

# *The Valley & East Coast Voice*

*Est. 1968*

*Volume 45 No. 19, Thursday February 28, 2013.*

*\$1.*

## **The Say** Cagerattler

First of all , a big welcome to our new Editor of the Valley Voice , Wendy Dawson from Cagerattler....and a huge thank you to Judy and Maisie over the past seven years putting up with my myriad of mistakes in The Say. Wendy , you don't know what you're going to have to put up with from me....

The ABT Wilderness Railway....In recent days there's been some hope that this iconic attraction and on many visitors 'to do in Tassie' list might yet continue on after April this year. When the announcement was made a couple of weeks or so ago , rail enthusiasts gasped with disbelief that such a thing could occur, me included.

The main reason was the need for expensive 'below the rails' refurbishment that had a figure of about fifteen million dollars chucked up, then it was mentioned that about six million dollars was more realistic. How long is a piece of string ? Regardless of the cost, the finger pointing , whose responsibility it is, whatever, the single most important factor is that it doesn't close at all. It does however open up many more questions, maybe even solutions to the long term success of the Wilderness Railway.

This week I listened to an interview with the owner/operator of the Ida Bay Railway who, although sympathetic to the ABT's plight , also mentioned that not much help came to her when she commenced the IBR some years ago, and not even \$50,000 could be sourced...but thanks to great helpers , private financial benefactors and some use of superannuation, the IBR began and continues to operate now quite well. We also have The Don River, Derwent Valley Wee Georgie Wood and others that similarly seem to run quite well but rely heavily on the expertise of loyal volunteers for this to occur.

I looked up the pricing on the ABT and without knowing the operating details, the ticketing seems quite expensive. This said however, no doubt the experience and service , food , beverages and commentary are first class indeed.

One of the news stories quoted a drop in clientele from 45,000 per year at one stage to a substantially lesser 30,000 currently. Could the expense of getting there and the high end ticketing have an effect, or are there other reasons ?

At this stage no new lease has been issued so a possible option would perhaps be something akin to other Tasmanian tourist rail services, with emphasis on voluntary operations restricted to weekends for a while.

It's understood that both Federal and State funds will provide the money to do the necessary below the rails work but as they say "No good without a business case" so where to from here ? One of the more fascinating aspects for me though is that this train is still a working one and our famous leatherwood honey makers and other small industries use the train as well for shipments - isn't that terrific . If the line was to re close after 10-12 years, where does it leave them ?.....up the creek too I'd suggest.

For a change, getting the government to help with money was not so difficult, but to find a visionary operator might not be so easy. In the United States there was a very similar situation, with the Durango-Silverton Narrow Gauge that all but went bust in the 1980s I think. With creative thinking it has ended up as one America's best rail trips by steam locomotive, and employs a whole community into the bargain!

Maybe one day the ABT can be the same..

What do you think ? (Column by Rod McGiveron)

Deadline for articles in the next Valley Voice is 5pm Tuesday March 12, 2013

e: [vvoicerevisited@gmail.com](mailto:vvoicerevisited@gmail.com)

ph: 63722442 m: 0403430452

Wendy Dawson 12 Groom St , St Marys Tas 7215

## Community news

St Marys Hospital Auxiliary meet the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meet for meetings the last Saturday of the month at 2pm in the goods shed behind the St Marys Railway Station.

The Tasmanian Lymphoedema Centre Inc., hold their meetings on the 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each Wednesday. Need new players of any standard - beginners welcome. Child minding included - a lovely safe place to bring toddlers while you play. Ring Karon: 6372 2382 / Dana: 6372 2033.

The Scamander and Beaumaris Community Development Association meet at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods on 03 6372 5118

Suncoast Singers meet every Friday at 10am in the Catholic Hall Cecilia Street St Helens. New singers always welcome... if you can yawn - you can sing. Ph Mary-Anne Wadsworth 6376 2969.

Break O'Day Regional Arts General meetings are held on the first Tuesday of each month at 4.p.m. at Mt Elephant Fudge shop. All welcome. Ph: Michelle 6372 2056.

St Helens Alcoholics Anonymous (AA) meet on Wednesday 8pm weekly at St Pauls Anglican Church Hall, St Helens. Murdoch 6376 3335.

St Patricks Head & Esk Valley Historical Society Inc meet every second month on the third Wednesday at 3pm at various venues throughout the valley.  
Contacts Barry on 63725752 (aulich@bigpond.com), Jim on 63722127 (jimhaas@bigpond.com) or www.fingalvalleyhistory.com

The Cornwall Community Development Group Inc welcome all interested persons to their meetings in the Cornwall Hall on the first Tuesday of each month at 6.30 p.m. Enquiries 63722261

THE CHOCOLATE SHOP SINGERS  
EXTEND THEIR SINCERE SYMPATHIES  
TO HELEN NAPIER AND HER FAMILY

## Valleys of Adventure

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### GREATER ESK TOURISM

GET TOURISM meets the second Monday of each month unless otherwise notified

WHERE: Fingal Valley Neighbourhood House

TIME: 7PM

All WELCOME.

NEXT MEETING: MARCH 11, 2013.

Enquiries to the president on 63722783.

Stallholders Market Inc. is a non profit organization which hold markets every Saturday from 8am in St Helens at the Library car park. There are a variety of stalls and the fees charged to stall holders are donated to various charities. For stall bookings/enquiries please phone Cheryl on 6372 2194 and leave a message.

The Chocolate Shop Singers meet at the Mt Elephant Fudge shop every Thursday at 5pm. All welcome.

The Break O' Day Stitchers meet each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either bring your own work or join in and assist on a group project.

Scamander Garden Club meet at Scamander Sports Complex 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val 6372 2762

St Helens Al-Anon Family Group (Al Anon) help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly @ St Pauls Anglican Church Hall St Helens. Call Anne or John 6376 4270 or Rose 6376 3335.

St Marys Alcoholics Anonymous (AA) meet every Friday 8pm at Holy Trinity. Mick & Shirl 63722909.

Workshop and mobile shop - retail therapy with Judy's Mobile Quilting Supplies at Gone Rustic, St Marys on Wednesday, 6 March (11-2), followed by a workshop from 7-9 (\$10 plus materials). Phone Rita on 6372 2724 for details and/or to enrol for workshop (10 am-4 pm,

### PLAYGROUP AT FALMOUTH COMMUNITY CENTRE

Each Monday 10:30 - 12:30 only \$3 per family. Come along and enjoy interacting with other Children & Mums & Dads in a relaxed and friendly atmosphere. Contact Tash Speers 0419 591 905 or Amy Faulkner 0417 152 337 for further details.

**For sale****Classifieds****Wanted**

International 414, 45hp, good tyres, great little tractor \$6000. Ph 0439 334 858

Box trailer in good condition. Ph: 6372 2953

Big round bales of hay \$40 each. Ph: 6372 2380

King proteas (pink) in pots.\$10 each. Ph: 6372 2679

Wardrobe & dressing table in one \$30. Lawn mower \$45 Ph: 6372 2440

Upright freezer \$100  
Ph: 0457 157 780

Cheap accommodation! Caravan - BIG - 30ft, great condition , tows well or great for the teenagers retreat or owners/builders accommodation \$7000.ono Ph 0412 803 027

Suzuki 450cc King Quad. 4wd + diff lock, independent suspension. Only 550ks, two years old \$7700 ph 0409 768 188

Club lounge \$50. Window (large tinted) boxed in 205 x 155 \$100. Large TV/DVD unit \$10. White tall/narrow bookcase \$80. Coffee table \$10. 3 x 1970s style chest drawers \$30. 3 piece outdoor setting (cast iron) \$85. ph 6372 2365.

3 white leghorn x laying hens \$5 each - 1 small upright freezer \$60 - 1x 240ltr chest freezer \$120. Both good working order. Ph 63 722 762

For sale: cream greek 'flokati' rugs, very good condition small \$10 medium \$15 large \$40. Double bed mattress \$50. Kitchen stool \$10. Large heater \$40. Towels \$20. SB/DB linen \$20. Give away old style wardrobe with hanging space. Ph Kate 63722489

Innovative quilting machine - a great set-up if you don't want to have to pin or baste a quilt together before machine quilting. Table frame with rollers included, as well as manual, DVD (assembly instructions) and pantographs (quilting patterns). Help offered with setup at no extra cost. Large machine comes with extension table (can also be used as stand-alone sewing machine) and extra large space under the 'arm' for rolling up the quilt as you sew. \$3000 for the lot, or best offer. Phone 03 63722724 or

HOUSE CLEANING, experienced honest and reliable lady with references. \$16.00 p/hr. Ph 63722584

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

**WANTED**

Please don't throw out your empty plant pots. Any size, excepting punnet, would be very welcome. They can be left at St Marys Bakery or at the Purple Possum. Thank you. Mila.

Cottage Garden Plants for sale - \$2.50 each at 50 St Patricks Head Road, St Marys. Ph 6372 2512

FOR SALE. HAY. Small squares, cutting now. \$5 per bale. Ph Bung 0447 151 871

Barley for sale. 20kg bags \$13. 20kg bags crushed barley \$17. Contact Jason: 0419 514 947

Orders taken for Sheep Poo - for the Scouts \$5 a bag. 0412 803 027

"Moo-Poo". Finely screened, any quantity Norm, ph 6372 2380. Now doing mint mulch.

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale delivered free in St Marys area, ph 0407 944 158

Tractor slashing available, ph 0407 944 158.

Frozen blueberries - \$11 kilo Phone 6372 2341.

Massey Ferguson diesel Tractor good cond \$5300. 3 point linkage tractor grader blade h/duty little use \$1400. Criterion Computer /office Desk. \$200 ono. 50 inch Plasma TV and black stand \$850. Marantz surround sound system h/quality. With Jamo surround speakers new \$3500 sell for \$1000. D/bmattress \$50. S/b and mattress \$100. Camp 3 burner gas stove \$30. Blackwood coffee table \$40. Round blackwood table \$80. Heavy wooden coffee table with craved legs \$100. Corner picture stand \$30. Jarra Kitchen table and 6 chairs little use \$550 Wood with glass insert kitchen table and 6 velour chairs \$350. Wooden corner book shelves \$60. Fridge freezer \$600. Fingal Ph Warren 04277432235

X2 canoes \$300 pair Phone Craig 0407 908 058

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Wanted to buy - 2 x Acro Building Props about 2m tall. Please ph 63722844

**Letters to the Editor**  
**Vol. 45 No 19, February 28, 2013**

**Letter to Editor**

I put the motion into Council for buying the Railway Station as I believed I was doing the right thing for our community by preserving for all to enjoy this iconic piece of history. I cannot understand Mr Barry Aulich's monomania regarding myself and the station. There were no hidden agendas or conspirators. All councillors voted in its favour. Therefore, I will not be drawn into this madness. Mr Aulich congratulates the Cranks and Tinkerers display being in the Station and then condemns me for the purchase. I can only surmise that this is personal by all the attacks directed to myself. I am only one person on council with one vote. I suggest that if Mr Aulich has a problem with council administration issues he takes his concerns to the General Manager or better still run for Council.

CLlr Reon Johns  
637 22094

**Letter to the Editor**

I would challenge Mr Barry Aulich to a battle of wits but as he is unarmed I will just report the facts. The stall that Mr Aulich refers to as being a "waste of time and energy" was held in the grounds of the Railway Station and was a St Patrick's Head and Esk Valley Historical Society event... it had nothing to do with the Woodcraft Guild. The same applies to the demonstration by Mr Aulich himself concerning the "history of trapping." I personally enjoyed both events. The only time The History Association has been invited to our Open Day was last year and this year. I think that preserving any part of this town's history, including the purchasing of the iconic Railway Building by dedicated persons deserves full praise. The same can be said for preserving the skills of old woodworking techniques. We hope that the St Patrick's Head and Esk Valley Historical Society will join us this year. I have sent both an email and posted invitations. If not, a simple polite yes or no will suffice. I think some of the personal barbs in Mr Aulich's letter were distasteful, gratuitous and reflect poorly on the writer.

