

# The Valley & East Coast Voice

Est. 1968

Volume 45 No. 6, Thursday July 12, 2012.

50 cents

## Material Girl Exhibition

On the afternoon of Thursday 5th July I attended the launch of the 2012 Bendigo Bank Material Girl Exhibition at Gone Rustic Studio & Gallery. A small group of local people attended the opening, bringing a plate of afternoon tea to share.

The 2012 Bendigo Bank Material Girl Exhibition has also been recognised by the Australian Business and Arts Foundation under the Premiers Arts Partnership Fund. This additional financial assistance has allowed TRA to lift the profile of this competition and touring show that focuses on the creative contributions of Tasmania's Women artists working across all media in response to the annual theme.

Prize money of \$3,500 was on offer for Tasmanian women artists in the 2012 Bendigo Bank Material Girl Exhibition.

With the theme of 'Speak to Me!' as inspiration, an exciting pool of entries were received this year. (<http://www.tasregionalarts.org.au/materialgirl/>)

The exhibition will be on show at Gone Rustic through the month of July and I encourage everyone to go and have a look at this fantastic exhibition of Tasmanian Women Artists work across all media.

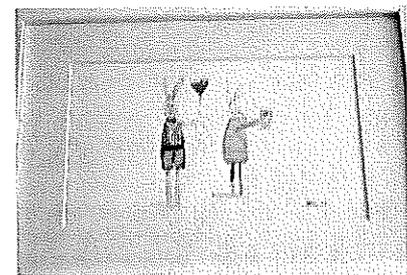
Article and photos : Janet Drummond.



Therese



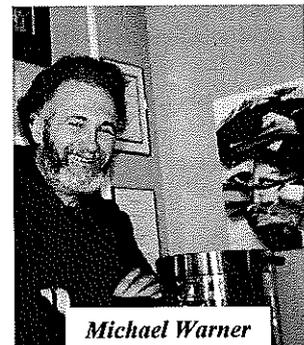
Rita Summers



Adrian Spencer & Ian Summers



Maggie Fletcher & Wendy Fowler



Michael Warner

**Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday July 24, 2012**

**EMAIL ADDRESS: [judith.spilsbury@telair.com.au](mailto:judith.spilsbury@telair.com.au)**

## Community news

**St Marys Hospital Auxiliary** meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

**The Break O'Day Woodcraft Guild Inc.** meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

**The Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

**St Marys Ladies Midweek Tennis** 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

**Playgroup at Falmouth Community Centre.** Fridays 10.30 - 12.30. \$2 per family. Please bring a piece of fruit for sharing and your child's own drink bottle & sun protection. Bikes and helmets welcome. Details contact **Michelle: 6372 2835 / 0418 271 315.**

**Are you doing/interested in Homeschooling?** Keen for a local network? **Contact Michelle: 6372 2835 / 0418 271 315.**

**St Patricks Head & Esk Valley Historical Society Inc** meets every second month on the third Wednesday at 3pm at various venues throughout the valley. For details please contact: **Barry (6372 5752) (email: aulich@bigpond.com)** or **Jim Haas (6372 2127) (email: jimhaas@bigpond.com)** Alternately you can check out our website :[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

**The Falmouth Community** centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

**Suncoast Singers** meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969.**

**Break O'Day Regional Arts** - General meetings held on the first Wednesday of each month at 4.p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod **6372 2444.**

**The Cornwall Community Development Group Inc** welcome all interested persons to their meetings in the Cornwall Hall on the first Tuesday of each month at 6 p.m. Wendy Dawson, Public Officer - **Ph. 0403430452 E. cedginc@fastmail.com.au**

**St Helens Alcoholics Anonymous (AA)** Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.**

**St Helens Al-Anon Family Group (Al Anon)** To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John **6376 4270** or Rose **6376 3335.**

**St Marys Alcoholics Anonymous (AA)** Friday 8pm Weekly. Holy Trinity. Mick & Shiril: **6372 2909.**

**The Break O' Day Stitchers** meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

**Scamander Garden Club** meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: **6372 2762.**

### Tasmania Valleys of Adventure

AVOCA - ROYAL GEORGE - ROSSGARDEN - FINGAL - MAMCAHA - BATHURIA - UPPERESK - CORNWALL - ST MARYS

#### GREATER ESK TOURISM

**GET TOURISM ...** meets the second Monday of each month unless otherwise notified.

**WHERE:** Fingal Valley Neighbourhood House  
**TIME:** 7PM  
All WELCOME.

*Enquiries to the president on 63722783.*

#### Please note

**Next meeting - 7 pm on 16 July**

### Bicheno Indoor Market

**When:** every last Sunday of the month  
**Where:** Bicheno War Memorial Hall  
9am - 1pm

*Hot Foods - come and enjoy breakfast, morning tea or lunch.*

#### Variety of Stalls

More stall space available:

Contact David Logie: ph. 6375 1129.



### Sunday Market

*Happening :*

*At the Old Tasmanian Hotel*



#### On the third Sunday of the Month

*Please ph 6374 2344 or mobile 0488 562 538 to book your table/trestle*

*Needed: fruit & veggie stall holders*

### Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Cheryl on 6372 2194. Leave message.



### St Marys Market

Rain hail or shine the markets will be held on the 1<sup>st</sup> Saturday every month in the community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

### Employment wanted

**Gardening, odd jobs. Honest, Catholic Family man. \$15 p/hr. Ph: 6372 2814.**

### Employment wanted

**House cleaning. Experienced lady. References supplied. \$15 p/hr. Ph: 6372 2814.**

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

**For sale****Classifieds****For sale**

**Left handed golf club.** King Cobra Speed LD Driver. Off-set with 10.5 loft. First Class Condition. \$50.  
**Jim Haas. Ph: 6372 2127.**

**2006 Subaru Forester.** 83,000km. In good condition. \$17,500. **Ph: 0499 742 178.**

**4 door corner TV cabinet.** \$80. **Ph: 6372 2552.**

**Bassinet.** \$20. **3 wheeled pram.** \$20. **Bunny rugs—the lot** \$20. **Bassinet cover.** \$10. **Baby girl's clothes** – sizes 0000, 000, 00—the lot \$150 or 50 cents an item (300+ items). **Bibs, socks, hats, shoes** –all 50 cents an item.  
**Ph: Fingal 0408 078 640.**

**Laptop Computer ASUS A53B 4GB.** Bought 8/3 under 12mths warranty for \$597. Microsoft Works (Word, Excel, Powerpoint, Access, Publisher) added. \$495.  
**Ph: 6372 2059.**

**1 pair axle stands.** \$20. **1 gas light.** \$10. **1 steering wheel lock with 2 keys.** \$10. **1 mitre saw** for picture frames etc. \$20. **1 sash clamp, 3',** never used. \$20.  
**Ph: Pete 6372 2398.**

**Gold Laced Wyndot hens.** \$15. each..**Ph: 0427 713 195.**

**100% cotton sling,** brand new, never used. Newborn up to 9kgs. \$17. Cheaper than ebay, check it out. **Ph: 0411 186 573.**

**110litre fridge and bar.** Just over a year old, perfect condition, suit small family. Reason for sale: we need a much bigger one. Price is \$120. Will deliver if needed.  
**Ph: 0411 186 573.**

**1975 Mercedes 280s** with 3mths rego. Good order. Burnt orange. **1977 Mercedes 280e,** no rego, needs TLC. Burgundy. \$2,500 for both. **Ph: 6375 1440.**

**1990 Mitsubishi Magna** s/w 227,000kms. Rego 'til Dec '12. Good running order. \$800. **Ph: 0427 603 488.**

**80HP Mercury,** electric start, trim & tilt + 40HP electric start. Both with controls. Goes well. No further use. Cheap. **Centre console** with cable steering. \$100. **Mags,** as new, with new tyres. Suit HQ WB. \$900. **Truck tyres and rims.** 11R 22.5. **Ph: 6372 2107.**

**1993 Ford Fairmont:** 140,000kms. Very good condition inside and out, Six months rego and good tyres. Genuine reason for selling. \$2000. ono. **Phone Gail or Rogder on 6372 5380.**

**Kelvinator fridge only,** with new door seal. \$85. ono. **Gumboot style waders** Heavy duty ,size 9. \$60. ono. **Giant Cross City 2 road bike,** near new. \$1050. ono. **Falcon BA ute** with canopy, auto. \$9600. ono. **Nissan X trail 2003,** auto. \$12,750.ono. **Ph: 0417 385 787 or 6372 5101.**

**FOR SALE**

**LOUNGE SUITE (BRAND NAME: MELBOURNE)**  
**3 SEATER LOUNGE PLUS 2 RECLINERS.**  
**ROYAL BLUE—GOOD CONDITION.**  
\$600. ONO.  
**CONTACT: KAREN POLDEN**  
**MOB: 0439 333 398 OR 6372 2438**

**Wheat for sale.** 20kg bags, \$10. 20kg bags crushed, \$15.  
**Contact Jason: 0419 514 947.**

**GIVE AWAY**

**ROUND TABLE & 6 CHAIRS, DOUBLE BED,**  
**SINGLE BED & MATTRESS. Ph: 6372 2380.**

**WANTED TO BUY**

**VIDEO RECORDER IN GOOD WORKING ORDER**  
**ONLY. Ph: 0427 713 195.**

**Wanted** – used upright electric stove/oven in good clean working condition required for a rental property. **Contact Harry or Kerry at the PO.**

**HAT STAND/COAT RACK wanted - bentwood style/timber; good condition (6372 2724)**

**NEW STOCK** – chain mail jewellery and fibre & textile jewellery; Australian studio pottery, and more! **Gone Rustic, 37 Main Street, St. Marys (open 11-3, Tues-Sat)**

**"Moo-Poo".** Finely screened. Any quantity. See Norm. **Ph: 6372 2380.**

**Frozen blueberries - \$11 kilo Phone 6372 2341.**

**Garden mulch.** Large square bales of straw.  
**Free delivery in St Marys area.**  
**Ph: Mark or Alana: 63722145.**

**Small square bales of garden mulch \$5.**  
**Small bales of grass & clover hay. \$5. (undercover)**  
**Garden mulch,** in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.  
**Ph: 0407 944 158.**  
**Tractor slashing available. Ph: 0407 944 158.**

**Grass Hay,** heavy bales, shedded, \$5 per bale.  
**Ph: Ross 0401 870 316.**

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.



[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

## The Coach Trip

The following is a copy of a letter sent to the Editor of the Mercury Newspaper in March 1882, four years before the Fingal Line Railway was completed and six after the Launceston/Hobart Railway was opened.

Dear Sir,

May I be permitted to occupy a small space in your journal to call attention to a serious inconvenience which travellers by coach from Georges Bay (St Helens) to the Corners (now Conara) frequently have to suffer? I refer to the practice of arriving too late at the Corners to catch the express train to Hobart.

The coach leaves Georges Bay at half past four in the morning. The express train to Hobart is due at twenty past two in the afternoon, thus we have twelve hours, all but ten minutes, as the period allowed to cover a distance of 69 miles.

This would give an average speed rate of something like six miles per hour; so that a traveller might, I think, be pardoned if he took a seat on the coach in the "sure and certain hope" of enjoying his evening meal in Hobart. The road for the greater part of the distance is excellent. The pull up St Marys Pass is no trifle, but even if time is lost in this portion of the journey, it should be easily made up between St Marys and the Corners. Especially when you consider that there are no less than six changes of horses on the journey.

