

The Valley & East Coast Voice

Volume 43 No. 10. Thursday October 7, 2010.

Est. 1968

50 cents

St Marys Markets

The ever increasingly popular St Marys Markets were held on Saturday 2nd October and everyone was very pleased that the markets were hosting Don Ives and his band, All That Jazz from St Helens.

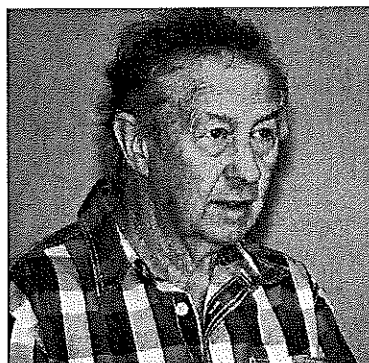
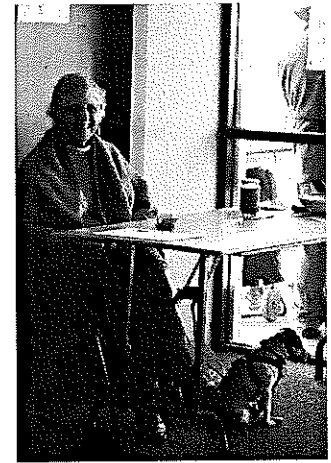
Many locals and visitors to the town enjoyed the wonderful music whilst shopping and browsing through the 20+ stalls which were full of locally grown produce, home items, second hand goods and all kinds of locally made soaps and shampoos.

The very popular Sausage Sizzle was set up outside the hall to greet the visitors with temping snag and onion smells as they entered the hall. Lillian did a wonderful job of selling raffle tickets for the Break O'Day Regional Arts wheelbarrow raffle, filled with goodies, which will be drawn at the next markets to be held on November 6th.

Thanks again St Marys Supermarket, the Suncoast Garden Centre, NE Landscaping Supplies, Strawberry Jelly, The Understory Network and the White Sands Resort who have all contributed to the wheelbarrow raffle with the spring theme!

This really was a great day and the Break O'Day Regional Arts committee would like to extend big thanks to Don and his musicians for entertaining us beautifully during the morning, such a relaxing atmosphere was created. Looking forward to doing it all again in November, during a fantastic weekend of activities. Watch this space for ongoing information!!

Story & photos: Janet Drummond.



Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday October 19, 2010

EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

St Marys Playgroup meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.
Ph: John 6376 3130.

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Rachel Woods. Rachel can be contacted on: **03 6372 5118.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

The Friends of the History Room hold General Meetings: 8th February, 10th May, 12th July --AGM, 11th October. Executive Meetings: 9th March, 14th June, 9th August 13th September, and 8th November. All held at Tidal Waters at 5pm.

Break O'Day Regional Arts - General meetings held on the first Wednesday of each month at 5.30pm in the super room at the back of the St Marys Hall. All welcome. Inquiries to Colin 6372 2707 or Janet 6372 2851.

St Helens Sea Scouts & Cubs



10 ½ - 15 year old girls & boys

Spaces Available Now!

All enquiries to Nick on 6376 2256.

BREAK O'DAY STITCHERS FRIENDSHIP DAY

Our annual Friendship Day is on the 15th October at St Helens Neighbourhood House in the Bungalow.

For \$15 you will receive morning tea and lunch, lucky door prize, trade table and much more.

Come along and meet old and new friends and have a good time making one or two small projects to take home.

Bring along your latest stitching project for 'Show and Tell'.

Book your place by phoning Elsie 6376 1663 before the 4th October, 2010.

To the person or persons who stole my garden lights. You forgot to take the stakes they go into the ground with!

Maybe you would like to call in sometime to collect them!

How rude!

Bec.

St Helens Alcoholics Anonymous (AA) Wednesday 8pm Weekly. St Pauls Anglican Church Hall, St Helens. Murdoch 6376 3335.

St Marys Alcoholics Anonymous (AA) Thursday 11am Weekly. Day Centre St Marys Hospital Gardiners Creek Road, St Marys. Diane 044 790 3926.

St Marys Alcoholics Anonymous (AA) Friday 8pm Weekly. Holy Trinity Anglican Church Hall. Main St, St Marys. Rod 6372 2851.

St Helens Al-Anon Family Group (Al Anon) To help families and friends of alcoholics recover from the effects of living with the problem drinking of someone close. Sunday 2pm Weekly. St Pauls Anglican Church Hall, St Helens. Ann or John 6376 3270 Rose 6376 3335.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Classifieds

For sale

Telescope on tripod with accessories. \$80. 3 stack portable CD player. \$30. **Dimplex evaporator cooler.** \$90. **Suzuki DS80 motorbike.** Recon. \$700. **Zodiac 12 Hoover** front loader washing machine. Goes well. \$100. **Ph: 6374 2282.**

KTM 300, 00'model, goes well & mech. Good. \$3250. ono.

MotorX boots Alpinestar as new US9 (cost\$400) \$175.

MotorX helmet Fox (S) black/white. \$50

MotorX helmet Fox (L) silver. \$50

MotorX helmet (M) red, as new. \$30

Toolbox -Tradesman, for Ute tray, 1800 x 600 x 50 \$125

Kid's 8-ball table VGC, 1500 x 750. \$45

Glass shelving, suit shop or bathroom. \$30

Ph: 0437 227 123 or 6372 2222.

BBQ/ESKY -2 in 1. collapses or separates to transport all attachments and gas bottle. \$190 with gas bottle or \$150 on its own. Never used. **Old wood heater & flue,** has cracked glass. \$50. **Ph: 6372 2380.**

Window (very large) aluminium, already boxed up. 3.47 x 1.16. \$300.ono. Window, wooden 89 x 52. \$40.

Wooden door. \$20 **Plantation fencing wire (2 rolls)**

\$100 each. **Large pair roof trusses,** 6m long \$250 lot.

Old garage roller door (no lock) \$50. **Old style double**

wooden wardrobe. \$120. **Window fly screens,** various

sizes. \$2 each. **Large wheelbarrow.** \$40. **Pajero cargo**

barrier. \$30. **3 seater sofa bed.** \$100. **Ph: 6372 2365.**

Leavers dinner or bridesmaid outfit, sky blue colour purchased for \$59.99.size 18 new with tags reasonable offers. **Wedding dress** adjustable size 18 up cream with baby pink chiffon and flowers on left hip, worn once. \$350. **Ph: 63 771155.**

Tiller/cultivator - Mantis - as new, only done 10 hrs, English design, great for vege garden and garden beds, 21cc, 2-stroke, lightweight, very maneuverable. Comes with instruction video, extra blades. Cost \$870, sell \$670. **Call 6372 2686.**

Epson printer, CX5500. Includes cord, CD Rom and computer cord. \$30. **Ph: 6372 2330.** for details.

Pine corner TV unit, large. \$125. **Brass white and pink single bedhead** with fittings. Suit girl. \$15. **Single book-end bed.** \$10. **Cane & glass shelving.** \$50. **Ph: 6372 2446.**

2 x 2 seater couches. \$50 each. **Queen size mattress.** \$40. **PH: 0429 411 728.**

Pureheat Royal heater. \$200. **2 seater brown fabric couch** \$200. as new. **NEC 50cm.colour TV,** with remote.\$30. **Ph: 6372 2107 or 0417 279 422.**

Infiniti-Cheetah ma 200x walking machine. (paid \$1,400 new) will sell for \$800. ono. **Sony 66cm TV.** \$150. **Sony 51cm TV** \$80. All in good condition. **Ph: 6374 2178.**

Dark blue cord velvet sofa bed. G.con. \$150. **Kenwood 3 disc stereo CD.** \$70. **Upright bar freezer.** G.con. \$70. **Niblick golf shoes,** size 10E. Worn once. \$30. **Ph: 6374 2282.**

cross-country skis. \$80. **Ph:6372 2686.**

For sale

Rotary hoe, Volka 6HP, electric start, 16" cut. Little use, as new. \$900.ono. **Ph: 6372 5101 or 0417 385 787.**

Jag XJ6, 3/81, Excellent cond. White with red interior, Jag mags, LPG conv, twin fuel tanks, CD player, new battery, many extras. \$6.000. **Ph: 6377 1100.**

Gym, by 'Body Sculpture'. Different levels of resistance, leg extensions. Pull down etc... Train in a supported sitting position. In very good cond. \$300. **Ph: 6377 1100.**

Peugeot 206XR - 2003, 4 door hatch, metallic red, 112,000km, new tyres/brake pads, reg, serviced, CD player, A/C, auto windows, etc. Great condition, reluctant sale. \$8,600 neg. **Ph: Leissa 6372 2686.**

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

Tractor slashing available. **Ph: 0407 944 158.**

Portable milling available. **Ph: 0427 715 577.**

WANTED

WHEELBARROW IN GOOD CONDITION.

