



# *The Valley & East Coast Voice*

*Est. 1968*

*Volume 44 No. 22, Thursday April 5, 2012.*

*50 cents*

## **Happy travellers in the highlands**

A mystery bus trip was organised by Fingal Neighbourhood house on Friday 30.3.2012.

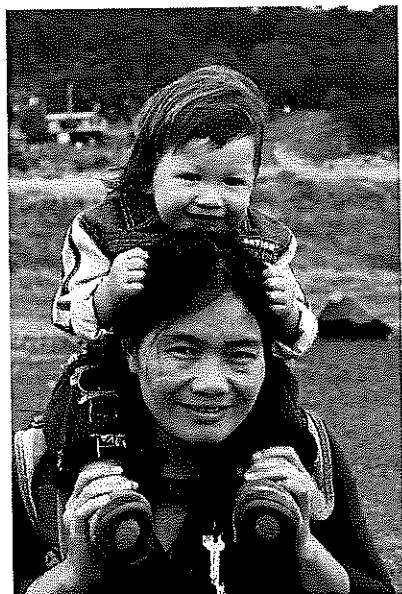
Nine ladies from St Marys and Fingal enjoyed the day out. All had a great time on the bus. Mid morning we visited Waddamana Hydro Station in the Central Highlands, which was opened in early 20th Century. What a delight.

After that we drove onto Miena at the base of The Great Lake and had a beautiful lunch, with a view over the lake. Mike, our driver then drove us up the other side of the lake through Liawenee and Deloraine. Our final stop was at Longford for a little shopping. Thank you Mike and Neighbourhood House for a great day out.

*Photography courtesy Lillian McRostie.*



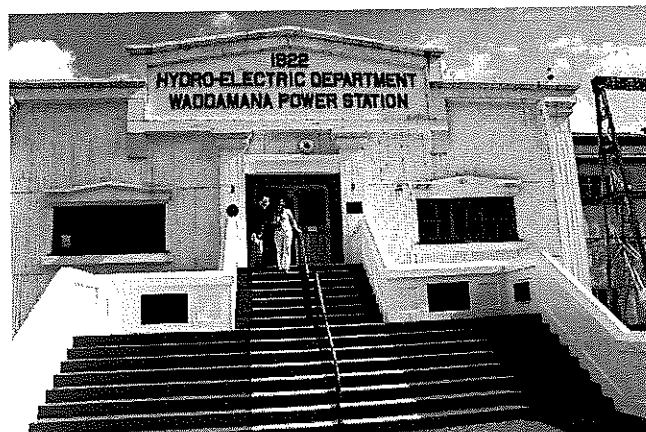
*Happy travellers and their driver.*



*Jun and her son Ping.*



*Jeanette Gilbert and Rosemary Parker.*



*Right: Lillian McRostie and Rosemary Parker at Waddamana.*

**Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday April 17 2012**

**EMAIL ADDRESS: [judith.spilsbury@telair.com.au](mailto:judith.spilsbury@telair.com.au)**

## Community news

**St Marys Hospital Auxiliary** meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

**The Break O'Day Woodcraft Guild Inc.** meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

**The Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

**St Marys Ladies Midweek Tennis** 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

**St Marys PlayGroup** -Interested in continuing to meet weekly at Falmouth Community Centre? Please contact Michelle. **0418 271 315 - 6372 2835**

**St Patricks Head & Esk Valley Historical Society Inc** has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

**The Falmouth Community** centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

**Suncoast Singers** meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome... If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

**Break O'Day Regional Arts** - General meetings held on the first Wednesday of each month at 4.p.m. at the e.ScApe Cafe. All welcome. Inquiries to Rod 6372 2444.

**Cornwall Community Development Group Inc.** meets @ 7pm on the first Tuesday of each month in the Cornwall Hall. All interested persons are invited to attend. Wendy Dawson (secretary) 6372 2722.

**St Helens Alcoholics Anonymous (AA)** Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch 6376 3335.

**St Helens Al-Anon Family Group (Al Anon)** To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly. St Pauls Anglican Church Hall St Helens Anne or John 6376 4270 or Rose 6376 3335.

**St Marys Alcoholics Anonymous (AA)** Friday 8pm Weekly. Holy Trinity. Mick & Shirl: 6372 2909.

**The Break O' Day Stitchers** meets each Friday in the Bungalow at Neighbourhood House in St Helens from 10 a.m. to 3 p.m. and participants are welcome to stay for as long or short a time as they may choose. The choice of projects to work on is also optional - either to bring your own work or join in and assist on a group project.

**Scamander Garden Club** meets at Scamander Sports Complex at 1.30pm on the third Monday of each month. Enjoy sharing garden activities. Contact Val: 6372 2762.

stitchdupmama is my secret,  
it is the rebellious subversive side  
of my character.

It would surprise people who know me  
or think they know me.

Soon my town will find out that  
stitchedupmama is a resident.

They will see her artistry in  
unexpected places.

Things will never be the same again.

[www.stitchedupmama.wordpress.com]

### Free Pap Smear and Sexual Health Clinic

The fabulous Lisa from  
Family Planning Tasmania is  
making another visit to Break O'Day.

At the Healthy House on

Wednesday the 9th,

Thursday the 10th and Friday the 11th of  
May 2012.

Appointment needed.

Contact the Healthy House on 63765242

or

Come into 5 Portland Court St Helens  
Don't delay, appointments go fast !!



**SHOP LOCALLY AND SAVE**

St Marys Police Phone Number 6372 1010  
Non Urgent Number 131 444  
Urgent and Life threatening 000  
SES (Flood & storm only) 132 500  
Fire 000



## Classifieds

### For sale

**Grass Hay**, heavy bales, shedded, \$5 per bale.  
**Ph: Ross 0401 870 316.**

**NEW HAMPSHIRE Hens** 2 x 1st year, 4 x P.O.L.  
Have some other breeds as well, please call for details  
**CRAIG: 0408 121 085.**

### Building Materials going cheap....

2 windows, quantity pavers, second-hand corr iron, paints, gyprock products, other new products, sisalation, down-pipes, hardiplank lining strips, rolls dampcourse. Lawn mower and lawn edger too. Also crosscut saw blades for decoration. **Ph: 0428 193 639 or 6374 2327.**

**Saxon Blackwood inbuilt wood heater.** V.G.C.. \$500.  
**Ph: 6372 2552.**

**Metal lathes.** 1 small 750mm bed Rexman . \$600.  
1 large 1470mm bed Fischer. \$1400. Plus some extras.  
**Ph: 6372 2107 for more details.**

**Four 8 week old kittens**, wormed and healthy.  
**Ph: 6372 2107.**

**5 lengths of timber lattice**, 174cm x 84cm. \$12 each or \$50 the lot. **2 fishing rods with reels.** Lure casters. \$20 each. **6 tanned skins.** 1 calf, 1 large roo, 1 goat 1 fox. Good frogs etc. \$60 the lot. **Ph: Pete 6372 2398.**

**Power converter.** 240v down to 12 v DC. Short circuit, overload and over volt protected. \$20. **Ph: 6372 5541.**

**2 male guinea pigs** in brand new hutch (purchased from Tucker Box Laun.) \$90. **Ph: 6372 2884.**

**Ducks for sale.** \$8 each. **Ph: 6372 2380.**

**4 burner BBQ** with rotisserie and hood, on wooden trolley. \$150. Petrol generator (used for camping) \$70. **3 room Colman tent.** Used twice. \$250. **2 Colman camp beds** in bags, singles. \$25 each. **Older style buffet**, 2 glass doors, mirror back, 3 drawers. \$40. **2 white 3 drawer bedside cabinets** with pink trim. \$15 each. **Ph: 0478 605 778. Fingal.**

**Wheat for sale.** 20kg bags, \$10. 20kg bags crushed, \$15. **Contact Jason: 0419 514 947.**

**4.3mtr Aulm boat.** 14hp Suzuki, fish finder, oars, anchor. Reg. 15/10/12 Dumbier trailer. \$2000. ono. **Ph: 0407 722 884.**

**2 chipboard bookshelves**, in good condition. \$15 each. **Kawai electric organ.** Comes with stool plus some music books. \$60. **1 Electric singer sewing machine.** Offers? **Ph: 6372 2100.**

**1989 Mazda 626 (shades).** Needs work. \$600. ono. **Ph: 6372 2430.**

Orders taken for **Sheep Poo-** for the Scouts \$4 a bag. **0412 803 027.**

**FOR SALE...**2003 Kia Rio. Manual...60,000ks. Excellent condition... \$6,500. **Ph: 6376 2969.**

**FOR SALE...**2000 Kia Carnival. Manual 7 seater... 114,000ks. Excellent condition \$6,900. **Ph: 6376 2969.**

### WANTED

#### Filing cabinet

3 or four drawer, metal, good condition.  
**(Ph: 0417 027 424)**

### WANTED TO BUY

WORKSHOP WORK BENCH  
STEEL OR TIMBER.  
**PH: 0407 944 158**

**"Moo-Poo".** Finely screened. Any quantity. See Norm.  
**Ph: 6372 2380.**

**Frozen blueberries** - \$11 kilo **Phone 6372 2341.**

**Garden mulch.** Large square bales of straw.  
Free delivery in St Marys area.  
**Ph: Mark or Alana: 63722145.**

**Small square bales of garden mulch \$5.**  
**Small bales of grass & clover hay. \$5. (undercover)**  
**Garden mulch**, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.  
**Ph: 0407 944 158.**  
**Tractor slashing available. Ph: 0407 944 158.**

**Remedial Massage and Naturopathy**  
ring Sue Christiansen for an appointment.  
**0418 515 419**

### Mt Elephant Pancakes

Would like to wish their  
valued customers a  
Happy and Safe Easter,  
and would like to remind  
everyone that we will  
open for special  
after-hour group  
bookings over the winter months.  
**Ph: (03) 6372 2263.**



Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

## Tasmania Valleys of Adventure

### GREATER ESK TOURISM

GET TOURISM ... meets the second Monday of each month unless otherwise notified.  
**WHERE:** Fingal Valley Neighbourhood House  
**TIME:** 7PM  
 All WELCOME.

*Enquiries to the president on 63722783.  
 Please note...*

April meeting - Monday 16 April  
 (changed due to Easter holiday)

## Bicheno Indoor Market

**When:** every last Sunday of the month

**Where:** Bicheno War Memorial Hall  
 9am - 1pm

*Hot Foods - come and enjoy breakfast,  
 morning tea or lunch.*

### Variety of Stalls

More stall space available:  
 Contact David Logie: ph. 6375 1129.



## Sunday Market

*Happening :*

*At the Old Tasmanian Hotel*

**On the third Sunday of the Month**

*Please ph 6374 2344 or mobile 0488 562 538*

*to book your table/trestle  
 Needed: fruit & veggie stall holders*



## Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.



## St Marys Market

Rain hail or shine the markets will be held on the 1<sup>st</sup> Saturday every month in the community hall. 9am start.

New stall holders welcome.

Phone Robina 03 6372 2022 or Sue 03 6372 2512

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

## ANZAC DAY SERVICES

The St Marys Memorial Services Association will be conducting its traditional 6am and 11am Services at the St Marys Cenotaph.

