

The Valley & East Coast Voice Est. 1968

Volume 46 No. 1 Thursday May 9th 2013 \$1

MILO CRICKET 2013

On 5th March 2013 Milo Cricket commenced on Tuesday afternoons at the St Marys Sports ground, over 6 weeks.

The participants learnt a range of cricket skills including batting and defensive techniques, bowling, fielding, and basic good sportsmanship skills. The groups also participated in a couple of games.

There were 46 registrations from this community in the program, what an amazing response! Thank you to the co-ordinator Craig Freiboth and *all* his helpers, I won't name you all as I might forget someone, but it couldn't have been run without you. It was a well organised and supervised program so thank you from all the parents.

All participants received a cricket bat, cricket ball and a Milo cricket hat - and weren't the kids excited to receive them! It is hoped that this program will run again next year due to the overwhelming response.

St Marys Junior Cricket will resume in November so keep a watch for training days and times later in the year. Until then the Auskick Football Program has commenced. Auskick is run on Sundays from 10:00am at various venues around Break O'Day.

If you are interested in playing please call Fiona on 6372 2088 for further details. By Hayley Gilbert.



Participants in the Milo Cricket after receiving their goodies.

Land Gift Walk

As reported earlier this year the Tasmanian Land Conservancy (TLC) and the North East Tasmania Land Trust (NETLT) accepted a gift of a 50 acre block of forested land from the Schier Family of Falmouth.

On Sunday 28th April 2013, the block which is located on the north east side of the North Sister was the venue for members of NETLT, together with Val Schier, to walk through the forest reserves surrounding the block and experience first hand its conservation values.

Andrew Lohrey, President of the NETLT, thanked Val and her family for their generosity in freely giving this land and congratulated them on their commitment to preserving the natural values of forests in the North East.

To mark the occasion on this sunny afternoon Todd Dudley read the following from *Our Land, Ourselves,* "To say this is my home and I care about it enough to protect it, is the essence of citizenship, and to act on such words begins to move from isolation to community".

The TLC will hold the title of the Schier reserve while the yearly and local management duties such as weed control and rates will be the responsibility of the NETLT.



L-R Robin Lohrey, Kris McQuade, Val Schier, Andrew Lohrey, Todd Dudley and Frank Giles

Written by Andrew Lohrey, photo by Peter Troode.

Community Announcements

St Marys Hospital Auxiliary meet on the first Monday of every month at 2pm in the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc meet on the last Thursday of the month at 11a.m. in the Goods Shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre** Inc hold their meetings on the 3rd Monday of the month, 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis meet @ 9.30am each Wednesday. New players of any standard and beginners welcome. Child minding included – a lovely safe place to bring toddlers while you play. Ring Karon 6372 2382 or Dana 6372 2033

Suncoast Singers meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers always welcome... if you can yawn - you can sing. Mary-Anne Wadsworth. 6376 2969.

St Helens Alcoholics Anonymous (AA) meet every Wednesday 8pm at St Paul's Anglican Church Hall, St Helens. Murdoch 6376 3335

The Scamander and Beaumaris Community Development Association meet at 7pm in the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

St Patricks Head & Esk Valley Historical Society Inc meet every second month on the third Wednesday at 3pm at various venues throughout the valley. Barry 6372 5752 (aulich@bigpond.com) or Jim 6372 2127 (jimhaas@bigpond.com) www.fingalvalleyhistory.com

The Falmouth Community Centre contact for booking club facilities is Rachel Woods on 03 6372 5118.

The Break O'Day Stitchers meet each Friday in the Bungalow at Neighbourhood House in St Helens from 10-3. Participants are welcome to stay for as long or short a time as they choose and the choice of projects to work on is also optional - either bring your own or join in and assist on a group project.

BINGO at the Cornwall Hall every Monday at 7pm, 2 jackpots each week. All welcome.

The Chocolate Shop Singers meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm. Everyone welcome.

The St Marys School Association Op Shop is open Monday to Friday 11-4 and Market Saturdays 10-12.30. There is currently a need for winter weight clothing, bedding and curtains. These and other pre-loved items or goods will be gratefully received during opening hours or can be left at the St Marys Newsagency. All funds raised go towards specific school projects.

Thanks for all the support the community provides to the Op Shop. (Janet Drummond Shop Co-ordinator on behalf of the St Marys School Association) GET TOURISM meets on the second Monday of each month unless otherwise notified @ 7pm in the Fingal Valley Neighbourhood House All WELCOME. *Enquiries to the president on 6372 2783*.

Scamander Garden Club meet at Scamander Sports Complex 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Val 6372 2762

Stallholders Market Inc is a non profit organization which hold markets every Saturday from 8am in St Helens at the Library car park. There are a variety of stalls and the fees charged to stall holders are donated to various charities. Cheryl 6372 2194 (please leave a message)

The Cornwall Community Development Group hold their general meetings on the first Tuesday of the month at 7pm. in the Cornwall Hall. All welcome.

Break O'Day Regional Arts General meetings are held on the first Tuesday of March, June, September and December at 4pm at Mt Elephant Fudge Shop. All welcome. Michelle 6372 2056

ST MARYS / FALMOUTH PLAYGROUP

MONDAYS 10:30 – 12:30 at the Falmouth Community Centre Does your child/children enjoy



- Painting and arts & crafts activities
- · Riding bikes
- Playground play
- · Exciting activities & celebrations
- Interacting with others

Join us at Play Group for only a small charge of \$3 per family in a relaxed and friendly atmosphere for children, mums & dads. Contact Tash Speers 0419 591 905 or Amy Faulkner 0417 152 337

St Helens Al-Anon Family Group (Al Anon) help families and friends of alcoholics recover from the effects of living with the problem drinking of someone close. Sunday 2pm weekly @ St Paul's Anglican Church Hall St Helens. Call Anne or John on 6376 4270 or Rose on 6376 3335

The Fingal Valley Neighbourhood House Op Shop are happy to receive your preloved clothing and goods Monday to Friday 9 - 3. Donations can be collected on Mondays or items can be dropped off at the Centre. Come along, check it out and pick up a bargain. Deb Speers, Fingal Valley Neighbourhood House

St Marys Alcoholics Anonymous (AA) meet every Friday 8pm at Holy Trinity. Mick & Shirl 6372 2909

St Marys Community Market

First Saturday of the Month - 9am to 1pm (except July and August)
St Marys Community Hall
For Bookings - Ring Robina 6372 2022
bodregionalarts@gmail.com



For Sale

Janome 434D overlocker. New in box. \$500 (St Marys) 0419 558 739

Boat Tender 7 foot fibreglass \$250. 1/2 ton wood \$50. 6372 2584

3 Bar stools, \$50, 0457 157 780

Toyota Hilux 2WD - 2000 2.7L petrol 5 speed manual with tow bar, tray liner, tinted windows, running boards and tonneau cover. Serviced regularly and in excellent condition, \$8000 ono . 6372 2686

Stihl chainsaw 066 Magnum in exc. condition with all attachments, \$1200 ono. 0429 359 734 St Marys.

Moo-poo, any quantity, fine screened and mint mulch. Ph Norm 6372 2380

12v /24v 160ltr Fridge Freezer in exc. Condition, \$900. 6372 2626

Round Bales, garden mulch or bedding, \$50 each with free delivery in St Marys area. 0407 944 158

Fi wood 1 ton delivered \$80, 0498 971 956

Wanted

12v / LPG 160ltr (or approx.) Fridge Freezer. Must be in very good condition. Call 6372 2626

Electric copper or large urn, call 0407 944 158

Work wanted

Lawns mown, gardens tidied and small blocks cleared. Pensioner discount. Call Simon on 0419 880 576

House cleaning lady, experienced with references, \$16 per hour. Call 6372 2584



Council wishes to advise that a stormwater upgrade in St Helens will commence on Monday 13 May, 2013 affecting traffic movement

along Groom Street and Medea Cove Esplanade. Council requests that motorists obey signage that is erected as sections of these roads may be down to one lane. Copies of plans showing placement of signage and lane closures are available from the Council office and can also be viewed on Council's website www.bodc.tas.gov.au.

