

# *The Valley & East Coast Voice Est. 1968*

*Volume 45 No. 23 Thursday April 25th 2013 \$1*

## LEST WE FORGET

In recognition of the national significance of Anzac Day and its meaning to many of us in the community of the Fingal Valley and East Coast areas, this editorial will look back on the history of Anzac Day and its meanings today.

Anzac Day is a time when we remember all those who have served and died in all wars and conflicts. Today many of us will think of individuals in our own lives who have been part of conflict, and those who are no longer with us. The spirit of Anzac has come to represent the qualities of courage, mateship and sacrifice, and is closely linked with Australian national identity.

Anzac Day is the anniversary of the first major military action fought by Australian and New Zealand forces during WW1. In 1915, these forces formed part of an expedition sent to the peninsula of Gallipoli to secure an area called the Dardanelles for the allied naval forces. The ANZAC forces landed at Gallipoli on this day April 25 and battle ensued; by the end of 1915 over 8,000 Australian soldiers had been killed. The day of the Gallipoli landing has become a pivotal point in the history of Australia, coming to symbolise courage against great odds, companionship, and the conviction to carry out near impossible tasks. When we take part in community activities on Anzac Day we are recognising the strength and bravery it takes to do what we believe to be the right thing. The soldiers who formed those original ANZAC troops were doing something difficult beyond measure simply because they believed it was the right thing to do, and that is what we honour when we celebrate Anzac Day today.

Many cultural traditions have become part of Anzac Day remembrances. Flowers and wreaths are often laid on graves and memorials, symbolising our remembrance of those who have made great sacrifice. In many ceremonies, a very moving and popular stanza from the poem *For the Fallen*, by Laurence Binyon, is spoken aloud. As part of a long military tradition, the Last Post is the bugle call used to signify the end of the day; it is also sounded at military funerals and at commemorative services like Anzac Day and Remembrance Day.

Its symbolism in these situations is to indicate that the soldier has at last completed his or her duty and may rest peacefully hereafter.

A period of silence is customary for reflection on those who have served, as

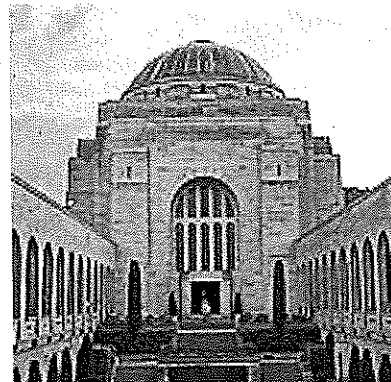
a sign of respect, and to give honour to the fallen.

Perhaps the most mysterious and moving element of remembrance around the world is represented by the Tomb of the Unknown Soldier. This tradition began in Britain in 1920 when the body of a single young soldier killed at the Somme was chosen from among four and entombed in Westminster Abbey. He could have been British, Canadian, Australian, or New Zealander, but his nationality was of less import than his significance, for he represented all those who were killed in war and the tomb became a focal point for the expression of sorrow, and honour. A similar tradition was begun in Australia in 1993 when the body of an unknown Australian soldier was recovered from France and interred in the Hall of Memory in Old Parliament House.

Every year the Dawn Service is held at the Memorial in Canberra and in 2012, over 25,000 people gathered to participate. Hundreds of smaller ceremonies are held all over the country. Even in today's multicultural climate, virtually all Australians, whether they were born here or chose to become citizens later in life, agree that the ceremony and its significance carries a message that is meaningful to all.

The last Australian to have fought at Gallipoli died in 2002. To date, forty Australian soldiers have been killed on duty in Afghanistan, the last in October 2012.

*This is an editorial tribute to all past and present serving soldiers.*



The next Valley Voice is due out on 9th May 2013 and the deadline is 5pm Tuesday 7th May 2013

[vvoicerevisited@gmail.com](mailto:vvoicerevisited@gmail.com)

6372 2442 / 0403 430 452

Wendy Dawson, 12 Groom St, St Marys Tasmania 7215

## Community Announcements

**St Marys Hospital Auxiliary** meet on the first Monday of every month at 2pm in the St Marys Community Health Centre.

**The Break O'Day Woodcraft Guild Inc** meet on the last Thursday of the month at 11a.m. in the Goods Shed behind the St Marys Railway Station.

**The Tasmanian Lymphoedema Centre Inc** hold their meetings on the 3rd Monday of the month, 10 am at the St Marys Community Health Centre, Day Care room.

### **St Marys Ladies Midweek Tennis**

9.30am each Wednesday. New players of any standard and beginners welcome. Child minding included – a lovely safe place to bring toddlers while you play.  
Ring Karon 6372 2382 or Dana 6372 2033

**Suncoast Singers** meet every Friday, 10am in the Catholic Hall Cecilia Street, St Helens. New singers always welcome... if you can yawn - you can sing. Mary-Anne Wadsworth. 6376 2969.

**St Helens Alcoholics Anonymous (AA)** meet on Wednesday 8pm weekly at St Paul's Anglican Church Hall, St Helens. Murdoch 6376 3335

**The Scamander and Beaumaris Community Development Association** meet at 7pm in the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

**St Patricks Head & Esk Valley Historical Society Inc** meet every second month on the third Wednesday at 3pm at various venues throughout the valley.  
Barry 6372 5752 (aulich@bigpond.com)  
Jim 6372 2127 (jimhaas@bigpond.com)  
www.fingalvalleyhistory.com

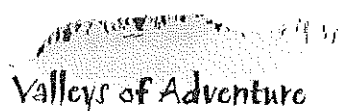
The **Falmouth Community Centre** contact for booking club facilities is Rachel Woods, 03 6372 5118.

**The Break O'Day Stitchers** meet each Friday in the Bungalow at Neighbourhood House in St Helens from 10 – 3. Participants are welcome to stay for as long or short a time as they choose and the choice of projects to work on is also optional - either bring your own or join in and assist on a group project.

**BINGO** at the Cornwall Hall every Monday at 7pm, 2 jackpots each week. All welcome. Money raised goes to help with Hall renovations.

The **Chocolate Shop Singers** meet at the Mt Elephant Fudge shop St Marys every Thursday at 5pm. Everyone welcome.

**St Marys Alcoholics Anonymous (AA)** meet every Friday 8pm at Holy Trinity. Mick & Shirl 6372 2909



GREATER ESK TOURISM

WHERE: Fingal Valley Neighbourhood House  
TIME: 7PM All WELCOME

**Guest speaker** - Monday, 6 May (please note date change) **Sue Atkinson** (museum consultant) will give a presentation on the proposed Tasmanian **Migrant Museum** which will showcase the stories of migrants who have made an impact on our state's development.

**Scamander Garden Club** meet at Scamander Sports Complex 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Val 6372 2762

**Stallholders Market Inc** is a non profit organization which hold markets every Saturday from 8am in St Helens at the Library car park. There are a variety of stalls and the fees charged to stall holders are donated to various charities. Cheryl 6372 2194 (please leave a message)

The **Cornwall Community Development Group** hold their general meetings on the first Tuesday of the month at 7pm. All interested persons are welcome.

**Break O'Day Regional Arts** General meetings are held on the first Tuesday of March, June, September and December at 4pm at Mt Elephant Fudge Shop. All welcome.  
Michelle 6372 2056

### **ST MARYS / FALMOUTH PLAYGROUP**

MONDAYS 10:30 – 12:30  
at the Falmouth Community Centre



Does your child/children enjoy

- Painting and arts & crafts activities
- Riding bikes
- Playground play
- Exciting activities & celebrations
- Interacting with others

Join us at Play Group for only a small charge of \$3 per family in a relaxed and friendly atmosphere for children, mums & dads. Contact Tash Speers 0419 591 905 or Amy Faulkner 0417 152 337

**St Helens Al-Anon Family Group (Al Anon)** help families and friends of alcoholics recover from the effects of living with the problem drinking of someone close.  
Sunday 2pm weekly  
St Paul's Anglican Church Hall St Helens  
Anne or John 6376 4270 or Rose 6376 3335

## Community Announcements



### Rates Instalment Reminder

Council would like to remind ratepayers that the 4<sup>th</sup> instalment of the rates for 2012/2013 is due on **Friday 3 May 2013**.

Payment is requested on or before this date to avoid interest and/or penalties.

Ratepayers who are having difficulty making payment should contact Council's Rates Department on 6376 7922 to discuss payment options.

