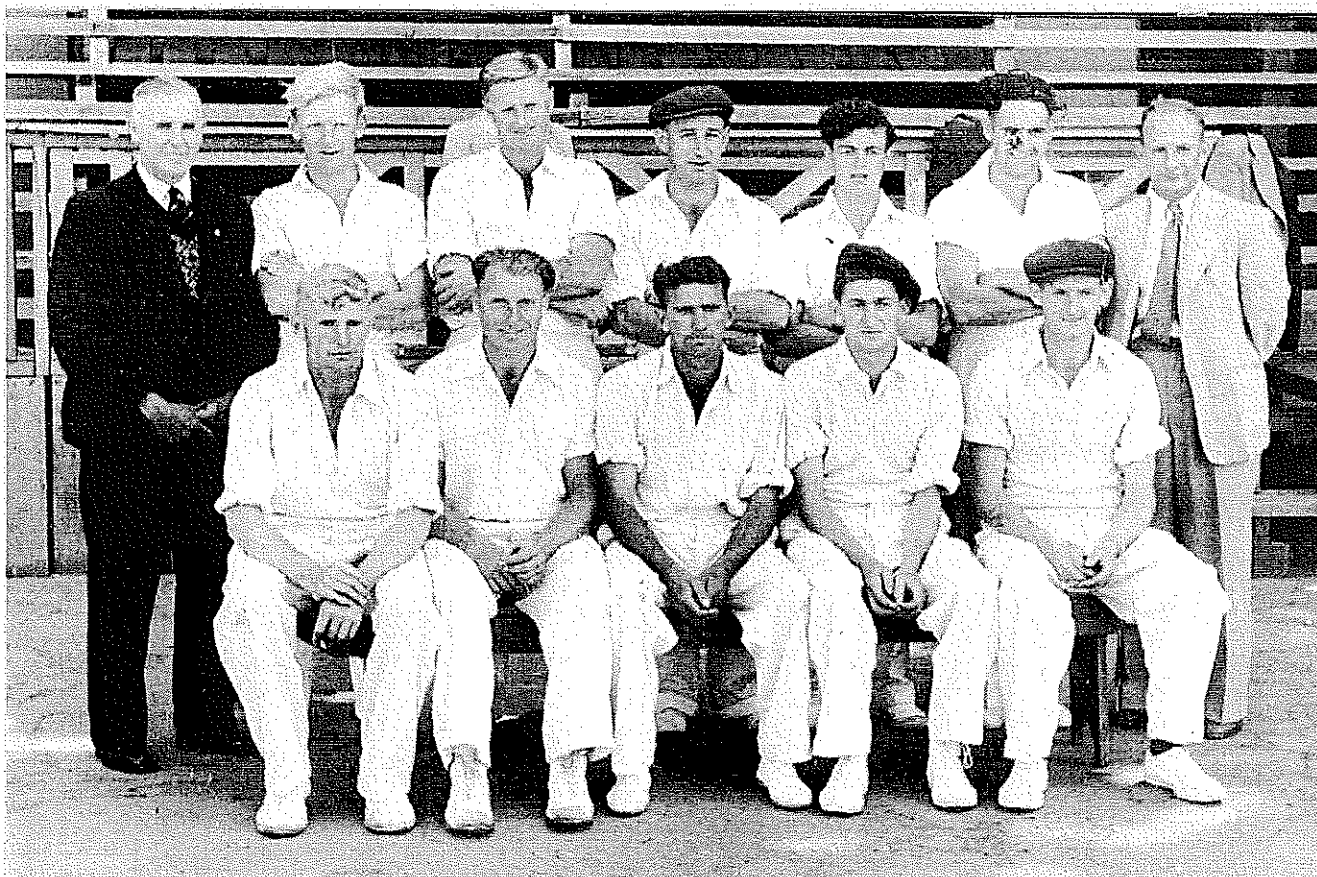
With qualified staff Bec, Sally and Cassie



Any information on this appliance from the old Valley Voice offices above the Op Shop would be appreciated. Ed.



1952 FINGAL VALLEY COUNTRY WEEK CRICKET SIDE



Top row L to R: Gordon Bolton, James Napier, Harold Newman, W. Gibbons, Johnny Dakin, Harold Street, Ivan Calvert
Bottom row L to R: Thomas Newman, Geoff Hughes, Pat Wardlaw, Keith Spilsbury, R. Brown.
Absent Kelly Birrell

Gordon Bolton: Manager and grandfather of the cricketing Mason boys from Scamander.

James (Jimmy) Napier: solid opening batsman and well-known farmer - recently passed away.

Harold (Smokey) Newman: fast opening bowler, handy bat and together with brother Tom, two of nature's gentlemen.

W. Gibbons: good batsman from Rossarden.

Johnny Dakin: batsman, spin bowler and all-round sportsman and father of the sporting Dakin boys.

Harry Street: farmer from Fingal, wonderful sportsman who could turn his hand to any game he played.

Ivan (Curly) Calvert: assistant manager, cricketer and golfer, worked for years as an electrician at the Cornwall Mine.

Tom (Wog) Newman: genuine left-arm all-rounder, good with bat, ball and good fielder.

Geoff Hughes: batsman from Fingal, reliable, and together with brother Barney, made things tough for bowlers.

Pat Wardlaw: brilliant batsman from Falmouth where he owned 'Glencoe' farm - could have played for Tasmania.

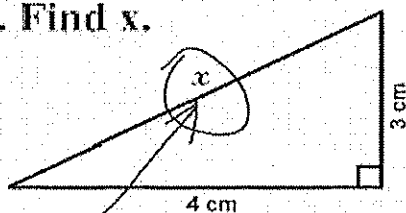
Keith (Splinter) Spilsbury: good all round cricketer and sportsman and one of the well-known Spilsbury boys (supplied this photo).

R. Brown: very capable cricketer from Rossarden.

Kelly Birrell: spin bowler and batsman who was absent when this photo was taken - he was probably looking for a thirst-quenching ale as he was known to enjoy a beer.

Ross Bean.

3. Find x .



Here it is

Good mums let you lick the beaters...great mums turn them off first.

Billy Connolly's wit People who point at their wrist while asking for the time - I know where my watch is pal, where the hell is yours? Do I point at my crotch when I ask where the toilet is?

RHYTHM FOR EVOLUTION



TUESDAYS IN MAY AND JUNE

@ BIG SHED STUDIOS, ST. HELENS. 9:30AM TO 11AM.

ALSO @ NEIGHBOURHOOD HOUSE BUNGALOW

SUNDAY 26TH MAY. 11AM — 12:30PM

FREE SESSIONS

TaKeTiNa is a transformational group learning process that integrates, rhythm, music, movement, communication, neurological research and chaos theory. Participants move at their own pace as they are guided into a state of rhythmic simultaneity, using the voice, the feet, and hands. With no musical experience required TaKeTiNa helps access the body's intrinsic rhythmic knowledge in a safe and playful setting.

BOOKINGS AND INFORMATION: Call or text 0477436700



Computer Trouble?

