



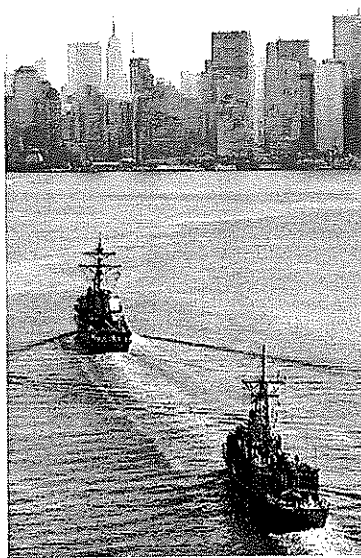
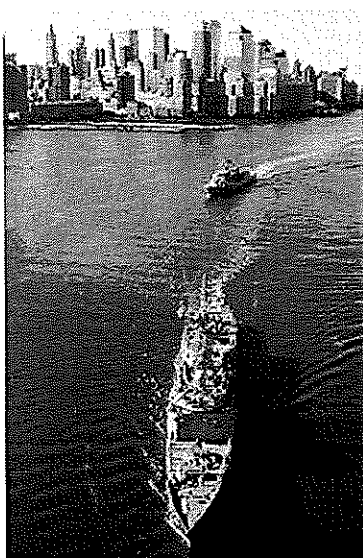
## COINCIDENCE

Talk about coincidence! Jake Veldums (son of Harry & Kerry at the Post Office, and pictured right, in front of the Statue of Liberty) is in the Navy and currently posted on HMAS Ballarat which is half-way through a six-month goodwill tour around the world (in company with HMAS Sydney). People may have seen the recent news item with video of HMAS Sydney and Ballarat sailing up the Hudson River into New York.

Kerry and Harry had heard from Jake a couple of days before arriving in New York at which time Jake mentioned that there was to be a rotation of about 20 crew to/from Australia to provide new recruits with the experience of a sea journey. Needless to say Jake was, two days later, extremely surprised to see Michael Dawson, a native of St Marys, piped on-board after a four day flight from Australia on an RAAF Hercules aircraft.

Michael joined the navy in the intake immediately prior to Jake and while they wouldn't have known each other all that well, what a remarkable coincidence it is for a Navy ship on the other side of the world with a crew of 177 to have two young men from St Marys on board.

After visiting New York, HMAS Ballarat will sail to Baltimore, down to Trinidad-Tobago, through the Panama Canal and back up to San Diego then home to Sydney via Hawaii, Japan and the Philippines. A remarkable experience for two lads from St Marys.



**Please note:** Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday August 11, 2009.  
**email address:** [judith.spilsbury@bigpond.com](mailto:judith.spilsbury@bigpond.com)

## Community news

**St Marys Hospital Auxilliary** wishes to advise that no meeting will be held for the month of **July**. The next scheduled meeting will be **Mon, August 3, 2pm, at St Marys Community Health Centre**.

**The Break O'Day Woodcraft Guild Inc.** meets the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

**Grassy Bottom Regional Arts** General meeting time and place has changed **Please note** that until this years Winter Solstice, general meetings will be held each Thursday morning at 9am at eScape Cafe. Come have a cuppa in a warm and comfortable place and join the fun.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

**St Marys Ladies Midweek Tennis** 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

**St Marys Playgroup** meets each Thursday at 10.30am at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. **Contact Danyelle Briggs:**

**WOMBAT WALK LANDSCAPING GROUP** meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

**Break O'Day Wine & Food Appreciation Society** meets once a month on the last Sunday.  
**Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.**

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

**St. Patricks Head & Esk Valley Historical Society** meets on the third Sunday of every month, except December, at St. Marys Online Access Centre at 2.30 pm. Meetings are informal and fun and new members are needed. Please contact **Barry Aulich** on **6372 5752** or **Jim Haas** on **6372 2127.**

**The Falmouth Community** centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on **03 6372 5604.**

**Suncoast Singers** meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

**St. Helens Al-Anon Family Group** Meeting: St. Pauls Anglican Church Hall - every Sunday 2pm Contacts: **Ann, John 6376 3270 or Rose 6376 3335.**

### NEWS FROM GONE RUSTIC

**Just in** - more hair keeper sets from Berylicious, scrapbooking essentials (tags, letters, paper sets and more), and hand drawn paper art dolls.

Gone Rustic makes every effort to support Australian artists and artisans, especially from Tasmania, and locally where possible.

Exhibitions, handmade gifts and décor, craft, art, cards and more!

**Here until 7<sup>th</sup> August** - challenge quilts from NSW on the theme *Looking Forward Looking Back*, including a clever textile mosaic portrait of Slim dusty.

**Journal quilts** - a selection of these small textile artworks are on display until September. These have been made by art quilters from all over Australia and New Zealand.

**10 % off everything discount night** - first Wednesday of each month, during Rustic Ragamuffins. Members only (want to join? It's only \$15 per year ...)

**Coming soon** - designer fabrics based on Rita's original drawings.

**Win enough quilt blocks to make a quilt!** Join *Rustic Ragamuffins* to enter each month. All you have to do is *rise to the challenge* - the *block challenge* that is. Participants are given a *small kit to get started*, but the rest is up to each individual. Finish the block, put your name in the hat, and *you could win all the blocks!* We have had two winners so far ... Next block challenge *begins this week*, so call in to Gone Rustic today and find out more so you can have a chance to win.

**Free quilt block patterns** - available to *anyone* who drops in to Gone Rustic ... just ask!

**Rustic Ragamuffins** - every *Wednesday, 7-9*. Bring your *current stitching project* and enjoy chat, friendship and laughs! \$5 per night - includes *tea, coffee and home-made cake.*

**Quilting Bee** - once a month, as part of Rustic Ragamuffins. An opportunity to help to make quilts for those in need. *Next one 26<sup>th</sup> August ...* Please bring your *sewing supplies.*

#### PROUD PARTICIPANT IN THE EXAMINER'S SHOP LOCALLY CAMPAIGN

**Rita & Ian Summers**

**Gone Rustic Studio & Gallery**

**37 Main Street, St. Marys 7215**

Phone - 03 6372 2724 (BH)

0417 027 424 (Rita) or 0417 648 845 (Ian)

Web - [www.myspace.com/gonerustic](http://www.myspace.com/gonerustic)

Online Shops -

[www.gonerustic.etsy.com](http://www.gonerustic.etsy.com)

[www.gallery37.com](http://www.gallery37.com)

**Swap n Go gas cylinders** available from Gone Rustic, 37 Main Street, St. Marys. Phone 6372 2724 (BH), 0417 027 424 (Rita) or 0417 648 845 (Ian).

**Looking for your dream home/shed/garage/stables,** etc. at very *affordable* prices? Want a *free* catalogue and *no-obligation* quote? Then call in to Gone Rustic, 37 Main Street, St. Marys. To phone, call 03 6372 2724 (BH), 0417 027 424 (Rita) or 0417 648 845 (Ian).

## Classifieds

### For sale

**1987 Ford Telstra Ghia.** New battery. Reg until June 2010. \$1800. Ph: 6374 2232.

**Small seed drill.** \$150. Ph: 6374 2219.

**34cm Sanyo TV and Tedelex DVD player.** Good condition. \$60 for both. Contact Karen Polden. Ph: 6372 2438 or 0439 333 398.

**Maytag toploader washing machine.** \$100.

**Saxon woodheater.** \$100

**Volvo 440 '95.** \$1500. ono. Ph: 6375 1540.

**Garden mulch,** in big round bales. (wheat straw, weed free) \$70 a bale, delivered free. Ph: 0407 944 158.

**Subaru Brumby '89** dual range, bull bar, UHF, CD player, good tyres, 136k, very good condition. \$6,200.

**'02 VX Commodore,** auto, mags, April '10 rego, very good cond. \$8,200. **Stock hurdles** to suit 8' x 6' flat tray. Near new. \$500. **Wrecking '93 Hilux** 4 x 2. **Forklift tyres.** 5.00 x 8.00 8 PR, 6.50 x 10.00 10 PR.

Ph: 6372 2465 or 0419 518 533.

**Ab Revolutionizer** floor exercise machine for abdominal toning. Complete with workout video and instructions. Ex cond. Unwanted gift. \$25. Ph: 6372 2214.

**Bosch gas hot water service,** good working order, instant heat. Suitable for house or shack. \$295.00 Ph: 6377 1216.

**1995 4 x 4 Toyota flat tray.** 12 mths rego, new battery, good tyres - Sunrasia wheels. A/C - P/S Very reliable. \$7,300. ono. Ph: 6372 5445.

