

The Valley & East Coast Voice Volume 43 No. 12. Thursday November 4, 2010.

Est. 1968 50 cents

Lymphoedema Melbourne Cup Function 2010. President's address

This annual function raises funds to help run and maintain the clinic. People with Lymphoedema from around the State have treatment here.

I would like to thank all our sponsors and donors who have generously supported the TLC this year, and everyone who has in any way helped towards today's Melbourne Cup Luncheon.

I would like to thank the boys at the bar and our very talented MC Harry Veldums.

Again congratulations to Ken Stonehouse and the students from the St Marys District High School. Having the students involved makes the Committees job a lot easier. I would also like to thank Colin from Manna Farm for the stage decorations especially after the damage that was done during the flood to his property.

Special thanks go to Eric and Claire Bean, for the loan of their racing silks not just this year but every year since the luncheon's inception in 2001.

A tremendous thank you to all the wonderful committee of TLC for the very hard work that has been done to create a function that every year continues to draw people out for this special day.

On behalf of the TLC committee thank you to Diane Troode and Cheryl Oates for their considerable input during their time on the Committee and we wish them well for the future.

I hope that everyone has had a very enjoyable day.

Thank you to all the following sponsors and donors;

Tasman Island Cruises, Fox and Hounds Inn, Lemonthyme Lodge, Hollybank Tree Tops, Break O'Day Stitches, Mrs Maisie Finney, Staff and students St Marys District High School, Manna Farm, St Marys Community Health Centre, St Marys Post Office, Chicken Feed, St Marys Newsagency, Gazzman's, Mitre Ten, Choc-A-Lolly, St Marys Coach House, Graham Court Apartments , Main Street Clothing, St Marys Pharmacy, Mount Elephant Fudge, Strawberry Jelly, Supermarket IGA St Marys, St Marys Sports Centre, St Marys Football Club, Break O'Day Council.

Major raffle winners

3rd Prize

Winner Mary Targett ----- Tasman Island cruise for two people,

including one night's accommodation at Fox and Hounds Inn

and a \$60 dinner voucher.

2nd. Prize Tom Holder----- One night's accommodation including

Buffet breakfast in a tree top cabin at Lemonthyme Lodge
Mrs Shirley Parker-----Adult pass to Hollybank Tree Tops

adventure (Value \$100)

Cup Lady------ Jane Cato Cup Gent----- Jim Watson

Jean Legge, President. All photos courtesy Peter Troode. More photos inside...









<u>Please note</u>: Deadline for articles in the next Valley Voice is 5pm <u>Tuesday November 16, 2010</u> <u>EMAIL ADDRESS</u>: judith.spilsbury@telair.com.au

Classifieds

For sale

2003 VY HSV Red Maloo Ute. 90,000 kms. Electric tray & rear spoiler, 6 stacker CD player, brand new tyres and rims. Great Condition. \$34,000. Ph: 0438 849 462.

5 piece dining suite. \$60. Single bed & bedhead. \$40. Chest of drawers. \$25. Pine bedside table. \$15. 3 seater couch. \$35. Queen size mattress, near new. \$40. 38cm Sanyo TV. \$20. Ph: 6372 2552 or 0428 362 958.

Lovely older style double bed, blackwood slatted ends iron rail, wooden slat base with brand new innerspring double mattress. \$250. Club lounge suite, dark green with detailing, quality castors, low seater, blackwood cup rests. Needs new cushion covers on couch. \$200. Older style oak hall stand, round mirror and storage box. \$150. Ph: 6372 2489.

2002 Harley Davidson, black, XLH model, 1200cc Evo Sportster. Windshield, driving lights, oil cooler, forward controls& screaming eagle exhausts. Excellent condition. 61,000 klms. Used exclusively as a long distance cruiser. \$11,000. ono. "First Gear" motor cycle wet weather gear. As new—top of the range. Completely water & wind proof. Suit person 183cm. \$250.ono. 1977 Nissan Patrol. 3 speed, 6 cylinder petrol motor. Unregistered but continually used off-road. Full bar work, roof rack & tow hitch. An ideal "Farm Hack". \$1,500. Heavy duty steel trailer. 7ft x 4ft 3". Spare H/D axle, spare H/D leaf spring & spare wheel, all attached to trailer. \$1,500. Ph: Don—0429 396 918.

Telescope on tripod with accessories. \$80. 3 stack portable CD player. \$30. Dimplex evaporator cooler. \$90. Suzuki DS80 motorbike. Recon. \$700. Zodiac 12 Hoover front loader washing machine. Goes well. \$100. Ph: 6374 2282.

