

# The Valley & East Coast Voice

Volume 41 No 2  
Thursday, June 19, 2008

Est. 1968  
50 cents

## Success for Andrew.

The Thomas family of St Marys have featured in the Valley Voice recently, and this week is no exception. Andrew, Kellie and Peta's brother has had some success, motor bike racing at Carrick last weekend.

Tas Scramble Club, of which Andrew and Anna are members, hosted the Total Tasmania Vintage MX Nationals.

Andrew was successful in his category, Pre 85 125 Solo class, and came third. This is quite an achievement as the meet was not just State but National.

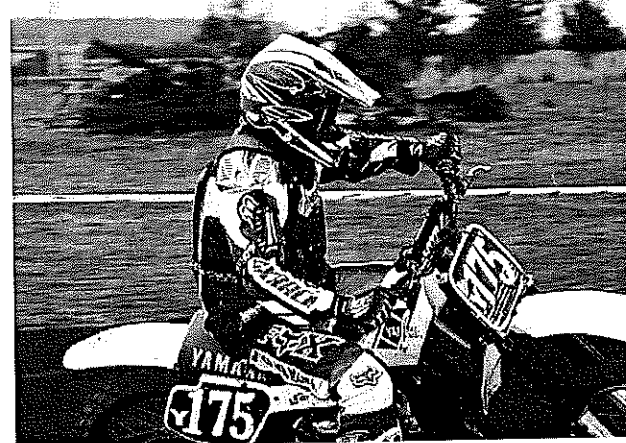
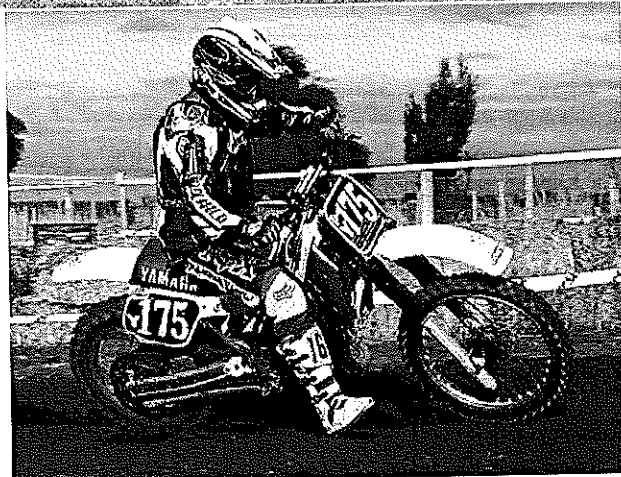
The Nationals will not be held in Tasmania for another five years.

Andrew was presented with a crystal trophy and a medallion at a presentation dinner at Clarence House on Sunday night. Congratulations and well done.

*Photos of Andrew with his trophy and medallion, and in action, are by Anna Thomas.*



*Andrew Thomas with his trophy and medallion.*



**Winter Solstice**  
**This Saturday**  
**June 21, 2008**  
**4pm - 9pm**  
**St Marys Recreation Ground.**  
**Lantern Parade & Fire Spectacular**  
**Warm fires, hot food etc.**  
**Tickets at gate \$7 members. \$5.**  
**Band at St Marys Hotel after.**

Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday, July 1, 2008.  
New email address: [judith.spilsbury@bigpond.com](mailto:judith.spilsbury@bigpond.com)

## Community news

**St Marys Hospital Auxiliary** meets the first Monday of every month at 2pm at the St Marys Community Health Centre.

**The Break O'Day Woodcraft Guild Inc.** meets the last Saturday of the month at 4pm at the goods shed behind the St Marys Railway Station.

**Grassy Bottom Regional Arts** are holding General meetings on the first Tuesday of every month at 2 Story St, St Marys at 7pm. Come along to share your creative ideas and help Grassy Bottom maintain an artistic culture in our community.

**The Tasmanian Lymphoedema Centre Inc.**, holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

**St Marys Ladies Midweek Tennis** 9.30am each wed. Need new players - of any standard- beginners welcome-childminding included - lovely safe place to bring toddlers while you play. **Ring Annette- 6372 2224.**

**St Marys Playgroup** meets each Friday 10ish at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. **Contact Jane 6372 5060.**

**WOMBAT WALK WEEDERS** meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Play-ground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. **Contact - Robina 6372 2022.**

**Break O'Day Wine & Food Appreciation Society** meets once a month on the last Sunday.  
**Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.**

**The Scamander and Beaumaris Community Development Association** meets at 7 pm at the Fire Station Scamander every third Wednesday of the month. New members are most welcome.

**St. Patricks Head & Esk Valley Historical Society** meets on the third Sunday of every month at St. Marys History & Gifts (the old railway station) at 2.30 pm. Meetings are informal and fun and new members are needed. Please contact **Barry Aulich on 6372 5752 or Jim Haas on 6372 2127.**

**The Falmouth Community centre** would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on **03 6372 5604.**

**Anyone interested in forming a Bridge Club in St Marys—** please phone: Jack Foreman: 6372 2034.

### NEWS FROM GONE RUSTIC:

**Please note - Gone Rustic will be closed from 2<sup>nd</sup> to 5<sup>th</sup> June - re-opening on Friday 6<sup>th</sup> June**

**PLAYTIME! FLORAL FANTASY** - Trap "silk" flowers and leaves under sheer fabric in a contemporary, no-stress version of shadow appliqué. Session held on Saturday, 7<sup>th</sup> June (9-12). Bookings essential; please call in for a materials list. Cost: \$10 plus materials. **ADVANCE NOTICE:** class for July will be *CHEATIN' BATIK*.

### COUNTRY-STYLE QUILTS ON DISPLAY -

Sharyn Rosskelly of St. Marys specialises in hand embroidery, hand appliqué and hand quilting. You will also have the opportunity to see her beautiful Jacobean-style quilt, which won a viewer's choice award at the last Easter exhibition in St. Helens. **This display will be launched at 12 noon on 11<sup>th</sup> June; \$5 entry includes light lunch and refreshments.** There's also still time to see the striking H20 Challenge quilts from across Tasmania and interstate. Be inspired by the work of talented textile artists!

**THREAD PAINTING & EMBROIDERY** - next session on 18<sup>th</sup> June, 1-3 pm (and every 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month). Bring a current project or a new one to start. Meet with like-minded stitchers to mutually improve your skills, gain ideas and keep the motivation going. Cost: \$5 per session; includes tea and coffee.

**ANNUAL MEMBERSHIP** - this falls due on 1<sup>st</sup> July. Cost is still only \$15, which includes bi-monthly newsletters, free pattern and recipe, and 10 % off fees for classes. Ask Rita for a form soon!

**If you are interested in any of the above items, please contact Rita Summers on 6372 2724 (Mon-Fri, 9-5) or 0417 027 424, or drop in to Gone Rustic, 37 Main Street, St. Marys**

**Jan West of Linking Like Minds** is available on Commission / Barter Rates to market, brainstorm and sell art works, businesses using phone and mail - also brainstorming of employment/income opportunities - Phone Jan on **0421 319 586 or 6372 2596 or [linkinglikeminds@bigpond.com](mailto:linkinglikeminds@bigpond.com)**

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**SAWMILLING**  
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**Swap n Go gas cylinders** now available from Gone Rustic, 37 Main Street, St Marys or call 0417 027 424 for opening hours.

