

## The Valley & East Coast Voice

Est. 1968

Volume 45 No. 4, Thwisday June 14, 2012.

50 cents

### The Say Cagerattler

Whenever I'm on the internet I usually look out for information on anything rail because I find it really interesting. Only a couple of days ago I found a promotional video made in 1987 about Tasrail. It was fascinating and revolved around the about to happen refurbishment of the services and marketing of our (even then) run down railway. The 20 minutes or so showed all sorts of aspects of rail in Tasmania including Fingal Valley coal services. Over a very long time successive State Governments kept failing to continually value-add to a transport hub that every successful place must have, without exception.

This documentary from a quarter of a century ago predicted that perhaps by 1995 Tasmania could have at least a break-even /small profit system up and running. It turned out to be 1997 before that was approaching the case it seems, but it wasn't until the whole system was reaching critical mass in much more recent years that at last a State Government, the current one, finally decided to bite the bullet and spent some real money to replace some of the infrastructure that, long term, will help a lot more people get their goods around the State.

At the moment they are spending \$208 million dollars which will replace ageing slow speed rated track, replace the 40 year old fleet of 35 locomotives with 17 newly designed and highly efficient ones and tenders for new, again efficient rolling stock are to be put out soon. Only this week the new General Manager of Tasrail was updating an afternoon radio presenter on that the first phase of track renovations critical to successful outcomes was within two years of completion and that the design part of the locomotives in the USA was complete and that late 2013 we should see some delivered. This is amazing news and under no circumstances can we allow our politicians to do a "1987" and back off with our much needed rail system otherwise in another 25 years we'll still be talking about it. In the USA the whole transport industry, which is vast, is inexorably linked by their incredible railroad system to every corner of the country and even into Canada.

Their freight costs are much, much lower due to efficient rail delivery, intermodal systems link shipping and road truck companies into the mix and the pollution effects are greatly reduced because of a lot of hard work and evolution of their transport systems.

Everyone wins in the long run. There is no reason why Tasmania can't try to be just the same. We are an island relying heavily on transport for so much of our daily needs and if ships, trucking companies and importantly rail for the really heavy stuff could "intermodal" a lot more our own service delivery could be one to be really proud of.

One day maybe freight, passenger and scenic rail will be able to share track and services too and be an integral part of getting around our State provided "1987" is not repeated all the time.

What do you think? (Column by Rod McGiveron)

Suncoast Jazz Club gig

will be held at
Portland Hall, St Helens
on Saturday 30th June
from 12noon - 2pm.

Featuring this month we have the Launceston College Boys Band. Admission \$7 Pamela Parsons - Suncoast Jazz Club Inc.

Pamela Parsons - Suncoast Jazz Club Inc.
Treasurer/Publicity

<u>Please note</u>: Deadline for articles in the next Valley Voice is 5pm <u>Tuesday June 26, 2012</u> <u>EMAIL ADDRESS</u>: judith.spilsbury@telair.com.au

## Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The Tasmanian Lymphoedema Centre Inc., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standardbeginners welcome-childminding included - lovely safe place to bring toddlers while you play. Ring Annette- 6372 2224.

Playgroup at Falmouth Community Centre. Fridays 10.30 - 12.30. \$2 per family. Please bring a piece of fruit for sharing and your child's own drink bottle & sun protection. Bikes and helmets welcome. Details contact Michelle: 6372 2835 / 0418 271 315.

Are you doing/interested in Homeschooling? Keen for a local network? Contact Michelle: 6372 2835 / 0418 271 315.

St Patricks Head & Esk Valley Historical Society Inc meets every second month on the third Wednesday at 3pm at various venues throughout the valley. For details please contact: Barry (6372 5752) (email: aulich@bigpond,com) or Jim Haas (6372 2127) (email: jimhaas@bigpond.com) Alternately you can check out our website: www.fingalvalleyhistory.com

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: 03 6372 5118.

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

**Break O'Day Regional Arts** - General meetings held on the first Wednesday of each month at 4.p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod 6372 2444.

Cornwall Community Development Group Inc. meets @ 6pm on the first Monday of each month in the Cornwall Hall. All interested persons are invited to attend. Wendy Dawson (secretary) Ph: 0403 430 452.

email: ccdginc@fastmail.com.au

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch 6376 3335.

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John 6376 4270 or Rose 6376 3335.

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shirl: 6372 2909.

**The Break O' Day Stitchers** meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

**Scamander Garden Club** meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: **6372 2762.** 

Employment wanted Gardening, odd jobs. Family man \$15 p/hr. Ph: 6372 2814.

Employment wanted
House cleaner, general cleaning duties.
experienced lady.
References supplied. \$15 p/hr.
Tiffany Ph: 6372 2814.

AGM

Fingal Valley Meals on Wheels will be holding their Annual General Meeting at the St Marys Community Health Centre Day Room on Thursday October 11, 2012, between 2pm—3pm. All welcome.

Note:- Good report from the Cook for our drivers. Life is hassle free because our drivers are all soooo dependable. PAT YOURSELVES ON THE BACK, you are a great group of drivers.

Lundy Vosper. (Sec)

## A Big Thank You to the St Marys Community

In response to Alex's request for used baby clothes we were overwhelmed with the generosity of the St Marys Community and surrounds.

We posted off nine large boxes of tightly packed clothes to Alex and she received them late last week. Alex was also overwhelmed when we spoke over the weekend.

Alex is planning a big "open day" on Friday where there will be a number of family based activities culminating in a community lunch and then the baby clothes stall. Alex indicated that it would be a massive day in the community and doubted that there would be many baby clothes left after the stall. Unfortunately Alex did not have time to write to the Valley Voice personally for this issue but will do so shortly. Alex was just amazed with the quality and variety of clothing provided and in particular the hand knitted beanies that will now become a feature of the community during the chilly winter months,

Alex has asked me to pass on her sincere appreciation for all the clothes; she feels great pride that her "home town" was able to be so generous and thoughtful. Alex will write her own response and forward some photos for the next issue of the Valley Voice. There are times when you get a little jaded with life but events like this certainly restore your faith in human nature and the generosity of the human spirit.

Harry Veldums.



100% cotton sling, brand new, never used. Newborn up to 9kgs. \$17. Cheaper than ebay, check it out. Ph:0411 186 573.

110litre fridge and bar. Just over a year old, perfect condition, suit small family. Reason for sale: we need a much bigger one. Price is \$120. Will deliver if needed. Ph: 0411 186 573.

Posture Supreme Queen Size Mattress (Suit Slat Base) Excellent condition. \$75. ono. Ph: Len Miles 6372 2285.

9 vertical blinds. Can be cut to suit any window size. Ex con. \$500 the lot or will sell separately. Ph: 6372 2608.

All steel heavy duty box trailer 4' x 5'. 8". Near new, Zincalume floor. Deep sides, plus removable sides above to increase load capacity. Will carry over one ton of wood. Leaf springs plus coil springs on axle. Strong unit. \$550. ono. 2 axle stands. \$20 the pair. Ph: Pete-6372 2398

1975 Mercedes 280s with 3mths rego. Good order. Burnt orange. 1977 Mercedes 280e, no rego, needs TLC. Burgundy. \$2,500 for both. Ph: 6375 1440.

1990 Mitsubishi Magna s/w 227,000kms. Rego 'til Dec '12. Good running order. \$800. Ph: 0427 603 488.

80HP Mercury, electric start, trim & tilt + 40HP electric start. Both with controls. Goes well. No further use. Cheap. Centre console with cable steering. \$100. Mags, as new, with new tyres. Suit HQ WB. \$900. Truck tyres and rims. 11R 22.5. Ph: 6372 2107.

\*Fencing & roofing mesh - Roof (trellis) 50m roll x 1.8 \$40 (qty.7rolls), Rabbit wire 50m x .9 & 1.2m (1.4 gauge) \$80 & \$120 (qty. 4 rolls). Unused. and very good con. Acrow Props - (3) Good condition \$50 ea.

BT Lifter pallet truck - good condition, roll 19mm metal strapping, 2 sets strainers/clamps, 2 / strapping stands, box clips - \$450 the lot - ono Fluorescent lights alu. feature channel (total approx 170m). Quality style. retail, warehouse Suit Good condition. shed. Sections: 3m \$60, 3.6m \$70. All intact but without power connecting lead. Big reduction for the lot. Can email details and pic. Supermarket fittings (Kingfisher) - (shelf brackets, pegboard & peghooks, posts, shelves, wire baskets etc.) - cheap. Pot Belly - stove/heater \$250. Wood stove, Metters Chef (on stand) \$350. Both in good con. Email pics available. Snow boots - New. Knee high. Sturdy, waterproof & insulated. Ideal "wellingtons", fishing, etc. Sizes 8 - 12 (straight) only. Qty.15 pairs.\$55ea. (cheap). Email pic available.

Push Bikes - (2) 26" Terramax. Ladies 26" Mojo Repco. Both good condition. \$130 each. 6372 2626.\*

Bargain. Bar. \$200. Built in oven, fan, bake, range hood cook top. \$285. Microwave. \$20. Ph: 6372 5441 or 0438 454 829.

FOR SALE; 1993 Ford Fairmont: 140,000kms. Very good condition inside and out, Six months rego and good tyres. Genuine reason for selling. \$2000. ono. Phone Gail or Rogder on 6372 5380.

Wheat for sale. 20kg bags, \$10. 20kg bags crushed, \$15. Contact Jason: 0419 514 947.

Kelvinator fridge only, with new door seal. \$85. ono. Gumboot style waders Heavy duty size 9. \$60. ono. Giant Cross City 2 road bike, near new. \$1050. ono. Falcon BA ute with canopy, auto. \$9600. ono. Nissan X trail 2003, auto. \$12,750.ono. Ph: 0417 385 787 or 6372 5101.

