



The Valley & East Coast Voice

Est. 1968

Volume 43 No. 7. Thursday August 26, 2010.

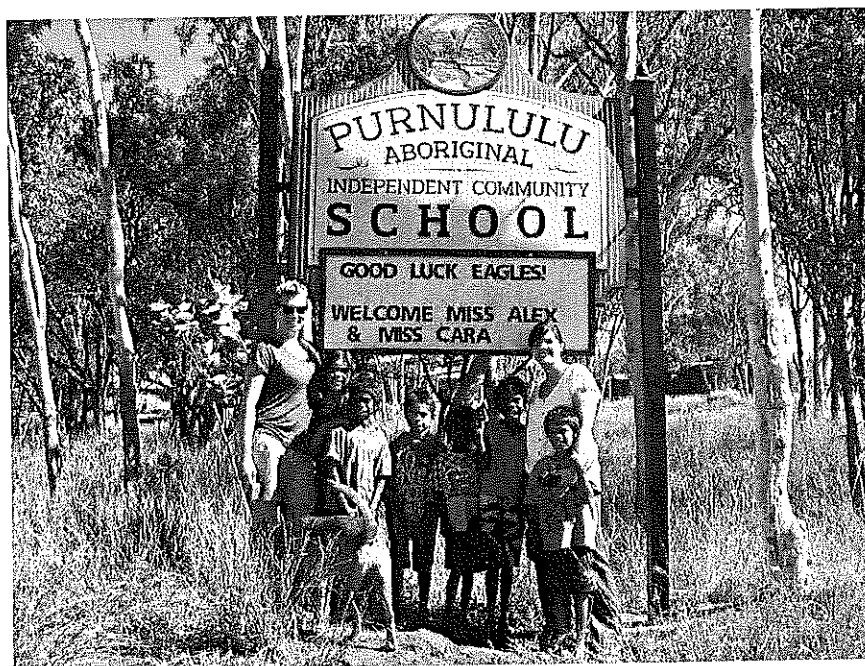
50 cents

Alex's excellent adventure

"Local girl Alex Veldums (daughter of Harry & Kerry) is in the final stages of her four year Bachelor of Education degree, which Alex has been studying at the University of Tasmania, Launceston campus.

Alex has finished all coursework, assignments etc. and is expecting to formally graduate in December this year but the final step in the completion of her degree is a six-week practicum at a nominated school. Alex and a fellow fourth year student Cara Turner, have been extremely lucky to secure their practicum at the Purnululu Aboriginal Independent Community School in the Kimberley region of WA.

The school is located in the Purnululu National Park which is home to the incredible Bungle Bungle Ranges. Purnululu is approximately 70km west of the WA/NT border and 150km south of Kununurra. Getting there involved flights from Launceston to Melbourne, Melbourne to Adelaide and then Adelaide to Broome. After an overnight stop in Broome (a very comfortable winter day with a maximum of 29 degrees) there was a five and a half hour drive east to Yilli (to drop off another student teacher). The Principal of the Purnululu School then collected Alex and Cara from Yilli in the School bus and on the way to Purnululu (another 2.5 hours) had a collision with a huge kangaroo causing considerable damage to the bus.



Local girl Alex Veldums (left) and fellow student teacher Cara Turner – welcome to Purnululu.

Alex and Cara arrived at Purnululu in darkness; a full two days travel after leaving Launceston at 6.45am.

Alex and Cara were made to feel immediately welcome with the local children fascinated by their fragrant smell and the smoothness and colour of their skin and constant displays of genuine affection by way of hugs. A person of great significance in the community recently died so both Alex and Cara will be expected to attend what promises to be a huge funeral followed by a period which Alex has described as "sorry time"; the nature of which is yet to be discovered.

Accommodation is at a very acceptable standard though it may take a little time to adjust to the long drop toilet and outside shower plus the huge local population of dogs and the "out of control" flies.

In her first communication to Harry and Kerry, Alex has stated that she loves the whole experience and is so glad to have been afforded this great opportunity."

SHOP LOCALLY AND SAVE.

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday September 7, 2010

EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The Tasmanian Lymphoedema Centre Inc., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

St Marys Playgroup meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.
Ph: John 6376 3130.

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

The Friends of the History Room hold General Meetings: 8th February, 10th May, 12th July --AGM, 11th October. Executive Meetings: 9th March, 14th June, 9th August 13th September, and 8th November. All held at Tidal Waters at 5pm.

Break O'Day Regional Arts
(Formerly Grassy Bottom Regional Arts)
General Meeting First Wednesday Monthly 5.30pm
Colin 6372 2707 Janet 6372 2851

gone rustic studio & gallery

37 main street
st marys 7215

0363722724

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craft direct from
the artist to you*

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St Helens Alcoholics Anonymous (AA)
Wednesday 8pm Weekly
St Pauls Anglican Church Hall St Helens
Murdoch 6376 3335

St Marys Alcoholics Anonymous (AA)
Thursday 11am Weekly
Day Centre St Marys Hospital
Gardiners Creek Road St Marys
Diane 044 790 3926

St Marys Alcoholics Anonymous (AA)
Friday 8pm Weekly
Holy Trinity Anglican Church Hall
Esk Highway St Marys
Rod 6372 2851

St Helens Al-Anon Family Group (Al Anon)
To help families and friends of alcoholics recover
from the effects of living with the problem drinking
of someone close.
Sunday 2pm Weekly
St Pauls Anglican Church Hall
St Helens Ann or John 6376 3270 Rose 6376 3335

**Remedial Massage and Naturopathy
now at the Purple Possum**

**ring Sue Christiansen for an appointment
0418 515 419**

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Classifieds

For sale

Motorized push bike. Brand new. \$400. ono. Ph: 6372 2176.

Infiniti—Cheetah ma 200x walking machine. (paid \$1,400 new) will sell for \$800. ono. **Sony 66cm TV.** \$150. **Sony 51cm TV** \$80. All in good condition. Ph: 6374 2178.

Dark blue cord velvet sofa bed. G.con. \$150. **Kenwood 3 disc stereo CD.** \$70. **Upright bar freezer.** G.con. \$70. **Niblick golf shoes,** size 10E. Worn once. \$30. Ph: 6374 2282.

XF sedan, very tidy, one owner. Recon motor, as new tyres. 6 mths rego. \$1,200. Ph: 6377 1209.

1 solid pine wardrobe. \$200. **1 black wardrobe.** \$50. **1 black chest of drawers.** \$50. **1 pine desk, 9 drawers.** \$80. **1 book case.** \$20. Ph: 6372 2102.

Toyota Camry CSI 1990. Good tyres, body and interior. comes with spare motor and other parts. not going & no rego. \$500. Ph: 6377 1155.

Rotary hoe, Volka 6HP, electric start, 16" cut. Little use, as new. \$900. ono. Ph: 6372 5101 or 0417 385 787.

2 timber doors, one with new weather strip. \$40 or \$25 each. **cross-country skis.** \$80. Ph: 6372 2686.

5 first year hens, all laying. \$10 each. Phone Willie on 6372 2164. A/H.

Jag XJ6, 3/81, Excellent cond. White with red interior, Jag mags, LPG conv, twin fuel tanks, CD player, new battery, many extras. \$6,000. Ph: 6377 1100.

Gym, by 'Body Sculpture'. Different levels of resistance, leg extensions. Pull down etc... Train in a supported sitting position. In very good cond. \$300. Ph: 6377 1100.

Victa ride-on mower. 8HP, 34" cut. \$500. Ph: 6372 2460.

Two 1984/85 Volvos model GLT 360. Going order but need work. Rego due soon. For more details Ph: 6372 2012

Suzuki JR80 motorbike. Immaculate condition, low klms, original back tyre, bark busters. Blue, white, yellow. \$1,800. Firm. Ph: Janine or Peter on Fingal 6374 2269.

Wetsuit, Xcel ultrastretch Bamboo 4-3. brand new unused. Size L. \$300. Ph: 0427 264 983.

2003 Peugeot 206XR 4 door hatch, metallic red, 112,000km, comes with warranty, new tyres/brake pads, reg. 01/11, CD player, A/C, etc. Great condition, reluctant sale \$8,800 ono. Phone Leissa on 6372 2686 or 0458 648 927.

Garden mulch or bedding. Small square bales of oaten straw. \$5. Ph: 0407 944 158.

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158.

Portable milling available. Ph: 0427 715 577.

WANTED TO BUY

GEARBOX TO SUIT 84 HILUX, 5 SPEED, PETROL.
PH: 6372 2465 OR MOB: 0488 927 840.

WANTED TO BUY

SMALL TRACTOR WITH SLASHER.
IN GOOD CONDITION. PH: 63761919.

WANTED

Trestle tables suitable for market tables, any quantity. phone sue 6372 2512.



ANNUAL GENERAL MEETING

The AGM of the St Marys Association for Community Development will be held at the St Marys Online Access Centre on Monday the 6th September 2010 commencing at 11:00 am

A light lunch will be provided

ALL WELCOME. Jim Haas, Public Officer.



www.fingalvalleyhist

ANNUAL GENERAL MEETING

The AGM of the St Patricks Head & Esk Valley Historical Society Inc. will be held at the St Marys Online Access Centre on Sunday the 19th September 2010 commencing at 2:30 pm

ALL WELCOME

Signed: Jim Haas, Public Officer.

Cornwall Community Development Group Inc. Annual General Meeting

The AGM of the Cornwall Community Development Group will be held in the Cornwall Community Hall on Tuesday the 7th September 2010 commencing at 7:00 pm Everyone is welcome to come along and have their say We value your input into the future of our town.

Signed: Jim Haas, Public Officer.

Annual General Meeting

The Woodcraft Guild's A.G.M will be held on the 4th September at 2pm. All positions will be declared vacant.

THANK YOU

May I take this opportunity to say a heartfelt thank you to all levels of staff at the St Marys Community Health Centre, including Dr Latt. I couldn't have asked for a more attentive and caring personnel. You all made my stay so much more comfortable by your professionalism. Thank you one and all. Maisie Finney.

Frozen blueberries - this season's - \$11 kilo.
Phone 6372 2341.

"Moo-Poo". Finely screened. Any quantity. See Norm.
Ph: 6372 2380.