KTM 300, 00'model, goes well & mech. Good. \$3250.

MotorX boots Alpinestar as new US9 (cost\$400) \$175.

MotorX helmet Fox (S) black/white. \$50

MotorX helmet Fox (L) silver.\$50

MotorX helmet (M) red, as new. \$30

Toolbox -Tradesman, for Ute tray, 1800 x 600 x 50 \$125

Kid's 8-ball table VGC, 1500 x 750. \$45

Glass shelving, suit shop or bathroom. \$30

Ph: 0437 227 123 or 6372 2222.

BBQ/ESKY -2 in 1. collapses or separates to transport all attachments and gas bottle. \$190 with gas bottle or \$150 on its own. Never used. Old wood heater & flue, has cracked glass. \$50. Ph: 6372 2380.

Wardrobe. \$50. Enamel bath. \$50. Cast iron bath. \$50. Half roll (approx) barbed wire. \$40. Fence palings (approx 40) \$25. Window, wooden 89 x 52. \$40. Old style wooden wardrobe. \$80. Pajero cargo barrier. \$30 Ph: 6372 2365.

Peugeot 206XR - 2003, 4 door hatch, metallic red, 112,000km, new tyres/brake pads, reg, serviced, CD player, A/C, auto windows, etc. Great condition, reluctant sale. \$8,600 neg. Ph: **Leissa 6372 2686.**

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

For sale

'95 Falcon future automatic 4 speed cruise control, ABS airbag, electric windows. A1 condition, goes extremely well. New exhaust, good tyres. 5 months rego. \$3,990.ono Ph: 6372 2446 or 6374 1058.

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158. Portable milling available. Ph: 0427 715 577.

WANTED - EMPTY POT PLANT POTS .. ANY SIZE..
IF YOU NO LONGER NEED THEM, THIS MAD
KEEN GARDENER WILL APPRECIATE THEM ..
PLEASE PHONE 6372 2818
(will compensate for cost of call)

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WHEELBARROW IN GOOD CONDITION.
Ph: 0408 175 031.

WITH THANKS

WANTED TO BUY FREEZER IN GOOD CONDITION. PH: 6372 2136.

To Give Away To Good Home TB Bay Brood Mare Ph: Bruce 6372 2181

URGENTLY REQUIRED LONG TERM LEASE SOUGHT. PHONE JAN: 0421 319 586

MEAL ON WHEELS

The next meeting of the Fingal Valley Meals on Wheels Association will be held on Tuesday November 16, 2010, at 2pm, at the St Marys Community Health Centre Day Care room.

GARAGE SALE
SATURDAY NOVEMBER 6TH
AND SUNDAY NOVEMBER 7TH
AT 9AM. (WEATHER PERMITTING)
AT 6 FRANK ST, ST MARYS.

HOUSEHOLD ITEMS PLUS SOME FURNITURE. PHONE: 6372 2633 MURRAY BERWICK PHONE: 6372 2250 HEATHER HAYES.

> GARAGE SALE SHED CLEARANCE THURSDAY 4TH & FRIDAY 5TH 9AM

RIDE-ON VICTA 3010T 10.5HP. GOOD CONDITION.
VICTA LAWN MOWER. \$50.
LARGE BBQ AND GAS BOTTLE
TUCKER BOX FREEZER
FURNITURE MANY ITEMS—
WE WILL DELIVER LOCALLY

NEW CLOTHING, BOOKS, TOOLS AND MUCH
MORE...

28—32 CROSBY ST, CORNWALL (MINE MANAGER'S HOUSE)

Letters to the Editor

Vol. 43 No 12, 2010

The Mayor and Councillors Break O'Day Council Georges Bay Esplanade St Helens 7216 27th October, 2010.

Dear Mr Mayor and Councillors,

My purpose in writing this letter is to ask you to kindly substantiate your credibility as a legitimate organization worthy of the support of the people of this municipality.

I have been asked by a number of ratepayers to contact Council on their behalf to ascertain clarification of a number of factors relating to land ownership.

In 1988 a referendum was held in Australia asking the electors if they wanted a Local Government Act which was defeated by a majority of 3,084,678 votes or over 70% of the population. The greatest NO vote being recorded in Tasmania being 72.50%.

However, five years later in 1993, unconstitutionally and against the democratic wishes of the people, the "Local Government Act" came into force by an act of deceit and treachery making your Council guilty of a breach of trust of the people that you are paid to serve and I beg to remind you that in law a Council has always been historically only accountable to its ratepayers!

