

The Valley & East Coast Voice Volume 42 No. 21. Thursday May 6, 2010.

Est. 1968 50 cents

Anzac Day Memorial Service 2010

As the solitary candle flickered its last glow of light as if in harmony with the breaking of dawn all heads were poised and ready to be bowed as the last post sounded through the respected stillness of our streets and Col Mackenzie's 'The Ode' still lingered in our thoughts. Everything was at peace. The Gunfire Breakfast which followed was enjoyed along with tales of mirth and bravery of those present and past.

The dawn service had ended to be followed by the quiet respected hum of the 11am Ceremony.

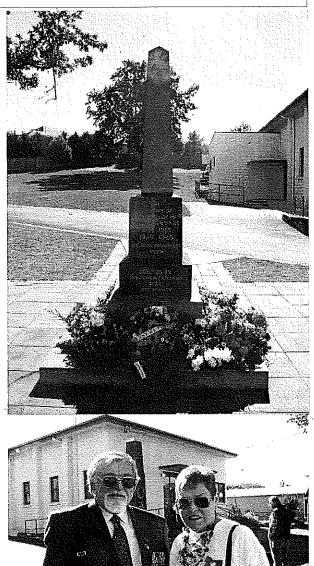
The Grassy Bottom Singers began proceedings with a song of tribute to our lost committee member and much respected friend the late Councillor David Clement. A sincere welcome was delivered by returned Veteran David Watkins. Following addresses were read with the same heartfelt honesty. The roll call of the fallen were individually named with sensitivity by Indi Douglas and Shannon Rosskelly, as Brad Mitchell's drum beat and Jesse Young's assistance added to this poignant moment. All were accompanied by the light touch of Don Ives keyboard and the beautiful voices of Rita and Ian Summers. The Cenotaph was draped by the rich colour of flowers which added to its respected demeanour, as all wreaths were laid with reverent contemplation.

Thank you to Peter Mackie the president of the Vietnam Peacekeepers — Peacemakers Federation of Tasmania who understood what our committee was planning to achieve for St Marys and gave us a gratuitous cheque from his organisation to the value of two hundred dollars.

Peter, a returned Veteran also delivered one of the moving addresses, along with Councillor Reon Johns, Rod McGiveron, and Wendy Fowler who delivered the Anzac Hymn. Thank you to Sister Lorraine Groves and Envoy Melanie Norton who lead the gathering in prayer and to the Targett family for letting us keep with tradition by allowing us to play the recorded last post by the late Selby Target.

To the St Marys Memorial Association Committee - Mary and Bill Targett; Mary your organisational skills are exemplary, Kim and David Watkins, Wendy Brennan, Reon Johns and Wendy Fowler who have all worked tirelessly to continue a revered tradition in St Marys.

Finally, to Police Officer Michael Spalding and to the community of St Marys whose numbers at both the dawn, at least 50 and the 11am, over 150, have shown their support by attending, and in doing so keeping the ANZAC spirit alive in St Marys.



Returned Vietnam Veteran & President of the Vietnam Peacekeepers –Peacemakers Federation of Tasmania

Mr Peter Mackie and Mrs Mackie.
Photos: Wendy Brennan. (More photos inside.)

<u>Please note</u>: Deadline for articles in the next Valley Voice is 5pm <u>Tuesday May 18, 2010</u> EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

The Tasmanian Lymphoedema Centre Inc., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standardbeginners welcome-childminding included - lovely safe place to bring toddlers while you play. Ring Annette-6372 2224.

St Marys Playgroup meets each Monday 10.30am - 12 noon at the Falmouth Community Centre, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. Phone or text: Danyelle: 0427 073 100.

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. Contact - Robina 6372 2022.

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.

Ph: John 6376 3130.

Scamander and Beaumaris Community **Development Association** meets at 7 pm the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on 03 6372 5604.

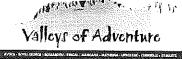
Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

St. Helens Al-Anon Family Group Meeting: St. Pauls Anglican Church Hall - every Sunday 2pm Contacts: Ann, John 6376 3270 or Rose 6376 3335.

The Friends of the History Room hold General Meetings: 8th February, 10th May, 12th July --AGM, 11th October. Executive Meetings: 9th March, 14th June, 9th August 13th September, and 8th November. All held at Tidal Waters at 5pm.

Happy Mother's Day





GREATER ESK TOURISM .

Greater Esk Tourism (GET) - next meeting is 7 p.m. on May 12th 2010 at Fingal Valley Neighbourhood House. Come and contribute your creative ideas and vision for promoting our beautiful area! All welcome. For more details, please phone the president on 6372 2783 or visit our website - www.valleysofadventure.com.au,

GRASSY BOTTOM REGIONAL ARTS is actively seeking old photographs of local dances held over the years, in conjunction with the WINTER SOLSTICE and the BUSH DANCE they will be holding, as they would like to do a display on WINTER SOLSTICE EVE.

COPIES of photos of people, events, and where they were held, fashion of the day etc. would be very welcome, and can be left at Main Street Clothing as soon as possible as Solstice is less than 7 weeks away.



Classifieds

For sale

Family caravan. 1986 Jayco 16ft pop top. Front bunksisland double. Roll out awning. \$8,500, ono.

Ph: 6372 2416.

Ripor GS 1000 generator. Done 55 hours. Excellent condition. Cost \$1300 - Sell \$650. Ph: 0429 676 593.

Wind generator vertical type motorwave brand approx 40w output, light wind model. \$150.

Engel 45ltr Fridge / Freezer 12v/24v and 240v Chest Type very efficient Good Cond.\$900. ono.

Ph:6372 2636.

Radiator - reconditioned (very good buy) for auto, from a WB Holden. (3 coreV8) \$200. Ph: 6376 2725. St Helens - ask for Dwayne.

Viscount caravan, dual axle, toilet, shower. Needs tidy up. \$2,800. Ph: 0437 851 662.(11 Clive St. St Marys.

TV 68cm colour, with book and remote.4yrs old, silver, very good condition. \$40. Cupboard, small shelf with 2 doors. \$20. Timber pine boards T/G. Flooring. \$30 lot. TV unit. Suit new TV flat screen modern. \$20. Coffee table. \$10. Ph: 0447 284 603.

Scooter. Shoprider deluxe. Mobility Ph: 6372 2200.

Diamond doves. \$10. each or 2 for \$15. Grass parrots (small non screeching bird) \$25ea. Two pine single beds with innerspring mattresses \$100. each (excellent condition) pine student desk (two drawers) \$50. PH: 6372 2884 or 0429031807(Noelene)

Electric BBQ plate. As new. \$20. Sunbeam espresso coffee machine. \$45. ono. 3 suitcases. Good condition. \$30 the lot. Ph: pete. 6372 2398.

Hi-tec walking boots - mens, size 9 - 10, ex. cond. as new. cost \$130, sell \$50. Canon Starwriter - electric typewriter, perfect if you want the ease of a computer without the cost and complexity, includes extra cartridges, clip-art, etc. Excellent condition, in original box. Cost \$500, sell \$50. Hockey stick - Gray brand, with bag, good condition. \$10. Flippers and Speedo swim block, as new. \$15. Ph: Leissa 6372 2686 or 0458 658 927.

Size 6 girls summer school dress. \$25. Girls or boys size 8 Billabong wetsuit, yellow & black. \$25. Ph: 6372 2438 or 0439 333 398.

Footy boots, Adidas size U.S.10, and Nike Air Zoom total 90 size U.S. 9. Both ex. Cond. \$40 per pair.

