

# *The Valley & East Coast Voice*

*Est. 1968*

*Volume 43 No. 16. Thursday, February 10, 2011.*

*50 cents*



*St. Marys Tigers Football Club Inc.*

## **St Marys Tigers Football Club Inc. news**

2011 looks like being a great year for the Tigers. We are now an officially registered AFL Masters team and will be participating in an informal AFL Masters competition this year. At this stage we are looking at five games (one a month in April, May, June, July and August) which will consist of a mini-carnival of two games between four teams. Teams from Launceston and St Marys will participate along with visiting teams from Hobart and surrounds.

Two "carnivals" will be held in St Marys and two in Launceston with the location of the fifth yet to be decided so not a great deal of travel is involved. The first game is scheduled for Launceston on Saturday 16 April when St Marys will play Launceston. The second game is scheduled for St Marys on 29 May; St Marys are listed to play Kingborough.

We hope to kick off light training runs, probably on Sunday mornings, during March. We are also looking at social events like a golf day for prospective players in the very near future. We also hope to reinvigorate our membership base and will be looking at recruiting volunteers to help out with team management and other match day requirements.

So it's all happening, St Marys has got its own unique football club and while we have a small but dedicated committee we have worked tirelessly to keep our club alive. AFL Masters football is a very vibrant Australia-wide football competition and Tasmania is a very active participant in national AFL Masters competitions. Any player representing St Marys will also have the opportunity to try out for Tasmania State teams (right up to age 55 and over) for this year's national competition to be held at Maroochydore.

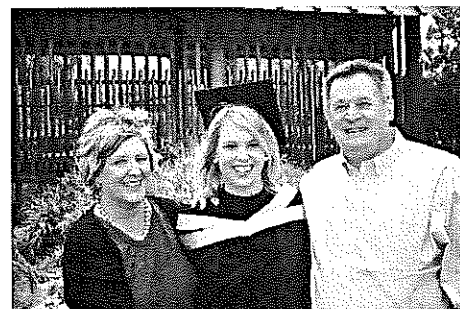
Potential players can register their interest with me at St Marys Post Office (6372 2124) or if you see Rick Lohrey or Michael Cooke out and about let them know that you are interested.

Watch this space!

Harry Veldums,  
Club President.

Welcome to the first edition for 2011. As well as the good news stories on the front page, inside this week you will find lots of stories, photos, letters, information about upcoming events and plenty of advertising by businesses. Please support your area by shopping locally.

Local couple Harry & Kerry Veldums were very proud parents when they attended the UTAS graduation ceremony at the Albert



Hall in Launceston on 18 December where their daughter Alex was presented with her Bachelor of Education degree.

Alex and her partner Stuart (also a qualified teacher) have both accepted a contract to teach at the Ramininging School (300+ students) in Arnhem Land, Northern Territory which is located approximately 552km east of Darwin. The recent Australian film "10 Canoes" was shot in the vicinity of Ramininging which is a culturally rich indigenous community in a tropical forest on the edge of the Arafura Swamp.

Alex and Stuart left Tasmania on 9 January for the long drive to Darwin where they attended a three day Orientation Program (also attended by ex St Marys DHS teacher Justin Emmerton who will be teaching in NT) before flying into the Ramininging settlement. All roads to Ramininging are impassable during the wet season so the area is only accessible by charter air services, but Alex and Stuart's car and personal belongings came in by the weekly barge from Darwin which docks on the coast approximately 25km away.

School there has already commenced; Alex is teaching pre-school and Stuart physical education. They have a comfortable two bedroom house and are settling in well to their new careers in this very challenging environment though the prospect of regular meals of mud crabs and fresh barramundi is an exciting side benefit.

Both have been warmly welcomed by the community and are thoroughly enjoying their life both in and out of the School environment.

For Harry & Kerry it is a lonely time as their son Jake is currently deployed (on his ship HMAS Stuart) on a six month multi-national coalition anti-piracy and anti-smuggling exercise in the Gulf of Aden and surrounds. Jake is due back in Australia mid June.

While both their children are thousands of kilometres away it goes without saying how proud Harry & Kerry are of their achievements and direction in life.

**Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday February 22, 2011**

**EMAIL ADDRESS: [judith.spilsbury@telair.com.au](mailto:judith.spilsbury@telair.com.au)**

## Community news

**St Marys Hospital Auxiliary** meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

**The Break O'Day Woodcraft Guild Inc.** meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

**The Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

**St Marys Ladies Midweek Tennis** 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

**St Marys Playgroup** meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

**WOMBAT WALK LANDSCAPING GROUP** meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

**St Patricks Head & Esk Valley Historical Society Inc** has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

**The Falmouth Community** centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

**Suncoast Singers** meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

**The Friends of the History Room** hold General Meetings: 8th February, 10th May, 12th July --AGM, 11th October. Executive Meetings: 9th March, 14th June, 9th August 13th September, and 8th November. All held at Tidal Waters at 5pm.

**Break O'Day Regional Arts** - General meetings held on the first Wednesday of each month at 5.30pm in the supper room at the back of the St Marys Hall. All welcome. Inquiries to Colin 6372 2707 or Janet 6372 2851.

### Break O'Day Regional Arts Diary of events coming up in Feb and March 2011

**February** - NSW Quilt Challenge Exhibition - now on display at Gone Rustic, Main St, St Marys.

**March** - Suspended Animation Exhibition - at e.Scape cafe, Main St, St Marys.

- St Marys market - Saturday 5th March local produce, local music, and home cooking.

- second Art Made Easy workshop - Tuesday 22nd - presented by Dr Jane Deeth and 10 Days on the Island.

- "In Teers" - 20th March - 3rd April - a large-scale, site-specific art installation by Michael McWilliams as part of 10 Days on the Island with assistance by BO'DRA - Rostrevor Estate, Fingal Valley -

"Rivers meander across the valley depositing precious nutrients and creating fertile plains that have fed people of the millennia. In the 200 years since the arrival of Europeans, much has changed, yet much remains the same."

Take the opportunity to get out and see some truly beautiful art right on your doorstep!

### **TASMANIAN LYMPHOEDEMA CENTRE INC.** **ANNUAL GENERAL MEETING**

The Annual General meeting of the Tasmanian Lymphoedema Centre Inc. will be held on Monday, February 21, 2011 at the St Marys Community Health Centre, commencing at 10am.

Business: President's Report, Treasurer's Report incl Auditor's Report.

Election of Officers and Committee.

General meeting to follow.

By order V Cato, Secretary.

Meeting dates for **Friends of St. Helens History Room & Museum for 2011.**

**Executive Meeting Dates:**

07/02/2011 - 02/05/2011 - 01/08/2011 - 07/11/2011

**General Meeting Dates:**

28/02/2011- 29/05/2011- 22/08/2011- (AGM) 28/11/2011

Contact the Centre at 6376 1744.

**St Helens Alcoholics Anonymous (AA)** Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch 6376 3335.

**St Marys Alcoholics Anonymous (AA)** Friday 8pm Weekly. Holy Trinity Mick & Shirl: 6372 2909.

**St Helens Al-Anon Family Group (Al Anon)**

To help families and friends of alcoholics recover from the effects of the living with the problem drinking of someone close. Sunday 2pm weekly.

St Pauls Anglican Church Hall St Helens

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

## Classifieds

**Honda road bike VFR750, '89 model.** New brakes all round, recently serviced, forks reconditioned. In very good condition. \$4000. ono. Ph: 0428 722 472.

**32cm 12/240 colour TV with DVD combo with cigarette lighter connection.** \$160. ono. **3 stage adjustable sports spoiler** suitable for commodore, or similar. \$350. ono. **Very large Tosca suitcase with wheels.** \$150. ono. Ph: 0429 676 593. (can deliver)

**Pram, Steelcraft 3 wheeler, jogger style.** Black. Sheep skin insert, rain cover. Great condition. \$95.

**Boat fuel tank.** Red plastic 24 litre with inbuilt gauge fittings but no line. Good condition. \$15.

**Motorcross pants.** Thor brand. Size 32 red/grey/black. Good condition. \$20.

**Welder.** "Esseti" 150c inverter Tig & stick welding. DC only. Heavy duty leads, all Tig accessories. Compact & portable. New condition. \$800. Ph: 6372 2813.

**Ranbuilt shed, blue.** 9m x 6m with 6m x 6m car port. 2 roll-a-doors. All still in packaging. \$9,000. Ph: 6372 2287.

**Chainsaw:** Husqvarna 55cc, 18" bar, Low usage. Includes carry case and all accessories, including spare chain. \$650. Ph: 0437 645 504.

**Mitsubishi Magna auto, 1989, registered.** \$1,390. Ph: 6372 2380.

**Garden mulch,** in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area. Ph: 0407 944 158.

**Tractor slashing available.** Ph: 0407 944 158.

**Portable milling available.** Ph: 0427 715 577.

### For Sale (reduced):

Commercial building on large block  
Currently commercial artist studio.  
Renovated in rustic style and fully approved by council.  
[www.propertypoint.com.au/13303](http://www.propertypoint.com.au/13303)  
email: [bigshedstudios@yahoo.com](mailto:bigshedstudios@yahoo.com)  
ph. 0428 725 228.

**Frozen blueberries - \$11 kilo** Phone 6372 2341.

**"Moo-Poo".** Finely screened. Any quantity. See Norm. Ph: 6372 2380.

### wanted to buy

food dehydrator, preferably with 2 temperature settings. Phone Leissa - 6372 2686."