Des Jennings  
General Manager

St Marys Op Shop is open Monday to Friday 11- 4 and Market Saturdays 10-12.30. We are looking for more volunteers, please call Janet Drummond on 0404 562 320

The Op Shop workers at the Fingal Valley Neighbourhood House are happy to receive your preloved clothing and goods. Open Monday to Friday 9 - 3. Donations can be collected on Mondays or items can be dropped off at the Centre. Come along, check it out and pick up a bargain.  
Deb Speers, Fingal Valley Neighbourhood House

## **AGFEST**

**Don't miss out on the  
BUS TRIP TO AGFEST  
Thursday 2nd May 2013  
\$25.00**

**Call Jan on 6372 2137 to  
book now!**

**Community Transport  
Services Tasmania**

The Holy Trinity Anglican Community Outreach Dinner was held on Saturday 20th April 2013 on a cold and blustery night! About 18 community members braved the weather and attended the dinner bringing with them food to share. The cook provided three choices of piping hot soup for the main course and a pleasant evening was enjoyed by all. \$84.00 was raised which will be sent to the Voice of Martyrs. Voice of the Martyrs is an international, inter-denominational mission committed to serving persecuted Christians around the world by providing Bibles, Christian literature, ministry equipment, medical aid, practical assistance and advocacy. Next month's dinner is to be held on Saturday, 18th May and the main course will be a selection of Roasts. Please look out for notices around town and in the Valley Voice for more details.

Janet Drummond.

### **For Sale**

Moo-poo, any quantity, fine screened and mint mulch. Ph Norm 6372 2380

Boat Tender 7 foot fibreglass \$500 ono. 6372 2584

3 Bar stools, \$50. 0457 157 780

Gas tank for car \$100. DVD's Nugget, Norbit, Casanova, Last Samurai, Battlefield Earth and 300, \$50 the lot. 51cm TV \$20. 6372 2584

Firewood 1 ton delivered \$80. 0498 971 956

Round Bales, garden mulch or bedding, \$50 each with free delivery in St Marys area. 0407 944 158

Toyota Hilux 2WD - 2000 2.7L petrol 5 speed manual with tow bar, tray liner, tinted windows, running boards and tonneau cover. Serviced regularly and in excellent condition, \$8000 ono. 6372 2686

### **Wanted**

Gardening, odd jobs. Family man, \$10 p/h 6372 2584

### **Miscellaneous**

FREE firewood, you cut the tree down and cart away. Must be competent and insured. 6372 2584

**Classifieds in the Valley Voice are  
free of charge for two issues.**

**Please let us know if items are sold.**

**On this day in 1953 - Scientists identify DNA**

## Letters to the Editor Vol. 45 No 23

April 25th 2013

Dear Editor,

### A TRIBUTE TO SMALL BUSINESS OPERATORS IN ST MARYS!

Recently selected to represent Australia in The World Games being held in Colombia South America, our son was faced with the problem of trying to raise thousands of dollars to realize his lifetime dreams.

His sport (Sumo Wrestling) lacks high profile interest, and is not strongly supported by media in Australia. Despite having represented Australia in Judo, Wrestling, Belt Wrestling and Sumo Wrestling on 4 continents and in 9 international competitions our son was experiencing difficulty in securing sponsorship and financial support.

At a loss on how to raise his profile I engaged help from **Marina from Metamorphosis Marketing** (right here in St Marys). Marina designed a promotional plan together with flyers and posters for Joe.

This resulted in huge media interest, radio and newspaper interviews, corporate interest and great support from within his home area.

In only 3 weeks Joe had the funds, clothing and equipment he needed, together with a great level of support from a community who previously knew little about his accomplishments and the sport he loves.

Joe is now preparing for the 10 days of The World Games being held in July. With over 4000 athletes from all over the world representing the sports currently not included in The Olympic Games, he is working hard to bring back Gold.

Thank you Marina!

Jan Saunders – Community Transport

Dear Editor,

Mid week last my home was unlawfully entered with the obvious intention of stealing money. Entry was gained via a bedroom window through which a very small framed person could pass. No cash on premises! Stolen items none! Now the alarm system is activated and the security camera and lights are in place. I have several things I could have used as a weapon, had I been home. Makes me think I should join an organ donation (collection) team. I have several ice blocks and eskies on hand. So beware, you gutless wonders who prey on women living on their own. I now wish I had been home and it may have been a different story. I may have been in remand for murder and you may have been in the cemetery.

Jacqui Bianchi  
St Marys



### *For the Fallen*

With proud thanksgiving, a mother for her children,  
England mourns for her dead across the sea.  
Flesh of her flesh they were, spirit of her spirit,  
Fallen in the cause of the free.  
Solemn the drums thrill: Death august and royal  
Sings sorrow up into immortal spheres.  
There is music in the midst of desolation  
And a glory that shines upon our tears.  
They went with songs to the battle, they were young,  
Straight of limb, true of eye, steady and aglow.  
They were staunch to the end against odds uncounted,  
They fell with their faces to the foe.  
They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.  
They mingle not with their laughing comrades again;  
They sit no more at familiar tables at home;  
They have no lot in our labour of the day-time;  
They sleep beyond England's foam.  
But where our desires are and our hopes profound,  
Felt as a well-spring that is hidden from sight,  
To the innermost heart of their own land they are  
known  
As the stars are known to the Night;  
As the stars that shall be bright when we are dust,  
Moving in marches upon the heavenly plain,  
As the stars that are starry in the time of our darkness,  
To the end, to the end, they remain.

*Laurence Binyon (1869–1943)*



Picture by Janet Lane, Bicheno.

## St. Marys Sports Centre Claims State Title

After what can only be described as a long and difficult bowls season our intrepid crew, due to a very unexpected win in the East Coast final, participated in the Division 3 State Final at Bicheno two weeks ago. With a few of our players unavailable due to the uncertainty of the venue and format up until the Wednesday of that week, a couple of subs had to be called in from Swansea to see us fill the four rinks required to play.



Also lending a hand were Jordan "Tiger" Leedham and Bradley McDonald, who although they had only played division 2 most of the year, helped the club out when they were badly needed. Our opponents on the day were the all-male rinks of the Brighton Bowls Club, who have yet to play a mixed format in their competition. It is probably fair to say that some of us, on and off the team, would not have rated a chance and after a slow start and being behind 15 shots early, we knew we were going to struggle. Then Brent Leedham made an amazing comeback from well down, John Vincent went 10 shots up, Macca and John Mac were having tight battles on their rinks, and we suddenly realized with a few ends to go that we had hit the lead by a few shots.

At the very last end of the game the opposing skip had to draw another shot to tie the game overall but could not manage to do so and we got up by just one shot! John McDonald, Barry Hill, Bradley McDonald and Bobby Harwood going down 24 to 18, Brent Leedham, Dave Gray, Jordan Leedham and Nikki Viney after their comeback going down 26 to 19, "Call me skip" John Vincent, Jim Rankin, Kirsten Viney and Shane winning by 27 to 16 and Macca, Nicky Leedham, Sue Bean and Damon Viney winning 20 to 17.

What an amazing effort. A big thanks to those that came and supported us during our finals campaign and a special thanks to Olivier Chartraine for making the trip that week and being just as excited as we were at the finish. Then, after the game, we all called in to our local hotel for a quiet meal and a few "sherberts" to celebrate.

**Well done to you all!!**

(Macca)



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03 6372 2724 - [gonerustic@gmail.com](mailto:gonerustic@gmail.com)

[www.gonerustic.com](http://www.gonerustic.com)

[www.facebook.com/gonerusticstudiogallery](https://www.facebook.com/gonerusticstudiogallery)

### **Fresh flowers & plants available**

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for **Mother's Day** by  
8<sup>th</sup> May



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some nuts, chocolates, cake or sweets

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durable, last for years and improve  
the health & strength of your nails. These  
make lovely gifts!

### **Purple Possum**

Wholefoods & Café

**5 Story Street St Marys 6372 2655.**

# WOODCRAFT GUILD OPEN DAY FAIR 2013

Although 'Endur' kept her showers at bay, 'Zephyr' seized the opportunity to take centre stage; all his howling and gusts were no match for the stoicism of our community however.... the show went ahead. An apology from our Ambassador the Hon. Patrick Wells, he had an important engagement the night before with 'Amphictyonis' goddess of wine and was unable to officiate. Hopefully next year!

On a serious note a special thank you to Kelly Bond and Michele Menze who went the extra step to entertain the children. Thanks to Col Mackenzie, George Woknoski, Graham Derbyshire, Wendy Brennan and Leo Hinder all of whom helped erect and dismantle the tents. Thanks to Graham Derbyshire and tongs specialist Dave Mallet for manning our legendary sausages, and to Tracy McDonald whose innovative ideas helped breathe some new life into our project. Thanks to Reptile Rescue for educating all observers that 'nature is not the enemy' and to The Duck whose even temperament calms the ruffled feathers and the St Marys Child Care Centre.

A thank you to all the businesses that let us display the poster of our photogenic ambassador, namely the IGA and all the staff, Ping's Place, Evelyn from the Bakery, the Post Office, the St Marys Pharmacy, Grant's Garage, Second Hand Rose, the St Marys Op Shop, the Coach House Restaurant and Jackie from East Coast Potatoes.

A particular thank you to Lorraine Gill as our ticket seller extraordinaire. Thanks to the editor of the Valley Voice and all the volunteers, and Cage Rattler.