Saxon Blackwood inbuilt wood heater. V.G.C.. \$500. Ph:6372 2552.

**Delonghi Electric heater,** thermostatically controlled, has a 1000 watt or 2000 watt setting. The heater is 50 cm wide x 61 cm high, heater still in box \$50. Comes with free wooden decorative surround measuring 102 cm across x 97cm high and approximately 42cm deep.

Ph: 0424 944 384.



PASTA MAKER wanted - hand operated; good condition (0417 027 424)

HAT STAND/COAT RACK wanted - bentwood style/timber; good condition (6372 2724)

Orders taken for Sheep Poo - for the Scouts. \$4 a bag. **0412 803 027.** 

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Frozen blueberries - \$11 kilo Phone 6372 2341.

Garden mulch. Large square bales of straw. Free delivery in St Marys area. Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5.

Small bales of grass & clover hay. \$5. (undercover)

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158.

Grass Hay, heavy bales, shedded, \$5 per bale. Ph: Ross 0401 870 316.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

## Tasmanía Valleys of Adventure

GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each

month unless otherwise notified.

WHERE: TIME: Fingal Valley Neighbourhood House

7PM

All WELCOME.

Enquiries to the president on 63722783.

<u>Please note</u> - no meeting in June Next meeting - 7 pm on 16 July

#### Bicheno Indoor Market

When:

every last Sunday of the month

Where:

Bicheno War Memorial Hall

9am - 1pm

Hot Foods – come and enjoy breakfast, morning tea or lunch.

#### Variety of Stalls

More stall space available: Contact David Logie: ph. 6375 1129.



#### Sunday Market

Happening:

At the Old Tasmanian Hotel

#### On the third Sunday of the Month

Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle Needed: fruit & veggie stall holders

#### Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Cheryl on 6372 2194. Leave message.



#### St Marys Market

Rain hail or shine the markets will be held on the 1<sup>st</sup> Saturday every month in the community hall. 9am start.

New stall holders welcome. Phone Robina 03 6372 2022 or Sue 03 6372 2512

#### WATCH THIS SPACE

For Fingal Valley Film Club News.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

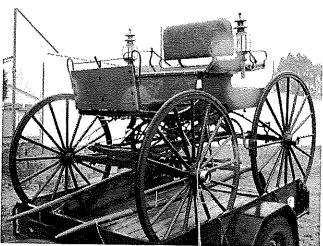
## Photos from Cranks & Tinkerers Classic Car show supplied by Dale Matheson.













#### www.fingalvalleyhistory.com

#### Pat Hartnett The Footballer

Many of the old hands in the district would argue that in its heyday the old Fingal District Football Association was the best country football competition in Tasmania. This argument is well backed up when you look at the amount of players from the Association who played with teams at the top level in Launceston, Hobart and the North West Coast. There were even a couple who went on to play in Victoria, the most noted of whom were Brian Lowe from Rossarden and Pat Hartnett from St Helens. Brian played with Geelong from 1961 to 1963 and Pat Hartnett had five seasons with St Kilda. Whilst both players are inducted into the Tasmanian Football Hall of Fame, it was Hartnett who played the most games in Victoria and gained the most recognition.

Pat Hartnett was born in St Helens on the 17<sup>th</sup> May 1910. He was the second youngest of well known local couple Maurice and Mary Hartnett. Maurice was prominent in the St Helens community and became Warden of the Portland

Municipality in 1915.

As a teenager Pat began playing with St Helens and in 1926, at age 16, he was named best on ground in the Fingal District Football Association Grand Final in which St Helens played St Marys at St Marys. This was no mean feat for a young lad in those days, particularly when he played in the losing team.

In 1928 he was recruited by North Launceston and after two years tried his luck across the Strait at St Kilda. But the first year there did not prove all what it was cracked up to be and Pat retuned to Tasmanian and played with Cananore (now Hobart) in the South. His time at Cananore saw him once again rake up numerous best on grounds and play an important role in their 1933 Premiership, which gave him the confidence to return to St Kilda in 1934. This time he proved his worth on the big island by finishing in the top three in the Brownlow Medal votes at St Kilda. In fact, he did that again in

1935 was a great year for Pat; he represented Victoria in a State match against South Australia and kicked six goals. He also represented Victoria twice in 1935, both times against Western Australia. In 1938, after playing 66 senior games as a 180cm / 79kg half forward, Pat left St Kilda and finished his playing career with VFA club Brighton, where he won the coveted Recorder Cup, which is the VFA's equivalent to the Brownlow Medal. Laurie Nash, another Tasmanian star, was runner-up to Pat in the VFA that year.

From his teenage days with the St Helens Swans, Pat went on to be one of the most recognized Tasmanian footballers of his time. He represented both Tasmania and Victoria in State games, won a of medals, stack including the William Leitch and in 2005 was inducted into the Tasmanian Football Hall of Fame. He was also a nominee for Tasmania's Team of the Century, only missing out by a whisker.

Thanks to
Dale Matheson of
Scamander for
information on this
story.



Pat Hartnett

1910 - 1990

Tasmanian 1933 Carnival Team with Pat Hartnett second from right in the front row

## ANNUAL GENERAL (PANCAKE!) MEETING.

# ST.MARYS SPORTS CENTRE. FRIDAY 29<sup>TH</sup> JUNE.

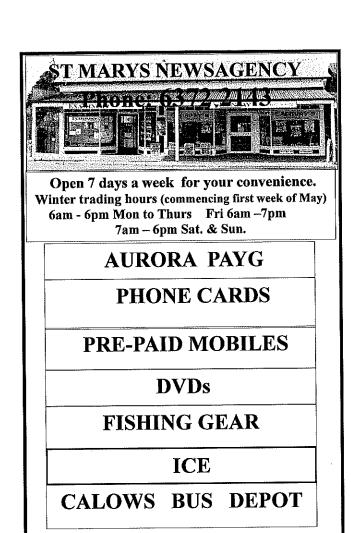
Pancakes from 5.30 'til 8pm.

Sports Centre AGM at 7.30 (optional) \$20 per adult. \$10 Children 16 and under.

MENU
Chilli Con Carne.
Curried Chicken.
DESSERT
Banana Chocolate
with cream and ice cream.
(Second helpings
if you can fit them in,
as available)

## **BOOKINGS APPRECIATED:**

Phone Jim Turner 6372 2441 Or the club in person, or phone 6372 2177.



## St Helens Flowers

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Donna of St Helens Flowers takes all the fuss out of ordering flowers.

Arrangements, Boaquets, Gift Baskets, Wedding Flowers, Floral Tributes

Member of the Petals network—we can now send or receive flowers worldwide

Fantastic Fresh Flowers delivered to your door or statewide

Ph Donna-6376 1211



🕽 Fun Range of Helīum Balloons! 🔇

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#### For sale

Purebred Cochin hens & roosters, various colours - \$40ea. Purebred Jungle Fowls - \$250 trio. Purebred Pheonix - \$250 trio. Ph. 0439 334 858.

Garden shed—Absco. 3m x 3m x 2.1 h. Zinc. New, unassembled. \$450. ono. Caravan fridge, 12v/240v, goes well. \$300. Ph: 0411 435 867. (Please leave a message and I will return your call.)

Whipper snipper/ brush cutter. Heavy duty, had little use. 2 stroke. \$80. Pair of axle stands. \$30. Heavy duty side lever grease gun with cartridge. \$20. Phone Pete: 6372 2398.

Mosquito nets, 1 x king size, rectangular shape, comes with bamboo frame for hanging, cost \$290, sell \$100. 2 x single, circular shape, come with hangers, each cost \$95, sell \$45 each. All pure cotton, Australian-made, hardly used. Ph 6372 2686.

Washing machine, front loader, 7kg. Near new. \$300 Microwave oven, near new. Large. \$80. Lounge L shape, near new. \$300. Double bed and mattress. \$200. TV & top box. 76cm. \$90. Wardrobe & matching dresser with mirror. \$50. Kitchen table & 6 chairs. \$80. Ph: 6372 2357 or 0408 139 224.

### Buy just a little bit, pay just a little bit for your basic food essentials at Purple Possum!

When you pick up a scoop and serve yourself from our dozens of food containers at Purple Possum, you can buy as little or as much as you want of any given item. 100 grams of flour? No worries.

150 grams of rice? That's fine.

Get just what you need for a recipe or for your own requirements. You save money, your food's always fresh, and you won't end up with a cupboard full of half-used, out-of-date packs as so often happens when you buy packaged foods.

So serve yourself at the Possum – and scoop up some savings!

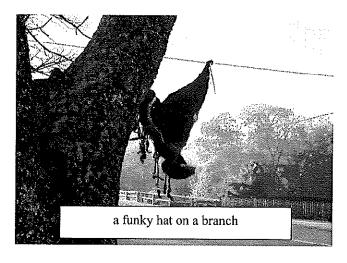
## **Purple Possum**

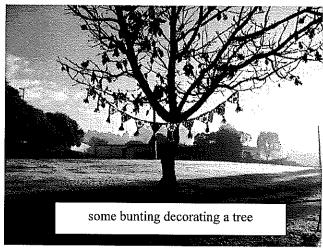
Wholefoods & Café 7 Story Street St Marys. Phone 6372 2655.

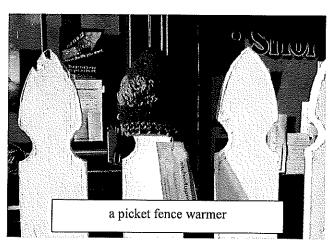
## WRAPPED IN ST MARYS – 2 and 3 June 2012

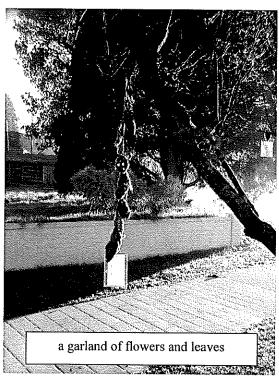
Crochet as you've never seen it before — stitchedupmama had it all tied up! The trees in front of Faulkner's Green and Memorial Park were not what they seemed. It took a second glance, and some double-takes, to realize that a subversive crochet artist had been at work. Once you realized what was going on, you found other signs of her work around the town.