### 10 yard truck

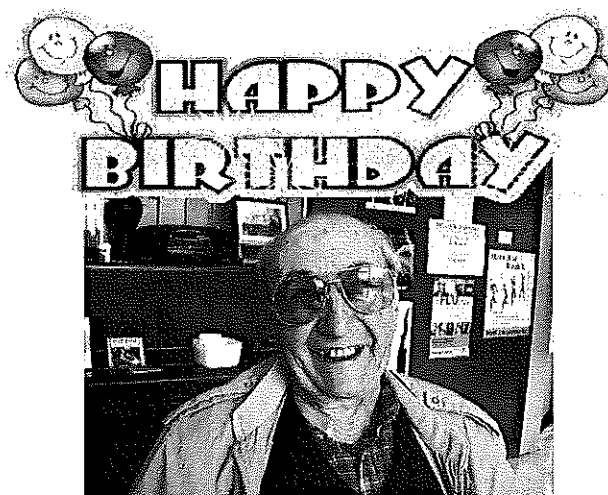
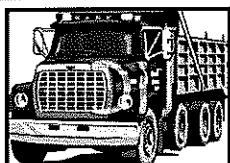
Cart anything - gravel,  
moo poo, dirt, rubbish.

Back hoe work.

Grader blade, ploughing.

**Cheap rates.**

Phone Norm Dawson on:  
6372 2380.



*Happy birthday Merv Rohrlach.  
Merv was 87 last Monday.*

### MANGANA MISSION MUSICIANS JAM NIGHTS

Monthly musicians jam nights will be held at Mangana Mission, 63 Elizabeth Street, Mangana on the 2<sup>nd</sup> Friday evening every month.

Jan, 14<sup>th</sup>, Feb 11<sup>th</sup>, Mar 11<sup>th</sup>, Apr. 8<sup>th</sup>, May 13<sup>th</sup>, June 10<sup>th</sup>,  
Jul. 8<sup>th</sup>, Aug 12<sup>th</sup>, Sept. 9<sup>th</sup>, Oct. 14<sup>th</sup>, Nov 11<sup>th</sup>, Dec 9<sup>th</sup>.

Starting time will be 6.00 pm

BYO Meat and drinks for a BBQ

All styles of music, instruments and vocalists are very welcome.

For more information call Andre' or Kate on 6374 2212

Paddy goes to the vet with his gold fish. "I think it's got epilepsy," he tells the vet. The vet takes a look and says, "He seems calm enough to me." Paddy says, "I haven't taken it out of the bowl yet."

Paddy was driving home, drunk as a skunk, suddenly he has to swerve to avoid a tree, then another, then another.

A cop car pulls him over as he veers about all over the road.

Paddy tells the cop about all the trees in the road.

Cop says "For God's sake Paddy, that's your air freshener swinging about!"

### EAST COAST GLASS

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[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

In the entrance corridor of the St Marys Heath Centre a significant plaque is embedded in the wall. It is the plaque laid by Robert W. Legge on the 27<sup>th</sup> September 1928 to mark the commencement of the building of the St Marys District Hospital.

Mr Legge was carrying on the work of his father, Colonel William V. Legge who, until his death in 1918, was a strong advocate for better medical facilities in the Fingal Valley.

The first board of directors of the new hospital were: R.W. Legge (President), C.S.F. Hood,

J.E. McKenzie, C.F. Salter, O. Holder, L.J. Steel, R.H. Warren, W. Graham, C.R. Jackson, B.J. Jackson, E.L. Ransom, A.F. Gurr (Secretary) and Dr C.B. Barryman.

At the official opening ceremony on the 25<sup>th</sup> April 1928, the then Premier of Tasmania, the Honourable Joseph Aloysius Lyons, paid tribute to the public spirit of St Marys and surrounding communities. He went on to say: *"You are fully deserving of this new hospital. It is a fine little institution, constructed on modern lines and equipped in a manner that leaves nothing to be desired. It was opened to patients a few weeks ago and is already recognised as an agency for great good in the district."*

*"There is one phase of hospital work that appeals to me, that is the maternity ward. I moved in the House some years ago for an investigation to be held in maternity hospitals throughout the State and I was Chairman of the committee appointed for that purpose. In some country districts we learnt of the great trouble and inconvenience some of the mothers of our future citizens had to contend with. Some heart-rending stories were told of things that happened in the country. Since then everyone has been trying to bring about better conditions. My Government has been able to contribute in this by assisting communities to build more hospitals such as this in country areas."*

Spokesman for the board of directors of the new hospital Mr C.S.F. Hood, the Superintendent of Cornwall Coal Company, made mention of the generous response the board had received from the people of the district when they were asked for support. He also thanked the Government for their contribution of two thousand pounds which had been given on a pound for pound basis. Whilst he said it would be doubtful the hospital would run at a profit, the highest dividend of such a facility was the health of the people.

In 1928 the hospital accommodated for five patients, with cots for three children. The original staff members were Matron A.N. Morgan, Sister A.E. Harrison and Probationer Miss Dawson. Another Probationer was engaged a few months after the opening.

Over the years, improvements and extensions, which have continued to upgrade St Marys Health Centre to a modern state of the art facility, have seen most of the original hospital disappear. But the foundation plaque remains as a significant reminder of the Centre's history.

So next time you walk through the main corridor, pause a moment at the plaque and spare a thought for those dedicated people some eighty odd years ago, all of whom were dedicated to improving the health system in the Fingal Valley.



**Jim Haas**

## Letters to the Editor

Vol. 43 No 16, 2011

St Marys Voice,

The gentleman who designed the amenities block at recreation ground took pride in his work to encourage the tourist to spend money in the town

It's a shame the person who cleans the toilet doesn't have the same pride in work. Person keeps toilet paper full and is good at banging doors but there is an encroachment of soap and skin cells at bottom of showers.

St Marys like all small towns are lovely to visit when things are going well but when something's wrong it's the campers who get the blame.

Bad news travels faster than good, if tourists stop coming to the town who will get finger pointing then.

A Williamson

Western Australia.

Letter to the Editor

In reply to Charles Trollope.

Fees simple merely refers to the way in which land is held in Tasmania. If you have a fee simple title to land then it is owned absolutely by you as opposed to owning land in trust for someone. Any suggestion that fee simple ownership somehow protects land from regulation or intervention by a Local Council is fundamentally misconceived. A Council gets its power to regulate and enforce what happens on a property within its Municipality (whether in private ownership or not) through the Local Government Act or other acts of the Tasmania Parliament. Fee simple ownership has got nothing to do with the exercise of those Powers.

Parliament intended that land owners (fee simple owners or not) are subject to rules and regulations Break O'Day imposes and enforces in accordance with the powers given to it by the law makers in this state when they have passed these Acts through both houses of the Tasmanian Parliament – and Break O'Day proudly does just that and will continue to perform its functions according to those powers.

I have read your last letter to the Valley Voice and find your comments arrogant, and far from the truth, and lacking in common sense. I have also read your booklet. "How to build your house legally without Council approval". Might I warn you that if any person takes notice of you and builds or does other things without taking on board the regulations that are relevant to this Municipality they will be fined for doing so, or have any illegal structures removed, also you may well be challenged for giving misleading information.

If you wish to settle in this Municipality then you are obliged to abide by the rules and regulations that exist.

Robert Legge,

Mayor.

To the Break O'Day Council  
Councillors and Staff.

I am writing to express my extreme disappointment that the Break O'Day Council has allowed an Optus Tower to be erected on the Recreation Grounds at St Marys.

Not only has this ruined the Rec grounds for community events, destroyed the scenic beauty of the area but worst of all, will expose the students and staff at St Marys School to the yet unknown effects of radiation.

While research *may* show that the radiation from phone towers is not dangerous, there is certainly a body of evidence to suggest otherwise – one would have thought that, where the health of children is concerned, it would be wiser to err on the side of caution?

This is famously referred to as the Precautionary Principle and it is my opinion that the Council should review this principle. Already irreversible damage has been caused to the environment through failure to follow the Precautionary principle with the loss of species, damaged habitat and contaminated water as a result.

How can the Council justify taking such a risk with children's health and wellbeing? It is utterly reprehensible and shows a *complete* disregard for the Council's Duty of Care to the people of St Marys.

This was *not* the only site available to the Council – It was merely the Worst and the Council should be collectively ashamed of itself and take active steps to rectify the situation by moving the tower to a more *appropriate* location.

The Telecommunications Industry, in its own literature, recommends that the towers **Not** be sited near schools, day care centres and hospitals. Legislation in the US requires towers to be at least 800 metres from any of these.

While I realize that legislation has been introduced in Australia (following the American model) to preclude objection to the siting of towers on health grounds, if **ONE CHILD** develops leukaemia or a brain tumor, the Council will be culpable while being completely unable to remedy the situation. How much research did the Council do on this subject?

My child will **NOT** be that one child because I am withdrawing her from St Marys School on the grounds of unacceptable risk. I spent 5 months with her in hospital when she was a baby due to a congenital defect and do not wish to repeat the process for an avoidable hazard – we have already suffered enough to keep her in the world.

The Break O'Day Council should examine its priorities and get it right – the well being of the community should be at the top of the list, especially where children are concerned.

The Council has failed, yet again, to look after the interests of the St Marys Community.

Sincerely,

Bo Greensticks.

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**JAM (Jesus And Me) resumes on  
Tuesday, February 22nd, 2011.**

**For any enquiries including new  
enrolments, please phone Mel on  
6372 2099 or 0409 838 816.**



## Letters to the Editor

Vol. 43 No 16, 2011

Dear Madam,

*For those interested the following information re Mobile Phone towers is from the Australian Communications Media Authority under which standards are set.*

### Legislation

In the early days of mobile telephony, base stations were usually tall structures servicing large areas (cells). Legislation granted carriers immunity from council and state government regulations when they were erecting these towers. In 1997 the Federal Government introduced the Telecommunications Act, which obliged carriers to comply with state and local government regulations. In recent times there has been a trend towards smaller antennas servicing smaller cells.

The relevant Australian Standard does not provide adequate protection. It allows the public to be exposed to  $200 \mu\text{W}/\text{cm}^2$  (microwatts per square centimetre), whereas effects on the body have been shown at below  $1 \mu\text{W}/\text{cm}^2$ . Committees that are often dominated by industry and presume that health effects occur only if the body is heated by  $1^\circ\text{C}$  set standards. However, there have been studies showing that effects on the body occur below the heating threshold.

Many councils have introduced policies on the siting of mobile phone towers designed to provide some protection for the public by avoiding sensitive areas, while still allowing carriers to erect their networks.