But I have no desire to be hard on the horses and no blame is attached to those willing animals. I am convinced they would rattle the coach along merrily at eight miles an hour if the Lord and Master (the driver) would let them. Here it is that the shoe pinches. The coachman dawdles away valuably time in a manner which claims to be the master in the art of "how not to do it". It takes longer to change horses, strap horses, strap luggage, collect mail bags, buckle a strap, or fix a chain, than on any coach I have ever travelled with in my life.

I am not myself an accomplished handler of the ribbons, but even to my untechnical eye, it was apparent that something was very much amiss. We seldom started after a change without two or three stoppages to rectify some defect in the arrangement of the harness. Other times he would carry on a lengthy and animated conversation with a friend or passenger on the back seat, his hands merely holding the reins.

Under these circumstances the team had its own way and each horse behaved in the manner which suited it best. Remonstrance was worse than useless. It was mildly insinuated by myself and two or three other passengers, that if convenient, we would like to catch the express. But our deferential and apologetic suggestions were met with lofty scorn and sardonic facetiousness. We were either crushed by a look or grimly told that perhaps the express met with an accident that day and we would be eternally grateful to our facetious benefactor for missing it. In fact, our prayers and entreaties were utterly disregarded by this sulky Jove.

The result of this was our arrival at The Corners fully an hour late for the train and there was nothing for it but to wait, with as much patience as we could command, for the mail at ten minutes past nine.

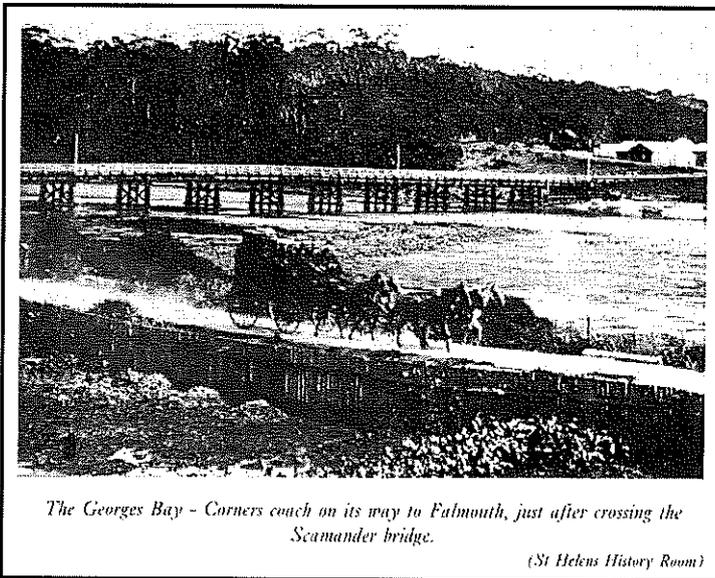
Your readers may imagine what it is to spend four mortal hours in a place like the Corners. We did managed to get rid of half an hour in discussing an apology for a meal, but then darkness fell upon us like a pall. I am not likely to visit the East Coast again for some time, but when I do I shall adopt some mode of conveyance other than a coach.

Yours Sincerely:

A Visitor, New Norfolk.

Reading this, one can only wonder why we complain about our current roads, or when the St Marys Pass is closed for a short while every now and again.

Jim Haas.



The Georges Bay - Corners coach on its way to Falmouth, just after crossing the Scamander bridge.

(St Helens History Room)

### VIETNAM VETERANS DAY Saturday 18th August 2012

The Service will commence at 11am at the Vietnam Veteran's Memorial site at the Cenotaph in St Helens.

If you wish to join our Veterans in the March, form up will be at Hilly's Supermarket at 10.50am.

You are also invited to lay a wreath for the fallen during the Remembrance Service.

Gary Graham, President V.V.A.A. East Coast.

Ph: 6372 5727.



## Ana's Hairdressing Salon

Main Street, St Marys

Open every Tuesday & Wednesday  
9am

Bringing 22 years experience

For all your cuts, colours, perms, sets.

Phone: 0448 532 531

On Tuesday & Wednesdays, or just call in.

Or phone (H) 6372 5497 to pre-book.

Same prices, service & phone numbers

Providing a service to the community.

### NOW IN STOCK:

- HEAD LICE TREATMENT KITS - \$9.00
- COLOURED CLIP-IN HAIR EXTENSIONS - \$9.00
- GREAT VALUE . SHAMPOO & CONDITIONER.
- VOLUME MATTIFYING POWDER - TAKES THE PLACE OF HAIR SPRAY. GREAT NEW PRODUCT.

SMALL GIFTS - COME AND HAVE A  
LOOK.

ALL PURCHASES WILL BE  
GIFT WRAPPED IF REQUIRED.

Ana wishes to advise clients that she is still doing her *Mobile Hairdressing*. When she has no mobile clients some Thursdays, she will be available at the salon. Further to this the salon will be open for business each Market Saturday.

## Suncoast Jazz Club gig

will be held at

Portland Hall, St Helens  
on Friday 27th July  
from 12noon - 2pm.

Guest artist: Carl Bulow - saxophonist.

Small cover charge.

Please view flyers around town for further information, or contact Pamela Parsons

Ph: 0427 006 673 or  
email [pamela777@bigpond.com](mailto:pamela777@bigpond.com).

## ST MARYS NEWSAGENCY



Open 7 days a week for your convenience.  
Winter trading hours  
6am - 6pm Mon to Thurs Fri 6am - 7pm  
7am - 6pm Sat. & Sun.

AURORA PAYG

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BAIT

ICE

## NEW DVDs

Check out the  
front windows.  
Lots to see there.

Plus - all the phone  
credit you will need.

CALOWS BUS DEPOT

## Buy just a little bit, pay just a little bit for your basic food essentials at Purple Possum!

When you pick up a scoop and serve yourself from our dozens of food containers at Purple Possum, you can buy as little or as much as you want of any given item. 100 grams of flour? No worries. 150 grams of rice? That's fine.

Get just what you need for a recipe or for your own requirements. You save money, your food's always fresh, and you won't end up with a cupboard full of half-used, out-of-date packs as so often happens when you buy packaged foods.

So serve yourself at the Possum - and scoop up some savings!

## Purple Possum

Wholefoods & Café

7 Story Street St Marys. Phone 6372 2655.

**OF OUT THE WOODWORK**  
**SECRETARY WENDY BRENNAN 637 22094**

Over the weekend the Guild had the pleasure of the company of Lady Jane Rubenach and Lord Lichfield (pictured) who both tested their prowess in a game of badminton and proclaimed that our court met with their standards of refinement.



We were given the all clear, albeit, the cucumber sandwiches were not cut to the required dimensions. Fortunately, his Lordship and Lady forgave this oversight and proclaimed the day a success.

Lord Lichfield being the gentleman he is was gracious in his defeat and Lady Rubenach tolerated the cheers with self-effacing gratitude.

On a serious note... many thanks to Deputy Mayor Rubenach, our own town devotee of Jane Austen and the Guild's patron of antiquated games who gave the sizzler king a real run around with the shuttlecock.

Stay tuned for more adventures especially when our half sized croquet court is completed.

A thank you to all the people who said they missed the aroma of our haute cuisine snags at the last markets and made enquiries about the whereabouts of the ever present sizzler king. (He is on the mend)

A gentle reminder that its time for membership renewal (\$20.00 full or \$10.00 social membership)



### **The Say Cagerattler**

"Here Puss, Puss... Might be a much more common phrase again in Tasmania soon with the introduction of the new cat control laws just beginning. It's about time a government took measures to control cats. I own a 14 year old moggy myself, used to have two until a whip snake decided to curtail his young life about 7 years ago. She's the boss of the border collies as well, the one still going.

I can honestly say that in all the last 14 years, she has never been out roaming at night and was missing for one night... I looked for her for hours and thought she had met the end until early the next morning I woke to a constant meowing from the garage where she had been accidentally locked in all night. Ever since she was a kitten she knows to come in at teatime and that's it for the day. Otherwise she just potters about the yard or just sleeps somewhere in the house.

Just like responsible dog owners, cat owners should have to take control and accept the liabilities of their animals even to the point of micro chipping and registration. Similarly the acquisition and breeding of cats is required so that it reduces the stray cat population that feral cats derive from. Feral cats are an ever growing problem that if left unchecked would undoubtedly lead one day to a new species of bigger cats and their impact on the native flora and fauna would be huge.

Confinement of cats at night is paramount to this too. Really responsible people take this seriously and to those people the new measures on cat ownership won't be a big deal. I'm not sure how long it will take to implement the new cat rules but the sooner the better perhaps. Cats are great company, keep the rodents under control and have been important for wellbeing, but they can and are very destructive, unhealthy, and born predators to native fauna if let run riot. Hopefully everyone will take on the cat ownership legislation and accept it so that Tiddles and Puss can live long, non destructive or over copulated lives with us. I think the eventual message will be... If you can't meet the responsibilities of cat ownership, don't get one.

What do you think ?

(Column by Rod McGiveron.)

## **CORNWALL COMMUNITY DEVELOPMENT GROUP INC**

BEFORE YOU SAY YOU CAN'T DRAW  
AND YOU CAN'T PAINT... WAIT.  
WE ARE PUTTING AN ART CLASS  
TOGETHER OF UP TO 12 PEOPLE AND  
YOU'RE INVITED!

I GUARANTEE YOU WILL HAVE A  
PICTURE BY THE END OF THE  
FIRST LESSON.  
THE CLASSES WILL RUN OVER 12 WEEKS

THE FIRST WILL BE A FREE 3 HOUR  
CLASS AND THE FOLLOWING WILL BE  
2 HOUR CLASSES  
AT A COST OF \$3 PER CLASS -

TEA AND COFFEE PROVIDED.

I PROMISE YOU'LL BE HOOKED, AND  
YOU WILL SURPRISE YOURSELF!!  
CLASSES START AT THE CORNWALL  
HALL TUESDAY 7TH AUGUST 2012  
FROM 11-2.

ENQUIRIES TO LYNNE ON 0427 560 565.

## **BINGO**

at the

**Cornwall hall**

**every Monday at 7pm.**

**2 Jackpots \$140 & \$90.**

**All welcome.**

**Money raised going to help with  
renovations to the hall.**

# CHRISTMAS IN JULY

July 21st

5.30pm

Entree, Main and desserts

\$30 adults & \$15 for U/12s

Plus many great games & prizes.

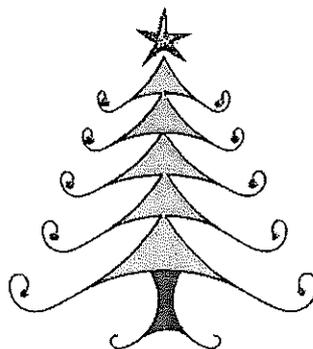
Santa will pay a visit.

Bookings at the

St Marys Supermarket 6372 2240

or at the Club 6372 2177.

All community members welcome.



St Marys Sports Centre Inc.



Bicheno will host its 6th Food and Wine Festival on 17<sup>th</sup> November 2012. This will be the second year of the Art and Artspace exhibition.