**Steel electricity supply pole** 100 x 100mm square with meter box, earth rod and insulators. \$500. Ph: 6372 2388.

**Free gas stove** in working order

**Free shower recess base,** never used

**Timber window frames with glass,** various sizes \$10. each. **Timber interior doors** with door jambs \$10.

Ph: 0428 725 228.

**1990 Mitsubishi Lancer GLX,** 5 speed manual, power steering, CD player, rego 8/09, recon motor, excwllwnt fuel economy, great condition, well looked after. \$2,200. ono Ph: 0409 778 725/ 6372 2443.

**Frozen blueberries** -this season's - \$12 kilo. 2 or more kilos, \$10.50 per kilo. Ph: 6372 2341.

### Homebrew supplies

Beer and spirit making supplies. All your kits, yeasts, essences and equipment available. Free local delivery in St Marys and district. Ph: 6372 2540.

**125cc Thumpstar Terra-Moto Motor bike.** As new. Paid \$3000. Sell for \$1400.

**Eze-Go Golf cart.** New batteries, ex. Condition. \$3,200. Ph: 0419 511 635.

### AGM

**Grassy Bottom Regional Arts  
Annual General Meeting**

will be held at St Marys Hall Supper Room on Monday 3rd August at 5pm. All are welcome.

### GIVE-AWAY

**FANTAIL PIGEONS. PH: CHARLIE 6372 2425**

### WANTED

**Double Bed & Mattress** in good order.  
Ph: 6372 2762.

### WANTED

Pottery wheels for art classes.  
Phone Big Shed Studios, 0428 725 228.

### WANTED

a person or persons who would like  
FREE accommodation for the week of  
21st September to the 28th of September, 2009.  
The only thing you need to do is look after our two old  
dogs, (well trained) who are just happy with food,  
an occasional walk and a pat  
We need you to be responsible, love animals  
and to meet you before hand.  
Call us on 6372 2540.

**Children's heavy duty material indoor playhouse tent.**  
"Bazoongi" brand. Great birthday or Xmas gift. As new. \$30.

Contact: Karen Polden: Ph: 6372 2438 or 0439 333 398.

**TV cabinet,** black \$150. **DVD player** (Panasonic) \$150.  
**VCR** (Sharp) \$100. Ph: 6372 2513.

**1983 Toyota Hiace van.** Low kms on engine, good tyres, brakes, bull bar. Rego to 11.7.09. Removable bed & cupboards in back. \$1200. Ph: 6372 2417 / 0438 873 789.

**Toyota Landcruiser ute** 1993 6 cyl 4.2 diesel near new BFG MT tyres, racks to carry 6m loads. 157,000km Rego Nov. \$13,500. Ph: 0418 680 799.

**Straw Bales** for sale, \$8 each. Ph: 6376 2131.

**Tractor slashing available.** Fire wood. 1, 2, & 3 tonne loads Ph: 0407 944 158.

**"Moo-Poo".** Finely screened. Any amounts. See Norm. Ph: 6372 2380.

**Yamaha WR 250** motor bike. Reg. Under 800kms. \$8,500. Ph: 0407 431 191.

**1989 Ford Laser hatchback.** 175,000 kms, reg. Dec '09. Ex. con. \$2,750. ono. Ph: 0407 725 722.

**Grassy Bottom Singers** are seeking new members for their choir - they meet every Thursday at 6pm at the yoga room (next to the Purple Possum) in Storey St, St Marys. For more information call Leissa on 6372 2686 or 0408 208 658."

**Mt Elephant Pancakes**  
will be closed from  
August 3rd and reopening August 13th.

## "The Ghosts of Garth"

Story: Jim Haas. Photos: Peter Troode

On Sunday July the 19<sup>th</sup> over thirty adults and children, led by members of the St Patricks Head & Esk Valley Historical Society, visited one of the most noted haunted houses in Tasmania. The building was once a solid, two storey, sandstone house perched on a hill overlooking the South Esk River between Avoca and Fingal. The original name of the property on which the house stood was "Garth", but has since been incorporated into Scott and Jan Marshall's "Rostrevor".

Time has reduced the old house to a mere ruin today, but apparently, the darkness of night still brings out some strange happenings. So much so that many a person in search of the "Ghosts of Garth" has fled the ruins long before the safety of the dawn light.

Legend has it that "Garth" was granted to a young unknown Englishman around 1830. Leaving his fiancée in England he came to Van Diemens Land

and with his allotted crew of convicts began to build a two storey, sandstone house. It had a shingle roof, large rooms, servant's quarters, courtyard and was approached by a gently curved driveway lined with imported English trees.

When the house was almost complete the young man sailed back home. He was full of excitement and anticipation when he set foot back on English soil. He could finally marry and take his bride back to his beautiful new home at "Garth". But alas, the love of his life had found the long wait too much and married another.

Devastated, the young man returned immediately to "Garth", but on arrival the disappointment of not being joined by his bride was too much and he cut his own throat in the courtyard.

Around that time a Scotsman, by the name of Charles Peters, was granted 320 acres of land adjacent to "Garth" and it appears in the mid 1830s he took over the property and moved into the homestead. This was soon to have sad consequences for the Peters family, too. The story goes that on the 20<sup>th</sup> September 1840, Ann, a spirited two year old daughter of Charles Peters, ran away from her convict nanny and fell down a deep well which had been dug only yards from the house. In desperation, the nanny tried to save the girl, but she too fell to her death at the bottom of the well.

There is no conclusive evidence as to whether this story is true or not. It has, however, along with a number of variations, stood the test of time, even though the inquest into Ann Peter's death states she died from burns caused by her clothes catching fire. The small grave and headstone, situated in the bush some four hundred metres from the old ruins, bares evidence of her death, but gives us no clue to the real cause.

Charles and Susan Peters left "Garth" in 1845 and built the Talbot Arms Hotel in Fingal, which is now the Historic Fingal Hotel. The running of "Garth" was left to their oldest son James, who remained there until the house was leased to James Grant Junior of Tullochgorum in 1851. But only a short time after he moved in with his new wife Charlotte, the

building was badly damaged by fire. The Grants then moved into a house on the neighbouring "Melrose" property.

Another of Charles Peter's sons, Thomas, then moved into "Garth", but no sooner had he restored the house from the fire damage when fire struck again in 1866. Thomas was a determined man, it seems, he once again repaired the house and remained there until 1880, when he handed the running over to his younger brother David. Sometime later David leased the property to a Mr McKenzie, who it appears was the last resident of the "Garth" house.

The Peters family sold "Garth" to J. M. Davies in 1922 and it passed into the Marshall family in 1959 where it remains today.

In daylight the old ruins is a tranquil place with stunning views of the South Esk River and Fingal Valley. They also display a perfect example of how hard our early settlers worked in primitive



*Lois Hayes, nee Peters, and grandson Josh, who are descendents of Charles Peters, examine the grave of Ann Peters.*



*A few members of the Field Trip enjoy a break amongst the old "Garth" ruins.*

times to build their homes. One can only but wonder why the mournful moans of the jilted young Englishman and the terrifying screams of Ann Peters and her convict nanny can still be heard by so many who are brave enough to visit when darkness closes in on this breathtaking part of our valley.

*(More photos of this outing further in this issue)*

## Letters to the Editor

Vol. 42, No. 4, 2009

Dear Sir

### **People In Power and the Health of the Real People**

During the last three years St Marys Hospital has seen a succession of doctors on short term contracts; actually this is misleading because they are termed "*Locum*" or in other words "*Fill in*". Would a series of locums cost more than either a permanent or long term contract?

Well people of StMarys, we are being well and truly "*Filled in*".

Whilst the healthy have no problem seeing a new face at every visit, there are those of us who are in different circumstances and require a definite continuity of treatment. We cannot get this while **People in Power** keep changing our doctors.

It is with ignorance and stupidity that these **People in Power**, procrastinate over a decision for years. These foolish megalomaniacs postpone decisions, whilst Real people suffer at the hand of this ineffective, irresponsible and dangerous method of providing our Health Care.

**People in Power**, *continuity of care* is part of an Hospital's charter, you are denying it to us and if someone dies because of the lack of stability of care due to changing medical opinion, the blame will lie firmly at your feet. {Different Doctor, different drug, different opinion, different treatment!}

Some one in power needs to act in a manner responsible and give us assured continuity.

We feel dreadfully belittled by the authority that tells our doctors, "*But this new Doctor really really really wants to come to StMarys*", when they haven't got the intestinal fortitude to say that they are unable to give a guarantee as the bloody hospital might close and then they might be stuck with paying the doctor's "Two Year" contract out!