Ph: 6372 2465.

Large square bales of straw for garden mulch. Ph: Mark or Alana 6372 2145.

Garden mulch or bedding. Small square bales of oaten straw. \$5. Ph: 0407 944 158.

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

Ph: 0407 944 158.

"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Tractor slashing available. Ph: 0407 944 158.

Portable milling available. Ph: 0427 715 577.

WANTED

COUPLE WITH MOTOR HOME LOOKING FOR HOUSE/FARM SITTING EAST COAST AREA. EXPERIENCED. PH:0429 676 593.

FOR SALE

Glass Outdoor Table and 6 Chairs \$195 Rotary Hoe, Tiller, with new motor \$550 Phone 0428 193 639

GARAGE SALE

Saturday May 8 Moving house

- Furniture
- Toys
- Tools
- Water Pump
- Solar Inverter
- Clothes

and lots more **HEAPS OF BARGAINS** 27 CAMERON STREET ST MARYS From 8am

FREE TO GOOD HOME, SAANAN X BOER BUCK. 2 YEARS OLD, TOP MILKING LINE, PH; 6372 2684.

Results of Woodcraft Guild Raffle:

Chair was chosen and won by C. Dickson. Wooden tubs chosen and won by Tim Aulich. Out door setting went to Heather Griffiths. (Apologies to the Woodcraft Guild for omitting the winners from the last issue.)

St Marys Market

Rain hail or shine the markets will be held on the 1st Saturday every month in the community hall 9am till 2pm new stall holders welcome phone Colin 03 6372 2707

Tasmanian Regional



SPECIAL MEETING

Fingal Valley Neighbourhood House Inc. are calling a Special Meeting. The purpose of this meeting is to:

Fill vacancies on the committee.

Date: Wednesday 26th May 2010

Time: 7pm

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be corrected in the following issue.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted. Please ensure that your details are included.

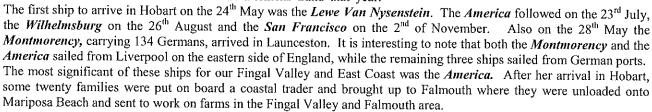
A LITTLE BIT OF HERITAGE: Jim Haas "Van Diemens Land's first Germans"

Today Australia is one of the most multicultural countries in the world, mainly brought about by almost two hundred years of Government assisted immigration programs, which were first introduced by England around 1831 and then carried on by the Australian Government after Federation in 1901.

In the first twenty years or so of assisted immigration to Van Diemens land, immigrants predominately came from the British Isles. But when transportation of convicts ended in 1853, cheap labour was still desperately needed for Government projects, as well as working on the settler's farms. This prompted England to extend their recruiting program to Germany. At that time Germany and England were the best of friends and it was common knowledge that ordinary Germans were dissatisfied with economic, political, social and religious issues being forced upon them. To add to this, young men were taken from their families and sent to the front line of conflicts they knew nothing about. Most would never return.

Agents employed by a German company headed by Wilhelm Kirchner covered the length and breadth of Germany, publicising immigration to Van Diemens Land. All but £5 of their fair would be paid and the only condition was that they would have to work for a period of two years for a property owner, which would be designated by the Colonial Government.

Early in 1855, the first German assisted immigration recruitment was finalised and 858 Germans arrived in Van Diemens Land that year.



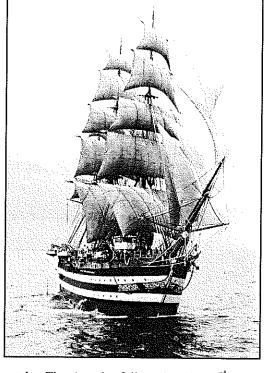
Among those were the Lohrey, Haas, Rubenach, Lehner, Langdon, Wagner, Strochnetter and Schmidt (Smith) families. These names speak for themselves as to how important this particular influx of Germans was to the St Patricks Head District.

Small numbers of Germans continued to arrive in Tasmania after 1855, with another influx arriving in Hobart on the ships *Victoria* and *Figaro* in 1870. On board the *Figaro* was a young man by the name of Julius Aulich, who made his way up the East Coast to eventually settle at Irish Town and build the first mechanical sawmill at Mill Ridge in the foothills of St Patricks Head in 1884.

The majority on the 1870 German arrivals settled in an area called Sorell Creek some 18 kilometres north-west of Hobart. There they established berry farms and sawmills, and a German community developed to the extent that when a town was proclaimed in 1881, it was given the German name of Bismarck. A similar situation happened in 1855 with the Germans who arrived on the *Montmorency* in Launceston. They moved to an area some 26 kilometre north-east of Launceston which became known as German Town.

For many years the Germans were looked upon as hard working, respected members of their communities. World War One however, changed the thinking of many people and quite a lot of detestation was levelled at German born citizens. This caused the changing of surnames to the English spelling or punctuation. Also the names of towns were changed; German Town became Lilydale and Bismarck, in the south, was changed to Collinsvale, after the nearby mountain Collins Cap.

To look back now, one can only wonder at what turmoil must have existed in Germany in the 1800s to force families to uproot and travel to the other side of the world to start a new life with virtually nothing. Most made the best of the situation, however, and developed industries and a way of life that enhanced the general well-being of their new country. Their contribution to the Fingal Valley, and indeed the Tasmanian community as a whole, should always hold a special place in our heritage.



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- * Site cleaning & leveling
- * Excavations
- *Post hole digging
- * Landscape preparation

SAVE HOURS OF HARD WORK. GIVE MARK A CALL Ph: 6372 2145.

Letters to the Editor

Vol. 42 No 21, 2010

To the residents and traders of St. Mary's Tasmania.

This letter is intended to convey to the people of St. Mary's my deep appreciation and thanks for the most kind treatment which I received whilst encamped for a no. of weeks at your recreation area.

This was necessitated by an injury sustained prior to travelling to Tasmania, which deteriorated during the first couple of weeks in the state. My Husband and I were travelling towards the east coast on or about the 27th Feb when we happened quite by chance upon the campground, the facilities of which we found very agreeable and well above the average. The genuine smiles and the welcoming signs in a number of stores inviting visitors to stay and take advantage of the area and what it has to offer was truly heartwarming.

My injury forced me to seek daily treatment at the local hospital and the service I received from that establishment was nothing short of wonderful, not only was my treatment of the highest professional standard but it was delivered in the most friendly and compassionate manner. Nothing was too much trouble and the availability of a Laser treatment to assist healing was a bonus. I am sure that the treatment I received during my stay in St. Mary's has been the reason that my injury is healing as well as it is.

The same considerate and caring attitude was also directed to my husband and I at all the businesses which we patronized during our stay, that is at least 99%. The friendly faces we encountered every day from the residents of your town also made us feel most welcome even though we were strangers.

You can be assured that we will sing your praises to all we meet and that as someone once said "we shall return".

Janet Arscott. Motorhome "JANGEO".

EAST COAST SURVEYING

Consulting surveyors and land planners.

Mark Anderson 6376 1972

We can help you.

- □ Buying a property?
- ☐ Planning a development?
- ☐ Unsure of your property potential
- □ In dispute with an adjoining owner?





Letter to the Editor

What a fantastic idea Cagerattler has suggested in naming the land by the old police station as "The David Clement Park".

I had the pleasure in discussing this idea with David, of using said land as a park, many times. In his unique way David worked on the seed of an idea feeding it into the community and accepting feedback. Even to the extent of draft plans for a Sculpture Park being professionally drawn up and the idea being nurtured and networked slowly through our community.

