



The Valley & East Coast Voice

Est. 1968

Volume 42 No. 17. Thursday March 25, 2010.

50 cents

It has been a tough slog for the hard working committee of the St Marys Tigers Football Club; despite great support from the community they simply have not been able secure a place in a football association without having to commit to extensive travel.

An application to join the Oatlands and District Football Association was unsuccessful and the perhaps romantic notion of reforming the Fingal Valley competition met with little support from surrounding clubs.

So despite their best efforts and following some very successful social events (including some great games of footy) the club still find themselves between the legendary rock and hard place. Fortunately, now, the Club may have been thrown a lifeline by the AFL Masters Football Association.

AFL Masters football is simply conventional Aussie Rules slightly modified to reflect the ages and physical capacity of players. Two divisions are available, one for players 33 years and over and one for players 43 years and over. Perhaps surprisingly there are many, many players, right through to their 60's, currently playing Masters football.

There has long been a thriving Masters competition in the southern part of Tasmania but a number of teams have now formed in the north of Tasmania to the point where there is scope for a formal competition. We have now heard that the St Marys Tigers Football Club has been invited to establish one or two Masters teams with the initial aim of participating in a series of social matches in the north of Tasmania and perhaps eventually participating in a formal competition.

This is exciting news for the St Marys Tigers and now provides an opportunity to put one or maybe two teams on the paddock without upsetting the balance with existing football clubs in the area.

According to Harry Veldums, Club President, this is a real shot in the arm for the Club. "At least we can see a way forward. We know that there are quite a few eligible players in St Marys but we can also look to potential players from surrounding areas. With any luck we should be able to form at least a 33 and over team," said Harry.

"We have also been invited to enter a 33 and over team into an AFL Masters Carnival/Gala Day to be held at Campbell Town on Sunday 30 May featuring teams from all over Tasmania. This represents a fabulous opportunity to get a team representing St Marys and surrounding areas on the paddock in a competitive environment. We are confident that the local community will get behind our efforts – the Tigers are alive and starting to grow!" Harry added.

So all of you retired footballers, dust off the boots and have a go! Simply register your interest with Harry at the Post Office or have a word with Michael Cooke, Rick Lohrey or Gary "Speed" Maher should you see them around. Hopefully the Club will be able to announce a date and time for a player meeting, light training run and BBQ to be held at the St Marys Recreation ground in the very near future.

How good would it be to be back at the footy ground on a Saturday afternoon cheering on the mighty Tigers? All involved at the Valley Voice wish the Club the best of luck in their endeavours and we hope to be reporting on the results of Tigers matches in the not too distant future. Go the mighty Tigers!!



St Marys Tigers Football Club Inc.

In the photo left, there would be several players eligible to play in any Master's division.

Come on boys, make the 'Mighty Tigers' come alive once more!

Back L/r: Sean Aulich, Les Lavelle, E. Maher, Brett Maney, Des Faulkner Jnr, Anthony Singline, Vance Donald, Mark Ridgers, Nigel Britton, Andrew Wright, Scott Bean, T. Miller, Brian Birrell, Ian Faulkner.
Front L/r: Neville Peake, Shane Gavaghan, Andrew Singline, Paul Rawnsley, Ricky Lohrey, Stuart Rawnsley, Graeme Peel, Alan Lynch, (Capt/coach) Murray Bennett, Michael Williams, Leigh Spilsbury.
Mascots: Adams Williams, Nigel Birrell.

Please note: Deadline for articles in the next Valley Voice is 5pm Tuesday April 6, 2010

NEW EMAIL ADDRESS: judith.spilsbury@telair.com.au

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets for meetings the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts holds general meetings the first Wednesday of the month at 5pm at the Happy Belly Deli. **Winter Solstice** planning meetings are also currently being held fortnightly, the next one is on Wednesday March 31st at 6.30pm following the general meeting.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre, Day Care room.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

St Marys Playgroup meets each Monday 10.30am - 12 noon at the **Falmouth Community Centre**, during school terms. \$2 a session per child or \$3 per family. Please bring a piece of fruit to share and your child's personal drink bottle. Bikes plus helmets welcome. **Phone or text: Danyelle: 0427 073 100.**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

St Patricks Head & Esk Valley Historical Society Inc has a meeting one month and a field trip the next. We invite everyone to come along on the third Sunday of the month and enjoy an informative time with lots of fun. For more information Phone: Barry Aulich (637225752) Darlene Wright (63722416) or Jim Haas (63722127)

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.
Ph: John 6376 3130.

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on **03 6372 5604.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

St. Helens Al-Anon Family Group Meeting: St. Pauls Anglican Church Hall - every Sunday 2pm Contacts: **Ann, John 6376 3270 or Rose 6376 3335.**

The Friends of the History Room hold General Meetings: 8th February, 10th May, 12th July --AGM, 11th October. Executive Meetings: 9th March, 14th June, 9th August 13th September, and 8th November. All held at Tidal Waters at 5pm.

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**Hear Ye! Hear Ye!
Hear Ye!
Happy Birthday
Rod McGiveron**



**From your friends
in St Marys**

St Marys Market

Rain hail or shine the markets will be held on the
1st Saturday every month in the community hall
9am till 2pm

new stall holders welcome
phone Colin 03 6372 2707
Tasmanian Regional



Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park. There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking and other inquiries, please phone Sylvia on 6376 8390. Saturday mornings only: 0447 589 803.

Classifieds

For sale

Double bed mattress and base, good condition. \$80 ono
Skylight Prism style still in box cost \$300 sell \$175. ono
Rotary Hoe Volka 6HP electric start 16" cut, little use, as new \$990. Ph: 6372 5101 or 0417 385 787.

Two layer "coogans" kitchen trolley. \$50. ono. Portable grill and toaster. \$15. Two microwave ovens. \$20. each
2 seater couch. \$30. Antique towel rack. \$40. Large tin cabin box. \$40. Large wooden carved blanket box. \$150. Display wooden cabinet. \$60. Pine wooden kitchen cupboard. \$150. Wardrobe with plenty of drawers. \$30.

For enquiries please call Fe: 6372 2410 -0418 592 944.

4 male Muscovy ducks. 1st year. \$10 each.

1 plain male duck. \$5.

Small auto station wagon. As is, where is. \$150.

Ph: 6372 2380.

1999 Toyota Corolla CSI Seca Hatch. 159,000 klm. white, automatic, power steering, genuine air conditioning \$6500. ono. For more inquiries please ring Fe: 6372 2410 - 0418 592 944

160 x 230cm Belgium fringed carpet. Rust, rose colour. \$25. Small blackwood and tapestry folding chair. \$25.

Single bed flounced blue and pink bedspread. \$5.

Two satin-bound single blankets. \$10 each.

All good order. Ph: 6372 2344.

Baby rocker, "Valco Baby" grey/black with toy bar. Good condition. \$35. Laundry trough. Nugeam stainless trough, plastic non-rusting cabinet. New, unused. \$100.

4 Sunraysia 4x4 wheels. 15x7 Hilux with used 30x9.5x15 BF Goodrich all terrain tyres. \$140.

Ph: 6372 2813

0-4 Car Seat. Blue velour with insert. Good Condition. \$200. ono. Ph: 6372 2513.

Swimming Pool. 8 foot round/ 3 foot high. Ladder, cleaning equipment. \$150. Ph: 6374 1058.

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2 bar stools (timber) excellent condition. \$100. Triton 7pc pro kit 1/2 router bits. Brand new. \$80. 4WD car cover. Brand new. \$70. Approx 5hp petrol motor. Goes well. \$100. 51cm Samsung Plano TV. As new. \$150. ono. Ph: 6372 2438 or 0439 333 398.

Garden mulch or bedding. Small square bales of oaten straw. \$5. Ph: 0407 944 158.

Garden mulch, in big round bales. (wheat straw, weed free) \$60 a bale, delivered free in St Marys area.

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"Moo-Poo". Finely screened. Any quantity. See Norm. Ph: 6372 2380.

Tractor slashing available. Ph: 0407 944 158.

Portable milling available. Ph: 0427 715 577.