**It is time, People in Power, for you to listen to the people you seem to despise and give us the ongoing care we deserve.**

Mike. (Name supplied. via email)

Dear Editor of the Valley Voice..

How nice it was to receive the Break O'Day Council newsletter SUNRISE..

How pleasant it was to read the item titled ST MARYS MAIN STREET MAKEOVER PROJECT.

Surely the title should have been "1/2 Main Street Make-over Project".

The 'story' missed some detail the effect of this work, which took over FIVE MONTHS to complete, had on the business on this side of the street.

Having parking discouraged with warning/danger cones and tape plus signs saying "use other footpath" had a detrimental effect, to be polite.

For three days access was denied completely, making it pointless opening at all.

Luckily for the businesses on the sunnyside of the street it appears it was only ever going to be a 1/2 street makeover..

But be warned if they do find the cash to do your side. And DEMAND they give your customers access..

Regards,

Rod Corfe (via email)

have a great day...e.ScApe

---

Letter to editor

A big thank you to Sally Spilsbury, Dave Mallett and Peter Troode our volunteer ambulance officers.

They attended to one of our members with not only a professional manner, but displayed compassion and empathy. Which is a large part of the healing process.

Many thanks,

Break O'Day Woodcraft Guild.

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Letter to the Editor

For some years past there have been signs erected by DIER , along the Esk Main Road between Millbrook and Killymoon ,warning against unauthorised maintenance of the road, contrary to the volunteer spirit of our local community which seeks nothing more of a Sunday afternoon than a spot of road maintenance along the valley. Recent reference to the Hobart Town Gazette of July 19, 1817, which is now the only activity permitted on a Sunday, shows that such prohibition is of long standing in Tasmania. A PUBLIC NOTICE advises" *In pursuance of the Authority vested in me by the Government and General Orders of 17th May last, I hereby caution all Persons from making any alterations to the highways and foot-paths of the streets of Hobart,by removing or carrying away Earth therefrom,without previously obtaining my sanction, on pain of the penalty which willtherefore ensue A W H Humphrey*". It is tempting to believe that the sanction would probably have been to be put to work on the road gang.

Said Humphrey, not the one of "Yes Minister" repute, was at one stage commemorated by "Humphrey's Water Hole" but ,in due course, this name was replaced by "Willis's Corner", shortened to "Willy's Corner", then "Corners" before it finally morphed into Conara. It is good to know that his achievements live on by public notices ensuring that no unauthorised maintenance of our roads is undertaken. David Clement, St Marys.

*Letters continued on page 17*



- 3 Bedroom home & Old General Store
- **for sale in Mathinna**
- Priced at \$119,000, opportunity knocks!
- Character building on 1011ms block
- Many original features.

**Call today to inspect**  
**Roly Chugg (mobile no: 0438 911 746)**  
**ROBERTS REAL ESTATE**  
18 Marlborough St, Longford





## Ironhouse Master Class

We will be hosting the Ironhouse Master Class At White Sands Restaurant on Friday the 21st of August 2009  
Commencing at 6.30pm with canapés and matching International beers,  
followed by a 4 course menu matched with Ironhouse beers.

Experience first hand the joy of beer and food matching!

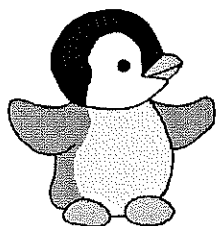
Learn from Michael and Glen how best to enjoy your beer by what it is accompanied with  
and how to care for your beer by being aware of its quality, glassware and environmental factors.

Enjoy a fun and informative evening that mixes exceptional food, beer and company!

Why not stay the night and make the most of our 15% discount off deluxe units!

Plus don't Miss out because of the kids- bring them along and we will care for them in our Kids Club  
for only \$15 includes dinner and fun activities.

Book your table now by calling 03 6372 2228. \$85 per person includes beers and meal.  
Beer alternatives also available on special request. RSVP by the 17th of August 2009.



## Vacation Care at Bicheno

### for September School Holidays

Bookings are now open for this  
fun filled program for

5 to 12 year olds

8.00am - 5.30pm

(from Thurs 10th - Wed 16th Sept)

for enquiries contact

Northern Children's Network

on 6341 1555

or email [enquiries@ncn.org.au](mailto:enquiries@ncn.org.au)

★★ Bookings need to be  
received by August 17th★★

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## Ransley's Appliance Service

P O Box 136

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- Washing machine NOISY?
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Mobile: 0428 761 811

**St Marys Pharmacy**

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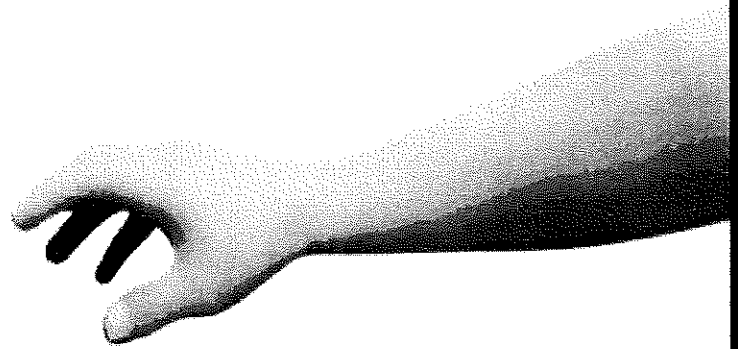
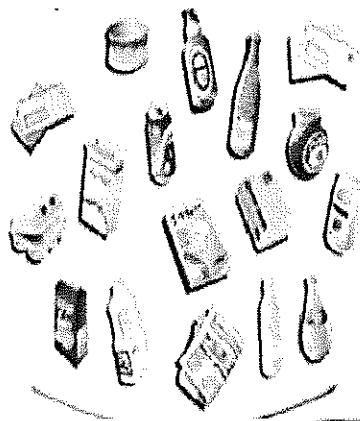
Kelvyn

Call in and talk to us  
about  
any health problems.  
Or discuss  
your medications.  
Our friendly staff  
are only too willing  
to help  
with any problem.



Andrew

Phone: 6372 2844 — Fax: 6372 2874



Want to be famous?

Have your photo  
seen by millions?

Then take a photo of  
somewhere in your  
community that  
means something to  
you and enter the

**DO THE RIGHT THING  
COMPETITION**

Break O'Day Council has secured funding to provide four large signs and posters to promote a litter free community and to do this have decided to run a competition for all young people and children in grades 12 and under.

Competition closes on the 31<sup>st</sup> August 2009. For more information and an entry form, please contact Chris Hughes on 6376 7900 or call into Break O'Day Council.



**More photos from the field trip to historic 'Garth'**  
by the Launceston Walking Club and St Patricks Head and Esk Valley Historical Society.  
Photos courtesy Peter Troode.



*One of the "Garth" field trip members takes a photo of the old haunted ruins.*



*Darlene Wright of the St Patricks Head & Esk Valley Historical Society relates the story of "Garth" to members of the field trip.*



*Members of the "Garth" field trip examine the grave of Ann Peters who died on the 20th September 1840 aged 2 years.*



*No name accompanied this photo but what a lovely photo it is.*



*Three of the more mature members take a break on the "Garth" field trip.*



*Five of the younger members of the "Garth" field trip pose on top of the old ruins.*

**Australian Sewing Guild**

A new branch will be commencing on the East Coast soon.  
Phone Jillian Breen 0408 520 919 or email [jillianbreen@bigpond.com](mailto:jillianbreen@bigpond.com) for details.  
Sharing and furthering the art of sewing.

**If you think you have Human Swine Flu symptoms please phone 1800 FLU DOC (1800 358 362) and follow their advice.**





*St. Marys Tigers Football Club Inc.*

## ST MARYS TIGERS FOOTBALL CLUB TRIVIA NIGHT

A hall full of people, laughter and merriment, furrowed brows deep in concentration, a fabulous supper and a few drinks, all contributed to a highly successful trivia night at the St Marys Community Hall on Saturday 18 July.

Everyone seemed to enjoy themselves and the footy club raised a few desperately needed dollars so it must be rated as a successful night all round.

On behalf of the St Marys Tigers Football Club can I sincerely thank everyone who attended and particularly all those people who went to a lot of trouble to prepare some fabulous food for supper. Also, a number of volunteers helped prepare everything and assist with the clean-up and your efforts are greatly appreciated.

Watch this space for more events to be organised by your local footy club.

Harry Veldums,  
Club President.

