

# *The Valley & East Coast Voice*

*Est. 1968*

*Volume 44 No. 23, Thursday April 19, 2012.*

*50 cents*

The St Mary's Memorial Services Association will again be conducting the traditional dawn and 11am ANZAC DAY Services at the St Mary's Cenotaph on the 25<sup>th</sup> April.

We ask that the community join us on this poignant occasion to pay homage to all our lost diggers and reflect on the many young men and women who are at present engaged in active service.

A Gunfire Breakfast will be available for a gold coin donation after the dawn service in the hall.

If you or your organisation would like to lay a wreath, please contact Wendy or Reon on 6372 2094.

## *Lest We Forget*

### **THE WOODCRAFT GUILD OPEN DAY THIS SATURDAY BEHIND THE STMARYS RAILWAY STATION 10AM**

Arts & Crafts, Markets, Music by Ted & Paul,  
Working exhibits, Barrel Making,  
Psychic Victor Tracey,  
Reptile Rescue, Children's Clown,  
Food Stalls and Much More

**FREE ENTRY**



*Photo from file*



*Photos from file.*

**Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday May 1, 2012**

**EMAIL ADDRESS: [judith.spilsbury@telair.com.au](mailto:judith.spilsbury@telair.com.au)**

## Community news

**St Marys Hospital Auxiliary** meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

**The Break O'Day Woodcraft Guild Inc.** meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

**St Marys Ladies Midweek Tennis** 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

**St Marys PlayGroup** -Interested in continuing to meet weekly at Falmouth Community Centre? Please contact Michelle. **0418 271 315 - 6372 2835.**

**St Patricks Head & Esk Valley Historical Society Inc** meets every second month on the third Wednesday at 3pm at various venues throughout the valley. For details please contact: Barry (6372 5752) (email: [aulich@bigpond.com](mailto:aulich@bigpond.com)) or Jim Haas (6372 2127) (email: [jimhaas@bigpond.com](mailto:jimhaas@bigpond.com)) Alternately you can check out our website :[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

**The Falmouth Community** centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

**Suncoast Singers** meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth **6376 2969.**

**Break O'Day Regional Arts** - General meetings held on the first Wednesday of each month at 4.p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod **6372 2444.**

**Cornwall Community Development Group Inc.** meets @ 7pm on the first Tuesday of each month in the Cornwall Hall. All interested persons are invited to attend. Wendy Dawson (secretary) **6372 2722.**

**St Helens Alcoholics Anonymous (AA)** Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch **6376 3335.**

**St Helens Al-Anon Family Group (Al Anon)** To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John **6376 4270** or Rose **6376 3335.**

**St Marys Alcoholics Anonymous (AA)** Friday 8pm Weekly. Holy Trinity. Mick & Shirli: **6372 2909.**

**The Break O' Day Stitchers** meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

**Scamander Garden Club** meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: **6372 2762.**

### THANK YOU

I would like to say a heartfelt THANK YOU to Bill and Jill Swann for their kind and generous donation of the beautiful carpet for our Salvation Army Church.

My gratitude also goes to Roger Donald and Trevor Viney for their magnificent job of laying this carpet and making it look so good in our gorgeous old building.

The children of JAM (Tuesdays) and the congregation of JOY (Sundays) will be thrilled to experience such luxury on the floor.

We are truly Blessed.

Envoy *Melanie Norton*

Corps Officer

*St Marys Salvation Army*



### THANK YOU

Sorry I haven't got around to doing this thank you message before this, when recently our backhoe got burnt. But owing to the quick attendance of Michael Aulich and his firemen, and Charmaine from the Police, things could have been worse - and to Georgie Williams and her dog, for getting Willie and his wife Louise to come and help us move things away. Our heartfelt thanks go to you all.

Val and Norm Dawson.

### THANK YOU

We would like to thank everyone who sent cards, well wishes, visits and phone calls on the recent loss of our Mother and Grandmother, Joan Margaret Polden on the 4th April.

Our sincere appreciation goes out to all. Thanks again.

Wayne, Karen, Blake and Monique Polden.

## The Tasmania Lymphoedema Centre Inc.

St Marys, would like to advise that the Melbourne Cup Luncheon will be held again this year, on Tuesday Nov 6, 2012 at the St Marys Community Hall.

As we were unable to hold this function last year, this is an early reminder.

Vic Cato.

*Pssst...*

*stitchedupmama is coming!*

## Classifieds

### For sale

Kelvinator fridge only, with new door seal. \$85. ono.  
Gumboot style waders Heavy duty ,size 9. \$60. ono.  
Giant Cross City 2 road bike, near new. \$1050. ono.  
Falcon BA ute with canopy, auto. \$9600. ono. Nissan X trail 2003, auto. \$12,750. ono. Ph: 0417 385 787 or 6372 5101.

Garden shed—Absco. 3m x 3m x 2.1 h. Zinc. New, unassembled. \$450. ono. Caravan fridge, 12v/240v, goes well. \$300. Ph: 0411 435 867. (Please leave a message and I will return your call.)

4 laying hens. \$7 each or \$25 the lot. Ph: 6372 2440.

Grass Hay, heavy bales, shedded, \$5 per bale.  
Ph: Ross 0401 870 316.

NEW HAMPSHIRE Hens 2 x 1st year, 4 x P.O.L.  
Have some other breeds as well, please call for details  
CRAIG: 0408 121 085.

Saxon Blackwood inbuilt wood heater. V.G.C.. \$500.  
Ph: 6372 2552.

Metal lathes. I small 750mm bed Rexman. \$600.  
I large 1470mm bed Fischer. \$1400. Plus some extras.  
Ph: 6372 2107 for more details.

Four 8 week old kittens, wormed and healthy.  
Ph: 6372 2107.

5 lengths of timber lattice, 174cm x 84cm. \$12 each or \$50 the lot. 2 fishing rods with reels. Lure casters. \$20 each. 6 tanned skins. 1 calf, 1 large roo, 1 goat 1 fox. Good fro rugs etc. \$60 the lot. Ph: Pete 6372 2398.

Shakespeare fishing reel. Sigma skirted spool, permanent, silent anti reverse stainless steel main shaft, selective internal trip. Holds 230yds of 15lb line. It comes with line, Platil. Used only once. Immaculate condition. Cost approx \$100 inc. Sell for \$48. Ph: 6372 5541.

2 male guinea pigs in brand new hutch (purchased from Tucker Box Laun.) \$90. Ph: 6372 2884.

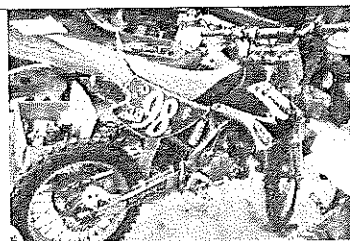
Muscovy ducks for sale. \$20 pair, \$10 each. Ready to kill. Ph: 0407 944 158.

4 plain drakes for sale. \$5 each. Ph: 6372 2380.

4 burner BBQ with rotisserie and hood, on wooden trolley. \$150. Petrol generator (used for camping) \$70. 3 room Colman tent. Used twice. \$250. 2 Colman camp beds in bags, singles. \$25 each. Older style buffet, 2 glass doors, mirror back, 3 drawers. \$40. 2 white 3 drawer bedside cabinets with pink trim. \$15 each. Ph: 0478 605 778. Fingal.

Wheat for sale. 20kg bags, \$10. 20kg bags crushed, \$15. Contact Jason: 0419 514 947.

4.3mtr Aulm boat. 14hp Suzuki, fish finder, oars, anchor. Reg. 15/10/12 Dumbier trailer. \$2000. ono. Ph: 0407 722 884.



**Kawasaki KX85**, big wheel, 2001 model. New chain, sprockets, wheel bearings and rear suspension. Good condition, goes well. \$1950. ono.  
Ph: 6372 2665.

**FOR SALE...**2003 Kia Rio. Manual...60.000ks. Excellent condition... \$6.500. Ph: 6376 2969.

**FOR SALE...**2000 Kia Carnival. Manual 7 seater... 114.000ks. Excellent condition \$6.900. Ph: 6376 2969.

### For sale

2 chipboard bookshelves, in good condition. \$15 each.  
Kawai electric organ. Comes with stool plus some music books. \$60. 1 Electric singer sewing machine. Offers?  
Ph: 6372 2100.

### WANTED

#### Filing cabinet

3 or four drawer, metal, good condition.  
(Ph: 0417 027 424)

### WANTED TO BUY

WORKSHOP WORK BENCH  
STEEL OR TIMBER.  
PH: 0407 944 158

Orders taken for Sheep Poo - for the Scouts.  
\$4 a bag. 0412 803 027.

"Moo-Poo". Finely screened. Any quantity. See Norm.  
Ph: 6372 2380.

**Frozen blueberries** - \$11 kilo Phone 6372 2341.

**Garden mulch.** Large square bales of straw.  
Free delivery in St Marys area.  
Ph: Mark or Alana: 63722145.

Small square bales of garden mulch \$5.  
Small bales of grass & clover hay. \$5. (undercover)  
Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.  
Ph: 0407 944 158.  
Tractor slashing available. Ph: 0407 944 158.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

## Tasmania Valleys of Adventure

### GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each month unless otherwise notified.

WHERE: Fingal Valley Neighbourhood House

TIME: 7PM

ALL WELCOME.

Enquiries to the president on 63722783.

Next meeting - Monday 21st May at 7pm

Volunteers needed for *Wrapped in St Marys* on 2 & 3 June - please call Rita on 0417 027 424 if you can help with a) food for the awards presentation and/or b) street patrol (1 hour) to help keep on eye on the outdoor textile art display.

