

The Valley & East Coast Voice

Volume 41 No 22

Thursday, May 7, 2009

Est. 1968

50 cents

New talent comes to St Marys!

The Tasmanian Lymphoedema Centre Inc. (TLC) Morning Tea

It was mostly 'due to popular demand' that the Tasmanian Lymphoedema Centre Committee decided to once again present a Mother's Day Morning tea and some light entertainment, after the huge success of the popular 'Swan Lake event', which was held as part of the St Marys Sesquicentenary celebrations in 2007.

The TLC has a small but very hard working committee who, like most small committees of volunteers, put much of their own time and costs into these functions, and as with the Melbourne Cup Luncheon, are presented not only as fund raising events but also as fun events for all the community to enjoy. The TLC appreciates the large number of people who are loyal and regular supporters of these functions.



This year instead of producing their own entertainment like the 2007 'Swan Lake', the Committee decided to invite the Exettes to St Marys, and their items certainly proved to be popular, judging by all the laughter in the hall from the 87 + people who attended. A delicious light lunch was also served and enjoyed by all.

A very big thank you to these ladies who came from the Tamar Valley to support the Lymphoedema Centre. The time and travelling involved for the Exettes to come to St Marys is much appreciated.

An interesting display of beautiful jewellery was presented by

Robin Cochrane, who donated a piece of her jewellery for a raffle prize, which was won by Olga Targett. Second prize of a basket of toiletries donated by Charlie Hersey, was won by Gwen Johnson. Third prize of wine and chocolates donated by Cheryl Oates, was won by June Francis.

2 lucky door prizes were drawn and won by Molly Woods and Ruth Spencer.

It was another very successful and enjoyable day, so thank you to all who gave their support by donating cooking, trade table items, buying raffle tickets, or just coming along and joining in the fun. Thank you. Tasmanian Lymphoedema Centre Inc. Committee.



Photographs this page courtesy Peter Troode.



Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday May 19, 2009.

email address: judith.spilbury@bigpond.com

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts General meeting time and place has changed **Please note** that until this years Winter Solstice, general meetings will be held each Thursday morning at 9am at eScape Cafe. Come have a cuppa in a warm and comfortable place and join the fun.

The **Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette-6372 2224.**

St Marys Playgroup meets each Thursday at 10.30am at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. **Contact Terese: Ph: 6372 5745**

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.
Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Scamander Sports Complex every third Wednesday of the month. New members are most welcome.

St. Patricks Head & Esk Valley Historical Society meets on the third Sunday of every month, except December, at St. Marys Online Access Centre at 2.30 pm. Meetings are informal and fun and new members are needed. Please contact **Barry Aulich** on **6372 5752** or **Jim Haas** on **6372 2127.**

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on **03 6372 5604.**

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

St. Helens Al-Anon Family Group Meeting: St. Pauls Anglican Church Hall - every Sunday 2pm Contacts: **Ann, John 6376 3270 or Rose 6376 3335.**

Swap n Go gas cylinders available from Gone Rustic, 37 Main Street, St. Marys. Phone 6372 2724 (BH), 0417 027 424 (Rita) or 0417 648 845 (Ian).

NEWS FROM GONE RUSTIC

New products from Wide Span Sheds - Kirkby Building Systems (industrial, pre-engineered) and HAS Transportable Buildings (modular container homes and buildings). To view these and other designs, go to www.sheds.com.au, or visit us soon for a chat.

Hooked Rugs exhibition - a travelling display through Tas. Regional Arts is on show at Gone Rustic for the month of May. Rich textures and colours - a feast for the eyes! Don't miss it. If you would like the opportunity to do a *workshop with a visiting rug hooking teacher*, please *leave your name and phone number* and we'll see what we can do!

Wanted - innovative locally-made arts and crafts with a contemporary edge; can be based on traditional skills but should demonstrate originality and marketability and incorporate fibre and/or textiles and some stitching. Please ring to make an appointment, or drop in some samples of work.

Free quilt block patterns - available to anyone who drops in to Gone Rustic ... just ask!

Rustic Ragamuffins - every *Wednesday*, 7-9. Bring your *current stitching project* and enjoy chat, friendship and laughs! \$5 per night - includes *tea, coffee and home-made cake*.

Quilting Bee - once a month, as part of Rustic Ragamuffins. An opportunity to help to make quilts for those in need. *Next one 27th May*. Please bring your *sewing supplies*.

Gone Rustic Studio & Gallery,
37 Main Street, St. Marys 7215
Phone - 03 6372 2724

or 0417027424 (Rita) or 0417648845 (Ian)

Web - www.myspace.com/gonerustic

Online Shop - www.gonerustic.etsy.com

**HAPPY 65th BIRTHDAY
TO
BRUCE GLATTE
for Sunday.**

ST MARYS OP-SHOP
TRADING HOURS:
10AM — 3.30PM MON TO FRI.
PH:6372 2733.

**Ladies — get into your man's drawers
and see what you can find
that's no longer needed!**
Men's clothes urgently needed.
Enquiries—Ph: Tracy.
6372 2733.

Looking for your dream home/shed/garage/stables,
etc. at very *affordable* prices? Want a *free* catalogue and *no-obligation* quote? Then call in to Gone Rustic, 37 Main Street, St. Marys. To phone, call 03 6372 2724 (BH), 0417 027 424 (Rita) or 0417648 845 (Ian).

Classifieds

For sale

Frozen blueberries-this season's-\$12 kilo **Ph: 63722341.**

Small sink with beautiful mosaic surround and new taps - \$100. **Hi-Tech walking boots**, mens, hardly worn, UK size 8, \$60. **House lot of second-hand timber-frame windows**, various sizes and prices. **Ph 6372 2686.**

Volta Vacuum Cleaner. \$30.00.ono.**Computer desk.** \$50.00. ono. **Computer chair.** \$50.00. ono. **480 Litre Fridge / Freezer.** \$ 80.00
Chest Freezer. \$ 30.00. ono. For enquiries please ring-
6372 2974

Millard 20ft carpeted caravan and aluminium annex
22 x 9 ft. Double sliding door, 2 windows, timber floor.
On-site, Four Mile Creek. \$2,500. ono.
Ph: 0400 773 396.

James Hardie weatherboards. Primeline- Newport.
4,200 x 170 x 9mm. Quantity: 35. Near new. \$12 each.
Ph: 6372 2764.

1995 Volvo 440 GL. 7 months rego. \$2,800.
Ph: 6375 1540.

7 sheets Laserlite roofing. \$20. **21 sheets colourbond roofing (2mts 800 & 2mts 400.)** \$60. **Ph: 6372 2266.**

Electric guitar and 25 watt "Rocktec amp". Just been serviced. Suit beginner. \$120. **Ph: 0438 324 276 or 6372 2258.**

TR Magna auto sedan, 10mths rego, new tyres, very low klms. Immaculate. \$2,400. **Portacot.** As new, with carry bag. \$60. **Brand new Omega electric heater,** fan turbo controlled. \$60. **Ph: 0447 284 603.**

1989 Ford Laser hatchback. 175,000 kms, reg. Dec '09. Ex. con. \$2,750. ono. **Ph: 04077 725 722.**

Carpet hall runner (5mtrs long) navy blue with cream floral cameo design. VGC. \$125. **Ph: 6372 2981.**

TTR250 Yamaha roadtrail '99 model. Electric start, 12mths Rego, new brakes & rear sprocket, good tyres, tank & seat cover, staintune exhaust. \$3500.
Ph: Laura 0438 849 462 or 6372 2181.

Grey Water Tank (NEW) For underground installation. 440 litre capacity \$720.00 new Sell \$500.00 firm.
Ph: 6372 2884.

Ford Futura car, 1994 Automatic. 12 months rego—lot of work done on it. Good Order. \$3,500. ono.
Ph: 6372 2380.

Yamaha WR 250 motor bike. Reg. Under 800kms. \$8,500.**Ph: 0407 431 191**

Tractor slashing available.
Ph: 0407 944 158.

Fire wood. 1, 2, & 3 tonne loads.
Ph: 0407 944 158.

"Moo-Poo". Finely screened. Any amounts. See Norm.
Ph: 6372 2380.

**HAPPY 50TH BIRTHDAY
TO THE OLD GOLFER.**

FOR RENT IN ST MARYS

3BR NEWLY RENOVATED HOME.
GREAT CENTRAL LOCATION,
WALKING DISTANCE TO ALL AMMENITIES.
VERY PRIVATE, WITH LOVELY GARDENS.
AVAILABLE FOR LONG OR SHORT TERM LEASE
IDEAL FOR SMALL FAMILY.
\$140 PER WEEK.
PH: MOB: 0427 099 921.

WANTED TO BUY

WILL PAY CASH
FIREWOOD. 14 INCH.
ANY QUANTITY, PICKED UP OR DELIVERED.
RING WITH PRICE AND DETAILS.
ST MARYS WOODYARD
6372 2107—0417 279 422.

PLEASE TAKE NOTE

Anyone returning from Geelong with a ute?
Back load to collect from Geelong
and deliver to St Marys....
or anywhere in Tassie for a negotiable fee.
Please contact:
Andrew 6372 2844 or 6397 3033

SOLSTICE NEEDS YOU!

Grassy Bottom Regional Arts are holding fortnightly meetings from Tuesday 21st April to plan and discuss this year's 10th Anniversary Winter Solstice.

Plans are already under way for this great community event. But we are hungry for ideas and input. You don't have to have an artistic side.

We need practical people with a strong work ethic who want to see this popular event thrive and grow.

This year will be about what ALL of the community wants to see. So get moving and ask at Happy Belly Deli, Strawberry Jelly or Main Street Clothing.

Meetings at e.ScApe Café from 5pm on the following dates: May 19—June 2 & 16.

Grassy Bottom Regional Arts is seeking sponsors to help with the Winter Solstice. Please contact any committee member if you can help!

Sunday 17th May GREAT BIG DAY

at St Marys Salvation Army!

Visit by

Moonah Salvation Army Band and Songsters

Jumping Castle Sausage sizzle

**Fun and music and singing
and a jolly good 'ole fashioned fun time.**

All welcome.