This being the case, I ask that you please answer the following questions:-

- 1. How does Fee Simple fit into the Local Government Act?
- 2. Does the Council acknowledge the legal standing and authority of Fee Simple?
- 3. How is it possible for this Council to operate under **State** control which breaches the "separation of **Powers?**
- 4. Does the Council fully respect the legal and constitutional rights of its ratepayers under Fee Simple?
- 5. Do the councillers realise that the word indissoluble which appears at the start of the "Constitution of the Common wealth of Australia" means that the Constitution must stay intact unless there is a referendum to ask for the citizens permission to change it and that only if the people say that they want it changed, then can it be altered in accordance with their wishes?

I wish to quote from sections of the official Government Department of the Prime Minister and Cabinet copy of The Constitution of the Commonwealth of Australia Chapter V111 Alteration of The Constitution.

128. This constitution shall not be altered except in the following manner:-

The proposed law for the alteration thereof must be passed by an absolute majority of each House of the Parliament, and not less than two nor more than six months after its passage through both Houses the proposed law shall be submitted in each State and Territory to the electors qualified to vote for the election of members of the House of Representatives.

No alteration diminishing the proportionate representation of any State in either House of the parliament, or the minimum number of representatives of a State in the House of Representatives, or increasing, diminishing, or otherwise altering the limits of the state, or in any manner affecting the provisions of the Commonwealth in relation thereto, shall become law unless the majority of the electors voting in that State approve the proposed law.

6. Is it the wish of Council to support the stripping away of the **common law rights** of the people of this municipality by whatever means possible to gain extra power and control?

Charles Trollope, Copy of this letter was sent by St Marys. Mr Trollope to the Break O'Day Council.

FROM THE MAYOR

2 November 2010

Charles Trollope
"Kindred Spirits"
461 Gardiners Creek Road
ST MARYS TAS 7215

Dear Mr Trollope,

The question of the legitimacy of the Break O'Day Council does not require substantiation. Local Government exists in Tasmania as a result of State based legislation. There can be no argument. In the absence of this legislation it may be possible to surmise that there is no legal standing or derivative for Local Government.

As you may be aware, Local Government is not recognised within the Commonwealth Constitution. Efforts by Local Government over a number of years to have it recognised within the constitution have failed. You reference the 1988 referendum and suggest that the referendum proposed the construct of a Local Government Act. This is factually incorrect. The Constitution recognises Government at Federal and State levels, but makes no mention of Local Government. The Constitution Alteration (Local Government) 1988 proposed to alter the constitution so as to recognise Local Government. The proposed alteration was not supported.

State based Local Government Acts have been in existence in all states almost from the time that Local Government first came into being in Australia. Several iterations in this state have existed with the most recent overhaul being in 1993 following the structural reform of Local Government in Tasmania. The 1993 Act replaced the 1962 Local Government Act. It was not and is not unconstitutional and in no way is against the democratic wishes of the people.

Your assertion that Council is guilty of a breach of trust of the people and that the legislation under which it operates came into being by an act of deceit and treachery is absolute nonsense. It is not considered necessary or relevant to address the other matters raised in your correspondence as the fundamental foundations of your argument about the legitimacy and legality of the Council are fallacious and ill informed at best.

Council operates within the jurisdiction of the State Government and is provided with authority via the *Local Government Act 1993*. This legislation embraces the notion that there is a fundamental accountability and responsibility to the community that elects the Council and this Council will continue to serve its community to the utmost of its ability.

I can assure you that it is not the practice or desire of Council to take away or diminish the rights of anyone living within or outside of its community and Council has no intention or agenda to gain extra powers or control beyond that which is legitimately provided via the legislative heads of power under which it operates.

Yours faithfully, Robert Legge,

Mayor.











'Would you like to move your shop to Sydney?'

A mainland visitor asked Elaine that question last week after discovering Purple Possum's extensive and unusual range of wholefoods.

And people say the nicest things about our café section in our Visitors Book. For instance, five international students enthused 'The mueslis are the best – it was a delicious breakfast' – written in English, Spanish, Danish, Dutch, Swedish and Swiss-German!

If you haven't sampled the delights of Purple Possum recently, why not call in for a coffee, or perhaps catch up with friends over lunch?

We'll make you very welcome!

Purple Possum

Wholefoods & Café 5 Story Street St Marys. Phone 6372 2655. Open 7 days.

The Valley & East Coast Voice Guidelines.