WANTED

ACREAGE

20 - 50 acres in St Marys or Fingal Valley.
Including 15+ cleared acres with good sun.
Good water (spring, creek, possible big dam).
0423 186 985, noise management@gmail.com

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Greater Esk Tourism (GET) - next meeting is 7 p.m. on 5th April 2010 at Fingal Valley Neighbourhood House. Come and contribute your creative ideas and vision for promoting our beautiful area! All welcome. For more details, please phone the president on 6372 2783 or visit our website - www.valleys of adventure.com.au.

Homebrew supplies

Beer and spirit making supplies. All your kits, yeasts, essences and equipment available. Free local delivery in St Marys and district. Ph: 6372 2540.

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please let us know if items are sold. Every effort will be made to have correct details and phone numbers. However if there is a mistake, it will be correct in the following issue.

Articles for any edition may be left at the St Marys Pharmacy. This also includes items for sale and wanted.
Please ensure that your details are included.

A LITTLE BIT OF HERITAGE: Jim Haas "Benham"

In April of 1926 the Examiner Newspaper ran an article relating to a fire at Avoca, part of which read: *".....Rats are believed to have caused a spectacular fire, which totally destroyed "Benham" the beautiful Avoca home of Mr A. F. A. O'Connor. The damage is conservatively estimated at £15,000.*

It was reported that flames leapt 150 feet in the air and were visible for the radius of many miles. While an heroic band of county people were endeavouring to save valuable furniture, paintings and family belongings from the blazing building, 2,000 cartridges in the gun room exploded....."

The structure was rebuilt and established as a homestead when Mr A. F. B. (Barney) O'Connor was married and moved there in 1936.

Ironically, this was the second time the "Benham" homestead was damaged by fire. The first time was in 1889 when the original home built by Captain James Grey was completely burnt to the ground.

The "Benham" story goes back to 1827 when the land which now makes up the estate was granted in lots of 2,000 acres or so, to a number of people including Captain Grey, John Burnett, Mathew Foster, Major Abbott, William Roberson, and Edward Butler.

In 1844 however, Roderick O'Connor purchased the grants and went about establishing "Benham", which eventually grew in size to around 66,000 acres and at one time was the largest privately owned single landholding in Tasmania.

Roderick O'Connor was born in County Cork, Ireland in 1784. Accompanied by two sons, William and Arthur, he came to Van Diemens Land on board his own ship the *Ardent* in 1824. He was the son of a rich Irish land owner and one often wonders why he would have left the comfort and stability of his wealth to come to such a foreign untamed land. But then, his wealth soon increased in the new land. On his arrival he became very good friends with Lieutenant-Governor George Arthur who gave him his first land grant of 1,000 acres on the Lake River. He was also made Commissioner of lands and then inspector of roads and bridges where he had control of hundreds of convicts, many of whom he was able to have work on his own estates. As land Commissioner, he came to the St Pauls Plains in 1827 and had a hand in choosing the site and naming the town of Avoca.

O'Connor left the public service when Arthur's governorship came to an end in 1836, but he remained very much in the public eye by being extremely vocal on many issues. Apparently he was a quarrelsome man, and had many debates with Government officials, neighbours and colleges, to the extent he was labelled the "red hot Irishman".

But it seems Roderick's main mission was to accumulate land and at the time of his death he owned eleven properties, totalling some 65,000 acres (26,305 ha) and another 10,000 acres (4,047 ha) of leasehold. His two main properties were "Connorville" near Cressy and "Benham". He died at "Benham" in July 1860 and was buried in the Avoca Roman Catholic Cemetery.

After Roderick's death, son Arthur inherited his estate because the other son, William, had died five years earlier.

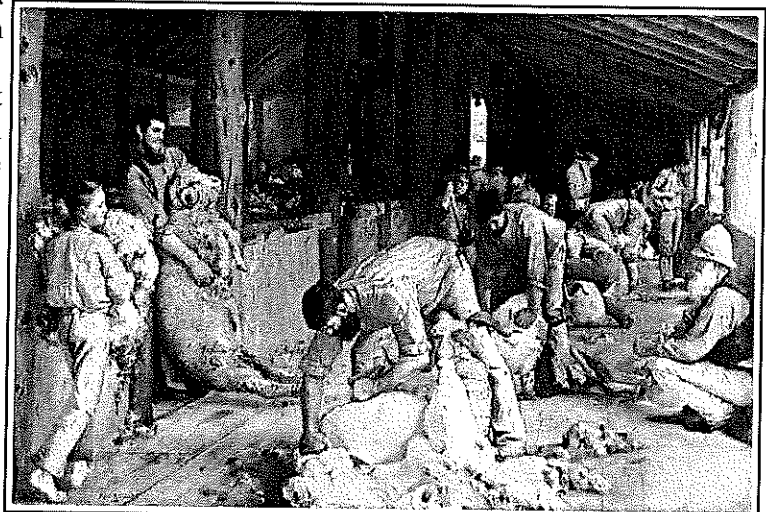
At one time "Benham" was one of the world's top fine-wool growers and one of the largest producers of wool with over 30,000 sheep producing up to 800 bales of super fine wool per year.

"Benham" has always had a major influence on the Avoca community and although staffing levels have been reduced considerably in recent years, at times during the hey-days of high wool prices in the 1900s, over fifty people were employed, including five or six fulltime fencers. Around the homestead with cottages, men's quarters and numerous outbuildings, the area takes on the appearance of a small village in its own right.

The property has also played a significant role in the development of sporting and social facilities, in particular football and the once famous Benham Ball.

Descendants of Roderick O'Connor have maintained ownership of "Benham", with current owner Frank taking over from his father Barney, who died in December 1971.

Thanks to the book *"St Pauls Plains Avoca 1834 - 1984"* written by David Masters for information on this story.



Letters to the Editor

Vol. 42 No 18, 2010

Dear Editor,

As I am one of the Landowners affected by the private road closure, see letter by Barbara Strainig "A Cruel Indecency" Vol.42 No15,2009 and Michael Aulich's reply Vol.43 No16,2010, I feel it is my duty to clear up some misunderstanding.

The road in question was put in place over 30 years ago for timber harvesting, has been in use by 4 landowners up here and the community for all those years. The Reserve Road around the property was never put in place, because of a steep rainforest gully.

The previous owner of the property owned the land for 20 years and has never questioned our private access. I have used the road for 11 years. The current owner bought the land in April 2009 and was made aware of our private access by the previous owner.

I met the current owner on the first day of them inspecting their boundaries and was assured that there would be no trouble with access through their land...How wrong that turned out to be!!!

After 6 months of illegal logging, building without a permit and several people objecting to Council...a gate across the road was erected, I was given a key, "Life long verbal access, sealed with a handshake", and Barbara Strainig was given 2 hours to vacate her property... This was our only access.

After some helpful advice, I decided in November 2009, as the road had been used for over 15 years by various landowners, to file a claim with the Land Titles Office for "EASEMENT by POSSESSION".

Barbara Strainig, road user for 5 years, Michelle Menogue, road user for 16 years, also lodged a claim.

I explained to the current owner that, IMO, this was the best way to solve the problem without any cost to her and pleaded to re-open the road until we get a decision from the Land Titles Office. This was rejected.

A "Property Access Licence Agreement" was taped to my entrance on the 10th of November 2009 with 2 days to sign.

The main points read:

"Term" means the term of this Licence being 6 months from the commencement date.

1. Grant of Licence.

1.3 The licensor may allow renewal of the licence upon its expiry.

I did not sign and my "Life long Access" was promptly withdrawn. Of course, NO other landowner has signed the "may allow renewal", agreement.

I was witness to an abusive tirade in public, and received an abusive phone call on the 17th January 2010. Destroying the road with a bulldozer on the 23rd December 2009, is also on record. No more fire truck access that way. Lucky we still had that road in the 2006 bushfires.

In December 2009, to avoid confrontation, I created a temporary 4WD access for myself, through another part of my property. There is NO oral or written agreement with anybody else, to use this access, as it is too steep and dangerous for any 2WD Vehicles, including Ambulance. We are still waiting for a decision from the Land Titles Office.

Given that the new owner does not even live on the property anymore and the badly damaged road remains closed to all of us, one can only wonder about the motive of such disgraceful actions. Helmut Rademacher, Mt Elephant.

