



Winter Solstice despite the weather was another success. I'll let the photos tell the story.



More photos and articles inside.

Photos: Peter Troode & Allie Spilsbury.

Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday July 14, 2009.
email address: judith.spilsbury@bigpond.com

Community news

St Marys Hospital Auxiliary wishes to advise that no meeting will be held for the month of **July**. The next scheduled meeting will be **Mon, August 3, 2pm, at St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts General meeting time and place has changed **Please note** that until this years Winter Solstice, general meetings will be held each Thursday morning at 9am at eScape Cafe. Come have a cuppa in a warm and comfortable place and join the fun.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

St Marys Playgroup meets each Thursday at 10.30am at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. **Contact Terese: Ph: 6372 5745**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.
Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

St. Patricks Head & Esk Valley Historical Society meets on the third Sunday of every month, except December, at St. Marys Online Access Centre at 2.30 pm. Meetings are informal and fun and new members are needed. Please contact **Barry Aulich** on **6372 5752** or **Jim Haas** on **6372 2127.**

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on **03 6372 5604.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

St. Helens Al-Anon Family Group Meeting: St. Pauls Anglican Church Hall - every Sunday 2pm Contacts: **Ann, John 6376 3270 or Rose 6376 3335.**

Swap n Go gas cylinders available from Gone Rustic, 37 Main Street, St. Marys. Phone 6372 2724 (BH), 0417 027 424 (Rita) or 0417 648 845 (Ian).

NEWS FROM GONE RUSTIC

Just in - *artisan-made fused glass pendants, handstitched owl keyrings, small art originals.* Coming soon - *bib and washer sets* (great gift for new baby!)

Gone Rustic makes every effort to support Australian artists and artisans, especially from Tasmania, and locally where possible.

Exhibitions, handmade gifts and décor, craft, art, cards and more!

Coming soon - journal quilts from the online yahoo group Australian / NZ quilters. More details later ...

Win enough quilt blocks to make a quilt! Join *Rustic Ragamuffins* to enter each month. All you have to do is *rise to the challenge* - the *block challenge* that is. Participants are *given a small kit to get started*, but the rest is up to each individual. Finish the block, put your name in the hat, and *you could win all the blocks!* We have had two winners so far ... Next block challenge *begins this week*, so call in to Gone Rustic today and find out more so you can have a chance to win.

Free quilt block patterns - available to *anyone* who drops in to Gone Rustic ... just ask!

Rustic Ragamuffins - every *Wednesday, 7-9.* Bring your *current stitching project* and enjoy chat, friendship and laughs! \$5 per night - includes *tea, coffee and home-made cake.*

Quilting Bee - once a month, as part of Rustic Ragamuffins. An opportunity to help to make quilts for those in need. *Next one 23rd July.* Please bring your *sewing supplies.*

PROUD PARTICIPANT IN THE EXAMINER'S SHOP LOCALLY CAMPAIGN

Gone Rustic Studio & Gallery, 37 Main Street, St. Marys 7215 Phone - 03 6372 2724 (BH)
0417027424 (Rita) or 0417648845 (Ian)
Web - www.myspace.com/gonerustic
Online Shops - www.gonerustic.etsy.com
www.gallery37.com

HOMESCHOOLING FAMILY, new to St Marys, with 2 girls -12 and 5 years old, would like to meet up with any other home-schoolers in St Marys or surrounding areas.

Please phone Sharon: 6372 2182.

Meals on Wheels

Annual General Meeting August 19th 2009 At 2.00pm

St Marys Community Health Centre
Agenda - Election of Office Bearers

President

Vice President

Secretary

Treasurer

Committee

Present President, Secretary and Treasurer
are not for re-election.

Secretary, Susan Woods.

Looking for your dream home/shed/garage/stables, etc. at very *affordable* prices? Want a *free* catalogue and *no-obligation* quote? Then call in to Gone Rustic, 37 Main Street, St. Marys. To phone, call 03 6372 2724 (BH), 0417 027 424 (Rita) or 0417648 845 (Ian).

Classifieds

For sale

125cc Thumpstar Terra-Moto Motor bike. As new. Paid \$3000. Sell for \$1400.

Eze-Go Golf cart. New batteries, ex. Condition. \$3,200. Ph: 0419 511 635.

Private, steel telegraph pole with meter box, earth rod and insulator. \$500. Ph: 6372 2388.

Children's heavy duty material indoor playhouse tent. "Bazoongi" brand. Great birthday or Xmas gift. As new. Contact: Karen Polden: Ph: 6372 2438 or 0439 333 398.

Straw Bales for sale, \$8 each. Ph: 6376 2131.

Fergy Mouldbond plough. \$150. (There was no contact no. with this ad. If it was you, please contact the Valley Voice with details so they can be passed on. Ed.)

TV cabinet, black \$150. DVD player (Panasonic) \$150. VCR (Sharp) \$100. Ph: 6372 2513.

1983 Toyota Hiace van. Low kms on engine, good tyres, brakes, bull bar. Rego to 11.7.09. Removable bed & cupboards in back. \$1200. Ph: 6372 2417 / 0438 873 789.

Toyota Landcruiser ute 1993 6 cyl 4.2 diesel near new BFG MT tyres, racks to carry 6m loads. 157,000km Rego Nov. \$13,500. Ph: 0418 680 799.

1990 Ford ute, manual. Rego. \$995. firm. Ph: 0408 596 152

2 wardrobes. \$60. 1 dressing table. \$30 3 piece lounge suite. \$100. assorted crockery. 2 armchairs \$50. ALL ono. Ph: 6384 2279.

Five piece purple corner lounge suite. Two recliners included. Less than two years old. Very good condition. Cost \$2,085. Min. price \$1,200. Ph: 0447 080 306.

Eight laying chooks and a rooster. Ph: 6372 2410.

Brand New Chainsaw Chain (16") GB Brand made in the USA for \$30 and

Deep Cycle Battery 100 amp hour, as new (9 months old cost \$300) for sale at \$150.00 ono Ph: 6372 2540.

Homebrew supplies

Beer and spirit making supplies. All your kits, yeasts, essences and equipment available. Free local delivery in St Marys and District. Ph: 6372 2540.

Modern Flat Large Screen TV. Approx 40cm x 50cm Acoustic Surround (Very loud and crisp) NTSC input. Remote Included. Model AV-2854E. Made in the U.K. \$120. Ph 6372 2818. St Marys.

Frozen blueberries -this season's - \$12 kilo. 2 or more kilos, \$10.50 per kilo. Ph: 6372 2341.

Pine round table & 4 chairs. \$200.

Full length wooden mirror. \$50.

Wooden bookcase. \$30.

White pipe line single bed & small bed side drawers (near new) good condition. \$300.

Baby's cot & new mattress. \$100 (free high chair) No reasonable offer refused.

Heather Griffiths Cornwall Ph: 6372 2421.

The AGM of Greater Esk Tourism will be held on Monday 13th July at 7pm at the Fingal Hotel.

FOR RENT

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3BR NEWLY RENOVATED HOME.
GREAT CENTRAL LOCATION,
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VERY PRIVATE, WITH LOVELY GARDENS.

AVAILABLE FOR LONG OR SHORT TERM LEASE

IDEAL FOR SMALL FAMILY.

\$140 PER WEEK.

PH: MOB: 0427 099 921.

PA St Marys

Thanx to all applicants re position advertised.

Position has now been filled

Thanx

Lynne

THANK YOU

Peter & Janine would like to thank Dr Jenifer Conway, St Marys Community Health Centre, Royal Hobart Hospital, Royal Melbourne Hospital and the following people: Roxie, Craig and Dana, Cheryl & Michael, Pat & Ron, Ricky & Kareena, David, Ros, Scott and to all the other people who sent text messages, phone calls, offers of help for the children, rang our relations and was in touch on a regular basis whilst we were away.

Thank you.

Janine & Peter McGill.

A Big Thank You to all those who came and enjoyed my Asian cooking for the last few months, THANK YOU VERY MUCH. This coming July 16 is my last for the time being but I'll be back.

Menu for the 16th Sweat and Sour Pork
Beef Chow Mein
Spring Roll
Fried Rice
See you all there: FE

Small sink with beautiful mosaic surround and new taps - \$100. Hi-Tech walking boots, mens, hardly worn, UK size 8, \$60. House lot of second-hand timber-frame windows, various sizes and prices. Ph 6372 2686.

Tractor slashing available. Fire wood. 1, 2, & 3 tonne loads Ph: 0407 944 158.

"Moo-Poo". Finely screened. Any amounts. See Norm. Ph: 6372 2380.