## Bicheno Indoor Market

When: every last Sunday of the month

Where: Bicheno War Memorial Hall  
9am - 1pm

Hot Foods - come and enjoy breakfast, morning tea or lunch.

### Variety of Stalls

More stall space available:  
Contact David Logie: ph. 6375 1129.



## Sunday Market

Happening :

At the Old Tasmanian Hotel

On the third Sunday of the Month

Please ph 6374 2344 or mobile 0488 562 538

to book your table/trestle

Needed: fruit & veggie stall holders



## Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.



## St Marys Market

Rain hail or shine the markets will be held on the 1<sup>st</sup> Saturday every month in the community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.



IRONHOUSE POINT TASMANIA

## POSITIONS VACANT

### FOOD & BEVERAGE STAFF

White Sands Estate & Iron House Brewery are looking for talented, bubbly personnel to join the team in their food & beverage department in the roles of casual food & beverage staff.

If you love people contact, have an eye for detail, are focused on service excellence and a passion for food, coffee, beer & wine then we would love to meet you. Experience is desirable, however we are happy to provide training for the right candidates. Must have your own transport and be available for weekends and evenings.

### KITCHEN HAND

If you are looking at wanting to get into catering then this position is a great start. We are looking for a casual Kitchen Hand that will enjoy the challenge of a busy kitchen. Your attention to detail in cleanliness is essential in this role. Other duties will include some basic food preparation.

To apply for these roles or any queries, send your resume to [fandb.manager@white-sands.com.au](mailto:fandb.manager@white-sands.com.au) or call and speak to Andrew on 6372 2228.

## A place for all old goats

A group of Australians were travelling by tour bus through Holland. They stopped at a cheese farm one day, and a young guide led them through the process of cheese making, explaining that goat's milk was used.

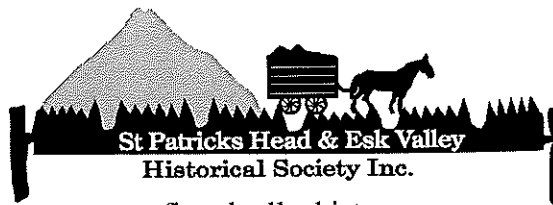
She showed the group a lovely hillside where many goats were grazing.

"These," she explained, "are the older goats put out to pasture when they no longer produce."

She then asked, "What do you do in Australia with all your old goats?"

A spry old gentleman answered, "They send us on bus tours!"





[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

## Welborough Pub

One of the most interesting parts of our Tasmanian heritage is the many historical hotels scattered around the State. Whilst some are large buildings with several storeys and have architectural significance, others are more humble, taking on the look of a large house.

One of the most colourful and best known of the hotels in the latter category is the old Welborough Pub, situated beside the Tasman Highway in the little north eastern village of Welborough.

The history of the Welborough Hotel can be traced back to 1886 when it was called the All Nations Hotel and the town had a population of some 1200, most of whom were Chinese.

The Chinese began to arrive in the area around 1880, and until the turn of the Twentieth Century, mined tin in the Blue Tier area. Literally hundreds of old workings can be found around the Blue Tier, Welborough, Pyengana and Derby area, many of which show the evidence of a race of people who worked their fingers to the bone to earn a living.

Perhaps the best known of the Chinese was a man by the name of Maa Mon Chin, who was said to be the Mandarin, or Guru of the Chinese people. He not only gave leadership, but supplied his people with work and all the commodities they needed to live and earn their living.

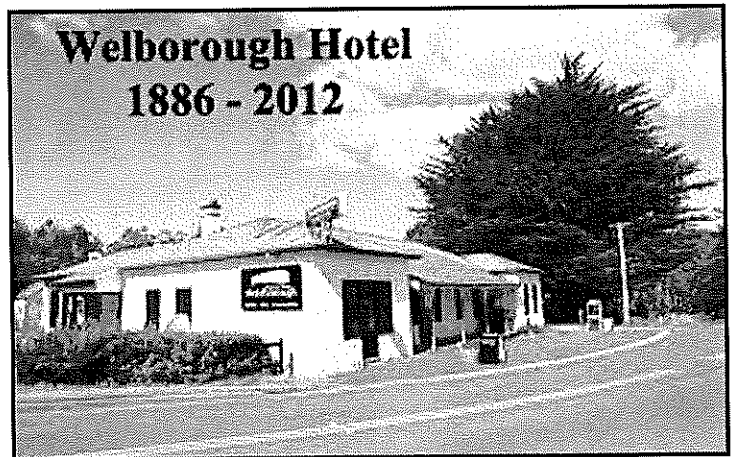
Maa Mon Chin also ran a gambling den, which was most likely the first in Australia. The principal leisure attraction for the Chinese in the North East, however, was a splendid Joss House which incorporated a magnificent altar of the Buddhist God Kuan Ti. The altar was complete with scrolls, elaborate texts and wooden carvings. The Joss House has since been painfully taken apart piece by piece by the Tasmanian Chinese community and rebuilt in the Launceston Museum, for safe keeping and public display.

Little remains of the once thriving township of Welborough today. The only real reminder of the Chinese presence can be found in a walk through the old cemetery, which is a historical experience in itself.

But the old Welborough Pub has stood the test of time and still stands as a monument to what the town and the area once was. If you visit the old pub today you can be assured of a warm welcome, fine country food and if you have the time to listen, you will come away with enough colourful stories to last a life time.

*Jim Haas*

**SHOP LOCALLY AND SAVE**



## **Dick Adams MP**

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road

PO Box 50

Perth, Tas 7300

Ph 6398 1115

58A High Street

PO Box 271

New Norfolk Tas 7140

Ph 6261 3366

Toll free 1300 132 689

Email [D.Adams.MP@aph.gov.au](mailto:D.Adams.MP@aph.gov.au)



**WORKING WITH YOU FOR A  
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

## Letters to the Editor

Vol. 44 No 23, April 19, 2012

Congratulations to the three services - the Fire Brigade, the Ambulance and the SES for their dedication and hard work throughout the demonstration at the recent Hospital Fair.

We are so blessed in this community to have so many willing hands and hearts - our Emergency Service Volunteers, who sacrifice often long hours in both training and attendance at many incidents.

Thank you each one, for being so willing to look after us all.

Mel Norton.

How do we perceive ANZAC Day?

Is it all just about Gallipoli or is there more to it?

This year marks the 70th Anniversaries of many battles in World War Two, that are significant in Australia's history.

Eight young men from this town and surrounding areas were killed or were later to die as prisoners of war, from action they saw in 1942.

They gave their tomorrow's, so we could have our today's.

I hope to see you at the 6am Dawn Service and /or the 11am Service at the St Marys Cenotaph (in front of the hall), on Wednesday the 25th of April.

LEST WE FORGET.

David Watkins.

## St Marys Hotel 8 Ball Club

The East Coast winter comp started Friday 13, with a great win against Surfside. The night started with the first game played and won by Keith Gillies, which got the ball rolling to defeat Surfside 9 - 2. (6 singles) (3 doubles)

The score does not show that some of the games could have gone either way, with great shots being played from both sides.

Being the first game at home, the local support was fantastic, which also helped the team to a great first win of the season.

Thanks for your support, also to Bruce for the feed at the end of the night. My hat goes off to the whole team. Well done.

Next games: Friday 20th - bye - Practise night

Friday 27th - away - St Helens RSL Club

Until next time, have a game of 8 ball at your local club.

It's a great game.

Chicken Wing (Stuart Falconer)

**The only time the world beats a path to  
your door is if you're in the bathroom.**

**As you slide down the banister of life, may  
the splinters never point the wrong way...**

**My mind works like lightning, one brilliant  
flash and it is gone.**

## gone rustic studio & gallery

exhibitions & workshops, gifts & cards

quilts, contemporary fibre & textile arts

pilgrim cottage collectibles

agents for wide span kit sheds & homes

**rustic ragamuffins**  
wednesdays 7-9 (\$5)

**journals anonymous**  
last Saturday each month  
11-2 (donation)

**opening hours**  
tues - sat 10 - 4

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(greater esk tourism)  
**and TRA**  
(tas regional arts)

**37 main st**  
st marys tas 7215

0363722724  
gonerustic@yahoo.com.au

**website:**  
www.gonerustic.com  
**online shopping:**  
www.gonerustic.etsy.com  
www.pilgrimcottage.etsy.com





## The Say Cagerattler

On Good Friday I happened to watch a documentary on the History channel about the ancient city of Jerusalem. It was fascinating. The incredible comings and goings of the occupiers of one of the most iconic religious locations on the planet, resulted in one amazing conclusion to me. Despite all the Jewish, Christian and Muslim stoushes that have taken place for around 3000 years, this city continues to be one of the few places that particularly Islamic people live with other cultures to the extent of many hundreds of thousands of the population. It really happens. There are Churches, Mosques, and Synagogs all over the place yet on a daily basis they manage to get on without too much trouble. In this microcosm you begin to wonder why this can't be the case on a nations scene. But it doesn't...

Another thing out of that doco was that the Muslim faith was not dissimilar in many aspects to Christianity. One of the major differences in the sixth century that Mohammad was the prophet and leader and Jesus (Our Lord) was a lesser important figure in the scriptures. In so many other ways the edict was the same.

Now you look at places like Afghanistan where extremist, fanatical groups espousing the Koran and Sharia Law that are indoctrinating and have been doing so for a long time, to hate anything else, leading to mass bloodshed and needless loss of life.