Dear Editor,

In response to Peter Powers letter regarding the immediate ban to duck shooting, yes I agree we should review the taking of duck, quail, short - tailed shearwater, kangaroo, wallaby, rabbit, fowl, fish, crayfish, sheep, cattle and any other animals, being native or not we kill to eat (survive) or perhaps we should just let these animals over populate and starve.

So go and make yourself a lettuce sandwich and have a good think about things.

Tony Singline,

Chain Of Lagoons.

P.S. How many of the older folk and their families in the valley and this state would not have survived had it not been for hunting and being able to slaughter for the table.

Dear Editor,

Peter Power's letter. Banning of duck shooting.

It is quite evident the writer does not know the minimum requirements to obtain a legal duck shooting licence.

- Permission and a signed permit before entering properties.
- Registration of all firearms.
- Sitting and passing of a water fowl identification test.
- Maintaining an unblemished game record to enable a shooter to gain a licence.

Also Mr Power, we do eat the game we table and I take offence to being called a barbaric vandal, and perhaps you should look around before giving law abiding shooters a bad name.

Russell Barr,

St Marys.



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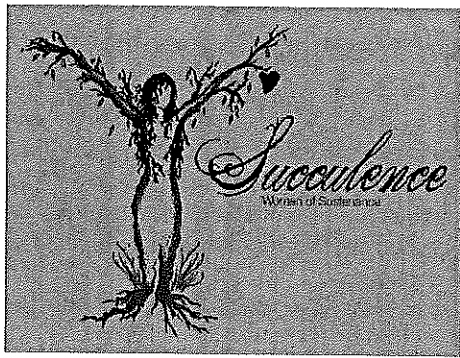
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MATERIAL GIRL 2010 Exhibition

Opening: Sat 10th April 3 - 4pm

Venue: Manna Farm, Main St, St Marys

\$5 for wine & nibbles with music by dynamic local pianist and opening speech by Councillor Hannah Rubenach

Exhibition Dates: 8th April - 2nd May (Thurs-Sundays)

Hosted by: Colin Smith & Russell O'Brien in conjunction with Grassy Bottom Regional Arts as part of the Tasmanian Regional Arts 2010 Visual Arts Touring Program



www.fingalvalleyhistory.com

HISTORY FIELD TRIP

Are you interested in a relaxing walk in good company?

Or would you like to learn the history of the timber mills of Irishtown as told by Barry Aulich?

Perhaps your interest is Kringle's Caves, a once popular picnic destination for our ancestors?

Whatever your interest, you are welcome to join members and friends of the St Patricks Head & Esk Valley Historical Society on a walk through Irishtown and on to Kringle's Caves.

We plan to meet at the Purple Possum in Story Street, St Marys, at 10.00am on Sunday the 18th April.

All you need is suitable footwear and clothing, a picnic lunch with a drink.

For more information Phone: Barry 6372 5752, Darlene 6372 2416, or Jim 6372 2127.



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COST: \$20 or \$15 con-
ring John on 6372 2413



CELEBRATING BIRTHDAYS THIS MONTH

DEIDRE PANTON
LOUISE WILLIAMS
TRISH PIKE

FINGAL GARDEN CLUB

Are you interested in joining our Garden Club?
The Fingal Group meets the second Tuesday of
each month at the Uniting Church Hall, Fingal.
2 — 4pm.

Enq: Fingal 6374 2232- St Marys 6372 2196

Meeting up with the Shahs

While recently holidaying on the Central Coast of NSW, the girls and I met up with Pravesh and Premella Shah. For those who have never met this couple, you have missed out on the opportunity of knowing these great people who, for a short time, were members of our community. They live in a gorgeous part of the coast in a place called Lisarow.

After leaving St Marys they headed to New Zealand, but decided it wasn't the country for them. Pravesh found an opportunity practising medicine at Wyee, NSW before taking the plunge and opening up his own medical centre at Gorokan and called it the Wallarah Bay Medical Centre. Premella is ever the efficient practice manager.

The practice is so successful that there are a further two doctors working for Pravesh and Premella, and a number of nursing and administration staff that ensure that the Shahs now lead a 'normal' life: actually having time off on weekends.

As for Kajal and Jasbir, they are also successful. Kajal attends school at Gosford while Jasbir goes to Warnervale High. Kajal has become quite the singer (opera) and has received recognition through exams and continues to explore this opportunity, while Jasbir is focusing on his studies and is very interested in information technology.

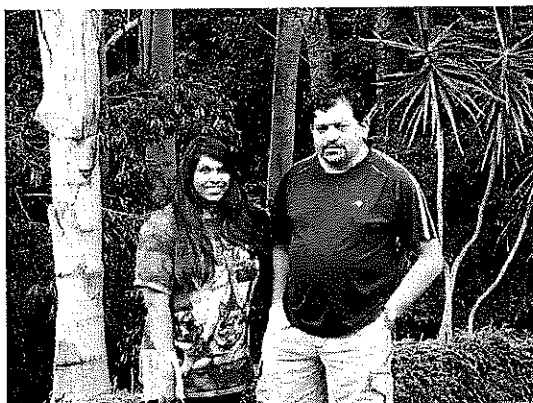
We were fortunate to be treated to Premella's morning tea and lunch before heading off for a tour as far south as Terrigal and north around the spectacular area known as The Entrance and Lake Munmorah.

We have an open invitation to visit again, and that's something we will be doing in the not too distant future. The Shahs send their fond hellos to all their friends.

Sandra Cook, St Marys



Bec and Jayne with Pravesh and Premella.



Premella and Pravesh Shah.

SWEET
16

HAPPY BIRTHDAY

Miss Mollie Bantick

Sweet 16 on the 1st April 2010

I guess we can stop the
April Fools Day Jokes now you are 16
and start preparing ourselves
for your driving.

Love you billions.
All the Family xxx

THE NEW CONTACT PHONE NUMBER FOR BOOKINGS FOR
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Great job.**

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Elaine if this sounds like you!**

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then!**

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ST MARYS PLAYGROUP

NEW TIME:
 Every Monday 10am- 12 noon
 during school term.
 commenced 22nd February, 2010.

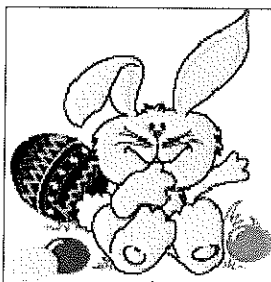
NEW LOCATION:
Falmouth Community Centre

EVERYONE WELCOME:
**\$2 a session per child
 or \$3 per family.**

Great Fun and Friendship!

Please bring a piece of fruit only to share,
 plus your children's own drink bottle.
 You may also like to bring your children's bikes
 and helmets.

**Any questions please call or text
 Danyelle on 0427 073 100**



**Wishing all our
 readers a very
 safe and happy
 Easter.**

REMEDIAL MASSAGE

Geoff Coasby (CSM.CRM.)

Now in Fingal

15 years extensive experience treating professional sports people including AFL footballers, triathletes, swimmers and everyday people who are suffering from muscular problems.

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MONDAY - WEDNESDAY 9AM - 3PM

THURSDAY 9AM TILL LATE*

FRIDAY 9AM - 5PM

*By appointment

MAIN ST ST MARYS — PHONE: 6372 2108

*I WOULD LIKE TO WISH KELLY AND SIMON
ALL THE BEST FOR THE FUTURE.*



OUT OF THE WOODWORK

Wendy Brennan Secretary

Mobile 0408656014

The marquees have been dusted off as the Guild prepares for our main event. As previously stated the response from exhibitors has more than met our expectations and to add further to our clever selection of exhibitors.

Strawberry Jelly will grace us with their eclectic selection of charms, potions and not to forget **Kelly** herself who brightens anyone's day.

Col and Russell from Manna farm will be having a stall. I believe that most keen gardeners from the Break O'Day will know these two green thumbs who need no formal introduction, about the quality of their plants and teas. They would be only too happy to discuss any of your gardening needs.

Warped Productions owned and operated by Jacinta Allen will be there to demonstrate the beautiful work which can be produced by spinning and weaving natural fibre. I can personally vouch for this artist's beautiful hand made scarfs which will be for sale, they are not only practical in the cold but are beautiful to the eye.