Last year's inaugural showcasing was a huge success and an extremely popular event. Twenty exhibitors presented their best work. Most enjoyed sales or received commissions. With around 2,000 visitors to the Festival and more expected this year the

opportunity to showcase your talent is great indeed.

The criteria for consideration are simple. Artists and Artisans must be resident on the East Coast. Or be shack owners and frequent visitors. Your work must be original and in keeping with the event's ambitions.

This is not a market. This is about showcasing the Art we produce in our communities and villages. The art form can be very broad from what could be termed "conventional art" such as hangings. Or sculpting in any medium; Ceramics; Weld art; Photography; or could embrace specialised pottery; glass blowing or etching. Indeed MONA has set new benchmarks around what we often perceive as Art.

I want to encourage representation from the whole of our East Coast. If you would like to know more about this year's Festival or be considered as an exhibitor please call Gary 0418 459 999 or email [gasp9999@gmail.com](mailto:gasp9999@gmail.com)

Issued on behalf of Bicheno Festival Committee Inc  
Gary Price (Treasurer and Artspace convener)

## ERIC HUTCHINSON

Federal Liberal Candidate for Lyons

MEDIA RELEASE

6<sup>th</sup> July 2012

### More campsites needed for holidaymakers and tourists

Tasmania's coastal areas need improved access to camping facilities to encourage more visitors according to the Liberal candidate for the Federal seat of Lyons, Eric Hutchinson.

Welcoming the recent announcements of funding for upgrading of East Coast campsites by the Parks and Wildlife Service, and the establishment of a Regional Tourism Organisation for the East Coast, Mr Hutchinson said that the area has enormous potential which has been neglected by the recent practice of restricting access to former campsites along much of the coast.

"Many campers would like better access to informal sites and there must be a better balance to allow for this access while still providing an appropriate level of coastal environmental protection. Many visitors are currently frustrated as areas which were previously accessible are now blocked for vehicle parking, and camping is increasingly banned behind our favourite beaches," Mr Hutchinson said.

"I trust that the Parks and Wildlife Service and the new Regional Tourism Organisation, in cooperation with local councils, can look at the possibilities for extending the number of available sites for overnight campers, many of whom are young visitors or families seeking inexpensive holidays along our magnificent East Coast.

*Pop in and say Hello to  
'Aunty Jack' at the new  
fruit & veggie shop  
on the corner of the  
Main Road and Cameron Street!*

Jacqui is managing the new shop for Max Presnell of East Coast Potatoes – so you're guaranteed a warm welcome and very friendly service!

- Fresh and tasty as they come – carrots, caulies, beans, greens, all your favourite seasonal fruits and veggies
- Tassie honey, free-range eggs, home-made jams and pickles –
- and much more ... drop in for a chat and a bit of a browse!

For orders or information give Jacqui a call on  
0439 978 156 or Max on 0488 941 801

**EAST COAST POTATOES ST MARYS SHOP**  
On the corner of Main Road & Cameron Street  
Open 10am to 4pm week days



Next meeting of the Society is scheduled to be held at the St Marys Online Access Centre on Wednesday the 18th July at 3:00 pm

Main topic of discussion will be the Society's role in the future of the St Marys Railway Station.

All Members and the General Public are welcome to attend

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The AGM of the Society will be held on Wednesday the 15th August

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The next walk and field day is planned for Gipps Creek on Sunday the 16th September.

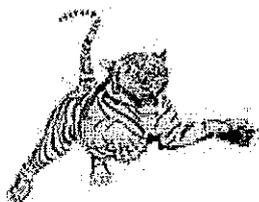
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Please watch this space, or visit our website for further updates.

[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

Phone Numbers

Barry: 63725752—Jim: 63722127



*St. Marys Tigers Football Club Inc.*

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# AFL Masters Football Double Header

St Marys Football Ground

Launceston vs Triabunna

St Marys Tigers vs NW  
Coast

(Game times to be confirmed)

Sunday 5 August 2012

Full range of food and refreshments  
available

Free admission

Come and support your local team in  
its only home game for 2012

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*St. Marys Tigers Football Club, P.O. Box 42 St. Marys Tas 7215  
Ph. (03) 63 722256  
Mob. 0418564710*

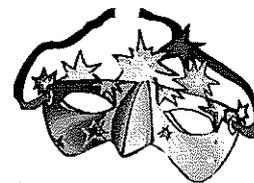
# Regional Arts Youth Company

PREVIEW OF THINGS TO COME!

The Regional Arts Youth Company (RAYC) under the auspices of Break O'Day Regional Arts, confirm that their first ever term classes have been a huge success!

**Success is infectious!**

**ENROLMENTS ARE NOW BEING TAKEN – DON'T MISS OUT  
CLASS NUMBERS ARE STRICTLY LIMITED.**



Work being undertaken by 30 students in drama, dance and movement was open to viewing by parents, friends and teachers on June 28<sup>th</sup> at St Marys Town Hall; it was met with great enthusiasm both by participants and those who came to observe. Though not strictly a performance, participants had the opportunity to 'get a feel' of what it would be like to have an audience. Drama skills, improvisation, creative movement and dance routines were demonstrated. Even the audience (to their initial horror) were invited to participate in some of the drama games.

We believe this is just the beginning of a passionate, creative upsurge amongst our young people within the district. As 2013 approaches we are hoping to harness the creative energy of all those young people who are interested in music, drama, dance, prop making, costume design and stage management.

Grants are being submitted to have specialist workshops in the above disciplines. These workshops will be run in school holiday times and will be open to **all young people** in the district. We will advertise throughout the district once we have secured funding and dates have been booked.

At this point in time we are looking for anyone who would be interested in developing voice through music with our students. If you have experience in singing and would love to join our company and experience the joy of facilitating the development of some talented, happy and energy filled young people, please contact either Jeanette or Michelle.

**Enrolments are now being taken for Term Two commencing 26<sup>th</sup> July 2012.**

Classes @ St Marys Hall:	Junior (5-10 years)	3.45-5.00pm
	Intermediate (11-14 years)	4.45-6.15pm

As you will note there is a cross over time of 15 mins. This is to combine both classes for some dance routines. The time will be extended for juniors to 5.15pm once the winter season is finished and rehearsals commence for the Christmas production.

Consideration is also currently being given to commencing a senior class (15-17 years) early in the 2013 season.

Jeanette

Mobile: 0447 012 887

Michelle Home: 6372 2056

Mobile: 0407 046 865



**St Marys School Association Op Shop**

**Sock Art Competition 2012 -  
in conjunction with  
Wrapped In St Marys 2012  
All entries were on show at the  
St Marys Markets  
on Saturday 7th July 2012**

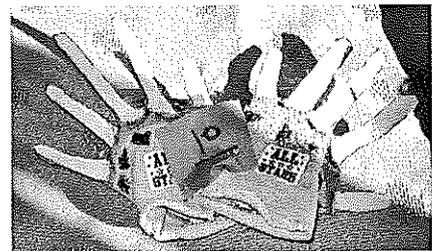
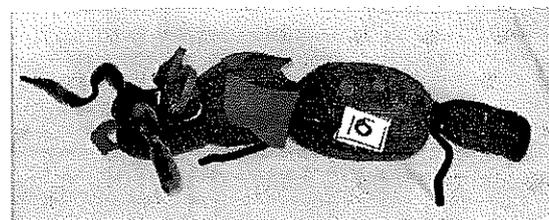
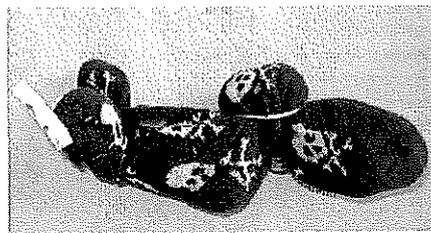
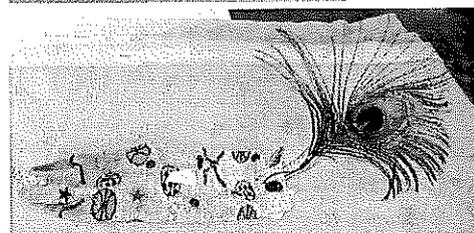
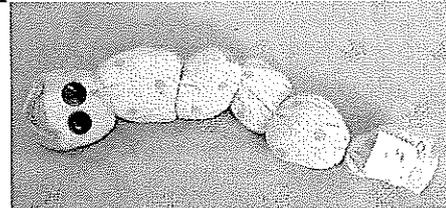
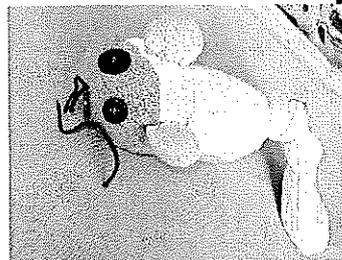
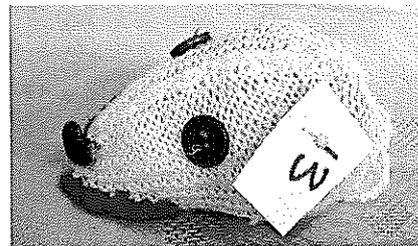
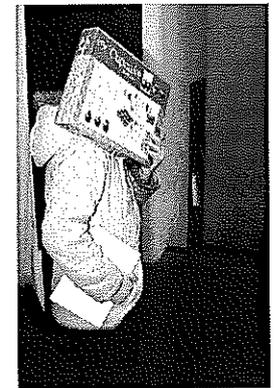
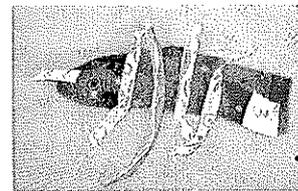
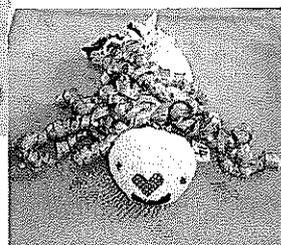
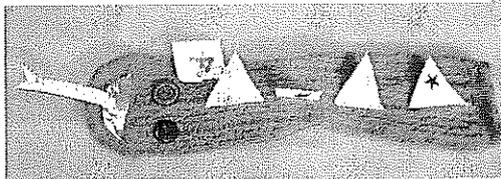
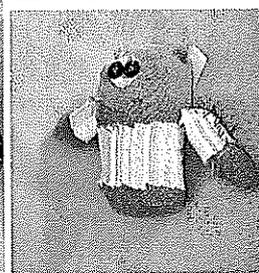
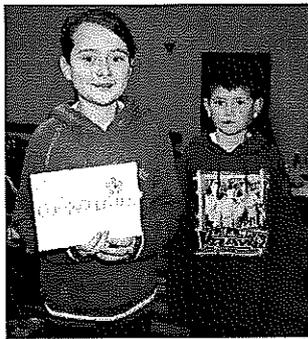
In all, 16 entries were received across all age ranges

In total 168 votes were cast by shoppers  
All entries received a number of votes

**WINNER**

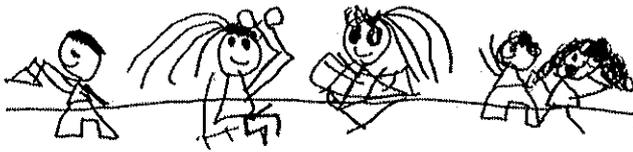
**1<sup>ST</sup> PRIZE**

**Zarah Charman - \$20 Op Shop**



*Article & photos:  
Janet Drummond*

## little SING little DRUM little DANCE



Tuesdays 9:45am – 10:30am  
@ Fingal Neighbourhood House  
*Trial sessions start 17<sup>th</sup> July*

**Gentle sessions designed to encourage listening and musical play. Original and traditional children's songs.**  
**Instruments and music from around the world.**

***First attendance \$5 per child***  
Then, \$10 per child and gold coin donation for babies  
For birth to 5yrs and home-schoolers.