However, under the Federal legislation, erection of mobile phone towers classified as 'low impact' is permitted without council approval. The 'low impact' classification applies to the appearance (under 5 metres) and not the emissions of the antenna, which may be equal to/less than/greater than other antennas.

### More information on Phone Towers

The towers produce electromagnetic radiation in the form of microwaves and radio frequency waves 24 hours a day. Mobile phones have a very limited range. In order to get wider coverage, mobile phone companies have established a network of "Cells" each of which are served by a base station which relays mobile phone signals from one "Cell" to another. This is done in the form of electromagnetic radiation (EMR).

The aerials are normally sited on tall buildings to cover the widest area possible. This has meant that many employers and building owners have been approached with financial inducements for the siting of aerials on, or near, their premises. This has been a particular problem within schools and colleges.

In addition to their concerns about the aesthetic impact of base stations, communities have questioned their effects on health. The levels of radiation emitted by base stations are much lower than for a mobile phone and very much lower than those allowed by Australian standards and are therefore considered by some agencies to be safe.

However, uncertainty about the long-term impacts of even low levels of radiation and concern about the adequacy of Australian standards to protect public health have generated worries about their impacts.

*Continued next column...*

### What are the health effects of exposure to Mobile Phone Towers?

Both microwaves and radio frequency waves can have a heating effect on substances containing water. Microwaves transmitted from base station aerials will only have this effect on a person who is extremely close to the aerial while it is transmitting or receiving. Controls are put in place to prevent any direct biological effects on the body due to heating.

In Australia, there have been no studies on the effects of radiation from mobile phone towers and no effort to monitor the health of people living near them. The National Health and Medical Research Council (NHMRC) announced on September 14, 2002, that a \$2.5 million research centre will be established in Australia to study the possible health effects of electromagnetic energy emissions from mobile phones and mobile phone towers. While the NHMRC has funded and continues to fund a number of studies related to radiofrequency electromagnetic radiation, it believes that more studies are needed to provide comprehensive evidence.

Industry and Government maintain that there is no risk from the weak levels of radiation from mobile phone towers. However, there is still concern over whether even small exposures can cause cancer and other conditions.

Some studies have shown that EMFs can cause changes in cellular structure, changes to brain patterns, etc. There remains a lack of consensus among the experts about whether and at what levels electric magnetic fields and electromagnetic radiation can affect humans.

The reality is also that there is a high level of concern regarding possible effects. The best approach to adopt therefore is a precautionary one. And this is the key issue for union members and health and safety reps: Should their health be put at potential risk by waiting for proof of harm beyond all reasonable doubt, before preventative action is taken; or should action be taken as a precaution before any conclusive evidence is found to prevent any potential harm?

It is possible that EMFs and EMR at the current levels are harmless, but they may not be. The question is whether we wait for overwhelmingly convincing proof, by which time many people may have been harmed or whether we take precautionary preventative steps now.

Sincerely,  
Frank Giles,  
Seaview Farm.

Dear Editor,

In view of the fact that the mayor has decided to ignore the many people's pleas for recognition of their common law rights under "Fee Simple". I strongly believe that we are justified in calling a public meeting to thrash out this important matter once and for all!

There we can decide whether a petition should be drawn and signed calling for his removal from office and whether it is the wish of the people of this municipality to delay payment of their rates until "Fee Simple" is fully reinstated and abided by.

This is a time for action, not only for our own sakes, but also for future generations.

Who is with me?  
Charles Trollope.

**SHOP LOCALLY AND SAVE.**



## Letters to the Editor

Vol. 43 No 16, 2011

Without prejudice.

Council ceases to record meetings.

With reference to the article printed in the East Coast News for January, 2011, under the above heading. This is remarkable and astounding to say the very least, I have sat on many Committees both in Tasmania and on the Mainland and over a number of years, recording the Minutes of organisations.

Having made enquiries re the above matter, I have been told that only "recommendations and decisions" are now recorded. So it is taken that any other matter which comes up for discussion is left out of the Minutes, such as Questions on Notice, Questions which come up during question time etc., etc. Where is the Public integrity in all of this?

Having read Council Procedures, Department of Premier and Cabinet, Local Government Division and also Judge Percy Ernest Joske, Q.C., M.A., LL.M., "The law and procedure at Meetings", in Australia and New Zealand, this book being a concise guide. I can find nothing in either document that states that it is correct to record only part thereof of Meetings, it is an understanding that meetings be recorded verbatim et litteratim, thus avoiding Legal problems in future days.

The Break O'Day Council it would seem are leaving themselves open to underlying deceit and all manner of confusions, Councils are accountable to the Public therefore absolute reliability and transparency should be on the agenda at all times, especially when recording Minutes of Meetings. The other matter following this is, how is it possible for Council to sign off the Minutes as true and correct at any following meeting, when a verbatim record has not been kept? Or is Council playing at some sort of semantics here and/or intend to do so in the future.

Cr Legge has said and I quote from the above article, "why we don't record Council Meetings anymore is because we have been hauled over the coals a couple of times", what he is actually saying here, that the Public are not permitted to question, why not? Are Council setting themselves up as both Judge and Jury on all matters pertaining to good Government in the Break O'Day.

It seems to me to be ludicrous indeed when most primitive natives in some of the most primitive societies sit around together and debate (palaver) any and all matters until they reach a consensus, sometimes this takes days to reach an agreement, this is Democracy surely, so why is that we of a so called enlightened society deem it unnecessary to hold a debate on any issue within Council, thus risking alienating at least two thirds of the community. May I ask is this an attempt by Council to say and do as they please in all matters and not have a record of those verbals, as in so doing they the Council cannot be called to account. Whilst in their endeavours to reduce altercation, surely the opposite will be the case.

Patricia O'Donnell.

Dear editor,

In recent months we have read articles in relation to land ownership, where the author claims absolute control/ownership under some romantic interpretation of "Magna Charta", a document referring to "free men" but not to the "serf"/slave class. This document was drawn up in 1215.

So let's take a journey back to 1215. We would be in England, not some nice spot in Break O'Day region.

Now here's the tricky bit—which class should we belong to?

A baron, who in return for land and ownership of all of it, had to commit to the King payments, including supplying an army.

Or maybe the lower class, a "serf" also known as a "villain" a slave class who could be bought and sold just like sheep and cattle. When these people died the Lord of the Manor just took all their possessions (no regard for the wife and kids) as they had no entitlements except under "Magna Charta" a right to a "fair" trial in the Manorial Court. Tough if the Lord of the Manor was a nasty type.

Well, obviously "Magna Charta" did not do much for the slave class. Wouldn't want to be one of them.

So it's 1215—Not in England, but here in the beautiful Break O'Day Tasmania.

There are no white people, not until 1800s. Not until after Captain James Cook has taken possession of the whole of the East Coast of Australia for England.

Now let's just consider for a moment the following:- Cook's first voyage of 1768. He was sent by the Royal Society and British Government to study the transit of Venus at Tahiti.

Sir James Douglas, Earl of Morton, President of the Royal Society, told him in regard to new native peoples which he may encounter - "No European nation has the right to occupy any part of their country, or settle among them without their voluntary consent."

Official instructions from the Admiralty:- "Possession of convenient situations in the country with the consent of the natives." At Possession Island, Northern Queensland, on Wednesday, August 22nd, 1770.

"Between 7 and 8 o'clock in the morning we saw several naked people" - Cook's Journal from ships log of 22/8/1770. -Saw several Indians who followed us shouting."

Cook's journal does not mention any dialogue with the natives nor any treaty. One could argue that the land is stolen. Should we, indeed, give it back.

Maybe the sensible course of thinking is to acknowledge that we live in 2011 in Australia (not New Holland) and our society is not governed by class or race, or feudal law. Our society is the product of laws and a parliament which has evolved from humble beginnings and we live in the best country in the world.

Those who do not wish to be responsible citizens and pay their modern day dues, should possibly think of emigrating to somewhere else.

Jeanette Peryman.

St Marys Police Phone Number 6372 1010  
Non Urgent Number 131 444  
Urgent and Life threatening 000  
SES (Flood & storm only) 132 500  
Fire 000



**Remedial Massage and Naturopathy**  
ring Sue Christiansen for an appointment.  
0418 515 419

## Marianne

Weatherwise, Friday, January 7th was a perfect day.

It was also Marianne's Day.

A celebration of her life.

The wooden church in Storey Street was filled and overflowing with her family, friends and neighbours.

Her horse 'George' waited patiently outside.

The service, conducted by Salvation Army Envoy Melanie, brought together memories and the love for a young woman, who has left a lasting impression on so many.

She had affectionately been known as "Zorro", because she was often seen riding 'George' when she was dressed in a long black coat, black boots and hat.

Despite an ongoing illness, she was able to make many friends, and a home, here in St Marys.

Marianne loved the bush and being out in it. She was a poet with enormous talent. She should have had her work published.

She was highly intelligent with a quick wit. She was very kind to children and animals. Her efforts to save 'George' from neglect were well known and admired.

Marianne was the proud mother of a very fine young man, Rory.

She was a caring friend.

Many are thankful for the Joy shared with her.

Friday 7th January was a sad but beautiful day.

Marianne's Day

Marianne Therese Downey.

Always remembered.

Always loved.

Marianne is survived by her father John,  
brother David, sister Angela,  
son Rory and Rory's dad Ali.



*Marianne with George.*

### SHOP LIFTER? I THINK NOT!!!

I would like to express my anger on the matter when my 11 year old son was asked 'What do you have in your hands?' simply because he had his arms folded while waiting to collect his take away. He replied 'Nothing!' and showed her.

He received no apology. SHAME ON YOU! I now understand why I haven't been in the shop for 6 years. I just hope you don't treat other children like this? Or is it a selection process?

Stacey McDonald,  
Fingal..