Please keep a look out soon for our faithful and trusty ticket seller **Mr Pete Williams**.

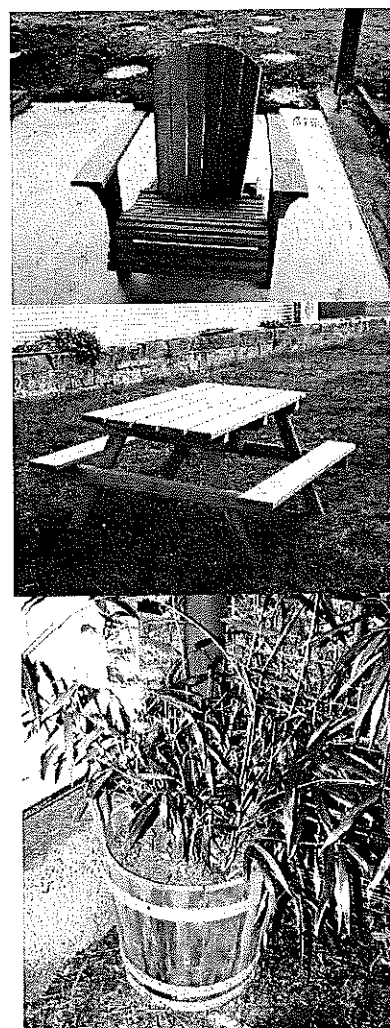
The Guild will be raffling an outdoor chair, picnic table and two wooden tubs. Prizes will be drawn at our

Open Day on the 17th April

which has been supported by the Break O'Day Council, StarFM and the Fingal Valley Neighbourhood House.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at 2.00 pm. The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

Pics of Guild's raffle prizes. Three tickets will be drawn and first drawn will have first choice of raffle items and second drawn will have the choice of the two remaining items. Third prize will be remaining item. N.B wooden tubs will be minus the plants.



Kickin' on. Rod McGiveron

In this year of the World Cup 2010, it's good to know that our own local kids are very keen to advance the world game in this community. Every morning Grade 9 students Stephen Lea and Corey Thow are found enthusiastically practicing their skills near the netball courts at school.

A little while back I found myself talking to them about football (soccer to the uninitiated) and Stephen and Corey gave me a run down on what was about to happen. The school is entering a football (soccer) team in the winter high school comp in Launceston to go with the Aussie Rules team and two netball sides in the same competitions.

To achieve their goal (pun intended) these kids had to demonstrate a need for their team and Assistant Principal Mr Barry LeFevre and other keen staff members have sought and obtained approval at this stage. Yet to be decided is the exact format of the team, that is if it is all boys or mixed. The season doesn't commence until second term so there is still time to sort out the details. They'd love to see any interested girls take part too, even if mixed teams don't occur. It's still a great game to learn about.

As the two boys are the main driving force behind this exciting opportunity, they are keen to take on leadership roles and also wish to help organize lunchtime practice and so on. Mr LeFevre was keen to seek some good coaching too and anticipates a good attendance and interest.

In the not too distant future notice will be given to interested people, players and helpers to show support to these enterprising students keen to see a new arm take off in the school's already impressive sporting successes.

If you can show support, please do so. This includes of course Aussie Rules and Netball too. We should all be very proud of these kids.

Once the side is playing we will keep you updated on their progress through the Valley Voice.

Good luck to you all.

Walking into the bar, Mike said to Charlie the bartender, 'Pour me a stiff one - just had another fight with the little woman.'
'Oh yeah?' said Charlie, 'And how did this one end?'
'When it was over,' Mike replied, 'She came to me on her hands and knees.'
'Really,' said Charles, 'Now that's a switch! What did she say?'
She said, 'Come out from under the bed, you little chicken.'

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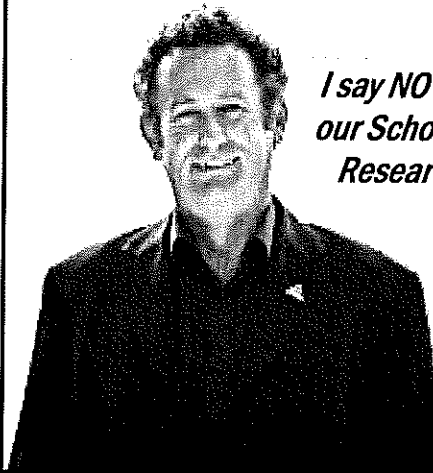
Tim Morris MP

Tasmanian Greens Member for Lyons



Tasmania

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our School Farms and
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www.tas.greens.org.au

Authorised by Tim Morris MP, Parliament House, Hobart 7000.

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The

Roost takeaways

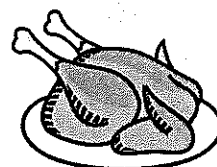
Barbecued chickens

Great coffee

Fresh fish & chips

Hamburgers, Chickenburgers

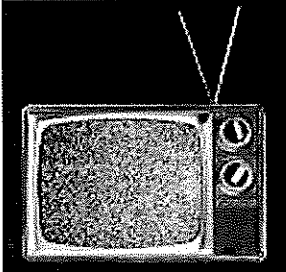
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Ph: (03) 6376 2613



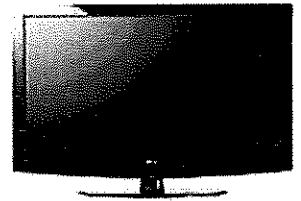
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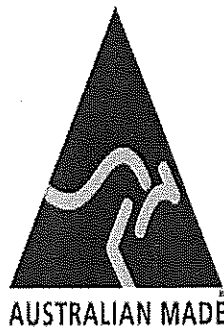
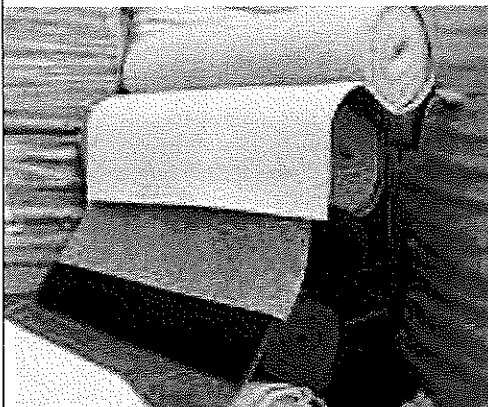


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NORTH EAST UNDERSTOREY NEWS

The North East Understorey Network secured funding through NRM North's Small Grant Scheme to conduct a Bushland Management Workshop. The workshop was delivered by Anna Povey from Bushway's Environmental Services and well attended by USN members and the wider community. Topics covered included: seed collection, weed



identification, fire management, native plant identification, fauna habitat & awareness. The morning session was held at the Scamander Sports Complex and the afternoon followed with a guided walk through the Winifred Curtis Reserve by Anna and Paul Frater a local horticulturalist and a Winifred Curtis Trustee.

Scamander has an incredible diversity of botanical plants that make it truly unique and special to the area. The Winifred Curtis Reserve is a 75 hectare private nature reserve. The reserve is the last intact remnant of dry sclerophyll bushland, marshland and heathland in the Break O'Day Municipality. The area was greatly affected by the bush fires of 2006/2007 and is currently a wonderful place to observe the regeneration of native plants following bush fire. There are over 300 species of native flora and 80 species of land and water based birds. There are over 7kms of easy walking tracks encompassing the 16 ecosystems and the group followed the tracks during the time spent exploring the reserve and identifying the various plant groupings.

The workshop was a great opportunity to bring together North East Understorey network members and like-minded people who share an interest in the natural environment. The workshop provided an opportunity to be instructed in how to identify and collect seed from local plant species and shown how to propagate the seed successfully. It also provided a time in which the group could explore the diversity of the natural landscape of the Winifred Curtis Reserve and a private garden under the guidance of a professional horticulturalist; and to promote membership of the Understorey Network to those who were unfamiliar with the aims and goals of the Network.

The difference brought about by the workshop was to educate community members in regard to local plant communities, encourage membership of the Understorey Network and create a stronger network of interested parties in local plant communities. A very worthwhile undertaking that was found both enjoyable and educating by all the attendees according to the feedback received.