- . 15 years experience
- . Home & business
- . Hardware & software
- . Websites & email
- . Windows, Mac, Linux
- . ADSL, WiFi, Satellite

Ray Walker
0401 497 199
help@raywalker.it

Holy Trinity Anglican Community Dinner Funds Raised

Amendment to the last notice, at the final count \$100 was raised from the Community Dinner for April, which was a great amount, well done all who attended !

The dinner held at the Holy Trinity Anglican Church Hall on Saturday 18th April 2013 had a special guest, Bishop John Harrower who attended and gave a short address during the meal. The theme was Roasts, and a fine array of foods were prepared by the church volunteers. Special thanks must go to Kevin and Lorraine for all the work they did, and the community also brought along a large array of accompaniments and desserts. \$40 was raised from the gold coin donations and this will be donated to the local SES service in support of the work they do. About 23 adults and children attended and there was enough food left over to make up at least 2 dozen meals for distribution to people in the community.

The next dinner will be held on 15th June 2013 and is themed Asian Style Cooking. All community members are invited to attend; if you have not been along before, it's a lovely evening to spend with fellow community members sharing good food and conversation. Please look out for notices in the next edition of the VV and posters around town for further information.

Janet Drummond

Incorporating all your needs in:

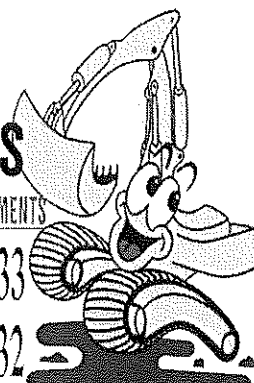
- ◆ ROAD GRAVELS
- ◆ TOP SOIL
- ◆ SCREENED TOP SOIL
- ◆ SAND
- ◆ ROCKS
- ◆ ON SITE SCREENER 20mm to 75mm
(TURN YOUR RUBBISH INTO TOP SOIL)
- ◆ 20 TONNE EXCAVATORS WITH TILT
BUCKET & RIPPER, ROCK & LOG GRAB &
QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT
BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ WHEEL LOADER

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C & D

EXCAVATIONS

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**LOCAL OWNER - OPERATOR WITH
 OVER 20 YEARS EXPERIENCE**

Call Dana or Craig
6372 2033 /0439 722 032

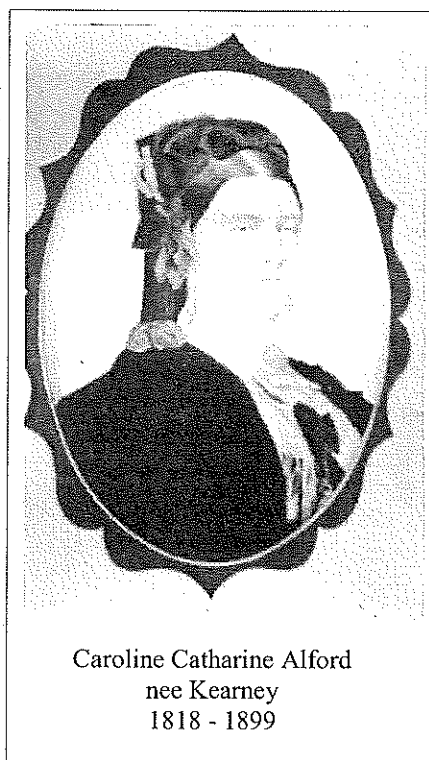
Convict stories – Valley Voice – 3

UPDATE: Shortly after the last issue went to print the Valley Voice editor received a phone call from Launceston descendants of Charles and Catherine Alford (featured in our last story), Mr and Mrs John Turner, who have a shack in Scamander. The Turner family are regular readers of the Valley & East Coast Voice and having just spent a few days at their shack picked up the latest issue and were pleasantly surprised to read about their ancestors in our article 'Bridget Roarke and John Stokes' *Convict Stories from the Valley*. The following tale has since emerged from our collaboration and research.

Mrs. Charles Alford (formerly Miss Caroline Catherine Kearney), New Prospect, Avoca. Caroline was born in 1818 in Tasmania, the daughter of Irish convict and unmarried mother Catherine Kearney, father unknown. Caroline's mother Catherine never married and was possibly one of Australia's earliest convict single parents. Catherine's children were born on Norfolk Island and in Van Deimen's Land. A successful farmer and respected business woman Catherine passed on her skills and strong work ethic to her children, who all made a significant contribution to early settlement in Tasmania.

MUTINY Marquis Cornwallis 1796. Convict Catherine Kearney (aka McKeirmon) was one of 70 women, 163 men, 30 soldiers, their wives and children and free passengers transported on the ship 'Marquis Cornwallis' from Dublin, Ireland to Sydney, New South Wales in 1796. Catherine was 22 years old and pregnant, giving birth during the voyage to daughter Mary baptized in Sydney in March, 1796. Four weeks after departure an estimated 70 convicts onboard (men and women) conspired to mutiny. Among them were Irish political prisoners who planned to storm the deck, overpower the crew and sail to freedom in newly independent America. Their plans were foiled by an informant, a fellow convict who paid for his treachery with his life, strangled on board ship by the convicts he betrayed. Soldiers and crew were waiting up on deck and shot dead 8 convict men, injuring many others. Punishment was severe with 42 convict men flogged, and several convict women were punished. In total 11 people lost their lives during the voyage.

Norfolk Island. On arrival in the new colony Catherine was one of a small group of convicts and military assigned to Norfolk Island. Early life on the island was particularly difficult with severe food shortages, adverse weather conditions and inadequate shelter. Catherine's daughter Mary may have perished on the island as no further record of Mary has been found. Life was tough and some convict women formed close relationships with male convicts or military men. Catherine Kearney was one of the women who gave birth to children on Norfolk Island - sons William 9 yrs and Thomas Kearney 7yrs (father Thomas Smith) survived their early years on the island sailing aboard the Lady Nelson with their mother to Van Deimen's Land in March, 1808.



Caroline Catharine Alford
nee Kearney
1818 - 1899

Catherine Kearney's Dairy. Catherine was allotted a land lease (one of only two leases allotted to women) on the rivulet in the city centre where she started the first dairy in Hobart Town, supplying a population of 900. Catherine Kearney's family business expanded as sons William and Thomas took up land titles along the Coal River, Pittwater, Sorell, Avoca and St. Paul's River areas and began supplying meat to the military and townsfolk.

Tasmanian Turf Club founded 1826. The Kearney brothers were both excellent horsemen and William was a talented horse breeder and trainer who settled on a property at Richmond where he established large stables and a homestead, Laburnum. William was involved in the design and construction of a number of earlier Richmond buildings. A much respected horse trainer and breeder, William also introduced hounds and organized hunts on his properties around eastern Tasmania. In 1826 William was a founding member of the Tasmanian Turf Club and a passionate supporter of horse racing in Tasmania throughout his life.