### WANTED

**School Bus Driver**  
**for the Cornwall Contract.**  
**40 minutes morning and afternoon.**  
**If you have an interest, please call**  
**Joanne on 6376 1234 or 0419 514 255**  
**for more information.**

## Classifieds

### FOR SALE

**Westinghouse** fridge-freezer. V.G.C.\$200.ono.

**Kelvinator** 150lt chest freezer. As new. 6mths old, still under warranty. \$380.ono.

**Hoover** 5kg top load washing machine. Goes well. \$150.

**Double bed & chiro mattress.** As new. 6mths old excellent condition. \$700. ono.

**Coffee maker** hardly used V.G.C. \$100.ono. Ph: 6372 2556

**Phillips 2 door upside down fridge/freezer.** 396 lt. Good order. \$100. PH: 6372 5041, ask for Adeline.

**Second Hand Marblertrend Fibreglass Shower Cubicle/Enclosure** Cream in colour. \$500ono. Ph: 6372 2851 Janet or Rod.

**1982 Toyota Hiace Campervan.** \*Pop top, no canvas, 3 way fridge, 2 gas burners, 1 grill, dble bed, 4 speed column, excellent engine, food cupboards, hanging closet, new spare tyre, jack. \$1500. Ph: 0447 243 132 or 6372 2818.

**Stainless steel glove,** left or right hand, large, suit butcher, fishing, crayfishing. Excellent cond. \$50.

**Subaru forester roof racks** to suit '03 onwards. Excellent cond. \$150.

**Vacuum cleaner** "shop vac" wet/dry new cond. Suit garages, sheds etc. \$80. Ph: 6372 2813.

**Stihl 039 Farmboss.** \$600

**CIG Transark easy welder** 140 amp. \$200.

**Phillips 340 Fridge.** \$250.

**Fisher 120 Watt amp** \$50

Ph: 6372 2251.

**Old style lounge suite.** \$80.

**George Foreman grill (Lge)** \$45.

**George Foreman grill (Sml)** \$30.

**Speed Grill.** \$30.

**Ronson combination slicer.** \$40.

**Bookend bed with mattress.** \$50.

Ph: 6372 2434.

**89 Ford EA sedan,** 5 speed manual, air con, sports dash, new radiator, good tyres, h/d tow bar, reg till July, suspect blown h/gasket, \$550.ono. includes 2nd car for spares.

Ph: 0400 593 344.

### FOR SALE

**Single base bed** with white decorative iron and brass bed head. Excellent condition. \$120. ono.

Ph: Karen Polden 6372 2438 or 0439 333 398.

**Stove,** in working order. Make an offer. **Large microwave.** \$50.

**Toaster oven.** \$20.

**Kitchen sink & wash trough.** \$25 both.

Ph: 6372 2608.

**Left hand golf clubs.** 3 pw irons, 3 wood, 5 wood, 18 degree hybrid, putter & bag. \$100.

Ph: 6374 2165—0429 967 115.

**Samsung A411 Next G mobile** with USB & car charger. \$145.

Ph: 6372 5656.

**Bathtub** - \$35, kitchen sink s/s, single bowl, double drainer - \$25, electric stove - \$40.

Ph: 0408 208 658.

**TV Entertainment unit.** 175cm wide, 122cm high. \$200.

Ph: 6372 2762.

**Fire wood.** 1, 2, & 3 tonne loads.

Ph: 0407 944 158.

**Timber four-shaft table loom.**

(\$350 ono). Ph: 6372 2724 or 0417 027 424.

### ST MARYS OP-SHOP

PLEASE NOTE:

OUR WINTER TRADING HOURS:  
10.30AM — 3.30PM MON TO FRI.

VOLUNTEERS NEEDED!!!!!!

Can you spare a few hours  
a week, or fortnight?

Why not try the op-shop?

Centrelink  
volunteers welcome.

Ph: 6372 2733,  
ask for Tracy.

Or call in to the shop and  
leave your details.

### FOR SALE

**"Moo-Poo".** Finely screened. Any amounts. See Norm. Ph: 6372 2380.

**Motor Home.** Ford Transit '98. Diesel auto. Recent road-worthy and gas/electric certification. Gas toilet, hot shower, awning. Low kms. Mint condition. \$35,000. Ph: 0408 589 559.

**FORD METEOR.** 4 cyl. Has some panel damage. Goes well. Suitable for "kids learn to drive" project, or parts.

\$150. Ph: 0437 227 123 or 6372 2222.

**Baby pet rats.** Very quiet. \$10 ea. Ph: 6372 2357.

### LEAD LIGHT WINDOWS

Cleaning/ repairs

Design, Construction & Installation.

For further information and quotes,  
call Peter or leave a message on

PH: 6372 2286.

*Servicing the East Coast.*

I am looking for a photo of the  
Oliver twins, born at Fingal in  
June 1924.

If anyone knows of one could they  
please ring me on 6344 5785.

FREE to good home. 4 months old female  
kelpie x. Ph: 0404 631 704.

**PLEASE NOTE:** ARTICLES MAY  
NOW BE LEFT AT THE ST MARYS  
PHARMACY, OR POSTED OR EMAILED  
AS USUAL.

Sheds, stables, garages, affordable homes  
and more – for appointments, a catalogue,  
or a free quote, talk to Rita and Ian  
Summers @ Gone Rustic, 37 Main St.,  
St. Marys (Tues-Fri, 11-4) Phone –  
03 6372 2724 or 0417 027 424.

### WINTER MARKETS

held 1st & 3rd week every month  
Community Hall, St Marys.

ORGANISED BY  
GRASSY BOTTOM REGIONAL ARTS.

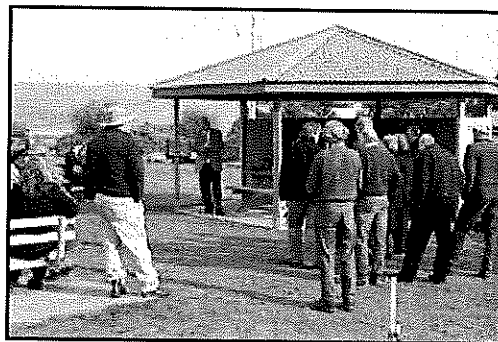
## BBQ OFFICIALLY OPENS AT CORNWALL

Around one hundred Cornwall residents and their guests gathered on Monday the 9<sup>th</sup> June to officially open their latest facility to the Coalminers Heritage Wall Park.

Official guests included Michael Polley MHA, Mayor Robert Legge, Deputy Mayor Margaret Osborne, Councillors John McGiveron, David Clement and Reon Johns.

The facility was funded from a \$700,000 community recovery grant given to Break O'Day communities by the State and Federal Governments after the December 2006 bushfires.

In March 2007 part of this money was set aside for community projects in fire affected areas that would, not only help in the recovery, but be part of the community for generations to come.



*Mayor Legge officially opens the BBQ.*

A Fire Recovery Reference Group was set up and with the guidance of Fire Recovery Coordinator, Howard Colvin, the group went about consulting the affected communities and at the end of the day coming up with suitable projects. In Cornwall's case it was a BBQ and pergola.

Jim Haas, President of the Cornwall Community Group, opened the official part of the day by welcoming guests and residents and saying how appreciative Cornwall was for this grand asset to our town. He went on to say he hoped it would be a reminder of the way in which the whole community stood together when our town, and indeed, our lives were threatened. How we sorted each other out and gave comfort as well as courage to fight against an enemy that was out of control.