Classifieds in the Valley Voice are free of charge for two issues. Please let us know if the items are sold after the first ad. For regular classifieds please contact the editor.

Letters to the Editor Vol. 46 No. 1 May 9th 2013

Editor Valley Voice.

I would like to personally thank Jan Sparks for her address at the 11am ANZAC Day Service, which I believe will be printed in today's Valley Voice. Unfortunately Jan due to poor health was unable to deliver it herself, which although delivered very well by sister Lorraine was unfortunate, for I believe from watching those there, if you had presented it, you would have received a standing ovation.

Thank you for sharing a small part of your experiences with me that were not in your address; truly amazing.

Yours sincerely, David Watkins 6 Clive Street St Marys TASMANIA 7215

Correction to the Anzac cover story in the last issue - The Tomb of the Unknown Soldier is in the Hall of Memory in the Australian War Memorial not in Old Parliament House. Thanks to those who pointed this out. Ed.

Dear Algebra, please stop asking us to find your X. She's never coming back. And don't ask Y.

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Shhhhh stitchedupmama is coming back!

On this day in 1785 - Joseph Bramah patented the beer-pump handle.

OUT OF THE WOODWORK

SECRETARY WENDY BRENNAN 637 22094

www.breakodaywoodcraftguild.weebly.co

A Tribute to Cher Ami (Dear Friend) For his Heroic Service

One of the most celebrated World War 1 stories is that of the "lost battalion" in France that was saved by a pigeon named Cher Ami. This six hundred man battalion was being shelled and wounded by friendly fire because they advanced too far into enemy lines. Their only hope of communication was by bird and this is where Cher Ami came to the fore and gave it his all. Germans fired on him resulting in the loss of an eye, a shot to the breast and most of his leg missing. Cher flew on regardless and did not stop until he reached the command post twenty five miles away. Cher still had the message signal attached to his injured leg. The message stopped the shelling and the battalion was saved. After healing Cher Ami was awarded the French "Croix de Guerre" for his heroic service. Cher lived until 1919 and after his death Cher was mounted and placed in the Smithsonian Institute.



Cher Ami

Lest We Forget

The Guild meets on the last Thursday of every month at 11.00am in the old railway goods shed situated behind the Railway Station complex. New members are always welcome, both men and women. We are open Monday, Wednesday, Thursday and Saturday. Other times by appointment.

(Please note that our previously advertised day of Friday has now been replaced by Thursday)

gone rustic studio & gallery

open tues-sat, 10-4



quilts, fibre & textile, mixed media, collectibles, gifts + more; agent for kit homes + sheds

Vacancies still available for workshops! Download info and form here:

http://gonerustic.com/2013/01/17/workshops-at-gone-rustic/

37 main street, st marys, tasmania 7215 03 6372 2724 - gonerustic@gmail.com www.gonerustic.com www.facebook.com/gonerusticstudiogallery

CLEAN CRACK LAUNDROMAT

32 MAIN ST ST MARYS Coin operated washers & dryers



7am - 7pm Fri & Sun a little later

Winter's here so the Possum's closing early. note trading hours and days.



With the streets deserted by late afternoon, the Purple Possum team is taking the opportunity to get home before dark and snuggle up by the fire. You'll see our Winter hours below. You still have 42 and a half hours during the week to pop in for all the good things we have in store for you - so we hope you don't mind!

> Monday to Friday 10 - 4 Saturday 10 - 2

Purple Possum

Wholefoods & Café 5 Story Street St Marys. Phone 6372 2655.

The Quince Tree Cydonia oblonga

I had a conversation recently with visitors to our town about "that unusual looking tree in your history of Tasmanian gardens I back yard. (Is it a type of old fashioned pear?) ". It appears that they had seen a number of these trees, and in particular the fruit, in gardens around Tasmania and wondered about their origin and purpose. My reply that is was a quince tree met with further questions and it set me thinking about the tree which was such a common feature in older Tasmanian gardens.

My research tells me that amongst the trees planted by Captain William Bligh on Bruny Island in 1792 was a quince tree.

Further, the successful cultivation of quinces is recorded as early as 1822. Close reading of the journals of early settlers, including Rev'd Robert Knopwood and William Lynne to name but two, shows that plant material was packed with care prior to departure from the United Kingdom in order that gardens may be established in Van Diemen's Land. Among that which survive in old gardens.

For further information on the glace pork.



Morgan who wrote Land Settlement in Early Tasmania: Creating an Antipodean England.

The next question is probably... what do you do with them?

I make quince paste which I then serve with blue cheese and

treasured rootstock was to be found cracker biscuits. My mother makes the beginnings of colonial orchards, jelly which we eat on toast. I also including quince trees, a number of make a substance of about the consistency of honey which I use to

If you want to have a go at recommend the work of Sharon making paste/honey/jelly...it's all in the boiling.

> Rough cut the quinces without peeling or coring them and place in a large pan just covered with water. I also add 1 rough cut lemon.

Boil until the fruit is soft.

Strain the whole lot thru a cloth into a suitable container... I use an old pillow case ...DO NOT SQUEEZE.

Discard the fruit pulp... into the compost or the chook pen.

Add sugar to the liquid, % cup of sugar per cup of juice.

Boil gently until the liquid changes colour and sets to the required consistency.

Bottle or pour into a suitable container while warm.

To test for consistency... place about 1 teaspoon of the boiling liquid in a saucer and place in the fridge for about 10 mins...when you take it out of the fridge it will be possible to see how set

By Wendy Fowler



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Anglican Church Community Dinner May 2013

Come along this month and meet Bishop John Harrower OAM, FAICD Holy Trinity Anglican Church Hall, St Marys Saturday 18th May 2013 Convene at 5.30 for 6pm start

Roasts - Meat and veggies will be provided Please bring a savoury starter or a dessert to share

RSVP Kevin on 0427 062 406







Jan Sparkes' Speech Delivered by Sister Lorraine Groves ANZAC DAY 2013

Despite the gathering storm clouds of war, the European civilians living in Singapore, Malaya and the Dutch East Indies (now Indonesia) continued to enjoy life. My father was in the Civil Defence Force, but until the devastation of Pearl Harbour on the 7th of December 1941 when war became inevitable, no plans had been made. Dad booked Mum, my two year old brother and I on a ship to Australia. Mum refused to go, how lucky we were as the ship was duly torpedoed with loss of all life!

Japanese forces took control of Batavia (now Jakarta) in March 1942 and set up camps to intern the European civilians, mainly Dutch, as "guests of the Emperor" from 1942 – 1945. My mother, ever practical, took matters into her own hands; she had some garden beds dug up and buried her silver ware and some pictures in linen bags. She also obtained three metal trunks in which she packed Dad's suits, sheets, towels, table cloths and one full of bandages, cod liver oil, jars of peanut butter, soaps and antiseptics, all life savers and it saved our lives.

In the meantime, Dad and all men and boys over the age of twelve, later ten, were taken away and imprisoned. We did not see him again for three and a half years. Women and children were left to fend for themselves and moved into the new camps with small pieces of furniture, bedding, clothing and our three trunks.

So it was in March 1942 we moved into the notorious Tjideng (pronounced Chee-deng) camp. Tjideng was a poorer suburb on the western fringe of Batavia, which was closed off now with barbed wire. At first it was under civilian administration and conditions apparently were not too bad, we were able to attend church services, shop for fruit and vegetables, and do our own cooking. However very soon the military took over and things deteriorated rapidly, with ever decreasing spaces, roll calls any time of day or night, often in driving rain or the heat of the day for hours on end. Food was now cooked in communal kitchens and the quality caused hunger, disease and death daily.

Over time the camp was reduced to a quarter of its original size, enclosed in bamboo, and the population grew from two thousand to ten and a half. No electricity, water from a dripping tap, no septic tanks, and during rainy seasons ankle deep in sewage. Lunch and dinner was a handful of rice and some rotten vegetables, two pieces of sour bread and occasionally a paste made from animal intestines. All women over sixteen years were in the labour force, repairing fencing, cleaning septics, growing vegetables, collecting garbage and unloading trucks of food stuffs.