What a shame the leaders of these extremists don't have a look at Jerusalem to see that it is indeed possible to live somewhere near harmony without forcing total control over every single person. It will and has never worked. It didn't work in the Crusades when Christianity was forced on others and it's never worked anywhere else since.

Even within Hinduism, Buddhism and Shinto just to name some, a tolerance of all proves to be the case in the long run. Another tragic thing for me is that billions of dollars of resources and incalculable loss of life has taken place in the past few decades in the Middle East and now Iraq and Afghanistan trying to very quickly convince the Taliban, Al Quada and similar extremist groups to stop. IT AIN'T GOING TO HAPPEN QUICK... It's going to take a whole different method I feel. In the meantime innocent servicemen, innocent locals and who knows who else are going to continue to die. I can't believe our dopey politicians (all persuasions) continue to sacrifice all these people and countless amounts of money trying to stop the current crop nutters leading the Taliban etc. Perhaps by looking to the future through the very young or even unborn can these ideas of tolerance like in Jerusalem, make headway and in a few generations this much more peaceful doctrine might take hold.

The real threat where our military focus needs perhaps to be is toward the emergence and direct antagonistic attitudes of North Korea. Once again a dictatorship of many decades finds a country of citizens indoctrinated to hate the west and a society that can't speak out in sheer fear of the military junta that leads the country.

By way of flaunting missile testing in the face of their neighbours this regime leading this secretive country are a huge threat to the world and some major message sending needs to occur soon, otherwise who knows what the idiots who lead there will do.

What about a total trade embargo to start with? That'd be a start.

What do you think? (Column by Rod McGiveron)

### ANZAC DAY SERVICES

The St Marys Memorial Services Association will be conducting its traditional 6am and 11am Services at the St Marys Cenotaph. All ex service personnel, their families and friends and the residents of St Marys are invited to attend.

A Gunfire Breakfast after the 6am service will be available in the hall, a gold coin donation would be appreciated to help cover costs.

If you would like to lay a wreath, please contact Reon or Wendy on 6372 2094.

*Lest We Forget*

## When it comes to the crunch our peanut butter's best!

Freshly ground while you watch,  
Purple Possum's 100% pure peanut  
butter is made from Queensland  
Kingaroy peanuts to the texture you  
love – smooth, medium or crunchy.  
A free taste will convince you it's the  
best you've ever had – and just per-  
fect for toast or

sandwiches! Top value as well –  
\$2.40 for 250 grams!

And the Possum's Special Offer –  
Ere Perez Natural Cosmetics –  
10% off until Thursday May 31!

## Purple Possum

Wholefoods & Café

7 Story Street St Marys. Phone 6372 2655.

**TEXTILE ART COMPETITION  
CAR SHOW AND MORE**  
FOR BROCHURE AND ENTRY FORM  
03 6372 2724 or gonerustic@yahoo.com.au

## WRAPPED IN ST MARYS

**2 & 3 JUNE 2012**



**DEADLINE FOR ENTRIES**  
**4 pm 18 May 2012**

### WRAP a power pole – categories:

- textile art (\$300 + certificate)
- theme - 'power play' (\$200 + certificate)
- group (\$200 + certificate)
- junior (\$150 + certificate)

*Valleys of Adventure*

GREATER ESK TOURISM



ABN 33 863 262 058

## Wills, Power of Attorney and Guardianship

LEGAL INFORMATION SESSION

**FREE**

Fingal Neighbourhood House

Monday

7<sup>th</sup> May 2012

10am

1 hour talk

**ALL WELCOME**

SUPPORTED BY



## ANA'S HAIRDRESSING SALON

BEHIND PURPLE POSSUM  
STORY STREET, ST MARYS.

OPEN EVERY TUESDAY & WEDNESDAY  
9AM

BRINGING 22 YEARS EXPERIENCE.  
PROVIDING CUTS, COLOURS, PERMS, S/SETS.

PHONE: 0448 532 531  
ON TUESDAYS & WEDNESDAYS, OR JUST CALL IN.  
OR PHONE 6372 5497 TO PRE-BOOK.

PROVIDING A SERVICE  
TO THE COMMUNITY.

LOOK OUT FOR US IN A NEW LOCATION,  
HAPPENING SOON ON MAIN STREET.

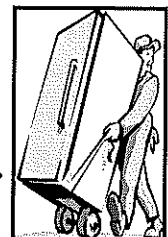
WE WILL HAVE THE SAME PHONE NUMBERS AND  
CONTACTS, AND ALL THE SAME SERVICES

## Ransley's Appliance Service

P O Box 136  
Scamander Tas 7215

- Washing machine NOISY?
- Refrigerator runs too LONG?
- Clothes dryer blows cold AIR?

Then you need the service  
of our technicians.



Ring us on: Scamander: 6372 5307  
Mobile: 0428 761 811





# **LIONS CLUB OF ST MARYS INC. ARE HOLDING AN AUCTION**

**ST MARYS RECREATION GROUND**

**SATURDAY MAY 12, 2012**

**VIEWING & REGISTRATION 10AM**

**AUCTION BEGINS 11AM**

**A HOUSE FULL OF FURNITURE AND INCIDENTALS WILL BE ON OFFER.**

SEVERAL SINGLE BED ENSEMBLES AND QS BEDROOM SUITES, REFRIGERATORS, ONE FULL SIZE, SEVERAL BAR FRIDGES, MIRRORS, DINING SUITE, LEATHER LOUNGE SUITE WITH MATCHING SIDE TABLES, FOLD-UP BED, TELEVISION & STAND, SMALL OVENS WITH COOK TOP, HEATERS, CUPBOARDS, LAMPS, GLASSWEAR, SAUCEPANS, FRYPANS, CROCKERY, CUTLERY, CANISTERS, BOOKCASE, OLD BOOKS, PHOTOS, LARGE MAT, STEREO UNIT, SAUCER CHAIRS, BAR STOOLS, 6 WOOD & CANVAS FOLD-UP CHAIRS.

**PAYMENT FOR GOODS PURCHASED, CASH OR CHEQUE ON THE DAY.  
ALL GOODS MUST BE REMOVED FROM THE SITE ON AUCTION DAY.**

**A SAUSAGE SIZZLE WITH COFFEE AND SOFT DRINKS  
WILL BE AVAILABLE FOR SALE ON THE DAY.**

**BRING YOUR CHEQUE AND YOUR TRAILER AND ENJOY A GREAT DAY.**

**JOHN MCGIVERON, SECRETARY.**

**St Marys Op Shop - Supporting our  
School - Free Sock with Every  
Purchase 2 & 3 June 2012 ONLY -  
Come in and make a purchase and  
you'll get a FREE sock!!**

Now you might be wondering - WHY? A free sock with every purchase ? How odd !!!

Because, after seeing and taking some classes with the Amazing Ashton, who will be juggling on the Op-Shop verandah on Sunday the 3rd June, we want you to be inspired and go home and CREATE textile art works!!

The Op Shop is going to hold a Textile Art Event and we want you ALL to be involved, so we the Op Shop team, are giving plenty of notice for you to get your thinking caps on. When you make a purchase over the weekend of June 2 & 3, you shall be given an odd sock, if you need two socks for your art you will need to make two separate purchases through the weekend.

What we want you to do in the following week is to make some sock art and return it to the Op Shop by Friday 9th June where it will be put on display on the back wall of the rear room in the Op Shop from June 10th until July 1st. **All entries will be issued with a number and in the following few weeks, up until July 1st, we shall ask every customer to VOTE for their favourite sock art !**

The winners will be announced to coincide with the St Marys Markets on Saturday 7th July, when the Op-Shop will again open to showcase the final day of the exhibition!!

First PRIZE will be a \$20 voucher to spend at Op-Shop. Second prize will be a \$10 voucher and third prize will be a \$5 voucher!

"Sock and Glove" by Miyako Kanamori and available though the St Marys library, gives you some great ideas for soft toys. Janet has a copy and will have the book in the Op Shop on Fridays if you're looking for some great inspiration!

So, be there or be sock less! Looking forward to the fun!!!!



**MT ELEPHANT FUDGE**

**Mt Elephant Fudge**

will be

**CLOSING**

**April 22nd**

**(Re-opening August)**

**Sorry for any inconvenience.**

*Thank you for your valued custom  
throughout the year!!*

**Free  
Pap Smear  
and  
Sexual Health  
Clinic**

The fabulous Lisa from  
Family Planning Tasmania is  
making another visit to Break O'Day.  
At the Healthy House on  
Wednesday the 9th,  
Thursday the 10th and  
Friday the 11th of May 2012.  
Appointment needed.  
Contact the Healthy House on 63765242  
or  
Come into 5 Portland Court St Helens  
Don't delay, appointments go fast !!

**Community Dinner  
HOLY TRINITY ANGLICAN  
CHURCH HALL  
MAIN ST, ST MARYS**

**Saturday 21<sup>st</sup> April 2012 - 5.30 for 6pm**

**End of Summer BBQ**

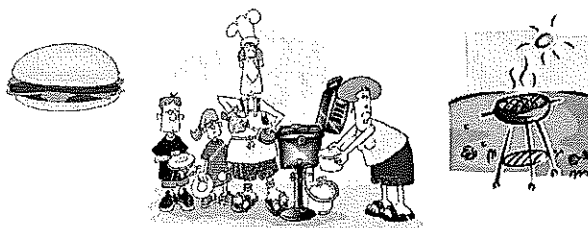


**Please bring a Salad**

**or a Sweet Dish to share**

**Meat will be provided**

**RSVP Barbara on 6372 2428**



**Remedial Massage and Naturopathy  
ring Sue Christiansen for an appointment.  
0418 515 419**

St Marys  
**PHARMACY**

**Kodak quality  
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STARTING FROM

**49** C each

MENTION THIS AD AND RECEIVE  
ONE FREE  
ENLARGEMENT WITH YOUR PHOTOS.  
(Limit 1 per customer)

**Mother's Day is coming soon.**

Why not call in and select something for  
your Mum from our selection of gifts,  
photo frames, perfumes or jewellery.