A LITTLE BIT OF HERITAGE: Jim Haas "Crossing the Derwent"

One of Hobart's, and indeed, Tasmanian's greatest assets is the Derwent River. It provides excellent port facilities, wonderful recreational venues and adds a picturesque aspect to the city of Hobart. But the river has not been without its problems for the Government of the day in Tasmania, even as far back as September 1803 when Lieutenant John Bowen first settled on the eastern shore at Risdon Cove. Lieutenant David Collins came in February the following year and immediately argued that the eastern shore was unsuitable for a settlement and chose Sullivans Cove on the western side to settle at what we now know as Hobart. Thus the problem of crossing the River from one settlement to the other began.

By the time Lieutenant-Governor George Arthur took over Van Diemens Land in May 1824, the eastern shore and southern midland areas were being developed into prime farmland by the settlers, and the movement of goods, in particular livestock, across the Derwent River was an increasing problem. In 1829 Arthur moved a gang of 200 convicts upstream to a place he name Bridgewater. This was where the River's main channel was hard against the eastern bank and the western side was suitable to build a causeway through the shallows to the edge of the channel. The convicts, most of whom were secondary offenders working in chain gangs, and toiled long and hard for several years. Their methods were primitive, using nothing more than wheelbarrows, picks, shovels and pure muscle power to move an estimated two million tonnes of rocks, clay and dirt to construct a 1.3 kilometre causeway.

On completion of the causeway, a flat punt was used to ferry goods, people and livestock across what was now the narrowest part of the lower Derwent River. But with the increasing traffic moving up and down the Island, this soon proved inadequate and the first bridge across the Derwent, which was an extension of the causeway and designed by convict architect James Blackburn, was built and opened in 1849. This was a swing bridge, which allowed it to pivot out of the way to allow ships to pass through. A rail line was also constructed on the side of the bridge in 1876 when the railway from Hobart to Launceston was built.

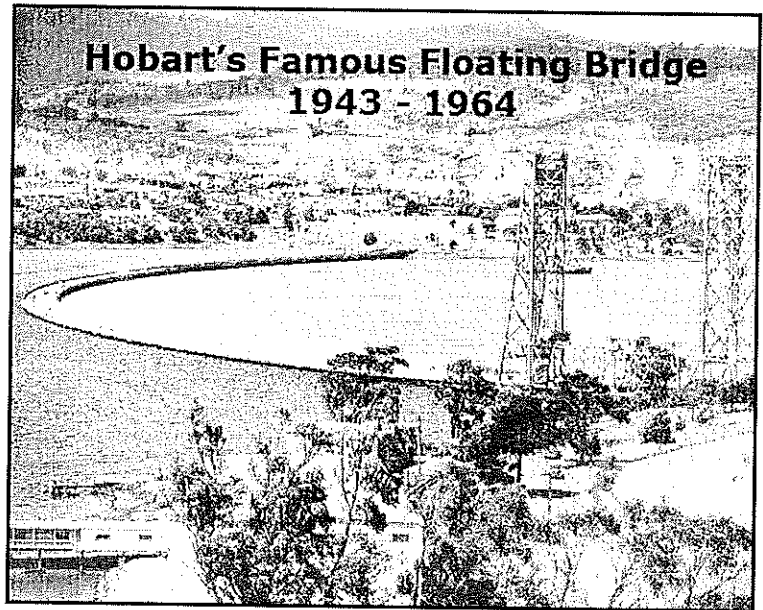
The original Bridgewater Bridge lasted until the early 1900s when it was replaced by another swinging bridge and in 1946 the current steel and concrete bridge, with a lifting section to allow ships through, was opened.

Apart from water vessels, the bridge at Bridgewater provided the only means of crossing the Derwent for over ninety years. But with the development of housing on the Eastern Shore, particularly in the Bellerive-Rosny area, the need for a vehicle crossing closer to the centre of Hobart became imperative. In the late 1930s work began on building a series of concrete, floating pontoons at Geilston Bay, each of which was floated a couple of kilometres down river and bolted in place to form the Hobart Bridge. The bridge was 961 metres long, 12.3 metre wide and had a lifting span on the western side to allow ships up to 44 metres in height to sail through. After the Official Opening on the 22nd December 1943 a toll was placed on the bridge, but lifted six years later. The Bridge's main problem was in bad weather, when waves would break over the pontoons causing danger to motorists and damage to the pontoons. Also long delays occurred when ships were passing through under the lift.

With the opening of the Hobart Bridge however, the development of the Eastern Shore increased at a rapid pace and by the end of the 1950s it became apparent that the humble, but famous, floating bridge could no longer cope with the ever increasing traffic. This brought about a Government decision in 1960 to build a massive structure which would go on to bear the name of the first European explorer to Van Diemens Land and cope with the traffic well into the Twenty-first Century.

The current Tasman Bridge was opening for traffic on the 18th August 1964, with the Official Opening held on March 18th 1965. It now stands as a spectacular showpiece in the City of Hobart and a vital link to the fast growing Eastern Suburbs. Apart from the *Lake Illawarra* disaster on the 5th January 1975, when the bulk ore carrier took out two pylons and three sections of concrete decking, and resulted in the loss of lives, the bridge has served the city well. Except perhaps, in peak hours when, even with the help of the Bowen Bridge, opened a few kilometres further north in February 1984, traffic in and out of Hobart at this time of day can be chaotic.

But despite the chaos of today it would not compare with Robert Vincent Legge's crossing of the Derwent River back in 1827. He, with the help of his crew of assigned convicts, would have loaded his small mob of sheep and supplies into long boats to reach the northern shore in order to start his long trek through the Midlands and into the Fingal Valley to settle on his land grant at "Cullenswood". One can only wonder how many days his journey would have taken, or the difficulties he would have encountered.



Letters to the Editor

Vol. 43 No 7, 2010

School name change

There seem to be some debate surrounding the proposed change. I really don't have an opinion one way or another (I can hear some of you mumbling "makes a change"). Maybe a public debate would be useful?

I do however, have a strong opinion (here she goes) about one item of school clothing in the current range. The Rugby jumper. What were they thinking?!? I find it ludicrous to have a large white panel smack-dab in the centre!

Can there be a rational explanation for this? Did no-one stop to think what a disaster this would be?? All those poor mums toiling over the dreaded white stripe. Soaking, scrubbing, & crying, then drying the damn thing!

Did the "nut" who designed it forget who would be wearing them?? Grubby little kids aged 4 and up, that's who! This insanity has to stop! Let's start a movement:

"BAN THE STRIPE"

And when the new uniform arrives, I reckon we should take every single one of those horrid things (the jumpers, not the kids) and have a huge bonfire until there is no trace left behind, so this never happens again!!!

What do you think?

Kim Chappell.

Well done to Melanie and the J.A.M. team for providing a great afternoon of entertainment on Saturday 14th August. Great to see so many people enjoying themselves.

SQUIRT the clown was kept busy making sure every child received an amazing balloon creation and was also really funny. His illusion show was fantastic (and he'd obviously been working out! ha. ha.)

Throw in a jumping castle, sausages, tea, coffee, cordial, cakes, sandwiches, and you have an event that was terrific. Thank you.

Kelly, Chloe & Katy.

Oh no - Liz has done it again! Not only am I addicted to her delicious **REAL** hot chocolate, now I've discovered her thicker than thick **THICKSHAKES**. 4 scoops of icecream that makes the straw stand up all by itself. **SENSATIONAL**. And Liz now stocks Cascade drinks—so guess what! She can now make **SPIDERS!**

I love that there's always something new and delicious to treat the tastebuds. It's great to see a local small business growing from strength to strength.

I know whenever I'm out and about in Tassie and I see **MT ELEPHANT FUDGE** sold somewhere, I feel proud of Liz and her achievement, and feel lucky to live in the town where it's made, where you can drop in for a friendly chat and a delicious treat. Keep 'em coming Liz. Kelly, Strawberry Jelly.

Once again, Samaritans Purse shoe boxes are available to send to children in need at refugee camps and poorer countries. Cost of shipping this year is \$9.

There was no sponsorship.

Some soft toys, balls and face washers have been donated.

These will be in your box to assist with expenses.

Contact: Eileen McManus. Ph: 6372 5480.

St Marys

School Association news

St Marys District High School Association Inc.
A.P. 40 466 390 317
13 Gray Road, St Marys, Tasmania, 7215.

On behalf of the School Association committee, I would like to thank all entries to our recent competition on the proposed new identity for the school. This competition was an attempt to promote awareness of proposed federation with Fingal School, stimulate debate and ideas around the concept of an identity change, and to inform all members of the community of the potential changes to the school's corporate identity.

There were a broad range of ideas submitted, too many for us to reply to in person. All submissions, including those advocating a no change position will receive due consideration.

We are aware that many people feel a strong sense of pride and history in the school, and that is a great strength in our community. We would hope that any changes made will reflect both current sentiments and future needs of students.

It is our primary aim as a committee to support the educational needs of all children attending our school, and we strongly feel that the federation with Fingal has many advantages for all. Our discussions as to the final form of that federation are ongoing and we intend to keep the community fully informed as to the progress on the discussions.

Tanya Greenwood,

President,

St Marys School Association.

AN APPEAL FOR MORE DRIVERS FOR FINGAL VALLEY MEALS ON WHEELS.

Are you interested in volunteer work, helping in the community?

Just an hour of your time once a month is the average for this work. It is so rewarding.

Your visit is looked forward to by our recipients, a little small talk does make a difference to an isolated life.

Fingal is difficult to roster with so many unable to manage work on Mondays.

Think about it please.

Lundy Vosper, Secretary. Ph: 0488 384 344 or 0409 098 060.

Advertisement

REON JOHNS

Councillor

Like to raise an issue? Feel free to contact me on:
mobile 0429 722 091 or Fax 6372 2098.

On the last Thursday of each month I visit:

Fingal 8.30am—9.30am at the Neighbourhood House

Mathinna 10am—11am at the Post Office

St Marys 12pm—1pm at the Bakery

St Helens 2pm—3pm at the Neighbourhood House

Scamander 3.30pm—4pm at the Mouth Café.

Long Tan Address by Joshua McDiarmid

The battle of Long Tan was the shining point for the Vietnam War. It showed that Australian troops never give up, even if the odds are stacked against them.

I almost had a connection to the Vietnam War through my father.

Because of conscription, he was selected to be sent to Vietnam. He even received the paper work, but by some unforeseen stroke of luck he didn't go. He had recently married and had a child, so he was given a deferment.

Many other men were not as lucky as my father. They were sent to Vietnam to fight in the war. Although many disliked the idea of going overseas, away from family and friends, and fighting in a war that many felt that Australia should not have been involved in, once in Vietnam they still fought proving their loyalty to Australia.