FACILITATOR: Lila Meleisea  
B. Mus Perf. B. Ed. DRUMBEAT Facilitator  
TaKeTiNa Trainee  
PHONE: 0477436700 Email:  
lilam@utas.edu.au

## BREAK O' DAY STITCHERS

Despite the colder weather, crafters and stitchers are all keeping busy with projects for current and approaching events. Four of our quilters accepted the invitation from the Dorset Country Quilters to exhibit with others from around the State at their 21st Quilter's Exhibition at Scottsdale earlier this month.

There is also currently an Exhibition of the work of Contemporary Women Artists at Gone Rustic Gallery in St Mary's until 31<sup>st</sup> July. We will be putting out flyers this week (11<sup>th</sup> July onwards) advertising the next in-house workshop for a Sashiko Bag, and the tutor will consider a repeat if demand for the first one on Saturday 18<sup>th</sup> August at the Bungalow – NHH – St Helens is full.

We welcome new members to our meetings at the Bungalow, Neighbourhood House, St Helens each Friday from 10 a.m. to 3 p.m.

Enquiries can be made to :  
Kay Roberts – e-mail - paradox 64@bigpond.com or  
Agnes Johnston 63761498

## RHYTHM FOR EVOLUTION



TaKeTiNa is a process, capable of activating your human and musical potential through rhythm. Participants are guided into a state of rhythmic simultaneity, using polyrhythms and cross rhythms in the feet, hands and voice. It is a deeply relaxing and meditative process that requires no musical experience, and accesses the body's intrinsic rhythmic knowledge in a safe and playful setting.

You are invited to join your local TaKeTiNa trainee **FREE OF CHARGE** to help her practice the skills required to become a teacher of TaKeTiNa.

@ THE VORTEX HEALING CENTRE, ST MARYS.  
TUESDAYS: 11:30 – 12:20pm

## COMMUNITY DRUM CIRCLE

A friendly space to practice your rhythm,  
get in tune, and relax.  
BYO or instrument provided.  
*All ages and abilities welcome!*

@ THE VORTEX HEALING CENTRE, ST MARYS.  
TUESDAYS: 12:30pm – 1:30pm  
\$10 per person.

FACILITATOR: Lila Meleisea  
B. Mus Perf. B. Ed. DRUMBEAT Facilitator  
TaKeTiNa Trainee  
PHONE: 0477436700 / 63725431 Email:  
lilam@utas.edu.au

## We have moved!

### ST MARYS COMMUNITY TRANSPORT SERVICES

is now located in the front office  
of the St Marys Hall.

Office hours 9.00 a.m. to 1.00 p.m.  
Monday to Friday.

Same phone number  
6372 2137

## MEDIA RELEASE

26 June 2012

### Break O'Day Council 2012/2013 Budget Estimates

Yesterday Council adopted its Budget Estimates, Rates Resolution and Annual Plan for the 2012/2013 financial year.

The 2012/2013 Budget is financially responsible and recognizes the challenges of the current economic climate.

To achieve the budget, the total rate revenue in 2012/2013 will increase by 4.0% on the previous year with a budgeted total estimate for general rate revenue of \$5.4 million.

The \$11.5 million expenditure budget includes depreciation of \$2.8 million. The Capital Budget Program totals \$4.7 million.

#### ***New Initiatives***

The budget includes a range of initiatives including:

Development of a Municipal Management Plan (MMP) for 2013 – 2022 (\$580,000) which will include:

- Coast Park Plan
- Recreation & Open Space Development Plan
- Community Infrastructure & Design Guidelines
- Urban Design Framework
- Stormwater Management Plan
- Economic Development Strategy
- Civic Centre Feasibility Study
- Responding to Climate Change
- Airstrip Redevelopment Feasibility Study
- Arts & Cultural Strategy
- Land Use & Development Strategy
- Development of a Binalong Bay Master Plan (\$50,000)
- Finalisation of the Transport Master Plan (\$48,000)
- Establishment of an East Coast Regional Tourism Association in partnership with Glamorgan Spring Bay Council and Tourism Tasmania (\$50,000)
- The finalization of the outsourcing of the operation of the Waste Stations at St Helens, St Marys, Scamander and Fingal (\$500,000), with improvements in management and operation of sites inclusive of:
  - General site cleanup
  - Compaction
  - Waste placement
  - Immediate cover of landfill sites
  - Meeting license requirements of EPA Tasmania

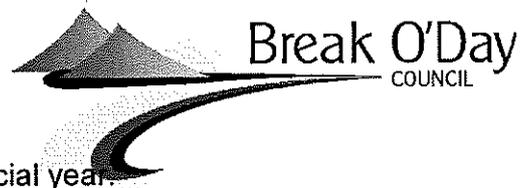
#### ***Capital Works***

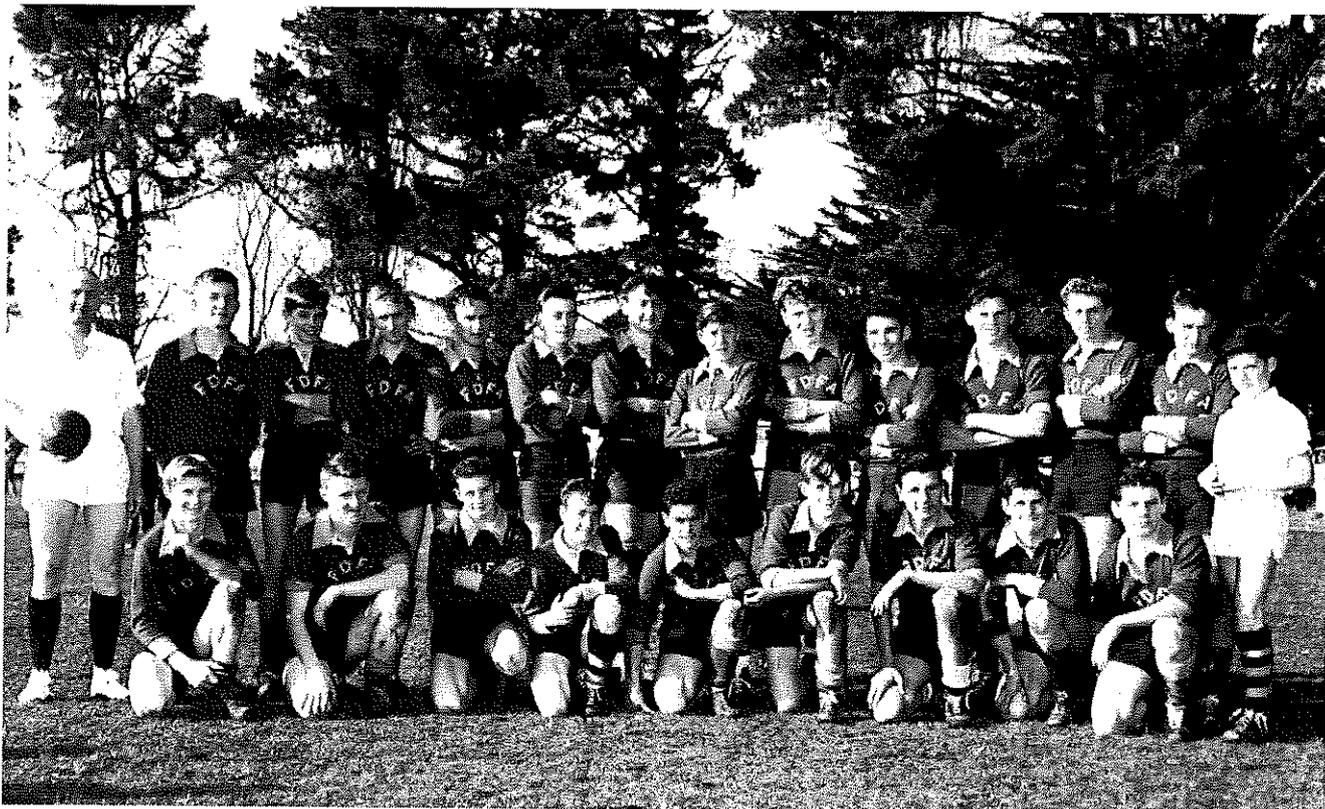
The budget also provides a total Capital Works program in excess of \$4.7 million.

Highlights of the proposed program includes:

Major projects

- St Helens Streetscape (\$600,000)
- St Marys Streetscape (\$400,000)
- Footpaths (\$82,000)
- Bridges (\$650,000)
- Resheeting program (\$190,000)
- Reseal Program (\$230,000)
- Stormwater (\$240,000)
- Buildings Maintenance & Construction (\$426,170)
- Open space (\$375,000), including street furniture, cemetery, boat ramps and jetties and playground equipment





This photo was sent in by former resident David Schier who writes:-

The photo is the 1964 schoolboy FdFA team that both Gary Barnes and I played in. Taken at Fingal after we won our game. I am at the back left - next to Gary Richards. Gary Barnes is 4th from the right in the front row. He went to school at St Marys. We have all but 5 names - so can anyone help with the last names please? it was a truly representative FdFA team - players from Avoca, Mathinna, Fingal, St Marys, Falmouth, and St Helens.

Names of 1964 team (so far) are:

Back - Umpire(??), Garry 'Gus' Richards, David Schier, ?????, David Bergman, Terry Targett, Chester Bullock, ?????, Vern Woods, Trevor Rootes, Lance Leedham? T Hollis, Derek Freeman, (Tony?) McCulloch, Bruce Nailer, Philip Webb, Don Birrell, Greg Barnes, Gary Barnes, ?????, ???????, ??????

## ST MARYS RATEPAYERS ASSOCIATION

Do you think we need an association as such??

If so, please come along to a meeting at St Marys Fire and Emergency Service building on the 26<sup>th</sup> July at 7.00 pm.

All aspects of, and guidelines for an association will be explained and discussed.

For further details contact Gerald  
6372 2283                      0438 543 300



This wonderful old photo has also been sent in by David Schier who writes: -  
 My school friend Gary Barnes of Hobart - ex Fingal, has found a 1907 photo of the Fingal Football Club team. Isn't it a great photo. Gary's grandfather is in it- but he has no idea who he is in the photo. It might be a lost cause in getting the names of all these players. I was wondering if you could publish the photo and ask if there are any readers out there who could help Gary.

Gary Barnes' details are:-

Home address: 39 Plaister Crt, Sandy Bay, Tas. 7005

Phone contact details: Work - (M-Th) 6216 6355 Home 6225 0796.

[barrey@netspace.net.au](mailto:barrey@netspace.net.au)

## SUNDAY JOY

**12.30pm**

this is a  
 bring-and-share lunch  
 followed by a great time of  
 friendship and fellowship.

You are very welcome to join us and share  
 our **JOY!**  
 phone 0409 838 816.

Fingal Valley Meals on Wheels will be holding their Annual General Meeting at the St Marys Community Health Centre Day Room on Thursday October 11, 2012, between 2pm—3pm. All welcome.

