



The Valley & East Coast Voice

Est. 1968

Volume 44 No. 7. Thursday, July 28, 2011.

50 cents

Christmas in July

At

St Marys Sports Centre

What a truly wonderful night it was...the hall was decked with boughs of holly along with all the other trimmings. From the outside lights, to the Christmas tree and table decorations so nicely done by Colin Payne, Bobby Harwood, Kirralee and Bonnie.

Our MC for the night was Glenn McDonald, full of beans and the spirit of Christmas. The wheel was spinning off the dial, lucky ticket prizes kept the crowd very merry indeed!

All the kiddies were excited about Santa arriving; he came out of season for a special visit bringing with him yummy lolly bags for everyone. Lots of games were played with giggles and guffaws by young and old alike.

Full to capacity, there was laughter and singing and a little drinking aided by our barman for the evening, Jim Turner. It certainly was a bustling, joyful place to be. It was excellent to see so many people support this event, come along and have a great evening.

The crowning glory of the evening was the meal. It was an amazing spread prepared by a small, but enthusiastic bunch lead by Christine Rowntree along with various helpers handling the food preparations and washing up in the kitchen. Dennis Coleman was in charge of roasting the ham and turkey. Delicious!!!! And by all accounts certainly was WELL worth the price.

We would like to take this opportunity to send out a BIG THANK YOU to ALL those hard working people who contributed their time and/or donated goods, decorations etc. We will attempt to list them all, but if for some reason, we forget to mention you by name, rest assured your contribution is greatly acknowledged.

We are happy to say, due to the local community supporting us in hard work, donations and attendance; we have made a much-needed contribution to the St Marys Sports Centre...THANK YOU ALL.

Finally, without Tamatha Mahoney being the driving force behind this idea, it wouldn't have happened.

David Gilbert, Glenys Turner, Ruth McGiveron, Val Spencer, Chloe Bond, Kim Chappell, Judy @ Valley Voice, StarFM, Dan @ Becks Home Hardware, P D Wholesalers, VMB Distributors, Heath Lethborg @ Lethborgs Smallgoods, Jim Cox of Ringarooma, Mark Carrick @ IGA, Margaret Derbyshire, Troy Targett @ Juicy Isle, John Vandenbosch.



*Photos courtesy Kim Chappell
More photos inside and on back page...*

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday August 9, 2011

EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The Tasmanian Lymphoedema Centre Inc., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

St Marys Playgroup meets each Monday 10.30am - 12 noon at the Falmouth Community Centre, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact -Robina 6372 2022.**

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information **Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)**

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. **Phone Mary-Anne Wadsworth 6376 2969.**

Break O'Day Regional Arts - General meetings held on the first Wednesday of each month at 5.30pm in the supper room at the back of the St Marys Hall. All welcome. **Inquiries to Colin 6372 2707.**

Meeting dates for Friends of St. Helens History Room & Museum for 2011.

Executive Meeting Dates: 01/08/2011- 07/11/2011

General Meeting Dates: 22/08/2011- (AGM) 28/11/2011
Contact the Centre at **6376 1744.**

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. **Murdoch 6376 3335.**

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens
Anne or John 6376 4270 or Rose 6376 3335.

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity. Mick & Shirl: **6372 2909.**

SENIORS KIOSK



Are you aged 50 years or over?

Would you like to have basic computer skills?

Would you like to enhance the skills you have?

Would you like to email, surf the net, pay bills online, or simply play computer games?

Would you like advice in purchasing a computer for around \$300?

If your answer is yes to any of these questions then come into the St Marys Online Access Centre at 23b, Main St, St Marys and talk to one of the friendly volunteers.

For everyone over 50 it is all free

MANGANA MISSION MUSICIANS JAM NIGHTS

Monthly musicians jam nights will be held at Mangana Mission, 63 Elizabeth Street, Mangana on the 2nd Friday evening every month.

Aug. 12th Sept. 9th, Oct. 14th, Nov 11th, Dec 9th. Starting time will be 6.00 pm. BYO meat and drinks for a BBQ. All styles of music, instruments and vocalists are very welcome.

For more information call André or Kate on 6374 2212

The Break O' Day Stitchers meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

A course is being run by Break O'Day Stitchers on Saturday 30 July 2011, from 10 a.m. to 3 p.m. in the Bungalow at Neighbourhood House in St Helens to make a Braided Table Runner for a fee of \$15.00 which includes tea, coffee and biscuits. Bring your own lunch, sewing machine etc. Details and bookings can be made with the tutor - Kay Roberts - 0402 007 802 or by e-mail - paradox64@bigpond.com

**The St Marys Memorial Association
will be commemorating
Vietnam Veterans Day/ Long Tan
at the St Mary's Cenotaph
at 1.30pm on the 18th August 2011.**

All residents and families are invited to attend.
If you or your organisation would like to lay a wreath
please phone

Wendy or Reon on 6372 2094.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Classifieds

For sale

Pine window frames, 1940s style, with glass. Assorted sizes, good condition. Ph: 0427 603 488.

75ml Agpipe & seals-large quantity. service wire-large quantity. Shed-large Pick up only-make an offer.

St Marys Sports Centre

Contact Jim-6372 2441 or Mark-6372 2240.

Lhasa-Apso x Maltese puppies. 7 weeks old, vaccinated and vet checked. \$500 each. Ph: 0429 676 593.

PS3: 40GB - includes brand new replacement console plus all attachments, including hand control and all cords. (second hand) \$270.ono. Ph: 0437 645 504.

York 401 gym. Good condition, needs maintenance. \$50. Etonic men's golf shoes, size 9½, black/brown, with bag. \$30. New carpet remnants, good room sizes, assorted colours. P.O.A. Contact Denis Floyed. Ph: 6372 2176.

TH Magna, blue, 3.5ltr, ex cond. 151,200 km, good tyres, tow bar, nothing to spend. 6mths rego. Drive away for \$4,900. Cabana c/van. Refurbished, new vinyl top, new fiberglass roof and many extras. \$6,900. Buy both for summer, \$11,000 combined. View at 26 Frank St., St Marys. Ph: 6372 2989 - 0410 654 750.

CB Radio. GME Electrophone 40channel UHF, model TX472S, plus Electrophone 6DB & 9DB antennas, model no.AE-409. All set to go, including cable & brackets. \$120. ono. Ph: Max 6372 5541 or 0418 992 217.

Astronomical Reflector Telescope. Saxon FR900 x 130, with motor drive, hand control & battery case, aluminium tripod, all eye pieces, manual and accessories included.

To buy new: \$630. Will sell for \$250.ono.

Ph: Max 6372 5541 or 0418 992 217.

Wood heater, Ultimate supreme, 18 months old in very good condition. 3 speed fan, triple burn system, large glass window. will heat 180 sq meters. \$ 1200. (cost over 2000 new) (no flue)

Ph Rick: 0419 788 407 or 6372 2659.

Motor cycle 2007 YZ 85. Good condition. \$1650.

Ph: Ryan on 0447 409 155.

'82 WB Panel van, auto, \$3,500. firm. Ph: 0459 388 478.

Bosch 2sp Power drill. 420w, 800rpm—1500rpm. Ex con. \$35. Ph: 6372 5541 - 0418 992 217.

Everhot combustion stove with low pressure hot water cylinder, in good working order. \$500. Ph: 0427 603 488.

'80 Subaru 4Wd 5spd touring wagon, running order good drive train, unreg, wreck or relic.

\$550. ono. '87 Hiace LWB Van, 5 spd petrol running order, unreg, wreck or relic. \$550. ono.

'88 Yamaha 50cc scooter. Lic runs well. \$750.

Ph :(03) 6311 1637 (Not Saturday)

Corner vanity unit, new. \$120. Aluminum window 2276 x 165cm with amber glass at top.\$80. Ph: 6372 2446.

**WANTED TO BUY
ANY OLD MOTOR BIKES
REASONABLY PRICED.**

PH: 6391 8689

**WANTED
SPINNING FLEECE, ANY COLOUR.
10CM LONG, OR LONGER.
Phone Rosa on 6372 2238.**

**WANTED
OLD WATER TANKS
FOR ANIMAL SHELTERS.**

PH: 6372 2336

**WANTED
STIHL CHAINSAW
MIDSIZED
034, 036, MS 310, ETC.
GOOD CONDITION. \$200 - \$300.
Ph: 0417 320 142**

give away

Puppies: 1 female, 1 male. Father Retriever cross Labrador, mother Kelpie cross Labrador.

Vet checked and wormed, ready in 4 weeks.

Contact Donna: 03 6374 2161.

Frozen blueberries - \$11 kilo Phone 6372 2341.

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

**Garden mulch. Large square bales of straw.
Free delivery in St Marys area.
Ph: Mark or Alana: 63722145.**

**Small square bales of garden mulch \$5.
Small bales of grass & clover hay. \$5. (undercover)
Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.
Ph: 0407 944 158.
Tractor slashing available. Ph: 0407 944 158.**

For sale (cont'd)

Girls computer/make-up cabinet with lights and mirror. Pink and white melamine. Very good condition. \$100. **Coffee table/ chest** (900 x 500w x 500h) excellent condition. \$120. **Samsung DVD player**, excellent condition. \$50. **Contact Karen Polden Ph: 6372 2438 or mob: 0439 333 398.**

Exercise Bike \$30. ono. **Walkie Talkie Set** 2km range. \$10. **Laser Level + tripod.** \$45. **Wilkinson Hand Saw**, set 1/4" router bits (new). **25w heater** for fish tank or beer making. (new). **Large plastic pulley metal frame.** **Basketball hoop.** **Tyre pressure gauge PSI.** **Chrome door handles with catch.** **Grease gun.** **Pair size 9 men's heavy duty wellingtons.** good cond. Plus more. Please phone 6372 2412. M & G Derbyshire. 16 Cameron St. St Marys.



www.fingalvalleyhistory.com

ANNUAL GENERAL MEETING

The Annual General Meeting of the St Patricks Head & Esk Valley Historical Society Inc will be held at the St Marys Online Access Centre on Sunday the 21st August 2011 at 2:30 pm

ALL PAST, PRESENT MEMBERS AND THE GENERAL PUBLIC ARE WELCOME TO ATTEND

Jim Haas, Public Officer

NOTICE OF ANNUAL GENERAL MEETING

The Fingal Valley Meals on Wheels Association will be holding their AGM at the St Marys Community Health Centre at 2pm on the 16th August, 2011. All welcome. Lundy Vosper (Secretary)



Break O'Day Regional Arts AGM

will be held at the e.ScApe Cafe
Tuesday 6th September, 2011
4.30pm.

