



The Valley & East Coast Voice Est. 1968

Volume 46 No. 11 Thursday September 26th 2013 \$1

Police Housing Project – St Marys Residences.

The construction and renovation of two more residences within the Police Housing Project portfolio has been completed. The residences in the township of St Marys comprise a renovated three bedroom flat and brand new four bedroom house. The police housing project was initiated in November 2010 to improve the standard of accommodation in regional locations provided to police officers and their families.

“We want to encourage our officers to try country policing and to integrate into these country communities. Ensuring an attractive standard of accommodation is available certainly adds to the appeal of the position and helps retain officers and their families in these areas,” said Assistant Commissioner Phil Wilkinson.

The Project is self-funding. 23 residences identified as ‘surplus’ to departmental needs have been sold under the project to date. Funds realised from the sale are used to fund the renovation and build projects. Local St Helens builder, FJM Homes and Building Design, Jennifer Binns, were involved in the St Marys development.

“The housing project aims to provide four bedroom houses wherever possible, however the flat above the St Marys Police Station was structurally sound and with significant refurbishment could provide a high standard of accommodation to the local officer. The refurbishment of this property was found to be a more economical and efficient option than another complete new build. Considering the options available wisely will enable the continued improvement of a greater number of country and community residences in the future,” said Mr Wilkinson. The

Commissioner of Police, Darren Hine and The Hon. David O’Byrne, Minister for Police and Emergency Management took a tour of the properties and officially handed over the keys of 23 Franks Street St Marys to Constable Jonathon and Mrs Hannah Chandler (pictured above with son Miles aged 2 and daughter Lucy aged 4 weeks), on 12/9/13 at midday. The next construction project will be at Dunalley, to replace the Police Station and residence lost in the January 2013 bushfires. **Continued on page 10.**



*Deputy Break O'Day Mayor Hannah Rubenach,
Break O'Day Mayor Sarah Schmerl,
Tyler Franklin and Darryl Kershaw, builders for FJM Homes.*



*Richard Cowling, Commander Northern District;
Mark Mewis, Commander Human Resources;
David O'Byrne, Police and Emergency
Management Minister;
Darren Hine, Commissioner of Police.*

Vol. 46 No. 12 is due out on 10th October 2013, deadline 7th at 5pm.

vvoicerevisited@gmail.com 6372 2442 / 0403 430 452

Community Announcements

St Marys Hospital Auxiliary meet monthly on the first Monday at 2pm in the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc meet monthly on the last Thursday at 11am in the Goods Shed behind the St Marys Railway Station.

The Tasmanian Lymphoedema Centre Inc meet monthly on the 3rd Monday at 10am in the St Marys Community Health Centre, Day Care room.

St Marys Ladies' Midweek Tennis meet at 9.30am each Wednesday. New players of any standard and beginners welcome. Child minding included – a lovely safe place to bring toddlers while you play. Ph Karon 6372 2382 or Dana 6372 2033.

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers are always welcome... if you can yawn - you can sing. Mary-Anne Wadsworth. 6376 2969.

St Helens Alcoholics Anonymous (AA) meet every Wednesday 8pm at St Pauls Anglican Church Hall, St Helens. Ph Murdoch 6376 3335.

The Scamander and Beaumaris Community Development Association meet monthly on the third Wednesday at 7pm in the Scamander Sports Complex. New members are most welcome.

St Patricks Head & Esk Valley Historical Society Inc meet every second month on the third Wednesday at 3pm at various venues throughout the valley. Ph Barry 6372 5752 (aulich@bigpond.com) or Jim 6372 2127. (jimhaas@bigpond.com) www.fingalvalleyhistory.com

The Falmouth Community Centre contact for booking club facilities is Cherrie Schier on 0417 887 941.

The Break O'Day Stitchers meet each Friday in the Bungalow at Neighbourhood House in St Helens from 10 – 3. Participants are welcome to stay for as long or short a time as they choose and the choice of projects to work on is also optional - either bring your own or join in and assist on a group project.

BINGO at the Cornwall Hall every Monday at 7pm, 2 jackpots each week. All welcome.

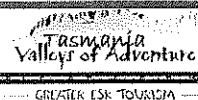
The Chocolate Shop Singers meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm for informal and fun singing. Everyone welcome.

The St Marys School Association Op Shop opens Mon-Fri, 11-3 and market Saturdays 10-12.30. Pre-loved items will be gratefully received during these hours or can be left at the St Marys Newsagency.

St Marys Alcoholics Anonymous (AA) meet every Friday 8pm at Holy Trinity. Mick & Shirl 6372 2909.

The Cornwall Community Development Group meet monthly on the first Tuesday at 7pm in the Cornwall Hall. All welcome.

The next meeting is 14th October 2013. Enquiries to the president on 0412 425 666.



St Marys Community Market. 1st Saturday of the Month - 9am to 1pm in the St Marys Community Hall. Ph Robina 6372 2022. bodregionalarts@gmail.com



Scamander Garden Club meet monthly on the 3rd Monday at 1.30pm in the Scamander Sports Complex. Enjoy sharing garden activities. Ph Val 6372 2762.

Break O'Day Regional Arts general meetings are held on the first Tuesday of March, June, September and December at 4pm in the Supper Room of the St Marys Community Hall. All welcome. Michelle 6372 2056.

ST MARYS / FALMOUTH PLAYGROUP

Wednesday 10:30 – 12:30 at the Falmouth Community Centre

Does your child/children enjoy

- Painting and arts & crafts activities
- Riding bikes
- Playground play
- Exciting activities & celebrations
- Interacting with others?



Join us at Play Group for only a small charge of \$3 per family in a relaxed and friendly atmosphere for children, mums & dads. Contact Tash Speers 0419 591 905 or Amy Faulkner 0417 152 337.

St Helens Al-Anon Family Group (Al Anon) helps families and friends of alcoholics recover from the effects of living with the problem drinking of someone close. 2pm Sunday at St Pauls Anglican Church Hall St Helens. Ph Anne or John on 6376 4270 or Rose on 6376 3335.

The Fingal Valley Neighbourhood House Op Shop is happy to receive your preloved clothing and goods Monday to Friday 9 - 3. Donations can be collected on Mondays or items can be dropped off at the Centre. Come along, check it out and pick up a bargain. Deb Speers, Fingal Valley Neighbourhood House.

Soccer season has started! All soccer enthusiasts are welcome to come along on Saturdays at the St Helens Sports Complex. Soccer for juniors 10.00-11.15, adult game starts 11.30. Ph Todd 6376 1049.

Stallholders Market Inc is a non profit organisation that holds markets every Saturday from 8-12 noon in the Portland Hall St Helens. For bookings please email sthelensmarket@yahoo.com.au

Wanted

Two 4x4 all terrain tyres 205 R16 50% + tread, and 175, 65, R14 50% + tread. Ph 6372 2584.

House cleaner, experienced lady with references \$16 p/h. Ph 6372 2584.

Gardening, odd jobs, family man \$15 p/h. Ph 6372 2584.

For Sale

Trencherloo, Kubota diesel 4 WD pedestrian trench digger (digs 1100mm x 160mm) mech very good \$3,500. 2" Rural polypipe, unused. 1x30m \$70, 1x35m \$80, 1x58m \$130. Ph 6372 2626.

1 King single ensemble bed \$100. 1 Bar fridge, as new \$100. Shoprider mobility scooter \$1000. Ph 6377 1102.

Motorhome. 1995 Hino RB 145 diesel. \$69,000 o.n.o. Very good cond. Recent professional fit-out. Full details and photos in www.tradingpost.com.au Item #005056012. Ph 6372 2626.

'86 Ford Laser, reg. with spare parts, \$750 o.n.o. Mitsubitzu Magna auto '89 going out of rego \$550 o.n.o. Ph. 0409 506 693.

Horse manure \$1 per shopping bag. Ph 6372 2584.

Toshiba Satellite A300 Notebook complete with carry bag \$300. Ph Paul or Susan 6377 1265.

New white pedestal hand basin with chrome mixer tap \$65. Ph 6372 2765.

Kobo Glo e reader, as new cond. with Kobo cover which puts e reader to sleep - compatible with library - read easily in the dark \$120. Ph 0407 833 497.

Recliner bus seats incl. seat belts, v.g. cond., in pairs @ \$70 / pair, prefer to sell the lot @ \$50 pair - or offers. 6372 2626.

Moo poo, any quantity, finely screened - trailer load \$40, large trailer loads \$50-\$60, truck loads delivered. Ph Norm on 6372 2380.

Excellent dry wood available for \$120 per trailer load. Ph Chris 63722128. Please leave a message if no answer and we will return your call.

Atomic Industries solid copper hot water cylinder, low pressure 60 gallons. Electric with heater and fireplace outlets, \$100. Ph Chris Trotter 6372 2107.

Suncoast Singers will present a Singing Workshop in St Helens with Teresa Beck-Swindale at St Helens Neighbourhood House Bungalow on Sunday 13th October from 10.30am - 4pm.

Teresa has a wealth of experience with singing groups, making them fun and entertaining, as well as making lovely harmonies, she is a little bundle of dynamite with a big voice. Cost is just \$10, B.Y.O. lunch, and morning and afternoon tea is provided.

If you've always wanted to sing but have been too shy, or lacking confidence - come out of your shell now and join us, you may surprise yourself.

A fun day is guaranteed.

Phone Mary-Anne on 63762969 for more information.

On this day in 1965 - Beatles appointed O.B.E.s

The Say, by Cagerattler.

The other night I sent some photos of the region to a friend of mine in Baltimore, Maryland. He and his wife were keen to see some Fingal Valley stuff, not the usual tourism content. After sending them some of my own photographs via email which they appreciated I decided to have a look and see if there was much video to view... and I found it. It's called Valleys of Adventure (Fingal Valley, Tasmania) and he loved it. So did I actually. I decided to find out a bit more so I rang Peter Troode of Greater Esk Tourism, one of our local business owners who doesn't take a bad photograph. He mentioned that the Break O'Day and Northern Midlands Councils were predominantly behind the video and they enlisted Greater Esk Tourism to work with a local videographer Neville Hayes to produce the seven minute promotional film that can be seen on YouTube and websites including the Greater Esk one. <http://www.youtube.com/watch?v=heZlwJb0nWY>. They also have several other 20-30 second snippets of attractions, things to visit and do etc. while you are here in the Valley.

The title "Valleys of Adventure" also, as Peter informed me, was a feature of what they stand for and has been a big part of their mantra since they formed. The footage was by locals and Neville Hayes and is definitely well worth a look. Congratulations are due to the councils, G.E.T and the makers of the promo.

I suppose the over-riding aspect of the content is that the Valley/s have a great affinity to nature and the many things we can and should do feature our natural attractions.

I recall an article several years ago when we touched on historical walks, nature walks, trout fishing, abseiling, bike riding, climbing, camping and even canoeing. In the video pretty much all of that is featured as well as mention of four wheel driving, skiing and other things. It might be a pipe dream (but it does happen in other places) that one day there might be an adventure tourism company that might like to try out the Fingal Valley as a place to do exactly that in a well organised, safe and enterprising way where towns, businesses and the community at large will be able to showcase, benefit, protect and enhance our natural heritage for many years to come. To borrow a phrase from the State Government - "Explore the Possibilities", because as shown in the video they are wide and varied.

What do you think? Rod McGiveron.

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Letter to the Editor.

Could I make a few comments about the 12th September issue of the Valley Voice: firstly, my apologies regarding the date of Barclay Gordon's death - it was early September, not August. The 'typo' was mine.

It would seem Councillor Johns is in the 'wars' again, and I think that Cagerattler has missed his own point - "the seven month political campaign is finally over". Yes, indeed may there be peace in our lovely country.

And finally, the piece about Wilson, Keppel and Betty took me on a trip down memory lane for I used to see this act years ago (MANY years ago) when I was living in Chelsea, London. Mum and I used to go to the Chelsea Palace Theatre which presented vaudeville, light musicals (The Desert Song comes to mind) and panto of course at Christmas. But I loved the W., K. and B. act for they were hilarious. I would never have imagined anyone in Tasmania of all places would have heard about them, so thanks for including them in the V.V. and giving me a good laugh when David looked up the link. We all need a good laugh now and then!

Toni Brewster, Chain of Lagoons.

Letter to the Editor

I cannot comprehend Frank Giles' deliberate personal attack. Frank has been somewhat parsimonious with the full details regarding rate reduction and my reasoning for voting as I did.

To set the record straight I strongly supported the need for a rate revision.

As a Councillor I obtained consensus from a broad cross section of the community. This proved that there was support for such a rate revision within the farming sector. However, the mood was that this section of the rate paying community should not pay the same as the residential levy, as all sectors, except residential, can claim the rates on their tax.

I voted against the proposed reduction from 12 odd cents in the dollar to 7.5¢ because I felt that there could be a rate adjustment in the next Council budget to raise any loss of income from this year's rate.

I moved that the reduction should be 9¢ or the same as the commercial sector as this would alleviate any huge raise, if any, in the next budget.

The residential and commercial sector provides over 85% of the rates, which Council uses to provide all the essential services to the community.

Frank Giles asserts that there is no garbage collection; hence, the cost is not included in the rate demand. Water and sewerage was handed over to Ben Lomond several years back and is not a Council issue. Lighting is the responsibility of DIER. If Farmer Giles has an issue with these authorities then he should make his concerns known to these organisations.

I agree wholeheartedly that many farmers employ people, as do ratepayers and commercial businesses, albeit, without the luxury of engaging woofers. I myself employ and shop locally. In fact Frank...I have employed you on a few occasions.

Councillor Johns, St Marys.

Open letter to the residents and Councillors of Break O'Day Region

It was with great interest on returning home recently from overseas that I read the letter from our Mayor Sarah Schmerl to various politicians openly advocating for a better deal for the Break O'Day area. At last I thought someone is prepared to openly advocate for our municipality.

However despite being the poorest municipality in the poorest state of Australia, the government decided to give us nothing in the promised funding for Tasmanian Jobs and Growth Plan. Yes this was disappointing, but let us look on the up side to this decision (and other political decisions that have resulted in the total neglect of the Break O'Day region), after 20 years of being a safe Labor seat under the amply girthed Mr Adams, a massive swing of over 13% gave us a new Liberal Federal MP.