Note:- Good report from the Cook for our drivers. Life is hassle free because our drivers are all soooo dependable. PAT YOURSELVES ON THE BACK, you are a great group of drivers.

Lundy Vosper. (Sec)

## Where do you get it?

Growing in strength and support  
 You can get

## 'Inside my Skin'

from the library, Rita at *Gone Rustic*,  
 Rod at *e.ScApe Cafe*,  
 Evelyn at *St Marys Bakery*,  
 personally at *St Marys monthly market*,

or online at

[www.insidemyskin.com](http://www.insidemyskin.com)



**IS YOUR BACK ACHING?  
YOUR NECK SORE?  
CAN'T PLAY YOUR SPORT ANYMORE?  
TRIED PHYSIOS, CHIROS, MASSEURS?  
NOTHING'S WORKED?  
SICK OF PAYING OUT FOR NO RESULT?**

Often it's just muscles out of place pinching nerves that are causing the pain. If so

**PETER HORSFIELD,  
THE MUSCLE MAN  
CAN HELP!**



With his unique method of muscle manipulation; he can release pinched nerves all over the body - in one treatment! Its just like putting a rope back into a pulley - simple!

Denis Lilley said,

**"I feel 20 years younger!"**

SO WHAT HAVE YOU GOT TO LOSE?

**CALL: 0413 635 690  
MOBILE SERVICE  
IN  
BREAK O'DAY MUNICIPALITY**

GIVE US A SENSE OF HUMOUR, LORD .  
GIVE US THE GRACE TO SEE A JOKE,  
TO GET SOME HUMOUR OUT OF LIFE,  
AND PASS IT ON TO OTHER FOLK.  
ANON.

**Community Dinner**  
Holy Trinity Anglican Church Hall St Marys

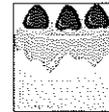
Saturday 21<sup>st</sup> July 2012

5.00 for 5.30pm

**Italian Dinner**



Please bring a side dish or dessert to share  
Choice of main meal will be provided  
RSVP Barbara on 6372 2428



**EAST COAST SURVEYING**  
Consulting surveyors and land planners.  
Brett Woolcott 6376 1972  
We can help you.

- Buying a property?
- Planning a development?
- Unsure of your property potential
- In dispute with an adjoining owner?



**ST MARYS BAKERY**

PH: 6372 2131

OPEN 7 DAYS A WEEK



FRESH BREAD, ROLLS & BUNS,  
PIES, PASTIES, CAKES, HOT FOOD,  
COFFEE,  
COLD DRINKS,  
ICE CREAM.

52 MAIN ST ST MARYS.

## St Marys Op Shop

Monday - Friday 11 - 4 Market Saturdays 10 - 1

As volunteers are available.



*From left to right -  
Lorraine Gill,  
Wendy Fowler, Caroline  
Craghill, Jeanette Gilbert,  
Janet Drummond and Sonia  
Allison ...just missing Lillian  
McRostie, Kelly Farrell and  
Jan Madden from the team.*

Always looking for new volunteers to assist at the Op Shop, please contact Janet Drummond on 0404 562 320, or call in most Fridays, to speak with Janet. Come support your local school community and have fun volunteering at the St Marys Op Shop.

St. Marys  
**PHARMACY**

**Kodak quality  
prints in seconds**

**Pharmacist on duty 5 days a week**

Main Street, St Marys Tas. 7215

Phone: 6372 2844 — Fax: 6372 2874



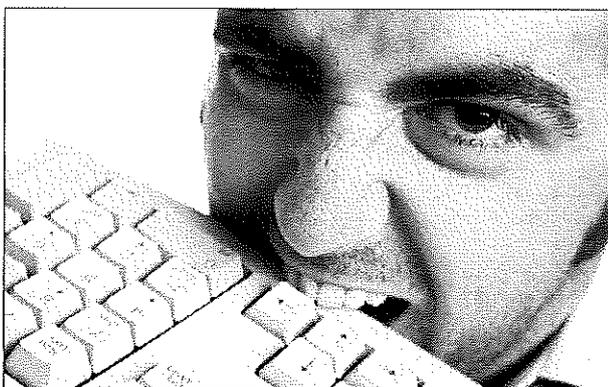
**KODAK PRINTS**  
STARTING FROM

**49** C each

MENTION THIS AD AND RECEIVE  
ONE FREE  
ENLARGEMENT WITH YOUR PHOTOS.  
(Limit 1 per customer)

*Our friendly, smiling staff are  
always ready to help you with  
your purchases.*

*Lots of gift lines in store.  
Call in, and receive 15%  
off all gifts.*



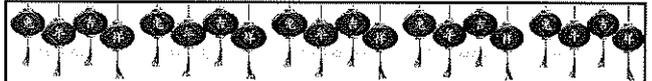
## Computer Trouble?

- . 15 years experience
- . Home & business
- . Hardware & software
- . Websites & email
- . Windows, Mac, Linux
- . ADSL, WiFi, Satellite

**Ray Walker**

m **0401 497 199**

e **hello@raywalker.it**



## PING'S PLACE

C.B.D., ST MARYS

Dr Jun Li invites all to the  
Tried and Tested Benefits of

### *Traditional Chinese Medicine*

After two university degrees in China  
and five year's practice in Britain, Jun  
continues her skills in this ancient  
health restorer to the benefit of  
St Marys and District.

Many have come from the coast and  
valley to benefit and some return  
regularly for on-going therapy.

Jun is very approachable, as all who  
consult her have found.

Consultation is free. Call into the shop or  
phone her mobile: 0411 186 573.

*Welcome to Ping's Place.*

PLAYING TABLE TENNIS EVERY DAY

# Speak To Me!



Engagement Susan McArthur  
Winner Bell Bay Aluminium Overall Excellence Award 2012

Bendigo Bank Material Girl  
Selections 2012  
Tasmanian Regional Arts Touring Exhibition

*Available for viewing  
At GONE RUSTIC  
Tues - Sat 10am to 3pm  
Until 31st July  
Phone Rita 63722724*

Break O'Day Regional Arts  
Annual General Meeting  
4pm Wednesday 5th September 2012  
Venue "the e.ScApe cafe" St Marys  
All Welcome.



## BASKET MAKING FROM THE GARDEN

**Saturday and Sunday - July 14th & 15th**

**Time: 9am to 4pm Cost: \$25.00**

**Place: St Marys Community Hall**

**Tutor: Helen Napier**

**Autumn / Winter** is a great time for pruning and gleaning interesting and productive materials for basket making.

Some materials may be used fresh, some dried and some both!

### Materials to dry:

Red Hot Pokers, montbretia, watsonia, iris, gladioli, ginger, cane and day lilies, New Zealand flax, mint, bull rush.

Tie the material by the tips in bundles and hang up to dry – not in direct sunlight. Drying time will vary – 3 weeks or more. For storage, wrap in bundles of dry newspaper.

**To prepare for use:** - the day before soak in water for 5 – 10 min then wrap in old dry towels or sheets of dry newspaper and leave overnight. Only wet enough for one days use.

### Materials to Bring Fresh:

Willows, dogwood, fruit tree prunings, suckers, blackberry, broom, cotoneaster.

Cordyline (cabbage tree palm) picked up off the ground and soaked overnight.

**Vines:** - if not used green maybe coiled and stored in a dry place away from direct sun.

Try – jasmine, ivy, wisteria, hardenbergia, honeysuckle, Virginia creeper, periwinkle, clematis, grape, muehlenbeckia, briar rose, and kennedia.

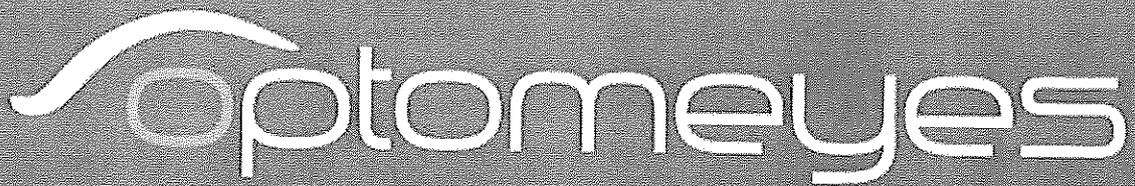
**To Prepare for use:** - soak overnight in water

Be inventive!!! – Sweet corn leaves and husks, bark and fibres from trees, flower stalks of agapanthus, pokers and iris. Lavender, pine needles, seaweed, gum nuts and seed pods.

### For the workshop:

Comfortable working clothes, apron, materials, sharp secateurs, pliers, pen & paper, strong clothes pegs x 12, large darning or bag needles, string & strong thread, old towels (wetting and wiping) If you can collect large quantities of one material bring it and swap with others. Don't forget your imagination! We'll have some fun constructing several different baskets.

**Contact to enroll: Robina Balzer 6372 2022 For More Information: Helen Napier 6372 2253**



## OPTOMETRISTS VISITING ST HELENS

Optomeyes are your long term East Coast optometrists, offering friendly, professional eye care to the people of St Helens for more than 25 years.

Susan Sluce and Greg Dennis make regular 3-weekly visits to the St Helens Medical Centre, and will

bring with them fashion frame selections for your convenience.



Susan Sluce



Greg Dennis

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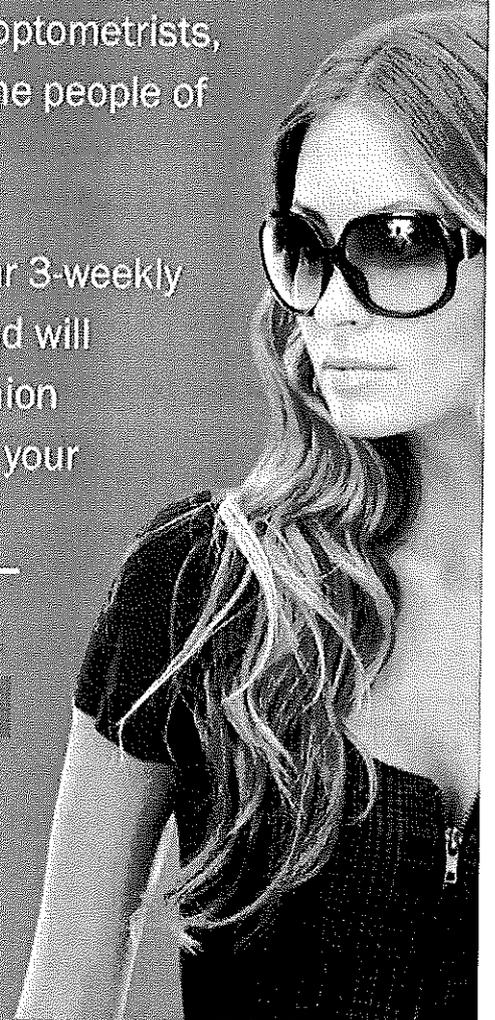
### NEXT VISIT DATES:

*19th & 20th July*

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To make an appointment to discuss all your vision needs, call Targett Pharmacy on

**6376 1374**



SEE LIFE DIFFERENTLY

[WWW.OPTOMEYES.COM.AU](http://WWW.OPTOMEYES.COM.AU)



*St. Marys Tigers Football Club Inc.*

## Casual Weekly Footy Tipping Competition

Think you know your footy? Then have a crack at our weekly footy tipping competition. Just pop into the Post Office and grab a tipping form. Make your picks and then lodge it at the Post Office with \$2.00 by 4.00pm each Friday.