Susan Nelson (Secretary)

The A.G..M. for the Friends of the History Room will be held on August 22nd at 5 pm in the Bungalow of the Neighbourhood House, St Helens. To make the meeting a little more interesting we have Ted Bugg, Park Ranger, giving us a talk on the Huts of Antarctica, Mawsons, Shackletons and Scotts. The meeting is open to anyone whether they are members or not. Light refreshments will also be served.

Join Us for a Winter Warmer

**Hot home made Soup and Bread,
a dessert you will never forget!**

Get out of the kitchen and enjoy
a night of food, fellowship, and fun.

Our monthly Saturday night dinner served
to our family, friends, and guests at the
St Marys Anglican Church.



Hope to see you on

Saturday the 20th August 5pm

Bring an empty tummy, so we can fill it up!

RSVP by Wednesday 17th

Juanita 6372 2952 or Barbara 6372 2428.



AVOCA • ROYAL GEORGE • ROSSGARDEN • FINGAL • MANDANA • MATTHEW • UPPER ESK • CORNWALL • ST MARYS

GREATER ESK TOURISM Next Meeting:

Monday, 8th August, 7pm
Fingal Neighbourhood House
Fingal 7214

Notice of AGM – 12 Sept 2011

ALL WELCOME

Enquiries – 03 6372 2783

Bicheno Indoor Market

When: every last Sunday of the month
until end November 2011.

Where: Bicheno War Memorial Hall
9am – 1pm

*Hot Foods – come and enjoy breakfast,
morning tea or lunch.*

Variety of Stalls

More stall space available:

Contact David Logie: ph. 6375 1129.



Sunday Market

Happening :

At the Old Tasmanian Hotel



On the last Sunday of the Month

Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle

Needed: fruit & veggie stall holders

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.



St Marys Market

Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

CATHOLIC CHURCH FUND RAISER

TO ALL OUR LOYAL SUPPORTERS

PLEASE NOTE:

OUR USUAL

“CHRISTMAS IN JULY”

WILL NOW BECOME A

“WELCOME INTO SPRING”

DINNER

TO BE HELD IN SEPTEMBER.

WATCH THE VALLEY VOICE

FOR MORE DETAILS.



“Convicts of the Fingal Valley”

The original concept of researching the convicts who built the St Marys Pass was put forward by the late David Clement. David's project was to find the names of every convict who worked on the Pass and have them engraved on a plaque, then set in stone at a memorial park situated near the top entrance to the Pass.

David began the project while he was working at the St Marys Library, but after his election to Local Government, his time was limited and he turned the project over to the St Patricks Head & Esk Valley Historical Society Inc. It was then taken up by Society member Darlene Wright, who decided the best way to document and preserve this most significant time in our history was to put it all in book form.

Darlene's initial research led her to see the need to expand the convict history beyond the Pass and study the convicts of the Fingal Valley, in particular the Probation System, which provided the workers for not only the Pass, but many other infrastructures throughout the Valley.

To fully understand the transportation of convicts to Australia you have to go back to Eighteenth Century England and the dispatch of the First Fleet on the 13th May 1787. Darlene's book begins there and covers the settlement of New South Wales and then Van Diemens Land in 1803. The book looks at the allocation of convicts to settlers in the Fingal Valley, but the concentration is on the Probation System, introduced by Lieutenant-Governor John Franklin in 1839. It was from this system that a quite elaborate Probation complex was built at Fingal in 1841.

From there, many convicts were assigned to the Barracks at Avoca to build the first bridge over the St Pauls River, Falmouth Barracks to work on the bottom end of St Marys Pass and the Probation Station at Grassy Bottom, two kilometres east of the current township of St Marys. It was at Grassy Bottom where the bulk of the 532 convicts who worked on the St Marys Pass were housed. Six of the eight who died during construction are buried on the hill overlooking the old station.

The book is also brought to life with dozens of images portraying the period the book covers. Also the photos of some of the people prominent in our history are included, two of which are of the first settlers to the St Marys area: Robert Vincent Legge and his wife Elizabeth, who built the “Cullenswood” estate.

The research for this book has been massive and whilst the bulk of the work was done by Darlene over several years, Society members Barry Aulich and Lois Hayes, helped out with finding all the names. This involved spending countless hours, either at the Launceston Library going through hundreds of micro films, or at their computer screens going through ship's records. It is only through the ships passenger records where you can find when a convict arrived in the Colony and to where they were sent after arrival. This is not only time consuming, but extremely tiring because all the records are in old hand written scroll and at times hard to read. Although Darlene, Barry and Lois all agreed that after a while, you get a feel for the writing and the reading does become a little less painful.

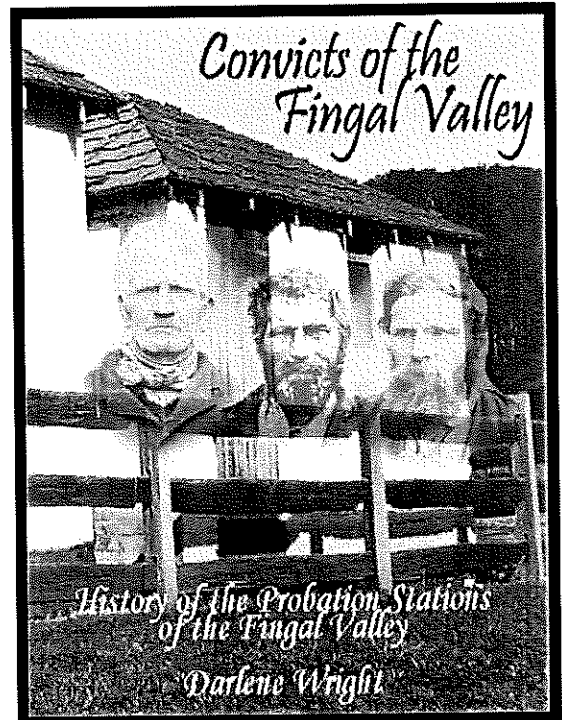
Anyone who has put a book together would know the amount of hours and dedication needed to achieve the final result. This is more evident in a document such as this where so much research is required to ensure all areas are covered and facts are as accurate as possible.

Darlene is to be commended on her achievement in this book, it is a wonderful account of a period in time that was so important to the structure of the Fingal Valley and yet could quite easily be forgotten if not for documentation such as this.

The main role of the St Patricks Head & Esk Valley Historical Society Inc is to research, document, preserve and make available the history of the Fingal and Esk Valleys. This book, “*Convicts of the Fingal Valley*”, goes a long way in doing just that. It also goes a long way into completing a project initiated by one of our most dedicated historians, who is sadly no longer with us. Perhaps, one day we'll see David's project completed with a Heritage Park at the top of the Pass.

PS: “*Convicts of the Fingal Valley*” will be launched at the Greater Esk Tourism Cocktail Evening to be held on Friday the 5th August 2011 at the Purple Possum in St Marys, commencing at 6:00 pm.

Jim Haas



Letters to the Editor

Vol. 44 No 6, July 28, 2011

St Marys is a lovely little town.

Yes, St Marys is a lovely little town! People say so all the time - and not only those who live here. We get many tourists who say how delightful it is, full of character and above all with a friendly, relaxed atmosphere with helpful, honest and welcoming people. Many tourists have commented 'please don't ever change it'.

But like any small town there seems to be a dark underbelly which is disturbing; one that could fester, grow and infect the positive aspects that make this place so attractive.

Naming no names and pointing no finger, I have heard over the past few years, rumours, innuendos, gossip and even reliable sources of information that indicate a rather nasty homophobic streak amongst some of our citizens. While some of this could be embroidered hearsay there is also a ring of truth in it and if this is the case those responsible need a good kick up the bum or at least to hang their head in shame.

Note: homophobia is commonly described as a morbid fear of or aversion to homosexuality.

Some facts about homosexuality: firstly, it is not a chosen lifestyle. We are born with our sexual preferences with approximately 10% being homosexual - a figure unchanged throughout history and across cultures. And the question arises as to why on earth would anyone choose a lifestyle that results in discrimination, persecution throughout the ages, high suicide rates amongst young men, and criminal charges in some countries and/or capital punishment?

Secondly, paedophilia does not equal homosexuality. Most sexual crimes against children are committed by heterosexual men. A large percentage of those crimes known as incest are committed within the family - which should be a haven of safety and protection for the innocent and vulnerable up to the age of 16!

So take note fellas, having sex with an underage girl, regardless of her consent, is a very serious crime and punishable by several years' incarceration. Known commonly as carnal knowledge it can also be viewed as paedophilia.

The desire for sex with young children is the result of a sick mind. It usually occurs in a man who is unable to deal with adult relationships. It is not related to sexual preference.

Those suffering from homophobia, (suffering because it must take a great deal of negative energy that can only affect those holding it to maintain this level of hatred), have a similar profile to racists. Both are fear based and we know that fear outwardly expressed leads to persecution, discrimination and aggression.

What these men fail to realize (and I say men because the majority of homophobes tend to be male) is that every time they express their opinions on the subject they inadvertently advertise their own ignorance and insecurity and, in the case of homosexuality, often their own unresolved sexual identity.

So just what is their problem? Do they feel threatened in any way? And if so how? It is certain they have no fear of competition in the women stakes. Or do they fear they will somehow be contaminated? Highly unlikely if they are nature and secure within themselves.

It is also noteworthy that homophobic reactions are different towards gay men and lesbians. With gay men the discrimination seems to stem either from fear of one's own sexuality or from a perceived slur on what they regard, quite arrogantly and wrongly, as 'real men'; with lesbians it takes the form of 'all they need is a good f..... to cure them'. Either way it isn't very clever.

I really would like to know what causes such fierce discrimination against a group of people who, when you consider the reality, pose no threat to anyone at all. Why are these homophobes so frightened? Why do they hold such violent hatred and lack of compassion? Why is it that most men I know, whom I do consider to be real men, do not hold such an aversion?

There is a belief floating around the misinformed that homosexuality poses a threat to the institution of the 'family'. In what way? In nineteen years' experience as a Family Court Counsellor, it has been observed that many heterosexual couples in families do very well thank you, without outside help, in stuffing up their own lives as well as the lives of their children.

The complexities involved in making families work are so manifest that it is a gross over simplification to believe that homosexuality, or gay marriage for that matter, can ever be seen as a potential threat. Rather than look at and deal with these complexities it appears far easier for some to find a scapegoat.

