

The Valley & East Coast Voice

Est. 1968

Volume 45 No. 7, Thursday July 26, 2012.

50 cents

St Marys Sports and Social Club's Christmas in July.

Fundraising venture a great success. It was fantastic to see so many people at the club this week, thanks to a most enjoyable Christmas in July.

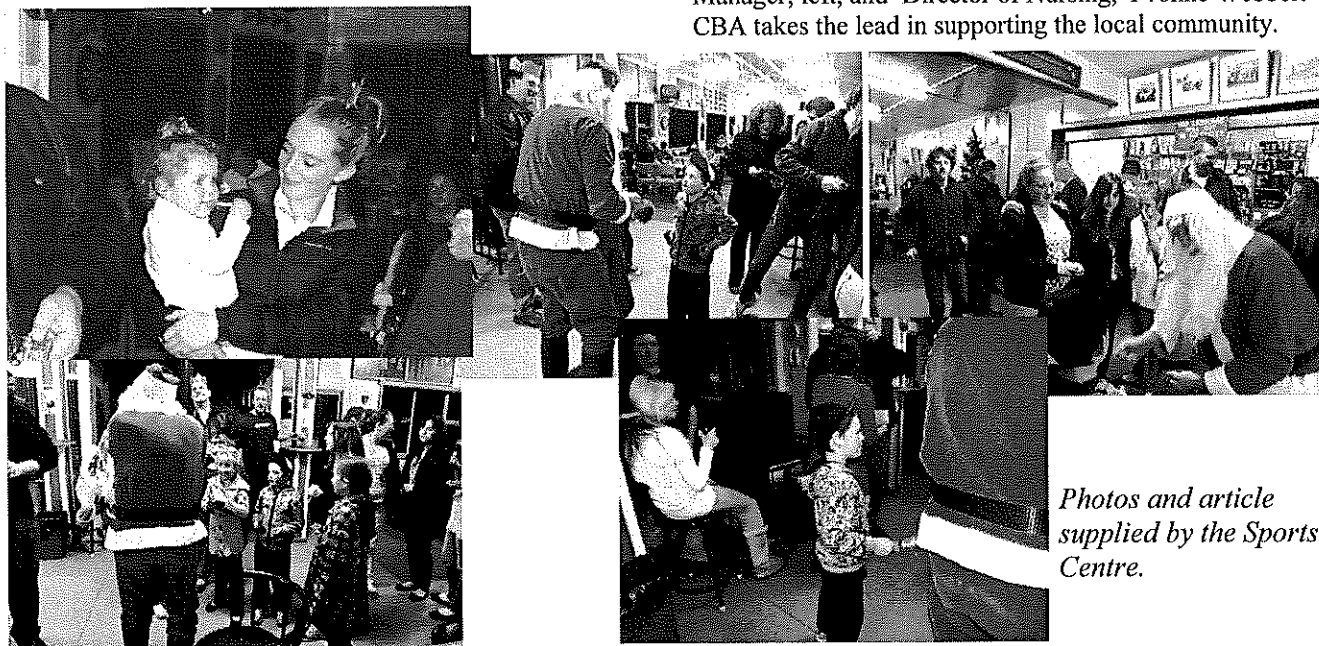
Around 50 adults, children and helpers capped off a great fundraising evening, after enjoying a beautifully prepared 3 course meal courtesy of our resident barbequeologist Diesel along with Tamatha and her many kitchen helpers, also thanks to Jim and Vicki behind the bar.

Other highlights for the evening were a popular and unseasonable visit by Santa who handed out many gifts to the children (and adults). Thanks Santa for your efforts. I must say that he looked a picture of fitness at this time of year, nice and trim, but whilst he has taken in his belt a bit, I can't say the same for anyone who had the three courses on the night!

Chocolate wheels, pass the parcel and musical chairs kept everyone entertained later in the evening. Well done to all who assisted on the night but especially Tamatha and brother Dan, who donated many prizes. Thanks for your continued support at one of our major fundraising efforts for the year.



Gemma Davern, Commonwealth Bank employee, tests out the lovely new recliner, which was donated by the **Commonwealth Bank of Australia's Community Care and Share**, on Monday July 16, 2012 to the Palliative Care ward at the St Marys Community Health Centre. Pictured accepting the chair are, Julie Gunton, Nurse Unit Manager, left, and Director of Nursing, Yvonne Webber. CBA takes the lead in supporting the local community.



*Photos and article
supplied by the Sports
Centre.*

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday August 7, 2012
EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard- beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

Playgroup at Falmouth Community Centre. Fridays 10.30 - 12.30. \$2 per family. Please bring a piece of fruit for sharing and your child's own drink bottle & sun protection. Bikes and helmets welcome. Details contact **Michelle: 6372 2835 / 0418 271 315.**

Are you doing/interested in Homeschooling? Keen for a local network? Contact **Michelle: 6372 2835 / 0418 271 315.**

St Patricks Head & Esk Valley Historical Society Inc meets every second month on the third Wednesday at 3pm at various venues throughout the valley. For details please contact: Barry (6372 5752) (email: aulich@bigpond.com) or Jim Haas (6372 2127) (email: jimhaas@bigpond.com) Alternately you can check out our website :www.fingalvalleyhistory.com

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The **Falmouth Community** centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969.**

Break O'Day Regional Arts - General meetings held on the first Wednesday of each month at 4.p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod **6372 2444.**

The Cornwall Community Development Group Inc welcome all interested persons to their meetings in the Cornwall Hall on the first Tuesday of each month at 6 p.m. Wendy Dawson, Public Officer - Ph. **0403430452 E. ccdgin@fastmail.com.au**

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.**

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John **6376 4270** or Rose **6376 3335.**

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity, Mick & Shir: **6372 2909.**

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

Scamander Garden Club meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: **6372 2762.**

Tasmania Valleys of Adventure

AVOCA - ROYAL GEORGE - ROSSARDEN - FINGAL - MANGARIA - HATHINKIA - UPPER ESK - CORNWALL - ST MARYS

GREATER ESK TOURISM
GET TOURISM ... meets the second Monday of each month unless otherwise notified.
WHERE: Fingal Valley Neighbourhood House
TIME: 7PM
All WELCOME.
Enquiries to the president on 63722783.

Bicheno Indoor Market

When: every 3rd Sunday of the month
Where: Bicheno War Memorial Hall
9am - 1pm
Hot Foods - come and enjoy breakfast, morning tea or lunch.

Variety of Stalls

More stall space available:
Contact David Logie: ph. 6375 1129.
Only 2 markets left for this year!
19th August and 16th September.



Sunday Market

Happening :

At the Old Tasmanian Hotel

On the third Sunday of the Month

*Please ph 6374 2344 or mobile 0488 562 538
to book your table/trestle
Needed: fruit & veggie stall holders*



Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Cheryl on 6372 2194. Leave message.



St Marys Market

Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

Employment wanted

Gardening, odd jobs. Honest, Catholic Family man. \$15 p/hr. Ph: 6372 2814.

Employment wanted

House cleaning. Experienced lady. References supplied. \$15 p/hr. Ph: 6372 2814.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

For sale

Classifieds

For sale

Frozen raspberries for sale 10 dollars /kg . Ideal for jams, cakes and puddings.

Raspberry canes with good roots \$1 each.

Ph: Jack 6372 2034.

Vitamins/supplements available lowest prices ever.

Ph: 63762645.

CE JH-4604 Silver-black hair clippers. Super quiet, super powerful. Comes with 4 combs 3, 6, 9&12mm, cleaning brush, scissors, lubricating oil, all in box. Brand new. Ideal for men, or pets hair trimming.
Ph: 0411 186 573.

1Yoga Gym Pilates Fit Fitness Exercise Anti Burst Swiss Blue Ball. 75cm with foot pump. \$17. Ph: 0411 186 573.

40", 140cm Mini Trampoline W/padding. New kids jogger fitness exercise home gym. \$40. Idea for kids jumping high with screaming happiness.

Ph:0411 186 573.

Left handed golf club. King Cobra Speed LD Driver. Off-set with 10.5 loft. First Class Condition. \$50.

Jim Haas. Ph: 6372 2127.

2006 Subaru Forester. 83,000km. In good condition. \$17,500. Ph: 0499 742 178.

4 door corner TV cabinet. \$80. Ph: 6372 2552.

Bassinet. \$20. **3 wheeled pram.** \$20. **Bunny rugs-the lot** \$20. **Bassinet cover.** \$10. **Baby girl's clothes** – sizes 0000, 000, 00—the lot \$150 or 50 cents an item (300+ items. Bibs, socks, hats, shoes—all 50 cents an item.

Ph: Fingal 0408 078 640.

Laptop Computer ASUS A53B 4GB . Bought 8/3 under 12mths warranty for \$597. Microsoft Works (Word, Excel, Powerpoint, Access, Publisher) added. \$495.
Ph:6372 2059.

1 pair axle stands. \$20. **1 gas light.** \$10. **1 steering wheel lock with 2 keys.** \$10. **1 mitre saw for picture frames etc.** \$20. **1 sash clamp, 3', never used.** \$20.
Ph: Pete 6372 2398.

Gold Laced Wyndot hens. \$15. each..Ph: 0427 713 195.

1975 Mercedes 280s with 3mths rego. Good order. Burnt orange. **1977 Mercedes 280e**, no rego, needs TLC. Burgundy. \$2,500 for both. Ph: 6375 1440.



Kawasaki KX85, big wheel, 2001 model. New chain, sprockets, wheel bearings and rear suspension. Good condition, goes well. \$1800. ono.

Ph: 6372 2665.

BARGAIN OF THE YEAR –

a 2 storey kit home (lock-up only) for only \$33,000.00! Three bedrooms, open plan living area, laundry, bathroom, separate wc downstairs, bathroom and wc upstairs, deck opening out from upstairs bedroom over porch at ground level. Total floor area (both levels) of 168 sq. m. Purchaser will need to organise own pickup. Call Rita on 03 6372 2724 or drop in to *Gone Rustic, 37 Main Street, St Marys* (Tues-Sat, 11-3)

FOR SALE

LOUNGE SUITE (BRAND NAME: MELBOURNE)

3 SEATER LOUNGE PLUS 2 RECLINERS.

ROYAL BLUE—GOOD CONDITION.

\$600. ONO.

CONTACT: KAREN POLDEN

MOB: 0439 333 398 OR 6372 2438

WANTED TO BUY

20' SHIPPING CONTAINER

IN GOOD CONDITION.