- Opinions in letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Keep letters short and simple. Letters restricted to 300 words or less will be given preference.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a printed name and also contain your contact details, such as full name, address and phone number.

St Helens Sea Scouts & Cubs



SCOUTS

10 ½ - 15 year old girls & boys

Spaces Available Now!

All enquiries to Nick on 6376 2256.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Marilyn on 6376 1858.

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L'n' Burgun 4:4

OUR LADY OF THE SACRED HEART CHURCH

ΑT

MANGANA

CELEBRATES 100 YEARS ON NOVEMBER 7, 2010.

MASS WILL BE CELEBRATED BY

ARCHBISHOP ADRIAN DOYLE

AT 11.30AM.

BRING YOUR OWN BBQ OR PICNIC LUNCH AND CHAIR.

EVERYONE WELCOME. ENQUIRIES: SISTER LORRAINE: 6372 2252.

Strawberry Jelly

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NOVEMBER SPECIAL PURE DELIGHT HEMP OIL 625ml only. \$10 OFF

WHILE STOCKS LAST. BE QUICK.

- Packed full of Omega 6s and Omega 3s (the good oils)
- 3 times more essential fatty acids than fish oil

• 3 times the vitamin E and twice the iron and magnesium than flax.

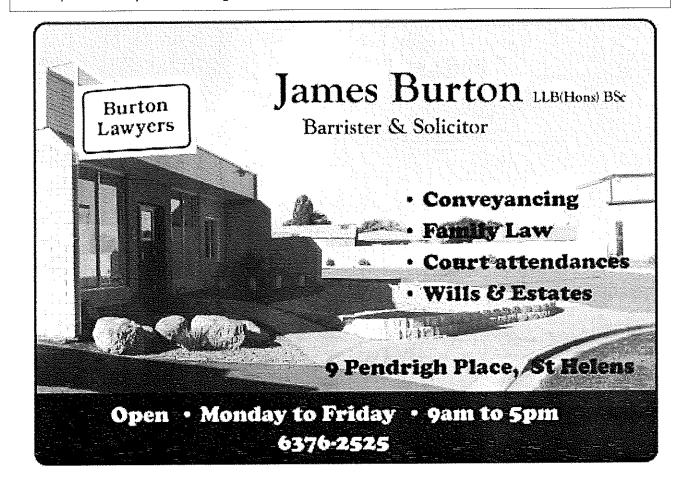
OPENING HOURS
MON—FRI 10AM—4PM—-SAT 10AM—1PM

Hearing problems

A big burly biker goes to his doctor with hearing problems.

"Can you describe the symptoms to me?" asked the doctor.

"Yes. I sure can. Homer is the Dad and he is a short, fat, yellow, lazy bloke, and Marge, the Mother, is a skinny bird with big blue hair."





Kodak quality prints in seconds

NATIONAL WINNER!!

Congratulations to Mrs Marlene Guy of Mathinna, who won a 42" plasma TV from the St Marys Pharmacy's catalogue competition, one of six throughout Australia.

Mrs Guy is over the moon with her win.

Keep an eye out for the Pharmacy's future catalogue specials and you too can enter the draw for a chance to win some great prizes.



Pictured with Mrs Guy at the Pharmacy from left: Rebecca, Andrew and Jodie. Jodie works for the Pharmacy Services Company Symbion, and came to St Marys especially for the presentation.

MAIN ST - ST MARYS PH: 6372 2844

The Say Cagerattler

Right from the outset let me state that I have absolutely no idea who could or how you go about this suggestion. Actually this is partly why I am mentioning this subject.

GEE WE ARE A TALENTED MOB AROUND HERE!!!. By chance I got talking to a chap I hardly know, let's just call him Bob.. I was admiring a P51 Mustang modelled to operate as a wonderful wind vane, when he revealed to me that he was the modeller and builder of this substantial construction. I spent the next half hour talking to him all about his work and that of our other intrepid and very skilful wind equipment maker. Let's call him Les for arguments sake. An ever growing number of his works delight locals and tourists alike attached to several businesses in the town.

That's just wind for one. Without going into great detail I personally know of several extremely good sculptors, painters, sketchers, musicians, embroiderer, ship, boat, car, aircraft, train modellers, numerous great gardener, wood turners, toy makers, photographers, woodcraft guild, you get the picture. It's incredible. The sad part is that so many others aren't aware of many of our local's talents. That's a real tragedy.