Our next activity is to be a guided Walk and Talk around the South Sister area looking at the uniqueness of the plant communities there.

For further information on the Understorey Network activities call Janet Drummond on 63722851

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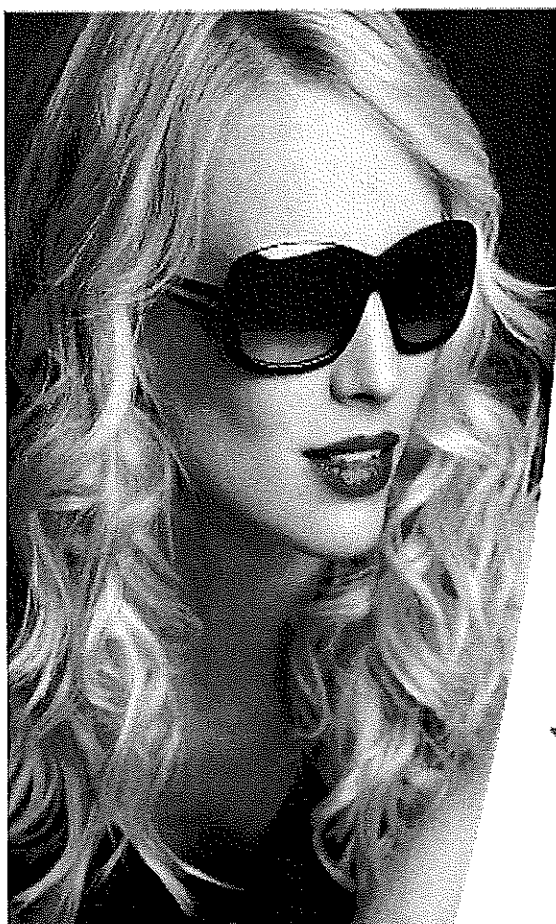
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Greg Dennis	8 April	Greg Dennis	20 May
Greg Dennis	9 April	Greg Dennis	21 May
Sue Sluce	29 April	Sue Sluce	10 June
Sue Sluce	30 April	Sue Sluce	11 June



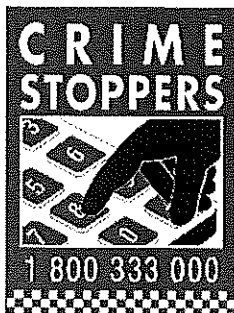
To arrange a consultation to discuss all your vision needs, contact:

Ernest Targett Pharmacy

6376 1374

 **optomeyes**

SEE LIFE DIFFERENTLY



St Marys Police Report

The up coming end to daylight saving and the recent cold weather indicates that winter is just around the corner. Legislation requires drivers to turn on their lights (headlights not just park lights) approaching dusk and also in hazardous driving conditions.

Hazardous driving conditions refer to all times of the day and night and include fog, rain, mist poor light and any other form of hazard. So often police see drivers (more often than not in dark coloured vehicles) failing to carry out this simple task which apart from obeying the law, is a safe/considerate action to take.

I can advise readers this aspect of road safety/policing will be enforced by all police personnel and in particular officers from the St Marys Sub-Division.

During the Easter holiday period expect to see an increased police presence and numerous traffic operations. In particular police will continue to target the main causal factors in fatal and serious injury accidents, namely inattentive driving, drink driving, speeding and failing to wear seat belts. Inattentive driving includes such things as using mobile phones, failing to indicate and disobeying road signs and road markings.

Easter in the Break O'Day Municipality not only brings an increase of traffic to our roads but also the increased usage of our waters. If you plan on using your vessel over the period please ensure you do so responsibly and with consideration for others. You should also ensure that you are carrying the required minimum safety equipment. Random checks of vessels, including safety equipment carried will be conducted at ramps and at sea. Tasmania police can also random breath test vessel owner and operators with a 0.05 limit applying on the water just like the road. Additionally, one person on your motor boat must possess a speed boat licence and the boat is required to be registered. Please find below a list of safety equipment for your motor boat.

- All passengers in a vessel under 6m must wear an approved life jacket whilst the boat is under way
- Children under 12 in any vessel must wear an approved life jacket whilst the boat is under way
- Carry an auxiliary method of propulsion (i.e. oars or second motor)
- A fire extinguisher
- A bailing bucket
- Anchor and chain
- Flare kit (not required for smooth waters) consisting of a minimum of 2 x orange smoke flares and 2 x red flares (sheltered waters). You will also need 2 x parachute flares if you are going more than 3 nautical miles to sea.
- A marine radio if you are going more than 3 nautical miles to sea

An EPIRB if you are going more than 3 nautical miles to sea

Please ensure to use our roads and waterways responsibly and in consideration of others.

Sergeant Derek Singline

Officer in Charge

St Marys

St Marys Police Phone Number 63721010
Non Urgent Number 131444
Urgent and Life threatening 000



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The Say Cagerattler

In recent weeks both on electronic and print media we have seen quite a bit revolving around the St Helens water catchment issues in relation to plantation nitens. One of our new councillors along with scientific expertise has brought this issue forward. This is indeed an important and relevant matter that must be addressed for all concerned.

It must be investigated as a matter of urgency because if it isn't, doubts will linger and fester for years to come which in turn will compromise both the timber industry and those who have related health issues.

Right from the outset let me make it plain that I am a passionate supporter of a strong, viable timber industry and Tasmania cannot afford to be without this valuable employer and resource for a long time yet. That said though, we also cannot have toxins whether natural or otherwise, potentially causing health concerns. The only way to clear the air (or water more correctly) is to have a full, open independent inquiry to really once and for all determine the facts.

It surely must be in all parties interests to insist on such an inquiry. If determinations are made that justify the claims that toxins are leeching into the George River, then it is important that the plantation proponents make necessary changes to minimise or eradicate the threat. Just as important though is that should an inquiry discover that there is no direct impact from the plantations on the water quality, then the plantation owners can consequently continue with a clear mandate and harvest the resources in the future years.

At the moment no one can really say for sure and certain on what is the outcomes. This in turn causes confusion, doubt and division and similarly affects people's lives directly and indirectly in health or economic terms, depending on what side of the fence you sit. There is only one thing worse than knowing in such circumstances and that's not knowing.

I hope we all demand that an inquiry happens sooner rather than later so that it can finally be put to bed.

What a disappointing result the State election was last weekend. The most likely result is a hung parliament. I fail to be able to agree with the Greens that this will be a real opportunity for stable Government. How can it? You have three parties with fundamental differences. Chuck in pride, grandstanding and self interest from all of them and what you get is a potentially volatile cocktail of division and arguments which may well lead the state down the same path as previous minority governments of the past. It's only a matter of time before it happens. I truly hope I'm wrong and they all, Labor, Liberal and Greens do find a way to fairly work for all, but as we well know, ideology in politics is a fine thought but it hardly, if ever, happens. Let's just wait and see shall we...

What do you think?

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road
PO Box 50
Perth, Tas 7300
Ph 6398 1115

58A High Street
PO Box 271
New Norfolk Tas 7140
Ph 6261 3366

Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



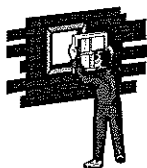
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Written and Authenticated by Dick Adams, 53B Main Road Perth
Tas. 7300

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April	22nd	23rd

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DOING THE ROUNDS

Cllr Reon Johns.

Like to raise an issue? Feel free to contact me on mobile 0429 722 091 or Fax 6372 2098

Cllr Clement moved a Motion seconded by Cllr Bleaney "Amend the Planning Scheme in Respect of the Precautionary Principle"

This motion is to replace clause 2.1.1.j with "To ensure that where there are significant threats of environmental damage, including human health and safety, a precautionary approach is adopted in accordance with clauses 2.1.2 and 2.1.3

All Councillors voted for this motion except Cllrs Osborne and LeFevre.

Cllr Johns asked the following Questions

The Community Group Information on the Council website appears to be untouched since last year. When will the information update be completed?

Reply

As previously advised this database is updated as information is received and then uploaded to the website.

To the Mayor

Over the weekend The Examiner newspaper quoted you as saying that Council had been in negotiations for a \$12,000,000 tourist development. As I have been a Councillor for over 2 years why have these negotiations not been revealed to the previous and new Council?