Not surprising, it can also be part of the profile of a homophobe to be a misogynist. Some find it hard to see women as equals and treat women either with contempt or as something of a joke. While such men might, at times, put their mothers or wives on a pedestal, they have very little regard for women they perceive as being morally corrupt or simply beyond their understanding and/or control.

Find a man who commits domestic violence - be it physical, emotional, financial or sexual, and you may very well find a man who is also homophobic.

St Marys IS a lovely little town. The people are friendly and easy going and, for the most part, accepting of others; it's

been a delight living here. So it is extremely sad that homophobic discrimination with all its ugly ramifications may exist to mar what has the potential to be an even better, more compassionate, more welcoming place in which to live.

Julia Weston

'For those with issues regarding the above the following links may prove helpful:

www.beyondblue.org.au www.workingitout.org.au
or www.ecqls.org

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- ☐ Buying a property?
- ☐ Planning a development?
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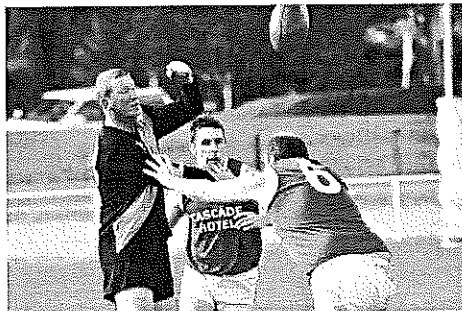


St. Marys Tigers Football Club Inc.

St Marys Tigers Football Club – Match Report. Harry Veldums, Club President.

After a frosty and foggy start to the day the sun came out and while St Marys Football Ground was a little soft and muddy we saw two great games of football.

The first game was a beauty; Claremont are one of the top Hobart teams but Launceston bolted out of the gates and built a commanding lead. Claremont came back as the game went on but Launceston lifted up a notch and ran out comfortable winners 10.4 64 to 6.2 38.



The St Marys Tigers team was depleted by a couple of late withdrawals due to illness and unavailability but Cookie still managed to put a half reasonable team together and they started their game against Sandy Bay/Hutchins like a house on fire; halfway through the first quarter it looked like the boys were going to give their southern opponents a flogging. Sandy Bay/Hutchins settled though (ably assisted by a few local lads that helped out) and a close game was in the offing.

again in the thick of everything and Nigel Turner, in his first game for the Tigers, was also prominent.

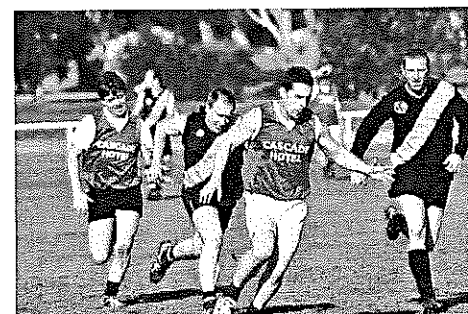
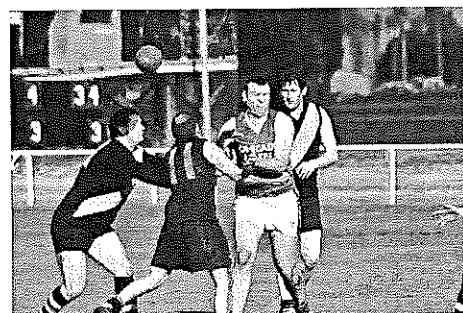
By half time the Tigers had kicked well clear but then all of a sudden in the third quarter the ball stopped bouncing their way and Sandy Bay/Hutchins picked up the pace. For a while there it looked like our opponents were



coming home with a wet sail but a vital goal from Billy Reece late in the quarter stemmed the flow but set the match up for a great final quarter. As it turned out St Marys controlled possession for most of the final quarter and ended up running out winners 8.8 56 to 4.10 39. Best - Michael Cooke, Richard Gee, Nigel Turner and Craig Baldwin. Goal kickers – Ray Squires 4, Darren Jones 1, Roger Salter 1, Cameron Lynch 1 and Billy Reece 1.

As usual there are an army of people to thank but you know who you are and rest assured we appreciate your help and support.

Now for some sensational news – our next game against Launceston will be at Aurora Stadium, under lights on Saturday 13 August, immediately after the Launceston vs Burnie State League game. What an opportunity for the boys but we will have to be at our best to match it with Launceston. More details to follow.



ST MARYS BAKERY

PH: 6372 2131

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FRESH BREAD, ROLLS & BUNS,
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COFFEE, COLD DRINKS,
ICE CREAM.

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More photos from Christmas in July



St Helens Flowers

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Fantastic Fresh Flowers delivered to your door or statewide

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 Fun Range of Helium Balloons! 

School exam answers

Joanna works in an office. Her computer is a stand-alone system. What is a stand-alone computer system?

It doesn't come with a chair

Where was Hadrian's Wall built?

Around Hadrian's garden

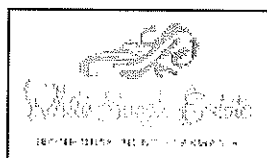
Gallery
PARNELLA


bay of fires
ART PRIZE

You are invited to the Opening of Gallery Parnella and the Launch of the Bay of Fires Art Prize at 5:30 pm on Friday 26th August 2011 at Gallery Parnella, 60 Cecilia Street, St Helens.

To be opened by eminent artist and Archibald Prize winner, Geoff Dyer.

Supported by



RSVP by Mon 22nd for catering to
info@bayoffiresartprize.com.au
or 0418833881

gone rustic studio & gallery

37 main st
st marys tas 7215

on display now – the notebook project from *fibre arts australia* (artists journals from around the country)

16 july (saturday) – art journaling with *maggie fletcher*
(\$10; byo cut lunch; tea & coffee provided)

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A funny thing happened... on 'Stress Down Day'...well several funny things actually. All the people on the street and in the shops, whether they were customers or staff, had Chuppa Cups sticks in their mouths, or tasty snakes. Wondering just what was going on I continued along the footpath only to come face to face with a clown! A clown? On the streets of St Marys? On further investigation, it seems one 'canny' Lions Club member had arranged for the clown to appear in St Marys, to help people 'Stress Down'. I believe it worked too, as several members of the public have said to pass on their congratulations for the brilliant idea, as we all had a good laugh, which always helps when you are uptight about something. Special thanks to Ruth.

(May I add that the clown was NOT arrested for 'clowning around', it was just the spot we met.)

Treat yourself to a hot and tasty soup in a warm and snug café – Purple Possum!

We have the perfect answer to
Winter's chilly blasts – delicious hot
and tasty soups including Leek &
Lima Bean, Adzuki, and Lentil –
along with some new recipes we've
created. All served with a crunchy
roll in our warm and welcoming
café! What could be better?

See you soon!

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Wholefoods & Café

5 Story Street St Marys. Phone 6372 2655.

St Marys
PHARMACY
Ph: 6372 2844



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Purchase 2 products at the same time and
receive a **FREE Lipgloss.**

You also get a **FREE Mascara** when you
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Prices start at a low \$4.99.

The Say Cagerattler

A bit quiet on the local front at present until we start whinging about the rates again, so perhaps this time I might mention the Carbon Tax. Some-one has to. Hardly gets a mention in the media.

Actually being flooded with information as we are at present I think is probably confusing us so much we don't know what to believe. For me I feel that even if there isn't much of an improvement in carbon emissions in the next 20-30 years at least we can say we tried to do something. So many of the really big polluters have yet to do anything much at all, which might suggest what Australia does is pointless. Why bother? In my humble opinion the reason is simple. If enough smaller populated countries like us try to tackle this issue it will hopefully send a message to just about every country on this planet to do the same. Eventually by sheer weight of numbers they'd have to start listening. Imagine if financial pressures were brought to bear too in regard to countries with carbon schemes trading primarily with fellow countries doing the same. That's quite obviously over simplifying it of course and wouldn't always be entirely practical initially but as time goes on it might be.

The one over-riding fact for me though on this whole thing is this. Regardless what you think about climate change, no-one with one ounce of consideration could disagree that the millions of tonnes of carbon and other pollutants we pump into the atmosphere each year is doing any-one any good at all. So obviously any way we can dissuade heavy polluters to limit these amounts has to be a good thing. In a way it's a bit like recycling, the principle anyway. That is to limit the waste and hopefully re-use any component that might benefit later on. That's perhaps where the trees come into it all.


Apparently, so we are told, the financial impost to us will only be small as individuals and families. That would be great if the case, but another certainty for future generations regardless of the cost to us is it will cost a whole lot more later on if we do nothing. That's our kids and grandkids we are burdening then, aren't we.

I go into this with an optimistic mind hoping for the best and trusting that one day we will look at the Carbon Tax something like the GST. I recall doom and gloom when that was introduced and several years on it's just a part of our economy warts and all.

Before we consign the CT to the scrap heap maybe we need to give it a go.

What do you think ?

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'GO THE BLUES'

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance
 53B Main Road 58A High Street
 PO Box 50 PO Box 271
 Perth, Tas 7300 New Norfolk Tas 7140
 Ph 6398 1115 Ph 6261 3366
 Toll free 1300 132 689
 Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU FOR A
 STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

Vietnam Veterans Day

18th August, 2011.

The Service will commence at 11am at the
 Vietnam Veterans Memorial Site,
 at the Cenotaph in St Helens.

If you wish to join our Veterans in the march, form up
 will be at Hilly's Supermarket at 10.50am. You are also
 invited to lay a wreath for the fallen during the
 Remembrance Service.

Gary Graham
 Vice President V.V.A.A. East Coast
 Ph: 6372 5727.



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**DON'T FORGET TO ORDER YOUR
 FIREWOOD FOR WINTER!!**



Out of the Woodwork

Wendy Brennan, Secretary 0408 656 014

Many thanks to **Jan Sparkes** who left the Weekend Australian Magazine at the St Marys Post Office for members to collect and read. The article entitled "A Man and his Shed Inside the movement that's changing men's Lives" written by Kate Legge was enlightening and informative. One excerpt which was particularly interesting was that "there is a growing body of empirical evidence that shows men's networking in sheds actually builds immune systems".

The critique goes on to say that although it's difficult to calculate how many lives have been saved through the social interaction that sheds play, particularly in the remote rural areas, there is plenty of talk of suicide intervention. Many thanks again Jan for thinking of us. Article content such as this provides the hard working committee with the positive reinforcement and motivation that the journey has all been worthwhile.

While we are on the subject of a man and his shed the Guild would like to wish one of our long standing and active members a belated Happy Birthday for the 22 of July. **Col Mackenzie**, many happy returns.