Our friendly staff members are only too  
willing to assist.

**THE  
SALVATION ARMY  
RED SHIELD APPEAL**



will be happening  
for this year  
2012,



on the weekend of  
May 19 and 20.

We would be most  
appreciative of any extra help  
in doorknocking in St Marys  
and surrounding districts.

If you are willing and able to  
help, please contact  
Envoy Mel Norton  
on 0409 838 816  
or 6372 2099

**ST MARYS NEWSAGENCY**

Phone: 6372 2213



Open 7 days a week for your convenience.  
Winter trading hours (commencing first week of May)  
6am - 6pm Mon to Thurs Fri 6am - 7pm  
7am - 6pm Sat. & Sun.

CALOWS	BUS DEPOT	AURORA PAYG
PRE-PAID MOBILES	-	PHONE CARDS
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Cards, stationery, books,  
magazines, local and  
mainland papers, toys,  
phones and phone cards,  
fishing gear and bait,  
party ice.

**You name it, we may have it!**

**OUT OF THE WOODWORK**  
**Wendy Brennan, Secretary 6372 2094**

The Sizzler King has asked that I explain his absence from the last market and thank all the regulars who said they missed the aroma of The Guild's haute cuisine snags. Sizzler was called away to attend to a few constituent's enquiries.

Our legendary musicians Ted and Paul have advised the club that they have a guest artist appearing with them. Whom you may ask? **All will be revealed on the 21<sup>st</sup> April! (This Saturday)**

Our coopers **George and Les** will be returning to demonstrate the art of barrel making done in the traditional way and old favorites like **Guy Pascoe, Marcus Hall and Garry King** will be back to mesmerize the crowd with their working exhibits. **Reptile Rescue** is a must for lovers of snakes and lizards.

You will be able to have the meaning of your birth numbers explained by renowned numerologist **Victor Tracey** and for the mechanically inclined the Old Machinery Club will be giving demonstrations of the intricate workings of some old engineering marvels.

**Wendy French** from "Standby" will only be too pleased to answer any of your enquiries. Our home town girl and **Deputy Mayor, Hannah Rubenach**, a Jane Austen devotee, will be giving demonstrations on the art of soap making. Also, look out for **Jun** who will be cooking up a storm with her Chinese delicacies.

Don't forget to say hi to **Kelly Farrell** whose eclectic mix of soaps and potions is always a crowd pleaser.

**Pat Wells** will be available between 10am and 2pm to autograph his picture which appeared in the Valley Voice, albeit, he's changed a bit! Just bring your edition with you and lookout for his white helmet and stall.

On a serious note we all hope you will join Our Gang for some good markets, good music, good food, great working exhibits or just come along and soak up the atmosphere.

Please keep a lookout for our trusty ticket seller **Lorraine Gill** and purchase one of our raffle tickets. Monies raised are put back into our club. All our prizes are made by the Guild members and this year they are: **1 garden seat, 2 wheelbarrows, 2 plant tubs**. As previously, first ticket drawn on the day has first choice. Second ticket drawn has the choice of remaining two items. Final ticket will receive the last item not chosen.

**DON'T FORGET... Guild's Open Day Fair**  
**which will be held on the 21<sup>st</sup> April.**  
**Hope to see you there!**

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome. We are open Monday, Wednesday and Friday.

Other times by appointment.

Can anyone guess the name of this female member? (Right)

Clue she loves cats!



**Combined Probus Club**  
**Scamander**

Another year has flown and at our Annual General Meeting held last month, Valmae was elected as president. Glenda and Val were re-elected as Treasurer and Secretary.

Thank you, Glenda and Val for a sterling job throughout the year.

Thanks, Greg for your year as President, we enjoyed your sense of fun and humour, "Laughter is a tranquillizer with no side effects".

At the meeting we inducted two new members Pat and Jeff into our club.

After the meeting we had a change-over lunch at the Surf Side at Beaumauris. Our hosts were very congenial and the meal was very good. More fun and laughter was had.

We are having a one day trip to Launceston on the 7th of May to the Motor Museum, followed by lunch at the Country Club. The day will be rounded off with a guided tour of Brickendon at Longford.

The transport will be with Franklins Coaches. The day will cost \$25 per person excluding lunch at the Country Club.

Should you wish to join us on the above trip please contact our tour organizer Barry on 6372 5752.

The words contained within  
**'Inside my Skin'**  
are even more special now.  
The story has ended by the  
passing of its main character

**TIA**  
**24/8/98 - 28/3/12**

Blessed by volumes of happy memories

## East Meets West

On Saturday 14th April, 2012, the Break O'Day Regional Arts played host to Chinese Harpist and Soloist Xiao Xia, who presented her show, "East Meets West" at the St Marys Town Hall.

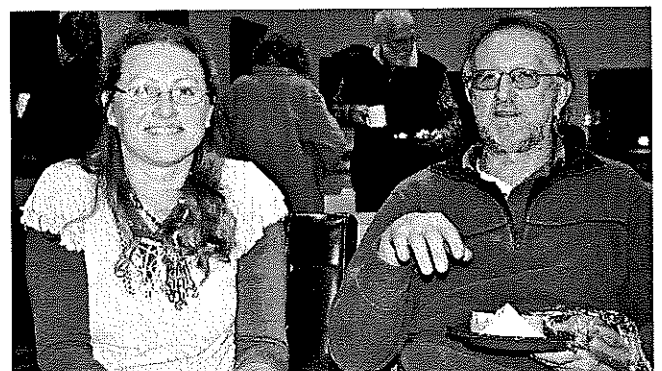
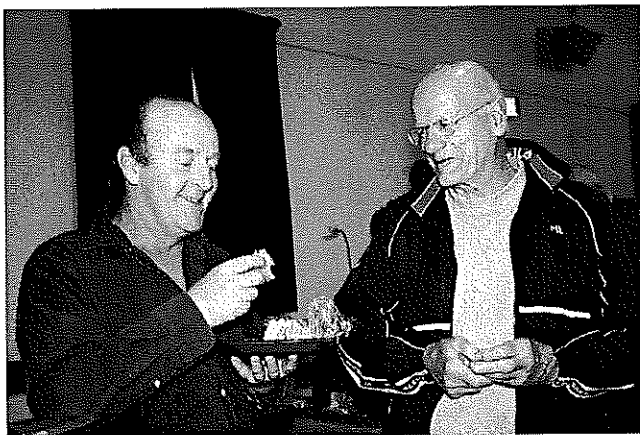
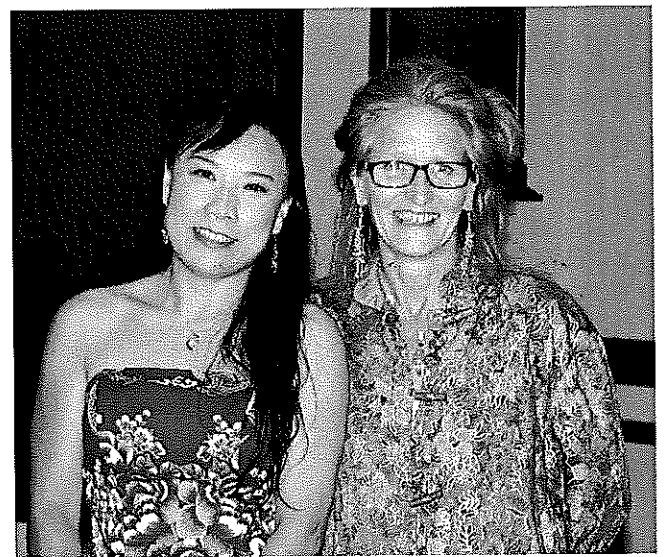
Leonie Gryta was the compere for the evening and also provided the support act for Xiao Xia. The passionate musician and soprano, Xiao Xia, presented the exquisite sounding Chinese harp and performed a mix of traditional Chinese and Western songs in her repertoire.

The songs included "O Mio Babbino Caro", "Mu Lan joins the Army", "Ave Maria" and "Song to the Moon".

Xia Xia sang in English, Chinese and German at various times during the program. This really was a SPECTACULAR show and we are so fortunate in St Marys to have the hall with great acoustics and the Regional Arts committee who work hard to bring us these fantastic cultural events.

A light supper was provided during the interval by the Regional Arts committee, and e.ScaPe Cafe opened after the show for those patrons who wished to continue their evening. Upwards of thirty individuals came out on a cool autumnal evening to enjoy the show and I believe none were disappointed.

*Photos and article: Janet Drummond.*



**OUR GANG**

INVITES YOU TO

**THE WOODCRAFT GUILD**

**OPEN DAY**

**ON THE 21 APRIL, 2012**

**AT THE OLD RAILWAY GOODS SHED ST MARYS**

Starting at 10 a.m



Arts & Crafts, Markets, Music by Ted & Paul,  
Working exhibits, Barrel Making, Psychic Victor Tracey,  
Reptile Rescue, Children's Clown, Food Stalls and Much More

**FREE ENTRY**



# DRAMA AND CREATIVE MOVEMENT CLASSES COMING TO ST.MARYS

Break O Day Regional Arts are delighted to announce that drama and creative movement classes will be available for 5 to 11 year olds at the St. Marys Hall commencing May 3rd 2012. Classes will run for 1.5 hours over 10 weeks. Fees \$6 per week or \$50 for 10 weeks.