Yamaha WR 250 motor bike. Reg. Under 800kms. \$8,500. Ph: 0407 431 191.

1989 Ford Laser hatchback. 175,000 kms, reg. Dec '09. Ex. con. \$2,750. ono. Ph: 04077 725 722.

A LITTLE BIT OF HERITAGE: Jim Haas

"The *Lady Nelson*"

It goes without saying that sailing ships played an important role in the discovery, settlement and development of our great country. Possibly one of the most notable of these tall ships, especially to Van Diemens Land, was the *Lady Nelson*. So much so that a full scale, historical replica was built at Margate in Tasmania from local timbers and launched in 1988. Since then the ship has taken part in many historical events, including the Tall Ships Race from Sydney to Hobart in 1998 and the Tasmanian Bicentennial activities of 2003 -2004.

The replica, which is now berthed at Elizabeth Street Pier in Hobart and operated by volunteers, can be seen regularly under sail on the Derwent River. She provides an excellent training tool for young and old wanting to learn the ancient art of square-rig sailing, as well as giving tourists and locals a memorable experience in seeing Hobart from a different perspective.

Today, however, Hobart is a very different place from when the original *Lady Nelson* first anchored in the Derwent on the 12th September 1803. On that day she was carrying Lieutenant John Bowen and part of his crew of soldiers, settlers and convicts to make sure England settled Van Diemens land before the French.

A few months later on the 16th February 1804 the *Lady Nelson*, along with the *Ocean*, again anchored in the Derwent River, this time carrying Lieutenant-Colonel David Collins and his contingent. Collins had been sent from England on board the *Calcutta* to settle in Port Phillip Bay, but found the conditions there too harsh. Eventually, Governor King gave approval for Collins to move to the Derwent River and dispatched the *Lady Nelson* to assist in the relocation.

For the next twenty odd years the little brig became an integral part of the development of Van Diemens Land, including the settlement by Lieutenant-Colonel William Paterson at Port Dalrymple at the mouth of the Tamar River in October 1804.

Even to the standard of ships in her day *Lady Nelson*, at 60 tons, was relatively small. She was built at Deptford on the Thames River in 1799 and named after the wife of English naval hero, Lord Horatio Nelson. Her maiden voyage was to the new colony of Port Jackson in New South Wales and under the command of Lieutenant James Grant, with a crew of two mates and twelve seamen, left Plymouth as part of an East Indian convoy on the 17th March 1800.

On the 23rd March, however, she left the convoy and sailed on alone. Her first port of call, on 13th April, was the Cape Verde Islands, just off the west coast of Africa. She continued down the coast of Africa, arriving in Cape Town on the 8th July.

The *Lady Nelson* spent three months in Cape Town, leaving there on the 7th October. But during her time there Lieutenant Grant received a dispatch advising him of the discovery of a Strait between New South Wales and Van Diemens Land. The dispatch told of explorers Matthew Flinders and George Bass sailing their ship *Norfolk* through the Strait and circumnavigating Van Diemens Land. Grant was ordered to sail through the newly discovered Strait, rather than take the normal shipping route around the southern tip of Van Diemens land.

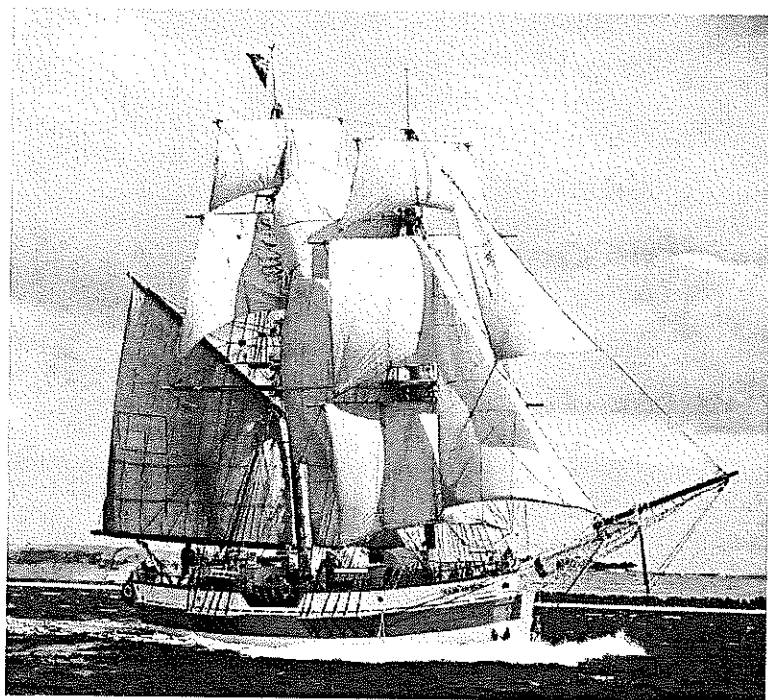
At daybreak on the 3rd of December 1800 in Latitude 38 degrees south, the crew first sighted the land of New Holland. A few days later she sailed through Bass Strait, charting the unknown coastline as she went and becoming the first ship to sail through the Strait from east to west. On December the 16th the little ship proudly sailed through the Heads at Port

Jackson. After a passage of seventy one days from Cape Town and almost nine months from England, her maiden voyage was finally complete. But her service to the new land had only just begun; Sydney Town, Norfolk Island, Port Phillip and Van Diemens land would welcome the sight of her sails many times as she became the most valued workhorse in the Colony.

This little vessel of only 16 metres (53 feet), which is smaller than the average fishing boat of today, carried everything from rum to convicts, to aristocrats, as well as explored and chartered many previous unknown areas of the Australian coastline for a quarter of a century.

Unfortunately, she came to a sad end when lost to pirates off Timor in 1825 and all the crew were believed killed.

This was an unfitting final voyage for a grand lady of the sea, but we can be thankful that through her replica and its volunteers the enormous role she played in Australian history is kept alive.



The replica of the *Lady Nelson* sails proudly on the Derwent River.

Letters to the Editor

Vol. 42, No. 2, 2009

Dear Editor,

Judging from the 3, emails I had rec. before 12oclock, on Thursday 18-6-2009, after my letter published to the vv18-6-2009, I've obviously upset a few and there's a few out there who think my letter was directed at them personally.

To clarify the intention of my letter 18-6-2009

- 1 To make our community aware, that others communities (rate payers) are also confused by the proposed merger/amalgamation.
- 2 To allow our residents to read a plain English break down of the procedure that will happen
- 3 To reduce the panic amongst our rate payers that it won't, or can't happen without, eventual community input or consultation
- 4 To encourage a response by letter for public viewing, not by private email.
- 5 And to convey the general street talk, (of our rate payers) for open discussion, not kept in the closet.

I am not an habitual valley voice writer, and only write when I feel there's something to say!

I have been impressed by our local or new generation of councilors, that have been able to give our hinterland communities some voice, and have made positive changes for the benefits of the local residents, however a lot of results are complicated, delayed and dramatized with the Spin Doctor attitude.

I did not intentionally target any one person with my original letter and I will not apologise for any of the comments I have made.

I was reminded in one email, that the points of Cllr Crawford had already been conveyed through the voice, unfortunately I may have missed this possibly...due to the translation process.

For those that were quick to react... I say go get some balls! Man up! or play golf!

Counselor Lynne Dawes

(note the spelling, the listening type)

Reply to Charles Trollope in Valley Voice – June 4

It is not the practice of Council to respond to individual ratepayers concerns through the media, however the complete misrepresentation to facts that have been presented by Mr Charles Trollope in recent publications does warrant some comment.

Like it or not we live in a regulated society and one of the main legal responsibilities of Council is to enforce a number of Acts and Regulations which it has a statutory obligation to do so. This is State and Federal initiated legislation with controls that are not specific to this Municipality. This legislation provides various levels of authority in respect to "Powers of Entry" onto land.

The issue that raised the letters from Mr Trollope was a report from Council in respect to illegal signs. If Mr Trollope cared to read Section 48A of the Land Use Planning and Approvals Act 1993 he would see that Council officers do have the authority to remove illegal signs.

I am not aware of any issues of Council Officers abusing their power of entry, I would suggest if any incidents did arise it would be from persons attempting to hide their illegal activities, such as land clearing and building works without approval. The message is simple, if you obtain the statutory approvals our legislators have required of us then there is no reason for Council Officers to enter upon your land.

Regards,

Robert Legge.

(This subject is now closed in this paper. Ed)

Dear Editor,

Anyone who enjoys the format as it is at StarFM, please contact Ken Young on 6372 2452, as they are considering changing it, and we will no longer be able to enjoy our favourite programs as they are -

Please support our station and all our constant listeners.