Ph: 0408 175 031.

Garage Sale / Spring Clean

Whitegoods, Furniture, Tools, TV,
Camping Gear, Bric-a-brac, Books, Toys
and much more...

Saturday 9th October

from 8am until 4pm

38 Victoria Street, Fingal

(street opposite Forestry Workshop gates)

6374 2247 or 0428 193 639.

Mathinna Market

23rd of October

9 am to 3pm

tables or spaces available for \$10

BBQ lunch

and music provided by

Bob Willson and Warren Speers

"Moo-Poo". Finely screened. Any quantity. See Norm.
Ph: 6372 2380.

Frozen blueberries - this season's - \$11 kilo.
Phone 6372 2341.

Remedial Massage and Naturopathy
now at the Purple Possum

ring Sue Christiansen for an appointment
0418 515 419

A LITTLE BIT OF HERITAGE: Jim Haas "Australian Newsprint Mills"

For almost 125 years the coal industry has been a vital part of the economy of the Fingal Valley. But like most things in life the industry has not always had smooth sailing. Wars, recessions, strikes and competition has seen many mine closures and retrenchments over the years, with the worst time for the industry coming in the late 1950s and 60s when cheap oil was dumped onto the world market, making it impossible for coal to compete.

By 1964 when Cornwall, the largest coalmine in the Fingal Valley, closed, only the more mechanised mine at Duncan, Fingal, still remained. In ten years the workforce from coalmining in the Valley had gone from over 200 employees to less than 40.

Many families moved out of the Valley and for the majority who stayed a Government subsidised forestry pine planting project was commenced at Mathinna, Tower Hill, Mt Nicholas and Scamander. Although the work on this project was completely foreign to men who had spent their working lives under the mountain rather than on top, it did provide employment for miners who would have otherwise been forced onto the dole.

By the end of 1964 Duncan was down to working only three or four days a week on production and it looked inevitable that it too would close, seeing a complete end to the coal industry in Tasmania. But one customer, Australian Newsprint Mills at Boyer, remained loyal and the industry was able to stay alive until the mid 1970s when oil prices went back up and coal was once again able to be competitive.

The history of the Australian Newsprint Mills goes back to 1920 when the Melbourne based Mussen Group saw the need for an Australian paper industry and funded research into making newsprint from Tasmanian hardwoods. In 1932 a syndicate led by Keith Murdock of the *Herald* and *Weekly Times* teamed up with Warwick Fairfax of the *Age* and formed the Derwent Valley Paper & Pulp Company. Their aim was to negotiated extensive forest concession in the Florentine Valley with the Tasmanian Government.

In 1939 the syndicate formed the company Australian News Print Mills and began building the paper mill at Boyer, along with a residential suburb at New Norfolk for its workers. The mill opened in 1941 and ten Australian daily newspapers used Boyer newsprint, averting a serious war-time newspaper rationing.

Timber for the mill was extracted from the Florentine Valley area where comfortable workforce camps were set up. Harvesting was done with axes and crosscut saws and the logs were dragged to the rail sidings with steam driven haulers. By 1947 the township of Maydena was built as a base for the logging operations and thriving communities at both Maydena and New Norfolk developed. Company built amenities at both towns included community halls, swimming pools and recreation grounds.

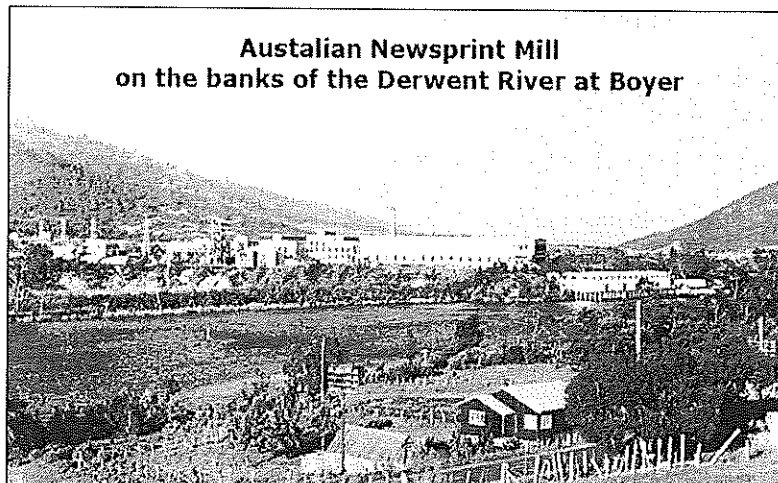
The first Tasmanian conservation controversy, however, occurred in 1948 when the Government re-claimed 2000 acres of the Mt Field National Park to extend the Florentine concession. But a couple of decades later a large area adjacent to Maydena was included in the South West World Heritage Area.

By 1960 chainsaws and other modern machinery were being used in the bush and more up-to-date machinery introduced into the mill. This forced the workforce of some 3000 to gradually reduce. By 1988 when the operation was taken over by leading New Zealand paper manufacturer Fletcher Challenge the workforce was cut to 600 and the Maydena Depot closed in 1990. Timber for the mill now comes from all around Tasmania.

Another early feature of the Boyer mill was that the newsprint was carried from the mill down the Derwent River to the Hobart wharf on a series of barges, towed by a tug boat. Nowadays it is transported by truck.

With the closure of a number of paper mills around Australia in recent times, including Burnie and Wesley Vale, the paper industry appears rather volatile. Boyer newsprint, on the other hand, seems stable these days and being currently owned by Norwegian paper giant Norske Skog, whose world reputation for professionalism is second to none, the long term viability of the paper industry at Boyer looks positive.

This is no doubt good news for the Fingal Valley, because Boyer still remains one of Cornwall Coal Company's major customers.



**Australian Newsprint Mill
on the banks of the Derwent River at Boyer**



I hope all those nasty anti-Collingwood followers enjoy their daily portion of humble pie this week. A bit of tomato sauce may help to swallow it.
Eric Bean.

THANK YOU

Keith & Elma Spilsbury would like to thank everyone for their cards, phone calls and personal greetings for their 60th wedding anniversary.

Also thank you to our relatives and friends who travelled to Launceston to help us celebrate such a happy occasion.

Thank you all.
Keith and Elma.

Letter to the Editor

Vol. 43 No 10, 2010

Dear Editor

On behalf of the St Marys Association for Community Development Inc. I would like to respond to the comments made by Cagerattler in last issue of the Valley Voice regarding the Association of which myself and a number of hardworking community minded volunteers are active members.

It was clear to me that he did very little research before putting pen to paper on this matter and has very little awareness of SMACD's contribution to the local community. Just to set the record straight, here is a brief account of some of what we have been up to:

- Operating the **St. Marys Online Access Centre** for the last 11 years with around 200 people a month using the Centre, connecting St. Marys to the World through the miracle of Internet Technology! This includes **free E Learn Computer Training Courses** and our latest addition, a **Senior's Kiosk** with 2 state of the art Desktop Computers, each of which has Video Conferencing capabilities and are totally free for use, as well as computer training, for those over the age of 50.
- SMACD secured the funding to set up the **Rural Transaction Centre**, which is why there still is a Bank in the town today!
- After the closure of the Railway Station as a history room, the **St. Patrick's Head & Esk Valley Historical Society Inc** was set up under the auspices of SMACD. Its historical research office is housed at the Online Centre, facilitating the scanning and archiving of documents relevant to the history of the area. Visit their website (also set up by SMACD volunteers) to learn more:

www.fingalvalleyhistory.com

- The **Rec Ground Caravan Park and the River Park** projects were both initially proposed by SMACD
- The **Office Space** which has been set up at the Online Centre is utilized by Max Employment and Advanced Personnel Management to help address employment issues in the area. Many people who have accessed the Centre for training and skill development have gone on to enter the workforce.
- The allocation of \$20,000 to upgrade the **St. Patricks Head Walking Track**. Unfortunately this funding was taken over for a Bike Trail in Hobart, but thanks to SMACD's efforts, the track was stabilized enough to allow it to remain open.