Thanks to Ted Koops and Paul Byard who never fail to entertain the crowds with their musical prowess. Many thanks to the St Marys Ambulance and Fire Crews who every year volunteer their services, it is very much appreciated. More thanks to StandBy, StarFM, Fingal Valley Neighbourhood House, Gavin from St Helens Plant Hire and the Break O'Day Council.

To all the stall holders many thanks for braving the elements.

Thanks to The Hon. Rene Hidding and The Hon. Tania Rattray, and although Mark Shelton could not attend, the courtesy call on the day was appreciated.

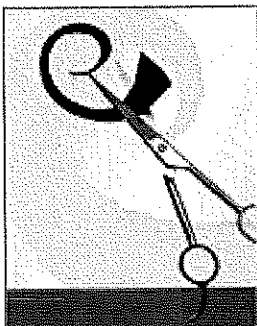
Thank you to the community of St Marys for your unflagging support. Finally, a big thank you to our President Reon Johns and all our members whose dream has always been to keep old woodworking techniques alive for this generation and the next.

Wendy Brennan, Secretary





## WOODCRAFT GUILD OPEN DAY FAIR 2013



### Ana's Hairdressing Salon

46 Main Street, St Marys  
9am Tuesday, Wednesday and Thursday  
Open market Saturdays  
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available.**



**SKIL SAW:** A portable cutting tool  
used to make studs too short.

### St Marys **PHARMACY**

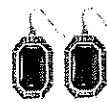
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# Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance.

53B Main Rd Perth 7300 (POB 50) 6398 1115

58A High St New Norfolk 7140 (POB 271)  
6261 3366



1300 132 689

D.Adams.MP@aph.gov.au

**WORKING WITH YOU FOR A  
STRONG COMMUNITY**

Written and Authorized by Dick Adams, 53B Main Road  
Perth

## OPENING OF A NEW TASMANIAN RAILWAY (BY TELEGRAPH Correspondent.)

The railway line from the Corners, on the Main Line, to St. Mary's, via Fingal, was opened to-day by the Governor. A large number of visitors from Launceston and Hobart proceeded to St. Mary's, where the Governor declared the line open. The party returned to Fingal, where a banquet was held in the afternoon.

A slight accident occurred on the return journey, owing to a wheel coming off. The train was soon put right, and the party returned to Hobart and Launceston in the evening. All the Ministers were present. The train ran very smoothly. There was nothing important in the speeches, politics not being touched upon.

**THE ARGUS,  
WEDNESDAY, JUNE 30, 1886**

<http://trove.nla.gov.au/ndp/del/article/6100297>

## Sausage casserole

### Ingredients

8 thick sausages

2 tablespoons olive oil

1 onion, thinly sliced

2 garlic cloves, crushed

2 tablespoons tomato paste

2 x 415g cans crushed tomatoes

1/2 cup beef stock

2 teaspoons sugar

2 tablespoons thyme leaves

Mashed potato and extra thyme, to serve

Preheat grill or a frying pan over medium heat. Cook sausages for 8 minutes, or until golden. Thickly slice.

Heat oil in a saucepan over medium heat. Add onion. Cook for 2 minutes. Add garlic and cook for a further 2 minutes, or until soft. Add tomato paste and cook for 1 minute.

Add tomatoes, stock and sugar. Bring to the boil. Reduce heat to medium-low and simmer for 20 minutes.

*If you don't pay your  
exorcist, you get*



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## Convict Stories from the Valley

### Bridget Roarke

Over 100 convict women were assigned as domestic servants to residents in the Fingal Valley region. Some of the women married local men and settled in the area, while others returned to the Female Factories for reassignment or punishment, and served out their sentences elsewhere. Convict women's individual stories offer us rare insights into the not-so-ordinary lives of early settlers in the region. Here is a short story recently uncovered about a young Irish girl and her life in Fingal.

Bridget Roarke was a 20-year-old Irish girl born in rural County Galway; she lived with her widowed mother also named Bridget and a brother Thomas in Roscommon. Bridget was just 4'11" (150cm) with dark brown hair, brown eyes and a lightly freckled fair complexion. Although Roman Catholic and unmarried, Bridget could read and write. At the time of her conviction for theft in 1851, the disastrous effects of famine and disease among the Irish population were still being felt with many families left homeless and destitute. County Roscommon suffered terrible loss of life with the highest death rates recorded in Ireland.

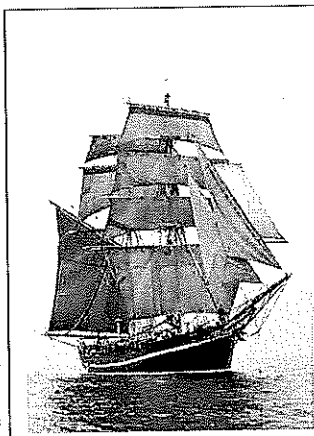
Convicted of stealing clothing at Roscommon on 4<sup>th</sup> January 1851 Bridget was sentenced to seven years transportation and like many other Irish women and their children sentenced to transportation, was confined in Grange Gorman Gaol in Dublin City for eleven months in terrible conditions, eventually sailing from the port of Dublin on 28<sup>th</sup> December 1851 aboard the convict ship *John William Dare* for Van Diemen's Land.

Tragically, the five month sea voyage was too much for some of the women and children; many of those in poor health before departure were not strong enough to survive the voyage. Four Irish convict women and two children perished during the voyage. The surviving women and children arrived in Hobart on 22 May 1852.

Bridget was assigned as a country servant to Mr. and Mrs. Charles Alford and family at their residence 'New Prospect' near Fingal. Charles Alford also leased 'Top Marshes' and agricultural land in the region, employing male and female convicts on his properties. John Stokes was one of them. John was born in Bradford, England, and was 21 years old when he was convicted with two other men for housebreaking. John was a literate quarryman, unmarried, and a Protestant with one prior conviction for robbery for which he was sentenced to two years imprisonment in England.

On three occasions John escaped from custody in England, once by running across a corn field, next by jumping over board when imprisoned on a prison hulk and a third time by hiding in a small boat. He was sentenced to transportation for life together with his partners in crime - William Allen and John Gough, two older men who left behind their wives and children and who were never to see their families again. The three men sailed aboard the convict ship the *Marquis of Hastings* arriving in Hobart Town four months later in November 1842.

Bridget and John met, most likely at Alford's property 'New Prospect' where Bridget was in service, and married in March 1855 at the chapel in Fingal. Their first child Hester was born in November 1855 and a second daughter Eliza born in November 1856. By coincidence the Alfords had also celebrated the birth of their second daughter Elizabeth. At that time the Stokes family lived in a hut on 'New Prospect'.



### Boxing Day 1856 - Unwelcome Visitors

On the evening of 26<sup>th</sup> December 1856 at 9.00 p.m., three armed men arrived at John and Bridget's hut and called John outside. They demanded clothing, John's watch and guns, and pointing a gun directly at John's head one of the armed men threatened to 'drop him'. John handed over his watch and explained that he had no money, but that his gun was inside the hut and that the family had one coat to spare, in use covering his infant daughters as they slept. Bridget gave the men a possum skin rug and John retrieved his gun and handed it to the gang leader. The three men then made their way off into the night, leaving John and Bridget shaken but unharmed.

The following day as John and Charles discussed the previous night's events, one of the three men returned to the scene of the crime apologizing, stating that he would not have harmed them and was under the influence of the more threatening leader of the gang. Charles sent for the police and all three men were apprehended. Two were found guilty of robbery and threatening to kill John, and both were sentenced to death by hanging. Following the verdict, John, Charles and others successfully petitioned the Court for leniency for the two condemned men. Their sentences were commuted to eight years imprisonment for the man who had apologized, and life imprisonment for the gang leader.

John and Bridget Stokes went on to have twelve children, all born in Fingal. Charles and Catherine Alford also had more children and life seemed good for both families. However, fortunes changed rapidly and only a few years later, both families found themselves in very different circumstances.

To be continued.....

Written by Hilary Jones BA Researcher and amateur historian

1<sup>st</sup> April, 2013

## The Say by Cagerattler

Firstly, thanks to several people who offered their support to the St Marys Sports Centre in the past couple of weeks and it suggests that perhaps the old girl isn't quite ready to go just yet. A goodly few attended the meeting, and there was a nice attendance at the Bowls Dinner last week.

Also it was well and truly worth a visit to the Woodcraft Guild Fair; despite some horrendous winds playing havoc with the tents, awnings and so on it was a fun and an informative way to spend a Saturday - a real bonus to the town.

ANZAC DAY - Once again we approach this time honoured, respectful and enlightening day that means so much to so many. Some years back I was given the opportunity to speak about the effect ANZAC Day has had on my family members and it was an honour that I cherished and perhaps all of us should do if given the chance.

As has been said many times before, we do not and can not glorify war but we should not forget those who sacrificed their lives so that we can enjoy what we have now. This includes ALL conflicts and peacekeeping times. My uncles witnessed things first hand that thankfully most of us will never have to and I recall basing my address around that. These two ordinary blokes in World War II like many tens of thousands of others travelled to distant places to just try and 'do the right thing' by their country.