Ken Young.

Letter to the editor

Interpretation or misinterpretation that is the question!!

I am unable to understand the Mayor's comments in a previous issue of the Valley Voice.

The motion did indeed read "The Break O'Day Council requests the Minister for Local Government to instruct the Local Government Board to investigate the consequences of a voluntary merger between Break O'Day and Glamorgan Spring Bay Councils in their entirety as soon as possible.....etc"

I wrote "I voted to have this proposal investigated to see if there was any advantage for the Break O'Day residents. Not to blindly go where no one has looked at the big picture."

I cannot see where I have blatantly misinterpreted anything. I have just put forward another interpretation!

But the Mayor has continually avoided any question to enlighten the residents about the benefits or advantages of an amalgamation. I raised this issue at the April and June Council meeting and received a vague non committal reply.

The only benefits that I believe the Mayor has stated are:-

1. economies of scale
2. able to employ better staff
3. increase in tourism
4. it is better to jump than be pushed

The Mayor has exercised his right to change his mind and has moved motions to rescind motions. Why am I not able to follow this practice??

Without prejudice.

Cllr Reon Johns.

Letters to the Editor

Vol. 42 No 2, 2009

Letter to the Editor,

My request is simple. Being a self-funded retiree and rate payer of the Break O'Day could the Mayor please explain (minus the spin) what benefits there are for myself if we amalgamate with another council? I think the answer in the Valley Voice would be a start in the consultative process.

Wendy Brennan,
St Marys.

Letter to the Editor

I would like to clear up a personal matter regarding the comments made by you know who in the Council watch, in the last issue of the Valley Voice. As I am the only Councilor that owns a cemetery.

Yes the cemetery is owned by the Legge family.
It does not charge for the land, nor will it charge.

As the cemetery dates back to the early 1840's, and the people buried there did contribute to the early beginnings of this wonderful place, their efforts were respected and they sought no reward, other than to rest in peace.

The family tries to keep the cemetery in good repair at no cost to rate payers.

Public cemeteries cannot be maintained just on the fee charged for a plot, it has to be subsidized by the general rate so by eliminating the fee a greater proportion has to come out of general funds.

I believe the only pecuniary interest claim that can be made is to the writer who has just exceeded the length of time required to have his plot of ground for free if the motion had been won.

I also find it difficult to understand that this was the major piece of business carried out at the Council meeting; surely there were other important matters that could be reported on other than an issue that the writer had an interest in.

Robert Legge.

MEDIA RELEASE

29 June 2009

2009/2010 Rate Resolution



Budget preparation and subsequent setting of rates and charges has been a challenging process this financial year. It has been undertaken in an environment of uncertainty with the transfer of water and sewerage from Council.

Rates and charges have also been impacted on by the "Adjustment Factor" to property values. This has resulted in property assessed annual values ranging from a 5% reduction to 30% increases.

Mayor Legge also took this opportunity to thank staff for the effort put into formulating the rates whilst under immense pressure to finalise the transfer of water and sewerage.

Break O'Day Council has always ensured that rate revenue collected for water and sewerage has only been spent on those areas, meaning that we have not had to increase our rates for this financial year to cover any losses from water and sewerage.

At its Special Council Meeting held Monday, Council set its general rate at 6.40 cents in the dollar on the assessed annual value of the land being a 2.5% increase from last years charge. The minimum rate has increased by \$50.00 per property up to \$350.00. The service charge for waste management was increased by \$10.00 per property up to \$120.00, the wheelie bin collection service remains unchanged at \$65.00.

Mayor Legge stated "that with the increase in the adjustment factors in AAVs it was extremely difficult to arrive at a fair and equitable rate increase, this has resulted in an unfortunate higher increase for rural properties".

St Marys District Hospital Support Association Inc.

Members please note that annual subs for 2008/09 of \$5.00 per family are due and payable before June 30th. For your convenience, payment may be left at St Marys Post Office, thanks to Harry & Kerry. Len Miles, President.



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- * Excavations
- * Post hole digging
- * Landscape preparation

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Kelvyn

Call in and talk to us about any health problems. Or discuss your medications. Our friendly staff are only too willing to help with any problem.



Andrew

Phone: 6372 2844 — Fax: 6372 2874



St. Marys Tigers Football Club Inc.

St Marys Tigers Football Club Inc. news

It was a great pleasure for Rick Lohrey (Secretary/Treasurer) and I to present Viv Young with her certificate as the Club's Foundation No 1 membership ticket holder for 2009. We also presented Viv with some flowers and a basket of goodies.

We held a raffle for the prestigious No 1 ticket at the Club Launch (that raised about \$300) and Viv was the lucky winner. Viv reckons she is in good company with the likes of Leyton Hewitt being No 1 ticket holders.

Viv now goes down into the history books of the Club and we will make sure that Viv is treated as a special guest at all upcoming functions this year. Other individual membership cards will be issued shortly.

Speaking of functions make an entry in your diary for the trivia night to be held in the Hall on Saturday 18 July, tickets \$5.00 per head (members free). Full details are contained in an ad elsewhere in this week's Valley Voice.

Actually on the subject of membership the Committee has decide to introduce a Junior Membership for 2009 at a cost of \$5.00 – so we look forward to as many young people as possible signing up to support our Club. As with senior members we will make every effort to organise events for junior members to give them some value for their membership.

For the 2010 season we will look at launching family memberships once all the details of the season are known.

In other news we have received our Certificate of Incorporation and the Club is now a proper legal entity. Our proposal to join has been submitted to the Committee of The Oatlands and District Football Association and Rick and I will be attending their committee meeting on 13 July to further press our claims. Hopefully a decision will be made that evening or soon thereafter. We are also planning to meet with Michael Polley in early July to finalise a submission for infrastructure funding.

Otherwise the Committee is working smoothly and our plans are progressing nicely. Go the Tigers!
Harry Veldums, Club President.



Rick Lohrey, Viv Young, Harry Veldums.



St. Marys Tigers Football Club Inc.

TRIVIA NIGHT
ST MARYS COMMUNITY HALL
SATURDAY 18 JULY 2009 7.00PM
TICKETS \$5.00 each (TABLES OF 6)
(MEMBERS FREE)
BAR AVAILABLE

Book your table at St Marys Post Office
BRING A PLATE OF SANDWICHES OR SOMETHING SAVOURY FOR A SHARED SUPPER

St. Marys Tigers Football Club, P.O. Box 42 St. Marys Tas 7215
Ph. (03) 63 722256
Mob. 0418564710

WINTER SOLSTICE 2009

"Rain, rain, go away" was the motto for Grassy Bottom Regional Arts this year!!!!

Thank goodness most of the day's events were inside on Main Street instead of at the Showgrounds this year. It was a shame though, that some of the planned outside events had to be cancelled.

The Big Breakfast at The e.ScApe Café had a great, relaxed vibe with some excellent music and a great feed.

The littlies has lots of fun in the Fairy Tipi with workshops, games, face painting and storytelling.

The markets inside the hall looked great with that bazaar feel and lovely seating for those who wanted to catch the performers that were onstage throughout the whole day. There were some excellent entries for all of the competitions this year.



The Supper Room was buzzing, with a comfortable, warm place to have a yummy feed and chat. The occasional glass of mulled wine didn't go astray, along with an impromptu violin recital made it the place to be.

The "BIG BANG" at the end of the daylight hours was well received with an exciting fire sculpture, twirlers and fireworks that were a surprise, to finish off.

This was followed by some groovin' music in the hall to end the festivities. After which, those who wanted to party on, ended the evening at the pub with more great music.



Grassy Bottom Regional Arts would like to extend their warm appreciation to all those people who donated their time, effort and goods to this years Winter Solstice. Also, to everyone who braved the bad weather to attend the event, we thank you. We know the weather was terrible most of the day, but were glad to see such a great turnout anyway. (a thank you list will be in the next issue of the Valley Voice)

Although it is a great event each year, it is extremely difficult to stage such a day without lots of volunteers. We really need many, many more people to put their hand up to assist. If you think GBRA is worthwhile, PLEASE consider joining as a member or if you think you have something more to offer, speak to a committee member or drop in to see Kim, Kelly or Clare at their shops. AGM is coming soon!

Kim Chappell.

Photos: Peter Troode & Allie Spilsbury.