Over the past two years we have been steadfastly campaigning to set up **recreational trails** in the area, one of which is to include the disused **rail track** from St. Marys to Fingal, a project which will have immeasurable benefits for locals and visitors alike.

Our other current project is a **Sculptural Elephant Seat** to go with the picnic tables on the small triangle of Council land next to the Online Centre. Alas, the shade tree had to be cut down and the area seriously needs a rubbish bin (which we have applied for). But we are still hoping that with some landscaping it will be a nice place to sit and look at the back of Mt. Elephant. Hopefully, one day the park will be graced with a **Sculptural Seat** on which to sit while taking in the breathtaking scenery of St Patricks Head and Mt Elephant.

It's all happening at Main Street Clothing!!!

New summer styles have arrived and will be coming all through the season.

There are some exciting new styles in store right now. Like jeans and tops, new sun dresses and *beautiful* boutique styles for something special. Like the upcoming Melbourne Cup and that special Christmas "do".

Also, there are some great new clothes for teens. Striped tee's, spaghetti straps, Capri jeans just to name a few.

The always-popular Christmas ideas will be coming any day with Bundy and Jim Beam products.

New season handbags and lovely Italian leather wallets are featured this month.

Kids character clothing is on order. When they arrive, they will go fast, so keep coming in and having a look or you might miss out!

There are some great Crocs this year with lots of different styles: - thongs, sandals, ballets, Crocbands, and cute kids styles.

Don't forget to order early for school wear for next year. Orders placed before 15th Dec will receive 10% off.

Christmas is hurtling towards *us* this year (only 80 sleeps), so get in now and lay-by. That way, you'll have plenty of time to pay it off, right up to Christmas Eve!

It would be fair to say that a lot has changed since "those hands on days" when SMACD was a new kid on the block and a lot more Government funding was available. In recent times, in spite of our best efforts, many of our projects have been unfortunately hampered by the slow wheels of bureaucracy. But, although our numbers are much smaller these days, we are still very much active and haven't given up as Cagerattler appeared to infer.

Jim Haas

Secretary,

St Marys Association for Community Development Inc.

The Say Cagerattler

How do you all feel about our new water and sewerage authority at the moment? I'm still yet to be convinced I must admit. Last week by chance I was speaking to a workmate and he mentioned that he'd received his latest water invoice. Where's mine? I find it hard to believe that the bills can't pretty much arrive together. Believe it or not I want it to arrive so I can pay it and get some of it off my mind. How difficult can it be to send them all together or has mine just been mislaid or sent? I tried to ring MY WATER the other day and had no luck getting a message on either for some reason. I hope I have more luck this week. We'll see.

It's been well over a year now since the change from Council to this occurred, and I reckon all the billing details etc. should now be well and truly sorted. Let's hope that it is as simple as just being lost in the system or something.

What they really need to do though is to send out regular updates, bulletins or ad's to keep us fully informed on water and sewerage improvements in progress or targeted especially given that we face incremental price rises for the first three years. I'd like to know how my money is being used. Wouldn't you? Now where's that bill?

Whilst I love people writing back about the subjects I mention I just need to make a return comment this time, from the last Valley Voice.

So... reversing without full view into traffic is smart is it? Parallel parking is stupidity it seems. I think you will find that more than the odd one or two traffic safety experts would respectfully disagree with you. Another matter that I'm at a loss with is reverse parking. Where did I mention reverse parking in the article? I didn't.

Regardless of angle or parallel parking, a basic skill ALL DRIVERS need to have is to be able to reverse park if need be. You're not supposed to get a licence without it.

As for trees debris, if trees eventually were ever planted, I imagine the smart money would be to go for low maintenance, low growing trees, that are used for such purposes.

Finally on another comment pertaining to the response where "rude" was mentioned. In what way was the article comments construed that way? If by us looking at ways of making StMarys Main Street a safer, more welcoming, prettier place to do business is rude to 13 of 22 businesses, then okay you can call it that way if you like. At least you mightn't have to ask people to check for you to see if it was safe to back out onto the road each time a big vehicle is on your left.

I won't be entering into any further comment on this subject until future decisions are ever made except... No good at algebra but pretty good at other maths I think.

What do you think ?

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

SHOP LOCALLY AND SAVE.



www.fingalvalleyhistory.com

DALMAYNE COAL MINE HISTORICAL WALK

The St Patricks Head & Esk Valley Historical Society Inc is pleased to advise that the Dalmayne Coal Mine walk which had to be postponed in August due to bad weather has been rescheduled.

The walk is now planned for Sunday October 17th meeting at the Purple Possum in Story Street, St Marys at 10:00 am

Please be aware that, although the terrain is relatively flat, it is a 5 kilometre walk and will require participants to be reasonably fit.

Everyone is welcome to come along, enjoy the walk and a BYO picnic lunch, as well as hear the fascinating story of the ill-fated Dalmayne Mine.

For more details log onto our website
(www.fingalvalleyhistory.com) or phone:
Barry 6372 5752, Darlene 6372 2416,
or Jim 6372 2127.

The Break O'Day Woodcraft Guild and Men's Shed

Is

**pleased to announce that it will be holding
open air markets**

When: Starting the 16th of October, 2010.
at 9:00am. Then every 3rd Saturday.

Where: The Old Railway Goods Shed St Marys.

Cost: \$10.00 per site, this includes your
membership to the Guild. (As an ordinary member)

Contact: Reon or Wendy on 6372 2094

A limited number of tables can be supplied. So book early

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance
53B Main Road 58A High Street
PO Box 50 PO Box 271
Perth, Tas 7300 New Norfolk Tas 7140
Ph 6398 1115 Ph 6261 3366
Toll free 1300 132 689
Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU FOR A
STRONG COMMUNITY**

Written and Authorised by Dick Adams, 53B Main Road Perth

ST MARYS PHARMACY - MAIN ST - ST MARYS PH: 6372 2844

HAVE YOU CHECKED OUT THE WONDERFUL RANGE OF PRODUCTS AT THE PHARMACY RECENTLY?

- OUR NEW CHRISTMAS GIFT LINES HAVE JUST BEEN UNPACKED
- WE HAVE NEW SUNGLASSES AND READING GLASSES FROM \$19.95
- WE ALSO HAVE A RANGE OF PHOTO FRAMES, AND DON'T FORGET YOU CAN PRINT YOUR PHOTOS ON QUALITY KODAK PAPER PRICED FROM .49 C.
- CHECK OUT OUR RANGE OF NATURAL HEALTH PRODUCTS
- LOTS OF LOVELY TOILETRIES, INCLUDING SOAP, SHAMPOO & CONDITIONER, PERFUME AND COLOGNE FOR BOTH MEN AND WOMEN
- HUGE RANGE OF BRACELETS & EARRINGS.
- EAR PIERCING AVAILABLE
- PRESCRIPTIONS DISPENSED WHILE YOU WAIT
- ALL OF THIS AND MUCH MORE IS AVAILABLE INSTORE, ALL SERVED BY OUR FRIENDLY STAFF
- CALL IN AND DISCUSS ANY HEALTH PROBLEM WITH OUR RESIDENT PHARMACISTS, AVAILABLE 5 DAYS A WEEK.

**Kodak quality
prints in seconds**

crossroads

winebar & cafe

5/34 Quail St St. Helens Bar: 6376 1011 Mob: 0414719490

GOOD FOOD, GOOD MUSIC, GOOD TIMES.

Friday 8th Oct

SHAUN KIRK (Melb) www.myspace.com/shaunkirkmusic

Friday 22nd Oct

VICTORIANA GAYE (Duo, Melb) www.myspace.com/victorianagaye

Friday 29th Oct

MARITA MANGANO & KERRY TYLOR

Sat 30th

CROSSROADS HALLOWEEN PARTY

With DJ Nathan

\$10 pizzas every Wednesday followed by open jam night.
NOW SERVING CROSSROAD CURRIES, takeaway available.
Open Tuesday to Saturday from 3pm.