All ex- service personnel, their families and friends and the residents of St Marys are invited to attend.

A Gunfire Breakfast after the 6am service will be available in the hall, a gold coin donation would be appreciated to help cover costs.

If you would like to lay a wreath, please contact Reon or Wendy on 6372 2094.

## Lest We Forget

## SCAMANDER GARDEN CLUB

Meeting on Monday April 16 has been moved to "Surf Side", Beaumaris at 11:30am to celebrate our 38th birthday, instead of the Sports Complex. Bring your best fern for good competition prizes.

Val Spencer, Secretary.

## THANK YOU

Many thanks to the fire and police dept's for their prompt response and assistance to the fire at my home.

And to all my friends and neighbours for their help.

Gary King.

## Return thanks

*STUART - NAN*

*Dot, Bobby, Heather, Richard and Raymond and families have been overwhelmed by messages of condolences, phone calls, cards, flowers and cooking at the time of Nan's passing.*

*Extra special thanks to the St Marys Golf and Bowls Club for their catering and support.*

*Thanks to everyone who attended Mum's funeral. She would have been humbled by her huge send off. We are all appreciative of your caring and kind thoughts.*



## ***A LITTLE BIT OF HISTORY RETRIEVED***

With the proposed new coalmine hoping to open up in the old Valley Coalmine near Fingal, the chances are they will find a number of artefacts left behind by the miners of yesteryear.

This happened quite recently when miners re-entered the old Kitten mine, which was part of Ray Yates's Cat mine. Both mines, which are adjacent to the Duncan mine, were purchased by Cornwall Coal Co in the early 1960s and have since been part of the Duncan operation.

The main artefacts found in the Kitten were an old transformer, thought to be one of the first used in coalmining when electricity was introduced in the 1930s, and an old wooden skip. The skip is significant because it is unique in its design and style.

Unlike the skips found in mines like Cornwall, Mt Nicholas and Jubilee, where they were emptied by a tippler, this one has a front opening gate and would have been emptied by the miner manually, end for ending the skip.

One of the most common artefacts found in old coalmines are the old type long neck beer bottles. Someone once make comment that the old miners most have been heavy drinkers to leave so many empty bottles lying around. The truth was, however, although most of the miners liked a beer or two, they only drank at home and would use their empty bottles to carry their favourite drink of cold tea to work next day.

Whilst the beer bottles will remain buried underground, the miners at Duncan saw the historical significance in the old skip and transformer and brought them to the surface, where Tony Cosier, Duncan Mine Manager, was kind enough to donated them to the St Patricks Head & Esk Valley Historical Society.

What we do with these little pieces of mining history is unclear at the moment. But, hopefully, sometime soon another museum will be re-established in the Valley and the artefacts, along with their history, can be displayed for all to see.

**Jim Haas**



**Transformer & Skip  
Retrieved from the old Kitten Coalmine**

**EAST COAST SURVEYING**  
Consulting surveyors and land planners.  
**Brett Woolcott 6376 1972**  
**We can help you.**

- ☐ Buying a property?
- ☐ Planning a development?
- ☐ Unsure of your property potential
- ☐ In dispute with an adjoining owner?



**Dick Adams MP**  
Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road	58A High Street
PO Box 50	PO Box 271
Perth, Tas 7300	New Norfolk Tas 7140
Ph 6398 1115	Ph 6261 3366

Toll free 1300 132 689  
Email [D.Adams.MP@aph.gov.au](mailto:D.Adams.MP@aph.gov.au)



**WORKING WITH YOU FOR A  
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

**Letter to the Editor**  
Vol. 44 No 22, April 5, 2012

Letter to the editor

The criticisms of Forestry Tasmania by Frank Giles (VV 22 March 2012) cannot go unchallenged, for fear the untruths he writes about taxpayer subsidisation finds another gullible reader.

Forestry Tasmania is not subsidised.

The Auditor General recently found that Tasmania is \$111m a year better off with FT than it would be without it.

He also found FT has made \$201 million in profits since corporatisation, paid \$99m in government taxes and dividends, and invested \$414m in plantations, including \$211m paid by government in compensation for the loss of resource as a result of the TCFA.

Mr Giles much more correctly observes the forestry industry is subject to change. However, he dismisses the part played by conservation groups in damaging Tasmania's branch in overseas markets, particularly Japan. What else is the explanation of the market for woodchips from other exporting states remaining buoyant?

He applauds moves towards innovative engineered timber products like laminated structural timbers, but ignores the fact that these were outlined in Forestry Tasmania's Innovations Plan, released last year. The plan also includes the production of appearance grade peeled veneers, development of a wood pellet plant for domestic heating and biomass for energy production.

The plan was produced recognising there's likely to be reduced availability of resource from native forests, but there is still some years before plantations are able to meet close demand for solid timber.

Jamie Haas.

**WHEN I SAY I'M BROKE - I'M BROKE... Pay attention !!!**

A little old lady answered a knock on the door one day, to be confronted by a well-dressed young man carrying a vacuum cleaner.

"Good morning," said the young man. "If I could take a couple minutes of your time, I would like to demonstrate the very latest in high-powered vacuum cleaners."

"Go away!" said the old lady. "I'm broke and haven't got any money!" and she proceeded to close the door.

Quick as a flash, the young man wedged his foot in the door and pushed it wide open... "Don't be too hasty!" he said, "not until you have at least seen my demonstration." And with that, he emptied a bucket of horse manure onto her hallway carpet. "Now, if this vacuum cleaner does not remove all traces of this horse manure from your carpet, madam, I will personally eat the remainder."

The old lady stepped back and said, "Well you just stay right there while I get you a fork, 'cause they cut off my electricity this morning."

**"The handle on your recliner does not qualify as an exercise machine."**



**ANA'S  
HAIRDRESSING SALON**  
BEHIND PURPLE POSSUM  
STORY STREET, ST MARYS.

OPEN EVERY TUESDAY & WEDNESDAY  
9AM

**BRINGING 22 YEARS EXPERIENCE.  
PROVIDING CUTS, COLOURS, PERMS, S/SETS.**

PHONE: 0448 532 531  
ON TUESDAYS & WEDNESDAYS, OR JUST CALL IN.  
OR PHONE 6372 5497 TO PRE-BOOK.

**PROVIDING A SERVICE  
TO THE COMMUNITY.**

**LOOK OUT FOR US IN A NEW LOCATION,  
HAPPENING SOON ON MAIN STREET.**

**WE WILL HAVE THE SAME PHONE NUMBERS AND  
CONTACTS, AND ALL THE SAME SERVICES**

**HAPPY EASTER HOLIDAYS TO ALL**

**WE WILL BE CLOSED THROUGHOUT THE SCHOOL  
HOLIDAYS. SORRY FOR ANY INCONVENIENCE.**

**Strawberry Jelly**

Over 30 different flavours of  
**SOAP** only \$2 each.  
**Nag Champa**  
**INCENSE** only \$2 each

also  
WISHBEADS  
PRAYER FLAGS  
OM STICKERS  
TI-LITE CANDLES

**ALL AVAILABLE  
EXCLUSIVELY AT  
MAIN STREET CLOTHING**

**\* SEE KELLY  
AT  
ST MARYS MARKET  
THIS SATURDAY  
FOR ALL YOUR SPECIAL  
ORDERING NEEDS. ☺**

## **The Say** Cagerattler

After watching some of the news coming out of the recent Queensland elections I began wondering how realistic a vast majority of 70 seats could be in any parliament, especially given that Queensland doesn't use a house of review as mentioned in the coverage. Despite the best intentions of the new Premier you'd have to have concerns about the agenda of legislation that can virtually automatically be passed into law.

Hopefully a commonsense approach will take place over the years until some semblance of a viable opposition occurs again there.

Regardless of your political affinity an effective Opposition or at least a strong ,fair House of Review is a necessity... even in a democracy like ours.

In Federal Politics this is crucial in fact. I'm not convinced either on a Government where independents like at present in Canberra, have such a huge say in the House of Reps and Senate. On a few issues already the absolute need for the support of these Independent members is intriguing to say the least. In a perfect world perhaps a small to moderate majority would be good to allow effective, stable government.

On really contentious issues a reasonable chance of balanced debate and the use more often than now for a Conscious Vote would happen regularly, which in turn would reflect an overall more representative outcome.

Then you return to the real world and voting on Party lines almost always is the main thing, so to have the numbers or to "convince" the balance of power parliamentarians to vote your way, is what happens exclusively. Then it's off to the senate to ascend into law or be repealed from law.

Politics is a subject we all need to take an interest in, because our whole life depends and is affected by it. When it comes to polling days it is very important that we bear in mind the need to not allow any party huge majorities and that real opposition is in place in a workable format..That'd be better for all.

I'd like to thank the respondent to my RFA article a few issues back. Whilst I don't agree necessarily on much of the content, I appreciate that his obvious passion on the subject was evident and that he took the time to express his views. This is what the column is meant to do, get people to engage on issues that confront and affect us all. I wish more people would take a leaf out of Mr. Gile's book and not just comment personally to me about the subject matter. Thanks again.

What do you think ?

(Column by Rodney McGiveron)

### **TO THE VALLEY VOICE**

If you did not pay a visit to the fair held at the St Marys Community Health Centre on Friday evening, the 30th of April, you missed out on a fantastic, enjoyable and very relaxing atmosphere. To all involved, thank you for a pleasant evening, and you should all feel proud. Kim Watkins.

## **EAST COAST AND FINGAL VALLEY JUNIOR FOOTBALL ASSOCIATION**

### **AUSKICK**

**THE NEXT GAME  
WILL BE HELD ON  
SUNDAY, APRIL 22, 2012**

**AT 10.30AM  
AT THE ST MARYS  
RECREATION GROUND.  
ALL NEW PLAYERS  
WELCOME.  
CANTEEN OPEN.**

**PH: FIONA -6372 2088.**

## **Elaine and the team at Purple Possum wish all our friends and customers a happy, safe and most enjoyable Easter break!**

We'll be taking some days off ourselves while we can  
- it's been a busy year and Easter is always a quiet  
time for us.

But please note that Purple Possum will be open  
Easter Saturday from 9 am until 4pm - so all our  
regulars won't miss out on their coffee, tea, scones,  
soups, brunches or lunches! See you then, or when we  
re-open on Tuesday 10 April!

## **Purple Possum Wholefoods & Café**

**5 Story Street St Marys. Phone 6372 2655.**

**• Open Easter Saturday. • Closed Good Friday, Easter  
Sunday and Monday.**

# **Book launch at e.ScApe Wilderness Gallery & Cafe.**

A small taste of St Marys history is gaining plenty of attention as 'Inside my Skin' is officially launched into the world of books.

An autobiographical book by Susan Lucas was warmly embraced by the nice sized gathering of thirty plus at e.ScApe Café, St Marys, Wednesday 21 March.

