

The Valley & East Coast Voice

Est. 1968

Volume 45 No. 14, Thursday November 1, 2012.

50 cents

Cullenswood Cemetery Resurrection

As most would be aware the Old Catholic Cemetery at Cullenswood had fallen into great disrepair, even though it was extensively cleaned up about 3 years ago.

But with the help of people from the St Helens History room and the St Patrick's Head & Esk Valley Historical Society Inc, and the Catholic Community, the old cemetery is becoming visible again.

There have been a couple of field days, and with another one in the planning before Christmas it should be a much better site. Last Saturday there were 15 people turned up: a couple missed the group photo.

This is one of the older cemeteries in the district, and a final resting place for some of the earlier pioneers.

Headstones contain names like King, Maney, Strochnetter, Ryan, Davern, Lehner, Jones, Curran, Binns, Bullock, Leech, Ford, Gatty, Croft, Hattley, McIntee, White, Clemons, Madden, Margison, Nichols, Hutchison, Connell, Hopewell, Britton, Gadman, Doolan.

There is also a surname SUGHUE. Can anyone add any light as to the originality of this name in the district?

Also there is a reference to STAPLETON a name not familiar in the district, someone might be able to add to that also, if so contact Barry Aulich 6372 5752, or via the Valley Voice please.

It is a closed cemetery and has been for some considerable time.

This was also the site of the original Catholic Church, built in 1858 on land donated by Mrs Thomas Ransom of Kilymoon and Millbrook. It was consecrated on the 30th January 1859. The church was built under the guidance of Father Fitzgerald, but it was in those times part of the Campbell Town Catholic Parish.

According to an article in the Mercury dated Feb 5th 1895 at the opening of this church, by the Lord Bishop of Hobart Town, and assisted by Father Fitzgerald, the church measured 40 feet long by 20 feet broad and at one end had a beautiful bell turret, and a fine painted gothic window to the East.

At the opening it states that there were between 250 and 300 people present, a collection was taken up and it raised 78 pounds.

This church was used till about 1899 when it was dismantled and some of the timber was used for a private residence in Newman Street St Marys.

The Catholic Church in St Marys was opened, then burned down in 1975 and the new brick church replaced that one, where it stands to day.

Barry Aulich SPH&EVHInc.

Photos also by Barry.



Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday November 13, 2012

EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard- beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Karon: 6372 2382 / Dana: 6372 2033.**

Playgroup at Falmouth Community Centre. Fridays 10.30 - 12.30. \$2 per family. Please bring a piece of fruit for sharing and your child's own drink bottle & sun protection. Bikes and helmets welcome. Details contact **Michelle: 6372 2835 / 0418 271 315.**

St Patricks Head & Esk Valley Historical Society Inc meets every second month on the third Wednesday at 3pm at various venues throughout the valley. For details please contact: Barry (6372 5752) (email: aulich@bigpond.com) or Jim Haas (6372 2127) (email: jimhaas@bigpond.com) Alternately you can check out our website :www.fingalvalleyhistory.com

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969.**

Break O'Day Regional Arts - General meetings held on the first Tuesday of each month at 4.p.m. at Mt Elephant Fudge shop. All welcome. **Ph: Michelle 6372 2056.**

The Cornwall Community Development Group Inc welcome all interested persons to their meetings in the Cornwall Hall on the first Tuesday of each month at 6.30 p.m. **Wendy Dawson Public Officer - Ph. 0403 430 452.**

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.**

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John **6376 4270** or Rose **6376 3335.**

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shirli: **6372 2909.**

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

Scamander Garden Club meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: **6372 2762.**

Tasmania Valleys of Adventure

AVOCA - TOTAL GEORGE - ROSSARDEN - FINGAL - MARGANA - MATTHEWNA - UPPERESK - CORNWALL - ST MARYS

GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each month unless otherwise notified.
WHERE: Fingal Valley Neighbourhood House
TIME: 7PM
All WELCOME.

Enquiries to the president on 63722783.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Cheryl on 6372 2194. Leave message.

BINGO

at the

Cornwall hall

**every Monday at 7pm.
2 Jackpots \$120 & \$100.**

All welcome.

**Money raised going to help with
renovations to the hall.**

SUNDAY JOY

12.30pm

this is a
bring-and-share lunch
followed by a great time of
friendship and fellowship.

You are very welcome to join us and share
our **JOY!**
phone 0409 838 816.



Infant Aquatics/Learn to Swim Lessons

St Marys District School Association are hoping to offer swimming lessons for children aged 0-12 yrs at St Marys pool from 2nd- 16th January.

We are looking for **expressions of interest** from Austswim qualified teachers who may be available to work over this time. It is anticipated that there will be 10 lessons of 30 min, weekdays from 9.30-1 pm, subject to demand.

For information contact Tanya -BH 6372 2187 or tlgreenwood@hotmail.com prior to the 13th November.

SHOP LOCALLY AND SAVE

For sale

Classifieds

Wanted

Original Hilux wheel rims - chrome x 4 (1 fitted with dueller H/TRWC tyre) \$200. Ph: 0408 568 678.

Caravan, in good order. Price \$4,000. Ph: 6474 2219.

Miniature pigs. Small, all colours. Ph: 6372 2271.

All as new: Card table. \$15, was \$30. Column oil heater. \$50. was \$110. Bissell Pet Vac with attachments & bags. \$150. was \$400. Chocolate lounge with Chaise. \$150. was \$488. Bags of cleaning towels. \$10. Lge red mat. \$10. Bag of lge bath towels. \$20. Ladies smart gumboots. \$10. Bag of 4 lge SB flannelette sheets. \$20. Car cover. \$20. Bag of assorted bed linen. \$30. (inc DB doona covers, pillowcases. Older Pioneer record player, amp, 2 speakers & country LPs. \$50. Ph: 6372 2489.

4 Draw Filing Cabinet - good con. Includes hanging files -\$250. Also assortment of plain paper (A4 \$4), graphed cards and small office items - too numerous to list. **Wrought Iron Wall Lights** - (7) large, fancy ornate. All good con. Some need light repair (elec fitting). \$10 ea, \$20 incl shade (if we can find them).

Metal Frames - (21) made from 25mm sq tube, powdercoated cream. App. 1m sq. \$10 ea. **Push Bikes** - (2) ladies and gents. Very good condition. Gears/off road tyres (but have had only limited on road use). \$60 ea. Both for \$100. **Electric Grain Grinder** - French make. 240v reduced to 12v use. Works well. \$50. The above 5 items are remnants from previous businesses. Please call for item details : 6372 2626.

Freedom Furniture bean bag, rust-coloured suede fabric, as new \$20. **Mosquito nets** - all pure cotton and as new. One QS, square with bamboo poles for hanging \$100. Two SB, circular with hangers. \$50 each. Ph: 6372 2686.

Conia 32" wide screen LED TV with built in HD tuner. In good condition. \$100. Ph: 6372 2155.

External spare wheel carrier. Suit GQ model, 1985 Nissan patrol. \$350. ono Ph: 0428 784 356.

Meat saw, sliding bench. As new. \$350. ono. Ph: 6372 2661.

Mixing tanks. Make your own Bio-Diesel. Ph: 6372 2107.

WRECKING: ALL PARTS AVAILABLE.

Nissan Micra - VK Commodore wagon - Toyota Tercel 4 x 4 - XD Falcon - EA Falcon - '97 Musso 4 x 4 - '60 Series Land-cruiser Diesel - '93 Pajero 4 x 4 - XF Falcon. Mag wheels Ford - Holden. Ph: 6372 2107.

QUILTING MACHINE FOR SALE - Husqvarna short arm quilting machine system; handles up to king size quilts; includes large sewing machine and complete frame with rollers and carriage, plus laser light to follow pantographs. Can be operated free style or be used as a stand alone sewing machine, with large clear 'table' attachment. Complete set of pantographs included, plus DVD on how to put it all together, instruction manual and bonus book. Like new; hardly been used. Paid \$3900; willing to let it go for \$3000. Contact Rita Summers on 03 6372 2724 or 0417 027 424.

TABLE LOOM FOR SALE - surplus to requirements; would like to find a good home for it! Made of timber and is a lovely piece of equipment. Any reasonable offers considered; paid \$250 for it originally. Contact Rita Summers on 03 6372 2724 or 0417 027 424.

Teacher: "Andrew, your composition on 'My Dog' is exactly the same as your brothers. Did you copy his?"
Andrew: "No, sir. It's the same dog."

WANTED

Farm House plus 1 acre of land to rent/lease, rent/buy, caretake, in St Pauls Plains, for pensioner/descendant of early settler. Ph: 6223 6634.

Wanted

Purchase or hire. Baby cot or portacot with mattress. Needed from 20th Dec to 2nd January.

Phone Jan 0487 496 606

Wanted

Purchase or hire. Baby car seat suitable for 5 month old baby. Must meet safety standards. Needed from 20th Dec to 2nd January.

Phone Jan 0487 496 606

Wanted to buy

Mountain bike in good condition

Up to \$600

Ph 0437 227 123

Work wanted

Experienced house cleaning lady. \$16 phr.

Ph: 6372 2814.

Work wanted

Gardening and odd jobs. \$15 phr.

Ph: 6372 2814.

Give away

Kleenmaid front-loading washing machine, 5kg size, water-efficient, goes okay. Phone 6372 2686.

FOR SALE

ZB Ford Escape XLS Wagon

2005 Auto 09/2013 Registration

Full service history. 115,000 km

In very good condition

White with pin stripe, tinted windows

Nudge bar, bonnet and headlight protection.

One owner. \$11,900.00.

Phone: 0439 334 539.

Wheat for sale. 20kg bags, \$10. 20kg pig grower mix \$16. 20kg crushed layer & chick mix. \$16. 20kg bags crushed wheat, \$15. Contact Jason: 0419 514 947.

Orders taken for Sheep Poo - for the Scouts.
\$5 a bag. 0412 803 027.

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380. Now doing mint mulch.

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

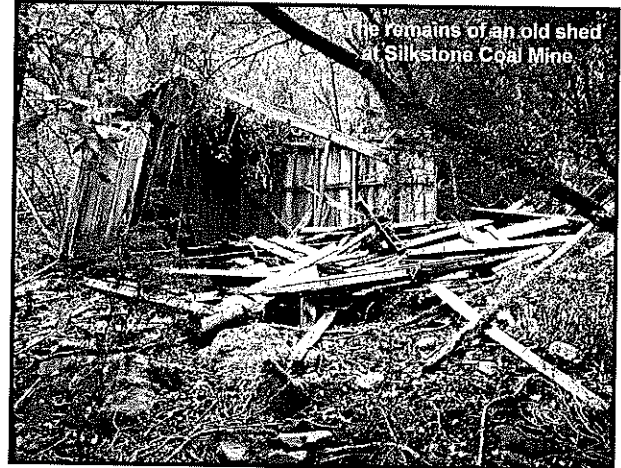
Tractor slashing available. Ph: 0407 944 158.