I wish to make it reasonably clear that this matter is closed for me as I will certainly not enter into a slanging match. I only argue with people whose opinions I value!

Wendy Brennan  
St Marys

**This matter is now closed. Ed.**

**CONGRATULATIONS TO JUDY  
SPILSBURY FOR HER MAYOR'S  
AUSTRALIA DAY  
2013 AWARD RECOGNITION.**

Dear Valley Voice,

I read with some heartache the letter in the latest edition of our paper. If I had known at the beginning that Council ownership of the railway station would be so controversial, I would have thought a little longer about taking it on.

I am using the station because it very quickly became obvious that the Cranks and Tinkerers could not hope for a purpose-built display shed for some time. When the Council bought it they asked for expressions of interest, which I gave. It seemed a good idea to have most of a display straight away, rather than wait an indefinite period for another building. As it happens, the station has proved very suitable.

I do know that Councillor Johns had no motive other than a gain for the community when he asked Council to consider the purchase. After a considerable time, and with someone else in the building, I think that his actions show no personal gain.

If I have said or done anything to help bring about conflict I am very sorry. I am also prepared to vacate the building immediately should there be another person or organisation that would like to use it.

Yours sincerely  
Ian Summers

**This matter is now closed. Ed.**

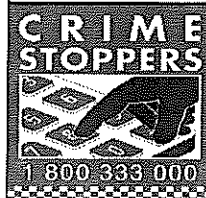
**Letter to the Editor.**

I would like to congratulate the Lions Club for their fantastic Christmas party last year, and single out Ruth McGiveron who went above and beyond her duty to ensure my daughter wasn't disappointed by Santa. Ruth's thoughtfulness, attentiveness, kindness and pure Christmas (and community) spirit was outstanding. Thank you again, from the bottom of my heart.

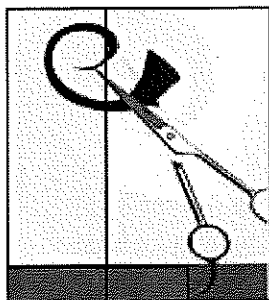
Kelly Farrell.

**Community Dinner Funds Raised**

The first Community Dinner of 2013 was held at Holy Trinity Anglican Church Hall on Saturday 16th February, 2013. The dinner had an Italian and Greek theme and 28 participants attended and brought side dishes and sweets to share. Kevin Taylor prepared the main dishes, with help from Barbara McAllister and Lorraine Gill. A gold coin collection was taken and \$40.40 was raised for the Tasmanian Bush Fire Appeal. The total donated by the Parish to the Tasmanian Bush Fire Appeal now stands at \$3,000. The next dinner will be held on Saturday 16th March and all are welcome to attend. Please look out for posters around town and the notice in the Valley Voice.



St Marys Police Phone Number **6372 1010**  
Non Urgent Number **131 444**  
Urgent and Life threatening **000**  
SES (Flood & storm only) **132 500**  
Fire **000**



# Ana's Hairdressing Salon

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Bringing 22 years experience for all your  
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Surftech Bic G Boards

**Bay Surf Shop**  
2 Pendrigh Place  
St Helens  
Ph: 6376 1755

## The Valley & East Coast Voice Guidelines.

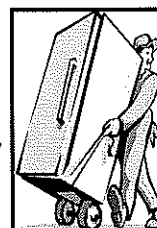
- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

## Ransley's Appliance Service

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## Fingal Valley Football Club Footy news

With round one fast approaching its time to bring the valley up to date with footy news.

Firstly we have had a few changes on the board; Stephen Smart is continuing on as President with assistance from Robert Parsons as Vice President. Sharron Lowe has taken on the role of Treasurer and Alira Aulich Secretary. Matty Lowe is again Senior Coach and Quinton Fisher Reserve Coach.

Over the off season we have lost a couple of players but have also recruited weD, with several key players being picked up and coming to join the Valley Blues.

Round One: we were lucky enough to secure a home game against Uni Mowbray. This is shaping up to be a blockbuster match with Uni Mowbray coach Nathan Lowe set to go head to head with his former club, the Senior game getting underway at 2pm Saturday 23rd March 2013, Reserves 12pm.

### Dates for your calendar:

Lightening Premiership 2nd March: Fingal, St. Helens & George Town to play. Entry gold coin donation, kick off at 11am. Canteen & bar facilities open.

Fingal Festival 9th March: DJ Party Knight playing from 8pm till late, \$5 cover charge.

This year we will also be running an AFL Footy Tipping. Cost is \$20 to enter. Whole season tipped before round one. 50% of entry fee to the club. 50% in Prizes. First Place 25%, second place 15%, third place 10%, last place booby prize. If you are interested in participating please contact myself.

As most of you would know with any club many hands make light work so if you are available to help out on game day, with functions, selling raffle tickets etc or just helping around the club, please contact Stephen Smart or myself.

Until next time wishing you all a great 2013 & we hope to see you around the club & supporting your local footy club.

Alira FVFC Secretary 04 388 643 73 [a\\_aulich@yahoo.com.au](mailto:a_aulich@yahoo.com.au)

## St Marys Op Shop



*Lorraine Gill, Wendy Fowler, Caroline Craghill, Jeanette Gilbert, Janet Drummond and Sonia Allison ...just missing Kelly Farrell and Jan Madden from the team.*

All proceeds benefit the local school

Open for business  
with plenty of bargains.  
Monday - Friday 10 - 4 and Market Saturdays

## NEWSFLASH!

### THE MUSCLEMAN

has just moved to Fingal, and because he is getting old, he can't travel anymore to treat people's muscular aches and pains.

However, he will still see people at his new residence at 55 Talbot St, Fingal.

Denis Lillee went to see him for his sore neck and shoulders and afterwards said,

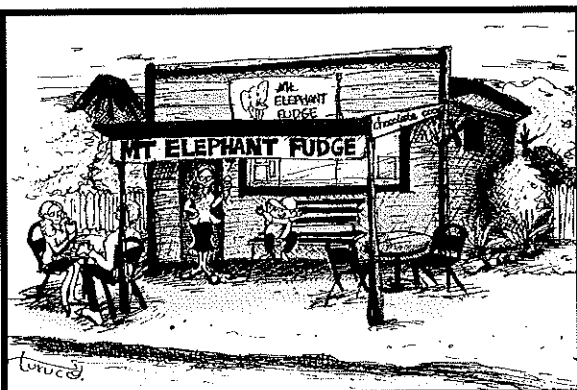
"I feel 20 years younger."

If you are suffering from a sore neck and shoulders, sore back etc give him a call on  
0413 635 690

PETER HORSFIELD Muscle  
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## MT ELEPHANT FUDGE

Wednesday – Sunday  
10.00am - 5.00pm

**New Gifts arriving.**

*I look forward to seeing you soon!*  
"HANDMADE in ST MARYS"

The Op Shop workers at the Fingal Valley Neighbourhood House are happy to receive your preloved clothing and goods. We are open Monday to Friday from 9 am to 3 pm. Donations can be collected on Mondays or items can be dropped off at the Centre. Come along, check it out and pick up a bargain.

Deb Speers

Fingal Valley Neighbourhood House

## Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road  
PO Box 50  
Perth, Tas 7300  
Ph 6398 1115

58A High Street  
PO Box 271  
New Norfolk Tas  
Ph 6261 3366



Toll free 1300 132 689  
E: D.Adams.MP@aph.gov.au

**WORKING WITH YOU FOR  
A  
STRONG COMMUNITY**

Written and Authorized by Dick Adams, 53B Main Road Perth



**Saturday March 9<sup>th</sup> - 2013**

Competition Begins @ 10am

FINALS ACTION BEGINS @ 2pm

WHERE: TASMANIA, Fingal Recreation Ground

## HUGE PRIZE MONEY

Roof Bolting First Prize: **\$3,000**

Coal Shoveling First Prize: **\$2,000**

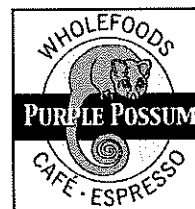


Contact: Malcolm Woods  
Mobile: 0437 742 523  
Email: [woodsmlcolm@gmail.com](mailto:woodsmlcolm@gmail.com)

[www.fingalvalleyfestival.com.au](http://www.fingalvalleyfestival.com.au)

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Phone 6372 2655.**

# Regional Arts Youth Company



## 2012 – RAYC in Review

This fledgling not-for-profit community group had an amazing first year. We took enrolments in the first two weeks of opening of more than 30 students; ages ranging from 5yrs to 16yrs. Over terms two and three we maintained this high level of participation; although some left the Company their places were soon filled by new and eager students wanting to learn.

As the ability of local youth became apparent, we stretched the boundaries of our initial plans for our first year and our Artistic Director wrote a full show for presenting to the public. Roles, characters and routines within the show were developed over the months inclusive of ideas from the students.

At the end of the year, with a massive effort from all participants and extensive voluntary support from parents and other community members our "Gala Performance" was presented for one night only to the community.

St Marys Community Hall was filled to capacity – we even had to borrow seats minutes before the opening of the show from Mt Elephant Fudge (including Lizzie's park bench!) ... as many more than anticipated purchased tickets to watch the youth from our local towns.

Final tally .... **238 persons seated and standing** were there to watch the very talented cast. And not all were family and friends of the Company members ... many locals were there to support also.

2013 will be a new and exciting year for us. We have determined to take a different approach and this means there will be no end of year main concert. Instead, we are presenting along with our classes, several workshops; where tutors from around Tasmania (and one from interstate) will be here in town to provide specialist knowledge to the community.

We have been invited to present dance & drama works at "National Youth Week" (St Helens) this coming April – what an opportunity for our teenage Youth to demonstrate their talents to the wider public.

We have also been invited to participate in the upcoming "Spring Solstice" which BODRA is currently developing for September 2013.

See you all soon!!!!

Jeanette Dal Santo  
Artistic Director

Michelle Kaal  
Secretary

Brittany Smith  
Assistant

**Val & Don** *I would like to say how much we enjoyed the Regional Arts Youth Concert in December. It was a privilege to sit and watch the children.*

**Lizzie** *WOW.... WOW....WOW. I want to be a young again!!!! Make me 10 and I would be so HAPPY. From the minute the curtains opened I was amazed and astounded. The choreography, staging, visuals, performance, kids - WOW .... WOW.... WOW. How lucky we are to have the new Regional Arts Youth Company in town. Congratulations to Jeanette, Michelle, Brittany and Co for putting together a show that was so professional... and KIDS - you are all just AMAZING!!!!!! I can't say enough - Well Done!!! I Loved It!!!!*

**Leonie** *Just in town visiting – we're from Victoria. I'm amazed at what this town has done here tonight and these young people – so young and yet so good at what they did!!*

**Nev** *My partner and I are members of the Greater Green Ponds TRA who recently moved to St Marys and we attended the Youth Company Gala Performance prior to Christmas. I have been trying to find time to write and tell you our thoughts about the show. We really just went along to be "bums on seats" to support local arts but were totally blown away with what transpired. I expected a little show with a few local kids with their front teeth missing . . . instead we were entertained from start to finish by a thoroughly professional show staged by thoroughly professional performers. Your kids could teach Kylie Minogue how to lyp synch, their timing was perfect!! The costumes were amazing, it looked like they came from an Andrew Lloyd Webber show, the digital projections were first class and everything was just done so well. How the main characters remembered so much dialogue still has me wondering, they must have rehearsed for hours. Some of their snapshots were a bit close to home when they talked about the habits of the older citizens, I could see myself up there (that's scary), the way they included local characters in the dialogue invoked a great reaction from the audience, we laughed so much. That brings me to another point that struck me, and that is that all the different groups from the town were there, hippies, locals, blow-ins (as we recent arrivals are affectionately known). To see everyone together and enjoying the work of the local kids left me with a warm feeling, I think they call it social inclusion these days, big tick for that too, congratulations!! We raved with friends all the way home in the car and it's not an exaggeration to say I was stunned. The young people must have gained a real boost to their self esteem and confidence from being part of this. Keep up the good work and feel free to pass this feedback on as we need more of this out here in rural areas.*



## ***Beer & Bubs - for Blokes***

Sounds GOOD – or maybe not so? Probably a more unlikely combination, many people would think.....