Perhaps it's time to investigate a Craft Fair for the town .I wonder how hard it would be to organise and advertise. Might take a bit of effort, but imagine if something like that was successful. Maybe it could happen every few years or so. It would never be the same because almost all the time we have new residents moving in, many with things they are really good at.

As I said, I have no idea where to start but after talking to Bob the other day I began thinking that perhaps there are similarly enough necessarily skilled and experienced people to help organise a ST MARYS CRAFT FAIR in the next couple of years. I'd like to think there is. Just as an example: Mustang in Newman Street and a fantastic "Spitfire" in Cranks and Tinkerers soon. Bob kindly offered to show me his workshop and how it's all done and I am very much look-

ing forward to seeing a craftsman at work. Wouldn't it be great to have this happen in all sorts of areas over a special weekend sometime down the track?

What do you think?

St Marys Market

Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall 9am till 2pm.

New stall holders welcome

Phone Colin 03 6372 2707



RIETURN THANKS

Val & family would like to thank everyone for their kind thoughts on the passing of Matty, loving husband, father & pop.

loving nusband, rather & pop Thank You.



New challenge for Forestry "action man"

22 October 2010

Forestry Tasmania After 23 years in the job Paul Barnes has left Forestry Tasmania for a new life challenge.

The former Mathinna boy told colleagues at a Fingal depot farewell function it was a

case of "now or never" for a change of career.

Forestry Tasmania's Bass District Assistant Manager Peter Williams told the gathering that Paul's love of the bush made his move as a teenager to the gang working in the Valley's softwood plantations a natural fit.

He had worked his way up to a softwood logging inspector and has resigned after several years as a forest supervisor for native forest harvesting.

Mr Williams said Paul's prowess in martial arts, for which he earned a black belt, also earned him a variety of nicknames over time like Claude Van dam Barnes and simply Kung Fu.

"His regard for good forest practice earned him respect of both colleagues and contractors he was in contact with," Mr Williams said.

He wished him well in the new chapter of his life with wife Trudy, who is also a former Forestry Tasmania staffer, and their daughter.

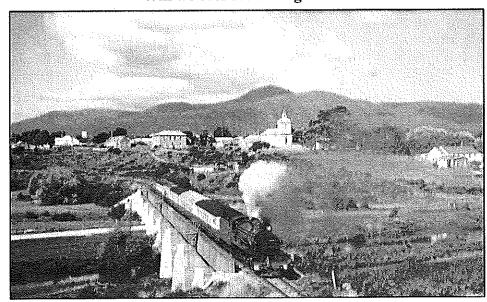


Paul Barnes, wife Trudy and their daughter Darshini with a picture of Jazz the heeler.



www.fingalvalleyhistory.com

Will we ever see this again?



An "H Series" stream strain crosses the bridge over the St Pauls River at Avoca pulling a number of passenger carriages.

For more on the history of the Fingal Valley visit the Society website:

(www.fingalvalleyhistory.com)

Or call into the St Marys Online Centre at 23b Main Street.

Greetings from Lauren.

Lauren Quinn has spent the last four years in Hobart, studying a combined Bachelor of Arts/Law degree. Earlier this year she was given the opportunity to study a semester of Law abroad at the University of Lucerne in Switzerland. This is a brief description of a St Marys-raised girl's first time out of Australia.

27 August 2010

The first thing that struck me about Britain was the weather. It's very similar to Tasmanian weather, in that it's generally "four seasons in one day". However in the 4 days I've been here I don't think I've seen the sun shine once. It's rained every day! At least it's "summer" so it's not bitterly cold as well.

Another thing about England is the fact that all their houses look the same - grey, white or brown drab multi-storey buildings of varying styles.

An interesting thing about England is their food. They sure love their ice-cream, which is weird for such a rainy climate. They have ice-cream vending machines in train stations! There's a local pub up the road from our hostel in Fulham that has a lot of cheap, traditional English meals.

Some interesting food facts about England

Everything comes with peas

Everything comes with bread and butter

Everything comes with a cup of tea

Steak, bacon and chips is an acceptable form of breakfast.

They use patriotic labelling of their food such as "British Beef" - which scares me due to the whole Mad Cow thing from a few years ago

Steak is really expensive

Their traditional "fish and chips" is made with cod or plaice, which are two fish I've hardly heard of and am a bit apprehensive to try. Where's my trevalla?!

I went and had a "traditional English breakfast" this morning at the local pub, which comprises mainly of animal products (egg, bacon, sausage, black pudding [optional!] etc etc), and observed some of the local old men wander into the pub at 9.30am for their first beer/wine of the day. Because I was on my own this morning, I had two of these old men come over, tip their caps at me and wish me a good morning! One fellow even came over randomly and told me a dirty joke. Their demeanour reminded me of token friendly British old men from classic BBC television shows.