We moved three times and finally ended up in a small storage area where my brother and I slept head to toe on the three trunks and mum on the floor on a thirty centimetre mattress.

After three and half years we, as a family, were reunited and my parents were able to recover the buried treasure which arrived with us in Australia in 1946.

The man responsible for the conditions in the camp was Lieutenant (later Captain) Kenichi Sonei, He was notorious for his cruelty, particularly during a full moon. He was sentenced to death by the War Crimes Tribunal on the 2nd of September 1946. Why look back on the past? Better to forget all the troubles. No one wants to look back to the dark days, but history matters and a testimony to not forgetting, makes the dead count for something.

One hundred and fifty million people have lost their lives in wars in the twentieth century and through courage and sacrifice, Australian and Allied Forces have done us proud.

Thank you.

Lest We Forget

A thank you to the St Marys Memorial Services Association Committee.

Sister Lorraine Groves, Gerald Aulich for his heartfelt address and Stuart Kerr. The St Marys District High School students namely, Ayla Harvey, Ebony Bennett, Caitlin McGee and Finn Buchhorne whose sensitive and poignant delivery gave reverence to the occasion, accompanied by the well timed drum beats by Sam Mitchell. T.S. Argonauts, leading Seaman Brittany Smith and Joshua McDiamid. Seaman Lukas McDiamid, Liam Mahon and SBLT Michelle Montgomery who all stood deservedly proud.

Diana Foster who every year lets us display her eclectic family war memorabilia made all the more moving by its historical provenance.

A special thank you to Wendy Fowler's family who has entrusted for permanent loan to the Memorial Association the Tally Band worn by her late father Roger Beresford Fowler who served on the H.M.A.S Vengeance.



Raise Your Voice in the Valley: Singing Workshop May 12th

Susannah Coleman-Brown has recently returned to Tasmania to 'roost' after spending nearly ten years singing and performing in Victoria.

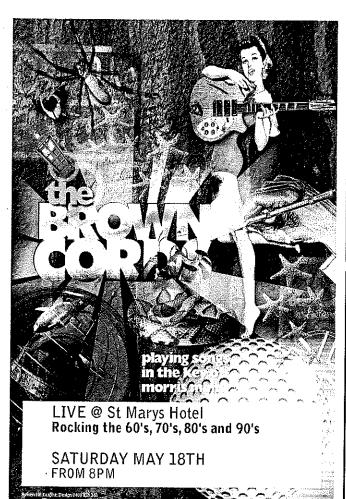
An award winning graduate of the Victorian College of the Arts, Susannah has sung with Australian folk artists such as Shane Howard (Goanna), Lou Bennett (Tiddas), Kutcha Edwards and has studied song writing with Kavisha Mazzella. She has also collaborated with jazz artists Christine Sullivan, Tony Gould and Nichaud Fitzgibbon, and performed multiple times on ABC Radio National's 'Music Deli' program.

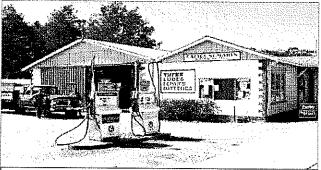
Now based in a cosy cottage in Cornwall with partner Ray and baby Frances, Susannah has been busy squeezing in performances of her new EP 'Don't Run' which was recorded and co-produced by fellow east coaster Pete Cornelius. Susannah will be leading a Singing Workshop for adults in the St Marys Town Hall, 10am – 3pm, Sunday May 12th. The workshop is also open to youth aged 12 and over. The cost is \$20 per person which can be paid on the day.



The event will include:

- A fresh batch of a Capella repertoire arranged by Susannah
- · A musical blend of American, Celtic and Afro Cuban folk, contemporary pop and soul
- Introduction to vocal and performance techniques
- Complimentary lunch for attendees





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Convict Stories from the Valley

Bridget Roarke – John Stokes

Since the first part of Bridget's story was published in the last edition of the Valley Voice new research has uncovered more details regarding the 1856 Boxing Day attack at the Stokes family hut on Charles Alford's lease property at Avoca.

The three armed men, James Bradbury, John Keefe and John England were convicts assigned to Charles Alford at New Prospect, Avoca. At Bradbury and Keefe's subsequent trial in Launceston, James Bradbury produced a lengthy written statement to the court in their defense wherein he described the event as a seasonal lark, a game of sticking up and of boulters. Bradbury went on to explain that the so called house raid was initiated at the request of Charles Alford who had discussed the details with Bradbury and intended the act to be a Christmas lark, a joke. John Stokes testified he knew the three armed men and did not think they would shoot him. Bridget and John Stokes gave evidence supporting John Keefe's statement that he returned the following day to apologize and hand back the stolen items. Under oath Charles Alford denied any prior knowledge or involvement in the house raid. Despite Charles Alford's testimony the Judge believed there was some form of lark, most likely encouraged by alcohol, behind the actions of the three armed men that evening. Bradbury and Keefe's death sentences were commuted to Life and 8 years imprisonment respectively.

Later the third armed man John England who had absconded was re-captured, brought to trial and sentenced to 7 years for his role that evening. All three men served out their sentences and gained their freedom. James Bradbury was the last to gain his freedom in 1877; at 50 years of age he had spent a total of over 25 years as a convict, and had been transported

3 times...another amazing convict story and a work in progress.

Bridget, also known as Catherine Roarker and Conny O'Rourke, had the strength of character that enabled her to survive the brutality of the Ross Female Factory, including hard labor and solitary confinement. A significant number of convict women assigned out as servants, like Bridget, found they were pregnant while under sentence. For convict women pregnancy, when still serving their sentence, was a serious offence no matter what the circumstances. Bridget, like the other convict women, was punished with solitary confinement in the dark cells and hard labor tasks. There were no repercussions for the men. As a result of harsh treatment and poor diet the convict women were often in poor health and many of their babies, born in the Convict Female Factories of Tasmania, were often very poorly. Tragically many of the babies died in early infancy, and sadly that is what happened to Bridget's baby son John who died one day after his birth in 1853 at Ross Female Factory.

Bridget eventually completed her sentence, gained her freedom and went on to make a new life for herself with her husband John Stokes in Fingal. John and Bridget had 12 children, all born in the Fingal district which was a thriving area with plenty of work on offer and access to locally grown food, goods and services. Churches and schools were being built and the new township of St. Mary's founded. Unfortunately for the Stokes family the good times did not last and some kind of catastrophic event or combination of events 15 years later completely changed their fate.

Life becomes increasingly difficult for the family and in 1873 Bridget and John Stokes admitted five of their children to the orphanage in Hobart.

- George Stokes (aged 4) was discharged as a servant at age 10 to John Bell and Alexander Millar in Franklin and absconded from Bell's property 12 months later
- Amelia Stokes (aged 7) was discharged as a servant to James Hughes, Oatlands in 1877 aged 11
- Francis Stokes (aged 8) was discharged as a servant at age 14 to John Dillion at Port Cygnet and absconded 2 years later
- John Stokes (aged 8) was discharged as a servant to Michael Rabbits in Port Cygnet in 1879 at age 14
- Margaret (Maggie) Stokes (aged 9) was discharged as a servant in 1878 at age 14 to Charles Stevens

John and his twin brother Francis were both discharged to people living in the same area of Port Cygnet and it was from there Francis absconded. Younger brother George was also living nearby in the Franklin area when he ran away. I have been unable to find any reference to the Stokes boys being found or returned to their Master or the Orphanage in any records. Hopefully the Stokes brothers, including younger brother George, hatched a plan to be reunited, successfully evaded the authorities and made a new life for themselves.

Two of John and Bridget's elder daughters married in Tasmania. Mary Ann married David Thomas in Longford in 1882 and they had 7 children. Another daughter Eliza married Frederick Smith in Ringarooma in 1883 and they had 3 children.

Information confirming the finer details of Bridget and John's later lives remains elusive and may not exist on public record. There is a possibility that John and Bridget's descendants may recognize their ancestors' story and hopefully they can provide the final chapter of their amazing lives. If you would like to add any further details to Bridget's story please contact me.