### **FREE CLOTHES DAY**

**at the ST MARYS CORPS  
of the SALVATION ARMY!!**



**On Friday,  
25th February 2011,  
everyone is welcome to visit the  
St Marys Corps of the Salvation Army,  
Storey Street.**

**Between the hours of  
9.30am and 4pm  
you are invited to browse over the tables  
of clothes (some adult, some baby, some  
children's) and take a bag or 2 for  
yourself or your family.**

**For any enquiries, please phone Mel on  
6372 2099 or 0409 838 816**



### **Messy Games Day**

At the end of term 3 in 2010, JAM celebrated the end of the year with a MESSY GAMES DAY.

The children had a great day getting messy with flour bombs, water bombs, spaghetti (yes spaghetti!) dough-nuts on string, marshmallows, pasta, balloons and lots more including bowls of jelly with snakes and apple bobs in water.

It was fantastic to see the JAMmers, and their friends, letting go of any shyness, in order to let their hair down and have some messy fun!



## The Say Cagerattler

Welcome to another year of **The Say**. Thank you to the Valley Voice for allowing me the space again. Sorry to the Editor for not realising the Voice began again this week. As an aside please feel free to offer suggestions for subject matter again this year and please also remember that any opinions of Cagerattler are not necessarily those of Valley Voice staff. That's important. Here goes.

In the break there has been a lot of discussion on the new telecommunications tower location and associated processes involved in it's approval. Some of our local residents have offered me their really genuine fears for the long term effects of this tower, given it's close proximity to recreational, residential and educational facilities in this town.

I cannot even begin to try to fathom out the electromagnetic issues that many have concerns for and it wouldn't be right or fair to even attempt to touch on such things. I'll leave that to the experts. I can however have an opinion on the way this matter was advertised and handled. Surely a much longer and more overt display of what this project was going to be, prior to it happening, would have been more advantageous for the public and Council alike.

I have no doubt that at least the MINIMUM statutory requirements were met by Council but it's also patently obvious that most of the advertising was missed by many, many people in this community. That's patently obvious because otherwise there would have been substantially more objection to the tower location.

Surely Council would have realised and expected that issues such as this are highly emotive and this being the case, a very open and detailed description of what was to happen should have appeared several times by a range of methods to the residents before final objections were asked for. This is a pretty ordinary effort and Council perhaps should re-look how any future projects are put up for consideration and approval.

Last year I mentioned anger about the illegal dumping of rubbish in the bush land and how short sighted and inconsiderate it was to the rest of us. IT'S ALSO A VERY, VERY EXPENSIVE EXERCISE. I've just found out the hard way personally. Thanks to the absolute idiots who chose to offload a large load of disgusting refuse in a well used area at Mt Nicholas, three weeks ago I found myself with a \$273 veterinary bill to repair my border collie's badly gashed foot. She hopped straight onto glass that I found near the rubbish, causing damage to her foot. Regardless on whether the dumper left the broken bottles or someone else broke them, it wouldn't have happened if they weren't left there at all. WOULD IT?. If I find out who is responsible I will expect that this unnecessary Vet bill is recouped.

What do you think ?

*The photo below, taken by another bush-walker is the same one mentioned in the above story. Ed.*



A picture speaks a thousand words so I'll let this picture do the talking for me. I found this rubbish while walking on a bush track towards Mt Nicholas. One can only describe this act as carnage! To those responsible hang your head in **Shame**.  
Wendy Brennan.

## Limited supplies of Wildflower Honey – now at Purple Possum!

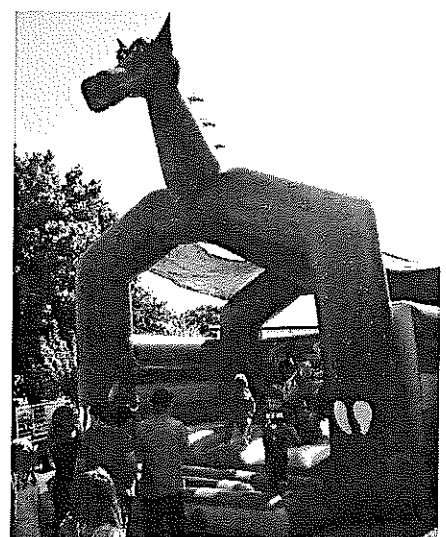
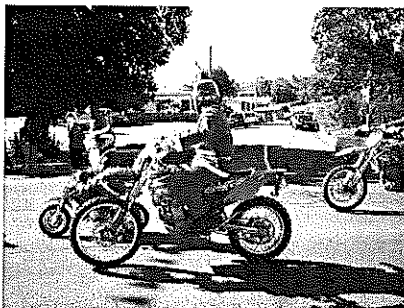
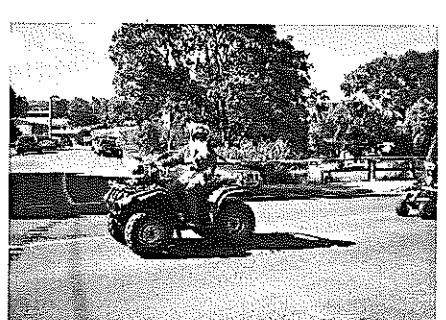
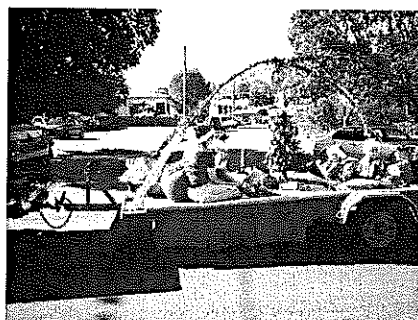
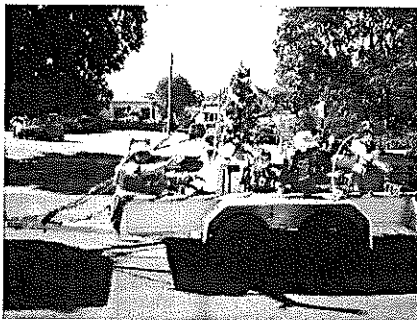
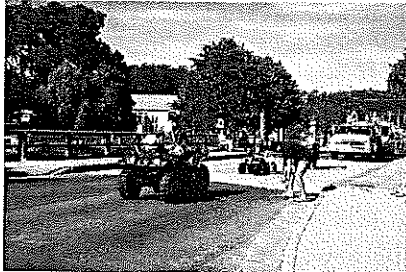
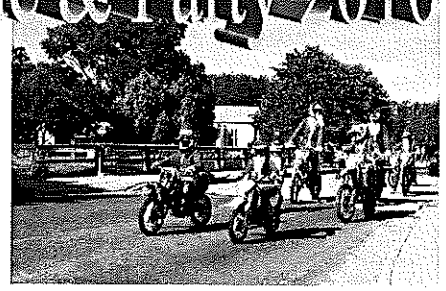
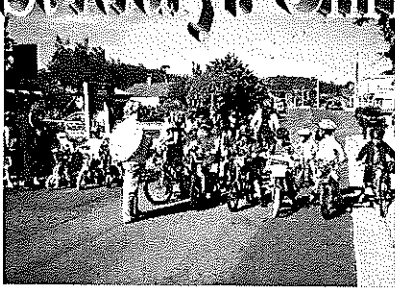
Where do you find those especially mouth-watering but often hard-to-get honeys? Easy – just buzz in to Purple Possum – we're the honey specialists! Along with Wildflower Honey, right now we have Organic Honey, Raw Organic Honey, Orange Blossom Honey, Local Bush Honey and of course Tasmania's luscious Leatherwood Honey. Enjoy a free taste test, then take home exactly the quantity you want, from half a cup upwards, your jar or ours. See you soon!

## Purple Possum

Wholefoods & Café

7 Story Street St Marys. Phone 6372 2655.

# St Marys Christmas Eve Parade & Party 2010



*Photos this page: The Spilsbury family.*

# Break O'Day Municipality Australia Day Awards 2011

On a brilliant sunny morning on Australia Day, the Break O'Day Council held their Australia Day Citizen of the Year 2011 Awards Ceremony at Tidal Waters, St Helens, in front of a 100 plus crowd.

Well deserved winner, from the 19 nominees of the Australia Day Citizen of the Year was Eric Bean, who has been the guiding force of the St Marys Pacing Club Inc., for the past 52 years. Congratulations Eric, and all other nominees.

The Young Citizen of the Year was Indie Douglas of St Marys, pipping Daniel Rice, also of St Marys, at the post.

Mayor Legge also presented special awards to 4 outstanding volunteers for their ongoing services to the community.

Also on the day, three new citizens were welcomed to the community. Mayor Legge also reflected that we on the East Coast "live in paradise".

All recipients were presented with their certificates by Deputy Mayor Margaret Osborne.



*Break O'Day Council Australia Day Citizen of the year 2011 winner, racing identity Eric Bean.*



*Some of the nominees for the Australia Day Citizen of the Year 2011.*



*Special awards were presented to four outstanding local volunteers for their ongoing work within the community over many years.*



*Mayor Legge welcomes three new Australian citizens.*



*Young Citizen of the Year: Nominees Daniel Rice and Indie Douglas. Winner: Indie Douglas.*



*Deputy Mayor Margaret Osborne, presents winner Eric Bean with his certificate.*

*Photos:  
Felicity  
Spilsbury*

**St. Marys Market**, held on the first day of 2011 was a great way to start the year for Break O'Day Regional Arts.

The stage was a picture with Colin's orange themed setting and floral display.

Beth's Kitchen, now called "The Art's Cafe" did us proud with her Devonshire teas and savoury treats. Those who were lucky enough to walk through the doors while Rita and Ian Summers entertained us were treated to a wonderful display of local talent. I wanted to leave my stall and sit and listen to every note played and every word sung.

While Ian and Rita had a well earned break, Russell stood on stage and played some well known Australian songs on his flute and Jessica played guitar and sang, promising to come back another time with more of her music.



February 5th had a few special guests with their handlers. Reptile Rescue had a question and answer session with a snake pit on the stage. After which there was a snake handling course outside the hall.