Here are some photos, taken early in the morning of 2 June, just after *stitchedupmama's* crochet took to the trees (and elsewhere):







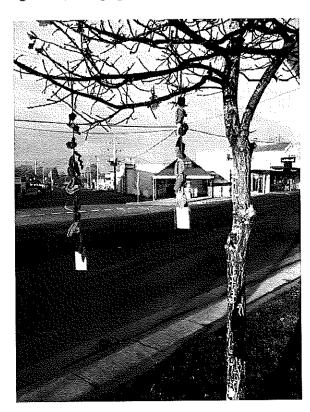




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## Stitchedupmama goes to town (cont.)

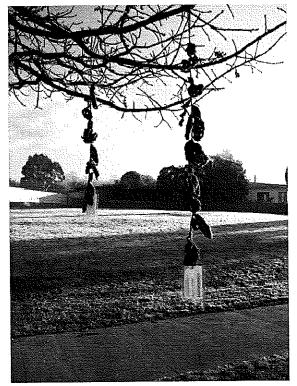
Clockwise from right: 2 woodland jellyfish, 2 garlands, a hanging heart and a signpost warmer.













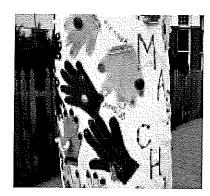
## textile art on the power poles

What amazing talent we have in St. Marys and wider valleys area, as we saw in the recent **Wrapped in St Marys** weekend. [The following photographs were contributed by *Margit Salonen*.]

This wrap was made by the children, staff and parents from St. Marys Child Care -









The students in Ruth Miller's class at St. Marys District Highschool made not 1, but 2 entries -





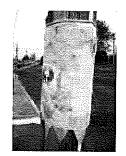




**Ree Smith** of Upper Scamander used paint, stitch and collage, as well as text, to give a wonderful depth of meaning to her artwork -









This entry, made from donated clothing and a lot of sewing, was created by the **St. Marys School Association Op Shop** -

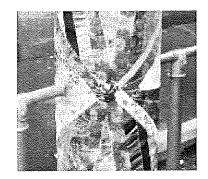
















One entry from westwards along 'the valley' was by **Shelly Carin,** who is a resident of Fingal. She made this very vibrant and colourful creation-

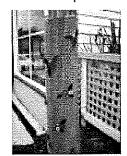


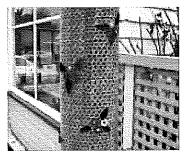


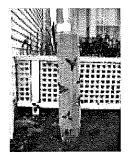


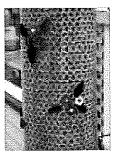


**Judy Duckett** paid tribute to our local police; note the detailed quilting on the white background, and how well the wrap co-ordinates with the sign -



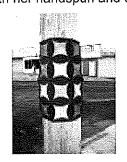






Stitchedupmama, with her handspun and crocheted entry, certainly wasn't going to be left out -

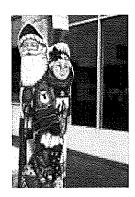








Nor was Liz Rice, with 2 pole wraps, both entirely handstitched -



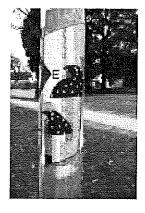


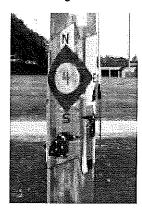




Or A-nonni-Mouse, whose entry celebrates Christmas all year round -

#### Rita Summers of St. Marys also had a go -

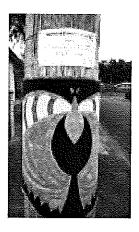




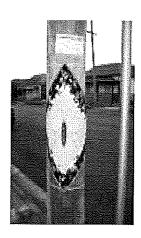


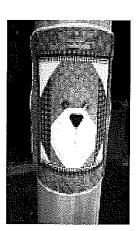


#### As did A Rustic Ragamuffin -









Funding for the event was obtained by *Greater Esk Tourism* from *Events Tasmania*, with public liability being provided by *Tasmanian Regional Arts* (street art) and the *Break O'Day Woodcraft Guild* (car show). The *Break O'Day Council* did all the printing (brochures and posters), and – very importantly – *Aurora* granted permission to use the power poles.

A major part of the funding, totalling \$1,500, was used for cash prizes for the textile art competition. Entries were invited in 4 categories: **Textile Art, Theme 'power play', Group, adult** and **Group, junior**. The selection committee consisted of the following *Greater Esk Tourism* committee members:

- Peter Troode
- Mary Knowles
- Elaine Sullivan
- Keith Hefford
- · Wendy Fowler

A very big thank you also to the *Valley Voice*, which provided free publicity leading up to the event, as well as the *Examiner* and the *East Coast News*.

Entries and winners were selected **anonymously**, i.e. the selection committee chose them without knowing who had made the submitted entries.

The awards were presented at 4 p.m. at Gone Rustic Studio & Gallery on 2 June 2012.

Congratulations to the winners! It was not easy to decide between them, as the standard of work was very impressive. The winners were St. Marys Child Care, St. Marys School Association Op Shop, Shelley Carin and Rita Summers (who donated her prize back for next year's event).

Greater Esk Tourism expresses heartfelt thanks to everyone who made the event possible, from the sponsors through the exhibitors and participating organisations to the 'street patrol' volunteers, who had to cope with cold and rain. It wouldn't have been possible without you!

Greater Esk Tourism (GET)













#### **Eat Safe East Coast Announcement**

From Mayor Sarah Schmerl of Break O'Day Council

On behalf of the Break O'Day Council it gives me much pleasure to present *Eat Safe East Coast* Certificates to businesses who have received three, four or five stars.

On the 1<sup>st</sup> July 2011 in the interests of food safety both the Break O'Day and Glamorgan Spring Bay Councils introduced this new food safety rating scheme called Eat Safe East Coast.

Break O'Day Council Environmental Health Officers have conducted regular food safety audits of food businesses for many years; however results of food safety audits have not been publicly available.

As part of Eat Safe East Coast, every registered food business in the Break O'Day Municipality will receive a food safety star rating, based on compliance with the Food Act 2003 and the Food Standards Code.

Businesses that demonstrate high levels of food safety receive three or more stars and can choose to display their food safety star rating onsite.

## Eat Safe East Coast benefits the community, food businesses and Council by:

- Increasing food safety awareness in the community to assist consumers in making informed food and dining choices.
- Reducing the regulatory burden by rewarding businesses that demonstrate high levels of food safety and hygiene through reductions in annual council licensing fees.
- Businesses that show very good food safety practices may require fewer food safety audits by Councils Environmental Health Officer.
- Free marketing opportunities for businesses and gives the east coast retail food industry a competitive edge.



www.fingalvalleyhistory.com

Next Walk & Field Day

Is planned for Sunday June the 17th and will be a walk around the township of Falmouth.

Come along and learn the history of one of Tasmania's first coastal settlements and the part it played in the development of the East Coast and Fingal Valley

Meeting place will be the Falmouth Sports Centre at 10:30 am

Please bring a BYO lunch

For more details phone Barry on 63725752, or Jim 63722127.



Mayor Sarah Schmerl, Kemul Wood, Supa IGA and Leigh Stevens, Manager Development Services.



Mayor Sarah Schmerl, Mr Kerry Bilston, BillieT St Helens and Des Jennings, General Manager.



Mayor Sarah Schmerl, Alana Hendley and Julie Gunton, St Marys Community Health Centre.



Mayor Sarah Schmerl, Alena Richardson & Bob Lehman, Banjos St Helens and Des Jennings, General Manager.

#### OUT OF THE WOODWORK

SECRETARY, WENDY BRENNAN: 6372 2094

## TRIBUTE TO THE OLD CRANKS & TINKERERS CAR SHOW

Well the lawns were damp but not the spirit of the Old Cranks and Tinkerers, nothing holds this lot down.

Neither the rain nor the prevailing winds could stop the pioneer spirit of this group...the show still goes on!

And appreciation is shown by the faithful crowd who attend regardless. Danny Rice stood deservedly proud next to his mean machine which was polished to perfection and many envious eyes gleaned the vehicles of yesteryear that have stood the test of time.

Many thanks to Jeff Faulkner who supplied the Guild with electricity to power our urn which kept the cold at bay for many. A deserving congratulations to the Old Cranks themselves namely, Grant Faulkner, Bill Targett, Ian Summers, Reon Johns and not to forget the late bloomers Andrew Atherton, Jeff Springer, Gehard Rist, Marty Hornibrook and Glen McDonald.

It is the hard work of this dedicated lot that has placed this show on the annual calendar as an "event not to be missed"

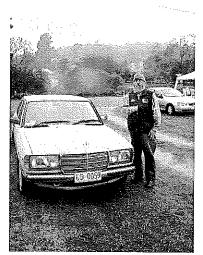
It was a good day and made better by the accompaniment of the beautiful artistic textile displays that adorned our trees and poles and gave colour to the greying skies.

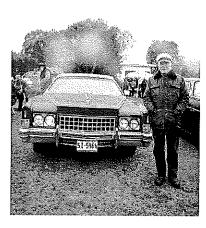
Many thanks to Julie and Bruce Cornelius from the St Mary's Hotel who supplied the Guild with a fold up Gazebo that saved the Sizzler King from many a cold drop of rain and to the faithful volunteers Jim Watson, Danny Rice and the SES who help out every year. Finally, many thanks to the community of St Mary's who supported the Guild by purchasing one of our haute cuisine snags, all monies raised are put back into the club.