Those big lumps of stone sitting idly on the grass are in fact priceless pieces of the Valley's history containing fossilized life forms waiting to be highlighted by polishing and set in the Park as pictorial picnic tables for one and all. A small idea I spoke to David about whilst the upgrading of the Valley Highway was happening. Somehow he arranged for delivery – Advanced Thinking!

Anyway the idea of that land as a Park has my full support and it would be a jewel in St Mary's Crown in my humble opinion. A link to the new camping facilities. A Park as a mark of respect to a man who did much for St Mary's and will be missed

John McColl

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Scamander Tas 7215

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The Valley & East Coast Voice Guidelines.

- Opinions in letters published are not necessarily the views held by the editor and voluntary workers.
- Our pages will remain open to fair and honest criticism, so that on all questions, both sides may be presented, but any letters containing personal attacks or hinting at libel or slander will not be accepted.
- Please do not attack the editor, the paper or the authors of previous letters.
- Letter writers will be given the chance to respond over a suitable period of time, but anonymous and/or nom-de-plume letters received as from 11-02-10 will not be published. Subjects may be closed at the editor's discretion.
- Please make sure of your facts. Do not write letters just to let off steam. Keep letters short and simple. Letters restricted to 300 words or less will be given preference.
- All letters arriving by post must be signed, including a printed name and also contain your contact details, such as full name, address and phone number.
- All letters sent by email must contain your contact details, such as full name, address and phone number.
- All letters left at drop-off points must have a signature, plus a
 printed name and also contain your contact details, such as full
 name, address and phone number.

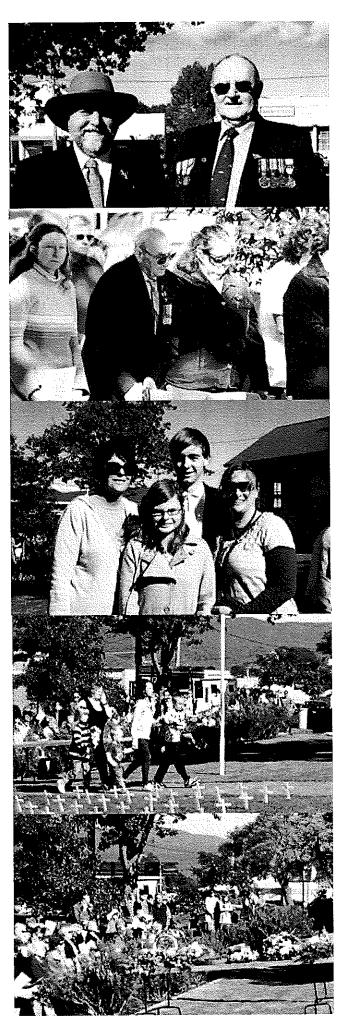






Photos: Courtesy Janet Drummond, Wendy Brennan & Wendy Fowler.







THANK YOU

The St Helens Netball Association would like to thank the following businesses for their kind donations for our **Mother's Day Raffle**, the results of which will be published in the next issue of the Valley Voice.

The Mt Elephant
Pancake Barn
Attraction Hair and
Beauty
Gazzmans
Fashion Connection
Spoil Spot
IGA Hilly

Targetts Pharmacy
IGA St Marys
Mitre 10
Bradley Trevor Greve
Bay Surf
Good Sports
RSL Bistro
RSL Bar.

A great gift idea from Purple Possum!

A Purple Possum Gift Voucher for any amount could be the perfect gift for Mothers Day. Easily organised, it lets Mum choose from our range of health and beauty products, craft items and special treats. See Elaine!

Bunch of Flowers \$4.50

Fresh, fragrant Chrysanthemums – please order asap on 6372 2655 to pick up on Saturday.

See the photographic finalists

The finalists in the Greater Esk Tourism
Photographic Competition, 'People and Places of
the Valley', are on display now.
Come and take a look!

Purple Possum

Wholefoods & Café
7 Story Street St Marys. Phone 6372 2655.
Open Monday to Saturday



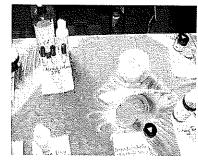


Attention the stallholders & those in attendance at the St. Mary's Community Market on Saturday 1st.

THANK YOU for creating a place of friendliness & warmth, the atmosphere had a sense of true community spirit with people chatting & enjoying themselves with lots of smiles. Please come & enjoy the next market on Saturday 5th June. *Photos: Courtesy Russell O'Brien.*



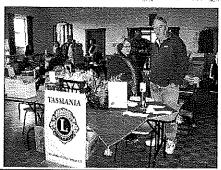












"Do you have an idea for a business but have no money and no idea how to go about it?"

"Have you ever wanted to work for yourself?"

Workshop with NEIS scheme info -

7pm Monday 12th July Fingal Neighbourhood House

Training course and funding for 12 mths to help set up small business.

Come along and find out more.

52

ST MARYS BAKERY

PH: 6372 2131 52 MAIN ST ST MARYS.

TO OUR VALUED CUSTOMERS

St Marys Bakery will be CLOSED from May 29th, until June 12th, 2010. Fresh bread will be availab' on May 30th at the St Marys Newsagency, Coach

House Restaurant, IGA Supermarket, & The Mouth Café, Scamander.

Reopening June 13th at our normal trading hours.

Sorry for any inconvenience we may cause.



Café / Laundromat / Catering







25 Quail St, St Helens, Tasmania. 7216.

Ph: (03) 6376 2629 Mob: 0400 054 110

email: marycporter@bigpond.com



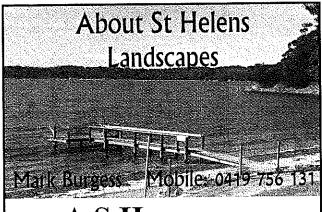
The

Roost takeaways

Barbecued chickens
Great coffee
Fresh fish & chips
Hamburgers, Chickenburgers

St Helens Tasmania 7216 Ph: (03)6376 2613





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With great products now in stock.

Shampoos, conditioners, gels, waxes, treatments and more from **\$8.**50

Men's trims from \$18. Ladies cuts from \$20. Colours from \$65. Pensioner discounts.

Waxing and eyelash/brow tinting available soon!!

Look

Between May 24th - 28th a student will be doing work

placement experience.

During this time there will be

\$10 shampoo & blowdry &

\$15 sets available with the student. Call in and ask Rachael today.

WINTER TRADING HOURS

MONDAY - WEDNESDAY

10AM - 4PM

THURSDAY - FRIDAY

10AM - 5PM

OUT OF THE WOODWORK

Wendy Brennan Secretary Mobile 0408 656 014

Congratulations to the winning recipients of our raffle. C. Dickson chose the outdoor chair. Timothy Aulich the two wooden barrels and Heather Griffiths was left with the outdoor setting.

Heather told the Guild that although she was given no choice as her ticket was the last to be drawn she was ecstatic with her win as the setting was what she was longing for.

The Guild assures that all our wooden products that have been specially hand crafted for the purpose of the raffle have been made to our highest standards and should provide years of use and pleasure.

The Sausage King Entrepreneur is back with a vengeance with the 'mosted' hated but most eaten snag sandwiches!! The Guild had a very successful day at the St Marys

tion.

Markets as all monies raised

are put back into the organisa- Mick Griffiths, picking up his



wife's 3rd prize.



Mt Elephant Pancake Mothers Day Specials.