## Rae & Partners

Lawyers Barristers & Solicitors

### Visiting :

St Marys Community Health Centre

Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555

For appointments



**St. Helens Electrical**

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Domestic, Commercial, Industrial:

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Ph: 6372-5522 Mbl: 0407-615-072

2 Lagoon Esplanade, Scamander 7215

TASMANIAN  
THEATRE CO.

Performance  
ensemble transcends  
disabilities.

Grassy Bottom  
Regional Arts will  
again be hosts to a  
performance by the  
Tasmanian Theatre  
Co.

The Second Echo  
Ensemble is

Tasmania's only integrated (people with and without  
disabilities) youth performance ensemble.

Formed through a partnership between the Tasmanian  
Theatre Company and Cosmos Recreation Services, the  
ensemble is a collaboration of 11 young and emerging  
performers who have been working together with local  
director and internationally acclaimed playwright,  
Finegan Kruckemeyer, since 2006.

The Second Echo Ensemble, which is touring the state,  
makes dance-driven works for an everyman audience. The  
choreography is drawn from the styles of each performer,  
and formed into a work by the director.

Its works are explorative, emotive and captivating. It  
does not make performances about having a disability, or  
not having a disability—it makes work about life, about  
its surroundings, its imaginings, its rhythms, its angers  
and its celebrations.

The tour is presenting two of the ensembles recent  
works, which are:

'If I jumped, I'd fly', and 'This much of me'.

Appearing at St Marys Hall on Saturday August 8, at

8pm, the costs are: \$5 concession/chil/ member

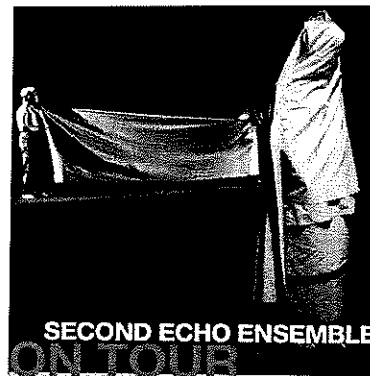
\$10 adult

\$20 Family

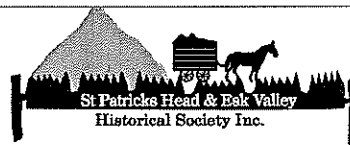
Pre sales at Bay Surf, Pendrigh Place St Helens,

Choc A Lolly St Helens, Main Street Clothing St Marys

Strawberry Jelly St Marys



SECOND ECHO ENSEMBLE  
ON TOUR



[www.fingalvalleyhistory.com](http://www.fingalvalleyhistory.com)

ST PATRICKS HEAD  
& ESK VALLEY HISTORICAL SOCIETY INC.  
ANNUAL GENERAL MEETING

To be held at the St Marys Online Access Centre  
on Sunday the 16<sup>th</sup> August at 2.30pm.

Signed: Jim Haas, Public Officer.

CORNWALL  
COMMUNITY DEVELOPMENT GROUP INC.  
ANNUAL GENERAL MEETING

To be held in the Community Hall

Tuesday 4<sup>th</sup> August 2009 at 7.00 pm

Signed: Jim Haas, Public Officer.

## Vietnam Veterans Day at St Marys

A Vietnam Veterans Day/Long Tan commemoration Service will be held on Tuesday 18th August at the St Marys Cenotaph.

The service will start at 12.30pm with a march of Veterans, from the TARDIS at the pub junction in the middle of town to the Cenotaph through an Honour Guard of 175 students from St Marys District High School, to the tune of the Regimental March of the 5th Battalion Royal Australian Regiment, "Dominique".

Tasmania Police have agreed to close the street for the time of the march. However, the Regiment's mascot, Quintus, a Bengal tiger, is unable to come from regimental headquarters in Darwin for the march.

The service will commemorate and honour the service of Australian forces personnel in the Vietnam conflict, and a Roll Call of the Fallen will particularly remember those who died at the battle of Long Tan and all Tasmanians who died while serving in Vietnam.

Vietnam Veterans will deliver the Prayer, the Commemorative Address, the Ode and the Valediction, St Marys District High School student Shannon Roskelly will declaim the Roll Call of the Fallen and Envoy Melanie Norton of the Salvation Army will deliver the Commemoration of the Fallen and the Recessional. It is estimated that the service will close at 1.00pm.

Members of the 5th Battalion, the Tiger Battalion, Royal Australian Regiment Association were so impressed with the Anzac Day ceremony at St Marys that they have chosen to hold their 2009 commemoration at St Marys.

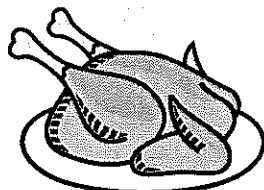
The service is being conducted in association with the St Marys Memorial Service Association, and a welcome and invitation is extended to all residents of St Marys and the surrounding district to join in this commemoration and remembrance of those who served in Vietnam.

Well done to the  
St Marys Tigers Football Club  
for organising such a fun trivia night.  
Great to see the hall so full.  
Congratulations.  
Kelly, Strawberry Jelly.



The  
**Roost takeaways**  
Barbecued chickens  
Great coffee  
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Hamburgers, Chickenburgers

St Helens  
Tasmania 7216  
Ph: (03)6376 2613



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a ceremony that you and your  
family & friends  
will cherish & remember forever.*

*I will look after all of the legal paperwork  
and all you have to do is  
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*Email: [peterpowercelebrant@gmail.com](mailto:peterpowercelebrant@gmail.com)*

*Web: [www.peterpowercelebrant.com.au](http://www.peterpowercelebrant.com.au)*



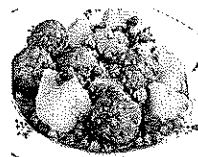
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email: [marycporter@bigpond.com](mailto:marycporter@bigpond.com)



Do you have some spare time to share your skills with the youth of today?



Do you like volunteering and are looking for a new and exciting volunteer program to join?  
Do you have good driving skills?  
Do you like working with young people?  
Then do we have something for you.

The Break O'Day Council have launched a new program for young people called **Get in2 Gear** and we are looking for Volunteer Mentor Drivers to assist young people to complete their 50 hours of supervised driving to enable them to obtain their provisional driver's licence.

Full training and support will be offered to all mentors, vehicles provided, one each situated in St Helens and St Marys. For an information pack and application form, please phone Chris Hughes on 6376 7900 or Cassie Male on 6376 5242.

**Assist our young people to  
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Open 7 days a week for your convenience:  
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# Big shed studios

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Clay Modelling and Ferro Cement  
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## Wed 5 - 6.30pm Life Drawing

(Model and Materials provided - No  
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Fri 10am - 4pm  
Sat 10am - 1pm



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26 MAIN ST. ST MARYS.**

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**FOR ALL YOUR**

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**GOURMET MEATS, CHEESES, AND**

**ORGANIC SOURDOUGH BREADS.**

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FAIRTRADE JASPER COFFEE.**

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**OPEN : MON - FRI, 9AM - 5PM.**

## The Say Cagerattler

This is a touchy subject with some people, including me. Mowing of nature strips that is. In a few weeks time the continuous, time consuming job of mowing and maintaining lawns begins again for all of us as spring arrives.

By October the relentless, insidious "Grass Army" is attacking us all, infiltrating your front lawn, your back lawn (no mercy) cracks in your concrete, fence lines, gardens, driveways you name it, it's getting at you. The mongrels.

So, as we contemplate this horrible thought unless you do actually enjoy the battle with your faithful ride on, Victa and brushcutter at your side, do we really need to think about pesky nature strips as well?

With a little sarcasm put aside, (yes, that was sarcastic) I wonder if, through these pages, someone from Council will be able to let us know what the proper policy on mowing of nature strips is.

What cover as individuals do we have if we cut our own nature strips? That is, who is liable if you were to be mowing out in front of your place and an errant stone damaged a car or worse another person for example. Is it in fact a requirement of being a property owner that you maintain your nature strip?

What is the minimum Council public area mowing schedule in place because periodically you see the workers running along in front of residences, not just Main Streets, Parks and public buildings.

As you see it is somewhat of a grey area, and I'd suggest that in the interests of clarification of all that we ask and adhere to, a Policy on this matter would be good as soon as possible. Perhaps at this time someone in the know at Council could outline also what responsibilities we must accept in regard to unkempt areas we own and what power Council has to enforce the regulations because this also tends to cause confusion at times.

I hope that the regulations are fair and equitable to all and have a degree of tolerance in regard to time frames. It has to be this because sometimes circumstances conspire to 'grass' over the facts WE ALL would know only too well.

What do you think ?