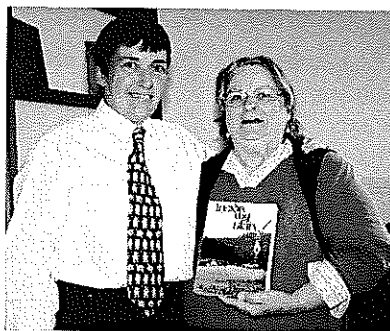
In his first class manner, Rod Corfe decoratively displayed a table of delicious finger food and ensured all glasses were charged. With her professional style Marita Mangano's voice welcomed the filling room of people with song, being joined by accomplished musicians Rita and Ian Summers.

Adding a dash of jaw dropping surprise to the evening, Susan's friends, Sheila and Peter just popped over from Brisbane for the occasion of 'Inside my Skin's' launch.

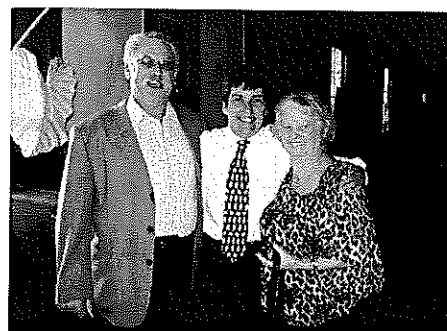
Staying within the book launch theme of 'beer & yarn' a few beers were had, yarnng was heard humming, and laughter was alive, bringing the room to life.

Those who dared to step inside e.ScApe were easily consumed in the merriment.

*Photos: Margit Salonen, Janet Drummond*



*Susan Lucas & Barbara McAllister.*



*Just slipping over from Brisbane were Peter & Sheila.*



*Col, Kim & Rod.*



*Susan & Margit Salonen.*



*Wendy Fowler & Wendy Brennan.*



*Evelyn McGee & Hannah Rubenach.*



*Some of the guests.*



*Peter, Sheila & Rod.*



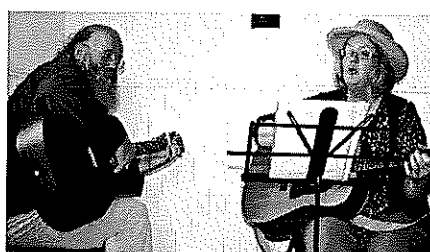
*Susan, Evelyn & Cassie.*



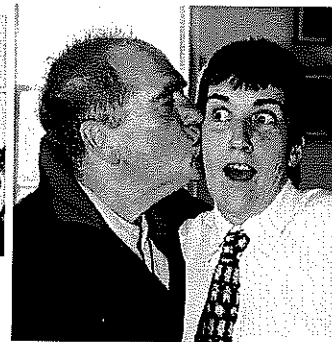
*Grant Faulkner.*



*Susan's presentation.*



*Ian & Rita Summers.*



*Neil Capill & Susan.  
Who is that lipped man?*



*Far left: Bob & Col.*



*Left: Ian Summers  
&  
Marita Mangano.*

## OUT OF THE WOODWORK

Wendy Brennan, Secretary 6372 2094

Well the tents have been ordered, the musos practicing, and all is gradually coming together for our Annual Open Day Fair. We hope that we will see you there. Old favorites will be back as well as some newcomers to keep you entertained.

The "Amazing Aston" will get you practicing until your juggling skills meets a respectable standard. Susanne Boughton from Bay of Fires Apiaries will be available to answer any questions concerning the art of bee-keeping or any of her organic honey products.

Jacinta and Maddie who produce beautiful hand loomed scarves will again grace us with their attendance, also Heather from Madd Mudd whose eclectic mix of felting and ceramics is a delight to the eye. Judy Duckett from Bagdad Quilting Supplies will only be too happy to advise you of your needs and Rita Summers will be displaying her beautiful quilt work.

Maggie Fletcher, who needs no formal introduction as her work is renowned, will be back to woo the crowds with her beautiful art work and collectables. Stay tuned for the next out of the woodwork for more information on our clever exhibitors and artisans.

Please keep a lookout for our trusty ticket seller Lorraine Gill and purchase one of our raffle tickets. Monies raised are put back into our club. All our prizes are made by the Guild members and this year they are (as pictured, right) 1 garden seat, 2 wheelbarrows, 2 plant tubs. As previously, first ticket drawn on the day has first choice. Second ticket drawn has the choice of remaining two items. Final ticket will receive the last item not chosen.

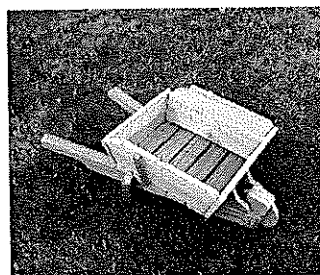
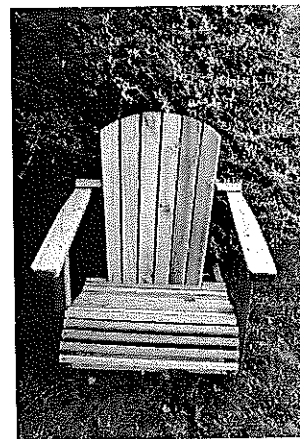
### **Guild's Open Day Fair will be held on the 21<sup>st</sup> April Hope to see you there!**

The Guild meets on the last Saturday of every month at 2pm in the old railway goods shed situated behind the Railway Station complex. New members are always welcome. We are open Monday, Wednesday and Friday. Other times by appointment.

**A supportive environment where  
traditional woodcraft skills are  
taught.**



*Woodcraft Guild's shop.*



Pictured above: Raffle prizes.  
Pictured right: The answer to  
our previous quiz...who was  
this dapper man who rides a  
push bike?

Answer...The one and only  
**Pat Wells!**



*St Marys Sports Centre Inc*

*Presents...*

**THE ANNUAL  
SWISH & FISH GOLF DAY**

**GOOD FRIDAY - 2PM**

**3 PERSON AMBROSE  
OVER 9 HOLES  
FOLLOWED BY A FISH MEAL**

**COST:**

**GOLF - \$4.00**

**MEAL - \$8.00**

**THE LOT - \$12.00**

**COME ALONG FOR A GREAT DAY.**

## St Patrick's Day Garden Party

Mariton House, in St Marys, was the venue for a "St Patrick's Day" Garden Party, hosted by owner and proprietor, Diana Foster.

A gathering of about 40-50 people were provided with a beautiful buffet lunch, along with some delightful platters from guests, all of which was enjoyed in the lovely gardens.

Most of the guests were dressed in costume which made it all the more interesting.

After lunch Ian and Rita Summers entertained the guests with guitar and singing, which was enjoyed by all in the autumn sunshine.

*Photography by Lillian McRostie.*



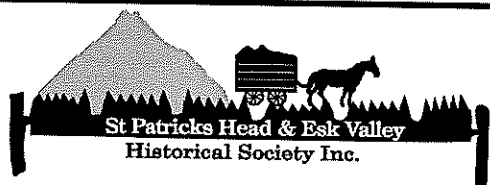
*Wendy Brennan and Zac Bond.*



*Rosemary Parker and Reon Johns.*



*Diana Foster and Marguerite McWatters.*



[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

*Next Walk & Field Day  
is scheduled for Sunday  
the 15th April 2012.*

This time we plan to walk around the township of Fingal, viewing and talking about the history of the old buildings, some of which date back to the 1840s.

Meeting place will be at the Neighbourhood House (Old Tasmanian Hotel) at 10:30am.

Please bring a BYO lunch to enjoy on the banks of the South Esk River.

For more information phone:  
Barry 6372 5752 or Henry 6372 5464



*Ian and Rita Summers.*

## ST MARYS BAKERY

PH: 6372 2131

OPEN 7 DAYS A WEEK



**FRESH BREAD, ROLLS & BUNS,  
PIES, PASTIES, CAKES, HOT FOOD,  
COFFEE,  
COLD DRINKS,  
ICE CREAM.**

**52 MAIN ST ST MARYS.**

**OUR GANG**  
INVITES YOU TO  
**THE WOODCRAFT GUILD**  
**OPEN DAY**

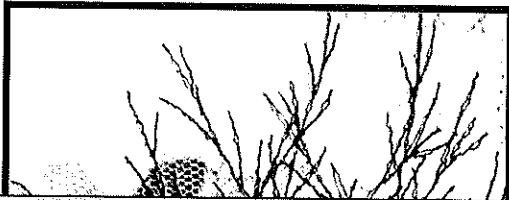
**ON THE 21 APRIL, 2012**

**AT THE OLD RAILWAY GOODS SHED ST MARYS**

**Starting at 10 a.m**



Arts & Crafts, Markets, Music by Ted & Paul,  
Working exhibits, Barrel Making, Psychic Victor Tracey,  
Reptile Rescue, Children's Clown, Food Stalls and Much More  
**FREE ENTRY**



**TEXTILE ART COMPETITION  
CAR SHOW AND MORE**  
FOR BROCHURE AND ENTRY FORM  
03 6372 2724 or [gonerustic@yahoo.com.au](mailto:gonerustic@yahoo.com.au)

## WRAPPED IN ST MARYS

**2 & 3 JUNE 2012**



**DEADLINE FOR ENTRIES  
4 pm 18 May 2012**

### WRAP a power pole – categories:

- *textile art* (\$300 + certificate)
- *theme - 'power play'* (\$200 + certificate)
- *group* (\$200 + certificate)
- *junior* (\$150 + certificate)

An initiative of Greater Esk  
Tourism and Events Tasmania



St Marys Market - Easter Saturday

7th April - 9am start

RAIN, HAIL or SHINE

Community Hall, St Marys

For more information or to book a  
stall phone Robina 6372 2022

Community groups get free space  
For fund raiser, information or raffle.

### *Tasmanian Regional Arts Events*

April 14th "East meets West" St Marys Community Hall 7.30pm start

October "Australian Chamber Orchestra Youth Section"

Concert venue Portland Hall St Helens, workshop St Marys School

October "Terrapin Puppet Theatre Presents BOATS" St Marys Hall

### *Tasmanian Regional Arts Touring Exhibitions*

May "N.S.W. Quilts" @ GONE RUSTIC

June "Extreme Environment Photographic Exhibition @ e.ScApe cafe

July "Material Girl" @ GONE RUSTIC

September "Wickham and all its Glory" by Bridget Levy @ e.ScApe

November "Side by Side Photographic Exhibition" @ e.ScApe cafe

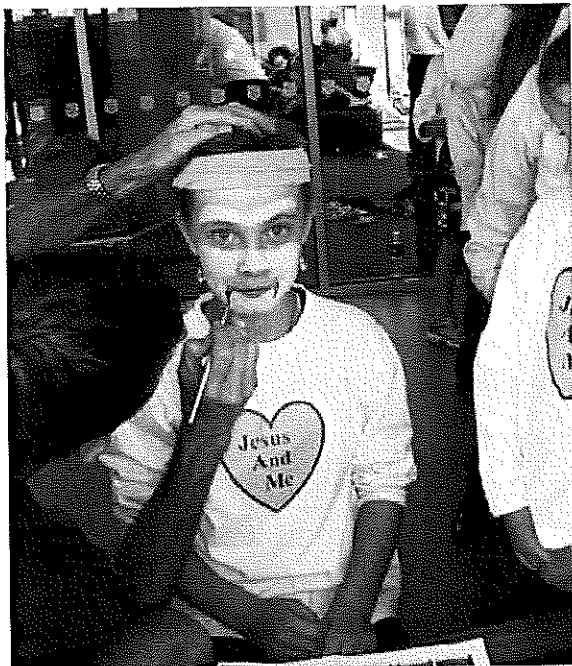
### JAMmers on another bus trip!