Yet this is the headliner that draws new dads (and dads in the making) to a place – and why not a pub – where they get the load down on becoming more involved with the birth of their child and preparing themselves for an active and caring role.

So what is *Beer & Bubs*? It is a session for blokes, presented by a bloke and held in the local pub. The aim is not to get 'sloshed', but rather to gain some practical knowledge to become well equipped when the fatherhood adventure starts.

*Beer & Bubs* is perfect for first time fathers as well as for dads that didn't know what they were in for the first, second or third time round. It's also ideal for expectant dads who have done antenatal classes, but feel they have little practical understanding of their role at the birth. As well it is a great brush up when it's been a while since the birth of the last child.

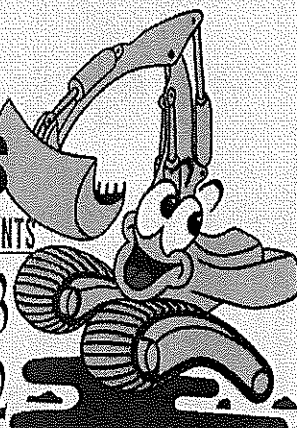
*Beer & Bubs* is an enjoyable, entertaining fast paced session running for an hour or thereabouts where the atmosphere is informal and conversational.

It comes highly recommended by the many blokes whom have attended a previous session.

Healthy House will be organising a *Beer & Bubs* session in both St Helens and St Marys a week before the Easter long weekend.

On **Sunday 24<sup>th</sup> March** the **St Marys Hotel** is the place to be for **the Midday Session**. Starting (obviously) at midday, this session costs only \$5- and includes catering!

For more information and/or details, contact Healthy House (6376 5242) and ask for Theo - the bloke that does the men's health and well-being stuff.



**C & D  
EXCAVATIONS**  
FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033  
Mobile : 0439 722 032

**LOCAL OWNER - OPERATOR**

**OVER 20 YEARS EXPERIENCE**

**Ph : Dana or Craig**

**6372 2033 /0439 722 032**

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**DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE, BRIDGE CONSTRUCTION.**

- ♦ ROAD GRAVELS
- ♦ TOP SOIL
- ♦ SCREENED TOP SOIL
- ♦ SAND
- ♦ ROCKS
- ♦ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ♦ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ♦ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ♦ 10 YARD TIPPER
- ♦ COMPACTION ROLLER
- ♦ WHEEL LOADER

**AND MUCH MORE**

# Announcing the 10<sup>th</sup> Annual QUILTING & EMBROIDERY EXHIBITION

INCLUDING ALL FORMS OF TEXTILE ART AND CRAFT

SATURDAY 30<sup>TH</sup> MARCH – TUESDAY 2<sup>ND</sup> APRIL 2013

PORTLAND MEMORIAL HALL, ST. HELENS

OPEN SAT- MON 10 AM TO 4 PM; TUES 10 AM TO 3 PM

Categories to be judged and awarded prizes:

Challenge: 'Autumn' Supported by Sewknit of Launceston & Bernina Australia

Patchwork and quilting

Needlework including embroidery, knitting, tatting, lacework, weaving, dolls  
& teddy bears

Novice section

Junior work

Categories not judged but eligible for Viewers' Choice awards:

Exhibition Only

BOD Stitchers' Workshop displays.

Admission \$3.00. Children under 16 free if accompanied by an adult.

Break O'Day Stitchers' Trade Table

Merchants' trade tables: Annie's Cottage Crafts (Sat, Mon & Tues) and Bagdad

Quilting Supplies (Sat).

Tickets for the Break O'Day Stitchers' 2013 raffle will be for sale at the Exhibition. The raffle will be drawn on Tuesday, April 2nd at close of show.

First Prize: Two king single twin quilts and four matching cushions;

Second prize: set of scissors, donated by Annie's Cottage crafts.

Raffle proceeds will be distributed among:

*Royal Flying Doctor Service (Tasmania)*

*St Helens Community Car Service, and*

*Tasmanian Lymphoedema Clinic, St Marys.*

## BREAK O' DAY STITCHERS

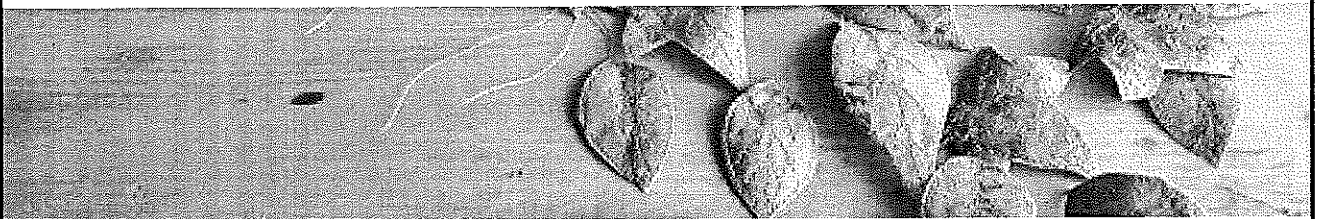
We had a fairly hectic start to 2013 with ongoing preparations for our upcoming Easter Quilting & Embroidery Exhibition, and making quilts for the Tasmanian Bushfire Victims. The Tasmanian Quilting Guild is organizing the collection of these quilts. Any donations of quilts, finished tops of any size (from cot to queen size) can be sent on by B.O.D. Stitchers.



Contact Libby Castle 63762702  
or Kay Roberts 0402007802

Libby and Marj doing rosters for  
the Quilt Show.

## **gone rustic studio & gallery**



**fibre & textile art, mixed media, quilts, gifts, collectibles, exhibitions,  
workshops, kit homes & sheds (free catalogue)**

**6 March – judy's mobile quilting shop (11-2) Also - workshop  
(7-9); \$10 plus materials**

**OPEN TUES - SAT, 10 - 4 or by appointment**

**37 main street st marys tasmania 7215 – 0363722724**

[www.gonerustic.wordpress.com](http://www.gonerustic.wordpress.com)  
[www.facebook.com/gonerustic](http://www.facebook.com/gonerustic)  
[gonerustic@gmail.com](mailto:gonerustic@gmail.com)

## Harp Island.....in Concert – two dates for your diary

The Harp Society of Tasmania, Inc. strives "to encourage, promote and support excellence in all aspects of harp, harp playing, harp manufacture and repair, and associated music, especially in Tasmania". One of our regular activities, Harp Island, now in its 8<sup>th</sup> year, occurs in Bicheno over the long weekend in March, when we hold a series of open and private lessons given by an international guest harp tutor. As indicated in last month's newsletter, this is a special year for us with not 1, but 3 international tutors, courtesy of Camac Harps.

**Jakez François** (Director of Camac Harps, France and notable Jazz harpist),

**Isabelle Moretti** (prize winning French classical harpist, teaching at the National Superior Conservatory of Paris for Music and Dance), and

**Gabriella Dall'Olio** (Head of Harp Studies, Trinity Laban School of Music, London).

Eighteen students are attending, our biggest Harp Island yet. Regulars to our concert will recognise some of us from previous years and meet new harpists. The concert is the culmination of this special weekend.

There are two events open to the public. The first is an informal gig in 'Waubs Bay, a gallery' on **Friday 8<sup>th</sup> March from 2pm – 4pm**. Ms Jahn Buhrman has kindly offered to host us and several of the Harp Island students will take their harps to the Gallery and play singly and together.....a chance for you to meet some of us, see a harp or two close up, maybe even pluck a string yourself and ask questions about the instruments.

The second event is the concert, which will be held on **Monday 11<sup>th</sup> March at 2pm** in the Bicheno Town Hall. Tickets are \$10/\$5, available at the door. This is a unique opportunity to hear some wonderful harp music and see an amazing range of harps. You will have the opportunity to hear some of the music that we will have been working on over the weekend as well as listen to Gabriella, Isabelle and Jakez performing. We thank you for your continued support and look forward to seeing you there.

Judy Crees-Morris

President - Harp Society of Tasmania

## Roll Up For Free Circus Fun at St Helens

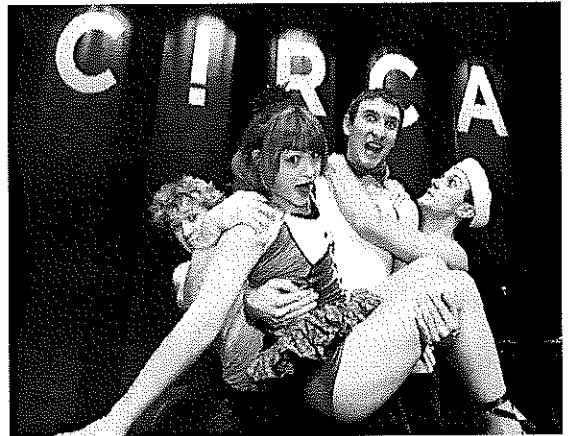
Ten Days on the Island, Tasmania's International arts festival, will bring the fast, funny and entertaining 21 Circus Acts in 20 Minutes to St Helens in March.

Brisbane-based troupe Circa will perform their free act, a flurry of 21 circus stunts performed in merely 20 minutes, in Valentine Park on March 21. The show will kick-start a range of events being held in St Helens as part of the festival including theatre, film, music and visual arts.

Artistic director Jo Duffy said the St Helens programme of events was diverse and would appeal to a wide audience.

"We truly believe it will offer something for every Tasmanian," Ms Duffy said.

"We are working with our many partners and the community to



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sent  
a

*Circa:*  
*Photography:*  
*Justin Nicholas, Atmosphere Photography.*



*Sprag Session*  
*Photography: Corey Katz.*

state-wide festival that will impress, delight, amuse, provoke and bring together people from all corners of the world – in Tasmania."

Cape Breton Island Celtic five-piece Sprag Session will perform at Tidal Waters Resort on March 23.

Sprag Session's infectious music can convince the most immobile to dance and the most melancholic to smile, with their catchy tunes. While never straying far from tradition, Sprag Session has taken their Celtic fusion style steps further, incorporating funk and soul.

Sprag Session recently released their self-titled debut album and will be making their Australian premiere for Ten Days.

Ms Duffy said she was thrilled to include St Helens as one of this year's festival towns, and excited that the Crossroads Winebar and Café would host a supper club.

"A new initiative for 2013 is our delivery of Ten Days on the Island in ten festival towns across the state; creating a vibrant festival atmosphere everywhere we go," she said.

"Each of our ten festival towns will host an international arts festival with consecutive days of activities, a variety of art-forms, free and ticketed events, as well as a Festival Supper Club – acting as festival rendezvous point and after-party venue."

Other highlights of the St Helens programme will be *Little Big Shots* – Australia's only stand-alone film festival for young people, and *As We Forgive* – a collaboration by two of Tasmania's eminent theatre practitioners, Robert Jarman and Tom Holloway.

Ten Days on the Island is at St Helens March 21-23.