Competitions:

Photographic - "Light and Dark"
Senior Prize - Tom Hawthorne
First - George Keri
Junior - Kack Greenwood

Pickles and Preserves
First - Cheryl Cox
2nd - Gary King
3rd - Cheryl Cox
no child entries

Knitting and Crocheting
1st - Tracey Mc Donald
2nd - Maggi Wormald
3rd - Tracey McDonald
no child entries

Home Brew
1st - Simon Mahon
2nd - Tom Woodbury

RAFFLE
1st - Marnie of St Helens
2nd - Roger Blackberry
3rd - Margaret Taylor
4th - Laura from Star FM
5th - Rosa of St Marys
6th Lesley Killaroy
7th - Jim Turner
8th - Gary King
9th - Max McGee
10th - Jim Turner
11th - Kirby Bradbury
12th - Given on night
13th - Given on night

PARIS, MILAN, LONDON – ST MARYS!!

The fashion world has a new trendsetter. On Saturday 20th June, as part of the Winter Solstice Celebration, 8 gorgeous supermodels strutted their stuff in the hall on the stage. Jo, the fantastic MC, introduced the audience to the wonderful and colourful styles of Hemp, Bamboo, Felt and Tibetan Clothing.

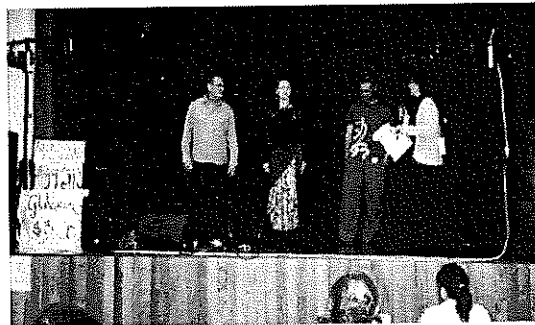
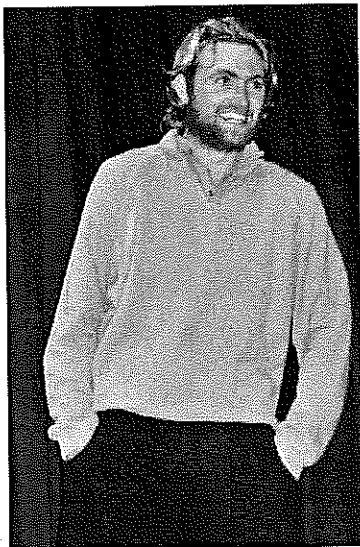
Zeb, Ryan and Jeff all gave Brad Pitt a run for his money, decked out in the finest clothes from Strawberry Jelly.

Georgie, Rachael, Chloe and Katy all turned heads, looking stunning, glamorous yet casual, amazing the crowd as to the range of clothes and accessories available at Strawberry Jelly.

Hemp clothing, when compared to cotton, is softer, warmer in winter, cooler in summer, more water absorbent (better for B.O.) and lasts 3 times longer. It can also be up to 95% UV ray repellent, great for Tassie conditions.

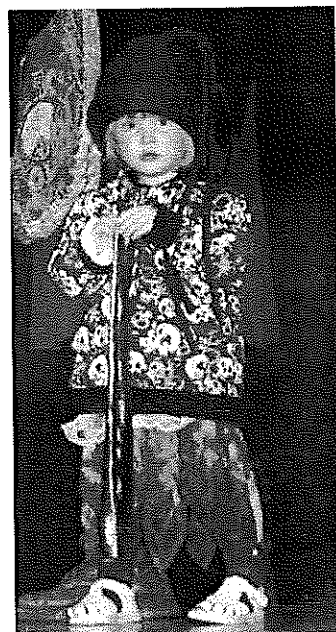
Bamboo clothing has a velvet slip texture and crease resistance (no ironing) As well as looking and feeling great, it's anti-bacterial, odour resistant and UV protective.

The Felt and Tibetan range is all produced with fair trade practices, so it is helping create jobs for local Nepalese people and supporting local communities by creating an industry.

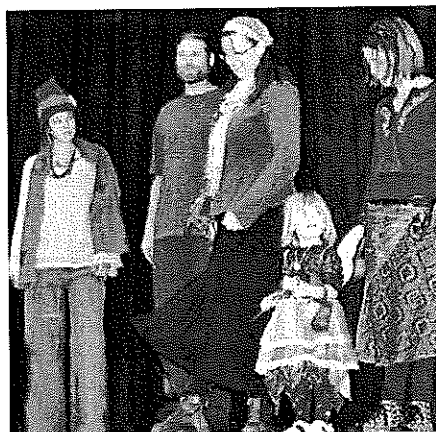


Strawberry Jelly would like to say a huge thank you to all involved in the fashion parade. Jo the MC, the supermodels-Zeb, Ryan, Jeff, Georgie, Rachael, Chloe, Katy, Sonia, Kaeti, and Annmarie—for their behind the scenes help, but the biggest thank you goes to Grassy Bottom Regional Arts for giving us all a Winter Solstice event to celebrate. Well done!

Kelly, Kelly, Strawberry Jelly.



Photos: Christine Fletcher.





Sage Hill Family & Friends Service is...

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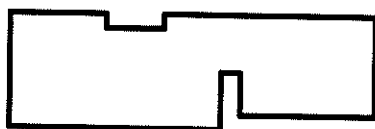
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OUT OF THE WOODWORK

Wendy Brennan, Secretary

It has been intimated to me by several people that the Guild is receiving preferential treatment in regards to the disability ramp being built on our workshop at the railway goods shed.

I would like to take this opportunity to present the facts, therefore, alleviating any misconceptions. **The ramp is being built from the monies raised by club members.**

The Break O'Day council gave us the best quote under **their private works order no. (0168)** to lay the foundations and slab and what a great job they have done. **All the materials have been purchased by the club** and all the manual work to construct the ramp and annex extension is **being done by club members** under the supervision of the Council project manager. The club also employed an independent surveyor from Hobart at the club's own expense.

On a lighter note our raffle was drawn by Esther Rubenach, thank you Esther, and won by a new comer to our delightful town **Ms Wendy Fowler**. Congratulations Wendy and another thank you to the **Neighbour Family**

(Michael, Tracey, Luke, Sam)

and **Jamie Squires** whose name I omitted last issue. I think **Pete Williams** deserves another mention also for selling our tickets. **Photo (left) is of Col Mackenzie and Reon Johns working on the Guild's disabled ramp.**

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at **2.00 pm**.

The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.



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The Say Cagerattler

Some time back we touched on an initiative that has happened at least once before, some years back through our local council.

At the time I personally thought it was one of the best ideas ever to occur. This of course was a Community forum in regard to recreational resource planning for the future. With so much uncertainty in the coming years in regard to all sorts of facets of our life I personally think that B.O.D Council should re visit their previous initiative from around a decade or so ago and have another one.

This time though it should focus on an overall resource planning look into the future and incorporate educational and health infrastructure support for our younger citizens. After all these young people are the critical ingredient to the East Coast's ongoing future development aren't they ?

Perhaps once every five years would also be a good idea to invaluablely assist Councils of the future with their strategic planning. With the greatest respect to the consultant companies, I suspect that very few if any actually live or operate amongst us all that much, so real first hand input from groups and individuals alike would be priceless. Similarly, relevant council officers could talk out all sorts of ideas exactly like we did on the previous Forum, mainly in a workshop format focussing on possible outcomes, possibilities and problems. It really worked.

On that previous occasion I recall, the Forum was conducted over one weekend with a get together to finish with to compare notes through feedback. Of course a wide ranging Forum would be a much more diversifying thing to organise but perhaps using a small group of venues where certain topics or issues could be designated to might work quite well and groups or individuals who want to take part would register well in advance so that appropriate resources and information could be centralised at that venue.

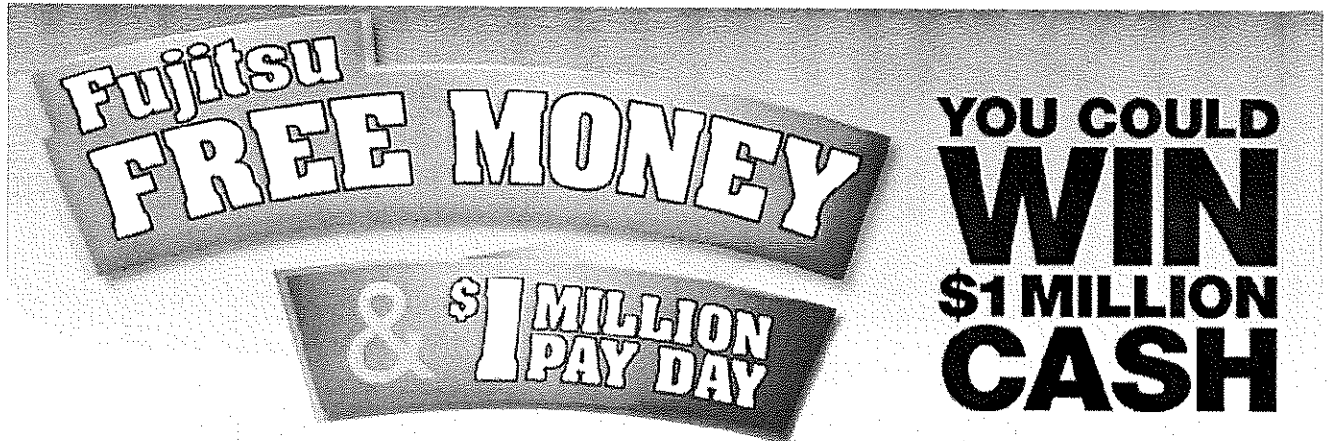
This community is currently coming under consideration for a merger with another, so wide ranging planning with residents as the focal point must surely be the priority and no one knows better about this than the residents, so to that end we MUST have a big input into our own future. Either way, that is with a merger or without a merger, we are just as important. We are the East Coast. I trust our local government officials keep this at the forefront at all times.