11am start — lunch at 12pm

more music and fun at 1pm

end of day at 2pm.

**Come and have great fun
and relax at the same time.**

**Salvation Army,
Storey Street, St Marys.**

A LITTLE BIT OF HERITAGE: Jim Haas "Mother's Day"

On Sunday the 10th May, Australians will once again take time out to honour their mothers and pay tribute to the special part they play in our lives. Some mothers will receive presents, others will be taken out for a meal, or have one cooked for them. Many may even get breakfast in bed and the housework done. For others a simple family get together, or a phone call from a far away son or daughter, will be enough to make the day special. It will also be a time of sadness as we remember the mothers who are no longer with us.

The history of Mother's Day, or Mothering Sunday as it is called in the United Kingdom, goes back some four hundred years when it was also called "Refreshment Sunday" or "Mid-Lent Sunday".

The term "Refreshment Sunday" came about because the fasting rules attached to the Christian period of Lent were relaxed on that day in honour of the "Feeding of the Five Thousand", the New Testament story in the Christian Bible. No one is absolutely certain exactly how the idea of Mothering Sunday began. However, it is known that in the sixteenth century it was tradition for church goers in the country areas to make a point of visiting their "Mother Church", or Cathedral, on the fourth Sunday of the period of Lent. For those people who did visit their mother church it was said they had gone "a mothering".

Also around that time young British boys and girls, who were servants to the aristocracy, were allowed one day each year to visit their family. This was usually on Mothering Sunday. Often the housekeeper or cook would allow the maids to bake a 'simnel cake' to take home to their mothers. Sometimes other gifts like farm produce were taken. It was also traditional to take flowers because the boys and girls could collect them on the way home.

The history of the simnel cake, which is now traditionally eaten at Easter in Great Britain, goes back to mediaeval times, when it was first baked especially for Mothering Day. It is a light fruit cake similar to a Christmas cake and covered with marzipan or almond paste. Around the edge on top of the cake are eleven marzipan balls which represent the eleven disciples of Jesus; Judas is omitted. In some variations Christ is represented by a marzipan ball placed in the middle.

In the United Kingdom Mothering Sunday is still celebrated on the fourth Sunday of Lent. Therefore, it can either be in March or April. This year it was held on 22nd March.

In Norway Mother's Day is celebrated on the second Sunday in February, but most other countries like Australia and the United States have chosen the second Sunday in May. Why Australia followed the U.S.A and not the traditions of our Mother Country is unknown.

The tradition of giving gifts on Mother's Day has been taken out of proportion and commercialised these days. I believe we need to step back a couple of hundred years when the greatest gift of all was to be with your mother on her special day and give her a kiss and a cuddle, or just have a talk. Wouldn't she much rather hear you say how much you love her, than receive an expensive present?



A typical Simnel Cake.



This photo is self-explanatory. Wouldn't every Mum enjoy a little pampering?



HAPPY MOTHER'S DAY TO ALL MOTHERS. HAVE A VERY SPECIAL DAY.



Wombat Walk Landscaping Group news.

The small group of Wombat Walk volunteers are pleased to be able to welcome another helper to their Wednesday mornings, welcome to Lillian who has recently come from South Australia and is very happy to have settled in St Marys. Lillian joins Wednesday regulars Karl, Robina, Lorraine, Michael, Marguerite, Audrey and 'behind the scene' workers, Kees and Jeanette.

The gardens around the Community Hall and along the Main Street have recently been planted with more dahlias, tulips and other bulbs which were donated by Julia Weston, John and Val McDonald and St Marys Lions Club, and given to the Wombat Walk group to plant.

Yesterday the group decided to have a day off from whipper-snipping, planting and weeding to support the Tasmanian Lymphoedema Centre Committee instead, by attending their Morning Tea.

Letters to the Editor

Vol. 41, No 22, 2009

Memorial Precinct St Marys

From: **david clement** (davclem@hotmail.com)

Sent: Thursday, 5 February 2009 7:53:29 AM

To: [REDACTED] Mayor Legge

Robert,

I refer to your email of today's date regarding complaints you have received regarding the cenotaph, presumably the removal of the surrounding wall. You ask for my feelings regarding the work being undertaken. You have not advised me of the nature of the complaints you have received, so I can only answer on the basis of the comments that have been made to me by Cllr Johns and several residents since my return from Sydney last Thursday evening.

The negative reactions have been that there was no public consultation, that Council should have submitted a DA and advertised for public comment, and that it was insensitive as the walls had been built by local unemployed people. The main criticism is that Council should practice what we preach, and demolition within the main street area should be subject to a DA. The Planning Scheme also requires works in Main Street to be subject to a streetscape plan. When I arrived home on Thursday, the wall had been totally removed except for the rear wall- which was subsequently removed (Monday 2nd?), despite some objections having already been made regarding the removal of the majority of the wall. That was unfortunate, as it could possibly have been retained as a backdrop to the cenotaph, incorporating disabled access, and served as a memorial itself to the people who had built the wall.

The memorial precinct was regarded by the Makeover committee as entirely separate from the makeover project, although because of its central location the committee recognised that there was a need to assess how effectively the space was used both as a memorial and as a community park, and its impact on the streetscape. The long term Reference Plan prepared by the committee and adopted by Council simply flags that by the comment, "redevelop memorial precinct", but no recommendation was made as to how or when, or any priority attached to it, nor was it included in the elements of the Plan identified as to be carried out as the Mainstreet Makeover project funded by the State grant - except for a realignment of part of the rear kerb at the north-west corner to provide easier vehicle flow as part of the car park development.

My feeling is that the demolition of the wall was precipitate and unplanned, without community consultation, or authorisation, other I believe than instruction from yourself and John McGiveron to Graham Cameron, and that as no formal plan was in place to develop the area subsequently this was a doubly flawed process. I should add that I had previously been concerned that the installation of the heritage bricks by the Lions on the footpath was carried out in a similarly informal way without wider consultation or due process. This does appear to be a similar scenario.

I was invited by Graham on the Thursday morning (29th) to attend a site meeting that day with you, John, Graham, and I believe Reon Johns and Peter Troode. There was a message on my message bank to that effect when I returned home that night, by which time the work had been carried out, presumably that day after the meeting.

My only previous involvement was discussion with Graham after another meeting he had with you and John, when he asked my view on the proposal to knock out the western wall to provide disabled access and better community access to the memorial during ANZAC and Remembrance day ceremonies. I was not enthusiastic and said it would look unbalanced and like a derelict building or words to that effect, and that it would be better to knock out both the western and eastern walls to provide a balance, but did not think that he was seeking confirmation for positive action without further consultation, either with the Makeover Committee or Council as a whole, particularly as there was no plan in place for the development of the precinct.

My personal views on the wall or how the precinct might be developed should not be quoted out of context or used to suggest I was a part of or agree with the process or lack of process involved in the removal of the wall, or that this was in anyway a recommendation of the Makeover committee. Nevertheless, you are well aware that personally I would support the removal of the wall as part of a planned and advertised process of redeveloping the precinct, and that over the past years I have consistently stated my opinion that the wall symbolically excluded people from the cenotaph itself, that the enclosed area was too small for services, that the wall physically divided the precinct into unusable parts, that it physically divided congregations at services, that the design and colour of the wall was fussy and did not complement or add to the surrounding streetscape, and that it provided no disabled access.

There is a meeting of the Mainstreet Makeover Committee next week at 7.00pm on Thursday 12 Feb, to bring members up to date with the makeover in general, and to develop a recommendation to Council for the development of the memorial precinct, so that Council may consider it, have it discussed at a community meeting and then implement an agreed plan. I am confirming attendance at the moment, and will invite you and John to attend so that the above issues can be clarified and addressed and we can work positively and harmoniously to develop the memorial park as a meeting place and place of remembrance that the community can be proud of and have a sense of ownership.

Regards, David.

Letter to the Editor

Vol. 41, No. 22, 2009

Apology.

Due to a typographical error on my part one paragraph in one letter last issue was printed out of context. Apologies from me, and the paragraph entitled "Habeus Corpus should read:

2. Habeus Corpus: Does not mean "I own my body". It does mean "a writ requiring a person to be brought before a judge/ court to investigate lawfulness of his restraint". From Latin, you must have the body. Australian Pocket Dictionary 1976 ed.

Sorry if this caused any inconvenience.

Ed.

Editor,

I listened to the Mayor on local radio saying he could not get to the bottom of who took down the cenotaph wall.

Why doesn't he employ the same tactics he used on the lady who wrote in questioning why the position of the General Manager was not advertised to the general public?

He then may get to the bottom of it.

Name Supplied.

Editor,

There is no willingness in Tasmania to prevent raw drinking water contamination and minimise human pesticide exposures.

Even when documented overdrift from aerial spraying causes harm; apparently because there is no industry standard on best practice aerial spraying, no action by a Government Department needs to be taken.

And who is responsible for protecting us from the exposure to toxic pesticides?

The answer would appear to be no-one.

As the song says "you can't run and you can't hide" from it; pesticides in spray drift, run-off after rain and soil blowing in high winds contaminates our water, soil, food and air.

APVMA and DPIW continue to delay reviews by their non-acceptance of endocrine disruption, despite the EU already clearly defining current 'best world practice'. Apparently Australia cannot take note of the EU's scientific assessments, or the Collaborative on Health and the Environment.

This goes completely against the consensus statement: "The Black Mountain Declaration" (Endocrine Disrupting Chemicals in Australian Waters 2007).

Communities can take action; contact Federal and State Ministers- Burke, Garrett, Roxon and Wong, Llewellyn, Giddings and O'Byrne.

They need to hear from you soon.

Dr Alison Bleaney OBE

Please note: Letters to the Editor published in the Valley Voice are published in good faith, to allow the community a forum in which to air their views.

Any editor has the right to publish or not, as he or she sees fit, and when letters start getting personal, regardless of the editor's views on any matter, serious thought is given to each letter published.

Ed.

Editor,

I would like to thank "Name supplied" 23rd April edition Valley Voice, for her vigilant pursuit of the non important part of my last letter, concerning royal lineage, for which I stand corrected and humbly apologise.