21 March <b>21 Circus Acts in 20 Minutes</b> Physical Theatre 12.30pm Georges Bay foreshore FREE EVENT	21 March <b>As We Forgive</b> Theatre 7.30pm Portland Memorial Hall \$25/\$20	21-23 March <b>Ten Canoes</b> Visual Arts For venue and time details see <a href="http://tendaysontheisland.com">tendaysontheisland.com</a> during festival time FREE EVENT	22 March <b>Little Big Shots</b> Film 1.30pm & 4pm (1.30pm for ages 2-12 years, 4pm for ages 6-16 years) Portland Memorial Hall FREE EVENT	23 March <b>Sprag Session</b> Music 5.30pm Tidal Waters Resort \$30/\$25
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**Ten  
Days on  
the Island**

• **Tasmania's  
International  
Arts Festival**

• **15 - 24  
March  
2013**

**Ten Days Festival St Helens**  
Supper Club  
Crossroads Winebar & Café  
5/34 Quail St,  
St Helens

# ERIC HUTCHINSON

## Federal Liberal Candidate for Lyons

### MEDIA RELEASE

**Latest Australia Post Back-Flip Still Misses the Mark Monday, 25 February, 2013**

Eric Hutchinson, Federal Liberal Candidate for Lyons, has criticised the recent decision by Australia Post to only reinstate outbound Express Post services from Northern Tasmania.

"This still leaves many Tasmanians and Tasmanian businesses in the lurch as inbound next-day Express Post services are still not guaranteed," Mr Hutchinson said today.

"Additionally, this announcement does not change the fact that many customers in the electorate of Lyons will still be missing out.

"This is not good enough. Australia Post should stop treating their customers in Tasmania as second-class citizens.

"I have written to Australia Post and Minister for Broadband, Communications and the Digital Economy Stephen Conroy over the last week, demanding the full Express Post service, as they currently stand today, remain on offer for all customers in Tasmania," Mr Hutchinson said.

**Media Contact: Eric Hutchinson – 0419 378 917**

## OUT OF THE WOODWORK

SECRETARY WENDY BRENNAN 63722094

[www.breakodaywoodcraftguild.weebly.com](http://www.breakodaywoodcraftguild.weebly.com)

### **"On behalf of The Guild we send our heartfelt condolences to Helen Napier and Family"**

I would like to apologise to one of our esteemed members, George the III.

I inadvertently forgot to advertise our new meeting day. It was voted at our last gathering to change monthly meetings to the last Thursday of every month. Some members felt that Saturday was usually taken up with domestic or family commitments. (We made it up to George for my tardiness by a good cuppa and biscuits at home). For all the people who have asked about our raffle, it will resume on the 12<sup>th</sup> March. We try and work in with other community groups who are also gearing up for the sale of tickets during the Easter period and try and compromise with their schedule so all have a fair chance at raffle sales.

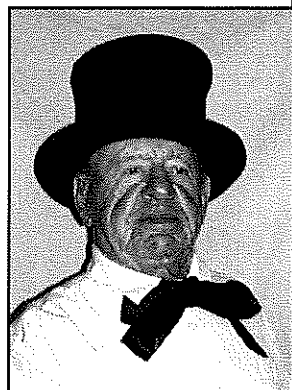
**Our open day is on again on the 13<sup>th</sup> April stay tuned.**

#### **Our Ambassador Pat Well's Home Hint:**

Ever fought with freshly baked biscuits that wouldn't come off the baking tray? Crumbled biscuits may taste just as good as those in one piece, but definitely don't look as nice on the serving tray. Use dental floss to easily remove stubborn biscuits. Hold a length of dental floss taut and slide it neatly between the biscuit bottom and baking tray. Presto!

The Guild meets on the last Thursday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome, both men and women. We are open Monday, Wednesday, Thursday and Saturday. Other times by appointment.

(Please note that our previously advertised day of Friday has now been replaced by Thursday)





## 2013 St Marys Markets

1st Saturday of the Month  
(Except July & August)

**Grab a Snag or Hamburger and  
Bag a Bargain!**

### **Ship Ahoy Café**

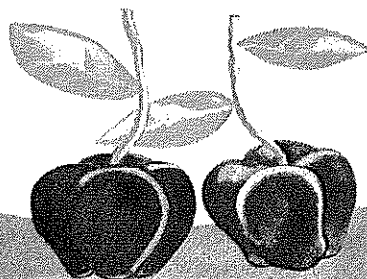
Serving Coffee, Tea, Cakes & Muffins

### **Stalls featuring:**

- Fresh Veggies and Condiments
- Fresh Bread, Veggies and Pot Plants
  - Organic Skin Care
- Jams and Dolls (Gorgeous Golliwogs)
- Great range of Tools and Bric a Brac

**See you there!**

For bookings ring **Robina Balzer** on  
**6372 2022.**



### **EASTER SATURDAY 30<sup>TH</sup> MARCH 2013**

to be held in conjunction with the regular monthly market.

**Starting at  
9.00am until 1pm**

**'Book a Boot' for \$15**

**If you've been putting off that clean out, now is the  
time to sell those unwanted items and make some cash.**

**To book a 'Car Boot' site or a stall for this very special market,  
ring Robina Balzer on 63722022.**

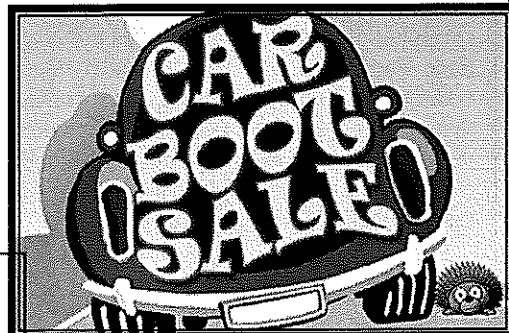
**Spaces are limited, be quick so you DON'T MISS OUT!**



**Turn your trash into cash for only \$15 per stall.**

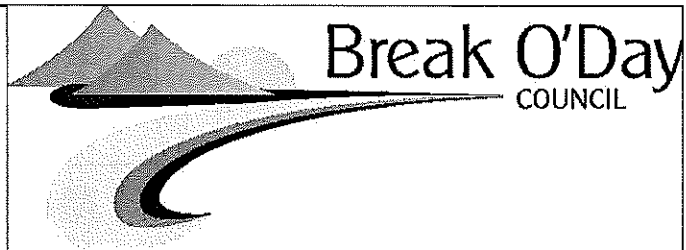
### **Future Car Boot Sales will be held on:**

- **1<sup>st</sup> June,**
- **7<sup>th</sup> September,**
- **7<sup>th</sup> December**



## MEDIA RELEASE

25 February 2013



### Break O'Day Mayor Responds to Editorial and Developer's Perspective on BODC's Planning Scheme

The developer's perspective and the editorial suggest that Break O'Day Council and its planning scheme are anti-development.

- This is absolutely untrue and Council has had one of the most flexible planning scheme in the state and Council has worked with many developers to achieve very good outcomes.
- A recent example of a large project is a new coal mine operation at Fingal. This was a multimillion dollar development project with multiple environmental and infrastructure issues and Council worked with the stakeholders to achieve a very constructive and positive outcome.
- Council is very pro-development and understands the benefit to our economy of projects that add to business, tourism, social and employment activity. However, Council does not believe in development at all costs, there is always balance required in achieving development within the accepted parameters of the community's expectation and planning schemes set these parameters.

"Council put obstacles in his way for two (2) years"

- Four (4) months was a result of Council's belief that a revised planning scheme was coming (September 2011 – January 2012).
- One (1) month could be allocated to Council not having a full time Works Manager/ Engineer to respond as promptly as possible to engineering aspects of the development application.
- Late in the planning process, the issue of the stormwater impact of the development application was identified, that is, if the project went ahead, as proposed, the flooding in the main street of St Helens would be increased. An impasse between Council and the developer contributed to the delay, including the developer appealing Council's decision, but this was as much a problem with the developer failing to communicate with Council as it was a failure on Council's part.
- There are state Planning legislation time frames which Council must comply with, which were completely complied with by Council. These are designed to prevent these types of delays and, although it is easy for a developer to blame Council for time taken to progress an application, there are documented records that demonstrate that the actual time taken was nine (9) months, and the reasons for part of this are identified above.

"I have spent \$30,000 without putting a spade in the ground"

- The developer changed design companies several times and instigated an appeal process which was subsequently withdrawn, which could have been avoided by more effectively communicating with Council.
- Council's planning fees for this development application were \$840. Council resources to facilitate this development far, far exceeded these fees.

"Council put obstacles in his way .... 20 parking spaces, an eight-metre setback ... and a demand to fund stormwater infrastructure"

- Planning scheme requirements were clearly indicated in the planning scheme and his designers should have been well aware of them – set back and parking space requirements.
- The developer was advised virtually immediately of an option to provide a variation to his development that addressed the parking requirements, eliminating the requirement to provide 20 parking spaces. Although this option was identified promptly after Council receiving the application, this was not taken up by the developer until several months later. The variation, when received by Council, was accepted virtually immediately.
- The setback requirement was a part of Council's existing scheme and Council had hoped that this would be rectified in the revision (as identified above). As soon as Council realised that this was not possible, Council amended the scheme to remove the requirement. The state government also cooperated in ensuring that this amendment was fast tracked as much as possible.

- It was identified that the project would add to a problem caused by inadequate stormwater infrastructure and thereby exacerbates the flooding of the St Helens main street. Council did not require that the developer fund the upgrade of Council's entire stormwater system but that it either retain the stormwater within the property boundaries or contribute to that part of the increase in impact on the drainage system. Council worked with the developer to ensure that the contribution should only match the impact created by the development and, in the end, the developer identified a process of retaining the stormwater within the property boundaries.

The "eyesore in the centre of St Helens"

- Councils do not have any legislative power to address an "eyesore". Council can, does, has and will discuss and negotiate with owners to try to achieve good outcomes but does not have the power to just step in and tidy up a block.

- Council does have the responsibility to address fire risks to neighbouring properties arising from untidy allotments. However, Council cannot arbitrarily decide that an eyesore is a fire abatement risk. There are specific thresholds that justify the issuing of a fire abatement notice and until they are met, Council cannot step in.

- There is the statement that machinery was offered to Council to clear the allotment and that Council squandered this opportunity. Council can not authorise a third party to go onto someone's private property, and tidy it up. Council does not have, nor should it have, the right to do this. If someone wants to make such an offer, and it is a very generous and community spirited offer, it needs to be made to the property owners, not Council. For further information please contact Mayor Sarah on 6376 7900 or 0428 736 578.

## Community Dinner

Holy Trinity Anglican Church Hall St Marys

Saturday 16<sup>th</sup> March 2013

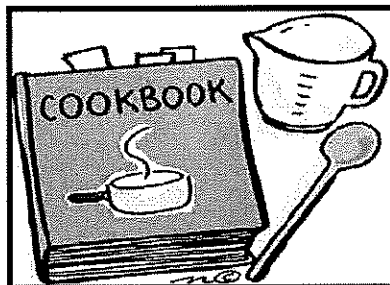
6.00 for 6.30pm

Tasmanian Country Style

Home Cooking

Please bring a side dish or dessert to share

RSVP Kevin on 0427 062 406



### KETCHUP

A woman was trying hard to get the ketchup out of the jar. During the struggle the phone rang so she asked her 4 year old daughter to answer it. 'Mommy can't come to talk to you right now. She's hitting the bottle'.



We're all about service.  
Are you?

Customer Service Officer

An opportunity to help people in a positive environment

Full time (negotiable) position located on the East Coast at our  
Swansea & Bichenor Branches

Bendigo Bank branches are all about people working together to build stronger communities. To be successful as a Customer Service Officer you'll be committed to putting customers' needs first, you'll be a great communicator with customer service, computer experience and ideally cash handling - and you'll enjoy being part of the local community.

You'll be the face of Swansea & Bichenor Community Bank\* branches and will be given the support you need to do what you do best - listening to customers and helping them achieve their financial goals.