OUT OF THE WOODWORK

Wendy Brennan, Secretary

0408 656 014 — Home: 63722094

The Sausage King had another successful day at the St Marys Market and as all monies raised goes into the Guild's kitty, it gives us reassurance that finance is always available to buy at times much needed tools.

Thank you again to all those who support us by purchasing one of our "most hated but most eaten sausages" and to the St Marys Market who make it possible.

I was told last week that there was no need to thank a certain person who had done us a good turn. Well, the club's policy is to thank everyone by name that has assisted us in some way... so without further ado I would like to say thankyou to the following. **Rachael from Designer Hair Studio** who considered us before disposing of two workable tables, **Helmut from the Ulysses Club** for the donation of bees wax and to **Mrs Heather Lodge** for the paper napkins. It was very much appreciated.

Woodworking Tip from Lou Knee

Most F-clamps (quick release) have a round disk on the end of the screw thread. To save looking around for something to stop marking your project use one of the round screw-on milk container tops. They fit perfectly so can be left on all the time.

Reminder

The Guild's Open Air Markets will commence on the 16th October, 2010 at 9am.

Venue: Old Railway Goods Shed

Cost: \$10 per site which includes club membership as an (ordinary Guild member).

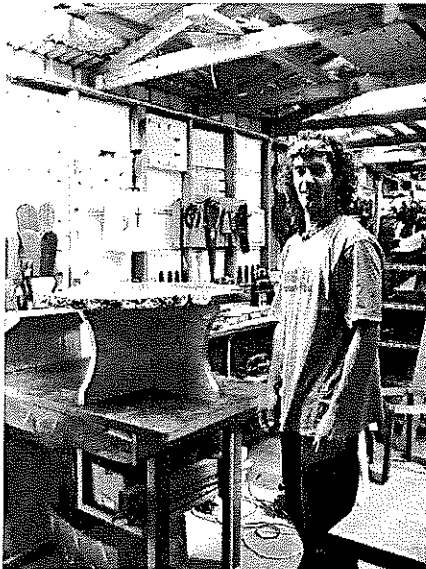
Limited tables

Further inquiries Phone Reon or Wendy 6372 2094.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at 2.00 pm. The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

**▲ supportive environment
where traditional woodcraft skills are shared.**

Below is a pic of one of our clever members, Tree, who is working on a beautiful burl table.



*Photo:
Wendy
Brennan.*

POSITION VACANT

Freycinet Coast

Financial Services Limited

ADMIN OFFICER / COMPANY SECRETARY (18-23 hours per week)

Freycinet Coast Financial Services Limited is a Public Company that operates the Swansea and Bicheno **Community Banks®**, a franchise of Bendigo Bank;

Our Company requires an experienced Administration Officer/Company Secretary to undertake a range of functions to ensure the smoothing running of our office which is currently in Bicheno.

ESSENTIAL

- Excellent computer skills with proficiency in the use of Microsoft Office applications;
- Excellent communication skills;
- High levels of initiative, motivation and organisation skills;
- Previous administrative experience;
- A high level of attention to detail;
- A belief in the **Community Bank®** concept and ethos.

A copy of the Position Description with Selection Criteria can be obtained by contacting Jenny Logie, Human Resource Convenor on 0409 401322 or email jenlogie@bigpond.net.au

Applications may be emailed to above or posted to:

Board Chair
Freycinet Coast Financial Services
Limited
PO Box 125
BICHENO TAS 7215

Applications close 5pm Monday, 18th October 2010.

Rae & Partners

**Lawyers Barristers & Solicitors
113 Cimitiere St Launceston**

Visiting :

St Marys Community Health Centre

Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555 For appointments.

MUSIC TUITION


ELECTRIC GUITAR
ACOUSTIC GUITAR
BASS GUITAR
DRUMS

Any Style, Beginners to Advanced
 Call Pete on 0419 703 864
 or email: pete_cornelius@hotmail.com
 \$25 per half hour

THUMBS UP FOR THE PUB

On Saturday 25th September, some lovely people from Sydney came into the Secondhand Rose shop.

As the conversation progressed, the lady mentioned they had stayed the night at the St Marys Pub.

Then the praise just kept flowing, on how great the rooms are, how clean everything was and could not get over how nice and clean the bathrooms were.

They could not believe the price they paid for such a great relaxing stay and they totally enjoyed the meals.

So THUMBS UP to all at the St Marys Hotel.

Keep up the great work.

Kim Watkins.

Tim Morris MP

Tasmanian Greens Member for Lyons



Tasmania

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Authorised by Tim Morris MP, Parliament House, Hobart 7000.

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Why do the chooks start laying again in Spring?

As every good cook knows, the girls are reminding you to get cracking on your Christmas cakes and puddings. (Bet your Mum or Gran made them early so they could really mature – and besides you have more time now before the silly season). So pop into Purple Possum with your list of ingredients (not recipes) and we'll put together your order while you enjoy a tea or coffee. Or phone your order through and collect it the next day. We can even home deliver. You'll get the best ingredients in exactly the quantity you require with no wastage. And your family will feel particularly peckish about those delicious, rich cakes and puddings at Christmas!

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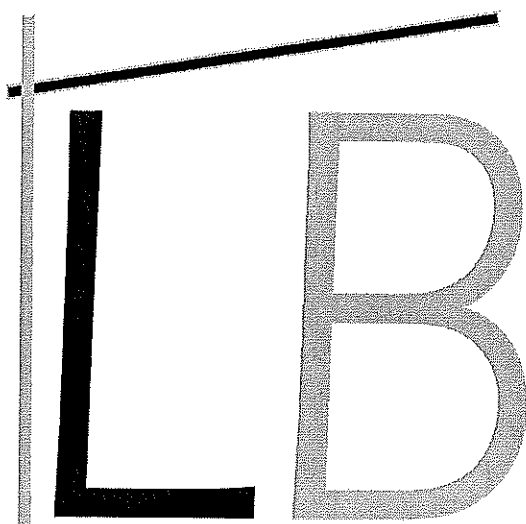
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Sharing With Friends

Fingal Valley Neighbourhood House
invite you, your family and friends to our

Beef 'N' Burgundy night

Friday 22nd October at the Centre

6.30pm for 7pm.

\$25 per head.

Come along, dressed in a black and white theme, and enjoy a scrumptious three course meal prepared by Jeff Peacock, in our transformed room.

Please contact Debbie at the house on 6374 2344 for all bookings and enquiries.

Bookings close 18th October so get in quickly for this fabulous night out.

Free drink on arrival.

So don't forget...

Friday 22nd October,

See you there.

Best of Baroque,

Paul Wright director
David Nuttall oboe
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Program to include

BACH Concerto for Violin and Oboe BWV 1060

CORELLI Concerto Grosso in F Major Op 6/12

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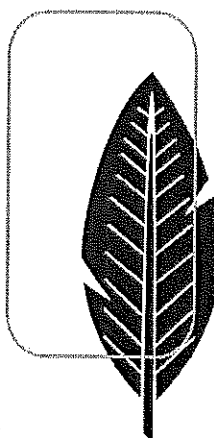
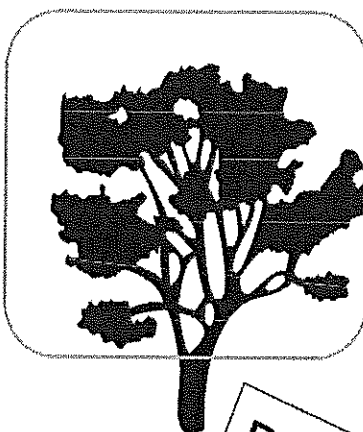
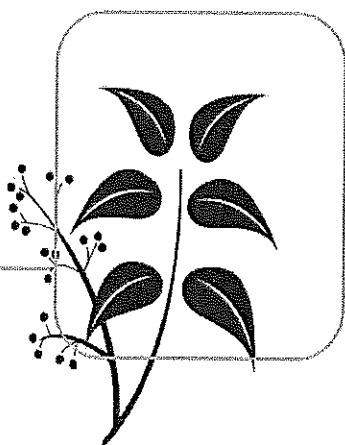
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Guest Presenters:

Steve Solomon

Author of Growing Vegetables South of Australia

Kat Hopkins

Local expert on native garden design

Come and learn how to grow vegetables successfully
and learn about the benefits of using native plants in
your garden for a sustainable future.