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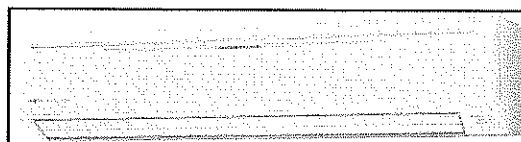
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Record tourist numbers visiting Tasmania

Tasmania is continuing to defy the national trend of a weakening domestic travel environment by posting a third consecutive quarter of positive visitor growth, the Minister for Tourism, Michelle O'Byrne has announced.



Ms O'Byrne said the Tasmanian Visitor Survey (TVS) results for the year ending March 2009 confirmed Tasmania's position as a leading domestic travel destination, with overall visitation to Tasmania increasing by 7 per cent compared with the year ending March 2008.

"A record 896,800 people visited Tasmania in the year ending March 2009. The results show total visitor nights were up 4 per cent to 7.45 million nights and total spending in Tasmania grew by 7 per cent to \$1.43 billion," Ms O'Byrne said.

Growth was strongest in the number of interstate holiday visitors to the State.

"In the year to March 2009, we welcomed 14 per cent more holiday visitors to Tasmania than the previous year. "This is even more impressive when you consider that the year ending March 2009 did not include the Easter holiday period, unlike the same period the previous year.

"Once again this is fantastic news for Tasmania and our tourism industry which has consistently shown it is in a very strong position to weather the challenges of the global market conditions."

Ms O'Byrne said the record visitation showed the State Government's commitment to the tourism sector was paying dividends.

"Through our policies and the hard work of Tourism Tasmania, we have built the sector to a point where more people are coming to Tasmania than ever before.

"The State Government knows how important tourism is to this State, which is why we have ensured tourism marketing funding is quarantined from efficiency dividends required to manage through these challenging financial times."

Ms O'Byrne said while the global financial crisis was likely to have contributed to a softening in the number of business visitors to the State, the number of convention and conference visitors has increased by an impressive 22 per cent.

"These results show Tasmania is continuing to outperform its State and Territory counterparts and further supports the anecdotal evidence from the Tourism Industry Council of Tasmania and tourism operators that it was a bumper start to the year."

Ms O'Byrne said in contrast to Tasmania's ongoing positive performance, interstate overnight travel at the national level declined in the year to March 2009 according to the National Visitor Survey (NVS) results released today.

"Nationally, interstate visitor nights fell by 10 per cent, overnight trips declined by 6 per cent, and overnight spend dropped by 10 per cent."

Detailed information on the Tasmanian Visitor Survey for the quarter ending and year ending March 2009 can be found at www.tourismtasmania.com.au

Musical Chairs With guest speaker Susan Fahey

Susan Fahey, Managing from Women's Legal Service.

In her position at the Women's Legal Service, Susan oversees the provision of legal advice and referral to women throughout the state of Tasmania.

The Women's Legal Service also presents a variety of community legal education workshops as well as producing a number of publications and information resources.

The Women's Legal Service also undertakes lobbying and law reform activities in areas of importance to women in this state.

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www.fingalvalleyhistory.com

HISTORY FIELD TRIP

The next field trip of the Society will be on Sunday the 19th July to the old "Garth" ruins on the property of "Rostrevor".

Come along and learn the history of what is said to be one of the most haunted ruins in Tasmania and enjoy a BYO picnic lunch within the old stone walls.

Meeting place will be Grooms Grove Road at 10.00 am.

*For more information phone:
Darlene 6372 2222,
Barry 6372 5257, or Jim 6372 2127*



The Haas Family

Heinrich and Ann Maria Haas, along with their three children, James (Johastan), Christian and Elizabeth, left Hessen in Germany in early May 1855. Heinrich was 49 years old Ann Maria 46, James 19, Christian 13 and Elizabeth 10.

Accompanied by some three hundred fellow Germans, including other well known Fingal Valley families such as the Lohreys, Strochnettors, Galls, Langdons, Rubenachs and Lehnors, they travelled down the Rhine River by barge, then by ferry to England and by horse drawn drays across England to Liverpool, where on the 15th April boarded the ship "America" bound for Van Diemens Land. They arrived in Hobart Town on the 23rd July 1855.

As they were part of a subsidised emigration program, introduced by England after convict transportation finished in 1853, they were obligated to spend at least two years on a designated property.

Some twenty German families from the "America" were loaded onto a coastal trading vessel in Hobart Town and transported to Falmouth. From there they were sent to properties in what was then known as the St Patricks Head District.

The destination of the Haas family was the property of "Harefield", owned by Francis Groom and situated at the eastern end of the Fingal Valley, in the area known as The Break O' Day Plains. This was before the township of St Marys was surveyed and Cullenswood was the main service centre for the area.

For more on the history of Fingal Valley families visit our website www.fingalvalleyhistory.com, call into the St Marys Online Access Centre, see our display at the Cranks and Tinkerers Motor Museum in Main Street, St Marys, or phone:

Darlene, 6372 2222, Barry, 6372 5752,
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Review into a potential amalgamation between Glamorgan-Spring Bay/ Break O'Day Councils Submissions from the Public

The Local Government Board will be conducting a review into a potential amalgamation of the Break O'Day and Glamorgan-Spring Bay Councils. The Board will examine the social, economic and environmental benefits and impacts of the potential amalgamation, and community representation; it will also examine the costs associated with the potential merger, transitional arrangements and other measures to enhance council sustainability and the delivery of council services.

Submissions in writing are invited from the public, to be lodged before 5.00pm Friday 31 July 2009.

Submissions may be lodged by email to lgboard@dpac.tas.gov.au, or by post to The Chairperson, Local Government Board, GPO Box 123 HOBART 7001

Written submissions must be restricted to matters within the scope of the review. Local Government Board reviews are not an avenue to complain about specific decisions or actions of a council in order to have those decisions overturned or actions reversed.

The Board will not accept evidence that includes personal attacks on individuals. In writing a submission, you are asked to provide your name, address, telephone number and other contact details. As the Board's processes are open and public, submissions and documents provided to the Board will be made available on the Board's website unless they are expressly identified as confidential.

The complete **Guidelines** for submissions can be downloaded from www.dpac.tas.gov.au, or by contacting the Board (Patricia Zapotocky Tel:1300 404 607)

The above information is based on an advertisement on page 89 of "The Examiner" on Saturday 27 June 2009.

Submissions from residents and ratepayers are a major part of the "extensive consultation" requested by the two Councils to determine whether an amalgamation would or would not be in the best interests of local communities and residents. **David Clement.**

e.ScApe

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6372 2733.