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome both men and women. We are open Monday, Wednesday and Friday. Other times by appointment. Membership fees are now due and payable-\$20.00 full member \$10.00 social member

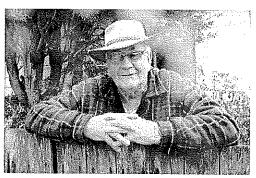


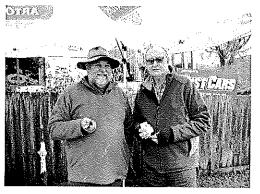




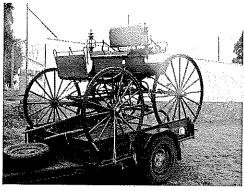












Photos: Wendy Brennan.

#### St Marys School Association Op Shop Sock Art Competition Wrapped In St Marys 2012

The Op Shop Volunteers have been giving out socks (and sometimes gloves) with purchases.

Adults and children alike have been returning the ART socks to the Op Shop and they are currently on display. Entries are still being accepted into the competition. There are great ideas in the book "Sock and Glove" by

There are great ideas in the book "Sock and Glove" by Miyako Kanamori, which is available through the library.

We have an EXTENDED DEADLINE DUE TO POPULARITY OF THE COMPETITION - Please return your sock art by **Saturday June 17th.** 

Sock Art will be displayed in the Op Shop until the 7<sup>th</sup> July and the winners will be announced at the Markets on the 7<sup>th</sup> July. Every customer will be asked to make ONE secret vote. The votes will be added up on the morning of July 7<sup>th</sup>!

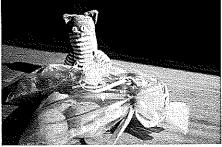
First Prize: Voucher for spending in the Op Shop. \$20 Second Prize: Voucher for spending in the Op Shop. \$10 Third Prize: Voucher for spending in the Op Shop. \$5











## Lions Club of St Marys Inc.

In the latter part of 2011, the Lions Club of St Marys Inc. were fortunate to have been given the contents of a home

in the district to sell off, with the proceeds to be kept by our club.

Our appreciation must go to Elaine Vulich for thinking of us and recommending to the owners that our club would be the ideal recipient of this wonderful donation.

After a full day of removing and storing furniture etc., at St Marys, followed by a clean up of the residence (and a good rest after), we were finally in a position to hold an auction on Saturday 12th may 2012.

Through our President David young, auctioneer Craig Milner donated his professional services for the day and with much support from the general public a great auction was held.

The Fingal Progress Association ran a sausage sizzle on the day to help with their fund raising activities towards a new BBQ for Fingal, which was also most successful.

Our club used \$634 from the total proceeds of the day to purchase television sets for the new Palliative Care Ward at the St Marys Community Health Centre, with the balance deposited into our Activities Account for use in the future.

Once again, our thanks to all those who came along, bought a bargain and helped our club raise money, enabling us to assist those less fortunate than ourselves, in their time of need.

John McGiveron,

Secretary,

Lions Club of St Marys Inc.

Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day.

## COMBINED PROBUS CLUB OF SCAMANDER INC.

On Monday May 7th club members visited Launceston. Whilst in Launceston they visited the Car and Motor Bike Museum. Lunch was at the Casino where I am informed some members had a win playing the pokies. After lunch the group visited Brickendon Farm. The group were very impressed with the garden especially the exotic trees in the Arboretum. Many thanks from the members to Richard Archer for the guided tour.

The Viet Nam travellers each gave a brief talk about their experiences and highlights in Viet Nam. The talk ranged from the food, geography and history of the country to the life style of the people. The group visited citadels, temples and pagodas. They travelled from Saigon in the south to Hanoi in the north. Comments were made on the variations of life style, food and history from South to North. For many of them the abundance of markets selling cheap

For many of them the abundance of markets selling cheap clothes was overwhelming. Others had clothes specially made in Hoi An.

The weather was hot to very hot. On occasions they were sight seeing in muggy weather and the temperature up to 38deg. Bottles of water supplied by the travel agency were consumed in great quantities. For many of them the sheer numbers of motor bikes and the loads carried on them was astounding. Who would have thought you could ride a motor bike carrying 6 live wing-flapping geese. It is said in Saigon there are 9 million people and 7 million motor bikes. The guide asked How many people can you get on a motorbike?? Believe it or not, The answer is 9. Up coming events

20th Anniversary lunch on June 27th at Tidal Waters. Xmas 'n' July, July 9th at Miena. [hope we see some snow]

If you would like to join our club please contact Valmai on 63722762.

Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.

#### Do your bit for Tourism: Save a Mainlander

The Minister for Tourism, Scott Bacon, has urged Tasmanians to 'save a mainlander' as part of a two-month campaign to get locals to encourage interstate friends, colleagues and relatives to holiday in Tasmania.

Tourism Tasmania's new Save a Mainlander campaign is timed to coincide with the four episodes of the popular reality TV show Masterchef that were filmed in Tasmania, and are on air now.

"I want all Tasmanians to get behind the new campaign and go online to <a href="www.saveamainlander.com.au">www.saveamainlander.com.au</a> and do their bit to invite their mainland friends and relatives to holiday in the State", he said.

"Every mainland friend, colleague and relative they invite puts them into a competition to win daily prizes of experiences provided by local tourism operators.

"This is a tongue-in-cheek way of reminding people who live interstate just how amazing our island state is," he said.

"We hope this promotion will encourage our mainland friends and relatives to visit Tasmania for a holiday or break, but also inspire local Tasmanians to get out and about and find out for themselves why the State is regarded by many in the industry as a hot Australian destination."

Mr Bacon said it was important to use market research to find creative ways to promote Tasmania interstate, especially given the challenges facing the sector.

"Despite the need for all Government businesses to find savings, the State Government has worked closely with the Tourism Tasmania Board to quarantine tourism marketing in this year's budget," he said.

"We are continuing to invest in innovative new ways to market the state and support our important tourism sector in what is a very tough national business environment."

Mr Bacon said Tourism Tasmania is investing \$180,000 in the Save a Mainlander campaign. An additional \$35,000 worth of tourism prizes for the promotion are also being provided by Virgin Airlines and around 60 tourism businesses throughout the state. Tasmania's media outlets are also providing additional bonus advertising worth over \$100,000.

#### ST MARYS BAKERY

PH: 6372 2131 OPEN 7 DAYS A WEEK



FRESH BREAD, ROLLS & BUINS,
PIES, PASTIES, CAKES, HOT FOOD,
COFFEE,
COLD DRINKS,
ICE CREAM.
52 MAIN ST ST MARYS.

When you're next visiting
Evelyn's friendly
'Award Winning' service at
St Marys Bakery,
not only will Evelyn deliver fine
food with a smile and yarn,
it's also where you can now get
'Inside my Skin'
www.insidemyskin.com



### Ana's

## Hairdressing Salon

Main Street, St Marys

Open every Tuesday & Wednesday

9am

Bringing 22 years experience
For all your cuts, colours, perms, sets.

Phone: 0448 532 531

On Tuesday & Wednesdays, or just call in.
Or phone (H) 6372 5497 to pre-book.

Same prices, service & phone numbers

Providing a service to the community.

BACK TO SCHOOL HAIR CUTS AVAILABLE THURSDAY 14TH

NOW IN STOCK: SHAMPOO & CONDITIONER BY WHITE ICE.

> COME IN AND CHECK OUT THE GIFT LINES AVAILABLE. ALL PURCHASES WILL BE GIFT WRAPPED IF REQUIRED.

Ana wishes to advise clients that she is still doing her Mobile Hairdressing. When she has no mobile clients some Thursdays, she will be available at the salon. Further to this the salon will be open for business each Market Saturday.

## BINGO

at the

Cornwall hall

every Monday at 7pm. 2 Jackpots \$100 & \$70.

All welcome.

Money raised going to help with renovations to the hall.

#### Valley and Coast Hobby Craft and Arts Guide.

Thanks to all those contributing to this guide for either groups or individuals.

Your permission to add content to these great activities in knowledge skills or information will hopefully aid others keen to try new things. We welcome more groups to add as time goes on so ring Rod McGiveron on 6372 2215 or email me at <a href="mailto:rodneymcgiveron@bigpond.com">rodneymcgiveron@bigpond.com</a> any time to come on board. Thanks again.

CRANKS AND TINKERERS (St.Marys)... Anything mechanical /classic cars / modelling. You name it ...we do it. Contact Ian Summers on 6372 2724 or Grant Faulkner 6372 2335 (business hours) "Get your motor started".

SWANSEA MODEL YACHT CLUB (Swansea) Model yacht/boat building and racing.

Contact Barry Lord (Commodore) on 6257 8200 or email <a href="mailto:halahcottage@bigpond.com">halahcottage@bigpond.com</a> or ring Secretary Cheryl Hodgetts 6257 8548. email: <a href="mailto:bill49@bigpond.net.au">bill49@bigpond.net.au</a>.

"Just like the real thing only smaller".

GONE RUSTIC (StMarys) Contemporary art and craft, quilting, card making and regular workshops. Contact Rita Summers at 6372 2724 or email: gonerustic@yahoo.com.au "come and say g'day".

LAUNCESTON MODEL AERO CLUB (LMAC) Headquarters at Symmons Plains. Everything radio control RC. aeroplanes, helicopters and gliders. Contact Kevin Hay (President) or Geoff Hays (Secretary) by typing in Launceston Model Aero Club in your browser and send us a message via the Contact Us links on our website and... "Come fly with us".

JOHN McCOLL (St Marys) Sculpting, sketching and art skills and contacts. Ring John on 6372 2413 for tips, advice, help or leave a message.