Hilary Jones BA Researcher and amateur historian. 28 April, 2013

hilarysj@hotmail.com



The Say By Cagerattler

I'd hate to be a pensioner or a single income family with a couple of kids as winter approaches. In a state gifted with a Hydro-Electric power source it must still be a masarrives.

I was home all last week and not doing anything much pensioners and others hours on weekdays.) This led me to think about low income meet certain requirements. dreaded - I've even heard of pensioners having to go to bed pay the bill. early to try and sleep through cold nights so they can get somewhere near paying the bill. A year or so ago I recall

listening to an ABC radio talkback on this very thing happening in Tasmania and some very careful people really struggling...very sad when these people should be able to enjoy retirement more comfortably.

A problem for many is older style houses that are sive burden on limited finances when the Electricity Bill basically inefficient and didn't lend to full insulation when built, with high ceilings, drafts, small windows, etc. Many struggling with power costs, at all, had a heater running occasionally, did the washing especially heating, have been in their properties for decades twice, had the freezer, fridge and hot water cylinder ticking and can't upgrade without considerable expense. Maybe it's away as normal, flicked the odd light on, used the stove time our politicians thought outside the square a bit and three or four times and the oven once, the TV only on when offered some advice and assessments to low income earners viewed and used the laptop infrequently. Pretty normal, to help find practical ways to improve their lot. What about but I suddenly realised early Wednesday that my \$30 plus having another look at re-introducing the insulation was about to run out, when 95% of the time it lasts a full packages for many who didn't get around to it before, or week without much trouble. (I'm not usually there for 9-10 maybe help with a direct rebate off their power bill if they I have no idea how the families. It's no real hassle for me because I can just whack regulators figure out the power rates and decide rate a bit more on my card like I did on Wednesday but in a increases but I hope they employ all due diligence for the family circumstance that may be a lot harder to do. With a most vulnerable when they decide it's necessary. It's limited and often insufficient income I can only imagine annoying when you can afford it, but it's scary when you how much the day the power bill comes in the mail is can't or you have to miss out on so much just so you can

What do you think?

The longest word in any of the major English language dictionaries is -

pneumonoultramicroscopicsilicovolcanoconiosis. It occurs chiefly as an instance of a very long word.

At St Marys Child Care Centre we are

Wrapped







Children³

and we would like to invite you and your children to participate in the textile art exhibition 'Wrapped in St Marys' (June1st – 2nd).

This is a FREE event and open to EVERYONE

Where: St Marys Child Care Centre When: Saturday 1st June, 11-2pm

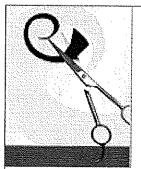
morning tea and art activities for the children provided

So have a dig around in your cuptoard and bring your special quits and blankets to the Centre for display so we can celebrate this special time in children's lives, and the love and care they receive!

Phone Tanya for more information 6372 2187



Some of Billy Connolly's pet things to hate: When something is 'new and improved!' Which is it? If it's new, then there has never been anything before it. If it's an improvement, then there must have been something before it, it couldn't be new.



Ana's Hairdressing Salon

46 Main Street, St Marys 9am Tuesday, Wednesday and Thursday Open market Saturdays Bringing 22 years experience for all your cuts, colours, perms, sets Phone 0448 532 531 (AH) 6372 5497 for appointments or just call in. Open 'til late Friday by appointment

Small gifts also available Facial waxing, eyebrow/lash tinting now available. New detangle brush for knotty hair now available.

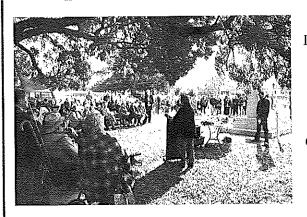


Avoca Museum and Information Centre

Old School Building
AVOCA TASMANIA 7213



AMIC AGM Sunday 26th May, 2pm at the AMIC building All welcome, afternoon tea provided



ANZAC DAY at Avoca

Despite the cold and wind almost 150 people gathered at the first Anzac Day Service at Avoca in over 28 years to pay homage to those who gave their lives fighting for a better world, and to honour all those who have served and are currently serving.

AMIC successfully applied for funding to have the Cenotaph, plaques and Memorial Gates cleaned and painted so it was a pleasure to see so many attend the Service and enjoy the spit roast afterwards, browse the museum and visit the Benham garden.

The next **AMIC Market** is **Mother's Day** May 12th
Contact Prue 63842119 or Steve 63842188 for a stall, Contact Tom 0418545732 if you would like furniture sold. *Free:* Learn to knit and crochet - class at the market

DickAdamsMP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance.

53B Main Rd Perth 7300 (POB 50) 6398 1115

58A High St New Norfolk 7140 (POB 271) 6261 3366



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Written and Authorized by Dick Adams, 53B Main Road Perth

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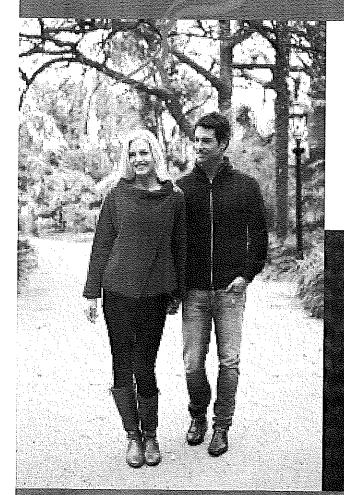
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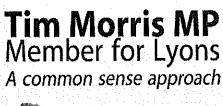
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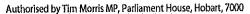
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Classic Bacon and Egg Pie

Ingredients

2 sheets puff pastry

1 onion, diced

4 rashers bacon, trimmed and diced

½ cup peas, fresh or frozen

3/4 cup (100g) grated tasty or cheddar cheese

1 tomato, sliced

6 - 8 eggs

Preparation

1 Preheat oven to 180 degrees C. Lightly grease a pie or quiche dish and line with one sheet of pastry.

2 Spread onion and bacon over pastry, cover with peas, cheese and tomato slices. Crack whole eggs over, keeping yolk intact. Lay remaining sheet of pastry over the top, trim edges.

3 Cook in pre-heated oven for 40-45 mins or until golden.

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Charged By Cow.

While riding his bicycle along the Main Rd. between Fingal and St. Marys, Mr. W. P. Clancy, of Mangana, State highways patrolman, was charged by a cow, and knocked to the roadway. He escaped with extensive abrasions and bruises. Other travellers on the road had to take refuge on a fence top from the same animal.

14th January1938 Mercury general news

Some of the baby names banned in New Zealand:

Royal, Duke, Major, Bishop, Majesty, J, Lucifer, Knight, Lady, Judge, Royale, Messiah, T, I, Queen, II, Sir, III, Jr, E, V, Justus, Master, Constable, Queen Victoria, Regal, Emperor, Christ, Juztice, 3rd, C J, G, Roman numerals III, General, Saint, Lord, . [full stop], 89, Eminence, M, VI, Mafia No Fear, 2nd, Majesti, Rogue, 4real, * [star symbol], 5th, S P, C, Sargent, Honour, D, Minister, MJ, Chief, Mr, V8, President, MC, A.J., Baron, L B, H-Q and Queen V.

Politicians have the only job Where employees make the rules And they can only do this Because their employers are fools. By Chris Hyland



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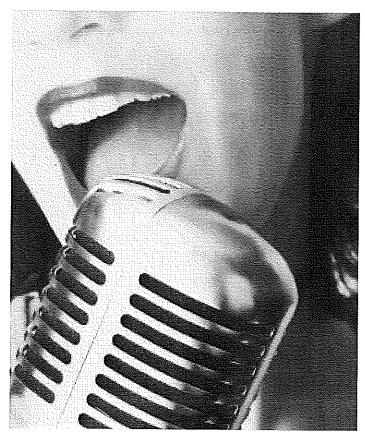
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Thomas Fitzgerald's Story

I wrote the following article while researching our family tree. I was born in Canada to Dutch parents, but have lived in Tasmania for over 40 years. I married 8th generation Tasmanian Ian Summers in 1974 and became an Australian citizen (finally!) in 2008, although I was born into the British Commonwealth.