PH: 6372 2195

Wheat for sale. 20kg bags, \$10. 20kg bags crushed, \$15.
Contact Jason: 0419 514 947.

WANTED TO BUY

VIDEO RECORDER IN GOOD WORKING ORDER ONLY.

Ph: 0427 713 195.

Wanted – used upright electric stove/oven in good clean working condition required for a rental property. **Contact Harry or Kerry at the PO.**

HAT STAND/COAT RACK wanted - bentwood style/timber; good condition (6372 2724)

NEW STOCK – chain mail jewellery and fibre & textile jewellery; Australian studio pottery, and more! *Gone Rustic, 37 Main Street, St. Marys (open 11-3, Tues-Sat)*

Frozen blueberries - \$11 kilo Phone 6372 2341.

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Garden mulch. Large square bales of straw.

Free delivery in St Marys area.

Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5.

Small bales of grass & clover hay. \$5. (undercover)

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158.

Grass Hay, heavy bales, shedded, \$5 per bale.

Ph: Ross 0401 870 316.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.



FINALLY ITS HERE
"A Little Bit of Heritage" is now all in one place.

Jim Haas had put the best of his historical articles, which have appeared in the Valley Voice over the past seven years or so, into a book. It is appropriately called
"A Little Bit of Heritage"

For those interested in the history of the Fingal Valley, East Coast and beyond, there is over 240 pages of stories and photos relating to people and events that have shaped this wonderful piece of Tasmania in which we are fortunate to live.

The book has been condensed into A5 size and expertly printed and bound by Fuji Xerox in Launceston.

Although we plan an official launch and signing in the next couple of months, copies are now available from the

St Marys Newsagency for \$20.

Or Scamander Beach Hotel Resort, Fingal Online Access Centre, Avoca School Museum and for Launceston residents:

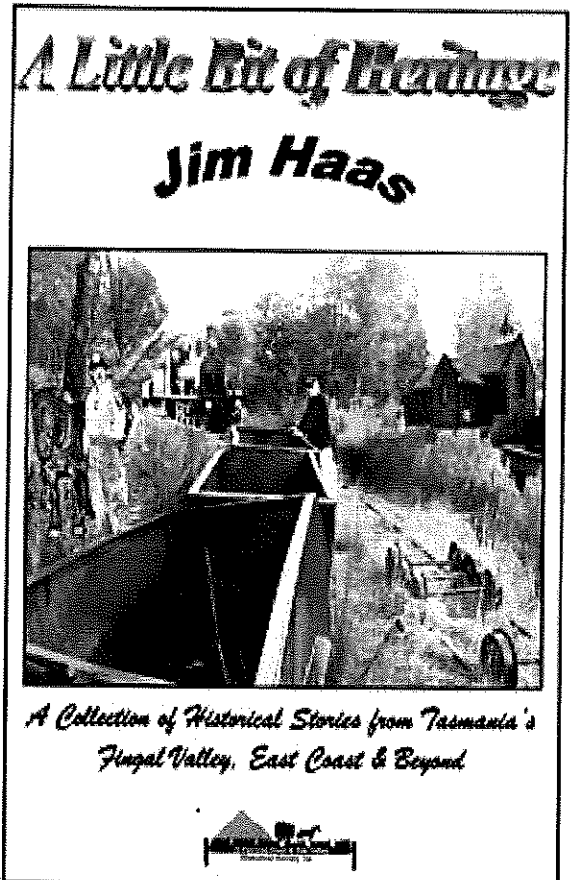
Lois Hayes on 63 44 5785.

Alternately you can send a cheque or money order for \$23 to:
(\$3 postage and handling)

**St Patrick's Head & Esk Valley Historical Society Inc,
P O Box 148, St Marys , Tas . 7215**



Darlene Wright's ***"Convicts of the Fingal Valley"*** is also still available from the above outlets.



Letters to the Editor

Vol. 45 No 7, July 26, 2012

UN-JUST RUBBISH

I wish to highlight an obvious inequity amongst Rate payers and the costs applied to the Waste Management system for the BOD council. This is not a new issue, but one that is unresolved and defies common logic.

The issue concerns the fees applied to the majority (Serviced) who receive a leased bin, which is emptied, on average, 31 times per year and those, usually more rural, who are not included in the collection zone and are required to operate their own rubbish disposal method. Let's call this group (Not Serviced).

All Rate payers pay the \$134, that is, Serviced and Not Serviced.

The Serviced rate payers only, are charged an amount of \$69 for lease of the bin and rubbish collection.

The Not Serviced rate payers are required to supply their own domestic bins and deliver them to the Waste Station and pay \$2 per visit. To comparatively cost each component, assumptions must be made due to distance from the Tip, but let us say an average of 10 kilometers. Let us also assume that we don't only go to the Tip and utilise our time by doing some shopping etc, most times, but the Tip does incur a cost for at least every 3rd trip. The reality is that a weekly tip run is required for hygiene reasons.

Annual Costing

Bins - (2 bins at \$20 each over 4 years) ... \$10
2 bins required to limit weight and allow lifting.
Fuel - (20 km at 30 cpl X 31 visits /3) ... \$62
Tip Cost - (31 X \$2).....\$62
Total Not Serviced:.....\$134
Total Serviced:.....\$69

There is an obvious minimum inequity of \$65 per annum or around 100%. This happens to be about the same annual cost as the \$2 Tip fee. Although the amount may appear minor, most Rate Payers you would think, would agree, that we should all be treated equally in all respects. If you were 100% wrong about something, wouldn't you fix it?

One would think that someone within the Council has performed the above costings or something similar. If they haven't, why not. If they have, how could they allow such a Policy to exist?

One solution is to spread the cost burden over All users by slightly increasing the existing levy and issue Non Serviced users a Tip Pass.

Gary Vulich

Elephant Pass.

(A copy of this letter was sent by Mr Vulich to the Council. Extracts of their reply are published in the next letter to the editor from Mr Vulich.)

JUST RUBBISH (contains extracts of Council's reply)

Prior to the initial publication, I gave the BODC an opportunity to respond to my comments, which they have done in double quick time. To allow the Ratepayer to get a feel for Councils thinking on this matter, I will condense the extent of their reply and quote the pertinent points of their letter, in context.

The Council writer states:

"I will not attempt to justify a particular charge as for every argument there will be a counter argument..."

The writer goes on to describe two categories of "Serviced" absentee ratepayers, who are subject to both the Levy and Collection fees, indicating that these categories are examples of a counter argument because they do not reside in the region permanently or only have a shed on a property and don't use the collection service.

I can accept they may have grounds for concern as they do not use the services available to them, but I would suggest that absentee owners, universally, accept such obscure penalty costs as part of owning that type of property.

With the exception of being categories or types of the Waste Management system, I fail to see how the two examples relate in regard to the 'inequity' argument.

The Council writer continues. "The reality is that each year Council have a budget which must be funded and as much as possible we attempt to share the burden evenly and where possible utilise a user pay system, noting this will never be perfect and whilst you may not agree council cannot take into consideration individual traveling costs"

"Attempt to share the burden evenly". I would suggest there has been no attempt at any costings, because no-one could stand up and say (based on my minimalist figures) that the burden is even. It is understood that individual traveling costs could not be taken into account, but that is not what the costings are saying. What they are saying is that traveling IS a cost and assumptions must be made to form an average to test the viability of the total argument. In the absence of a collection, the rubbish must get to the Tip somehow. If our council can't do it, we must.

The writer did come to the same solution of spreading the burden to all users, but withdrew by adding "fees for serviced sites would increase and there would be a similar argument of inequity from those ratepayers."

There can be no grounds for an argument of inequity, because the costs are the true situation. In fact, they conform to the Council's policy of "user pay" more accurately than at present.

Let us hope our elected Councilors represent us to Council and amend the policy for next year.

Gary Vulich
Elephant Pass

My wife asked for a ride-on lawnmower.

**She's not happy.
Don't know why.**





The St Marys Corps of the Salvation Army would like to thank the following people for their kindness and generosity in being willing to collect for the 2012 RED SHIELD DOORKNOCK APPEAL.

Val Brown, Carly Brown, Mark Burgess
Lorraine Gill, Stuart Kerr, Cassie McGee,
Pamela Mayes.

We would also like to thank the people of St Marys who were able to donate toward this year's appeal.

The amount raised for the East Coast, at the last count, was \$700.

For those people who missed either the chance to donate at the Supermarket Shop-sit or the collector at the door... IT'S NOT TOO LATE!

Your donation can still be collected...please contact Mel Norton on 0409 838 816 or 6372 2099

VIETMAN VETERANS' LONG TAN COMMEMORATIVE SERVICE 2012

The St Mary's Memorial Services Association will be commemorating Long Tan Day at the St Mary's Cenotaph on the 18th August commencing at 11am.

All veterans, their families, friends and community members are invited to attend.

If you would like to lay a wreath please call Wendy or Reon 6372 2094

JOURNALS ANONYMOUS -11am-2pm on last Saturday each month at *Gone Rustic Studio & Gallery, St. Marys*: just bring whatever art or journal/sketchbook you're working on. Cost: donation. BYO lunch. For more info, call Rita on 0417 027 424 or email to gonerustic@gmail.com

stitchedupmama –
www.stitchedupmama.wordpress.com

WRAPPED IN ST MARYS

See photos, slideshows and more at
www.wrappedinstmarystas.wordpress.com
Also a great way to keep up to date with developments for next year!
An initiative of GET (Greater Esk Tourism)

LAST DAY – Tuesday, 31 July is the final day of the *Speak to Me* exhibition of art by Tas. women! Don't miss it ... drop in to *Gone Rustic, 37 Main Street, St. Marys* (open 11-3, Tues-Sat)



MT ELEPHANT FUDGE

Mt Elephant Fudge
for all your sweet desires!!!
Re-opening Thursday August 2!!

Trading Hours

Wednesday, Thursday, Friday, Saturday,
Sunday, Monday
10am - 5pm

Authentic hot chocolate!!

Assorted handmade Belgian chocolates,
yummy fudge and delicious sweet treats.

Cone Ice creams, Banana Splits, Sundaes, Milkshakes,
Iced Choc/Coffees, **Coffee**, Chocolates, Cheesecake,
Gift and Post Cards

NEW - Books on local interest and history
HANDMADE in ST MARYS"



BREAK O' DAY STITCHERS

As part of our ongoing projects for the Community our group was happy to be able to donate a lovely wallhanging -(pictured above) designed by Lisa Walton and made at Break O' Day Stitchers - to the Lymphoedema Clinic at St Mary's.