In return you'll become a key part of a diverse team in a rewarding work environment where you will have the opportunity to learn and advance your career.

So if you think you've got what it takes to be part of the Bendigo team, we want to hear from you.

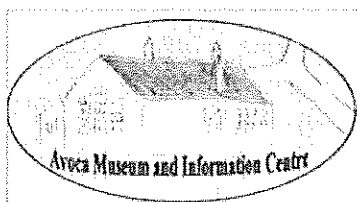
Visit [www.bendigobank.com.au](http://www.bendigobank.com.au) to find out more or to submit your application, quoting reference number TASB67037. Or write to [stewart.namianis@bendigobank.com.au](mailto:stewart.namianis@bendigobank.com.au) or phone 0434 693 488. Applications close on March 16 2013.

Bendigo and Adelaide Bank Limited ABN 11 068 040 176. AFSL 237870. 31/03/13 12:00PM

Swansea & Bichenor Community Bank\* Branch

### ELDERLY

While working for an organization that delivers lunches to elderly shut-ins, I used to take my 4 year old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered 'The tooth fairy will never believe this!'



## Avoca Museum and Information Centre

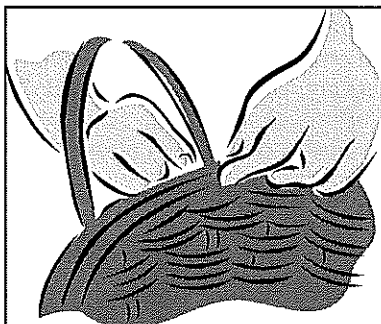
Old School Building  
AVOCA TASMANIA 7213



Saturday 23rd March

**March: Basket Weaving Workshop**  
10am - 3pm Cost: \$15.00 includes morning  
and afternoon tea

Some ideas you may be interested to  
bring



*Materials to Dry:* red hot poker, montbretia, watsonia, iris, gladioli, day lilies  
*Materials to bring fresh:* willows, fruit tree prunings, suckers, broom, vines

To Prepare for Use soak overnight in water—be inventive!!! - sweet corn leaves and husks, bark, tree fibre, flower stalks, lavender, seaweed, gumnuts etc.

For the Workshop comfy clothes, apron, materials, sharp secateurs, pliers, pen & paper, strong clothes pegs x12, large darning or bag needles, string & strong thread, old towels (wetting & wiping). Bring quantities to swap, your imagination and have fun constructing several different baskets.

Please bring your own lunch

RSVP: Prue O'Connor

The next **AMIC Market** is **Sunday** March 10th

Contact Prue 63842119 or Steve 63842188 for a stall

Contact Tom 0418545732 if you would like furniture sold for you.

**Free:** Learn to knit and crochet - class at the market



**Harris Funerals**

**St Helens, Bicheno & Fingal Valley**

*We are here when you need us.  
Burial or Cremation, Traditional or  
Unique Funerals Services available*

**Office & Chapel:**

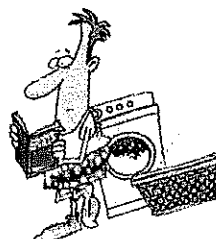
46 Tully Street St Helens

Phone: 63761153 ~ 0418133420

[tamara@harrisfunerals.com.au](mailto:tamara@harrisfunerals.com.au)

Member of the  
Australian Funeral Directors Association

**CLEAN CRACK LAUNDROMAT**  
32 MAIN ST ST MARYS  
Coin operated washers & driers



**Trading hours:**

7am - 7pm

(Fri & Sun a little later)

# Valleys of Adventure

AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

## GREATER ESK TOURISM



## WRAPPED IN ST MARYS

1 & 2 JUNE 2013

### THEME

#### "Connected"

Think outside the square, use your imagination,  
have a go!!!

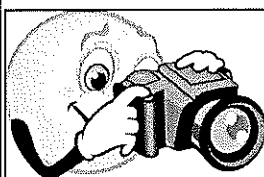
#### DEADLINE FOR ENTRIES

4 pm 17 May 2013, entry forms available soon

### WRAP a power pole – categories:

- textile art (\$300 + certificate)
- theme - 'connected' (\$200 + certificate)
- group (\$200 + certificate)
- junior (\$150 + certificate)
- people's choice (\$150 + certificate)

An initiative of Greater Esk Tourism (GET) and Break O'Day Council



## Photographic Competition 2012

### THEME

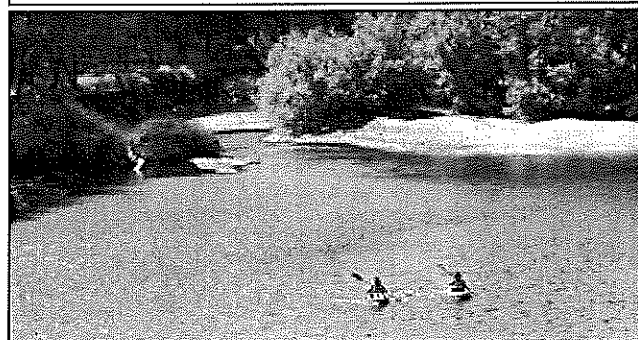
"Touring through the Valleys"

More information to come, start clicking now

### Community initiative at Mangana



Canoeists on the South Esk at Fingal  
Thanks to our film stars helping to promote our  
Valleys of Adventure  
in Neville Hayes' promotional video,  
due for completion soon



St Marys District School  
Fingal and St Marys Campus  
Building Blocks  
ECIS &  
St Marys Child Care

# Welcome to 2013

Invite parents, carers, grandparents and children aged 0-5  
years



The Valley Early Years Group would like to welcome you to 2013. Come along and enjoy making pizzas with your child and join us for a picnic, eating healthy pizzas and fruit platters.

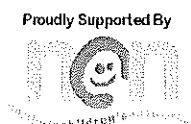
St Marys Child Care staff will be on hand to answer any questions you may have about child care.

The St Marys School will have information about the Launching into Learning sessions

Building Blocks staff and Kym Clark, ECIS will have information about their 2013 program

- **Where:** St Marys Hall
- **When:** 14th of March
- **Time:** 10.30am till 12.30pm
- **Free bus** will leave from Fingal via Cornwall at 10.00am and return to Fingal by 12.30pm via Cornwall. Call 6376 5242 to book seats
- If any one needs transport please call Cathy at Building Blocks for assistance.

For more information contact:  
Cathy at Healthy House on  
6376 5242 or 0400 002 116.  
Tanya Greenwood at St Marys Child  
Care Centre on 6372 2187.  
Lizzie Scales at St Marys District  
school on  
6372 3900  
Kym Clark on 0419 120 879





Sessions are held from  
10.30am -12.30

# March 2013

All Building Blocks sessions are free of charge for all children from 0-5 years old,  
along with their parents, carers or grandparents

Mon	Tue	Wed	Thu	Fri
4	5	6	7 Play & Learn Cornwall	8
11	12	13 Play & Learn Bicheno	14 Pizza Making Day at St Marys Hall	15
18	19 CFC Home Visits	20 Play & Learn Fingal	21 Play & Learn St Marys CC	22
25	26 Play & Learn with Launching Into Learning and ECIS St Helens/CFC	27	28 Play & Learn Mathinna	29 Good Friday

## What's on this month?

### Welcome to 2013

We are having a pizza making day on the 14th of March at St Marys Hall, come along and help your child make a pizza to share.

We will be celebrating the start of the new year with Launching into Learning and St Marys Child Care and Early Childhood Intervention Service (ECIS)  
(See flyer for more information).

Harmony Day is also on this month in Cornwall and St Marys, we will be reading stories from around the world.

**All welcome to come along**



For more information or to share ideas/suggestions  
Please call Cathy at Healthy House on  
6376 5242 or 0400 002 116  
Email: [cathy.parker@healthyhouse.org.au](mailto:cathy.parker@healthyhouse.org.au)

## Where Play & Learn sessions are held?

- St Marys Community Hall 23 Main St, St Marys
- St Marys Child Care Centre - Gardens Creek Road, behind Health Centre
- Fingal Masonic Lodge Brown Street, Fingal
- Falmouth Community Centre 18 Morrison St, Falmouth
- Child & Family Centre 1 Groom St, St Helens
- Bicheno- War Memorial Hall 78 Burgess Street, Bicheno
- Cornwall Community Hall Alexander St, Cornwall
- Mathinna Community Hall 21 High Street, Mathinna

Building Blocks is funded by the Department of  
Families, Housing, Community Services and Indige-  
nous Affairs



## St. Helens Electrical

ROD SHAW  
LIC: C00489

**Domestic, Commercial, Industrial:**

*Wiring and Repairs, Rewires,  
Underground.*

**Home Heating:**

*Advisory, Sales & Installation of heat  
pumps and fixed heaters.*

**Lighting Specialist :**

*Interior and exterior, Advise,  
Sales and Installation.*

Ph 6372-5522 M 0407-615-072  
2 Lagoon Esplanade, Scamander 7215

# TasBash Entrants Car 2002 & Car 2011



## Variety Tasbash.

Starting at Hobart on 12 October and finishing in Launceston 19th October. The Bash is a fun motorised fund raising event with proceeds going to Variety, The Childrens Charity of Tasmania. Each individual car (team) fundraises the entry fee of \$4700 with food and accommodation paid separately which gives access to a madcap journey complete with colourful costumes, camaraderie, surprise fun stops, entertainment and more. The themed cars and characters create a carnival on wheels, bringing entertainment and fun to kids in regional communities.

## What is the Bash?

The Bash is not a race or rally and speed is not important. What really matters is that everyone has a great time visiting parts of Tasmania they would not otherwise see, at the same time providing much-needed help to Tassie's sick, disadvantaged and special needs children. Every year, Variety Tasmania provides practical and much-needed assistance for items such as modified tricycles, electric beds and communication devices for children who would otherwise 'fall through the gaps' and have nowhere else to turn. We can do more with your help.



## Team Member CHERIE PLUMMER 28-4-1991

This year Cherie has actively taken part in her 5th Bash.

In Variety, milestones are awarded for 5, 10, 15 and 20 year participations. These achievements are recognised within the charity - a 5 year service award is a commendable effort within any volunteer base.

Cherie was a Variety recipient when she attended St Helens District High School 1996.



Hundreds of children with special needs travel on Sunshine Coaches every day, with three new Sunshine Coaches added to the road in Australia every single month. But we want enough on the road to get all our children with special needs out in the sunshine, interacting with people who care. Help us get more Sunshine Coaches on the road.

Regional and disadvantaged schools receive much needed resources as well as vital learning and play equipment. We also receive many requests for vocal output devices, communication software and other technologies. With your donation, more children with special needs will be able to find a voice or become mobile.

Please donate to our Special Children of Tasmania.

Official sponsor Splash Cars



Please donate to our Special Children of Tasmania and help kids be kids! All donations are fully tax deductible. Thank you for your generous support.

Cheques made payable to Variety the Childrens Charity Tasmania  
[www.variety.org.au/tas](http://www.variety.org.au/tas)



# TasBash Entrants Car 2002 & Car 2011



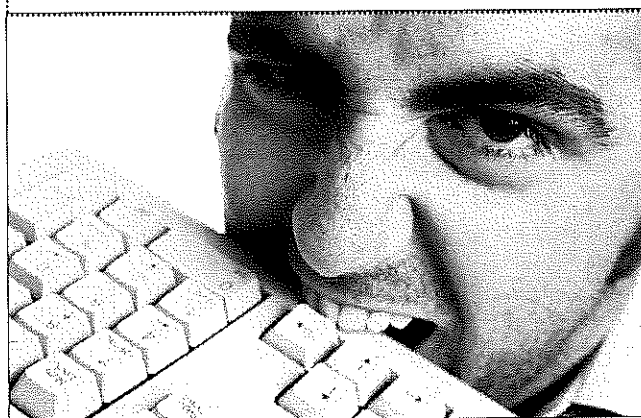
## PING'S PLACE

We have new stocks of Asian sauces and other foods on the shelves. For the children, some very nice rice crackers. Shrimp peanut munchies, lots of curry paste, curry powder, five spice mixed powder and many easily prepared types of noodles.