Jeanette Dal Santo who has taught drama, dance and movement for over 30 years will be taking the classes. Jeanette's portfolio includes teaching within New South Wales and South Australian primary and secondary schools and maintaining two highly successful privately run Youth Theatres in New South Wales and South Australia.

Jeanette has received major funding over the years through the Division of Cultural activities NSW and South Australian Country Arts, N.S.W. South Australian and Tasmanian Departments of Education and numerous other funding bodies for her work in developing drama and dance projects throughout these various States. Her work includes initiating and project managing many community events including an inter-generational project involving seven schools in the Huon Valley Tasmania in entitled 'Hands Across Generations.'

Assisting Jeanette in class will be Brittany Smith, a young, enthusiastic dance student who recently completed her work experience with Tasmania Dance Company (Tasdance) workshops; where she was subsequently invited by choreographer Malcolm McMillan to dance in his Residency which was part of the 4 day Launceston "Junction Arts Festival". Brittany was also accepted by Tasdance to attend major dance workshops throughout the summer school holidays.

Often the question is asked. What does a drama and creative movement class have to do with my child's development?

The answer is simple. It provides a backdrop of support and development across the whole spectrum of personal and collective learning.

*'The brain learns best where it is dynamically involved in exploring, inquiring and analysing.'* (Gardener 1999).

Drama/creative movement classes support and enhance learning across school curriculum. It develops a young person's social and communication skills and promotes a positive self image. Learning within a safe, relaxed, non-threatening environment stimulates creativity in problem solving and challenges student's perceptions about the world and themselves.

**The drama class is a fun place to be!** Games and music provide students with shared learning opportunities, whilst encouraging mobility, tolerance, team leadership and team participation.

The drama/creative movement environment consists of formal and informal activities. Formal activities include making props available for acting out stories or enhancing movement/dance themes. Informal activities include improvisations where students create their own dialogue either working as individuals or within a team. By working together students learn to co-operate and collaborate with others.

Participation in drama activities requires self control and discipline which serves in all aspects of life.

Of course all students look forward to performing in front of an audience and this will be a major focus once students have settled into the routine of class and have formed a strong working relationship with their fellow class mates. It is expected that parents and friends will be asked to an evening where students will present some of the exercises, improvisations and dance that they have been developing throughout the 10 week term.

So if you feel you have a young thespian in your household or a young person who simply wants something a little different in their after school activities why not come along and really participate in a fun learning experience!!

See you soon!

Please contact  
Michelle  
Home: 637 22056  
Mobile: 0407 046865  
Or  
Jeanette  
Mobile: 0447 012887



# Regional Arts Youth Company



## **Break O'Day Regional Arts Youth Company**

producing

### **Drama, Music and Dance**

in a fun and educational way  
structured for ages 5-11 years old

**When: Thursday 4:00pm – 5:30pm**

**Commencing: 3<sup>rd</sup> May 2012**

**Where: St Marys Community Hall**

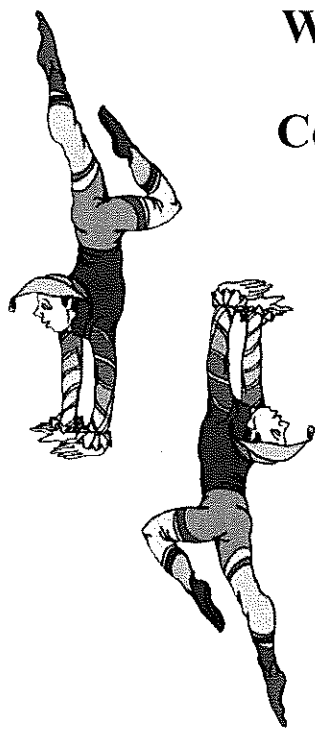
**Cost: \$6 a week or \$50 for 10 week course**

For more information please call:

Michelle on 03 637 22 056

or

Jeanette on 0447012887





St Marys Market - 5th May  
 9am start  
 RAIN, HAIL or SHINE  
 Community Hall, St Marys  
 For more information or to book a  
 Stall phone Robina 63722022  
 Community groups get free space  
 for fund raiser, information or raffle.

## *Tasmanian Regional Arts Events*

October "Australian Chamber Orchestra Youth Section" Wed 10th  
 Concert venue Portland Hall St Helens  
 ACO2 Workshop St Marys School Thursday 11th October

October "Terrapin Puppet Theatre Presents BOATS" Wednesday 31st  
 Venue St Marys Community Hall

## *Tasmanian Regional Arts Touring Exhibitions*

**May** "N.S.W. Quilts" @ GONE RUSTIC

**June** "Extreme Environment Photographic Exhibition @ e.ScApe cafe

**July** "Material Girl" @ GONE RUSTIC

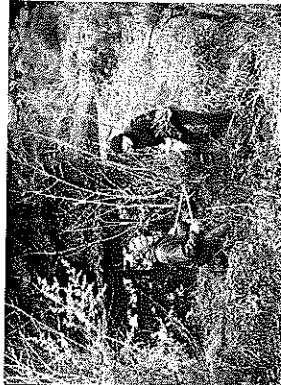
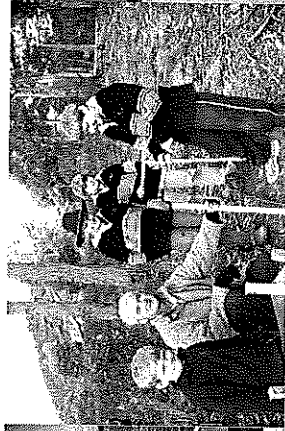
**September** "Wickham and all its Glory" by Bridget Levy @ e.ScApe

**November** "Side by Side Photographic Exhibition" @ e.ScApe cafe

Don't miss out on being part of St Marys June 2nd and 3rd weekend.  
 Markets have inside and outside areas for stalls available.  
 Perfect weekend for local artists to book a stall to display or sell their work.  
 Community group or craft groups wishing to have a display don't miss out  
 Buskers are welcome, bookings are required.

**TS ARGONAUT**  
 Navy Cadet fundraiser  
 BBQ hamburgers  
 Held at St Marys Market  
 Help raise funds to transport  
 children wanting to be in the  
**Navy Cadets**





## Natural Resource Activities 2012

Ongoing Events:	Group:	Location:	Contact:
Monthly First Sunday 10-12	Wildcare Friends of Bay of Fires	Binalong Bay	Alison Hugo / 0448 384 681
Weekly Tuesday 10 - 12	St Helens Community Garden	Neighbourhood House	Kelly Milikins / 0429186532
Monthly First Wed 10-12	St Helens Point Progress Assoc	Stieglitz Foreshore	Debbie Napier / 63763430
Monthly Last Tuesday 10-12	Scamander Foreshore Group	Scamander	Clinton Downing / 0409 386 990
Monthly First Wednesday	Bird Observers North East	Break O'Day Region	Liz Znidersic / 0409 123 322
Every Wednesday 9-12	Wombat Landscaping Group	St Mary's Rivulet	Robina Balzer / 63 722022
Field days/workshops	North East Understorey Network	Break O'Day Region	Janet Drummond / 63 722851
Every Wed/Thurs 9-12	Restore Skyline Tier	Skyline Tier Beaumaris	Todd Dudley / 63 761049
Monthly	Break O'Day River Water Watch	Break O'Day River	Alison Hugo / 63 767900
Bi-monthly	Friends of Four Mile Creek	Four Mile Creek	Mike Walsh / 0400 773 396
Quarterly	Friends of King Park	Kings Park, St Helens	Alison Hugo / 63767900

For any NRM enquiries please contact Alison Hugo NRM Facilitator: 63767900

## PING'S PLACE

C.B.D., ST MARYS

### *Traditional Chinese Medicine*

Dr Li (Jun) thanks all who have consulted her since she began to practice here.

She has a growing clientele from the area and even farther afield.

Call 6372 2712—leave a message and she'll get back to you.

Ping's shop recently added a great variety of incense and Tassie made soap to its stock.

Prices of all foodstuffs are more than competitive and many products unique to the shop.

Welcome to browse and chat to Jun.

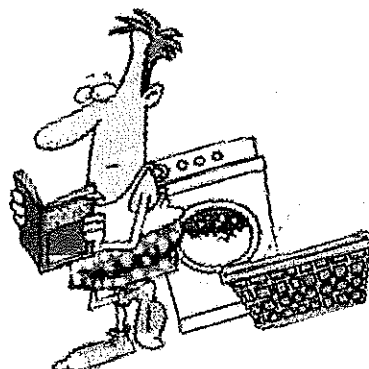
Lay-by available.