She also tried to correct me for, as she sees it, using the word Civic instead of Ecclesiastical. Her argument is ridiculous as I used neither of these words but used the word Canon. However, I am gratified that the main thrust of my letter as well as the previous two, being people's rights over their own land, which are of tremendous importance, have been totally ignored by her. I can only conclude that she is in agreement with me.

But what about the Council? We have already read the report by the Mayor in the Council newsletter "Sunrise" some time ago, where as I see it, he gives the impression that council workers have the right to enter private properties and make mischief dismantling things, damaging things and apparently stealing things. In this appalling statement, after a protest by me, he was aided and abetted by the general manager, who gave some ridiculous statement saying in effect that some bi-law could wipe out the People's rights which have stood the test of time for eight centuries.

Since then, I have given them a mass of case law evidence and documented senior legal opinion which can't be argued with, with no protests from the council whatsoever! Could it be that they have now seen the light? I very much doubt it, so let's ask them:

Well, Robert Legge and Tony Walker, after due deliberation, and reading all of the evidence, what do you say? I'm sure that we would all like an answer to this important matter, together with evidence to support your argument should you still question the documentation that I have put forth.

There are a lot of people who strongly believe that a retraction of your misleading statements with humble apologies are called for. But I must warn you both that there is a very strong case for a Class Action by landholders, who have been already threatened or have had their premises previously illegally invaded!!!

I look forward to your reply in the next issue of this paper.

Charles Trollope.

St Marys.

To the Valley Voice,
WELL DONE.

A big thank you to everyone who supported the St Marys ANZAC DAY Service. Without your support our service will no longer be held here in St Marys.

Also a big thank you to all the organisers and all involved with arranging the service.

Since there was less than 3 weeks to arrange it, a job well done.

All of us in St Marys should feel proud. Hopefully this means our service will continue.

Kim Watkins,

Secondhand Rose.

Another letter page 21

ANZAC DAY Services in St Marys

The rain fell, the dawn broke and this all added to the poignant Dawn Service on Anzac day in St Marys.

As the last post played it was obvious that thoughts were with lost sons, comrades, brothers, sisters and family members.

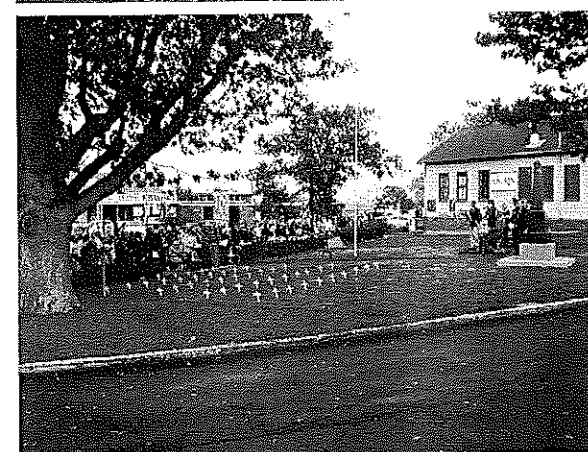
The sun shone brilliantly, and the 11am service provided just as much reflection, especially for our youth with whom many are just starting to discover the stories of their brave forbears.

A thankyou to our committee members: Cllr Reon Johns, Cllr David Clement, Kim and Dave Watkins, (who had the innovative idea to make the crosses) Col Mackenzie, Sister Lorraine Groves, Wendy Brennan, Returned Veteran Wayne Cubitt, Group Captain Chris Stunden and Graham Cameron, who have all worked tirelessly at short notice to provide an ANZAC memorial with such dignity and grace.

Elise Wright, Shannon Rosskelly and Bronti Cook for their naming of the Fallen. Rod Corfe from the Escape Café for cooking the gunfire breakfast. Don Ives with his magic musical fingers. Ted Kooops and Peter Bradbury for the acoustic gear. The Targett family for providing the traditional Last Post, recorded by the late Selby Targett. Hannah Rubenach, The BreakO'Day Woodcraft Guild, St Helens-St Marys RSL sub -branch for the donation of rum. The Valley Voice, Star FM.

And finally to the community of St Marys who proved that the ANZAC spirit will always live on in our small town and will never be forgotten especially by the numbers in attendance. Dawn head count of over 70 and 11am service of approximately 175.

Thank you,
Committee.



MOTHERS DAY Lunch

Roast Chicken & Vegetables
Old fashioned Jam Roly Poly with
Custard & Ice-cream
Tea & Coffee
Noon - 2pm @ \$25 a head
Bookings Preferred



Upcoming Gigs:

16th May - Dirty Love & The Stoics
12th June - Chris Cavill & Support
19th June - Justin Carter
20th June - Ray Singline & Trawl Dogs (Winter Solstice)
27th June - Paul Maddigan & Ross Hamiford (ex Daddy Cool)

Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road
PO Box 50
Perth, Tas 7300
Ph 6398 1115

58A High Street
PO Box 271
New Norfolk Tas 7140
Ph 6261 3366

Toll free 1300 132 689
Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU AND
YOUR COMMUNITY FOR THE
FUTURE**

Written and Authorized by Dick Adams, 53B Main Road Perth
1st 7300

ANZAC DAY ADDRESS 2009

Councillor David Clement (abridged version)

Why are we here together, at this place, on this day, young and not so young, men and women, some from countries other than Australia but now Australians, some remembering family members who have died as a result of war, others who themselves fought giving thanks for their survival, remembering fallen comrades? The reasons for our presence are varied, complex and personal, but we are as a community bonded in a common purpose by our coming together today.

There are also those who served and are not here, not because of death, but because they never attend- those who say "I just want to forget about it", and in whose families the rule is "Don't talk to Dad about the war"- *"For if I could alter history, the wars would not have been, no-one should have to face the horrors that I have seen"*.

We are all connected to the wars and conflicts of our country. Many families have their own family war stories. I have never killed a person in war, or been directly involved in a battle, but the impacts of war have been a continuing thread in my life, as they have been for all of you. And today, war is brought into our homes on a continuous basis by the daily news- we are never rid of it.

The poem, right, are lines taken from, "In Memoriam", which declares the impact of war on one man, Lieutenant Ewart Alan McIntosh of the 5th Battalion Seaforth Highlanders, who wrote it in memory of those of his men who died in the First World War on 16 May 1916, one of whom was Private David Sutherland, who has no known grave:

Lieutenant Ewart Mackintosh was himself killed in action on 21 November, 1916, aged 24.

We gather together today in acknowledgement, remembrance and respect for the Australian men and women who have served in the tragedy of war, at sea, on land, and in the air, in the service of their country and for their belief in freedom, from the time of the Boer War, on the ridges of Gallipoli, in campaigns in Africa, Greece, Europe, the Pacific and New Guinea in the two World Wars, on the battlefields of Korea, Borneo, Vietnam, and the Gulf War, today in Afghanistan and Iraq, and in the more than 50 peace-keeping missions and land mine clearance operations in which our country has been involved.

We gather together to mourn those who lost their lives, and to share their loss with their families and friends, in recognition that their lives were the price of our liberty. And to realise that they paid that price without knowing what they had bought. Their voices call from their graves, *"How went the day? We died before it ended"*.

We gather together to express our gratitude to those who returned from serving our nation in war for the freedoms we enjoy today, and to remember with pride their courage and endurance in their service.

We gather together today as affirmation that the price paid for our freedoms and liberty is remembered and honoured.

But while we remember and honour their service, have we learned from it? People gather together every week to watch football matches, cheer and acknowledge courage and endurance in sport, and to remember past greats of the game. ANZAC Day surely must be of more significance than Grand Final Day. Gathering together on ANZAC Day allows people to consider the values and beliefs by which our society lives, and question whether war is the only solution to differences with those who are perceived to be a threat to us? Or do we just gather, remember, and go home, another ANZAC Day over?

No sane person wants to fight a war. The measure of the insanity of war is the celebration of all involved when it ends- the fireworks, the parades, the joy of the peace as the counterpoint to the catastrophe of the war.

And yet wars continue, in one form or another, the reasons are legion, and always justified by necessity, as yet another enemy and challenge to our way of life, our interests and set of values is identified.

War is a failure of leadership of all the countries involved. One of the architects of the Vietnam War, Robert McNamara, said in 1995, *"we fought for what we believed to be good and honest reasons, but we were wrong, terribly wrong. We owe it to future generations to explain why."* Who among the architects of the current conflict in Iraq will be equally honest in the future, when the history books place the pretext of weapons of mass destruction in context.

ANZAC Day must surely be a day of questioning, as well as of remembrance- a day to consider options for a different path for future generations, based on a morality other than that which has fostered past conflicts; or do we really believe that we are always the righteous, and that God is always on our side?

Finally, in considering the significance of ANZAC Day, let us consider the nature of the service that is being commemorated. Should ANZAC Day be limited only to acknowledgement of the service of those who served in conflicts against external enemies, or should it also embrace those whose service, courage and endurance on behalf of their community is daily and ongoing and against different enemies?

Those in our police, hospital, ambulance, fire and emergency services also fight on our behalf against the enemies of our nation, whether they be human enemies within our society or the forces of fire, flood, earthquake and disease- they experience horrors in their service and some die in carrying out their duties on our behalf. The characteristics, significance and consequences of their service are the same as we traditionally recognize on ANZAC Day.

So, in this year of the latest bushfires in Victoria, as we recognise the service, courage, endurance and sacrifice of those who fight against those declared to be our external enemies, let us also recognise the service of those who live among us and serve to protect us from other enemies and threats within our community. Let this day be one of thanksgiving to all in our community who serve so that we are free of fear.

*"You were David's father,
And he was your only son.
An old man weeping,
an old man in pain,
For David, his son David,
who will not come again,
For the enemy have his body.
You were David's father,
But I was his officer,
and I had fifty sons
when we went up in the evening
under the arch of the guns.
And I heard them call to me for help and pity,
That could not help at all.
O, never will I forget you,
My men who trusted me,
More my sons than their fathers;
For they could only see the little babies
and the young men in their pride,
They did not see you dying,
and hold you while they died.
Happy, and young, and gallant
they saw their first born go,
But not the strong limbs broken
and the beautiful men brought low,
They screamed "don't leave me, Sir,
You were their fathers,
but I was their officer".*

ST MARY'S GORSE CONTROL EVENT

When: Sunday May 24 & July 12

Where: Cnr Groom & Story St St Mary's

Time: 2.00 pm - 4.30 pm

RSVP to Alison Hugo on 0488 677 727



OUT OF THE WOODWORK

Wendy Brennan
Secretary

Since my last article a few weeks ago where I stated that the Guild may be looking into the feasibility of joining the Tasmanian Regional Arts, some community members have questioned the reasoning behind this move, and will we still be a Guild for woodcraft.