What does that mean I hear you ask - well Lyons now is in that sweetest political position of being one of the most marginal seats in Australia, a swing of only 1.3% in the next election can give Labor back Lyons. This means that both parties for the first time in 20 years will be looking to the voters of Lyons to win them the seat. Both parties will be desperate for your vote!

I believe it is now up to us in the Break O'Day region to put our political/environmental and other differences aside and apply pressure on our new federal MP to ensure that he opens up "suitable opportunities" to us (better known as pork barreling). What can we hope/press for? Well here are a few suggestions:

- Give us a permanent solution to the Barway problem.
- Promote all regional tourist areas equally, enough of allowing the large corporate destinations to flourish at the expense of other destinations such as Bay of Fires and Circular Head.
- Complete the bike track around Georges Bay.
- Ensure adequate timber supply for the smaller saw mills to operate.
- Give us a destination that tourists will come to - a Bay of Fires National Park. Is it a total coincidence that Federal Hotels are nearly all located right next to a National Park?
- Give us the promised upgrade to the sports centre, including the netball courts and how about a swimming pool as well?
- Get Taswater bills, especially sewage bills and developer charges, under control. At present they are hammering new developments and tourist accommodation providers alike.
- As St Helens is the largest town on the East Coast, serving a huge area is it not ridiculous that our High School doesn't offer years 11/12 options??
- Push for projects such as the sinking of HMAS Tobruk to go ahead.
- Fix St Marys Pass, no more peak tourist season closures.

For too long we have argued and bickered amongst ourselves allowing the Federal and State governments to ignore us. After all we were a safe Labor seat, so why should the politicians bother about us. Well that, thank god, has changed. I believe for the first time in 20 years,

Break O'Day region has a chance to catch up financially and politically with the rest of Australia. We simply cannot afford to yet again allow a golden opportunity to slip through our grasp. I would ask that we all take heart from optimists such as White Sands resort and Morty's new developments and join with Sarah Schmerl to create a strong voice for Break O'Day.

We are now facing a state election where Labor is facing political oblivion. Why? Because they are not listening to their electorate.

There is a wind of positive change coming to Tasmania in general - new politicians, new investment, new jobs, new hope - let's be a part of it and help lead it and not just slouch along as per normal, it's the future of our children we are talking about here.

A note for Mr Hutchinson MP - we got you in by the skin of your teeth, do the right thing now by Break O'Day or get ready to pack your bags in Canberra at the next election.

Paul Marchment
Tourist Operator
St Helens.

An open letter to the voters of Lyons.

THANK YOU

I am writing to express my heartfelt appreciation for your trust in me. I am humbled by such support and honoured to be elected your federal representative. My promise is that I won't let you down.

I will stand up for individuals, families and our community to ensure that regional Tasmania is never taken for granted.

To my campaign team and many volunteers, I say thank you. To those who voted Liberal for the first time, I pledge that your trust will not be misguided and I look forward to meeting the many new people who have shown their support.

To those who did not vote for me, I commit to working even harder to earn your trust. As your local member I will work for everyone and play my part in redirecting the economic course for Tasmania towards one of jobs, growth and rising living standards. I am currently following up on the commitments that I have made to ensure they are delivered. I am also working with parliamentary colleagues to implement the Liberal's Economic Growth Plan for Tasmania to restore opportunities and prosperity for current and future generations of this wonderful state.

My job is to represent you. I look forward to continue listening to the people of Lyons and encourage you to contact me with any of your issues or concerns. Together we can advance regional Tasmania's interests.

Yours sincerely,

Eric Hutchinson, Federal Member-elect for Lyons.

VALE: Author Christopher Koch, a two-time winner of the Miles Franklin Award, died in Hobart on Monday night aged 81, after a battle with cancer. He won the Miles Franklin Award in 1985 for *The Doubleman*, and in 1996 for *Highways to War*. His 1978 novel, *The Year of Living Dangerously*, was adapted to film. Koch, who was born in Hobart in 1932, had also worked as a broadcast producer for the ABC.

Dear Editor

Re: PEOPLE POLES FOR ST MARYS?

St Marys, like many other small Tasmanian towns, is suffering from the down turn in tourism, high unemployment and the exodus of young people from the area. It is sometimes felt by St Maryites that the emphasis in the Break O'Day area is on "Sun, Surf and Sand" and the hinterland with its rich history and diversity is somewhat neglected. Tourists and other travellers do tend to travel straight down to the coast without stopping, and spending their \$\$, at St Marys and other locations in the Fingal Valley.

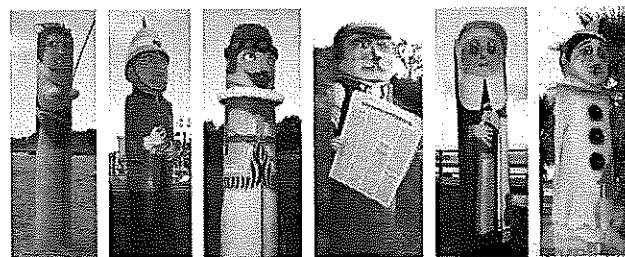
One idea to help alleviate this problem and to raise the profile of St Marys and the Fingal Valley with its diversity and historic links, is to erect, through town, a series of "People Posts", simple, lightly carved and painted figures reflecting the history of St Marys and the Valley, similar to the ones that are very popular along the waterfront in Geelong Victoria.

Such "People from the Past" could represent miners, timber workers, farmers, cheese makers, inn-keepers and so on. Some could represent actual, named individuals, including ancestors of current locals, and others general historical types relevant to the area and the township.

Our local sculptor John McColl is keen and has suggested it may be a good project to involve local unemployed people especially youth. Suitable timber is available in the form of the *Macrocarpa* pines at Mariton House (I have wanted to get these down for a long time!). What do people think? Would love to hear your views.

Diana Foster

Mariton House, Irish Town Rd
St Marys.



ABN 96 017 131 248

Georges Bay Esplanade, St Helens
POB 21 St Helens Tasmania 7216

T:03 6376 7900 F:03 6376 1551

E:admin@bodctas.gov.au

W:www.bodctas.gov.au

FROM THE MAYOR

19th September 2013

Dear Residents,

It is with great pleasure Council announces that St Marys and Fingal have been approved for RV friendly status. We expect signage to be given to Council in the near future for erection at town entrances.

Your sincerely,
Sarah Schmerl
Mayor.

OUT OF THE WOODWORK

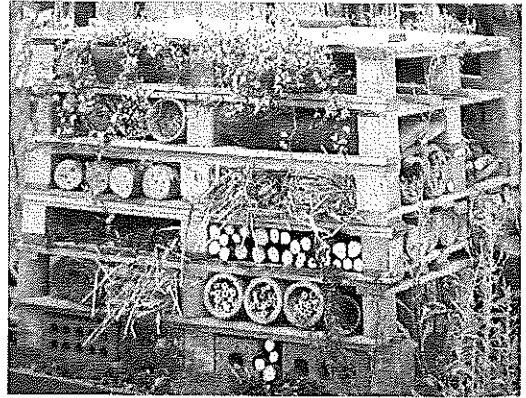
Secretary Wendy Brennan. 637 22094

www.breakodaywoodcraftguild.weebly.co

As spring is in the air many of our avid gardeners will be out and about to greet the new growth, woodworkers included. Our memorial garden is still evolving and many thanks to members of our community who have donated cuttings from some of our original supporters who sadly are no longer with us but are given the reverence and place they deserve in our little green sanctuary.

While on the subject of gardens, pictured right is an *Insect Hotel Habitat* which is one of our future projects. An average garden could hold as many as 2,000 different insect species and very few cause significant damage. By providing the right habitat we can greatly increase the number of insects which could be classed as beneficial. All that is needed are old pallets, dead wood, holes for solitary bees, dry leaves, straw and hay. Ladybirds and their larvae are ferocious aphid eaters. The adults hibernate over winter and they need dry sticks or leaves to hide in - just an example of the kind of guests you could accommodate "at very cheap rates".

Guild's Home Hint: PVC piping cut to size and width and stacked to your own preference makes great holders for those shoes which seem to endlessly disappear to the back of the wardrobe.



Sometimes it takes a little ingenuity...

Many years ago I worked as a telephonist for the PMG (disaggregated into Telecom in 1975) at our local exchange, which switched to automatic in 1978. Many of the girls who worked with me are still living here in St Marys. One morning whilst preparing for work I was showering, and as I lathered my hair profusely with shampoo the council, in its infinite wisdom and without forewarning, turned off the water! What a situation in which to find myself. My brain was working overtime as I tried to think of a solution to my predicament. There was no other access to water in the house. What to do??

A flash of inspiration suddenly came to me. My children had pet goldfish, and guess who had changed the water the day before? So with jug in hand, I gingerly dipped it into the tank, minding the goldfish.

I can laugh about it now but I still think about how I felt that day, having to rinse off the shampoo with water from that tank. I can't recall if I told my workmates about the situation. If I didn't they will certainly know now, won't they!! Have a laugh on me. Judy Spilsbury.

St Marys Badminton Champions 1973



Winning the Midlands Badminton Association's Eadie Perpetual Trophy outright by St Marys Robins was a good reason for celebration in 1973. Games were fought and won in a variety of venues in the Fingal Valley and east coast in that year. Players from St Marys, Fingal, Rossarden, St Helens and Bicheno braved the icy cold, dark nights to play both home and away games in small country halls of all shapes and sizes.

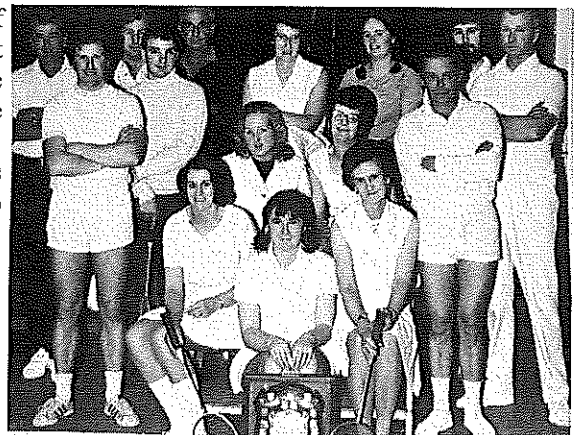
The hall at Rossarden was the most memorable. After driving through the dark, cold nights on our country roads, avoiding the odd wallaby and possum along the way and traversing Pepper Hill, we would be welcomed into the friendly atmosphere where the court was readied and the players huddled around small radiators in the corner awaiting our arrival. The hall was so small, the court lines extended right to the back wall; large hanging lights made for extra obstacles to avoid and incur a penalty if hit with the shuttle as would the partly sloped ceiling at one end of the court.

One hall in which we played even had part of the back section of

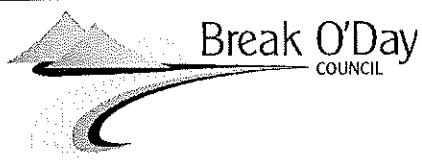
court extending up the front of the stage! A most noteworthy part of each event was after our games ended, to enjoy supper and more camaraderie wherever the venue and no matter who won the games.

We managed to forget the cold, our enthusiasm never waning as we aimed to have fun and somewhere along the way we learnt to play better badminton.

Margaret Forsyth.



Back from left - Claude Parker, Brian Forsyth, Gilbert Schier, Jessie Cornelius, Margaret Forsyth, Keith Cook, Doug Cornelius
Second row: David Hamilton, Jeff Johnson, Sally Denny (née Freeman), Heather Hayes, Billy Mitchell;
Front: Jan Mawson, Robyn Crawford, Iris Worsley.



Break O'Day
COUNCIL



ABN 96 017 131 248
Georges Bay Esplanade, St Helens
POB 21 St Helens Tasmania 7216
T:03 6376 7900 F:03 6376 1551
E:admin@bodctas.gov.au
W:www.bodctas.gov.au

17th September 2013

Dear Residents,

I am writing to you regarding the long-running St Marys Streetscape. At the August council meeting the decision to proceed was voted against. Please see the details of the agenda item below. As a consequence for the next financial year council will only do very minor repairs to the footpath in front of the shops in St Marys. You might well ask why don't we just do the footpath to a better standard and leave it at that? The answer is that as soon as anything other than very minor works are done there it will trigger needing authority from DIER which will in turn mean adopting their traffic management planning, parking, complying with disability requirements etc. It is unfortunately an 'all or nothing' outcome.

08/13.17.2 St Marys Streetscape - Closed Council Item Pursuant To Section 15(2)C Of The Local Government (Meeting Procedures) Regulations 2005

COUNCIL DECISION:

08/13.17.2.CC Moved: Cllr D Coulson / Seconded: Cllr M Osborne

That Council:

- Receive the report
- Acknowledge that revised prices have been received
- Acknowledge the use of a coloured stamped pavement is a priority product and limits the market
- Acknowledge that asphalt offers no real saving based on age
- Acknowledge within agreed budget
- Agree to the start of works by Crossroads as soon as possible
-

FOR Cllr S Schmerl, Cllr H Rubenach, Cllr M Osborne, Cllr D Coulson

AGAINST Cllr J McGivern, Cllr M Tucker, Cllr J LeFevre, Cllr R Johns, Cllr G McGuinness

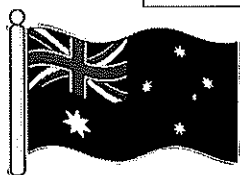
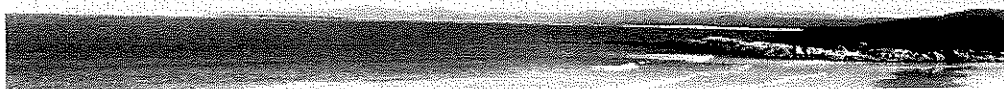
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Yours Sincerely

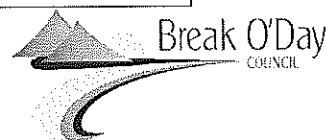
S. Schmerl

Sarah Schmerl
Mayor

from the mountains to the sea



Break O'Day Council Australia Day Awards 2014.



Citizen of the Year and Young Citizen of the Year.