Back by Popular
Demand

DATE: SAT 13 NOV

TIME: 10.00AM - 2.30PM

Where: Neighbourhood House Bungalow

Circassian St St Helens

RSVP Alison Hugo 63767900 Limited no's



Exhibition Launch

Gone Rustic - Two for the Price of One

Materialising Metaphors and the Gone Rustic Quilt Challenge

On Saturday 2nd October at 4pm I attended the special launch of not one but two exhibitions at Gone Rustic Studios.

The Materialising Metaphors travelling exhibition arrived in Gone Rustic with a very clever and original theme - if you think about daily life textile metaphors abound; we speak of the "worldwide web," "spinning a tale," a "thread of discourse," and a "network of ideas. ... these ideas were brought to life in a wonderful textile exhibition illustrating some of these very clever ideas!

A wonderful afternoon tea of home made cakes was served before (and during) the announcement of the winner in the second exhibition. It was greatly enjoyed by all, as was the great company.

The second exhibition was the Gone Rustic Quilt Challenge which had been open to all, there were five submissions to the competition and two judges (Maggie Fletcher and Ian Summers) spent a good 45 minutes discussing the merits of each of the wonderful quilts and how they met the criteria; the competition was very close based on a points system that the judges decided upon. The winner was announced as Ruth Spencer, who was delighted to receive a gift to the value of over \$100 as her prize!

Both the Quilts and the Materialising Metaphor exhibitions are still on display and I encourage you to visit and view these magnificent artworks.

Gone Rustic are also holding some workshops in upcoming months and I am sure that if you dropped in Rita would be more than willing to talk you through the options available.

Story & photos: Janet Drummond.

Understorey Network North East Branch

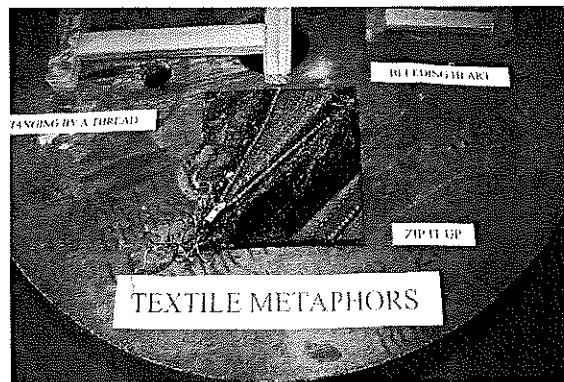
The North East Understorey Network is looking for new members, spring is in the air and now is the time to start propagating understorey plants for planting on your own land or to be teamed up with another land owner and to grow plants to help restore their land.

Anyone can be a member. By joining you can receive various benefits, get involved, or simply be happy that you are supporting our native understorey. You can participate in a number of ways:

- fencing or planting understorey on your land
- growing plants for yourself or others (no experience or special equipment necessary - it's easy!)
- collecting seed in the bush over summer
- updating the plant database
- helping in the office
- plant identification, or propagation research
- promotion/education - help staff a stall, or run activities for children or adults

We will help you to grow your own and provide free propagation materials and assistance. We can provide advice and information and everyone is welcome at our field days and workshops. Contact Janet Drummond on 6372 2851 for more information about membership or come and visit us when we shall have a stall at the St Marys Markets on November 6th where you will be able to pay your membership and collecting your growing materials to start IMMEDIATELY growing your understorey plants.

The local branch tries to hold a number of activities each year, these have included guided walks along the South Sister, seed collecting, outings, plant propagation workshops and so much more. Come join in the fun.



SURFING MOVIE TO BE SHOWN AT WHITE SANDS ESTATE

Two mates, Simon & Nicholas have been working on a surfing movie film called 'Lucid' for about 18 months. They have filmed waves at Scamander, Bicheno and southern Tasmania, as well as making trips to the mainland, Hawaii and Bali. The film features East coast local surfer Benn Richardson and x local Dion Agius, as well as Tasmanian surfers Mikey Brennan, Martin Paradisis and the Holmer-Cross Brothers. They also crossed paths with the likes of Mick Fanning and Kelly Slater!

There is a blog you can check out at www.lucidthemovie.blogspot.com

This is a poem we wrote to sum up the movie:

Lucid

'Clear, transparent'

As her crystal waters hold you
and her power flows beneath you
you're held in her harmony
Your consciousness and your mind are clear

In this state we are 'lucid'

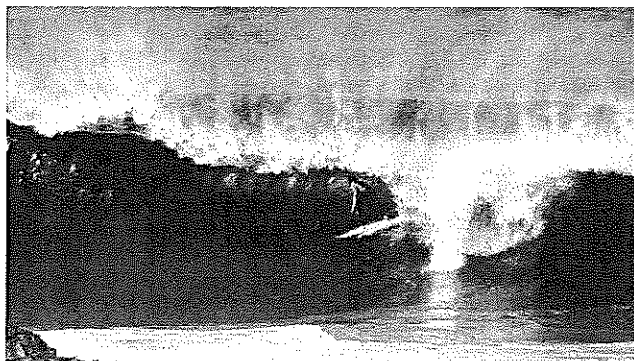
A surf film exploring our connection with the ocean. All Paddle, No Tow.

It's on at the White Sands Estate cinema on October 22nd.

Doors open at 7pm and entry is via a donation to the southern ocean clean up charity.

There will be some giveaways on the night.

You can also buy the movie on the night.



Samaritans Purse/Operation Christmas Child

Our appointed representative for the East Coast is Yonah Denman who lives in St Helens and can be contacted on ph. 6373 1820. Anybody wishing to participate in the project Operation Christmas Child or requiring information or resources such as empty shoe boxes, brochures, a promotional DVD etc should contact Yonah Denman on ph. 6376 1820.

That is also the number to phone to make arrangements for delivering filled shoe box gifts this year during our official collection period October 1st – 25th.

Information on how to pack a shoe box for Operation Christmas Child can also be found on the Samaritan's Purse Australia websites

www.samaritanspurse.org.au or

www.operationchristmaschild.org.au.



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See you soon!!



Out & about



Hats off to Debbie who had the confidence to be seen looking like this. Most women would regard this as one of those intimate times that you only share with your hairdresser!! (Valley Voice has full permission for the publication of this photo, taken by Wendy Brennan.)

‘KIDS IN CARE’ CHILDREN’S FUND

are holding a

‘GET IN THE MOOD FOR CHRISTMAS’ PARTY

on Saturday, 6th November
at the St. Helens Bayside Inn

Time: 7.30 pm

**Cost: \$30 per person which includes
a drink on arrival, supper and
great dance music by Kristy Tucker.**

Come along and make it a merry night!

Tickets available from The Carlyle,
Fashion Connections and Bayside Inn.
Enquiries to Joanne Long 63 762166 &
Tom Bassett 63761175 (BH)

Greetings from Lauren.

Lauren Quinn has spent the last four years in Hobart, studying a combined Bachelor of Arts/Law degree. Earlier this year she was given the opportunity to study a semester of Law abroad at the University of Lucerne in Switzerland. This is a brief description of a St Marys-raised girl's first time out of Australia.

17 August 2010

The first stop on my itinerary was Dubai. I chose to fly Emirates (cheap!) and their airport hub is here. I have a friend from Hobart who is currently working for a US company in Dubai so I've decided to stay for a week to check out a place I've barely heard of.

After stepping off an uneventful 16-hour flight, I stepped into a massive airport with gold-lined walls, double-storey water features and marble columns. Because it was so hot (42 degrees was the average temperature while I was there) I was wearing a low-cut singlet top, which I was worried about, considering I had no idea whether it was considered acceptable for Arab standards.

One of the many men dressed in full white garb and turbans did approach me in the airport and started speaking Arabic, which slightly scared me due to my semi-conscious, jetlagged state. Turns out he was an airport employee, just asking if we needed directions. (Note: you don't have to dress conservatively there, but it's recommended that your shoulders are covered, for decency.) Shorts and t-shirt is fine! It's probably a bit more relaxed than other Islamic countries like Saudi Arabia, as there's a lot more ex-pats here. Apparently the population of Dubai is only 20% Emirati and the rest are western. The city of Dubai is a bit of a spin-out, with so much development and construction going on everywhere. All the buildings are huge and identical, and sitting on the edge of the desert.