Reply

Any discussions or negotiations with potential developers are treated as "Commercial in Confidence" until such time as the developer chooses to announce same or a development application is submitted to Council.

The budget Operating Statement was presented and was accepted by all Councillors except Cllr Clement

General Managers Report

-Cllr Clement again raised his concerns regarding the General Manager (Tony Walker) signing the lease for the St Marys Optus Tower.

-The General Manager again advised that he had sought legal advice regarding the Council Decision which authorised the GM to proceed with the lease.

-Cllr Johns asked when was the legal advice circulated to Councillors? The GM advised that it had not been circulated and the Mayor advised that the GM is not compelled to circulate such advice.

The General Managers report was voted on.

For: Cllrs McGiveron, Schmerl, LeFevre, Osborne, Legge

Against: Cllrs Clement, Bleaney, Johns Rubenach

Scamander Surf Life Saving Club

After some discussion the following motions and amendments were moved.

Motion -Council support the Scamander Surf Life Saving Club up to \$65,000 to assist with the completion of stage 1 of the construction of the Scamander Surf Life Saving Club.

Moved Cllr McGiveron Seconded Cllr Osborne.

An Amendment was moved

Council support the Scamander Surf Life Saving Club up to \$150,000 to assist with the completion of stage 1 of the construction of the Scamander Surf Life Saving Club.

Moved Cllr Clement Seconded Cllr Johns

For: Cllrs Clement, Bleaney, Johns, Rubenach

Against: Cllrs McGiveron, Schmerl, LeFevre, Osborne, Legge

The Original Motion was put

For- Cllrs McGiveron, Schmerl, LeFevre, Osborne, Legge

Against- Cllrs Clement, Bleaney, Johns, Rubenach

Gardens Boat Ramp

Motion- (in part) That Council commit to providing \$10,000 towards upgrading the Gardens boat Ramp and authorise Council Officers to submit a Development Application to the Recreational Boating Funds Grant.

Moved Cllr Johns Seconded Cllr McGiveron

Carried unanimously

Council appointed Cllrs McGiveron, Schmerl and Rubenach as members of the Code of Conduct Panel in accordance with Section 28g of the Local Government Act.

These minutes are a condensed version of the Council Minutes, taken from the Council website. The full minutes can be found on the Council website, or a free CD can be obtained from the Council Office.

DO YOU KNOW?

That council has two meeting each month. One is the Council Meeting that is open to the public, held on the second Monday of the month, where all decisions are made and on the fourth Monday Council has a workshop, closed to the public, where upcoming issues or referred items are discussed and **NO** decisions can be made.

I would like to invite any other Councillor to share this article with me and help keep the Break O'Day informed.

Advertisement

REON JOHNS

Councillor

Like to raise an issue? Feel free to contact me on:
mobile 0429 722 091 or Fax 6372 2098.

On the last Thursday of each month I visit:

Fingal 8.30am—9.30am at the Neighbourhood House

Mathinna 10am—11am at the Post Office

St Marys 12pm—1pm at the Bakery

St Helens 2pm—3pm at the Neighbourhood House

Scamander 3.30pm—4pm at the Mouth Café.



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St MARYS WOODCRAFT GUILD

Open Day

In conjunction with the
Fingal Valley Neighbourhood House

17th April 2010.

10am 4 pm

See what can be produced from beautiful Tasmanian
Timber and other locally sourced products ...
watch our "busy bees" at work.

Working exhibits, local crafts, hot and cold food,
live music, outdoor market, jumping castle.

Behind the Old Railway Station, Esk Highway, St Marys
(watch out for the flags)

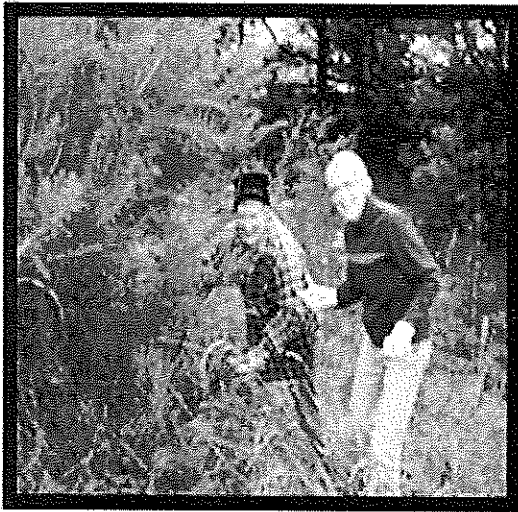
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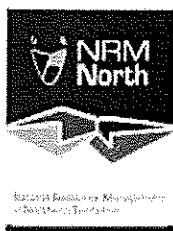
ST MARY'S GORSE WORKING BEES

Following on from a series of Gorse Demonstration and Field Days held in St Mary's over the past two years we are now focused on creating a public demonstration space along the St Mary's Rivulet. By holding a series of working bees we as a community can not only learn best practice gorse management but also assist in improving and creating a usable public space.



When: Sunday 18 April, 1 Aug, 24 Oct
Where: Cnr Groom & Story St St Mary's
Time: 2.00 pm - 4.00 pm

- Come along and learn best practice techniques for removing gorse
- Be part of an active community group
- Assist in protecting and enhancing St Mary's natural resources
- Assist in creating a pleasant public space



RSVP to Alison Hugo on 0488 0448 384 681



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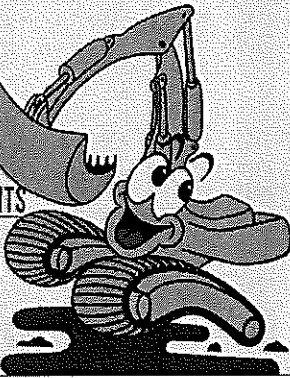


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east Coast & fingal valley

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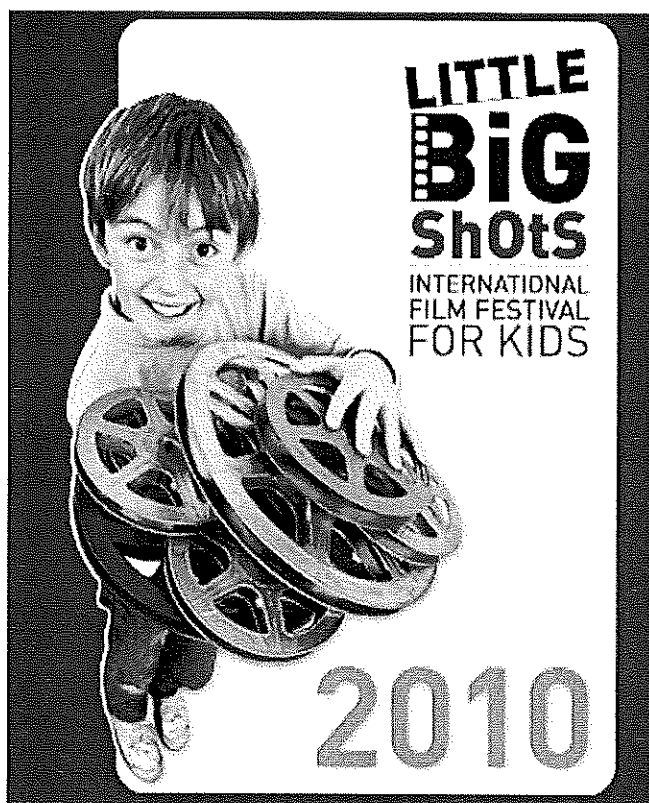
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FREE QUOTES



Short films for families & children aged 2-18years.

Little Bigshots features local & international children's shorts, animations, documentaries and child-produced films, including 6 films made in January this year by young members of Devonport Regional Gallery called

FOUR8FILMFEST –
script to screen in 48 hours.

- When** – Friday 9th April 2010
Where – St Marys Town Hall, Main St
 St Marys
What Time – 6pm - doors open
 - 6.30 - films launched by Chloe Boulton
Duration – approximately 1.5 hrs
Cost – single \$5 (members \$3)
 - family - \$12 (members \$10)
Bring - cushions & blankets if you like!!

tea/coffee/supper will be available

Don't miss this exciting opportunity to be entertained by films that will inspire discussion of world cultures, different languages, cultural diversity, emotional intelligence and human values. You will laugh, whoop, think and create!!