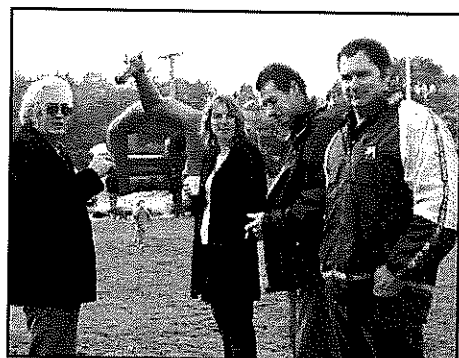
and saying how appreciative Cornwall was for this grand asset to our town. He went on to say he hoped it would be a reminder of the way in which the whole community stood together when our town, and indeed, our lives were threatened. How we sorted each other out and gave comfort as well as courage to fight against an enemy that was out of control.



*Cornwall Community Secretary Kim Chappell.*

It should remind us of the gratitude we felt for those who came to stand beside us. The firies, Forestry workers, bulldozers drivers and helicopter pilots, without whom, I'm sure, many homes would have been lost.

It should also remind us that living in the bush, bushfires are always a threat; if not next summer, the summer after, and we should always be prepared.



*Wayne Squires, Darlene Wright (Squires)  
Ray Squires and Dean Squires.*

Finally Jim thanked the Break O'Day Council, in particular Community Development Officer Chris Hughes, who had coordinated the project and today's celebration.

Mayor Legge then officially opened the BBQ and he, along with Michael Polley MHA, congratulated the Cornwall Community on their wonderful effort in recent years to enhance their town.

At the end of the day the event was a huge success with everyone enjoying good food and plenty of good conversation. The kids too had a ball with face painting and a jumping castle.

*Story and photos: Jim & Beth Haas.*



*Tyson Haas and friends wait to have their face painted.*



*Tamatha and Shane Mahoney*

## Letters to the Editor

Dear Editor,

I wish to respond to the letter from Mr Lawson Ride, Chief Executive Officer, Cancer Council Tasmania, published in the last issue of your newspaper.

For his information, I have checked the Bureau of Statistics projections for all cancers from 2001 to 2011 which show an increase of 29% for women and 32% for men, and yet he states that with the millions of dollars spent over the years that the "research is slowly bearing fruit".

Let's face it, we are losing this battle and wasting our money on so called research which is getting nowhere !

Mr Ride also states that "there is no evidence that the Rife machine can or does cure cancer". I strongly believe that he has little or no knowledge of vibratory energy medicine, or the wonderful work of Dr Rife. I therefore hereby challenge him to debate this matter at a public meeting where I shall present a huge volume of scientific, historical and statistical evidence to prove beyond a shadow of a doubt that the Rife machine does cure cancer quickly, painlessly and at little cost and that this knowledge has been well documented in medical papers of over sixty years ago until it was all hushed and hidden away by the drug cartels. We must always keep in mind that the disease industry is big business!!!

So Mr Ride, do you feel confident enough to face a gathering of people who will be shown that their loved ones could have been cured while your organisation has been stuffing around with cups of tea and head shaving to no avail? Please let me know via this paper.

Charles Trollope  
461 Gardiners Creek Road  
St Marys 7215  
Ph 03 63722980  
Email [charlestrollope@bigpond.com](mailto:charlestrollope@bigpond.com)

Dear Editor,

In response to the recent letter from the Cancer Council of Tasmania, I wish to say that I support Charles Trollope in all he has stated in his efforts to bring this therapy into the Public eye.

I was recently diagnosed with cancer (which is a frightening thing to happen) and consequently began using the Rife Machine, but I also had traditional treatment at Hospital.

I have since been cleared of cancer and to my way of thinking, this result has come about with the combined therapies and has been a very fast recovery.

I have such faith in the Rife Machine that I have now ordered one of my own, and am now awaiting delivery.

Yours,  
(Name Supplied)

Dear Editor,

Lawson Ride's letter in your June 5 issue was unkind and inaccurate.

Mr Ride, from the Cancer Council of Tasmania suggests that Charles Trollope is false in claiming that the Rife machine cured him of cancer. Mr Ride goes on to say there is no evidence that the machine can or does cure cancer.

As Mr Ride was not privy to the details of how Charles used the machine he has no first hand experience to draw on. In addition, Mr Ride cites no studies to support his position and that is because there has never been any scientific studies to show that the Rife machine cannot cure cancer.

I would have thought that the role of the Cancer Council would have been to collect detailed information on all cases of cancer cures even those cases where the patient has taken responsibility for their own health. This is what Charles did, and his courage and initiative in doing so should be applauded rather than patronised.

Dr Andrew Lohrey,  
Falmouth.

Sir,

I have been reading with much interest the on-going debate about the Rife Machine, so I decided to invest in one and try it for myself.

In 2002 my dear brother died of Myloid Leukaemia, had we known of this wonderful machine back then, I am sure he would be alive today.

I have been suffering from Carpel Tunnel Syndrome for the last 12 years, 2 weeks on my rife machine has made an incredible difference to the pain and to the flexibility of my wrists. I am looking forward to more treatment for a total cure.

Is the Cancer Council really looking for a cure or are they just there to make money, ignoring the pain and suffering of cancer victims?

Thank you Valley Voice for printing these letters and making people aware.

Yours Sincerely,  
Jennifer Davis.



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PH: FOR THE CHEAPEST QUOTES IN TOWN



## Letters to the Editor

Dear Editor,

Am really enjoying the democratic jousting in the letters to the editor - thanks to the Valley Voice. No wonder the VV is sold out every week at the shop - glad I have a postal subscription!

David, yes, you are a bit verbose- and can be a little testing when I'm in a hurry at the post office and we cross paths for a 'quick' chat, but you just be yourself son, - your tendency to 'go on' was why I voted for you.

You have the tenacity that few of us have, and we need you and your verbosity. I for one thank you for hanging in there under such personal attacks and am grateful for your ability to stand up for the likes of us battlers. I couldn't do it and am very grateful that you do.

Hang in there mate. Keep up just being yourself.  
(Name supplied.)  
from Scamander.

To Editor,  
Valley Voice,

In reply to Mr Holloway's letter regarding Mr Walker. I too have been on the receiving end of this man's arrogance.

We can only hope that as he is only acting in this position, when this position is finally advertised, Council will hire for attitude, as skills can be taught.

I know I speak for many in the break O'Day.

New Settler,  
Scamander.  
(Name supplied)

Editor,  
Valley Voice.

Well Mr Holloway and the couple who lodged the plans that were rejected by a Victorian architect.

Mo has all the answers to your problems. It's quite simple. You join the team that has all the sycophants in it; don't question any wrongdoings, you go quietly along. Lunch with them and then you have the boss on side and presto, things get done, and you can win the premiership.

I know it's a problem for the other lot, as the coach keeps giving away the sponsorship money to a select few, but that's how it goes. You know what I mean: wink, wink, nudge, nudge.

Signed,  
Curley. (Name supplied)

**St Marys District Hospital Support Association Inc.**

All members please be advised.

Subs of \$5 are now due and payable, before June 30th.

For your convenience, payment may be left with

Harry or Kerry at St Marys Post Office.

Thank you. Len Miles. (President)

Dear Editor,

Gee, Mo, or is that Moses (more than one Mo), that was a good letter, made me think, and that's good.

So you call him "The Boss", Mo. Can't think for yourself, is that it, do as you're told do you, obey orders, don't use your initiative, not much imagination, stuck in the square, is that it, the Nuremberg defence, Mo, "Just follow orders"?