The Guild has made a lectern which will be donated to the St Mary's Memorial Association to be used for **A N Z A C**, Long Tan and all commemorative services.

A gentle reminder that subscriptions are now up for renewal.

The Guild would like to extend a warm welcome to whoever is successful in leasing the Old Railway Station, and hopes that the camaraderie which has been built up from previous occupiers will continue.

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed St Marys. New members always welcome. We are open Monday Wednesday and Friday. Other times by appointment.

A supportive environment where traditional woodcraft skills are taught

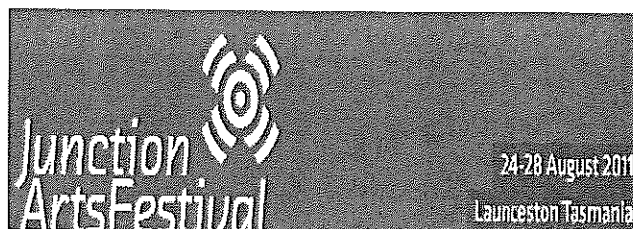
Grandparents don't have to do anything except be there when we come to see them. They are so old they shouldn't play hard, or run. It is good if they drive us to the shops and give us money.

Everybody should try to have a grandmother, especially if you don't have television because they are the only grownups who like to spend time with us.

They wear glasses and funny underwear.
They can take their teeth and gums out.



Reon Johns & Col McKenzie.



After the overwhelming success of the 2010 event, Junction Arts Festival is back in 2011 !

Held from 24 August to 28 August 2011 in Launceston, Tasmania, the Junction Arts Festival (JAF) is an annual multi-arts festival with a slight twist and a unique vision that will place it among a handful of progressive niche festivals across the world.

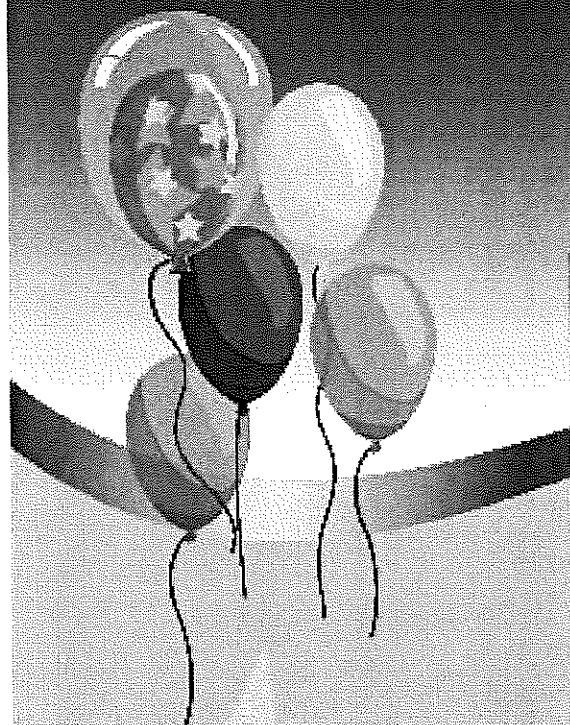
Junction will feature playful and ambitious contemporary live performance, theatre, visual and media arts, literature, music and dance by leading local, national and international artists, with a particular focus on works that invite audiences to become participants and collaborators.

Junction Arts Festival is pleased to announce the tremendous support of the Tasmanian Government through Events Tasmania, who have committed \$600,000 over three years towards the development of the festival. The Junction Arts Festival Committee is excited to have received financial support from the Launceston City Council as well as the in-kind support of office space at the Albert Hall. JAF would also like to acknowledge The Winifred D Booth Charitable Trust and the Tasmanian Community Fund for their support of the 2011 Festival.

Three top-end ticketed theatre shows highlight the best in live performance, variety and new media. With **over 50 FREE performances** and events across five days and nights, there will be something for everyone.

The JAF11 website is live from Friday 22 July 2011, where the full program of events will be available to download. We invite members of the community to participate in the Festival through our volunteer or internship programs. For further details on the JAF program, ticketing and how to get involved visit www.junctionartsfestival.com.au or contact info@junctionartsfestival.com.au.

JAM IS TURNING 10!



SATURDAY

17TH

SEPTEMBER

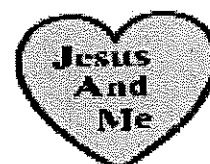
11.30 START

SQUIRT THE CLOWN



Bring the FAMILY & help us celebrate!
everyone is welcome

JUMPING CASTLE SAUSAGE SIZZLE



St Marys Salvation Army - Story Street

Enquiries Envoy Melanie Norton 63 722099 Mob 0409 838 816



ST MARYS SALVATION ARMY



would like to

THANK

all those who were able
to donate to the 2011

RED SHIELD APPEAL

We would also like to **THANK** the following businesses/people whose support in helping us to collect donations made such a difference.

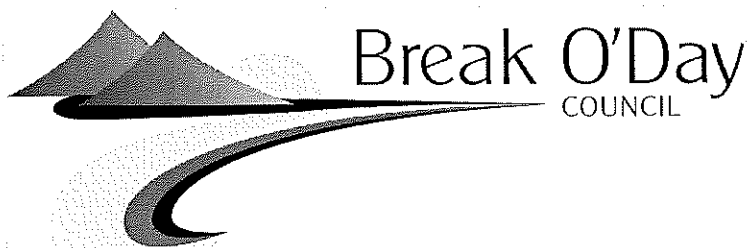
The St Marys Hotel
Mount Elephant Fudge
Mt Elephant Pancake Barn
St Marys Newsagency
St Marys IGA Supermarket

Lorraine Gill
Pamela Mayes
Paige Singline
James Singline
Ruby Mason
Mark Burgess
Val Brown

The Red Shield money is available **to help people achieve independence** by taking both **personal and financial responsibility** in all aspects of their lives.
It will also be available in **genuine crisis** situations but it will **not be available for ongoing welfare payments.**

The Salvation Army also offers a variety of programmes which include help with **budgeting, personal and family challenges.**

Assistance is available on Thursday morning between 10am and 12pm **ONLY.**
People will need to ring 0409 838816 and make an appointment to see Envoy Melanie Norton at the Church in Story Street, St Marys.



Break O'Day
COUNCIL

Break O' Day Council

PHOTO COMPETITION

*Do you have a **favourite** photo of the Break O'Day Area?*

Council would like the opportunity to feature your photo in our annual photo exhibition.

***A selection of photos will be used in the newsletter
and the 2012 Calendar***

Please submit your photos to Break O' Day Council via email or CD to

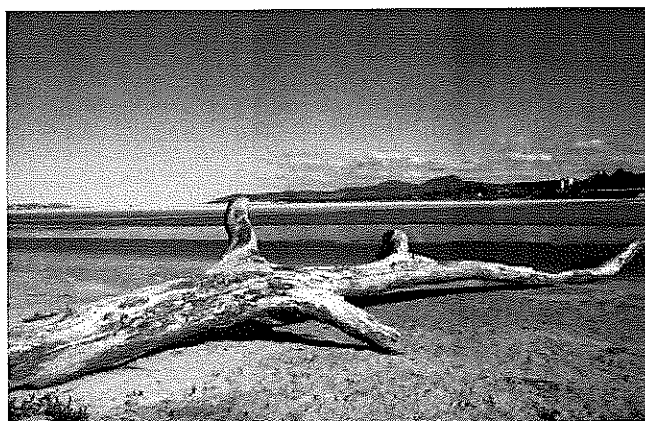
jenny.singline@bodc.tas.gov.au

Photos must be a minimum 1024 Pixels, landscape orientation and must be received by

14th September 2011

Accompanied by a signed entry form, available from Break O'Day Council

There will be a prize of a gift voucher from a local business for the overall best photo.



St Marys Police report

Thanks for providing the opportunity for RSPCA to informally provide some information to the community by the way of a police news column. There are a number of elements under the animal welfare act that are important to the community. There seems to be some issues surrounding shelter etc. Some pertinent points are;



- An animal must be supplied sufficient shelter which affords protection from the adverse effects of the weather i.e. a dog needs a kennel, a goat needs a shelter
- An animal must be supplied with sufficient feed to maintain the animal in reasonable body condition i.e. horse has grass or hay, captive bird has seed
- An animal must be supplied with a fluid of sufficient quantity and quality to maintain its hydration at all times i.e. generally all animals should have access to water at all times unless instructed not to for medical reasons / management reasons
- An animal must be supplied with sufficient exercise i.e. a dog that is tethered 24/7 is not acceptable.

Example1: A goat is tethered in a paddock to a star picket, it does not have access to shelter or water. This is an obvious offence. Best practice would be that this animal have a water bucket or is able to reach a natural water course and has access to either man made or natural shelter that meets the above requirements.

Example2: A working dog is tethered to a star picket, has access to shelter and water, but only gets let off of the tether once every 14 days to conduct work on the farm (no exercise). Best practice would be that the animal is placed on a run where the option is provided to the dog if it wishes to exercise.

The RSPCA main objective is to educate and work with the community in relation to animal welfare issues. In saying that, the RSPCA Inspectorate has the power to provide advice and education, written instructions, infringement notices and begin formal court proceedings. All RSPCA Inspectors are highly trained and motivated and their main objective is to educate and minimise risk relating to animal welfare.

If any community member wishes to make a cruelty complaint they can call 1300139947 during and after business hours.

I hope that this info helps. If you have any questions relating to this or if you have any questions in the future please feel free to contact me.

Scott Basham,
Deputy Chief Inspector,
RSPCA, Tasmania.

St Marys Police Phone Number 6372 1010 No
Number 131 444
Urgent and Life threatening 000
SES (Flood & storm only) 132 500
Fire 000



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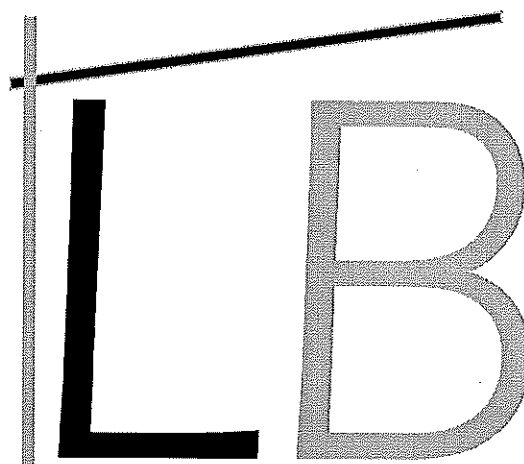
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Winter Dreaming Bush Dance

Saturday 6th August
featuring bush band

Rough Bark



It will be a night of
great food, great music and great dancing

in the St Marys Hall

Doors open 6pm for dinner, music starts at 7pm

Winter Dreaming Art Competition winners announced 8pm

Soups, curries and supper will be available.