A workshop will be held on Saturday 18 August 2012 at St Helens Neighbourhood House Bungalow on making a Sashiko Bag. Details can be obtained from the tutor – Barbara Mellor – 6376 3771.





Ana's Hairdressing Salon

Main Street, St Marys

Open every Tuesday & Wednesday
9am

Bringing 22 years experience

For all your cuts, colours, perms, sets.

Phone: 0448 532 531

On Tuesday & Wednesdays, or just call in.

Or phone (H) 6372 5497 to pre-book.

Same prices, service & phone numbers

Providing a service to the community.

SPECIAL - UNTIL END OF AUGUST

*** TRIM, SHAMPOO & SET \$35.**

NOW IN STOCK:

- HEAD LICE TREATMENT KITS - \$9.00
- COLOURED CLIP-IN HAIR EXTENSIONS - \$9.00
- VOLUME MATTIFYING POWDER - TAKES THE PLACE OF HAIR SPRAY. GREAT NEW PRODUCT.

SMALL GIFTS - COME AND HAVE A LOOK.

ALL PURCHASES WILL BE GIFT WRAPPED IF REQUIRED.

*** GIFT VOUCHERS AVAILABLE**

Ana wishes to advise clients that she is still doing her *Mobile Hairdressing*. When she has no mobile clients some Thursdays, she will be available at the salon. Further to this the salon will be open for business each Market Saturday.

Suncoast Jazz Club gig

will be held at

**Portland Hall, St Helens
on Friday 27th July
from 12noon - 2pm.**

Guest artist: Carl Bulow - saxophonist.

Small cover charge.

Please view flyers around town for further information, or contact Pamela Parsons

**Ph: 0427 006 673 or
email pamela777@bigpond.com.**

ST MARYS NEWSAGENCY

Phone: 6372 2445



Open 7 days a week for your convenience.

Winter trading hours

6am - 6pm Mon to Thurs Fri 6am - 7pm

7am - 6pm Sat. & Sun.

AURORA PAYG

PHONE CARDS

PRE-PAID
MOBILES

DVDs

STATIONERY

GIFTS

WRAPPING
PAPER

NEWSPAPERS

MAGAZINES

FISHING GEAR

BAIT

ICE

NEW DVDs

Check out the
front windows.
Lots to see there.

Plus - all the phone
credit you will need.

CALOWS BUS DEPOT

Buy just a little bit, pay just a little bit for your basic food essentials at Purple Possum!

When you pick up a scoop and serve yourself from our dozens of food containers at Purple Possum, you can buy as little or as much as you want of any given item. 100 grams of flour? No worries. 150 grams of rice? That's fine.

Get just what you need for a recipe or for your own requirements. You save money, your food's always fresh, and you won't end up with a cupboard full of half-used, out-of-date packs as so often happens when you buy packaged foods.

So serve yourself at the Possum - and scoop up some savings!

Purple Possum

Wholefoods & Café

7 Story Street St Marys. Phone 6372 2655.

LIONS CLUB OF ST MARYS INC.

21 members and guests of the Lions Club of St Marys Inc., enjoyed a great evening at their Annual Installation Dinner, held at Chrissy's Cafe, Fingal, on the 14th July 2012.

Outgoing President David Young presented his report for the past year, which included the following list of donations and activities for 2011 - 2012.



Donated 2 loads of wood for needy families, donated \$1000 to needy family to assist a child with medical problems, donated \$100 towards combined Business Week St Marys and St Helens schools, donated \$50 to St Marys Football Club, donated goods to St Marys Football Club, donated \$100 to local 'Tasbash' entry, donated \$300 to St Marys School for end of year prizes and awards, donated Christmas cakes to several associations, donated candles to J.A.M. for their Christmas festivities (\$105), donated \$634 to purchase 2 new TVs for Palliative Care Ward, donated \$600 to St Marys School sponsorship for 1 student to take part in the school trip to Canberra in July 2012 (30 students going), donated \$94 to Lions Eye Health, donated \$100 to Lions Drug Awareness, donated \$250 to Lions Club of Burnie for Cystic Fibrosis. Paid Aurora \$250 to erect Christmas bunting. Purchased new Christmas bunting and rope for town decorations, \$704. purchased \$1400 worth of Christmas lights for tree in Main Street, St Marys. Purchased banner poles and Christmas banners for the Main Street, \$2193. Purchased material to make new santa suit, \$65. Collected and sold conveyor belting. Sold St Marys car stickers. Sold Lions Club Christmas cakes and Lions mints. Ran a BBQ for local bull sale-donation to Administration from farmer). Ran Mother's and Father's Day raffles. Cleared house full of furniture and cleaned house. Ran a Lions Club auction of donated furniture. (\$1997.50). Ran a Membership Drive at Sports Centre (2 attended) Cost \$100. Aurora St Marys workforce donated \$700 towards our Christmas festivities. Ran a "free to all" Christmas Party and parade for the town.(This included prizes for Parade, presents for children - different age groups, sweets, cordial, chips, jumping castle and ball pit hire). Ran Christmas BBQ (profit \$348). Raffles a Christmas stocking (profit \$1657). Assisted with shampoo and clothing for an Aboriginal Community in N.T. Serviced BBQ in Lions Park on a regular basis.

New positions held for 2012 - 2013 are:-

President: Henry Holder

Vice president: Kevin Faulkner

Secretary: John McGiveron

Treasurer: Ruth McGiveron

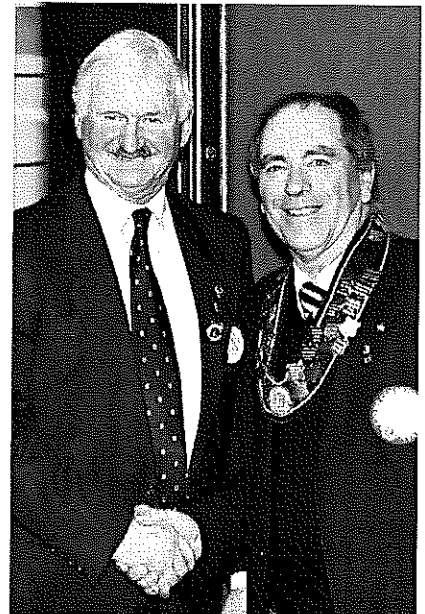
Membership: Len Miles

Tail Twister: David Young

Lion Tamer: Brian Forsyth

Directors: All members including: Jean and Robert Legge, Peter Troode and Jake Smythe.

Lions Club of St Marys Inc., held their Formation Meeting on the 9th October, 1975 and was presented with their Charter on the 28th February 1976.

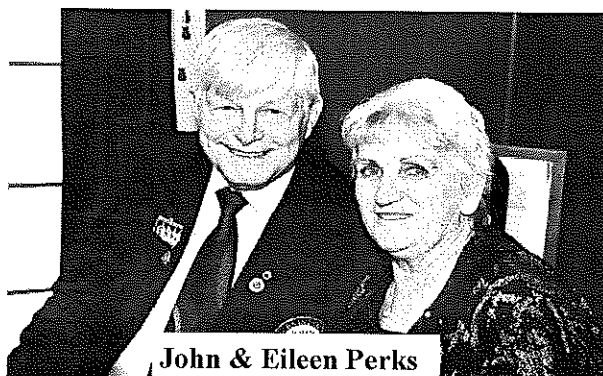


**Outgoing President David Young
and Incoming President Elect Henry Holder.**



Lions:

Len Miles, Robert Legge, Jake Smythe, Brian Forsyth,
Ruth McGiveron, John McGiveron, Henry Holder,
David Young, Jean Legge, John Perks, Peter Troode.