Please come in and take the time to have fun and play table tennis. It is light, but full of fun. Most people can learn to play in 2 or 3 weeks and it costs nothing. Everything is provided, you could even share a cup of oriental tea, have a chat about travel, teaching, Chinese culture etc. Pass the time easily. Plus, there are so many more little gifts for you and your loved ones to look at. We have one size fits all reusable nappies, fits 0 to 2 years old. Many vivid, bright colours.

There are scooters, ride on car toys, wooden jig saw puzzles – London bridge, Tower bridge. After you put them together, you could display them,

Our cars have never had a major sponsor and have collected smaller donations to achieve our target; in this way everyone in the community shares in what we achieve. We are hoping that if you can spare \$5 and have a credit card please click on <http://www.variety.org.au/TAS/Donate/> (comment 'splash'). All donations 100% tax deductible and receipted from Variety. Whilst you're there take a look at what we do - read the stories state by state or as a nation.



## Computer Trouble?

- 15 years experience
- Home & business
- Hardware & software
- Websites & email
- Windows, Mac, Linux
- ADSL, WiFi, Satellite

The St Marys Salvation Army is pleased to announce that this Friday, 1st March at 10am we will be conducting The World Day of Prayer. All are welcome



please phone 0409 838 816 for more information

**Ray Walker**

**0401 497 199**

**hello@raywalker.it**

St Marys  
**PHARMACY**

**Kodak quality  
prints in seconds**

Main Street, St Marys Tas. 7215 Ph 63722844 Fax 63722874

**Pharmacist on duty 5 days a week**

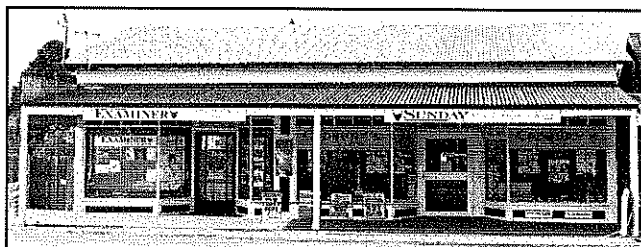
Ear Piercing  
\$27

Includes:- Piercing, Earrings and  
solution to take home.

With qualified staff  
Bec, Sally and Cassie



in an austrian lodge - please not to perambulate the corridors in the hours of repose  
in the boots of ascension.



**ST MARYS NEWSAGENCY**  
Phone: 6372 2143

Open 7 days a week for your convenience  
Mon to Thurs 6am - 6pm Fri 6am - 7pm

- AURORA PAYG
- PHONE CARDS
- DVD'S
- STATIONARY
- GIFTS
- NEWSPAPERS
- MAGAZINES
- WRAPPING PAPER
- PRE-PAID MOBILES
- FISHING GEAR
- BAIT
- ICE
- CALOWS BUS DEPOT and TIMETABLES

## At Sunday JOY

We WELCOME all

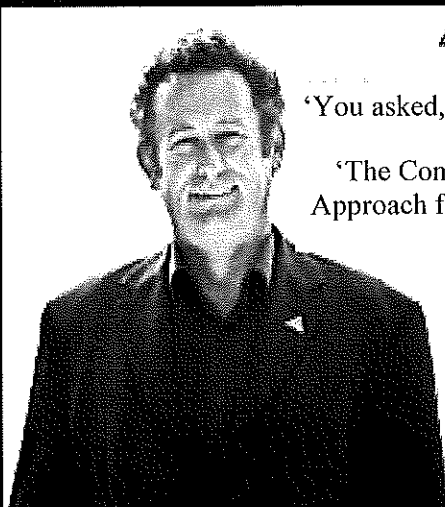
We EAT  
We LEARN  
We SING  
We are REAL  
We make MISTAKES  
We say SORRY  
We FORGIVE  
We have FUN  
We give HUGS  
We are PATIENT  
We LOVE



For more information call Mel on 0409 838  
816 or just turn up at 12.30pm to share lunch  
and...a smile and some love. Are you will-  
ing to risk some JOY?

# Tim Morris MP

Tasmanian Greens Member for Lyons



'You asked, we delivered'

'The Common Sense Approach for Tasmania'.

**New Address:** Shop 9, Covehill Shopping Centre, Bridgewater 7030

**Phone:** (03) 6263 3801

**E-mail:** greens@parliament.tas.gov.au

**www.tas.greens.org.au**

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

**BINGO** at the Cornwall hall  
every Monday at 7pm.

2 Jackpots each week. All welcome.  
Money raised goes to help with  
Hall renovations.



**ST MARYS SPORTS  
CENTRE INC.**

Every Friday—6.30 - 7.30pm  
drinks at discounted prices  
Ph: 6372 2177

**RAE & PARTNERS, Lawyers Barristers &  
Solicitors of 113 Cimitiere St Launceston**  
visit the St Marys Community Health Centre every second Tuesday from 9-10 a.m.  
Ph 6337 5555 for appointments.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

**CALTEX ST MARYS  
MECHANICAL REPAIRS & SERVICE**  
41 Main Street St Marys Tas 7215

**PH: 6372 2335/0419503109**

**Fax 63722822**



## St Helens Flowers

*Donna of St Helens Flowers takes all the  
fuss out of ordering flowers.*

*Arrangements, Bouquets, Gift  
Baskets, Wedding Flowers,  
Floral Tributes*

Member of the Petals network—we can  
now send or receive flowers worldwide

*Fantastic Fresh Flowers delivered to your  
door or statewide*

**Ph Donna—6376 1211**

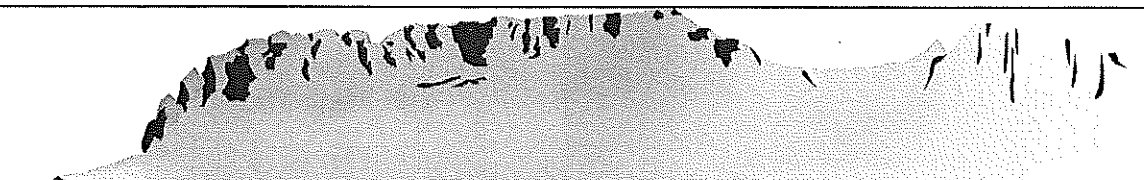
Fun Range of Helium Balloons!

**JACK MICK MOWING**

**JACKSON SPILSBURY  
& MICHAEL CAMPAIN**

St Marys

63 722 220  
0438 637220



# Valleys of Adventure

AVOCA • ROYAL GEORGE • ROSSARDEN • FINGAL • MANGANA • MATHINNA • UPPER ESK • CORNWALL • ST MARYS

## GREATER ESK TOURISM

### WRAPPED IN ST MARYS

1 & 2 JUNE 2013

Dear business and community members -

After our inaugural 'Wrapped in St Marys' event last June, Greater Esk Tourism has been very fortunate in securing funding to run it as an annual event, thanks to Break O'Day Council.

Once again, our goal is to attract a significant number of visitors to St. Marys and the surrounding valleys area over the weekend of the event, which will help our local economy during the off season.

A brochure will also again be published and circulated about the 'Wrapped in St. Marys' event, which will include places to stay and eat, special events and activities, and other information.

We would like to invite you to be included in this brochure *at no cost*. If you agree, please fill in the details on the attached form and return it no later than 4 pm, Friday, 29 March 2013 so we can amend/include your details in time for printing.

If you would like to host a special event, offer a discount or service, and/or organise a special activity or other attraction on these dates, please let us know so we can include it.

Remember, *this will cost you nothing except your time!* And it could *bring positive rewards* to you and your business or organisation, as well as being helpful financially.

If we can work together as a community to showcase our wonderful town and the people who live in it, it is more likely to be a success. It has now become a regular event, so let's work together and support it!

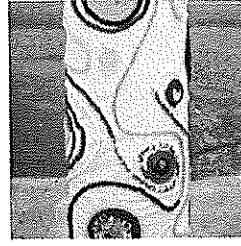
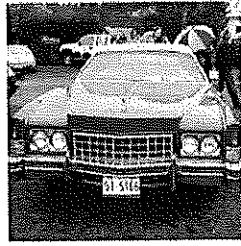
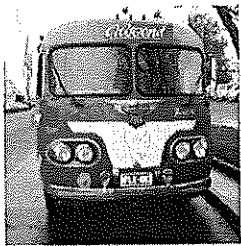
Hope to hear from you soon,

Warm regards,

Rita Summers, Event co-ordinator  
03 6372 2724 or 0417027424  
gonerustic@gmail.com

An initiative of  
**GREATER ESK TOURISM (GET)**  
and  
**BREAK O'DAY COUNCIL**





## WRAPPED IN ST MARYS

1 & 2 JUNE 2013

### BUSINESS/ ORGANISATION

**Please return form to:**

Rita Summers, Event Co-ordinator  
Gone Rustic Studio & Gallery  
37 Main Street  
St. Marys, Tas. 7215

**DEADLINE FOR INCLUSION -  
4 pm on 29 March 2013**

### An initiative of Greater Esk Tourism (GET) and Break O'Day Council

Our business/organisation would like to be included on the 'Wrapped in St. Marys' leaflet *at no cost* (please tick):

Yes ☐

No ☐

If you ticked 'yes', please complete the following:

Name of business or community organisation:

**BENEFITS** – free advertising, more winter visitors, great publicity, work together as a community, put St. Marys on the map!

Contact name \_\_\_\_\_ Phone no \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

What you will offer (please tick and add details):

Accommodation ☐ Details \_\_\_\_\_

Meals ☐ Details \_\_\_\_\_

Event ☐ Details - please complete section at bottom of page

Discount ☐ Details \_\_\_\_\_

Other ☐ Details \_\_\_\_\_

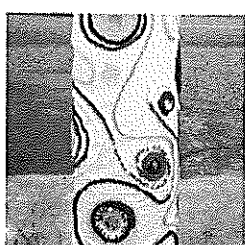
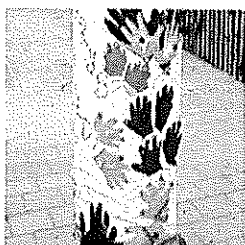
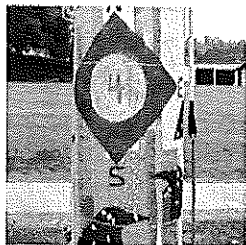
**Events only** - please complete the following:

Name of event \_\_\_\_\_

Where it will be held \_\_\_\_\_

Date/s \_\_\_\_\_ Time/s \_\_\_\_\_

**IMPORTANT** - [As space on the leaflet is limited, information may be edited to fit.]



# WRAPPED IN ST MARYS

1 & 2 JUNE 2013

## OFFICIAL ENTRY FORM

### TEXTILE ART COMPETITION

DEADLINE FOR ENTRIES  
4 pm on 17 May 2013

### WRAP a power pole – categories:

- *textile art* (\$300 + certificate)
- *theme - **connected*** (\$200 + certificate)
- *group* (\$200 + certificate)

### An initiative of Greater Esk Tourism (GET) and Break O'Day Council

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone no.: \_\_\_\_\_ Date: \_\_\_\_\_

NAME OF ENTRY: \_\_\_\_\_ PHOTO: must be attached to form

BRIEF DESCRIPTION (maximum of 25 words – will be edited if longer):

\_\_\_\_\_  
\_\_\_\_\_

### THINK OUTSIDE THE SQUARE – USE YOUR IMAGINATION – HAVE A GO!

**IMPORTANT:** Please enclose a photograph of your artwork (shown either flat or wrapped around a pole) AND a SSAE so we can (a) respond to your entry and (b) send you a map and power pole number if your entry is accepted.