Frozen blueberries - \$11 kilo Phone 6372 2341.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Silkstone

Recently, after hearing a rumor or two of a company showing interest in the old Silkstone coal mine, my neighbour, Graeme Hayes, and I set off to spend an afternoon searching for the old mine, which went in under Mt Durum on the far western end of the Mt Nicholas Range. Graeme, an ex-forestry worker, had an idea of the mine's location, but had never actually been to the site. Our search started with a drive down an old logging road, followed by an hour or so on foot scrub-bashing along an old disused track, overgrown with regrowth and fallen trees, until we finally came across a couple of old tin cans.



We had a good idea then that we were on the right track and sure enough fifty metres on a broken down building and a crumbled bin, still half full of coal, emerged amongst the dogwood. After further investigation we discovered a number of steel skips and a pair of rusted rails leading into a pile of dirt. A climb over the dirt revealed the entrance to, what we reckoned, was the main tunnel. Amazingly, still standing and appearing almost as solid as the day it was driven.

According to The Coal Resources of Tasmania, prepared by Carol Bacon in 1991 for the Department of Mines and Mineral Resources, the Silkstone mine never produced any great quantity of coal, although quite a bit of prospecting was carried out in the area in the 1920s. Also in the 1920s, Messrs Meredith and Whittle took up a lease in the area. They drove a tunnel and extracted 140 tonnes of coal, but did very little development until 1950 when the adit was reopened and small amounts of coal produced and carted to a rail siding a couple of kilometres west of the Mr Nicholas Railway Station. The report does not say where the coal was sent for burning.

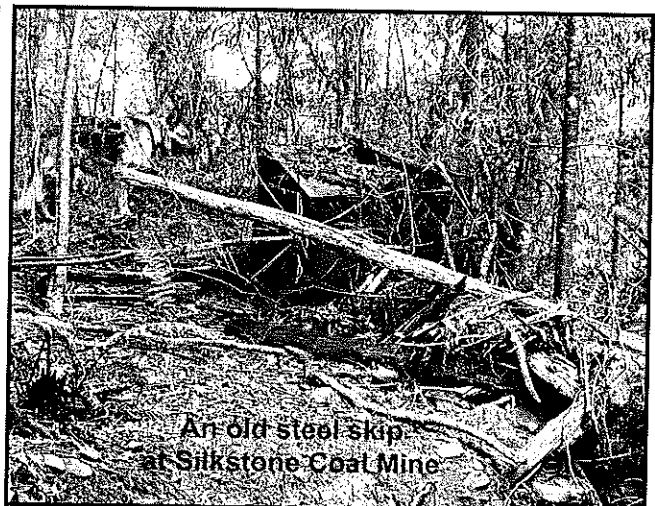
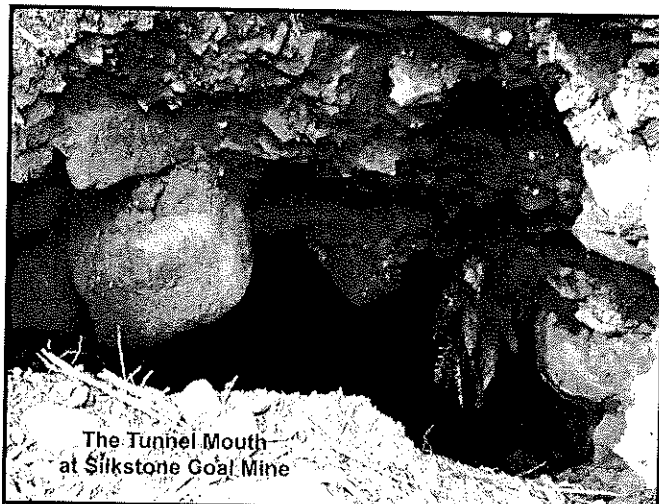
In 1951, after only a year or so of operation and only 620 tonnes of coal produced, the Silkstone mine ceased operation. It was said the main problem was too much water accumulating in the shaft.

In the 1950/51 operation it was reported that three tunnels were driven into a 2 metre seam. The main tunnel was said to be around 76 metres in length.

With logging operations and bush fires in the area over the years and with the mine only working for a short period of time, we were surprised to find so much evidence of its existence. The artefacts are almost covered with dogwood these days, but it is still clear how hard the old hands would have worked to make this mine operational in the 1950s.

One can only wonder, with the coal seam visible in the creek bed and with the prospect of new coal mines opening in the Fingal Valley, that the old Silkstone could once again breathe new life.

Jim Haas



Letters to the Editor
Vol. 45 No 14, November 1, 2012

Letter to the Editor

I am appalled by the hypocritical arrogance of the Break O'Day Council. Towns like Fingal, Mangana and Mathinna have been deserted when it comes to grass cutting services and other maintenance issues.

So when I read the current newsletter with the threat of issuing abatement notices to property owners deemed to be or likely to be a fire hazard I was astounded, as it states "As a property owner it is your responsibility to ensure that your property does not pose a risk to those adjoining you." Well council, where is your responsibility to maintain the verges so our property and safety are not at risk?

In the same newsletter it states "Town maintenance crews are working hard to maintain parks and reserves throughout the municipality and are pulling back from nature strips as resources are stretched in the peak growing season." Well is that an excuse we can use for our property maintenance? It would be interesting if we stated, "Sorry our resources are stretched due to looking after the verges." There was never a problem before the redundancies, so council, do you still think we as ratepayers will be happy with your restructure? Think again!!

Also in the current minutes of the BODC it states that council will be obtaining a loan of \$1,000,000 to complete the St Helens and St Marys Streetscape with a 15 year repayment schedule of \$99,000 per annum, which equates to \$1,485,000 total cost to the ratepayer. I didn't see, Fingal, Cornwall, Mathinna, Scamander or Mangana mentioned as a beneficiary of the loan, so why should we be burdened with the repayment. Come on Council, get real and get fair, how much more SCAPING does St Helens require? Compare the towns in the area and then prioritise where our money should be spent.

Constantly disillusioned.

Keri Webb.

Editor of the Valley Voice

Sunday the 11th of November is the 94th Remembrance Day.

One in three of those who served in World War One from this town and its surrounds did not come home.

Of those who enlisted from here at the outbreak of the war, the toll was even more horrendous, with only one in three of them surviving.

Current tradition has it that the minutes silence is started at 11 o'clock "When the guns fell silent", not the service.

I am not sure of the way services were run just after the Great War, for I believe it was decreed by King George IV, that two minutes silence be honoured. (One minute before and one minute after the hour.)

I do not know when this changed to one minute; information on the above would be gratefully received.

A gentle reminder to those attending services; a general rule is if medals you are wearing were presented to you, they are worn on the left side of your chest. If they are relatives, please wear them on the right side of your chest. (Yes, I know, foreign awards are also worn on the right side.)

See you at 10.45am at the Cenotaph.

David Watkins.

Apparently I put my foot in it (my mouth that is) in my last letter to the Valley Voice by not stating some Council members. Silly me.

The efforts of those Council members who have/are trying to allow St Marys to have the footpath improved and keep the current number of its street parking spaces are greatly appreciated.

David Watkins.

CANCELLATION

Due to a lack of bookings

**The St. Marys Sports & Social Club
will be cancelling it's:**

MELBOURNE CUP LUNCHEON

We apologise to those few who had booked.

GARAGE SALE

AT AVOCA

10TH NOVEMBER

Avoca Museum site

In conjunction with the Avoca Market

Shed Tools, Fishing Gear, BBQ's, Poly-pipe fittings, House items, Eskies and loads more.

St Marys Sports Centre PRESENTS:

The Annual Reverse Course

Championship

Sunday 4th Nov.

Commencing 9:00am

4 Person Ambrose Event

Cost \$15 per player

(Includes Lunch)

As Much Fun As You Can Have Standing Up!

St Mary's Memorial Services Association Remembrance Day Service St Marys

The St Mary's Memorial Services Association will be commemorating Remembrance Day at the St Marys Cenotaph on the 11th November. The service will commence at 10:45. If you wish to lay a wreath please do so on the day. All Welcome.

Lest We Forget



TUESDAY 6TH NOVEMBER

MELBOURNE CUP DAY

ST MARYS HOTEL

Come in and place your bets.

BREAKFAST 9.30am to 11.30am

Breakfast includes bacon, eggs, sausages, hash brown, baked beans, fried tomato, toast and orange juice.

\$12.00

Everyone who gets breakfast receives a ticket to go into a draw for a free dinner for 2.

CONDITIONS APPLY

The Say Cagerattler

The other night I watched a really recent documentary via the internet on the plight of our iconic Tasmanian Devil. It seems that there are still no real answers to the disease, the facial tumour that's caused up to 80% of them to be destroyed.

The graphic nature of this really upsets me but I realise that so far a lot of expertise from all over the world is being tried hoping that one day an answer will come.

A ray of hope in two forms does exist though. It seems that the western devils are far more resilient to the DFT than elsewhere and it is hoped that they have developed an immunity that one day will naturally let them redistribute to the rest of the State.

Secondly, protected colonies in Tasmania and interstate have been set up so that one day, should the population be wiped out, they will act as an insurance policy.

That is the Tasmanian Devil's status. Now something that every country on this planet should be ashamed of where Government's HAVE to start taking action.

Whaling and Illegal Poaching... How can this be still going on?

We have whales that are being slaughtered under scientific research banners by the Japanese and for other reasons by other whaling nations in ridiculous numbers that beggar's belief in the 21st century. If it wasn't for Greenpeace and other animal liberty organisations, the weak-kneed Governments would most likely not bother too much about it until, like the devil numbers would reach critical proportions. This includes our own country. Intervention, trade sanctions and legal action has to happen.

Similarly we have elephants, tigers, rhinos...all sorts of beautiful creatures, systematically slaughtered for supposedly medicinal reasons ie. Chinese medicine.

Or for vanity purposes where endangered animals are poached and killed for their skins or hides.

These are wild animals of course, not domestic animals that are used for food which is an entirely different set of circumstances but where humane, quick and as painless as possible methods are required. Don't get me started on some of the backward, horrible practices and customs used by countries we trade with on that front.

For whaling and poaching, that are decimating creatures that fight for survival anyway, it's about time much harsher penalties and restrictions existed and were imposed. The only exemptions should be for whales where ones are taken as in cultural circumstances and used in the traditional way for eating and other linked reasons by a local community. In regard to animals like tigers for example, only individual manatees that pose a DIRECT and UNDENIABLE threat to human survival should be destroyed. In the meantime areas (like now) could be explored for relocation and redistribution of these already critically endangered animals. The real issue with poachers is that the fat cats who buy the poached animals and sell them off are punished to the point of oblivion. As demonstrated in other crimes, you take away the market and you take away why people would commit the crime in the first place, almost entirely. We just have to be tougher...it's that simple. Oh yes and get rid of these corrupt officials and Governments who turn the other way when it suits them.