While carrying out my research, I read widely on Tasmanian history. Ian and I have also amassed a growing personal collection of books and documents. This has helped me understand what life was like for the early Tasmanian settlers, and it was as adventurous and exciting as any in the world, if not more so.

My research has, and continues to be, a fascinating journey. I thought it was time to share some of the wonderful things I have discovered about the people who contributed to this state's development despite often harsh and difficult beginnings.

This is the first in a series of articles to be published here. I hope you enjoy reading them as much as I did writing

On 17th February 1802, Thomas Fitzgerald and his younger brother John were charged with embezzlement from their employer, for separate offences. Thomas was convicted and sentenced to transportation for 7 years; John was acquitted

as he was regarded as an apprentice rather than an employee. Thomas had been earning what was then quite a handsome salary of 45 pounds per year, plus his board and lodging. At the time of his conviction he had a wife and an infant son, Henry Thomas. (Henry Thomas eventually made his way to Van Diemen's Land and was reunited with his father in 1823. Henry had arrived in Sydney from London on the Elizabeth, and then made his way to the Derwent on the Mariner. He was 22 years old.)

Thomas was jailed at Newgate and then transferred to the Prudentia prison hulk at Woolwich. On 5th February 1803 Thomas left the hulk and boarded the Calcutta, along with 120 other convicts. A fellow convict was John Fawkner, father of John Pascoe Fawkner, who, with his mother Hannah, accompanied John Fawkner sr. on board ship. After some time, the ship sailed to Portsmouth where another 100 convicts were taken on board, along with a further 80 from nearby Langstone Harbour.

The Calcutta finally left England on 27th April 1803, in company with the Ocean, also carrying convicts.

The ships' first port of call was Santa Cruz, Teneriffe in the Canary Islands on

16th May. After a week, they left for Rio de Janeiro, arriving there on 30th June. After 3 weeks the ships

William Henry Fitzgerald grandson of Thomas Fitzgerald headed for Tristan da Cunha. They arrived on 2nd

August, where the two ships parted company. On 13th August, the Calcutta arrived in False Bay, Cape of Good Hope. This was the last stop before the final leg of the journey. On 25th August, the ship set sail for Port Phillip, and was battered by severe gales for almost 4 weeks.

Rev. Robert Knopwood was the ship's chaplain, and it was during this time that he ordered 3 dozen lashes for Thomas Fitzgerald, who had been charged with stealing linen and other clothes from one of the officers. Until then his behaviour had been exemplary, as he had been allowed the run of the ship, and had also given some tuition to some of the children aboard.

On 8th October 1803 King Island was finally sighted, but the weather was so that the Calcutta was forced to stand at sea for most of the night. At 5 a.m. on 9th October land at Port Phillip was sighted, and at 9.30 a.m. the Calcutta entered the harbour. The Ocean was already at anchor, having arrived 2 days previously.

Thomas and the other convicts were put to work as servants to the officers, clearing land for cultivation and making a road. Timber was also cut and transported from the Arthur's Seat region, which was back-breaking work. Lieutenant Governor Collins, who had also travelled on board the Calcutta, oversaw the work to establish the Port Phillip settlement.

Some of the prisoners escaped - more than twenty - but only 3 ever returned. They were in a bad way and starving, and it was assumed the others had all died.

The exception was William Buckley, who was a fellow convict with Thomas. He lived with the indigenous people for 33 years before being reunited with the Europeans and then moving to Van Diemen's Land.

Collins later sent a request to Governor King at Port Jackson to transfer the group either to Port Dalrymple or the Derwent. Approval was given to go to the Derwent, so the Ocean, in company with the Lady Nelson, set sail in late January 1804 with a large group of the settlers, including about two thirds of the convicts (the Ocean returned later to collect the remainder). .



Eliza Fitzgerald c. 1872. Great granddaughter of Thomas Fitzgerald

Life at 'the Camp' began well. Small farms were soon established in the open country near New Town Bay and Millar's Bay. However, the settlers were not experienced farmers, and the climate was very unlike the climate in England. The population grew, but the stocks of food dwindled. Hunger became a harsh reality, and a kangaroo dog became a prized possession (worth up to 20 pounds, a large amount in those days). Collins sent a ship to India for grain, but she was lost. To add to the problem of food shortages, 500 Norfolk Island settlers were relocated to the Derwent. They were eventually allotted land to the northwest of the settlement, which became known as New Norfolk.

(To be continued in next issue.)

Rita has set up a family history site called **Journey to Van Diemen's Land**—www.journeytovandiemensland.com) This is a moderated site for family members only. If you think you might be related and would like to access it, please contact her on 03 6372 2724 or gonerustic@gmail.com.

Sources:

Highway in Van Diemen's Land, by G. Hawley Stancombe
The Hobart Town Gazette and Southern Reporter
Prisoners, Pioneers and a Prospecting Preacher, by Graham L. Fitzgerald
Tales of Old Tasmania, by Coalman Smith
Archives Tasmania



© Rita Summers, St. Marys



NEWS FROM THE GALLERY ARTIST OF THE MONTH: GLENYS ANDERSON

What treasures Glenys has made using her love of creative knitting! Try skillfully created articles on at The Gallery, behind Wombat Burrow Frames in Quail St. St Helens. So light to pack or post!

The twinkling light shines through the array of colours Glenys fastidiously styles into shawls, scarves and wraps. Are you looking for a wardrobe boost of wonder and delight; or a magical gift to make someone feel really special? Come and see what Glenys has knitted to tantalize your fantasy. The warmth from these exquisite items are as warm as this lovely lady who executes her designs with exactness.

Glenys was taught to knit when 8, something she thanks her mother for. Asian travels feed her appreciation of craft



supplies and works, particularly in Seoul and Tokyo, and stimulate the usage of a wide variety of yarns found in spectacular array in Asian market places.

Glenys is thankful to be a part of a world-wide tradition, and part of a huge history and network of fellowknitters.

Beginning with the texture and colour of the yarn comes inspiration as to what this calls her to make and the naming of the piece. Then comes



the choice of pattern which she invariably adapts.

Glenys enjoys working with lace although technically very challenging to knit. She loves the feeling of gliding yarn slipping through her fingers along with the intellectual stimulation and satisfaction which comes with mastering a "mathematical design." Glenys executes superb craftsmanship with exactness and humility.

by Peggy Bogar

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Roses from the Heart - Christina Henri

Some readers may already be aware of Christina's project to create a permanent memorial to female convicts and their children born under sentence or accompanying their mothers on the convict ships. I met Christina two years ago when we both volunteered at Cascade's Female Factory in South Hobart.

Roses from the Heart captured people's imagination, and people from around the globe and across Australia have produced a bonnet for the project. Bonnets became very important to the convict women who often suffered the humiliation of having their heads shaved as punishment for a misdemeanour. Bonnets hid their shame and embarrassment. The idea was to make and embellish a cloth bonnet, reminiscent of the bonnets worn by convict women, for every women and child transported, over 25,000. The second phase of the project is to take the bonnets back to the British Isles, symbolically taking the girls home.

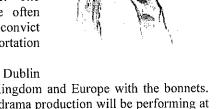
Many thousands of people have designed and created their own bonnet in memory of their ancestor or simply because they felt compelled to contribute to the project.

Between 25 - 30% of the convict women went on to have children born here. The remaining women died without ever having children and their stories are often overlooked. Christina's Roses from the Heart memorial acknowledges every convict woman and child's life, and often tragic death, under the convict system of transportation to Australia.

Christina travels to Ireland on Tuesday 7th May to attend a major event in Dublin were 10,000 bonnets will be displayed. She will also be visiting the United Kingdom and Europe with the bonnets. Tasmania's Chris and Judith Cornish from award winning Louisa's Walk convict drama production will be performing at the event. The bonnets will return to Tasmania later this year.