That was further proven in the battle of Long Tan on the 18th of August 1966. In the rubber plantation, 108 Australian soldiers defeated a foe much larger than them, estimated to be around 2,500.

All thoughts of home were put aside. The one thought going through the minds of the troops was to stop the enemy. Not once did they say "This is too hard". They just kept on fighting. After a long and grueling battle that lasted more than two hours the enemy soldiers retreated, leaving behind an estimated 245 dead. 18 Australian troops were killed and 24 injured. The youngest Australian killed was 19, the oldest only 22.

I would like to thank the Australian troops involved in that battle along with the many other troops that fought in the Vietnam War. *Their courage is endless.*



Long Tan Address by Zachary Broadhurst

Good afternoon everybody, I'm Zachary Broadhurst and I'm from St Marys District High School, and I'm here today to share a speech about the Vietnam war and how it seems to me.

To me the Vietnam War is ancient history and it's more that three times my lifetime ago, but in a room full of people who were actually there it makes me realise how little I know. My uncle was the right age for conscription to Vietnam and now I think about it, my grandpa was in World War 2, and my great grandpa fought in World War 1 nearly a hundred years ago, I suppose that is ancient history.

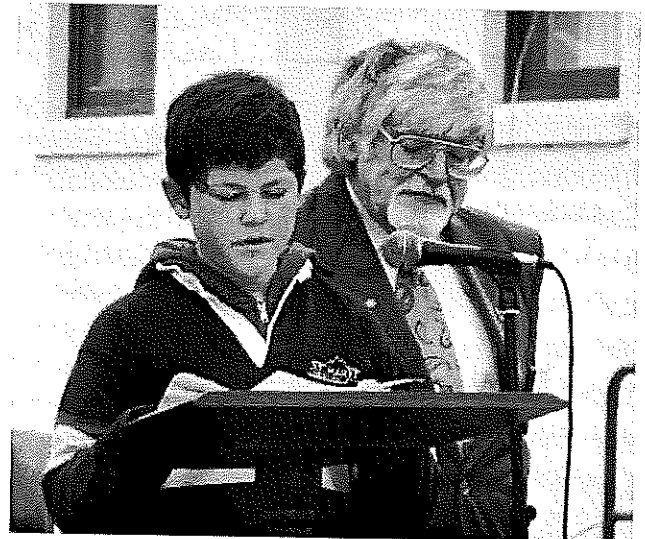
During Australia's involvement in the Vietnam War which went from 1962 till 1975, 501 Australian service people were killed. Just the other day I heard another Australian soldier was killed in Afghanistan, I just can't grasp that times 501 and I don't think I want to and hope I never have to.

I think you are all incredibly brave. I would be very scared if I was put in your shoes for just one day of that war, or any war, but I know that sometimes people have to go to war. I never want it to happen to me, but if it does, I hope I would be brave as you must have been, like my grandpa and great grandpa.

I suppose to be brave is to stand up for what's right no matter how dangerous or terrifying it may be.

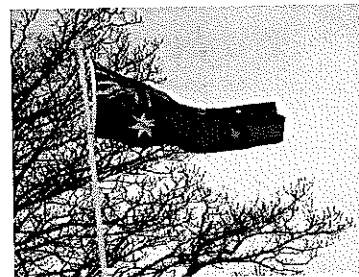
I respect all of you for putting your lives on the line to do what was right and what your country asked of you.

More than respect, I give you my thanks.





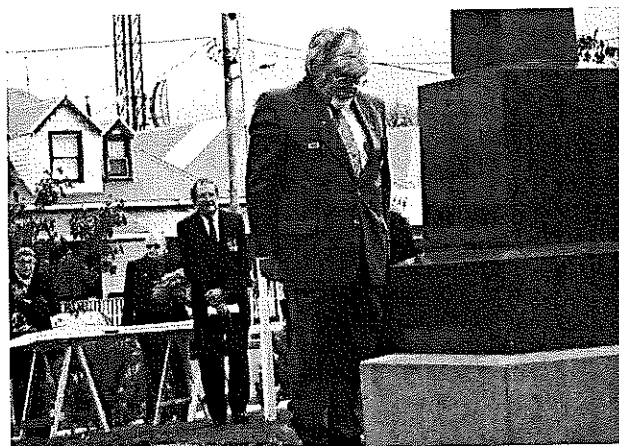
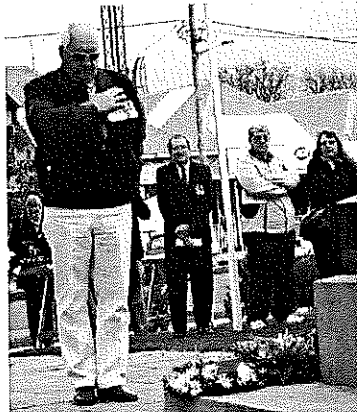
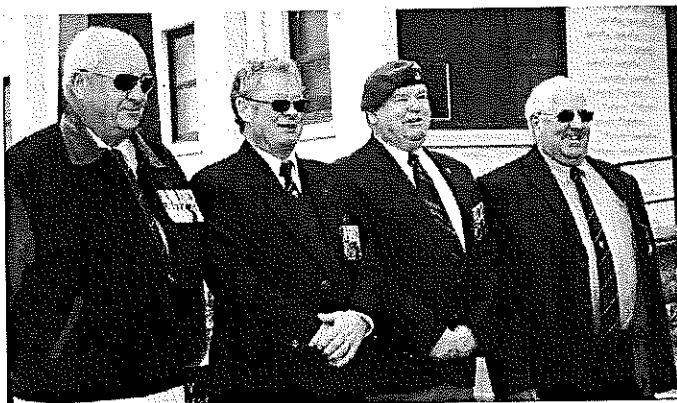
Vietnam Veterans Long Tan



Commemorative Service 2010

The St Marys Memorial Association would like to give a sincere thank you to all the attending Vietnam Veterans. Joshua McDiarmid and Zachary Broadhurst for their addresses from the heart. Sean Harris whose understanding and grasp of modern technology saved us a lot of frustration on the day. Rita and Ian Summers. The Coach House whose sandwiches were a culinary delight. The St Marys District High School. The St Marys Hotel for the venue. The hardworking St Marys Memorial Association Committee and the Targett family for letting us play the last post by the late Selby Targett. The Break O'Day Woodcraft Guild for the tables and chairs. Judy and the volunteers at the Valley Voice who made sure our ad was placed. Last but not least the Community of St Marys.

Lest we forget



*All photos
on both pages by
Janet
Drummond
and Wendy
Brennan.*



Tribute to All Vietnam Veterans. David Watkins

The Vietnam war was over 8 years before I joined the defence force, but from the footage I have seen, by serving with veterans and knowledge I have gained, I hope I can adequately represent today those men and women who served in the Vietnam war.

As most of us are aware the Vietnam War was a very different conflict in many aspects from the Second World War; with the exception that Australians fought and some 521 unfortunately died doing what their country asked of them.

The enemy was not as clearly identified.

Ground that was intensely fought over, and where lives had been lost was then, going against normal tactics, abandoned.

The enemy was not forced to fight on their own soil, and their ability to make war was not as strongly attacked.

Soldiers found themselves enduring up to four times as much time in contact with the enemy, that is being shot at, than his father fighting in WW2 experienced. This also occurred over a shorter period of time.

Many Vietnam veterans, on returning to Australia, were not given the reception and or respect that they deserved after serving their country.

The soldiers of the Vietnam War era were trained/conditioned to kill, not just fire their weapons, as their predecessors had been. It was found that in WW2 only 25 to 50 percent of the men in a front line unit were actually taking deliberate aim and firing to kill the enemy; all were willing to die for their country, but some could not bring themselves to kill another person. Through changes in military training methods, sometimes known as killology in the services, this had reportedly changed so that 100% of our soldiers were firing to kill the enemy in Vietnam. This, combined with other factors resulted in an increase in the psychological problems that the veterans experienced.

During the Vietnam War, a glimpse of the true horror of war came into our living rooms every night via the television. Watching those broadcasts, I soon came to realise that real warfare is nothing like that portrayed in the movies.

The footage of the police chief shooting a person in the head, and the Vietnamese girl running burned and naked down the road after a napalm attack on her village, will always be imprinted in my mind. For me, these and flights of helicopters have become the memorable images of the Vietnam War. What may have been lost to many is the background and outcome of those involved in those images I just mentioned.

The police chief was filmed summarily executing a North Vietnamese special forces soldier who was captured not wearing a uniform during North Vietnam's TET offensive, a sentence and action that is permissible for that offence under the rules of war. The man just happened to be from a unit that had murdered the police chief's wife the day before. The girl survived and moved to America. She was later to design the United States Vietnam War Memorial.

Like many things from that war, not all was as it seemed.

I have heard it said by Veterans that if you were not there, I can not explain it to you, and if you were there, you do not need to ask.

To the lay person this statement may seem strange but I believe it makes perfect sense. After being placed in life threatening situations, trying to explain the emotions and feelings I had at that point in time to anyone, I found extremely difficult. In returning to the scene later you realise that others can have no comprehension or understanding of what actually took place to the people involved in that incident, for that place is now totally different from how you experienced it.

I am sure my experiences pale into insignificance from those the Veterans have faced, and for many of them, still do. After seeing uncensored images of the Vietnam War, and speaking to a veteran of his experience; after he had a few drinks, for that was the only way he could recount a part of his story, even to another colleague, I can understand why it is difficult for veterans to openly recount their experiences.

Death, let alone killing, is not openly discussed in our society, and I find myself reluctant to pass on the real horror and waste that is war, to anyone, and I have not felt, smelled and tasted it like our veterans have.

I will conclude with a slight variation of the wording I used to open the ANZAC DAY service.

"We are not here today to glorify war but to remember and show respect for those who have faced the horrors of war on behalf of us and their country".

Lest we forget.

ADVERTISEMENT

DickAdamsMP

Federal Member for Lyons

THANK YOU FOR YOUR CONTINUED SUPPORT

Written and Authorised by
Dick Adams, 53B Main Road, Perth, Tasmania, 7300

BREAK O'DAY STITCHERS FRIENDSHIP DAY

Our annual Friendship Day is on the 15th October at St Helens Neighbourhood House in the Bungalow.

For \$15 you will receive morning tea and lunch, lucky door prize, trade table and much more.

Come along and meet old and new friends and have a good time making one or two small projects to take home.

Bring along your latest stitching project for 'Show and Tell'.



Polling Day

St Marys was a hive of activity for most of the day last Saturday, as voters flocked to the polling booth to cast their votes.