## THE FINGAL VALLEY NEIGHBOURHOOD HOUSE INC.

INVITES YOU TO ATTEND A FUND-RAISER  
TO ASSIST FAMILY, FRIENDS  
AND THE COMMUNITY  
IN PURCHASING A NEW 4WD WHEELCHAIR FOR

## LAURENCE GILBERT.

THIS FUND IS BEING SPONSORED BY  
**THE LIONS CLUB OF ST MARYS.**

**WHEN: SUNDAY AUGUST 23, 2009.**

**WHERE: FINGAL VALLEY  
NEIGHBOURHOOD HOUSE.**

**TIME: NOON FOR 12.30PM START.**

**COST: LUNCH—\$8 PER HEAD**

## BOOKINGS PLEASE

**PHONE: 6374 2344.**

**CHOCOLATE WHEEL SPINS:**

**10 AT \$1 EACH**

**5 AT \$5 EACH**

**WE ARE ALSO HAVING A  
FASHION PARADE WITH A DIFFERENCE.  
WHEELS OF CHANGE FUND.**

### Another strong Labor candidate for Lyons

Premier David Bartlett today welcomed the decision of Brendan Sullivan (left in photo) to seek Labor Party endorsement for Lyons at the 2010 State election in March.



"I am excited that a person of Brendan's quality and proven record of achievement in the community has chosen to nominate for Labor pre-selection," Mr Bartlett said.

"I believe Brendan has a lot to offer the voters of Lyons.

"I offer him my support and encouragement because Brendan is the sort of person who will be a strong advocate for local communities and make a positive contribution to the Tasmanian Parliament."

Brendan, who grew up in Deloraine, has significant business, community and sporting links around Tasmania. He is an active member of the State's Surf Life Saving movement and is currently president of the Port Sorell Surf Life Saving Club.

Brendan represented Tasmania as a junior footballer, played for Launceston (NTFA) and Latrobe (NWFU) and is a life member of the Port Sorell Tennis Club.

"Brendan has been a tireless worker at a grass roots community level and I am delighted he wants to be part of the State Labor team.

"Right across Tasmania Labor is heading towards the election with a strong team of sitting members and exciting new candidates, like Brendan," Mr Bartlett said.

### TWO WOMEN TALKING IN HEAVEN

1st Woman: Hello! My name is Maggie

2nd Woman: Hello! I'm Sylvia. How'd you die?

1st Woman: I froze to death.

2nd Woman: How awful!

1st Woman: It wasn't so bad. After I stopped shaking from the cold, I began to get warm and sleepy and finally died a peaceful death. What about you?

2nd Woman: I died of a massive heart attack I suspected my husband was cheating, so I came home early to catch him in the act. But instead I found him all by himself in the house watching TV.

1st Woman: So what happened?

2nd Woman: I was so sure there was another woman somewhere that I started running all over the house looking. I ran up into the attic and searched and then down into the cellar. I went through each wardrobe and checked under all the beds. I kept this up until I had looked everywhere, and finally I became so exhausted that I just keeled over with a heart attack and died.

1st Woman: Too bad you didn't look in the freezer.  
We'd both still be alive.

### OUT OF THE WOODWORK

Wendy Brennan  
Secretary

The Guild's Annual General Meeting was held on Saturday 27<sup>th</sup> July 2009.

Below is a list of our elected office bearers.

**Reon Johns :** President/Treasurer/Public Officer

**Wendy Brennan:** Secretary

**Committee Person:** Lorraine Scott

Please keep a lookout for our new raffle which will be drawn on our Fathers Day Opening. It will consist of a brand new lawn mower, new wheel barrow and outdoor chair. Our Fathers Day Bash will be on the 5<sup>th</sup> September located at the Guild's ground.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at 2.00 pm.

The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

Below is a photo of two of our raffle prizes.

The tickets are a dollar each

3 for two dollars

7 for five dollars

There is no second or third prize.

**Winner takes all.**



**MT ELEPHANT FUDGE**

"Handmade in St Marys - Tasmania"



**Mt Elephant Fudge -** Liz would like to thank everyone for their continued support of my small business. **THANKS everyone!!!!**

### EAST COAST SURVEYING

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**We can help you.**

- ☐ Buying a property?
- ☐ Planning a development?
- ☐ Unsure of your property potential
- ☐ In dispute with an adjoining owner?



### Meals on Wheels

**Annual General Meeting**

**August 19<sup>th</sup> 2009 At 2.00pm**

St Marys Community Heath Centre

Agenda - Election of Office Bearers

Secretary, Susan Woods.



# e.ScApe

Tasmanian Wilderness Cafe Gallery

## NEW MENU

WITH DAILY SPECIALS AND TAKEAWAYS

### TAKEAWAY SPECIALS

HOMEMADE SOUP & CRISPY BREAD, WITH DRINK  
\$9.00!!!

BACON & EGG ROLL, WITH DRINK \$9.00!!

PIZZA, CHIPS AND DRINK \$7.00!!

### TRADING HOURS

MONDAY - FRIDAY 8.30AM - 4PM

SATURDAY - SUNDAY 9.00AM - 3PM

### THURSDAY DINNER

Tonight 5 - 7 CHAR GRILL -  
Tasmanian scotch fillet  
Tasmanian chicken breast  
Tofu  
Mash and vegetables  
Next week Curry - vegetable  
lamb korma  
beef vindaloo  
pappadams

### BOOKINGS ESSENTIAL

\$15 A \$10 C 2 courses

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closed public holidays  
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THERE ARE SEVERAL RESIDENTS OF OUR DISTRICT IN  
HOSPITAL AT THE MOMENT, AND WE WOULD LIKE TO  
WISH EACH AND EVERY ONE OF YOU A VERY SPEEDY  
RECOVERY AND LOOK FORWARD TO SEEING YOU  
BACK HOME FIT AND WELL SOON.

FROM ALL OF YOUR FRIENDS AT HOME.



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Qualified Treatment for:

Low Back Pain

Shoulder Pain

Neck Pain

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Hamstring and Calf Problems

Headaches

Call to make an appointment now  
for your assessment

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## VIETNAM VETERANS TO REMEMBER ON THE 18<sup>TH</sup> AUGUST



The Vietnam Veterans Association of Australia East Coast (Tas) Sub Branch will hold its annual remembrance service to commemorate Vietnam Veterans Day on Tuesday the 18<sup>th</sup> August 2009.

All veterans, their families and members of the community are invited to attend this service which will be held at the Vietnam Veterans memorial site at the St Helens Foreshore commencing at 11.00am. Vietnam Veterans will be marching from the St Helens Memorial Park to the Foreshore at 10.55am and all ex servicemen are encouraged to join also.

Australia's military involvement in the Vietnam War lasted from August 1962 until May 1975. The Australian commitment consisted predominantly of army personnel, but significant numbers of air force and navy personnel and some civilians also took part. According to the Nominal Roll of Australian Vietnam Veterans, almost 60,000 Australians served in Vietnam.

On Tuesday 18th August Vietnam Veterans and their families will pay tribute to those who served, suffered and died in and as a result of the Vietnam War. Veterans and interested parties are invited to lay a wreath at the service as a mark of respect.

Following the service we will return to the East Coast Veterans Information and Support Centre at Quail Street to rededicate and bless the Vietnam Veterans Remembrance Wall.

For further details please contact VVAA East Coast S/B secretary Janet Munday on 6373 6132.

### East Coast Phone & Communications

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PH: 6372 2733.

**Winter has arrived!!**

**Come in for a look! We have clothes galore, jigsaw puzzles, (complete) books, shoes and plenty more for everyone.**

**Enquiries—Ph: Tracy.  
6372 2733.**

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& FINGAL VALLEY**



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## Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road  
PO Box 50  
Perth, Tas 7300  
Ph 6398 1115

58A High Street  
PO Box 271  
New Norfolk Tas 7140  
Ph 6261 3366

Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU AND  
YOUR COMMUNITY FOR THE  
FUTURE**

*Written and Authenticated by Dick Adams, 53B Main Road Perth  
Tas. 7300*

### St Marys Online Access Centre

**Opening Hours:**

**Monday 10am -3pm**

**Tuesday 10 am-4pm**

**Wednesday 10am-4 pm**

**Thursday 10 am – 3 pm**

**Friday 10 am – 3 pm**

**Saturday 11 am – 2 pm**

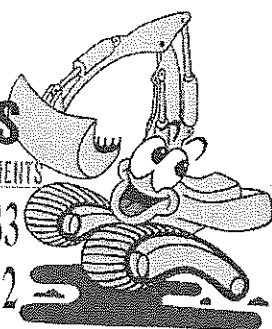
**Ph: 6372 2005**

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- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
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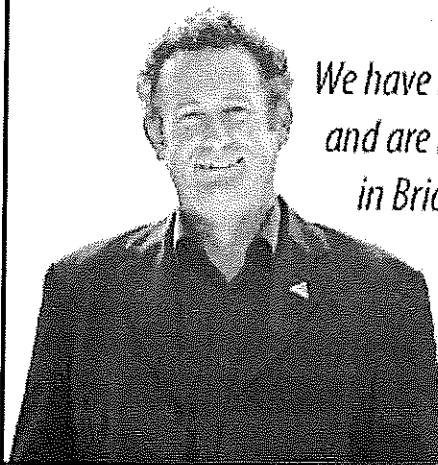
## Tim Morris MP

Tasmanian Greens Member for Lyons



Tasmania

*We have moved office  
and are now located  
in Bridgewater!*



**New Address:** Shop 9, Covehill Shopping  
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**Phone:** (03) 6263 3801

**E-mail:** greens@parliament.tas.gov.au

**www.tas.greens.org.au**

Authorised by Tim Morris MP, Parliament House, Hobart 7000.