See some of the beautiful bonnets and follow their journey on Christina's Roses from the Heart facebook page - https://www.facebook.com/ChristinaHenriRosesFromTheHeart

Hilary Jones



St Helens Flowers

유용방방방방방방방

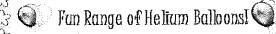
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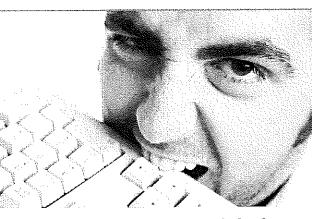
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ACROSS	59 Make do
1 Scoff at	60 Modify
5 Slowly, in music	61 Gather

10 Hindu princess62 The products of human14 Weaving machinecreativity15 Not silently63 Shoestring16 Black, in poetry64 Horse

17 At the peak of 65 In order to prevent

18 Bigger than a teaspoon
20 Cocoyam
22 Bad-mouth
23 Citrus drink
24 Change
26 DOWN
1 Happy
2 Greek letter
3 Razzes
4 Inflection

25 Laughable 5 A triangular fore-and-aft

32 Another time sail

33 Electronic letters 6 Distinctive flair

34 Consumer Price Index 7 Wealthy person (British

37 Precious stones slang)

38 A type of necklace 8 A city in western Russia

39 Fashionable 9 Poems
40 Behold 10 Fend off
41 Freight 11 Cancel

42 Quench 12 Hangman's knot

43 Not asked for 13 Not outer

45 Muscle contraction 19 A stone fragment 49 Adult male 21 Biblical garden

50 Underwear 25 Badgers

53 Mei 26 Curved molding

57 Nonphysical 27 What a person is called

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28 Clairvoyants 45 Patter

29 Insect stage 46 Chinese "bear"

30 Christmas song 47 Prank
31 Be unwell 48 Condition
34 Gossip 51 Hens make them

35 Northern freshwater fish 52 Sediment

36 Frozen 53 Wings
38 Greek god of meadows 54 Centre
39 Objective 55 Chapter

39 Objective 55 Chooses 41. Aromatic seeds 56 Exam

42 Stigma 58 Spelling contest

44 Be imminent

Solutions next issue.

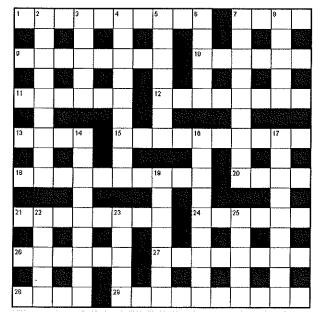
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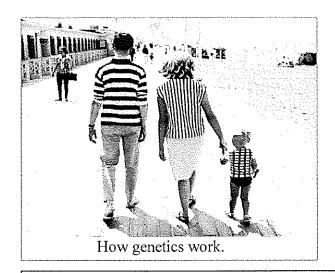
- 1 Rush around in old car, to find escaped criminal in Oz (10)
- 7 A disease singular to sponge (4)
- 9 English is almost never spoken poetically in Telford, for example (8)
- 10 Rotter is in modern art emporium (6)
- 11 Copper into Turner gets depression (6)
- 12 I am unpretentious? No (8)
- 13 Clothe with part of a corset (4)
- 15 Get mean about bird call (10)
- 18 Monster horribly present on the waves (3,7)
- 20 Who should really have written Diary of a Nobody? (4)
- 21 See 4
- 24 Enjoy the flavour (6)
- 26 Composer of Semiramide and La Mer? No (6)
- 27 As were the leftovers a man ate, being overdrawn? (8)
- 28 Scolded infant without a trace of leniency (4)
- 29 4,21's Mount is irregular cube next to a generation symbol (missing centrepiece) (10)

DOWN

- 2 Auntie hit boiling asphalt (9)
- 3 Told of journey to university to find poem (5)
- 4,21 The king of 7, this general axed threat strategically (9,3,5)
- 5 Not, we hear, a problem for 4,21 (7)
- 6 Province is to take up weapons again, changing sides (5)
- 7 4,21's country; a wine capital erected around the last stages of 300 (as it's written) (9)

- 8 Aeolian and Doric, say, in 12 (5)
- 14 Quarrelled in Hell over a sin (9)
- 16 Outside port finally, make fast a vessel one that's engine driven (5,4)
- 17 Some garment to stitch, it's said or more than one (9)
- 19 One goes into troubled centre, having some guts (7)
- 22 Man 'as old Erica (5)
- 23 Residential area in upwardly mobile part of Bruxelles (5)
- 25 Student priest in Guanaco (5)





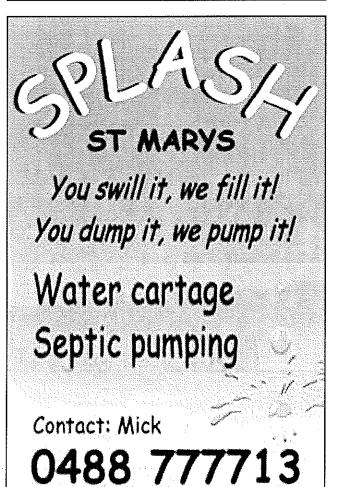
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Media Release

NATIONAL POLLIE PEDAL RAISES OVER \$700,000 FOR CARERS AUSTRALIA

By Guy Barnett Tuesday 7 May 2013

"The National Pollie Pedal from Adelaide to Geelong raised over \$700,000 for Carers Australia," said Guy Barnett, former Senator today who cycled part of the journey.

"It was a fantastic effort all round from the politicians, sponsors and supporters ably led by the Hon Tony Abbott, Leader of the Opposition. I have been involved in most of the National Pollie Pedal events since 2002 and this was one of the toughest. Keeping up with Tony was a real challenge!", he said.

Janis McKenna, Chief Executive of Carers Tasmania said "Carers provide unpaid care and support to family members and friends who have a disability, mental illness, chronic condition, terminal illness or who are frail aged. We were pleased our own Tasmanian Guy Barnett was cycling for such a good cause."

Carers Australia is the national peak body representing Australia's 2.6 million unpaid carers.

(Guy Barnett, former Senator, is Diabetes Australia Ambassador)



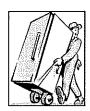


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1st Sunday MASS St Helens Vigil 6pm Bicheno 9am

Fingal 11.30am

2nd Sunday LITURGY

St Helens Vigil 6pm St Marys 9am Bicheno 9am Fingal 9.30am

3rd Sunday MASS

St Helens Vigil 6pm St Marys 9am Fingal 9.30am Bicheno LWC 9am

4th Sunday LITURGY

St Helens Vigil 6pm St Marys 9am Bicheno 9am Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6pm St Marys 9am Bicheno 9am Fingal 9.30am

Enquiries to Sr Lorraine for Baptisms & Weddings 6372 2252

Break O'Day Uniting Church

The Manse 6376 2405 St Helens 9am Fingal 11.15 am

APRIL RAINFALL CHART

7th 13.6

8th .4 (foggy)

9th Trace (foggy)

10th Trace (foggy)

12th 1.4

13th 1.6

14th .4

19th 6.6

20th 14.8

21st 3.6

22nd .1 (foggy)

23rd 9.4

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Anglican Parish of Break O'Day

6376 1144
St Helens 8am
St Marys 10am
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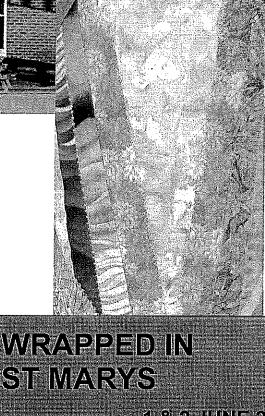
For more information & entry forms:

EVENT CO-ORDINATOR - Rita Summers

P: 03 6372 2724 or 0417 027 424 E: wrappedinstmarystas@gmail.com

A: Gone Rustic, 37 Main Street, St. Marys 7215

W: www.wrappedinstmarystas.com





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[*On presentation of this program ONLY]



For more information about other events, etc. please contact via individual phone numbers listed.