Pretty much everyone in our hostel is Australian. Apparently there's 200,000 Aussies in London, but it seems like so much more - every second person in the street seems to be Australian! It's actually kind of annoying, we're like pests.

Went and saw all the London landmarks the other day, they're all surprisingly close to each other. Big Ben, Westminster Abbey, Houses of Parliament, Downing St, Trafalgar Square, the London Eye etc are all within walking distance. The suburbs of London are what makes the city so big!

The one thing that annoys me about London is firstly the fact that you have to pay to use public toilets; most charge about \$1 to enter! On the upside, they're very clean. Another thing is the fact that most cafes and restaurants refuse to give you tap water, and make you pay around \$2.50 for either "still" or "sparkling" water. The two times I asked for tap water, the waiter has "forgotten" to bring it out or has brought it out about halfway through the meal.

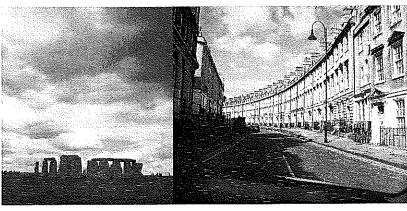
London's quite an expensive place, a trip on the Tube (the Underground railway) costs \$10+ for one trip, but you can use the ticket again within 12 hours.

Tomorrow we're headed on the Eurostar train to Paris, which I'm very excited about!

I haven't been too impressed by London, probably because it's too similar to Australia, but with more rain and twice as expensive. But it is interesting to see the "motherland" and all the | Lauren's adventures will tourist attractions it has to offer.

continue next issue.





What's Lagraning in Novantes

Tasmanian Regional

presents 2010 regional tour of

SILKWEED





Jane Franklin, an examined life

music...theatre...storytelling...song...history

TONIGHT - Thursday 4th November, 2010, at 7.30 p.m. At The St. Mary's Town Hall

Tickets: Adults \$10 (members \$8) Family \$20 (members \$18)... tickets @ the door.....

www.silkweed.com.au

Friday November 5, 2010, at 5pm at Gone Rustic, The Basket Weavers Exhibition will open with wine & nibbles. \$ 5 (\$4.50 members) Then open to the public, Tuesday - Saturday, 10am - 4pm.

Saturday November 6, 2010, The Spring Fair Market, from 9am, with abundant food from the Woodcraft Guild's sausage sizzle, Kathy's Kitchen, & Tom's Remote Area Catering.

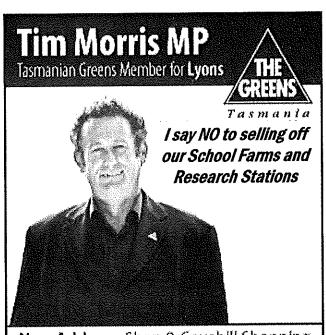
Fresh local produce, with stalls in ample supply inside and outside the St Marys Town Hall. Many tempting treasures for one and all. PLUS... for the entertainment of the community... THE CHOCOLATE SHOP SINGERS... AND A SPECIAL TREAT FROM THE ST MARYS SCHOOL.

Just in case that isn't enough to tempt the whole community, also on Saturday Nov. 6, we will have a **Basket Weavers Association Workshop** in the supper room of the Town Hall, 10am - 3pm @ \$10.

ALSO... On Saturday November 6, 2010, at e.ScApe Café at 5pm with wine & nibbles with entry of \$5 (members \$4.50) we will have an exhibition opening of "Light & Shade", by local artists Lorraine Biggs & Chantele del Rue, which will then be featured at the e.ScApe Café until the end of November.

Just to complete a wonderful spring season, The Alzheimer's Australia Group Exhibition will be held at the St Marys Community Health Centre's foyer, 10am Thursday, November 4, with a lovely intimate morning tea with a surcharge of just \$4, and continue to be shown, for the month of November, with a gold coin donation. Enquiries for any of the above:

Colin: 6372 2707 - e-mail: mannafarm@bigpond.com



New Address: Shop 9, Covehill Shopping Centre, Bridgewater 7030 Phone: (03) 6263 3801

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Irm Morris MP, Parliament House, Hobart 7000.