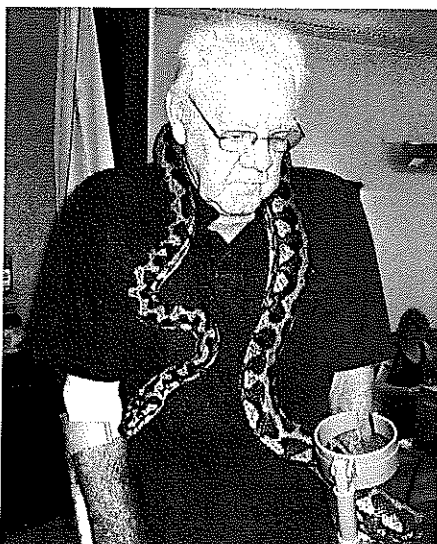
Parks and Wildlife were there with brochures, information and a display of "stuffed creatures".

The combined churches had their regular stall with free lollies and books for the children. The musicians, as always, are an important part of the ambience of the markets and the donation of their time and talent is always greatly appreciated. All money raised from the stalls goes to funding this year's events and TRA touring exhibitions that BO'DRA will be hosting with the generous help from Rita at Gone Rustic and Rod at the e.ScApe Cafe supplying the venue needed.

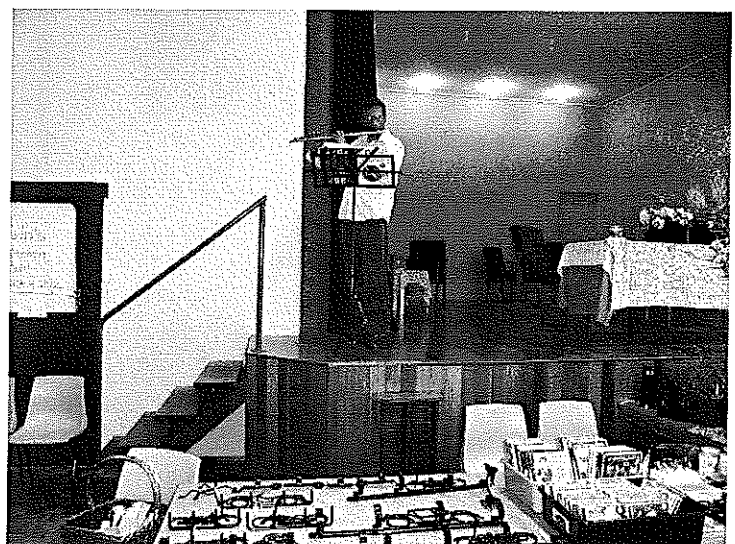
Plans are currently being finalized to hold a floral arrangement and vegetable or fruit plate competition at the Autumn Harvest Markets on the 5th March. More details will be available shortly.

For more information, to book a stall or to enquire about sharing your musical talent

**PHONE COLIN 03 6372 2707 or SUSAN 03 6372 2512.**



*Photos:  
Susan  
Nelson.*





**St Marys Child Care Centre**  
(Gardiners Creek Road)  
**Enrol now for 2011**



We have vacancies for children  
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(with limited spaces for under 2's)

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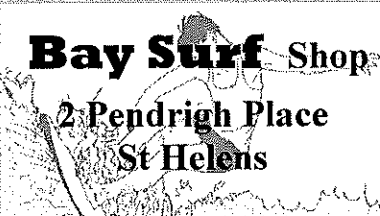
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**Bay Surf Shop**

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St Helens

Ph: 6376 1755



# WAGABOUTS

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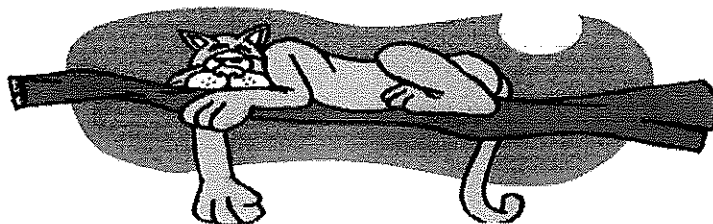
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# DELIBERATIONS

*By Charles Trollope*

Fear is the controlling force that turns good people into sheep!

Our whole social system encourages us to form groups and not differ too much in our activities, behaviour, dress etc. Although individuality is greatly frowned on by the "groupies", the more intelligent members of the community recognise and understand that having the strength and commitment to stand up and speak out against deceit and oppression and oppose corruption in the system is the only way open to us if we are going to maintain our rights or facilitate worthwhile change.

No man or woman ever became outstanding or great in any way, except by being different. So, if we, as individuals find that we are being pushed around by others who feel that it is their right to do so, all that we have to do is to tell them that we are not interested in being controlled or manipulated against our will by others, no matter what!

In a democratic society, we are all supposed to be equal, however, according to George Orwell in "Animal Farm", some want to be "more equal than others". This can only happen if we let it. Nobody can become a "bully boy" unless we agree or look the other way. The power always rests with the people in the community!

There will always be individuals with dishonourable motives ready to take the positions of power in society and it ultimately rests with us if we let it happen. The only alternative is to live with a system which is both unfair and untenable and which will always get worse as time goes by. History confirms this to be true on numerous occasions.

Many people believe, that it is easier to "go along" with all of the controls, restrictions, monetary costs and paperwork that our modern society burdens us with, than to just say "No, I'm not going to take it any more, the decision rests with me!" Don't let them steal your power!

The people who run the world, fully understand that "fear" is very important as a tool to control the masses. The churches have used it for centuries. If times are good and there is nothing to be worried about, then something has to be thought up to frighten the population into submission. The hole in the ozone layer is a very good example. We were told that we would all be cooked down here in Tasmania in a very short time. The panic is all but forgotten with man made "Global Warming" being the flavour of the month. The whole of Europe and North America have had record cold but it is not considered politically correct to point this out. We were warned that the polar bears would soon all be dead because of the retreating ice and we went into the manipulated panic dished out by the corrupt media. Incidentally, at last sighting, the bears were doing very well.

History shows us that around AD 900 Greenland thawed out and became green as the name implies, This made it possible for the Vikings to build a viable society thanks to "Global Warming". After a couple of centuries it cooled down again. Was this heating up of the earth due to man. Of course not! The earth goes through cycles of hot and cold. We see here a smoke screen, to divert attention from the truth of deceit and betrayal by the government at all three levels.

We can and should take a positive stand for what is right, what is fair and what is just and of benefit to the whole of the society in which we live. Only then will there be peace.

## St Marys Pacing Club Inc.

Last January 1st, our club had the best race meeting in the history of the club. What a difference ten races made, compared to six the year before. Bar one, full fields contested all the other name races, with some very close finishes.

The Woods' boys and their families, from Fingal, won three races on the programme, all of whom raced home to deafening cheers. Good luck to them all, as they are terrific supporters of our club.

Mathew Johnson and his performing sheep dog and ducks etc., was a great attraction.

As was the Race Lady contest, the winner of which was Mairi Lestek. The winner of the Hi-Fi system, generously donated by Robin Wilson, was Lorraine Sheean.

There were nineteen other prizes, too many to include.

Thanks to all our sponsors, voluntary workers and all others who helped in any way.

Next year we will try to make it bigger and better.

A few ideas are on the drawing board.

**St Marys Pacing Club Inc. Committee.**

## THANKS

On Australia Day, January 26th, I was awarded the Break O'Day Citizen of the Year award at St Helens.

After fifty-two years as secretary of the St Marys Pacing Club Inc., I accepted most humbly and was very honoured.

These honours cannot be achieved without a lot of help from a lot of people. These include my wonderful wife Claire, a lot of close family members and many great committee persons, both from St Marys and Fingal, plus lots of volunteers.

Thanks to my direct family for attending. Some came from Legana and Hobart.

Thanks for all the phone calls, cards and personal best wishes, and all others who were in attendance on the day.

Congratulations to all other participants, truly a great lot of people.

Thanks to all.

Eric Bean.



## ACTIVE AFTERSCHOOL PROGRAM SET TO CONTINUE

Dick Adams, Federal Member for Lyons, in December last year warmly welcomed the announcement by Minister for Sport, Mark Arbib, of the 2011 Active After School Communities (AASC) recipients in Lyons.

"I know that earlier in the year there was some concern that this program may not continue, so I'm very pleased to be able to confirm that 24 schools and after school care centers will be participating in the program.

"I've been to a number of schools in Lyons where AASC have been established, and it's a great thing for our young people.

"It provides children with the opportunity to participate in all sorts of physical activity after school, and gives them the confidence to participate in a non-threatening environment," Dick Adams said.

Active After Schools is a Federal Government initiative to encourage children into sport and other structured physical activities after school.

"I'd like to congratulate all the qualified coaches, supervisors, coordinators, volunteers, parents and teachers who are involved in this great program, without their dedication, skills and experience it would not be possible to deliver this great program.

"Local schools and after school centers benefit from this great training, as do sporting organisations who could not survive without well trained volunteers in the

## ST MARYS NEWSAGENCY

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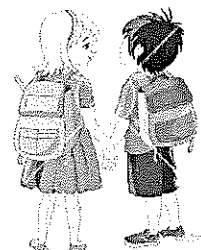
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St Marys Pharmacy is now stocking  
**Designer Brand**  
make-up.

Call in and get your **Loyalty Card**, which  
entitles you to buy 6 products, get your  
card stamped and get the  
**7 product FREE.**

Purchase 3 products at the same time  
and receive a **FREE Pen.**

Purchase 2 products at the same time  
and receive a **FREE Lipgloss.**

You also get a **FREE Mascara** when  
you purchase a foundation.

**Prices start at a low \$4.99.**

# Strawberry Jelly

**Stock now available at  
St Marys Hall Markets**

**1st Saturday of the month  
3rd Saturday of the month**

- Incense
- Soap
- Body jewellery
- Clothing
- Gift lines

**and much more  
See you there**

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## DESIGNER HAIR STUDIO

**46 Main St St Marys Ph: 6372 2108**

Loyalty cards are now available, offering every 4th haircut half price and every 10th haircut **FREE**. Collect a card at your first haircut, have the card stamped and signed to receive this offer.

Salon hours vary at the moment but will be back to normal next week when school resumes.

Phone number above for appointments.