Break O'Day Council is calling for nominations for Australia Day Awards 2014 for the above awards. Do you know anyone who you think is worthy of an award on Australia Day 2014?

Someone who selflessly gives of themselves for the betterment of the Community? Why not nominate them to receive an award in next year's ceremony.

Entry forms are available from Council Office, or email Chris.hughes@bodc.tas.gov.au

Phone 6376 7900. Forms will be on the Council web site - www.bodc.tas.gov.au

Closing Date for Nominations COB

Friday 13th December 2013



Hi everyone, I am hanging up the boots on Friday September 27th, taking Long Service Leave for fourth term then retiring at the end of the year.

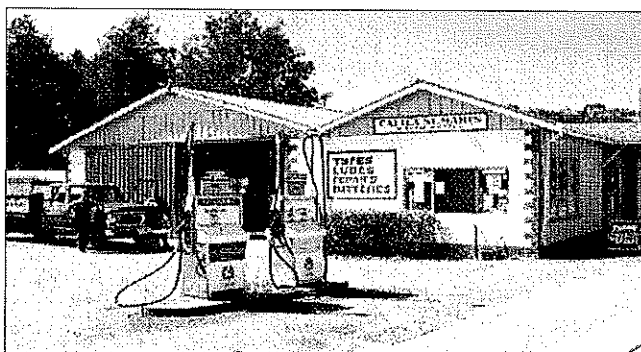
I'm writing this to thank you for the wonderful support you have given me. I first became associated with the St. Marys District High School as a secondary student 1971-74. At that stage I didn't realise I would continue that association for another 26 years as the Principal of feeder schools in Rossarden, Fingal and Bicheno for 10 years, then working directly at the school for another 16 years.

I have many wonderful memories of my time at St. Marys. Standouts include: the pool being built; David Bain and I starting Junior Football and the subsequent Melbourne trip with 103 of us going and \$23,000 being raised by the local communities; coordinating Junior Golf and the Governor of Tasmania visiting and playing against the locals with 36 of our Junior golfers managing the course for the day; our many sporting and academic victories; initiating our secondary students participating in the Northern High Schools Sports roster fortnightly and the many associated benefits, and starting Active After Schools for P-grade 8 aged students. All the highlights have a common element: tremendous local support. There are countless other highlights, too many to mention. During my time associated with the school I have worked with intelligent, caring, respectful, energetic and skilful students, parents, staff and community members. By working together in harmony great things have been achieved.

Many have asked what I will do in my spare time and the answer is simple: have a rest initially with many fishing trips planned and then stand for the local Council late next year with the intention of, if fortunate enough to be elected, focusing on greater transparency of decision making, stimulating the local economy and where possible relaxing the red tape which is hindering growth.

The St. Marys District School is a unique and wonderful place. I will miss it greatly and in the future continue to do everything I can to help it excel. The people who work within and with the school make it such a memorable place to be.

Thank you again everyone and best wishes for the future.
Barry Le Fevre.



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The Bleat.

I would ask you to always do your best, or you could find yourself in a situation like this:-

There was a builder who wanted to retire. He told his carpenter whom he trusted with all his work, as he had been working for him a long time, of his plans to retire and gave the plans of the last house he was to build to the carpenter. He was a reliable man and had always done a good job, but he was very disappointed that he may no longer have a job. He ordered all the timber, roofing material, plaster etc, and went about building, but seeing it would be the last job for the builder he used cheap materials and took many shortcuts, making the house somewhat inferior to anything he had built before. The house progressed well and the day came when the builder came to inspect the work that had been done, all looked well as the carpenter had covered up mistakes and second class materials. Then the builder called him over to the porch and as they stood there the builder presented the keys of the house to his carpenter and said "This house is for you for all the work you have done for me, thank you."

I can only imagine how the carpenter felt when he realized he had only short-changed himself.

I have lived enough years and done many stupid things so that I too short-changed myself.

Let me say from experience never do a crummy job even if you think no one will ever know - you will. Conscience is a funny thing, it sneaks up on you when you least expect it. It may be that day, week, month, year or more, but when it does you will rue the day you did.

I guess it comes with experience.

Someone once said 'Growing older is mandatory, growing up is optional, growing wiser is up to you.'

May this bring a blessing to all who take it on board.

David Brewster
Chain of Lagoons.



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Event 2 - 50 Target Double Barrel. Charlie Saunders

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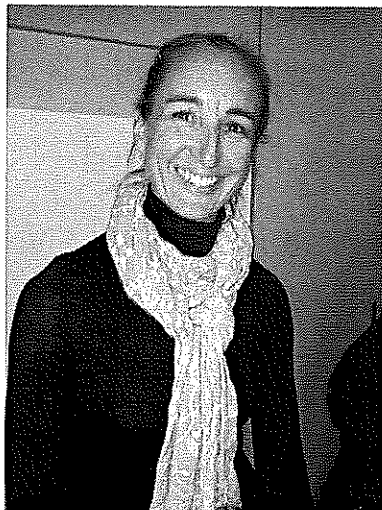
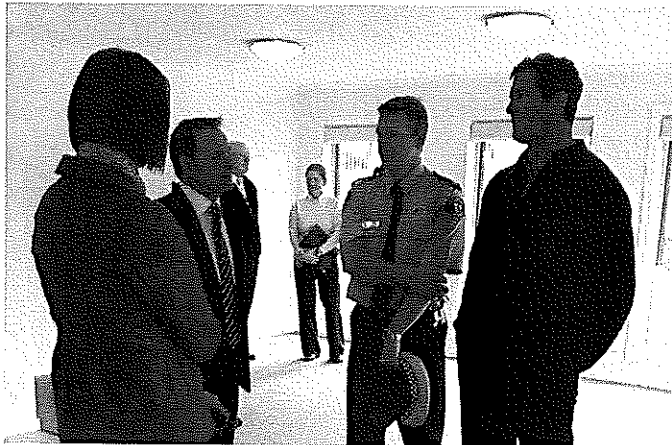
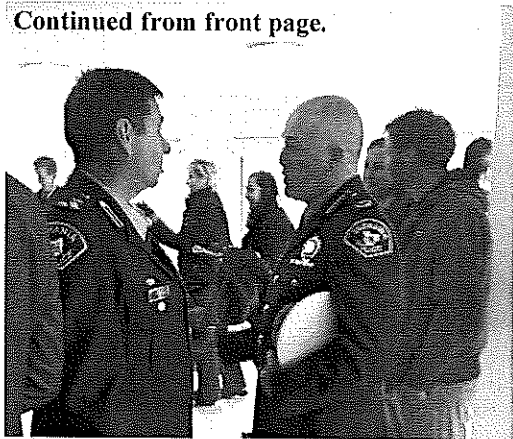
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Continued from front page.



Above left: Richard Cowling, Commander Northern District and Phil Wilkinson, Assistant Commissioner of Police.

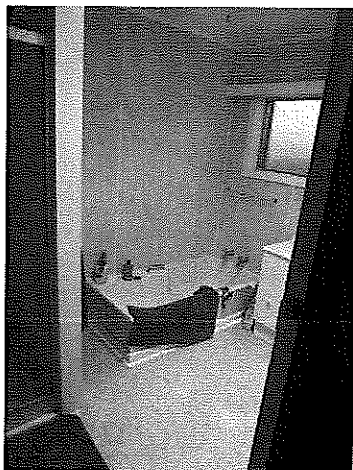
Above right: Belinda Matthews; David O'Byrne, Police and Emergency Management Minister; Acting Inspector Jason Jones, North East Division; Faran Matthews, Builder FJM Homes.

Left: Jennifer Binns

Right: Rebecca Tuck & John Vincent of the Hayshed Cafe Fingal, and Deputy Break O'Day Mayor Hannah Rubenach.

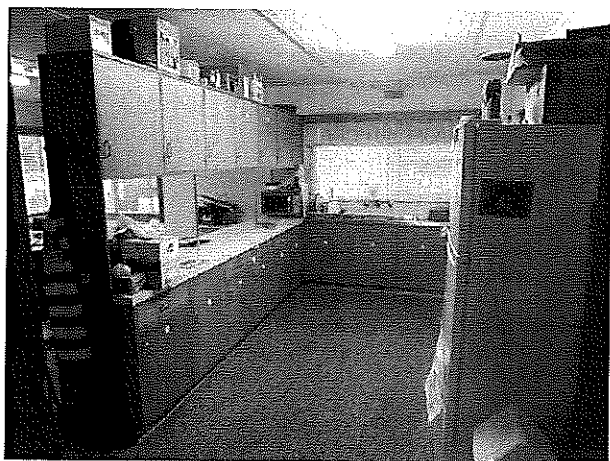
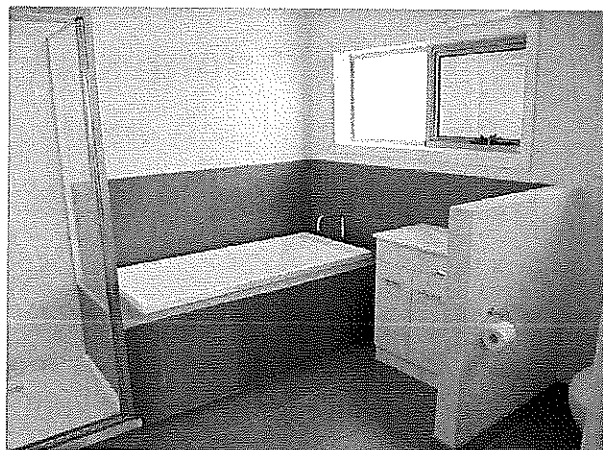
Photos taken by Editor.

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Before and after pictures of the refurbished flat above the St Marys Police Station.

Photos supplied by Max Patermann, Project Manager, Asset Management Services DPEM



www.fingalvalleyhistory.com
AGM., Wednesday the 18th
September.



The St Patrick's Head & Esk

Valley Historical Society Inc held their AGM at the St Marys Online Access Centre. The subscriptions were set at \$10 and \$15 per family and the executives for 2013/14 are Barry Aulich (President), Darlene Wright (Vice-President), Lois Hayes (Secretary) and Jim Haas (Treasurer). Committee: David and Toni Brewster, Henry and Pauline Biggelaar and Neil Capill.

PRESIDENT'S REPORT.

Well, here we are again at the end of another twelve months. We have been receiving some very interesting research requests - some family history, some about places etc., from people from many parts of Australia and other parts of the world.

It all makes life very interesting. We are now doing a fairly big research job of the Gray General Cemetery, photographing and collating information. We are fortunate to be able to work with Lange Designs who have been engaged by Break O'Day Council to prepare a plan for the cemeteries in the Municipality.

Our books have been selling well and we may need to go for another printing sometime in the future. I would like to thank all our members for their help during the past twelve months and the ever faithful committee, especially Lois who travels from Launceston without fail to our meeting and days collating at the Online Centre.

And I am envisaging a very successful year ahead.

Barry Aulich, President.

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SCAMANDER RAMBLE

Rescheduled

Due to the last Scamander Ramble being postponed because of bad weather, it has been rescheduled for Sunday the 27th October.

The ramble will be a walk and historical study of the Old Coach Road. The old road ran from Falmouth to Scamander between Henderson Lagoon and the sand banks and has a very colourful history.

Everyone is welcome to come along and enjoy the walk, a BYO lunch and learn about the great history of Scamander.

Meeting place will be at the Upper Scamander
turn-off at 10:00 am For more details phone Barry
on 6372 5752 or Henry on 6372 5464

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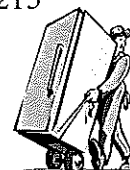
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THE ASYLUM SEEKERS by Beverley Rubenach.

DESPERATION

Little by little Ngoc and Tuan told us some of their story.

When the Viet Cong invaded South Vietnam, the life people had known changed forever. The communist conquerors saw most South Vietnamese as capitalists. Schools were closed. Ngoc feared arrest simply because she had been a teacher. Tuan was a definite target! Soldiers raided the bank where he was manager; they took all the money, destroyed documents and arrested the staff. Tuan was not arrested immediately but was held captive in the bank for several days and nights. With a gun aimed continually at his head, he was forced to teach the soldiers how a bank operated. He was totally deprived of sleep and denied food. He had no contact with the outside world. He had no idea if Ngoc was alive or dead.

Once the soldiers believed they had sufficient information about banks they took Tuan to a prisoner of war camp deep in the jungle. For two years he and other prisoners were forced to clear the jungle and dig the ground with their bare hands. They survived on one bowl of rice a day. This rice was often adulterated with gravel and caused Tuan to suffer severe stomach abrasion. He became desperately weak and ill. Finally he was released so he began searching for his wife; eventually he found Ngoc and her father who were both still free, but Ngoc's brother Huong had been taken as a political prisoner. All around them people were being arrested day and night. No one was safe. Tuan, on his return, was happy to find a daughter had been born during his absence but now they were considered capitalists and thus were subject to being arrested anytime, anywhere.

Then Ngoc became pregnant with their second child. Labour was extremely difficult - something was terribly wrong. Somehow Tuan managed to get medical help for his wife but the doctor's diagnosis was very bleak. He could do nothing more to help, the child could not be born, soon both mother and baby would die. Feeling helpless and hopeless Tuan walked the streets in despair. He came to a Christian church. Being Buddhist, he was reluctant to enter but desperation compelled him. He prayed, asking the Christian god Jesus to help Ngoc. The prayer gave him courage to go and face whatever awaited him. On entering his home he found Ngoc sitting up in bed, smiling at their newborn healthy baby boy in her arms.

The Nguyens survived day by day doing whatever menial work they could find. Fear, hunger, despair and desperation were daily companions. Vietnam, the land they loved, now held no hope, no future for them. They had to escape. There was only one way to do this - by boat - illegal boat. That meant money - lots of money. For three years Ngoc and Tuan worked most nights making candy in secret. These tiny candy balls were sold to secret customers. Everything had to be done secretly for every transaction was monitored by the Viet Cong - they wanted everyone to remain captive. Freedom no longer existed for South Vietnamese. Tuan and Ngoc knew that discovery would mean life imprisonment but they had to escape. Finally they had sufficient money to find a 'people smuggler.' It was risky for many 'people

smugglers' could not be trusted. They took people's money and disappeared or they sometimes betrayed would-be escapees to authorities.