At least with the Tasmanian devil, their destiny is still strongly in our hands, thank goodness, but imagine if in a few generations from now if our kids ask "Mum and Dad, what was a whale, elephant, a rhinoceros, and a tiger like"... a very scary and very real prospect...If that was to ever happen we should, as a time in history, be denounced for all it is worth. It all has to stop, doesn't it?

What do you think? (Column by Rod McGiveron.)



Ana's Hairdressing Salon

Main Street, St Marys

Open every Tuesday, Wednesday
and most Thursdays. 9am

Bringing 22 years experience.

For all your cuts, colours, perms, sets.

Phone: 0448 532 531 On Tuesdays,

Wednesdays, & most Thursdays,

or just call in.

Or phone (AH) 6372 5497 to pre-book.

Same prices, service & phone numbers

Providing a service to the community.

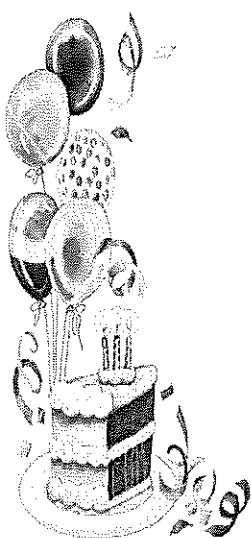
Have a flower forever.
Beautiful glass flowers.
On sale now.

New stock of blow dryers just arrived.

NEW GIFTS ARRIVING -
COME AND HAVE A LOOK.
ALL PURCHASES WILL BE
GIFT WRAPPED IF REQUIRED.

GREAT SELECTION OF
LEAVER'S DINNER JEWELLERY,
REASONABLY PRICED.

Ana wishes to advise clients that she is still doing
her *Mobile Hairdressing*. Further to this the
salon will be open for business each Market
Saturday.

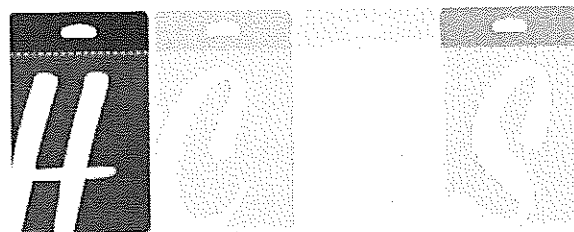


Congratulations and Happy Birthday to Purple Possum.

13 years of trading
with Elaine at the
helm,
on Wednesday
7th November.

Elaine and her staff
invites you to come

in, buy a cup of coffee and receive a
FREE slice of birthday cake.



Hobby Craft and Scrap

Australia's Online Superstore
Popular Craft Brands

Specialising in

- Hobby Crafts
- Scrapbooking
- Card making supplies
- Stamps, Ink, Pens, Markers
- Art Supplies, Accessories

Everyday Low Prices

Fast Australia Wide Delivery

Proudly Australian Owned & Operated

www.hobbycraftandscrap.com.au



Brilliant Christmas gift ideas from Purple Possum!

Searching for something just that little bit different in
gift ideas? Purple Possum now stocks a wonderful
range of soaps with aromas such as lemon balm,
lavender, olive, goat's milk and cocoa butter.
Perfect gifts – and very affordable!

And for the man in your life, he can even take his beer
into the shower –
with Tassie-made Real Beer Shampoo!

Or how about making up a gift bag of ingredients to
make rum balls, apricot balls, Christmas cake or
Christmas puddings?

And for the sweet tooths, you'll also find an amazing
range of lollies, nuts and chocolates!

Come in, sip on a cup of herbal tea or enjoy a freshly
brewed coffee, while we help to take the stress out of
your Christmas shopping!

Purple Possum

Wholefoods & Café

5 Story Street St Marys. Phone 6372 2655.

ERIC HUTCHINSON

Federal Liberal for Lyons

"The people of The Valley and East Coast deserve strong representation in Canberra. I have the commitment and energy to get your region and Tasmania back on track."

Please contact me to discuss the issues in your region.

e: eric.hutchinson@tas.liberal.org.au

p: 0447 777 251

PO Box 64, Evandale, 7212



Listening to the Valley and East Coast

Authorised by Sam McQuinn, 304 Murray Street Hobart Tas 7000



White Sands Estate

IRONHOUSE POINT • TASMANIA

Casual

Housekeepers, waiters & kitchen hand wanted

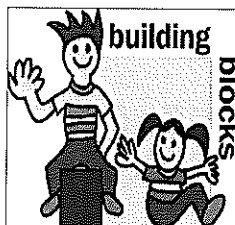
Must be available to work within a 7 day operation including weekends, public & school holidays.

Highly physical job includes cleaning.

Experience preferred but not essential.

Reliable transport a must.

To apply please send resume to admin@white-sands.com.au or call 0363 722 228



NOVEMBER

All sessions are held from 10.30-12.30

All Building Blocks sessions are free of charge for children from 0-5 years old along with their parents, grandparents and carers. Come along and see!

Play & Learn sessions are at:

6th Home Visits Falmouth & St Helens

7th Fingal Masonic Lodge

13th Play & Learn Cornwall Park

16th Scamander Beach/ Park

20th St Marys Community Hall

21st Fingal Masonic Lodge

27th Home Visits Falmouth & St Helens

28th Mathinna Community Hall

For address of venues please ring Healthy House

Building Blocks is holding a **Sleep Workshop** on the **1st of November** at the Child & Family Centre.

We will be looking at different ways you can positively encourage your children to go to sleep and stay in their beds.

We will also be holding a **Play & Learn** session with the St Marys Playgroup at **Scamander Beach**, to explore the sand and water.

All Welcome.

So bring hats and a change of clothes as we are offering activities this month that reflect the beach.

Home Visits are at Falmouth and CFC, please feel free to make a time to come in and chat.

For more information or to share ideas/suggestions

Please call Cathy at Healthy House on 6376 5242 or 0400 002 116

Email:

cathy.parker@healthyhouse.org.au

EAST COAST SURVEYING

Consulting surveyors and land planners.

Brett Woolcott 6376 1972

We can help you.

- ☐ Buying a property?
- ☐ Planning a development?
- ☐ Unsure of your property potential
- ☐ In dispute with an adjoining owner?



THE LAUNCESTON WALKING CLUB INC.
presents our 45th SPECTACULAR TASSIE WILDERNESS SHOW

DO YOU KNOW TASMANIA

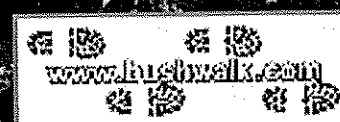


PROGRAM INCLUDES

- Mt Rogoona
- Flinders Island
- Vanishing Falls
- New Harbour Range
- The Ground at Your Feet
- A Hot Time at the Old River
- Pick of our Past Patron's Pics 3
- MOVIE: "Min. Ner Kane. Ne" (from DVD Vol. 3)
- MOVIE: "Maatsuyker Island" (from DVD Vol. 4)

..... and our Movie Collection DVD's Vols 3 & 4 will be available at the show.

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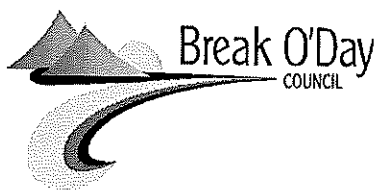
FRIDAY 9th NOV @ 8.00pm

• • **JAM HEADQUARTERS** • •

Salvation Army, Storey Street, ST MARYS
Admission at the door \$15, Concession \$10

• • **Supper @ Intermission for Gold Coin donation** • •

Web Cam gives internet visitors views of the Bay of Fires



A Council project to reactivate a damaged web cam at Binalong Bay, at the southern end of the Bay of Fires, came to fruition with the viewing of the web cam image at the Break of Day Council meeting, last week.

Break O'Day Council Mayor, Sarah Schmerl said, "I am very pleased with how this has turned out. Although the camera is quite old technology, it provides a clear, panoramic view of Binalong Bay for visitors to check out the conditions before they come and visit us. For Council, this is a 12 month trial and we will be interested in feedback from visitors and tourism operators".

Council's General Manager, Des Jennings added, "What visitors will see is an emulation of a true live view. A series of images are captured every ten minutes and these are animated to provide an approximation of real time vision".

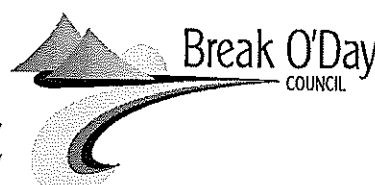
The web cam itself is sited at the Bay of Fires Character Cottages, a prime location with expansive views of Binalong Bay and the project is a cooperative venture between the Cottages, Council and CoastView Enterprises.

Rob Winter, of CoastView Enterprises, the company that revamped the web cam equipment said, "We are grateful for the support of Break O'Day Council. This type of collaborative project can have terrific tourism potential".

The image will soon be able to be viewed on the Tourism page of Council's website, as well as the Bay of Fires Character Cottages and CoastView websites (www.coastview.com.au/bay_of_fires_webcam).

The web cam image can also be made available to other web sites and enquiries should be directed to Council.

Fire reduction burns



The Break O'Day Council and Forestry Tasmania have

reminded the public of the necessity for fuel reduction burning ahead of a high fire danger summer, after smoke concerns were raised recently.

Break O'Day Mayor, Sarah Schmerl, has urged the public to remember the devastating fires of 2006 and the affect it had on the surrounding community.

"We don't want to see that same kind of fire impact on our community again so it is important to take preventative measures in the form of fuel reduction burn programs, such as those that commenced last week.

A few days of smoke inconvenience is a small price to pay in minimising the risk of a devastating bushfire in high summer."

Forestry Tasmania's senior fire officer for Bass District, Bob Knox, said the fuel reduction program was designed to protect regional communities from the threat of bushfire and every effort was taken to keep smoke away from settled areas.

"Unfortunately with these types of low intensity fires, smoke can stay lower to the ground and persist a little longer than with typical high intensity burns used as part of forest regeneration programs in autumn.

It is also unfortunate that additional smoke is being contributed by a wildfire that is suspected to have been deliberately lit outside the boundaries of the fuel reduction burn area, and moving to the West.

A helicopter and bulldozer are on site working to contain the fire, though crews are operating on rough, steep land.

We are working in partnership with the Break O'Day Council to protect the community and it is very frustrating that our resources are now focused on containing the actions of individuals who do not share our desire to safeguard the community".

Tasmania Police would like to thank Ms Linda Little for 14 years of wonderful service. We wish you a great future ahead and best wishes for your future career aspirations.

St Marys Police Station Opening Hours
Tuesday and Thursday between 12:00 - 1:00pm. Closed Public Holidays

FOR POLICE CONTACT CALL 131444
FOR EMERGENCIES ONLY CALL 000

No further Service Tasmania transactions will be conducted at this station.

STOLEN

Sometime between 14/10/2012 & 23/10/2012 a Husqvarna chainsaw with a Carlton bar and chain was stolen from an address in Newman Street, St Marys. The model of the chainsaw is XP372.

If anybody has any information in relation to this stealing please contact St Marys Police Station on 131444, or if you wish to remain anonymous you can contact Crime Stoppers on 1800 333 000.