PLAYING TABLE TENNIS EVERY DAY

## CLEAN CRACK LAUNDROMAT

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### Rae & Partners

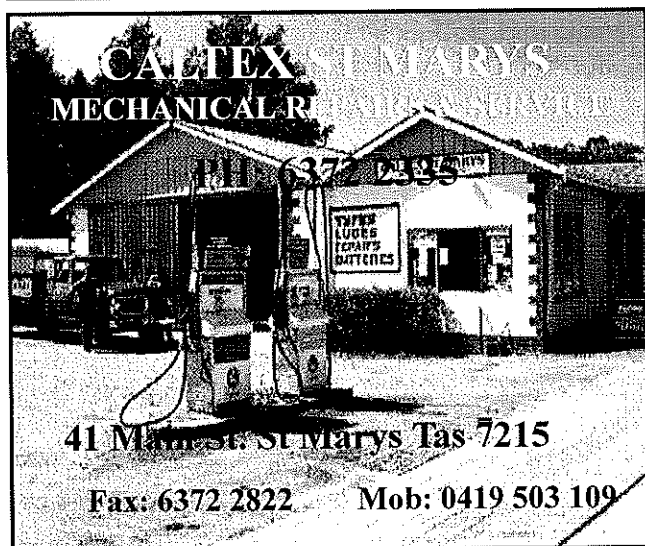
Lawyers Barristers & Solicitors

#### Visiting :

St Marys Community Health Centre

Alternate Tuesdays : 9 am - 10 am

Ph: 6337 5555 For appointments.



41 Main St. St Marys Tas 7215

Fax: 6372 2822

Mob: 0419 503 109

St Marys Police Phone Number 6372 1010

Non Urgent Number 131 444

Urgent and Life threatening 000

SES (Flood & storm only) 132 500

Fire 000



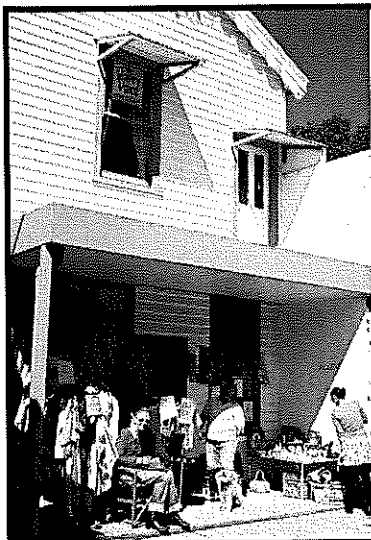
## St Marys Op Shop

**Monday - Friday 11 - 4**

**Market Saturdays 10 - 1**

As volunteers are available.

Always looking for new volunteers to assist at the Op Shop, please contact Janet Drummond on 0404 562 320, or call in most Fridays, to speak with Janet. Come support your local school community and have fun volunteering at the St Marys Op Shop.



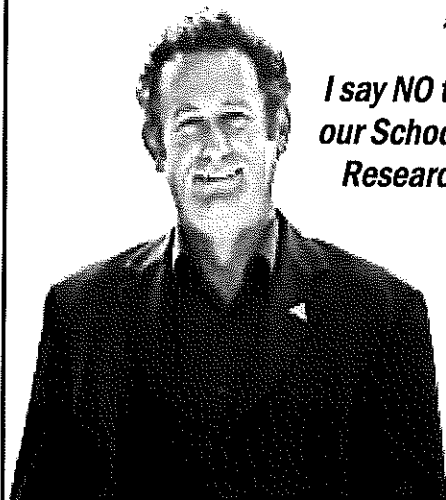
# Tim Morris MP

Tasmanian Greens Member for Lyons



Tasmania

*I say NO to selling off  
our School Farms and  
Research Stations*



**New Address:** Shop 9, Covehill Shopping  
Centre, Bridgewater 7030

**Phone:** (03) 6263 3801

**E-mail:** greens@parliament.tas.gov.au

**www.tas.greens.org.au**

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

## EAST COAST GLASS

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(D. Bailey & son) A.F.D.A

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St Helens

### Chapel:

46 Tully Street  
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### The Valley & East Coast Voice Guidelines.

- Opinions in any letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted. Stick to the issue rather than making personal attacks.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Letters most commonly published are those that have bearing to current community issues.
- Keep letters short, simple and to the point. Letters are restricted to 300 words or less.
- The Editor reserves the right to edit your letter for grammar, spelling or reduction in size where necessary.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.
- Do not be discouraged if your letters don't get published. Whilst each submission is reviewed on its own merits, we generally receive more letters than we have space available.
- The Valley & East Coast Voice reserves the right at all times, without notice, to update, change or amend our guidelines. Whilst we value & welcome community letters, The Valley & East Coast Voice does not provide specific feedback regarding any decision made not to publish a submission.

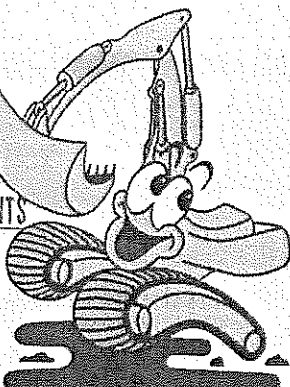


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- ◆ SAND
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- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
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AND MUCH MORE

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Scamander

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St Helens

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### St Helens Flowers


*Donna of St Helens Flowers takes all the  
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*Arrangements, Bouquets, Gift  
Baskets, Wedding Flowers,  
Floral Tributes*

Member of the Petals network—we can  
now send or receive flowers worldwide

*Fantastic Fresh Flowers delivered to your  
door or statewide*

Ph Donna—6376 1211

 Fun Range of Helium Balloons! 

## MEALS ON WHEELS ROSTER

April/May	St Marys	Fingal
Monday 23rd	Pam Lynch	Neighbourhood House
Tuesday 24th	Lundy Vosper	
Wednesday 25th	Liz Rice	
Thursday 26th	Lundy Vosper	
Friday 27th	Val Spencer	
<b>MOW Contact Phone: 0488 384 344</b>		
Monday 30th	Pam Lynch	Neighbourhood House
Tuesday May 1st	Trish Pike	
Wednesday 2nd	Lorraine Gill	
Thursday 3rd	Heather Griffiths	
Friday 4th	Claire Bean	Neighbourhood House

## Church Services

### Catholic Parish of St Marys

Sr. Lorraine Groves  
Parish House. Ph: 6372 2252  
Mob: 0409 172 741

#### 1st Sunday: MASS

St Helens Vigil L/W 6.00pm  
Bicheno L/W 9.00am  
Fingal 11.30am

#### 2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm  
St Marys LWC 9.00am  
Bicheno LWC 9.00am  
Fingal LWC 9.30am

#### 3rd Sunday: MASS

St Helens Vigil 6.00pm  
St Marys 9.00am  
Fingal 9.30am  
Bicheno 9.00am

#### 4th Sunday LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

#### 5th Sunday LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

Enq: Baptisms & Weddings  
Ph: 63 31 4377  
Church of Apostles  
Presbytery  
Officer Hours: 10.00am - 3pm.  
Sr Marjorie Ph: 6381 1122.

### Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays  
Fingal: 3 pm 1st/3rd Sundays  
Mathinna: 3pm 2nd/ 4th Sundays  
Ross: 11am 1st/3rd Sundays  
Campbell Town: 9am every Sun.  
(3rd Sunday - Family Service)

### Anglican Parish of Break O'Day

Ph: 6376 1144

#### Easter Service times

Pyengana 1<sup>st</sup> April 7.30pm  
Easter Thursday 7.30pm St Helens  
Good Friday 9.30am  
at both St Helens & St Marys  
Easter Day  
6.00 am Binalong Bay beach  
9am at St Marys & St Helens  
11am Church in Valley,  
Upper Esk Rd, Mathinna

### Salvation Army

#### TUESDAY JAM

3-5pm every Tuesday.  
excepting school holidays.

Envoy Melanie Norton Ph: 63722099

#### Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am  
Fingal 11.15 am

### Seventh Day Adventist

Hodgeman Street Scamander  
Sabbath School 10 am  
Divine Service 11 am

## Contacts for Valley Voice

PH: Judy: 6372 2155

email: [judith.spilsbury@telair.com.au](mailto:judith.spilsbury@telair.com.au)

Accounts: Mary: 6372 2328

Please leave written material at the  
St Marys Pharmacy,  
Main St, St Marys,  
or post: C/- Post Office, St Marys Tas 7215

### Advertising: 2012

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

Copy of guidelines available on request.

## On Air Now!

Vision FM 88.0 at

St. Marys, St Helens and Fingal.

The Breakfast program is now hosted by  
Matt and Karen on weekdays.

There are now over 500 stations  
Australia wide.

100% positive music & talk all day long;  
connecting faith to life.

National Vision Radio Network.  
Phone 1800 007 770.

## St Marys Online Access Centre

### Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am - 3 pm

Friday 10 am - 3 pm

Saturday 11 am - 2 pm

Ph: 6372 2005

## ST MARYS OP-SHOP

SUPPORTING YOUR LOCAL SCHOOL

### WINTER OPENING HOURS:

MON TO FRI. 11AM — 4PM  
(WHERE VOLUNTEERS ARE AVAILABLE)

ST MARYS MARKET SATURDAY  
10AM—1PM

PH: Janet Drummond: 6372 2851.

Shop will only be open as volunteers are  
available. So sometimes the shop might  
have to open late or close early.  
If you're interested in assisting the school  
and volunteering at the Op Shop, please  
contact Janet Drummond 6372 2851.

# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

- Dr Latt 19/4/12—4/5/12
- Dr L. Reeckman 19/4/12
- Women's Health Clinic
- PUBLIC HOLIDAY- 25/4/12
- Dr Davidson 27/4/12—29/4/12
- Weekend Cover

## St Marys Community Health Centre

### GP Surgery Hours:

Monday—Friday

**8:50am-10:00am**

**10:00am-10:30am— Reception Closed**

**10:30am- 12:30pm**

**12:30pm-1:30pm— Lunch Reception Closed**

**1:30pm-2:45pm**

**2:45pm-3:15pm— Reception Closed**

**3:15pm- 4:30pm**

For appointments please ring Reception during opening times. Appointments will not be taken at other times.