In most cases that was the only reason they went. In the First World War, there was for some the sense of adventure and bravado initially but soon the horrors of war, especially during Gallipoli for the Anzacs and later on the Western Front and the Somme, showed these blokes what it truly was. Those who returned home became fathers and saw their sons and even daughters go off to war again only two decades later, which would have tempered a sense of adventure out of them no doubt as the experience did with my uncles...but they still went, still died and still endured maiming and other problems if they came home.

In a way ANZAC Day is as much for the survivors as it is for those who died.

Isn't it great that our country continues to pay our undying respect for all these people who 'did the right thing'? See you at one of our local services.

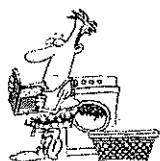
What do you think ?

(Column by Rod McGiveron)

### CLEAN CRACK LAUNDROMAT

32 MAIN ST ST MARYS

Coin operated washers & dryers

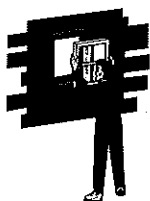


7am - 7pm  
Fri & Sun a little later

### EAST COAST GLASS

Falmouth Ph: 6372 5361

- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



Locally owned and servicing the East Coast.

Call David and Anne Cannon for prompt and reliable service.

### Ransley's Appliance Service

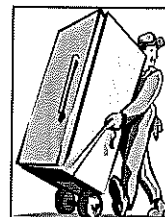
POB 136

Scamander Tasmania 7215

Washing machine **noisy**?

Refrigerator runs **too long**?

Clothes dryer blows **cold air**?



Then you need the service of our technicians.

6372 5307 / 0428 761 811



### Harris Funerals

St Helens, Bicheno & Fingal Valley

*We are here when you need us.*

*Burial or Cremation, Traditional or*

*Unique Funerals Services available*

**Office & Chapel:**

46 Tully Street St Helens

Phone: 6376 1153 ~ 0418 133 420

[tamara@harrisfunerals.com.au](mailto:tamara@harrisfunerals.com.au)

Member of the

Australian Funeral Directors' Association

**May  
12**



# **SINGING WORKSHOP**

with Victorian College of the Arts Graduate  
**Susannah Coleman-Brown**

## **Calling all shower singers!**

Come and sing with others in a fun and relaxed workshop led by local singer/songwriter Susannah Coleman-Brown.

To secure a booking,

Email

**music@susannah.me**

Phone

**63 722 722**

Date      Sunday May 12

Venue     St Marys Town Hall

Time      10am – 3pm

Lunch     provided

Bring      folder, pencil, water bottle & warm clothing

Cost       \$20

**Brought to you by The Chocolate Shop Singers**

**VOCAL TECHNIQUE . MASTERCLASS . ACAPELLA REPERTOIRE**

## Incorporating all your needs in:

- ♦ ROAD GRAVELS
- ♦ TOP SOIL
- ♦ SCREENED TOP SOIL
- ♦ SAND
- ♦ ROCKS
- ♦ ON SITE SCREENER 20mm to 75mm  
(TURN YOUR RUBBISH INTO TOP SOIL)
- ♦ 20 TONNE EXCAVATORS WITH TILT  
BUCKET & RIPPER, ROCK & LOG GRAB &  
QUICK HITCH
- ♦ D 65 KOMATSU DOZER, RIPPER & TILT  
BLADE
- ♦ 10 YARD TIPPER
- ♦ COMPACTION ROLLER
- ♦ WHEEL LOADER

## AND MUCH MORE

# C & D

## EXCAVATIONS

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033

Mobile : 0439 722 032



**DAMS, ROADING, FIREBREAKS, LAND  
CLEARING, HOUSE SITES, DRAINAGE &  
BRIDGE CONSTRUCTION**

**LOCAL OWNER - OPERATOR WITH  
OVER 20 YEARS EXPERIENCE**

**Call Dana or Craig  
6372 2033 / 0439 722 032**

## MAY 2013

### Holiday Program

1st May Fingal Neighbourhood House  
2nd May St Marys Community Hall

### Play & Learn Sessions

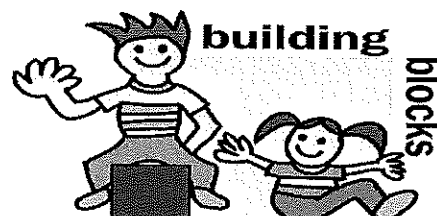
6th Falmouth/St Mary Playgroup  
9th St Marys Child Care Centre (10.00am - 12.00pm)  
15th Bicheno War Memorial Hall  
16th Fingal Primary School Launching into Learning  
22nd Fingal Masonic Lodge  
23rd St Marys Child Care New time (10.00am - 12.00pm)  
28th CFC Launching into Learning  
30th Mathinna Community Hall

For address of venues please ring Healthy House on 6376 5242

**Call Cathy on 0400 002 116 or Petronella at the CFC  
Children welcome**

Most sessions are held from 10.30-12.30

For more information or to share ideas/suggestions  
Please call Cathy at Healthy House on  
6376 5242 or 0400 002 116  
Email: [cathy.parker@healthyhouse.org.au](mailto:cathy.parker@healthyhouse.org.au)



**Workshop**  
Magic 123 workshop will be  
held on Wednesday the  
7th, 8th and 29th of May  
At the Child & Family Centre  
1pm - 3pm Booking  
essential

All Building Blocks sessions are free of  
charge for children 0-5 years old, along  
with parents, grandparents and carers.  
Come along and see!



# SCHOOL HOLIDAY PROGRAMS



## WHERE AND WHEN

23RD APRIL CHILD & FAMILY CENTRE

(CHANGE OF DATE) 24TH APRIL MATH INNA  
COMMUNITY HALL

1ST MAY FINGAL NEIGHBOURHOOD HOUSE

2ND MAY ST MARYS HALL

## WHAT CAN I DO?

ACTIVITIES FOR ALL AGES INCLUDE COOKING, ART  
ACTIVITIES, DANCE MACHINE, XBOX, COMMUNITY  
ARCADE MACHINE, BABY QUIET AREA AND  
CONSTRUCTION, DIGITAL GRAFFITI.

BRING THE WHOLE FAMILY, ALL AGES WELCOME.  
CHILDREN NEED TO ATTEND WITH AN ADULT SO  
WHY NOT CHILD POOL?

CONTACT CATHY PARKER ON 0400 002 116

OR GARY McMURTRIE ON 6376 5242



## ST.MARYS TIGERS FOOTBALL CLUB INC.



St.Marys Tigers V Nth West / Circular Head

Sunday 14<sup>th</sup> April 2013

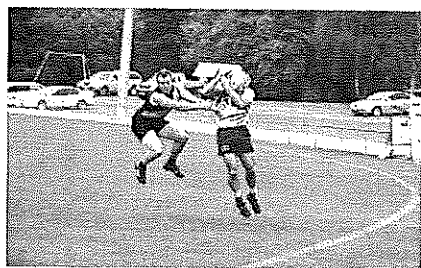
The St.Marys Tigers travelled to Windsor Park, Launceston for the first game of the season against Nth West / Circular Head. The first quarter opened in perfect conditions and produced a high standard of football played at a fast pace by both sides. The tigers were very competitive and showed glimpses of what might be against their classy Nth West Circular Head rivals but once again a lack of fitness proved to be the ultimate difference between the teams, and over the next three quarters Nth West/Circular Head ran away with the game to be convincing winners on the day.

Organizing a football team at any level takes time and effort, so a big thanks goes out to Cookie for doing his usual excellent job of chasing up players, Roger Salter for his ongoing commitment taking Friday night training and Craig Woods for his match day coaching.

**Final Score** was Nth West /Circular Head 15 9 99 Defeated St.Marys Tigers 3 4 22

**Best Players** on the day were Craig Woods, Mike Symonds, Richard Gee, David Nicholson, Anthony Woods and David Stebbings.

The next game will see the Tigers play Launceston at St. Marys on Sunday 26<sup>th</sup> May at 12:30 pm. Prior to the main game Triabunna will take on Greater Western Tiers (Deloraine) at 11:30am. so it would be great to see a 'big crowd' coming along to enjoy the footy, support the Tigers and partake of the usual footy refreshments. (Rick Lohrey)



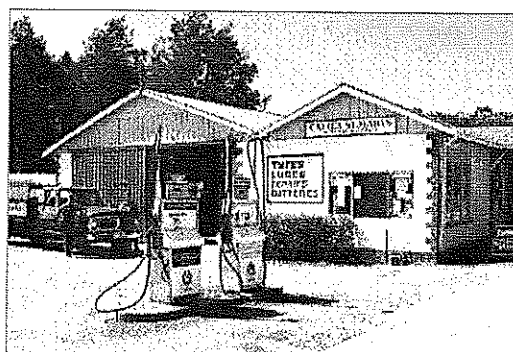
### Computer Trouble?