Pre-event - Friday 31 May WRAPPED in youth art + music

- Ramp it Up music + installation exhibition
- Launch + supper
- Community Hall, Main St
- 6.30 8 pm
- Break O'Day Regional Arts Youth Company
- 03 6372 2056 0407046865

SATURDAY 1 June 2013 WRAPPED in power pole textile art

- Street art exhibition
- 9 am 5 pm
- Winners announced @ 4 pm, Gone Rustic, 37 Main St - includes afternoon teal
- 03 6372 2724

WRAPPED in bargains

- Market + car boot sale.
- Community Hall, Main St.
- 9) am; -- 1) pm:-
- Break O'Day Regional Arts
- ph. 03 6372 2022

WRAPPED in more bargains

- Pre-loved clothing books toys + more
- St. Marys School Assoc. Op Shop, Main St.
- 10) am: -4 pmi

WRAPPED in youth art + music

- Ramp it Up exhibition cont.
- Community Hall, Main St.
- 9 am 1 pm

WRAPPED in children's quilts

- Children's quilts exhibition
- St Marys Childcare, Gardiners Creek Road
- 100 am; -- 3 pm;
- 03 6372 2187

WRAPPED in upcycled textile art

- Connected competition + display Gone Rustic, 37 Main St
- Org. By St. Marys School Assoc. Op Shop
- 10 am 4 pm 03 6372 2851

WRAPPED in authentic asian handcrafts

- Handmade Japanese bags, ceramics, etc.
- From a private collection; items are for sale:
- Gone Rustic, 37 Main St
- 10⊦am⊧–4 pmi
- 03 6372 2724

WHERE TO EAT

St. Marys Historic Hotel, St. Marys

(ph. 03 6372 2181)

Purple Possum, St. Marys (ph. 03 6372 2655)

The Coach House Restaurant, St. Marys (ph. 03 6372 2529)

Mt. Elephant Pancake Parlour, Gray (ph. 03 6372 2263)

> St. Marys Bakery (ph. 03 6372 2131)

WRAPPED in tea cosies

- Handmade tea cosies exhibition
- Gone Rustic, 37 Main St
- Sponsored by St. Marys Community Day Care Centre
- ∄0 am 4 pm
- 03 6372 2724

WRAPPED in history

- Local history, railway + mining memorabilia, models, kitchenalia, books, cameras + more
- St Marys Railway Station, Esk Hwy
- 10 am 10-3
- St Marys Cranks + Tinkerers
- 0417 648 845

SUNDAY 2 June 2013

WRAPPED in power pole textile art (cont.)

- Street art exhibition (cont.)
- 9 am 4 pm
- 03 6372 2724

WRAPPED in classic vehicles:

- Seventh Annual Car Show
- Faulkner's Green, Main Street
- 8.30 am 3 pm
- St. Marys Cranks: + Tinkerers
- ph. 0417 648 845

WRAPPED in history (cont.)

- Local history, railway + mining memorabilia, models, kitchenalia, books, cameras + more
- St Marys Railway Station, Esk Hwy
- By appointment 0417 648 845

WRAPPED in faith

- Special church service.
- Holy Trinity Anglican Church, Main St.
- 10 am; followed by morning tear
- 03 6372 2428

For other service information, please contact:

- Salvation Army (63/72:2099)
- Catholic Church (03/6372/2252) Uniting Church (03 6376 3269)

NOTE - Tea cosies, authentic asian.

handcrafts and 'connected' upcycled textile art continue to be on display at Gone Rustic, 37 Main St, but only from 1 – 4 pm (see Saturday 1

June for details)

WHERE TO STAY

Addlestone House, Storey St. St. Marys (ph. 0412 425 666)

Seaview Farm, St. Marys

(ph. 03 6372 2341).

St. Marys Historic Hotel, Main St., St. Marys (ph. 03 6372 2181)

The Possum Pad

(ph. 03 6372 2665)

Mariton House, St. Marys (ph. 03 6372 2059)

Oakdene Heritage Accommodation (ph. 0400 069 635)

St. Marys Caravan Park (free short stay)

How do I work with people?

Often times within social and group activities we come across people with very differing ideas of how things are, or, 'should' be. This workshop is designed as a first step, to help us to overcome any differences and difficulties in communication we may experience during our meetings and group activities.

- Do you come home from meetings or social events feeling frustrated at the level of communication within the group?
- How can I communicate in a harmonious way with a "difficult" person?
- I wish that person who speaks for so long at meetings, and has an opinion about everything, would give others a chance to speak? OR I wish others would give their opinions and not just leave all the decision making up to me?
- Would you like to find another way to communicate with 'difficult' people, where you both feel heard.

Consensus decision making relies on good communication skills and dealing with any conflict as it arises. This workshop is designed to help people to express themselves in an honest way, while at the same time honouring all the different perspectives in the room.

Workshop at St Marys Tuesday 28th May 2013

St Marys Community Hall

O am—2 pm (lunch provided)

Bookings Essential

Workshop at Stilletins

Thursday 30th May 2013

Tidal Waters Hotel

10 am—2 pm (lunch provided.

Bookings Essential









Community Action Program In partnership with TransBOD

These community workshops are provided free of charge.

To register your interest or for further information please contact Trish or Kathy at Healthy House 63765242 or email admin@healthyhouse.org.au



Funding is provided by the Australian Government Department of Health and Ageing under the Rural Primary Health Services Program.

Trans BOD

A Community Action Program cordially invite you to the Inaugural Break O'Day Jane Austen Festival

Where: St Marys Hall

When: Saturday 25th May 2013

From: 3pm - 9 pm

Admission is Free - Everyone Welcome -Join in the fun and come along in Costume

3pm—5pm Lots of fun activities including Sewing Circle
- make some Regency style bonnets, cravats, do some
embroidery etc

Games Table - Learn how to play Whist

Dress Up in some Regency Style Clothes and have your photo taken. Hair styling - Learn how to do some upstyles,

Writing Table - Learn how to do Calligraphy and make some Regency style Dance Cards

5pm—6pm Mr Collins Proposal - live stage performance 6pm—7 pm Short Screening of episode where Mr Darcy proposes to Elizabeth at Rosings

7pm—9pm Dancing followed by Supper (BYO - no alcohol allowed)

Funded by the Australian Government Department of Health and Ageing under the Rural Primary-Health Services Preventative Health Initiative.

HOUSE

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Latt

8/5/13 - 24/5/13

For appointments phone: 6372 2111

Please see After Hours Numbers below for during this time

St Marys Community Health Centre GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am- Reception Closed

10:30am-12:30pm

12:30pm-1:30pm- Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm-Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This requires a 5 minute doctor consult.

PATHOLOGY SERVICE

No Pathology Service between 12:00-1:30pm or before 8:30am daily

If you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

AFTER HOURS CONTACT NUMBERS

Please phone GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE 6372 2111

Please RING before presenting after hours

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 8/5/13

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000 Thank you for your cooperation

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked <u>prior</u> to your medication/s running out or <u>in advance</u> if you are attending this practice regularly. **PLEASE BE PATIENT** waiting periods can apply to see the doctor.

Please speak to our reception staff about ordering scripts over the phone— as fees apply. Scripts are unable to be done over the weekends, ensure you have enough medications in advance.



BREASTSCREEN TASMANIA

The mobile Breast Screen Bus will be located at <u>St Helens</u> from:

29 April- 17 May 2013

If you would like to make a booking to have a *FREE* mammogram done with Breast Screen Tasmania's mobile unit please phone 132050.

The program provides *free* screening mammograms specifically targeting women aged 50-69, however all woman aged over 40 without breast symptoms or a recent history of breast cancer, are eligible to participate.

The Breast Screen Bus will only be located at St Helens not St Marys in 2013. Please take this opportunity to call and make an appointment.

DIABETIC CLINIC

Regular consults are available at the St Marys Community Health Centre. If you require an appointment please see your GP for a referral and GP North will contact you with an appointment time.