CHECKLIST – Please tick each point to show you've read and understood what is required:

1. ☐ Each entry to be a maximum of 1.5 metres high. (For safety reasons (required by Aurora), any entry which is higher than 1.5 metres will be disqualified.)
2. ☐ Each entry to be made from fibre, textile and stitch (some glue may be used). Embellishments may be added, but must not protrude into pedestrian areas for safety reasons. Design your entry to TIE onto the pole - no nails, pins or tacks, or any sharp items which could cause damage or injury.
3. ☐ Entry should not have any loose or flapping parts, for safety reasons (required by Aurora).
4. ☐ Entries must be in place by 9 a.m. Saturday and not taken home until 4 p.m. Sunday. Entries may be temporarily removed between 5 p.m. Saturday and 9 a.m. Sunday for security reasons; this will be the responsibility of the entrant. Entry must be back in place no later than 9 a.m. Sunday. If entries are left out all night this will be at entrant's own risk.
5. ☐ Entries should be robust and able to withstand wind and rain (although we hope the weather will be fine, we can't guarantee it!) They should also be securely wrapped around the pole.
6. ☐ Twenty entries only will be selected for display; the selection process will be at the discretion of the GET committee, and the decision will be final. No discussion will be entered into.

# Surf Coast Realty

Binalong Bay to Bichenno and Hinterland

Ph: (03) 6372 5321

Suite 1, 158 Scamander Ave.

Scamander Tas 7215

## Circa 1880, 16 Acres, Creek Frontage



### 'Mariton House', St Marys

- ♦ Grand Victorian - 4 Bedroom + 2 Bathroom Home
- ♦ 16 Acres Pasture & Bush
- ♦ Landscaped, Creek Frontage



Price: \$395,000 Land Size: 16.1 Acres

## Renovator or First Home



### 29 Gardiners Creek Road, St Marys

- ♦ 2 Bedroom, Walking Distance to all Facilities
- ♦ Double Garage + Storage Shed
- ♦ Good Investment



Price: \$120,000 Land Size: 665m2

## Hobby Farm, 17 Acres, 2 Titles, Fertile Soil



### 31-39 Horne Street, Fingal

- ♦ Spacious, Solid Brick 3 Bedroom Home
- ♦ 17 Acres, 2 Titles, Great Soil + Spring
- ♦ Outbuildings inc. 1880 Church



Price: \$290,000 Land Size: 17 Acres

## OLD STYLE COTTAGE CLOSE TO COAST



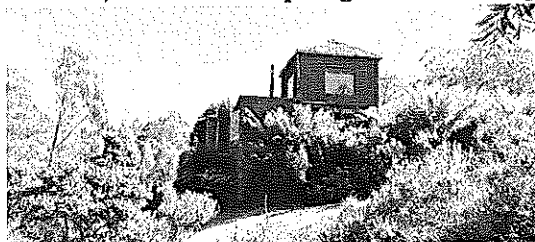
### 9 Alexander Street, Cornwall

- ♦ 3 Bedroom Home
- ♦ Fully Fenced, Established Gardens
- ♦ Baltic Pine Ceilings, Tas Oak Floor Boards



Price: Offers Over \$140,000 Land Size: 891m2

## 50 Acres, Permanent Spring, Rustic Cottage



### 826 Elephant Pass Road, St Marys

- ♦ 2 Bedroom Rustic Home with Many Features
- ♦ Plus a Cute Licensed Hobby Shop
- ♦ 50 Acres, Good Soil - Pasture + Bush



Price: \$295,000 Land Size: 50 Acres

## FEDERATION HOME - GREAT LOCATION



### 5 Aulichs Lane, St Marys

- ♦ Large 4 Bedroom Home with lots of character
- ♦ Single Garage + 2 Storage Sheds
- ♦ Large Block, Established Gardens



Price: \$179,000 Land Size: 1323m2

Honest

Reliable

Professional

[www.surfcoastrealty.com.au](http://www.surfcoastrealty.com.au)

## ST MARYS / FALMOUTH PLAYGROUP

MONDAYS 10:30 – 12:30 at the Falmouth Community Centre

Does your child / children enjoy :

- Painting & Arts & Crafts Activities
- Riding Bikes
- Playground Play
- Exciting Activities & Celebrations
- Interacting with others

If so, then join us at Play Group at only a small charge of \$3 per family in a relaxed and friendly atmosphere (for Children & Mums & Dads). Contact Tash Speers 0419 591 905 or Amy Faulkner 0417 152 337 for further details.



## Valley and Coast Hobby Craft and Arts Guide.

Thanks to all those contributing to this guide.

Your permission to add content to these great activities in knowledge skills or information will hopefully aid others keen to try new things. We welcome more groups to add as time goes on so ring Rod McGiveron on 6372 2215 or email me at [rodneymcgiveron@bigpond.com](mailto:rodneymcgiveron@bigpond.com) any time to come on board. Thanks again.

**CRANKS AND TINKERERS** St.Marys... Anything mechanical /classic cars / modelling. You name it ...we do it. Contact Ian Summers on 6372 2724 or Grant Faulkner 6372 2335 (business hours)"Get your motor started".

**SWANSEA MODEL YACHT CLUB** (Swansea) Model yacht/boat building and racing.

Contact Barry Lord (Commodore) on 6257 8200 or email [halahcottage@bigpond.com](mailto:halahcottage@bigpond.com) or ring Secretary Cheryl Hodgetts 6257 8548. email: [bill49@bigpond.net.au](mailto:bill49@bigpond.net.au).

"Just like the real thing only smaller".

**GONE RUSTIC** (StMarys) Contemporary art and craft, quilting, card making and regular workshops. Contact Rita Summers at 6372 2724 or email: [gonerustic@yahoo.com.au](mailto:gonerustic@yahoo.com.au) "come and say g'day".

**LAUNCESTON MODEL AERO CLUB (LMAC)** Headquarters at Symmons Plains. Everything radio control RC. aeroplanes, helicopters and gliders. Contact Kevin Hay (President) or Geoff Hays (Secretary) <http://www.lmacrc.com/>

"Come fly with us".

**JOHN MCCOLL** St Marys. Sculpting, sketching and art skills and contacts. Ring John on 6372 2413 for tips, advice, help or leave a message.

**PETER TROODE** Addlestone House B/B - St. Marys. All things photography. Contact Peter for help, guidance or tips on 6372 2783 and he'll help if he can. Or leave a message.

**ST MARYS FITNESS GROUP.** All level fitness to music. Lots of fun on Monday and Thursday evenings. All welcome any age. Ring Fran on 6372 2614. Love to hear from you.

**RODNEY MC GIVERON / PAUL DAVERN** American HO Model Rail. If you're interested in model rail contact Rod on 6372 2215 or email [rodneymcgiveron@bigpond.com](mailto:rodneymcgiveron@bigpond.com) or call Paul on 6372 5526 sometime. "See you down the line. woo.hoo"

**BREAK O'DAY WOODCRAFT GUILD** (St Marys Railway Station) We provide a centralised meeting place for mature men and women to share skills, knowledge, access to services, building of friendships and projects and we welcome newcomers to our community. Open Mondays, Wednesdays Fridays and Saturdays. Contact Cr. Reon Johns on 0429 722 091/ 63722094 . "Come and join us sometime".

**SUNCOAST SINGERS** St Helens. We sing, sing, sing. Get together at St Helens on Fridays from 10am-12.30 pm. For more info ring Maryanne Wadsworth on 6376 2969 or [e.mawadsworth@yahoo.com.au](mailto:e.mawadsworth@yahoo.com.au) "If you can yawn you can sing".



present

## FINGAL 50

SAT. 9th March, 2013 – 12.30pm

50Km

Proudly sponsored by Fingal Valley Festival

### Fingal 50 Course

Start – Adjacent to Fingal Recreation Ground, Mathinna Road  
Race to Mathinna and return

Finish – Adjacent to Fingal Recreation Ground, Mathinna Road

### Previous Winners

2005 Malcolm Sharp  
2006 Jamie Perry  
2007 Ian Leighton  
2008 Wally Barratt  
2009 Justin Harper  
2010 Dale Hainsworth  
2011 John Watson  
2012 Tim Watson

### Race Presentations

All riders, family and friends  
are asked to join us after the race  
at the Fingal Recreation Ground  
to attend presentations at approx 3.00pm  
Please support our sponsors

## TERM DATES 2013

### TERM 1

Tuesday 5th February to Friday 19th April  
(including Easter Friday 29th March to Tuesday 2nd April)

### TERM 2

Monday 6th May to Friday 5th July

### TERM 3

Monday 22nd July to Friday 27th September

### TERM 4

Monday 14th October to Thursday 19th December

## Launceston Cup Day 2013

PUBLIC HOLIDAY

FOR ALL STAFF AND STUDENTS


WEDNESDAY 27TH FEBRUARY 2013

Dear Parent/Carer,

In 2013 Launceston Cup Day will be a public holiday for Northern Regional Schools.

Students and staff are NOT REQUIRED to attend school on this day.

## FEBRUARY/MARCH 2013

Monday	Tuesday	Wednesday	Thursday	Friday
25th February •	26th February • Milo Cricket Commences	27th February • <b>LAUNCESTON CUP HOLIDAY</b>	28th February •	1st March •
4th March •	5th March • Milo Cricket Commences	6th March • FINGAL CAMPUS ASSEMBLY 1.45—2.15	7th March • SCHOOL ATHLETICS 	8th March • SCHOOL ATHLETICS
11th March • PUBLIC HOLIDAY	12th March • Behind the Mask Performance	13th March •	14th March •	15th March • St.Marys Campus Primary Assembly 3.10pm Lead by 3/4
18th March •	19th March •	20th March •	21st March • ENE Athletics	22nd March • Interhigh Athletics

13 Gray Road, St Marys, TAS, 7215.

Phone: 6372 3900 Fax: 6372 2543

Email: [st.marys.district.high@education.tas.gov.au](mailto:st.marys.district.high@education.tas.gov.au)



# SCHOOL FARM



## PRIMARY FARM

Hi Everyone - It has been great meeting many new faces down at the School Farm. During the first weeks of term one, the primary students explored their farm environment and identified ways to work safely. The grade 3 – 5 classes found themselves on a scavenger hunt which helped them with the orientation of special buildings and places down at the farm. Our younger classes enjoyed a tour of the shearing shed along with photos from the summer sheep shearing.

A story by Mem Fox – Where is the Green Sheep? was a great way to finish off.

Wibly



In the coming weeks the students will be hard at work in the vegetable patch.



## YEAR 6-8 SHORT COURSE

Week two saw the commencement of the 6-8 Short Course Programme. A task force of students ventured down to the vegetable patch to harvest summer crops and prepare beds for autumn planting. A huge thank you to Peter Reid who spent many hours watering and attending to the patch over the holidays with the assistance of our farm hand Geoff. Together they have ensured we have a vegetable garden to work with in term one 2013!





# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

**Dr Latt**  
27/2/13— 14/3/13

**Dr Libby Reeckman**  
Women's Health Clinic  
13, 14, 15 March 2013

**PUBLIC HOLIDAY**  
Recreational Day  
**Monday 11/3/13**

For appointments phone: 6372 2111

## IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 1 week in advance as of 27/2/13

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

## St Marys Community Health Centre

### GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly. **PLEASE BE PATIENT** waiting periods can apply to see the doctor.

**Please speak to our reception staff about ordering scripts over the phone— as fees apply.** Scripts are unable to be done over the weekends, ensure you have enough medications in advance.