- 15 years experience
- Home & business
- Hardware & software
- Websites & email
- Windows, Mac, Linux
- ADSL, WiFi, Satellite

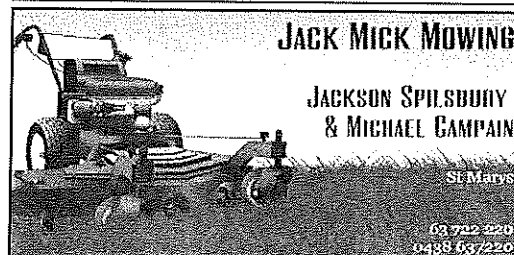
Ray Walker

m 0401 497 199

e [help@raywalker.it](mailto:help@raywalker.it)



**CALTEX ST MARYS**  
MECHANICAL REPAIRS & SERVICE  
41 Main Street St Marys Tas 7215  
6372 2335 / 0419 503 109  
Fax 6372 2822



**JACK MICK MOWING**

JACKSON SPILSBURY  
& MICHAEL CAMPAIN

St Marys

63 742 420  
0488 637220



## Valley and Coast Hobby Craft and Arts Guide.

**CRANKS AND TINKERERS** St. Marys  
Anything mechanical / classic  
cars / modeling. You name it ...we  
do it. Contact Ian Summers on  
6372 2724 or Grant Faulkner 6372  
2335 (business hours) "Get your  
motor started".

**SWANSEA MODEL YACHT CLUB**  
Model yacht/boat building and  
racing. Ph Barry Lord  
(Commodore) on 6257 8200  
([halahcottage@bigpond.com](mailto:halahcottage@bigpond.com)) or  
Secretary Cheryl Hodgetts  
6257 8548 ([bill49@bigpond.net.au](mailto:bill49@bigpond.net.au))  
"Just like the real thing only  
smaller".

**GONE RUSTIC** St Marys  
Contemporary art and craft,  
quilting, card making and regular  
workshops. Contact Rita Sum-  
mers on 6372 2724  
([gonerustic@yahoo.com.au](mailto:gonerustic@yahoo.com.au))  
"come and say g'day".

**LAUNCESTON MODEL AERO CLUB**  
(LMAC) Symmons Plains. Radio  
controlled airplanes, helicopters  
and gliders. Contact Kevin Hay  
(President) or Geoff Hays  
(Secretary) at [www.lmacrc.com/](http://www.lmacrc.com/)  
... "Come fly with us".

**JOHN McCOLL** St Marys Sculpt-  
ing, sketching, art skills and con-  
tacts. Ring John on 6372 2413 for  
tips,  
advice, help or leave a message.

**PETER TROODE** For all things pho-  
tographic, call Peter for help,  
guidance or tips on 6372 2783.

**ST MARYS FITNESS GROUP.** All  
level fitness to music. Lots of fun  
on Monday and Thursday eve-  
nings.

All welcome any age. Ring Fran on  
6372 2614. Love to hear from you.

**BREAK O'DAY WOODCRAFT GUILD**  
St Marys Railway Station. We  
provide a centralized meeting  
place for mature men and women

to share skills, knowledge, access  
to services, building of friend-  
ships and projects and we wel-  
come

newcomers to our community.  
Open

Mondays, Wednesdays, Fridays  
and Saturdays. Contact Cr. Reon  
Johns on 0429 722 091 or 6372  
2094 home. "Come and join us  
sometime".

**SUNCOAST SINGERS** (St Helens)  
We sing, sing, sing. Get together  
at St Helens on Fridays from 10-  
12.30. Call Maryanne Wadsworth  
on  
6376 2969

([mawadsworth@yahoo.com.au](mailto:mawadsworth@yahoo.com.au))  
"If you can yawn you can sing".

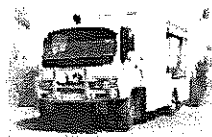
**RODNEY MC GIVERON / PAUL  
DAVERN** American HO Model  
Rail. If interested in model rail  
contact Rod on 6372 2215  
([rodneymcgiveron@bigpond.com](mailto:rodneymcgiveron@bigpond.com))  
or Paul on 6372 5526. "See you  
down the line. woo.hoo".

# STEEL n DIESEL

Equipment Maintenance

## MARK OWENS

Mobile: 0414 826 918  
Office: 03 6372 2500  
STATEWIDE SERVICE



*Mining*

*Agricultural*

*Earthmoving*

*Shutdown and Breakdown Services*

*Scheduled Maintenance Repairs*

*All Fixed & Mobile Plant Services*

*Hydraulic & Diesel Applications*

*Welding, Fabrication & Construction*

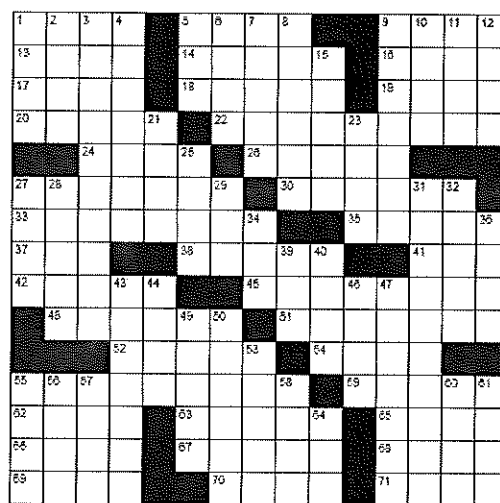
# ACROSS

- 1 Not in danger
- 5 Winglike
- 9 Information
- 13 Beasts of burden
- 14 A dish of tomatoes and greens
- 16 Distinctive flair
- 17 Level
- 18 Comment to the audience
- 19 Sensed
- 20 Latin name for our planet
- 22 Toupee
- 24 Pervert
- 26 Poison plant
- 27 Paddle-wheeler
- 30 Cassava
- 33 Eavesdropper
- 35 Chaff
- 37 Commercials
- 38 Disdain
- 41 Actress Lupino
- 42 Of the cheekbone
- 45 Adolescent
- 48 Words to a song
- 51 What holds us down
- 52 Shoe stud
- 54 Portent
- 55 Quickly aroused to anger
- 59 Muse of love poetry
- 62 Affirm

# DOWN

- 63 Fathers
- 65 At the peak of
- 66 Indian music
- 67 S S S S
- 68 Urarthritis
- 69 Participate in games
- 70 No more than
- 71 Makes a mistake
- 1 Not hard
- 2 Spindle
- 3 In a brave manner
- 4 Implore
- 5 An Old Testament king
- 6 Whip
- 7 Assumed name
- 8 A radioactive metallic element
- 9 Shortfall
- 10 Away from the wind
- 11 After-bath powder
- 12 Initial wager
- 15 Skin layer
- 21 Highest point
- 23 Shallow metal containers
- 25 Female chickens
- 27 Close violently
- 28 Related to tides
- 29 Record (abbrev.)
- 31 Creator
- 32 Trainee

- 34 Decay
- 36 Cautious
- 39 Regulation (abbrev.)
- 40 Roman emperor
- 43 Entryway
- 44 Anger
- 46 What a person is called
- 47 Median
- 49 Stop
- 50 Extreme cruelty
- 53 Brusque
- 55 Stringed instrument
- 56 Egg-shaped
- 57 Roman robe
- 58 Bucks and does
- 60 See the sights
- 61 Chooses



# ACROSS

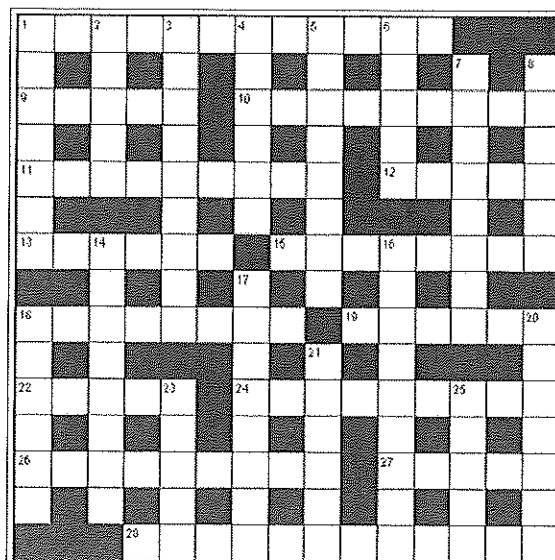
- 1 Blooming tooth robber! You have the legal right to fine him (12)
- 9 Dostoyevsky's Prince Myshkin gives one girl books (5)
- 10 Bursting in and bursting out, we hear (9)
- 11 Completed dub on soundtrack extraordinarily quickly (9)
- 12 Recent time lost makes one tardier (5)
- 13 Some metal boxes get returned, flattened at the edges (6)
- 15 Radioactive metal found in protein by one university microbiologist originally (8)
- 18 Composer who brought Spanish language to Italy? (8)
- 19 It helps produce groovy music (6)
- 22 Required by one sitting president at meeting (5)
- 24 Topless sex on Prague television initially bothered censor (9)
- 26 One who makes good money for his employers wouldn't be welcome at Lord's, perhaps (9)
- 27 Brad returns with a climber (5)
- 28 Repeatedly speak with East European corrupt dialect (6-6)

# DOWN

- 1 Bespectacled Corin somehow finds a S. American flower (7)
- 2 Brief moment for a lyricist? (5)
- 3 Give advance payment to South African province before delivery (9)
- 4 Non-Spanish speaker in America has to travel around to make a call (6)
- 5 Version of Christe eleison primarily for those with unorthodox creed (8)
- 6 Banish former huntsman out East (5)
- 7 Defective hearing result of putting one in the wind (8)
- 8 Worker is on the edge in Northern Ireland (6)
- 14 Reluctant Marion undressed for seducer (8)
- 16 Raised capital to support one theatre with production of Lear, among others (5,4)
- 17 Eskimo shaman finds English king in capital city, decapitated (8)
- 18 Commander in chief to the Queen has love for orator (6)

- 20 Leak incomplete cross-reference (7)
- 21 A mineral source extremely thin on the ground (6)
- 23 Dance graduate leaves cake (5)
- 25 A shortage? What a shame (5)

Solutions next issue.