REMINDER TO RATEPAYERS

The 2nd instalment of rates is due on Friday the 9th of November 2012.

Any rates queries should be directed to Council's Rates Department on 63 767 922.

Des Jennings
General Manager

TEACHER: "Millie, give me a sentence starting with 'I'."

MILLIE: "I is"...

TEACHER: "No, Millie... Always say, 'I am'."

MILLIE: "All right... I am the ninth letter of the alphabet."

Mark Shelton MP

State Liberal Member for Lyons

Working to strengthen rural communities



Please do not hesitate to contact me if I can be of any assistance to you:

Longford:- 17A Marlborough Street
Longford TAS 7301

Phone:- (03) 6397 7411

Sorell:- 9 Gordon Street
Sorell TAS 7172

Phone: (03) 6265 6600

Email:-

mark.shelton@parliament.tas.gov.au

**Tasmanian
Liberals**
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Authorised by Mark Shelton, Parliament House, Hobart TAS 7000

*Don't sit around the house when Christmas
is just around the corner!*

Enjoy the Community Transport Bus trips

**TASMANIAN CRAFT FAIR -
DELORAINÉ**

Sunday 4th November.
Departing St Marys at 7.30 a.m.
\$25.00 return.

SALAMANCA MARKETS, HOBART - Saturday 10th November
Departing St Marys at 8.00 a.m.
\$25.00 return.

EVANDALE MARKETS

Saturday 24th November
Departing St Marys at 8.30 a.m.
\$12.00 return

**EASTLANDS SHOPPING CENTRE
HOBART**

Saturday 1st December
Departing St Marys at 8.00 a.m.
\$25.00 return



Phone Jan on **6372 2137** - bookings essential!

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Contact: Mick

0488 777713

OUT OF THE WOODWORK

SECRETARY WENDY BRENNAN 6372 2094

www.breakodaywoodcraftguild.weebly.com

Many thanks to Jeffrey Springer and Sammy for their kind donation of cuttings for our memorial garden and congratulations to our raffle winner, George Gall.

The winning ticket was drawn at the Coachouse by our lovely Tracy.

Members have asked me to extend a thank you to all the people who purchased one of our raffle tickets. We know that during these hard economic times every dollar needs to be stretched to its full capacity and our generous ticket sales reaffirms our belief that the Break O'Day community supports us, and it will always be reciprocated.

Guilds Home Hint:

To remove and iron out permanent press marks from hemlines use white vinegar. The vinegar is great for removing heavy creases from garments. Dip a clean cloth in white vinegar, tightly wring out and place over area on the garment to be washed. Press with a warm iron and the mark will disappear.

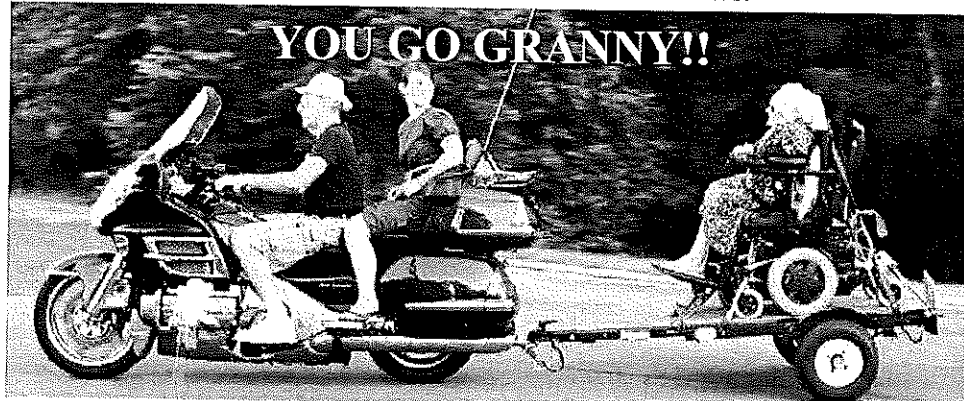
The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome, both men and women. We are open Monday, Wednesday, Thursday and Saturday. Other times by appointment. (Please note that our previously advertised day of Friday has now been replaced by Thursday)

Can anyone guess the identity of the delightful young girl pictured, in her Sunday best?

Hint: She is Tassie born and breed and one of our social members.



YOU GO GRANNY!!



ONLY IN AMERICA?

Don't know if this is legal or not in the US. Shudder to think what would happen to Granny if there was an accident.

None of them are wearing protective helmets or leathers, and two of them are wearing thongs.

I must say I do receive some weird emails!

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ICE

NEW DVDs

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and wrapping
paper now in
store.**

CALOWS BUS DEPOT

MOVEMBER = MEN'S HEALTH MONTH

It's that time of the (entire) month again – for us men that is.

During the month of November - GROW YOUR MO!

MOvember is all about Male Health and Well-being. Its primary objective is to raise awareness of Men's Health issues. The MO puts a fun twist on a serious issue. Aiming to "change the face" of men's health, the moustache acts as the catalyst to bring about this change by giving us men the opportunity and confidence to talk about our own health more openly.

MOvember was primarily about prostate cancer and male mental health awareness, but certainly not only that now. Today it is also about other health issues pertaining to men including other cancers like Skin, Testicular and Lung. And it is also very much about Mental Health and Depression (Beyond Blue).

Let's look at the main issues we men face and keep reading

- We are known to be much more indifferent towards our health than women.
- We men live on average almost 5 years less long than women do.
- Each day 13 men and 8 women in Australia die from lung cancer.
- Tobacco smoking is responsible for 90% of Lung Cancers in men.
- 1 in 9 men will develop prostate cancer which is the second most common cause of cancer related deaths amongst men.
- We Aussie men develop skin cancer almost 4 times the rate of men in Canada and the US.
- More than 50% of Aussie men are overweight or obese, leading to increased numbers developing type 2 diabetes with incidences of diabetes higher among men than women.
- Smoking, Sun Exposure, Poor diet, Alcohol Consumption and lack of Physical Activity are significant risk factors which contribute to premature death - And that can be modified.
- 1/3 of all Aussie men above 25 years have too high blood pressure (requiring medication).
- Around 1 in 6 Aussie men suffer from Depression at any given time.
- Young men are 4 times more likely to commit suicide than young women. Suicides among young men have tripled over the past 30 years.

Not All Doom & Gloom

Despite trailing Women's health, things are beginning to change with some progress now being made in closing the gap between the state of men's and women's health.

MR 'FIX-IT' HANDY TIPS:

Choose to live longer by maintaining a Healthy Lifestyle – Think about the following:

- Manage your Stress levels** – Long term stress can lead to worsening of ill health both physically and mentally. Take 'Time-Out' daily, walk or do something relaxing.
- Be Physically Active** – Exercise daily with a minimum of 30 minutes.
- Sleep Well** – The quality of your sleep can dictate how well you can cope with stress, how fast your metabolism runs and how well you fight off disease.
- Maintain a Healthy Weight** – Overweight increases risk of cardio vascular and chronic diseases (e.g. type 2 diabetes), hypertension, stroke and certain cancers.
- Eat a Healthy Diet** – Fill up with fruits, vegetables, whole grains and choose healthy proteins (fish, poultry, lean meats, beans and nuts); eat food low in saturated & trans fats, cholesterol, salt and added sugars.
- Drink Alcohol in Moderation** – Alcohol can be part of a healthy balanced diet, but only in moderation; limit alcohol intake to no more than 2 standard drinks per day.
- Don't Smoke** – Quit and if you don't succeed, TRY again (and again and again)!
- Know your Family Health History** – This is probably the most powerful tool to understand your health. Family History affects your level of risk for cancer, heart disease, stroke and other illnesses. Talk to family taking note of their experiences and learn about relatives, including deceased.
- Have an Annual Physical** – Make a yearly doctor appointment for a general health check, including preventative screening tests. The way to stay healthy!

Healthy House actively promotes good health & well-being in the Break O'Day area.

If you would like more information about the above or have other health queries, feel free to contact any of the Healthy House friendly staff.

Phone: 03 6376 5242

St Marys Sports & Social Club

Exciting announcement about subscriptions.

The Committee of the Sports Centre has taken some radical action in the attempt to secure the future of the club. We realise that there are a number of junior golfers and their parents, along with new social and playing members who may have been turned away due to the current fees charged for our memberships.

New Memberships Are: FOR THE NOT SO SERIOUS MEMBERS:

Social Membership: \$22.00
Entitles you to use the clubhouse and bar only.

Junior Membership: \$30.00
Full use of facilities, play golf & bowls, (serious or not so serious).

Casual Senior Membership: \$50.00
Full use of the facilities, just have a hit or roll when you wish (fun days included)

Casual Family Membership: \$100.00
For a little extra, register the whole family & enjoy what the club can offer.

FOR THE SERIOUS MEMBERS:

Junior Membership: same as above, \$30.00
Includes all affiliations, golf and bowls.

Senior Membership: \$100.00
Includes all affiliations, golf and bowls.

Couples & Family Membership: \$150.00
Includes all affiliations, golf and bowls.

ONCE YOU HAVE PAID YOUR SUBS AS A SERIOUS MEMBER, YOU SIMPLY DECIDE WHETHER YOU PLAY GOLF, BOWLS OR BOTH, AS YOUR AFFILIATIONS INCLUDE BOTH SPORTS!

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance
 53B Main Road 58A High Street
 PO Box 50 PO Box 271
 Perth, Tas 7300 New Norfolk Tas 7140
 Ph 6398 1115 Ph 6261 3366
 Toll free 1300 132 689
 Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU FOR A
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

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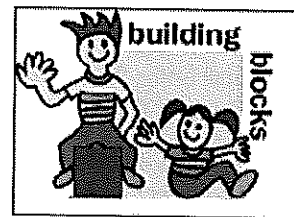
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Children's Week Art Tastic Exhibition in St Marys

On the 23rd October St Marys hosted a fantastic art exhibition to celebrate Children's Week. The artworks on display were created by children in our community using recycled materials. We saw a wide variety of visual artworks using recycled boxes, wood, plastic, paints and other collected materials.

Children from St Marys Child Care Centre, St Marys District School, Playgroup and Building Blocks participated in the exhibition and also had an opportunity, on the day, to create new artworks.

Using recycled materials to create art at home is a great way to encourage children to think about the environment and sustainability. The items used link the home environment and the wider world to inspire and enrich children's learning. It is also a cost effective way to stimulate imagination by looking at everyday objects in a new way.