The answer is a categorical **Yes**. Some members of the Guild thought it would be a good idea to investigate what other areas of the arts we could tap into.

An example would be exhibitions and displays we could hold without the limitations of our current insurance. The Guild will always remain faithful to the fundamental reasons why we originally commenced. Having a holistic approach to the well-being of both men and women in the Break O'Day community by:

- Social interaction for both men and women.
- Reintegration for new settlers
- Keeping and teaching old woodworking techniques.
- Helping our community by giving back and doing small jobs for the elderly and infirmed

I hope that this clarifies and helps to appease any doubts in the direction the Guild is taking.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at **2.00 pm**.

The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

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An open invitation
from the
**Tas Fire Service, Tas Ambulance Service
and the SES,**
is extended to all members of the public
for a viewing of the new
**St Marys Fire and Emergency
services facilities**
on Saturday 23rd May, 2009
between 10:00am and 14:00hours.
Some food and refreshments will be available.
Displays will be on show from each service.

WILL THE TIGERS ROAR AGAIN? Jim Haas

On Friday the 1st May 2009, a committee headed by Harry Veldums and Ricky Lohrey was formed with the sole purpose of reforming the St Marys Football Club, which has been in recession since 2002.

The meeting was full of enthusiasm with Ricky showing a strong sense of optimism that, with support from the town, a team can be up and running and be competitive in the ODFA (Oatlands Football Association) in 2010.

For an old player, committeeman and supporter like myself this is wonderful news. As a lad growing up in days gone by it was rare for any young person not to be involved in football in some way. You played thirds, then reserves, with the ultimate aim of making the seniors and winning that elusive Grand Final. To simply pull on your team's jumper developed a comradeship and gave you a feeling of pride that would last a life time.

The revival of the club would also carry on the history of this great club which can be traced back to the 1800s. Indeed, a report in the Examiner on the 9th August 1890 told of a coming match between Launceston club South Esk and St Marys to be played at St Marys on Monday 11th August 1890.

This would have been played on the old oval at the corner of Gray and Harefield Roads, which was the St Marys ground until 1954. On the 13th August 1890 the Examiner reported how South Esk had travelled to St Marys by train and defeated St Marys, 4 goals 6 behinds to 3 goals 5 behinds.

Although Mathinna had three teams in the hay days of gold mining, back in the 1880s and 90s, it appears they only played between themselves. In the Valley, St Marys and Fingal and Avoca played each other on a regular basis, until World War One when the competition went into recession. Avoca won the first Grand Final in 1891.

The Weekly Courier on the 1st August 1918 reported St Marys Football Club was up and running again and travelled to the coast to play St Helens. Unfortunately, the motor bus broke down and St Marys arrived late, causing the game to be shortened to four twelve minute quarters. It was a great game, however, with St Marys winning by just one point. Scores: St Marys 1 goal 4 points to St Helens 1 goal 3 points.

Around 1920 the Rovers were formed. This was a team made up of miners from Cornwall and Mt Nicholas and they played their home games on a ground some two hundred metres west of Cornwall Road. Avoca, and a team from Mathinna joined in about that time, and in 1922 the Fingal District Football Association was formed with St Marys, Fingal, Rovers, Avoca and Mathinna.

FDFA went on to be one of the strongest country football associations in Tasmania and although the Rovers folded in the 1930s other teams like Rossarden, St Helens and Swansea joined the Association after the Second World War, making it a seven team comp. After Rossarden folded in the 1980s Campbell Town left the Midlands Association and joined the FDFA as well.

It was a sad day in 1992 when the FDFA was reduced to four teams and the competition was deemed unviable. Campbell Town had already gone into the NTFA Division Three and St Marys and Fingal were forced to join them. Swansea went South and St Helens went to the North East.

St Marys and Fingal struggled to field teams in the NTFA and in 1994 an amalgamation was tried, but it only lasted one year. Both clubs were too proud of their own individuality and went back to their own identity. St Marys was competitive for a few years but a few wrong decisions in 2002 saw support fall away and an inevitable decision to go into recession was made.

Sport should be a vital part of any town, but we have seen a dramatic decrease in our community in recent years. For the well being of our young, and indeed the whole community, let us all get behind those who are trying to make it happen again.



St Marys Football Club 1953

***R. Moss R. Stone A. Britton L. Pears M. Berwick C. Death W. Thornsbury D. Blair J. Napier H. Davern
D. Williams R. Cocker L. Lynch T. Squires H. Luck B. Adams B. Cooper
T. Curran R. McKillop P. Gavaghan
(St Marys Grand Final side, which was defeated by Fingal at Avoca by 6 points)***

DOING THE ROUNDS

Cllr Reon Johns.

Like to raise an issue? Feel free to contact me on mobile 0429 722 091 or Fax 6372 2098

The original motion for a possible merger between Glamorgan Spring Bay and Break O'Day was to investigate the consequences of such unification. I voted to have this proposal investigated to see if there was any advantage for the Break O'Day residents. Not to blindly go where no one has looked at the big picture.

Glamorgan Spring Bay held a meeting at about the same time as the Break O'Day and their vote was not to proceed with any merger. At this point a number of Councillors believed that the issue was put to bed.

As it stands I personally cannot see any advantages for any of the inhabitants of this municipality and there has been no satisfactory explanation and only very generalisations of the benefits.

I am sure that all people would agree that the St Marys Main Street is looking great. This has come about by the hard work of the Council staff. They have performed a miracle in transforming the streetscape from the average to the thing of beauty that we now have. Good job done well.

On a personal note I would like to thank the small committee that provide support in organizing the ANZAC Day services, thanks to Kim and David Watkins, Col MacKenzie, Wendy Brennan, David Clement, Wayne Cubitt, Chris Suden, Sister Lorraine, Elise, Shannon, Bronti and Don Ives.

Council has allocated \$10,000 to the upgrading of the St Helens foreshore boat ramp. This is conditional on the approval of a grant.

Council has decided to initiate a development plan for the St Helens Foreshore Reserve that can be referenced in the Break O'Day Planning Scheme to control future development on this area.

Council has allocated \$7500 to create a history walk in St Helens.

Cllr clement moved a motion to have Council establish a procedure to have Council assess Private Timber Reserve so that Council has enough time to make a decision to object.

Rate remissions were given to several owners of boatsheds.

Council will contribute \$2500 to the Grassy Bottom Winter Solstice.

Council has decided to erect signs in the commercial district of St Helens and on the southern side of St Marys, from Aulich's Lane to Cameron Street asking riders to dismount while on the footpath.

DO YOU KNOW?

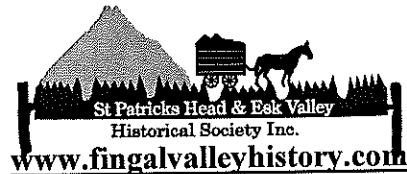
That the Council is the 9 elected members, or Councillors. They are elected for 4 years on a staggered two year basis. A Mayor and Deputy Mayor only service for two years.

Please note that I have changed my visits to the LAST Thursday of each month.

I will be in Fingal. At 08:30 to 9:30 at the Neighbourhood House, Mathinna from 10:00 to 11:00 at the Post Office. St Marys, 11:30 to 12:30 at the Bakery. Then on to St Helens Neighbourhood House from 2:00pm till 3:00pm. Mouth Café Scamander from 3:30 to 4:00pm

I can be contacted on mobile 0429 722 091.

I would like to invite any other Councillor to share this article with me and help keep the Break O'Day informed.



Field Day to Fingal

St. Patrick's Head & Esk Valley Historical Society Inc. is holding a field day to the history rich town of Fingal on **Sunday the 17th May.**

We plan to meet at the old Probation Station cells on the western end of town at **10.00 am.**

The day will include a history talk about the Probation Station, a tour of old buildings in the town and a BYO picnic lunch on the banks of the South Esk River.

Come along and join us in exploring the heritage of the oldest town in the Fingal Valley.

**For more details phone Darlene: 63722222,
Barry: 63725752, or Jim 63722127.**

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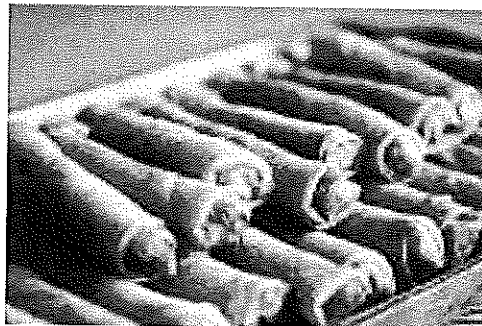
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The Say Cagerattler

It was an absolute honour to see and hear the ANZAC Day Services this year after the issues that caused some concerns leading up to the day. A special mention to our local councilLors who supported the day and showed great faith in the town. The councilLors had a direct involvement in the services along with some other keen local service personnel which for me, added to the significance of the two commemorations .

Other highlights of this special day were the fantastic attendances, around 75 at the Dawn Service, followed up by nearly 200 at the 11am service, which is truly wonderful and sends a message to any doubters of how important we hold this day each year. This was complimented by a good number of young children and some excellent contributions from guest speakers. The defining thing also was the markers of the fallen, on the grass and to many of us a direct link was witnessed there. Thank you to everyone who contributed to ANZAC Day 2009.

It's funny how sometimes you can notice some things and miss others. Lately I have mentioned some new businesses commencing here (and this does not include another in the next few months) and forget about a unique one that has been operating for a while now. I was reminded about this very enterprising, self set up lady by our local Newsagent, when she came in at the same time. This amazing fudge maker has 56 outlets all over the place for her incredible product and is in real demand wherever it is sold. All of us who have enjoyed the fudge know why and production is kept local and specialised for a niche market that our very enterprising trader has developed. Congratulations on a wonderful outcome.