Each mum will receive 10% off their meal, and go into the draw to win a meal voucher.

So come try one of our latest pancakes. A Brown Cow, Tropical Dream or a Berry Delight. Bookings essential. Ph: 6372 2263.

We would like to take this opportunity to thank and congratulate the market team. Sue Nelson, Colin Smith & Russell O'Brien from Manna Farm and Kathy the chef (apologies Kathy I do not know your surname) for what can only be considered a great day. The stalls catered for all peoples' taste and the atmosphere was welcoming. All our members of the Guild wish you every success.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at 2.00 pm. The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

Photo: Courtesy Wendy Brennan.



Open 7 days a week for your convenience. 6am –7pm Mon. to Fri. 7am – 6pm Sat. & Sun.

CALOWS BUS DEPOT

AURORA PAYG

Wishing all the
Mothers and Grandmothers
a very
Happy Mothers Day
on Sunday.
From all the Newsagency staff.



MOTHERS DAY CARDS STILL AVAILABLE

st Marys Pharmacy

For all your health and wellbeing products

Pharmacist on duty 5 days a week

Happy Mother's Day to all on Sunday from Pharmacists and staff.

We have many gift lines in store. Call in and check them out.

> MENTION THIS AD AND RECEIVE

10% DISCOUNT

ON GIFT LINES FOR MOTHER'S DAY KODAK PRINTS

49_{C each}

Main Street, St Marys Tas. 7215

Phone: 6372 2844 — Fax: 6372 2874

The Say Cagerattler

For a while since last Sunday I contemplated not making the comments I'm about to, but I hope they are more constructive, rather than destructive because that's my intention.

Firstly the good stuff. It was an absolute pleasure and honour to be asked to contribute to our Anzac Day 11 a.m. service. To the committee, a really hard working group of fantastic people from all around our area, I truly believe your efforts in the past two or three years has saved ANZAC Day services in this town. This is a big deal.

Every one of you deserve great credit indeed. I find it quite disturbing that several of this Committee of volunteers, who give up so much time to let the rest of us still be able to pay our respects to family members or friends who fought, suffer criticism. Surely any differences can be forgotten on this most precious of days for so many.

The day MUST transcend any other issues. For the St Marys services to continue into the future we must start talking a lot more. This, I believe can happen but perhaps any other side issues, any personal issues, any personality clashes need to be given second or third consideration and not first as seems to be the case now.

REMEMBER WHAT'S AT STAKE. Imagine no ANZAC Day commemorations in St Marys. Doesn't bear thinking about does it?

Probably for the same reasons we seem to have ongoing issues and a perceived lack of support at an official level despite oral support being given. As a person not privy to detail, just an observer from a few steps back you might say, I'd like to think that all possible and practical assistance can and will be offered to the Committee of volunteers from next year onwards. Again I say, the day MUST transcend personal or procedural issues. How hard can it be to try to get on with each other so that as many of us as possible can remember our fallen.

It would be great to hear a bit of talking going on from all parties pretty soon.

What do you think?

East Coast Phone & Communications

- * Telephone & Data cabling
- * Commander Systems
- * Sound System cabling
- * TV Antenna & Tuning
- * Digital Set Top Boxes, supplied & installed where reception available.

PO Box 29, St Marys 7215 Ph: 6372 2402 Mob: 0409 959 121



John Heron 30 years experience ACA Licence

Sunday the 9th of May 2010

Treat Mum to a

Relaxing Sunday Lunch or Dinner

Offering our full a la carte menu Or our lighter lunch menu

Serving from 11.30am

All Mums receive a complimentary glass of bubbly And patrons may use resort facilities throughout the day.

Kids stay free all weekend so why not book one of our Self contained ocean view villas and truly spoil Mum.

Call now to reserve your table or book your weekend away
On 6372 2228
We look forward to serving you!



WARNING -NOT FOR THE FAINT HEARTED

I thought I'd better share with the rest of St Marys a hidden treasure I discovered. LIZ'S HOT CHOCOLATE. It's not just any Hot Chocolate - it's Chocolate that's Hot.

There's an act to drinking one because you need to stir it regularly, otherwise the HEAVY, DELICIOUS, MELTING CHOCOLATE all goes to the bottom. Did I mention the mountain of fresh whipped cream on top?!

Something this good should come with a warning label. Once you try one, you'll be back once (or twice) a week—like me.

LIZ-your secret is out.

Kelly.

P.S. If you don't know where I mean, I'm talking about Mt Elephant Fudge HQ & Ice Cream Shop.

Rae & Partners Lawyers Barristers & Solicitors 113 Cimitiere St Launceston

Visiting:

St Marys Community Health Centre <u>Alternate Tuesdays</u>: 9 am – 10 am

Ph: 6337 5555 For appointments.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Sylvia on 6376 8390. Saturday mornings only: 0447 589 803.

Tues - Adults Mosaic group 4.30 - 6pm \$20 Tuition & basic materials supplied \$12 Basic materials supplied \$5 Byo Project (can be anything arty)

Tues & Weds Afternoons

Guitar, bass or drums with Sim \$15 - 20 mins

Weds 1 - 2,30 - Sculpture (clay Modelling and Cement garden art) with John McColl \$20

1st **Wed** of every month 5 - 6.30 **Life Drawing** (Model and materials provided. No tuition) \$12 No bookings required

Big Shed has a recording studio & audio engineer available Thurs, Frid & Sat for solo/Band recordings, radio ads, tape & records to CD, PA Hire etc.

Book now for an **Art Party** - \$10 per person for 1.5hrs of arty fun.

Big Shed has art space for hire, wall space that require local contemporary artwork, artists available for commissioned artworks and graphics, as well as art & craft for sale.

> 24837 Tasman Highway, St Helens. Phone 0428725228 Bigshedstudios@bigpond.com





REMEDIAL MASSAGE

Geoff Coasby (CSM.CRM.) Now in Fingal

15 years extensive experience treating professional sports people including AFL footballers, triathletes, swimmers and everyday people who are suffering from muscular problems.

> **Qualified Treatment for:** Low Back Pain Shoulder Pain

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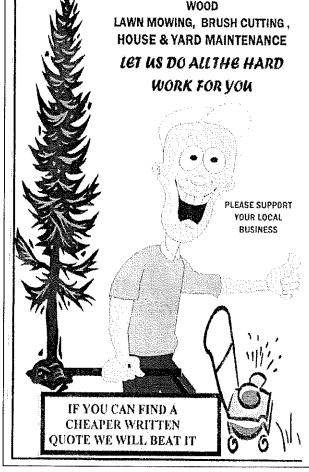
Call to make an appointment now for your assessment

Phone: 6374 2325

BEST WISHES

behalf of the Community On St Marys the Valley Voice would like to offer best wishes for a speedy recovery to Eric Bean. Get well soon.





Grassy Bottom Regional Arts Needs You!!

Are you passionate about the arts? Are you interested in helping to bring events to St Marys and the surrounding district, showcasing local & interstate talent in drama, music & art? GBRA is seeking motivated community members to help present workshops, concerts, theatre & other varied events to the Break O'Day municipality. Upcoming gigs include:

a bush dance featuring the Tasmanian Heritage Fiddle Ensemble from Hobart for the Winter Solstice on Saturday 19th June

the Harambee A Cappella choir from Melbourne who will perform on Monday 5^{th} July and run a

singing workshop the following day

and a range of art exhibitions to be displayed at

various venues around St Marys throughout the year. GBRA **urgently** requires some positions on the committee filled — eg secretary, funding/grants co-ordinator, school liaison, media co-ordinator, etc.