Dick Adams MP

Federal Member for Lyons

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New Norfolk Tas 7140

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Toll free 1300 132 689

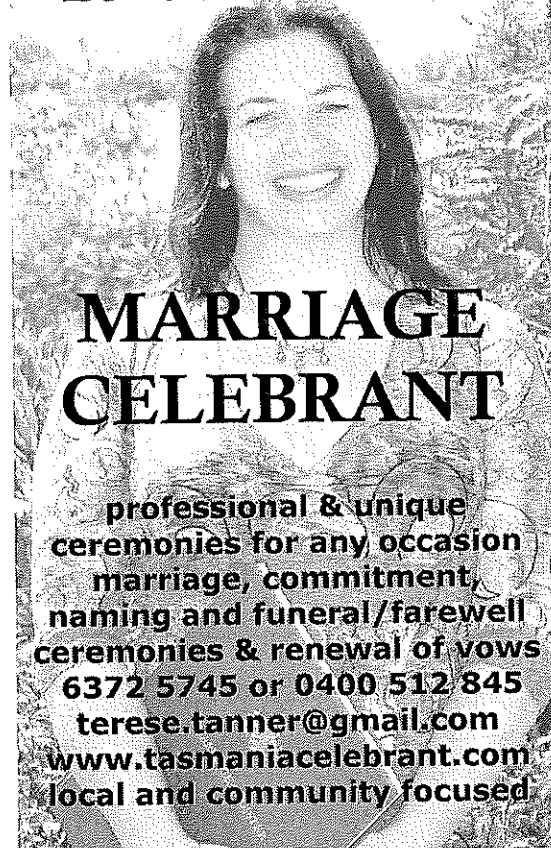
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7-10pm

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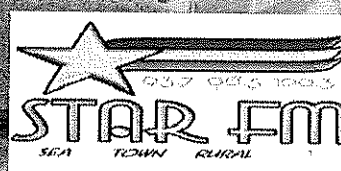
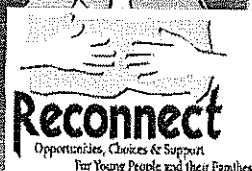
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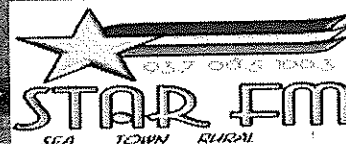
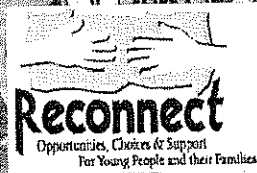
Communication

Drop in and grab some information or have an informal chat with us at the

Portland Memorial Hall, St. Helens

Saturday 4th July

5.30pm – 6.30pm

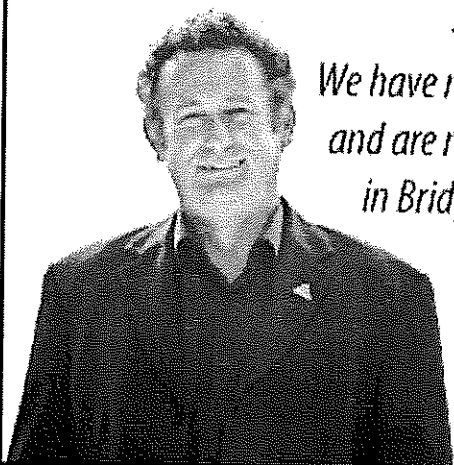


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PRESS STATEMENT

On behalf of: Break O'Day Catchment Risk Group

Spokesperson: Dr Alison Bleaney

Thirty one scientists and medical practitioners have asked the Tasmanian State Government to follow the European Union's precautionary approach and ban pesticides harmful to health.

In an open letter to the State Minister for Health, Lara Giddings and the Minister for Primary Industry and Water, David Llewellyn, 31 scientists and doctors have requested the Government to prohibit the use of all pesticides that adversely affect health along the lines defined by the recent EU directive regarding pesticides.

The reason for this request is that cancer rates in Tasmania have dramatically increased between 1980 and 2005. The age standardised incidence rates (ASR) of all cancers (excluding non-melanoma skin cancers) increased by 33% for males and 30% for females during this period and they are continuing to rise.

Tasmania is now rated as having the highest age-adjusted rate of cancer (excluding skin cancer) in Australia (433.9 per 100,000 people). This is highly significant.

Increasing rates of acute illness, (including diabetes and cancer) in this state have coincided with the increased use of many dangerous pesticides in plantations and farmland.

The links between pesticides and many forms of illness (e.g. some cancers, Parkinson's disease) have long been known, there is increasing evidence linking miniscule doses (parts per trillion) of pesticides to endocrine disruption and some cancers.

Endocrine disruption can result in a range of illnesses and has been linked to breast, testicular and prostate cancer, as well as impaired fertility, miscarriages, fibroids and reduced testosterone in men, leading to lower sperm counts and demasculinisation.

It is likely that the unusually high rate of prostate cancer in Tasmania (the highest in the nation, even after accounting for age) is linked to exposure to these chemicals.

Only a fraction of the many hundreds of pesticides registered for use in Australia have been tested for health risks.

In addition, there is no official monitoring program that links pesticide use to human or environmental health.

Testing carried out by the Department of Primary Industry and Water on 55 rivers in the state show many of our rivers that supply drinking water now contain pesticides that are banned in the European Union.

Unlike the passive smoker, almost everyone in Tasmania is at risk as a passive consumer of these poisons.

St Marys Online Access Centre

Opening Hours:

Monday 10am - 3pm

Tuesday 10 am - 4pm

Wednesday 10am - 4 pm

Thursday 10 am - 3 pm

Friday 10 am - 3 pm

Saturday 11 am - 2 pm

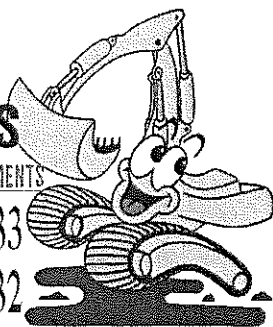
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MEETING DATES 2009

WEDNESDAY AUGUST 12TH	7.30PM
WEDNESDAY OCTOBER 14TH	7.30PM
WEDNESDAY NOVEMBER 11TH	7.30PM

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MEALS ON WHEELS ROSTER

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Tuesday	7th	Ruth Aulich	
Wednesday	8th	Pat O'Donnell	
Thursday	9th	Heather Griffiths	
Friday	10th	Claire Bean	
Monday	13th	Debbie Barnes	June Hall
Tuesday	14th	Pam Lynch	
Wednesday	15th	Liz Rice	
Thursday	16th	Yvonne Salter	
Friday	17th	Hannah Rubenach	

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Swansea LWC 9.30am
Fingal 11.30am
Campbell Town 5.00pm

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

5th Week MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
St Marys 11.00am
Swansea LWC 9.30am
Campbell Town 5.00pm

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday - Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am

Kanga Sunday School

10.30 am - 12 noon
every Sunday for children
5 - 12 yrs

St Marys every Sunday 10 am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday,
except school holidays.

Sunday Joy

6.30pm for 7pm: each Sunday

Envoy Melanie Norton Ph: 6372 2099

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

MEALS ON WHEELS DRIVERS URGENTLY NEEDED IN ST MARYS AREA.

IF YOU ARE ABLE TO DRIVE FOR MEALS ON WHEELS ONCE OR TWICE A MONTH, PLEASE CONTACT
SUSAN WOODS: 6374 2193
MIM WOODS: 6374 2209
OR SHIRLEEN WOODS: 6374 2267

YOUR HELP WOULD BE APPRECIATED.

On Air Now!

Vision FM 88.0 at both St. Marys and Fingal.

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network.
Phone 1800 007 770.
web www.vision.org.au

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue.

Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Please include your full name and contact details. Your name need not be published, but we must have a signature. Please keep letters to 300 words or less.

Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@bigpond.com

Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

Advertising: 2008

Classifieds: 25 words or less; free

Community notices : free.

Small ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$30.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park.

There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking or any other inquiries, please phone Sylvia on 6376 8390. Or Saturday mornings only: 0447 589 803.

Education Tax Refund – Don't forget to claim

How do I claim the Education Tax Refund?

- In your tax return.
- If you don't lodge a tax return, claim on a separate form or over the phone.
- If you use a tax agent, make sure you ask them to claim for you.

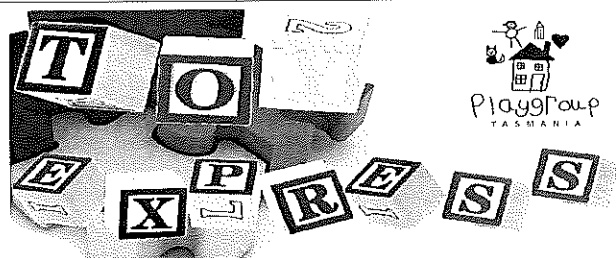
The Education Tax Refund lets you claim up to 50% of eligible education expenses for school children. If you are eligible, you can get back up to \$375 for each primary student and up to \$750 for each secondary student.

You can claim things like text books, stationery and even internet costs.

If you receive Family Tax Benefit Part A for a child at primary or secondary school, you will be eligible. Some other people are eligible too, to find out more about this and other information such as what you can and can't claim go to

australia.gov.au/educationtaxrefund
or call the Tax Office on 13 28 61.

! Remember, you need to keep all receipts for expenses you claim.



Playgroup-Tasmania's mobile toy library and Playspots are coming to your town

On the 1st Monday of the Month

St Mary's Primary School, Kinder Room
12.30pm—1.30pm

www.playgrouptas.org.au

1800 171 882



July 2009

St.Marys has talent??

This year St.Marys Idol has morphed into a talent quest!!