Ngoc's father was the only person who knew of their planned escape. Any person 'in the know' would be branded an accomplice and sentenced to long years in prison. On the designated day the four Nguyens joined dozens of other escapees at a secret location in the jungle. There were hours of tense waiting until nightfall. Soldiers constantly patrolled the jungle near river banks. All the children had to be sedated to prevent them from crying or talking. There had to be absolute silence.

Sentries were posted at regular intervals along every river to intercept would-be escapees. Some people smugglers did pre-arrange bribes so the sentries allowed safe passage down the river. Ngoc and Tuan hoped their boat had been negotiated. The stealthy late night trip down the river was uneventful. Just as day was breaking, they were at the ocean. This boat, overflowing with men, women and children, was bound for a refugee camp on an island off the coast of Malaysia.

Bound for freedom - then "Big guns and little guns began showering the boat with bullets," Tuan told us. "Some bullets hit the boat. People cried, people screamed, people prayed. I remember time I pray to Christian god Jesus and he keep Ngoc and Thu safe so I pray to Jesus. For about half an hour we were in firing range but everyone was safe. The boat only have a few holes. Big gun bullets should have sunk boat but all big bullets missed. We sailed on towards freedom."

Ngoc continued "Boat start leaking not from bullet holes but because it very old. Then compass break. Men tie knots in long rope and drop overboard to measure ocean depth."

"We have good captain he know ocean currents and chart course without instruments," says Tuan with admiration. "Voyage meant to take three days but on second day thick fog everywhere. Fog clear a little on third day and we see land. Everyone cheer. We sail closer it look just like an island off coast of Vietnam. Now everyone silent. In big fog we must have gone around in a circle and we are back in Vietnam. Everyone so sad - so afraid. We try turning boat around so we can escape but big boat come very fast chasing us. We know all is lost. Viet Cong take us all prisoners for life or even kill us even the children. Freedom gone forever! Then we see big writing on side of big boat it say "U.N." Tuan's face erupts into smiles. "This not enemy boat, this rescue boat!" Ngoc lets her tears flow freely at the happy memory. We cried too.

The United Nations sent boats searching the seas to rescue the asylum seekers. They were then escorted safely to refugee camps. "Did you know the dangers before you left Vietnam?" we asked. Yes they did. They knew many boats were captured or sunk by the Viet Cong. Some boats sunk because they were unseaworthy and overcrowded. Pirates attacked and killed asylum seekers.

"So why deliberately take such risks?" Both Ngoc and Tuan were adamant. "Better to die at sea than live under Viet Cong!"

For five months the Nyugens endured deplorable conditions in the refugee camp. The U.N. gave Malaysia money to feed the asylum seekers daily but often corrupt officials took the money. "Sometimes food so rotten we could not eat it - bury it. But when no food came for

many days we dig up bad food and eat. It make people very sick and many die," Ngoc reflected. Tuan took up the story. "Insects bite everyone - everyone get sick. Flies everywhere, rats everywhere. Men stay awake all night to kill rats with sticks so they not bite women and children."

A PLEASANT SURPRISE

One day in early 1982 a letter came for us from Ngoc's father in Vietnam. We corresponded regularly but we had to be guarded in what we wrote as mail was frequently intercepted by the Viet Cong.

Then in October a small package arrived. It was a tin about 6 cm by 5 cm and it contained ten small candy balls. A note from Ngoc's father said it was a small thank you for helping Ngoc and her family. He apologised that the candy wasn't as tasty as it should be but he could not get all the right ingredients.

Ngoc told us they were just like the candy they had made in secret for three years that provided them with their escape money.

To be continued...

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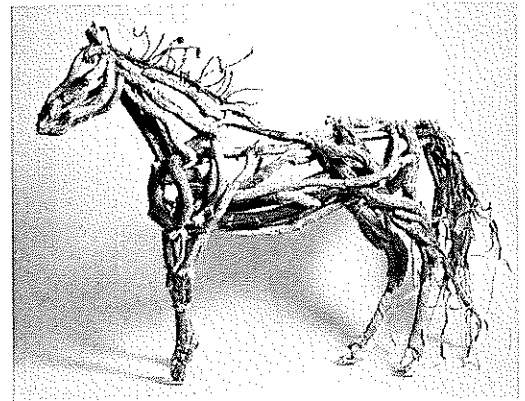
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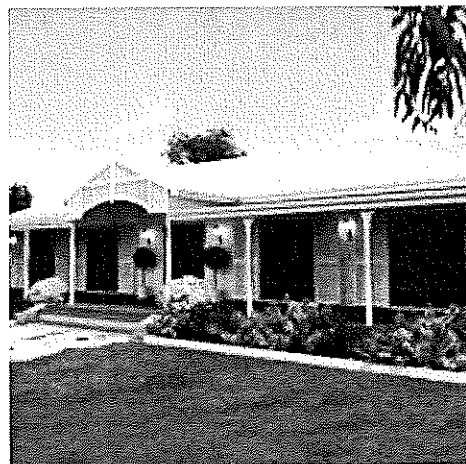
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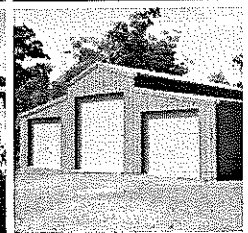
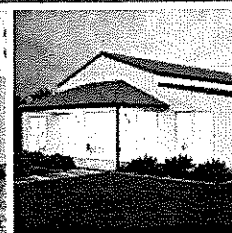
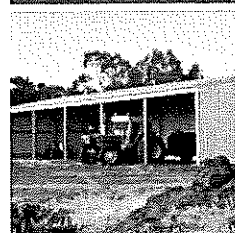
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Pete Cornelius and the Devilles launched their new album 'Groundswell' at the Falmouth Community Centre on Sunday 15th September, to a very appreciative audience.

Simon Holmes (bass), Henry Nichols (drums), Lila Meleisea (not pictured, baritone saxophone), Pete Cornelius (guitar and vocals), Susannah Coleman-Brown (guitar and vocals) and some of the crowd.



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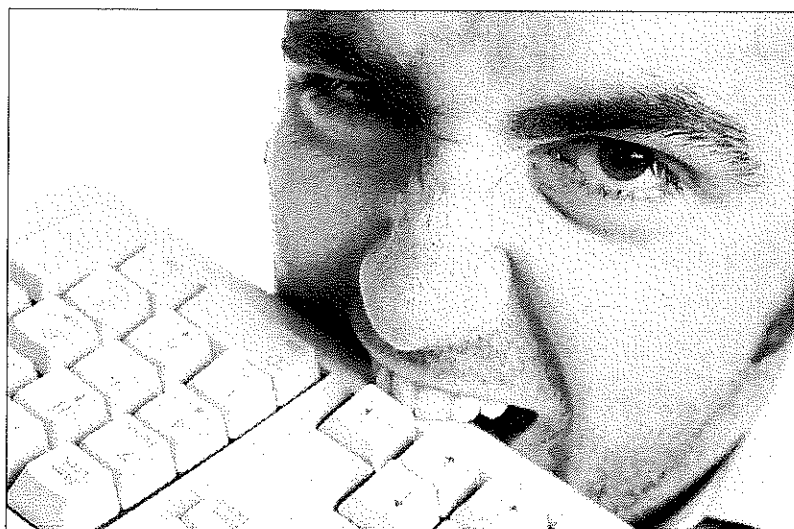
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Dad's cars...

Inspired by past writings in *Restored Cars* about cars we remember, I got thinking about my Dad's cars which started with a Renault 750 in the late 50s. Dad clocked up about 10,000 miles in the Regie but Uncle Kev reckoned it was only 5000 because he pushed it half the time!

The entertaining rear-engined frog gave way to an Austin A90 Westminster, apparently a lovely old jigger with a charming interior. But what he really longed for was a V8 Ford of some sort which he achieved in the early 60's in the form of a '53 anniversary Customline and later a '58 'star' model Customline; great reliable cars, these, except for a persistent rear main seal leak in the Y block. When he found Mum about the same time, (complete with '53 Prefect!), the Forestry Tasmania wage struggled to run two cars so the Cusso and "Perfect" were traded on an XM Falcon, their first and only new car! This was the first car in my memory and a handsome bugger she was with white over aqua paint, matching cloth interior and white-walls of course! This car was actually delivered to our small country town twice by the Launceston Ford dealer as it arrived the first time with the wrong options and upholstery so Dad told 'em to shove it and bring it back when it was right!

But the lure of a V8 was again much too strong so the XM was traded on a near new XR Falcon 500 V8 sedan in '68. This car had a big influence on me and fostered my love of V8s to this day! (I have 5 now!). Even though most of my friends' parents had later model cars, our falcon with that sweet 289 always felt a class above. Even as a preteen in the late 60s I observed how woefully inadequate anything with a 'grey' motor was. Put 'em in the same box as Landrovers and Volkswagens. Thankfully these 3 marques have all improved!

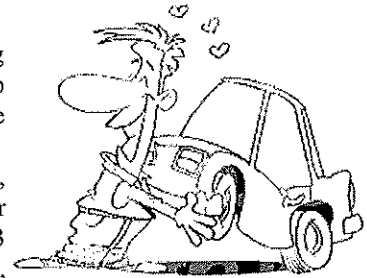
However, back to the XR, which was traded on a fully optioned mulberry XB GT sedan in 1975 after Dad turned down a wild plum XY GT for \$5000 a year earlier! Too hard for Mum to drive you see, what with manual steering and gearbox. Dad learned all about slippery diffs in the XB one night on a gravel road when a jab on the tucker pedal sent the big bird into a 360, missing 2 guide posts and 2 wire fences! Us kids thought it a real hoot and wanted Dad to give it another try!

With fuel prices blasting off in the early 80s Dad bought Mum a 6 cylinder XE Fairmont Ghia ESP which was a fantastic point to point car with the well sorted dynamics making up for the lack of a V8. After a couple of years with a Honda Prelude a '91 Honda Legend arrived which they still have, a great car with all the fruit and cast iron reliable for 20 years.

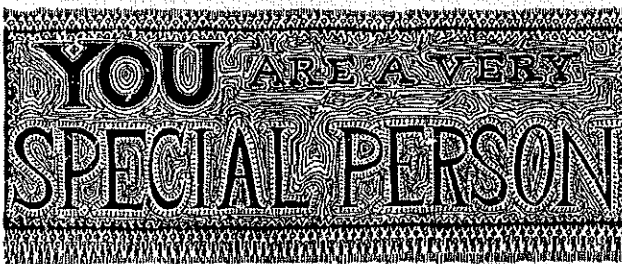
Of course there were also work cars, starting with Falcon utes of XL, XR and a rare factory V8 XC followed by a succession of 4WD 'F' series, Bronco and a trifecta of Nissan Patrols. But it was the '81 aussie assembled Jeep Cherokee that really stood out, born to tow, comfy, smooth Rambler 360 motor and Torqueflite Tranny. Great in the bush too, Dad reckoned it would climb anything but a tree leaning this way! Dad scared the crap out of Mum once when he had AMCs finest 4X4 heading up a track so steep that the screen washer fluid was siphoning out the nozzles without being switched on!

There were the trucks and spare work cars too, but that's a story for another day.

Cheers, Grant.



To whom it may concern:



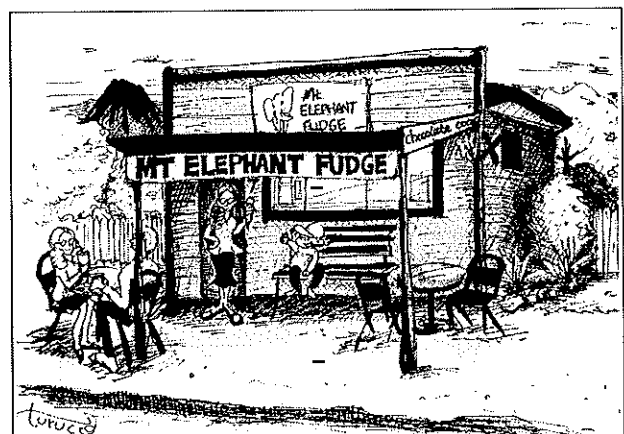
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News from the Fingal Valley Early Years Group

Local early childhood educators, Cathy Parker (Building Blocks Co-ordinator) and Tanya Greenwood (St Marys Child care Centre Director) both recently attended professional development conferences on the mainland.

Tanya was one of fourteen educators from geographically isolated and rural and remote areas across Australia who enjoyed the NQF Conference thanks to generous scholarships of up to \$2000 which cover their travel, accommodation and two-day conference ticket. The conference was attended by 1,000 delegates from around the country. Over the two days delegates had the opportunity to participate in a range of breakout sessions centred around the conference themes of Quality, Consistency and Excellence.



Right, Scholarship delegates enjoying NQF Conference,

Meeting with NSW Minister for Education the Honourable Adrian Piccoli MP.

Change specialist and HR leader, Karen Schmidt, provided delegates with strategies on how they can adopt and embrace change within an organisation while working within a framework such as the NQF.

Leading social demographer and futurist, Mark McCrindle, outlined what the changing face of Australian families will be into the future and how that will affect their approach to quality and care. Delegates were encouraged to share and use this knowledge to help shape future communication and program strategies. On day two, National Children's Commissioner Megan Mitchell outlined her vision – to give children a voice in Australia.

The sessions attended will be invaluable in ensuring that children in our area can access high quality programs. St Marys Child Care Centre will undertake their first assessment and rating process under the new national standards late 2013.

Cathy:

Building Blocks works in very isolating situations with limited contact with other similar services. It was with great excitement I was invited to the NSW Mobile Meet to liaise with other similar programs/services.

The Journey to Equality was the theme of the Mobile Meet in Albury Wodonga in NSW, which Cathy attended in September 2013, a conference for all services that provide Mobile Children Services program in Australia and New Zealand.

190 delegates over 3 days knuckled down and explored

- Creating an Indigenous Inclusive Environment
- Transition to school
- Child Protection: A Strengths Approach
- Communicating with Communities and the Early Years Learning Framework
- National Quality Framework (NQF)

The conference main aim was to introduce the framework and break down the barriers to staff: to show and encourage positive and negative aspects of how to implement the NQF within a Mobile service.