Tickets available from Juanita
on 0404 477 337 or at the door.



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Visiting :

St Marys Community Health Centre
Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555 For appointments.



ST MARYS & CAMPBELL TOWN CATHOLIC PARISHES HOLY WEEK 2010

HOLY THURSDAY: CAMPBELL TOWN 5.00PM
GOOD FRIDAY: ST HELENS STATIONS 10.30AM
 FINGAL STATIONS 10.30AM
 ST HELENS CEREMONY 3.00PM
 ST MARYS LITURGY 3.00PM
HOLY SATURDAY: EASTER VIGIL
 ST HELENS 6.00PM
EASTER SUNDAY: ST MARYS 7.30AM
 BICHENO 9.00AM
 SWANSEA 11.00AM
 CAMPBELL TOWN 5.00PM

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Break O'Day Stitchers Inc.

Easter Quilting and Embroidery Exhibition 2010

Portland Memorial Hall, St Helens

Saturday 3rd April to Wednesday 7th April 2010

Open Daily 10 a.m. to 4 p.m.

Admission: Adults \$3 Children free

Daily door prize, giant trade table running over the
 five days of the exhibition.



This year we have included two new categories:-

Embellished Journal Cover,

with a prize of an Embellishing Machine
 donated by Sew Knit, Launceston.

Men's section, (If it has a stitch in it, enter it).

We have two guest demonstrators
 along with our local ladies.

On Sunday we have Judy Duckett –
 'On Point Quilting'.

Monday Robyn Miller joins us
 to demonstrate Machine Embellishing.

Entry forms can be found at Annie's Country Craft
 Shop in St Helens and Gone Rustic in St Marys.

Further information :- Elsie 6376 1663

MEALS ON WHEELS ROSTER

March/April	St Marys	Fingal
Monday 29th	Patricia Barr	
Tuesday 30th	Ruth Aulich	
Wednesday 31st	Pam Gillies	
Thursday April 1st	Drew Adam	
Friday 2nd	Claire Bean	
MOW Contact Phone: 0488 384 344		
Monday 5th	Debbie Barnes	Carole Woods
Tuesday 6th	Trish Pike	
Wednesday 7th	Diane Troode	
Thursday 8th	Heather Griffiths	
Friday 9th	Wendy Aulich	

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Swansea LWC 9.30am
Fingal 11.30am
Campbell Town 5.00pm

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

5th Week MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
St Marys 11.00am
Swansea LWC 9.30am
Campbell Town 5.00pm

Easter Services previous page

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday -Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am
Kanga Sunday School
10.30 am – 12 noon
every Sunday for children 5/12 yrs
St Marys every Sunday 10 am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army

TUESDAY JAM

3-5pm every Tuesday.
excepting school holidays.
WOW "Women of Worth"
First Wednesday of month.
excepting school holidays.

SUNDAY JOY

7pm: each Sunday
Sunday 20th -Final until Feb 2010.
Envoy Melanie Norton Ph: 63722099

Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@telair.com.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Pharmacy,
Main St, St Marys,
or post: C/- Post Office, St Marys Tas 7215

Advertising: 2010

Classifieds: 25 words or less: free

Community notices : free.

Small boxed ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$40.

On Air Now!

Vision FM 88.0 at

St. Marys, St Helens

and Fingal.

Robbo isn't alone at breakfast anymore.

Shelley has joined him and

they are calling the program

'The Journey'

100% positive music & talk all day long;
connecting faith to life.

National Vision Radio Network.

Phone 1800 007 770.

web www.vision.org.au

St Marys Online Access Centre

Opening Hours:

Monday 10am -3pm

Tuesday 10 am-4pm

Wednesday 10am-4 pm

Thursday 10 am – 3 pm

Friday 10 am – 3 pm

Saturday 11 am – 2 pm

Ph: 6372 2005

ST MARYS OP-SHOP

TRADING HOURS:

10AM — 3.30PM MON TO FRI.

PH:6372 2733.

**WE STILL HAVE PLENTY OF
MATERIAL, CUTLERY,
GLASSES & LINEN.**

**CALL IN TO FIND
SOMETHING
FOR EVERYONE.**

Colour me in for Easter



Mon	Tue	Wed	Thu	Fri
22 MAR ☐	23 MAR ☐	24 MAR	25 MAR ☐ ENE Swimming Carnival	26 MAR ☐ Progress reports to parents
29 MAR	30 MAR ☐ School Association AGM 7pm in staff room	31 MAR	1 APR	2 APR Good Friday
EASTER BREAK - 5 to 9 Apr.				
12 APR	13 APR	14 APR ☐ Round 1 - immunisations	15 APR ☐ Issue 3 Newsletter posted out.	16 APR ☐ Inter-high Swimming

St Marys District High School Association AGM REMINDER

When: Tuesday 30th March, 7pm
Where: SMDHS staff room

We would like to invite all interested members of the school community to attend the association's annual general meeting. The association provides an opportunity for staff, parents and community members to have their voice heard in school decision making.

Our committee consists of 15 members, with some committee members taking on additional executive roles: president, vice-president, treasurer and secretary. Committee members may also join a subcommittee in an area of interest. Meetings are usually held twice a term, at 7pm in the staff room. We are looking for people with ideas to share and a passion for quality education across all areas of the school.

Nomination forms to join the committee are available from the school office – please return to the office by 4pm on Monday 29th March.

For more information please contact:
 Tanya Greenwood (current President) BH: 6372 2187 or
 Brian Shephard (Principal & Public Officer) 6372 3900

Primary Assembly

Monday 29th March

**In the School Hall
2:10pm**

Parents are welcome to come along

SCHOOL DENTAL SERVICE

**At St Marys
School
every Wednesday
and Thursday**

For any Dental Emergencies
when the dental van is closed
please call the
St Helens Dental Clinic, St Helens
on 63765208 or the
Northern Dental Centre, Launceston on
63364100.

Introducing

Student Leaders

Jacob Spilsbury



Events

Jesse Young



Publicity

Stacey Binns



Secretary

Indi Douglas



President

Joshua Male



Vice-President

Bradley Mitchell



Treasurer

Caitlin Viney



Publicity

Upcoming Events:

18th March - Secondary Swimming Carnival

19th March - Primary Swimming Carnival

What will be for sale on the day: Icy Poles, Drinks, Chocolate bars

Bandanas \$2.50ea.

Lunch orders will still be from the canteen as normal.

29th April - Socials (Primary and Secondary)

THEME: 'Outrageously Courageous'

Thank you, 2010 Student Leaders.



ST MARYS DISTRICT HIGH SCHOOL

13 Gray Road, St Marys, TAS, 7215.

Phone: 6372 3900 Fax: 6372 2543

Email: st.marys.district.high@education.tas.gov.au



Tasmania

Explore the possibilities

ST MARYS COMMUNITY HEALTH CENTRE

HEALTH CENTRE HOURS OF OPERATION- EASTER 2010

Friday 2nd April 2010 Centre Closed
Monday 5th April 2010 Centre Closed
Tuesday 6th April 2010 Centre Closed

Please phone after hours contact numbers for medical Services during this time. Thank you.

DOCTORS ROSTER

24th March- 26th March Dr Jenny Conway
29th March-23rd March Dr Cyril Latt

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday 8:50am-12:30pm

12:30pm-1:30pm LUNCH

NO PATHOLOGY SERVICE 12:00-1:30PM

SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practice regularly.

Scripts **can not be requested by patients over the phone** and are unable to be done over the weekends, ensure you have enough medications in advance. **PLEASE BE PATIENT** waiting periods can apply.



ST HELENS DENTAL

Dr Steven Ferry- General and Cosmetic Dentistry
Emergency appointments available
Located in Old Doctor's Surgery- 75 Cecilia Street,
St Helens. Phone: (03) 6376 2359

PLEASE READ- IMPORTANT NOTICE

Please abide by the **ENTRY** and **EXIT** signs in and around the grounds of the Community Health Centre. Some access ways are **ONE WAY ONLY- INCLUDING THE DRIVEWAY THAT EXITS ONTO HUGH STREET**

SPEED LIMITS

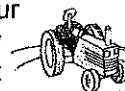
PLEASE abide by **SPEED LIMITS** when dropping your child/children off at the Child Care Centre. It is **NOT A SPEEDWAY** and many complaints have been received. This area is now being monitored and repeat offenders details will be passed along to the local Police.