## Sally Lehner — Beautician

**Will be visiting St Marys at the  
Designer Hair Studio  
on Monday 21st February  
and every second Monday thereafter.  
Please phone 0400 837 984  
for an appointment.**

## OUT OF THE WOODWORK

Wendy Brennan, Secretary

0408 656 014

I would like to take this opportunity to again thank Sue Nelson and Colin Smith for the great market they run once a month and we hope that the Guild's market is providing as much entertainment for our community also. Our haute cuisine (sausages) with every sale provides the club with much needed monetary assistance.

While on the subject of our market we would like to apologise for cancelling our last market in January. Due to the inclement weather and many roads being closed we felt that it was the safest call to make, as we put peoples' safety above profits.

And just a reminder that our motto is **not** rail hail or shine. I hope this clarifies our situation and stance.

The Guild's next market will be on the 19<sup>th</sup> February in the St Marys Town Hall.

Stayed tuned for an update next issue about our annual upcoming Open Day, the 16<sup>th</sup> April, where we once again will profile the works of some of our local talented artists and artisans.

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BREAKO'DAY WOOD CRAFT GUILD  
MARKET

19<sup>th</sup> February ST MARYS TOWN HALL

An Eclectic Mix  
Sausage Sizzle, Fresh Fruit and Vegetables,  
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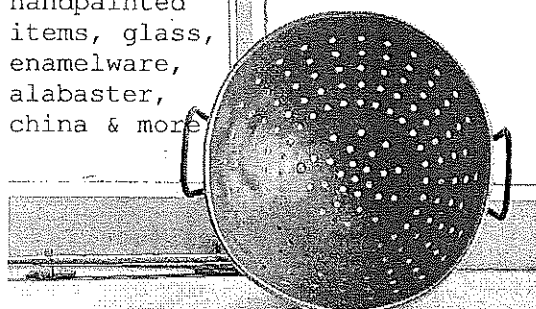
Tea and Coffee

And much more  
To book a table contact Wendy on 63722094  
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All monies raised are put back into the community via the Woodcraft Guild)

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**gone rustic, 37 main street,  
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**Any stories to tell, or photos to share?**

We at the Valley Voice are always looking for 'good news' stories and photos to share with the public. There is always lots happening here in the valley or out on the coast, and we would love to print and share any news-worthy stories, and adding photos is always a bonus, as most people like to recognise themselves and their friends in print.

So send us your information, making sure you have approval of the persons concerned to print their stories or photos. Looking forward to hearing from you.

## Forgetter Be Forgotten?

My forgetter's getting better,  
But my rememberer is broke  
To you that may seem funny  
But, to me, that is no joke.

For when I'm 'here' I'm wondering  
If I really should be 'there'  
And, when I try to think it through,  
I haven't got a prayer!

Oft times I walk into a room,  
Say 'what am I here for?'  
I wrack my brain, but all in vain!  
A zero, is my score.

At times I put something away  
Where it is safe, but, Gee!  
The person it is safest from  
Is, generally, me!

When shopping I may see someone,  
Say 'Hi' and have a chat,  
Then, when the person walks away  
I ask myself, 'who the hell was that?'

Yes, my forgetter's getting better  
While my rememberer is broke,  
And it's driving me plumb crazy  
And that isn't any joke.

(Anon.)

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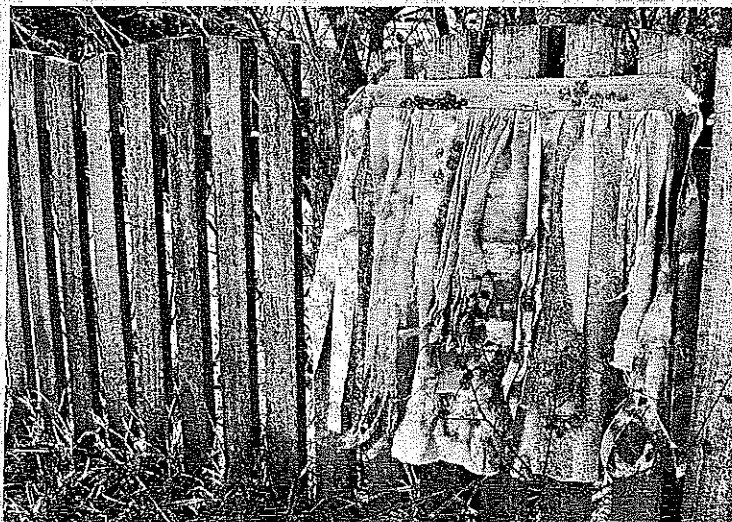
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## Break O'Day Stitchers Inc. Exhibition

2011



**QUILTING & EMBROIDERY EXHIBITION**  
Saturday 23rd - Wednesday 27th April 2011,  
10am to 4pm

Portland Memorial Hall, St. Helens

This year's challenge is 'Butterflies' along with our usual entries of Quilts, Cross Stitch, Embroidery, Knitting, Journal Cover, Dolls and Teddy Bears, miscellaneous, with Men's and Novice sections.

Juniors - This year to encourage more junior entries, you can enter three times for free

Section 1/13 **BAGS** - Sponsored by Sew Knit, Launceston (see entry form for more details)

Section 1/13 has a special prize for **BAGS**

With a Bernina Bernette H70 donated by Sew Knit, Launceston.

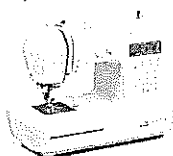
Section 2 - **Judged Categories**

1. Challenge: Butterflies
2. Patchwork & Quilting:
  - Hand quilted
  - Machine Pieced - Machine Quilted on a Domestic Machine
  - Machine Pieced - Machine Quilted by a professional
  - Mixed Technique
  - Art Quilt,
  - Group Quilt
3. Embroidery: Candlewicking, Hardanger, Crewel, Stump Work, Ribbon Embroidery
4. Cross Stitch and Canvas Work: Long Stitch, Needlepoint, Tapestry
5. Dolls & Teddies
6. Knitting, Crochet, Tatting, Lace Work
7. Men's Section
8. Junior Section - Entry fee \$2.00  
(Three entries for free)  
Ages 10 and under - Ages 11 - 16
9. Novice - First attempt at anything
10. Miscellaneous includes Basketry & Weaving
11. Journal Cover
12. Exhibition only

**Entries close Friday 1<sup>st</sup> April, 2011.**

For enquiries:- Lundy - 0409 098 060,  
Libby - 6376 2702

Entry forms:- can be picked up at Annie's Cottage Crafts in St Helens.



## EAST COAST SURVEYING

Consulting surveyors and land planners.

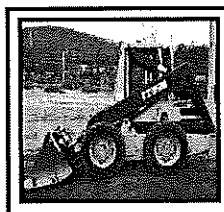
Mark Anderson 6376 1972

We can help you.

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- ☐ In dispute with an adjoining owner?



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Mob: 0400 054 110

email: marycporter@bigpond.com

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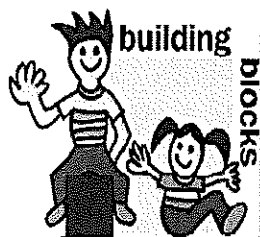
Ring us on: Scamander: 6372 5307

Mobile: 0428 761 811

## The Valley & East Coast Voice Guidelines.

- *Opinions in letters published are not necessarily the views held by the editor and voluntary workers.*
- *Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted.*
- *Please do not attack the editor, the paper or the authors of previous letters.*
- *Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.*
- *Please make sure of your facts. Do not write letters just to let off steam. Keep letters short and simple. Letters restricted to 300 words or less will be given preference.*
- *All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.*
- *All letters sent by email must contain your contact details, such as full name, address and phone number.*
- *All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.*

## February 2011



Building Blocks also has home visits so feel free to contact me, to arrange a time if you are unable to travel or are homebound.

### Play & Learn Sessions are on:

15th Feb at St Marys Community Hall  
18th Feb at Pyengana Community Hall  
23rd Feb at Fingal Park  
28th Feb at St Marys Playgroup at Falmouth Community Hall

All sessions are from  
10.30-12.30

## March 2011

### Play & Learn Sessions are on:

1st March at St Marys Community Hall  
9th March at Fingal Park  
11th March Pyengana Community Hall  
15th March at St Marys Community Hall  
16th March at Bicheno Community Hall  
23rd March at Fingal Park  
25th Pyengana Community Hall  
29th St Marys Community Hall



For more information and to share ideas/suggestions  
Please call Cathy at Healthy House on 6376 5242  
Or email: [cathy.parker@healthyhouse.org.au](mailto:cathy.parker@healthyhouse.org.au)  
All Building Blocks sessions are free of charge

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# SPLASH

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*You dump it, we pump it!*

**Water cartage**  
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Contact: Mick

**0488 777713**

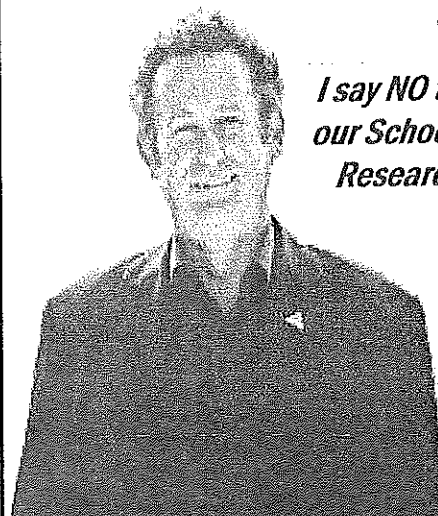
## Tim Morris MP

Tasmanian Greens Member for Lyons

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**New Address:** Shop 9, Covehill Shopping  
Centre, Bridgewater 7030

**Phone:** (03) 6263 3801

**E-mail:** greens@parliament.tas.gov.au

**www.tas.greens.org.au**

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

### Rae & Partners

**Lawyers Barristers & Solicitors**  
**113 Cimitiere St Launceston**

#### Visiting :

**St Marys Community Health Centre**

**Alternate Tuesdays : 9 am – 10 am**

**Ph: 6337 5555 For appointments.**

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

### Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.