John & Eileen Perks



John & Ruth McGiveron



Robert & Jean Legge



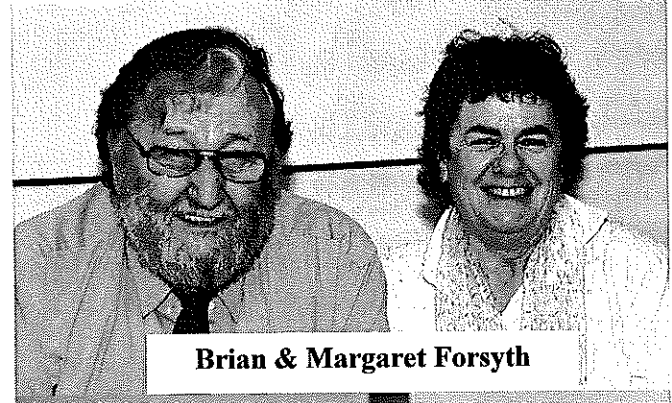
Brenda & Rod Blunt



Tania Rattray & Len Miles



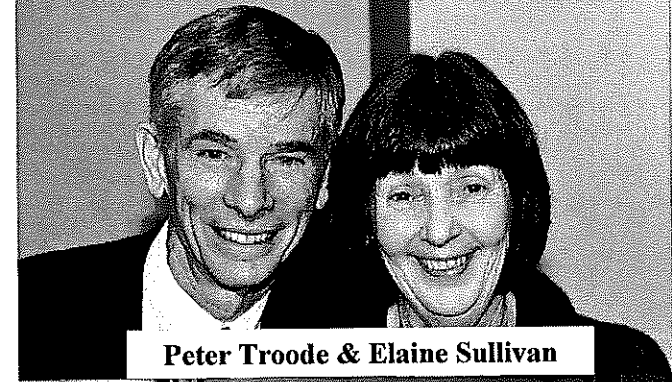
Jake Smythe & Margaret Tweedie



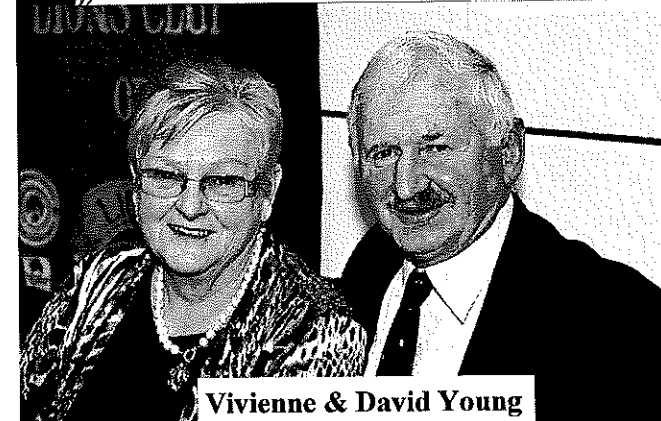
Brian & Margaret Forsyth



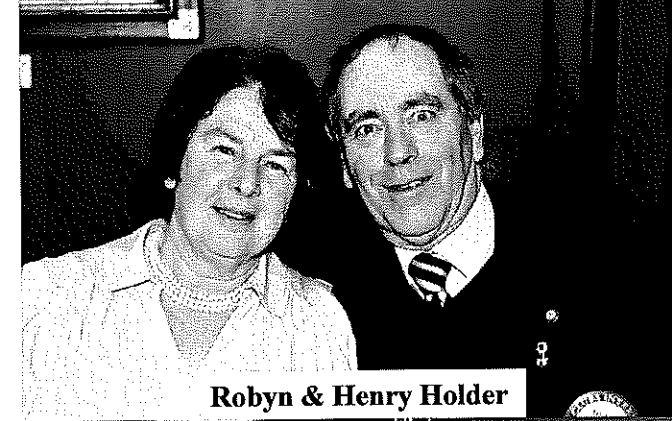
Robert Brown & Tania Rattray



Peter Troode & Elaine Sullivan



Vivienne & David Young



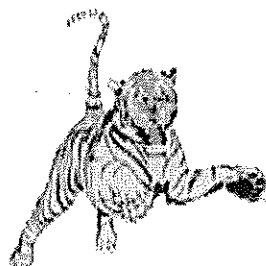
Robyn & Henry Holder



Margaret Forsyth, Vivienne Young, David Young



David Young & President Elect Henry Holder



St. Marys Tigers Football Club Inc.

**AFL Masters
Double Header
St Marys Football Ground
5 August
Following Auskick**

**12 noon
Launceston vs Triabunna**

**1.30pm
St Marys Tigers vs NW Coast**

**Free admission
Full range of food and refreshments available.**

**Come and support the mighty Tigers in
their only home game for 2012**

St Marys Tigers Football Club, P.O. Box 42 St Marys Tas 7215
Ph. (03) 63 722256
Mob. 0418564710

OUT OF THE WOODWORK

SECRETARY WENDY BRENNAN 6372 2094

Guild members hope that the St Mary's Sports Centre is happy with their two seater outdoor "Jack and Jill" bench (pictured below) and we hope that it provides many hours of relaxed comfort. Many thanks to Jim Turner and the committee who took the Guild into consideration for their seating arrangements.

Please be aware that although Guild members try to make themselves available for our open advertised times, sometimes, unforeseen circumstances due to ill health etc. makes it difficult to adhere to our opening schedule. Stay posted for more news about the revival of our antiquated games.

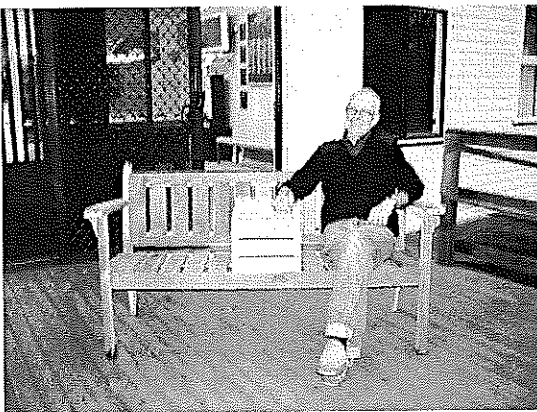
Guild's Home Hint: Wet plate left on blackwood table (white mark on surface)

Using a piece of lemon peel, put some warm beeswax on the yellow side and rub quickly but gently onto the marked area in the direction of the wood grain.

A gentle reminder that its time for membership renewal (\$20.00 full or \$10.00 social membership)

A supportive environment where traditional woodcraft skills are taught.

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome, both men and women. We are open Monday, Wednesday, Friday and Saturday. Other times by appointment.



Photos:
Wendy Brennan.



The Say

Cagerattler

The Americans do a lot right around the place, whether you recognise it or not, but in one area they are abysmal... gun control. The latest massacre in Colorado has just happened and as I watched some Fox News coverage of it all, the most striking aspect was that only once was there any mention at all of gun reform. This notion was quickly discounted by an official who actually commented that perhaps the fact was, in that Aurora Colorado movie theatre, there weren't enough guns. The logic was that someone could have shot the perpetrator if that was the case.

This comment for me perhaps, summed up an underlying mindset and something that is in their constitution referring to the right to bear arms. We haven't got perfect gun laws in Australia but we are certainly way ahead of the USA that's for sure. I suppose the overriding core to our gun laws is that you need to demonstrate a need to have a weapon, be familiar with the weapon and to store it safely at all times.

I've seen documentaries over the years on this matter and things gleaned have been how much clout the US Gun Lobby has politically, the out of proportion gun killings and crime the USA has compared not least to it's near neighbour Canada, which does have more comprehensive gun legislation if the documentary information is correct, and the great degree of variance from State to State.

The USA prides itself in leading the war on terrorism but has yet to master genuine gun control within it's own borders. This staggers me. All of us recall that horrible day at Port Arthur in 1996 that led to the introduction of our much tougher laws. Many of us hated it at the time, knee jerk reaction comments were bandied about and so on but sixteen years on, those who need their shotties, rifles and specialised target guns can still have them so long as the procedures are followed to register and store them in as safe a manner as required. I'm a prime example. I don't have a rifle because I don't need one. Simple. I also expect that if by chance one day I did need one I could take the legal steps required to obtain one. Just the same there are many of us, either for work not least on farms or animal control or for appropriate recreational or sporting usages, who can own their weapons so long as due responsibilities accompany that ownership. That's fair isn't it?

This person in Aurora, acquired \$15,000 worth of weapons, ammunition and clothing in 90 online purchases it is reported, without drawing any attention from authorities. Come on, please, there has to be a lesson learned there surely.

In the USA it's long overdue that their politicians think about following a similar pass to us and many other countries. Look at Columbine, Virginia Tech - this one and numerous other mass shootings in the past few years, and start asking questions, mainly of the Gun Lobby Groups, otherwise this latest massacre won't be the last.

If there are any Americans out there in our local community or if you've spent enough time there to understand the gun culture, please respond and agree or disagree with me ... It'd be great to find out how you see it all.

What do you think? (Column by Rod McGiveron)

Break O'Day Regional Arts

"Basket Making from the Garden" was well attended by a group of eager to learn "students". The first thing I learnt was to admire the skill and patience required for this ancient craft. Three different types of basket making was shown by our tutor, Helen Napier. Another day will be arranged to learn the art of small, delicate baskets. Details will be advertised shortly.



"Creative Writing Workshop"

Break O'Day Regional Arts is offering a series of four creative writing workshops with the emphasis on short stories.

"Telling Lies For Fun or Profit"

Whether you've never written fiction but would like to start, or you're an experienced writer looking for a few helpful hints, there will be something for you. The workshop will be conducted by **Bill Greer**, who has **TAFE Tasmania** qualifications in **Professional Writing and Editing** and has had short stories and articles published in magazines around Australia.

Venue will be the Supper Room, Community Hall, St Marys
12.30pm to 2.30pm – 13th, 20th, 27th Nov and 4th December

Cost \$20 for full course Bookings required

Phone Sue 63722512 for more information



Break O'Day Regional Arts Annual General Meeting

4pm Wednesday 5th September 2012

Venue "the e.ScApe cafe" St Marys

All welcome

For more information phone Rod Corfe 63722444

BASKET MAKING FROM THE GARDEN

Sunday - August 12th 9am to 4pm Cost: \$15.00

Venue "Vortex Healing Centre" – Dalmayne Road, Gray

Tutor: Helen Napier

Following the success of the Weekend course held at the hall, Helen will be offering a follow up day in which 2 small coiled and stitched baskets will be made, for those repeat basket makers it will be a chance to finish off their melon and flat woven baskets.

Materials List:

Some materials may be used fresh, some dried and some both!

Materials to dry:

Red Hot Pokers, montbretia, watsonia, iris, gladioli, ginger, cane and day lilies, New Zealand flax, mint, bull rush.

Tie the material by the tips in bundles and hang up to dry – not in direct sunlight. Drying time will vary – 3 weeks or more. For storage, wrap in bundles of dry newspaper.

To prepare for use: - the day before soak in water for 5 – 10 min then wrap in old dry towels or sheets of dry newspaper and leave overnight. Only wet enough for one days use.

Materials to Bring Fresh:

Willows, dogwood, fruit tree prunings, suckers, blackberry, broom, cotoneaster. Cordyline (cabbage tree palm) picked up off the ground and soaked overnight.

Vines: - if not used green maybe coiled and stored in a dry place away from direct sun. Try – jasmine, ivy, wisteria, hardenbergia, honeysuckle, Virginia creeper, periwinkle, clematis, grape, muehlenbeckia, briar rose, and kennedia.

To Prepare for use: - soak overnight in water

Be inventive!!! – Sweet corn leaves and husks, bark and fibres from trees, flower stalks of agapanthus, pokers and iris. Lavender, pine needles, seaweed, gum nuts and seed pods.

For the workshop:

Comfortable working clothes, apron, materials, sharp secateurs, pliers, pen & paper, strong clothes pegs x 12, large darning or bag needles, string & strong thread, old towels (wetting and wiping)

If you can collect large quantities of one material bring it and swap with others. Don't forget your imagination! We'll have some fun constructing several different baskets.

PS PLEASE BRING LUNCH.

Contact to enroll: Robina Balzer 63722022

For More Information: Helen Napier 63722253



**CORNWALL COMMUNITY
DEVELOPMENT GROUP INC**

12 WEEK ART/PAINTING COURSE

THE FIRST ART CLASS WILL BE HELD
ON TUESDAY 7TH AUGUST 2012
AT THE CORNWALL HALL.
THIS IS A FREE INTRODUCTORY CLASS
AND WILL RUN FROM 11 - 2 PM.
TEA AND COFFEE PROVIDED.
I PROMISE YOU'LL BE HOOKED, AND
YOU WILL SURPRISE YOURSELF!!
SUBSEQUENT CLASSES WILL BE HELD
WEEKLY EVERY TUESDAY FROM 12 - 2
AT A COST OF \$3 PER CLASS.