Many took advantage of the day and voted early, while others came out to do a little shopping and vote later in the day.

The weather was not pleasant, as a cold and biting wind blew off Ben Lomond, for most of the day.

As the final result is not known as we go to press, congratulations to those who have made it and commiserations to those who have not.

Strawberry Jelly

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OPENING HOURS
MON—FRI 10AM—4PM—SAT 10AM—1PM

Spread the news — Wildflower Honey now at Purple Possum!

Just back from her adventures in Bali, Elaine has tracked down some wonderful Wildflower Honey from southern Tasmania. This 100% natural honey is pure bliss spread on your morning toast — or any other time of day! It's just \$9.90 a kilo and you can buy any quantity from half a cup upwards, in your container or one we provide. We also stock local and Leatherwood honey. Try a taste test!

Purple Possum
Wholefoods & Café

5 Story Street St Marys. Phone 6372 2655.

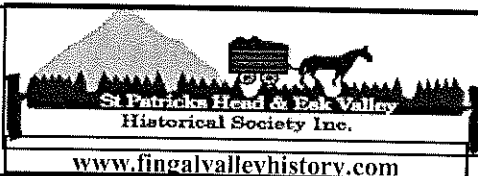
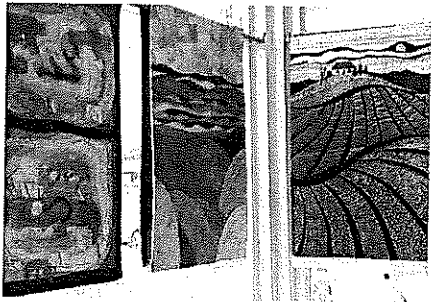
Coast & Country Quilting Exhibition

The official launch of the Coast & Country Exhibition took place on an overcast Saturday afternoon and was very well attended by approximately 30 community members.

The exhibition is a part of the Tasmanian Regional Arts - Visual Arts Touring Program and was hosted by Gone Rustic under the auspices of the Break O'Day Regional Arts. Thirty Eight beautiful contemporary quilts, all made by the NSW Quilting Guild, are on display at Gone Rustic until August 31st. The range of quilts is quite magnificent and there was one to appeal to everyone's taste who attended the launch. The colours, designs and stitching were truly excellent and inspirational.

Sandwiches and soup were served as a light lunch and door prizes were won by three lucky attendees. If you were unable to make the launch, do try to get to Gone Rustic before 31st August to view this delightful exhibition.

Story & photos Janet Drummond.



www.fingalvalleyhistory.com

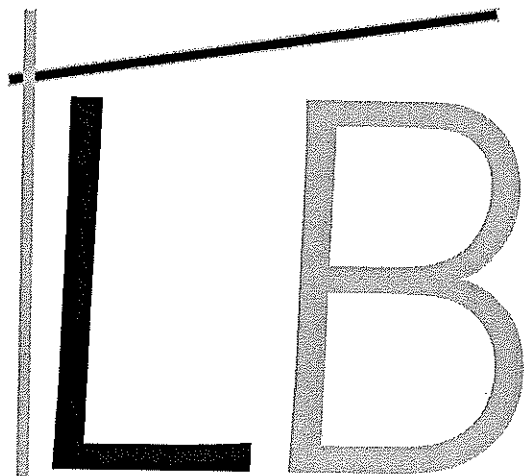
APOLOGY

The St Patricks Head & Esk Valley Historical Society would like to apologise for the cancellation of the Old Dalmaine Mine Site Walk which was advertised for Sunday the 15th August.

Owing to some 200 millimetres of rain falling at Gray in the week leading up to the walk, it was decided many of the creek crossings would be unsafe as well as other areas of the track would be extremely boggy and unstable.

Due to the amount of interest shown in this walk, however, we will endeavour to reschedule it in the coming weeks.

Please keep eye on the Valley Voice and our website for details, or phone: **Barry 6372 5752, Darlene 6372 2416, or Jim 6372 2127.**



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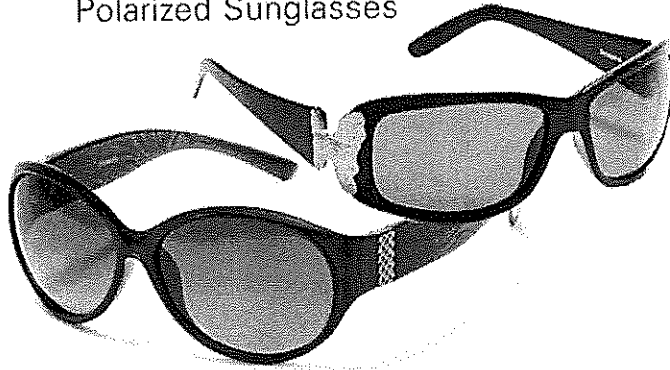
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EMAIL;

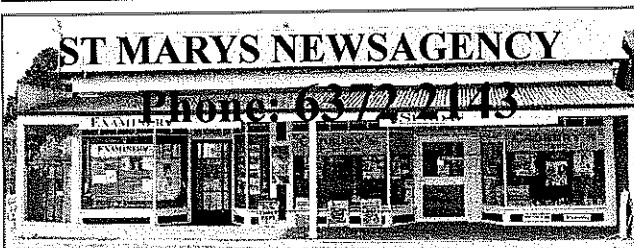
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ST MARYS PHARMACY - MAIN ST - ST MARYS PH: 6372 2844

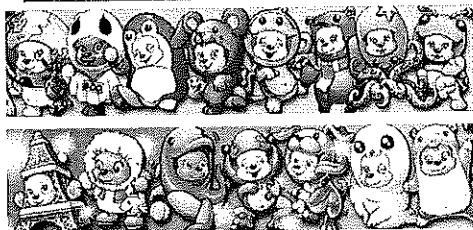


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AURORA PAYG

What's new at the Newsagency?



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Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

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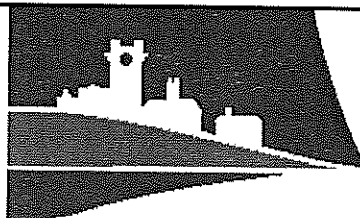
TRIMS FROM \$22.

INTRODUCING "SALLY"

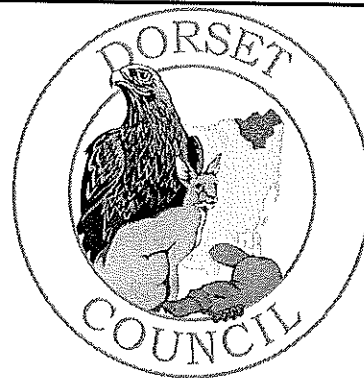
Qualified beautician, for waxing, tinting, acrylic and gel nail & more. Come in and make an appointment for all your hair and beauty needs today.

TUESDAY - FRIDAY 9.30AM - 5PM
WILL REOPEN MONDAYS IN THE
WARMER MONTHS.
PHONE 6372 2108 FOR APPS.

Break O'Day
COUNCIL



NORTHERN
MIDLANDS
COUNCIL



Fingal Valley

Microchipping Day

Has your dog got a microchip yet?

From 1 July 2011 new provisions under the Tasmanian *Dog Control Act 2000* mean microchips will be mandatory for all dogs.

The small microchips are simply inserted under a dogs coat and make positive identification of dogs quick and easy, nationwide.

To help you get a chip for your dog cheaply and easily, the Break O'Day and Northern Midlands Councils have organised a microchipping day as per the details below:

When: 2 October 2010
Time: 10:30am – 2:00pm
Where: Fingal Football Club Rooms
Cost: \$20.00 per animal

DOGS MUST BE ON A LEAD. CATS ARE WELCOME TOO, BUT MUST BE IN A CRATE.

Enquiries to: Break O'Day Council by phoning Jacci on 63 767 900 or
email: admin@bodc.tas.gov.au;

or
Northern Midlands Council by phoning Sandra on 63 977303 or
email: sandras@nmc.tas.gov.au;

or
Dorset Council by phoning Wayne on 63 256 505 or
email: WChurchill@dorset.tas.gov.au

The finishing touches are just being made to the New building at White Sands Estate and we will be reopening to the public on Friday the 3rd of September 2010.

Visitors will now have two dining options to broaden their white sands experience.

Brewhaus Café and Bar

Monday to Friday 11am – late
Saturdays & Sundays 8am – late

Lunch served from 11.30am-3pm

Dinner served from 5.00pm – 8pm

Breakfast Served until 3pm (Saturday and Sunday only)

Come and join us for IronHouse Brewery tastings, specialty teas & free trade coffee, cake, and bistro style meals. To ensure that all our guests receive a high standard of service, **bookings are preferred** and can be made at reception or see us in the Brewhaus

Le Blanc Fine Dining

Tuesday to Saturday 6pm – late

Our Executive Chef Glen Cordwell and his team have put together a menu that uses the freshest, regional produce Tasmania has to offer. Matched with the Country's finest wine and exceptional service from our experienced staff, so join us at Le Blanc, relaxed fine dining at it's best. To ensure that all our guests receive a high standard of service, **bookings are preferred** and can be made at Reception or see us in Le Blanc

Iron House Brewery

Ironhouse Brewery is now located within the new building at White Sands Estate and is set behind windows for your viewing pleasure! We offer four handcrafted brews that are made to traditional recipes from quality ingredients and Tasmanian water, sourced from our own spring. Our brews are refreshingly unpasteurised and have no preservatives or additives. Join us at the Brewhaus Café and Bar for tastings or enjoy a beer on our deck. Take away sales are available at the Providore.

White Sands Estate, Ironhouse Point is quickly becoming a food and wine destination. The area is synonymous with farming, fishing and its pristine environment. It is these attributes that inspire us to provide to our guests and visitors alike true Tasmanian produce. From our specially designed Providore at white sands we offer tastings and sales of our Ironhouse beers and in the near future our own wines. We also sell our own produce grown and made onsite that we use in our exceptional restaurants: Le Blanc fine dining and the BrewHaus bar and café.

In addition to our own products and we also carry lines from some of Tasmania's top producers including:

- Beauty lines from Beauty and the Bees, including everything from Beer Shampoo to body care gift packs.
- Confectionary items including Sweet As, Tasmanians premium Rock Candy makers; Anvers, producers of the finest truffles and Mt Elephant Fudge, suppliers of a variety of decadent fudge.
- Meats: Our very own Iron House Angus Beef; famous smoked goods and sausages from Sir Loin Brier; and Mt Gnomon Pork Belly and Hams.
- Seafood: Fresh Oysters from Freycinet Marine Farm and smoked Salmon from Petuna Seafood's.