JAM (Jesus And Me) recently enjoyed its 6th big bus trip to Launceston for a concert, to watch and join in with the singing group called **SNACK**.

We had the most wonderful day - a concert, lots of singing and dancing, face-painting, jumping castle, BIG toys and a picnic on the way home!

We love our trips away together.

Melanie.



## THE SALVATION ARMY RED SHIELD APPEAL



will be happening  
for this year 2012,  
on the weekend of  
May 19 and 20.



We would be most appreciative  
of any extra help in  
doorknocking in St Marys  
and surrounding districts.

If you are willing and able to  
help, please contact

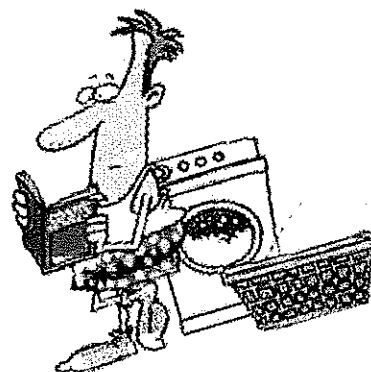
Envoy Mel Norton

on 0409 838 816 or 6372 2099

### CLEAN CRACK LAUNDROMAT

32 MAIN ST., ST MARYS  
(NEXT TO SECONDHAND ROSE)

Coin operated washers & driers



**OPEN FOR BUSINESS**

Summer trading hours:  
7am - 7.30pm



Lachie MacKenzie gets the **Gold** in Hobart.

her strength in the butterfly top 8. All the squad swam very competitive times, with Saree, Lily and Bailey only just missing out on a top 8 patch in their age groups and showing a good set of heels to the other swimmer's in their heats.

"It was great- the pool there is SO BIG- it was a bit scary. We haven't had much time in a big pool - we have spent the winter in the little pool at the Bayside Inn- (thanks to the Bayside people) so none of us really knew we were very fast, we don't really take it too seriously- Carol is just fun,' said one of the squad.

Swimming in the area has never looked so strong.

Thanks go to Carol and Dave for their support of the swimmers and their families and all the hard work they have done together to get there.

To join the squad, or learn to swim for adults or children and water awareness for babies, please call Carol on 0447 241 233.

*Article & photo supplied.*

## LOCAL SWIMMERS GO STATEWIDE!


Local swimmers from Carols Swim School at St Helens and St Marys made a big splash last weekend at the Hobart Aquatic Centre. Lachlan and Chelsea Mackenzie, Chloe and Maddy McCann, Saree Salter, Lily Fischer, and Bailey Barnes did their coach Carol Bennett proud by having a go at a State-wide swim meet.

"I'm really impressed with all of my swimmers - they did a really great job - I'm so proud of them all", said Carol.

Not only did they gain some valuable competition experience, but they clocked some great times and came away with some medals and rankings.

Lachlan Mackenzie from Bicheno came away with the Gold MEDAL in the Boys freestyle (WOW!) and Madeleine McCann came in the top 8 for backstroke, Breast-stroke and freestyle, and Chloe McCann showed

**ST MARYS NEWSAGENCY**  
Phone: 6372 2143




**Open 7 days a week for your convenience.**  
Winter trading hours  
6am - 6pm Mon to Thurs      Fri 6am - 7pm

CALOWS BUS DEPOT	AURORA PAYG
PRE-PAID MOBILES	PHONE CARDS
DVDs	FISHING GEAR - ICE

## Easter opening Hours

**Good Friday 8am - 10am**  
**Easter Saturday 7am - 6pm**  
**Easter Sunday 7am - 6pm**  
**Easter Monday 7am - 6pm**  
**Happy Easter to all**





## Bow Wow Dog Training

Group Lessons

Sunday Mornings @ St Marys

Private Lessons - by arrangement

Enquiries / Bookings

call Michael **PH: (03) 6372 2056**

## **Would you like to own a well behaved dog?**

Bow Wow Dog Training offers training and handling education to persons of any age and to dogs of any breed

Puppy Training -

from 8 weeks to 5 or 6mths

Basic Training - caters for dogs over 5mths. All training at this level is done on lead and covers

basic facets of general training

Intermediate & Advanced Training -

designed to further the standard of

previously achieved training and

off lead work

Agility & Flyball work also available

Trainer has 30 years experience - previously from Victoria and believes that training should be fun for you and your dog. Advice available for behavioural problems



Huge  
5<sup>th</sup> Birthday Sale.

9 - 3

Saturday  
the 7<sup>th</sup> of April.

Huge Savings



Store wide.



## The St Helens Sea Scouts get sailing on the Bay!

If you were wondering what all the activity along St Helens Point road was about on the weekend, the St Helens Sea Scouts hosted the state wide 'Mariners Trophy' – an annual Seamanship Competition.

Scouts with their parents and leaders visited and camped at St Helens from around the state to learn and demonstrate their sailing and watercraft skills. These included knots and splicing, anchoring and 'Man Overboard' drills, first aid at sea, reading navigational charts, ship's bell, piping and constructing wind speed and direction indicators.

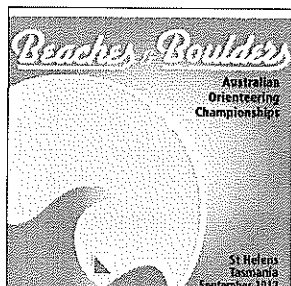
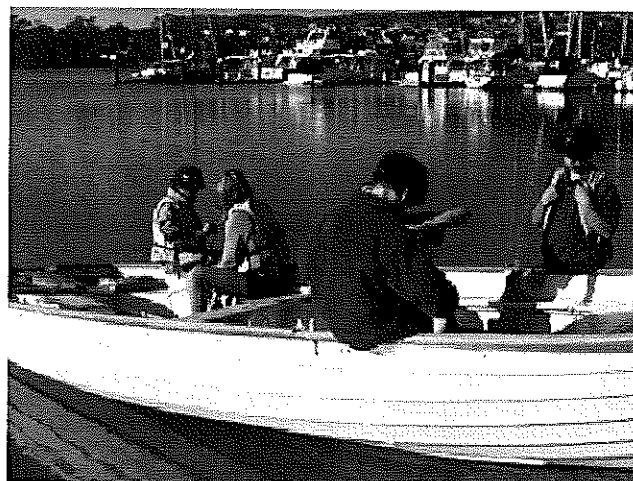
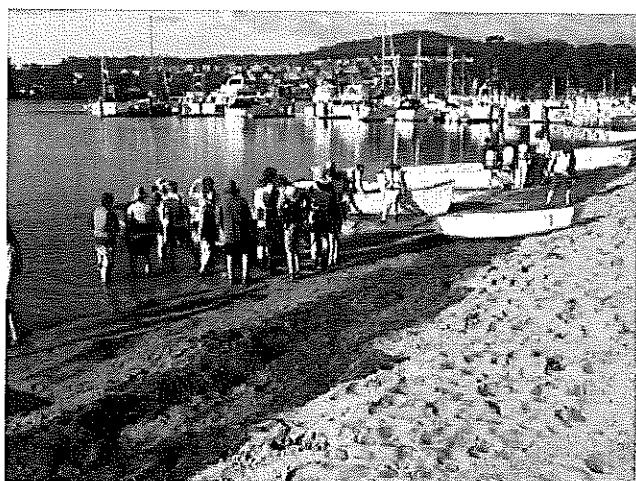
Experienced and novice crews rowed, sailed and navigated their way around Georges Bay in perfect, autumn conditions. An invaluable experience was an intentional capsize and rescue- a great thing to learn in training.

The confidence and maturity of these young people – both boys and girls was inspirational. Every participant enjoyed themselves and enjoyed working together in the spirit of competition. The Scouting method is known as 'learning by doing' and 'having fun at the same time.'

The prize for Coxswain went to Claire from 1<sup>st</sup> Tamar- beating all other participants with a stunning display of knowledge and skills in all aspects of sailing and navigation. The team from Clarence (eastern shore) won the overall 'Mariners Trophy' once all the points were tallied up.

Scouts learn skills for life but most of all they HAVE FUN.

For further information on joining either Scouts (11–14yrs) or Cubs (7–10yrs), please call Jane on 0412 803 027 or Colin on 0408 274 812.



## Major Orienteering Carnival for Tasmania's East Coast September 2012.

A major orienteering event hosted by Orienteering Tasmania Inc. which will be held on the East Coast in September this year. The 9 day carnival will be based from St Helens and runs from Saturday 22 September to Sunday 30 September April 2012.

Watch out for more details at a later date.

# Main Street Clothing

Introducing...

## Pierre Cardin Luggage

Beautiful

Lightweight, strong and durable

Heavy duty ball bearing 360 degree wheels

Great choice of styles & colours

**PAY MUCH LESS THAN TOWN PRICES**

ORDERS TAKEN ON MANY STYLES

WINTER CLOTHING ARRIVING DAILY

NEW SEASON **MKM Possum/Merino**  
WEAR

HAS ARRIVED

**EXCLUSIVE STOCKISTS** to the East Coast of TASMANIA

GREAT NEW STYLES AND COLOURS

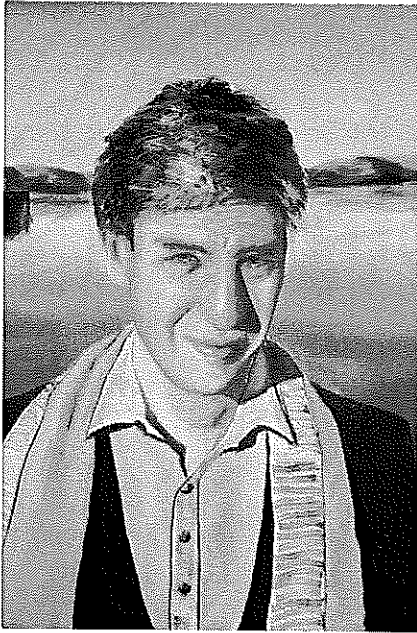
Be quick as these run out the door!