ENQUIRIES TO LYNNE ON 0427560565

**VIETNAM VETERANS DAY
Saturday 18th August 2012**

The Service will commence at 11am at the
Vietnam Veteran's Memorial site
at the Cenotaph in St Helens.

If you wish to join our Veterans in the March,
form up will be at
Hilly's Supermarket
at 10.50am.

You are also invited to lay a wreath for the
fallen during the Remembrance Service.
Gary Graham, President V.V.A.A. East Coast.
Ph: 6372 5727.

SUNDAY JOY

12.30pm

this is a
bring-and-share lunch
followed by a great time of
friendship and fellowship.

You are very welcome to join us and share
our **JOY!**
phone 0409 838 816.

Fingal Valley Meals on Wheels will be holding their
Annual General Meeting at the St Marys Community
Health Centre Day Room on Thursday October 11, 2012,
between 2pm—3pm. All welcome.

Note:- Good report from the Cook for our drivers. Life is
hassle free because our drivers are all soooo dependable.
PAT YOURSELVES ON THE BACK, you are a great group
of drivers.

Lundy Vosper. (Sec)

**TURN YOUR CREATIVITYHOBBY/
PASSION INTO \$\$\$**

We are reopening
The Golden Gate Gallery
at Mathinna on
1st September, 2012

and looking for quality Art and
Craft work from The Fingal Valley/
East Coast area.

We are committed to providing an
exciting outlet for Tasmanian Artists
and Craft makers to exhibit and sell
their work on a commission basis.

for further info:

Ph Linda: 63771288

or Carlyne 63771143

BINGO

at the

Cornwall hall

every Monday at 7pm.

2 Jackpots \$140 & \$90.

All welcome.

**Money raised going to help with
renovations to the hall.**



www.fingalvalleyhistory.com

**ST PATRICKS HEAD & ESK VALLEY
HISTORICAL SOCIETY INC.**

Annual General Meeting

Will be held at the St Marys Online Access Centre,
23b Main St, St Marys on
Wednesday the 15th August 2012 at 3:00 pm

***ALL MEMBERS AND INTERESTED PEOPLE
ARE MOST WELCOME TO ATTEND.***

Jim Haas, Public Officer

Media Release
19 July 2012

Premier's NDIS bid to the Prime Minister welcomed

Tasmania Disability Lobby welcomes the Premier's in-principle expression of interest for a National Disability Insurance Scheme launch site with the Prime Minister because it will alleviate waiting lists and improve people with disability's quality of life.

Approximately 500 people with severe and profound disabilities statewide, continue on waiting lists here in Tasmania, and no new funding was allocated in the 2012-13 budget for individualised support packages.

"The Premier is proposing 1000 people across Tasmania to be included in the first launch NDIS. A mix of current and new service users is proposed, with a number of conditions as safeguards which we welcome very much," said Jane Wardlaw, spokesperson for Tasmania Disability Lobby.

"All state and federal parliamentarians representing Tasmanians must stand united and get behind the Premier's bid and support the proposal to the Prime Minister," said Jane Wardlaw.

"It is the wish of Tasmanians with disability, their families and carers, to be choice-laden and lead fulfilling lives as all Tasmanian's have the right to. This is a step in that direction," said Jane Wardlaw.

In April 2012, the Premier announced the establishment of a National Disability Insurance Scheme Working Group as a result of lobbying by Tasmania Disability Lobby.

"This group has been working alongside government to ensure Tasmanians with disability have a better deal in being able to have more choices concerning their lives," said Jane Wardlaw.

ST MARYS SPORTS CENTRE INC.
CRIB PAIRS NIGHT
SATURDAY AUGUST 4, 2012
7PM

COME ALONG AND PIT YOUR SKILLS
AGAINST 'WORLD CHAMPIONS'
PAUL & BARB DAVERN.

EVERYONE IS WELCOME.

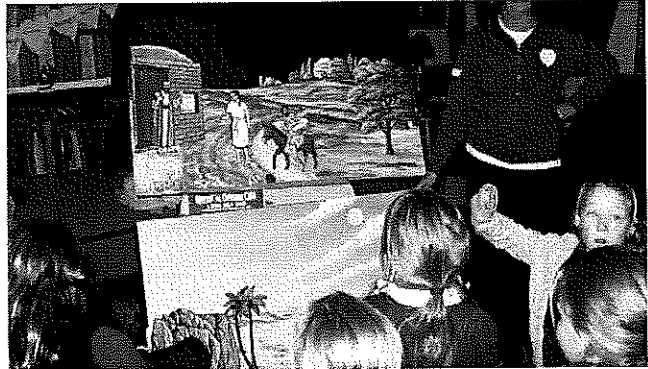
\$10 ENTRY FEE
WHICH ALSO INCLUDES SUPPER.

Recently at JAM we have been learning all about the story Jesus told, called *The Good Samaritan*.

If it is a long time since you read the story, you can find it in the Bible, in the book of Luke, chapter 10, verses 25-37.

We had great fun telling the story, in felt, and then we acted it out - with much fun and laughter!

But the most important thing is that we learned about compassion and kindness and helping others.



We use the felt to tell the Bible stories. The children love using the felt and they all take a turn in placing a piece on the board.



The robbers in hiding and waiting for the traveller to come along, so they can beat him up and steal all his goods.



Erin Spilsbury and Ella Rowntree acting out the scene from the story of the Good Samaritan where he arrives at the Inn and offers to pay the Innkeeper, asking that he look after the traveller who has been beaten and robbed.

Photos and story supplied by Melanie Norton.



IS YOUR BACK ACHING? YOUR NECK SORE?

CAN'T PLAY YOUR SPORT ANYMORE?

TRIED PHYSIOS, CHIROS, MASSEURS?

NOTHING WORKED?

SICK OF PAYING OUT FOR NO RESULT?

Often it's just muscles out of place pinching nerves that are causing the pain. If so

**PETER HORSFIELD,
THE MUSCLE MAN
CAN HELP!**



With his unique method of muscle manipulation; he can release pinched

nerves all over the body - in one treatment! Its just like putting a rope back into a pulley - simple!

Denis Lilley said,

"I feel 20 years younger!"

SO WHAT HAVE YOU GOT TO LOSE?

CALL: 0413 635 690

**MOBILE SERVICE
IN
BREAK O'DAY MUNICIPALITY**

Adding to the prestigious list of businesses supporting the arts

Inside my Skin

further finds itself in the company of

**Main Street Clothing, St Marys
and**

**Birchalls: Books, The Mall,
Launceston**

www.insidemyskin.com

HARRIS FUNERALS

Lindsay & Diane

(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

Office & Residence:

114 Cecilia St

St Helens

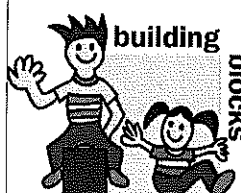
Chapel:

46 Tully Street

St Helens

We are here when you need us
to arrange Burial or Cremation.

Pre-paid and pre-arranged funeral plans are available.



**AUGUST
2012**

All sessions are held from
10.30-12.30

All Building Blocks sessions are free of charge for children, parents, grandparents and carers of 0-5 years old. Come along and see!

Play & Learn Sessions

2nd - St Marys Launching into learning and Stepping stones

7th - St Marys - Community Hall

10th - Fingal - Launching into learning

15th - Bicheno - War Memorial hall

22nd - Fingal - Masonic Lodge

24th - Falmouth - Community Centre

29th - Mathinna - Community Centre

Building Blocks is having joint sessions with St Marys and Fingal Schools this month

**Session Times will be different at these
Launching into Learning and Stepping
stones sessions**

See details below

St Marys: 9.30am - 11.00 am

& 1.10pm - 2.40pm

Fingal: 9.00am - 10:30pm

For more information
or to share

ideas/suggestions
Please call Cathy at
Healthy House on

6376 5242 or

0400 002 116

Email:



Pharmacist on duty 5 days a week

Main Street, St Marys Tas. 7215

Phone: 6372 2844 — Fax: 6372 2874

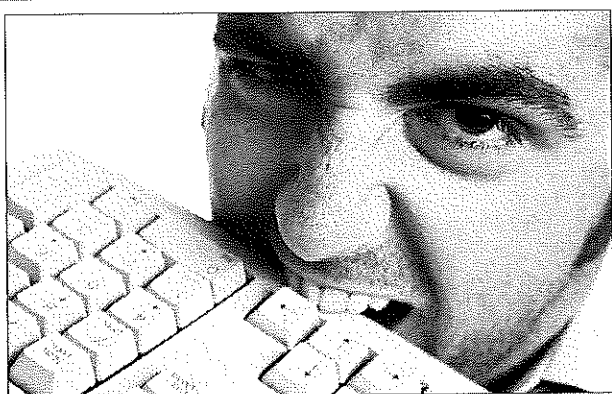


KODAK PRINTS
STARTING FROM

49 C each

MENTION THIS AD AND RECEIVE
ONE FREE
ENLARGEMENT WITH YOUR PHOTOS.
(Limit 1 per customer)

*Our friendly, smiling staff are
always ready to help you with
your purchases.
Lots of gift lines in store.
Call in, and receive 15%
off all gifts.*



Computer Trouble?

- 15 years experience
- Home & business
- Hardware & software
- Websites & email
- Windows, Mac, Linux
- ADSL, WiFi, Satellite

Ray Walker
m 0401 497 199
e hello@raywalker.it



PING'S PLACE
C.B.D., ST MARYS

Dr Jun Li invites all to the
Tried and Tested Benefits of

Traditional Chinese Medicine

After two university degrees in China
and five year's practice in Britain, Jun
continues her skills in this ancient
health restorer to the benefit of
St Marys and District.

Many have come from the coast and
valley to benefit and some return
regularly for on-going therapy.

Jun is very approachable, as all who
consult her have found.

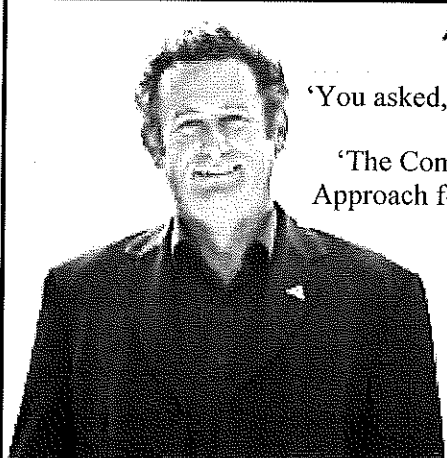
Consultation is free. Call into the shop or
phone her mobile: 0411 186 573.