Kids Art Club - "Mosaics" Weds 3-4.10 Starting August 4th \$12 per week for 5 weeks

"Textiles and Fibre"-Exhibition & Live music Sat Sept 4th 6.30pm -9pm

Mosaic group has moved to SAT 2.30 \$20 Tuition & basic materials supplied \$12 Basic materials supplied \$5 Byo Project (can be anything arty)

Tues & Weds Afternoons Guitar, bass or drums with Sim \$15 - 20 mins

Weds 1 - 2.30 - Garden Sculptures (clay Modelling, Ferro Cement, heble carving) with John McColl \$20

1st **Wed** of every month 5 - 6.30 **Life Drawing** (Model and materials provided. No tuition) \$12 No bookings required

Big Shed has a recording studio & audio engineer available Thurs, Fri & Sat for solo/ band recordings, radio ads, tape & records to CD, PA Hire etc.

Big Shed has art space for hire, artists available for commissioned artworks, graphics and art parties, as well as local art & craft for sale.

> 24837 Tasman Highway, St Helens. Phone 0428725228 Bigshedstudios@yahoo.com

HARRIS FUNERALS Lindsay & Diane

(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

Office& Residence:

114 Cecilia St St Helens

Chapel:

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P O Box 136 Scamander Tas 7215

° Washing machine NOISY? ° Refrigerator runs too LONG? ° Clothes dryer blows cold AIR?

> Then you need the service of our technicians.

Ring us on: Scamander: 6372 5307

Mobile:

0428 761 811

EAST COAST GLASS

Falmouth Ph: 6372 5361

- Glass repairs
- Shower screens
- Wardrobe doors
- Double glazing
- Aluminium windows
- Security doors

Locally owned and servicing the East Coast.

> Call David and Anne Cannon for prompt and reliable service.





November

Mon	Tiue	Wed	Thu	(Eni)
		3 Nov SWS - Fingal/St Marys	 ♦ 4 Nov ♦ ENE Athletics Carnival ♦ Launching into Learning I I am - Kinder room ♦ Stepping Stones 1.30pm - Kinder room 	5 Nov ♦ Secondary Drama Day - St Helens
8 Nov Grade 6-7 Transition day	9 Nov School Banking Day	I O Nov	 № II Nov ♦ School Newsletter Issue 10 ♦ Remembrance Day ♦ Inter-High Athletics Carnival ♦ Launching into Learning I I am - Kinder room ♦ Stepping Stones 1.30pm - Kinder room 	I2 Nov ♣ Final Day grade I I/I2
I5 Nov	I 6 Nov School Banking Day ENE Cricket St Marys School Association meeting 7pm in Staff room	17 Nov	I 8 Nov	19 Nov

Above calendar is correct at time of printing

For regular updates and other information please go to the school website:-

www.schools.education.tas.gov.au/stmarys

Cold Winter's Day

Ebony Bean

Hair sticking to face and Sweet sounds of birds While watching the sheep graze In the dark shadows of the mountains.

Cars speeding passed like the sound of the rushing branches The smell of the damp grass and the cold breeze blowing.

The water flowing softly in the creek Gentle voices chatting

Reflection of the shimmering puddles in the corner of my eye As I watch the birds strain against the wind.

I spot broken down and rusty cars sitting in the paddock

Like the old graffitied statues in the town square.

Walking in the Wilderness

Toby Wright

Ferns and sticks crackling under my feet,
Feather creatures sitting high up mouthing.
Smell of fresh animal scats wafting through the air,
The shadows of big gums and wattles.
The dew resting on the blades of grass,
The fog lifting from the undergrowth.

Arms brushing against the dogwood on the old wallaby tracks,

The sound of the creeks flowing, then dropping off.
The overhang dripping on my hood.



ST MARYS COMMUNITY HEALTH CENTRE

	WHAT'S ON AT THE CENTRE
4th Nov	Relationships Australia— Leanne McMurtie for appointments please phone1300 364 277
8th Nov	Social Work- Helen Jennings. Please phone 6372 2111 for appointments
	Laurel House— Rachel for appointments please phone 6334 2740
	Hospital Auxiliary Meeting 1:30 in the Day Room
9th Nov	Social Work- Helen Jennings. Please phone 6372 2111 for appointments
	Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381
10th Nov	Day Centre- For details on the group please contact Hayley Gilbert 6372 2111
	GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral.
	Social Work- Helen Jennings. Please phone 6372 2111 for appointments
12th Nov	Diabetes Educator (GP North) - Appointments available by referral from your GP
	Dietician (GP North) - Appointments available by referral from your GP
	Exercise Physiologist (GP North) - Appointments available by referral from your GP
15th Nov	Social Work— Helen Jennings. Please phone 6372 2111 for appointments
	TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room.
16th Nov	Social Work— Helen Jennings. Please phone 6372 2111 for appointments
	Child Health Session with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381

Tom Bain, Rae & Partners Lawyers. At the

Community Health Centre Tuesday fortnights. For

Meals On Wheels Meeting-Lundy Vosper. 2pm in the

Day Centre- For details on the group please contact

GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral.