Ideas for items to create children's art with include:

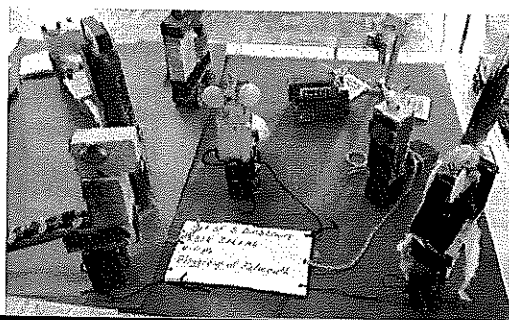
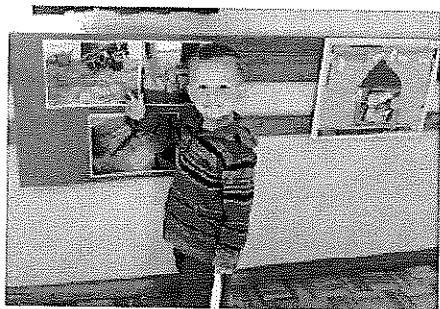
- Plastic bottle tops for threading
- Old CD's for wind chimes
- Boxes and milk cartons to make castles and houses
- Old magazines to decorate boxes and make collage
- Old rags or wool for weaving



All you need is some sticky tape, glue, staples, pens and paints to get started!

The art exhibition will now travel down to the Break O'Day Child and Family Centre in St Helens so if you did not get a chance to see it in St Marys call in and see it there!

(Below) Pictures from the exhibition



St Marys Op Shop

SUMMER OPENING HOURS

Monday - Friday 10 - 4

Market Saturdays 10 - 2

Op Shop Notice - Do you Need Rags?

The Break O'Day Field Archery Club had been purchasing all of the non cotton rags (the rags are clothes/materials that are torn, damaged, too dirty to be laundered or generally non-saleable in some other way) from the St Marys Op. Shop to make into archery bales for target practise. Cotton materials (t-shirts, soft clothes) are kept separate as they are useful for local people for cleaning and workshops etc. The small rag bags sell for 50 cents each. The Break O'Day Field Archery Club have recently stopped collecting the rags, and we have been unable to make contact with them. The Op Shop volunteers are wondering if anyone out there has any other purpose for which they could use such rags? If you do, then Janet (0404 562 320) would love to hear from you!

If your able to assist in any way by recycling these rags please do call Janet or pop into see her at the Op Shop on a Friday. The Op Shop volunteers would love to find new ways or re-using the non-saleable clothing items (rags) that are donated to the Op Shop for the School Association.

MEDIA RELEASE

Federal Liberal candidate for Lyons, Eric Hutchinson, will be lobbying Tasmanian Legislative Councillors this week to reject the State Government's ill-conceived tax on poppy growers.

"It has been one blow after another for Tasmanian farmers since minority governments were installed in Hobart and Canberra, with the carbon tax, crippling power prices, the forestry fall-out, and the collapse of Gunns, Premium Fresh and the King Island abattoir, to name just a few examples," Mr Hutchinson said.

"The message I am receiving loud and clear from Tasmanian farmers is that the last thing they need right now is a new tax to prop up the government's poppy advisory and regulatory board.

"What's more, while the Government talks up the importance of this board, it cheerfully ignores the board's advice, which was unequivocal in its opposition to the proposal to allow raw poppy material to be imported into Tasmania.

"That the tax won't even apply to these imports is further evidence of how anti-farmer the Labor-Green government has become.

"Tasmanian farmers need a fair go and this new tax should be thrown out.

"I will be making these views clear to members of the Legislative Council this week, prior to their vote on the legislation."

Eric Hutchinson,
Federal Liberal Candidate for Lyons.
0447 777 251.



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for all your sweet desires!!!

Trading Hours

Wednesday, Thursday, Friday,
Saturday, Sunday.
10am - 5pm

Authentic hot chocolate!!

Assorted handmade Belgian chocolates,
yummy fudge and delicious sweet treats.

Icecream Cakes - Yum Yum

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Media Release

MOTOR NEURONE DISEASE -

GETTING IT RIGHT,

SUPPORTING PEOPLE WITH MND

By Guy Barnett - Wednesday 24 October 2012

500 die each year from motor neurone disease said Guy Barnett Ambassador for Motor Neurone Disease Australia, at a conference in Launceston last week.

"More than one Australian dies every day from motor neurone disease.

"We have more than 20 Tasmanians living with MND and an estimated 1400 in Australia currently. MND progresses at different rates but most people with the disease die within 2 to 3 years, he said.

"For each person diagnosed with the disease an estimated 14 members of their family and friends will live with the impact forever. MND touches the lives of so many people.

MND care, management and achieving best practice are key issues that are to be addressed at the conference, he said. The health professionals and service providers are incredibly important to the people involved and as an organisation we are indebted to them for their support. Hopefully our conference will assist them in doing their job even better.

"Our organisation raises and then distributes \$1 million each year towards vital research. We will not give up in our support to defeat this disease which has no known cause and no known cure," Mr Barnett said.

Guy Barnett presented a welcome address to the MNDA - Getting it Right, Supporting people living with MND conference at the Tramsheds in Launceston last week.

Expressions of interest.

The voluntary position of editor of the Valley & East Coast Voice will become vacant in January, 2013.

We are looking for someone who has good computer skills, is dedicated and can commit themselves to the job.

If you are interested, please call Judy on 6372 2155 to arrange a meeting to discuss your application and the job requirements.

UFO DISPLAY (unfinished object) - come and see some UFO's completed by the Rustic ragamuffins stitching group.

ALSO an exhibition of **TASMANIAN SCENIC ART PHOTOGRAPHY** by Jessica Turale and James Brewer (sponsored by Break O'Day Regional Arts)

Official launch for both exhibitions:

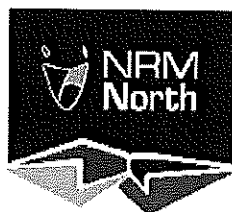
Coffee and cake @ 3 pm, Friday 9 Nov @ Gone Rustic
Entry fee - \$5 or a plate of cake to share; filtered coffee and a variety of teas (inc. herbal) will be available
RSVP - 03 6372 2724 or 0417 027 424 (by/on Tues 6 Nov)



Transition Tasmania Roadshow

be the change

- ✓ Where in the world are we going, and what does it mean for our community?
- ✓ Join us for a global report card, and respond in a world-renowned workshop: Getting into Action.
- ✓ This is a rare chance to connect with movers, shakers and passionate individuals from your community.



Natural Resource Management
in Northern Tasmania



Community Action Program - Funded
by the Australian Government
Department of Health and Ageing
under the Rural Primary Health
Services Preventative Health Initiative.

Need childcare to come?
Expressions of interest to:
kelly.23@live.com.au

This one-day event will be held in two localities to reduce your travel miles...

**Saturday 1st December at
St Helens Neighbourhood House**

...OR... **Sunday 2nd December at**

St Marys Town Hall, Supper Room

10 am to 4 pm — entry by donation - light lunch provided

Please bring a plate to share for morning tea

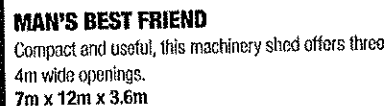
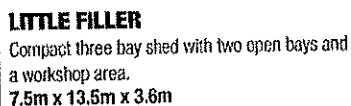
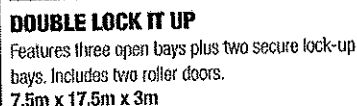
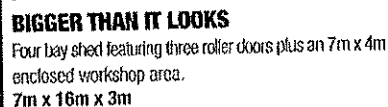
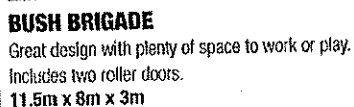
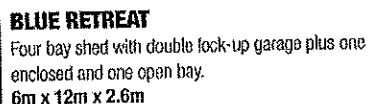
Bookings essential - email: info@greenfamilies.com.au

OR phone Pip 0428 622 351

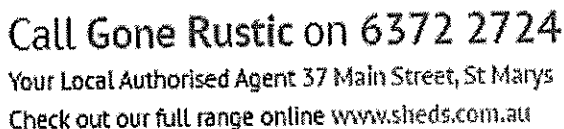
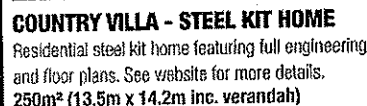
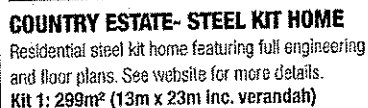
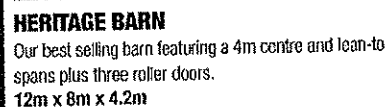
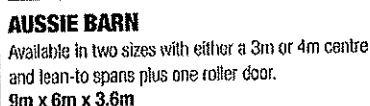
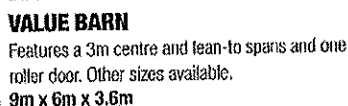
Hosted by Kelly Milikins, Susan Probert and Helen O'Brien. Generously supported locally by NRM North, Community Action Program - Healthy House, St. Helens Community Garden, Pyengana Dairy Co and Red Cow Dairies.



www.transitiontasmaniaroadshow.com



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GREATER ESK TOURISM

You're Invited to a

Cocktail Evening for Local Businesses & Tourism Operators

Greater Esk Tourism is presenting the Photographic Competition Awards and promoting Jim Haas' most recent book 'A Little Bit of Heritage'

Date: Wednesday 14th November 2012

Time: 5:30 for 6pm start

Cost: \$10 per person

Location: Purple Possum, 5 Story Street, St Marys

RSVP: 7th Nov 63722406 dj.gilbert@bigpond.com

Neat casual dress. Light refreshments will be provided

Come along, meet and network with operators and locals in the Valleys of Adventure

"Craggy Peaks"

Luxury Self Contained Accommodation



Craggy Peaks has 15 fully self contained serviced units nestled among the trees with breathtaking views of Stacks Bluff and the southern side of Ben Lomond National Park. Have a break from the hustle and bustle of every day life, sit back and enjoy the peace and tranquillity. There are walking tracks and Mountain bike trails ranging from novice to expert, trout to be caught in the local creeks or it is only a short drive to the South Esk River. A 5 minute drive to the Rossarden and Storys Creek Museum and the history of the old mining towns, Craggy Peaks is on the scenic link road between the towns of Avoca and Fingal with magnificent views of Ben Lomond.

Our very reasonable rates are subject to seasonal changes.

2 bedroom units \$120.00 per night

1 bedroom units \$80.00 per night

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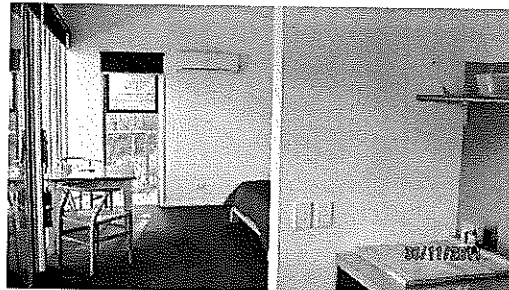
"Craggy Peaks"

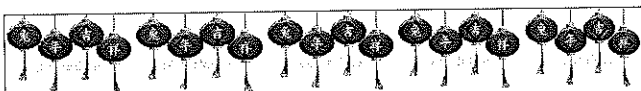
1410 Rossarden Road

Rossarden 7213

Phone:- (03)6385 2032

Email:- craggyypeaks@gmail.com





PING'S PLACE Spring Sale

Kitchen Tea towels \$2.00 each, Beach Towels \$4.00 each, Wash up /general purpose cloths \$1.00 each. Various garden handy tools \$3.00 each.