Welcome to Ping's Place.

PLAYING TABLE TENNIS EVERY DAY

Tim Morris MP

Tasmanian Greens Member for Lyons



'You asked, we delivered'

'The Common Sense Approach for Tasmania'.

New Address: Shop 9, Covehill Shopping Centre, Bridgewater 7030

Phone: (03) 6263 3801

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorized by Tim Morris MP, Parliament House, Hobart 7000.

CALTEX ST MARYS
MECHANICAL REPAIRS & TYRES

PH: 6372 2032

41 Market St. St Marys Tas 7215

Fax: 6372 2822 Mob: 0419 503 109

Community Transport Drivers Needed!

Do you enjoy working with people and like to help your community?

We have a desperate need for more drivers to assist our mostly elderly clients access medical appointments and to enjoy social outings.

We need your help to make this happen!

Training and support is provided.

For more information contact

JAN SAUNDERS on 6372 2137

WE NEED YOU!

Community Transport Services Tasmania Inc

is funded by the

Home and Community Care Program.

We have moved!

**ST MARYS
COMMUNITY TRANSPORT
SERVICES**

is now located in the front office
of the St Marys Hall.

Office hours 9.00 a.m. to 1.00 p.m.
Monday to Friday.

Same phone number:- 6372 2137

JACK MICK MOWING

**JACKSON SPILSBURY
& MICHAEL CAMPAIN**

St Marys

63722 220
0438 637220

St Marys Op Shop

Monday - Friday 11 - 4 Market Saturdays 10 - 1

As volunteers are available.



*From left to right -
Lorraine Gill,
Wendy Fowler, Caroline
Craghill, Jeanette Gilbert,
Janet Drummond and Sonia
Allison ...just missing Lillian
McRostie, Kelly Farrell and
Jan Madden from the team.*

Always looking for new volunteers to assist at the Op Shop, please contact Janet Drummond on 0404 562 320, or call in most Fridays, to speak with Janet. Come support your local school community and have fun volunteering at the St Marys Op Shop.

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance
 53B Main Road 58A High Street
 PO Box 50 PO Box 271
 Perth, Tas 7300 New Norfolk Tas 7140
 Ph 6398 1115 Ph 6261 3366
 Toll free 1300 132 689
 Email D.Adams.MP@aph.gov.au



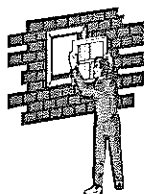
**WORKING WITH YOU FOR A
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

EAST COAST GLASS

Falmouth Ph: 6372 5361

- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



Locally owned and servicing the East Coast.

Call David and Anne Cannon
for prompt and reliable service.

FINGAL VALLEY NEIGHBOURHOOD HOUSE NOTICE

FREE LEGAL LITERACY ON TUESDAYS 11 TO 4- OPEN TO
EVERYONE IN THE VALLEY FOR FREE
LEGAL HELP - THOSE FORMS, CONTRACTS, INFO ETC...

NEED HELP WITH READING, WRITING, OR MATHS ? -
HELP AVAILABLE IN THE VALLEY - FREE LITERACY
PROGRAM - PHONE - 6374 2344 TO ENQUIRE...

VOLUNTEERS NEEDED - HOW ABOUT DRIVING FOR THE
HOUSE ON A CASUAL BASIS? WORK IN THE OP SHOP?
DESIGN A PROGRAM? GREAT TO SATISFY CENTRELINK
REPORTING REQUIREMENTS...

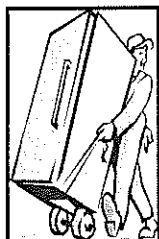
PLEASE PHONE OR POP IN AND SEE DEB...
6374 2344 OR 0488 562 538

Ransley's Appliance Service

P O Box 136
Scamander Tas 7215

- Washing machine NOISY?
- Refrigerator runs too LONG?
- Clothes dryer blows cold AIR?

Then you need the service
of our technicians.



Ring us on: Scamander: 6372 5307
Mobile: 0428 761 811

Scamander Beach Surf Shop

6 Lagoon Esplanade
Scamander

Ph: 6372 5529

Scamandersurf.com

Bathers Wetsuits DVDs
Clothing Footwear
Bodyboards

Surfboards:

Milch McTavish
Surftech Bic G Boards

Bay Surf Shop

2 Pendrigh Place
St Helens

Ph: 6376 1755



St. Marys Tigers Football Club Inc.

Casual Weekly Footy Tipping Competition

Think you know your footy? Then have a crack at our
weekly footy tipping competition. Just pop into the Post
Office and grab a tipping form. Make your picks and then
lodge it at the Post Office with \$2.00 by 4.00pm each
Friday.

Half of the weekly pool will go to the footy club and the
other half will go to the weekly winner. As well as
picking winners entrants will be required to nominate the
winning margin of one selected game per week so we can
(hopefully) ensure that there is only one winner per week.

Up for grabs - weekly bragging rights and a bit of pocket
money, plus you are supporting your local footy club.

Entry forms available at the
Post Office now.

Rae & Partners

Lawyers Barristers & Solicitors

Visiting :

St Marys Community Health Centre
Alternate Tuesdays : 9 am - 10 am

Ph: 6337 5555 For appointments.

Valley and Coast Hobby Craft and Arts Guide.

Thanks to all those contributing to this guide for either groups or individuals.

Your permission to add content to these great activities in knowledge skills or information will hopefully aid others keen to try new things. We welcome more groups to add as time goes on so ring Rod McGiveron on 6372 2215 or email me at rodneymcgiveron@bigpond.com any time to come on board. Thanks again.

CRANKS AND TINKERERS (St.Marys)... Anything mechanical /classic cars / modelling. You name it ...we do it. Contact Ian Summers on 6372 2724 or Grant Faulkner 6372 2335 (business hours)"Get your motor started".

SWANSEA MODEL YACHT CLUB (Swansea) Model yacht/boat building and racing.

Contact Barry Lord (Commodore) on 6257 8200 or email halahcottage@bigpond.com or ring Secretary Cheryl Hodgetts 6257 8548. email: bill49@bigpond.net.au.

"Just like the real thing only smaller".

GONE RUSTIC (StMarys) Contemporary art and craft, quilting, card making and regular workshops. Contact Rita Summers at 6372 2724 or email: gonerustic@yahoo.com.au "come and say g'day".

LAUNCESTON MODEL AERO CLUB (LMAC) Headquarters at Symmons Plains. Everything radio control RC. aeroplanes, helicopters and gliders. Contact Kevin Hay (President) or Geoff Hays (Secretary) by typing in Launceston Model Aero Club in your browser and send us a message via the Contact Us links on our website and... "Come fly with us".

JOHN McCOLL (St Marys) Sculpting, sketching and art skills and contacts. Ring John on 6372 2413 for tips, advice, help or leave a message.

PETER TROODE (Addlestone House B/B St. Marys) All things photography. Contact Peter for help, guidance or tips on 6372 2783 and he'll help if he can. Or leave a message.

ST MARYS FITNESS GROUP. All level fitness to music. Lots of fun on Monday and Thursday evenings. All welcome any age. Ring Fran on 6372 2614. Love to hear from you.

BREAK O'DAY WOODCRAFT GUILD (St Marys Railway Station) We provide a centralised meeting place for mature men and women to share skills, knowledge, access to services, building of friendships and projects and we welcome newcomers to our community. Open Mondays, Wednesdays Fridays and Saturdays. Contact Cr. Reon Johns on 0429 722 091 mobile or 6372 2094 home. "Come and join us sometime".

SUNCOAST SINGERS (St Helens) We sing, sing, sing. Get together at St Helens on Fridays from 10am-12.30 pm. For more info ring Maryanne Wadsworth on 6376 2969 or email her at mawadsworth@yahoo.com.au "If you can yawn you can sing".

RODNEY MC GIVERON / PAUL DAVERN American HO Model Rail. If interested in model rail contact Rod on 6372 2215 or email rodneymcgiveron@bigpond.com or call Paul on 6372 5526 sometime. "See you down the line. woo.hoo".

St Marys Police Phone Number 6372 1010
Non Urgent Number 131 444
Urgent and Life threatening 000
SES (Flood & storm only) 132 500
Fire 000



The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.



St. Helens Electrical

ROD SHAW

LIC: C00489

Domestic, Commercial, Industrial:

*Wiring and Repairs, Rewires,
Underground.*

Home Heating:

*Advisory, Sales & Installation of heat
pumps and fixed heaters.*

Lighting Specialist :

*Interior and exterior, Advise,
Sales and Installation.*

Ph: 6372-5522 Mbl: 0407-615-072

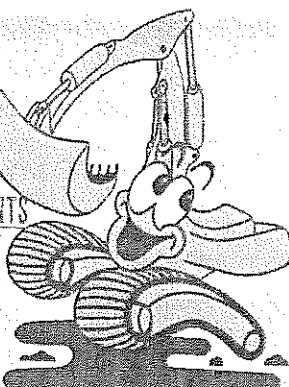
2 Lagoon Esplanade, Scamander 7215

C & D EXCAVATIONS

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033

Mobile : 0439 722 032



LOCAL OWNER - OPERATOR
OVER 20 YEARS EXPERIENCE

Ph : Dana or Craig

6372 2033 /0439 722 032

Incorporating all your needs in:

DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE, BRIDGE CONSTRUCTION.

- ◆ ROAD GRAVELS
- ◆ TOP SOIL
- ◆ SCREENED TOP SOIL
- ◆ SAND
- ◆ ROCKS
- ◆ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ◆ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ WHEEL LOADER

AND MUCH MORE



St Marys Soccer Club

"Play the World Game"

Thursdays - 3pm

School Oval

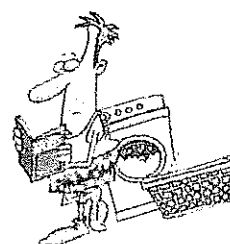
All ages, boys & girls

Phone Tree: 6372 2309

CLEAN CRACK LAUNDROMAT

32 MAIN ST., ST MARYS
(NEXT TO SECONDHAND ROSE)

Coin operated washers & driers



OPEN FOR BUSINESS

Winter trading hours:

7am - 5.30pm (ish)

(Fri & Sun a little later)

Remedial Massage and Naturopathy
ring Sue Christiansen for an appointment.
0418 515 419

SHOP LOCALLY AND SAVE

St Marys & district emergency & business contacts

CRIMESTOPPERS 1800 333 000 AMBULANCE 000 NON EMG. 1800 008 008 FIRE 000
 POLICE 000 COMMUNITY HEALTH CENTRE 6372 2111 SES 132 500
 NON URGENT 131 444 DOCTOR 6372 2111 (FLOOD & STORM ONLY)
 POLICE ST MARYS 6372 1010 BEN LOMOND WATER AND SEWERAGE 13 69 92 AURORA 13 20 04 EMG.