# ST MARYS AND DISTRICT BUSINESS CONTACTS

## ACCOMMODATION

ADDLESTONE HOUSE B&B 6372 2783  
19 GRAY RD ST MARYS WWW.ADDLESTONEHOUSE.COM.AU  
FISH-TALES ON THE BAY (BH) 0439 265 362  
(PET FRIENDLY) (AH) 6372 2128  
MARITON HOUSE B&B + HORSE RIDING  
1 IRISHTOWN ROAD ST MARYS 6372 2059  
RAINBOW RETREAT (LOT 1 OFF GILLIES ROAD)  
(info@rainbowretreat.com.au) 6372 2168  
SEAVIEW FARM 6372 2341  
ST MARYS HISTORIC HOTEL 6372 2181  
(48 MAIN ST ST MARYS)

## ARTS & CRAFTS

BLUEBERRY COTTAGE 6372 2755  
(ELEPHANT PASS) dave@blueberrycottage.com.au  
GONE RUSTIC STUDIO & GALLERY 6372 2724  
(37 MAIN ST ST MARYS)

## BREAK O'DAY REGIONAL ARTS

(CONTACT MICHELLE) 6372 2056

## ART SUPPLIES

BIG SHED STUDIOS 0428 725 228  
(24837 TASMAN HIGHWAY ST HELENS)

## AUSTRALIA POST

ST MARYS POST OFFICE 6372 2124  
(MAIN ST ST MARYS)

## BAKERY

ST MARYS BAKERY 6372 2131  
(MAIN ST ST MARYS)

## BANKS

COMMONWEALTH BANK 6372 2268  
(MAIN ST ST MARYS)

## BERRY FARM

BLUEBERRIES SEAVIEW FARM 6372 2341

## BOARDING KENNELS

THE GUMS KENNELS AND CATTERY  
(IRISHTOWN ROAD ST MARYS) 6372 2512  
UPPER SCAMANDER KENNELS AND  
CATTERY (905 UPPER SCAMANDER ROAD) 6372 5157  
WAGABOUTS (0429 170 077) 6376 2131

## BREAK O'DAY COUNCIL

ST HELENS 6376 7900

## BUS SERVICES

CALOWS BUS SERVICE (ST MARYS) 6372 2476  
(ST HELENS) 6376 2161

## BUTCHER

INSTORE SUPERMARKET 6372 2274

## CABLE LOCATIONS

TELSTRA COPPER NETWORK & UNDER-  
GROUND POWER CABLES ETC.  
MICHAEL SMITH 0408 059 521

## CARERS FOR WILDLIFE TAS INC.

6372 2973 / 0417 017 105

## CARTAGE CONTRACTORS

C & D EXCAVATIONS 6372 2033  
TROTTERS CONTRACTING 6372 2107 6372 2742  
(EXCAVATION, DRAINAGE, & GENERAL CARTAGE)

## CHILD CARE

ST MARYS CHILD CARE CENTRE 6372 2187

## CHINESE GROCERY & CHINESE MEDICINE

PING'S PLACE ST MARYS 0411 186 573

## CHURCHES

ANGLICAN CHURCH 6376 1144  
CATHOLIC CHURCH 6372 2252  
UNITING CHURCH 6376 2405  
SALVATION ARMY 6372 2099

## CLOTHING

MAIN STREET CLOTHING 6372 2211

## COMPUTERS

MAINTENANCE & REPAIRS  
RAY WALKER MOB: 0401 497 199

## COMMUNITY CAR

6372 2137

## CONFECTIONERY

MT ELEPHANT FUDGE (7 STORY ST ST MARYS)  
(PROPRIETOR LIZ DEAN) BUS: 6372 2034 H: 6472 2787.

## DESIGNER - BUILDING

BUILDING DESIGN STUDIO 6372 2000  
(56a MAIN ST ST MARYS)

## ELECTRICIANS

ST HELENS ELECTRICAL 6372 5522  
0407 615 072

## ELECTRICAL REPAIRS

RANSLEYS HOME APPLIANCES 6372 5307  
(SCAMANDER) 0428 761 811  
RICK ENGINEERING (MAIN ST ST MARYS) 6372 2460

## FUNERAL DIRECTORS

HARRIS FUNERALS (ST HELENS) 6376 1153

## GARAGES

CALTEX ST MARYS (MAIN ST ST MARYS) 6372 2335

## GARDEN CENTRE

MANNA FARM 6372 2707  
(45 MAIN ST ST MARYS OPEN THUR/SUN 10 - 4pm)

## GARDENING SERVICES

CLEAN CUT GARDENING 0419 113 836  
ANDREW DAVENPORT ST MARYS 6372 2366

## GLASS REPLACEMENT

EAST COAST GLASS 6372 5361

## GOLF CLUB

ST MARYS SPORTS CENTRE INC 6372 2177

## INSURANCE BROKERS

MCKILLOP INSURANCE (LYN) 0400 984595

## JUSTICES OF THE PEACE

K FAULKNER 6372 2196  
H VELDUMS 6372 2124

## HAIR DRESSER

ANA'S HAIR DRESSING SALON 0448 532 531  
MAIN ST ST MARYS PH:AH 6372 5497

## HEALTH FOODS

PURPLE POSSUM WHOLE FOODS 6372 2655  
(STORY ST ST MARYS)

## HEALTHY HOUSE

(5 PORTLAND COURT ST HELENS) 6376 5242  
(ST MARYS COMMUNITY HEALTH CENTRE) 6372 2850

## HORTICULTURIST

PETER DANE (QUALIFIED HORTICULTURIST) 6372 2686

## HOTEL

ST MARYS HOTEL (MAIN ST ST MARYS) 6372 2181

## LIBRARY

ST MARYS LIBRARY 6372 2114

## LINE DANCING

VALLEY COASTERS 63 72 2266  
(SUE FISHER)

## LYMPHOEDEMA CENTRE

ST MARYS LYMPHOEDEMA CENTRE 6272 2900  
(LOCATED AT ST MARYS COMMUNITY HEALTH CENTRE)

## MARRIAGE CELEBRANTS

PETER POWER (peterpowercelebrant@gmail.com)  
0417 017 105  
TERESE TANNER 0400 512 845 6372 5745

## MEALS ON WHEELS

0488 384 344

## MECHANICS

MICHAEL AULICH (MECHANICAL & WELDING REPAIRS  
& GENERAL STEEL & ALUMINIUM FABRICATION)  
209 IRISHTOWN ROAD MOB: 0417 507 239 6372 2991  
GRANT FAULKNER (CALTEX ST MARYS) 6372 2335

## MUSEUM

CRANKS & TINKERERS (IAN) 0417 648845  
(MAIN ST ST MARYS)

## NEWSAGENCY

ST MARYS NEWSAGENCY 6372 2143  
(STORY ST ST MARYS)

## NEET CENTRE

(ST MARYS) 6372 2175

## OP-SHOP

(MAIN ST ST MARYS) 6372 2851

## ORGANIC VEGETABLES

JACK FOREMAN (7 STORY ST ST MARYS) 6372 2034

## PAINTERS

EAST COAST MOBILE SPRAY PAINT 6372 5571  
(0457 583 099)  
MLN ENTERPRISE PAINTING 0439 722 718

## PHARMACY

ST MARYS PHARMACY 6372 2844  
(MAIN ST ST MARYS)

## PLUMBERS

P J & H K CHILD 6372 5378  
R G & R I HARWOOD 6372 2445

## PROOF READER

LEISSA DANE 6372 2686

## REALTORS

SURF COAST REALTY 6372 5321

## RESTAURANTS/CAFES

COACH HOUSE RESTAURANT 6372 2529  
ESCAPE WILDERNESS CAFE 6372 2444  
MT ELEPHANT PANCAKE BARN 6372 2263  
PURPLE POSSUM WHOLE FOODS 6372 2655