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watch**

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ROBERTS**

### MEETING DATES NEIGHBOURHOOD WATCH. AREA 102

SCAMANDER, BEAUMARIS, UPPER SCAMANDER, FALMOUTH.

### MEETING DATES 2009

WEDNESDAY AUGUST 12TH	7.30PM
WEDNESDAY OCTOBER 14TH	7.30PM
WEDNESDAY NOVEMBER 11TH	7.30PM

ALL MEETING ARE HELD AT THE HOME OF MRS SHEILA CHUGG,  
2 SCAMANDER AVENUE, SCAMANDER, 7215.

PHONE: 6372 5406

NEW MEMBERS WELCOME



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Surftech Bic G Boards

## Bay Surf Shop

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Ph: 6376 1755

# St Helens Neighbourhood House

*Celebrating 25 years of community service*

Come join us at the Portland Hall on  
Saturday, 22<sup>nd</sup> August. 7pm – 11.30pm

Modern/Old Time Dancing with

**The Banjo Band**

Baby Boomers, Young 'n' Old, Twist and Rock  
with

**Mike from Star FM sixties classics music**

*"meet the lovely Fae"*

**Prizes for: Lucky Door Prize**

**Fancy Dress.....anything you fancy**

**Best dressed Op Shop Fashion Lady and Man**

(clothing must come from any Op Shop)

or neat casual dress to be worn

\$10 per person.....includes supper

Tables seat 8. Shared tables made up for smaller groups.

Licensed bar.

**Bookings at Neighbourhood House (6376 1134)**

Payment must be paid at time of booking

Raffle drawn on the night

## Letter to the Editor

Vol. 42 No 4, 2009

Approaching old age leads to thinking and discussing the 'good old days'.

We remember when....

Fingal and Portland Councils were separate identities. However, they merged to form the Break O'Day Council.

We remember when....

- Because it was local, council and councillors served the local people and local community with empathy. Everyone basically knew everyone. Therefore, the needs and weaknesses of the community were widely known, easily identified and usually rectified. Also the potentials and strengths of the community were supported and utilised.
- Council provided expertise, prompt, efficient help and advice as a community service with very little cost incurred by grateful recipients.
- Council restrictions and regulations were at the minimum while goodwill and support were at the maximum.
- Council respected the identity, individuality and creativity of every citizen and each town.

We have been contemplating proposed council amalgamation—are the qualities of empathy and identity eroded by merger? Does the greater the merger produce a greater loss of freedom and individuality?

Would the return to truly local council produce a more united, well functioning community?

We know what we prefer, but then this is just the opinion of two local residents "on the wrong side of sixty".

Peter and Beverley Rubenach.

I took my wife to a restaurant. The waiter, for some reason, took my order first. 'I'll have the strip steak, medium rare, please.'  
He said, 'Aren't you worried about the mad cow?'  
'Nah,' I said, 'she can order for herself.'  
And that's how the fight started ...

## The English Language

A Polish man moved to Ireland and married a Cork girl. Although his English was far from perfect, they got along very well.

Until one day he rushed in a lawyer's office and asked him if he could arrange a divorce for him. The lawyer said getting a divorce would depend on the circumstances, and asked him the following questions:

Have you any grounds?

Yes, an acre and half and nice little home.

No, I mean what is the foundation of this case?

It made of concrete.

I don't think you understand.

Does either of you have a real grudge?

No, we have carport, and not need one.

I mean, how are your relations?

All my relations still in Poland.

Is there infidelity in your marriage?

We have hi-fidelity stereo and good DVD player.

Does your wife beat you up?

No, I always up before her.

Is your wife a nagger?

No, she white.

Why do you want this divorce?

She going to kill me.

What makes you think that?

I got proof.

What kind of proof?

She going to poison me. She buy a bottle at pharmacy and put on shelf in bathroom. I can read, and it say: 'Polish Remover.'

## MEALS ON WHEELS ROSTER

August		St Marys	Fingal
Monday	3rd	Ruth Aulich	Carole Woods
Tuesday	4th	Pam Gillies	
Wednesday	5th	R & B McAllister	
Thursday	6th	Kaye Nailer	
Friday	7th	Claire Bean	
Monday	10th	Debbie Barnes	Robyn Miller
Tuesday	11th	Pam Lynch	
Wednesday	12th	Pat O'Donnell	
Thursday	13th	Heather Griffiths	
Friday	14th	Hannah Rubenach	

## Church Services

### Catholic Parish of St Marys

Sr. Lorraine Groves  
Parish House. Ph: 6372 2252  
Mob: 0409 172 741

#### 1st Sunday: MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
Swansea LWC 9.30am  
Fingal 11.30am  
Campbell Town 5.00pm

#### 2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm  
St Marys LWC 9.00am  
Bicheno LWC 9.00am  
Swansea LWC 9.30am  
Fingal LWC 9.30am  
Campbell Town LWC 5.00pm

#### 3rd Sunday: MASS

St Helens Vigil 6.00pm  
St Marys 9.00am  
Swansea 11.30am  
Campbell Town 5.00pm  
Bicheno LWC 9.00am

#### 4th Sunday LITURGY

St Helens Vigil LWC 6.00pm  
St Marys LWC 9.00am  
Bicheno LWC 9.00am  
Swansea LWC 9.30am  
Fingal LWC 9.30am  
Campbell Town LWC 5.00pm

#### 5th Week MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
St Marys 11.00am  
Swansea LWC 9.30am  
Campbell Town 5.00pm

### Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays  
Fingal: 3 pm 1st/3rd Sundays  
Mathinna: 3pm 2nd/ 4th Sundays  
Ross: 11am 1st/3rd Sundays  
Campbell Town: 9am every Sun.  
(3rd Sunday -Family Service)

### Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday  
8 am and 10.30 am

#### Kanga Sunday School

10.30 am - 12 noon

every Sunday for children 5/12 yrs

St Marys every Sunday 10 am

Pyengana: Kids Church,  
2pm - 4th Sunday every month.

### Salvation Army

#### TUESDAY JAM

3-5pm every Tuesday,  
excepting school holidays.  
**WOW "Women of Worth"**  
First Wednesday of month.  
excepting school holidays.

#### SUNDAY JOY

7pm: each Sunday

#### LEGAL AID

3rd Wednesday each month  
10.30am - 12.30pm.

Envoy Melanie Norton Ph: 63722099

### Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am

Fingal 11.15 am

### Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10 am

Divine Service 11 am

## MEALS ON WHEELS DRIVERS URGENTLY NEEDED IN ST MARYS AREA.

IF YOU ARE ABLE TO DRIVE FOR  
MEALS ON WHEELS  
ONCE OR TWICE A MONTH,  
PLEASE CONTACT  
SUSAN WOODS: 6374 2193  
MIM WOODS: 6374 2209  
OR SHIRLEEN WOODS: 6374 2267  
YOUR HELP WOULD BE APPRECIATED.

### On Air Now!

Vision FM 88.0 at  
St. Marys, St Helens  
and Fingal.

Robbo isn't alone at breakfast anymore.  
Shelley has joined him and  
they are calling the program  
**'The Journey'**

100% positive music & talk all day long;  
connecting faith to life.

National Vision Radio Network.  
Phone 1800 007 770.  
web [www.vision.org.au](http://www.vision.org.au)

Classifieds in the Valley Voice are free of charge. If  
your articles are not sold after the first entry, we will  
repeat the ad in the next issue.