St. Paul's River. Younger brother Thomas Kearney accompanied surveyor Thomas Scott on his expedition to locate new grazing land on the East coast and inland to St. Paul's River. Thomas Kearney lived for a time near his sister Caroline and her husband Charles Alford in Avoca where the Kearney's owned over 2000 acres. Despite the influence and business skills of his wife's family, Charles Alford's initial success as a farmer in the Avoca and Fingal areas did not last. A series of unfortunate events including the unexpected death of his eldest son Henry who lived and farmed at Top Marshes (then owned by the Alford family), the death of daughter Elizabeth from measles aged 25 years leaving infant children, and finally the death of his youngest son who was killed in a shooting accident in Victoria when visiting relatives, all must have had a significant impact on the Alford family and their ability to work the land and make a living. The mid 1840s was a difficult time for many farming communities in Tasmania as the effects of an economic slump and downturn in exports to the mainland impacted many previously profitable farms.

Arson & Bankruptcy. Adding to the Alford family's distress Top Marshes, including the house, barn, stock and all furniture and possessions, was destroyed in an arson attack in 1885, four years before Charles Alford's death. Charles offered a substantial reward of 50 pounds for information leading to an arrest but the culprit was never caught. At the time of his death in 1889 Charles Alford's estate was declared bankrupt and his remaining children were left to argue with the probate court over their ownership of individual items, including livestock, amongst their father's possessions.

After Charles's death his widow Caroline simply walked across the road with her belongings and settled in a house east of Ormley railway station, naming her new home Alfordton, she lived until her death some 10 years later. Charles and Caroline are buried in Avoca Cemetery.

Thomas Kearney died before his older brother, leaving all his estate to William with instructions for 300 pounds to be used for the future education and care of his only child, Susan Kearney. William Kearney married Susan Nash, a miller's daughter from Sorell, and they had 8 sons and one daughter. William purchased more land, 2000 acres in the Fingal and Avoca region, and together with his brother's properties William owned over 15,000 acres across the east of Tasmania. Later William sold most of his land and concentrated on his Richmond property where his valuable horses, breeding stables and hounds were based. Affectionately known as the Squire of Richmond, William's interests in horse breeding and racing continued until his death in 1870.

Catherine Kearney was a strong, capable woman who successfully juggled motherhood, hard work and a considerable business portfolio at a time in Tasmanian history when women were expected to play a purely domestic role in society. Catherine's example to her children appears to have driven them to succeed in their own related fields, and despite family tragedies and economic challenges Catherine and her children persevered. The journey from unmarried, pregnant convict mother to highly respected business woman was an amazing achievement and an incredible legacy of which Catherine's descendants are justly proud.

Hilary Jones – BA Researcher and amateur historian
 Ref: 1997 Irene Schaffer 'Catherine Kearney's Dairy' – State Library
 Female convict research group www.femaleconvict.org.au
 Founders and survivors www.foundersandsurvivors.org
 Tasmanian State Library archives
 Mr and Mrs J Turner – family documents and images

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance.

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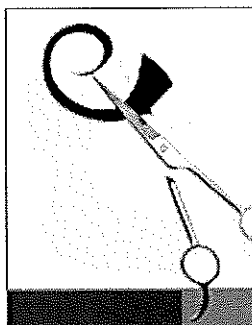


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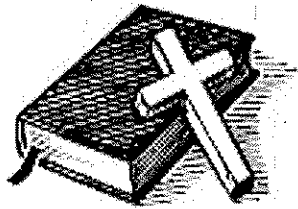
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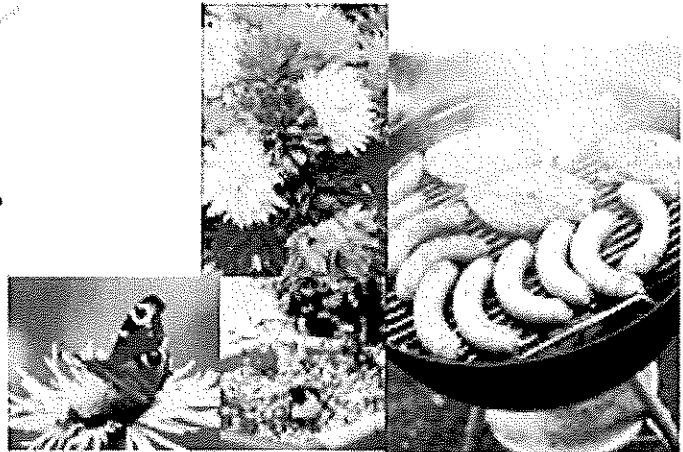
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What to bring: Salad Plate or Desserts (Meat is provided) & Picnic Rug or Chairs

Who: Everyone — Especially the kids!

RSVP: 21/05/13 (please for catering purposes)

Contact: Tanya or Peter 6377 1134 or 0418915621

Email: tanya@successmasters.com.au



Book Review

The Roving Party by Launceston-based writer Rohan Wilson is the latest book read by the Mt Elephant and Beyond Book Group. It is Rohan Wilson's first novel and has won a number of awards including the Vogel Prize in 2011 and the 2013 Margaret Scott Prize for the best book by a Tasmanian writer.

Members were particularly interested to find that *The Roving Party* is set around Ben Lomond and the Fingal Valley. The action takes place in 1829 at the height of the Black War when Aboriginal resistance to white settlement erupted into guerrilla warfare. Aboriginal fighters trying to drive the settlers from their traditional lands targeted farmers and shepherds in outlying districts such as the Fingal Valley. Hundreds of people on both sides were killed or wounded. In response to the demands of the settlers, martial war was declared and a roving party led by John Batman was authorised to hunt down and capture the Aborigines in the district. In return for their efforts members of the party were promised money and land grants and, in the case of the convicts, their freedom.

The novel is a fictionalised account of the roving party's treks into the bush around Ben Lomond and along the South Esk to the Swan River, and details their often violent encounters with the Aborigines. The party included four convicts, two Aboriginal trackers from NSW, a farmhand, and Black Bill, a Tasmanian Aboriginal man who was brought up in a white family and who worked for John Batman. Black Bill is one of the central characters of the novel: he is an enigmatic character, a man caught between two cultures. At the beginning of the novel he refuses to join the band led by

Aboriginal leader Manalargenna, establishing that he is Batman's man. As events unfold his motive changes from monetary reward to a personal pursuit of Manalargenna, leading to an intense confrontation at the end of the book. The physical environment plays an important part in the novel: it is overwhelmingly cold, damp and hostile – readers can almost feel the dampness creeping into their bones. Sometimes the evocative - language used to describe the landscape is a bit 'over the top' but it creates an atmosphere that is consistent right through the book.

It might have been a good idea to include an historical note or preface to explain the background to the events in the novel. It is not clear to many readers that some of the characters in the novel are based on real people and that similar events did actually happen. The hardships faced by the roving party and the casual brutality of their treatment of the Aborigines make for grim reading, even more so if the reader is aware that the events described in the book are based on real events. Rohan Wilson's years of research give the work the ring of authenticity, although he is not always completely accurate in matters of detail. Interestingly, the character of John Batman as drawn in *The Roving Party* is quite different from the man we learnt about in primary school as the hero who founded Melbourne some years after events described in this novel. Rohan Wilson's portrayal of him is based on extensive research and is probably more realistic.