Eyelines- For appointments please phone 1300 139

Relationships Australia- Leanne McMurtie for

Continence Nurse— Sue (Replacing Heather). For appointment please see your GP or Health Professional

GP Podiatrist- Annabelle. For appointment please see

363. All consultations Bulk Billed to Medicare

appointments please phone 1300 364 277

your GP or Health Professional for a referral.

appointments please phone 6337 5555

Day Room

for a referral.

Hayley Gilbert 6372 2111

17th Nov

18th Nov

DOCTORS ROSTER

25th Oct-19th Nov Dr Cyril Latt

St Marys Community Health Centre GP Surgery Hours:

Monday—Friday 8:50am-12:30pm 12:30pm-1:30pm LUNCH 1:30pm-4:30pm

PATHOLOGY SERVICE

No Pathology Service between 12:00-1:30pm or before 8:30am daily.

If you require Pathology before 8:30am an appointment must be made with the Nurses Station the day/night before.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This is a 5 minute doctor consult.

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011 AMBULANCE 1800 008 008 or EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111
PLEASE RING BEFORE PRESENTING AFTER HOURS

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends, ensure you have enough medications in advance. PLEASE BE PATIENT waiting periods can apply.



Merchandise available from the reception at the Community Health Centre

ANGLICARE FINANCIAL COUNSELLING

Our service is FREE and confidential

Anglicare can provide counselling information, advocacy and support service to individuals and families experiencing financial difficulties. It is also involved in community education and development.

For appointments please phone Anglicare on:

FREECALL 1800 243 232

Appointments available every 4-6 weeks depending on demand

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

MEALS ON WHEELS ROSTER November St Marys Fingal Debbie Barnes Neighbourhood House Monday 8th Trish Pike Tuesday 9th Wednesday 10th Barbara McAllister 11th Kaye Nailer Thursday 12th Pam Gillies Friday 0488 384 344 **MOW Contact** Phone: 15th Lundy Vosper Neighbourhood House Monday Nov Tuesday 16th Ruth Aulich Wednesday 17th Val Spencer Thursday 18th Yvonne Salter 19th Friday Hannah Rubenach Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves Parish House. Ph: 6372 2252 Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil L/W 6.00pm Bicheno L/W 9.00am Swansea LWC 9.30am Mangana 11.30am Campbell Town 5.00pm

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil LWC 6.00pm St Marys LWC 9.00am Bicheno LWC 9.00am Swansea LWC 9.30am Fingal LWC 9.30am Campbell Town LWC 5.00pm

Enq: Baptisms & Weddings Ph: 63 31 4377 Church of Apostles Presbytery Officer Hours: 10.00am - 3pm.

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday –Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am
St Marys Every Sunday
10am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday. excepting school holidays. Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church The Manse St Helens

Ph: 6376 2405
St Helens 9.00 am

Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10 am Divine Service 11 am

Contacts for Valley Voice

PH; Judy: 6372 2155 email: *judith.spilsbury@telair.com.au*

email: judith.spilsbury@telair.com.ai Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

Advertising: 2010

Classifieds: 25 words or less: free
Community notices: free.
Small boxed ads. Garage sales. Greetings.
Thanks etc. \$12.
¼ page \$20. ½ page \$30.
Full page \$50.
1 year posted subscription \$40.

On Air Now! Vision FM 88.0 at St. Marys, St Helens and Fingal.

Robbo isn't alone at breakfast anymore.
Shelley has joined him and
they are calling the program
'The Journey'

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network. Phone 1800 007 770. web <u>www.vision.org.au</u>

St Marys Online Access Centre Opening Hours:

Monday 10am -3pm Tuesday 10 am-4pm Wednesday 10am-4 pm

Thursday 10 am - 3 pmFriday 10 am - 3 pmSaturday 11 am - 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

TRADING HOURS: 10AM — 3.30PM MON TO FRI. PH:6372 2733.

\$2 BAG SALE is over. So keep an eye out for new summer stock... It will warm up soon!!

Ph: Tracy 6372 2733 EXCLUDES = CURTAINS, TOWELS AND BEDDING.