Bar featuring our famous mulled wine, beer, wine (proof of age required) Plus tea/coffee/cold drinks, etc

SEE YOU THERE!!

Tickets for the dance - family - \$20 (BO'DRA members \$15)

Single - \$10 (BO'DRA members \$8)

We need volunteers to help make this event happen-if you can help in any way, please contact Kelly on 0427 713 195 or kelrod@lizzy.com.au

brought to you by



Splash Update

HAIR-A-THON...

BEAR Wazza Lowe Fingal, winning ticket...golf.

KIDS FUN PACK...

Michael Spilsbury St Marys winning ticket..

Tennis. LADIES PACK ..

Felicity Kringle St Marys winning ticket...

Swimming. MENS PACK ...

Shane Dawes (made to give back by his mother) winning ticket... Snooker.

Total funds Raised At Hair A Thon.....\$1070.

Thank you to all who participated and supported our Day...Regards Lynne.

We are hoping to Repeat The HAIR-A- THON before the end of August. WATCH THIS SPACE!

Splash Tasbash Car 2002/2011 personal donations and thank yous ... To ...Fingal Activity Program \$175, St Marys Newsagency (Didge Panton)\$100, Cherie, Saree, Charlotte and Max, \$11,. (xmas parade winnings), Cock 'n' Bull \$35, St Marys Hotel \$79, St Marys Bakery \$15, Rachael Hair Fingal \$50, Christine Lowe St Helens \$50, Splash Septic Truck FALMOUTH...thanx Mick \$1000.

SPECIAL MENTIONS..... Kerby Bradbury and Georgina Williams.. Balloon Dancers

Brian Smith ... Star FM announcements.

Grant Faulkner ... battery, wiper blades for 2nd Car Splash 2011.

After a long and tiring search for a slant 6 (motor), I made a decision that it was far easier to buy another car!... and as these things go, the day after the purchase of the car- 2 slant 6 motors were offered to me...so now we have spares upon spares!

So watch For Splash car 2 number 2011.

Yes, we will enter 2 cars, giving greater exposure to our areas, and raising more Monies for the Children of Variety.

If you can help, donate, or perhaps participate...Ring Lynne 0427 560 565.

Don't Forget Our Bus Trip To Deloraine on the 20th Augus, to the Deloraine Diner

\$45 includes Bus, Meal and Dance Party...children over 12 welcome by special price but must be accompanied by a parent!..Dress up and join us for lots of Fun!

Pick up points Scamander, St Marys, Fingal...

(St Helens can be arranged on bookings)

Regards,

Lynne.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.



SERGEI PROKOFIEV
QUINTET IN G MINOR OP39

GIOACCHINO ROSSINI
STRING SONATA NO 2 IN A MAJOR

FRI 12 AUG 11 AM MEADOWBANK ESTATE, CAMBRIDGE

SAT 13 AUG 12 NOON MILTON VINEYARD, CRANBROOK

SAT 13 AUG 6 PM TIDAL WATERS RESORT, ST HELENS

SUN 14 AUG 2 PM BURNIE REGIONAL ART GALLERY

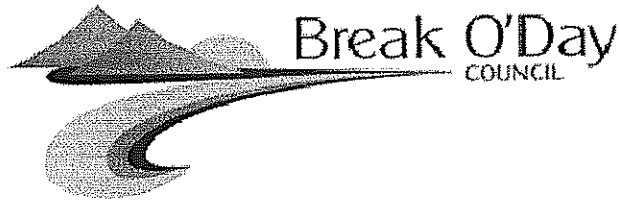
Bookings: TSO Box Office \$30/\$25 1800 001 190 www.tso.com.au

Bookings for the Burnie concert call (03)6430 5850

Info: www.virtuositas.org.au

The Performers: Yue Hong Cha, violin,
Liz Gormley, viola and violin, Brett Rutherford, cello,
Stephen Martin, double bass, Chris Waller, clarinet and
Dinah Woods, oboe. (not all are pictured)





COUNCIL MEETING HELD ON MONDAY 11 JULY 2011

The following information is provided as a brief of matters that were discussed and decisions that were made at the Council Meeting held on Monday 11 July 2011 at 10.00am at the St Helens Council Chamber.

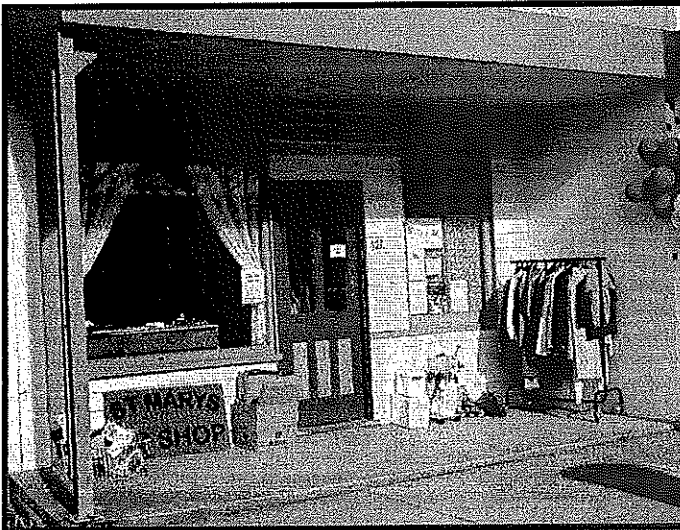
The following Notices of Motions were submitted by Councillors for investigation or full reports to be provided to a Meeting of Council in the future:

- Notification to Elected Members regarding Sewerage Spills and Events – CARRIED
- Disclosure of Legal Advice to Elected Members – CARRIED
- Security Light – St Marys Railway Station - CARRIED

Other items listed for information and decisions by Council were as follows:

- Maintenance of St Marys Pass and Elephant Pass – Council does not at this stage offer Council services to DIER for the maintenance of the Pass's – CARRIED
- Dog Management Policy 2010 – Six (6) month Review – this matter is to be discussed at the next Council Workshop – CARRIED
- Informal Public Consultation for the Draft Interim Planning Scheme - the draft interim planning scheme, zone maps and overlay maps be placed on public display for a period of four (4) weeks and the public be invited to make comment. The draft interim planning scheme, zone maps and overlay maps be forwarded to Northern Tasmanian Development (NTD) and the Tasmanian Planning Commission (TPC) for review by their Officers – CARRIED
- Break O'Day Community Panel - Council establish an online forum to invite the community to participate in surveys, to provide feedback on Council plans, policies and resource allocations – CARRIED
- Proposal for Larapuna (Eddystone Point) - Council support the Aboriginal Land Council of Tasmania's (ALCT) proposal for the Larapuna (Eddystone Point) site, and commit to working cooperatively with the ALCT within the scope of Council functions and available resources. Management meet with representation of ALCT and report to Council on support sought to assist with the project – CARRIED
- Dual Signage - That in consultation with the Aboriginal Land Council of Tasmania (ALCT) management prepare a draft policy and guidelines on dual naming/signage of key places of Aboriginal significance. That the draft policy and guidelines be presented to Council for consideration – CARRIED
- Coastal Adaption Decisions Pathways Project (CAP) - Council endorse managements action in participating in the Coastal Adaption Decisions Pathways Project (CAP). Council endorse the contribution of \$30,000 in-kind as Council's contribution to the CAP – CARRIED
- Public Meeting – St Marys Streetscape - Council pursuant to S.60F of the *Local Government Act 1993* call a Public Meeting on Monday 22 August 2011 at 7.00 pm at the St Marys Hall to determine what works (if any) are to be carried out in regard to parking in St Marys.

A full set of Council's minutes are available on the Council Website at www.bodc.tas.gov.au alternatively, hard copies are available at the St Marys and St Helens Libraries and the St Helens History Room. Copies can also be requested free of charge by contacting Council's Executive Officer on 6376 7900.



St Marys Op Shop

PLEASE NOTE

NOW OPENING MARKET DAYS

First Saturday each month
from 10-2

Donations of warm clothing,
Blankets and curtains
gratefully received in the lead up to
ST MARYS AUGUST MARKET DAY

The Battle of Long Tan

The newly arrived 1st Australian Task Force established its Phuoc Tuy operations base in 1966 at Nui Dat, a piece of high ground surrounded by rubber plantations.

The Viet Cong had achieved dominion in the province and decided to inflict a politically unacceptable defeat on the Australians. Their plan was to lure the Australians from their base by firing recoilless rifle and mortar shells into it. They theorised that the Australians would sweep the area around the base in an attempt to stop the attacks, and the Viet Cong would ambush the sweeping forces.

On the night of 16/17 August 1966, the Viet Cong fired a barrage of shells into Nui Dat, wounding 24 Australians. Prior to this event, the Australians had become aware, from radio intercepts and sightings, that a large enemy force was operating close to the base. Australian patrols sent out specifically to find the Viet Cong had not encountered the force.

On 18 August 1966 D Company of 6RAR was patrolling in the area of the Long Tan rubber plantation when, at about 3.15pm, the lead platoon (11 Platoon, commanded by 2Lt Gordon Sharp, a national serviceman) encountered a small group of Viet Cong who fled leaving one of their number killed by the Australians. The aggressive patrolling continued until, at about 4.08pm, the main body of the Viet Cong 275 Regiment was encountered. The Viet Cong attacked vigorously with mortars, rifle and machine gun fire.

In pouring rain, the Australians returned fire with platoon weapons and artillery which was firing from the Nui Dat base, some five kilometres to the west. Close air support was also called for but couldn't be used because the target was unable to be identified accurately in the conditions.

At 5pm D Company's commander, Major Harry Smith, radioed for ammunition resupply. Two RAAF *Iroquois* helicopters which happened to be at Nui Dat to transport a concert party were tasked and flew at tree top level into the battle area where they successfully delivered the sorely needed boxes of ammunition.

The combination of aggressive fire from D Company soldiers plus devastating artillery fire from Nui Dat had swung the battle in the Australians' favour but the Viet Cong continued to manoeuvre to gain the upper hand. Meanwhile, A Company of 6RAR had been ordered to move to the support of the beleaguered D Company.

They did so mounted in armoured personnel carriers from 1st APC Squadron which forded a flooded stream and then shortly afterward encountered a substantial enemy force. 2 Platoon of A Company dismounted and advanced on the enemy, who fled.