It's good Mo, to know your place, to know who's the boss. As you said, some of us is more equal than others because of the bigger load on their shoulders, just like Christian in Pilgrims Progress, though his load was all sins, wasn't it?

So you reckon my strategy's wrong, speaking out and wanting the words on the record. Bit of self indulgence? You're probably right, like you said, it's nudge, nudge, wink, wink, that's how things get done in the world, get real you reckon, work in with the other guys who've got their own pet stuff they look after, who work, eat and play together, and know what they're talking about, that way I'd get something done for my lot, as you call them, no song and dance, just a nudge and a wink and its all done.

Load of cobblers this transparency and communication and accountability, girl's stuff—you're right, the committee should be a team, doin' it for their mates.

Old Gungadin was a beauty, wasn't he, "a limpin' lump o'brick dust, a squidgy-nosed old idol".

Mind you, his real name was Gunga Din. I reckon the Boss would like the bit about "though I've belted you and flayed you, by the livin' Gawd, that made you, you're a better man than I am, Gunga Din".

Davo  
(Name supplied)

Dear Editor,

I have written to the Valley Voice before, and I will keep writing until this council recognises that councillors represent my voice and concerns in the community.

I would like to congratulate the two councillors who stood up against the face of adversity, and made public their concerns for their constitutional rights to be heard at council meetings, via motions without limitations. It proves to me how out of touch some of our elected members are with the wider community.

Next time fellows, give me notice and I will be there with plenty of other supporters.

Imagine if the valley Voice adopted this draconian rule, people would be outraged.

The only way to make sure people you agree with can speak, is to support the rights of people you don't agree with.

Peter Kennedy,  
St Helens Point Road,  
St Helens.

## Letter to the Editor

Dear Editor

I would like to add a few comments regarding the growth of plantations.

Further expansion will: degrade the land, which would take many years to rejuvenate; lower the water table affecting waterways and neighbouring water sources; put at risk survival of communities and employment; affect the landscape and mar views which are the historical heritage of local communities. But far more importantly plantations threaten our food production.

To allow limited plantations to compliment the need for timber from our native forests makes good sense. And true, the world demand for paper is growing. But the world demand for food is increasingly more urgent and for human beings at their present stage of evolution it would still appear to be the basis for life. Technology can find alternative ways to make paper; I doubt if a successful, healthy or ethical alternative for food production can be developed.

We are now living in a world where arable land is at a premium. Populations are growing and a serious world food shortage looming with competition for food and water becoming increasingly savage.

Not only is arable land a finite commodity, what little we have of it has also become increasingly degraded over the past sixty or seventy years. This is especially so in western countries by the over use of chemical fertilisers, pesticides and herbicides and other farming methods that have degraded land by destroying the natural bacteria and fungi and adversely affecting the humus content, both vital for soil health and fertility as well as giving some degree of protection against drought.

Even marginal land can be brought to successful production with the correct methods.

The spread of plantations threatens this and although the new premier has proposed a policy for controlling the growth on some farmland, it doesn't go far enough.

I wonder if he has heard of Evercreech? This is a fine example of the transformation of a successful dairy, supporting hundreds of cows on rich river flats, as well as crops, and giving employment for up to seventeen people. How many permanent jobs in this area were provided by the plantation that replaced it?

Eliminating so much employment in an area of economic depression and destroying a fertile food growing property should be regarded as an act of vandalism and/or criminality. Sadly some will still see it in their ignorance as 'good business development'.

Farmers are at a disadvantage and cannot compete with the 100% tax breaks given to plantations. They are further disadvantaged by rising fuel and other running costs while at the same time being subjected to fluctuating prices for their produce.

If market forces only are allowed to control land and water use without well informed government intervention and positive promotion of land for food, it is certain that we look forward to a disturbingly uncertain and bleak future.

Anyone got a good recipe for boiled, stewed or fried woodchips?

Frank Giles,

Seaview Farm.

**LAND WANTED TO LEASE FOR 6-12 MONTHS FOR QUIET, WELL CARED FOR HORSES WHILST OUR NEW PASTURES GET ESTABLISHED. SMALL ACREAGE CONSIDERED, AND WILL CONSIDER ANY AREA AND SIZE.**

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one person is always right,  
and the other is a husband.

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St Helens

#### Chapel:

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St Helens

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## The Say Cagerattler

It seems our rail system is up for grabs again now that the current owners have decided to pull out of the state. Our politicians have made it clear that there is already interest to facilitate a takeover of this important transport facility.

Perhaps we should make it known also that we want our valley to be part of any upgrade to make the Tasmanian rail system a worthwhile service and a benefit to all.

A lot of us can still recall the early 1980's when our line was gradually shut down and the last freight ceased in around 1983, to St Marys. I suggest this in many ways had an impact on our roads once heavy haulage trucks became the only means to ship out our coal and logs. You don't have to be a rocket scientist to figure that out do you?

Here is a chance to at least consider determining, for the long term good, if the Fingal Valley line is worth upgrading to allow significant movement of future such product again and minimising heavy vehicle constant usage on less than ideal roads.

Of course another benefit to the valley and maybe even the last few kilometres to St Marys one day, would be tourist trains akin to the Derwent Valley or Emu Bay Railways. Much of the former line included the close proximity of the South Esk River.

The possibilities are endless around Tasmania for a burgeoning and fruitful rail network to transport heavy goods and yes even people across our special state and making our roads a little bit easier to travel and maintain.

Also just imagine how much the next few years road freight costs are going to be, with fuel prices escalating like they are these days. Scary isn't it, because those fuel costs will be offset to the consumer as a necessity.

I know it will cost many tens of millions of dollars and several years to re-establish a viable rail service around Tassie but also consider this. How much of these costs can be recouped by reducing ongoing major maintenance of ageing roads similar to our stretches and in no small way fuel and infrastructure matters pertaining to very large trucking usage all over the place.

I'd suggest our incumbent Government could well take this opportunity in a far sighted way to at least consider these things for us.

What do you think?

## Small Grants Awards

The annual **Adult Learner's Week Awards** recognise and celebrate achievements in adult learning in Tasmania.

The annual **Adult Learner's Week Small Grants** support creative and innovative activities and events that recognise, celebrate and promote learning in Tasmanian communities during national Adult Learner's Week.

Small grants of up to \$300 are available to support approved activities and events. Whilst preference will be given to applications from not-for-profit groups and organisations, Government agencies that provide learning opportunities for adults are welcome to apply. Applications must be supported by an incorporated organisation.

Please note that Award nominations and Grant applications close on **Monday 30 June 2008**.

## What a world we live in.....

A few weeks ago in a movie theatre in Melbourne a person sat on something which was poking out of one of the seats.

When she got up to see what it was she found a needle sticking out of the seat with a note attached saying: "You have just been infected by HIV".

The Disease Control Centre in Melbourne reports many similar incidents have occurred in many other Australian cities recently. All tested needles were HIV Positive.

The Centre also reports that needles have been found in the cash dispensers in ATMs. We ask everyone to use extreme caution when faced with this kind of situation.

All public chairs/seats should be inspected with vigilance and caution before use. 17 people have tested positive in the Western suburbs alone in the last 2 months!!! A careful visual inspection should be enough.

We all have to be careful at public places! This is very important.

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## MEETING DATES NEIGHBOURHOOD WATCH.