The place I stayed was in a little gated "ex-pat" community about 10min from the Dubai CBD. There is a mosque and a mini shopping centre across the road from their house, and the muslim call to prayer can be heard several times a day throughout the suburb, as they play it through megaphones and loudspeakers! It's a bit of a pain, especially at 4.30am. It was Ramadan (the muslim holy month) while I was there, which means muslims can't eat between sunrise and sunset. It also means you can't eat in public so you don't upset them, which I almost did when I wanted an ice cream because of the heat! Some muslims take the whole not-eating thing to extremes, with some even refusing to drink water or even swallow their own saliva, which is a bit extreme considering the daily temperatures. I did spy some construction workers having a smoko and water under a tree outside the compound though, so I guess it depends on how strong your faith is. It really messes people up though - my Dubai friend was telling me that the road toll increases 30% in Ramadan because everyone falls asleep or passes out at the wheel! The speed limit is 120km/h but the speed cameras don't kick in until it registers someone going over 160km/h.

We went for a venture to the supermarket across the road, which is a little one, slightly smaller than the St Marys supermarket. Because the United Arab Emirates is so barren and has no agricultural industry, most of the food is imported (the drinking water is entirely desalinated). We bought raspberries from the USA, oranges from Egypt, dairy products from the UK and meat from Australia! As it's a muslim nation they don't eat pork, so there's a little aisle at the back of the store with all the sinful pork products for the westerners.

18 August 2010

I'm probably going to be run over by the traffic here, as the cars drive on the other side of the road and I keep looking the wrong way when crossing the road! Although the men are very courteous here, some cars will stop after travelling at 110m/h just to let you cross the road. Also, even the travelers in shopping malls have the "up" ones on the right and the "down" ones on the left!

Checked out a couple of absolutely massive malls yesterday, which were about 4 storeys high each and filled with gold-plated panels and columns. The Dubai Mall has the largest aquarium in the world, which was pretty cool. We got lost several times and couldn't find anywhere to eat because the food courts were closed due to Ramadan. All except McDonalds, that is! It was open but you couldn't eat the food in the food court, it was take-away only. We did see some Asian tourists digging into Maccas in the empty food court but were quickly shut down by the muslim security guards. It is possible to eat out during the day at hotel restaurants, due to the large amount of travellers there.



Lauren's adventures abroad will continue next issue.

Kids Art Club - "Mosaics" Weds 3-4.10
 Starting August 4th \$12 per week for 5 weeks

"Textiles and Fibre" - Exhibition & Live music
 Sat Sept 4th 6.30pm - 9pm

Mosaic group has moved to SAT 2.30
 \$20 Tuition & basic materials supplied
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Guitar, bass or drums with Sim \$15 - 20 mins

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your hair.

If your sister hits you, don't hit her back. They always
catch the second person.

Never hold a dust-buster and a cat at the same time.

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Rain hail or shine the markets will be held on the 1st Saturday
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New stall holders welcome

Phone Colin 03 6372 2707



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various charities.

For stall booking and other inquiries, please phone Marilyn
on 6376 1858.

The Break O'Day Woodcraft Guild and Men's' Shed
is pleased to announce that it will be holding **open air
markets**. Starting the 16th of October 2010 at 9:00am.
Then every 3rd Saturday, at the Old Railway Goods Shed
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Cost: \$10. per site, this includes your membership to the
Guild. (As an ordinary member)

Contact: Reon or Wendy on 63722094

A limited number of tables can be supplied. So book early

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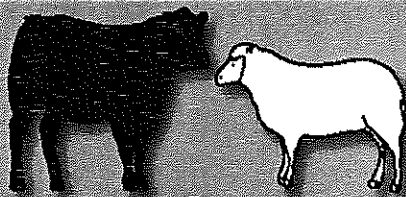
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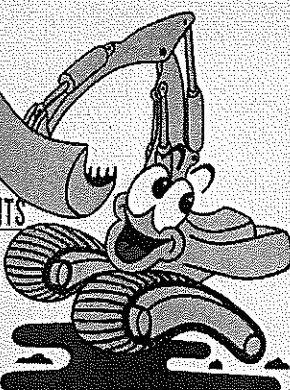
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Tuesday	12th	Trish Pike	
Wednesday	13th	Val Spencer	
Thursday	14th	Kaye Nailer	
Friday Oct	15th	Hannah Rubenach	
MOW Contact		Phone:	0488 384 344
Monday	18th	Lundy Vosper	Neighbourhood House
Tuesday	19th	Ruth Aulich	
Wednesday	20th	Liz Rice	
Thursday	21st	Yvonne Salter	
Friday	22nd	Pam Gillies	Neighbourhood House

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 5.00pm
Bicheno 9.00am
Fingal 11.30am

2nd Sunday: LITURGY

St Helens Vigil 5.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Sunday: MASS

St Helens Vigil 5.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

4th Sunday LITURGY

St Helens Vigil 5.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Week Liturgy

St Helens 5.00pm
Bicheno 9.00am
St Marys 9.00am
Fingal 9.30am

Enquiries for
Baptisms & Weddings
Ph: 63 31 4377
Church of Apostles
Presbytery
Officer Hours:
10.00am - 3pm.

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.
Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@telair.com.au

Accounts: Mary: 6372 2328

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Mon	Tue	Wed	Thu	Fri
			30 Sep	1 Oct
4 Oct	5 Oct <ul style="list-style-type: none"> St Marys School Assoc. Meeting 7pm staffroom Student Banking Poetry W.Shops gr 5-10 	6 Oct <ul style="list-style-type: none"> Chess Competition - School Hall Dental Service 	7 Oct <ul style="list-style-type: none"> Launching into Learning 11am - Kinder room Stepping Stones Dental Service 	8 Oct SHOW DAY HOLIDAY
11 Oct <ul style="list-style-type: none"> Rd 2 - PIPS testing commences 	12 Oct <ul style="list-style-type: none"> Student banking 	13 Oct <ul style="list-style-type: none"> Grade 8 Camp - Coles Bay Immunisations Mr Shephard's B'Day Dental Service Grade 10 Road Safety Excursion. 	14 Oct <ul style="list-style-type: none"> Grade 8 Camp - Coles Bay Launching into Learning 11am - Kinder room Stepping Stones 1.30pm - Kinder room Dental Service 	15 Oct <ul style="list-style-type: none"> Grade 8 Camp - Coles Bay
18 Oct	19 Oct <ul style="list-style-type: none"> Athletics Carnival - St Marys/Fingal Student Banking 	20 Oct <ul style="list-style-type: none"> SWSP - St Marys/Fingal Dental Service 	21 Oct <ul style="list-style-type: none"> Next Newsletter SWSP - St Marys/Fingal Launching into Learning 11am - Kinder room Stepping Stones 1.30pm - Kinder room Dental Service 	22 Oct <ul style="list-style-type: none"> SWSP - St Marys/Fingal

Above calendar is correct at time of printing
 For regular updates and other information please go to the school website:-

www.schools.education.tas.gov.au/stmarys

Last term Grade 9/10 students, from Home Ec and Hospitality, took on the challenge to produce the best muffins ever tasted!

With cooking credibility on the line, Mrs Forsyth and Mr Wardlaw provided Students with over 20 different recipes to choose to bake from.

Mr Le Fevre was most disappointed no-one opted for the Sardine Muffin recipe, as he is quite partial to those. Luckily he was not at school during the judging as there would have been very little left to judge or sell.

Completed muffins were displayed in the hall at lunch time and the judging panel of staff members quickly grew from 3 to 8!

Many muffins were sold with the champion muffins fetching high prices. All money raised was donated back to the Home Ec Dept.

Mr Shephard commented that they were, "Some of the best muffins he'd laid eyes on for some time."

Grand Champion Muffin was made by Stacey Thomas (Mrs Forsyth), Indi Douglas (Mr Wardlaw) made the Best Tasting Muffin and Ebony bean (Mr Wardlaw) the Best Presented. Out of 15 entries, 8 were highly commended and could easily have won with only a few judging points between them!

Special thanks to Roseanne for all the extra work she did to make The Great Muffin Off a success.

THE GREAT MUFFIN OFF!