ACCOMMODATION

ADDLESTONE HOUSE B&B 6372 2783
 19 GRAY RD ST MARYS WWW.ADDLESTONEHOUSE.COM.AU
 FISH-TALES ON THE BAY (BH) 0439 265 362
 (PET FRIENDLY) (AH) 6372 2128
 MARITON HOUSE B&B + HORSE RIDING
 1 IRISHTOWN ROAD ST MARYS 6372 2059
 RAINBOW RETREAT (LOT 1 OFF GILLIES ROAD)
 (info@rainbowretreat.com.au) 6372 2168
 SEAVIEW FARM 6372 2341
 ST MARYS HISTORIC HOTEL 6372 2181
 (48 MAIN ST ST MARYS)

ARTS & CRAFTS

BLUEBERRY COTTAGE 6372 2755
 (ELEPHANT PASS) dave@bluebertycottage.com.au
 GONE RUSTIC STUDIO & GALLERY 6372 2724
 (37 MAIN ST ST MARYS)

BREAK O'DAY REGIONAL ARTS

(CONTACT ROD CORFE) 6372 2444

ART SUPPLIES

BIG SHED STUDIOS 0428 725 228
 (24/37 TASMAN HIGHWAY ST HELENS)

AUSTRALIA POST

ST MARYS POST OFFICE 6372 2124
 (MAIN ST ST MARYS)

BAKERY

ST MARYS BAKERY 6372 2131
 (MAIN ST ST MARYS)

BANKS

COMMONWEALTH BANK 6372 2268
 (MAIN ST ST MARYS)

BERRY FARM

BLUEBERRIES SEAVIEW FARM 6372 2341

BOARDING KENNELS

THE GUMS KENNELS AND CATTERY
 (IRISHTOWN ROAD ST MARYS) 6372 2512
 UPPER SCAMANDER KENNELS AND
 CATTERY (905 UPPER SCAMANDER ROAD) 6372 5157
 WAGABOUTS (0429 170 077) 6376 2131

BREAK O'DAY COUNCIL

ST HELENS 6376 7900

BREAK O'DAY BUSINESS

ENTERPRISE CENTRE
 BEC SHOP 1/34 QUAIL ST ST HELENS
 (ADMIN@SMALLBUSINESS.ORG.AU) 6376 2044

BUS SERVICES

CALOWS BUS SERVICE (ST MARYS) 6372 2476
 (ST HELENS) 6376 2161

BUTCHER

INSTORE SUPERMARKET 6372 2274

CABLE LOCATIONS

TELSTRA COPPER NETWORK & UNDER-
 GROUND POWER CABLES ETC.
 MICHAEL SMITH 0408 059 521

CARERS FOR WILDLIFE TAS INC.
 6372 2973 / 0417 017 105

CARTAGE CONTRACTORS

C & D EXCAVATIONS 6372 2033
 TROTTERS CONTRACTING 6372 2107 6372 2742
 (EXCAVATION, DRAINAGE, & GENERAL CARTAGE)

CHILD CARE

ST MARYS CHILD CARE CENTRE 6372 2187

CHINESE GROCERY &

CHINESE MEDICINE

PING'S PLACE ST MARYS 0411 186 573

CHURCHES

ANGLICAN CHURCH 6376 1144
 CATHOLIC CHURCH 6372 2252
 UNITING CHURCH 6376 2405
 SALVATION ARMY 6372 2099

CLOTHING

MAIN STREET CLOTHING 6372 2211

COMPUTERS

MAINTENANCE & REPAIRS
 RAY WALKER MOB: 0401 497 199

COMMUNITY CAR

6372 2137

CONFECTIONERY

MT ELEPHANT FUDGE (7 STORY ST ST MARYS)
 (PRIORITIZ LIZ DEAN) BUS: 6372 2034 H: 6472 2787.

DESIGNER - BUILDING

BUILDING DESIGN STUDIO 6372 2000
 (56a MAIN ST ST MARYS)

ELECTRICIANS

ST HELENS ELECTRICAL 6372 5522
 0407 615 072

ELECTRICAL & COMPUTERS

GAZZMAN'S BETTA ELECTRICAL (ST HELENS)
 INCL. FURNITURE, BEDS, MANCHESTER FLOOR
 COVERINGS, HOME WARES Fax: 6376 2159
 (gazzmans@bettastores.com.au) 6376 2555

ELECTRICAL REPAIRS

RANSLEYS HOME APPLIANCES 6372 5307
 (SCAMANDER) 0428 761 811
 RICK ENGINEERING (MAIN ST ST MARYS) 6372 2460

FUNERAL DIRECTORS

HARRIS FUNERALS (ST HELENS) 6376 1153

GARAGES

CALTEX ST MARYS (MAIN ST ST MARYS) 6372 2335

GARDEN CENTRE

MANNA FARM 6372 2707
 (45 MAIN ST ST MARYS OPEN THURSDAY 10 - 4pm)

GARDENING SERVICES

CLEAN CUT GARDENING 0419 113 836
 ANDREW DAVENPORT ST MARYS 6372 2366

GIFTS

AVAILABLE IN MANY BUSINESSES

GLASS REPLACEMENT

EAST COAST GLASS 6372 5361

GOLF CLUB

ST MARYS SPORTS CENTRE INC 6372 2177

INSURANCE BROKERS

MCKILLOP INSURANCE (LYN) 0400 984595

JUSTICES OF THE PEACE

K FAULKNER 6372 2196
 H VELDUMS 6372 2124

HAIR DRESSER

ANA'S HAIR DRESSING SALON 0448 532 531
 STOREY ST ST MARYS PH:AH 6372 5497

HEALTH FOODS

PURPLE POSSUM WHOLE FOODS 6372 2655
 (STORY ST ST MARYS)

HEALTHY HOUSE

(5 PORTLAND COURT ST HELENS) 6376 5242
 (ST MARYS COMMUNITY HEALTH CENTRE) 6372 2850

HORTICULTURIST

PETER DANE (QUALIFIED HORTICULTURIST) 6372 2686

HOTEL

ST MARYS HOTEL (MAIN ST ST MARYS) 6372 2181

JAM (JESUS & ME) M NORTON

6372 2099

LIBRARY

ST MARYS LIBRARY 6372 2114
 (MAIN ST ST MARYS)

LINE DANCING

VALLEY COASTERS 63 72 2266
 (SUE FISHER)

LYMPHOEDEMA CENTRE

ST MARYS LYMPHOEDEMA CENTRE 6272 2900
 (LOCATED AT ST MARYS COMMUNITY HEALTH CENTRE)

MARRIAGE CELEBRANTS

PETER POWER (peterpowercelebrant@gmail.com)
 0417 017 105
 6372 5745

TERESE TANNER 0400 512 845

MEALS ON WHEELS 0488 384 344

MECHANICS

MICHAEL AULICH (MECHANICAL & WELDING REPAIR &
 GENERAL STEEL & ALUMINIUM FABRICATION.
 209 IRISHTOWN ROAD MOB: 0417 507 239 6372 2991
 GRANT FAULKNER (CALTEN ST MARYS) 6372 2335

MUSEUM

CRANKS & TINKERERS (IAN) 0417 648845
 (MAIN ST ST MARYS)

NEWSAGENCY

ST MARYS NEWSAGENCY 6372 2143
 (STORY ST ST MARYS)

NEET CENTRE (ST MARYS) 6372 2175

ONLINE ACCESS CENTRE

ST MARYS ONLINE CENTRE 6372 2005

OP-SHOP (MAIN ST ST MARYS)

6372 2851

ORGANIC VEGETABLES

JACK FOREMAN (7 STORY ST ST MARYS) 6372 2034

PACING CLUB

ERIC BEAN SEC. 6372 2136

PAINTERS

EAST COAST MOBILE SPRAY PAINT 6372 5571
 (0457 583 099)
 MLN ENTERPRISE PAINTING 0439 722 718

PHARMACY

ST MARYS PHARMACY 6372 2844
 (MAIN ST ST MARYS)

PLUMBERS

P J & H K CHILD 6372 5378
 R G & R I HARWOOD 6372 2445

PROOF READER

LEISSA DANE 6372 2686

REALTORS

SURF COAST REALTY 6372 5321

RESTAURANTS/CAFES

COACH HOUSE RESTAURANT 6372 2529
 ESCAPE WILDERNESS CAFE 6372 2444
 MT ELEPHANT PANCAKE BARN 6372 2263
 PURPLE POSSUM WHOLE FOODS 6372 2655

SECONDHAND DEALERS &

COLLECTABLES

SECONDHAND ROSE (AH) 6372 2267

SEPTIC TANK CLEANERS

SPLASH ST MARYS 0488 777 713

SCHOOLS

ST MARYS DISTRICT HIGH SCHOOL 6372 3900
 (GRAY ROAD ST MARYS)

SUPERMARKET

ST MARYS IGA (MAIN ST ST MARYS) 6372 2240
 BUTCHERY INSTORE 6372 2274

SURFING SUPPLIES

SCAMANDER BEACH SURF SHOP 6372 5529
 (6 LAGOON ESPLANADE SCAMANDER)

BAY SURF SHOP (2 PENDRIGH PLACE ST HELENS) 6376 1755

TELEPHONE, DATA & TV

EAST COAST PHONE & COMMUNICATIONS
 (JOHN HERON) (DIGITAL TV & SET TOP BOXES)
 0409 959 121 6372 2402

DELAFRONTERA (DAVE MORRIS) INSTALLATION &
 SERVICE TECHNICIAN MOB: 0402 969 393

SURVEYORS

EAST COAST SURVEYING (ST HELENS) 6376 1972

VALLEY VOICE PUBLICATIONS

ACCOUNTS 6372 2328
 ADVERTISING 6372 2155

(judith.spilsbury@telair.com.au)

WATER CARRIERS

SPLASH ST MARYS 0488 777 713

WOODWORK GUILD

OLD RAILWAY GOODS SHED (ST MARYS) 6372 2094
 WIDE SPAN SHEDS 6372 2724

YOUTH HOSTEL

SEAVIEW FARM (GERMANTOWN) 6372 2341

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Latt 26/7/12— 10/8/12

Dr E. Reeckman
9 August 2012
Women's Health Clinic

For appointments phone: 6372 2111

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments **1 week in advance as of 26/07/12**

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an appointment **must be made with the Nurses Station the day/night before** by phoning 6372 2111

PHYSIOTHERAPIST

The St Marys Community Health Centre would like to welcome our newly appointed Physiotherapist Naomi Ide. She will be working 3 days/ fortnight from the St Marys Health Centre.