AREA 102  
SCAMANDER, BEAUMARIS,  
UPPER SCAMANDER, FALMOUTH.

WEDNESDAY 13TH AUGUST.	7.30PM
WEDNESDAY 8TH OCTOBER.	7.30PM
WEDNESDAY 12 NOVEMBER.	7.30PM

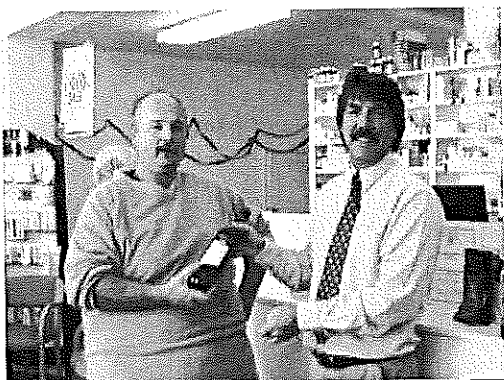
ALL MEETING ARE HELD AT THE HOME OF  
MRS SHEILA CHUGG,  
2 SCAMANDER AVENUE,  
SCAMANDER, 7215.  
PHONE: 6372 5406



**PROUDLY SPONSORED BY AUSTRALIAN PAPER**







*Ian Kelly receives his prize from Kelvyn Dexter.*

## Prize give-aways

During the last fortnight, since the official opening of the St Marys Pharmacy, several locals have been the recipients of give-away prizes.

Check out the winners on this page.



*Prize winners Kevin and Jill Faulkner, with Kelvyn Dexter, left, and Andrew Atherton.*



*More prize winners. Above: Wes Aulich receiving his prize from Rebecca Pitt. Left: Roly Barton, and right: Rebecca with another winner, Francine Lowe.*



## Letter to the Editor

Dear Editor,

I too, through the Valley Voice, would like to commend Charles Trollope in his tenacious endeavour to resurrect archival information on the unprecedented technology, to date, of the Rife machine, an invention of technical proportions accredited to the late Royal Raymond Rife, a scientific pioneer in cancer research and microbiology.

My interest intensified, on hearing reports of personal successes in beating cancer, completely through using a Rife machine, so I shared this information with a close personal friend, who too, had cancer.

Though my friend underwent a six week "treatment", of chemotherapy through the conventional medical system, the cancer, after two months of chemotherapy had remitted, but remained.

After many \$\$\$, sleepless nights and nasty side effects, my friend thought no harm in using the Rife machine, as, in his own words, "was probably going to die from cancer anyway", decided to, and did, give it a go.

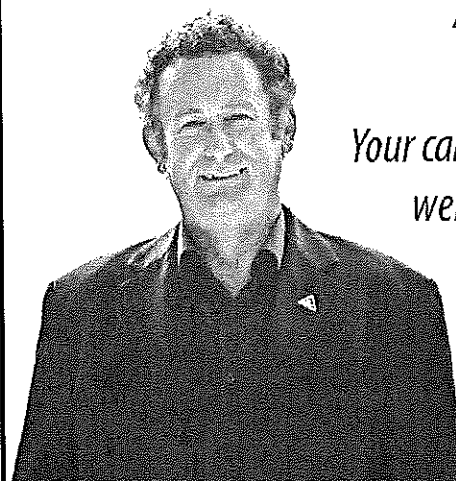
My friend re-visited a designated conventional cancer medical specialist, who said, "Congratulation, I don't know how it happened, but it's gone."

Cured per se, NO CANCER, bloody oath, fair dinkum mate.

Let the truth be known,  
St Marys.

## Tim Morris MHA

Tasmanian Greens Member for Lyons



*Your call is always  
welcome.*

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**Phone:** (03) 6261 8048

**Fax:** (03) 6261 8047

**E-mail:** greens@parliament.tas.gov.au

**www.tas.greens.org.au**

Authorised by Tim Morris MHA, Parliament House, Hobart 7000.

## St Marys Hosts "Material Girl" Tasmanian Art Exhibition Tour 2008 from 15<sup>th</sup> June to 4<sup>th</sup> July

On Sunday 15<sup>th</sup> June, local and exhibiting Artist Maggie Fletcher of Fingal officially opened the 2008 "Material Girl" Tasmanian Art Exhibition which is on display at Grassy Bottom Story Street Artspace, 2 Story Street, St Marys and at the Purple Possum Wholefoods and Café opposite. This quality exhibition combined with the coffee and delights at the "Possum" is well worth the visit.

Material Girl, Women Tasmania's International Women's Day art competition that was first held in 2002, has continued to grow in popularity and is a well-known event on the Tasmanian arts calendar.

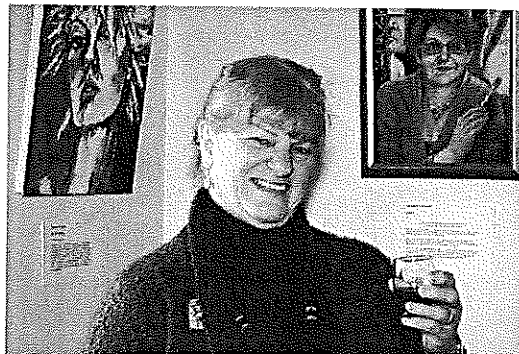
The aim of the Material Girl art competition for Tasmanian women is to:

- promote female art and artists living in Tasmania
- provoke thought about the diverse roles women play in our society
- promote Women Tasmania
- celebrate International Women's Day.

A selection of this year's entries will be on display at 9 regional venues throughout Tasmania during 2008 between April to November. The towns of Burnie, Smithton, and Scottsdale have already hosted the exhibition and now it is currently on display at St Marys until Friday 4<sup>th</sup> July. It will then continue on to New Norfolk, Dodges Ferry, Kempton, Deloraine, and Triabunna and conclude at George Town on the 19<sup>th</sup> November.

This year's Material Girl judging panel comprised Dr Astrid Wootton, Director of the Design Centre - Tasmania, Ms Jane Stewart, Director of the Devonport Regional Gallery, and Hobart-based artist, Denise Ava Robinson.

The judging criteria focused on artistic merit and the expression of the 2008 theme, 'Contemporary Issues for Tasmanian Women'.



*Artist Maggie Fletcher of Fingal, opens "Material Girl" 2008 exhibition at Purple Possum St Marys.*



*Teresa Judkin of Cornwall, with her mother Maggie, and her portrait of 'Jenny'.*

Member for Braddon, Steve Kons, announced prize winners at the opening of the Material Girl exhibition, now in its seventh year, at the Burnie Regional Art Gallery on the 15<sup>th</sup> of April.

### **The winners featured in the touring exhibition are:**

Premier's Choice Award Winner was Riverside artist Katy Woodroffe with 'The Juggler on Her Island',

Rio Tinto Alcan Two-Dimensional Awards Winner was Sandy Bay photographer Kate Kelly with 'All Things to Everyone',

Rio Tinto Alcan Two-Dimensional Highly Commended went to Hobart artist Lucia Rossi with 'Armour',

Women Tasmania Three-Dimensional Highly Commended prize went to Karin Beaumont from Margate with 'Oceanic Links'.

Material Girl is made possible through the sponsorship of Rio Tinto Alcan Zonta International (Tasmania), Tasmanian Regional Arts, Tasmanian Alkaloids, Burnie Regional Art Gallery and Women Tasmania.