**PILGRIM Men's Moleskins**

great range of sizes

**AS ALWAYS - LAYBY WELCOME**

generous terms apply

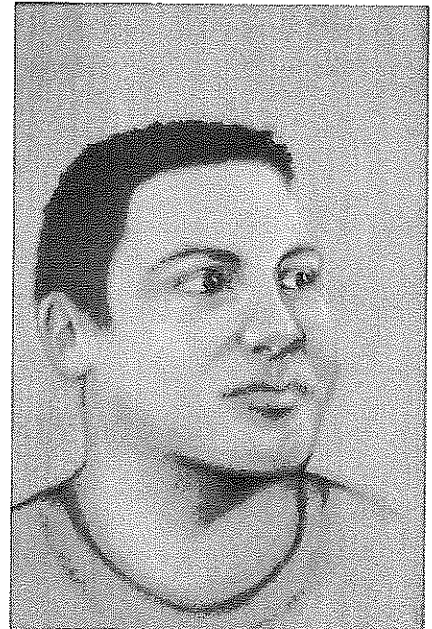
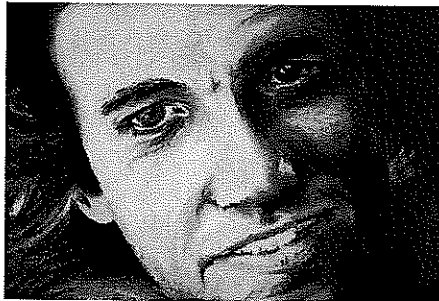
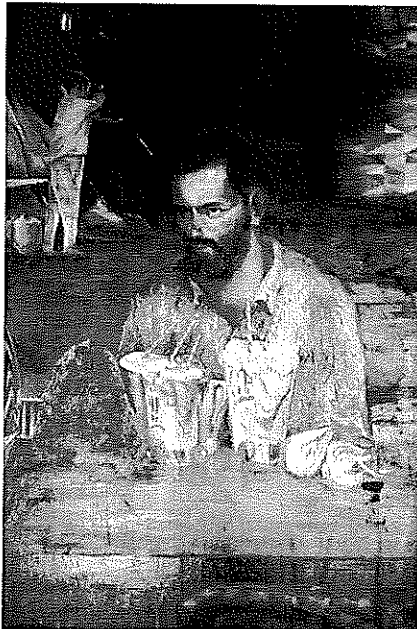
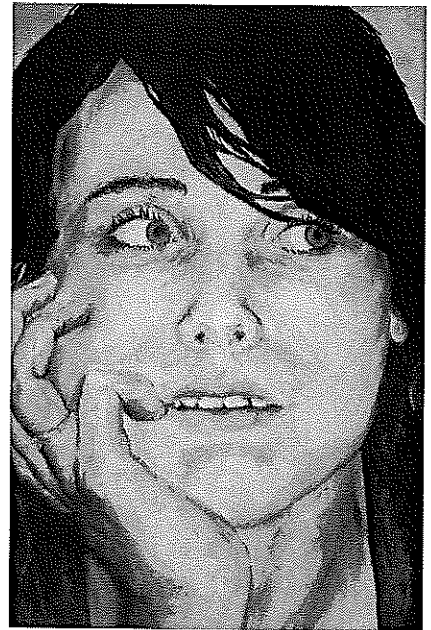
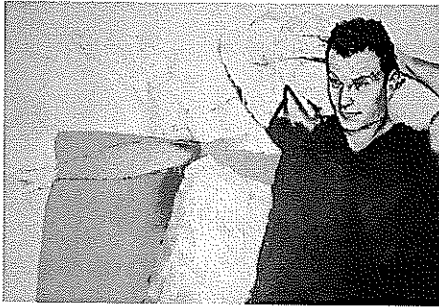


### **Portraiture Exhibition at e.ScApe.**

The RACT Insurance Tasmanian Youth Portraiture Prize 2012 was hosted by e.ScApe Cafe during the month of March 2012

This was a truly wonderful exhibition brought to us under the auspices of the Break O'Day Regional Arts group. The exhibition finished on Monday 26th March .

*Article & photos: Janet Drummond.*



## **The Vortex Healing Centre is having a party!**

Easter Saturday afternoon is an open day where everyone can come and try:

Healing, Crystal Healing, Meditation, walks to power sites, experience the Rife machine, Reiki , Iridology, and find out just what a Vortex is! Feel the energy from the Earth, PLUS!!! A movie in the Yurt after tea.

Easter Sunday is party day!!! 10 minutes of fame by singing, dancing, reciting poetry, or paper folding, or just come along and enjoy the music, there will not be a strict agenda, jamming is encouraged, esp with those you haven't met yet. A family day picnic with an Easter egg hunt. byo lunch and drinks. 12pm with the music beginning at 1pm.

Both days are free, but a gold coin donation would be appreciated. The Vortex Healing Centre is a non profit association, and will have many open and free days.

Please come and enjoy.

Ring Sue 0418 515 419

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(tas regional arts)

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MENTION THIS AD AND RECEIVE  
ONE FREE  
ENLARGEMENT WITH YOUR PHOTOS.  
(Limit 1 per customer)

GOOD FRIDAY - CLOSED  
EASTER SATURDAY - CLOSED  
EASTER SUNDAY - CLOSED  
EASTED MONDAY - CLOSED  
BACK TUESDAY - 9AM - 5PM

**HAPPY AND SAFE EASTER TO ALL.**

## Art for the colour blind exhibition

Artist ~ Simon Fraser

2-4pm, 1st April 2012

@ Surfside, Beaumaris

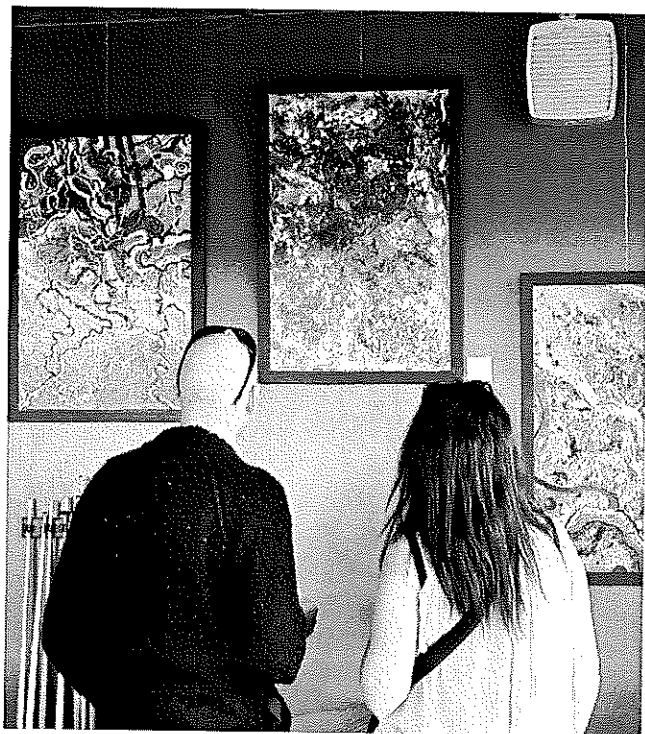
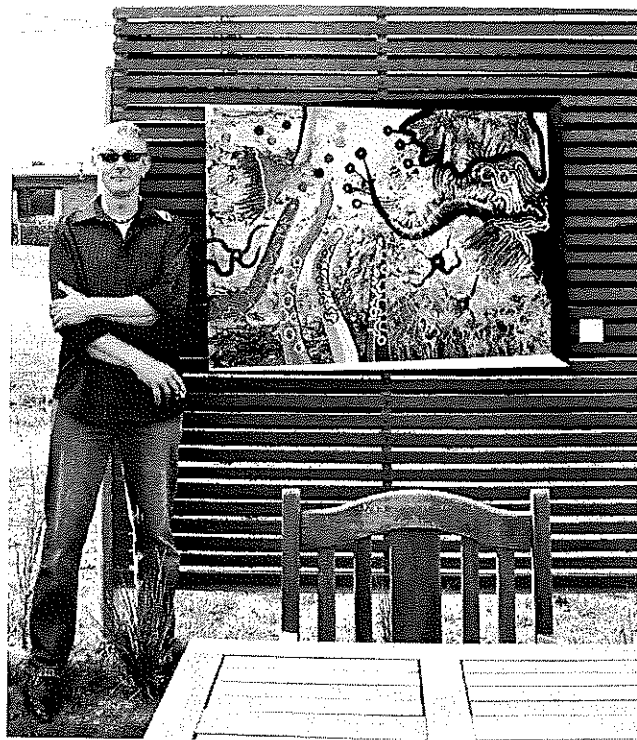
Exhibition on show until April 30th 2012

On Sunday, 1st April I had the pleasure of attending the launch of the Art For the Colour Blind exhibition by Artist Simon Fraser at Surfside, Beaumaris, in the company of Rod Drummond and Wendy Fowler. It really was a joy to find the artworks that awaited us on show at Surfside. There were many paintings hanging inside and an impressive display of four large artworks framing the outdoor seating area.

Some of the works are subdued and structured, whilst others are simply outrageous, in a wonderful way, in their colour and abstract styles, which sadly you cannot see in these black and white images. Simon gave a short speech, outlining how he uses art as a medium through which to express what he calls his "madness". The name of the exhibit originates from the fact that Simon is colour blind himself, and I think this shows through in the manner in which he paints using a delightful exuberance of colours.

The exhibition is on show until April 30th and I can recommend calling in for a viewing, in full colour, if you're passing that way or looking to kill an hour or two becoming absorbed in some great local talent.

Janet Drummond. *(article & photos)*



### Rae & Partners

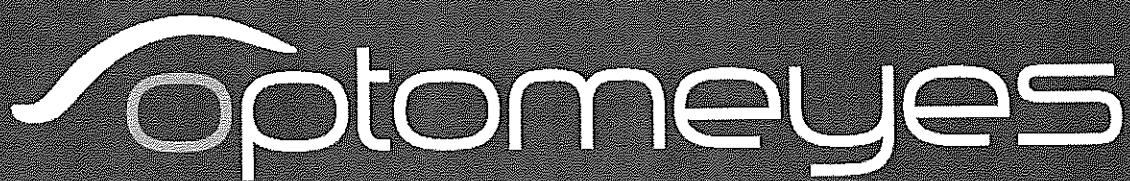
Lawyers Barristers & Solicitors

#### Visiting :

St Marys Community Health Centre

Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555 For appointments.



## OPTOMETRISTS VISITING ST HELENS

Optomeyes are your long term East Coast optometrists, offering friendly, professional eye care to the people of St Helens for more than 25 years.

Susan Sluce and Greg Dennis make regular 3-weekly visits to the St Helens Medical Centre, and will



Susan Sluce

bring with them fashion frame selections for your convenience.

---

### NEXT VISIT DATES:

*Thurs 26th April*

*Fri 27th April*



Greg Dennis

---

To make an appointment to discuss all your vision needs, call  
Targett Pharmacy on



**6376 1374**



SEE LIFE DIFFERENTLY

[WWW.OPTOMEYES.COM.AU](http://WWW.OPTOMEYES.COM.AU)

## PING'S PLACE

C.B.D., ST MARYS

### *Traditional Chinese Medicine*

Dr Li (Jun) thanks all who have consulted her since she began to practice here.

She has a growing clientele from the area and even farther afield.

Call 6372 2712—leave a message and she'll get back to you.

Ping's shop recently added a great variety of incense and Tassie made soap to its stock.

Prices of all foodstuffs are more than competitive and many products unique to the shop.

Welcome to browse and chat to Jun.  
Lay-by available.