With one of Tasmania's best dairy's on our door step, Pyengana Dairy, we have a selection of their premium cheeses and of course their Real Milk.

To match our splendid beer and fine wine selection we carry an assortment of cheeses from Ashgrove cheese and when paired with one of our own dips, Island Grove Olives and Leavenbank Sourdough, you have the makings for an amazing experience.

We have sourced the freshest seasonal fruit and vegetables from our market garden supplier and are also using our local bakery to ensure that we have fresh baked breads daily. You can also collect your daily newspaper here (if you require special papers other than our local paper, The Examiner, please let our sales staff know the day before and we will order it in for you.

We have a variety of important grocery items that you may have forgotten and also Iron House Natural spring water plus a selection of soft drinks.

Not only do we want to look after all your food and beverage items, we also want to look after that special person in your life, so explore our range of art, craft and homewares, you might just find the perfect gift you have been looking for.

Whether you are planning a romantic picnic down at the beach or need meat and salad items for a summer's day BBQ we have the items you need and our experienced staff are more than happy to make recommendations for you to ensure you are completely satisfied with your purchase.

If you would like to pre order any items, orders can be placed directly with the Providore by phoning 63722 2228 or order online at www.white-sands.com.au

We will be celebrating our reopening on Saturday the 4th of September, come and join us for a meal or a drink in the evening and relax and enjoy listening to Pete Cornelius and friends who will be testing out the acoustics!

Also don't forget Fathers Day, Bring dad down for lunch check out the Brewery and Dads can enjoy a complimentary beer with every meal purchased. Bookings are recommended phone 63 72 2228 or email admin@white-sands.com.au

Break O' Day Regional Arts present
September events:

See Change Sustainability Festival

As part of the *See Change* Sustainability festival, a films night will be held at the St Marys Community Hall on Saturday 4th September from 6.00 till 10.00pm. Come and get together for a night of films, a warm supper of soup and rolls while learning about ways to make a difference to yourself and the environment. For further information contact Colin Smith on 6372 2707

Break O' Day Regional



See Change
sustainability
festival

St Marys Market

3's Enough, consisting of Bob Wilson, Warren Speers and Jason Harrison will be playing country/folk and ballad music at next market at the St Marys Community Hall on Saturday 4th September.

This will be a great event, with over 20 stalls of home grown, home made and second hand items. The Woodcrafts Guild will have their popular sausage sizzle; Devonshire tea's and curry will be served by Kathy's Kitchen and lots more...

Come along with your family and friends and enjoy the great sounds of **3's Enough**, wander the stalls, enjoy the food and have a great day out or have a stall yourself. Community groups get free space.

For further information contact Colin Smith on 6372 2707.



Cavaliers Netball Clinic

Players from the Cavaliers Netball Club, the 2010 Tasmanian Netball League champions, will be conducting a FREE junior netball clinic at St Helens on Sunday 19 September from 10am – 1 pm.

Players will be split into age groups and learn drills and skills relating to ball handling, footwork, attacking and defending.

Coaches and older players are also invited to attend this clinic as it's not everyday we are able to watch and learn from some of the State's best.

If interested please let Larissa know ASAP as numbers may be limited - call 0409 807 055 to confirm attendance or please return the attached slip.

Yes.....will be attending the clinic in age group

10/11, 12/13, 14/15, 16/17.

Please reply to CBA, 36 Main Street, St Marys. Or Phone: 6376 2295 / 0409 807 055

Thank-you

Larissa Fontyn

Invitation to a Community Meeting

(hosted by)

St Marys Rivulet Community Park/Arts Space Interest Group

Monday 13th September 2010
5.30 - 6.30pm
Mount Elephant Fudge HQ, 7 Storey Street St Marys

You may have noticed petitions around town in recent months that relate to the block of land on the corner of Groom and Storey Streets, St Marys and its future use. A number of community members have supported the idea of using this site as a community owned park and/or a sculpture and arts space. This proposal builds upon the ideas of former Break O'Day councillor David Clement and is supported by his family.

Community support has been shown by a large number of people signing both the first petition and the second petition that is still in circulation. Strong support for the newly formed St Marys Rivulet Community Park/Arts Space Interest Group was also shown at the recent Tree Planting Activity held at the site. Continued community support and commitment is needed to help us determine the people's vision for the site, the hope is that a motion can be put to Council outlining this vision and requesting that the site be established in perpetuity as a community park/arts space.

This is YOUR chance to attend a community meeting and put forward YOUR ideas about this green space and how it may best be utilised as a community park/arts space. We would particularly like to see those people attend who took the time to sign the petitions as we think they may be likely to have some great ideas to throw into the ring. Invitations have also been extended to local groups who might have an interest in such a venture.

Following the meeting, it is envisaged that a motion will be drawn up for presentation to Council. This motion will represent the community views expressed at the meeting. A formal committee will be formed to take forward the plans for the site subsequent to the desired Council approval being granted.

Some of the ideas that have been canvassed so far and could be incorporated into the site design include:

- **a sculpture park, potentially showcasing local and visiting artists;**
- **a planted park/picnic area for community and visitor use, linking in with the trees which have been planted at the east and west entrances to the town;**
- **a location for creative arts programs and small scale community events;**
- **a green maze;**
- **specialised plantings, such as scented gardens for the visually impaired etc;**
- **a walking path connecting the camping ground with the town.**

Please come along, bring your enthusiasm, ideas and support and let's MAKE this a great space for locals and visitors alike!!

Please contact Janet Drummond on 6372 2851 to lodge your interest or ask any questions that you might have in regard to this project.
Looking forward to seeing you there!

OUT OF THE WOODWORK

Wendy Brennan, Secretary. 0408 656 014

A reminder to all that our Annual General Meeting will be held on the 4th September 2010 at 2pm. The venue will be our Club House at the Old Railway Goods Shed Esk Highway St Marys. All positions will be declared vacant.

As there are many newcomers to our town I would like to take this opportunity to reiterate our club's guidelines.

The outlay to join the Guild is \$16.00 per year which covers insurance expenditure, wear and tear on the machinery and miscellaneous bits and pieces.

This entitles each member to use the club's facilities which consists of woodworking machinery and a tea room. The entrance fee is \$2.00 per visit which covers electricity outlay or \$5.00 for five consecutive days. New members must complete an induction to familiarise themselves with our safety issues and best practice of our machinery.

We are open Monday Wednesday, Friday and Saturday. Any other times by appointment. We ask that all members give freely of their time if a need arises for community assistance. Eg. the St Marys floods, elderly or the infirmed who may need our practical support in doing small jobs. We believe in sharing woodworking skills and knowledge with all colleagues and value every members input.

Our welcome is extended to **women** as well. The Guild tries to be as self-funded as possible, thus our Sausage Sizzle at the markets and sale of wares. All monies raised are put back into the club.

The Say Cagerattler

A couple of months ago a good friend of mine told me of a rather over zealous (let's just say) decision and ruling by one of our prominent statutory bodies that will financially cripple or even curtail completely a much needed and appreciated service and outlet to this community. When he told me of this incredulous demand I actually couldn't believe it to be honest. The ruling is quite impractical and for my friend totally out of the question. It's potentially many thousands of dollars to satisfy this regulatory body.

A bit more recently another local sports facility, one I know very well is also in a similar position with a State regulatory body over a piece of important infrastructure that has been pre-existing now for decades. This outcome has never and almost certainly will never again cause anyone any problems but this body is not keen it seems to set it aside quickly. In the club's view though, if the infrastructure involved is deemed to be removed there is very little

likelihood that a suitable site can be found to allow for it's essential usage as the hotter months quickly approach. The alternatives are way beyond the financial means of the club which in turn gives them great concerns for the future. This is not overstating the situation. At least they have received support from the Council which is much appreciated and a meeting with the statutory body hopefully will help resolve the issue fairly soon.

The point of all this is straight forward. Surely in all these circumstances a case by case on their merit should exist. With my friend's situation surely there **MUST** be a sensible outcome given the location, the needs and the absolute minimum of risk that must now exist so many years on. Especially so given the precautions that were done by a previous owner also.

There has to be a successful outcome there somewhere. Similarly in the case of our local sports club, there must be a method or agreement that can allay the risk to the club itself. Maybe all that is needed is to give a written undertaking to the statutory body involved, that in the nigh on impossible likelihood that a road or access through the point in question is required in the future, that the club **WILL THEN** remove the infrastructure. It causes or has not caused in many decades past anyone problems and by necessity it's location is crucial to it's operation. Just needed is sensible discussion.

All I want to know is why most if not all of the statutory bodies like these above need to insist on sometimes quite unachievable outcomes, even when their representatives have been briefed on the circumstances of the people operating the facilities.

In both local cases these operators are essentially not for profit organisations and with no pre-disposition to gain livelihoods from the services provided to this town. Let it be known that if one or both have to financially comply with the requirements it is almost certain that these valued assets will be under serious threat of being able to continue as is. It's that simple and stark. All we need to ask the statutory bodies is to take what they are told into much consideration before they make their final decisions as much as courtesy as anything else... It's pretty darn important .. Believe me..

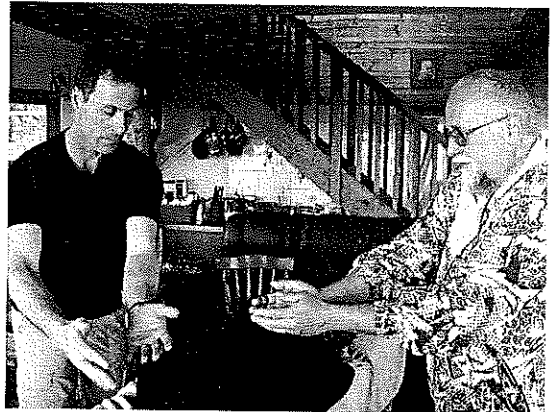
What do you think ?

Qi Gong Healing workshop

American visitor, Barbara Longue, an expert in the field of Qi Gong took a group of ten through the basic healing exercises and techniques of the Internal martial arts, known as Qi Gong.

Various breathing, stretching, and postural alignment had us all on the edge of our seats, literally! We then learned self healing and clearing of energy fields of others.

It was an excellent day and we all achieved a great deal of learning about our bodies, and about the importance of clearing our energy fields, especially after working with others.