## PATHOLOGY SERVICE

No Pathology Service between  
12:00-1:30pm or before 8:30am daily

If you require Pathology **before 8:30am** an appointment must be made with the Nurses Station the day/night before by phoning 6372 2111

## INR TESTS

A doctor's appointment is required if you are having an INR test. **Please let reception staff know when making your appointment that you are having an INR test.** This requires a 5 minute doctor consult.

## AFTER HOURS CONTACT NUMBERS

Please phone

GP ASSIST ON- 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

ST MARYS COMMUNITY HEALTH CENTRE  
6372 2111

**Please RING before presenting after hours**

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply

## IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments a week in advance as of 17/4/12.

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty. Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

## ST MARYS COMMUNITY HEALTH CENTRE

### 'MINI FAIR EXTRAVAGANZA'

Congratulations to the following people who were lucky raffle and prize recipients at the 'Mini Fair Extravaganza'.

#### St Marys Health Centre Raffle

1st 1 nights Accommodation at Rainbow Retreat  
St Marys— **R. King, Cornwall.**

2nd Wheelbarrow of Goodies— **Dooley, Gray.**

3rd Carved Wooden Bowl— **Evelyn, St Marys.**

#### Lucky Cow Pat Lotto (Minus the cow!)

• **Jeanette Gilbert, St Marys**

The Health Centre raised **\$7,300.10** at the Mini Fair which is a combination of monies raised on the evening and generous donations. All proceeds will go towards the refurbishment of the Centre's new Palliative Care Wards.

Thank you again to all of you involved in helping coordinating this event, those who generously donated items and the community for your continuing support of our Health Centre.

# ST MARYS COMMUNITY HEALTH CENTRE

## WHAT'S ON AT THE CENTRE

- 19 April **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 20 April **Dietician (GP North)** - Appointments available by referral from your GP
- Diabetes Educator (GP North)**- Appointments available by referral from your GP
- Exercise Physiologist (GP North)**- Appointments available by referral from your GP
- GP North Psychologist**. For appointments please see your GP for a referral
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you
- 23 April **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- 24 April **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Counsellor– Ellen Naef**. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House
- 25 April **PUBLIC HOLIDAY**– Anzac Day
- 26 April **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- GP Podiatrist**– Annabelle. For appointment please see your GP or Health Professional for a referral.
- 27 April **GP North Psychologist**. For appointments please see your GP for a referral
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 30 April **Audio Clinic**- For appointments please ring 6334 1466
- Social Work**– Shan Williams. Please phone 6372 2111 for appointments

## WHAT'S ON AT THE CENTRE Continued...

- 1 May **Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381
- Lightfoot Podiatry**– Perry Daly. Phone 6331 9568 for appointments
- Tom Bain, Rae & Partners Lawyers**. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- Social Worker**– Shan Williams appointments available by phoning 6372 2111
- Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House.
- 2 May **Podiatry North**- For appointments please phone 6336 5155
- Day Centre**– First week for 2012 For details on the group please contact Hayley Gilbert 6372 2111
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 3 May **Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 4 May **GP North Psychologist**. For appointments please see your GP for a referral
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.

## APRIL IS:



## 'PAY IT FORWARD' MONTH

There is tremendous power and positive energy in giving – it is a shame that not enough people have experienced it to the fullest.

Pay It Forward Day is about all people, from all walks of life giving to someone else and making a positive difference.

To find out how to be part of *Pay it Forward* come into the Health Centre and see our Health Promotion Board for further details. Be in the chance to win/give away a Pamper Pack.

# St Marys & district emergency & business contacts

CRIMESTOPPERS 1800 333 000  
POLICE 000  
NON URGENT 131 444  
POLICE ST MARYS 6372 1010

AMBULANCE 000  
COMMUNITY HEALTH CENTRE 6372 2111  
DOCTOR 6372 2111  
BEN LOMOND WATER AND SEWERAGE 13 69 92

FIRE 000  
SES 132 500  
(FLOOD & STORM ONLY)  
AURORA 13 20 04 EMG.

## ACCOMMODATION

ADDLESTONE HOUSE B&B 6372 2783  
19 GRAY RD ST MARYS WWW.ADDLESTONEHOUSE.COM.AU  
FISH-TALES ON THE BAY (BH) 0439 265 362  
(PET FRIENDLY) (AH) 6372 2128

MARITON HOUSE B&B + HORSE RIDING  
1 BRISHTOWN ROAD ST MARYS 6372 2059  
RAINBOW RETREAT (LOT 1 OFF GILLIES ROAD)  
(info@rainbowretreat.com.au) 6372 2168  
SEAVIEW FARM 6372 2341  
ST MARYS HISTORIC HOTEL 6372 2181  
(48 MAIN ST ST MARYS)

## ARTS & CRAFTS

BLUEBERRY COTTAGE 6372 2755  
(ELEPHANT PASS) dave@blueberrycottage.com.au  
GONE RUSTIC STUDIO & GALLERY 6372 2724  
(37 MAIN ST ST MARYS)

## BREAK O'DAY REGIONAL ARTS

(CONTACT ROD CORPE) 6372 2444

## ART SUPPLIES

BIG SHED STUDIOS 0428 725 228  
(24837 TASMAN HIGHWAY ST HELENS)

## AUSTRALIA POST

ST MARYS POST OFFICE 6372 2124  
(MAIN ST ST MARYS)

## BAKERY

ST MARYS BAKERY 6372 2131  
(MAIN ST ST MARYS)

## BANKS

COMMONWEALTH BANK 6372 2268  
(MAIN ST ST MARYS)

## BERRY FARM

BLUEBERRIES SEAVIEW FARM 6372 2341

## BOARDING KENNELS

THE GUMS KENNELS AND CATTERY  
(BRISHTOWN ROAD ST MARYS) 6372 2512  
UPPER SCAMANDER KENNELS AND  
CATTERY (905 UPPER SCAMANDER ROAD) 6372 5157  
WAGABOUTS (0429 170 077) 6376 2131

## BREAK O'DAY COUNCIL

ST HELENS 6376 7900

## BREAK O'DAY BUSINESS

ENTERPRISE CENTRE  
BEC SHOP 1/34 QUAIL ST ST HELENS  
(ADMIN@SMALLBUSINESS.ORG.AU) 6376 2044

## BUS SERVICES

CALOWS BUS SERVICE (ST MARYS) 6372 2476  
(ST HELENS) 6376 2161

## BUTCHER

INSTORE SUPERMARKET 6372 2274

## CABLE LOCATIONS

TELSTRA COPPER NETWORK & UNDER-  
GROUND POWER CABLES ETC.  
MICHAEL SMITH 0408 059 521

## CARERS FOR WILDLIFE TAS INC.

6372 2973 / 0417 017 105

## CARTAGE CONTRACTORS

C & D EXCAVATIONS 6372 2033  
TROTTERS CONTRACTING 6372 2107 6372 2742  
(EXCAVATION, DRAINAGE, & GENERAL CARTAGE)

## CHILD CARE

ST MARYS CHILD CARE CENTRE 6372 2187

## CHURCHES

ANGLICAN CHURCH 6376 1144  
CATHOLIC CHURCH 6372 2252  
UNITING CHURCH 6376 2405  
SALVATION ARMY 6372 2099

## CLOTHING

MAIN STREET CLOTHING 6372 2211

## COMMUNICATIONS

DAVID MORRIS 0402 969 393 6372 2743  
(david@delafiontera.com.au)  
(INSTALLATION & SERVICE TECHNICIAN)

## COMPUTERS

MAINTENANCE & REPAIRS  
RAY WALKER MOB: 0401 497 199

## COMMUNITY CAR

0428 308 622

## CONFECTIONERY

MT ELEPHANT FUDGE (7 STORY ST ST MARYS)  
(PROPRIETOR LIZ DEAN) BUS: 6372 2034 H: 6472 2787.

## DESIGNER - BUILDING

BUILDING DESIGN STUDIO 6372 2000  
(56a MAIN ST ST MARYS)

## ELECTRICIANS

ST HELENS ELECTRICAL 6372 5522  
0407 615 072

## ELECTRICAL & COMPUTERS

GAZZMAN'S BETTA ELECTRICAL (ST HELENS)  
INCL. FURNITURE, BEDS, MANCHESTER FLOOR  
COVERINGS, HOME WARES Fax: 6376 2159  
(gazzmans@bettastores.com.au) 6376 2555

## ELECTRICAL REPAIRS

RANSLEYS HOME APPLIANCES 6372 5307  
(SCAMANDER) 0428 761 811

RICK ENGINEERING (MAIN ST ST MARYS) 6372 2460

## FUNERAL DIRECTORS

HARRIS FUNERALS (ST HELENS) 6376 1153

## GARAGES

CALTEX ST MARYS (MAIN ST ST MARYS) 6372 2335

## GARDEN CENTRE

MANNA FARM 6372 2707  
(45 MAIN ST ST MARYS OPEN THURS/SUN 10 - 4pm)

## GARDENING SERVICES

CLEAN CUT GARDENING 0419 113 836  
ANDREW DAVENPORT ST MARYS 6372 2366

## GIFTS

AVAILABLE IN MANY BUSINESSES

## GLASS REPLACEMENT

EAST COAST GLASS 6372 5361

## GOLF CLUB

ST MARYS SPORTS CENTRE INC 6372 2177

## INSURANCE BROKERS

MCKILLOP INSURANCE (LYN) 0400 984595

## JUSTICES OF THE PEACE

K FAULKNER 6372 2196  
H VELDUMS 6372 2124

## HAIR DRESSER

ANA'S HAIR DRESSING SALON 0448 532 531  
STOREY ST ST MARYS PH:AH 6372 5497

## HEALTH FOODS

PURPLE POSSUM WHOLE FOODS 6372 2655  
(STORY ST ST MARYS)