Although the Viet Cong could still be seen massing in failing light at 6.55pm as the relief force arrived in the D Company area, the enemy force melted away as darkness descended. The battle of Long Tan was over.

The Australians consolidated their position for the night and then commenced evacuation of their wounded using the lights from APCs to guide in helicopters. During the night the Viet Cong cleared many of their wounded and dead from the battle field. A number of the wounded Australians lay there all through the long terrifying night, as the Viet Cong moved around them.

Morning revealed that the Viet Cong force, estimated at 2,500, had been badly mauled. 245 Viet Cong bodies were found in the battle area. It was apparent that the Viet Cong commanders had failed to appreciate the effectiveness of artillery fire and had paid dearly as a result.

The Australians had lost 18 killed, 17 from D Company (including the young platoon commander of 11 platoon) and one from 1st APC Squadron, and 24 wounded.

Peter Mackie President of the Vietnam Peacekeepers -Peacemakers Federation of Tasmania



Would you like to know

How to Prepare or Update your Will?

50% of Australians don't have a valid Will.

This means they lose control over what happens to their assets when they die.

We invite you to obtain our free booklet that may answer your questions and show you how simple making a Will can be.

For more information please complete this form and send it to:

**Wills & Bequests, The Salvation Army, PO Box 50, New Town Tas 7008
or Freecall 1800 337 082**

- ☐ Please send me a FREE copy of your Wills booklet Name
- ☐ I have already included The Salvation Army in my Will Address
- ☐ I am interested in including The Salvation Army in my Will
- Phone



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Promote your business or tourist venture
on the www.valleysofadventure.com website

GET members are invited to submit a short blurb promoting their tourist venture or business plus a promotional photograph to louisa.rhodes@ecpc.com.au so GET can present you to the world. There may also be an opportunity to participate in the Northern Midland Business Association's new Tourist iPhone App currently in the planning stages. The news will be spread by Greater Esk Tourism—exciting plans are afoot. Our region has so much to offer—come along to any of our meetings and join the enthusiasm. It is time to rev up the action promoting this region so that all our businesses can benefit. Times are hard for many so let's work together to support each other and make this happen.

Next meeting: Monday 11th July, 7pm at the Fingal Neighbourhood House.

Guest Speakers: Luke Martin - Tourism Industry Council Tasmania & Liz Schibig-Edgar - Tourism Tas.

Cocktail Evening to celebrate the winners of the **Photographic Competition**

INVITATION

Date: Friday 5th August 2011
Venue: Purple Possum St Marys
Time: 5:30 for 6pm
Cost: \$10 each
All welcome

Also, watch out for the Winter Dreaming Bush Dance at St Marys

August 1st is the closing date for the Winter Dreaming Art Competition - Contact: Colin mannafarms@bigpond.com.

MANGANA MISSION MUSICIAN JAM NIGHTS

63 Elizabeth Street
Mangana
Ph: 63742212

Aug 12, Sept 9
Oct 14, Nov 11, Dec 9

From 6pm, BYO meat for BBQ

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The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.



St. Helens Electrical

ROD SHAW
LIC: C00489

Domestic, Commercial, Industrial:

Wiring and Repairs, Rewires,

Underground,

Home Heating:

Advisory, Sales & Installation of heat pumps and fixed heaters.

Lighting Specialist :

Interior and exterior, Advise,

Sales and Installation.

Ph: 6372-5522 Mbl: 0407-615-072
2 Lagoon Esplanade, Seamander 7215

Big Shed has a new **guitar teacher** with 3 years teaching experience. Book now for your weekly lesson. All abilities welcome.

Weds 4.30-6 New time with John McColl
Garden sculptures - John will assist you with your individual project. High school students welcome. No Experience needed. \$20 Concessions Available.

1st Wed of every month 5-6.30
Life Drawing (Model and materials provided. No tuition) \$12 No bookings required

Local artist Zeb Walker is currently on site creating his amazing yurts

Big Shed has a recording studio, PA hire and experienced engineers.

Big Shed has art space for hire, as well as a network of artists available for commissioned artworks,

24837 Tasman Highway, St Helens.

Phone 0428725228

Bigshedstudios@yahoo.com

BIG SHED STUDIOS

CALTEX NEWWAYS
MECHANICAL REPAIRS & MAINTENANCE

41 Main St. St Helens Tas 7215
Fax: 6372 2822 Mob: 0419 503 109

HARRIS FUNERALS

Lindsay & Diane

(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 426

Office & Residence:

114 Cecilia St

St Helens

Chapel:

46 Tully Street

St Helens

We are here when you need us
to arrange Burial or Cremation.

Pre-paid and pre-arranged funeral plans are available.



Scamander Beach Surf Shop

6 Lagoon Esplanade
Scamander

Ph: 6372 5529

Scamandersurf.com

Bathers Wetsuits DVDs
Clothing Footwear
Bodyboards
Watches Jewellery

Surfboards:

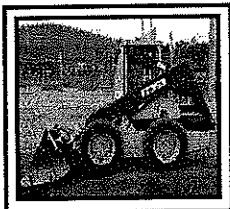
Milch McTavish
Surftech Bic G Boards

Bay Surf Shop

2 Pendrigh Place
St Helens

Ph: 6376 1755

BOBCAT HIRE



- * Site cleaning & leveling
- * Excavations
- * Post hole digging
- * Landscape preparation

SAVE HOURS OF HARD WORK.

GIVE MARK A CALL

Ph: 6372 2145.

Rae & Partners

Lawyers Barristers & Solicitors
113 Cimitiere St Launceston

Visiting :

St Marys Community Health Centre

Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555 For appointments.

Remedial Massage and Naturopathy

ring Sue Christiansen for an appointment.

0418 515 419

ANA'S HAIRDRESSING SALON

**OPENING ON
JULY 12, 2011.**



**BEHIND PURPLE POSSUM
STORY STREET, ST MARYS.**

EVERY TUESDAY - 9AM — 3PM

BRINGING 22 YEARS EXPERIENCE

MASTER'S QUALIFICATION
QUALIFIED TRAINER & ASSESSOR
REG.SPECIALIST, VET TEACHER.
PROVIDING CUTS, COLOURS, PERMS S/SETS.

PHONE: 0448 532 531 ON TUESDAYS,
OR JUST CALL IN.

OR PHONE 6372 5497 TO PRE-BOOK.

LOOKING FORWARD TO PROVIDING
A SERVICE TO THE COMMUNITY.

EAST COAST GLASS

Falmouth Ph: 6372 5361

- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



Locally owned and servicing the East Coast.

Call David and Anne Cannon
for prompt and reliable service.

Sugar Facts

*IN 1931 Dr Otto Warburg won the Nobel Prize for medicine for his research findings that showed a major cause of cancer is processed sugar.

*This sugar causes acidity - an acid system is more susceptible to disease and a greatly reduced immune system

Slogan for good health: alkalize or die.

* To alkalize, lower sugar intake. Use honey as an alternative.

Try Stevia – natural and aspartame free - as a sweetener in

coffee or tea – and eat alkaline foods

*The anti-cancer council now warns against the dangers to health, especially in children, of high sugar

Content in soft drinks and most breakfast cereals
*annual average consumption of sugar in the early

1900's: 5 kg – now 75 kg!

Processed sugar –

pure poison - use sparingly

Information courtesy of Nutri-tech solutions

World leader in sustainable agriculture and provider of natural, superior health supplements

For products & more information -

Yanni's

Café / Laundromat / Catering



25 Quail St, St Helens, Tasmania. 7216.

Ph: (03) 6376 2629

Mob: 0400 054 110

email: marycporter@bigpond.com

Ransley's Appliance Service

P O Box 136

Scamander Tas 7215

- Washing machine NOISY?
- Refrigerator runs too LONG?
- Clothes dryer blows cold AIR?

Then you need the service
of our technicians.

Ring us on: Scamander: 6372 5307

Mobile: 0428 761 811



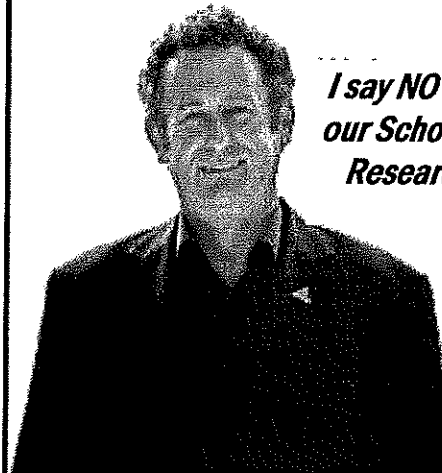
Tim Morris MP

Tasmanian Greens Member for Lyons



Tasmania

*I say NO to selling off
our School Farms and
Research Stations*



New Address: Shop 9, Covehill Shopping
Centre, Bridgewater 7030

Phone: (03) 6263 3801

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

C & D EXCAVATIONS

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033

Mobile : 0439 722 032



**LOCAL OWNER - OPERATOR
OVER 20 YEARS EXPERIENCE**

Ph : Dana or Craig

6372 2033 /0439 722 032

Incorporating all your needs in:

DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE, BRIDGE CONSTRUCTION.