Last Thursday night I had an extremely entertaining evening attending *Animals Gone Wild* at the school. This production was done by the intrepid Arts on Tour Department, as part of their ever growing list of achievements in the past decade and a bit. Although this year's show wasn't as long as some of the past performances in duration, the whole forty minutes had the audience in stitches and smiles were everywhere. In short it was a new take on two well known kid's stories and the last performance of seven or so shows over not many more than the same days, saw the actors and musicians do an incredible job. They had literally just come off a tour of several southern Primary schools that day yet still managed to energize all of us who saw the show. If you missed it you missed a ripper. Watch out for trolls and wolves. Great effort everyone.

Finally although not totally local, I was a little surprised to say the least by why a book has been written about the Port Arthur massacre of 1996, unless the monies raised are to go to worthwhile causes, of which the victims families approved. That infamous act of mass murder certainly needs understanding by mental health authorities, but I'd suggest that as a mark of respect to all the victim's loved ones and indeed emergency services personnel who had to attend after this unspeakable crime, that no publicity other than is absolutely necessary is forthcoming by way of print or other media, because to many of us who remember that day when that gunman ruined the lives of way more than 35 poor souls he actually cold-bloodedly murdered them.

So many more left behind in our communities, have to cope with their loss all the time since, and I trust the authors have considered all this as this book is released in the future. Do we really need a book about why that day at Port Arthur took place. Is it necessary? Someone convince me please.

What do you think?

Flag Flown in Afghanistan for Tassie Mums and Dads

The Speaker of the House of Assembly, Michael Polley last week graciously received a Tasmanian flag from Sergeant Drew Bennett which was flown in a helicopter during missions in Afghanistan.

Mr Polley said that Sergeant Bennett wanted to fly the Tasmanian flag in Afghanistan for every mother, brother, father, sister, uncle and aunt who have members of their family serving overseas.

"I am completely honoured to receive this flag on behalf of all Tasmanians and look forward to it hanging in Parliament House with an appropriate inscription," Mr Polley said.

Mr Polley said that Sergeant Bennett received the flag from the Tasmanian Government and took it with him to Afghanistan, where it was flown in an American Blackhawk Search and Rescue Chopper in the back of the fuselage where troops could see it.

"The helicopter was used to transport wounded soldiers and the flag was hung in the back of the helicopter so the troops had something to look at," Mr Polley said.

"The flag was flown on my wife's birthday, who is Dutch, and on that particular day the chopper saved 5 Dutch troops," Mr Bennett said.

"It is a special flag that reminds us that Tasmanian soldiers have given a lot to Australia by serving in wars overseas," Mr Polley said.



*l/r: Speaker of the House of Assembly, Michael Polley,
Sergeant Drew Bennett
and Tony Scott RSL's Tasmanian President.*



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To Ali, Rachelle, Ayla, Geoff,
and Eliza,
thank you for everything.

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Break O' Day Stitchers 2009 Easter Exhibition

It is with pleasure that I report that the Break O' Day Stitchers have had another successful Exhibition this Easter with even more entries than last year. Many of the visitors said they found it hard to make a decision for The Viewers Choice. Joan Smith's "Sally's Quilt" finally came out the winner.

We would like to thank everyone who supported us to make this exhibition such a success, with a special thanks to Libby Castle 'The queen of raffle ticket sellers'. Once again we were raising money for The Royal Flying Doctor Service, the St Helens Community Car and St Marys Lymphoedema Centre.

The prize winners were:-

JUDGES CHOICE

Challenge: "Memories" **Val Martin**

Patchwork & Quilting: Hand Pieced/Hand Quilted: **Janine Richardson**

Patchwork & Quilting: Machine Pieced/Machine Quilted: **Eigan Rogers**

Patchwork & Quilting: Patchwork & Quilting: Mixed Technique: **Helen Tippen**

Patchwork & Quilting: Art Quilt: **Cindy Watkins**

Patchwork & Quilting: 2 person quilt: **Elaine Howell**

Embroidery: Candlewick, Hardanger, Crewel, Stump, Ribbon Embroidery **Val Martin**

Cross Stitch and Canvas Work, Long Stitch, Needlepoint, Tapestry: **Bridget Cole**

Dolls & Teddy Bears: **Joey Mead**

Knitting, Crochet, Tatting, Bobbin Lace: **Judy Green**

Weaving & Basketry: **Lana Laessig**

Miscellaneous: **Barbara Mellor**

Novice: **Libby Castle**

Bags:....**Judy Green**

2 extra awards were given by the Judge:-

Patricia Cluley & Maree Kennedy

VIEWERS CHOICE

1. Joan Smith
2. Janine Richardson
3. Jacklynne Mair

This year we are handing over:

\$4,300.00 to The Royal Flying Doctor Service

\$2,000.00 to St Helens Community Car

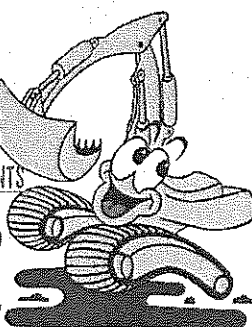
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- St Helens -** St Helens Healthy House, 5 Portland Crt, St Helens.
Third Wednesday of each month - 2.00 pm to 4.00 pm
- Scottsdale -** Dorsett Council Chambers, 3 Ellenor Street, Scottsdale -
Third Thursday each month 10.00 am to 12.00 noon
- Georgetown -** Georgetown Council Chambers -
16 -18 Anne Street Georgetown -
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Crime Stoppers Week, held this year between Monday April 20 and Sunday April 26 2009 focuses on drugs and associated crime.

Sponsored by Lions Clubs in Tasmania, since 1994, the aim of Crime Stoppers Week is to raise public awareness of this valuable crime-fighting tool, and encourage people to phone in with information on crime and criminal activity.

Crimes of drug manufacture, distribution and use, are the primary focus of Crime Stoppers during this week.

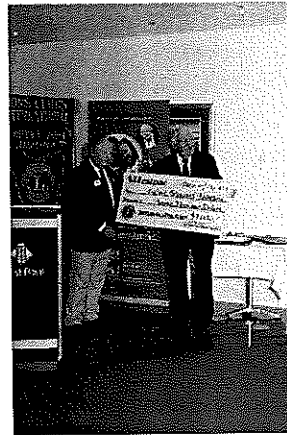
Last year, in just a four-month period, information provided by members of the public to Crime Stoppers Tasmania, contributed to the seizure of more than 1 million dollars worth of drugs by Tasmania Police. This seizure had a considerable negative impact on distribution of illicit substances within the State.

The success of Crime Stoppers is very much reliant on a relationship of cooperation and trust between the public, Crime Stoppers and Tasmania Police. The Tasmanian media are also valued partners in highlighting the positive results obtained and the negative impact drug related crime has on our society.

Although Crime Stoppers Week is over for this year, Crime Stoppers always wants to hear from any person who thinks they have information that may assist Tasmania Police in tackling crime and drug offences and, more particularly, assisting in continuing to make Tasmania a safe place to live." said the Chairman of Crime Stoppers, Mr Brian Aherne.

"If you have witnessed strange or suspicious activity in your neighbourhood, then tell Crime Stoppers, said the Acting Commissioner of Police, Darren Hine. "Callers are guaranteed anonymity and may be entitled to a reward of up to two-thousand dollars for information leading to the charging or arrest of offenders."

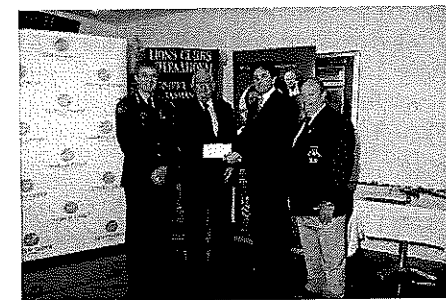
"The positive results speak for themselves and highlight the important contribution Crime Stoppers makes to policing within our communities," said Mr Hine.



l/r: Lions District Governor Tasmania Mr Tony Roney, presents Mr Brian Aherne, Chairman Board of Directors Crime Stoppers with a cheque for \$7000 for their continued support for Crime Stoppers Week.



l/r: Federal group Corporate affairs Manager, Mr Brendan Blomeley presents a cheque to Mr Brian Aherne, Chairman Board of Directors Crime Stoppers Tasmania. Master of Ceremonies Mr David Daniels looks on.



Lions District Governor Tasmania Mr Tony Roney at the launch of Crime Stoppers Week.



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- * Post hole digging
- * Landscape preparation

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Lawyers Barristers & Solicitors
93 York St Launceston

Visiting :

St Marys Community Health Centre
Alternate Tuesdays : 9 am – 10 am

Ph: 6337 5555
For appointments

ST MARYS NEWSAGENCY

Phone: 6372 2145

Open 7 days a week for your convenience.
6am – 7pm Mon. to Fri. 7am – 6pm Sat. & Sun.

CALOWS BUS DEPOT
AURORA PAYG

Happy Mother's Day
to all Mums.
Have a great day.
From all the staff
of the newsagency.

Great selection of Mother's Day cards for May 10.



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Established 1995 ABN 44 074 123 425
3/34 Quail St Ph: 6376 2445
St Helens Fax: 6376 2447
Email: sales@necomputers.com.au
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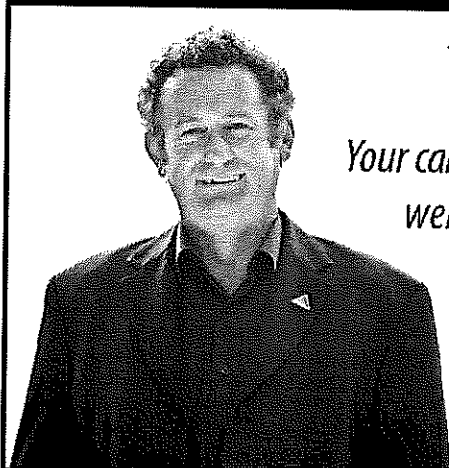


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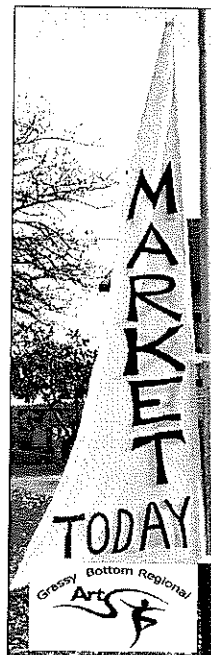
Phone: (03) 6261 8048

Fax: (03) 6261 8047

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MHA, Parliament House, Hobart 7000.