For further information, please contact Teresa Beck-Swindale at Tasmanian Regional Arts on 6426 2344 or visit

[www.tasregionalarts.org.au](http://www.tasregionalarts.org.au)



*Article and photos: Peter Troode.*



*Artist Maggie Fletcher of Cornwall and Eo Greensticks of St Marys, at the exhibition opening.*

## OUT OF THE WOODWORK

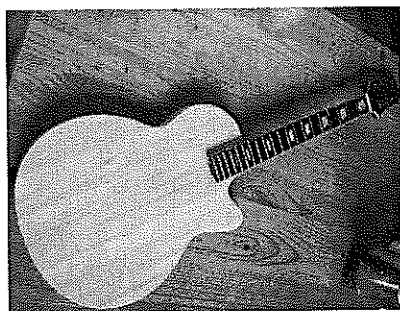
Wendy Brennan Treasurer 6372 2094

The Guild would like to thank **Lindsay and Diane from Harris Funerals** for their support in guiding us through an emotional time in arranging Michael Holmes funeral. They not only have a professional manner but they also displayed genuine sincerity and compassion. I will keep all his friends informed as soon as I know of his burial date either by my article or a notice in the I.G.A window.

Thankyou to **Karl Balzer**, for taking time out from his busy schedule to help sell raffle tickets. All monies raised will assist with our **Official Opening on the 6<sup>th</sup> September**. Please show your support by buying a ticket as the prize is a wheel barrow full of goodies.

The sausage king has diversified and will also be selling sabs (\$2.00) at the Winter Solstice. I will be his assistant (minus the top hat, cane and rabbit. We hope to see many of our community there to help support this worthwhile event.

Below is a photo of an acoustic guitar which is being made by one of our clever members **Ted Koops** for his personal use.



The Guild will be sponsoring the **Northern Veterans Cycle Club** who will grace our town on the **5<sup>th</sup> October 2008** with their athleticism, and hopefully for many years to come.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at 4:00pm.

The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

The flea can jump 350 times its body length. It's like a human jumping the length of a football field.

Butterflies taste with their feet. (Something I always wanted to know.)

**St Marys Pharmacy**

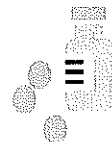
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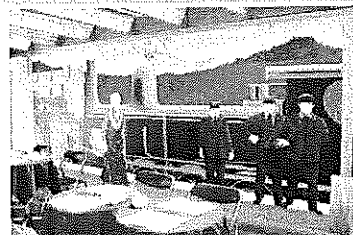
Phone: 6372 2844 — Fax: 6372 2874

## ST MARYS HISTORY & GIFTS

**WINTER TRADING HOURS.**

MON - SAT: 10 - 4PM

SUNDAY: CLOSED



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## **DOING THE ROUNDS** Cllr Reon Johns 0429 722 091

I would like to address some of the concerns that have been raised regarding my protest on Tuesday 10 June 2008 outside of the Council Office. In fact there were another two Councillors who indicated that they would join in the protest, but had a change of heart at the last minute. **As is their right.**

Firstly the reason behind the protest was in fact to highlight what I considered a serious breach of a basic human right, the right to free speech and to represent the people who voted for me.

One of my platforms was **"I believe in open and transparent council with community consultation at all times"** and I could not let the Mayor's motion to limit or gag Councillors pass without raising the issue in the public domain. I personally feel quite passionate about this form of censorship. I did advise the Mayor as late as Sunday that I would not support his motion and that I would fight against it.

Whether you agree or disagree with my actions the point remains that this issue is now being openly discussed and residents who normally take no interest in Council affairs are now aware of the situation.

I would like to thank all those who sent me letters, faxes and emails of support for my stand against the curtailing of the democratic process.

The Mayor made his comments on the protest over the ABC radio. **So in condemning my right to free speech the Mayor was certainly actively exercising his.**

The Acting General Manager, Tony Walker, has kindly donated a Norfolk Pine to replace the Xmas tree that was damaged by vandals. This tree is currently being removed from Tony's property and will be replanted in St Helens. The operation will take a few weeks and the cost to ratepayers should not be too great.

The Cornwall Community Group was unsuccessful in obtaining a basketball hoop under the Council's Sport and Recreation because the old tennis court did not past a risk assessment. However, I am working on an alternate plan.

I visit **Mathinna and Fingal** on the last Thursday of each month. I will be in St Marys, at the Bakery, on the first Thursday of the month from 10:00am till 11:30am. Then on to Scamander, Mouth Café, from 12:30pm till 2:00pm.

*I can be contacted on mobile 0429 722 091 or Fax 6372 2098.*

*Councillor Reon Johns. "*

I would like to invite any other Councillor to share this article with me and help keep the Break O'Day informed. Like to raise an issue? Feel free to contact me on mobile 0429 722 091.

## **Different views can improve.** Cllr Reon Johns

*(extracted from an article by Professor Peter Sheldrake,  
Executive Director, Graduate School of Business,  
RMIT University, Melbourne.)*

The square peg in the round hole is a person who does two very important things. The first is to reveal, by their "bad fit", the real nature of the organisation. They are the people who help you see the effects of the culture, and the limitations and restrictions that a culture can invoke (as well as the benefits, of course). The discomfort tells you that there may be practices and procedures that are in need of review, renewal, or even rejection.

If you leave the culture as it is, you will keep losing the very people you can ill afford to pass on to a competitor - the people who know your culture, but who can see how to do things differently, and help point the way to the next new business. At the same time, the square peg breaks and changes things - all those sharp edges keep on getting in the way. As the famous saying has it "if it ain't broke, break it"!

They are the people who see no reason to keep on doing something because it has been done that way in the past. They are the people who do see challenges as opportunities, and are always trying to see **how** to do something (as opposed to those who work hard to show why we should **not** be doing something!).

You have to **listen** to what is being said, and hear past the natural reaction to say "no" or "that's not the way we do things" or (most awful of all) "we tried that a couple of years ago"!

You have to ensure that your square pegs are linked to others they need to know, to sources of expertise and to networks: introducing them to others who will support their revolutionary ideas and approaches. You have to **support** your square pegs - and they can create tensions and damage in the organisation, so that a forward thinking chairperson will harness their energies and turn a negative into a positive.

Above all, you have to **protect**, for, without protection, revolutionaries run away before they are killed or expelled. In the pervasive and powerful cultures of conformity that characterise most organisations, these are critical skills.

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**St Marys Community Health Centre**

**Alternate Tuesdays : 9 am – 10 am**

**Ph: 6337 5555**

**Appointments: 6337 5555**

## A NAME CHANGE FOR ST MARYS? Bob Oates

On the subject of changing the name of St Marys back to the original Armagh mentioned in The Voice some time ago.

Now Armagh in Ireland is probably a nice enough place these days but it is an ugly word that carries with it the baggage of conflict. Children and young widows who have seen their men gunned down in the front hall, have cried a lifetimes worth of tears and are now as hard as the hard men who do the killing. No, Armagh is not the name for this town but I do have a suggestion.

My suggestion for a new name for St Marys is (brace yourself) Heaven. Yes, You heard right... Heaven 7215.

Now before you rush out to hammer in the stake and gather the bonfire, there is a precedent. In fact there are two Heavens on Earth, both of which are rural villages in the eastern coalmining country of the good old USA wouldn't you know. There is Heaven North Carolina and Heaven Pennsylvania. The Yanks thought it was such a good idea they did it twice.

There is of course another Heaven as well but when I politely asked Google Earth to point to it I got a torrent of cyber abuse from some server in God knows where and a blank screen.