- ◆ ROAD GRAVELS
- ◆ TOP SOIL
- ◆ SCREENED TOP SOIL
- ◆ SAND
- ◆ ROCKS
- ◆ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ◆ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ WHEEL LOADER

AND MUCH MORE



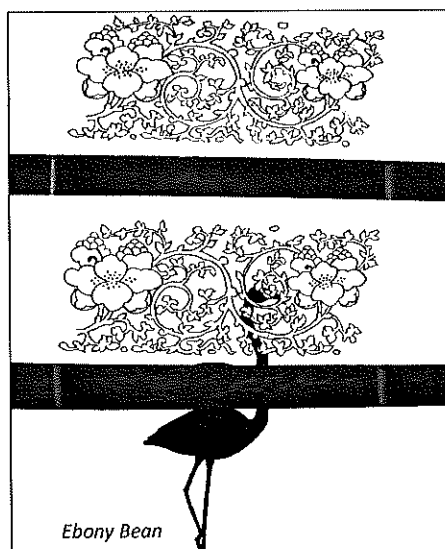
Mon	Tue	Wed	Thu	Fri
25 Jul <ul style="list-style-type: none"> ☞ Active After School Activities gr 4-8 ☞ Grade 10 W/Experience 	26 Jul <ul style="list-style-type: none"> ☞ Grade 10 W/Experience ☞ Grade 9 Camp ☞ Grade 5/6 Field Trip - Scamander 	27 Jul <ul style="list-style-type: none"> ☞ Active After School Activities gr Prep-3 ☞ Grade 10 W/Experience ☞ Grade 9 Camp 	28 Jul <ul style="list-style-type: none"> ☞ <u>Launching into Learning</u> St Marys Kinder 10.30am ☞ <u>Stepping Stones</u> - Marys Kinder - 1pm ☞ St Marys Soccer Club ☞ Grade 10 W/Experience ☞ Grade 9 Camp ☞ Country Gold Training 	29 Jul <ul style="list-style-type: none"> ☞ <u>Launching into Learning</u> 0-4yrs program - Fingal Kindergarten - 10am start ☞ Grade 10 W/Experience ☞ Grade 9 Camp
1 Aug <ul style="list-style-type: none"> ☞ Grade 10s visit Newstead College Taster Day ☞ Japanese students here for a month. 	2 Aug <ul style="list-style-type: none"> ☞ Primary Assembly (St Marys Campus) 2:10 - Multi-purpose room ☞ Author - Simon Higgins - visiting school - grade 5-12 	3 Aug <ul style="list-style-type: none"> ☞ Winter Sports - L'ton 	4 Aug <ul style="list-style-type: none"> ☞ <u>Launching into Learning</u> St Marys Kinder 10.30am ☞ <u>Stepping Stones</u> - Marys Kinder - 1pm ☞ St Marys Soccer Club ☞ Next NEWSLETTER ☞ Country Gold Training 	5 Aug <ul style="list-style-type: none"> ☞ <u>Launching into Learning</u> 0-4yrs program - Fingal Kindergarten - 10am start
6 Aug	9 Aug	10 Aug	11 Aug <ul style="list-style-type: none"> ☞ <u>Launching into Learning</u> St Marys Kinder 10.30am ☞ <u>Stepping Stones</u> - Marys Kinder - 1pm ☞ St Marys Soccer Club ☞ Country Gold Training 	12 Aug <ul style="list-style-type: none"> ☞ <u>Launching into Learning</u> 0-4yrs program - Fingal Kindergarten - 10am start ☞ Reports go home

Above calendar is correct at time of printing For regular updates and other information please go to the school website:-

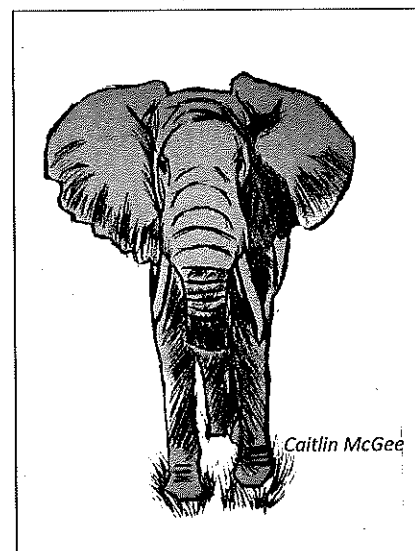
www.schools.education.tas.gov.au/stmarys



Josie Carr



Ebony Bean



Caitlin McGee



BUNYIP

Poems by 3/4 Miller

The dark, dangerous, disgusting, pimply face.
Deep, dark, yellow eyes emerged out of the murky water.
Big crunching, chattering teeth,
And bad smelly breath.
It crawled up the slimy billabong bank.

Lily-Mae Hayes

Red, raging, smoky, bloodshot eyes,
Wide, white, wrinkly face,
Long, black nails,
Oozing, orange, oily nose,
Spiky, shiny, slick, slimy skin,
Gigantic, jagged, jolting tail,
Lumpy, large, lilac lips.

Brenna Singline

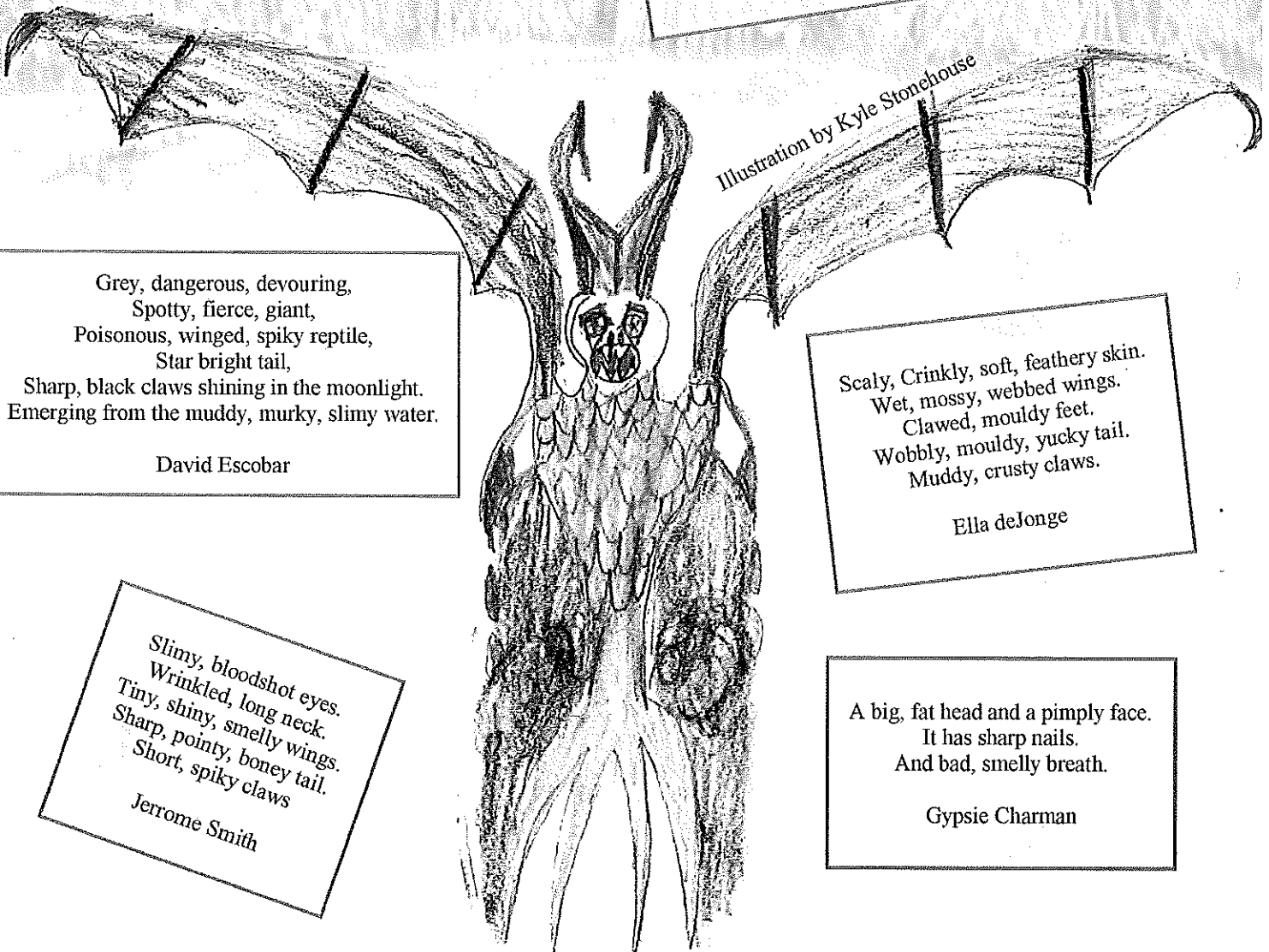
A green, slimy bunyip with mighty, huge fangs feeding.
Fighting fearless fish with gigantic, yellow, spiky rays.
Sharp wings
Toes coated with dark, icky mud.

Jesse Oh Marris

Pimply, warty, bloodshot, spiky, scaly, pointy, bumpy, brown.
Huge green, sharp teeth.
Ugly, googly eyes.
Slimy webbed wings and thick black tail.

Bushy, muddy, dark, fat, woolly, dotty, orangey feet.
Yellowish, reddish, greenish, creepy, scary, large lips.

Ella Rowntree



Grey, dangerous, devouring,
Spotty, fierce, giant,
Poisonous, winged, spiky reptile,
Star bright tail,
Sharp, black claws shining in the moonlight.
Emerging from the muddy, murky, slimy water.

David Escobar

Scaly, Crinkly, soft, feathery skin.
Wet, mossy, webbed wings.
Clawed, mouldy feet.
Wobbly, mouldy, yucky tail.
Muddy, crusty claws.

Ella deJonge

Slimy, bloodshot eyes.
Wrinkled, long neck.
Tiny, shiny, smelly wings.
Sharp, pointy, boney tail.
Short, spiky claws

Jerome Smith

A big, fat head and a pimply face.
It has sharp nails.
And bad, smelly breath.

Gypsie Charman

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Cyril Latt- 28/7/11-12/8/11
Dr E. Reeckman 27/7/11 Women's Health Clinic

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday 8:50am-12:30pm
12:30pm-1:30pm LUNCH
1:30pm-4:30pm

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before**.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please **let reception staff know when making your appointment that you are having an INR test**. This is a 5 minute doctor consult.

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000
COMMUNITY HEALTH CENTRE 6372 2111
PLEASE RING BEFORE PRESENTING AFTER HOURS

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance.
PLEASE BE PATIENT waiting periods can apply.

RSPCA CUPCAKE DAY



The St Marys Health Centre is running a colouring competition for the RSPCA Cupcake Day August 15.

Entry is **FREE** and blank pictures are available from the reception area (or the back of this page). Finished pictures can be left in the box at the Health Centre's Reception.

The winning picture drawn will win a colouring book and pencil set- drawn Wednesday 17 August 2011.

Cupcakes will be available for sale from the reception area on Tuesday 16 August 2011 for \$2.00 each.