## HEALTHY HOUSE

(5 PORTLAND COURT ST HELENS) 6376 5242  
(ST MARYS COMMUNITY HEALTH CENTRE) 6372 2850

## HORTICULTURIST

PETER DANE (QUALIFIED HORTICULTURIST) 6372 2686

## HOTEL

ST MARYS HOTEL (MAIN ST ST MARYS) 6372 2181

## JAM (JESUS & ME) M NORTON

6372 2099

## LIBRARY

ST MARYS LIBRARY 6372 2114  
(MAIN ST ST MARYS)

## LINE DANCING

VALLEY COASTERS 63 72 2266  
(SUE FISHER)

## LYMPHOEDEMA CENTRE

ST MARYS LYMPHOEDEMA CENTRE 6272 2900  
(LOCATED AT ST MARYS COMMUNITY HEALTH CENTRE)

## MARRIAGE CELEBRANTS

PETER POWER (peterpowercelebrant@gmail.com)  
0417 017 105

TERESE TANNER 0400 512 845 6372 5745

## MEALS ON WHEELS

0488 384 344

## MECHANICS

MICHAEL AULICH (MECHANICAL & WELDING REPAIR &  
GENERAL STEEL & ALUMINIUM FABRICATION)  
209 BRISHTOWN ROAD MOB: 0417 507 239 6372 2991  
GRANT FAULKNER (CALTEX ST MARYS) 6372 2335

## MUSEUM

CRANKS & TINKERERS (IAN) 0417 648845  
(MAIN ST ST MARYS)

## NEWSAGENCY

ST MARYS NEWSAGENCY 6372 2143  
(STORY ST ST MARYS)

## NEET CENTRE (ST MARYS)

6372 2175

## ONLINE ACCESS CENTRE

ST MARYS ONLINE CENTRE 6372 2005

## OP-SHOP (MAIN ST ST MARYS)

6372 2851

## ORGANIC VEGETABLES

JACK FOREMAN (7 STORY ST ST MARYS) 6372 2034

## PACING CLUB

ERIC BEAN SEC. 6372 2136

## PAINTERS

EAST COAST MOBILE SPRAY PAINT 6372 5571  
(0457 583 099)

MLN ENTERPRISE PAINTING 0439 722 718

## PHARMACY

ST MARYS PHARMACY 6372 2844  
(MAIN ST ST MARYS)

## PLUMBERS

P J & H K CHILD 6372 5378  
R G & R I HARWOOD 6372 2445

## PROOF READER

LEISSA DANE 6372 2686

## REALTORS

SURF COAST REALTY 6372 5321

## RESTAURANTS/CAFES

COACH HOUSE RESTAURANT 6372 2529  
ESCAPE WILDERNESS CAFE 6372 2444  
MT ELEPHANT PANCAKE BARN 6372 2263  
PURPLE POSSUM WHOLE FOODS 6372 2655

## SECONDHAND DEALERS &

## COLLECTABLES

SECONDHAND ROSE (AH) 6372 2267

## SEPTIC TANK CLEANERS

SPLASH ST MARYS 0488 777 713

## SCHOOLS

ST MARYS DISTRICT HIGH SCHOOL 6372 3900  
(GRAY ROAD ST MARYS)

## SUPERMARKET

ST MARYS IGA (MAIN ST ST MARYS) 6372 2240  
BUTCHERY INSTORE 6372 2274

## SURFING SUPPLIES

SCAMANDER BEACH SURF SHOP 6372 5529  
(6 LAGOON ESPLANADE SCAMANDER)  
BAY SURF SHOP (2 PENDRIGH PLACE ST HELENS) 6376 1755

## TELEPHONE, DATA & TV

EAST COAST PHONE & COMMUNICATIONS  
(JOHN HERON) (DIGITAL TV & SET TOP BOXES)  
0409 959 121 6372 2402

DELAFRONTERA (DAVE MORRIS) INSTALLATION &  
SERVICE TECHNICIAN MOB: 0402 969 393 Ph: 6372 2743

## SURVEYORS

EAST COAST SURVEYING (ST HELENS) 6376 1972

## VALLEY VOICE PUBLICATIONS

ACCOUNTS 6372 2328  
ADVERTISING 6372 2155

(judith.spilsbury@telair.com.au)

## WATER CARRIERS

SPLASH ST MARYS 0488 777 713

## WOODWORK GUILD

OLD RAILWAY GOODS SHED (ST MARYS) 6372 2094

WIDE SPAN SHEDS 6372 2724

## YOUTH HOSTEL

SEAVIEW FARM (GERMANTOWN) 6372 2341

## St Marys Sports Centre Inc. news Kackhander.

\* The club played it's third pennant match last weekend against Malahide. There were some close results and two games went extra holes. Jack Viney winning at the 19<sup>th</sup> and Rod McGiveron won on the 21<sup>st</sup> hole. With three other matches being decided at the 17<sup>th</sup> or 18<sup>th</sup>, the 2-5 result was quite close against a strong Malahide side. This week the team takes on Scamander at St Marys and hoping to secure a win.

Thanks to (Team Manager) Macca for his great efforts and to all the members who are making the team a huge benefit to the club. Top stuff.

\* Whilst on congrats, a big thanks to Macca, Roger and Trev who have the course looking an absolute picture at the moment. The Malahide boys really enjoyed playing the course and commended the course genuinely at afternoon tea.

It flies in the face of some non members comments recently that the course isn't really up to scratch. From the outstanding voluntary work (lots of it) by the intrepid crew, this course is continually improving and will be fully utilised...for pennant and an ever increasing number of other events and members. As the old saying goes...

"What doesn't kill you only makes you stronger".




\* Thanks to Diesel and the crew from all who attended the Dinner last Saturday Night. The food, the company and the camaraderie was a highlight as always.

\* So popular have the card nights been that the next one is already in the planning and a date will soon be announced. Watch out for that.

\* To bowls and a reminder to those attending that Sat May 5<sup>th</sup> is set down for the ECBA Annual General Meeting followed by the Dinner afterwards. Those wishing to attend please RSVP as soon as you can to Jim Turner.

\* If enough interest, we hope to run a Pairs Challenge indoor bowls night on Friday May 12<sup>th</sup> at 6.30pm, for soon after start. There will be a team sheet on the board to nominate your pair - prizes and pride on the line. If we could have names up a week prior, we'll do a draw for the first games then. Several other nights to follow.

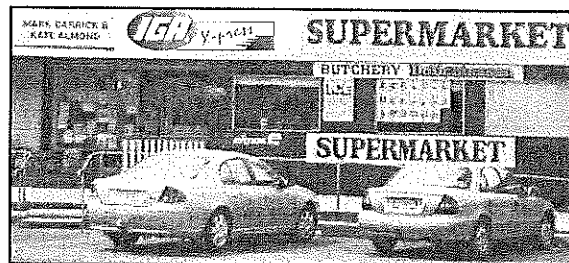
Until next time, good hitting and rolling.

**ST MARYS SPORTS CENTRE INC.**  
**Every Friday—6.30 - 7.30pm**  
**drinks at discounted prices**  
**Ph: 6372 2177**



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 ST MARYS TASMANIA 7215.



**38 Main Street St Marys**  
**Phone/Fax 6372 2240 - Butcher Ph: 6372 2274**  
**Mon - Fri 8am - 6pm**  
**Sat 8am - 12 noon Sun - closed**

### **This week's specials.**

*(available from Thurs 19th April - Wed 25th April)*

#### ***from the butchery***

Porterhouse steak	\$14.99kg
Topside beef roast	\$ 8.99kg
Regular beef mince	\$ 8.99kg
Forequarter lamb chops	\$ 9.99kg
BBQ meat packs	\$ 9.99kg

#### ***from the coolroom & freezer***

Kraft cheese slice singles 410/500g	\$3.99
Meadowlea spread 500g	\$1.99
Yoplait yoghurt 6pk	\$4.99
Yoplait yoghurt 2pk	\$2.99
Barons table chicken Kiev 350g	\$6.49

### **All only \$1.99**

Alberto Balsam shampoo/conditioner 444ml  
 Allens jelly confectionery range 180/200g  
 Black & Gold sliced bread 680g  
 White Wings family fav. cake mix 280/400g  
 White Wings sponge pudding mix 255g  
 Arnotts shapes 160/190g

### **next week's specials**

*(available from Thurs 26th April - Wed 2nd May)*

#### ***from the butchery***

Legs of lamb	\$10.99kg
Lamb BBQ chops	\$ 9.99kg
Gerello roast	\$ 9.99kg
Ingham chicken kebabs 450g	\$ 7.99kg
IGA chicken thigh fillets	\$10.99kg

#### ***from the shelves***

Nanda pasta 500g	.99c
SPC canned fruit 825g	\$2.99
Cold Power Ultra laundry powder 1kg	\$4.99
Safe White toilet tissue 12pk	\$2.69
Nestle Milo 750g	\$7.99

### **Kelloggs breakfasts- all \$2.99ea**

Special K 300g  
 Nutri-Grain 290g  
 Coco Pops 375g  
 Sultana Bran 420g  
 Froot Loops 285g

**ANZAC DAY**  
**25th April.**  
**We will be closed**  
**from 11.00am -**  
**11.30am ONLY.**

**Congratulations to the winner of the  
 GIANT EGG: KATH COOKE.**