Can you sing, dance, act or have a special talent that is **entertaining?**

Then you better start practising!!!

ST.MARYS GOT TALENT WILL BE ON

WEDNESDAY 15TH JULY

BBQ from 5:30pm

Show starts 6:30pm

Students from Grade 2—10 will be up on stage giving it all they've got to win cash prizes

Kiosk & Lucky Door Prize
Drawn on night

Entry = \$2 single
\$3 family (2+ people)

STUDENT FREE DAY

Friday 10th July

If there are any parents/carers who are unable to supervise their child/ren on this day do not hesitate to contact the school office on 6372 3900

Please note that school bus services will not be running on the day.

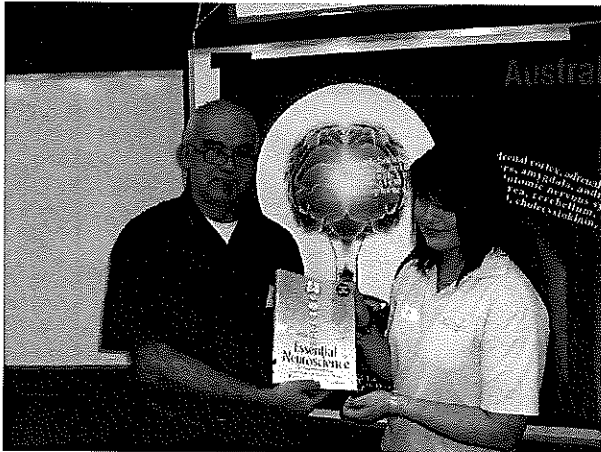
Monday	Tuesday	Wednesday	Thursday	Friday
29th June	30th June	1st July	2nd July	3rd July
6th July 🔥 Fire Education Program	7th July 🔥 Fire Education Program 🔥 Try-a-Trade	8th July 🔥 Fire Education Program 🔥 NHSSA Football/Netball	9th July 🔥 Fire Education Program 🔥 9/10 Science Training 🔥 Country Gold Training	10th July STUDENT FREE DAY
13th July	14th July	15th July 🔥 'St Marys Has Talent'	16th July 🔥 ENE Gymnastics gr 3-6 🔥 Secondary Social 🔥 School Newsletter due out	17th July 🔥 ENE Gymnastics gr P-2

ST MARYS DISTRICT HIGH SCHOOL



Tasmania
Explore the possibilities

Australian Brain Bee Challenge



Zoe Greenfield receiving her winner's award

On the 16th of June, after weeks of preparation, a nervous group of St Marys students and teachers headed to Hobart to compete in the State Finals of the Australian Neuroscience Competition.

The trip started slowly for half the team, until Mrs Brown learned to change gears in the school car. Eliza Payne made a memorable technicolour contribution to the other students journey, but all students made it to the University of Tasmania for what proved to be a gruelling day of testing.

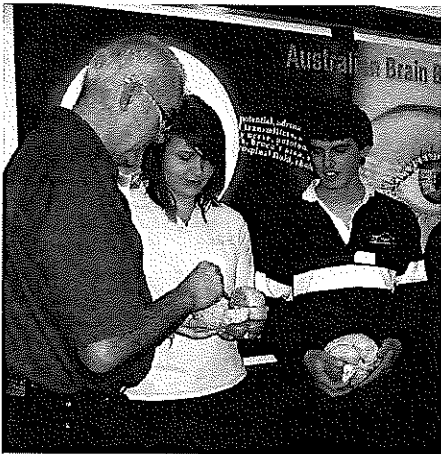
The students from our school produced a dominant display on the day. Split into two teams, both teams made it into a three team final against St Marys College. It was fantastic that one of the teams won and as a prize the school gained a valuable microscope donated by Zeiss.

In the individual section Brendan Tildesley went straight into the final with a student from Devonport High School. Elise Wright, Eliza Payne, Zoe Greenfield and a girl from St Marys College had to sit a preliminary final to decide who would take the 3rd spot in the final.

Zoe Greenfield got through and then went on to win the individual award. For her efforts Zoe gets to travel to Sydney with her mother to compete in the Australian finals and if successful there she will get an all expenses paid trip to the U.S.A. for the World finals.

All the students would like to express their gratitude to Mrs Linda Brown, the school Lab Technician and their tutor, whose unbelievable efforts ensured each and every student's success on the day.

Mr Brad Ennis
Science Teacher



The Finalists - Zoe Greenfield, Brendan Tildesley,



The winning team - Brendan Tildesley, Eliza Payne,
Zoe Greenfield



From Back - Lawrence Bretag, Brendan Tildesley, Joel Bennett
Linda Brown, Bronti Cooke, Eliza Payne, Elise Wright, Zoe Greenfield

ST MARYS DISTRICT HIGH SCHOOL
13 Gray Road, St Marys, TAS, 7215.
Phone: 6372 3900 Fax: 6372 2543
Email: st.marys.district.high@education.tas.gov.au



Tasmania
Explore the possibilities

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Sergei Korol- 28th June- 3rd July

Dr Phonesouk- 24th July- 12th July

Dr Libby Reeckman- 1st July

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre

GP Surgery Hours:

Monday—Friday 8:50am-12:30pm

12:30pm-1:30pm LUNCH

NO PATHOLOGY SERVICE 12:00-1:30PM

FLU LIKE SYMPTOMS

PLEASE PHONE 1800 358 362 BEFORE COMING TO THE MEDICAL CENTRE TO BE ADVISED ON THE APPROPRIATE ACTION

DISABILITY PARKING AT THE CENTRE

There are 2 Disability Parking Bays at the Entrance to the Centre.

DISABILITY PARKING MEANS— you have a *permanent disability* which prohibits independent access and you hold a current Parking Concession approved by Transport Tasmania.

Disability Parking is not available to people who have *temporary disorders* or where their condition is *expected to improve in time*.

Emergency 'Drop Off Zone' is in the Ambulance Bay at the rear of the Centre. This allows closer access to Accident & Emergency Services.

UPDATE OF PATIENT INFORMATION

- Have any of your details changed?

- Have you moved, changed your phone number, got a new Medicare card, Health Care Card or DVA Card?

Please ensure your personal details are currently valid.

Please update you details with our reception staff on your next visit to the Health Centre.

This makes your visit faster and if required contacting you easier and possible.

IMPORTANT PUBLIC NOTICE

COMMUNITY IS NOT ALLOWED TO USE COLLEX BIN AT HEALTH CENTRE

AA CONFIDENTIAL SUPPORT SERVICE

Meetings:

Wednesday nights St Helens Anglican Church 8:00pm and

Friday nights St Marys Anglican Church 8:00pm
For further details phone 6372 5026

WHAT'S ON AT THE CENTRE

1st July **Day Centre**— For details on the group please contact Ann Jetson on 6372 2111

1st July **Social Worker**

2nd July **Social Worker**

3rd July **Social Worker**

3rd July **G.P. North**
9am—5pm

Diabetes For appointments please see you GP for a referral.

Dietician— Appointments by referral from your G.P

Exercise Physiologist by referral from your G.P

6th July **Eyelines**
Appointments made through provider

7th July **Child Health Session** with Sue Gofton.
Every Tuesday by appointment. Please phone 0428 136 381

8th July **Day Centre**— For details on the group please contact Ann Jetson on 6372 2111

8th July **CRS** 10 AM

9th July **Social Worker**

10th July **Social Worker**

13th July **Relationships Australia** Lyn Marie phone 1300 364 277

14th July **Tom Bain- Rae & Partners Lawyers**. For appointment please phone 6337 5555.
Available Tuesday fortnights at the St Mary

15th July **Psychologist** Dohotay Teboul— appointments by referral from your GP.

15th July **Social Worker**

ST MARYS COMMUNITY HEALTH CENTRE
REQUIRES HOUSE TO RENT FOR DOCTOR
MUST BE INSULATED
CONTACT KAREN O'SHEA
63722111

SCRIPTS AND DOCTORS APPOINTMENTS

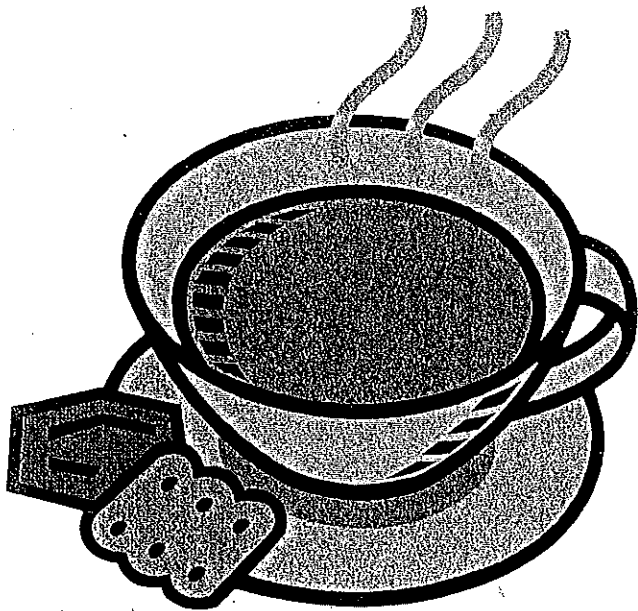
Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting period can apply.