Also, general helping hands are always welcome & very important! If you have a particular skill or interest for any of these roles, or would like to know more about them, we need you to continue the good work of GBRA for our community. Without a committee of local, enthusiastic people GBRA will cease to exist!

So join us for **wine and cheese** at the supper room at the rear of St Marys Town Hall **this Friday** 7th **May** from 6.30-7.30pm with a view to contributing to this vibrant arts group.

In particular we will be planning for the Winter Solstice and require someone with their RSA certificate and helpers for setting up, serving food and packing up.



Can't make it? Call Leissa on 6372 2686 or email at pl elemental@hotmail.com to discuss how you may be able to help.



St. Helens Electrical

ROD SHAW LIC: C00489

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Ph: 6372-5522 Mbl: 0407-615-072 2 Lagoon Esplanade, Scamander 7215



We will be offering a local and friendly service at

St Marys St Helens
May 13th 14th
June 3rd 4th

St Marys Community Health Centre & St Helens Hospital

If you want a professional consultation with one of our qualified optometrists then contact us on

6343 6333

All consultations

are bulk-billed to Medicare.



MICK: 0439 722 718





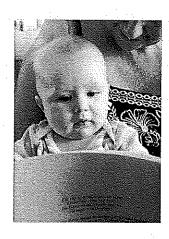
The first five years of a child's life are very important. During this time Mums, Dads and Carers need as much support as possible with the health and well being of their children, so that when they are old enough to attend school they get the best start. Giving very young children a good start will help them have the best future possible.

The St Helens Child and Family Centre will be built in a 2010 and will offer a number of services for families.

The **St Helens Child and Family Centre** will be for our community so we all need to think about what services we want and need.

The St Helens Child and Family Centre will:

- Be a welcoming place for all.
- Provide local programs for every family with babies and children.
- Provide integrated services in the local community.
- Be within walking distance of all services.
- Meet the changing needs of our community.





Interested in further information? Contact:

Joanne Long John Marshall Mel Thorne Sue Jones

63762226 or 0457858395 St Helens District High School 63767100 St Helens District High School 63767100 Poss'M'agic 63761645





HARRIS FUNERALS Lindsay & Diane

(D. Bailey & son) A.F.D.A Ph/Fax: 6376 1153 Mob: 0418 133 420

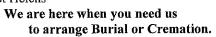
Office& Residence:

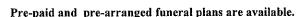
114 Cecilia St

St Helens

Chapel:

46 Tully Street St Helens





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Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

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58A High Street PO Box 271

New Norfolk Tas 7140 Ph 6261 3366

Toll free 1300 132 589

Email O.Adams.MP@aph.gov.au



WORKING WITH YOU AND YOUR COMMUNITY FOR THE **FUTURE**

Post text make 860, and Auxily objection for the central

ST MARYS PLAYGROUP

NEW TIME:

Every Monday 10am- 12 noon during school term. commenced 22nd February, 2010.

NEW LOCATION:

Falmouth Community Centre



EVERYONE WELCOME: \$2 a session per child or \$3 per family.



Great Fun and Friendship!

Please bring a piece of fruit only to share, plus your children's own drink bottle.

You may also like to bring your children's bikes and helmets.

> Any questions please call or text Danyelle on 0427 073 100

A doctor examining a woman who had been rushed to Casualty, took the husband aside, and said, "I don't like the looks of your wife at all."

"Me neither doc," said the husband. "But she's a great cook and really good with the kids".

Scamander Beach Surf Shop

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2 Pendrigh Place St Helens

Ph: 6376 1755



LOCAL OWNER - OPERATOR OVER 20 YEARS EXPERIENCE

Ph: Dana or Craig

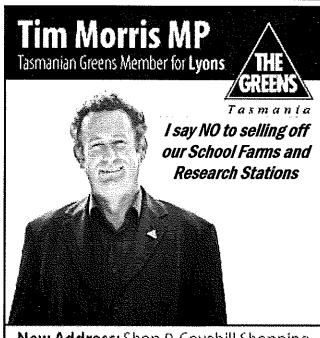
6372 2033 /0439 722 032

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- ♦ ROCKS
- ♦ ON SITE SCREENER 20mm to 75mm (TURN YOUR RUBBISH INTO TOP SOIL)
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- ♦ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ♦ 10 YARD TIPPER
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AND MUCH MORE



New Address: Shop 9, Covehill Shopping Centre, Bridgewater 7030 Phone: (03) 6263 3801 E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Irm Morris MI; Parliament House, Hobart 7000.

St Marys Hospital Auxiliary.

Recent raffle results;

Winner: Congratulations to... Kane Johnson.

We sincerely thank this, our community, for their continued support and advise that all proceeds are utilised in the best interest of the patients and clients of our much required and vital "Health and Community Medical Centre" in other words, and in short "Hospital".

Many thanks, Kevin, Sec.

A man is recovering from surgery when the nurse appears and asks him how he is feeling.

"I'm O.K. but I didn't like the four-letter word the doctor used in surgery," he answered.

"What did he say," asked the nurse. "OOPS".

A blonde calls Delta Airlines and asks, "Can you tell me how long it'll take to fly from San Francisco to New York City?" The agent replies, "Just a minute.."

"Thank you," the blonde says, and hangs up.

While shopping for holiday clothes, my husband and I passed a display of bathing suits. It had been at least ten years and twenty pounds since I had even considered buying a bathing suit, so sought my husband's advice.

"What do you think?" I asked. "Should I get a bikini or an all-in-one?"

"Better get a bikini," he replied. "You'd never get it all in one." He's still in intensive care.

| MEALS ON WHEELS ROSTER | | | | |
|------------------------|------|------------------|--------------------|--|
| May | | St Marys | Fingal | |
| Monday | 10th | Wendy Dawson | Julieanne Claridge | |
| Tuesday | 11th | Pam Bretz | | |
| Wednesday | 12th | B & B McAllister | | |
| Thursday | 13th | Kaye Nailer | | |
| Friday | 14th | Wendy Aulich | | |
| MOW Cont | lact | Phone: | 0488 384 344 | |
| Monday May | 17th | Pam Gillies | Christine Woods | |
| Tuesday | 18th | Ruth Aulich | | |
| Wednesday | 19th | Liz Rice | | |
| Thursday | 20th | Yvonne Salter | | |
| Friday | 21st | Claire Bean | | |

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves Parish House, Ph: 6372 2252 Mob: 0409 172 741

1st Sunday: MASS

| St Helens | Vigil | 6.00pm |
|------------|-------|---------|
| Bicheno | | 9.00am |
| Swansea L' | WC | 9.30am |
| Fingal | | 11.30am |
| Campbell 7 | Γown | 5.00pm |

2nd Sunday: LITURGY

| St Helens Vigil LWC | 6.00pm |
|---------------------|--------|
| St Marys LWC | 9.00am |
| Bicheno LWC | 9.00am |
| Swansea LWC | 9.30am |
| Fingal LWC | 9.30am |
| Campbell TownLWC | 5.00pm |

3rd Sunday: MASS

| St Helens Vigil St Marys | 6.00pm 9.00am |
|-----------------------------|-------------------|
| Swansea Campbell Town | 11,30am 5,00pm |
| Bicheno LWC | 9.00pm |

4th Sunday LITURGY

| St Helens Vigil LWC | 6.00pm |
|---------------------|---------|
| St Marys LWC | 9.00am |
| Bicheno LWC | 9.00am |
| Swansea LWC | 9.30am |
| Fingal LWC | 9.30am |
| Campbell Town LWC | 5.00 pm |

5th Week MASS

| St Helens Vigil | 6.00pm |
|-----------------|---------|
| Bicheno | 9.00am |
| St Marys | 11.00am |
| Swansea LWC | 9.30am |
| Campbell Town | 5.00pm |

Anglican Parish of Northern Midlands

11am 2nd/4th Sundays Avoca: 3 pm 1st/3rd Sundays Fingal: Mathinna: 3pm 2nd/4th Sundays 11am 1st/3rd Sundays Ross: Campbell Town: 9am every Sun. (3rd Sunday -Family Service)

Anglican Parish of Break O'Dav

Ph: 6376 1144

St Helens Every Sunday 8 am and 10.30 am Kanga Sunday School 10.30 am - 12 noonevery Sunday for children 5/12 yrs St Marys every Sunday 10 am Pyengana: Kids Church, 2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday. excepting school holidays. WOW "Women of Worth" First Wednesday of month. excepting school holidays.