Socks for \$1.00 pair, durable.

Women's briefs, bamboo made \$10.00 for 5 pairs. And there are Men's as well.

Baby reusable nappies, one size fits all, many colours, \$5.00 each. Second hand pram ready to go \$5.00. Garry brand blue strong baby carrier up to 20kgs \$5.00. Children's mini trampoline red and black \$46.00. Child pump up stool, space saver, only \$4.00.

Hanging storage bags, 3 layers, many colors, space saving \$3.50 each, Micky Mouse storage bags. Picture Frames, A4 certificate frame \$3.00each. Butterfly balloons, very beautiful, \$2.00 each.

Food area

Delicious Longan in Syrup 567g a tin now only \$2.20.

Lemon Sauce ideal for chicken or pork, now only \$3.00.

Thai Banan Blossom you may like to give a try. There are Te Guan yin tea, woo long tea, pu er cha in tea bags, 20 tea bags for only \$2.00. Thai, Malasian curry paste, tomyum curry paste, water crispy chestnuts, bamboo shoots, dry mountain mushrooms, AND much more.

Great to discover that Michelle Menze is also a competitive Ping Pong Player!!

If you are playing well in Table Tennis game, let Jun-know, because she would like to include you!!

gone rustic studio & gallery



fibre & textile, mixed media, gifts, kit homes & sheds, collectibles, classes, exhibitions (open tues - sat, 10 - 4)

37 main street, st marys, tasmania 7215 - 03 6372 2724
www.gonerustic.wordpress.com - gonerustic@gmail.com

JOURNALS ANONYMOUS - 11am-2pm on last Saturday each month at *Gone Rustic Studio & Gallery, St. Marys*: just bring whatever art or journal/sketchbook you're working on. Cost: donation. BYO lunch. For more info, call Rita on 0417 027 424 or email to gonerustic@gmail.com

stitchedupmama -
www.stitchedupmama.wordpress.com

WRAPPED IN ST MARYS

See photos, slideshows and more at
www.wrappedinstmarystas.wordpress.com
Also a great way to keep up to date with developments for next year!
An initiative of GET (Greater Esk Tourism)

JACK MICK MOWING

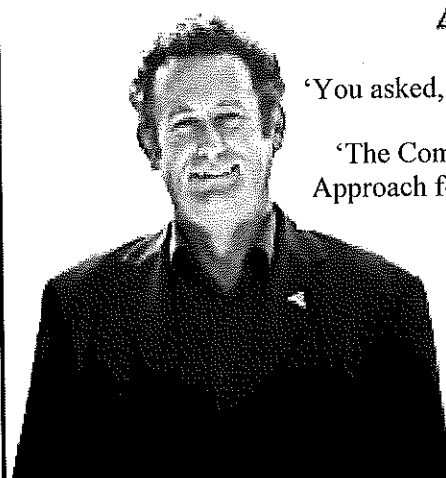
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Tim Morris MP

Tasmanian Greens Member for Lyons



'You asked, we delivered'

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E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

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52 MAIN ST ST MARYS.



STAR FM Program Guide  		Mon	Tu	Wed	Th	Fr	Sa	Su
	Brekkie	Toast and Jam with Mary-Anne	Bacon and Eggs With Damo	"Wake up" with Bobster	Enjoy your Fruit Loops with Astro Boy	Friday Breakfast Show with Laurelle	Saturday Morning Show with "Noodles"	Chucker on Toast
	Morning	RFM On Star FM	Have a Hoot with SKOOT	In the Garage with Greg	The Morning Show with "Harpo"	Colin's Classic 60's Music Mix	Greg's week-end MIX	
	Arvo	"In the Groove" with Laurelle	Jeany-Maree's 2 for Tuesday	Your host with the "Most" Terry Post	Around the world with Tim	Friday round-up with RFM	Colin's History and Mystery Music	80's Hits with "The Tone"
	Late Arvo	Jackster's MUSIC BOX	Drivin' along With Terry	After School with Pinky or the Brain	In the back seat with Angela	Hot Hits with The Jackster	Hot Country with JEANNY MAREE	Dave's Blues Mix
	Eve	Mellow Monday's with Roger Dr Sax with Roger	Neville's Country Corner and more	Mary Anne's Thanks for the Memories	Thursday Night "LIVE" with "Chucker"	Marc's Boiler Room Party Mix	Brians Party Mix - til late	

*Last chance
to attend Bingo at the
Fingal Valley
Neighbourhood House*



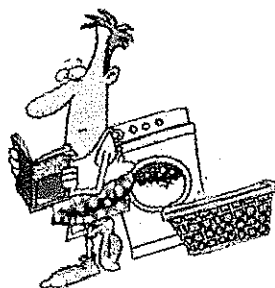
Bingo

Eyes down at 1pm
Every 1st and 3rd Thursday
of the month

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St Marys Community Health Centre
Alternate Tuesdays : 9 am - 10 am
Ph: 6337 5555 For appointments.

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- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



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Scamander Tas 7215

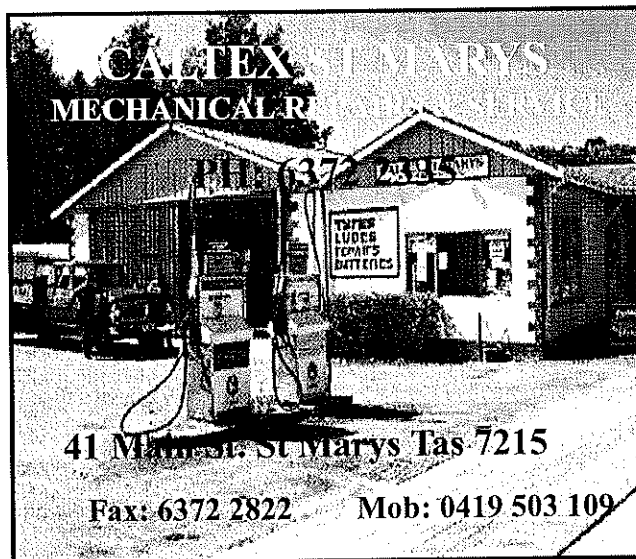
- Washing machine NOISY?
- Refrigerator runs too LONG?
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Mobile: 0428 761 811

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Lindsay & Diane
(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

Office & Residence:

114 Cecilia St
St Helens

Chapel:

46 Tully Street
St Helens

We are here when you need us
to arrange Burial or Cremation.

Pre-paid and pre-arranged funeral plans are available.



Valley and Coast Hobby Craft and Arts Guide.

Thanks to all those contributing to this guide for either groups or individuals.

Your permission to add content to these great activities in knowledge skills or information will hopefully aid others keen to try new things. We welcome more groups to add as time goes on so ring Rod McGiveron on 6372 2215 or email me at rodneymcgiveron@bigpond.com any time to come on board. Thanks again.

CRANKS AND TINKERERS (St.Marys)... Anything mechanical /classic cars / modelling. You name it ...we do it. Contact Ian Summers on 6372 2724 or Grant Faulkner 6372 2335 (business hours)"Get your motor started".

SWANSEA MODEL YACHT CLUB (Swansea) Model yacht/boat building and racing.

Contact Barry Lord (Commodore) on 6257 8200 or email halahcottage@bigpond.com or ring Secretary Cheryl Hodgetts 6257 8548. email: bill49@bigpond.net.au.

"Just like the real thing only smaller".

GONE RUSTIC (StMarys) Contemporary art and craft, quilting, card making and regular workshops. Contact Rita Summers at 6372 2724 or email: gonerustic@yahoo.com.au "come and say g'day".

LAUNCESTON MODEL AERO CLUB (LMAC) Headquarters at Symmons Plains. Everything radio control RC. aeroplanes, helicopters and gliders. Contact Kevin Hay (President) or Geoff Hays (Secretary) by typing in Launceston Model Aero Club in your browser and send us a message via the Contact Us links on our website and... "Come fly with us".

JOHN McCOLL (St Marys) Sculpting, sketching and art skills and contacts. Ring John on 6372 2413 for tips, advice, help or leave a message.

PETER TROODE (Addlestone House B/B St. Marys) All things photography. Contact Peter for help, guidance or tips on 6372 2783 and he'll help if he can. Or leave a message.

ST MARYS FITNESS GROUP. All level fitness to music. Lots of fun on Monday and Thursday evenings. All welcome any age. Ring Fran on 6372 2614. Love to hear from you.

BREAK O'DAY WOODCRAFT GUILD (St Marys Railway Station) We provide a centralised meeting place for mature men and women to share skills, knowledge, access to services, building of friendships and projects and we welcome newcomers to our community. Open Mondays, Wednesdays Fridays and Saturdays. Contact Cr. Reon Johns on 0429 722 091 mobile or 6372 2094 home. "Come and join us sometime".

SUNCOAST SINGERS (St Helens) We sing, sing, sing. Get together at St Helens on Fridays from 10am-12.30 pm. For more info ring Maryanne Wadsworth on 6376 2969 or email her at mawadsworth@yahoo.com.au "If you can yawn you can sing".

RODNEY MC GIVERON / PAUL DAVERN American HO Model Rail. If interested in model rail contact Rod on 6372 2215 or email rodneymcgiveron@bigpond.com or call Paul on 6372 5526 sometime. "See you down the line. woo.hoo".

St Marys Police Phone Number 6372 1010
Non Urgent Number 131 444
Urgent and Life threatening 000
SES (Flood & storm only) 132 500
Fire 000



Tony Burke's flying visit to Hobart to survey the smoking ruins of the Tasmanian forestry industry only shows that the Labor Party cares more about saving face than saving Tasmanian jobs.

Federal Liberal candidate for Lyons, Eric Hutchinson, said the so-called forestry peace talks have wreaked huge damage on the Tasmanian economy, decimating our once proud forestry industry, and causing untold financial and emotional heartache for thousands of Tasmanians.

The process should have been abandoned long ago, but for Greens in the State and Federal governments stopping at nothing to destroy the industry - with the Labor Party complicit every step of the way.

"The Federal Government stands condemned for the damage it has caused to Tasmania through this arrogant, self-indulgent and futile process - damage that is apparent for all to see," Mr Hutchinson said.

"An eleventh hour visit from the Federal Minister this week-end to address the players in the peace talks is more about him trying to save face than delivering any positive outcome for Tasmania.

"The Greens have demonstrated that they will never be satisfied, whether we are talking about forestry or any other productive industry, such as mining or agriculture."

Mr Hutchinson said the Federal Labor Member for Lyons, Dick Adams, should be condemned for standing silently by, nowhere to be seen, while this process occurred, with the people of his own electorate some of the worst affected.

Only the Liberals are committed to growing Tasmania's economy and productive industries - including forestry - and creating jobs.



ST MARYS SPORTS CENTRE INC.