Diabetes Week

Winter Warmer

*Free Lunch



Date: Tuesday 14th July

Time: 1200

e.ScApe café

St.Marys

Soup luncheon promoting
Diabetes Awareness.

Have your Blood Sugar
Level checked & waist
measured before lunch

Contact person: Sallie Holley
Community Nurse ph:6372 2111



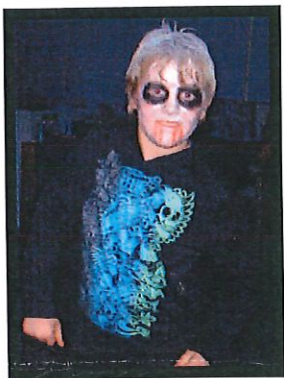
School Social 23rd June 2009

On Tuesday the 23rd of June the whole school attended our Social. It was our first social for the year. Nearly everyone came to the Social at school. There was a gold coin donation to come. We had dancing, food and games. There were prizes for the best dressed.

Lauren Templar Kunta	- K/P/1/2 Girls
Connah Tuck	- K/P/1/2 Boys
Kimberly Burns	- Grade 3/4 Girls
Nathan Applebee	- Grade 3/4 Boys
Ashleigh Templar	- Grade 5/6 Girls
Harvey Flynn	- Grade 5/6 Boys

All money raised will be donated to the Royal Flying Doctors Service.

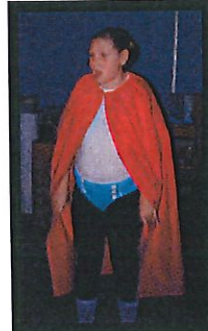
By Sydney Rushton



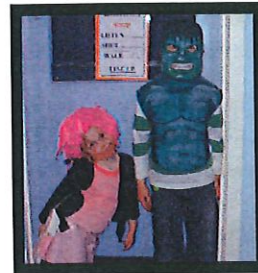
Jayden Bosworth



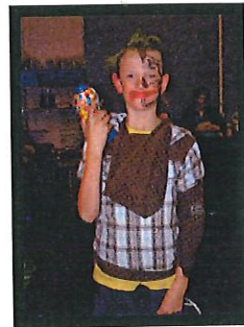
Mackenzie Woods
and Catherine Bean.



Breeana Francis



Lauren Templar
Kunta and
Connah Tuck.



Harvey Flynn



Ashleigh Templar



Joseph Gee



Grace Gee



Kallam Brittain



Leo Davies and
Aaron Rush.

Calendar of Events - July

6th	7th School Photo's	8th Flexible Programs Symmons Plains Cross Country	9th Launching into Learning 1.30—3.00 p.m. Assembly Student Leaders 2.15 p.m. ENE Training St Marys 12.30 p.m.	10th Student Free Day
13th	14th	15th Flexible Programs	16th Launching into Learning 1.30—3.00 p.m. Newsletter ENE Gymnastics St Helens Grade 3-6	17th ENE Gymnastics St Helens Grade Prep-2

St Marys Sports Centre Inc. news Kackhander

It's good to report that a successful Annual General Meeting was held last Friday night (June 26th). Thanks to all who came along and made it a positive thing indeed.

First of all a big thanks must go to Bob Hersey. Bob has been a terrific worker for the club as President over the past few years, and has been a major reason why we continue to be viable in such difficult times. Although Bob is having a spell as President he is keen to take on another role as leading a new Golf Sub Committee group with a view to re invent golf in the club and make big contributions to the course and club. On all counts, thanks Bob.

The newly elected Sports Centre President is Jim Turner. Jim has been a keen and continuous contributor to our club since he and Glynnis settled here several years ago and by taking on the President's role he will add to all this. Congratulations Jim.

The other good thing is that it's terrific to welcome another new person onto the General Committee especially some one who will have fresh ideas on all sorts of things. We welcome Craig Freiboth here and knowing Craig he will be a great addition. Thanks also must go to Brent Leedham who has been an integral member of the committee for four or so years and who is also having a break after contributing in all sorts of aspects. Thanks Brent.

The other positions are Club Treasurer, Barry Harrison. (Thanks Barry) Secretary, Rod McGiveron and hardworking committee persons (alphabetically) Mark Carrick, Bobbie Harwood, and Glenn McDonald. Thanks so much to you all for committing to the committee shall we say.

One of the prime reasons of an AGM is to set Subscriptions and it was decided in general by the members attending to leave sub's essentially the same, but with the incoming committee possibly investigating minor alternatives after detailed discussion. As our President will be unavailable until the last week of July, the first meeting of the new committee won't be held until then so subscription notices will go out around the end of July.

Another big thank you goes to Clr. John McGiveron as club patron who is having a spell from the role for a while. We will announce our new patron very soon.

To Golf and Bowls. Never thought we'd say it again but THE COURSE IS SATURATED which in the long term is for the short term over the past two Saturdays has conspired to curtail competition, very unfortunately. We have a heap of events to get through so look out soon weather permitting. It's going to be a busy time for a new sub committee and volunteers alike.

To bowls and it's not all that long until the next season. Coming up on July 12th at Bicheno at 2pm is the East Coast AGM. We need a solid group to go so if you can attend please do so. It's really important to have our club well represented.

Anyway, until next time, good hitting and rolling.

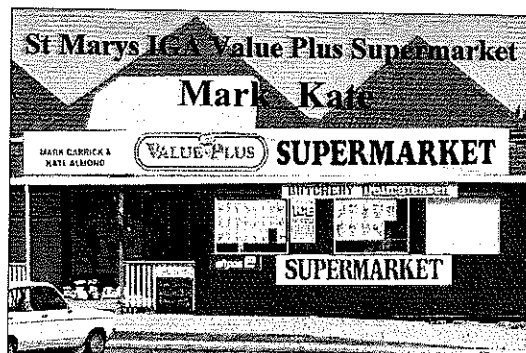


East Coast Motocross Up 'n' Coming Events Saturday 4th & Sunday 5th July



This will be the first time the East Coast Motocross Club has held a 2 Day Tasmanian Motorcycle Championship. 2 days of non stop racing of over 160 bikes from all over the State including 12 local riders. Riders will be looking at big point gains at this round - as this is the 2nd last round for the year. It will cause some very exciting racing between riders who are close in points.

The Club is also looking for helpers for the 2 day State Round. For more information about the ECMC or wanting to come along and help at the Club please contact Anne on 63 761 380 a.h.



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon - Fri 8am - 6pm
Sat 8am 12 noon

This week's specials.

From the butchery

Chicken kebabs	\$ 5.95kg
Porterhouse steak	\$14.99kg
Regular beef mince	\$ 7.99kg
Topside roast	\$ 7.99kg
Turkey rump roast	\$ 7.99kg

Instore specials

Spree dishwashing liquid 1lt	\$1.99
Cold Power 2xultra laund. powder 500g	\$1.99
CSR white sugar 3kg	\$3.99
Cottees cordial syrup 2lt	\$3.79
Tetley all rounder tea bags 100s	\$3.99

Late week specials

Wondersoft toilet tissue 8pk	\$2.99
Viva paper towels 3pk	\$3.99
Kleenex facial tissues 110/180s	\$1.99

Next week's specials.

From the butchery

Corono roast	\$ 8.99kg
Pandani pickled pork	\$10.99kg
Chicken lovely legs	\$ 4.99kg
Forequarter lamb chops	\$ 7.99kg
T-bone steak	\$14.99kg

Instore specials

Purex toilet tissue 9pk	\$3.99
Gravox real stock liquid 1lt	\$2.85
Fountain tomato squeeze sauce 500ml	\$1.79
Country Ladle canned soup 505/510g	\$2.79
Quilton facial tissues 110/120pk	\$1.49

Late week specials

Papa Guiseppi family pizza 500/530g	\$3.99
Ingham frozen chicken No 15	\$5.99
Arnotts assorted cream biscuits 500g	\$2.99
CSR white sugar 2kg	\$2.59
Sanitarium Weetbix bites 500/510g	\$3.99