## SECONDHAND DEALERS &

## COLLECTABLES

SECONDHAND ROSE (AH) 6372 2267

## SEPTIC TANK CLEANERS

SPLASH ST MARYS 0488 777 713

## SCHOOLS

ST MARYS DISTRICT HIGH SCHOOL 6372 3900

(GRAY ROAD ST MARYS)

## SUPERMARKET

ST MARYS IGA (MAIN ST ST MARYS) 6372 2240  
BUTCHERY INSTORE 6372 2274

## SURFING SUPPLIES

SCAMANDER BEACH SURF SHOP 6372 5529  
(6 LAGOON ESPLANADE SCAMANDER)  
BAY SURF SHOP (2 PENDRIGH PLACE ST HELENS) 6376 1755

## TELEPHONE, DATA & TV

EAST COAST PHONE & COMMUNICATIONS  
(JOHN HERON) (DIGITAL TV & SET TOP BOXES)  
0409 959 121 6372 2402

DELAFRONTERA (DAVE MORRIS) INSTALLATION & SERVICE  
TECHNICIAN MOB: 0402 969 393

## SURVEYORS

EAST COAST SURVEYING (ST HELENS) 6376 1972

## VALLEY VOICE PUBLICATIONS

ADVERTISING 6372 2442

## WATER CARRIERS

SPLASH ST MARYS 0488 777 713

## WOODWORK GUILD

OLD RAILWAY GOODS SHED (ST MARYS) 6372 2094

## WIDE SPAN SHEDS

6372 2724

## YOUTH HOSTEL

SEAVIEW FARM (GERMANTOWN) 6372 2341

## Church Services

**Catholic Parish of St Marys**  
Sr. Lorraine Groves  
Parish House 6372 2252 /  
0409 172 741

**1st Sunday MASS**  
St Helens Vigil 6pm  
Bicheno 9am  
Fingal 11.30am

**2nd Sunday LITURGY**  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno 9am  
Fingal 9.30am

**3rd Sunday MASS**  
St Helens Vigil 6pm  
St Marys 9am  
Fingal 9.30am  
Bicheno LWC 9am

**4th Sunday LITURGY**  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno 9am  
Fingal 9.30am

**5th Sunday LITURGY**  
St Helens Vigil 6pm  
St Marys 9am  
Bicheno 9am  
Fingal 9.30am

Enquiries to Sr Lorraine for  
Baptisms & Weddings  
6372 2252

**Break O'Day Uniting Church**  
The Manse 6376 2405  
St Helens 9am  
Fingal 11.15 am

**Seventh Day Adventist**  
Hodgeman Street Scamander  
Sabbath School 10am  
Divine Service 11am

**Salvation Army**  
**Tuesday Jam**  
3-5pm every Tuesday  
excepting school holidays  
Envoy Melanie Norton  
6372 2099  
**Sunday Joy 12.30pm**  
This is a bring-and-share lunch  
followed by a great time of  
friendship and fellowship. You  
are very welcome to join us and  
share our JOY!  
0409 838 816

**Anglican Parish**  
**of Northern Midlands**

Avoca 11am 2nd Sundays  
Fingal 2pm 2nd Sundays  
Mathinna 2.30pm 4th Sundays  
Ross 10am 5th Sunday  
Campbell Town 9am every  
Sun

**Anglican Parish of Break O'Day**  
6376 1144  
St Helens 8am  
St Marys 10am  
St Helens 10.30am  
Pyengana 7.30pm  
3<sup>rd</sup> Saturday of each month  
Community Dinner @ St Marys

## Vision FM 87.8 FM

**On Air Now!**  
St. Marys, St Helens, Fingal & Binalong Bay

The Breakfast program is now hosted by  
Matt and Karen on weekdays.  
There are now over 500 stations  
Australia wide.

100% positive music & talk all day long;  
connecting faith to life.

National Vision Radio Network.  
1800 007 770.  
[www.vision.org.au](http://www.vision.org.au)

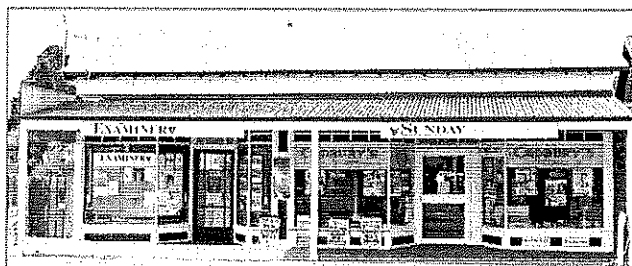
## At Sunday JOY

We WELCOME all

|         |          |
|---------|----------|
| We      | EAT      |
| We      | LEARN    |
| We      | SING     |
| We are  | REAL     |
| We make | MISTAKES |
| We say  | SORRY    |
| We      | FORGIVE  |
| We have | FUN      |
| We give | HUGS     |
| We are  | PATIENT  |
| We      | LOVE     |



For more information call Mel on  
0409 838 816 or just turn up at  
12.30pm to share lunch and a smile  
and some love. Are you willing to  
risk some JOY?



**ST MARYS NEWSAGENCY**  
6372 2143

- AURORA PAYG
- PHONE CARDS
- DVD'S
- STATIONERY
- GIFTS
- NEWSPAPERS
- MAGAZINES
- WRAPPING PAPER
- PRE-PAID MOBILES
- FISHING GEAR
- BAIT
- ICE
- CALOWS BUS DEPOT and TIMETABLES

Open 7 days a week for your convenience  
Mon to Thurs 6am - 6pm Fri 6am - 7pm  
Sat & Sun 7am - 6pm

# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

**Dr Latt**  
24/4/13— 10/5/13

**PUBLIC HOLIDAY**  
25/4/13— Anzac Day

For appointments phone: 6372 2111

Normal Doctor's Surgery Hours will  
resume on Friday 26/4/13

Please see After Hours Numbers  
below for during this time

## St Marys Community Health Centre

### GP Surgery Hours:

Monday—Friday

**8:50am-10:00am**

10:00am-10:30am— Reception Closed

**10:30am- 12:30pm**

12:30pm-1:30pm— Lunch Reception Closed

**1:30pm-2:45pm**

2:45pm-3:15pm— Reception Closed

**3:15pm- 4:30pm**

For appointments please ring Reception during opening  
times. Appointments will not be taken at other times.

## INR TESTS

A doctor's appointment is required if you are having  
an INR test. **Please let reception staff know when  
making your appointment that you are having an  
INR test.** This requires a 5 minute doctor consult.

## PATHOLOGY SERVICE

No Pathology Service between  
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an  
**appointment must be made with the Nurses  
Station the day/night before** by phoning 6372 2111

## AFTER HOURS CONTACT NUMBERS

Please phone  
GP ASSIST ON: 1300 780 011

AMBULANCE 1800 008 008 or  
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE  
6372 2111

**Please RING before presenting after hours**

## IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully  
booked for appointments 1 week in advance as of 24/4/13

If you are unable to get a doctor's appointment at the time of  
ringing and you feel you need more urgent medical attention  
*please inform the reception staff* who will put you through to  
the Nurse on duty.

Daily Doctor appointments are not always available but if the  
need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior**  
to your medication/s running out or **in advance** if you  
are attending this practice regularly. **PLEASE BE**  
**PATIENT** waiting periods can apply to see the doctor.

**Please speak to our reception staff about ordering  
scripts over the phone— as fees apply.** Scripts are  
unable to be done over the weekends, ensure you have  
enough medications in advance.



## BREASTSCREEN TASMANIA

The mobile Breast Screen Bus will be located  
at St Helens from: **29 April— 17 May 2013**

If you would like to make a booking to have a **FREE**  
mammogram done with Breast Screen Tasmania's mobile unit  
please phone **132050**.

The program provides free screening mammograms specifically  
targeting women aged 50-69, however all woman aged over 40  
without breast symptoms or a recent history of breast cancer, are  
eligible to participate.

## FLU VACCINES



If you are aged 65+ or you have a chronic  
condition your flu vaccine is **FREE** Please  
phone the Community Health Centre on  
6372 2111 to make an appointment.

If you are under 65 years of age please make an  
appointment to see your GP and get a prescription for  
your flu vaccine.

A doctors appointment is required to have your flu  
vaccine given.

Next Flu Vaccination is:

**Thursday 2 May 2013— 2:00pm— 4:00pm**

Please phone 6372 2111 for an appointment

# ST MARYS COMMUNITY HEALTH CENTRE

## WHAT'S ON AT THE CENTRE

- April 24 **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388
- GP Podiatrist**– Annabelle. For appointment please see your GP or Health Professional for a referral.
- Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- April 25 **ANZAC DAY**– Public Holiday  
Normal doctor's surgery hours will resume on Friday 26/4/13. Please phone after hours numbers during this time.
- April 26 **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- April 29 **Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager** Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- April 30 **Tom Bain, Rae & Partners Lawyers**. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Physiotherapist**– Naomi Ide. Please see your GP or Health Professional for a referral to the service.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- May 1 **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- MYSOAP**– Antenatal Clinic with Katie. For appointments please see your GP
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service
- May 2 **Flu Vaccination Clinic** 2pm-4pm.