The book is beautifully written, a challenging and sometimes confronting read but well worth the effort for anyone interested in this dark chapter of our history.

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Are You Using the Worst Internet Passwords of 2012?

SplashData published their list of the 25 most popular passwords of the year and compared it to the previous year. The first three passwords on the list haven't changed (unfortunately). The stubborn first three are: "password," "123456," and "12345678."

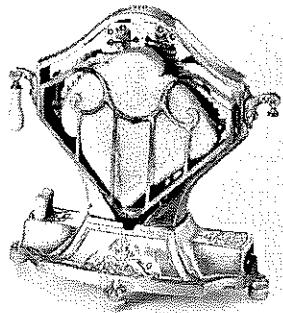
People tend to choose number passwords like "111111," "123123," and "abc123." The names of sports like football and baseball are often used, too. The most common name passwords are Ashley and Michael. Other frequently used passwords are "monkey," "dragon," "sunshine," "master," "shadow," "iloveyou."

Some new passwords have appeared on the 2012 list. These newcomers are "ninja," "mustang," and "welcome."

Many people prefer easy-to-remember passwords and don't want to bother with creating (and remembering) new ones. This leads to increased risk of identity theft and leaves accounts susceptible to hackers.

(<http://nster.com/news/16197/>)

If you tell the truth, you don't have to remember anything.
Mark Twain.



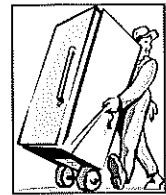
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Washing machine noisy?

Refrigerator runs too long?

Clothes dryer blows cold air?



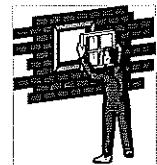
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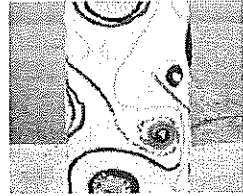
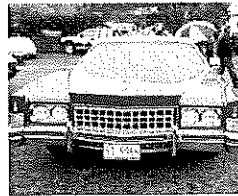
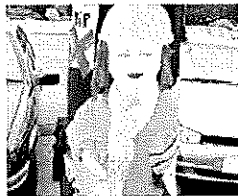
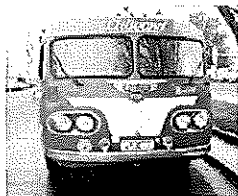
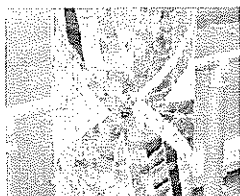
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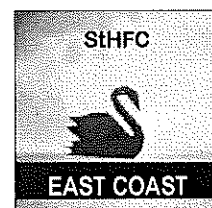
The East Coast Swans will be playing a home game against Branhholm at St Marys on June 1st. This will be the first senior football game to be played at St Marys for many years and will be preceded by the Auskick St Marys v St Helens game.

The Auskick game starts at 10.30 followed by the reserves game at 12 noon, and the main game at 2.10pm. The canteen will be run by the St Marys Auskick parents to raise much needed funds and refreshments will be available.

Council has been working feverishly getting the grounds ready, the coach's boxes complete and the scoreboard made safe - it should be all ready to go on June 1st.

See you there!

(Matt Osborne)



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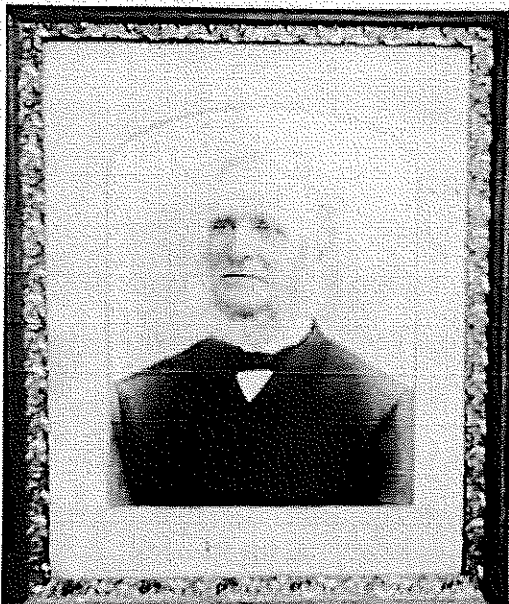
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Thomas Fitzgerald's Story continued.

When a boatload of five unshaven men in ragged clothing arrived on 12 February 1807, the residents were astonished to find that they had travelled from Port Dalrymple (later Launceston) via the interior of Van Diemen's Land. It had been a long and difficult journey over unknown territory, through dense bush and along uncharted rivers. The men had come in search of supplies, as they also were experiencing famine due to food shortages and poor crops. What a shock they must have had to find that the Derwent settlement was in the same predicament.

Starvation soon began to be a reality, to the point that the situation was becoming quite desperate. Collins had no choice but to allow the convicts to go on hunting trips, although they did not penetrate the bush very far from the settlement due to their fear of the indigenous people. The commissariat had to offer higher prices for kangaroo meat as the stocks of game nearby were hunted out, to encourage the hunters to go further afield. Bands of men with guns and dogs found they could live a free, roving life by trading kangaroo meat and skins for any tea, sugar, flour and tobacco they could get. They took native women and lived with them in caves in the hills. It was not long before some of these men took to robbery, and when the marines came to look for them, the fugitives did not hesitate to kill them. Thus murder was added to their crimes. By the end of 1807, there were so many absconders that Collins decided to call an amnesty. As a result, 9 men who had lived in the bush gave themselves up. However, the problem of lawlessness continued to grow, and those who travelled any distance were in danger of being held-up by the absconders, or bushrangers, as they came to be called.



William Henry Fitzgerald, grandson of
Thomas Fitzgerald

Thomas was in a better position than most of his fellow convicts, although no doubt he, too, experienced hunger and hardship. However, he seems to have made good use of any opportunities which arose to find useful and profitable employment. Three years after his arrival, Thomas became assistant to G. P. Harris, the government surveyor. By 1807 he had set up a school to educate the children of the settlement. By 1808, he had moved on to an appointment as a Clerk to the Magistrates, one of whom was the Rev. Robert Knopwood. Thomas also leased land for farming in Glenorchy. He was assigned 2 convict servants to help in running this, and it was not long before he began to supply the commissariat with meat and grain. He built a dwelling near the town centre, but due to Governor Macquarie's new blueprint for the town centre, and for a new town square 'free of any substandard buildings', he eventually had to abandon it.

In 1810, when Thomas was quite well established in his new life, a ship arrived in the Derwent from Sydney, bearing the deposed Governor Bligh. As a result, Collins had to deal with a disgruntled and difficult man when his own burdens were very heavy. Eventually, he was forced to confine Bligh to his ship. This situation, added to the difficulties he had already experienced over the previous 6 years, greatly affected Collins' health, and he died suddenly in March of that year.