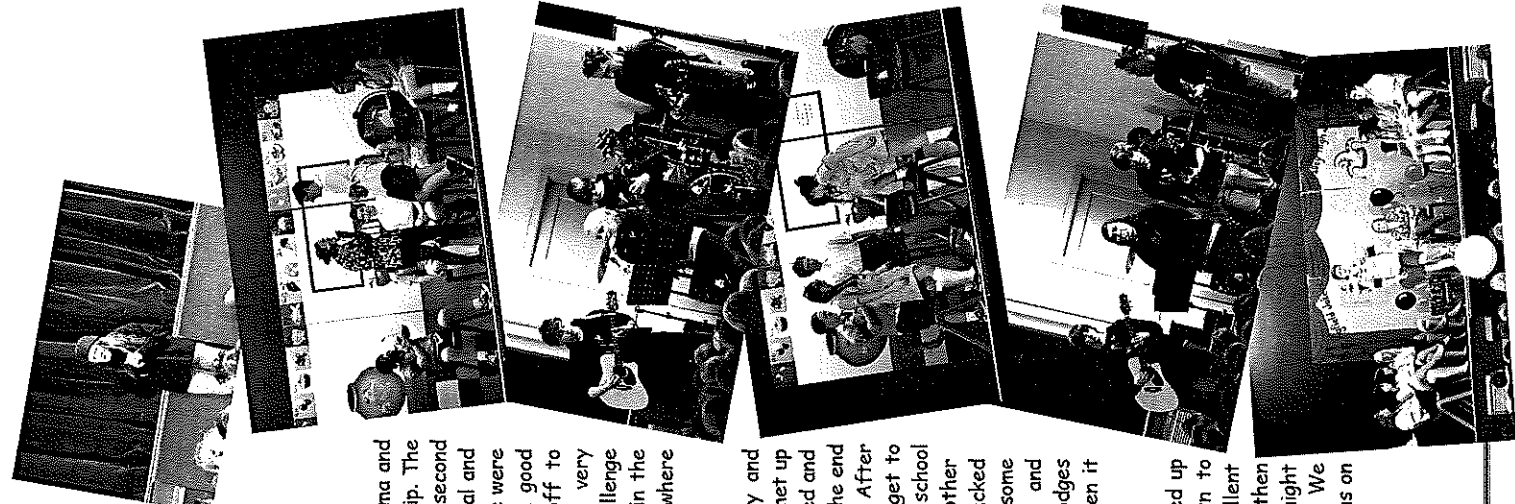
ST MARY'S DISTRICT HIGH PRESENTS ARTS ON TOUR

On the 24th of August 2010 a group of the 9/10 drama and music students set off on the annual Arts on Tour trip. The first stop was Bicheno Primary, this was our second performance after we performed for St. Helens, Fingal and St. Marys students at St. Marys the week before. We were all very eager for the performance. After getting a good response from the crowd, we packed up and set off to Swansea. This was a small crowd but they were very enthusiastic. This is where we left from the Rock Challenge crew who had to go back to Launceston to perform in the finals. The rest of us headed down to Dodges Ferry, where we were staying for 2 nights.

We'll rested and raring to go, we left Dodges Ferry and headed to Campbell Street Primary. This is where we met up with the Rock Challenge crew again. The hall was packed and the crowd was fantastic, asking for an extra song at the end of the performance and wishing us back next year. After packing up very swiftly we had a whole 5 minutes to get to Glenorchy Primary School and set up. This was the school where we saw Mrs Miles and had a catch up. After another great performance and a response we got changed, packed up and set off to Eastlands Shopping Centre for some serious shopping. After grabbing something to eat and deciding not to go to the movies we headed back to Dodges Ferry. We had an in house movie and some games then it was off to bed. Well..... for some.

Rise and shine, it was the last day of tour. We packed up our rooms and did some clearing then headed down to Dodges Ferry Primary School. This was an excellent performance and a great way to finish the tour. We then made a long trip back to St. Marys where we had a night performance in front of all our friends and family. We would like to thank Miss Hickey and Emmo for taking us on tour. We had great fun and learnt a lot. Thanks guys.

By Maddison Gale, Tarquinne Barnister,
Grace Emnis and Ricki Brown



ROCK CHALLENGE

Late in Term 2 a last minute Rock Challenge band consisting of Jacob Spilsbury, Bradley Mitchell, Finn Buchhorn, Emily Quin and Christin Heron, were thrown together to compete in the Rock Challenge 2010 in Launceston on Monday 23rd August. With the time we had we could only write one original song and learn one cover while other bands played two originals. The band had two weeks to learn their songs which was a huge disadvantage as the other bands had all year.

Our band 'Alice Automatic' played third on Monday night and it was quite a solid performance. After playing the set we left the stage and then moved our focus onto the next day which would be our first day of the Arts On Tour travelling down south. We thought we would have no chance of making the final and were highly surprised when it came time for the results to be announced - "and in second place from St Marys..... Alice Automatic!!!"

At the final, held the following night in Launceston, we were worried about not having enough songs with every other band performing three songs each. We played our two songs and still went extremely well.

Thank you to everyone that came and supported us both nights, thanks to Mr Emmerton and Mr Wardlaw for helping the band get our act together and also to Mr Shephard and Mr Lefevre (our biggest groupies) for organising/supervising the buses to and from the venue.

Last, but not least, a big congratulations to our winning band from last year 'New Generation' who came equal second in the College section of the Rock Challenge (for Newstead) with Nic Symons getting the award for the Best Individual Performer.

By Bradley Mitchell and Jacob Spilsbury.



ST MARYS COMMUNITY HEALTH CENTRE

WHAT'S ON AT THE CENTRE

6th Oct	GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral. Day Centre- For details on the group please contact Hayley Gilbert
7th Oct	PUBLIC HOLIDAY - Launceston Show Day
12th Oct	Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381
13th Oct	Day Centre- For details on the group please contact Hayley Gilbert 6372 2111 GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral.
14th Oct	Social Work- Helen Jennings. Please phone 6372 2111 for appointments- Meeting 11am in the Day Room
15th Oct	Diabetes Educator (GP North) - Appointments available by referral from your GP Dietician (GP North) - Appointments available by referral from your GP Exercise Physiologist (GP North) - Appointments available by referral from your GP
18th Oct	TLC Meeting (Tasmanian Lymphoedema Centre) 10:00am in the Day Room.
19th Oct	Child Health Session with Sue Gofton every Tuesday- Appointments only. Please phone 0428 136 381 Tom Bain, Rae & Partners Lawyers. At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555
20th Oct	Day Centre- For details on the group please contact Hayley Gilbert 6372 2111 GP North Mental Health Worker- Brady Young for appointments please see your GP for a referral.
21st Oct	Relationships Australia- Leanne McMurtie for appointments please phone 1300 364 277 Continence Nurse- Sue (Replacing Heather). For appointment please see your GP or Health Professional for a referral. GP Podiatrist- Annabelle. For appointment please see your GP or Health Professional for a referral. Social Work- Helen Jennings. Please phone 6372 2111 for appointments- Meeting 11am in the Day Room

IMPORTANT INFORMATION TO PATIENTS

If you are unable to get a doctor's appointment at the time of ringing and you feel you need more urgent medical attention please inform the reception staff who will put you through to the Nurse on duty. Daily Doctor appointments are not always available but if the need arises we can prioritise.

If in doubt- Call an Ambulance 000

DOCTORS ROSTER

6th- 8th Oct Dr John-Paul Darby

11th- 22nd Oct Dr Jenny Conway

PUBLIC HOLIDAY

Thursday 7th October 2010 is a public holiday. There will be no doctor's surgery on this day but normal hours will resume on Friday 8th October. Please phone after hours service numbers below during this time. Thank you

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday 8:50am-12:30pm
12:30pm-1:30pm LUNCH
1:30pm-4:30pm

PATHOLOGY SERVICE

No Pathology Service between
12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before**.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please **let reception staff know when making your appointment that you are having an INR test**. This is a 5 minute doctor consult.

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

PLEASE RING BEFORE PRESENTING AFTER HOURS

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply.

HEALTH SURVEYS: PLEASE NOTE

**Closing date for the
Health Survey is October 15th**

The surveys can be lodged at:

- St Marys Health Centre
- Fingal Post Office
- Holder Bros Fingal
- Purple Possum St Marys
- Post Office St Marys
- St Marys Supermarket or you can use the prepaid envelop provided



ST MARYS COMMUNITY HEALTH CENTRE

COMMUNITY SURVEY

CLOSING DATE FOR SURVEYS IS: 15th OCTOBER 2010

By now many of you in the community would have received your Community Survey in the mail.