Police Report

Many readers would be aware that recently there has been a "Changing of the Guard" at the St Marys Police station. Sergeant Derek Singline has chosen to retire after 38 years as a sworn police officer and I/C Constable Michael Spaulding has transferred to Northern Traffic Services, based in Launceston.

The new officers attached to St Marys station are Sergeant Sharmaine Ward, and Constable Chris Smithurst. Both officers were keen to transfer to St Marys and work in the area.

Sergeant Ward is the first female Sergeant to be attached to a station within the St Helens Division and is looking forward to the experiences that working in a country area brings, whilst Constable Smithurst has a background in country policing and no doubt will be a capable foil for his new Sergeant. Both officers will be residing in police accommodation on the town which is a bonus for the community as this has not been the case for the last four years or so.

EDITORS INTERVIEW WITH SERGEANT SINGLINE PRE RETIREMENT

Editor- Sgt Singline, you are retiring after 38 years as a police officer, why have you chosen to retire?

Sgt Singline- I believe the time it is right for me now. It has been a long and generally enjoyable journey, but I need to give my family some quality time. There are so many other things I wish to do also.

Ed.- Have you enjoyed your time working in St Marys?

S.S.-Yes I have. It is so different from working in the populated areas of the state. Here you have the opportunity of meeting the people you are serving and forming real relationships with them. In the busier centres you don't have the time for this to occur.

Ed.- Is working in a smaller community more rewarding for you?

S.S.- I believe it is. I think you can measure your efforts more readily. When you know whom you're dealing with, you tend to get to the point and achieve a good outcome for all concerned. I believe it is important for a police officer to develop trust and respect within the community, in order for the community to feel safe and in turn assist its police in solving problems as they arise.

Ed.- Have you worked in other country areas?

S.S.- Yes, I was stationed at Deloraine for eight years, Zeehan for a year, and relieved at Longford, Westbury, Mole Creek, Sheffield and Latrobe for extended periods.

Ed.-What was the attraction to these stations?

S.S.- I come from a police background. A favourite uncle was a police officer for 43 years and he worked mainly in country areas. His philosophy was to "be available to help the public, sometimes not all wanted your help, but generally most did." I have subscribed to this throughout my career and believe in the country areas you are able to offer the most to the people you are serving.

Ed.-Was St Marys typical of the other country towns you have worked in?

S.S. No, each town is different and has its own character. After arriving here St Marys, it first reminded me of Deloraine, but on a smaller scale. There is a diverse pool of backgrounds with more interstate/overseas settlers in the area than I thought. There is a strong sense of identity and community within the valley, which I see as a big positive. The community facilities are generally good and the school community is vibrant with good leadership and parent participation. On the down side, it's a shame there are not more facilities/activities available for the local youth and the football club can't find a competition to accept them on a regular basis. I hope this changes in the near future for all concerned.

Ed.- Is there a down side to country policing?

S.S.- Being on call 24/7 at times can be very tiring and stressful, particularly if you have been called out a few times early in your block of shifts. The public would generally have no idea how many hours their local officer may work during some shifts. Also your privacy is compromised by virtue of your job and the scrutiny received must also be expected and avoided by conducting yourself in a professional manner. I'm also frustrated by the false loyalty some members of the public give to offenders. Don't they realise by not supporting their police the offenders only continue their conduct and cause further problems for others.

Ed.- How will you remember St Marys and the Fingal Valley?

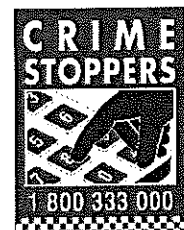
S.S.- I will have some fond memories of the area. The characters I have met, but also I have found most people courteous and friendly. I have developed excellent relationships with some good people and upset one or two others, but you get that with the big jobs. I certainly won't be losing any sleep over them. It is my intention to return to the area on a regular basis to visit my friends/acquaintances and support the local community in what ever way I can. The scenery in the area is beautiful, just the drive into the valley on a clear day is enough to make you want to stay that bit longer and more importantly return another day in the not too distant future.

Ed.- Thanks for your time, all the best to your family, and have a happy, long retirement.

S.S.-You're welcome. All the very best to you and your readers.

St Marys Police Phone Number
Non Urgent Number
Urgent and Life threatening

63721010
131444
000



GEORGE TURNS 33

When I first met George he had been abandoned and his appalling physical condition, skeletally thin with deformed hooves, led to him being unwanted by anyone. He was 'that horse' which something should be done about but nothing ever was. Tragically this seemed to have been the case for much of his life with year after year of horrendous suffering. Never the less he had somehow managed to survive for thirty years.

I confess that initially I had my doubts as to whether rehabilitation was possible. I took him on anyway and today couldn't imagine life without him.

As well as the dreadful condition of his hooves I noticed that he would not graze effectively. Chewing grass seemed to cause him great discomfort thus explaining his starving despite living on a lush river flat.

I had him attended to by dentist Warrick Morgan, who found that George had nasty sharp barbs on his teeth that lacerated his cheek when he tried to chew. Mr Morgan showed great compassion for the pain George was enduring and for the relatively inexpensive cost of \$70, filed off the barbs leaving smooth porcelain like surface. He also explained that the horses own bacteria would heal the wounds in his mouth as effectively as anything I could treat them with.

Thus George could eat and began to gain weight quickly. He was wormed as matter of course, but showed no signs of serious infestation. With much searching I finally found a qualified farrier, Gary Horobin, who also showed great compassion and treated Old George with the respect one might consider reserved for million dollar race horses. Georges hooves are now completely normal and though initially wary of the farrier, he now considers his visits a luxury and quite simply adores him.

The importance of teeth and feet in care of any horse cannot be over emphasized yet they continue to be overlooked by some owners. Any local pony/equestrian club will have contact details for equine dentists and farriers and be happy to help new owners with advice on feeding etc.

George is now a happy healthy cheeky old man. He is a well known Local Character and has taught several children the basics of horse riding.

On the 1st August several friends of George celebrated his 33rd birthday. My deepest thanks go out to everyone who has supported George and myself in the last couple of years. I could not have helped him alone. His extraordinary recovery is the result of a combined effort by some truly wonderful people. Once again Thank you. Marianne Downey.

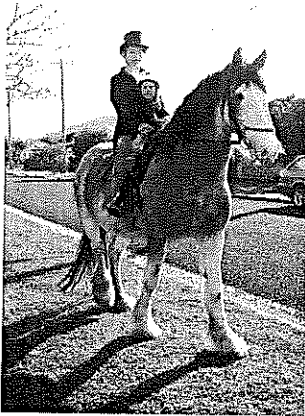
Photos : Michelle Menz.



A birthday groom,



friends of George,



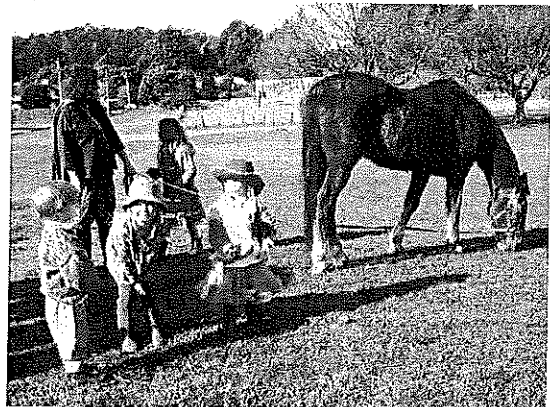
gypsy arrives,



a birthday kiss,



a birthday carrot cake,



I'll just ignore all the fuss and eat



We will be offering a local and friendly service at

	St Marys	St Helens
August	26th	27th
September	16th	17th

**St Marys Community Health Centre
& St Helens Hospital**

If you want a professional consultation with one of our qualified optometrists then contact us on
6343 6333
All consultations are bulk-billed to Medicare.

All community members are invited to the
St Marys Child Care Centre
5th Birthday Celebration

When: Saturday 18th September
Time: 11am - 2pm
Where: St Marys Child Care Centre, Gardiner's Creek Rd., St Marys

Please RSVP for catering purposes to
6372 2187

Free BBQ Lunch

Games & activities for children.
 Photos and art work display.

11.30am Story Telling with Alizon McColl
 Family Food Patch Educators with info. on food & nutrition for children.



The Valley & East Coast Voice Guidelines.

- *Opinions in letters published are not necessarily the views held by the editor and voluntary workers.*
- *Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted.*
- *Please do not attack the editor, the paper or the authors of previous letters.*
- *Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.*
- *Please make sure of your facts. Do not write letters just to let off steam. Keep letters short and simple. Letters restricted to 300 words or less will be given preference.*
- *All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.*
- *All letters sent by email must contain your contact details, such as full name, address and phone number.*
- *All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.*

EAST COAST SURVEYING

Consulting surveyors and land planners.

Mark Anderson 6376 1972

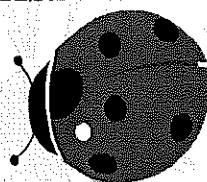
We can help you.

- ☐ Buying a property?
- ☐ Planning a development?
- ☐ Unsure of your property potential
- ☐ In dispute with an adjoining owner?



ST HELENS GARDEN CLUB "SPRING DELIGHT"

**ANNUAL FLOWER DISPLAY
TO PLEASE THE SENSES**



**ANGLICAN CHURCH HALL
FRIDAY SEPTEMBER 17TH**

10AM-4PM

SATURDAY SEPTEMBER 18TH

10AM - 2PM

HOMEMADE DELIGHTS WITH TEA/COFFEE

GREAT TRADE TABLE & RAFFLE

Displays welcomed by Members & Non Members.