In 1815, Thomas travelled to Sydney in search of a wife, and met a widow called Mary Agnes Martin (nee Hallett). Her husband Abraham had died earlier that year, and she had a young son called William Joseph who was in her care. Mary had been convicted in Surrey in 1809 before being transported to Sydney. Rev. Samuel Marsden personally agreed to Mary's request for a transfer to Van Diemen's Land as a schoolmistress. She arrived at the Derwent on the Emu on 20th July 1815. Thomas and Mary were married at St. David's Church, Hobart Town, a short time later, with the Rev. Knopwood officiating. In 1818, about 3 years after his marriage, Thomas built a family home in Davey Street. The new dwelling fronted the harbour, and featured two front parlours, two bedrooms and a kitchen, with a small house detached. There was also a garden stocked with fruit trees.

Although in 1817 Governor Sorell dismissed Thomas from his position as Clerk to the Magistrates, he did recommend that Thomas continue his work as schoolmaster, and also recommended an increase in his salary. Later, he reported that Mr. and Mrs. Fitzgerald had the best school in Van Diemen's Land, which was held in their home. In 1819, Thomas' salary was 6 pounds 5 shillings per quarter; Mary was paid 3 pounds 15 shillings. Thomas was also awarded 4 shillings as 'lodging money for a Subaltern Officer'.

In April of the same year, Thomas placed the following advertisement in the newspaper:

'Evening School on Monday next, the 19th instant, at 6 o'Clock, and to close at 9 in the Evening ; which will be continued during the Winter Months, T. FITZGERALD, Davey Street. *Terms may be known by applying as above.'

By 1820, Thomas and Mary had 35 and 24 pupils respectively. They had also begun a family of their own, and Thomas acquired a grant of 200 acres at Black Snake, downstream from New Norfolk.

Not long before he died, Thomas and Henry (his son from his first marriage) bought an inn at Black Creek called Addington Hall. Thomas renamed it The Golden Fleece as it previously had a bad name and was known as The Haunted House. Henry was to be its proprietor. Their new venture would have had good custom, as it was on the route between Hobart Town and New Norfolk.

Only a year after being reunited with Henry, Thomas died at the age of 47, leaving Mary widowed for a second time. She was left to rear their 2 children as well as her own son, who was now 15 years old. Thomas completed a will shortly before his death, and a copy of this is printed in the book written by G. L. Fitzgerald (see sources, below).

N.B. - a plaque recording all the names of those who were in the first settlement in Victoria was erected in Sorrento in 2003; in 2004 a similar monument was unveiled in Hobart. A convict memorial brick trail in the main street of Campbelltown, Tasmania, also features Thomas' name and details.



William Joseph (great-grandson of Thomas Fitzgerald and Ellen Fitzgerald, nee Apted, 1875/80

Sources:

Highway in Van Diemen's Land, by G. Hawley Stancombe

The Hobart Town Gazette and Southern Reporter

Prisoners, Pioneers and a Prospecting Preacher, by Graham L. Fitzgerald

Tales of Old Tasmania, by Coalman Smith

Archives Tasmania

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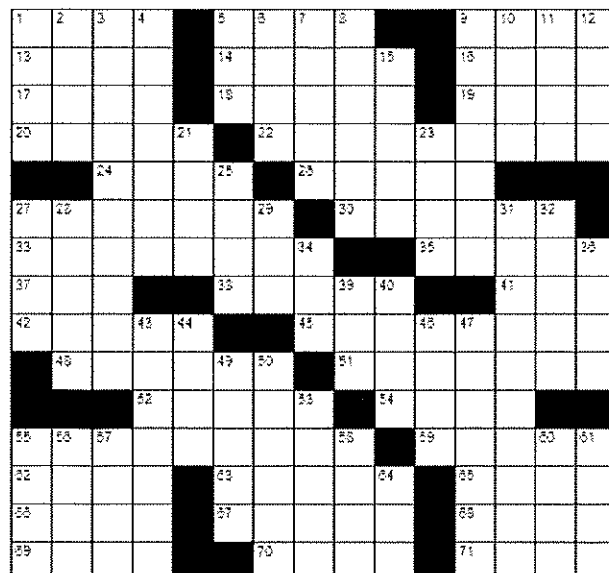
ACROSS

- 1 Musical group
- 5 Matured
- 9 Young cow
- 13 Found in some lotions
- 14 What we are called
- 16 Hodgepodge
- 17 Backside
- 18 Setline
- 19 Tropical tuber
- 20 Grin
- 22 Undertaken by two parties
- 24 Recent events
- 26 Not earlier
- 27 Courtly
- 30 Ends a sentence
- 33 A through route
- 35 Award
- 37 7 in Roman numerals
- 38 Fastening
- 41 Half of a pair
- 42 African virus
- 45 Acts of aggression
- 48 Conundrum
- 51 An indicator
- 52 Estimate
- 54 Roman emperor
- 55 Example
- 59 Soothing ointment
- 62 Car trunk (British)
- 63 San Antonio fort
- 65 Objective
- 66 Prospector's find
- 67 Clear

- 68 Auspices
- 69 Biblical garden
- 70 No more than
- 71 Unit of force

DOWN

- 1 Taverns
- 2 Astringent
- 3 Designation
- 4 Exhaust
- 5 Picnic insect
- 6 Dress
- 7 Electronic letters
- 8 A hanging fold of loose skin
- 9 Clique
- 10 Winglike
- 11 Former Italian currency
- 12 A person who lacks good judgment
- 15 Tablet
- 21 Pitcher
- 23 School session
- 25 Narrow opening
- 27 Rescue
- 28 Clan
- 29 Cheer
- 31 Dental medicine
- 32 Polka or samba
- 34 54 in Roman numerals
- 36 Lascivious look
- 39 Bite
- 40 Thug
- 43 Brighten



- 44 Chills and fever
- 46 Untruths
- 47 Angered
- 49 Iron or steel
- 50 Place of refuge
- 53 "The Final Frontier"
- 55 Competent
- 56 Backwards "Door"
- 57 Cypher
- 58 Arab chieftain
- 60 Conceited
- 61 If not
- 64 Lyric poem

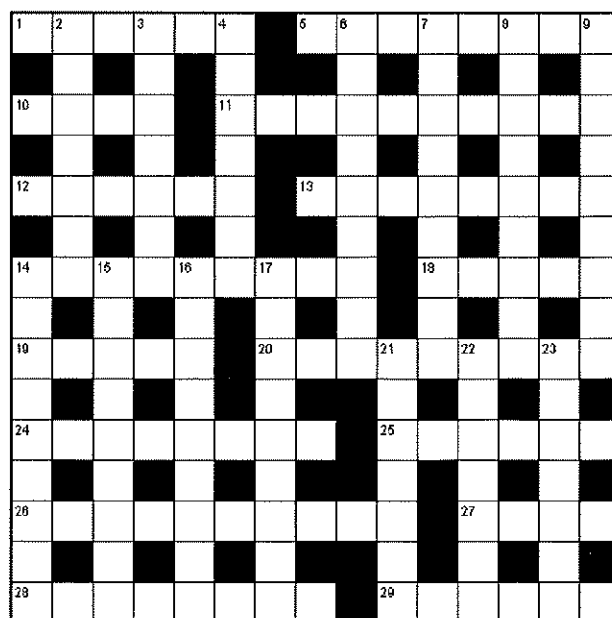
Solutions next issue.