SUNDAY JOY

7pm: each Sunday Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens Ph: 6376 2405

9.00 am St Helens Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10 am Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155 email; judith.spilsbury@telair.com.au Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

Advertising: 2010

Classifieds: 25 words or less: free Community notices: free. Small boxed ads. Garage sales. Greetings. Thanks etc. \$12. 1/4 page \$20. 1/2 page \$30. Full page \$50. 1 year posted subscription \$40.

On Air Now!

Vision FM 88.0 at St. Marys, St Helens and Fingal.

Robbo isn't alone at breakfast anymore. Shelley has joined him and they are calling the program 'The Journey'

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network. Phone 1800 007 770. web www.vision.org.au

St Marys Online Access Centre **Opening Hours:**

Monday 10am -3pm Tuesday 10 am-4pm Wednesday 10am-4 pm

Thursday 10 am - 3 pm 10 am - 3 pm Friday Saturday 11 am - 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

TRADING HOURS: 10AM - 3.30PM MON TO FRI. PH:6372 2733.

VOLUNTEERS WANTED!!

We are compiling a list of regular and on-call volunteers. You must be honest, reliable and able to work as part of a team. All welcome to call in and put your name down. Male or female.

Ph: Tracy 6372 2733

StMarys & district emergency & business contacts

FIRE 000

6372 2341

SEAVIEW FARM (GERMANTOWN)

CRIMESTOPPERS 1 800 333 000 AMBULANCE 000 NON EMG. 1800 008 008

| CRIMESTOPPERS 1 800 333 | | | |
|---|-------------------------|--|---|
| POLICE 000 | | MUNITY HEALTH CENTRE 6372 | |
| NON URGENT 131 444 | | TOR 6372 2111 | (FLOOD & STORM ONLY) |
| POLICE ST MARYS 6372 10 | IIO BEN | LOMOND WATER AND SEWERAG | GE 13 6992 AURORA 13 20 04 EMG. |
| ACCOMMODATION | | COMMUNICATIONS | MUSEUM |
| ADDLESTONE HOUSE B&B | 6372 2783 | DAVID MORRIS 0402 969 393 6372 27 | |
| 19 GRAY RD ST MARYS WWW.ADDLESTONEHOL | | (david@delafrontera.com.au) | (MAIN ST ST MARYS) |
| * * | 39 265 363 6372 2128 | (INSTALLATION & SERVICE TECHNICIAN) | NEWSAGENCY |
| MARITON HOUSE B&B + HORSE RIDING | 0372 2126 | CONFECTIONARY | ST MARYS NEWSAGENCY 6372 2143 |
| I IIUSITOWN ROAD ST MARYS | 6372 2059 | MT ELEPHANY FUDGE (7 STORY ST ST MARYS) | (STORY ST ST MARYS) |
| RAINBOW RETREAT (LOT 1 OFF CILLIES RO | | (PROPRIETOR LIZ DEAN) 6372 20 | (6) (6) |
| , | 6372 2168 6372 2341 | COMMUNITY CAR 0428 308 6 | OTTER TO CHOS CENTRE |
| | 6372 2181 | DRAFTSMAN | ST MARYS ONLINE CENTRE 6372 2005 |
| (48 MAIN ST ST MARYS) | | BUILDING DESIGN STUDIO 6372 2 (56a MAIN ST ST MARYS) | (|
| ARTS & CRAFTS | | ELECTRICIANS | ORGANIC VEGETABLES |
| BLUEBERRY COTTAGE (OPEN GARDEN & (ELEPHANT PASS) | CRAFTS) 6372 2755 | ST HELENS ELECTRICAL 6372 5 | JACK FOREMAN (7 STORY ST ST MARYS) 6372 2034 |
| dave@blueberrycottage.com.au | 0312 2133 | 0407 615 0 | |
| GONE RUSTIC STUDIO & GALLERY | 6372 2724 | ELECTRICAL & COMPUTER | ERIC BEAN SEC. 6372 2136 |
| (37 MAIN ST ST MARYS) | | GAZZMAN'S BETTA ELECTRICAL (ST HELEN | |
| GRASSY BOTTOM REGIONAL ARTS | | INCL. FURNITURE, BEDS, MANCHESTER FLC COVERINGS. HOME WARES Fax: 6376 2159 | OR MLN ENTERPRISE PAINTING 0439 722 718 RAY ROSSKELLY 6372 2218 |
| (CONTACT ANY MEMBER) ART SUPPLIES | | (gazzmans@bettastores.com,au) 6376 2 | |
| | 8 725 228 | , | ST MARYS PHARMACY 6372 2844 |
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| | 6372 2287 | RANSLEYS HOME APPLIANCES 6372 5 (SCAMANDER) 0428 761 | PLINIKERS |
| (LOT 1 GARDINERS CREEK ROAD) AUSTRALIA POST | | RICK ENGINEERING (MAIN ST ST MARYS) 6372 2 | 160 PJ&HK CHILD 6372 5378 |
| | 5372 2124 | FUNERAL DIRECTORS | R G & R I HARWOOD 6372 2445 |
| (MAIN ST ST MARYS) | 5572 2124 | HARRIS FUNERALS (ST HELENS) 6376 1 | PROOF READER |
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| | 5372 2512 | ST MARYS SPORTS CENTRE INC 6372 21 | CECCNETIAND DE LE EDG C |
| UPPER SCAMANDER KENNELS AND | (0.50 5155 | INSURANCE BROKERS | COLLECTABLES |
| | 6372 5157 6376 2131 | MCKILLOP INSURANCE (LYN) 0400 984 | |
| · · · | | JUSTICES OF THE PEACE | (CNR LENNOX & ALEXANDER ST CORNWALL) |
| BREAK O'DAY COUNCIL | | K FAULKNER 6372 2 | 96 SECONDHAND ROSE (AH) 6372 2267 |
| | 5376 7900 | H VELDUMS 6372 2 | 24 SEPTIC TANK CLEANERS |
| BREAK O'DAY BUSINESS | i | HAIR DRESSER | SPLASH ST MARYS 0488 777 713 |
| ENTERPRISE CENTRE | | DESIGNER HAIR (MAIN ST ST MARYS) 6372 2 | 08 SCHOOLS |
| BEC SHOP 1/34 QUAIL ST ST HELENS | | HEALTH FOODS | ST MARYS DISTRICT HIGH SCHOOL 6372 3900 (GRAY ROAD ST MARYS) |
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| | 5372 2274 | HORTICULTURIST | SCAMANDER BEACH SURF SHOP 6372 5529 |
| CABLE LOCATIONS | | PETER DANE (QUALIFIED HIRTICULTURIST) 6372 20 | (6 LAGOON ESPLANADE SCAMANDER) BAY SURF SHOP (2 PENDRIGH PLACE ST HELENS) 6376 1755 |
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| GROUNG POWER CABLES ETC. | | ST MARYS HOTEL (MAIN ST ST MARYS) 6372 2: | EAST COAST PHONE & COMMUNICATIONS |
| | 8 059 521 | JAM (JESUS & ME) M NORTON 6372 20 | 99 (JOHN HERON) (DIGITAL TV & SET TOP BOXES) 0409 959 121 6372 2402 |
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| 6372 2973 / 0417 | | ST MARYS LIBRARY 6372 21 (MAIN ST ST MARYS) | 14 SERVICE TECHNICHIAN MOB: 0402 969 393 Ph: 6372 2743 |
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| ST MARYS CHILD CARE CENTRE | 5372 2187 | (LOCATED AT ST MARYS COMMUNITY HEALTH CENTRE) | WATER CARRIERS |
| CHURCHES | | MARRIAGE CELEBRANTS | CDI A CH CT MAD VC 0400 777 712 |
| | 6376 1144 | PETER POWER (peterpowercelebrant@gmail.com 0417 017 1 | y HIOONIJONI GIII N |
| | 6372 2252 | TERESE TANNER 0400 512 845 6372 57 | · · · · · · · · · · · · · · |
| | 6376 2405 6372 2099 | MEALS ON WHEELS 0488 384 3 | WIDE CDAN CUEDO |
| CLOTHING | 0314 4077 | MECHANICS | YOGA |
| | 5372 2211 | MICHAEL AULICH (MECHANICAL & WELDING REPA | STALLBYS VOOL DOOL |
| | 6372 2684 | & GENERAL STEEL & ALUMINIUM FABRICATION. | (7STORY ST ST MARYS)TEACHER JACK FOREMAN |
| | | 209 IRISHTOWN ROAD MOB: 0417 507 239 6372 29 GRANT FAULKNER (CALTEX ST MARYS) 6372 23 | e TOOTH HOSTEL |
| | | CHARLEST TO CHARLES (CALLES & MARGO) 03/2/23 | 33 SEAVIEW FARM (GERMANICONAL) 6272 2241 |