All proceeds to Local Charities

\$2.00 ENTRANCE FEE

Kids Art Club - "Mosaics" Weds 3-4.10
Starting August 4th \$12 per week for 5 weeks

"Textiles and Fibre"-Exhibition & Live music
Sat Sept 4th 6.30pm -9pm

Mosaic group has moved to SAT 2.30
\$20 Tuition & basic materials supplied
\$12 Basic materials supplied
\$5 Byo Project (can be anything arty)

Tues & Weds Afternoons
Guitar, bass or drums with Sim \$15 - 20 mins

Weds 1 - 2.30 - Garden Sculptures (clay
Modelling, Ferro Cement, heble carving)
with John McColl \$20

1st **Wed** of every month 5 - 6.30
Life Drawing (Model and materials provided.
No tuition) \$12 No bookings required

Big Shed has a recording studio & **audio engineer** available Thurs, Fri & Sat for solo/
band recordings, radio ads, tape & records
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Big Shed has art space for hire, artists
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graphics and art parties, as well as local art
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Bigshedstudios@yahoo.com

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Tues
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*Wiring and Repairs, Rewires,
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- Washing machine **NOISY?**
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SAVE HOURS OF HARD WORK.
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Falmouth Ph: 6372 5361

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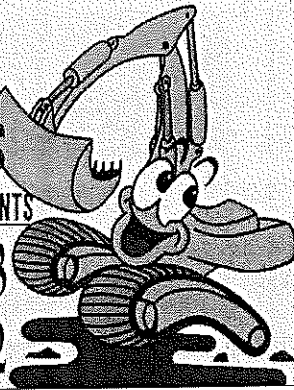
25 Quail St, St Helens, Tasmania. 7216.
Ph: (03) 6376 2629
Mob: 0400 054 110
email: marycporter@bigpond.com

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Mobile : 0439 722 032



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OVER 20 YEARS EXPERIENCE

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6372 2033 /0439 722 032

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DAMS, ROADING, FIREBREAKS, LAND CLEARING, HOUSE SITES, DRAINAGE, BRIDGE CONSTRUCTION.

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- ◆ TOP SOIL
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- ◆ SAND
- ◆ ROCKS
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- ◆ 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
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- ◆ 10 YARD TIPPER
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AND MUCH MORE

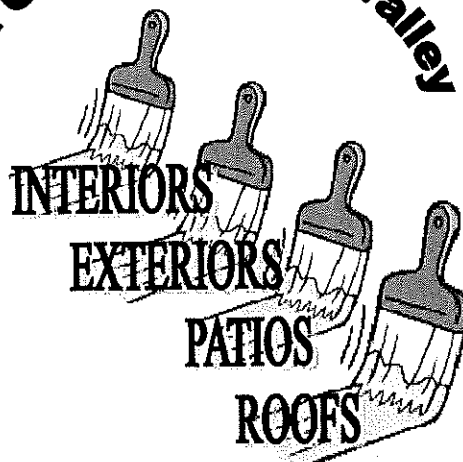
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0488 777713

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experience
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(D. Bailey & son) A.F.D.A

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St Helens

Chapel:

46 Tully Street
St Helens

We are here when you need us
to arrange Burial or Cremation.



Pre-paid and pre-arranged funeral plans are available.

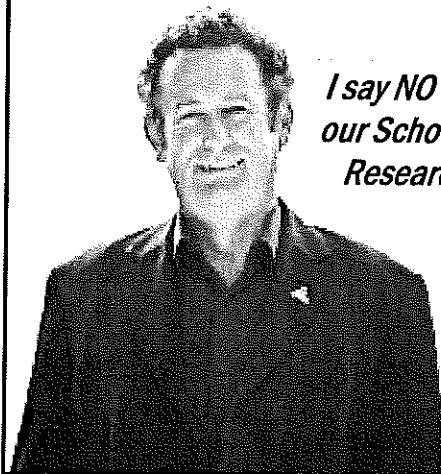
Tim Morris MP

Tasmanian Greens Member for Lyons



Tasmania

*I say NO to selling off
our School Farms and
Research Stations*



New Address: Shop 9, Covehill Shopping
Centre, Bridgewater 7030

Phone: (03) 6263 3801

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.

St Marys Market

Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall 9am till 2pm.

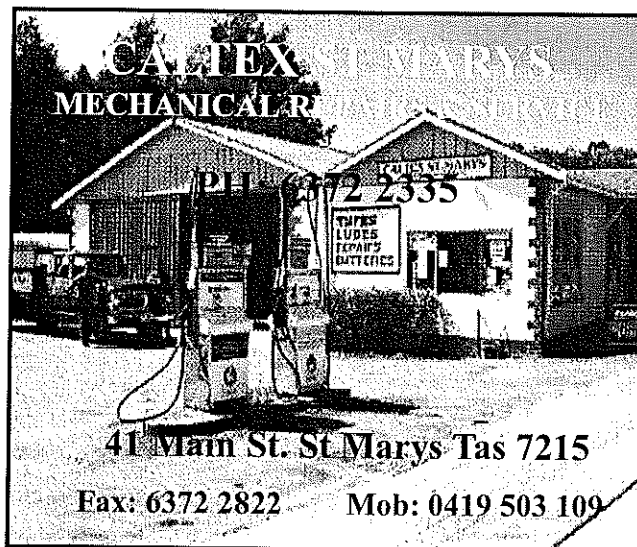
New stall holders welcome

Phone Colin 03 6372 2707

Tasmanian Regional



CAITEX MECHANICAL



41 Main St. St Marys Tas 7215

Fax: 6372 2822

Mob: 0419 503 109

Scamander Beach Surf Shop

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Surfboards:

Milch McTavish

Surftech Bic G Boards

Bay Surf Shop

2 Pendrigh Place
St Helens

Ph: 6376 1755

August/September

Mon	Tue	Wed	Thu	Fri
23 Aug ■ Rock Challenge ■ Book Fair in rm 41	24 Aug ■ Arts on Tour ■ Book Fair in rm 41	25 Aug ■ Arts on Tour ■ Book Fair in rm 41	26 Aug ■ Book Fair in rm 41 ■ Arts on Tour	27 Aug ■ Book Fair in rm 41
30 Aug ■ Primary Assembly lead by Prep	31 Aug	1 Sept	2 Sept ■ ENE Dance Day ■ ENE Cricket Selection	3 Sept ■ TERM 2 concludes ■ Footy Colours Day
School Holidays 6th - 17th September				
20 Sept ■ TERM 3 BEGINS	21 Sept	22 Sept	23 Sept ■ Performance Gr 7-10	24 Sept
27 Sept ■ Australian Business Week	28 Sept ■ Australian Business Week	29 Sept ■ Australian Business Week	30 Sept ■ Australian Business Week	1 Oct ■ Australian Business Week

ST JOHN AMBULANCE CPR C
 St John Ambulance CPR courses with Roxy Cowie

Monday 4th Octo^r
At St Marys District

People who have not attended previous CPR course enrol in the 2.5 hour session; while regular participants only of the other sessions.

Cost for 1st and certificate 1 month.

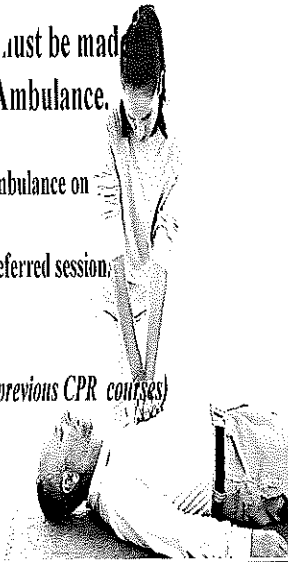
Bookings must be made directly to St John Ambulance.

Postponed till Early 2011

St John Ambulance on 0800 360 455 for your preferred session.

People who have not attended previous CPR courses

Session Times:
 11.00 - 1.30
 2.30 - 4.00
 5.00 - 6.30




ORAL HEALTH SERVICES TASMANIA

The St Marys Dental Van is open every week on Wednesdays and Thursdays. You can organise appointments for your children by calling the staff at the dental van on Wednesdays and Thursdays on 63722488. On other days you can call the Northern Dental Centre on 63364100 as they have access to the appointment book.

If your child is unable to attend an appointment it would be appreciated if you could call the staff at the dental van before the appointment so that it can be rescheduled. This will enable the staff to use this time to see another child.

Parents and guardians should note that dental staff can not arrange for children to be called from class for appointments.

For any Dental Emergencies when the dental van is closed please call the St Helens Dental Clinic, St Helens on 63765208 or the Northern Dental Centre, Launceston on 63364100.

TEMPORARY CHANGE TO SERVICE

The Van will be open for the first week of September (1st and 2nd), and then closed until Wednesday 6th of October. The provision of services will then return to normal. The changes are due to Mackenzie undertaking the role of Acting Senior Dental Therapist for a period of time.



Science and Engineering Challenge



Very early on Thursday the 15th of July, twenty nine nervous but brainy kids set off for the Science and Engineering Challenge. It was a freezing morning but when we walked in the centre we realised it was even colder inside. After sitting for 15 minutes listening to a spiel that no one paid any attention to, we split up into our groups and started the first challenge. Some students went to two challenges which took half of the day each whilst others had all day challenges. The challenges included: 'The Dish' where you had to make a dish which picked up radio signals; 'Puff Puff Golf' where the students made a balloon powered car; 'The Great Tea Race' where you made boats and raced them; and 'Eco Habitech' where students built eco friendly houses which underwent a series of tests such as rain, wind and heat.

At half time it was announced that St Marys was in the lead against all the other schools competing. We were very shocked: little old St Marys was winning!

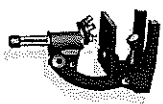
Our Great Tea Race competitors wowed them all with their amazing boat building skills. In the war machine, Emily, Tarquinne and Billy were building catapults and after changing their design several times they came out on top with a fabulous contraption. Both teams cleaned up by far in the 'Crypto Cracking Cronies'. The Bridge team won the finale: theirs was the only bridge that survived all the weights that were put on to it sealing St Marys' victory.

Overall it was an enjoyable day with many funny (and freezing) moments. We are now attending the state final against big scary schools like Riverside on the 15th of August. Wish us luck!

Thanks to Mr Brad Ennis, Mrs Mel Morgan and Ms Linda Brown.



Neuroscience Challenge 2010



On the 20th of July, after much study, Josh Male, Stacey-Arm Binns and Elizabeth Carin travelled down to Hobart to compete in the state final of the Neuroscience Challenge. The trip there was very quiet due to being at a ridiculous hour in the morning. We arrived nearly an hour early, so we walked around the shops for a while. Josh was nearly convinced to buy a pair of hot pink jeans, but chickened out at the last minute. At 10am we entered the New Menzies institute very nervously and met with the coordinator and other competitors for the day.

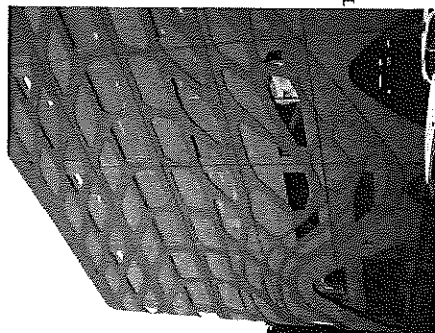
We had the first round of tests, and the second, then had a tour of the institute with clear instructions to stay on the gray linoleum and DO NOT go on the yellow. We did go on the yellow: how naughty. It was an interesting tour and we saw a lot of expensive microscopes and stuff.