**PETER TROODE** (Addlestone House B/B St. Marys) All things photography. Contact Peter for help, guidance or tips on 6372 2783 and he'll help if he can. Or leave a message.

ST MARYS FITNESS GROUP. All level fitness to music. Lots of fun on Monday and Thursday evenings. All welcome any age. Ring Fran on 6372 2614. Love to hear from you.

BREAK O'DAY WOODCRAFT GUILD (St Marys Railway Station) We provide a centralised meeting place for mature men and women to share skills, knowledge, access to services, building of friendships and projects and we welcome newcomers to our community. Open Mondays, Wednesdays Fridays and Saturdays. Contact Cr. Reon Johns on 0429 722 091 mobile or 6372 2094 home. "Come and join us sometime".

SUNCOAST SINGERS (St Helens) We sing, sing, sing. Get together at St Helens on Fridays from 10am-12.30 pm. For more info ring Maryanne Wadsworth on 6376 2969 or email her at mawadsworth@yahoo.com.au "If you can yawn you can sing".

RODNEY MC GIVERON / PAUL DAVERN American HO Model Rail. If interested in model rail contact Rod on 6372 2215 or email rodneymcgiveron@bigpond.com or call Paul on 6372 5526 sometime. "See you down the line. woo.hoo".

Experience is something you don't get until just after you need it.









Carpet remnants galore. From \$80.00 per room.

Vinyl 40 rolls in stock. Priced from \$12.50m<sup>2</sup>

Huge Range of laminated bamboo flooring.

Carpet:
Normally \$45m<sub>2</sub>
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Huge new range of exciting rugs. Over 100 to choose from.

Mats from \$1.00 each.

Many, many more specials to choose from. Furniture, electrical, bedding, manchester and computers.

Flooring, covering specials now on at Flooring Xtra at Gazzman's, St Helens.

PH: 63762555

21 Quail street, St Helens.

#### BREAK O' DAY STITCHERS

Besides already working on the Raffle Quilt for our next Easter Exhibition we have completed a quilt to raffle and donate the proceeds to the Renal Unit at the Launceston General Hospital.

We made a start in selling the tickets at the 'Wrapped in St Mary's' event on Saturday 2<sup>nd</sup> June.

We were pleased at the support of the shoppers at the St Mary's market and the raffle will be drawn on 27<sup>th</sup> July 2012.

We have had another workshop – this time on Machine Quilting at St Helens and the next one will be on Sashiko Quilting in August – watch notice boards for further details

We are always happy to welcome new members and meet each Friday from 10 a.m. to 3 p.m. in the Bungalow at StHelens Neighbourhood House — information can be gained from - Agnes Johnston — 6376 1498.



#### **Community Dinner**

HOLY TRINITY

ANGLICAN CHURCH HALL ST MARYS

Saturday 16th June 2012

Earlier time of 5.00 for 5.30

Soup and Sandwiches for the Soul



Please bring either a plate of sandwiches or a dessert to share

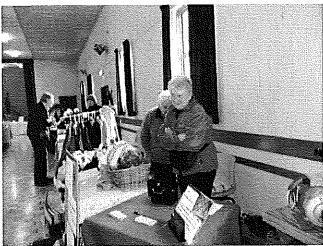
Donation on the evening welcomed

RSVP Barbara on 6372 2428

















The perfect place to experience Tasmania's unique animals.

# INVITES ST HELENS, ST MARYS, SCAMANDER & SURROUNDING AREAS TO A

## HALF PRICE ENTRY

WEEKEND ON THE 16<sup>TH</sup> & 17<sup>TH</sup> OF JUNE 2012
ALL YOU NEED IS PROOF OF ADDRESS

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**COME AND ENJOY** 

WILDSPOT CAFÉ – RECENTLY RENOVATED
PELICAN EXPRESS OPERATING

AT 11am & 2pm

ANIMAL FEEDING TIMES: 10am, 11.30am, 12.30pm, 3pm & 3.30pm

We look forward to seeing you!

Open 9am to 5pm

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#### Bow Wow Dog Training

Group Lessons
Sunday Mornings @ St Marys
Private Lessons – by arrangement
Enquiries / Bookings
call Michael PH: (03) 6372 2056

## Would you like to own a well behaved dog?

Bow Wow Dog Training offers training and handling education to persons of any age and to dogs of any breed

Puppy Training – from 8 weeks to 5 or 6mths

Basic Training – caters for dogs over 5mths. All training at this level is done on lead and covers basic facets of general training

Intermediate & Advanced Training —
designed to further the standard of
previously achieved training and
off lead work

Agility & Flyball work also available
Trainer has 30 years experience – previously from
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you and your dog. Advice available for
behavioural problems



## St Marys Soccer Club

"Play the World Game"

Thursdays - 3pm School Oval

All ages, boys & gírls

Phone Tree: 6372 2309

### Ransley's Appliance Service

P O Box 136 Scamander Tas 7215

Washing machine NOISY?
 Refrigerator runs too LONG?
 Clothes dryer blows cold AIR?

Then you need the service of our technicians.

Ring us on: Scamander: 6372 5307 Mobile: 0428 761 811

HARRIS FUNERALS
Lindsay & Diane
(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

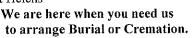
#### Office& Residence:

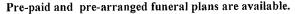
114 Cecilia St

St Helens

#### Chapel:

46 Tully Street St Helens





Remedial Massage and Naturopathy ring Sue Christiansen for an appointment. 0418 515 419

### SHOP LOCALLY AND SAVE

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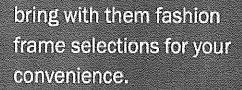
## **OPTOMETRISTS VISITING ST HELENS**

Optomeyes are your long term East Coast optometrists, offering friendly, professional eye care to the people of St Helens for more than 25 years.

Susan Sluce and Greg Dennis make regular 3-weekly visits to the St Helens Medical Centre, and will



Susan Sluce





28th & 29th June 19th & 20th July



**Greg Dennis** 

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132 500



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Domestic, Commercial, Industrial:

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Home Heating:

Advisory, Sales & Installation of heat pumps and fixed heaters.

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#### St.Marys Tigers Football Club Inc.

#### Casual Weekly Footy Tipping Competition

Think you know your footy? Then have a crack at our weekly footy tipping competition. Just pop into the Post Office and gab a tipping form. Make your picks and then lodge it at the Post Office with \$2.00 by 4.00pm each Friday.

Half of the weekly pool will go to the footy club and the other half will go to the weekly winner. As well as picking winners entrants will be required to nominate the winning margin of one selected game per week so we can (hopefully) ensure that there is only one winner per week.

Up for grabs – weekly bragging rights and a bit of pocket money, plus you are supporting your local footy club.

> Entry forms available at the Post Office now.



What does someone have to do to go for a walk around here?

In January 2013, Tasmanian Regional Arts sends all local branches a copy of TRA's Calendar of Events and Exhibitions.

Break O'Day Regional Arts "your local branch" is now raising funds to help pay for the events and exhibitions chosen from the 2013 Calendar of Events.

Support your local branch by buying a raffle ticket. Money raised from raffles and stall holders fees goes towards Art, Theatre and Music for the Break O'Day area.

BREAK O'DAY REGIONAL ARTS RAFFLE
2011WINTER DREAMING ART PRIZE WINNING PAINTING

### "AT GARDINERS CREEK"

BY PAUL BYARD - VALUE \$500
DRAWN AT 11AM SATURDAY 22ND DECEMBER 2012
ST MARYS COMMUNITY HALL
ARTIST PAUL BYARD WILL DRAW THE WINNING ENTRY
TICKETS AVAILABLE AND VIEWING AT
e.ScApe Cafe ST MARYS

TICKETS \$5 EACH

FOR INFORMATION AND PURCHASING TICKETS

PHONE SUE 0363722512

OR ROD 0363722444





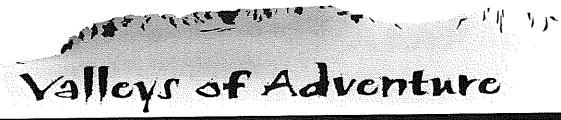
Next Tasmanian Regional Arts Exhibition "Extreme Environment" Photographic Exhibition @ e.ScApe cafe 2nd to 29th June

## St Marys Market, Community Hall, St Marys 2nd June RAIN, HAIL or SHINE 9am start

Two local writers will be at the market signing their books for that special gift. Produce, large range of art and craft, Bill's Books raises money for the Fingal Community Library and has a large range of bargain books. Blueberry Cottage Marmalades, SanTTina jams and chutneys, plants, trash and treasure, home baked bread and more.

For more information or to book a stall phone Robina 63722022.

Community groups get free space for fund raising or information.



AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

## GREATER ESK TOURISM Photographic Competition 2012

You are invited to enter your photographs that showcase

#### The Seasons in the Valleys

Entries will be judged by Tasmania's award winning Master Photographer and Fellow of the Australian Institute of Professional Photography, Mr Owen Hughes.

\$250 in prize money will be awarded to the winner and the People's Choice Award will receive \$100.

For further information, please visit our website <u>www.valleysofadventure.com.au</u> and click on the 2012 Photo Competition link. You can then download a copy of the Entry Form and view the Terms and Conditions.

The Competition closes on 1<sup>st</sup> September 2012. Twelve Finalists will be selected and notified by phone and/or email. The finalists will have their photos printed and displayed at the Purple Possum Wholefoods, Café and Gallery in St Marys. A cocktail function to recognise the winners and finalists will take place at the Purple Possum towards the end of October.

You may enter as many images as you wish. A \$5 entry fee for each digital image is required and they must be named to correspond with the title/s on the Entry Form. Then send your completed entry form, images on CD and total entry fee to:

Louisa Rhodes GET Photo Competition PO Box 43, Fingal TAS 7214 **Note** In Lieu of sending a CD, you can email your entries (correctly named to correspond with the entry form) to louisa.rhodes@ecpc.com.au

The Fingal and St Marys On-line Centres are happy to help you submit your
photographs digitally.