As stated before we want to deliver the best services we can to the St Marys, Fingal and surrounding areas by effectively allocating our resources. We ask for your help to do this by participating in the **SURVEY**.

**All members of the household are encouraged
to fill in this survey.**

(Please contact the St Marys Community Health Centre for extra copies)

Completed forms can be returned in the attached envelope to the box provided at the St Marys Community Health Centre or they can be lodged at:

- St Marys Post Office
- Fingal Post Office
- Holder Bros Fingal
- Purple Possum St Marys
- St Marys Supermarket

Surveys can also be mailed to:

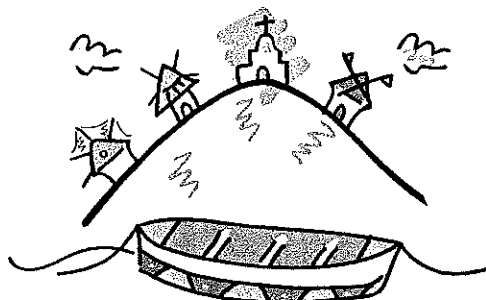
SMCHC SURVEY

**St Marys Community Health Service
Gardiners Creek Rd,
St Marys 7215**

Enquiries to:

Helen Jennings 6376 5244

All feedback is appreciated the good and the bad!

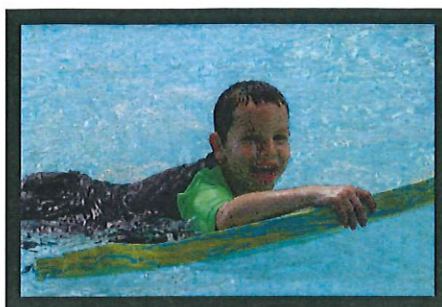


Fingal Primary School News

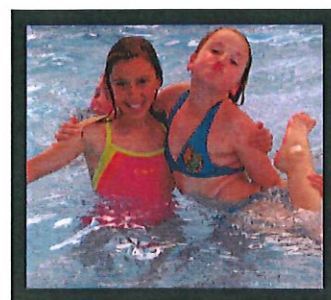


Launceston Aquatic Centre

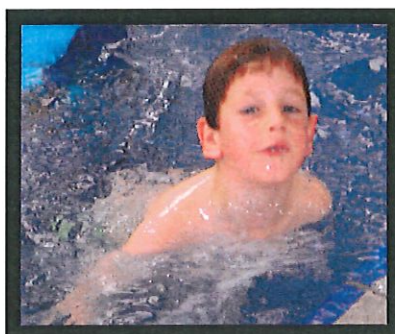
On Friday the 1st October Fingal Primary School students, Kinder to Grade 6, travelled into Launceston to go to the Aquatic Centre. What a great day was had by all the students and staff. It was great to see the children having such fun and enjoying the water. There would have been some very tired children on Friday night.



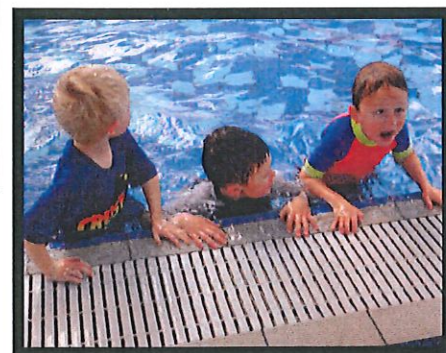
Harry Madden



Sharnee Casserly and Kimberly Burns.



Edward Beacham



Brayden Lincoln Grimsey, Jade Lowe and Haydon Barnes.



Connah Tuck and Aaron Rush.



Chloe Oates, Carley Baldwin, Jorgia Woods and Bridgette Burns.



Chloe Harris, Bridgette Burns and Taylah Munro.

Mahalia Baldwin and Justin Reece.



Calendar of Events - October

4th	5th Karen Bramich here for PE	6th East Coast Chess Tournament at St Marys	7th ENE Meeting at St Marys 4.00p.m.	8th Launceston Show Holiday no school for students
11th Justin here For Music	12th Karen Bramich here for PE	13th Athletics Carnival at Avoca	14th BBQ at Family Based Care for Lunch	15th Launching into Learning 10.00-11.30 a.m.

St Marys Sports Centre Inc. news Kackhander

Thanks to all involved in the Grand Final Breakfast and comp last weekend. Once again a lot of fun for all those taking part. Toey Colliwobblers and Sainty's supporters might have nervously nibbled on a snag, an egg, or a bit of bacon though. Then a draw...

Captain Barry "MAD MAGPIE" Harrison would have enjoyed the rematch though but... on their form, they might be there for a while. Congrats (begrudgingly and jealously) to Baz and fellow Collingwood followers...

Just a reminder to watch the calendar for several events still to occur on the golf course for the year so keep on turning up as the opportunity presents for you.

Now to bowls and Opening Day held last Sunday Oct 3rd (Thanks to all who turned up and/or provided their assistance for the day. It was much appreciated.

Pennant practice is every Thursday night at around 5pm. The start of the season is only a few days away. All players are asked to make it known well in advance if you are unavailable any time. It's a long season. A long, long season but players will need to try their best. Subscriptions are slowly coming in but if you can get them paid by the end of October it would be a great help for the club.

Don't forget INDOOR BOWLS, Friday nights on a timber floor, lots of fun.

Any way until next time, good hitting and rolling.

St Marys Pacing Club Inc.

The Annual General Meeting of the St Marys Pacing Club will be held in the committee room under the grandstand at the recreation ground on

Friday, October 15th at 7pm.

Any interested persons
will be made very welcome.

Eric Bean, Secretary.

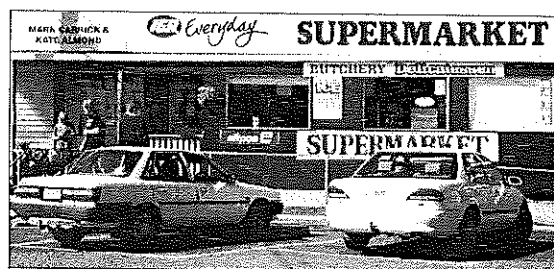
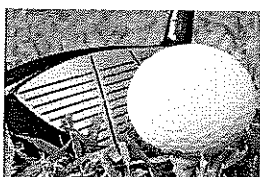


U/15 CRICKET TRAINING

THURSDAY OCTOBER 21

AT FOOTY GROUNDS BETWEEN 4PM & 5PM

CRAIG FREIBOTH 0407 908 058



38 Main Street St Marys

Phone/Fax 6372 2240 - Butcher Ph: 6372 2274

Mon - Fri 8am - 6pm

Sat 8am 12 noon

This week's specials.

From the butchery

Porterhouse steak	\$14.99kg
Mince	\$ 8.99kg
Boneless lamb roast	\$15.99kg
Legs of pork	\$ 8.99kg
Ingham kebabs	\$12.99kg

Instore

Arnotts shapes 160/200g	\$1.89
Nestle Milo 450g	\$4.99
SPC canned fruit 825g	\$2.49
Kleenez Jumbo facial tissues 250s	\$2.49
Sunrise white long grain rice 500g	\$1.49

Chilled products

Ski D'lite/ Divine yoghurt 1kg	\$4.85
Bulla cottage cheese 200g	\$2.79
Meadowlea margarine spread 500g	\$2.99
Western Star traditional butter pat 500g	\$3.25
Lethborgs Devon 1kg	\$4.55

Next week's specials.

From the butchery

Rump steak	\$11.99kg
Lamb loin chops	\$14.99kg
Topside roast beef	\$ 8.99kg
BBQ hamburgers	\$ 8.99kg
Marinated roast beef	\$11.99kg

Instore

Cadbury share pack 150/240g	\$2.89
Duo laundry powder 500g	\$1.99
Quilton paper towel 2pk	\$2.49
Doritos corn chips 175g /salsa dip 300g	\$1.99
Bundaburg ginger beer 750ml	\$1.99

From the freezer

Ingham chicken Kiev 350g	\$7.55
Bulla splits wildberry 20pk	\$6.99
Bulla icecream 2lt	\$4.99
Birds Eye frozen peas 450g (excl baby peas)	\$3.99
Sargents pies 450g	\$ 4.35

- **Organic meat now available from the butchery.**
Please call in and talk to Aaron & Scott.