ACROSS

- 1 Seed that follows command to open? (6)
- 5 Takes a break, having a day in France surrounded by rolling sand (8)
- 10 Made a phone call and spoke (4)
- 11 Enrage a repeat sex pervert (10)
- 12 Grain, and what to do with it, we hear? (6)
- 13 Gave someone a ring and made a suggestion (8)
- 14 Recent recruit finally deserts to fight in irregular army - becoming this? (9)
- 18 Secured return of silver money... (5)
- 19 ...money that gives difficulty to the French (5)
- 20 Experienced peacekeepers found west of the river (9)
- 24 Steps taken by those who get their skates on? (3,5)
- 25 Drink some Schweppes with liqueur (6)
- 26 External cell tissue in nerve-ending to trap gas (10)
- 27 I happen to kiss a goat! (4)
- 28 Government department makes attempt to conceal a ruse that's gone wrong (8)
- 29 Neat drives (6)

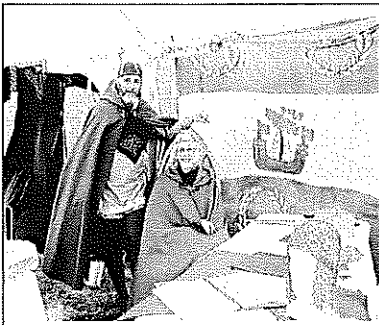
DOWN

- 2 Learned English and Italian in an uncultured environment (7)
- 3 This does not describe a posh girl who is in prison endlessly (7)
- 4 Merseyside? (7)
- 6 As was Troy by Greeks, ultimately, in action (9)
- 7 Maiden perhaps might get the upper hand (9)
- 8 Drove, we hear, with good judgement - showing this (4-5)
- 9 Firm has to rearrange dates quickly (9)
- 14 In 1999, make a mistake over English books - causing hilarity (9)
- 15 Upstanding father wears short protective coat with elastic material (9)



- 16 They're discovered by pupils (9)
- 17 Describes a Dutchman giving rebuke kindly? (9)
- 21 Their properties should be permanently frozen (7)
- 22 Martial law upheld without resistance by Eisenhower (7)
- 23 Fallout can be expected from this type of family? (7)

SOCIETY FOR CREATIVE ANACHRONISMS



The Woodcraft Guild Open day SCA Stand manned by Michael and Lillian

On the 13th of April this year at the St Marys Wood Guild Fair a stall was held representing the SCA, this being the Society for Creative Anachronisms (SCA).

The SCA is a Worldwide Medieval Re-enactment group, now coming up to its 50th year, with about 80 members in Tasmania ranging from Devonport, Launceston, St. Marys, Hobart and Huon Valley. As you would expect the numbers increase in the Mainland States.

Events are regularly held to associate with others. Members dress in period garb to suit their chosen "Persona". This can be anywhere from 600ad to 1600ad. So you may be a Viking, a Renaissance dancer, a Tudor spy or anywhere in between. The event may involve Martial arts like Archery, Rapier or heavy

combat. If it is a Tournament it usually will have all three, with the local Baron & Baroness of Ynys Fawr, holding court, mayhap there be visiting royalty as well.

Events can also be Art & Science based with crafts and activities from the medieval era. Weaving on tablet looms, woodworking, leatherworking, blacksmithing, embroidery and costume making, board and dice games, brewing of mead and other beverages to name a few.

As the day winds on, mealtime arrives and we all sit down to a feast of medieval foods which are either provided by members themselves or part of a paid feast. The main thing you'll notice is the absence of potatoes and cane sugared sweets.



Handmade confections in the Tudor style.

Like all clubs, the SCA is always looking for new members. It is a great way to enjoy the company of like minded friends and of course there is no shortage of subjects to talk about. For more information please contact Michael Warner or Lillian McRostie on 6372 2531.



King Henre and Wulfgar Fight in the Tourney Ring at Geevston



Feast Held at Liffy in Feb 2013

Animal Group Names

A smack of jellyfish.

A labour of moles.

A prickle of hedgehogs

An obstinacy of buffalo.

A scold of jays

A gaze of raccoons.

A glaring of cats.

A parliament of owls.

A plum of seals.

A shrewdness of apes.

A corps of giraffes.

A bloat of hippopotamuses.

A business of flies.

A crash of rhinoceroses.

A gam of whales.

A husk of hares.

A knot of toads.

A sowse of lions.

A rag of colts.

An ugly of walruses.

A leap of leopards.

A grist of bees.

A den of snakes.

A clutter of spiders.

Church Services

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1st Sunday MASS

St Helens Vigil 6pm
Bicheno 9am
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2nd Sunday LITURGY

St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

3rd Sunday MASS

St Helens Vigil 6pm
St Marys 9am
Fingal 9.30am
Bicheno LWC 9am

4th Sunday LITURGY

St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

Enquiries to Sr Lorraine for
Baptisms & Weddings
6372 2252

Break O'Day Uniting Church

The Manse 6376 2405
St Helens 9am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10am
Divine Service 11am

Salvation Army

Tuesday Jam

3-5pm every Tuesday
excepting school holidays
Envoy Melanie Norton
6372 2099

Sunday Joy 12.30pm

This is a bring-and-share
lunch followed by a great
time of friendship
and fellowship. You are very
welcome to join us and share
our JOY!
0409 838 816

Anglican Parish of Northern Midlands

Avoca 11am 2nd Sundays
Fingal 2pm 2nd Sundays
Mathinna 2.30pm 4th Sundays
Ross 10am 5th Sunday
Campbell Town 9am every
Sun

Anglican Parish of Break O'Day

6376 1144
St Helens 8am
St Marys 10am
St Helens 10.30am
Pyengana 7.30pm
3rd Saturday of each month
Community Dinner @ St
Marys

The St Marys Salvation Army asks you
for your

HELP

in collecting for the

RED SHIELD APPEAL?

this coming weekend 25-26th May.

Would you be willing to help us, so that
we can help others who are in genuine
need.