ST HELENS DENTAL

Dr Steven Ferry- General and Cosmetic Dentistry
Emergency appointments available. Located at 75 Cecilia Street, St Helens. Phone: (03) 6376 2359

PODIATRY NORTH

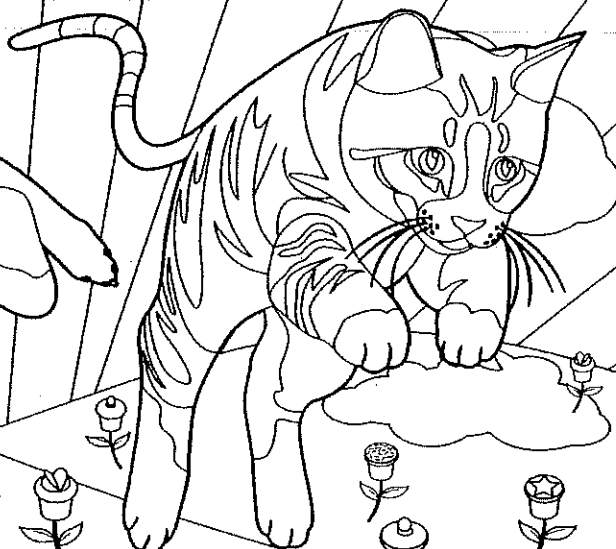
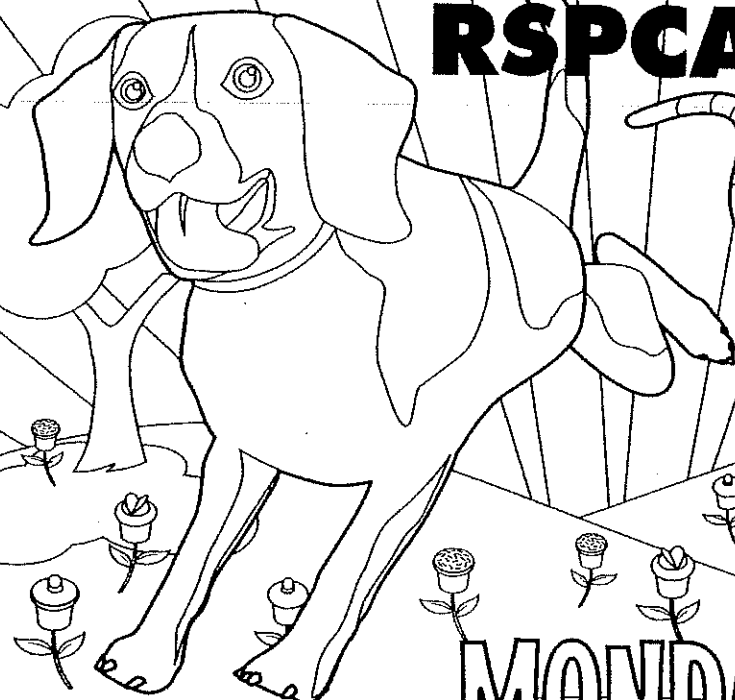
Next Podiatry Session 3rd August 2011.
Please ring 6331 5155 for appointments.

WHAT'S ON AT THE CENTRE

- 28 July Relationships Australia- Leanne McMurtie for appointments please phone 1300 364 277
Social Worker- Shan Williams appointments available by phoning 6372 2111
Continence Nurse- Sue Walker. For appointment please see your GP or Health Professional for a referral.
- 29 July TABIS (Tasmanian Acquired Brain Injury Service)- Hannah Rubenach phone 0437 076 100
Social Worker- Shan Williams appointments available by phoning 6372 2111
- 1 Aug Hospital Auxiliary Meeting 2:00pm in the Day Room
- 2 Aug Child Health Session with Sue Gofon every Tuesday- Appointments only. Please phone 0428 136 381
- 3 Aug GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral
Podiatry North- for appointments please phone 6331 5155
- 4 Aug GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral
Social Work- Shan Williams. Please phone 6372 2111 for appointments
GP Podiatrist- Annabel. Please see your GP for a referral.
- 5 Aug Social Worker- Shan Williams appointments available by phoning 6372 2111.
TABIS (Tasmanian Acquired Brain Injury Service)- Hannah Rubenach phone 0437 076 100
- 9 Aug GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral
Child Health Session with Sue Gofon every Tuesday- Appointments only. Please phone 0428 136 381
Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 10 Aug GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral.
Social Work- Shan Williams. Please phone 6372 2111 for appointments.
- 11 Aug Women's Health Clinic- Dr E. Reeckman phone 6372 2111
Relationships Australia- Leanne McMurtie for appointments please phone 1300 364 277
Social Work- Shan Williams. Please phone 6372 2111 for appointments
- 12 Aug Social Worker- Shan Williams appointments available by phoning 6372 2111
TABIS (Tasmanian Acquired Brain Injury Service)- Hannah Rubenach phone 0437 076 100

CUP CAKE DAY

for the
RSPCA 



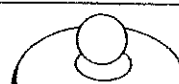
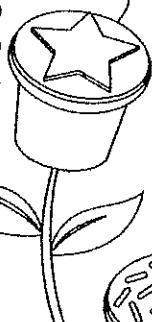
MONDAY
15 August 2011

www.rspcacupcakeday.com.au

Name _____

School _____

Contact number _____



MEALS ON WHEELS ROSTER

August		St Marys	Fingal
Monday	1st	Lorraine Gill	Neighbourhood House
Tuesday	2nd	Trish Pike	
Wednesday	3rd	Val Spencer	
Thursday	4th	Heather Griffiths	
Friday	5th	Claire Bean	
MOW Contact		Phone:	0488 384 344
Monday	8th	Debbie Barnes	Neighbourhood House
Tuesday	9th	Pam Bretz	
Wednesday	10th	Barbara McAllister	
Thursday	11th	Kaye Nailer	
Friday	12th	Pam Gillies	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil L/W 6.00pm
Bicheno L/W 9.00am
Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Fingal LWC 9.30am

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Fingal 9.30am
Bicheno 9.00am

4th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Sunday LITURGY

St Helens Vigil 6.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

Enq: Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours: 10.00am - 3pm.
Sr Marjorie Ph: 6381 1122.

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144
St Helens Every Sunday
8 am and 10.30 am
St Marys Every Sunday
10am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.
Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405
St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spillsbury@telair.com.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2011

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

On Air Now!

Vision FM 88.0 at

St. Marys, St Helens and Fingal.

Join Greg and Shelley on their program

'The Journey'

100% positive music & talk all day long;
connecting faith to life.

National Vision Radio Network.

Phone 1800 007 770.

web www.vision.org.au

St Marys Online Access Centre

Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am - 3 pm

Friday 10 am - 3 pm

Saturday 11 am - 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

NEW WINTER TRADING HOURS:

11AM — 3PM MON TO FRI.

PH: Janet Drummond: 6372 2851.

WANTED

Winter blankets, curtains of any
kind & warm winter clothing.

Thanks to those who volunteered for the
new roster. If anyone is interested in going
on a casual list to cover when regular
volunteers have other commitments,
please call in and see Janet at the shop on
a Monday or a Thursday.

Please note change of phone number
whilst Tracy is convalescing.

St Marys Sports Centre Inc. news. Kackhander

A special thanks to all involved in the Christmas In July function at the club last Saturday night. What a success. Nearly 60 attended and the food, festivities and frivolity was amazing. A special mention to Tamatha, Diesel and Christine and Kim and Col. Let's not forget Santa also. Thanks Santa. To every patron and helper an amazing effort all round. They were still talking (and some suffering if you know what I mean) the next day. Something about the wee small hours it is understood.

Macca's Black Rock Sunday Golf is similarly doing quite well and several players are enjoying a hit each week again. This Sunday is El Presidente's Mystery Partner day. Just turn up, play nine holes and your score will be tallied with your mystery partner who ever that turns out to be. A couple of grocery vouchers to the winning team.

Thanks to those attending the Working Bee on the Bowls Green last Sunday. Thanks also for putting up with the frost on the hands. Also to those prior to Sunday who managed to get rid of the bulk of the old backing off the concrete. Great effort. We should see some amazing transformations around the green in the coming weeks with lots of work planned. This Saturday July 30, there will be a working bee starting at 10am. Bring your shovels and an appetite as a BBQ will be on for all. Should look terrific when it's all done. ANYONE GOT SOME RAT TRAPS... Only half joking... Just ask the blokes there last Sunday. Quite amazing.

Subs notices are now out and about so please feel free to organise which method you wish to use this year.

Not sure what the next Social event will be but rest assured it will be a good 'un as they say.

Until next time, good hitting and rolling.

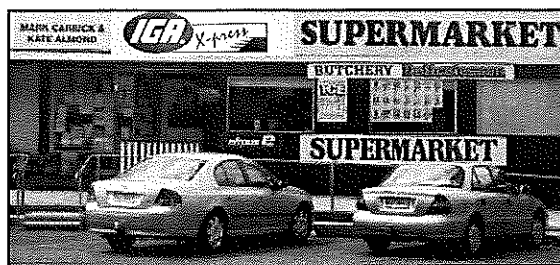
More photos from Christmas in July



What's on at St Marys Sports Centre every week???

FRIDAYS: Evening Indoor Bowls. 6.30pm
Cost \$3

SUNDAYS: Black Rock Golf Comp.
9 holes. 11am Cost \$8 (incl. BBQ)
Come along and enjoy!!!!



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon - Fri 8am - 6pm
Sat 8am - 12 noon Sun - closed

This week's specials.

(available from Thurs 28th July - Wed 3rd Aug)

from the butchery

Rump steak	\$11.99kg
Lamb BBQ chops	\$ 9.99kg
IGA chicken breast fillets	\$12.99kg
Mixed grill packs	\$ 9.99kg
Scotch fillet steak	\$27.99kg

confectionery carnival

Pascal bagged confectionery 140/400g	\$1.99
Nestle medium bars 35/65g	.99c
Cadbury block choc 160/220g	\$2.99
Allens jelly confectionery range 180/200g	\$1.99
M&Ms/Maltesers 155/200g	\$1.99

grocery lines

Nescafe coffee gold/greenblend/gold dark 100g	\$6.99
Watties baked beans/spaghetti 420g	.99c
Spree ultra laundry powder 500g	\$1.69
Kleenex cottonelle toilet tissue 8pk	\$4.79
Arnotts shapes 160/200g	\$1.99

Next week's specials

(available from Thurs 4th Aug - Wed 10th Aug)

from the butchery

Porterhouse steak	\$13.99kg
IGA chicken thigh fillets	\$10.99kg
Beef stirfry strips	\$ 9.99kg
Short lamb loin chops	\$14.99kg
Ingham marinated chicken wings	\$ 7.25kg

grocery lines

Arnotts family assorted biscuits	\$2.99
SPC canned fruits 825g	\$2.99
Mighty Wipes kitchen towel 2pk	\$1.69
Cascade Ultra C blackcurrant syrup 750ml	\$4.69
Golden Circle longlife juice 2lt	\$2.79
IGA Bakers Oven lamingtons 12pk	\$2.69

All only \$1.99

Wondersoft toilet tissue 8pk
Radiant conc reg laundry powder 650g
Smiths potato chips 175g
Kelloggs cornflakes 380g
Morning Fresh dishwashing liquid



*Happy
Hour!*



ST MARYS SPORTS CENTRE INC.
Every Friday - 6.30 - 7.30pm
drinks at discounted prices