WHAT'S ON AT THE CENTRE

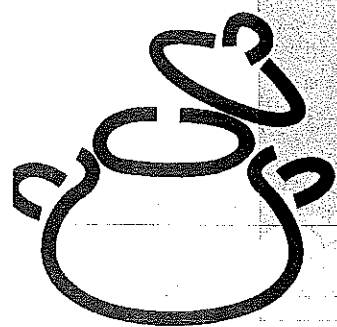
- 24th March **Day Centre-** For details on the group please contact Hayley Gilbert on 6372 9512
- Podiatry- Perry Daly Lightfoot Podiatry Service.** For appointment please phone 6331 9568
- Psychologist- Doherty.** Appointments available by referral from your GP.
- 25th March **Community Kitchen-** 10am in the Day Room. For details please call the Healthy Community House on 6376 5242
- 26th March **Diabetes Educator-** GP North. Referral available from your GP
- Dietician-** GP North. Referral available from your GP
- Exercise Physiotherapist-** GP North. Referral available from your GP.
- 29th March **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments
- 30th March **Social Work-** Helen Jennings. Please phone 6372 2111 for appointments.
- Child Health Session** with Sue Gofron every Tuesday- Appointments only. Please phone 0428 136 381
- 1st April **Community Kitchen-** 10am in the Day Room. For details please call the Healthy Community House on 6376 5242
- 2nd April **GOOD FRIDAY-** Health Centre closed
- 5th April **EASTER MONDAY-** Health Centre closed
- 6th April **EASTER TUESDAY-** Health Centre closed
- 7th April **Day Centre-** For details on the group please contact Hayley Gilbert on 6372 9512
- 8th April **Eyelines.** For appointments please phone 1300 139 363. All consultations Bulk Billed to Medicare.
- Continence Nurse-** Heather. Referrals from your GP or health professional.
- Community Kitchen-** 10am in the Day Room. For details please call the Healthy Community House on 6376 5242
- 9th April **Diabetes Educator-** GP North. Referral available from your GP
- Dietician-** GP North. Referral available from your GP
- Exercise Physiotherapist-** GP North. Referral available from your GP.

Thank You

Thanks Normy Dawson for donating your time and tractor to put the roof on the new pergola at the Health Centre. We couldn't of done it without you!



Check out our Pergola that is under construction at the Health Centre- Near the Herb Garden and Ambulance Bay.



ST MARYS COMMUNITY KITCHEN PROGRAM

A community kitchen is a group of people who come together to socialise and cook delicious, affordable and nutritious meals which they share together.

You do not need to have any previous cooking experience as a trained kitchen facilitator will be there to help.

Where: St Marys Community Health Centre Day Centre.

When: Thursday Mornings 10am– 1pm for 8 weeks

25/02/10—15/04/10

Cost: \$2 per week.

Free transport will be available for those who require it.

How: Bookings are essential. Call Michelle at the Healthy House on **63 76 5242**



Healthy Active Program

This project is funded by the Australian Government Department of Health and Aging

On Friday the 19th March students from Grade 3-6 travelled to St Marys to participate in the Annual Swimming Carnival with St Marys District High School students. Students participated in races and some novelty events. Our students participated well and fun was had by all. Students should be proud of their results.



They used Word Art by
wordle.com
They found 127 words.



22nd	23rd	24th	25th ENE Swimming Carnival Newsletter	26th Launching into Leaning 10.00- 11.30 a.m. Student Reports to Go Home
29th	30th	31st	1st	2nd Good Friday

St Marys Sports Centre Inc. news. Kackhander

First to bowls and we have both good and bad news. The good news is that the Men's team bounced back from a fair old defeat to top team St Helens in the second semi final to record a comfortable win in the Preliminary final against a strong and determined Swansea side.

In the second semi Paul Davern's rink managed a draw but the other three teams suffered double digit losses. In the preliminary final Chris Davern's side recorded a massive win and the other three rinks lost only by 1 shot, 1 shot and eleven shots respectively. So now we get the chance for another crack at the very strong St Helens team.

We were in a very similar situation last season and went within an absolute whisper of winning our third consecutive premiership. Don't forget that anything can happen in a final and it's really in our own hands. PLEASE TRY TO GET TO PRACTICE on Thursday night if you possibly can.

The bad news was the girls. How unlucky. In the Second Semi they went within a hair breath of knocking off St Helens. It was so close. Last Saturday in the Preliminary Final it came down to the last end and unfortunately they missed out by two shots. It would have been fantastic if they could have locked horns with St Helens again in the final but it just wasn't meant to be this year. Hopefully again next year.

Still on bowls and best of luck to everyone still to play club finals in the next week or two. We will publish all the champions as soon as they are all decided.

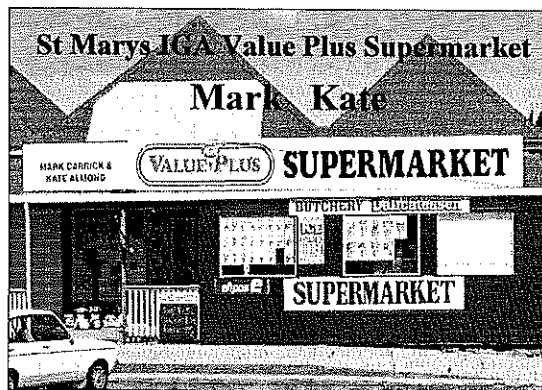
Also missed in the last column. Great effort Kirsten Viney who made the final of the East Coast Ladies Singles recently. Amazing effort Kirsten. Whilst she didn't win, she still performed terrifically to make the eventual winner really work to earn it. Maybe next year.

To golf and with Scamander Tournament on recently. We don't compete with local tournaments, not much to report on club golf, suffice to say though that the new season promises heaps of events so please watch out for a LOT OF GOLF this winter on an ever improving course. It all looks really good indeed.

Anyway until next time, good hitting and rolling,



ST MARYS VALUE PLUS
Mark Kate and staff would like to wish you all a safe and fun filled Easter break!



38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon - Fri 8am - 6pm
Sat 8am 12 noon

This week's specials.

From the butchery

Legs of lamb	\$ 8.99kg
Regular mince	\$ 7.99kg
Ingham gourmet chicken portions	\$ 5.59kg
Eye fillet steak	\$25.99kg
T bone steak	\$16.99kg

Instore specials

Nescafe Blend 43 coffee	\$6.99
Uncle Tobys Vita Brits 750g	\$3.49
Spree Ultra/Fluffy laundry powder 1kg	\$4.99
Cadbury share pack 168/240g	\$2.99
Herbal Essence shampoo/cond. 300ml	\$4.99

\$1.99 specials

Schweppes soft drink 2lt
Trix dishwashing liquid 1lt
Chum canned dog food 1.2kg
Arnotts choc Tim Tam biscuits 150/200g
Sorbent facial tissues thick & large 70/95s

Next week's specials.

From the butchery

Rump steak	\$12.99kg
IGA silverside	\$ 6.99kg
Ingham free range Marion Bay chicken	\$ 7.89kg
Beef stirfry strips	\$ 8.99kg
Topside roast	\$ 8.99kg

Get ready for Easter

Cadbury family block choc 175/220g	\$2.99
Rafaello T15 gift box chocolates 150g	\$5.99
Lethborgs Tasgold nugget ham 1.5kg	\$13.99
Ingham thigh turkey roast 1kg (frozen)	\$11.99
Nobby's salted peanuts 375g	\$3.99

Easter orders

Orders are now being taken for Easter fish, chickens, roasts etc. Please call in and ask one of our fantastic staff for anything you may need.

Easter trading hours

APRIL 2ND GOOD FRIDAY -	CLOSED
APRIL 3RD EASTER SATURDAY	8AM-12N
APRIL 4TH EASTER SUNDAY -	CLOSED
APRIL 5TH EASTER MONDAY -	CLOSED
APRIL 6TH EASTER TUESDAY	8AM - 6PM