Please call Mel on 0409 838 816



St. Helens Electrical

ROD SHAW

LIC: 933671

Domestic Commercial Industrial

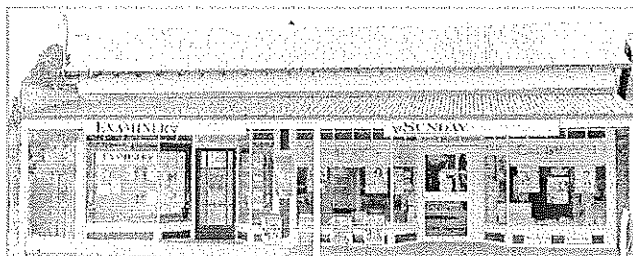
*Wiring and Repairs, Rewires,
Underground.*

Home Heating: *Advisory, sales and
installation of heat pumps and fixed
heaters.*

Lighting Specialist : *Interior and
exterior, advice, sales and installation.*

0407 615 072

24798 Tasman Hwy St Helens 7216



ST MARYS NEWSAGENCY

6372 2143

- AURORA PAYG
- PHONE CARDS
- DVD'S
- STATIONERY
- GIFTS
- NEWSPAPERS
- MAGAZINES
- WRAPPING PAPER
- PRE-PAID MOBILES
- FISHING GEAR
- BAIT
- ICE
- CALOWS BUS DEPOT and TIMETABLES

Open 7 days a week for your convenience
Mon to Thurs 6am - 6pm Fri 6am - 7pm
Sat & Sun 7am - 6pm

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

• **Dr Latt**

22/5/13- 29/5/13
3/6/13-7/6/13

• **Dr Libby Reeckman**

30 & 31 May 2013

For appointments phone: 6372 2111

**Please see After Hours Numbers
for during this time**

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 22/5/13

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt- Call an Ambulance 000
Thank you for your cooperation

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly. **PLEASE BE PATIENT** waiting periods can apply to see the doctor.

Please speak to our reception staff about ordering scripts over the phone- as fees apply. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

AFTER HOURS CONTACT NUMBERS

Please phone
GP ASSIST ON- 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday

8:50am-10:00am

10:00am-10:30am- Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm- Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm- Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an appointment **must be made with the Nurses Station the day/night before** by phoning 6372 2111

AUDIO CLINIC Audiologist, Dr Rowan Foster will be
TASMANIA visiting The St Marys Health Centre
The hearing care professionals on a monthly basis.

Audio Clinic provide hearing tests for adults and children over 5 years, Hearing Aid advice and fittings, Tinnitus Counseling, Custom earplugs, and Central Auditory Processing Testing.

Audio Clinic are accredited under the Commonwealth Office of Hearing Services to *provide free and subsidized hearing aids and services to eligible pensioners.*

The clinic is called Audio Clinic Tasmania and our contact number is 1800 057 220 or direct on 6334 1466.

Next session: 3rd June 2013

**Australias Biggest
Morning Tea**

**WITH
Health Services
Information Forum**

**THURSDAY 23 MAY 2013
ST MARYS TOWN HALL- \$5.00**

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- May 22 **Day Centre**— For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- May 23 **Social Worker**— Shan Williams. Please phone 63722111 for appointments.
- GP Podiatrist**— Annabelle. For appointment please see your GP or Health Professional for a referral.
- May 24 **Social Worker**— Shan Williams. Please phone 63722111 for appointments.
- May 27 **Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388
- Physiotherapist**— Naomi Ide. Please see your GP or Health Professional for a referral to the service.
- May 28 **Child Health Session** with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381
- Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Physiotherapist**— Naomi Ide . Please see your GP or Health Professional for a referral to the service
- Tom Bain, Rae & Partners Lawyers.** At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- May 29 **MYSOAP**— Antenatal Clinic with Katie. For appointments please see your GP
- Day Centre**— For details on the group please contact Hayley Gilbert 6372 2111.
- Social Worker**— Shan Williams. Please phone 63722111 for appointments.
- Physiotherapist**— Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- May 30 **Social Worker**— Shan Williams. Please phone 6372 2111 for appointments .
- May 31 **Social Worker**— Shan Williams. Please phone 6372 2111 for appointments

WHAT'S ON AT THE CENTRE Continued...

- 3 June **Physiotherapist**— Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Audio Clinic**— For appointments please ring 6334 1466
- Hospital Auxiliary Meeting** 2:00pm in the Day Room
- 4 June **Physiotherapist**— Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager**— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381
- 5 June **Day Centre**— For details on the group please contact Hayley Gilbert 6372 2111
- 6 June **Relationships Australia**— Megan Booth for appointments please phone 1300 364 277
- Social Worker**— Shan Williams. Please phone 6372 2111 for appointments
- 7 June **Social Worker**— Shan Williams. Please phone 6372 2111 for appointments
- TML Diabetic Educator, Physiologist and Dietician.** Appointments available by referral from your GP.

GP NORTH DIABETIC CLINIC

Regular consults are available at the St Marys Community Health Centre with the Diabetic Educator, Dietician and Exercise Physiologist. If you require an appointment please see your GP for a referral and TML will contact you with an appointment time.

Next session at St Marys is:
Friday 7 June 2013

EYELINES



Visit the St Marys Health Centre every 6-8 weeks. For appointments please phone 1300 139 363.

All consultations Bulk Billed to Medicare

Australia's Biggest Morning Tea

23rd May 2013
St Marys Town Hall

MORE THAN

JUST A

CUPPA

With

Health Services
Information Forum

INCLUDES

ALTERNATIVE THERAPIES

TEA COSIE DISPLAY AND COMPETITION

MORE THAN JUST A RAFFLE

AND LOTS MORE

EVERYBODY WELCOME

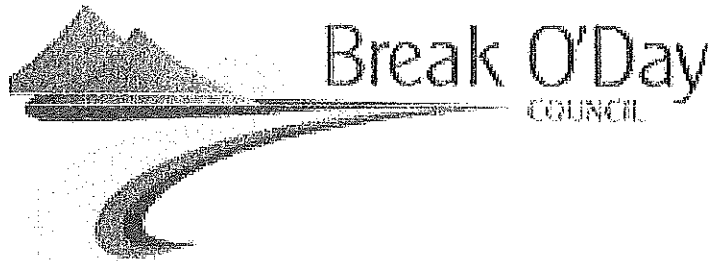
10.30 until 2.30pm

\$5.00 all inclusive

Australia's Biggest Morning Tea

**THANK YOU TO OUR
MAJOR SPONSORS:**

**BREAK O'DAY COUNCIL
COMMUNITY GRANTS 2013**



**Catering provided by:
ST MARYS DISTRICT SCHOOL**



RURAL ALIVE AND WELL

**& thanks goes to the Break O'Day Community
for your support of this major Health
Promotion event for the
ST Marys Community Health Centre in 2013**