APRIL / MAY 2010

| (Mein | Tue | W/ed | Tribiti | ([1]) |
|---------|----------------------|---------|---|----------------------------|
| 3 May | 4 May Cross Country | 5 May | 6 May □ AGFEST | 7 May |
| I 0 May | II May R NAPLAN | I 2 May | I3 May | 14 May |
| 17 May | 18 May | I 9 May | 20 May R Next Issue of School Newsletter due out. | 21 May — K-10 Performance |

St Marys District High School Association News

St Marys District High School Association Inc.

The association's Annual General Meeting was held on the 30th March. Thank you to everyone who attended and our appreciation goes to those outgoing committee members for all their work in 2009. A new committee was formed with the following members:

President: Tanya Greenwood Vice President: Ros Smith Treasurer: Murray Bennett Secretary: Jacqui Lockwood Public Officer: Brian Shepheard committee members: Sandra Cook

Sandra Cook Rachel Woods Danyelle Briggs Richard Gee Fiona Lowe Louise Williams Mary Broadhurst Tracy McDonald

It was great to see new faces at our AGM and all were interested in sharing their experiences, ideas and suggestions to improve learning outcomes for all students. This year will see a number of issues discussed including: the school budget, the fitting out of the new class rooms in the primary area, the pool enclosure project, federation with Fingal Primary moving ahead into areas of identity and funding, and encouraging closer ties between home and school.

If you would like to have input into any ideas them please discuss with any of the committee members or come along to a meeting – remember all families with children attending the school are automatically members of the School Association.

Next meeting 18th May, 7pm Staff room look forward to seeing you there

Fanya Greenwood



At St Marys School every Wednesday and Thursday

For appointments please call

6372 2488



and for any Dental Emergencies when the dental van is closed please call the St Helens Dental Clinic, St Helens on 63765208 or the Northern Dental Centre, Launceston on 63364100.



Inter High Swimming Carnival 2010

On Wednesday the 31st March, an eager of group of students from St Marys travelled to Launceston to participate in the Divison 1 Interhigh Swimming carnival. St Mays were competing against schools such as Riverside, Prospect, Exeter. Scottstale and

Everyone was keen to get into the new pool at the Launceston Aquatic centre and to sit comfortably in the warm and cosy environment...compared to the other years!! The medley and freestyle relays were first. The grade 10 girls did a fantastic job and carne 3rd while the boys came 4th

Some major highlights of the day included;

- Jacob Splisbury coming 2nd in the 50m backstroke,
- Shari Donald and Josh Male coming 2nd in the 50m butterfly,
- Kai Glasser receiving 2nd place in the 50m freestyle

The most amusing highlight was Holly Stephens diving into the pool and starting freestyle instead of breast stroke.

At the end of the day, the junior team came 3rd while the senior team came 4th. Overall, St Marys came 4th missing out on 3th by only 2 points!! Our goal for the day was to finish 5th in order to remain in division one. Our small school exceeded all expectations for the day by achieving these outstanding results. Well done to all the participants who swum in extra events (ie: butterfly) for the good of the team. finish 5th

After an exhausting day, with some students completing in 6 or more racing events, they were rewarded with a healthy meal of Macca's or KFC. Darren Calow (the bus driver) was so impressed with the achievement that he bought everyone an ice cream. The annual award (Elizabeth Death award for tenacity) for the best swimmer's of the meet went to Shari Donald and Josh Male. The trophy will be presented by Mrs Death in the next assembly.





ENE combined summing carnival

Scottsdale pool- Monday 29th March 2010

Jeffrey Marland

6 Boys 6 Girls

On Monday 29th March 2010, an East North East representative team travelled to Scottsdale swimming pool to compete in the combined swimming camival for 2010. The team included swimmers from St Marys, Fingal, Bickeno and St Helens schools and were chosen to represent the East Coast based on their performances in the ENE camival held at St Marys pool on the 25th March.

Swirtmers from grades 3.4,5 and 6 swum in freestyle, backstroke, breaststroke and relay events against competitors from the North East association. Outstanding performances came from: Jeffrey Marland (gr 3 boys), Chloe McCann (Gr 3 girls), Paris Pribil (Gr 3 girls),Ned Napier (gr 3 boys), Henry Napier (Gr 4 boys), Lachlan Gee(Gr 4 boys), Georgia Hodge(Gr 4 girls), Larra Wright(Gr 5 girls)and Monique Polden (Gr 5 girls).

East coast swimmers were really competitive in this event and came away with lots of first places for the meet. Thank you to all the parents who supported this event and travelled a long way to cheer on our team of swimmers



Grace Ennis

MARYS DISTRICT HIGH SCHOOL 13 Gray Road, St Marys, TAS, 7215. Phone: 6372 3900 Fax: 6372 2543 Email: st.marys.district.high@education.tas.gov.au

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Mon 3rd May—Fri 7th May Dr Jenny Conway Mon 10th May—Friday 21st May Dr S. Phonesouk

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011
AMBULANCE 1800 008 008 or
EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111 BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre

GP Surgery Hours: Monday—Friday 8:50am-12:30pm 12:30pm-1:30pm LUNCH

PATHOLOGY SERVICE

No Pathology Service between 12:00-1:30pm or before 8:30am daily.