### St Marys Market

Rain hail or shine the markets will be held on the 1<sup>st</sup> Saturday every month in the community hall 9am till 2pm.

New stall holders welcome

Phone Colin 6372 2707 or Sue 6372 2512



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**Ph: 6372-5522 Mbl: 0407-615-072**

**2 Lagoon Esplanade, Scamander 7215**

## Artery is part of Ten Days on the Island & touring Tasmania March 25 – April 1

Which direction...north...south...east....west? Four emerging choreographers created this varied and thought-provoking program of work which will engage audiences with contemporary dance in ways never imagined. Fresh new choreography, accessible contemporary dance and more, *Artery* is a program that brings audiences in touch with the physicality, inventiveness and talent of Tasdance.

*East* by Trisha Dunn is inspired by memories and diary entries from travels throughout Asia draws on her fascination with the dichotomies that exist within Asian cultures, the presence of incredible beauty and destruction, wealth and poverty, graciousness and cruelty, spirituality and commercialism. Dunn said "I am intrigued by their apparent fatalistic way of living and strong beliefs in the cycles of nature, karma and reincarnation and will use these philosophies as starting points for the work."

Alice Lee Holland has choreographed *ever ending* and taken her initial inspiration from the sunset, which is both personal and universal in that the sun always sets in the west. Holland explained: "From the moment the sun hits the horizon it takes just 70 seconds before it has completely disappeared. Even though the build up and the residue last much longer, the ending is swift and direct. This connection between sunsets and endings is the most compelling inspiration for *ever ending*. Despite their beauty and uniqueness, any particular sunset is also one of many. And although there can be a sense of sadness in an ending – that this moment will never be again – there is also an important reminder of living, to live and to practice living in the face of endless endings, and the related ideas of discipline, and faith."

Adam Wheeler's passion for the development of dance has seen him work with many youth companies. In creating *North* for Tasdance Adam is extending his choreographic experience by taking on this commission and working with the elite Tasdance ensemble. Adam explores the notion that *North* is the prime direction, the reference on all maps, at the top of the globe and that around which the night sky circles. The work is about magnetism, gravity and being up...in the many interpretations of that word.

*South – a choreography* by Solon Ulbrich is a contrasting performance practice. Although clearly structured choreography, the performance is unique each time it is performed. The dancers create spontaneous composition, engaged with the choreography in time and space. His main inspiration was derived from experiences of Tasmania, nestled in the south. Ulbrich describes Tasmania as "place that is at once separate, subtle and striking - Flinders Island, Hawley Beach, the Meander River, Lady Lake....it will take your breath, strip you bare, leaving you cleansed to feel other possibilities." *South* requires an attentive appreciation, a listening.

### Performance dates:

Friday, March 25	1.00pm	Cygnets Town Hall
Saturday, March 26	8.00pm	Cygnets Town Hall
Monday, March 28	1pm and 7.00pm	Swansea Town Hall
Wednesday March 30	1pm and 7.00pm	Portland Hall, St Helens
Friday, April 1	1pm and 7.00pm	Devonport Entertainment and Convention Centre

**CONTACT:** Annie Greig or Caroline Florance at the Tasdance studio on 6331 6644 or [info@tasdance.com.au](mailto:info@tasdance.com.au)

## Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance  
 53B Main Road  
 PO Box 50  
 Perth, Tas 7300  
 Ph 6398 1115  
 58A High Street  
 PO Box 271  
 New Norfolk Tas 7140  
 Ph 6261 3366  
 Toll free 1300 132 689  
 Email [D.Adams.MP@aph.gov.au](mailto:D.Adams.MP@aph.gov.au)



**WORKING WITH YOU FOR A  
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth



tasdance

197 Wellington Street  
 Launceston Tasmania 7250  
 Telephone 03 6331 6644  
 Facsimile 03 6331 5522  
 Email [info@tasdance.com.au](mailto:info@tasdance.com.au)  
[www.tasdance.com.au](http://www.tasdance.com.au)

## ST MARYS BAKERY

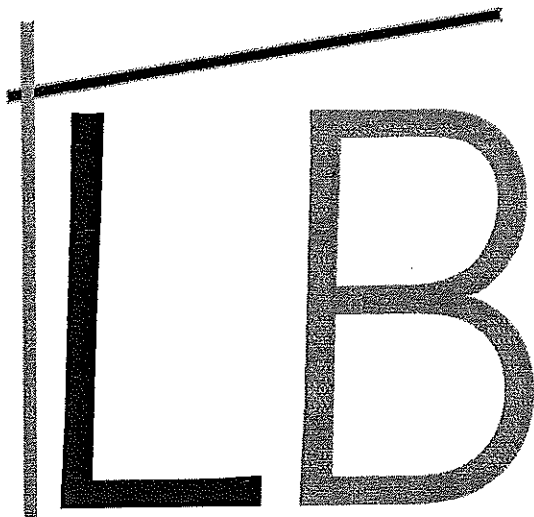
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- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
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**AND MUCH MORE**

## TASMANIAN PUBLIC HOLIDAYS

EVENT		2011	2012	2013
NEW YEARS DAY	If falls on Saturday or Sunday, then following Monday	MONDAY 3 JANUARY	MONDAY 2 JANUARY	TUESDAY 1 JANUARY
AUSTRALIA DAY	If falls on Saturday or Sunday, then following Monday	WEDNESDAY 26 JANUARY	THURSDAY 26 JANUARY	MONDAY 28 JANUARY
ROYAL HOBART REGATTA  (SOUTH)	Second Monday in February  (All parts of Tasmania south of And including Oatlands and Swansea excluding Bronte Park Catagunya, Strathgordon, Tarraleah, Wayatinah and the West Coast)	MONDAY 14 FEBRUARY	MONDAY 13 FEBRUARY	MONDAY 11 FEBRUARY
EIGHT HOURS DAY	Second Monday in March	MONDAY 14 MARCH	MONDAY 12 MARCH	MONDAY 11 MARCH
GOOD FRIDAY		FRIDAY 22 APRIL	FRIDAY 6 APRIL	FRIDAY 29 MARCH
EASTER MONDAY		MONDAY 25 APRIL (Also Anzac Day)	MONDAY 9 APRIL	MONDAY 1 APRIL
ANZAC DAY		MONDAY 25 APRIL (Also Easter Monday)	WEDNESDAY 25 APRIL	THURSDAY 25 APRIL
EASTER TUESDAY	Restricted public holiday currently observed by certain awards/agreements and the State Public Service	TUESDAY 26 APRIL	TUESDAY 10 APRIL	TUESDAY 2 APRIL
QUEENS BIRTHDAY	Second Monday in June	MONDAY 13 JUNE	MONDAY 11 JUNE	MONDAY 10 JUNE
RECREATION DAY  (NORTHERN TASMANIA ONLY)	First Monday in November  (All parts of Tasmania in which a statutory holiday is not observed for the Royal Hobart Regatta)	MONDAY 7 NOVEMBER	MONDAY 5 NOVEMBER	MONDAY 4 NOVEMBER
CHRISTMAS DAY	Christmas Day and i) if Christmas Day falls on a Saturday, the Monday following Christmas Day  ii) if Christmas Day falls on a Sunday, the Tuesday following Christmas Day	SUNDAY 25 DECEMBER  TUESDAY 27 DECEMBER	TUESDAY 25 DECEMBER	WEDNESDAY 25 DECEMBER
BOXING DAY	If falls on a Saturday or Sunday, then the following Monday or Tuesday	MONDAY 26 DECEMBER	WEDNESDAY 26 DECEMBER	THURSDAY 26 DECEMBER

Information supplied by Councillor Sarah Schmerl

# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

Dr Cyril Latt  
(Dr Latt unavailable for consults on 18th Feb)  
Dr Libby Reeckman (RFDS) 17th Feb  
Dr Libby Reeckman 18th Feb

**PUBLIC HOLIDAY- 23rd February**  
**(St Marys Community Health Centre)**

**GP Surgery Hours:**  
Monday—Friday 8:50am-12:30pm

12:30pm-1:30pm LUNCH

1:30pm-4:30pm

## PATHOLOGY SERVICE

No Pathology Service between  
12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before**.

## INR TESTS

A doctor's appointment is required if you are having an INR test. Please **let reception staff know when making your appointment that you are having an INR test**. This is a 5 minute doctor consult.

## AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

**PLEASE RING BEFORE PRESENTING AFTER HOURS**

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply.

## Child Health Services

Sue Gofon the Child Health Nurse will be unavailable for Child Health Consultations until 22nd February 2011.

If you require assistance during this time please phone:

The Parenting Line on 1300 808 178 Or

Child Health North on 6336 2130

## COMMUNITY HEALTH CENTRE GROUNDS

What a great job has/is being done in and around the grounds of the Health Centre. It's a great credit to **Dave Watkins, Ian Bradbury and Paul Wallis**. Keep up the great work guys it looks fantastic!