PLAYING TABLE TENNIS EVERY DAY

# SPLASH

## ST MARYS

*You swill it, we fill it!*

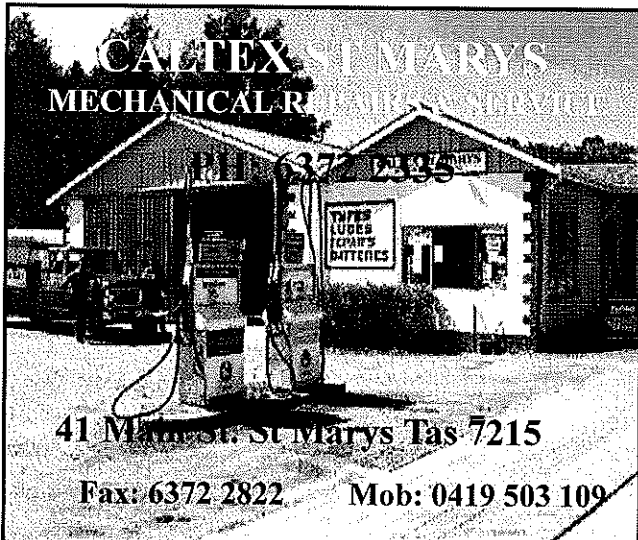
*You dump it, we pump it!*

### Water cartage Septic pumping

Contact: Mick

# 0488 777713

## CAVEX ST MARYS MECHANICAL REPAIRS & MAINTENANCE



41 Main St. St Marys Tas 7215

Fax: 6372 2822

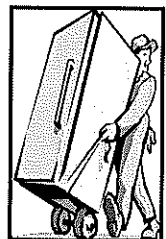
Mob: 0419 503 109

## Ransley's Appliance Service

P O Box 136  
Scamander Tas 7215

- ° Washing machine NOISY?
- ° Refrigerator runs too LONG?
- ° Clothes dryer blows cold AIR?

Then you need the service  
of our technicians.



Ring us on: Scamander: 6372 5307

Mobile: 0428 761 811

## St Marys Op Shop

Start of winter opening hours commence on April 1st with daylight saving

**Monday - Friday 11 - 4**

**Market Saturdays 10 - 1**

As volunteers are available.

Always looking for new volunteers to assist at the Op Shop, please contact Janet Drummond on 0404 562 320, or call in most Fridays, to speak with Janet.

Come support your local school community and have fun volunteering at the St Marys Op Shop.

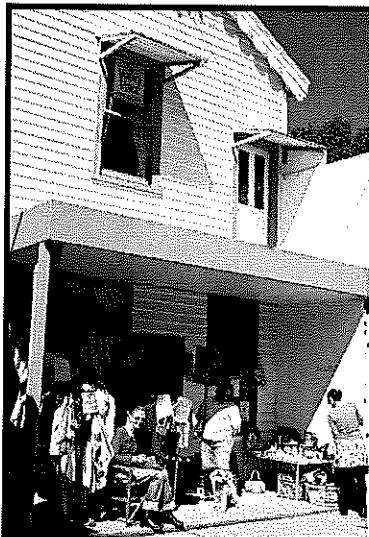
Tickets available from Janet for "East Meets West" Xiao Xia at the St Marys Town Hall, Saturday 14th April, 7.30pm hosted by the Break O'Day Regional Arts

Single \$10

Member \$8

Family \$15

Member Family \$15





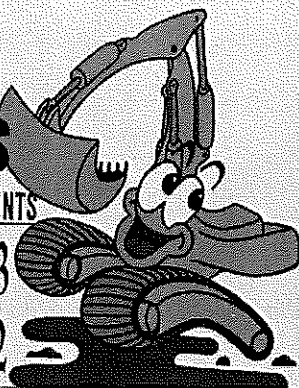
<b>STAR FM</b>  <b>Program</b>  <b>Guide</b>    		Mon	Tu	Wed	Th	Fr	Sa	Su
	Brekkie	Toast and Jam with Mary-Anne	Brekky with Mary Anne	"Wake up" with Bobster	Bob's Breakie Show	Bobs - Friday Breakfast Show	Saturday Morning Show with "Corfe"	Cluckers Sunday
	Morning	RFM On Star FM	Have a Hoot with SKOOT	Starry Starry Morning The Trace Element	The Morning Show with "Harpo"	Classic 60's Music Mix	Jiving with JeannyMaree	
	Arvo	In the mood with Laurelle	Jeany-Maree 's 2 for Tuesday	Your host with the "Most" Terry Post	Around the world with Tim	Friday round-up with RFM	Colin's History and Mystery Music	In the Mi with The Element
	Late afternoon	Shut up and Drive with the "Element"	After School with Neesha and Chloe	<b>Drivin' with Damo</b>	In the back seat with Angela	Hot Hits with The Jackster		Dave's Blues Mix
	Eve	Mellow Monday's with Roger  Dr Sax with Roger	Neville's Country Corner  and more	Mary Anne's Thanks for the Memories	Thursday Night "LIVE" with "Chucker"	Marc's Boiler Room  Party With Jeanny Maree	Brians Party Mix - til late	

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- ◆ TOP SOIL
- ◆ SCREENED TOP SOIL
- ◆ SAND
- ◆ ROCKS
- ◆ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
- ◆ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ WHEEL LOADER

AND MUCH MORE

### Scamander Beach Surf Shop

6 Lagoon Esplanade  
Scamander

Ph: 6372 5529

Bathers Wetsuits DVDs  
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Bodyboards

Surfboards:

Milch McTavish  
Surftech Bic G Boards

### Bay Surf Shop

2 Pendrigh Place  
St Helens

Ph: 6376 1755

### St Helens Flowers

Donna of St Helens Flowers takes all the  
fuss out of ordering flowers.

*Arrangements, Bouquets, Gift  
Baskets, Wedding Flowers,  
Floral Tributes*

Member of the Petals network—we can  
now send or receive flowers worldwide!

*Fantastic Fresh Flowers delivered to your  
door or statewide*

Ph Donna—6376 1211

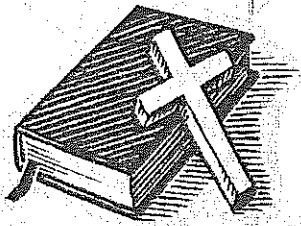


Fun Range of Helium Balloons!



# Church in the Valley

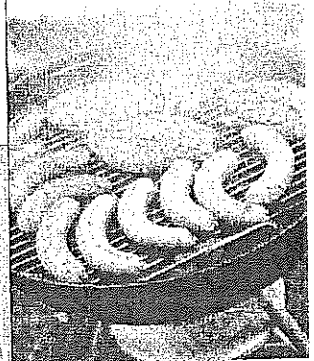
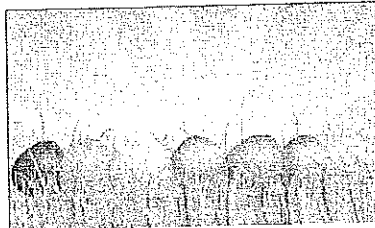
11am EASTER SUNDAY 8/04/12



Everyone Welcome

Free Family BBQ

Free Easter Egg & Gift  
for each Child



Transport available to & from event call Peter to  
arrange if required

Join your Friends & Neighbours for Easter Fun & Fellowship with  
a difference under the trees down by the River and stay to enjoy the  
Free Family BBQ , Easter Egg Hunt & Kids Colouring In Comp Draw



Where : 1476 Upper Esk Rd, Upper Esk (end of the bitumen road west from  
Mathinna and beginning of Gunns Rd to Roses Tier)

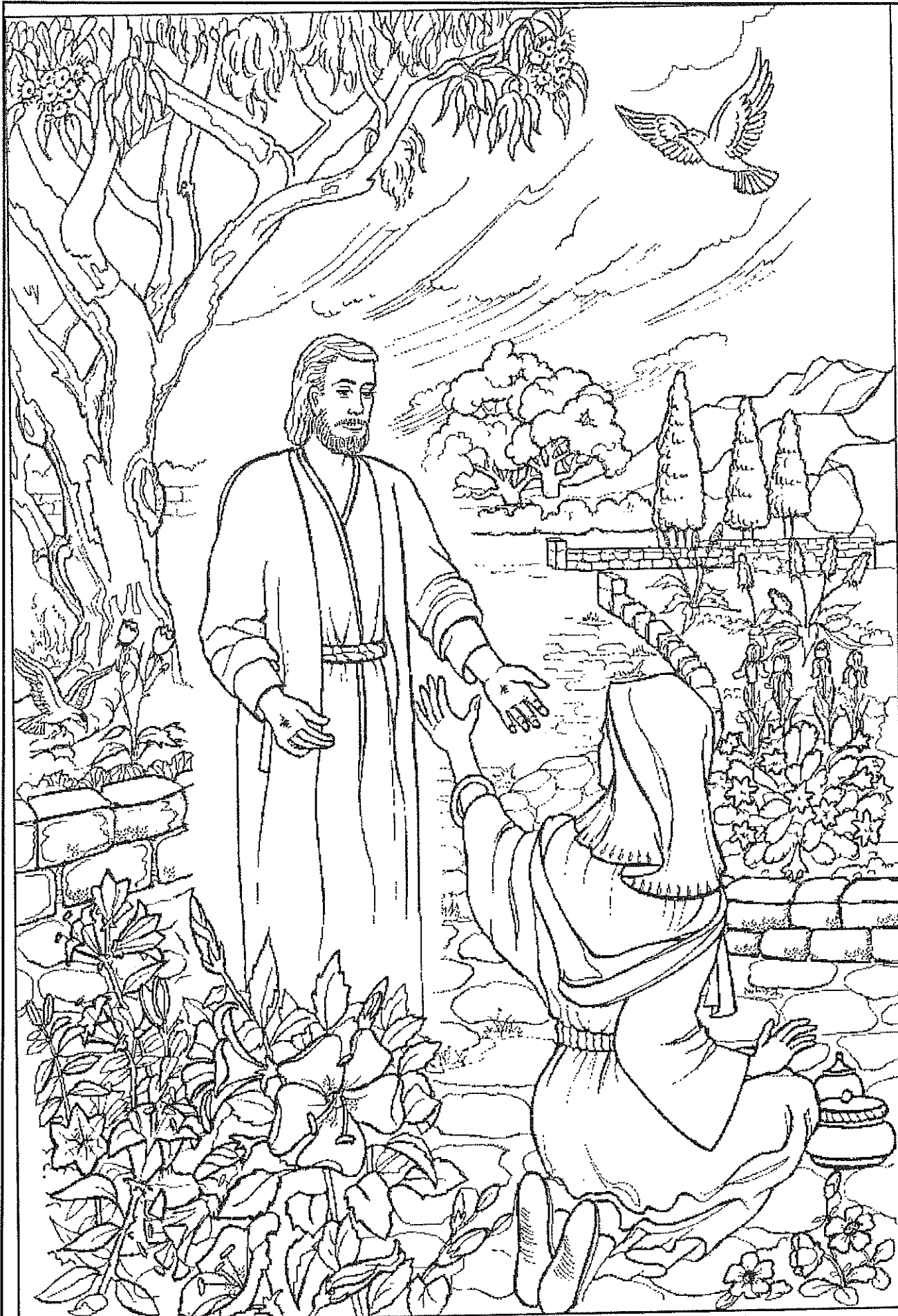
What to bring: Salad Plate or Desserts (Meat is provided) & Picnic Rug or Chairs

Who: Everyone—Especially the kids!