If you require Pathology **before 8:30am** an appointment **must** be made with the Nurses Station **the day/night before**.

INR TESTS

A doctor's appointment is required if you are having an INR test. Please let reception staff know when making your appointment that you are having an INR test. This is a 5 minute doctor consult.

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends, ensure you have enough medications in advance. PLEASE BE PATIENT waiting periods can apply.

DON at theCommunity Health Centre

The St Marys Community Health Centre would like to welcome our newly appointed DON (Director Of Nursing) Yvonne Webber. Yvonne commenced the position as of Tuesday 4th May 2010.

We would also like to thank Veronica Zupan for her time as Acting DON of the Centre her support within the Centre has been wonderful and we wish her all the best on her return to Launceston.

Yvonne will be taking on the permanent DON position at the Centre from Karen O'Shea.

FLU VACCINES ARE NOW AVAILABLE
Please phone the Centre on 6372 211 for an appointment.

WHAT'S ON AT THE CENTRE

5th May Day Centre- For details on the group please contact Hayley Gilbert on 6372 9512

Women's Health Clinic Dr Reeckman. For appointments phone 6372 2111

6th May

Continence Nurse- Heather. For appointments please see your GP or Health professional for a referral.

Community Kitchen— 10am in the Day Room. For details please call the Healthy Community House on 6376 5242

7th May Diabetes Educator (GP North) - Appointments available by referral from your GP

Dietician (GP North) - Appointments available by referral from your GP

Exercise Physiotherapist (GP North) - Appointments available by referral from your GP

10th May Social Work- Helen Jennings. Please phone 6372 2111 for appointments

11th May Child Health Session with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381

Social Work- Helen Jennings. Please phone 6372 2111 for appointments.

Family Food Patch- 9:30am- 2:30pm in the Day Room

12th May Day Centre- For details on the group please contact Hayley Gilbert on 6372 9512

Psychologist— Dohertay. Appointments available by referral from your GP.

Social Work- Helen Jennings. Please phone 6372 2111 for appointments

Lightfoot Podiatry. For appointments please phone 6331 9568

13th May Eyelines. For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare

Community Kitchen- 10am in the Day Room. For details please call the Healthy Community House on 6376 5242

17th May Social Work- Helen Jennings. Please phone 6372 2111 for appointments

TLC Meeting 10am in the Day Room

Child Health Session with Sue Gofton every Tuesday— Appointments only. Please phone 0428 136 381

Social Work- Helen Jennings. Please phone 6372 2111 for appointments

Tom Bain, Rae & Partners Lawyers- At the Community Health Centre Tuesday fortnights. For appointments please phone 6337 5555.

MOW Meeting 2pm in the Day Room.

Information of this page was supplied by: St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

18th May

Fingal Primary School News



ANZAG Day











Bridgette Burns and Daniel Bishop.







Joel Cox and Jorgia Woods.

Calendar of Events - May

| 3rd | 4th K-Gr6 Cross Country at St Marys 9.00-11.00a.m. BER Recognition Ceremony 12.00p.m. | 5th | 6th Country Gold 1st Sports Afternoon | 7th Launching into Learning 10.00- 11.30 a.m. |
|------|---|------|---|---|
| 10th | 11th | 12th | 13th | 14th Launching into Learning 10.00- 11.30 a.m. |

St Marys Sports Centre Inc. news Kackhander.

Over the past couple of weeks golf has been steadily rolling on. Haven't got any scores this time around but I know the last two Saturdays have seen okay fields taking part, which is good news.

Next Saturday is an Ambrose event and the weekend after that is the Harold and Tom Newman Memorial Trophy. Hope there's a few there for both of these events.

Col Payne and the crew have organised a very interesting set of events for 2010 but there is still plenty of room for more. A couple of pretty exciting sponsored days are in the wind too. These are great money spinners for the club.

Don't forget that the Bowls AGM is coming up on May 14th and the Annual Club Dinner is set down for the 22nd of May. Will be a great night for those attending. Please RSVP as soon as possible.

We will be trialing an Indoor Bowls comp fairly soon too so keep a look out for that. Should be fun.

Any way, until next time, good hitting and rolling.

 \mathbf{AGM} MAY 14, 2010. USUAL TIME,

ST MARYS SPORTS CENTRE INC.

SEE YOU THERE.

USUAL PLACE.

ST MARYS SPORTS CENTRE INC. GOLF AND BOWLS ANNUAL CLUB DINNER SATURDAY MAY 24, 2010 6PM

RSVP EARLY FOR **CATERING PURPOSES**

South Sister Walk and Talk

Hosted by: Ashley Mason/local expert

When: Sunday 16th May 2010 .

Where: South Sister

Time: 9.30am -12.00 midday

Come and join the Understorey Network on a Field Trip (Walk and Talk) at the South Sister, run by Ashley Mason, a local expert. The walk focuses on the unique biodiversity of the area including healthy Wet/Dry Scierophyll Forest with pockets of Temperate Rainforest including sub alpines around the summit (831m). The area is rich in natural history, with flora and fauna dating back to ancient times including the threatened Blind Velvet Worm.

Morning Tea provided

FREE BUS: Leaves St Marys Hall at 9am returning at 12.30pm.

RSVP: Alison Hugo 0448 383 681





CARING





38 Main Street St Marys Phone/Fax 6372 2240 - Butcher Ph: 6372 2274 Mon - Fri 8am – 6pm Sat 8am 12 noon

This week's specials. From the butchery

| '_F |
|-----------|
| \$17.99kg |
| \$ 8.99kg |
| \$ 9.99kg |
| \$10.99kg |
| \$ 8.99kg |
| |

Instore specials

| f | |
|---|--------|
| CSR white sugar 2kg | \$2.99 |
| Cadbury family block chocolate 175-220g | \$2.99 |
| Soph dishwashing liquid 1lt | \$1.79 |
| Tarax soft drink 2lt | \$1.59 |
| SPC canned fruit 825g | \$2.99 |

Fresh fruit and vegies

| Strawberries (punnet) | \$3,49 |
|------------------------------|----------|
| New season navel oranges 3kg | \$4.69 |
| Brussel sprouts | \$3.95kg |
| Mandarins | \$2.95kg |
| Brushed potatoes 2.5kg | \$3.59 |
| Apples 2kg | \$2.95 |

Next week's specials. From the butchery

| Rump steak | \$12.99kg |
|-----------------------|-----------|
| Regular mince | \$ 8.99kg |
| East carve lamb roast | \$15.99kg |
| Bacon bones | \$ 5.99kg |
| Marinated beef kebabs | \$ 1.25ea |
| | |

| Instore specials | | |
|----------------------------------|--------|--|
| Trix dishwashing liquid 1 lt | \$1.99 | |
| Fab Ultra laundry powder 500g | \$1.99 | |
| Rosella tomato soup 500g | \$1.75 | |
| Basco gluten-free bread mix 375g | \$3.99 | |
| Pedigree canned dog food 1.2kg | \$2.99 | |
| | | |

| rom the D | Peli |
|--------------|-----------|
| Virginia ham | \$12.99kg |
| Middle bacon | \$13.99kg |
| Cabana | \$ 9.99kg |
| Devon | \$ 5.99kg |
| I . | |

NOW AVAILABLE

PLUCKED MUTTON BIRDS

\$15.90 PACK OF 2.