The Building Blocks team is dedicated to ensuring high quality care in the region through regular training and updating knowledge bases. Being able to network and build knowledge with other services similar to our own is indispensable.

For more information about any of our programs please contact either Tanya Greenwood, Director, St Marys Child Care Centre 6372 2187 or stmarys@ncn.org.au, or Cathy Parker, Building Blocks Coordinator.



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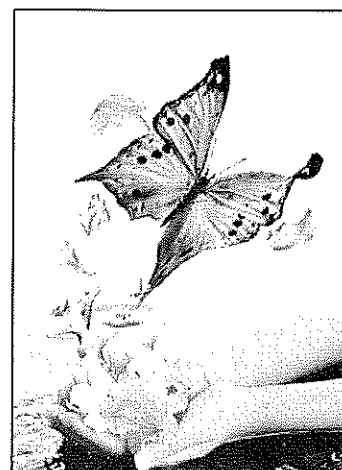
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Think Tanks ... some of their roles in our lives. by Robespierre

Think Tank is the name given to an international Bank owned/run Institute (or other org.) that engages in activity to further the agenda and interests of international Bankers, Multi & Trans National companies. They have unlimited funding and are well entrenched, worldwide. Some leading names are Tavistock, Sydney Institute, HR Nichols Society, etc. They adversely affect our lives on many fronts; from programming the teaching of Political Correctness ("Rights" of the child, sex education etc.) into our learning institutions, to introducing policies & legislation for our Governments to emplace.

They network an army of writers & intellectuals in the community to constantly follow up various planned populous "issues" to draw, distract and captivate the public attention away from unsavoury real issues, policies and agenda on which Banksters (banks/gangsters) are active. These quisling operatives can be high profile TV and journalist presenters, but large numbers are drawn from the community at large. Whether high level operatives working at preprogrammed misinformation propaganda, psyop agiprops, "tar blacking" of key individuals or groups that are problematic to governments or just writing misinformation to further sales for some multinational, they all, by and large, are NOT working for your best interests. They are criminal in effect and in most cases, intent. All this is known in the more esoteric public circles and certainly to ALL politicians. All of the above, of course, is headed up by the P.I.G. (Permanent Invisible Government), shadowy power brokers who run Think Tanks and your life.

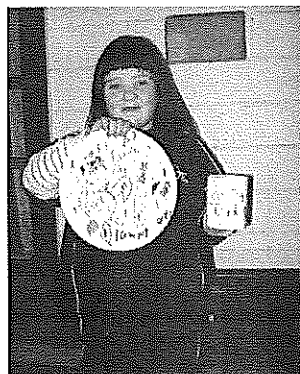
And because our political "System" is so deeply entrenched, any hint of opposition to the evil, is carefully managed by a compliant media and friendly "government" departments. Australia Post at the last, and previous elections, refused to distribute fliers for some Independents. At the previous elections, one man on a senate ticket in N.S.W. paid them \$25,000 to post fliers. They failed to do so, and the last I heard was that they even refused to refund.

On more subtle, but *fundamental* ways Think Tanks create campaigns with media compliance, moulding population ideals and thinking and furthering agenda and matters already in place – or preparing (conditioning) people to accept another level of chicanery.

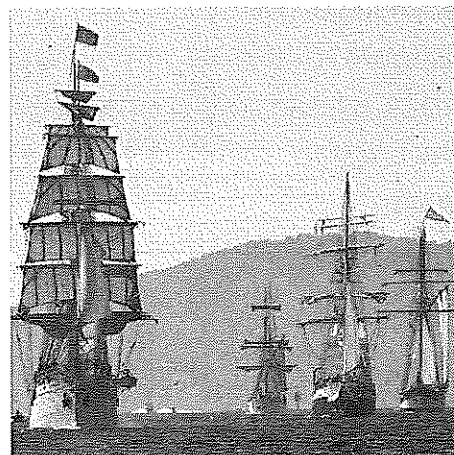
Double standards are an integral part of this, eg. while one TV channel is telling us about our "rights" in "graded" levels of violence and inviting "reporting" of public concerns, other channels are showing blatant porn. The confusion is intentional and part of the acceptance of societal degradation. The general objective is to destroy all levels of moral standards and religion and accept uninhibited decadent behaviour as the norm.

Nothing really new here. All been done before, except not many noticed. But it IS new to a couple of generations of malleable youth, preoccupied with team & sport mentality, high fives and heaps of Americanism. So this is my little bit for my country and kids everywhere..... *More later.*

Don Pike, Four Mile Beach.



More JAM pictures from Father's Day not included in the last issue.

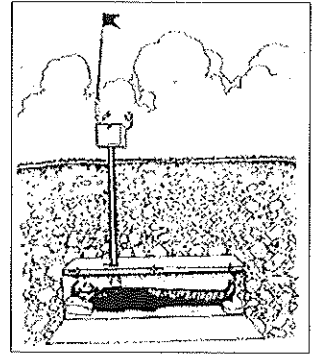


Bill Chalkley took this photo of ships leaving Port Phillip Bay, Victoria, and the Melbourne International Tall Ships Festival, bound for Hobart.

The Legend: Some poor person is committed to his or her eternal resting place, even though they aren't quite ready to take that final step. Scratch marks are later found on the coffin lid along with other desperate signs of escape.

The Truth: This not only happened, but back in the day it did so with alarming regularity. In the late 19th century, William Tebb tried to compile all the instances of premature burial from medical sources of the day. He managed to collect 219 cases of near-premature burial, 149 cases of actual premature burial and a dozen cases where dissection or embalming had begun on a not-yet-deceased body. This was an era before doctors such as the esteemed Dr. Gregory House gained the ability to solve any ailment within 42 minutes. If you went to the doctor with the flu in those days, he'd likely cover you in leeches and prescribe you heroin to suppress your cough. Their only method for determining if a person had died was to lean over the person's face and scream "WAKE UP" over and over again. If you didn't react, they buried you.

The concern over being buried alive back then was so real that the must-have hot-ticket item for the wealthy and paranoid were "safety coffins" that allowed those inside to signal to the outside world (usually by ringing a bell or raising some type of flag) should they awake 6-feet under.



In the 16th and 17th centuries, most commodities were transported by ship. It was also before the invention of commercial fertilizers, so large shipments of manure were quite common. It was shipped dry, because in dry form it was much lighter but once water (at sea) hit it, not only did it become heavier, but the process of fermentation began again, of which a by-product is methane gas of course. As the manure was stored below decks in bundles you can see what could (and did) happen. Methane began to build up below decks and the first time someone came below at night with a lantern, BOOOOM! Several ships were destroyed in this manner before it was determined what was happening.

After that, the bundles of manure were stamped with the instruction 'Stow high in transit' on them, which meant the sailors had to stow it high enough off the lower decks so that any water that came into the hold would not touch this volatile cargo and start the production of methane.

Thus evolved the term 'S.H.I.T' (Stow High In Transit) which has come down through the centuries and is in use to this very day. You probably did not know the true history of this word.

Neither did I. I always thought it was a golf term.

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One Direction are an English-Irish boy band based in London, consisting of Niall Horan (the cute one), Zayn Malik (the quiet, mysterious one), Liam Payne (the sensible one), Harry Styles (the charming one) and Louis Tomlinson (the funny one).

They finished third in the seventh series of the British *The X Factor* in 2010. One Direction's two albums *Up All Night* and *Take Me Home*, released in 2011 and 2012 respectively, broke several records, topped the charts of most major markets, and generated hit singles, which include "What Makes You Beautiful" and "Live While We're Young".

Often described as forming part of a new "British Invasion" in the United States, the group have sold 19 million singles and 10 million albums. Their achievements include two BRIT Awards and three MTV Video Music Awards.

One Direction represented a \$50 million business empire by June 2012; by April 2013, the band had an estimated personal combined wealth of £25m. Neil McCormick (*The Daily Telegraph*) noted that there was still a market for "clean cut, wholesome, whiter-than-white, middle class parent friendly pop: cute boys advocating puppy love. And what could be better than one cute boy, if not five?" Bill Werde (*Billboard*), commented "There's a lot of possibility here, the level of talent with those kinds of looks, it's really a perfect storm for a massive phenomenon." Sonny Takhar (Syco Records CEO) attributes the breakthrough to the

power of social media.

"Sometimes you feel the song's the star, but it's not like that here – it's the act. It's a real moment. Social media has become the new radio, it's never broken an act globally like this before" he said. Will Bloomfield, the group's manager, added, "These guys live online, and so do their fans." One Direction's Twitter account had 10 million followers by 2013, gaining an average of 21,000 per day.

Niall Horan commented "People think that a boy band is air-grabs and being dressed in all one colour. We're boys in a band. We're trying to do something different. We're trying to do different kinds of music and we're just trying to be ourselves, not squeaky clean." Leah Collins (*National Post*) remarked that One Direction had succeeded on the latter front, "For the most part, that just means the group presents themselves as typical, goofy and uncensored teenage boys – posting jokey YouTube videos or boozing at awards shows." Kitty Empire (*The Observer*) said "One Direction fulfil a great many boy band prerequisites (looks, soppy lyrics, tune-grasp, fame-lust) but their lack of routine points to the subtle digressions afoot here". http://en.wikipedia.org/wiki/One_Direction



Celebrate

and support wellbeing

Mental Health Week October 6 to 12, 2013

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What's on?

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- Free sausage sizzle
- Bring a picnic to share with friends
- Family fun activities
- Alcohol and smoking-free event

When?

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starts at 5.30pm, sausage sizzle at 6.30pm, movie at 7.30pm

Find out more: **Contact Julie on 6326 1720 or visit www.anglicare-tas.com.au**



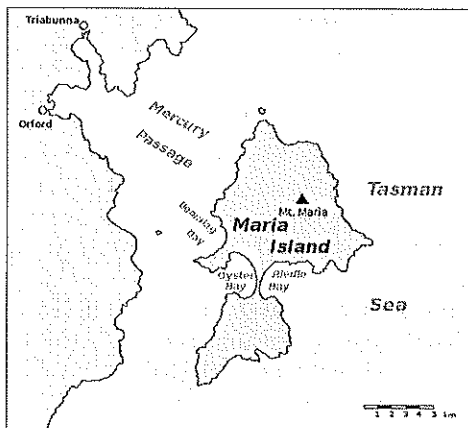
Rated PG, 96 mins

Mental Health Week in Tasmania will be connecting rural communities together to celebrate and support wellbeing.

FROM CONVICT TO TENANT FARMER

George Breadmore/Bradmore (1803 – 1882)

George Breadmore was a convict when he arrived in Hobart Town on the *Chapman* on 7 October 1826*. When he left Portsmouth on 10th April 1826, he was supposedly on the *Shipley*, according to the Maria Island convict records (which listed him as George 'Beadmore')**. George had spent more than a year in London gaols and on a prison hulk on the river Thames. He was convict # 913 on the ships' cargo list, and was described as being 5' 7½" tall, or about 172 cm. His hair was dark brown, he had grey eyes, and there was a large scar running down his right cheek to his chin. His



occupation was recorded as labourer.

On 28 February 182__, when George was 19 years old, he stood trial at the Berkshire Assizes. He, along with a John Giles (aged 24), were charged with stealing silver-plated goods and cash worth over 40 shillings from George Edwards, a Hungerford schoolmaster, on the night of Saturday 18 December 1824. Mr Edwards testified that a waistcoat had also been taken. Both men were found guilty and given the death penalty. Later, this was commuted to transportation for life to Van Diemen's Land.

As soon as he arrived, George was assigned to a free settler, Mr. King, near Hobart. On 19 February 1828 he was transferred to the Maria Island penal settlement, and remained there until 13 September 1831, when he was sent back to Hobart.

1828 saw 145 prisoners living on Maria Island. Major T. D. Lord was Commandant from 1 August 1825 and had a reputation for being lax in discipline. Apparently some Tasmanian convicts deliberately committed

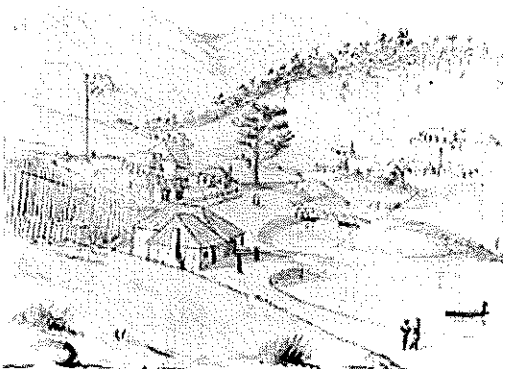
minor offences so they could be sent to this place of 'ease and pleasure'. Lord was effective in setting up trades, manufacturing processes or the teaching of useful skills, such as sawing and splitting. However, Lt. Gov Arthur was not impressed with the island's level of productivity, stating that Macquarie Harbour (where the more hardened criminals were sent) was more than twice as productive. He also observed (concerning discipline and accommodation, after visiting Maria Island personally) that '... the main design had been a comfortable residence and agreeable pleasure grounds for the Commandant ...' The island also became notorious for convict escapes by raft or bark canoe. Some died in the attempt; others gave themselves up. A few also ended their lives on the gallows.

Despite Arthur's remarks, Lord did oversee the building of more permanent accommodation during his tenure. Bricks made on the island, as well as sandstone excavated from the sea cliffs, were used to construct these, including the commissariat store (1825) and a penitentiary (1830); both these buildings stand. Presumably George Breadmore was able to benefit from this new accommodation***, as both prisoners and officials were housed in log and bark huts, or even tents, prior to this. Hopefully his diet also improved; supplies were very short for some time after the establishment of the convict settlement, and the men had to go fishing and hunting for food. Many convicts suffered from scurvy, ulcers and boils, yet were expected to carry out hard labour in cutting down trees and cultivating the ground.

While working for a Mr. Barnes in 1834, George got into trouble with the law again, for stealing 17½ lbs of sugar from an unknown person. George was convicted for this offence on 14 November 1834 and sentenced to 12 months imprisonment. He was put to work on the Launceston chain gang and not released until the end of October 1835. However, he was punished twice during this time, both times for 'neglect of duty'. He received 25 lashes on each occasion.