RSVP: 3/04/12 (please for catering purposes)

Contact: Tanya or Peter 6377 1134





Entries can be posted to 1476 Upper Esk Rd Upper Esk 7214 or hand delivered to St Mary's Anglican Church or bring with you on the day

Mon	Tue	Wed	Thu	Fri
2ND APR	3RD APR	4TH APR	5TH APR	6TH APR
			<ul style="list-style-type: none"> <li>Stepping Stones - St.Marys 1.10 - 2.40</li> <li>Launching Into Learning—St.Marys 11.00 - 12.30</li> </ul>	<ul style="list-style-type: none"> <li>GOOD FRIDAY</li> </ul>

13 Gray Road, St Marys, TAS, 7215.



## St Marys District School

### ST MARYS CAMPUS

13 Gray Road, St Marys, TAS, 7215.

Ph (03) 6372 3900 Fax (03) 6372 2543

Email [st.marys.district.high@education.tas.gov.au](mailto:st.marys.district.high@education.tas.gov.au)



3 April 2012

Dear Pool Key holder

### POOL DRAINAGE WORKS 10 April – 13 April 2012

Works will commence to address the drainage issues at our pool on April 10 and will continue for the remainder of the week, hopefully concluding on Friday 13.

The company carrying out the works have advised that they do not feel that we need to close the pool over this period of time. The work will take place during business hours on these days.

Therefore, the pool will be available for key holder use over the Easter break. Key holders are reminded that there will be barriers in place and some degree of noise over this period. In order to ensure minimum interference with the drainage works, key holders are asked to follow any instructions or requests given by the builders during this time and to adhere to any signage, or barriers erected. The builders have advised that during some periods throughout the works, splashing of water will need to be kept at a minimum.

For those sensitive to noise or who would prefer to avoid the works being conducted, we suggest that you avoid using the pool during business hours.

We apologise for any inconvenience these works may cause key holders, and look forward to having the drainage issues in our facility corrected.

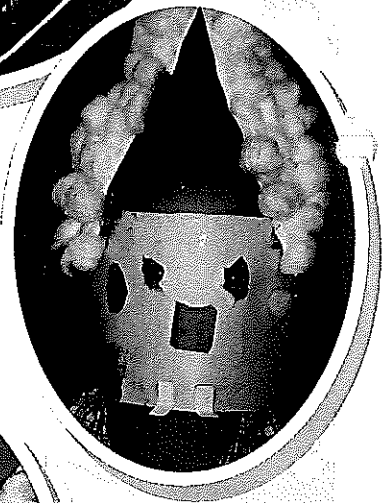
**POOL COVERS** – as the weather is getting colder and evenings darker we would like to remind key holders to please **ENSURE THE COVERS ARE PLACED ON THE POOL**, in the interest of energy efficiency and swimmer comfort. We suggest that if you are leaving the pool from 5.30 onwards and there are no other users in the enclosure, please place the covers over the pool.

LISA BEAN

SCHOOL EXECUTIVE OFFICER

St Marys District School

# Kinder - Grade 6 EASTER BONNETS



# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

Dr Latt 5/4/12—20/4/12

### **Public Holidays**

Good Friday 6th April

Monday 9th April and

Tuesday 10th April

Normal Doctor's Surgery hours will resume on Wednesday 11th April 2012

Please refer to After Hours Service Numbers below if you require medical treatment during this time.

### St Marys Community Health Centre

#### GP Surgery Hours:

Monday—Friday 8:50am-12:30pm

12:30pm-1:30pm LUNCH

1:30pm-4:30pm

#### PATHOLOGY SERVICE

No Pathology Service between

12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before**.

## INR TESTS

A doctor's appointment is required if you are having an INR test. Please **let reception staff know when making your appointment that you are having an INR test**. This is a 5 minute doctor consult.

### AFTER HOURS SERVICE

#### CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON  
1300 780 011

AMBULANCE 1800 008 008 or  
EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

**PLEASE RING BEFORE  
PRESENTING AFTER HOURS**

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance.

**PLEASE BE PATIENT** waiting periods can apply

## IMPORTANT INFORMATION TO PATIENTS

Please be aware that Dr Latt's Surgery is currently fully booked for appointments a week in advance as of 3/4/12.

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention *please inform the reception staff* who will put you through to the Nurse on duty. Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt— Call an Ambulance 000

Thank you for your cooperation

## ST MARYS MINI FAIR EXTRAVAGANZA

Oh what a night! Thank you to everyone in the Community who came along on Friday 30th March to the St Marys Health Centre's 'Mini Fair Extravaganza'.

It was a fantastic night with a lot of cultural diversity in the food department, bargains galore at every stall and entertainment for every family member.

Funds raised will aid in the refurbishment of our new Palliative Care Facility at the Health Centre.

Thank you must also go to all the people who donated items, did cooking, potted plants and made themselves available on Friday night to help out.

As not all of the raffle and prize results were available to me at the time of publication please make sure you get the next edition of the Valley Voice to see who these lucky winners were.

*What a great community we live in!*

# ST MARYS COMMUNITY HEALTH CENTRE

## WHAT'S ON AT THE CENTRE

- 5 April **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- Continence Nurse**. For appointment please see your GP or Health Professional for a referral.
- 6 April **GOOD FRIDAY**– Public Holiday
- 9 April **EASTER MONDAY**– Public Holiday
- 10 April **EASTER TUESDAY**– Public Holiday
- 11 April **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- Day Centre**– For details on the group please contact Hayley Gilbert 6372 2111. Please note there will be no Day Centre 11/4/12. I apologise for any inconvenience. Day Centre will resume as normal 18/4/12.
- 12 April **GP North Mental Health Worker**– Brady Young for appointments please see your GP for a referral
- Eyelines**– For appointments please phone 1300 363. All consultations Bulk Billed to Medicare
- 139 **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you
- 13 April **GP North Psychologist**. For appointments please see your GP for a referral
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- 16 April **Social Worker**– Shan Williams appointments available by phoning 6372 2111
- TLC Meeting** (Tasmanian Lymphoedema Centre) 10:00am in the Day Room
- 17 April **Counsellor**– Ellen Naef. Please phone 0409 864 182 for appointments. Ellen is located downstairs at St Marys Health Centre in the Healthy House
- Child Health Session** with Sue Gofton every Tuesday– Appointments only. Please phone 0428 136 381

## WHAT'S ON AT THE CENTRE Continued...

- Social Work**– Shan Williams. Please phone 6372 2111 for appointments
- Tom Bain, Rae & Partners Lawyers**. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
- 18 April **GP North Psychologist**. For appointments please see your GP for a referral
- Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Day Centre**– First week for 2012 For details on the group please contact Hayley Gilbert 6372 2111
- 19 April **Mental Health Clinician/ Case Manager**– Faye Thordardottir. For appointments please phone 1800 332 388 where a referral will be lodged for you.
- Relationships Australia**– Leanne McMurtie for appointments please phone 1300 364 277
- 20 April **Dietician (GP North)** – Appointments available by referral from your GP
- Diabetes Educator (GP North)**– Appointments available by referral from your GP
- Exercise Physiologist (GP North)**– Appointments available by referral from your GP

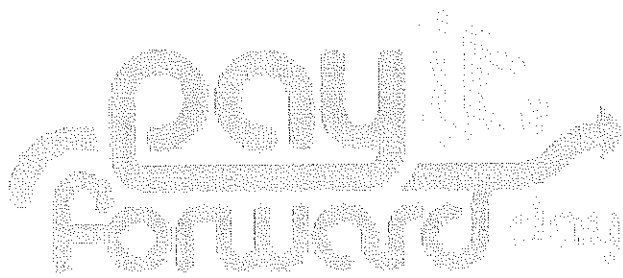
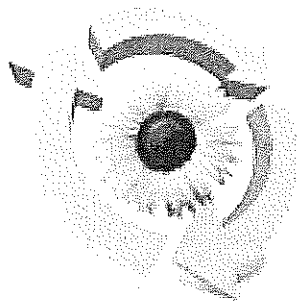


## APRIL IS: 'PAY IT FORWARD' MONTH

There is tremendous power and positive energy in giving – it is a shame that not enough people have experienced it to the fullest.

Pay It Forward Day is about all people, from all walks of life giving to someone else and making a positive difference.

To find out how to be part of *Pay it Forward* look for the poster inside this edition of the Valley Voice or come into the Health Centre and see our Health Promotion Board for further details.



## 'Pay it Forward' and help build a better Break O'Day

- Take a card
- Do someone a good deed
- Tick one box (on your card)
- Give them the card
- Explain to them to do the same for someone else.

### Some 'Pay it Forward' ideas:

Pay for someone's coffee  
Share your umbrella on a rainy day  
Carry someone's groceries to their car  
Wash your neighbour's car if they can't

### Why 'Pay it Forward'?

Giving brings a greater feeling of self worth and self esteem  
Being generous can have a powerful effect on your immune system  
When you make others feel good, you feel good too!

### Where to get your card?

St Marys CHC Promotion Board- in reception area

### What do I do if all the boxes are ticked?

Your good deed is to write your name on the back of the card for your ***chance to be in the draw to win the pamper pack*** so you can give it to the person of your choice!

Put completed card into the box located in the reception area  
at the St Marys Health Centre.

**Drawn 2nd May 2012 at the St Marys Day Centre**

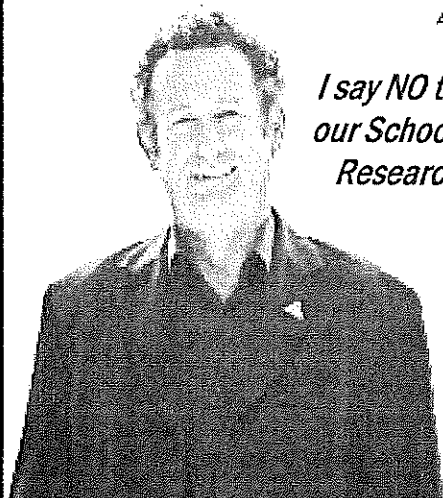
# Tim Morris MP

Tasmanian Greens Member for Lyons



Tasmania

*I say NO to selling off  
our School Farms and  
Research Stations*



**New Address:** Shop 9, Covehill Shopping  
Centre, Bridgewater 7030

**Phone:** (03) 6263 3801

**E-mail:** greens@parliament.tas.gov.au

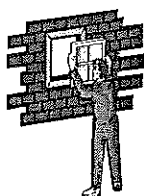
**www.tas.greens.org.au**

Authorised by Tim Morris MP Parliament House, Hobart 7000.

## EAST COAST GLASS

Falmouth Ph: 6372 5361

- ▶ Glass repairs
- ▶ Shower screens
- ▶ Wardrobe doors
- ▶ Double glazing
- ▶ Aluminium windows
- ▶ Security doors



Locally owned and servicing the East Coast.

Call David and Anne Cannon  
for prompt and reliable service.

## HARRIS FUNERALS

Lindsay & Diane

(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

**Office & Residence:**

114 Cecilia St  
St Helens

**Chapel:**

46 Tully Street  
St Helens

We are here when you need us  
to arrange Burial or Cremation.

Pre-paid and pre-arranged funeral plans are available.