## WHAT'S ON AT THE CENTRE FEB 2011

- |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 11th Feb | <b>TABIS</b> (Tasmanian Acquired Brain Injury Service) Hannah Rubenach.                                                                                                                                                                                                                                                                                                                                                                           |
| 15th Feb | <b>Meals on Wheels Meeting</b> 2:00pm in the Day Room.                                                                                                                                                                                                                                                                                                                                                                                            |
| 16th Feb | <b>Day Centre</b> - For details on the group please contact Hayley Gilbert 6372 2111.<br><br><b>GP North Mental Health Worker</b> - Brady Young for appointments please see your GP for a referral.<br><br><b>Podiatry</b> - Lightfoot Podiatry with Perry Daly. For appointments please phone 6331 9568                                                                                                                                          |
| 17th Feb | <b>Social Worker</b> - Shan Williams appointments available by phoning 6372 2111                                                                                                                                                                                                                                                                                                                                                                  |
| 18th Feb | <b>Diabetes Educator (GP North)</b> - Appointments available by referral from your GP<br><br><b>Social Worker</b> - Shan Williams appointments available by phoning 6372 2111<br><br><b>TABIS</b> (Tasmanian Acquired Brain Injury Service) Hannah Rubenach                                                                                                                                                                                       |
| 21st Feb | <b>TLC</b> (Tasmanian Lymphoedema Centre) <b>AGM and General Meeting</b> 10am in the Day Room of the Health Centre. New faces welcome!                                                                                                                                                                                                                                                                                                            |
| 22nd Feb | <b>GP North Mental Health Worker</b> - Brady Young for appointments please see your GP for a referral<br><br><b>Child Health Session</b> with Sue Gofon every Tuesday- Appointments only. Please phone 0428 136 381<br><br><b>Tom Bain, Rae &amp; Partners Lawyers</b> . At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555                                                                               |
| 23rd Feb | <b>Launceston Cup- Public Holiday</b><br>There is no Doctor's Surgery on this day. Normal surgery hours will resume on Thursday 24th February 2011.                                                                                                                                                                                                                                                                                               |
| 24th Feb | <b>Eyelines</b> - For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare<br><br><b>Social Worker</b> - Shan Williams appointments available by phoning 6372 2111                                                                                                                                                                                                                                                   |
| 25th Feb | <b>Diabetes Educator (GP North)</b> - Appointments available by referral from your GP<br><br><b>Dietician (GP North)</b> - Appointments available by referral from your GP<br><br><b>Exercise Physiologist (GP North)</b> - Appointments available by referral from your GP<br><br><b>Social Worker</b> - Shan Williams appointments available by phoning 6372 2111<br><br><b>TABIS</b> (Tasmanian Acquired Brain Injury Service) Hannah Rubenach |

**KEEP WATCH...** A new Community Podiatrist Service is coming to St Marys. Further details about the service and the upcoming information session in the next edition of the valley voice.

## BLOODSUCKERS TRIP TO LAUNCESTON

Friday 8th April 2011

Bus leaves St Helens at 8.45am and returns by 5pm



Call the Neighbourhood House on 63761134  
to book your seat.

Note that there are age restrictions and conditions to follow,  
please ask when you make your booking.



## MEALS ON WHEELS ROSTER

February		St Marys	Fingal
Monday	14th	Debbie Barnes	Neighbourhood House
Tuesday	15th	Ruth Aulich	
Wednesday	16th	Liz Rice	
Thursday	17th	Yvonne Salter	
Friday	18th	Hannah Rubenach	
<b>MOW Contact</b>		<b>Phone:</b>	<b>0488 384 344</b>
Monday	21st	Pam Lynch	Neighbourhood House
Tuesday	22nd	Lundy Vosper	
Wednesday	23rd	Lorraine Gill	
Thursday	24th	D & V Rice	
Friday	25th	Patricia Barr	Neighbourhood House

## Church Services

### Catholic Parish of St Marys

Sr. Lorraine Groves  
Parish House. Ph: 6372 2252  
Mob: 0409 172 741

#### 1st Sunday: MASS

St Helens Vigil L/W 6.00pm  
Bicheno L/W 9.00am  
Swansea LWC 9.30am  
Mangana 11.30am  
Campbell Town 5.00pm

#### 2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm  
St Marys LWC 9.00am  
Bicheno LWC 9.00am  
Swansea LWC 9.30am  
Fingal LWC 9.30am  
Campbell Town LWC 5.00pm

#### 3rd Sunday: MASS

St Helens Vigil 6.00pm  
St Marys 9.00am  
Swansea 11.30am  
Campbell Town 5.00pm  
Bicheno LWC 9.00am

#### 4th Sunday LITURGY

St Helens Vigil LWC 6.00pm  
St Marys LWC 9.00am  
Bicheno LWC 9.00am  
Swansea LWC 9.30am  
Fingal LWC 9.30am  
Campbell Town LWC 5.00pm

### Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays  
Fingal: 3 pm 1st/3rd Sundays  
Mathinna: 3pm 2nd/ 4th Sundays  
Ross: 11am 1st/3rd Sundays  
Campbell Town: 9am every Sun.  
(3rd Sunday -Family Service)

### Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday  
8 am and 10.30 am  
St Marys Every Sunday  
10am  
Pyengana: Kids Church,  
2pm - 4th Sunday every month.

### Salvation Army TUESDAY JAM

3-5pm every Tuesday.  
excepting school holidays.  
Envoy Melanie Norton Ph: 63722099

### Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am  
Fingal 11.15 am

### Seventh Day Adventist

Hodgeman Street Scamander  
Sabbath School 10 am  
Divine Service 11 am

## Contacts for Valley Voice

PH: Judy: 6372 2155

email: [judith.spilsbury@telair.com.au](mailto:judith.spilsbury@telair.com.au)

Accounts: Mary: 6372 2328

Please leave written material at the  
St Marys Pharmacy,  
Main St, St Marys,  
or post: C/- Post Office, St Marys Tas 7215

### Advertising: 2011

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

## On Air Now!

Vision FM 88.0 at

St. Marys, St Helens and Fingal.

Robbo isn't alone at breakfast anymore.

Shelley has joined him and  
they are calling the program  
'The Journey'

100% positive music & talk all day long;  
connecting faith to life.

National Vision Radio Network.

Phone 1800 007 770.

web [www.vision.org.au](http://www.vision.org.au)

## St Marys Online Access Centre

### Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am - 3 pm

Friday 10 am - 3 pm

Saturday 11 am - 2 pm

Ph: 6372 2005

## ST MARYS OP-SHOP

### TRADING HOURS:

10AM — 3.30PM TUES TO FRI.

PH:6372 2733.

Does anyone have  
school dresses and rugby tops  
they no longer need?

We have many people looking.

If you want to sell them feel free  
to put a sign in our window.

Ph: Tracy 6372 2733

## St Marys Sports Centre Inc. news Kackhander.

Really, really brief this time. My fault. Didn't realise the Valley Voice began again this week.

To bowls and even though we're still struggling for numbers in both men and women's pennant teams, the sides are still a chance of Finals appearances at the moment. The last round of roster matches begin this weekend and our fate in the men's comp especially, relies on how we go in these games. With full strength rinks it's likely we can still go okay. Let's try our best.

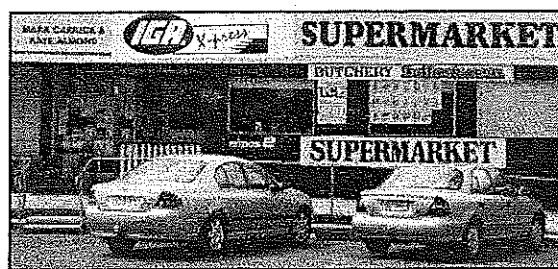
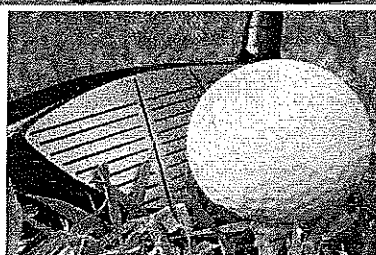
A real highlight this season, regardless of finals or not, is the amazing number of fantastic juniors we have coming through. We are the envy of all the other clubs for this reason alone. Without exception, they are genuinely earning their places each week in the team, and are contributing to successful results. In the recent East Coast juniors championship all our boys did great. Some had no luck with sectional results but Liam Davern came third overall and this was fantastic for him and the club.

This week we take on Scamander at St.Marys. Just a reminder to get our club Singles, and pairs especially, games played soon. Don't want it to be a mad rush late in the season do we ?

Thanks to Liz and helpers for running the fundraising Lotto thing which will contribute to club funds. Great effort. Special thanks to Damon for having the green so playable every week. Great at the moment, especially. Thanks to all those who made a \$113 donation to the Queensland Flood Relief fund possible. Thanks to our visiting fellow bowlers from Swansea for contributing there too.

Briefly to golf. The course is awesome at the moment. Little bit from the rain but a lot from our intrepid volunteers week in and week out. Thanks all.. Club Captain Barry Harrison is currently working on 2011 events. If you have suggestions or assistance he would always appreciate your input.

Any way, until next time, good hitting and rolling.



38 Main Street St Marys  
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274  
Mon - Fri 8am - 6pm  
Sat 8am - 12 noon Sun - closed

### ***This week's specials.*** ***from the butchery***

1st grade mince	\$ 9.99kg
Lamb forequarter chops	\$ 9.99kg
Legs of lamb	\$10.99kg

### ***Instore specials***

Arnotts assorted creams 500g	\$4.55
Pedigree canned dog food 1.2kg	\$3.19
Duo laundry powder 1.2kg	\$4.99
Bundaberg white/raw sugar 1kg	\$1.79

### ***fruit & vegies***

Seedless green grapes	\$3.99kg
Potatoes 2.5kg bag	\$3.99

### ***from the deli***

Lethborgs beef sausages	\$3.99 kg
Lethborgs sandwich ham	\$7.99kg

### ***Next week's specials*** ***from the butchery***

Rump steak	\$12.99 kg
Lamb BBQ chops	\$ 8.99kg
Boneless lamb roast	\$15.99kg

### ***Instore specials***

Bushells teacup bags 100s	\$3.99
Chum canned dog food 1.2kg	\$1.89
Sanitarium weetbix 1kg	\$3.99
Quilton toilet paper 12pk	\$6.55

### ***Back to school***

Nutella T12 economy pk 240g	2 for \$6
Kraft peanut butter 375g	2 for \$7
Kelloggs LCMs split stix 6pk	2 for \$6
Kelloggs nutria-grain bars 6pk 180g	2 for \$7
Kraft vegemite 400g	\$5.99

### Advertisement

### REON JOHNS

Councillor

Like to raise an issue? Feel free to contact me on:  
mobile 0429 722 091 or Fax 6372 2098.

**On the last Thursday of each month I visit:**

Fingal 8.30am-9.30am at the Neighbourhood House  
Mathinna 10am-11am at the Post Office  
St Marys 12pm-1pm at the Bakery  
St Helens 2pm-3pm at the Neighbourhood House  
Scamander 3.30pm-4pm at the Mouth Café.