George was still a convict when his daughter Elizabeth (known as Betsy) was baptised. At this time, he was working for a Mr. Solomon of Evandale, on assignment. [Mr. Solomon's house still stands at the T-junction of the main street at the entrance of the Evandale village and is, at the time of writing, a restaurant and bed and breakfast accommodation.]

George's wife Elizabeth was a free settler who arrived in Van Diemen's Land on the *Sarah* in February 1835. She was one of 2,700 women who chose to emigrate to NSW and Van Diemen's Land on 14 different ships between April 1833 and February 1837, under a scheme managed by the



Darlington Convict Settlement, Maria Island

London Emigration Committee as a British government initiative. This scheme offered 'unmarried women or widows' to 'better their condition' in the distant colonies, where maids and domestic servants were in high demand. Due to the existing gender imbalance it was also likely that many of these women would quickly find husbands.

Records show that Elizabeth was one of about 25 women who sailed in cabin class, which probably meant that she was able to pay more for her voyage. Other women travelled steerage, where conditions were often crowded and unhealthy. Apparently, the voyage on the *Sarah* was orderly and harmonious, due to the supervision of Supt. Charles Logan and his wife. They had appointed married women among the passengers to fill the various roles usually held by the sailors. They were in charge of handing out rations and also officiated as matrons. There were always three married men on deck and at each hatchway. This prevented the harassment and sexual misconduct which did occur on some ships, and which were

often either ignored or even encouraged when supervision was carried out by the ship's crew.

Within days of landing, Elizabeth had obtained a position with Mrs. Gilles in Launceston. Her wages were to be £12 per year. However, soon after arriving in Launceston Elizabeth became pregnant with her daughter, also to be named Elizabeth. It is not known if she was able to remain in her employment at the time of writing, or where she lived, as she and George did not receive permission to marry until 1838.

In 1836, after George had been in the colony for 10 years, he was granted a ticket of leave. It restricted him to the Oatlands district in central Van Diemen's Land, but he was now allowed to work for himself or hire himself out, and to acquire property. However, while working for a Mr. Hickley, he was charged with another offence on 29 June 1836 - for 'having a board in his possession for which he could not satisfactorily account' - and was given 21 days hard labour. His ticket of leave was also suspended during this period. George was granted a conditional pardon by the late 1840's, and became a tenant farmer on the Adelphi estate, Whitemore, in 1848. This was also about the time he changed the spelling of his surname. In 1850, he leased 60 acres, and he cleared and fenced 50 of these by hard labour. Rental at the Adelphi estate was fixed at ten shillings per acre for seven years from 1847. This could be paid in the form of produce, which was equivalent to three bushels of wheat per acre per year. The work was hard; one source described land clearers like George as 'human bulldozers'. However, it offered him a previously undreamt-of opportunity to become a farmer and earn a decent living. George soon increased the size of his lease to 80 acres, and later his son Henry leased an additional 151 acres of adjoining land in his own name. (George's future son-in-law, William Summers, worked on the Adelphi estate in 1847/48 as a convict. Later William leased land on the same estate and also became a tenant farmer.)

George and Elizabeth had four more children after Betsy, including a set of twins. Sadly one of the twins died before she was a year old. Elizabeth died of asthma in 1857, aged 52. In 1859, George married again - his new wife was a widow, Mary Richards, and they were married at Westbury. There were no children from this marriage. George lived to what was then the ripe old age of 79 years. Despite his youthful misdemeanours, he ultimately led a productive and hard-working life, having achieved more than he ever could have done in his home country.

© Rita Summers

Notes

[*The Chapman (558 tons) was built at Whitby in 1777. The ship was rebuilt in 1811 and had major repairs in 1815. It was sheathed in copper ca 1814. The voyage of 1826 proceeded from London to Van Diemen's Land (master John Milbank, surgeon J H Hughs). A total of 100 male convicts embarked, 2 escaped, no deaths, 98 landed at Hobart; arrived Sydney, NSW on 4 Nov 1826.]

[**The Shipley's last voyage to Australia was in 1822, so this detail was incorrect. The George 'Breadmore' listed in the Maria Island records, however, does seem to be our George Breadmore.]

[***Although the accommodation might have provided better protection against the elements, it was very crowded - nearly 400 prisoners slept in only 6 rooms.]

Sources

Parks and Places - Maria Island; Historic Darlington, by Parks and Wildlife Service Tasmania

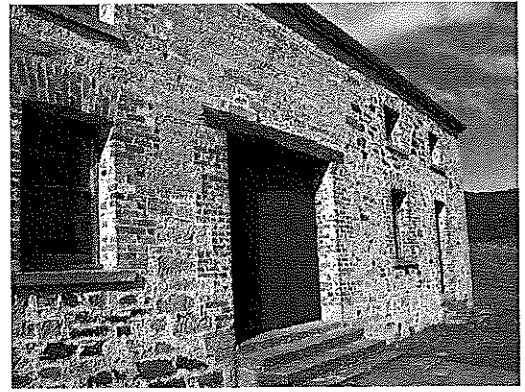
Tasmania's Cultural Heritage - Maria Island National Park (A Brief History of European Occupation), by Parks and Wildlife Service Tasmania

Welcome to Maria Island National Park - A tranquil island, a turbulent past, by Parks and Wildlife Service Tasmania Don Bradmore

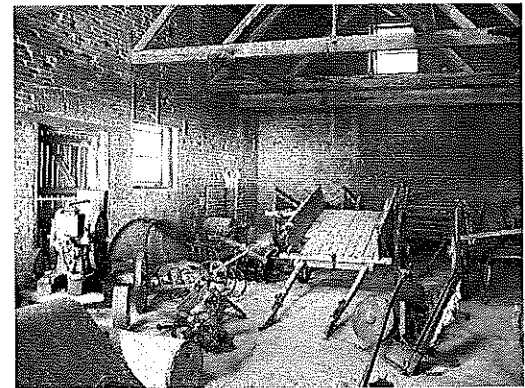
Tasmanian Pioneer Index 1803 - 1899

Maria Island Convicts 1825 - 1832, by Brian Rieusset, West Hobart, Tasmania; 2007

<http://sltas.altarama.com/default.aspx?mi=GgvNUSCZSb> (Graeme Moad's Homepage)



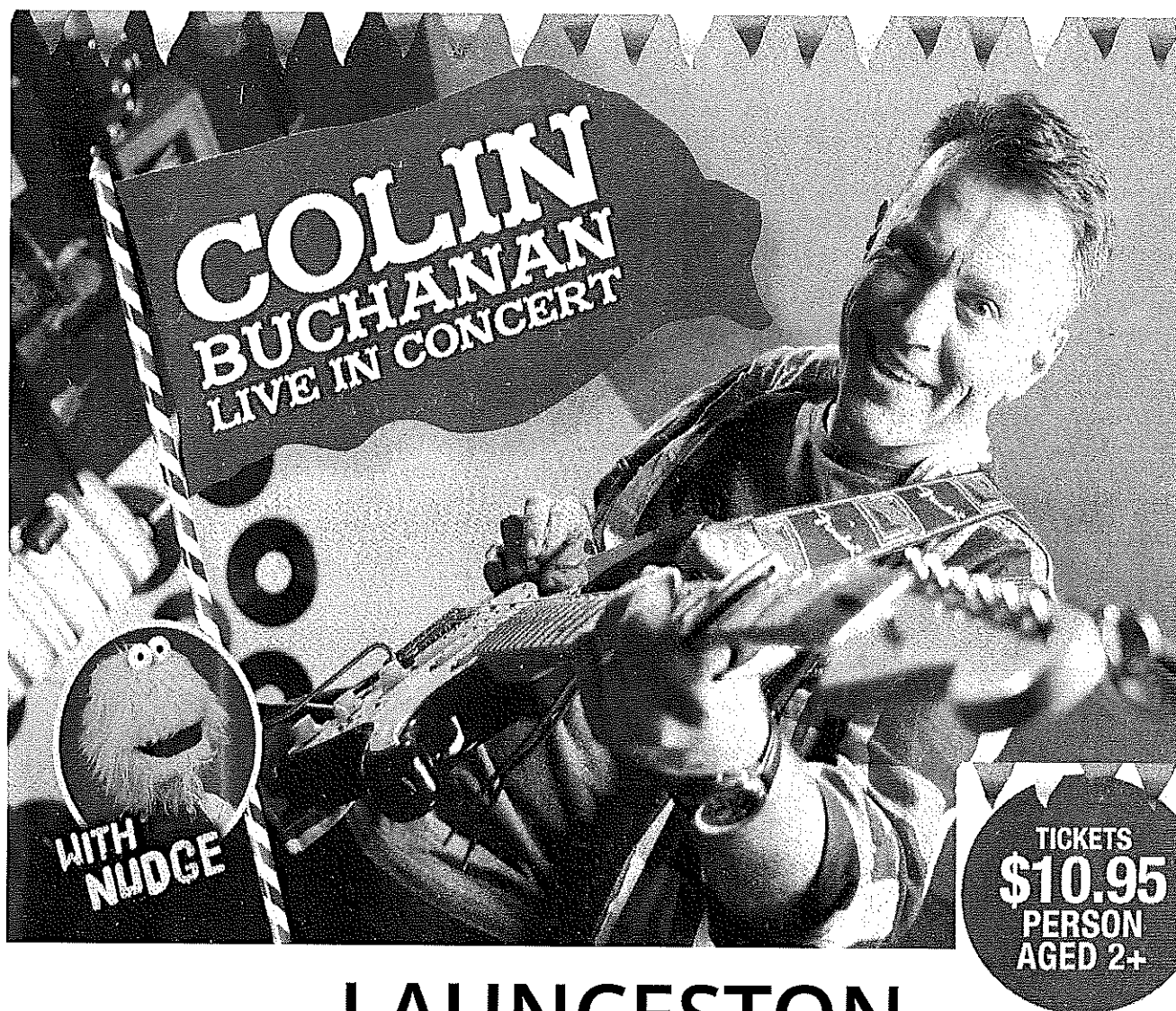
Commissariat Store, Maria Island



Old Barn interior, Maria Island



View of Penitentiary from Coffee Palace verandah, Maria Island



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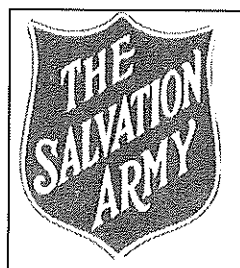
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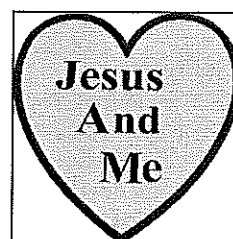
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Rebecca White MP visits Break O'Day to inspect key developments needed to move the region forward.



Rebecca White spent Thursday 12 September 2013 touring the municipality with the Mayor, Councillors, General Manager and Council staff inspecting and discussing key strategic projects for the essential infrastructure development that is needed to promote growth and sustainability in the area. Members of the community and business representatives were invited to add their perspective to the conversation on the wide ranging benefits that Break O'Day stands to gain from developing these projects. A major focus was the opening of the St Helens Barway and the need to protect St Marys Pass from future closures, thus reducing the economic impact on tourism and business.

Projects that were discussed included:

- St Helens Waterfront Redevelopment
- St Helens Foreshore – Georges Bay Multi User Track
- St Marys Arts, Culture and Heritage Precinct
- Burns Bay Car Park Redevelopment
- Transport Master Plan – Strategic Infrastructure
- St Helens Aerodrome Redevelopment
- Binalong Bay Access – Raising the Causeway
- St Helens – Pelican Point and Barway Marine Infrastructure Project
- St Helens Sport and Recreation Ground – upgrade and development.



Rebecca White MP and The Hon. David O'Byrne, Minister for Police and Emergency Management

The day incorporated a positive meeting with Infrastructure Minister David O'Byrne to discuss access issues through St Marys Pass, the St Helens Pelican Point and Barway Marine Infrastructure Project, and the proposed slip lane at the intersection of St Helens Point Road and Tasman Highway. The group also visited the St Helens District Hospital and discussed the provision of health care services and ways in which these can be improved to better meet the needs of the community.

Ms White has lent her support to Council's efforts in securing any funding that may be available for one or more of the above projects. Council looks forward to working with Ms White on taking the next step towards seeing some of these plans become a reality for the community of Break O'Day. Ms White and Council representatives were also pleased to attend the openings of the Royal Flying Doctor Service Patient Transfer Facility at the St Helens Aerodrome and the St Marys Police Residence Project.

For further comment please contact Mayor Sarah Schmerl on 0428 736 578. 13 September 2013

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Constable John Connolly, of Spring Bay, part 5 - Inquest and Hearing of the death of Mary Connolly continued , by Lynne Dawes

Mercury supplement 15th April 1873. ADDITIONAL, SUB-INSPECTOR OF SHEEP. We understand that Mr. Francis Allison, J.P., late Warden of Sorell, has been appointed as inspector of sheep under the provisions of the Scab Act. The appointment will give general satisfaction to those who desire the fair working of the Scab Act, and to Mr. Allison's friends.

Hearing continues - Solicitor-General opened the case, giving a statement of the facts, which have been already recorded when Mr Francis Allison gave evidence to the case: that he was at Earlham on 17th September, when he had conversation with Cotton about the deceased girl, who was then about to be confined. He described what occurred in the course of the confinement. Cotton himself, and Mrs Arnold, a nurse, were present. The child was dead on presentation, and seemed to have been so for some time. Small quantities of ergot of rye were administered to assist the confinement. The child had to be removed, and after that the girl gradually sank and died. Cotton spoke of sending for a doctor but the distance was so great, he would not get one probably under two days. They administered the ergot of rye, and then decided to remove the child themselves.

Ellen Arnold disposed that she was the wife of William Arnold and a neighbour of Mr Cotton, she knew the deceased Mary Connolly, and was with her at the time of her death. She had known her for four years and was told three months ago of her state; a month ago she admitted it to the witness, and said Mr. John Cotton was the father. She, Mrs Arnold, came here on Monday and saw the deceased who was well then, but had a slight pain across her back. Gave to her on Thursday, and the day before, two doses of castor oil. She was in labour at 10 o'clock on Friday. Witness (Mrs Arnold), was with her from the time she was taken with labour until she died. She did not say anything to the witness when dying. Mrs Arnold then became ill, and confused by the questioning she had to stand down and continue her evidence later. Before the hearing, and just after the inquest, Mr John Cotton wrote a letter to the editor, published in the Mercury, stating his displeasure in the way the inquest was reported upon, and presented his own story to the public reader. Mr Davies, proprietor of the Mercury, Hobart, presented the original letter (signed by John Cotton) to the hearing, 14th October 1874. This letter was used also to confirm John Cotton's handwriting, from the previous hand-written request to Hinsby for the Ergot of Rye.