Think about this. The headline in the Examiner reads LARA GIDDINGS CLOSES HOSPITAL IN ST MARYS. A local tragedy with all the fundraising and good will going down the gurgler. A week or so of bad publicity in the Tasmanian media then we all lay down and get run over by the economic juggernaut that seems to be unstoppable. Contrast that with this headline. LARA GIDDINGS CLOSES HOSPITAL IN HEAVEN. I don't think so. Mel and Koshie would be down here before you could say James Packer, chasing ambulances up Gardiners Creek Road and elbowing the other lot out of the way.

The name Heaven is a journo's dream come true and at the same time a Spin Doctors worst nightmare. There is not a politician or public servant who would be prepared to weather the media storm that would erupt if Heaven were to be harmed in any way. We would instantly become untouchable. Not only would the economic class be bludgeoned into leaving the Hospital alone, there would be a queue forming to get names on the foundation stones. There would be more wings than a beehive. The Lara Liposuction Ward in Heaven. The Dave Bartlet Optometry Ward. The King Charles Proctology Unit. Get the picture? There is not an economic rationalist alive who would dare to raise his head in Heaven.

The elegantly named Grassy Bottom Singers would benefit from the change. The multi talented Ms Greensticks could knock up some wings and strap 'em to 'em and they would become The Choir of Angels From Heaven. Hours of fun in the hairdressers with "This ones wings have been clipped" and "That ones halo is slipping". A catfight would erupt on the streets of LA as Ellen and Oprah sort out who gets them first. We wouldn't see them again for a long time.

There would be a huge economic benefit to the Roads Department with the change. St Marys Pass would become "The Stairway To Heaven". This will save thousands of manhours and gallons of paint putting the P back into the YOU ARE NOW ENTERING ST MARYS PASS sign. Just what the mainland vandals think is funny about inserting Lord knows what into St Marys donkey is beyond me.

I saw Robert Plant from Led Zeppelin on TV the other night. He is an old, old man. I always thought that much crumpet would be bad for you and by the shape Plant is in I was right. Maybe we could wheel him out to cut the ribbon. Lock up your Great Grandmothers. He is still the coolest collection of cells on the planet. But I digress.

COUNCIL SPENDS UP BIG IN ST HELENS, LEAVES GOD TO FIX POTHOLES IN HEAVEN. Not bloody likely.

The expression "He died and went to Heaven" would now become "He went to Heaven, died and went to Heaven again". Perpetual motion for the soul. It's a retirement village developers dream. A try before you die deal. I can see an Undertaker opening up in the old Health and Beauty building. Now that's irony.

Real estate will go even further through the roof. GRAY, NOT HEAVEN, BUT YOU CAN LOOK DOWN ON IT. Irresistible.

Down south at Sorell at a road junction, is a forlorn looking sign saying "St Marys. 174". This sign fascinates me because it points to a St Marys that was the powerhouse of the north 30 or 40 years ago. Swansea, Bicheno and St Helens were shack villages and St Marys was the substantial hub of the North East. What if that sign said "Heaven 174". Now that's a sign in anyone's language.

You are cruising the Midland Highway going to the sad old Salamanca Markets or the tired old Gorge. The Conara Junction looms up and there it is, in Tas Plates Fluro Pink. HEAVEN 74. Who could resist it?

When the campgrounds fill up down the coast at Christmas it will be all about us. "That's a good looking T Bone". "It should be, I got it in Heaven". "I bought my groceries at David Jones in Melbourne". "Really, I got mine in Heaven". Trumped!

What about the wicked weekend in Heaven. Cries of "Oh God" coming from the packed caravan park. We could dress the Council Manager up as Satan, get a truckload of gravel and have a good old fashioned stoning which would solve the aforementioned pothole problem. It's Win Win. I'd like to be a fly on the wall when he finds that clause in his contract.

"I went to school at Scotch Oakburn, So there". (Check) "Is that right. I went to skool in Heaven". (Check Mate I believe.) This will give you a resume that none will ignore. "You went to school where?"..... "Well you are overqualified for the Brain Surgeons position but I better put you on just in case".

You get a knock on the head and wake up in hospital. The first thing you would say is "Where am I?" The nurse gazes down, gently takes your hand and says in a soft voice "You are in Heaven". You just get time to say "Geez, that's a bit harsh, I only fell off the flamin step ladder", before you go into shock, have a heart attack and die. On goes the toe tag, around to the Julia (I'm not dead I just look embalmed) Gillard Morgue. More work for the undertaker in the Health and Beauty and another bed free in Heaven.

Now you wouldn't get away with this Heaven business on the mainland. The mainland seethes with agro heathens and there is not a place on the Big Island that is not vastly improved by an appearance in the rearview mirror. Tasmania with its friendly quirky people and the downright heroic landscape is about as close as we will ever get to Heaven without buying the ticket. I would like a dollar for every time I have heard someone say "This place is Heaven". I'd have \$3.75.

Of course the Church might act up but I would like to see them try to prove they have ownership of the name. If Google Earth can't find it I reckon the Archbishop will have a snowballs chance in hell.

This could go on forever; "That's a nice petunia". "Yes, Manna from Heaven"; but I reckon I'll get out of town again for a few days. If only I could get somewhere to change their name to Hell we would have a complete set.

If you cross out the F, I, N, G, A, and add a few letters. Yeah.... They'll go for that.

## St Marys 1903

David Clement

This story by David will be published in instalments beginning this issue.

*This report on St Marys is written as though it was written in 1903. It is based primarily on two newspaper articles of the time, one published in 1903 and the other in 1906, but these have been supplemented by information from other sources, and with hindsight.*

St Marys is ensconced on the north-east corner of an immense basin of good agricultural and grazing land, the Break O'Day Plains, in length about five miles and breadth three miles. On either side rise mountainous rugged ranges, with bluffs and peaks of basalt and sandstone, heavily timbered, their sombre hues throwing into bold relief the brightly green and fertile valley stretching its length at their foot.

Although it has been an exceptionally dry time in the Districts, the country was observed to be far less dried up to the east of Fingal than in the Midlands and South. About two inches of rain has recently fallen, which has served to freshen up the appearance of the whole country. Every rivulet and mountain stream is running, and some excellent crops have been harvested; dairying has not been very severely checked, although the drought has been sufficiently severe this summer in some parts to greatly reduce the flow of milk.

### Early Days

St Marys is the township for the surrounding district; but was not always so: the "Cullenswood" property, two and a half miles distant, was regarded as such in former years, when all addresses were given as 'Cullenswood' or "near Cullenswood". Traces of that era may still be seen, remnants of cottages, an old wooden church of the Catholic belief dating from 1859, a diminutive stone structure announcing itself by a tablet over the door as the "Sunday School 1850", and Christchurch, the more commodious stone building erected by adherents of the Church of England.

Before "Cullenswood", the area was known as the St Patricks Head District, in recognition of the dominance over the area of the pyramid mount of St Patricks Head, which gained its appellation from Tobias Fourneaux, Captain of the "Adventure" and second-in-command during the second voyage of exploration in 1773 by the great James Cook. The rise and fall of these names as the identification for the district has been reflected by the changing name of the Post Office, "St Patricks Head" from 1 June 1835 to 23 July 1847 when it became "Cullenswood", until 12 April 1869 when it was altered to "St Marys", following the survey of the town site in 1857 and its proclamation as a town in 1864.