Half of the weekly pool will go to the footy club and the other half will go to the weekly winner. As well as picking winners entrants will be required to nominate the winning margin of one selected game per week so we can (hopefully) ensure that there is only one winner per week.

Up for grabs – weekly bragging rights and a bit of pocket money, plus you are supporting your local footy club.

**Entry forms available at the  
Post Office now.**

# Tim Morris MP

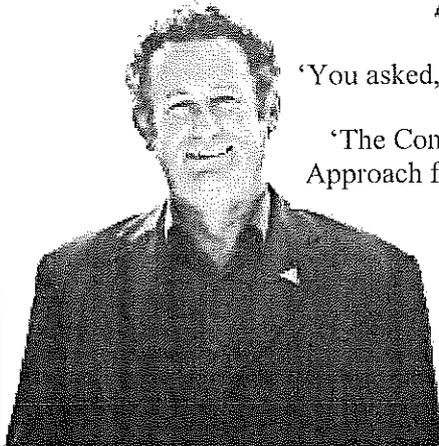
Tasmanian Greens Member for Lyons



Tasmania

'You asked, we delivered'

'The Common Sense  
Approach for Tasmania'.



**New Address:** Shop 9, Covehill Shopping  
Centre, Bridgewater 7030

**Phone:** (03) 6263 3801

**E-mail:** greens@parliament.tas.gov.au

**www.tas.greens.org.au**

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

## JACK MICK MOWING

### JACKSON SPILSBURY & MICHAEL CAMPAIN

St Marys

63 722 220  
0438 637220

## Valley and Coast Hobby Craft and Arts Guide.

Thanks to all those contributing to this guide for either groups or individuals.

Your permission to add content to these great activities in knowledge skills or information will hopefully aid others keen to try new things. We welcome more groups to add as time goes on so ring Rod McGiveron on 6372 2215 or email me at [rodneymcgiveron@bigpond.com](mailto:rodneymcgiveron@bigpond.com) any time to come on board. Thanks again.

**CRANKS AND TINKERERS** (St.Marys)... Anything mechanical /classic cars / modelling. You name it ...we do it. Contact Ian Summers on 6372 2724 or Grant Faulkner 6372 2335 (business hours) "Get your motor started".

**SWANSEA MODEL YACHT CLUB** (Swansea) Model yacht/boat building and racing.

Contact Barry Lord (Commodore) on 6257 8200 or email [halahcottage@bigpond.com](mailto:halahcottage@bigpond.com) or ring Secretary Cheryl Hodgetts 6257 8548. email: [bill49@bigpond.net.au](mailto:bill49@bigpond.net.au).

"Just like the real thing only smaller".

**GONE RUSTIC** (StMarys) Contemporary art and craft, quilting, card making and regular workshops. Contact Rita Summers at 6372 2724 or email: [gonerustic@yahoo.com.au](mailto:gonerustic@yahoo.com.au) "come and say g'day".

**LAUNCESTON MODEL AERO CLUB (LMAC)** Headquarters at Symmons Plains. Everything radio control RC. aeroplanes, helicopters and gliders. Contact Kevin Hay (President) or Geoff Hays (Secretary) by typing in Launceston Model Aero Club in your browser and send us a message via the Contact Us links on our website and... "Come fly with us".

**JOHN McCOLL** (St Marys) Sculpting, sketching and art skills and contacts. Ring John on 6372 2413 for tips, advice, help or leave a message.

**PETER TROODE** (Addlestone House B/B St. Marys) All things photography. Contact Peter for help, guidance or tips on 6372 2783 and he'll help if he can. Or leave a message.

**ST MARYS FITNESS GROUP.** All level fitness to music. Lots of fun on Monday and Thursday evenings. All welcome any age. Ring Fran on 6372 2614. Love to hear from you.

**BREAK O'DAY WOODCRAFT GUILD** (St Marys Railway Station) We provide a centralised meeting place for mature men and women to share skills, knowledge, access to services, building of friendships and projects and we welcome newcomers to our community. Open Mondays, Wednesdays Fridays and Saturdays. Contact Cr. Reon Johns on 0429 722 091 mobile or 6372 2094 home. "Come and join us sometime".

**SUNCOAST SINGERS** (St Helens) We sing, sing, sing. Get together at St Helens on Fridays from 10am-12.30 pm. For more info ring Maryanne Wadsworth on 6376 2969 or email her at [mawadsworth@yahoo.com.au](mailto:mawadsworth@yahoo.com.au) "If you can yawn you can sing".

**RODNEY MC GIVERON / PAUL DAVERN** American HO Model Rail. If interested in model rail contact Rod on 6372 2215 or email [rodneymcgiveron@bigpond.com](mailto:rodneymcgiveron@bigpond.com) or call Paul on 6372 5526 sometime. "See you down the line. woo.hoo".

## Rae & Partners

Lawyers Barristers & Solicitors

Visiting :

St Marys Community Health Centre

Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555 For appointments.

**Scamander Beach  
Surf Shop**

6 Lagoon Esplanade  
Scamander

Ph: 6372 5529

Scamandersurf.com

Bathers Wetsuits DVDs  
Clothing Footwear  
Bodyboards

**Surfboards:**

Milch McTavish  
Surftech Bic G Boards

**Bay Surf Shop**

2 Pendrigh Place  
St Helens

Ph: 6376 1755

**FINGAL VALLEY NEIGHBOURHOOD HOUSE  
NOTICE**

FREE LEGAL LITERACY ON TUESDAYS 11 TO 4- OPEN TO EVERYONE IN THE VALLEY FOR FREE LEGAL HELP - THOSE FORMS, CONTRACTS, INFO ETC...

NEED HELP WITH READING , WRITING, OR MATHS ? - HELP AVAILABLE IN THE VALLEY - FREE LITERACY PROGRAM - PHONE - 6374 2344 TO ENQUIRE....

VOLUNTEERS NEEDED - HOW ABOUT DRIVING FOR THE HOUSE ON A CASUAL BASIS? WORK IN THE OP SHOP? DESIGN A PROGRAM? GREAT TO SATISFY CENTRELINK REPORTING REQUIREMENTS...

PLEASE PHONE OR POP IN AND SEE DEB...  
6374 2344 OR 0488 562 538

**Community Transport Drivers Needed!**

**Do you enjoy working with people  
and like to help your community?**

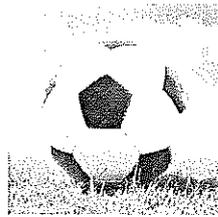
**We have a desperate need for more  
drivers to assist our mostly elderly  
clients access medical appointments  
and to enjoy social outings.**

**We need your help to  
make this happen!**

**Training and support is provided.  
For more information contact  
JAN SAUNDERS on 6372 2137**

**WE NEED YOU!**

**Community Transport Services Tasmania Inc  
is funded by the  
Home and Community Care Program.**



**St Marys  
Soccer Club**

*"Play the World Game"*

*Thursdays - 3pm*

*School Oval*

*All ages, boys & girls*

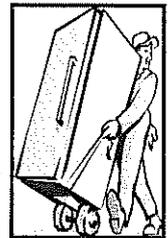
*Phone Tree: 6372 2309*

**Ransley's Appliance Service**

P O Box 136  
Scamander Tas 7215

- Washing machine NOISY?
- Refrigerator runs too LONG?
- Clothes dryer blows cold AIR?

**Then you need the service  
of our technicians.**



**Ring us on: Scamander: 6372 5307  
Mobile: 0428 761 811**

**Dick Adams MP**  
Federal Member for Lyons

Please contact one of my offices if I can be of any assistance  
53B Main Road 58A High Street  
PO Box 50 PO Box 271  
Perth, Tas 7300 New Norfolk Tas 7140  
Ph 6398 1115 Ph 6261 3366  
Toll free 1300 132 689  
Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU FOR A  
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

# STAR FM

## Program

## Guide



	Mon	Tu	Wed	Th	Fr	Sa	Su
Brekkie	Toast and Jam with Mary-Anne	Brekky with Mary Anne	"Wake up" with Bobster	Bob's Breakie Show	Bobs - Friday Breakfast Show	Saturday Morning Show with "Corfe"	Chuckers Sunday
Morning	RFM On Star FM	Have a Hoot with SKOOT	Starry Starry Morning The Trace Element	The Morning Show with "Harpo"	Classic 60's Music Mix	Jiving with JeannyMaree	
Arvo	In the mood with Laurelle	Jeany-Maree 's 2 for Tuesday	Your host with the "Most" Terry Post	Around the world with Tim	Friday round-up with RFM	Colin's History and Mystery Music	In the Mi with The Element
Late afternoon	Shut up and Drive with the "Element"	After School with Neesha and Chloe	<b>Drivin' with Damo</b>	In the back seat with Angela	Hot Hits with The Jackster		Dave's Blues Mix
Eve	Mellow Monday's with Roger	Neville's Country Corner	Mary Anne's Thanks for the Memories	Thursday Night "LIVE" with "Chucker"	Mare's Boiler Room	Brians Party Mix - til late	
	Dr Sax with Roger	and more			Party With Jeanny Maree		



**EAST COAST PHONE & COMMUNICATIONS**

PHONE & DATA CABLING  
 Mobile Phone Antennas  
 DIGITAL TV & FM Antennas  
 DVD-Set Top Box - Audio Installations  
 NEXT-G Wireless Internet Antennas  
 AUSTEL LICENCE

JOHN HERON  
 EAST COAST PHONE & COMMUNICATIONS  
 Mob 0409 959121  
 A/H 63722402

CCTV - Cameras & Monitors  
 Phone & Intercom Systems

## CLEAN CRACK LAUNDROMAT

32 MAIN ST., ST MARYS  
(NEXT TO SECONDHAND ROSE)

Coin operated washers & driers



**OPEN FOR BUSINESS**

Winter trading hours:  
7am - 5.30pm (ish)  
(Fri & Sun a little later)

## EAST COAST GLASS

Falmouth Ph: 6372 5361

- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



Locally owned and servicing the East Coast.

Call David and Anne Cannon  
for prompt and reliable service.

## HARRIS FUNERALS

Lindsay & Diane  
(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

### Office & Residence:

114 Cecilia St  
St Helens

### Chapel:

46 Tully Street  
St Helens

We are here when you need us  
to arrange Burial or Cremation.

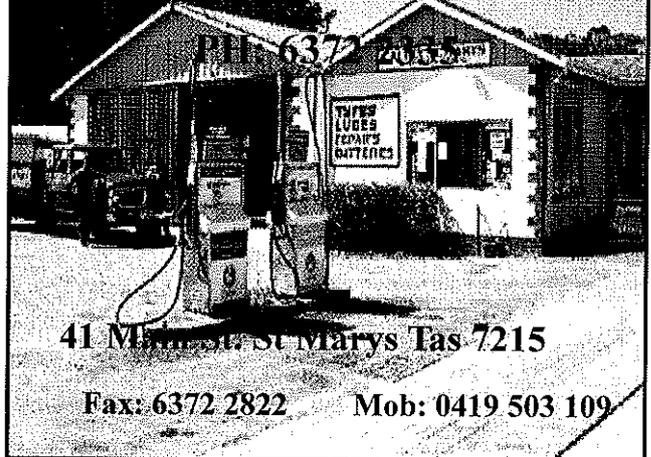
Pre-paid and pre-arranged funeral plans are available.