TO THE EDITOR OF THE MERCURY.

I SIR, Painful as it is, you will yet, I trust, allow me a few words on the above subject, which I think should be permitted in justice to myself. I will be as brief as possible Premising that the inquest which was called to inquire into the death of Mary Connolly seemed to me to be much more an inquiry into the life and antecedents of Mary Connolly, these facts taking precedence, and occupying more than double the time than did the investigation into the causes of death. Your correspondent has, I see, withheld the medical testimony, why I know not. But what Dr. Turner said when he gave his final opinion, was, in effect, as follows: I may not have remembered the exact words. He said: "After hearing Mr. Allison's evidence, I am satisfied that everything was done in the case that Circumstances allowed;" and after describing very clearly the properties and effects of a certain medicine that was used, he said, most distinctly, "that considering the period or stage when that medicine was given, the surrounding circumstances, and the evident non result, the medicine could not and did not have anything to do With the death of either mother and child." Yet the Coroner in his charge to the jury makes no allusion to this most important testimony, though he dwells most emphatically on the fact of my possessing such a medicine. This seems to me at the least most unfair. The cause of death was "rupture of the walls of the uterus." The medicine used will, if improperly employed, produce such an effect, but in this case did not. What then caused the rupture? A witness was summoned, and was present, who could have shown to Dr. Turner how, when, and why that accident occurred, and his testimony would have been fully borne out by the other witnesses. Though Dr. Turner could have said if medical aid would have availed anything. But this witness, whose testimony would have been of the most value to Dr. Turner, was not examined at all. And why? What means the sudden cessation of labour at 5 a.m. on Friday, after only four hours of a remarkably easy labour? What is indicated by the fact that nature never after made any effort to expel the foetus? And why, this, that the uterus was destroyed, and therefore the patient beyond medical aid at 5 a.m. on Friday. All this came out in Mr. Allison's testimony, excepting the cause of the untoward accident. Wherefore, then, the "rider" to the verdict. The nearest medical practitioner, Dr. Turner, resides at a distance of 45 miles of bad road. It would take the police hours to bring him to the inquest. I had four hours between midnight and dawn in which to perform this feat. No horse in the stable, no servant on the farm, and no messenger within two miles; all these facts were known to the jury, and besides this, no danger to the patient was apprehended till within half-an-hour of her death, either by myself or Mr. Allison. So confident am I that everything was done that any man, medical or otherwise, could do to prevent the disaster - so conscious of my own earnest desire that no evil should befall the girl - that I would be very glad if all the circumstances concerning my treatment of the case could be heard before a jury of medical men. The death of the child is a mystery to me, which I should like accounted for. It had been dead about two weeks, and no one about her was aware of any accident befalling the mother. It is not generally known - but shall be - that both the coroners (Messrs. Rudd and Meredith), after hearing Mr. Allison's statement, considered that no inquest was necessary, till murder was spoken of. For my own part, I was very glad that an inquest was decided on, although I think it would have been better if the coroner had confined himself entirely to the cause of death; and I think, also, he was



bound to put Dr. Turner and the jury in possession of all the facts, by submitting my testimony to them. If this had been done, I think the jury would have withheld their "rider," and also that some of them would not have tried to return a verdict of manslaughter.

One word more. I wish it to be known that Mary Connolly remained under my protection, at my wife's special request, solely and entirely because her father had denied her shelter.

*For the present, and forever,
I am respectfully,
JOHN COTTON.*

Ellen Arnold (who had sufficiently recovered to continue her evidence) further disposed that she did not see the child's head on the Friday morning. She thought the girl had cramps in her legs then, her feet were cold. When the pains left the girl, about five o'clock, she went to sleep, and witness went about the house doing her work. The girl did not get up at all that day. Witness did not go there as nurse to the girl; she went to help Mrs Cotton and to look after the baby after it was born. Witness did not see the girl up after the labour pains left her on Friday morning. On that day, the girl was in bad health, drinking tea and vomiting. On Saturday she was also bad. (The witness gave evidence as to the removal of the child, but as she would confuse the events of Friday and Saturday it was only with some difficulty that the facts could be elicited from her.) The child was born dead. The girl herself had asked witness to come and assist dress the child. The girl could have been out of bed on the Friday without witness knowing it. Witness was about the house washing, and doing other things, as well as milking the cows. She did not see the girl in the kitchen that day. (While the depositions were being read over to the witness she said she had made a mistake - the girl was up on the Friday and in the kitchen.)

Charles Turner deposed he was a duly qualified medical practitioner. On the 23rd September he was at Earlham, the residence of the defendant. He was sent for, for the purpose of making a post-mortem examination on the body of Mary Connolly, and he made the examination. The body was that of a healthy, stout and muscular young woman, examined and found that she had recently confined. There was a rupture of the uterus in the posterior part, about two or three inches in length; that in itself large enough to cause the woman's death. The uterus had evidently not acted since the birth of the child, as a rule the uterus would not act after a rupture, but there were cases where it had acted. The witness gave his opinion about the period at which the rupture may have taken place, and also expressed his belief that the ergot of rye administered by Cotton had not produced no effect. Considering there was no medical man there, it would depend upon the amount of force used to whether there was gross carelessness on the part of Allison and Cotton. They should have removed the child on the Friday, when the pain ceased. Witness would have waited four to see whether the pains came back again, and if they did not, he should have applied the forceps. The coroner directed me to make the post-mortem examination, but he received no instruction to examine the child. Dr Story was present during the examination. He did not see the child, it was already buried by Mrs Arnold in the garden.



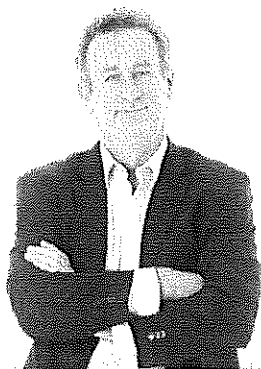
Cabin on the Rheban property of William and Ellen Arnold.

At twenty minutes to seven, the further hearing of the case was postponed till Monday at 11 o'clock. Defendant was allowed out on bail, himself in £400, and two sureties in £200 each from Dr Story and JB Mather.

To be continued...

Tim Morris MP Member for Lyons

A common sense approach



☎ 6233 8300


✉ greens.lyons@parliament.tas.gov.au

f facebook.com/TimMorrisMP

mps.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart, 7000





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By MICHELLE DUNN
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26TEN

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Join Stepping Out!

Childcare is available and it's all **free**

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Hurry book now – places are limited!

Phone or text Fiona: 6376 2742 to register

This project is delivered free through Literacy Skills Development Funding



Beyond The Trolley.

Nothing annoys me more than news stories that claim a growing number of people are too poor to eat healthily. I find this claim ludicrous. True healthy eating is the

cheapest way to eat. It's true that fresh fruit, veg and meat prices are rising, but in Australia our prices are still cheaper and the quality still higher than so many other countries. So what does eating healthily mean? It's recognised that a diet weighted in favour of fresh fruit and veg with some animal protein and plenty of whole grains is the healthiest way to eat. BUT while you can eat healthily, here's what you can't do on a tight budget: You can't eat anything you want on a budget: you can't eat greedily on a budget: you can't eat wastefully on a budget: you can't eat without knowing what's in season on a budget: you can't eat meat every meal on a budget: you can't eat lots of processed food on a budget. But, my friends, you CAN eat healthily on a budget! Firstly, adjust your palate. If you are used to fatty, salty packaged food every meal it might take a while to start enjoying a salad plate. Secondly, you need to know how to cook. I'm not talking about Masterchef, fabulous dinner parties or pretentious plating up, you

just need to know how to chuck things in a pot and have them turn out tasty. You need to know how to treat food to bring out flavour and not ruin it. There are endless variations on pasta that are cheap crowd-pleasers, like this Herb Spaghetti recipe. If you grow your own herbs, this recipe will feed a family of four for the 70c it cost you to buy the pasta.

Herb Spaghetti

1 packet of spaghetti

2 tablespoons of extra virgin olive oil

1 clove of garlic, chopped or crushed

1 cup of finely chopped soft herbs (I use parsley, coriander and basil with a little mint but it really depends on what I can find in the garden)

Cook pasta according to directions on packet. While the pasta is cooking, warm the oil in a frying pan over a low heat. Add the garlic to the oil while it warms - you don't want the oil to get hot, you just want the garlic flavour to infuse. Drain the pasta when it is cooked and then toss it into the frying pan with the oil and garlic and add the herbs. Toss every together in the pan for a minute or so 'til the pasta is coated in herbs and oil. Serve with some grated parmesan cheese.

<http://www.beyondthetrolley.com/>

TUESDAY, SEPTEMBER 3, 2013



EAST COAST PHONE & COMMUNICATIONS

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Mobile Phone Antennas

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JOHN HERON

EAST COAST PHONE & COMMUNICATIONS

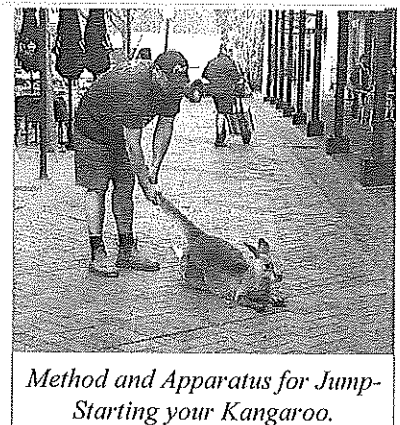
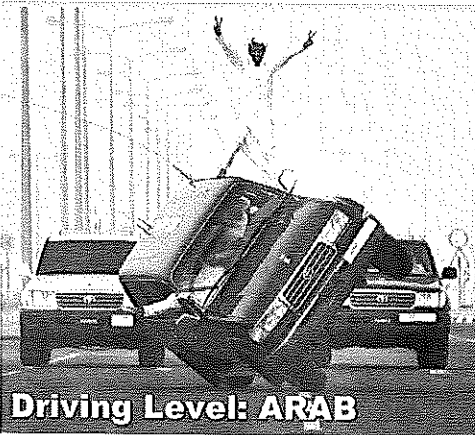
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A/H 63722402



Swenkas are working-class Zulu men who participate in amateur competitions that are part fashion show and part choreography, the purpose of which is to display one's style and sense of attitude. The practice, called "swenking", ultimately derives from the English word "swank". These well-dressed men are proud and considered to serve as an inspiration to others. Frequently, on Saturday nights they meet up to compete in a fashion show of sorts. The Swenkas are judged both on what they are wearing (typically, expensive

designer suits with well known European names on their labels) and their choreographed movements (their 'swank'). There is an entrance fee to compete in these swank-offs and the winner of the night goes home with a portion of the money collected from the competitors. The men follow certain set values of swanking, such as physical cleanliness, sobriety and above all self-respect. In 2004, Danish filmmaker Jeppe Rønde created *The Swenkas*, a documentary about the group. <http://en.wikipedia.org/wiki/Swenkas> <http://www.youtube.com/watch?v=8uWRetsYJ34>



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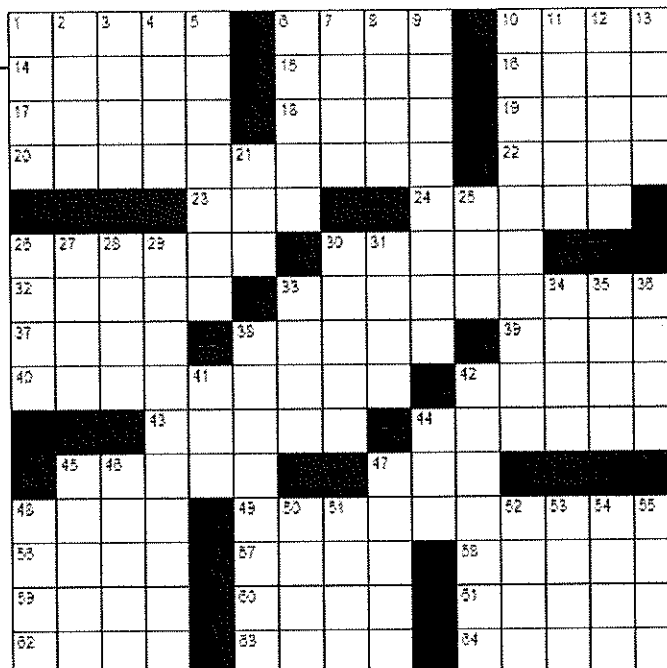
Welding, Fabrication & Construction

ACROSS

1. Any animal with no feet
6. If not
10. Teller of untruths
14. Fence "doors"
15. Keen
16. Axlike tool
17. Kick out
18. Anger
19. Hint
20. Ornament
22. Group of cattle
23. Residue from a fire
24. Brusque
26. Chinese temple
30. Frothy
32. Not below
33. Tender feeling
37. Attraction
38. Seasoning
39. Smell
40. Make free from bacteria
42. Comment to the audience
43. Produce a literary work
44. Sleeping sickness carrier
45. Someone unpleasantly strange
47. Chop off
48. 8 in Roman numerals
49. The outer area
56. All excited
57. Chills and fever
58. Entertain
59. Strip of wood
60. Mob

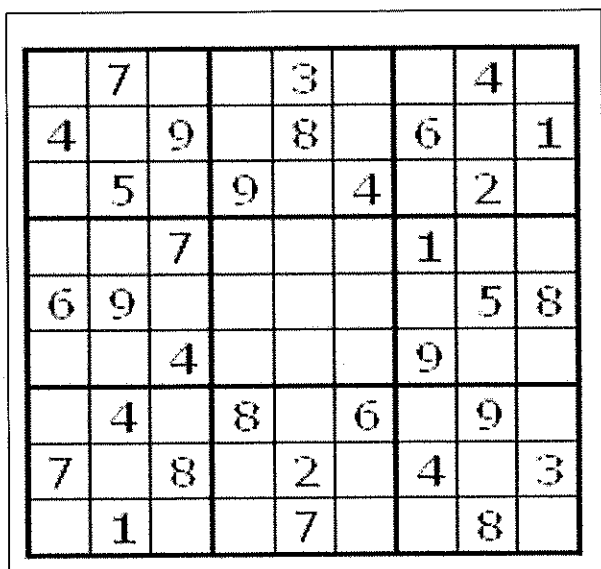
DOWN

61. Connections
62. At one time (archaic)
63. Border
64. Amount of hair
1. Matured
2. Cover with asphalt
3. Ear-related
4. A style of design
5. A dais
6. Our planet
7. 57 in Roman numerals
8. Storage cylinder
9. Without teeth
10. Sorrowful
11. Runs in neutral
12. Sky-blue
13. Marsh plant
21. An Old Testament king
25. Upon (prefix)
26. Friends
27. Adjoin
28. Pierce
29. Obese
30. Take by force
31. A single time
33. Expectoration
34. Modify
35. Gestures of assent
36. Tall woody plant



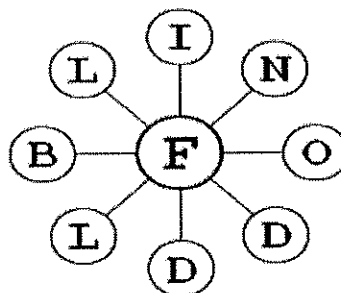
38. Falling off from a level
41. Fury
42. Paving material
44. Not bottom
45. Stogie
46. Violent disturbances
47. Feudal lord
48. Sheltered spot
50. Quaint outburst
51. A step on a ladder
52. Arab chieftain
53. Graphic symbol
54. Requests
55. Not more

Solutions next issue.