ENTRY FORM
Name:\_\_\_\_\_

Address:\_\_\_\_\_

Phone: \_\_\_\_Email:\_\_\_\_\_\_

Entry 1 Title:	
Entry 2 Title:	
Entry 3 Title:	
Entry 4 Title:	
Entry 5 Title:	
Entry 6 Title:	

## DickAdamsMP-

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road

58A High Street

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PO Box 271

Perth, Tas 7300

New Norfolk Tas 7140

Ph 6398 1115

Ph 6261 3366

Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



## WORKING WITH YOU FOR A STRONG COMMUNITY

Written and Authorised by Dick Adams, 53B Main Road Perth

## Community Transport Drivers Needed!

Do you enjoy working with people and like to help your community?

We have a desperate need for more drivers to assist our mostly elderly clients access medical appointments and to enjoy social outings.

We need your help to make this happen!

Training and support is provided.

For more information contact JAN SAUNDERS on 6372 2137

#### **WE NEED YOU!**

Community Transport Services Tasmania Inc is funded by the Home and Community Care Program.

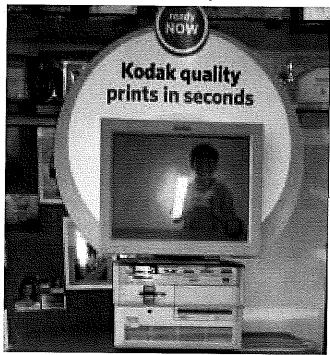


# Kodak quality prints in seconds

#### Pharmacist on duty 5 days a week

Main Street, St Marys Tas. 7215

Phone: 6372 2844 - Fax: 6372 2874



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Lots of gift lines in store.

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32 MAIN ST., ST MARYS (NEXT TO SECONDHAND ROSE)

Coin operated washers & driers



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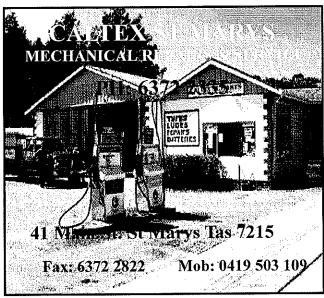
Winter trading hours: 7am - 5.30pm (ish)(Fri & Sun a little later)

#### EAST COAST SURVEYING

Consulting surveyors and land planners. Brett Woolcott 6376 1972 We can help you.

- Buying a property?
- □ Planning a development?
- ☐ Unsure of your property potential
- ☐ In dispute with an adjoining owner?





C.B.D., ST MARYS

Dr Jun Li invites all to the Tried and Tested Benefits of

## Traditional Chinese Medicine

After two university degrees in China and five year's practice in Britain, Jun continues her skills in this ancient health restorer to the benefit of St Marys and District. Many have come from the coast and valley to benefit and some return regularly for on-going therapy. Jun is very approachable, as all who consult her have found. Consultation is free. Call into the shop or phone her mobile: 0411 186 573.

Welcome to Ping's Place.

PLAYING TABLE TENNIS EVERY DAY

## St Marys Op Shop

Monday - Friday 11 - 4 Market Saturdays 10 - 1 As volunteers are available.



From left to right -Lorraine Gill, Wendy Fowler, Caroline Craghill, Jeanette Gilbert, Janet Drummond and Sonia Allison ... just missing Lillian local school commu-McRostie, Kelly Farrell and Jan Madden from the team.

Always looking volunteers assist at the Op Shop, please contact Janet Drummond 0404 562 320, or call in most Fridays, to speak with Janet. Come support your nity and have volunteering at St Marys Op Shop.



## LOCAL OWNER - OPERATOR OVER 20 YEARS EXPERIENCE

Ph: Dana or Craig

6372 2033 /0439 722 032

## Incorporating all your needs in:

DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE, BRIDGE CONSTRUCTION.

- ♦ ROAD GRAVELS
- ♦ TOP SOIL
- ♦ SCREENED TOP SOIL
- ♦ SAND
- ♦ ROCKS
- ♦ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ♦ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ♦ 10 YARD TIPPER
- **♦** COMPACTION ROLLER
- ♦ WHEEL LOADER

#### AND MUCH MORE

#### Mon Tu Wed Th Fr Sa Su **STAR** Brekkie Toast and Brekky Bob's "Wake Bobs – Saturday Chuckers Jam with with Mary Breakie Friday Morning Sunday up" Anne Show Breakfast Show with Mary-**FM** with Show Anne "Corfe" **Bobster** Morning **RFM** Have a Starry Classic Progra Hoot with Starry 60's Music On The Jiving with SKOOT Morning Mix Morning Star FM JeannyMaree The Trace Show m Element with "Harpo" In the mood Arvo Jeany-Your host Around the Friday In the Mi with Maree 's with the world with round-up with The Colin's "Most" 2 for History Element Tim with RFM Laurelle **Terry Post** Tuesday and Mystery Late After School Shut up In the back Hot Hits Drivin' Music afternoo with Neesha and Drive with Dave's seat with and Chloe with Blues Mix with the Angela The Damo "Element" Jackster Eve Mellow Neville's Mary Thursday Mare's **Brians** Monday's Country Anne's **Boiler Room** Night Party Mix Corner Thanks for with Roger "LIVE" – til late the with Party With Memories Dr Sax with Jeanny and more "Chucker" Roger Maree

#### Scamander Beach Surf Shop

6 Lagoon Esplanade Scamander

Ph: 6372 5529

#### Scamandersurf.com

Bathers Wetsuits DVDs
Clothing Footwear
Bodyboards

Surfboards:

Milch McTavish
Surftech Bic G Boards

### Bay Surf Shop

2 Pendrigh Place
St Helens

Ph: 6376 1755

## FINGAL VALLEY NEIGHBOURHOOD HOUSE NOTICE

FREE LEGAL LITERACY ON TUESDAYS 11 TO 4-OPEN TO EVERYONE IN THE VALLEY FOR FREE LEGAL HELP - THOSE FORMS, CONTRACTS, INFO ETC...

NEED HELP WITH READING, WRITING, OR MATHS? - HELP AVAILABLE IN THE VALLEY - FREE LITERACY PROGRAM - PHONE - 6374 2344 TO ENQUIRE....

VOLUNTEERS NEEDED - HOW ABOUT DRIVING FOR THE HOUSE ON A CASUAL BASIS? WORK IN THE OP SHOP? DESIGN A PROGRAM? GREAT TO SATISFY CENTRELINK REPORTING REQUIREMENTS...

PLEASE PHONE OR POP IN AND SEE DEB... 6374 2344 OR 0488 562 538

#### Rae & Partners Lawyers Barristers & Solicitors

Visiting:

St Marys Community Health Centre Alternate Tuesdays: 9 am - 10 am

Ph: 6337 5555 For appointments.

#### The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.
   Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

#### EAST COAST GLASS

Falmouth Ph: 6372 5361

- Glass repairs
- Shower screens
- Wardrobe doors
- ▶ Double glazing
- ► Aluminium windows
- Security doors

Locally owned and servicing the East Coast.

Call David and Anne Cannon for prompt and reliable service.

### **SUNDAY JOY**

12.30pm

this is a

bring-and-share lunch followed by a great time of friendship and fellowship.

You are very welcome to join us and share our **JOY!** phone 0409 838 816.