Next session at St Marys is: Friday 10 May 2012

ST MARYS COMMUNITY HEALTH CENTRE

	WHAT'S ON AT THE CENTRE	<u>WH</u>	IAT'S ON AT THE CENTRE Continued
May 8	Day Centre— For details on the group please contact Hayley Gilbert 6372 2111.		MYSOAP- Antenatal Clinic with Katie. For appointments please see your GP
	Mental Health Clinician/ Case Manager Faye Thordardottir. For appointments please phone 1800 332 388 where a	May 16	Relationships Australia—Leanne McMurtie for appointments please phone 1300 364 277
	referral will be lodged for you. Podiatry North- Free Community		Social Worker— Shan Williams. Please phone 6372 2111 for appointments
	Podiatry Service. For appointments please phone 63365155		Meals on Wheels Meeting 2:00pm in the Day Room.
May 9	Social Worker— Shan Williams. Please phone 6372 2111 for appointments	May 17	Social Worker– Shan Williams. Please phone 6372 2111 for appointments
May 10	Social Worker— Shan Williams appointments available by phoning 6372 2111	May 20	Mental Health Clinician/ Case Manager— Faye Thordardottir. For appointments please phone 1800 332 388
	TML Diabetic Educator, Physiologist and Dietician. Appointments available by referral from you GP.		Physiotherapist—Naomi Ide. Please see your GP or Health Professional for a referral to the service.
May 13	Physiotherapist—Naomi Ide. Please see your GP or Health Professional for a referral to the service.		TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room
	referral to the service. Mental Health Clinician/ Case Manager— Faye Thordardottir. For appointments please phone 1800 332	May 21	Child Health Session with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381
	388 where a referral will be lodged for you. Audio Clinic For appointments please		Mental Health Clinician/ Case Manager Faye Thordardottir. For appointments please phone 1800 332 388 where a
i.	ring 6334 1466		referral will be lodged for you.
May 14	Mental Health Clinician/ Case Manager Faye Thordardottir. For appointments please phone 1800 332 388 where a		Physiotherapist—Naomi Ide . Please see your GP or Health Professional for a referral to the service
	referral will be lodged for you. Lightfoot Podiatry—Perry Daly. Phone	May 22	Day Centre—For details on the group please contact Hayley Gilbert 6372 2111
	6331 9568 for appointments		Mental Health Clinician/ Case Manager— Faye Thordardottir. For
	Physiotherapist—Naomi Ide . Please see your GP or Health Professional for a referral to the service.		appointments please phone 1800 332 388 where a referral will be lodged for you.
	Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please		Social Worker—Shan Williams. Please phone 63722111 for appointments.
	phone 6337 5555		GP Podiatrist—Annabelle. For appointment please see your GP or Health Professional
May 15	Social Worker— Shan Williams. Please phone 6372 2111 for appointments	market state of the state of th	for a referral.
	Day Centre— For details on the group please contact Hayley Gilbert 6372 2111	May 24	Social Worker—Shan Williams appointments available by phoning 6372 2111
	Physiotherapist—Naomi Ide . Please see your GP or Health Professional for a referral to the service.		
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AUSTAIAS BIGGST NOTHING TEA

23rd May 2013 Marys Town Holl MORE THAN JUSTA

FORTH SBITTES TOTOMINELUDES FORTH

ALTERNATIVE THERAPIES

tea cosie display and competition

more than just a raffle

and lots more

EVERYBOON WELGINDE

\$5.00 all inclusive



'MORE THAN JUST A CUPPA'

COMMUNITY HEALTH FORUM AND AUSTRALIA'S BIGGEST MORNING TEA

TEA COSY COMPETITION

Categories for competition:

- Most useful tea cosy (natural fibre: cotton, wool, sewed, knitted, felted etc.)
- Most creative (any medium)
- Largest tea cosy
- Smallest tea cosy
- People's Choice

Be creative and crafty...

Prizes will be allocated for each category

Cost: \$1.00 per entry (discount for multiple entries)

- Registration forms, payment and your entry need to be received by Monday 13/5/13.
- Items can be left at the Reception of the St Marys Health Centre. No late entries will be accepted.
- If you want to sell your tea cosy on the day make sure it is pre priced when you leave your registration. Please note a 10% commission is requested on sales of items. This money will be donated to the Cancer Council.

Registration Form: TEA COSY COMPETITION

* Please complete one registration form per entry

Name (first):		Surname:	
Address:			
Phone:			
Name of your entry:			
Is the item for sale:	Yes-	No-	
Price: \$		(please note 10% of sale cost to go towards Cancer Council)	
Do you have multiple e	ntries: (m	ultiple entries entitle you to an entry fee discount) Yes- 🔘	No-

Meals on Wheels 0488 384 344

May		St Marys	Fingal
Monday	13th	Lorraine Gill	Neighbour- hood House
Tuesday	14th	Trish Pike	
Wednesday	15th	Lundy Vosper	
Thursday	16th	Yvonne Salter	
Friday	17th	Hannah Rubenach	Neighbour- hood House
Monday	20th	Ruth Aulich	Neighbour- hood House
Tuesday	21st	Trish Pike	
Wednesday	22nd	Kaye Nailer	
Thursday	23rd	Val Spencer	
Friday	24th	Lorraine Gill	Neighbour- hood House

Issue No. 24 solutions

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The Voice and East Coast Voice encourages local/ regional contributions from the public. Stories, current events, historical information, lifestyle pieces, anecdotes, articles and written or visual art with a community-based theme are welcome, especially with relevant pictures included. Regular columns can be made available for dedicated contributors. Contact the editor if you have any questions or would like more information about guidelines. We aim to reflect and represent all those who make up the valley and east coast regional communities.

The Valley & East Coast Voice Guidelines

Opinions in any letters published are not necessarily those of the Editor and voluntary workers.

Our pages will remain open to fair and honest criticism so that on all questions both sides may be presented, but any submissions containing personal attacks or hinting at libel or slander will not be accepted.

Please do not attack the editor, the paper or the outbors of previous articles.

authors of previous articles.

Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editors discretion.

Please make sure of your facts. Do not write submissions just to let off steam. Articles most commonly published are those that relate to current community issues.

Keep articles short, simple and to the point. Letters

are restricted to 300 words or fewer.

The Editor reserves the right to edit any submission grammar, spelling or reduction in size where for necessary.
All letters/emails must include your full name,

address and phone number.

The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our

guidelinés. Whilst we value & welcome community input, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

Advertising

Classifieds 25 words or fewer: free Regular small classified: \$25 p.a. Community notices free Large boxed ads \$12 1/4 page \$20 1/2 page \$30 Full page \$50 1 year posted subscription \$50

Articles for publication may be left at the St Marys Pharmacy on Main Street or mailed to W Dawson, 12 Groom St, St Marys Tasmania 7215



ST MARYS SPORTS CENTRE



ST MARYS IGA SUPERMARKET

38 Main Street Ph/Fax 6372 2240 Butcher 6372 2274 Monday to Friday 8 - 6 Saturday 8 - 12

This week's specials available 9th - 15th May

From the Butchery

Porterhouse	16.99 kg
Mince	9.99 kg
Nichols chicken breast fillets	9.99 kg
Lamb Roast	12.99 kg
Round steak	8.99 kg

From the shelves

Heinz baked beans/spaghetti	99c
Country Cup soups (2 serves)	89c
Sorbent 8pk	3.99
Weet-bix 750g	2.99

Mother's Day

Cadbury Milk Tray 200g	6.99
Cadbury Roses 225g	6.99

Next week's specials available 16th - 22nd May

From the Butchery

Leg of Lamb	10.99 kg
Blade steak	8.99 kg
Silverside	5.99 kg
Lamb loin chops	12.99 kg
Topside beef roast	8.99 kg

From the shelves

Heinz condensed soup 420 g	.99
Kleenex 12 pk	5.99
Kellogg's corn flakes 725 g	2.99
Kellogg's rice bubbles 410 g	2.99
Anderson's tea bags 100s	1.99

Deli

Middle Bacon 7.99 kg

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VALLEY VOICE
PUBLICATIONS



ST MARYS SPORTS AND SOCIAL CLUB

COME AND HAVE SOME FUN - INDOOR BOWLS



FRIDAY NIGHTS FROM 6PM NEVER PLAYED BEFORE?

ore.

IT DOESN'T MATTER.

IT'S ALL FUN AND SOCIALISING.

St.Marys Bowls Club

Annual General Meeting

FRIDAY 17th MAY 7:00pm AT THE SPORTS CENTRE

Format of Meeting:

Election of Office Bearers

Discussion on New E.C.B.A

Bowls Competition Rules

General Business



ST MARYS SPORTS CENTRE INC. Every Friday – 6.30 - 7.30pm drinks at discounted prices 6372 2177