Referrals to the Physiotherapy Service can be done by your GP or the Community Nurse.

Please see the next issue of the Valley Voice for further details about the Physiotherapy Service.

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

FLU SEASON HINTS

At present flu and infection symptoms are rife in the Community. Here are some helpful tips to help you avoid/ recover during this time:

- If you are unwell stay at home! Avoid crowds
- Get lots of rest
- Keep fluids up
- Use disposable tissues
- Wash hands regularly. Hand hygiene is one of the best deterrents of spreading/ catching germs
- Cough/ sneeze into your sleeve or cover your mouth to prevent spreading germs
- Give yourself at least a week recovery time
- See your GP **if symptoms persist**

Thank you for your cooperation during this time

AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

- 26 July **Continence Nurse.** For appointment please see your GP or Health Professional for a referral.
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 27 July **GP North Psychologist.** For appointments please see your GP for a referral
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 30 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 31 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.
- Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.
- 1 August **GP North Psychologist.** For appointments please see your GP for a referral
- Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 2 August **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Eyelines**– For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare
- 3 August **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- GP North Psychologist.** For appointments please see your GP for a referral
- 6 August **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

WHAT'S ON AT THE CENTRE Continued...

- 6 August **Hospital Auxiliary Meeting.** 2:00pm in the Day Room. New faces welcome.
- 7 August **Tom Bain, Rae & Partners Lawyers.** At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House
- 8 August **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- GP North Psychologist.** For appointments please see your GP for a referral
- Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- 9 August **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- 10 August **GP North Psychologist.** For appointments please see your GP for a referral
- Social Worker**– Shan Williams appointments available by phoning 6372 2111

PODIATRY NORTH

Community Podiatry Service– FREE
At the St Marys Community Health Centre

Please see your Health Professional for a referral *or* call Podiatry North for appointments direct on: **6331 5155**

Next session: Wednesday 15th August 2012

LIGHTFOOT PODIATRY

Community Podiatry Service– FREE
At the St Marys Community Health Centre



Please see your Health Professional for a referral *or* call Lightfoot Podiatry direct for appointments on: **6331 9568**

Perry Daly's next session is: Tuesday 28th August 2012

WOMEN'S HEALTH CLINIC

Regular Women's Health Clinic's are held at the St Marys Health Centre. For appointments ring 6372 2111

MEALS ON WHEELS ROSTER

July/August		St Marys	Fingal
Monday	30th	Debbie Barnes	Neighbourhood House
Tuesday	31st	Val Spencer	
Wednesday	Aug 1st	Lorraine Gill	
Thursday	2nd	Heather Griffiths	
Friday	3rd	Claire Bean	Neighbourhood House
MOW Contact		Phone:	0488 384 344
Monday	6th	Debbie Barnes	Neighbourhood House
Tuesday	7th	Pam Bretz	
Wednesday	8th	Barbara McAllister	
Thursday	9th	Kaye Nailer	
Friday	10th	Val Spencer	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil L/W 6.00pm
Bicheno L/W 9.00am
Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Fingal LWC 9.30am

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Fingal 9.30am
Bicheno 9.00am

4th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

Enq: Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours: 10.00am - 3pm.
Sr Marjorie Ph: 6381 1122.

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

8am St Helens
10am St Marys
10.30am St Helens
4th Sunday Kids Church
Pyengana, 2pm
3rd Saturday of each month -
Community Dinner @ St Marys

Salvation Army TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.

Envoy Melanie Norton Ph: 63722099

SUNDAY JOY 12.30pm

this is a bring-and-share lunch followed
by a great time of friendship
and fellowship. You are very welcome
to join us and share our JOY!
Ph:0409 838 816.

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@telair.com.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2012

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

Copy of guidelines available on request.

On Air Now!

Vision FM 88.0 at

St. Marys, St Helens and Fingal.

The Breakfast program is now hosted by
Matt and Karen on weekdays.
There are now over 500 stations
Australia wide.

100% positive music & talk all day long;
connecting faith to life.

National Vision Radio Network.
Phone 1800 007 770.

St Marys Online Access Centre

Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am – 3 pm

Friday 10 am – 3 pm

Saturday 11 am – 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

SUPPORTING YOUR LOCAL SCHOOL

WINTER OPENING HOURS:

MON TO FRI. 11AM — 4PM
(WHERE VOLUNTEERS ARE AVAILABLE)

ST MARYS MARKET SATURDAY
10AM—1PM

PH: Janet Drummond: 6372 2851.

Shop will only be open as volunteers are
available. So sometimes the shop might
have to open late or close early.

If you're interested in assisting the school
and volunteering at the Op Shop, please
contact Janet Drummond 6372 2851.

Sports and Social Club News:

What a great week at the Centre!

Golf: It is great that the club can announce that Barry Harrison has taken up the club captaincy, thanks for the support, we will be working closely with him to see golf events regularly organised at the Centre. All weekend events are now open to both men and lady competitors. Speaking of which, after a pedestrian start to the golf season, we are pleased to host the Spilsbury Trophy this Saturday the 28th of July at 10:00am, with family members traveling from up north, it is a **must** that everyone who can pick up a club and walk 18 holes, to participate on the day. With the course looking a treat, it would be a shame to waste the opportunity to play a game when it is at it's best. The following Sunday the 5th of August will be a pairs multiplication stableford event, see you there.

Last week it was good to see junior golfer Jacob Viney out and about and also Brad McDonald making a return to the game. We had a lot of promises from people to play last Sunday and no doubt the fog kept many away, although it must be said that after the Christmas in July the evening before, that most of the fog would have been between the ears! Still, let's make a concerted effort to get these events going, after all the complaints about no organised golf at the club, now that someone is making the effort, they only require one main ingredient, **THAT'S YOU!**

Yet to have a date confirmed early in August, for the vertidrainning of both the golf and bowls greens, with the latter to have a light top dress prior to the season commencing, we will require a few helpers on the day, a date will be confirmed next issue.

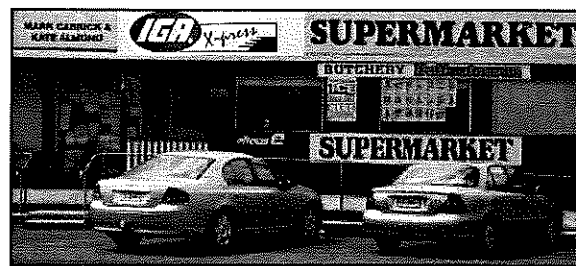
If there are any ladies out there who have been thinking about taking up golf or playing again, please contact Bobby Harwood on 6372 2445. There has already been good interest in the Wednesday 9 hole event, all ages welcome and great fun to be had. No matter what your skill level, please take advantage of the offer and contact Bobby.

Bowls: As the season kicks off in early October, there is a meeting of all intending players at the clubhouse on Friday the 10th of August, to talk about the new set up for the season. Please attend and be properly informed of the new rules.

Our next venture will be our crib pairs night on Saturday August 4th, as usual, a great night of entertainment which is always well catered for, come along and enjoy some fantastic company and pit your crib skills against the reigning 'world champions' Paul & Barb Davern, everyone is welcome to play, \$10 entry which also includes your supper.

On the horizon, keep an eye out for an Aussie bush tucker night, more great entertainment and food, details in the next issue.

It's great to see some new members at the club, taking advantage of some good company and a few beverages, if you are interested in joining us at the Centre, please call Jim on 6372 2441 or just call in to the bar and introduce yourself, it's that easy. See you there.



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon - Fri 8am - 6pm
Sat 8am - 12 noon Sun - closed

This week's specials.

(available from Thurs 26 July - Wed 1st August)

from the butchery

Porterhouse steak	\$16.99kg
Leg of lamb - netted	\$11.99kg
Lamb BBQ chops	\$ 9.99kg
Blade roast	\$ 8.99kg
Ingham chicken kiev 350g	\$ 7.99ea

from the coolroom/freezer

Coon Tasty cheese block 1kg	\$7.99
Juicy Isle chilled fruit drink 2lt	\$1.79
Duck River soft butter 500g	\$3.99
Patties East meets West 1kg	\$6.99
Dr Octker Ristorante Pizza 310/ 385g	\$4.99

from the shelves

Purex toilet tissue 12pk	\$4.59
Kraft Vegemite 400g	\$4.99
Uncle Toby's quick oats value twin pack 680g	\$6.00
Maggi two minute noodles 5pk	\$1.99
Kelloggs Just Right original 460g	\$3.99

next week's specials

(available from Thurs 2nd August - Wed 8th August)

from the butchery

Rump steak	\$10.99kg
First grade mince	\$ 8.99kg
Lamb shanks	\$ 9.99kg
Corned silverside	\$ 6.99kg
Nicholls Chicken sausages	\$ 8.55kg

from the shelves

Cascade raspb/Ultra C blackcurrant syrup 750ml	\$3.49
Radiant Conc Reg laundry powder 650g	\$1.99
Goulburn Valley peaches twin 1kg	\$6.99
Wondersoft toilet tissue 8pk	\$2.99
Nescafe Blend 43 coffee 100g	\$5.99
Palmolive Ultra dishwashing liquid 400ml	\$1.89
Uncle Toby's Vita Brits 750g/Weeties 455g	\$2.69
Bundaberg white sugar 2kg	\$2.99
Arnotts chocolate Tim Tam/Slices/ Royals/Crowns	\$1.99
Tasmanian Mountain Spring water 10lt	\$4.99



**ST MARYS SPORTS
CENTRE INC.**

Every Friday - 6.30 - 7.30pm
 drinks at discounted prices
 Ph: 6372 2177



**PRINTED AND
PUBLISHED BY
VALLEY VOICE
PUBLICATIONS
ST MARYS TASMANIA 7215.**