ST MARYS MARKETS

GRASSY BOTTOM REGIONAL ARTS
is pleased to announce the

**St Marys
Saturday Markets**

will be up and running again
as from the

6th June, 2009.

Time to clear our your
unwanted goods!
And for the wonderful gardeners we
have here, bring in your excess
fruit and vegies and set up a stall.

For stall bookings
Ph: 63722818.
Lesley Hill
Treasurer GBRA

St Marys Football Club Inc.

PO Box 42, St Marys Tasmania 7215

Like a phoenix rising from the ashes, at a Special Meeting held in the footy clubrooms on Friday 1 May 2009, the St Marys Football Club has been resurrected; a Committee elected and a new constitution adopted!

The newly elected Executive is as follows:

President: Harry Veldums

Vice President: Mark Carrick

Secretary/Treasurer: Rick Lohrey

They will oversee a general committee comprising both experience and youthful enthusiasm.

Our objective for 2009 will be to establish a sound structure and financial base with a view to nominating a senior and Under 16's team to compete in the Oatlands and District Football Association in 2010.

While there will be plenty of naysayers around town it is obvious to many of us that the "heart" of St Marys withered severely when the footy club folded. While there seems to be no shortage of issues that cause division in the town the simple joy of getting together as a community and having a beer or a cup of tea and a pie at the footy, watching friends and family wearing the mighty black and gold of the St Marys Tigers is sadly lacking.

So we are having a go at getting the footy team up and running again; it might sound corny but our motto for the next few months will be "... don't tell us what we can't do..."

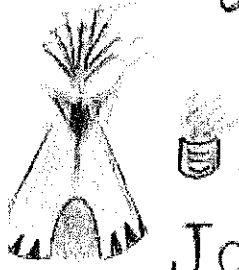
First cab off the rank will be a club launch in the St Marys Community Hall on Saturday night, June 6 2009. A good old fashioned family oriented "knees up" with live music, supper, refreshments and plenty of willing volunteers ready to sign up new members and sell you a raffle ticket or two.

So pencil that date into your diary and watch this space and the various noticeboards around town for further details.




ST MARKS
SOLSTICE
20th JUNE
10th Anniversary

Grassy Bottom Regional Arts Presents:



WINTER SOLSTICE
EVE CELEBRATION

Join the Fun, Help it Happen!
contact: kim 63722527 Kelly 63722684



PAUL GREENE

SONGWRITING AND PERFORMANCE WORKSHOPS



Saturday 9 May at St Marys Hall

Workshop 3.00pm \$5 Show 8.00pm \$15 Door

Independent Australian musician Paul Greene will undertake a workshop tour of Tasmania in early May 2009 supported by local singer-songwriter Emma Anglesey.

Over 6 days Greene and Anglesey will travel to Hobart, Bruny Island, Coles Bay, St Marys and Launceston to perform and conduct songwriting workshops. The workshops will provide an opportunity for local musicians to meet and work with Greene to develop songwriting and performance skills.

Paul Greene may be familiar to some as a track and field star at the Olympic and Commonwealth games. However, he is also known as one of Australia's best independent musicians and in 2000 joined Midnight Oil drummer Rob Hirst and ex-Hoodoo Gurus bassist Rick Grossman in the Ghostwriters and developed with Hirst the band Hirst and Greene.

Greene has performed at the Woodford, Jamberoo and Majors Creek Folk Festivals, as well as touring the USA. He won the ABC's Fresh Air competition, has been given the thumbs up by John Butler, toured with The Waifs and Ani DiFranco, and served as the inspiration behind Ben Harper's 'Diamonds On The Inside'.

After supporting Greene's Melbourne shows in 2007 Emma Anglesey was invited to join him on his national tour of new album Distance Over Time in 2008. Believing her songwriting to be unique and honest Greene helped to produce Anglesey's first album 'Breathe Easy' at Red Shelf Studios.

www.paul-greene.com

www.myspace.com/paulgreene

www.myspace.com/emmaanglesey

Scalefish Fishery consultation period extended

The Department of Primary Industries and Water has extended the consultation period for the review of the Tasmanian Marine Scalefish Fishery Management Plan.

The Director of Marine Resources, Mr Rob Gott, said that an extension is necessary, as the draft rule alterations need to be available for public comment for at least a one-month period.

The consultation period will now close on 22 June 2009.

The draft scalefish fishery rules and the associated cost-benefit analysis will be available before 21 May 2009. A public notice will announce the release of the draft rules.

Mr Gott emphasised that the draft rules reflect the intent of the information paper released in March. All submissions received up until 22 June will be considered by the Scalefish Fishery and Recreational Fishery Advisory Committees and the Department before the final changes to the management plan are submitted for the Minister's consideration.

The review commenced in August last year, with an initial consultation period to identify key issues within the fishery.

The current consultation period involves seeking public comment on the proposed alterations to the management plan. The Plan covers both recreational and commercial scalefish fishing.

Mr Gott said that over 300 people attended the State-wide public meetings held during March and April, with more than 100 submissions received to date.

An information paper explaining the recommendations for changes to the Scalefish Fishery Management Plan was released in March and is available for downloading at www.fishing.tas.gov.au or by request at 1300 368 550.

The final alterations will be implemented on 1 November 2009. The changes will be reflected in the 2009/10 Recreational Sea Fishing Guide.

Letter to the Editor

Vol. 41 No 22, 2009

Valley Voice,

Thank you Reon Johns and Wendy Brennan, their helpers and supporters for making the 2009 ANZAC DAY services so memorable.

The number of people attending was great—about 70 at the Dawn Service and over 170 at the 11am Service.

However, numbers are not that important. The real significance is the right of every citizen to pay tribute and thanksgiving to our nation's heroes in their own home town.

This is part of the democracy and freedom of choice for which our family members fought. These values were restored and upheld thanks to wonderful people like Reon, Wendy, David Watkins, Don Ives, David Clement etc. (the list goes on and on)

We are so thankful and privileged to live in such an amazing community, for such community spirit honours those who fought for unity, peace and freedom.

St Marys and surrounding districts live out 'community' in the truest and fullest sense of the word.

Thank you everyone. May ANZAC DAY 2010 be just as special.

Beverley and Peter Rubenach.

Female rock lobster season ends

The commercial and recreational fishing season for female rock lobster closed at midnight, April 30.

Although recreational fishers can still take male rock lobster until August 31, all female rock lobster must be carefully returned to the water immediately, in the area they were caught.

The Minister for Primary Industries and Water, David Llewellyn, said the closure is in place to protect female rock lobster during the breeding season.

"By protecting breeding females during this vulnerable time we can help ensure there will be rock lobster in our seas for future generations to catch," Mr Llewellyn said.

"Female rock lobster can be easily distinguished from males by the larger pleopods (flaps) under their tails, which are used to hold eggs, and the presence of a small nipper claw on their rear legs."

As well as the closed season for taking female rock lobster, it is illegal to possess rock lobsters that are 'berried' (carrying eggs) or to remove the eggs at any time of the year.

The closure of the female giant crab recreational fishery also corresponds with close of the female rock lobster season.

"Tasmania Police will be on the lookout for fishers who are putting rock lobster stocks at risk by not following the rules.

"Members of the public can help protect our fisheries by reporting any potential illegal fishing activities to Fishwatch on 0427 655 557," Mr Llewellyn said.

Mr Llewellyn also reminded fishers the banded morwong fishery opens from May 1.

Further details on the rock lobster season and other sea fishing rules can be obtained from the Department's website www.fishing.tas.gov.au or the Recreational Sea Fishing Line (03) 6233 7042.

REMEDIAL MASSAGE

Geoff Coasby (CSM.CRM.)

Now in Fingal

15 years extensive experience treating professional sports people including AFL footballers, triathletes, swimmers and everyday people who are suffering from muscular problems.

Qualified Treatment for:

Low Back Pain

Shoulder Pain

Neck Pain

Tennis Elbow

Hamstring and Calf Problems

Headaches

**Call to make an appointment now
for your assessment**

Phone: 6374 2325

MEALS ON WHEELS ROSTER

May		St Marys	Fingal
Monday	11th	Debbie Barnes	June Hall
Tuesday	12th	Pam Lynch	
Wednesday	13th	Dianne Troode	
Thursday	14th	Yvonne Salter	
Friday	15th	Wendy Aulich	
Monday	18th	Trish Pike	Leslie Lohrey
Tuesday	19th	Patricia Barr	
Wednesday	20th	D & V Rice	
Thursday	21st	Geoff Herrmann	
Friday	22nd	Geoff Herrmann	

Church Services

Catholic Parish of St Marys

Sr. Lorraine Groves
Parish House. Ph: 6372 2252
Mob: 0409 172 741

1st Sunday: MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
Swansea LWC 9.30am
Fingal 11.30am
Campbell Town 5.00pm

2nd Sunday: LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

3rd Sunday: MASS

St Helens Vigil 6.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno LWC 9.00am

4th Sunday LITURGY

St Helens Vigil LWC 6.00pm
St Marys LWC 9.00am
Bicheno LWC 9.00am
Swansea LWC 9.30am
Fingal LWC 9.30am
Campbell Town LWC 5.00pm

5th Week MASS

St Helens Vigil 6.00pm
Bicheno 9.00am
St Marys 11.00am
Swansea LWC 9.30am
Campbell Town 5.00pm

Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays
Fingal: 3 pm 1st/3rd Sundays
Mathinna: 3pm 2nd/ 4th Sundays
Ross: 11am 1st/3rd Sundays
Campbell Town: 9am every Sun.
(3rd Sunday - Family Service)

Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am
Kanga Sunday School

10.30 am - 12 noon
every Sunday for children
5 - 12 yrs

St Marys every Sunday 10 am
Pyengana: Kids Church,
2pm - 4th Sunday every month.