## StMarys & district emergency & business contacts

CRIMESTOPPERS 1800 333 000 AM	ABULANCE 000 NON EMG, 1800 008 00	98 FIRE 000
POLICE 000 CO	DMMUNITY HEALTH CENTRE 6372 2111	SES 132 500
NON URGENT 131 444 DO	OCTOR 6372 2111	(FLOOD & STORM ONLY)
POLICE ST MARYS 6372 1010 BE	EN LOMOND WATER AND ŞEWERAGE 13	
,		1101101111101200125,101
ACCOMMODATION	COMPUTERS	MECHANICS
ADDLESTONE HOUSE B&B 6372 2783 19 GRAY RD ST MARYS WWW.ADDLESTONEHOUSE,COM,AU	MAINTENANCE & REPAIRS	MICHAEL AULICH (MECHANICAL & WELDING REPAIRE &
FISH-TALES ON THE BAY (BII) 0439 265 362	RAY WALKER MOB: 0401 497 199	GENERAL STEEL & ALUMINIUM FABRICATION. 209 IRISHTOWN ROAD MOB; 0417-507-239 6372-2991 -
(PET FRIENDLY) (AH) 6372 2128	COMMUNITY CAR 6372 2137	GRANT FAULKNER (CALTEX ST MARYS) 6372 2335
MARITON HOUSE B&B + HORSE RIDING	CONFECTIONERY	MUSEUM
I BRISHTOWN ROAD ST MARYS 6372 2059	MT ELEPHANT FUDGE (7 STORY ST ST MARYS)	CRANKS & TINKERERS (IAN) 0417 648845
RAINBOW RETREAT (LOT ) OFF GILLIES ROAD (info@rainbowretreat.com.au) 6372 2168	(PROPRIETOR LIZ DEAN) BUS: 6372 2034 H: 6472 2787.	(MAIN ST ST MARYS)
SEAVIEW FARM 6372 2341	DESIGNER -BUILDING	NEWSAGENCY
ST MARYS HISTORIC HOTEL 6372 2181	BUILDING DESIGN STUDIO 6372 2000 (562 MAIN ST ST MARYS)	ST MARYS NEWSAGENCY 6372 2143 (STORY ST ST MARYS)
(48 MAIN ST ST MARY'S)	ELECTRICIANS	NEET CENTRE (ST MARYS) 6372 2175
ARTS & CRAFTS BLUEBERRY COTTAGE 6372 2755	ST HELENS ELECTRICAL 6372 5522	ONLINE ACCESS CENTRE
(ELEPHANT PASS) dave@blueberrycottage.com.au	0407 615 072	ST MARYS ONLINE CENTRE 6372 2005
GONE RUSTIC STUDIO & GALLERY 6372 2724	ELECTRICAL & COMPUTERS	OP-SHOP (MAIN ST ST MARYS) 6372 2851
(37 MAIN ST ST MARYS)	GAZZMAN'S BETTA ELECTRICAL (ST HELENS)	
BREAK O'DAY REGIONAL ARTS	INCL. FURNITURE, BEDS, MANCHESTER FLOOR	ORGANIC VEGETABLES
(CONTACT ROD CORFE) 6372 2444	COVERINGS, HOME WARES Fax: 6376 2159	JACK FOREMAN (7 STORY ST ST MARYS) 6372 2034
ART SUPPLIES	(gazzmans@bettastores.com.au) 6376 2555	PACING CLUB
BIG SHED STUDIOS 0428 725 228	ELECTRICAL REPAIRS	ERIC BEAN SEC. 6372 2136
(24837 TASMAN HIGHWAY ST HELENS)	RANSLEYS HOME APPLIANCES 6372 5307	PAINTERS EAST COAST MOBILE SPRAY PAINT 6372 5571
AUSTRALIA POST	(SCAMANDER) 0428 761 811	(0457 583 099)
ST MARYS POST OFFICE 6372 2124	RICK ENGINEERING (MAIN ST ST MARYS) 6372 2460	MLN ENTERPRISE PAINTING 0439 722 718
(MAIN ST ST MARYS)	FUNERAL DIRECTORS	PHARMACY
BAKERY	HARRIS FUNERALS (ST HELENS) 6376 1153	ST MARYS PHARMACY 6372 2844
ST MARYS BAKERY 6372 2131	GARAGES	(MAIN ST ST MARYS)
(MAIN ST ST MARYS)	CALTEX ST MARYS (MAIN ST ST MARYS) 6372 2335	PLUMBERS
BANKS	GARDEN CENTRE MANNA FARM 63722707	P J & H K CHILD 6372 5378
COMMONWEALTH BANK 6372 2268 (MAIN ST ST MARYS)	MANNA FARM 63722707 (45 MAIN ST ST MARYS OPEN THURUSUN 10 - 4pm)	R G & R I HARWOOD 6372 2445
BERRY FARM	GARDENING SERVICES	PROOF READER LEISSA DANE -6372 2686
BLUEBERRIES SEAVIEW FARM 6372 2341		· REALTORS
BOARDING KENNELS	CLEAN CUT GARDENING 0419 113 836 ANDREW DAVENPORT ST MARYS 6372 2366	SURF COAST REALTY 6372 5321
THE GUMS KENNELS AND CATTERY		RESTAURANTS/CAFES
(IRISHTOWN ROAD ST MARYS) 6372 2512	GIFTS AVAILABLE IN MANY BUSINESSES	COACH HOUSE RESTAURANT 6372 2529
UPPER SCAMANDER KENNELS AND	GLASS REPLACEMENT	ESCAPE WILDERNESS CAFÉ 6372 2444
CATTERY (905 UPPER SCAMANDER ROAD) 6372 5157 WAGABOUTS (0429 170 077) 6376 2131	EAST COAST GLASS 6372 5361	MT ELEPHANT PANCAKE BARN 6372 2263
	GOLF CLUB	PURPLE POSSUM WHOLE FOODS 6372 2655
BREAK O'DAY COUNCIL	ST MARYS SPORTS CENTRE INC 6372 2177	SECONDHAND DEALERS &
ST HELENS 6376 7900	INSURANCE BROKERS	COLLECTABLES
BREAK O'DAY BUSINESS	MCKILLOP INSURANCE (LVN) 0400 984595	SECONDHAND ROSE (AH) 6372 2267
ENTERPRISE CENTRE	JUSTICES OF THE PEACE	SEPTIC TANK CLEANERS
BEC SHOP 1/34 QUAIL ST ST HELENS	K FAULKNER 6372 2196	SPLASH ST MARYS 0488 777 713
(ADMING SMALLBUSINESS,ORG,AU) 6376 2044	H VELDUMS 6372 2124	SCHOOLS
BUS SERVICES	HAIR DRESSER	ST MARYS DISTRICT HIGH SCHOOL 6372 3900
CALOWS BUS SERVICE (ST MARYS) 6372 2476	ANA'S HAIR DRESSING SALON 0448 532 531	(GRAY ROAD ST MARYS)
(ST HELENS) 6376 2161 BUTCHER	STOREY ST ST MARYS PH;AH 6372 5497	SUPERMARKET ST MARYS IGA (MAIN ST ST MARYS) 6372 2240
INSTORE SUPERMARKET 6372 2274	HEALTH FOODS	BUTCHERY INSTORE 6372 2274
CABLE LOCATIONS	PURPLE POSSUM WHOLE FOODS 6372 2655	SURFING SUPPLIES
TELSTRA COPPER NETWORK & UNDER-	(STORY ST ST MARYS)	SCAMANDER BEACH SURF SHOP 6372 5529
GROUNG POWER CABLES ETC.	HEALTHY HOUSE	(6 LAGOON ESPLANADE SCAMANDER)
MICHAEL SMITH 0408 059 521	(5 PORTLAND COURT ST HELENS) 6376 5242	BAY SURF SHOP (2 PENDRIGH PLACE ST HELENS) 6376 1755
CARERS FOR WILDLIFE TAS INC.	(ST MARYS COMMUNITY HEALTH CENTRE) 6372 2850	TELEPHONE, DATA & TV
6372 2973 / 0417 017 105	HORTICULTURIST	EAST COAST PHONE & COMMUNICATIONS (JOHN HERON) (DIGITAL TV & SET TOP BOXES)
CARTAGE CONTRACTORS	PETER DANE (QUALIFIED HORTICULTURIST) 6372 2686	0409 959 121 6372 2402
C & D EXCAVATIONS 6372 2033	HOTEL ST MARYS HOTEL (MAIN ST ST MARYS) 6372 2181	DELAFRONTERA (DAVE MORRIS) INSTALLATION &
TROTTERS CONTRACTING 6372 2107 6372 2742		SERVICE TECHNICHIAN MOB: 0402 969 393
(EXCAVATION,DRAINAGE, & GENERAL CARTAGE)	JAM (JESUS & ME) M NORTON 6372 2099	SURVEYORS
CHILD CARE	LIBRARY	EAST COAST SURVEYING (ST HELENS) 6376 1972
ST MARYS CHILD CARE CENTRE 6372 2187	ST MARYS LIBRARY 6372 2114 (MAIN ST ST MARYS)	VALLEY VOICE PUBLICATIONS
CHINESE GROCERY &	LINE DANCING	ACCOUNTS 6372 2328 ADVERTISING 6372 2155
CHINESE MEDICINE	VALLEY COASTERS 63 72 2266	(judith.spilsbury@telair.com.au)
PING'S PLACE ST MARYS 0411 186 573	(SUE FISHER)	WATER CARRIERS
CHURCHES	LYMPHOEDEMA CENTRE	SPLASH ST MARYS 0488 777 713
ANGLICAN CHURCH 6376 1144	ST MARYS LYMPHOEDEMA CENTRE 6272 2900	WOODWORK GUILD
CATHOLIC CHURCH 6372 2252 UNITING CHURCH 6376 2405	(LOCATED AT ST MARY'S COMMUNITY HEALTH CENTRE)	OLD RAILWAY GOODS SHED (ST MARYS) 6372 2094
SALVATION ARMY 6372 2099	MARRIAGE CELEBRANTS	WIDE SPAN SHEDS 6372 2724
CLOTHING	PETER POWER (peterpowercelebrant@gmail.com) 0417-017-105	YOUTH HOSTEL
MAIN STREET CLOTHING 6372 2211	TERESE TANNER 0400 512 845 6272 5745	SEAVIEW FARM (CERMANTOWN) 6372 2341

6372 5745

SEAVIEW FARM (GERMANTOWN)

6372 2341

MAIN STREET CLOTHING

6372 2211

TERESE TANNER 0400 512 845

MEALS ON WHEELS 0488 384 344

## ST MARYS COMMUNITY HEALTH CENTRE

#### **DOCTORS ROSTER**

**Dr Latt** 14/6/12— 3/7/12

. **Dr E. Reeckman** 27/6/12-29/6/12 Women's Health Clinic

For appointments phone: 6372 2111

## St Marys Community Health Centre GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am-Reception Closed

10:30am-12:30pm

12:30pm-1:30pm- Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm-Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

#### PATHOLOGY SERVICE

No Pathology Service between 12:00-1:30pm or before 8:30am daily

if you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

#### **INR TESTS**

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This requires a 5 minute doctor consult.

#### AFTER HOURS CONTACT NUMBERS

Please phone GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE 6372 2111

Please RING before presenting after hours

#### SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked <u>prior</u> to your medication/s running out or <u>in advance</u> if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends, ensure you have enough medications in advance. PLEASE BE PATIENT waiting periods can apply



### Bowel Cancer Awareness Week®

A Bowel Cancer Australia initiative 3-9 June 2012

Red Apple Pins are available from the reception at the Health Centre for \$2.00 each.

The 'apple pin' symbolises our bowel cancer message. The outline of the apple logo appears as an abstract of a human colon.

The small hole in the apple is caused by a worm. If detected early and removed, the worm is unable to infect and kill the otherwise healthy apple.

It's the same with people - if bowel cancer is detected early through screening it can be removed and people can continue to enjoy a healthy life.

Apples are also a nutritious source of dietary fibre

Ask your GP or Pharmacist about the 'Bowel Scan Testing Kits'.

Awareness saves lives!

#### DIABETIC CLINIC

Regular consults are available at the St Marys Community Health Centre. If you require an appointment please see your GP for a referral and GP North will contact you with an appointment time.