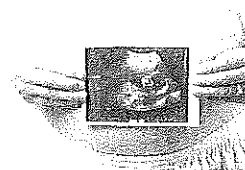
## EAST COAST MATERNITY SERVICE

The East Coast Maternity Service is available alternate weeks at the St Marys Community Health Centre and St Helens Child and Family Centre.

Appointments are made by referral from your General Practitioner.

### Services will include:

- \* GP Obstetrics
- \* Midwifery Antenatal Clinic
- \* Physiotherapy
- \* Social Work



Antenatal care will be provided in collaboration with the Launceston General Hospital Maternity Service.

Phone: Launceston 63487111

St Marys 6372 2111

St Helens 63765222

## AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or  
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE  
6372 2111

**Please RING before presenting after hours**

## INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

## PATHOLOGY SERVICE

No Pathology Service between  
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am an appointment must be made with the Nurses Station the day/night before** by phoning 6372 2111

## Women's Health Clinic

Dr Libby Reeckman conducts Women's Health Clinic's at the St Marys Health Centre. If you require an appointment please phone 6372 2111. Waiting periods can apply.

Next Session: Thursday 14th March 2013

# ST MARYS COMMUNITY HEALTH CENTRE

## WHAT'S ON AT THE CENTRE

- 28 Feb **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- Food Cents Program**– Red Cross 10:30am-1:30pm. Phone Hayley for details 6372 2111
- 1 Mar **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- TML Psychologist**. For appointments please see your GP for a referral
- Dietician (TML)** - Appointments available by referral from your GP
- Diabetes Educator (TML)**- Appointments available by referral from your GP
- Exercise Physiologist (TML)**-Appointments available by referral from your GP
- 4 Mar **Mental Health Clinician/ Case Manager**– Sue Cycles. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Hospital Auxiliary Meeting**. 2:00pm in the Day Room. New faces welcome.
- 5 Mar **Mental Health Clinician/ Case Manager**– Sue Cycles. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Tom Bain, Rae & Partners Lawyers**. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 6 Mar **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments.
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- 7 Mar **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- Social Worker**– Shan Williams. Please phone 6372 2111 for appointments
- Eyelines**– Phone 1300 139 363 for appointments. Consults Bulk billed.

## WHAT'S ON AT THE CENTRE Continued...

- Food Cents Program**– Red Cross 10:30am-1:30pm. Phone Hayley for details 6372 2111
- 8 Mar **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- TML Psychologist**. For appointments please see your GP for a referral
- 11 Mar **PUBLIC HOLIDAY** - Recreational Day. Doctor's Surgery will resume as normal on Tuesday 12/3/13
- 12 Mar **Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.
- Mental Health Clinician/ Case Manager**– Sue Cycles. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 13 Mar **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**– Sue Cycles. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Podiatry North**– Free Community Podiatry Service. For appointments please phone 63365155
- 14 Mar **Social Work**– Shan Williams. Please phone 6372 2111 for appointments
- 15 Mar **TML Psychologist**. For appointments please see your GP for a referral
- Social Worker**– Shan Williams appointments available by phoning 6372 2111

## Get The Most Out Of Life Chronic Disease Self Management Course

Course commencing in March 2013- 3 hours/week for 6 weeks at the St Marys Community Health Centre. If you are interested in registering for a course phone Shan or Hayley on 6372 2111.

## EYELINES

Visit the St Marys Health Centre every 6-8 weeks  
For appointments please phone 1300 139 363.  
All consultations Bulk Billed to Medicare

## Tom Bain, Rae & Partners Lawyers.

At the Community Health Centre  
Tuesday fortnights.  
For appointments please phone 6337 5555

## MEALS ON WHEELS ROSTER

March		St Marys	Fingal
Monday	4th	Debbie Barnes	Neighbourhood House
Tuesday	5th	Pam Bretz	
Wednesday	6th	Lorraine Gill	
Thursday	7th	Heather Griffiths	
Friday	8th	Lundy Vosper	Neighbourhood House
MOW Contact		Phone:	0488 384 344
Monday	11th	Ruth Aulich	Neighbourhood House
Tuesday	12th	Trish Pike	
Wednesday	13th	Lundy Vosper	
Thursday	14th	Kaye Nailer	
Friday	15th	Hannah Rubenach	Neighbourhood House

## Church Services

### Catholic Parish of St Marys

Sr. Lorraine Groves  
Parish House Ph 6372 2252  
Mob 0409 172 741

#### 1st Sunday MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
Fingal 11.30am

#### 2nd Sunday LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

#### 3rd Sunday MASS

St Helens Vigil 6.00pm  
St Marys 9.00am  
Fingal 9.30am  
Bicheno LWC 9.00am

#### 4th Sunday LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

#### 5th Sunday LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

### Anglican Parish of Northern Midlands

Avoca 11am 2nd Sundays  
Fingal 2pm 2nd Sundays  
Mathinna 2.30pm 4th Sundays  
Ross 10am 5th Sunday  
Campbell Town 9am every Sun.

### Anglican Parish of Break O'Day Ph 6376 1144

8am St Helens  
10am St Marys  
10.30am St Helens  
4<sup>th</sup> Sunday Kids Church Pyengana,  
2pm  
3<sup>rd</sup> Saturday of each month  
Community Dinner @ St Marys

### Salvation Army

#### TUESDAY JAM

3-5pm every Tuesday,  
excepting school holidays.  
Envoy Melanie Norton Ph:  
63722099

**SUNDAY JOY** 12.30pm  
this is a bring-and-share lunch followed  
by a great time of friendship  
and fellowship. You are very welcome  
to join us and share our JOY!  
Ph:0409 838 816.

### Break O'Day Uniting Church

The Manse St Helens  
Ph: 6376 2405  
St Helens 9.00 am  
Fingal 11.15 am

Seventh Day Adventist  
Hodgeman Street Scamander  
Sabbath School 10 am  
Divine Service 11 am

Enquiries to Sr Lorraine  
for  
Baptisms & Weddings  
Ph 6372 2252

## Contacts for Valley Voice

Written material may be left at the  
St Marys Pharmacy, Main St St Marys 7215 or mailed to  
Wendy Dawson 12 Groom St Marys Tas 7215  
E: vvoicerevisited@gmail.com  
Ph: 63722442/0403430452

### Advertising: 2013

Classifieds 25 words or less: free  
Community notices free.

Large boxed ads \$12.

¼ page \$20 ½ page \$30.

Full page \$50

1 year posted subscription \$50

Copy of guidelines available on request

## On Air Now!

Vision FM 88.0 at

St. Marys, St Helens and Fingal.

The Breakfast program is now hosted by

Matt and Karen on weekdays.

There are now over 500 stations

Australia wide.

100% positive music & talk all day long;  
connecting faith to life.

National Vision Radio Network.

Phone 1800 007 770.

web [www.vision.org.au](http://www.vision.org.au)

## St Marys Online Access Centre

### Opening Hours:

Monday 10am-3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am – 3 pm

Friday 10 am – 3 pm

Saturday 11 am – 2 pm

Ph: 6372 2005

## Remedial Massage and Naturopathy

ring Sue Christiansen  
for an appointment.  
0418 515 419

## ST MARYS OP-SHOP

SUPPORTING YOUR LOCAL SCHOOL

MON TO FRI. 10AM — 4PM  
ST MARYS MARKET SATURDAY  
10AM – 12.30PM  
Ph: 0404 562 032

Always plenty of bargains available.

Call in and take a look.



### ST MARYS SPORTS CENTRE NEWS

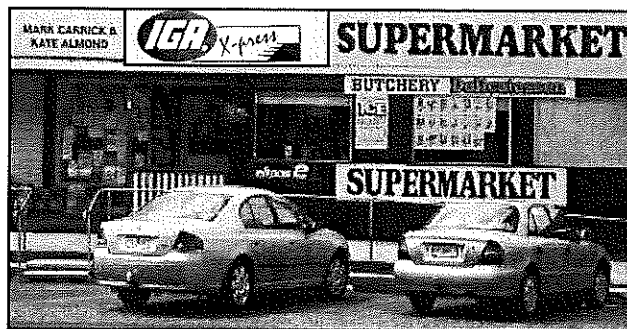
**Golf:** Thank heaven for the rain! I know that almost everyone has been hanging out for some but the course has certainly appreciated the wet weather so far. The greens have now been treated and fertilised ready for regular golf and pennant. A big thank you to Russell Harwood for the filling and leveling of the 9th bunker, the course crew has now seeded the area ready for the sand and new look bunker to be set up. The chicken run is still going, with most playing on either Wednesday or Thursday commencing at 10:00am. Come along and have an enjoyable round with some regulars. Serious competition golf over 18 holes at present is set down for 10:00am on Sundays, due to the regular bowls season which is about to conclude.

**Bowls:** Good wins in both divisions to report over recent weeks, last weekend saw all rinks win against St. Helens at home, whilst the day was completed on a very slow rink after heavy overnight rain, just to bowl at all was a minor miracle, mainly thanks to the crew who cut and rolled the rink and prepared the facilities on Saturday morning. What a shame to see the continued arguments over the format of the two divisions still causing angst within the club, it has now had the unfortunate side effect of becoming personal amongst some of the members, very sad indeed. The simple fact is, like it or not, it can't be changed this year, we are stuck with it and whilst most are content to be bowling at all, this has been the biggest distraction from the sport this year.

There is a meeting scheduled for 7:00pm this Friday night at the club, where we hope that some input for a format for next season can be reached. I feel there is a genuine consensus amongst regular bowlers as to what they want to see next season, so please come along with some constructive input towards next season.

**For Sale: Quantity of Chairs, Wooden seats and backs on metal frames \$4.00 each. Ideal for outdoor or indoor settings. Inspect at the Sports Centre or ring Jim Turner on 63 722441**

**PRINTED AND  
PUBLISHED BY  
VALLEY VOICE  
PUBLICATIONS  
ST MARYS TASMANIA**



### ST MARYS IGA SUPERMARKET

38 Main Street

Phone/Fax 6372 2240 - Butcher 6372 2274

Mon - Fri 8 - 6 Sat 8 - 12

#### *This weeks specials*

(available from 28th Feb - 6th March)

##### *the butchery*

Beef casserole steak 9.99 kg  
Nichols Chicken Burgers 4.99kg  
Ingham Chicken Drumsticks 2.99kg  
Beef stir fry strips 13.99kg  
Topside beef roast 7.99kg

##### *the shelves*

Cascade Topping 375m 1.79  
Quilton Toilet Tissue 6pk 2.99  
Arnotts Plain Sweet biscuits 250g .99c  
Nestle block chocolate 118-200 1.99  
Kellogg's Cornflakes 725g 2.99  
Papa Guiseppi Family Pizza 410-450g 3.49

##### *the coolroom/freezer*

Coon Colby block 750g 3.99  
Flora Spread 1kg 3.99  
McCain Frozen Peas 1kg 3.69  
Peters Drumsticks 4pk 3.99

#### *Next weeks specials*

(available from 7th March - 13th March)

##### *the butchery*

Beef mince 9.99kg  
Lamb loin chops 13.99kg  
Rump steak 10.99kg  
Nichols Country Bake Parmigiana 5.99kg  
Ingham Chicken Cuts 2.49kg

##### *the shelves*

Safcol Responsibly Fished Canned Tuna 425g 2.99  
Arnotts Family Assorted Biscuits 550g 2.99  
Goulburn Valley Peaches Twin 1kg 5.99  
Mortein Fly Spray 200-250g 3.79  
Kleenex Cottonelle Toilet Tissue 16pk 7.99

##### *all \$1.99*

Colegate Total toothpaste 110g  
Chum canned dog food 1.2kg  
Palmolive dishwashing liquid 500ml  
Quilton Moist Wipes 2 x 15pk  
Prima Fruit Drinks 200ml 6pk

**Arriving in daily is a great range of Easter Eggs and chocolate, as Easter Bunny is now only weeks away!!**