Play Petals Around the Rose

The name of the game is **Petals Around the Rose**. The name of the game is important. The computer will roll five dice and ask you to guess the score for the roll. The score will always be zero or an even number. Your mission is to work out how the computer calculates the score and become a *Potentate of the Rose*. <http://www.borrett.id.au/computing/petals-j.htm>



How many words can you find? Each word must contain the central letter F and no letter can be used twice. Proper nouns are not allowed but plurals are. There must be a nine letter word. Excellent 12, good 10, average 9.

© Kevin Stone

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House 6372 2252 /
0409 172 741

1st Sunday MASS

St Helens Vigil 5pm
Bicheno 9am
Fingal 11.30am

2nd Sunday LITURGY

St Helens Vigil 5pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

3rd Sunday MASS

St Helens Vigil 5pm
St Marys 9am
Fingal 9.30am
Bicheno LWC 9am

4th Sunday LITURGY

St Helens Vigil 5pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

5th Sunday MASS

St Helens Vigil 5pm
St Marys 9am
Bicheno 9am
Fingal 9.30am

Seventh Day Adventist

Hodgman Street Scamander
Sabbath School 10am
Divine Service 11am

Salvation Army

Sunday Joy 12.30pm

This is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY! 0409 838 816

Anglican Parish

of Northern Midlands

Avoca 11am 2nd Sundays
Fingal 2pm 2nd Sundays
Mathinna 2.30pm 4th Sundays
Ross 10am 5th Sunday
Campbell Town 9am every Sunday.

Anglican Parish of Break

O'Day 6376 1144

St Helens 8am
St Marys 10am
St Helens 10.30am
Pyengana 7.30pm
3rd Saturday of each month
Community Dinner @ St Marys

Break O'Day Uniting Church

The Manse 6376 2405
St Helens 9am
Fingal 11.15 am



St. Helens Electrical

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visit the

St Marys Community Health Centre
every second Tuesday from 9-10 a.m.
Ph 6337 5555 for appointments.

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ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

• **Dr Latt**

25/9/13 & 26/9/13

• **Locum Doctor**

27/9/13- 11/10/13

• **Dr Rawnsley**

26/9, 1/10 & 8/10

PUBLIC HOLIDAY 10/10/13

Normal doctor's surgery hours will resume on Friday 11/10/13

For appointments phone: 6372 2111

Please see After Hours Numbers for during this time

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 25/9/13

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt- Call an Ambulance 000
Thank you for your cooperation

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday

8:50am-10:00am

10:00am-10:30am- Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm- Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm- Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This requires a 5 minute doctor consult.

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **PRIOR** to your medication/s running out or **IN ADVANCE** if you are attending this practice regularly.

PLEASE BE PATIENT waiting periods can apply to see the doctor. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

PHONE SCRIPTS

Please be aware **scripts are no longer able to be done over the phone.**



AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or
EMERGENCY 000

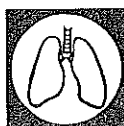
ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an appointment **must be made with the Nurses Station the day/night before** by phoning 6372 2111



SPIROMETRY CLINIC APPOINTMENTS

A Spirometry Clinic (Lung Function Testing) is regularly held at the St Marys Health Centre. Appointments can be made through reception but a referral is needed from your GP.

Next Spirometry Clinic is: 30 September 2013

TML PSYCHOLOGIST

Monday weekly the St Marys Health Centre has a Psychologist available for consultations. If you require an appointment to see the Psychologist please see your GP and a referral will be lodged for you.

October's Health Promotion is:

SENIORS WEEK, BANDANNA DAY & MENTAL HEALTH WEEK

Keep an eye out for upcoming events including the **FREE Outdoor cinema screening of 'UP'** on the St Marys Village Green, Carers Tasmanian's Expo at Tidal Waters St Helens and much more...

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 26 Sept **Social Worker**– Shan Williams. Please phone 63722111 for appointments
- 27 Sept **TML Diabetic Educator, Physiologist and Dietician.** Appointments available by referral from you GP.
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 30 Sept **Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager**- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- 1 Oct **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Tom Bain, Rae & Partners Lawyers.** At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 2 Oct **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Social Worker**– Shan Williams. Please phone 63722111 for appointments.
- Physiotherapist**– Naomi Ide. Please see your GP or Health Professional for a referral to the service.
- TAZREACH**– Antenatal Clinic with Katie. For appointments please see your GP.
- 3 Oct **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- TML Podiatrist**- Annabelle. For appointment please see your GP or Health Professional for a referral.

WHAT'S ON AT THE CENTRE Continued...

- 4 Oct **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 7 Oct **Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- TML Psychologist**– Sam McCarthy. Please see your GP for a referral.
- Hospital Auxiliary Meeting** 2:00pm in the Day Room
- 8 Oct **Mental Health Clinician/ Case Manager**- Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service
- 9 Oct **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388
- Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- 10 Oct **PUBLIC HOLIDAY.** Normal doctor's surgery hour will resume 11/10/13. Please phone after hours contact numbers for during this time.
- 11 Oct **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments

ST MARYS HEALTH CENTRE TEACHING SITE

The St Marys Health Centre is a UTAS teaching site. We regularly have students from all faculties of health that attend our site to participate in training placements. If you are attending this practice and would prefer the students do not sit in on your consultation please let the reception staff know when you arrive. These placements are very important for the students so your cooperation is greatly appreciated.

During September/ October 2013 there will be multiple students on placement at the St Marys Community Health Centre from the University of Tasmania.

Meals on Wheels

0488 384 344

Sept/Oct	St Marys	Fingal
Monday 30th	Lundy Vosper	Neighbourhood House
Tuesday 1st	Pam Bretz	
Wednesday 2nd	Valmai Spencer	
Thursday 3rd	Heather Griffiths	
Friday 4th	Lorraine Gill	Neighbourhood House
Monday 7th	Debbie Barnes	Neighbourhood House
Tuesday 8th	Trish Pike	
Wednesday 9th	Louise Keady	
Thursday 10th	Liz Rice	
Friday 11th	Lorraine Gill	Neighbourhood House

The Valley Voice strongly encourages local/regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for talented and dedicated contributors. Contact the editor if you have any questions or would like more information about guidelines. We aim to reflect and represent all those who make up the community of the Valley and East Coast.

Community notices are free. Classified ads of 25 words or fewer are free for two issues. Advertising space is available from \$12 to \$50. Annual posted subscription is \$50.60. Articles for publication may be left at the St Marys Pharmacy, posted to 12 Groom Street St Marys or emailed to voicerevisited@gmail.com

Issue No. 10 solutions

P	U	L	P	W	H	E	L	K	A	D	D	S
E	P	E	E	A	E	R	I	E	B	E	E	T
R	O	A	D	M	A	R	K	E	T	A	B	L
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5	4	2	8	3	1	6	9	7
8	7	1	6	5	9	2	4	3
2	9	6	3	1	8	5	7	4
1	8	4	7	6	5	9	3	2
3	5	7	9	4	2	8	1	6

The Valley East Coast Voice Guidelines

Opinions in any letters published are not necessarily those of the Editor and voluntary workers.

Our pages will remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the authors of previous articles. Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editors discretion.

Please make sure of your facts. Do not write submissions just to let off steam.

Articles most commonly published are those that relate to current community issues.

Keep articles short, simple and to the point. Letters are restricted to 300 words or fewer. The Editor reserves the right to edit any submission for grammar, spelling or reduction in size where necessary. All letters/emails must include your full name, address and phone number.

The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.

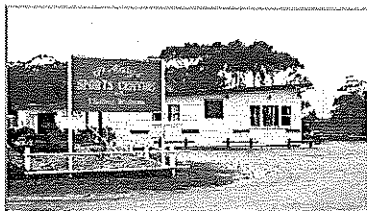
Valley and East Coast Voice circulation last issue - 485.

As a young child my mother told me I could be anyone I wanted to be. Turns out this is called identity theft.

AURORA EMERGENCY 132004	SES EMERGENCY 132500
POISONS INFORMATION 131126	TFS EMERGENCY 000 AND
POLICE EMERGENCY 000	ENQUIRIES 1800 000 699
POLICE ENQUIRIES 131444	CRIMESTOPPERS 1800 333 000

All words: a port, apron, aprons, apt, asp, atop, nap, naps, op, ops, opt, opts, pa, pan, pans, pant, panto, pantos, pants, par, parr, parrots, parrs, pars, parson, part, parton, partons, parts, pas, past, pastor, pat, patron, patrons, pats, pons, port, ports, post, pot, prao, prat, prats, pro, proa, proas, pros, prost, rap, raps, rapt, raptor, raptors, rasp, sap, sapor, snap, soap, sop, spa, span, spar, spat, sporran, sport, spot, sprat, stop, stopt, strap, strop, tap, taps, tarp, tarpon, tarpons, tarps, top, tops, TRANSPORT, trap, traps, trapt, trop.

ST MARYS SPORTS and SOCIAL CENTRE INC.



Winter hours:

Thursday 5.30-7.30, Friday 5.30-8.30, Sunday 1.30-4.30.

BOWLS NEWS. We are pleased to report that the greens are now ready for you to start practising, first official practice is on Thursday 26th from 5pm... all players please come along. Once again we are struggling to get a team together! If we don't have enough players to put in a team we could jeopardise the whole East Coast Pennants competition. PLEASE CONSIDER HAVING A ROLL THIS YEAR - WE NEED YOU!

MEMBERSHIP FEES. Unfortunately there has been some confusion regarding family membership fees. A family as stated on the notice board is parents and children under 18 years of age. It is not, I'm sorry, a couple.

It has also been pointed out that we need to take another look at Full Membership and Affiliation Fees...please bear with us and we will look into this at the next committee meeting.

New members welcome - \$25 membership for non sporting members. If you are a regular visitor to the club please give some consideration to becoming a member. We really do need your support.

VETERANS GOLF DAY. 35 gents rallied for what turned out to be a very successful day. The weather was pretty special, the greens and fairways looked terrific and the men said they look forward to visiting again soon. Thanks to all those volunteers who helped make this such a success.

GRAND FINAL DAY 28TH September. *We hear you!!! 8.30am start is way too early.* We will now tee off at 10.30 am, 3 person Ambrose. (9 holes) Egg and Bacon Rolls for lunch to follow. Cost \$10 per person, golf only \$3 per person

GET YOUR TEAM ORGANISED NOW. *Placing your name on the board at the club will help us with catering. The usual footy tucker will be available throughout the afternoon.*

Welcome home Jim and Glenys, hope you had a fantastic trip.

Annette Wines, Secretary.



ST MARYS IGA SUPERMARKET

38 Main Street

Ph/Fax 6372 2240

Butcher 6372 2274

Monday to Friday 8 - 6, Saturday 8 - 12.

Promotions from 26th September to 2nd October

Butchery	Per Kg.
Rump steak	10.99
IGA corned silverside	5.99
Regular beef mince	8.99
Ingham Chicken thigh fillets	10.99
Nichols Chicken Maryland	3.99

Footy Finals

Papa Guiseppi Family Pizza 410-450g	3.99
Smiths Potato Chips 175g	1.99
Arnott's Savoy/Clix 180-250g	1.99
National Party Pies/Sausage Rolls 12pk	3.99
Kraft Dip 185g	1.99

Shelves

Fountain Squeezy Tomato/BBQ sauce 500ml	1.29
Palmolive Dishwashing Liquid 500ml	1.69
Kleenex Viva Paper Towel 3pk	3.79
Bundaberg white sugar 2kg	2.99
Vittorio Espresso ground 2pk	7.99

Promotions from 3rd to 8th October (6 days only)

Butchery	Per Kg.
Porterhouse steak	15.99
Short loin lamb chops	15.99
Ingham Chicken Thigh bone in	2.39
Blade roast/steak	7.99
Nichols Chicken Kiev burger	9.99

Freezer/Coolroom

Peters Choc Wedge Vanilla 12pk	4.99
Peters Light & Creamy Icecream 1.8L	5.99
Sara Lee Pie varieties 600g or 4pk	4.79
Devondale Colby/Tasty cheese 1kg	7.99
Nuttele spread 500g	2.69

Shelves

Nescafe Coffee Blend 43/Espresso 150g	6.99
Duo laundry powder 500g	1.79
Safe white long roll toilet tissue 12pk	3.99
Kellogg's Corn Flakes 380g/Rice Bubbles 250g	1.99
Devondale long life milk 1L	.99

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