St Marys Police Phone Number 6372 1010  
Non Urgent Number 131 444  
Urgent and Life threatening 000  
SES (Flood & storm only) 132 500  
Fire 000



## CAITEX ST MARYS MECHANICAL REPAIRS SERVICE



41 Main St. St Marys Tas 7215

Fax: 6372 2822 Mob: 0419 503 109

Remedial Massage and Naturopathy  
ring Sue Christiansen for an appointment.  
0418 515 419

### The Valley & East Coast Voice Guidelines.

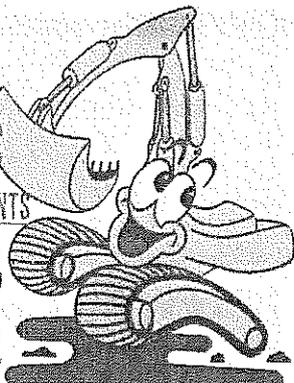
- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

# C & D EXCAVATIONS

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033

Mobile : 0439 722 032



LOCAL OWNER - OPERATOR  
OVER 20 YEARS EXPERIENCE

Ph : Dana or Craig

6372 2033 /0439 722 032

## Incorporating all your needs in:

DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE, BRIDGE CONSTRUCTION.

- ◆ ROAD GRAVELS
- ◆ TOP SOIL
- ◆ SCREENED TOP SOIL
- ◆ SAND
- ◆ ROCKS
- ◆ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ◆ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ WHEEL LOADER

AND MUCH MORE



**St. Helens Electrical**

ROD SHAW

LIC: C00489

Domestic, Commercial, Industrial:

*Wiring and Repairs, Rewires,  
Underground.*

Home Heating:

*Advisory, Sales & Installation of heat  
pumps and fixed heaters.*

Lighting Specialist :

*Interior and exterior, Advise,  
Sales and Installation.*

Ph: 6372-5522 Mbl: 0407-615-072

2 Lagoon Esplanade, Scamander 7215

# SPLASH

ST MARYS

*You swill it, we fill it!*

*You dump it, we pump it!*

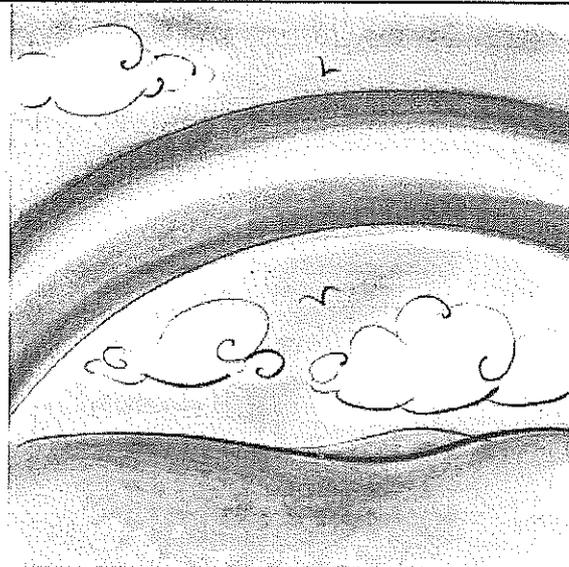
Water cartage

Septic pumping

Contact: Mick

**0488 777713**

**SHOP LOCALLY AND SAVE**



## STRESS DOWN DAY

## & S.A.D AWARENESS

(Seasonal Affective Disorder)

The Winter months can make us glum,  
So let's have a little Seasonal fun!

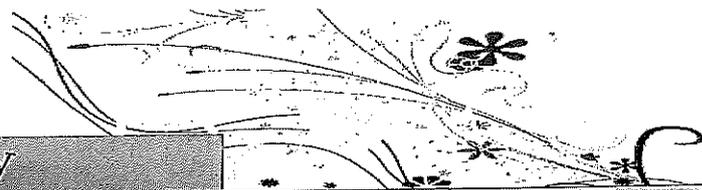
Dress as a 'Rainbow' with lots of colour  
And help give a smile to one another.

**Wednesday 25<sup>th</sup> July**

Gold Coin Donation

All proceeds to Lifeline Tasmania

Prize for the Best Dressed Rainbow  
Drawn at 2:00pm at the Day Centre  
St Marys Health Centre



**JULY**

Monday	Tuesday	Wednesday	Thursday	Friday
				13th July * Launching into Learning—Fingal Campus 9.30am - 11.00 am  * PRIMARY ASSEMBLY—LED BY 2-3 SCALES
16th July * PY10 Exams * Grade 9 Camp * Grade 10 Work Experience week * Active After School P-3	17th July * Student Banking * PY10 Exams * Grade 9 Camp	18th July * Active After School Gr 4-8 * Bravehearts parent session 9.00—9.30 * K-2/3 Performance—Fingal Campus 11.30—12.00 * PY10 Exams	19th July * Stepping Stones - St.Marys Kinder 1.00pm—2.00pm  * Launching Into Learning—St.Marys 10.30 am—12.00pm * PY10 Exams * Country Gold Training—Scamander 3.45	20th July * Launching into Learning—Fingal Campus 9.30am - 11.00 am  * PY10 Exams
23rd July * Active After School P-3	24th July * Student Banking	25th July * Active After School Gr 4-8	26th July * Stepping Stones - St.Marys Kinder 1.00pm—2.00pm  * Launching Into Learning—St.Marys 10.30 am—12.00pm	27th July * Launching into Learning—Fingal Campus 9.30am - 11.00 am
30th July *	31st July * Student Banking	1st August *	2nd August * Stepping Stones - St.Marys Kinder 1.00pm—2.00pm  * Building Blocks to Launching Into Learning—St.Marys 10.30 am—12.00pm * Country Gold Training—Scamander 3.45	3rd August * Launching into Learning—Fingal Campus 9.30am - 11.00 am  * PRIMARY ASSEMBLY—Led by 2/3 Mackenzie/Mason
6th August *	7th August * Student Banking	8th August *	9th August * Stepping Stones - St.Marys Kinder 1.00pm—2.00pm  * Launching Into Learning—St.Marys 10.30 am—12.00pm * Country Gold Training—Scamander 3.45	10th August * Building Block to Launching into Learning—Fingal Campus 9.30am - 11.00 am

Above calendar is correct at time of printing For regular updates and other information please go to the school website:-

[www.schools.education.tas.gov.au/stmarys](http://www.schools.education.tas.gov.au/stmarys)

**SECOND HAND CLOTHES**



THE PRIMARY TEAM ARE DESPERATELY SHORT OF CLOTHING TO CHANGE CHILDREN INTO AT SCHOOL.

WE ARE PARTICULARLY SHORT OF THE FOLLOWING ITEMS:-

- ◇ GIRLS AND BOYS UNDERPANTS
- ◇ SOCKS
- ◇ TRACKPANTS AND TROUSERS

IF YOU HAVE ANY ITEMS OF CLOTHING YOUR CHILDREN HAVE GROWN OUT OF AND YOU ARE ABLE TO DONATE THEM TO THE SCHOOL IT WOULD BE MUCH APPRECIATED.

ROS SMITH  
AST (PRIMARY)

# Fingal Campus School News



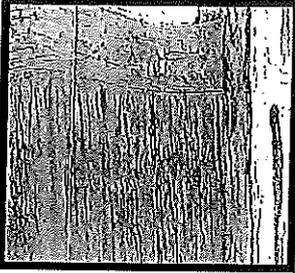
## The Bedroom - Vincent Van Gogh Grade 2/3/4

### Vincent Van Gogh

Vincent's painting was done in 1888. The painting was called The Bedroom. It was done in oil. Mrs Lewis decided that she wanted our class to sketch and paint The Bedroom. I enjoyed the activity because we learnt about Vincent Van Gogh.

By

Ruby  
Brewer  
Grade  
Three



### The Bedroom

One Friday Mrs Lewis came to our school and we sketched a famous painting called The Bedroom. Ryan and I drew a part of the floor. It was challenging to draw. Then we went and asked Mrs Lewis for some help. She helped us and we tried to do some sketching. Mrs Lewis completed the rest of it. Ryan went and got water while I went and got the pencils. We started. I messed up some of the colouring. I felt the activity was lots of fun.

By Jayden  
Brown  
Grade Four



### The Bedroom

The 2/3/4 class sketched and painted an Art work by Vincent Van Gogh titled The Bedroom. Mrs Lewis gave the students a square part of the painting. We had to sketch the small square onto a larger square. Mrs Lewis put the squares together. Jayden and I helped each other. Jayden and my painting is of a chair.

By

Ryan Madden  
Grade  
Four

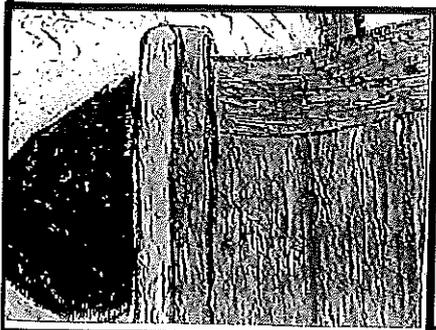


### Vincent Van Gogh

My Friend and I did a painting of a bedroom which belonged to Vincent Van Gogh. We used blocks of paints and water colours.

By

Lauren Templar Kunta  
Grade Two



### Vincent Van Gogh

Last week, Mrs Lewis came for art. She got the activity ready. We did an art piece by Vincent Van Gogh called The Bedroom. We all got a square part each. We could choose to do it with a partner or do it by ourselves. Then we got a piece of paper and started but you had to do it in pencil first. Next we did it in water pencils. When we were done we put them in the other room to dry. I really liked this activity because I liked learning about artists and looking at what they paint.

By Shyann Wheldon Grade Four



# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

Dr Latt 12/7/12— 27/7/12

Dr E. Reeckman  
19 July 2012  
Women's Health Clinic

For appointments phone: 6372 2111

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply

## St Marys Community Health Centre

### GP Surgery Hours:

Monday—Friday

**8:50am-10:00am**

10:00am-10:30am— Reception Closed

**10:30am- 12:30pm**

12:30pm-1:30pm— Lunch Reception Closed

**1:30pm-2:45pm**

2:45pm-3:15pm— Reception Closed

**3:15pm- 4:30pm**

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

## IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments **1 week in advance as of 11/07/12**

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

## PATHOLOGY SERVICE

No Pathology Service between  
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am an appointment must be made with the Nurses Station the day/night before** by phoning 6372 2111

## CAR PARKING AT CENTRE

Please be aware that the Community Health Centre is in the process of doing some basic resurfacing and extensions of the car park located at the rear (behind old Ambulance Shed) of the centre. This area is currently off limits for parking.

Some parking spaces are still available near the entrance door and for disabled parking but if you are able please park in the front car park located off Gardiners Creek Road. Thank you for your cooperation during this time.

## INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

## **AUDIO CLINIC** TASMANIA

The hearing care professionals

Audiologist, Dr Rowan Foster will be visiting The St Marys Health Centre on a monthly basis as of 27<sup>th</sup> February 2012.

Audio Clinic provide hearing tests for adults and children over 5 years, Hearing Aid advice and fittings, Tinnitus Counseling, Custom earplugs, and Central Auditory Processing Testing.