## St. Helens Electrical

ROD SHAW

LIC: C00489

Domestic, Commercial, Industrial:

*Wiring and Repairs, Rewires,*

*Underground.*

Home Heating:

*Advisory, Sales & Installation of heat  
pumps and fixed heaters.*

Lighting Specialist :

*Interior and exterior, Advise,*

*Sales and Installation.*

Ph: 6372-5522 Mbl: 0407-615-072

2 Lagoon Esplanade, Scamander 7215

## ST MARYS AND CAMPBELL TOWN CATHOLIC PARISHES HOLY WEEK 2012

### HOLY THURSDAY:

CAMPBELL TOWN 5.00PM

### GOOD FRIDAY:

ST HELENS STATIONS 10.30AM

STHELENS LITURGY 3.00PM

ST MARYS LITURGY 3.00PM

CAMPBELL TOWN LITURGY 3.00PM

### HOLY SATURDAY:

EASTER VIGIL ST HELENS 6.00PM

### EASTER SUNDAY:

ST MARYS 7.30AM

BICHENO 9.00AM

SWANSEA 11.00AM

CAMPBELL TOWN 5.00PM

### ENQUIRIES:

LAUNCESTON PARISH -  
SR. MARJORY -

PHONE 6361 4377

PHONE: 6381 1122

MOB: 0409 383 908

SR. LORRAINE -

PHONE: 6372 2252

MOB 0409 172 741



## MEALS ON WHEELS ROSTER

April		St Marys	Fingal
Monday	9th	Lundy Vosper	Neighbourhood House
Tuesday	10th	Pam Bretz	
Wednesday	11th	B & B McAllister	
Thursday	12th	Kaye Nailer	
Friday	13th	Pam Gillies	
<b>MOW Contact</b>		<b>Phone: 0488 384 344</b>	
Monday	16th	Ruth Aulich	Neighbourhood House
Tuesday	17th	Lundy Vosper	
Wednesday	18th	Lorraine Gill	
Thursday	19th	Yvonne Salter	
Friday	20th	Val Spencer	Neighbourhood House

## Church Services

### Catholic Parish of St Marys

Sr. Lorraine Groves  
Parish House, Ph: 6372 2252  
Mob: 0409 172 741

#### 1st Sunday: MASS

#### Palm Sunday

31 March/ 1 April

St Helens Vigil	6.00pm
Bicheno	9.00am
Fingal	11.30am
Campbell Town	5.00pm

#### 2nd Sunday: MASS

7th April

St Helens Vigil	6.00pm
St Marys	7.30am
Bicheno	9.00am
Swansea	11.00am
Campbell Town	5.00pm

#### 3rd Sunday:

Liturgy of the Word with Communion

14th & 15th April

St Helens Vigil	6.00pm
St Marys	9.00am
Fingal	9.30am
Bicheno	9.00am
Swansea	11.30am
Campbell Town	5.00pm

#### 4th Sunday

Liturgy of the Word with Communion

21st & 22 April

St Helens Vigil	6.00pm
St Marys	9.00pm
Bicheno	9.00am
Fingal	9.30am
Campbell Town	5.00pm

#### 5th Sunday MASS

St Helens Vigil	6.00pm
Bicheno	9.00am
Mangana	11.30am

←Easter Services-Holy Week

### Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays  
Fingal: 3 pm 1st/3rd Sundays  
Mathinna: 3pm 2nd/ 4th Sundays  
Ross: 11am 1st/3rd Sundays  
Campbell Town: 9am every Sun.  
(3rd Sunday -Family Service)

### Anglican Parish of Break O'Day

Ph: 6376 1144

#### Easter Service times

Pyengana 1<sup>st</sup> April 7.30pm  
Easter Thursday 7.30pm St Helens  
Good Friday 9.30am  
at both St Helens & St Marys  
Easter Day  
6.00 am Binalong Bay beach  
9am at St Marys & St Helens  
11am Church in Valley,  
Upper Esk Rd, Mathinna

### Salvation Army

#### TUESDAY JAM

3-5pm every Tuesday.  
excepting school holidays.

Envoy Melanie Norton Ph: 63722099

### Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens	9.00 am
Fingal	11.15 am

### Seventh Day Adventist

Hodgeman Street Scamander  
Sabbath School 10 am  
Divine Service 11 am

### **Contacts for Valley Voice**

PH: Judy: 6372 2155

email: [judith.spilsbury@telair.com.au](mailto:judith.spilsbury@telair.com.au)

Accounts: Mary: 6372 2328

Please leave written material at the  
St Marys Pharmacy,  
Main St, St Marys,  
or post: C/- Post Office, St Marys Tas 7215

### **Advertising: 2011**

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

### **On Air Now!**

**Vision FM 88.0 at**

**St. Marys, St Helens and Fingal.**

The Breakfast program is now hosted by  
Matt and Karen on weekdays.

There are now over 500 stations  
Australia wide.

100% positive music & talk all day long;  
connecting faith to life.

National Vision Radio Network.

Phone 1800 007 770.

### **St Marys Online Access Centre** **Opening Hours:**

**Monday 10am -3pm**

**Tuesday 10 am-4pm**

**Wednesday 10am-4 pm**

**Thursday 10 am – 3 pm**

**Friday 10 am – 3 pm**

**Saturday 11 am – 2 pm**

**Ph: 6372 2005**

### **ST MARYS OP-SHOP**

SUPPORTING YOUR LOCAL SCHOOL

#### **WINTER OPENING HOURS:**

**MON TO FRI. 11AM — 4PM**

(WHERE VOLUNTEERS ARE AVAILABLE)

**ST MARYS MARKET SATURDAY**  
**10AM—1PM**

**PH: Janet Drummond: 6372 2851.**

Shop will only be open as volunteers are  
available. So sometimes the shop might  
have to open late or close early.

If you're interested in assisting the school  
and volunteering at the Op Shop, please  
contact Janet Drummond 6372 2851.

## St Marys Sports Centre Inc. news. Kackhander

\* It's great to report that after a 6 season absence we have a Men's Pennant team again. A special thanks to Macca for organising so much in this regard. The first two games were away and solid results were great and the first win can't be too far away.

A 5-2 loss at Bicheno was highlighted by Chris Davern and Jack Viney knocking off their two gun players and both Shaye Ward and Kodie Donald going close in their games which would have been incredible. Last week at St Helens Shaye recorded his first win for the club and Chris and Paul Davern won also but we just missed out on a win. No Pennant this week but the following games against Malahide and Scamander are at home so it'd be great to get on the winners list then. Thanks to ALL our players who have made themselves available and it won't be long before our amazing record in Pennant will resume again. From 1986 to 2006 the club won flags in 1986, 1987 as well as the NTGA Div 3 Championship that year, 1988, 1989, 1990, 1992, 1993, 1995, 1996, 199, 1998, 1999, highest handicap in 99 was on 8 would you believe, and in 2002 (who would forget that one) 2003, 2004 (robbed by the rules committee for a chance at a State Flag) 2005. All up 16 pennants in 21 years and about 25 overall since 1950 when it began. Not a bad record.

\* the course is looking good thanks to Macca, Roger, Trev and the crew. Enough said. Much appreciated.

\* Again a big thanks to everyone involved in the Crib Night last Saturday. I believe it involved the wee small hours again. Around 30 very enthusiastic players. GREAT.

\* As bowls finishes on a quite successful host club duty season a big thanks goes to all who have helped out in any way they did this season. Greenkeeper, caterers, match managers, ECBA match officials. Everyone, capped by the Ladies winning the pennant.

\* A reminder that the Annual Dinner and Presentation Night is set for April 14<sup>th</sup> and will be proceeded at 5.30 pm by the AGM of bowls where several things are on the agenda for the continuing success of the club. Please try and come. Re the dinner: it would be really helpful for the caterers if you would respond if attending as soon as possible.

\* Our first week of all week Chicken Run, resulted in 10 players taking part. Winner last week was John McDonald from Beth Haas and Kath Blair. First prize was a great meat tray from St Marys IGA. Check poster this issue for the terrific Swish and Fish event on Good Friday. Look out for that.



\* Still looking for a new Kackhander -Any takers?

Until next time, good hitting and rolling.

The Sports centre would like to thank all those who turned out for the 'World' crib pairs championship last Saturday. Jack Forman and Liz Dean defeated Damon Viney and Liz Baldwin in the final for a well deserved win.

What happened to the world champs, Cookie and Jason? As usually happens, the cards did not fall their way.

Thirty guests enjoyed a well catered and fun night at the centre. Keep an eye out for the next great night.

### Happy Hour!

**ST MARYS SPORTS CENTRE INC.**  
**Every Friday—6.30 - 7.30pm**  
**drinks at discounted prices**  
**Ph: 6372 2177**

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 VALLEY VOICE PUBLICATIONS  
 ST MARYS TASMANIA 7215.



### Easter Trading Hours

Thurs. 5th April - 8am - 6pm  
 Good Fri - closed  
 Sat 7th April - 8am - 12noon  
 Sun 8th April - closed  
 Mon 9th April - closed  
 Tues 10th April - 8am - 6pm



**38 Main Street St Marys**  
**Phone/Fax 6372 2240 - Butcher Ph: 6372 2274**  
**Mon - Fri 8am - 6pm**  
**Sat 8am - 12 noon Sun - closed**

### This week's specials.

(available from Thurs 5th April - Wed 11th April)

#### *from the butchery*

Rump steak	\$10.99kg
Corned silverside	\$ 6.99kg
Ingham chicken drumsticks	\$ 3.75kg
Round steak	\$ 8.99kg
BBQ meat packs	\$ 9.99kg

#### *from the coolroom & freezer*

BirdsEye oven bake fish 425g	\$6.99
Tassal Pure Tas smoked salmon 100g	\$4.99
Western Star spreadable butter 375g	\$2.99
Flora margarine spread 1kg	\$3.99
Kraft dip 220/250g	\$1.99

### **All only \$1.99**

Ardmona canned fruit 825g  
 IGA cordial syrup 2lt  
 Arnotts Savoy/Clix 180/225g  
 Morning fresh dishwashing liquid 450ml  
 Spree Ultra laundry powder 500g

### next week's specials

(available from Thurs 12th April - Wed 18th April)

#### *from the butchery*

T bone steak	\$16.99kg
IGA chicken breast fillets	\$12.99kg
Ingham marinated chicken wings	\$ 7.25kg
Marinated roast beef	\$10.99kg
Round steak	\$ 8.99kg

#### *from the shelves*

Nestle Milo 450g	\$4.99
Uncle Toby's Vita Brits 1kg	\$ 3.99
Earth's Choice toilet cleaner 750ml	\$2.49
Chum dry dog food 8kg	\$12.99
Sunsilk shampoo/conditioner 200ml	\$2.99

### **All under \$2**

Arnotts TimTam/Slice/Royals 150/200g	\$1.99
Continental cup-a-soup 2pk	.99c
Thick & Thirsty paper towel 2pk	\$1.99
Miracle margarine spread 1kg	\$1.99
Colgate regular toothpaste 110/120g	\$1.99

Mark, Kate and all staff at the St Marys IGA wish you all a fun filled and safe Easter break.  
 Out trading hours are listed left.