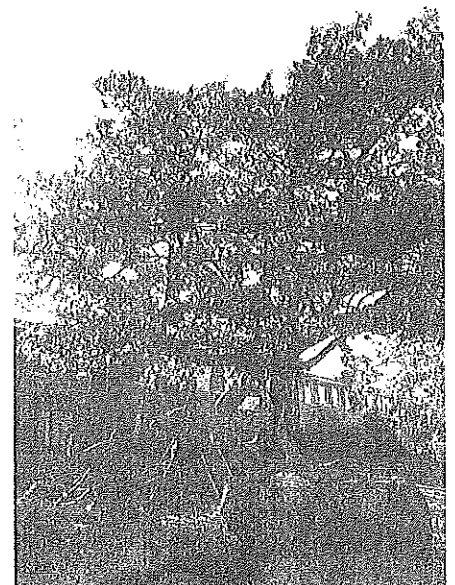


LIONS CLUB ST MARYS



Lions Clubs International

ST MARYS COMMUNITY HEALTH CENTRE



Meals on Wheels

0488 384 344

May/June		St Marys	Fingal
Monday	27th	Pam Lynch	Neighbourhood House
Tuesday	28th	Val Spencer	
Wednesday	29th	Lundy Vosper	
Thursday	30th	Lorraine Gill	
Friday	31st	Drew Adam	Neighbourhood House
Monday	3rd	Debbie Barnes	Neighbourhood House
Tuesday	4th	Pam Bretz	
Wednesday	5th	Lundy Vosper	
Thursday	6th	Heather Griffiths	
Friday	7th	Claire Bean	Neighbourhood House

Issue No. 1 solutions

G	I	B	E		L	E	N	T	O		R	A	N	I
L	O	O	M		A	L	O	U	D		E	B	O	N
A	T	O	P		T	A	B	L	E	S	P	O	O	N
D	A	S	H	E	E	N		A	S	P	E	R	S	E
			A	D	E					A	L	T	E	R
N	O	N	S	E	N	S	I	C	A	L				
A	G	A	I	N		E	M	A	I	L		C	P	I
G	E	M	S		P	E	A	R	L		C	H	I	C
S	E	E		C	A	R	G	O		S	L	A	K	E
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P	A	N	T	I	E	S		A	P	R	I	C	O	T
I	N	T	A	N	G	I	B	L	E		C	O	P	E
E	D	I	T		G	L	E	A	N		A	R	T	S
L	A	C	E		S	T	E	E	D		L	E	S	T

1	B	U	S	3	H	R	4	A	N	5	G	6		7	M	U	M	P
	I		A		L		O		E		A		O					
8	E	N	G	I	N	E	E	R		10	A	R	C	A	D	E		
	T		K		X		D		L		E		E					
11	L	A	C	U	N	A		12	I	M	M	O	D	E	S	T		
	H				N		A				O							
13	G	I	R	D		14		16	D	E	N	O	M	I	N	A	T	E
	T		I		E				O					I	R			
18	S	E	A	S	E	R	P	E	N	T		20	A	N	O	N		
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21	T	H	E	G	R	E	A	T		24	R	E	L	I	S	H		
	E		R		X				E		S		L		S			
26	R	A	M	E	A	U		27	R	E	H	E	A	T	E	D		
	T		E		R				I		I		M		A			
28	C	H	I	D		29	B	U	C	E	P	H	A	L	U	S		

The Voice and East Coast Voice encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for dedicated contributors. Contact the editor if you have any questions or would like more information about guidelines. We aim to reflect and represent all those who make up the valley and east coast regional communities.

The Valley & East Coast Voice Guidelines

Opinions in any letters published are not necessarily those of the Editor and voluntary workers.

Our pages will remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editors discretion.

Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those that relate to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary.

All letters/emails must include your full name, address and phone number.

The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.

Whilst we value & welcome community input, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

Advertising

Classifieds 25 words or fewer: free

Regular small classified: \$25 p.a.

Community notices free

Large boxed ads \$12

¼ page \$20 ½ page \$30

Full page \$50

1 year posted subscription \$50

Articles for publication may be left at the St Marys Pharmacy on Main Street or mailed to W Dawson, 12 Groom St, St Marys Tasmania 7215

The Green Thing

Checking out at the store, the young cashier suggested to the older woman that she should bring her own grocery bags because plastic bags weren't good for the environment. The woman apologized and explained 'We didn't have this green thing back in my earlier days.' The clerk responded, 'That's our problem today. Your generation did not care enough to save our environment for future generations.'

She was right - our generation didn't have the green thing in its day. Back then, we returned milk bottles, soda bottles and beer bottles to the store. The store sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over. So, they really were recycled ... but we didn't have the green thing back in our day.

We walked up stairs, because we didn't have an escalator in every store and office building. We walked to the grocery store and didn't climb into a 300-horsepower machine every time we had to go two blocks. Back then, we washed the baby's nappies because we didn't have the throw-away kind. We dried clothes on a line, not in an energy-gobbling machine burning up 220 volts - wind and solar power really did dry our clothes back in our early days. Kids got hand-me-down clothes from their brothers or sisters, not always brand-new clothing. But that young lady is right ... we didn't have the green thing back in our day.

Back then, we had one TV, or radio, in the house - not a TV in every room. And the TV had a small screen the size of a handkerchief (remember them?), not a screen the size of the state of Queensland. In the kitchen, we blended and stirred by hand because we didn't have electric machines to do everything for us. When we packaged a fragile item to send in the mail, we used wadded up old newspapers to cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn't fire up an engine and burn gasoline just to cut the lawn. We used a push mower that ran on human power. We exercised by working, so we didn't need to go to a health club to run on treadmills that operate on electricity.

We drank from a fountain when we were thirsty instead of using a cup or a plastic bottle every time we had a drink of water. We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got dull.

Back then, people took the streetcar or a bus, and kids rode their bikes to school or walked instead of turning their mums into a 24-hour taxi service. We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances. And we didn't need a computerized gadget to receive a signal beamed from satellites 2,000 miles out in space in order to find the nearest pizza joint.



**ST MARYS SPORTS
CENTRE INC.**
Every Friday - 6.30 - 7.30pm
drinks at discounted prices
6372 2177



**ST MARYS IGA
SUPERMARKET**

38 Main Street Ph/Fax 6372 2240 Butcher 6372 2274
Monday to Friday 8 - 6 Saturday 8 - 12

This week's specials 23rd - 29th may

In store

Nestle Milo 750g	7.99
Bushells Teacup 100's	2.99
Kings Chips 80g	1.29
Kleenex Viva Paper Towel 4 pkt	3.99
Cadbury Share pkts 168-240g	2.99

Butchery

Rump Steak	10.99kg
Leg Lamb	10.99kg
Beef Stir Fry Strips	13.99kg

Chilled

Flora Spread 500g	2.69
Devondale Extra Soft Butter 375gm	2.49
Vita Cee Juice 2.4lt	3.49

Next week's specials 30th May - 5th June

In Store

Schweppes/ Pepsi Soft Drink 2ltr	1.99
Smiths Chips 175g	2.49
International Roast Coffee 500g	10.95
Kellogg's Just Right 790g	5.99
Kellogg's Nutri-Grain 805g	5.99

Butchery

Topside Beef Roast	7.99kg
Forequarter Lamb Chops	8.99kg
Lamb Shanks	9.99kg
Nichols Turkey/Drumsticks Wings	1.99kg

Chilled

Duck River Butter Pat 500g	4.55
Kraft Cheese Slices Singles 410/500gm	3.99
Devondale Extra Soft butter Tub 500gm	2.99

**PLEASE NOTE CHANGE OF
DEADLINE TO
5PM MONDAY FOR FUTURE
ISSUES**

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ST MARYS TASMANIA 7215.