Every Friday—6.30 - 7.30pm
drinks at discounted prices
Ph: 6372 2177

54 days until Christmas.

FINGAL VALLEY NEIGHBOURHOOD HOUSE NOTICE

FREE LEGAL LITERACY ON TUESDAYS 11 TO 4- OPEN TO EVERYONE IN THE VALLEY FOR FREE
LEGAL HELP - THOSE FORMS, CONTRACTS, INFO ETC...

NEED HELP WITH READING, WRITING, OR MATHS? - HELP AVAILABLE IN THE VALLEY - FREE LITERACY PROGRAM - PHONE - 6374 2344 TO ENQUIRE....

VOLUNTEERS NEEDED - HOW ABOUT DRIVING FOR THE HOUSE ON A CASUAL BASIS? WORK IN THE OP SHOP? DESIGN A PROGRAM? GREAT TO SATISFY CENTRELINK REPORTING REQUIREMENTS...

PLEASE PHONE OR POP IN AND SEE DEB...
6374 2344 OR 0488 562 538

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

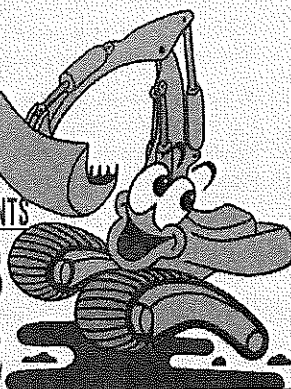
Remedial Massage and Naturopathy
ring Sue Christiansen for an appointment.
0418 515 419

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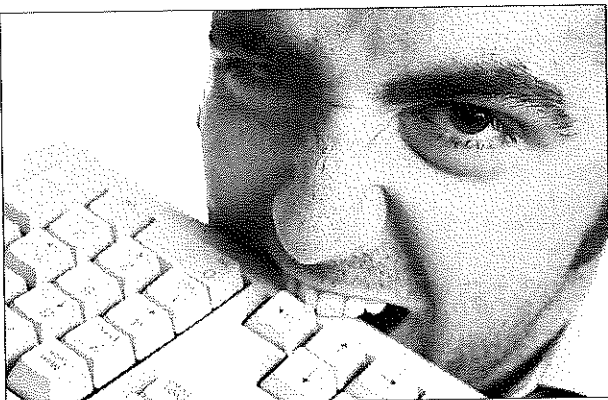
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Surfboards:

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Surftech Bic G Boards**

Bay Surf Shop

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St Helens**

Ph: 6376 1755

Break 'O' Day

The train came down on the eastern line
To the Fingal valley and the old coal mines
Where the Break 'O' Day still slowly winds
Through the ancient, endless miles of time

You can sit beside the waterfall
Like a mares' tail swoop, but sort-a tall
Where wedge-tail eagles highly soar
Way up above the valley floor

Break 'O' Day, Break 'O' Day, Break 'O' Day in the morning

Where St Patrick sings a happy tune
While north-south sisters howl at the moon
Where the fog still tries to lift by noon
Where they hold the solstice sometime in June

Where the Bare Rock sits in retrospect
While the Elephant says it can't forget
When the school out Gray had teachers' pets
But, I suppose you haven't heard it yet

Where the Millstream water's still good today
Where the Huntsman still digests its' prey
Where the valley voice still has its' say
All along the Break 'O' Day

Break 'O' Day, Break 'O' Day, Break 'O' Day a new day dawning

Where they made the cheese from whey and curds
Or, rode the coast without a word
That gathers flocks of old sea birds
Like a Pyengana dairy herd

Up along the coast these days
Where the wind whips up the surfers' waves
A lone white pointer must of strayed
For the seals aren't here like yesterday

All the way on the Cape Portland road
Where a flathead's still a heavy load
Where they plough the fields and then they're sowed
And never find, but one cane toad

Where Cape Barren geese they come and leave
Where Foresters jump the fence with ease
Where one can look right out to sea
To Flinders Isle and the Streckleckies

Break 'O' Day, Break 'O' Day, Break 'O' Day in the morning

From Petal Point to past Chain of Lagoons
There's good free camping with plenty of room
Hope it doesn't get swept away with a broom
With do-gooder deeds when do-gooders loom

There's nothing political at Policemen's Point
With its' good sea views where the bay anoints
Just good free spirits that embrace the joint
A freedom thing, where being frees the point

While the Anson flows its' waters out
Like the Georges River you can catch a trout
It's nothin' to be sneezed about
Like a dark brewed malted southern stout

Or, come back south to the Seymour grounds
Where crayfish hide where the bullkelp's found
Or, up the pass without a sound
To the Break 'O' Day old river grounds

Break 'O' Day, Break 'O' Day, Break 'O' Day a new day dawning

The Break 'O' Day has plenty, of things of many things
Music to your ear it is when the common thrush does sing
Things that crawl and walk and fly and heaps of things that swing
Someone sang "what a wonderful world", with a name like some
French king



Out there in the hidden trees
A fallow deer to the eye does please
Where a white goshawk is seldom seen
Where the aboriginals walked with ease

Where Mathinna left her name for all
Up the road out past Fingal
Where the South Esk flows with white gums tall
Across the range from St Columba falls

Old Tower Hill, she held some gold
A mother lode, or so I'm told
They got it from Manganas' hold
Just like Mathinna, she was bold

Break 'O' Day, Break 'O' Day, Break 'O' Day in the morning

Then down the tracks you finally go
Them old steam trains were kinda slow
But, did the job, I guess, you know
Till diesels made them up and go

The train came to the station, too
Gazed sometimes from South Sisters' view
Where hot cracklin' rocks, erupted, blew
And rivers of molten lava spewed

The train came to the end of the line
And times have changed in changing times
Does new year still sing Auld Lang Syne
For freedom's not to be a crime

Now, you're walkin' up the Avenue
From Scamander where there's black bream, too
Where salmon run on whitebait, chew
In times of change there's nothing new

Break 'O' Day, Break 'O' Day, Break 'O' Day in the morning
Break 'O' day, Break 'O' Day, Break 'O' Day a new day dawning

So, when the silver wattle does its dance in blooms of golden yellow
It's good to be alive out there, open eyed and mellow
Where the blue gums made the boats to sail for open ocean fellows
You can see St Patrick grasp the clouds and never make a bellow

Break 'O' Day, Break 'O' Day, just when the mornin's, dawnin'.

Col Smart 2010

NEWS FLASH!

THE MUSCLEMAN

is now providing a mobile service in the Fingal Valley as well as the East Coast.

So if you have any aches and pains that you think might involve muscles pinching nerves, give **The Muscleman** a ring and he will come to your home with his portable table to release the nerves by manipulating the muscles back into place.

Denis Lillee said, "I feel 20 years younger."

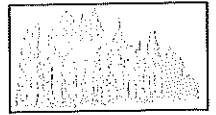
For an appointment phone:

PETER HORSFIELD

Muscle Therapist

0413 635 690

www.themuscleman.com.au
peter@themuscleman.com.au



Avalon Chippendale

ROYAL HOBART SHOW YOUTH ART

The St. Marys District School Art Department sent 14 entries to the Hobart Show this year. 240 entries from different schools in the state were received and we were lucky to receive 5 certificates for excellent achievement.

In the Grade 8/9 Section; Avalon Chippendale received \$30 and 2nd Place with her acrylic painting "Bay of Fires"

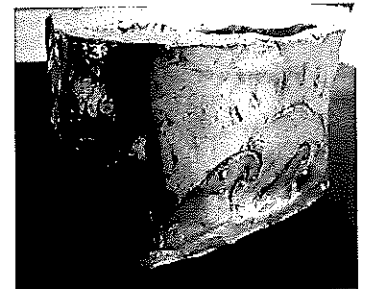
Lydia Hunt received \$20 and 3rd place with her dry point print called "Lonely"

In the Grade 3/4 Section 3 students received Highly Commended Certificates for their ceramic pots, they were:-

Sara Greenwood

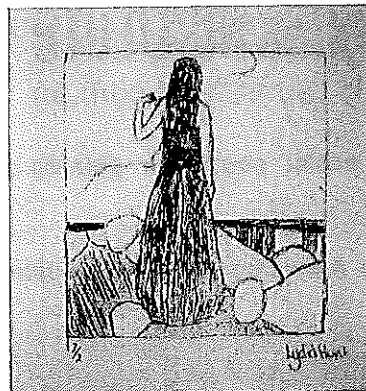
Ella de Jong

Dakota McKimmie

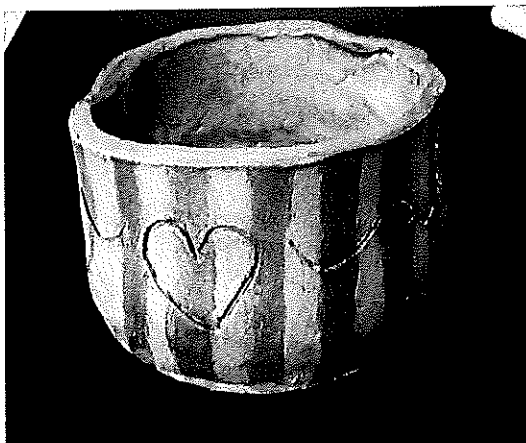


Sara Greenwood

Lydia Hunt





Dakota McKimmie



Ella De Jong

NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
5th November RECREATION DAY HOLIDAY	6th November  SCHOOL BANKING	7th November * Kinder/Prep & Grade 1 Excursion to Scamander	8th November * Launching into Learning (0-3 yrs) 10.30am - 12.00pm * Stepping Stones (Pre-kinder) 1.00pm - 2.30pm Parent Free Session * Interhigh Athletics * Fingal Campus to St.marys 12.00 - 3.00 * Launceston College Enrolments 1.30	9th November * Bicheno Grade 6 transition * Pre-kinder Parent free session (Fingal) 9.00 - 9.45 * Grade 11/12's Finish
12th November * Grade 11/12 Exams this week	13th November  SCHOOL BANKING	14th November * Newstead College Enrolments 10.00 - 12.30	15th November * Launching into Learning (0-3 yrs) 10.30am - 12.00pm * Stepping Stones (Pre-kinder) 1.00pm - 2.30pm Parent Free Session * Fingal Campus to St.Marys 12.00—3.00 * ENE Combined Athletics Carnival	16th November * Bicheno Grade 6 transition * Pre-kinder Parent free session (Fingal) 9.00 - 9.45



The Skills Institute offers short courses to assist people in gaining up-to-date skills and knowledge required for entry into the hospitality industry.

These courses are recognised by industry as pre-entry into the Tourism & Hospitality industry.

Courses offered are:

- *Bar Essentials*
- *Barista Basics*
- *Barista Master Class*
- *RSA (Provide Responsible Service of Alcohol) (available online)*
- *RCG (Provide Responsible Gambling Services) (available online)*

To access further information on course dates please go to our website:

www.skillsinstitute.com.au and go to the Short Course link.

Alternatively please call our Service Centre on 1300 362 175.