Salvation Army TUESDAY JAM

3-5pm every Tuesday.
except school holidays.

Envoy Melanie Norton Ph: 6372 2099

Sunday Joy

6.30pm for 7pm: each Sunday

Break O'Day Uniting Church

The Manse St Helens

Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am
Divine Service 11 am

MEALS ON WHEELS DRIVERS URGENTLY NEEDED IN ST MARYS AREA.

IF YOU ARE ABLE TO DRIVE FOR MEALS ON WHEELS ONCE OR TWICE A MONTH, PLEASE CONTACT
SUSAN WOODS: 6374 2193
MIM WOODS: 6374 2209
OR SHIRLEEN WOODS: 6374 2267
YOUR HELP WOULD BE APPRECIATED.

On Air Now!

Vision FM 88.0 at both St. Marys and Fingal.

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network.

Phone 1800 007 770.

web www.vision.org.au

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue.

Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Please include your full name and contact details. Your name need not be published, but we must have a signature. Please keep letters to 300 words or less.

Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.

Contacts for Valley Voice

PH: Judy: 6372 2155

email: judith.spilsbury@bigpond.com

Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

Advertising: 2008

Classifieds: 25 words or less: free

Community notices : free.

Small ads. Garage sales. Greetings.

Thanks etc. \$12.

¼ page \$20. ½ page \$30.

Full page \$50.

1 year posted subscription \$30.

Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park.

There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking or any other inquiries, please phone Sylvia on 6376 8390. Or Saturday mornings only: 0447 589 803.

IMPROVEMENT AWARD - 2008



Sue Hindley, Elise Wright, Zoe Greenfield, Brian Shephard, Joel Bennett, Gemma Davern, Dan Male

St Marys District High School was recognised by the Premier and Minister for Education and Skills, Mr David Bartlett as the most improved district high school in Tasmania for 2008.

Members of the school community, staff, parents, students and members of the School Association travelled to Hobart on Monday 4th May to receive the award at a Civic Reception.

Mr Bartlett acknowledged the significant progress the school has made in areas including:

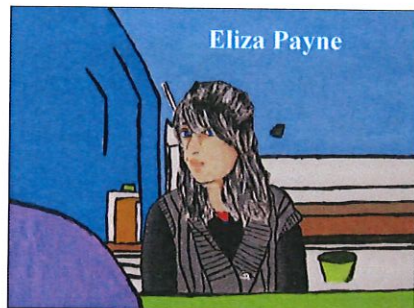
- 👍 Early Childhood Literacy and Numeracy;
- 👍 Value Adding in literacy and Numeracy across the whole school;
- 👍 Retention, post year 10.

The capacity of the staff, parents and students to work in a genuine partnership was highlighted by Mr Bartlett as being pivotal for school improvement. The challenge for the school will be to sustain the momentum and target improved Literacy and Numeracy outcomes for all students.

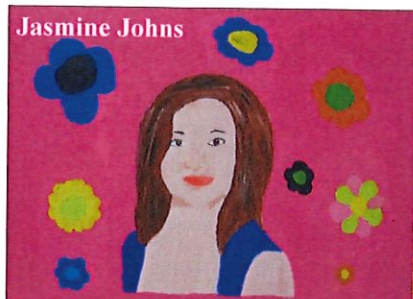
St Marys District High School congratulates Blackman's Bay Primary and Rokeby High schools on being recognised as the most improved primary and high schools respectively.



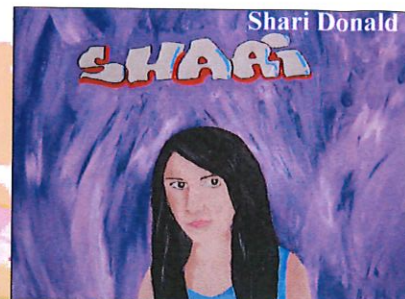
Elise collecting award from Mr Bartlett



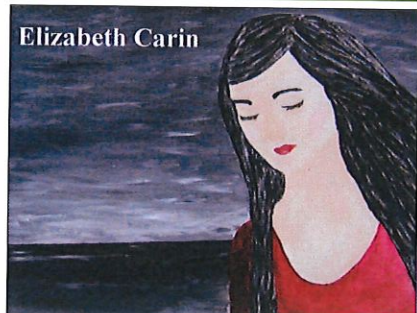
Eliza Payne



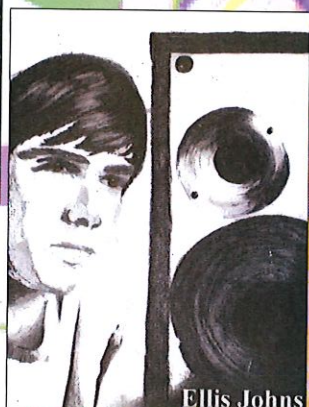
Jasmine Johns



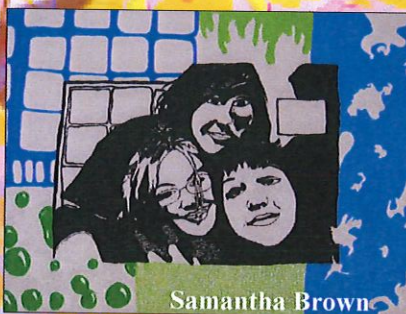
Shari Donald



Elizabeth Carin



Ellis Johns



Samantha Brown



Indi Douglas

SCHOOL DENTAL SERVICE

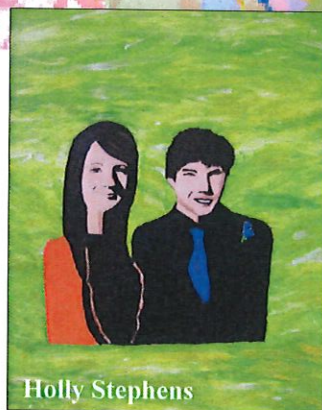
Every Monday and Tuesday

Please feel free to contact them regarding your child's dental health on the numbers below:

St Marys Dental Unit
6372 2488

St Helens Dental Unit
6376 5208

Kelham Street Dental Unit
6336 4100



Holly Stephens



Tiarna Roney



Sharni Brown

Portrait Art

May 2009

Monday	Tuesday	Wednesday	Thursday	Friday
			7th May ✦ Grade 7 Camp ✦ Country Gold Selections	8th May ✦ Grade 7 Camp
11th May	12th May ✦ Immunisations ✦ N.A.P.L.A.N. ✦ NEET Rec Day	13th May ✦ Football/Netball begins - secondary ✦ N.A.P.L.A.N.	14th May ✦ N.A.P.L.A.N.	15th May
18th May	19th May ✦ Inter-High Cross Country	20th May ✦ ENE Cross Country	21st May ✦ Next School Newsletter ✦ Country Gold Selections	22nd May

13 Gray Road, St Marys, TAS, 7215.
Phone: 6372 3900 Fax: 6372 2543
Email: st.marys.district.high@education.tas.gov.au



Tasmania
Explore the possibilities

ST MARYS COMMUNITY HEALTH CENTRE

DOCTORS ROSTER

Dr Condon- 7th May - 22nd May 2009

Doctor- TBA from 22nd May 2009 onwards

AFTER HOURS SERVICE CONTACT NUMBERS

PLEASE PHONE GP ASSIST ON 1300 780 011

AMBULANCE 1800 008 008 or

EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111

BEFORE PRESENTING AFTER HOURS.

St Marys Community Health Centre

GP Surgery Hours:

Monday-Friday 8:50am-12:30pm

12:30pm-1:30pm LUNCH

NO PATHOLOGY SERVICE 12:00-1:30pm

1:30pm-5:00pm

WASH YOUR HANDS it is the best disease prevention for catching and spreading the flu virus.

On behalf of the staff and the wider community we wish to thank Dr Paul Condon and Marjorie for their time here at the St Marys Community Health Centre. You have both been valuable members to our team and we wish you all the best in the future. Happy travelling!

FLU VACCINES

Flu vaccines are currently available from the St Marys Community Health Centre.

If you are aged 65+ your flu vaccine is **FREE**

Please phone the Community Health Centre on 6372 2111 and make an appointment.

If you are under 65 years of age please make an appointment to see your GP and get a prescription for your flu vaccine. A doctors appointment is required to have your flu vaccine given.

ROAD WORKS AT THE HEALTH CENTRE

Planned commencement of driveways reconstruction at the St Marys Community Health Centre is due to start on Tuesday 10th May 2009.

Please be aware that the front entrance to the Centre from Gardiners Creek Road will not be accessible during this time. Entry will be via Hugh Street.

Parking will be available at the rear of the Centre and on the grassed area behind the old Ambulance Shed. Please be careful during this time and abide by the speed limits sets within the grounds.

IMPORTANT PUBLIC NOTICE

PLEASE abide by the **SPEED LIMITS** and **ENTRY** and **EXIT SIGNS** set in and around the Community Health Centre. Some access ways are **ONE WAY ONLY.**

WHAT'S ON AT THE CENTRE

7th May

Ante Natal Classes- Classes will be held Thursday evening over 4 weeks at the St Marys Community Health Centre- Day Room. Bookings essential. Please phone the St Helens Neighbourhood House on 6376 1134. for bookings and further details.

23rd April

Ante Natal Classes- Classes will be held Thursday evening over 4 weeks at the St Marys Community Health Centre- Day Room. Bookings essential. Please phone the St Helens Neighbourhood House on 6376 1134. for bookings and further details.

7th May

Incontinence Nurse- appointments via referral from your Health Professional or GP

7th May

Drug & Alcohol Counsellor- appointments via referral from your GP

8th May

Diabetes Educator- For appointments please see you GP for a referral.

12th May

Jobfind- downstairs at the Community Health Centre

12th May

Child Health Session with Sue Gofton. Every Tuesday by appointment. Please phone 0428 136 381

13th May

Day Centre- For details on the group please contact Ann Jetson on 6372 2111

13th May

Funeral Plan Information Session with Tamara from Harris Funeral Services, St Helens. FREE Session all welcome to attend. 11am in the Day Room. Further details please phone Hayley on 6372 2111

13th May

Psychologist Dahotay Teboul- appointments by referral from your GP.