## WHAT'S ON AT THE CENTRE Continued...

- May 2 **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- Eyelines**– Phone 1300 139 363 for appointments. Consults Bulk billed.
- May 3 **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- May 6 **Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you
- Hospital Auxiliary Meeting** 2:00pm in the Day Room
- May 7 **Mental Health Clinician/ Case Manager** Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- May 8 **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111.
- Mental Health Clinician/ Case Manager** Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Podiatry North**– Free Community Podiatry Service. For appointments please phone 63365155
- May 9 **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- May 10 **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- TML Diabetic Educator, Physiologist and Dietician**. Appointments available by referral from you GP.



# Australia's Biggest Morning Tea

23rd May 2013  
St Marys Town Hall

**MORE THAN**

**JUST A**

**CUPPA**

**With**

**Health Services  
Information Forum**

**INCLUDES**

**ALTERNATIVE THERAPIES**

**TEA COSIE DISPLAY AND COMPETITION**

**MORE THAN JUST A RAFFLE**

**AND LOTS MORE**

**EVERYBODY WELCOME**

**10.30 until 2.30pm**

**\$5.00 all inclusive**



'MORE THAN JUST A CUPPA'

COMMUNITY HEALTH FORUM AND AUSTRALIA'S BIGGEST MORNING TEA

## TEA COSY COMPETITION

Categories for competition:

- Most useful tea cosy (natural fibre: cotton, wool, sewed, knitted, felted etc.)
- Most creative (any medium)
- Largest tea cosy
- Smallest tea cosy
- People's Choice

*Be creative and crafty...*

Prizes will be allocated for each category

Cost: \$1.00 per entry (discount for multiple entries)

- Registration forms, payment and your entry need to be received by Monday 13/5/13.
- Items can be left at the Reception of the St Marys Health Centre. No late entries will be accepted.
- If you want to sell your tea cosy on the day make sure it is pre priced when you leave your registration. Please note a 10% commission is requested on sales of items. This money will be donated to the Cancer Council.

---

Registration Form: **TEA COSY COMPETITION**

\* Please complete one registration form per entry

Name (first): \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Name of your entry: \_\_\_\_\_

Is the item for sale:    Yes- ☐        No- ☐

Price: \$ \_\_\_\_\_ (please note 10% of sale cost to go towards Cancer Council)

Do you have multiple entries: (multiple entries entitle you to an entry fee discount) Yes- ☐    No- ☐

## Meals on Wheels

0488 384 344

| April/May     | St Marys          | Fingal              |
|---------------|-------------------|---------------------|
| Monday 29th   | Lorraine Gill     | Neighbourhood House |
| Tuesday 30th  | Val Spencer       |                     |
| Wednesday 1st | Lundy Vosper      |                     |
| Thursday 2nd  | Heather Griffiths |                     |
| Friday 3rd    | Claire Bean       | Neighbourhood House |
| Monday 6th    | Debbie Barnes     | Neighbourhood House |
| Tuesday 7th   | Pam Bretz         |                     |
| Wednesday 8th | Val Spencer       |                     |
| Thursday 9th  | Liz Rice          |                     |
| Friday 10th   | Lundy Vosper      | Neighbourhood House |

The Voice and East Coast Voice encourages local/regional contributions from the public.

Stories, current events, historical information, lifestyle pieces, anecdotes, articles and written or visual art with a community-based theme are welcome, especially with relevant pictures included.

Regular columns can be made available for talented and dedicated contributors. Contact the editor if you have any questions or would like more information about guidelines. We aim to reflect and represent all those who make up the community of the Valley and East Coast.

Articles for publication may be left at the St Marys Pharmacy, Main St St Marys 7215 or mailed to W Dawson 12 Groom St St Marys Tasmania 7215

### Advertising

Classifieds **25 words or fewer: free**

Community notices **free**

Large boxed ads **\$12**

¼ page **\$20** ½ page **\$30**

Full page **\$50**

1 year posted subscription **\$50**

## The Valley & East Coast Voice Guidelines

- Opinions in any letters published are not necessarily the views held by the Editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or fewer.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters/emails must include your full name, address and phone number.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines.

Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

Commas, see, add, like, nada, okay?

Things I hate

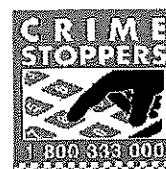
1. Vandalism
2. Irony
3. Lists

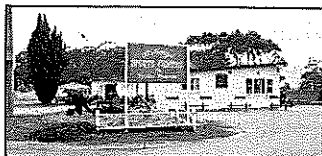
### RAE & PARTNERS

Lawyers, barristers & solicitors of 113 Cimitiere Street Launceston visit the St Marys Community Health Centre every second Tuesday from 9-10 a.m.

Ph 6337 5555 for appointments

St Marys Police 6372 1010  
Non Urgent Number 131 444  
Urgent and Life threatening 000  
SES (Flood & storm only) 132 500  
Fire 000





## ST MARYS SPORTS CENTRE

The club held their Annual Dinner and Trophy Presentation night last Saturday, where 36 people enjoyed a lovely 3 course meal and each others company, interrupted now and then by the sudden cheers for the Carlton and West Coast game on the telly. Many thanks to Nikki, Kirsten, Nicky, Leanne, Helen, Bobby, Dot and Tamatha for their wonderful efforts in presenting the meal and also to the kitchen blokes who rolled their sleeves up and helped with the washing up.

At the trophy presentation, I suddenly realized what a year the Bowls Club had, winners of the East Coast Ladies Singles, Liz Baldwin, the Ladies Pairs, Janice Viney and Bobby Harwood, the Ladies Triples, Nicky Leedham, Barb Davern and Janice Viney. Also the Men's Singles to Macca and the Veterans to Jim Turner and Kerry Curtis.

Put into the mix the East Coast Pennant Final and also the Division 3 State title, you start to realize just how big this season was for our club.

Also presented at the dinner were our own club trophies, Junior Singles to Jacob Viney, Most Improved Junior to Jordan Leedham, Men's Singles to Brent Leedham. Pairs to John McDonald and Graeme Hayes, Ladies Singles to Janice Viney and the inaugural Nan Stuart Ladies Pairs to Nikki and Kirsten Viney. This trophy presented by Dot, Bobby and Heather, it was nice to see them and their partners attend our dinner.

All in all a wonderful event, where we hope everyone enjoyed the night.

### Euchre Night At the Sports Centre

**Saturday 27th April  
6:00pm.**

**Cost: \$10 per player  
(Includes Supper)**

**Hope to see you there.**



ST MARYS SPORTS  
CENTRE INC.  
Every Friday - 6.30 - 7.30pm  
drinks at discounted prices  
6372 2177



## ST MARYS IGA SUPERMARKET

38 Main Street Ph/Fax 6372 2240 Butcher 6372 2274  
Monday to Friday 8 - 6 Saturday 8 - 12

*This week's specials available from Thurs 25th April -  
Wednesday 1st May*

### *From the Butchery*

Leg of Lamb \$10.99kg  
Lamb BBQ Chops \$8.99kg  
Blade Steak/Blade Roast \$7.99kg  
Bacon Bones/Hocks \$6.75kg  
Nichols Chicken Breast Fillets \$14.99kg

### *From The Shelves*

Arnotts Assorted Creams 500g \$2.99  
Kleenex Toilet Tissue 24pk \$11.99  
Juicy Isle Long Life Juice 2L \$2.79  
Doritos Corn Chips 175g \$2.69  
Soph Dishwashing Liquid 1L \$1.69

### *Only \$1.99ea*

Radiant Conc. Reg. Laundry Powder 350g  
Colgate Total Toothpaste 110g  
Ingham Frozen Chubby Chicken Pieces 1kg  
The Natural Confectionery Company Bags 140g-200g  
CSR Sugar White/Raw 1kg

*Next Week's Specials Available from Thursday 2nd May  
- Wednesday 8th May*

### *From The Butchery*

Rump Steak \$10.99kg  
Corned Silverside \$5.45kg  
Ingham Fresh Chicken Drumsticks \$2.79kg  
Lamb Shanks \$9.99kg  
Beef Casserole Steak \$9.99kg

### *From The Shelves*

Nanda Pasta 500g 99c  
Garden Fresh Vegetable Oil 2L \$6.99  
Chum Canned Dog Food 1.2kg \$2.29  
Sanitarium Up & Go Breakfast Drink 3pk \$2.99  
Arnotts Choc. Tim Tam/Royals/Slice & Creams \$1.99

### *From The Freezer/Coolroom*

Kraft Cheese Slices 250g \$1.99  
Scotts Meat Pies 6pk \$4.99  
McCain Beer Battered Steak Fries 750g \$2.59  
Flora Spread Original 1kg \$3.99  
Yoplait Yoghurt 6pk \$4.99

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