Next session at St Marys is: Friday 15 June 2012



#### **SMOKE FREE ZONE**

As of 1st July 2012 the St Marys Community Health Centre will be a **SMOKE FREE ZONE.** 

This applies to staff, patients and visitors to **the site and grounds**.

This is a requirements of all sites of the Department of Health & Human Services.

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

## ST MARYS COMMUNITY HEALTH CENTRE

	WHAT'S ON AT THE CENTRE	<u>W</u> F	HAT'S ON AT THE CENTRE Continued
14 June	Relationships Australia - Leanne McMurtie for appointments please phone1300 364 277	25 June	Mental Health Clinician/ Case Manager  Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for
	<b>Social Worker</b> – Shan Williams. Please phone 6372 2111 for appointments		you.
15 June	<b>Dietician (GP North)</b> - Appointments available by referral from your GP	26 June	Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
	<b>Diabetes Educator (GP North)</b> - Appointments available by referral from your GP		Counsellor- Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.
:	Exercise Physiologist (GP North)- Appointments available by referral from your GP		Mental Health Clinician/ Case Manager- Faye
	Social Worker— Shan Williams appointments available by phoning 6372 2111		Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
	GP North Psychologist. For appointments please see your GP for a referral		Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381
18 June	Mental Health Clinician/ Case Manager – Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.	27 June	Day Centre— For details on the group please contact Hayley Gilbert 6372 2111
	TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room		Social Worker— Shan Williams appointments available by phoning 6372 2111
19 June	Child Health Session with Sue Gofton every	28 June	Relationships Australia - Leanne McMurtie for appointments please phone1300 364 277
	Tuesday- Appointments only. Please phone 0428 136 381		Social Worker- Shan Williams appointments available by phoning 6372 2111
	Mental Health Clinician/ Case Manager—Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.	29 June	<b>GP North Psychologist</b> . For appointments please see your GP for a referral
	Counsellor- Ellen Naef. Please phone 0409		Social Worker— Shan Williams appointments available by phoning 6372 2111
	864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House	2 July	Mental Health Clinician/ Case Manager  Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for
20 June	Mental Health Clinician/ Case Manager-Faye		you.
	Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.	3 July	Mental Health Clinician/ Case Manager— Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for
	Day Centre  For details on the group please contact Hayley Gilbert 6372 2111		you.  Child Health Session with Sue Gofton every
21 June	GP Podiatrist- Annabel. Please see your GP for a referral		Tuesday- Appointments only. Please phone 0428 136 381
	Social Worker- Shan Williams. Please phone 6372 2111 for appointments.		Counsellor- Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.
22 June	GP North Psychologist. For appointments		
	please see your GP for a referral	_	PODIATRY NORTH
1		C	november Dodintor Coming - EDEC

## PODIATRY NORTH Community Podiatry Service— FREE

At the St Marys Community Health Centre

Please see your Health Professional for a referral or call Podiatry North for appointments direct on: 6331 5155

6372 2111 for appointments

25 June

Social Worker- Shan Williams. Please phone

Audio Clinic- For appointments please ring

#### MEALS ON WHEELS ROSTER Fingal St Marys June Neighbourhood House 18th Pam Lynch Monday Val Spencer 19th Tuesday 20th Liz Rice Wednesday Thursday 21st Ruth Aulich 22nd Drew Adam Friday 0488 384 344 Phone: **MOW Contact** Neighbourhood House 25th Lorraine Gill Monday Tuesday Trish Pike 26th Wednesday 27th Barbara McAllister 28th Yvonne Salter Thursday

#### **Church Services**

Val Spencer

#### Catholic Parish of St Marys

29th

Friday

Sr. Lorraine Groves Parish House. Ph: 6372 2252 Mob: 0409 172 741

#### 1st Sunday: MASS

St Helens Vigil L/W 6.00pm Bicheno L/W 9.00am Fingal 11.30am

#### 2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Fingal LWC 9.30am

#### 3rd Sunday: MASS

St Helens Vigil 6.00pm St Marys 9.00am Fingal 9.30am Bicheno 9.00am

#### 4th Sunday LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

#### 5th Sunday LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

Enq: Baptisms & Weddings Ph: 63 31 4377 Church of Apostles Presbytery

Officer Hours: 10.00am - 3pm. Sr Marjorie Ph: 6381 1122.

## Anglican Parish of Northern Midlands

Neighbourhood House

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday – Family Service)

#### Anglican Parish of Break O'Day Ph: 6376 1144

6.00pm 9.00am 10am St Helens 9.00am 9.30am 10.30am St Helens 9.30am 4th Sunday Kids Church Pyengana, 2pm 3rd Saturday of each month — Community Dinner @ St Marys

#### Salvation Army TUESDAY JAM

3-5pm every Tuesday. excepting school holidays.

#### Envoy Melanie Norton Ph: 63722099 SUNDAY JOY 12.30pm

this is a bring-and-share lunch followed by a great time of friendship and fellowship. You are very welcome to join us and share our JOY! Ph:0409 838 816.

#### Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405
ens 9.00 am

St Helens 9.00 am Fingal 11.15 am

#### Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10 am Divine Service 11 am

#### **Contacts for Valley Voice**

PH: Judy: 6372 2155
email: judith.spilsbury@telair.com.au
Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

#### Advertising: 2012

Classifieds: 25 words or less: free
Community notices: free.
Small boxed ads. Garage sales. Greetings.
Thanks etc. \$12.
½ page \$20. ½ page \$30.
Full page \$50.
1 year posted subscription \$40.
Copy of guidelines available on request.

#### On Air Now! Vision FM 88.0 at St. Marys, St Helens *and* Fingal.

The Breakfast program is now hosted by Matt and Karen on weekdays.

There are now over 500 stations

Australia wide.

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network.
Phone 1800 007 770.

## St Marys Online Access Centre Opening Hours:

Monday 10am -3pm Tuesday 10 am-4pm Wednesday 10am-4 pm

Thursday 10 am - 3 pmFriday 10 am - 3 pmSaturday 11 am - 2 pm

Ph: 6372 2005

#### ST MARYS OP-SHOP

SUPPORTING YOUR LOCAL SCHOOL

WINTER OPENING HOURS: MON TO FRI. 11AM — 4PM (WHERE VOLUNTEERS ARE AVAILABLE)

ST MARYS MARKET SATURDAY 10AM—1PM

PH: Janet Drummond: 6372 2851.

Shop will only be open as volunteers are available. So sometimes the shop might have to open late or close early.

If you're interested in assisting the school and volunteering at the Op Shop, please contact Janet Drummond 6372 2851.

#### St Marys Sports Centre Inc. news Kackhander

Thanks to everyone involved in the recent Boags Day last Sunday. Special thanks to the Boags Company of course, in difficult times when sponsorships are stretched to the limit and also to Macca, Trev, Roger and the crew for the course and admin on the day and not forgetting our incredible caterers of the beaut tucker which is legendary.

There's plenty about to happen on the golf front too and Perpetual trophies, Championships and other golf days will be revealed as dates are locked in.

We have the AGM on the horizon soon too and with a bit of luck plenty will attend to contribute to a pretty successful year. There's still lots to look forward to with a cold winter upon us.

Until next time, good hitting and rolling.



Helen Harrison, Secretary/Treasurer Suncoast singers, Mary-anne Wadsworth, Jean Legge - President, Tasmania Lymphoedema Clinic, St Marys and Kate Williams, therapist, photographed on Tuesday being presented with a cheque for \$1200, being proceeds from the Suncoast Singers concert held on 3rd June.

### Christmas in July Pencil this one in your diary.

For July 21st 5.30pm
Entree, Main and desserts
\$30 adults & \$15 for U/12s
Plus many great games & prizes.
Bookings at the
St Marys Supermarket 6372 2240
or at the Club 6372 2177.



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon - Fri 8am - 6pm
Sat 8am - 12 noon Sun - closed

#### This week's specials.

(available from Thurs 14th June-Wed 20thJune)

from the butchery

J	
Blade roasts	\$ 6.99kg
Lamb shanks	\$ 9.99kg
Lamb loin chops	\$14.99kg
Nichols chicken kiev	\$ 6.99kg
Ingham chicken breast fillets	\$12.99kg

#### from the shelves

Bushells teacup teabags 100s	\$2.99
Sanitarium Weetbix 1kg	\$3.99
Arnotts shapes 160/190g	\$1.59
Kleenex cottonelle toilet tissue 8pk	\$4.79

#### all only \$1.99

CSR sugar white/raw 1kg
Arnotts Sao original 250g
Pascal bagged confectionery 140/400g
Samboy/Thins/French fries 175g
Doritos corn chips 175g
Thick & Thirsty paper towel 2pk
McKenzies home style soup mix 210g

#### next week's specials

(available from Thurs 21stJune- Wed 27th June)

#### from the butchery

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Rump steak	\$10.99kg
Beef mince	\$ 9.99kg
Corned silverside	\$ 6.99kg
Beef stirfry strips	\$12.99kg
Lamb BBQ chops	\$ 9.99kg

#### from the shelves

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Uncle Tobys oats 1kg	\$4.99
Sanitarium Up &Go breakfast drink 3pk	\$2.99
Fab Ultra laundry powder 1kg	\$3.89
Golburn Valley peaches twin 1kg	\$6.99
IXL conserve Jam/Marmalade 600g	\$2.99

#### from the cool room/freezer

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Duck River butter soft 500g	\$3.99
Flora Margarine spread 500g	\$2.59
Kraft cheese singles 250g	\$2.49
Peters light & creamy ice cream 1.8lt	\$5.75
Scotts meat pies 6pk	\$4.99



#### ST MARYS SPORTS CENTRE INC.

Every Friday – 6.30 - 7.30pm drinks at discounted prices Ph: 6372 2177



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