We then had a few lectures about various things related to neuroscience which I'm sure were intriguing if you listened and tried not to fall asleep. This was followed by our final round of questions that were a lot harder than the first two rounds. The questions were oral and I found it harder to grasp what the question actually was as those devils twisted their words just to make us suffer. Next we posed awkwardly holding a plastic brain for the television and newspaper and tried to have an intelligent conversation. We were too tired for the intelligent part.

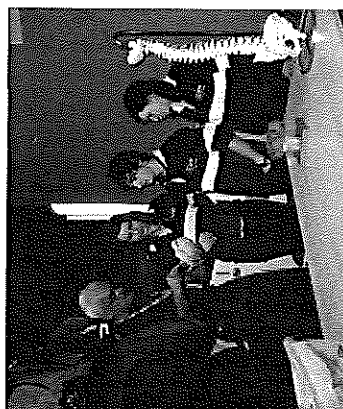
The results were then announced. A girl from Kingston came first and Stacey-Arm and I tied for second. Overall the day made me realise how much I really don't want to be a scientist.

Thank you to Mrs Morgan for her lenience with our class time and extensions in assignments as well as Ms Brown for tutoring and helping us through our blonde moments.

-Elizabeth Carin



The Menzies Institute.



ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

24th- 27th August Dr Cyril Latt
28th Aug- 12th Sept Dr Jenny Conway

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday 8:50am-12:30pm

12:30pm-1:30pm LUNCH

1:30pm-4:30pm

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before.**

INR TESTS

A doctor's appointment is required if you are having an INR test. Please **let reception staff know when making your appointment that you are having an INR test.** This is a 5 minute doctor consult.

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply.

IMPORTANT INFORMATION TO PATIENTS

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention please inform the reception staff who will put you through to the Nurse on duty. Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt- Call an Ambulance 000

PODIATRY SERVICES 2010

Due to unforeseen weather conditions Perry Daly from Lightfoot Podiatry was unable to attend his last Podiatry Session in St Marys on Wednesday 11th August. Please note that another Podiatry Session **has not been booked for this missed session** and Perry will be in St Marys again on Wednesday 22nd September. We apologise for the inconvenience. If you require an appointment for Podiatry Services you can make your own appointment by phoning:

Lightfoot Podiatry Phone 6331 9568

WHAT'S ON AT THE CENTRE

25th Aug **Day Centre-** For details on the group please contact Hayley Gilbert

26th Aug **Eyelines-** For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare

Social Work- Helen Jennings. Please phone 6372 2111 for appointments- Meeting 11am in the Day Room

GP Podiatrist- Annabelle. For appointment please see your GP or Health Professional for a referral.

Continence Nurse- Sue (Replacing Heather). For appointment please see your GP or Health Professional for a referral.

30th Aug **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments

31st Aug **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments

Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381

1st Sept **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments

Day Centre- For details on the group please contact Hayley Gilbert

2nd Sept **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments- Meeting 11am in the Day Room

6th Sept **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments

Hospital Auxiliary Meeting 2:00pm in the Day Room

7th Sept **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments

Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381

Tom Bain, Roe & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555

8th Sept **Day Centre-** For details on the group please contact Hayley Gilbert 6372 2111

9th Sept **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments- Meeting 11am in the Day Room

13th Sept **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments

14th Sept **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments

Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381

15th Sept **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments

Day Centre- For details on the group please contact Hayley Gilbert on 6372 2111



East Coast District

*Transporting the Frail Aged and Younger People
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Need Transport ?

Community Transport Services Tasmania Inc.
provides transport for a variety of
purposes including a wheelchair accessible
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Servicing St Marys, St Helens, Bicheno, Swansea,
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Contact David on

6372 2137

Office :

2 Story Street
St Marys

Office Hours :

Monday to Friday,
9am to 1pm

MEALS ON WHEELS ROSTER

Aug/Sept		St Marys	Fingal
Monday	30th	Pam Lynch	Debra Speers
Tuesday	31st	Yvonne Reed	
Wednesday	1st	Val Spencer	
Thursday	2nd	Heather Griffiths	
Friday	3rd	Claire Bean	
MOW Contact		Phone:	0488 384 344
Monday	6th	Debbie Barnes	Carole Woods
Tuesday	7th	Trish Pike	
Wednesday	8th	Dianne Troode	
Thursday	9th	Kaye Nailer	
Friday	10th	Wendy Aulich	

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 5.00pm
Bicheno 9.00am
Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil 5.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Sunday: MASS

St Helens Vigil 5.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

4th Sunday LITURGY

St Helens Vigil 5.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Week Liturgy

St Helens 5.00pm
Bicheno 9.00am
St Marys 9.00am
Fingal 9.30am

Enquiries for
Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours:
10.00am - 3pm.

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am

Kanga Sunday School

10.30 am - 12 noon
every Sunday for children 5/12 yrs
St Marys every Sunday 10 am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.
Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405
St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155
email: judith.spilsbury@telair.com.au
Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2010

Classifieds: 25 words or less: free
Community notices : free.
Small boxed ads. Garage sales. Greetings.
Thanks etc. \$12.
¼ page \$20. ½ page \$30.
Full page \$50.
1 year posted subscription \$40.

On Air Now!

Vision FM 88.0 at
St. Marys, St Helens
and Fingal.

Robbo isn't alone at breakfast anymore.
Shelley has joined him and
they are calling the program
'The Journey'

100% positive music & talk all day long;
connecting faith to life.

National Vision Radio Network.
Phone 1800 007 770.
web www.vision.org.au

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm
Tuesday 10 am-4pm
Wednesday 10am-4 pm

Thursday 10 am - 3 pm
Friday 10 am - 3 pm
Saturday 11 am - 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

TRADING HOURS:
10AM — 3.30PM MON TO FRI.
PH:6372 2733.

You will be pleased to
hear that the staff of
the Op-Shop have
returned to normal!!

Phew!!

Ph: Tracy 6372 2733

St Marys Sports Centre Inc. news Kackhander

First to golf. There has been some recent confusion on Saturday starting times. Ever heard the phrase "You can please some of the people some of the time but you can't please all of the people all of the time"? No matter what is done in regard to start times at the club this is definitely the case. It's not intended to alienate anyone. Any changes are done to maximise player numbers and some weeks ago a change to 10.30 for 11am start was done for this reason.

If some golfers didn't notice the message at the club we are sorry. No one wants any player to miss out but please check the notice board regularly. The times for the Club Championships have been set to 10.00 for 10.30 am on Saturday 4th September and Saturday 11th September. It's for A B C and Veteran Grades, so hopefully as many as possible can take part this year.

A very big thanks to Ross and Tracey Bean at the Coach House Restaurant for kindly sponsoring last weekend's event. This is greatly appreciated by the club indeed and it hopefully will be a very regular event. Make sure you pop in and check out their wares too. It's great of them to get behind the club this way.

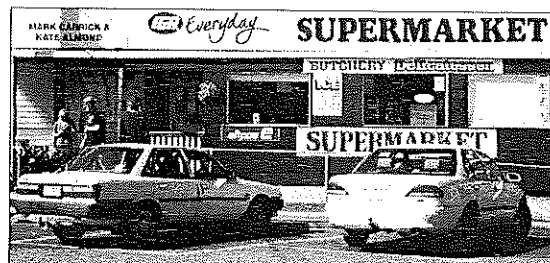
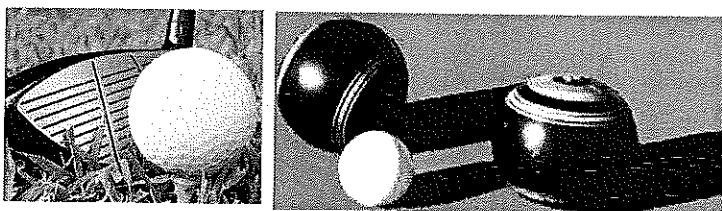
Congratulations to Col "Swanny" Payne for winning with 65 nett and runner up was Paul "Long suffering Tiger" Spilsbury with 67 nett. Nearest pin trophy was won by Trev "Bluebagger" Viney. Shame about the finals quick exit Trev coming up.

This Saturday is a hidden 9 hole event (28th August)

Now to bowls and a really big thanks to all those who came along last Sunday to really begin getting the green ready for the new season to start officially on October 3rd, Opening Day. We still have a lot to do including some seeding and top dressing, so if you can help out somehow it WILL BE GREATLY APPRECIATED INDEED. Please watch out around the club for the next working bee really soon.

To all members. The membership invoices are going out about now. A special request to comply with some requirements is that we need a complete data base of details. The email stuff on your form is not essential but would be handy but the most important thing is your postal address to accompany your name. Thanks for your help here.

Anyway, until next time, good hitting and rolling....



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon - Fri 8am - 6pm
Sat 8am 12 noon

This week's specials.

From the butchery

Ingham Microwave chicken	\$ 5.99kg
Porterhouse steak	\$14.99kg
Beef mince	\$ 9.99kg
Lamb forequarter chops	\$ 8.99kg
Lamb shanks	\$ 9.99kg

From the freezer

Ingham frozen chubby chicken pieces 1kg	\$2.49
Birds Eye frozen peas 1kg	\$3.99
Cadbury icecream 2lt	\$6.99
Papa Guiseppi family pizza 485/500g	\$5.99
Sargents slices 350g	\$3.45

Fruit & vegies

Tomatoes	\$3.99kg
Loose carrots	\$1.69kg
Celery (bunch)	\$2.49
Pumpkin	\$1.30kg
Oranges 3kg	\$3.99

Next week's specials.

From the butchery

Topside beef roast	\$ 7.99kg
Legs of lamb	\$ 8.99kg
Lamb loin chops	\$14.99kg
Beef stirfry strips	\$ 8.99kg
Ingham chicken kebabs 375g	\$5.95ea

Instore specials

Safe toilet tissue 12pk	\$5.45
Cadbury Roses boxed chocolates 500g	\$9.99
Bundaberg white sugar 2kg	\$3.49
Sunrise premium white rice 1kg	\$2.99
Cadbury family block chocolate 175/200g	\$2.99

All only \$1.99

Smiths potato chips 175g
Maggi receipe mix sachets 34g
Butter Menthols 20pk / Throaties 23pk
Twisties/burger rings/ Cheeseballs 110/180g
Arnotts shapes 160/200g
Sakata rice crackers 90/100g
Allens jelly confectionery range 150/200g
Raguletto pasta sauce 500g

HOT CHICKENS
\$11.50 EACH