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

• **Dr Latt 1/11/12— 16/11/12**

• **Dr E. Reeckman 2/11/12**
Women's Health Clinic

• **Public Holiday 5/11/2012**

No Doctor's surgery on this day normal surgery hours will resume on 6/11/12.

For appointments phone: 6372 2111

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly. **PLEASE BE PATIENT** waiting periods can apply to see the doctor.

Please speak to our reception staff about ordering scripts over the phone— as fees apply. Script are unable to be done over the weekends, ensure you have enough medications in advance.

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday

8:50am-10:00am

10:00am-10:30am— Reception Closed

10:30am- 12:30pm

12:30pm-1:30pm— Lunch Reception Closed

1:30pm-2:45pm

2:45pm-3:15pm— Reception Closed

3:15pm- 4:30pm

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments 2 weeks in advance as of 1/11/12

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty.

Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000
Thank you for your cooperation

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

PODIATRY NORTH

Community Podiatry Service— FREE

At the St Marys Community Health Centre

Please see your Health Professional for a referral or call Podiatry North for appointments direct on: 6331 5155.

Next session: Wednesday 7 November 2012

INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

LIGHTFOOT PODIATRY

Community Podiatry Service— FREE

At the St Marys Community Health Centre

Please see your Health Professional for a referral *or* call Lightfoot Podiatry direct for appointments on: 6331 9568

Perry Daly's next session is: Tuesday 6th November 2012

AFTER HOURS CONTACT NUMBERS

Please phone
GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or
EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE
6372 2111

Please RING before presenting after hours

PHYSIOTHERAPIST

The St Marys Community Health Centre has a Physiotherapist, Naomi Ide, who works 3 days/ fortnight at the St Marys Health Centre.

Referrals to the Physiotherapy Service can be done by your GP or the Community Nurse.

or phone 6372 2111 to leave a message for Naomi

ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

1 Nov **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments

Relationships Australia– Leanne McMurtie for appointments please phone 1300 364 277

2 Nov **TML Psychologist**. For appointments please see your GP for a referral

Social Worker– Shan Williams appointments available by phoning 6372 2111

5 Nov **Public Holiday**

6 Nov **Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.

Physiotherapist– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Lightfoot Podiatry– Perry Daly. Phone 6331 9568 for appointments

7 Nov **Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111

TML Psychologist. For appointments please see your GP for a referral

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

Podiatry North– For appointments please phone 6336 5155

8 Nov **Social Worker**– Shan Williams. Please phone 6372 2111 for appointments

9 Nov **TML Psychologist**. For appointments please see your GP for a referral

Social Worker– Shan Williams. Please phone 6372 2111 for appointments.

12 Nov **Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

WHAT'S ON AT THE CENTRE Continued...

13 Nov **Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

Counsellor– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House

Mental Health Clinician/ Case Manager– Faye Thordardottir. For appointments please phone 1800 332 388

Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

Child Health Session with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

14 Nov **Physiotherapist**– Naomi Ide . Please see your GP or Health Professional for a referral to the service.

Social Worker– Shan Williams appointments available by phoning 6372 2111

Day Centre– For details on the group please contact Hayley Gilbert 6372 2111

TML Psychologist. For appointments please see your GP for a referral

15 Nov **Continence Nurse**. For appointment please see your GP or Health Professional for a referral

Eyelines– For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare

Relationships Australia– Leanne McMurtie for appointments please phone 1300 364 277

Social Work– Shan Williams. Please phone 6372 2111 for appointments

16 Nov **TML Psychologist**. For appointments please see your GP for a referral

Social Worker– Shan Williams. Please phone 6372 2111 for appointments.

MONDAY 5 NOVEMBER– PUBLIC HOLIDAY

Please note that GP North has changed their name to **Tasmanian Medicare Local**. Same services but different name only.

EYELINES

Visit the St Marys Health Centre every 6-8 weeks
For appointments please phone 1300 139 363.
All consultations Bulk Billed to Medicare

MEALS ON WHEELS ROSTER

November		St Marys	Fingal
Monday	5th	Lorraine Gill	Neighbourhood House
Tuesday	6th	Pam Bretz	
Wednesday	7th	Barbara McAllister	
Thursday	8th	Kaye Nailer	
Friday	9th	Val Spencer	Neighbourhood House
MOW Contact		Phone:	0488 384 344
Monday	12th	Debbie Barnes	Neighbourhood House
Tuesday	13th	Lundy Vosper	
Wednesday	14th	Liz Rice	
Thursday	15th	Yvonne Salter	
Friday	16th	Hannah Rubenach	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Fingal 9.30am
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

Enq:
Baptisms & Weddings
Sr Lorraine
Ph: 6372 2252

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday - Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

8am St Helens
10am St Marys
10.30am St Helens
4th Sunday Kids Church
Pyengana, 2pm
3rd Saturday of each month -
Community Dinner @ St Marys

Salvation Army TUESDAY JAM

3-5pm every Tuesday,
excepting school holidays.
Envoy Melanie Norton Ph: 63722099
SUNDAY JOY 12.30pm
this is a bring-and-share lunch followed
by a great time of friendship
and fellowship. You are very welcome
to join us and share our JOY!
Ph: 0409 838 816.

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405
St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@telair.com.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2012

Classifieds: 25 words or less: free

Community notices: free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

Copy of guidelines available on request.

On Air Now!

Vision FM 88.0 at

St. Marys, St Helens and Fingal.

The Breakfast program is now hosted by
Matt and Karen on weekdays.
There are now over 500 stations
Australia wide.

100% positive music & talk all day long;
connecting faith to life.

National Vision Radio Network.
Phone 1800 007 770.

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm
Tuesday 10 am-4pm
Wednesday 10am-4 pm

Thursday 10 am - 3 pm
Friday 10 am - 3 pm
Saturday 11 am - 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP SUPPORTING YOUR LOCAL SCHOOL SUMMER OPENING HOURS:

MON TO FRI. 10AM — 4PM

ST MARYS MARKET SATURDAY
10AM—2PM

From October 1st.

As volunteers are available -
always looking for NEW volunteers.

Contact Janet Drummond on
0404 562 032 or call in to the shop
for a chat on a Friday.

St Marys Sports & Social Club News:

Golf: On Sunday 21st we had 12 golfers compete in the scallop and wine day, it was good to see a few on the course participating. The field could have been much bigger if a few more players who had made a commitment, had turned up. Winners on the day were, Chris Davern best gross 73 from Barry Harrison on 85. Best net J Tatnell 67 from B Harrison 68. Nearest the pin on Misery, B Harrison.

This Sunday on the long weekend is our Reverse Course competition hosted by Roger and Alana Donald & Leigh and Karen Spilsbury, cost is \$10 per player in a 4 person ambrose, starting at 9:00am. Get your team together for a great day out.

A couple of weeks back, the club was represented in the Boags Tournament at Bicheno by Roger Donald, Trevor Viney, Mark Carrick & Glenn McDonald and although they did not come away with the major prize, finished a creditable 8th out of the 18 teams that competed. Roger did manage to take out the nearest the pin on the 4th & 13th and we have not stopped hearing about it since!

Bowls: Mixed news on the bowls front, with a win at home against Bicheno and a close defeat against Swansea on their home rink. This shows that we are certainly in the mix against all other clubs but as we had to have a few subs from Scamander, we require a commitment from a few more players. Division one, Kirsten Viney on the winners list by 14 shots, Macca going down by 2 in a close struggle all day and John Vincent, down by 14 shots. Division two, Damon Viney making a late comeback for a narrow loss and Jim Turner going down by a few. I am sure that most players in the St.Marys team were pleasantly surprised by the close result, which means we won't be far off the mark this season. All we need is a commitment from several more players to really be in the mix this year.

We had heard that a couple of people were upset about not being asked to play the week before. The simple fact is, we needed 8 more players to make up division two, so two were never going to be enough. If you do want to help out this year, simply come along on Thursday nights at training and even if you don't put a bowl down, let the selectors know whether you are available or not. This would be much more appreciated than having to make a dozen calls every Thursday, trying to get a team together.

Fundraising: Thanks to Diesel, Jaqui and the crew for a wonderful Bush Tucker night. People travelled from as far away as Scotland to take in the wonderful fare. Altogether, 30 people enjoyed the food and each other's company on the night. We even had the red carpet out for one arrival but maybe it should have been reserved for the queen of the footy tipping, Bobby Harwood.

Unfortunately the Melbourne Cup Function had to be cancelled due to lack of support but we can only keep trying to put these type of events forward and hope for some success.

We cater for around 70 campers on Saturday night and we are looking for anyone who can assist with the making of a few desserts, please contact Tamatha at the supermarket or Macca at home on 6372 2429 if you can help out.

On a sad note, the club and all members send out our sincere condolences to Bernice and family on the passing of Don Targett. Don was a regular participant in our golf roster a few years ago, winning many events including the club men's foursomes when he teamed up with Rod McGiveron.

Even though Don had been ill for the last few months, he and Bernice still found time to donate a number of clubs for our hire sets, which have been very much appreciated by our junior and senior members.



38 Main Street St Marys

Phone/Fax 6372 2240 - Butcher Ph: 6372 2274

Mon - Fri 8am - 6pm

Sat 8am - 12 noon Sun - closed

This week's specials.

(available from Thurs 1st Nov - Wed 7th Nov)

from the butchery

Legs of lamb	\$ 9.99kg
Porterhouse steak	\$13.99kg
Blade roast	\$ 7.99kg
IGA corned silverside	\$ 5.99kg
Short lamb loin chops	\$15.99kg

from the shelves

Red Bull energy drink 4pk	\$5.99
Kleenex Cottonelle Toilet tissue 16pk	\$7.99
Herbal Essences sham/cond 300ml	\$2.99
Kelloggs rice bubbles 410g	\$2.99
Sanitarium Up n Go breakfast drink 250ml 6pk	\$4.99

all only \$1.99

Arnotts Tim Tam/slice/Crowns/Royals 150/200g
Kraft salad dressing 300ml
Coca cola/Zero/Sprite/Fanta soft drinks 1.25lt
Fab Ultra laundry powder 500g
Rosella tomato soup 500g

next week's specials

(available from Thurs 8th Nov - Wed 14th Nov)

from the butchery

Nichols turkey rump roast	\$ 4.99kg
BBQ meat pack	\$ 9.99kg
Diced steak	\$ 9.99kg
Lamb BBQ chops	\$ 8.99kg
Scotch fillet steak	\$23.99kg

Taste Tasmania

Superior Gold smoked salmon 100g	\$5.99
Tamar Valley Greek yoghurt 6pk	\$6.99
National meat pies/pasties 2pk	\$4.99
Tassie Own eggs 58g 12pk	\$2.99
Tasmanian Mountain spring water 5lt	\$3.99

all only \$2.99

Cadbury family block chocolate 175/220g
Palmolive Naturals Shampoo 400ml/Conditioner 375g
SPC canned fruit 825g
Palmolive aroma therapy shower gel 500ml
Sanitarium Weetbix 750g



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