**Please inform us if your items are sold.**

**Please note:** Letters to be published in the Valley  
Voice must be signed. Please include your full name  
and contact details. Your name need not be published,  
but we must have a signature. Please keep letters to  
300 words or less.

Articles and letters published in the Valley Voice are  
not necessarily the opinion of the staff and volunteers  
of this community paper. Ed.

## Contacts for Valley Voice

PH: Judy: 6372 2155

email: [judith.spilsbury@bigpond.com](mailto:judith.spilsbury@bigpond.com)

Accounts: Mary: 6372 2328

Please leave written material at the  
St Marys Pharmacy,  
Main St, St Marys,  
or post: C/- Post Office, St Marys Tas 7215

### Advertising: 2008

Classifieds: 25 words or less: free

Community notices : free.

Small ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$30.



# Early Learning Programs

## Launching into Learning (Birth to 4yrs)

This is a free, fun program for babies and toddlers. Come along and spend some time with other parents and their children. We offer art and craft, play experiences, singing and story reading. These session will run from 11am until 12.30pm Mondays.

## Parent/Child Group (For children turning 4 in 2009)

Parent/Child group is designed to prepare children for the Kinder year, introducing them to the kindergarten environment, routines and experiences. Parent child group will be held on Mondays 1.30 until 3pm.

For further information please contact school office in 6372 3900.

Eloise Matthewson  
Birth - 5 Teacher

Michele Bennett and Genevieve Aulich  
Birth - 5 Teacher Aides.

**Times:** (held in Kindergarten room)

## Launching Into Learning (Birth to 4yrs)

Monday 11am - 12.30pm

## Parent/Child (Turning 4 in 2009)

Mondays 1.30 - 3pm

JULY/AUGUST 2009

Mon	Tue	Wed	Thu	Fri
27 Jul	28 Jul ✦ Newstead/Launceston College Orientation ✦ NEET Activities Day	29 Jul ✦ Football /Netball in Launceston ✦ French 1.20pm	30 Jul	31 Jul
3 Aug	4 Aug ✦ Bright Star Solutions - morning - gr 10s ✦ Defense Force visit - afternoon	5 Aug ✦ Football /Netball in Launceston	6 Aug ✦ ENE Training ✦ Next School Newsletter	7 Aug ✦ Jeans 4 Genes Day ✦ Reports go home.
10 Aug	11 Aug ✦ NEET Ski Trip	12 Aug ✦ NEET Ski Trip ✦ St Marys Has Talent	13 Aug	14 Aug





On the 7<sup>th</sup> July a group of year 9 students travelled to Launceston to try A. Trade. We arrived at the Door of Hope and found out what trades we were in for the day. We moved to our first choice which was Panel beating. We learnt how to sand the body filler off a panel, then reapplied it to sections of the bonnet. We moved onto Auto Ad where we learnt how to design things on the computer. We then moved onto Automotive where we diagnosed a truck to see what was wrong and then how to fix it. We re wired a trailer plug and tested it, we also changed tyres on a Monaro. All in all we had a great day.

By Josh Male and Jacob Spisbury

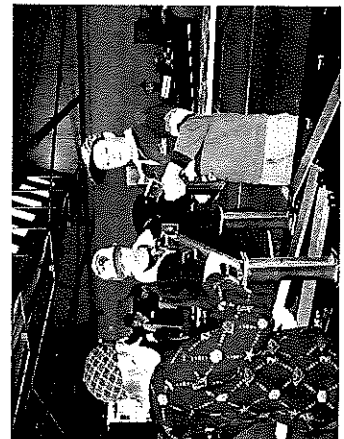


Paving/Landscaping  
Hospitality  
Barista  
Painting/Decorating  
Panel beating  
Hairdressing

Each career we went to spoke to us first about the job, what they did how to get into the profession and then took part in a hands-on component of the job. Some people won prizes, a yummy lunch or a really stylish Bunnings poncho!

We finished off the day by going to Mac Donald's which many students enjoyed. It was a fun and very informative day.

By Elizabeth Carin and Bradley Mitchell



On the 7<sup>th</sup> July 28 year 9 Students travelled on the bus to Launceston to the Door of Hope to participate in a career focused and very well organised day. First we went into the Auditorium and listened to a few speakers about the day also Workplace Safety and the risks involved. We then moved onto our first career choice, each student participated in three career choices throughout the day, such as:



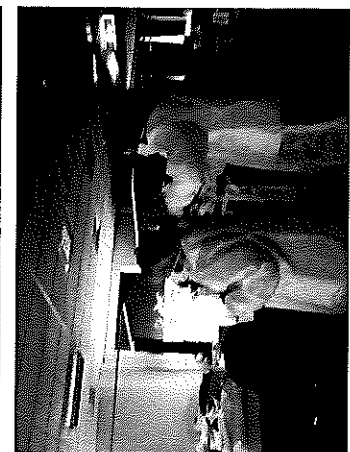
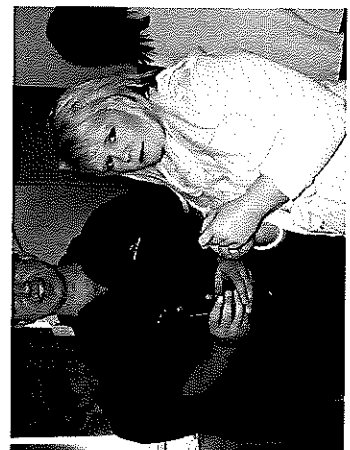
# HEALTH CAREERS ~ UTAS NURSING TASTER DAY

On Monday the 6<sup>th</sup> of July, Sally and I went to the Launceston University and attended a taster day in Nursing and Midwifery. Throughout the day 25 students from the northern part of the state had the opportunity to access useful information and took part in a variety of hands-on activities.

We arrived and had a quick morning tea then got started. We went on a tour of the Faculty, then were shown how all the machines worked and what they were used for. We checked our own heart rate and our lung capacity. We were then shown how to gown up for theatre in a sterile manner. It was clearly seen how clean our hands really were when we used an orange liquid that made the dirt and germs stand out on our hands, many people including myself were shocked at the results. We then received a questionnaire that needed to be answered by asking various staff members a range of questions. We were shown through the Simulation room and how the mannequins function and were surprised to find how life like they are. You are able to take there pulse, give blood and attach a drip. We were then given a demonstration of the appropriate way to give CPR to children, babies and adults.

It was a fun and educational day and enjoyed by all involved. We took in a lot of information and gained from the experience.

Rebecca Mitchell



# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS ROSTER

**Dr J Conway- 24th July- 7th August**

**Dr Sladden -7th Aug**

## AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

## BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday 8:50am-12:30pm

12:30pm-1:30pm LUNCH

NO PATHOLOGY SERVICE 12:00-1:30PM

## FLU LIKE SYMPTOMS

**PLEASE PHONE 1800 358 362 BEFORE COMING TO  
THE MEDICAL CENTRE TO BE ADVISED ON THE  
APPROPRIATE ACTION**

## ANGLICARE FINANCIAL COUNSELLING

*Our service is FREE and confidential*

Anglicare can provide counselling information, advocacy and support service to individuals and families experiencing financial difficulties. It is also involved in community education and development.

For appointments please phone Anglicare on:

**FREECALL 1800 243 232**

Appointments available every 4 weeks depending on demand  
2nd Tuesday each month

## DISABILITY PARKING AT THE CENTRE

There is 1 Disability Parking Bay at the Entrance to the Centre. Additional bay will be available in the future.

**DISABILITY PARKING MEANS—** you have a **permanent disability** which prohibits independent access and you hold a current Parking Concession approved by Transport Tasmania.

Disability Parking **is not available** to people who do not hold a parking concession card and have temporary disorders or where their condition is expected to improve in time.

**Emergency 'Drop Off Zone'** is the Ambulance Bay at the rear of the Centre.

This allows closer access to Accident & Emergency Services.

## AA CONFIDENTIAL SUPPORT SERVICE

Meetings:

Wednesday nights **St Helens Anglican Church** 8:00pm

Friday nights **St Marys Anglican Church** 8:00pm

For further details phone 6372 5026

## PODIATRY SERVICES 2009

Bookings for Podiatry Services can be made by phoning:

Lightfoot Podiatry Services Launceston

Phone 6331 9568 for appointments.