18th May

Relationships Australia Lyn Marie phone 1300 364 277

19th May

Jobfind- downstairs at the Community Health Centre

19th May

Tom Bain- Rae & Partners Lawyers. For appointment please phone 6337 5555. Available Tuesday fortnights at the St Marys Community Health Centre

19th May

Child Health Session with Sue Gofton. Every Tuesday by appointment. Please phone 0428 136 381

19th May

Diabetes Public Information Session- 1pm- 3pm Session FREE. Gold coin donation towards coffee and tea. Please RSVP on 6372 2111

20th May

Psychologist Dahotay Teboul- appointments by referral from your GP.

20th May

MOW Meeting 2pm-3:30pm downstairs at Community Health Centre

20th May

Day Centre- For details on the group please contact Ann Jetson on 6372 2111

22nd May

Diabetes Educator- For appointments please see you GP for a referral.

BREASTSCREEN TASMANIA MOBILE BUS

Please be aware that the BreastScreen Tasmania Mobile Bus will be in our area from: **11th May- 15th May 2009**

Appointments can be made by phoning BreastScreen Tasmania on 132050

DIABETES PUBLIC EDUCATION SESSION

“Diabetes, are you at risk?”

Cost of the Education Session is FREE
Gold Coin Donation Towards Tea/Coffee.

St Mary's Multipurpose Centre
19th May and 26th May 2009
Commencing 1.P.M. -- 3 P.M.

The Session is suitable for every-one.

The Session is being conducted by Richard Guy – Diabetes Educator CNC,
Department of Health and Human Services

If you would like to attend, please contact Reception at the
St Mary's Multipurpose Centre on 63.722.111





The Spirit of the ANZAC

On Saturday 25th April ANZAC Day Services were held at dawn at Fingal and 11 o'clock at Mathinna. There were 23 students and 5 staff members representing the Fingal Primary School at one, or both of the services. Breeana Francis, Alex Johns, Bradley Mc Gill, Zoe Simpson, Ashleigh Templar, Demi Brown, Dylan Brown, Harvey Flynn, Jorgia Woods, Carley Baldwin, Melanie Guy, Sam Herbert, Daniel Newton, Kurtis Tuck, Nathan Applebee, Nakea Brown, Rebecca Brown, Kallam Brittain, Sophie Guy, Catherine Bean, Jayden Brown, Tara Guy and Luke Viney were the students who attended the service.

Breeana Francis, Alex Johns, Zoe Simpson, Ashleigh Templar, Kurtis Tuck and Bradley Mc Gill laid wreaths on behalf of the school. Students from Fingal Primary School also wrote speeches and addressed the 11 o'clock service. The speeches they read are below.

On the 25th April every year we commemorate ANZAC Day. ANZAC stands for Australian and New Zealand Army Corps. ANZAC Day is about remembering the diggers who fought in World War I. It is also about remembering all the soldiers who lost their lives fighting in other wars. Every year there are two ANZAC services; one at 6.00 a.m. and one at 11.00 a.m.

During World War I, on the dawn of ANZAC Day 1915, the soldiers landed in Gallipoli. Many men and women lost their lives during this war, which lasted from 1914 to 1918. Some soldiers were as young as 16. Some lied about their age so that they could fight for their country. Both men and women went to the war.

During World War I there was a man called Simpson. He had a donkey and when someone was injured he put them on the donkey's back and carried them to the First Aide tent. ANZAC biscuits were sent to soldiers at war because they kept fresher than many other cakes and biscuits.

Every year at services around Australia and the world, people lay wreaths, read the ode, have one minutes silence and march to remember those who lost their lives at war. Every year we, the student leaders of Fingal Primary, attend the ANZAC Day service, here at Fingal or Mathinna to pay our respect to the diggers. We will always remember them.

Read at the Service by

Alex Johns, Bradley Mc Gill, Zoe Simpson and Breeana Francis.



Breeana Francis



Alex Johns



Zoe Simpson



Fingal Primary School Students and Members of the RSL at the Mathinna 11 o'clock Service.



Bradley Mc Gill



Calendar of Events - May

11th	12th	13th	14th Launching into Learning 1.30—3.00 p.m.	15th
18th	19th Grade 6 Immunisations	20th ENE Cross Country at Mathinna	21st News Letter Launching into Learning 1.30—3.00 p.m. Country Gold Pre selection Trials	22nd School Association Fire Works Evening 4.30 p.m.

Fingal Primary School Association

Fire Works Evening

Friday 22 May 2009 4.30pm
Fireworks display starts 6.30pm

Great Family Night
Entry: \$2.00 per person
or \$5.00 per family

Food and Drinks

Miss Smith's Duck Poo Lotto

Glow Sticks for the kids \$1.00 each

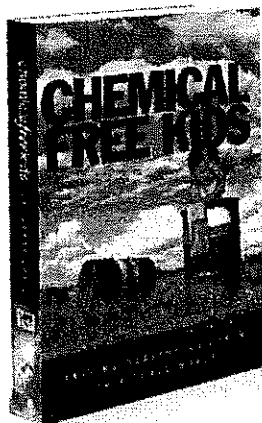
Fairy Floss \$2.50 per bag

Meat Tray Raffle \$1.00 ticket or 3 for \$2.00

Come and have tea and enjoy the
Fireworks demonstration



RAISING HEALTHY CHILDREN IN A TOXIC WORLD



WHAT'S TOXIC AND WHAT'S NOT? RAISING HEALTHY CHILDREN IN A TOXIC WORLD...

FEATURING

Dr Sarah Lantz

is a lecturer, researcher, writer and mother. Dr Lantz has a background in public health, mental health, and specializes in the area of child and youth health and wellbeing. Dr Lantz has written and spoken widely on the issue of chemicals and kids and environmental health.



Healthy Community Project

'Understanding chemicals, even a little bit, is fundamental to our children's health and safety'
This seminar will examine a range of topics:



What are chemicals? How do chemicals get into the human body? What makes a chemical toxic? Why are kids particularly susceptible to chemicals? What are the health and behavioral impacts? How do we currently measure chemicals and determine their safety? What are the consumer assumptions we make? How do I identify harmful chemicals?

Go to: www.chemicalfreeparenting.com
for more information

Location: ST. HELENS MEMORIAL HALL

Date: Sunday 24th May 2009

Time: 1.30 – 3.30 PM

Adults: \$15

Pensioners: \$10

Teenagers wishing to attend – free entry

Enquiries - Fiona Watts Healthy Community Project PHONE: 63765242



St Marys Sports Centre Inc. news Kackhander

Once again it's been pretty quiet of late around the club except for the ladies Golf Championships being played over the past couple of weeks.

A huge congratulations to Bobby Harwood in retaining her club championship title, with runner up being Lesley Kellaway. Another good performer was Liz Clayton and the putting was won by Liz Kellaway. Congratulations to Beth Haas for taking out the Overall Handicap by one stroke from Bobby Harwood. Well done to all who played.

Great news on the Bowls front with Kodie Donald taking out a major title in the Tasmanian Junior Championships recently. Top effort Kodie, you show off.

There is plenty coming up this year in golf and hopefully in the next issue we will try to publish some major dates to look out for in the coming months, and attempt to encourage those wanting to get on the fairways an avenue to do so.

Don't forget that if you are new to the area, you are very welcome to come and talk to us about joining the club at some stage. All new members will be made extremely welcome indeed.

Until next time, good hitting and rolling.



Bowls Tasmania East Coast Junior Champions :

Winner: Kodie Donald (centre) St.Marys.

2nd: Chris Cartridge.(Left) St. Helens.

3rd. Chris Kringle (Right) St.Marys.

Jim Turner. President, St.Marys Bowls Club.

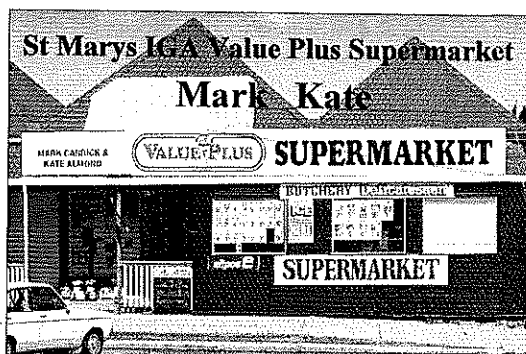
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38 Main Street St Marys
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274
Mon - Fri 8am - 6pm
Sat 8am 12 noon

This week's specials.

From the butchery.

Rump steak	\$10.99kg
Regular mince	\$ 7.99kg
Lamb loin chops	\$13.99kg
Gourmet chicken portions	\$ 5.59kg
Nichols homestyle chicken	\$ 4.99kg

Instore specials

Watties B/beans/ spaghetti 420g	.99c
Devondale longlife milk 2lt	\$2.99
Golden Canola margarine 500g	\$2.99
Ardmona canned fruit 825g	\$2.49
Arnotts TimTam/ slice bisc. 175/200g	\$2.39

Late week specials

Sorbent toilet tissue 12pk	\$6.99
Sunshine white sugar 2kg	\$1.99
Arnotts shapes biscuits 110/190g	\$1.99
Sanitarium Weetbix 1kg	\$3.99

Next week's specials.

From the butchery

IGA corned silverside	\$ 6.99kg
Porterhouse steak	\$15.99kg
Chicken Scrolls Hawaiian	\$11.99kg
Pickled pork	\$10.99kg
Legs of lamb	\$ 9.99kg

Instore specials

Palmolive sham400ml /cond 375ml	\$3.99
Spree dishwash liquid 1lt	\$1.99
Wondersoft toilet tissue 12pk	\$4.99
Maggi 2 min noodles 68/70g	.99c
Fountain tomato/BBQ sauce 600ml	\$1.79

Late week specials

Snugglers disposable nappies 24/36s	\$9.99
Prefer toilet tissue 18pk	\$3.99
Arnotts Wheaten/ TV sn/Wagon wheels	\$1.99
Nescafe Blend 43 Bonus coffee 500g	\$15.99