Audio Clinic are accredited under the Commonwealth Office of Hearing Services to *provide free and subsidized hearing aids and services to eligible pensioners.*

The clinic is called Audio Clinic Tasmania and our contact number is 1800 057 220 or direct on 6334 1466.

Next session: 23rd July 2012

## AFTER HOURS CONTACT NUMBERS

Please phone  
GP ASSIST ON- 1300 780 011  
AMBULANCE 1800 008 008 or  
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE  
6372 2111

**Please RING before presenting after hours**

# ST MARYS COMMUNITY HEALTH CENTRE

## WHAT'S ON AT THE CENTRE

- 12 July **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 13 July **GP North Psychologist**. For appointments please see your GP for a referral
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 16 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- TLC Meeting** (Tasmanian Lymphoedema Centre) 10:00am in the Day Room
- 17 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.
- 18 July **GP North Psychologist**. For appointments please see your GP for a referral
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- 19 July **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- GP Podiatrist**– Annabelle. For appointment please see your GP or Health Professional for a referral.
- 20 July **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- GP North Psychologist**. For appointments please see your GP for a referral
- Dietician (GP North)** - Appointments available by referral from your GP
- Diabetes Educator (GP North)**- Appointments available by referral from your GP
- Exercise Physiologist (GP North)**- Appointments available by referral from your GP

## WHAT'S ON AT THE CENTRE Continued...

- 23 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Audio Clinic** phone 63341466 for appointments
- 24 July **Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.
- Tom Bain, Rae & Partners Lawyers**. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 25 July **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Social Worker**– Shan Williams appointments available by phoning 6372 2111
- GP North Psychologist**. For appointments please see your GP for a referral
- 26 July **Continence Nurse**. For appointment please see your GP or Health Professional for a referral.
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- 27 July **GP North Psychologist**. For appointments please see your GP for a referral
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- 30 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 31 July **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.

## SMOKE FREE ZONE



As of 1st July 2012 the St Marys Community Health Centre will be a SMOKE FREE ZONE.

This applies to staff, patients and visitors to the site and grounds.

Thank you to everyone for their compliance with the no smoking policy to date. Your cooperation is appreciated.

This is a requirement of all sites of the Department of Health & Human Services.

## MEALS ON WHEELS ROSTER

July	St Marys	Fingal
Monday 16th	Pam Lynch	Neighbourhood House
Tuesday 17th	Val Spencer	
Wednesday 18th	Liz Rice	
Thursday 19th	Yvonne Salter	
Friday 20th	Hannah Rubenach	Neighbourhood House
<b>MOW Contact Phone:</b>		<b>0488 384 344</b>
Monday 23rd	Pam Lynch	Neighbourhood House
Tuesday 24th	Pam Bretz	
Wednesday 25th	Lorraine gill	
Thursday 26th	Ruth Aulich	
Friday 27th	Drew Adam	Neighbourhood House

## Church Services

### Catholic Parish of St Marys

Sr. Lorraine Groves  
Parish House. Ph: 6372 2252  
Mob: 0409 172 741

#### 1st Sunday: MASS

St Helens Vigil L/W 6.00pm  
Bicheno L/W 9.00am  
Fingal 11.30am

#### 2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm  
St Marys LWC 9.00am  
Bicheno LWC 9.00am  
Fingal LWC 9.30am

#### 3rd Sunday: MASS

St Helens Vigil 6.00pm  
St Marys 9.00am  
Fingal 9.30am  
Bicheno 9.00am

#### 4th Sunday LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

#### 5th Sunday LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

Enq: Baptisms & Weddings  
Ph: 63 31 4377

Church of Apostles  
Presbytery

Officer Hours: 10.00am - 3pm.  
Sr Marjorie Ph: 6381 1122.

### Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays  
Fingal: 3 pm 1st/3rd Sundays  
Mathinna: 3pm 2nd/ 4th Sundays  
Ross: 11am 1st/3rd Sundays  
Campbell Town: 9am every Sun.  
(3rd Sunday -Family Service)

### Anglican Parish of Break O'Day

Ph: 6376 1144

8am St Helens  
10am St Marys  
10.30am St Helens  
4<sup>th</sup> Sunday Kids Church  
Pyengana, 2pm,  
3<sup>rd</sup> Saturday of each month -  
Community Dinner @ St Marys

### Salvation Army TUESDAY JAM

3-5pm every Tuesday,  
excepting school holidays.

Envoy Melanie Norton Ph: 63722099

#### SUNDAY JOY 12.30pm

this is a bring-and-share lunch followed  
by a great time of friendship  
and fellowship. You are very welcome  
to join us and share our JOY!

Ph:0409 838 816.

### Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am  
Fingal 11.15 am

### Seventh Day Adventist

Hodgeman Street Scamander  
Sabbath School 10 am  
Divine Service 11 am

## Contacts for Valley Voice

PH: Judy: 6372 2155

email: [judith.spilisbury@telair.com.au](mailto:judith.spilisbury@telair.com.au)

Accounts: Mary: 6372 2328

Please leave written material at the  
St Marys Pharmacy,  
Main St, St Marys,  
or post: C/- Post Office, St Marys Tas 7215

### **Advertising: 2012**

Classifieds: **25 words or less: free**

Community notices: **free.**

Small boxed ads. Garage sales. Greetings.

Thanks etc. **\$12.**

¼ page **\$20.** ½ page **\$30.**

Full page **\$50.**

1 year posted subscription **\$40.**

**Copy of guidelines available on request.**

## **On Air Now!**

**Vision FM 88.0 at**

**St. Marys, St Helens and Fingal.**

The Breakfast program is now hosted by  
Matt and Karen on weekdays.

There are now over 500 stations  
Australia wide.

100% positive music & talk all day long;  
connecting faith to life.

National Vision Radio Network.  
Phone 1800 007 770.

## **St Marys Online Access Centre Opening Hours:**

**Monday 10am -3pm**

**Tuesday 10 am-4pm**

**Wednesday 10am-4 pm**

**Thursday 10 am - 3 pm**

**Friday 10 am - 3 pm**

**Saturday 11 am - 2 pm**

**Ph: 6372 2005**

## **ST MARYS OP-SHOP**

**SUPPORTING YOUR LOCAL SCHOOL**

**WINTER OPENING HOURS:**

**MON TO FRI. 11AM — 4PM**  
**(WHERE VOLUNTEERS ARE AVAILABLE)**

**ST MARYS MARKET SATURDAY**  
**10AM—1PM**

**PH: Janet Drummond: 6372 2851.**

**Shop will only be open as volunteers are  
available. So sometimes the shop might  
have to open late or close early.**

If you're interested in assisting the school  
and volunteering at the Op Shop, please  
contact Janet Drummond 6372 2851.

## Sports and Social Club News:

A lot to get through this issue, firstly to our AGM, thanks to a very hard working crew in the last 12 months, the club had a complete turn around in our total finances. The clubrooms are now being utilized for many varied functions, which saw an increase in our catering and bar turnover. Without narrowing it down too finely and upsetting people, it has been a great team effort. This year's committee is **President**, Chris Davern, **Secretary**, Glenn McDonald, **Treasurer**, Jim Turner and **General Committee**, Mark Carrick, Bobby Harwood and Jack Viney, **Patron**, Kevin Faulkner. Thanks to you all for committing to the upcoming year. The club will have our subscription notices out soon, no change to the costs from last year.

**Golf:** congratulations must firstly go to Chris Davern for winning the coveted East Coast Championship at Bicheno last weekend, what a great effort! Chris shot 77 off the stick to seal the victory. Shae Ward also cleaned up the junior award, well done. Also thanks to Mark Carrick and Barry Harrison for representing the club in the event.

This Saturday the 14<sup>th</sup> July sees our new golf season kick off with a stableford competition. It is a MUST that we get these events underway with the support of a few numbers, to keep the interest in the club going. The following Sunday the 22<sup>nd</sup> will be a two person ambrose, all golf events start at 10:00am. We will also be hosting the time honored Spilsbury Trophy on Saturday the 28<sup>th</sup>, as some of the family are traveling back to St.Marys to compete on the day, it is a must that everyone that can, be available to play on the day. More golf events will be listed in the next issue including, the reverse course, a couple of memorial trophies, chip and putt event and much more.

**Bowls:** Much has been said so far about the new look competition for next season, with the usual trepidation about the new format. At this early stage, we would predict that as not much is known about the new rules, it may be better to hold off on any personal decisions until everyone knows the direction the Association has taken. It would certainly be a tragedy if people's views were clouded before the format is even known.

**Fundraising:** Our Christmas in July takes place at the Centre on Saturday 21<sup>st</sup> July, please read the advertisement in this issue and book a table ASAP to help with the catering, numbers are good at present so if you are looking for a night of fun and entertainment please come along.

Our next pairs crib night, which have proven extremely popular, will be on Saturday August the 4<sup>th</sup>, book this one in the diary, as the reigning champions, Paul & Barb Davern currently hold bragging rights, come along and see if you can knock them off their mantle.

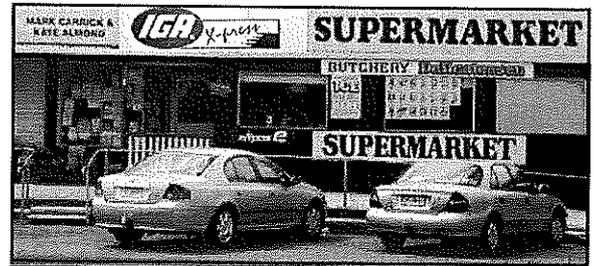
See you at the Centre.



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### *This week's specials.*

*(available from Thurs 12 July - Wed 18th July)*

#### *from the butchery*

Rump steak	\$10.99kg
Gerello roast	\$ 8.99kg
Ingham chicken thigh fillets	\$10.99kg
Forequarter lamb chops	\$ 9.99kg
Beef stirfry strips	\$12.99kg

#### *from the coolroom/freezer*

Birds Eye oven bake fish 425g	\$7.00
Birds Eye oven bake chips 1kg	\$3.00
Sargents Traditional meat pies 4pk	\$5.75
Devondale extra soft butter tub 500g	\$2.99
Yoplait Yoghurt 6pk	\$4.99

#### *from the shelves*

Duo laundry powder value pack 1.4kg	\$3.99
Nestle Milo 450g	\$4.99
Arnotts assorted creams 500g	\$2.99
Kleenex cottonelle toilet tissue 16pk	\$7.99
Devondale long life milk 2lt	\$2.49

### *next week's specials*

*(available from Thurs 19th July - Wed 25th July)*

#### *from the butchery*

Legs of lamb	\$10.99kg
Blade steak	\$ 8.99kg
IGA corned silverside	\$ 6.99kg
Ingham gourmet chicken portions	\$ 5.59kg
Nicholls Chicken Kiev burger	\$9.99kg

#### *from the shelves*

Sanitarium Weetbix 750g	\$2.99
Moccona Classic coffee bonus 250g	\$11.99
Schweppes/Pepsi soft drink 2lt	\$2.19
Ajax Spray 'n' Wipe trigger 500ml	\$2.99
Raguletto pasta sauce 500g	\$1.79

#### *all only \$1.99*

Morning fresh dishwashing liquid 450ml
Smiths potato chips 175g
Arnotts shapes 160/190g
Uncle Toby's muesli bars 120/185g
Fab Ultra laundry powder 500g