**Next Podiatry Session— Wednesday 5th August**

## WHAT'S ON AT THE CENTRE

29th July

**Day Centre—** For details on the group please contact Ann Jetson on 6372 2111

29th July

**Social Worker**

30th July

**Social Worker**

31st July

**Social Worker**

31st July

**G.P. North**

9am—5pm

**Diabetes** For appointments please see you GP for a referral.

**Dietician—** Appointments by referral from your G.P  
**Exercise Physiologist** by referral from your G.P

3rd Aug

**Evelines**

Appointments made through provider

3rd Aug

Auxiliary Meeting 1:30 pm

4th Aug

**Child Health Session** with Sue Gofton.

Every Tuesday by appointment. Please phone 0428 136 381

5th Aug

Lightfoot Podiatry

5th Aug

**Psychologist** Dohotay Teboul— appointments by referral from your GP. 8:30-5:00 pm

5th Aug

**CRS 10 AM**

5th Aug

**Day Centre—** For details on the group please contact Ann Jetson on 6372 2111

6th Aug

**Social Worker**

7th Aug

**Social Worker**

10th Aug

**Relationships Australia** Lyn Marie phone 1300 364 277

11th Aug

**Tom Bain— Rae & Partners Lawyers.** For appointment please phone 6337 5555. Available Tuesday fortnights at St Marys Community Health Centre

11th Aug

**Child Health Session** with Sue Gofton.

Every Tuesday by appointment. Please phone 0428 136 381

**ST MARYS COMMUNITY HEALTH CENTRE  
REQUIRES HOUSE TO RENT FOR DOCTOR**

**MUST BE INSULATED**

**CONTACT KAREN O'SHEA**

**Phone-63722111**

**MEALS ON WHEELS  
ANNUAL GENERAL  
MEETING**

**19<sup>TH</sup> AUGUST 2009** *at 2.00pm*

**St MARYS HOSPITAL**

**Positions to be filled**

**President**

**Secretary**

**Treasurer**

**For this valuable service to continue these  
positions must be filled.**

**Secretary**

**Susan Woods**





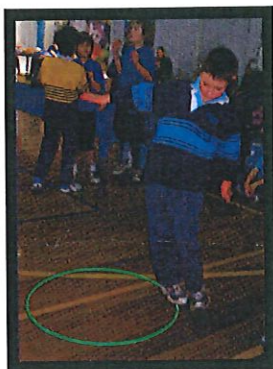
## East North East Gymnastics

On Thursday 16th and Friday 17th of July a group of students from the Fingal Primary School travelled to St Helens to participate in the East North East Gymnastics Competition. After weeks of practice with Miss Bennett to learn their routines they were full of enthusiasm to compete against St Helens, St Marys and Bicheno Primary Schools.

**Grade 3-6 team :** Kimberly Burns, Leo Davies, Nakea Brown, Jayden Bosworth, Clare Bishop, Kurtis Tuck, Sam Herbert, Aiden Flemming, Alicia Lowe, Jordan Flemming, Taylah Munro, Aaron Rush, Thomas Gee, Alex Johns, Bradley Mc Gill, Zoe Simpson, Ashleigh Templar, Bridgette Burns, Daniel Bishop, Demi Brown, Joel Cox, Harvey Flynn, Grace Gee, Jorgia Woods and Chloe Harris.

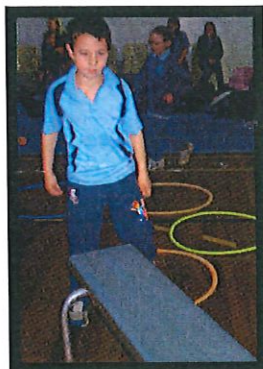
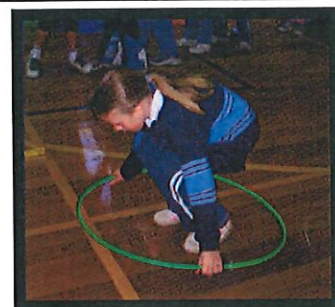
**Grade Prep-2 team :** Connah Tuck, Toby Flemming, Tara Guy, Bronwyn Barnes, Catherine Bean, Jayden Brown, Joseph Gee, Jude Davies, Shyann Wheldon, Kallam Brittain, Sophie Guy and Zayne Flemming.

Congratulations to Leo Davies who won the Grade 3 competition and Jorgia Woods and Chloe Harris who won the Grade 5 competition along with a girl from Bicheno. Well done everyone.



Kallam Brittain

Bronwyn Barnes



Connah Tuck



Jude Davies



Sophie Guy



Joseph Gee



Catherine Bean

## Calendar of Events - August

3rd 3/4/5/6 Camp to Hagley Farm School	4th 3/4/5/6 Camp to Hagley Farm School	5th 3/4/5/6 Camp to Hagley Farm School	6th ENE Training St Marys 12.30 p.m. Launching into Learning 1.30-3.00 p.m.	7th
10th Parent Teacher	11th Parent Teacher	12th Flexible Programs	13th Newsletter Launching into Learning 1.30-3.00 p.m.	14th Principal's Forum Speech Pathologist visit



## St Marys Sports Centre Inc. news Kackhander

Well done to everybody who has really contributed to the club in the past few months, not least Bob Hersey and the new Golf Sub Committee. They already have organised some substantial days coming up and by all accounts there are some keen golfers to support these events. Thanks everyone.

The General Committee also had their first meeting in the past week and have formulated a policy of a priority duty this year to increase our membership somewhat. The first thing in this regard is to abolish the old fashioned mandatory joining fee. From now on a brand new member only pays the standard subscription with no penalty for being a new member. It is also envisaged at future meetings to have a tight easy to follow policy on Pro rata dues for those joining after a certain time in the year. This will be advertised once decided.

You should be able to find your subscription paperwork by the first week of August and the standard 60 day time period will apply (August 1<sup>st</sup> to October 1<sup>st</sup>)

As you will find in that paperwork a few other initiatives have been formulated, but for it to really work we need you to continue to show your support. We know you will.

Congrats to our past two Saturday winners in Col Payne (single stroke) and Trevor Viney/Mark Carrick (Gross) and Craig Freiboth / Dennis Coleman (Handicap) this week. Well done to you all. A special mention to Dennis, better known as Diesel. Welcome to the club. It's great to see you there as a new member. We need more like him.

Bowls season is only about 6 weeks away now and President Jim invites all interested players not yet members to consider joining us for the year both men and women. You won't regret it.

Finally to anyone from the club if you have news for this column, just ring 6372 2215 by the Sunday prior to each Voice and we'll do our best to get it in there. How about regular ladies news? Love to put in some info there most fortnights.

Anyway, until next time, good hitting and rolling.

## ST MARYS NETBALL PRESENTATION DINNER

**WHEN:** 22ND AUGUST

**WHERE:** ST MARYS SPORTS CENTRE

**TIME:** 6-30PM START

Everyone is welcome to come along to a great night, have fun and to congratulate all the girls on a wonderful year.

**PS:** All to bring a plate of finger food if possible.



**38 Main Street St Marys**

**Phone/Fax 6372 2240 - Butcher Ph: 6372 2274**

**Mon - Fri 8am - 6pm**

**Sat 8am 12 noon**

### **This week's specials.**

#### **From the butchery**

Regular mince	\$ 7.99kg
IGA silverside	\$ 6.99kg
Boneless lamb roast	\$11.99kg

#### **Instore specials**

Smiths multi pk chips 20s	\$5.99
Arnotts Timtam/ Slice/Royals 150-200g	\$1.99
Kleenex Cottonelle toilet tissue 8pk	\$4.99
Fountain tomato sauce 1.5lt	\$3.49
Cottees cordial syrup 2lt	\$3.99
Bushells teacup bags 100s	2 for \$7

#### **From the Deli**

Lethborgs Virginian ham	\$11.99kg
Lethborgs butcher's sausages	\$ 4.99kg
Peppered ham	\$15.99kg
Blue Ribbon rindless short cut bacon	\$13.99kg

### **Next week's specials.**

#### **From the butchery**

Rump steak	\$12.99kg
Lamb shanks	\$ 9.99kg
Pandani pickled pork	\$11.99kg

#### **Instore specials**

Wondersoft toilet tissue 6pk	\$2.49
Schweppes/Pepsi soft drink 2lt	\$1.99
Kleenex facial tissues 180s	\$1.99
Nestle milo cereal 350g	\$4.75
Lucky Dog dry dog food 8kg	\$15.99
Nestle family block choc. 160-200g	\$2.79
National confectionery range 150-200g	\$1.99

#### **From the Deli**

Lethborgs frankfurts	\$ 6.99kg
Chicken loaf	\$10.99kg
Blue Ribbon rindless bacon	\$10.99kg

## **Stallholders Market Inc.**

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park.

There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking or any other inquiries, please phone Sylvia on 6376 8390. Or Saturday mornings only: 0447 589 803.

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