The Electoral Roll now shows a total adult population in the district of 678 persons, with 358 enrolled to vote at St Marys, and a further 219 at "Woodlawn" near the mining towns of Cornwall and Mt Nicholas.

### The Arcadia of the Coast

Approaching St Marys, from the direction of Fingal, may be seen to the front St Patricks Head and Mt Elephant, and the Island Ranges on the right. To the left you pass Mt Nicholas, South Sister, that used to be called Mt Mary, and Cheeseberry Hill. Reference was made in 1864 in Walch's Almanac to "Mount Elephant", due to its perceived resemblance to the shape of the pachyderm, although officially it still appears on maps as Mt Logie, after the property name of an early settler in the area, Dr Alexander Thompson.

The town nestles snugly upon a gentle rise of the road leading to Georges Bay. When the traveller pulls up at St Marys Hotel, and has received the cheery welcome of the genial host, "Mick" Cullenan, a great placidity of soul takes possession, and all around is peace. This feeling is irresistible; the environment conduces to its existence, a huge smile of contentment seeming to overspread this arcadia of our coast. We are lost in wonder that the travelling photographer has not flooded the country with views of the place. On enquiring on the merits of the neighbourhood as a holiday resort, you will hear "fishing and shooting is good, at numerous places around here, Falmouth, Scamander River, Four Mile Creek and Seymour. Trout in the Break O'Day River are here at the back door, and duck and kangaroo shooting everywhere". "Beauty Spots?" "Yes, there's St Patricks Head, you can drive part of the way to it, and easily ascend the rest on foot. The view coastwards, seawards and inland is splendid. Then there are the Sisters at Germantown, and many other equally pleasant spots".

*Continued next issue if space permits.*



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# BREAK O'DAY EMERGENCY SERVICES FIELD DAY



Saturday 21 June 2008  
12 noon to 3 pm  
St Helens Foreshore  
(in front of the Bayside)



## Program of Events

- 12.15 pm Combined exercise between SES and Tas Ambulance Service
- 12.45 pm Tas Fire Service demonstration
- 1.15 pm Marine Rescue demonstration—2 person recovery from Georges Bay
- 1.45 pm Launceston General Rescue—Recovery from the top of the Bayside Inn

Take the opportunity to explore the possibilities of volunteering with these agencies particularly the SES and Tas Ambulance Service. There will also be recruiting packages from Tasmania Police and an opportunity to talk to members from the emergency services about what that they actually do

Emergency Services vehicles and equipment will be on display to the public during this event

Food will be available to purchase

### Scamander Beach Surf Shop

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Scamandersurf.com

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St Marys Online Centre 10.30-1.30

Halliday Real Estate 10-2

1<sup>st</sup> and 3<sup>rd</sup> Wednesday of every month

Thursday weekly

Due to unforeseen circumstances the dates in last issue were incorrect. Above are the revised dates.

Sorry for any inconvenience.



## BREAK O'DAY COUNCIL - NOTICE TO RATEPAYERS

Council would like to inform ratepayers in the Fingal Valley area that as from 1 July 2008, Holder Brothers will no longer be an agent for Break O'Day Council and will not be accepting payments on our behalf.

Council would further like to advise ratepayers that payments for rates and water accounts can be made by a variety of other methods including;

Australia Post  
BPay (internet)  
Bpoint (internet)  
Direct Debit  
Telephone  
Mailing cheque or money order to Council at PO Box 21, St Helens

Council will have staff at the following locations and times to accept payments for dog registration renewals, new dog registrations, rates and water meters payment and applications for pension remissions.

Tuesday 8<sup>th</sup> July 8.30am – 12.00pm in Fingal – at Neighbourhood House  
Tuesday 8<sup>th</sup> July 1.30pm – 3.30pm in Mathinna – at School  
Wednesday 9<sup>th</sup> July 9.00am – 3.00pm in St Marys – at Hall

Payments will be accepted by cash, cheque and manually by credit card only.

Any queries should be directed to Council on 63 767 900.

# What's happening at the Salvation Army, St Marys?

Well the answer is..... "A great deal!"

Currently there are four Ministries happening at the Church.

These are

JAM

JOY

WOW

plus a DISCIPLING group



**JAM** (Jesus And Me – a Ministry for children aged b/n 5-12 on Monday after school)

**WOW** (Women Of Worth/Women On Wednesday – a monthly Ministry for all Women of all ages. Please see invitation below)

**JOY** (We have just recently announced a change in time for the Winter term. Commencing on Sunday June 22nd there will be a Soup and Sandwich fellowship lunch at 12.30pm – ALL WELCOME)

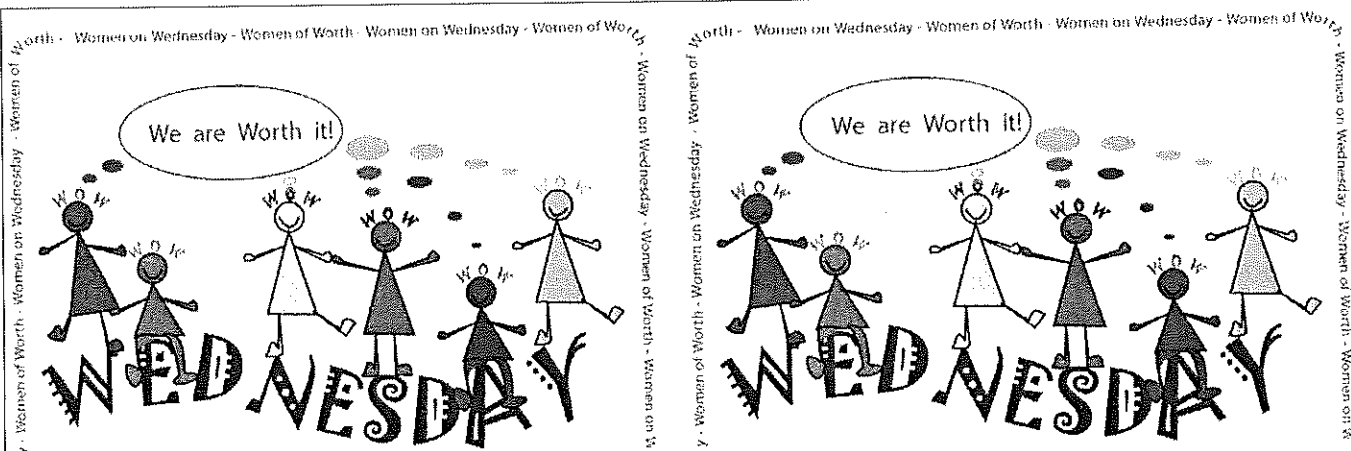
**DISCIPLING GROUP** The purpose of this group is to encourage, support and *Disciple* the children who have made decisions to follow JESUS (to become Christians) This group currently meets for lunch, each Tuesday, and is a precious time of learning together and fellowship.

*For enquiries regarding any aspect of the Salvation Army in St Marys*

*please phone 0363722099 or 0409-838816*

*or call in to JAM headquarters at Story St. St Marys.*

**VISITORS WELCOME!**



*We'd love to have you join us at WOW for*

*Fun — Food — Friendship*

*Bring a Friend*

Where: JAM Headquarters

Story Street, St Marys

When: 2nd July

At 1pm

(finish about 2.30pm in time for school pick up)



## Department of Primary Industries and Water

### Increased Compensation for

#### Farmers and Vets Under TSE Surveillance Program

The national TSE Freedom Assurance Program needs sheep and cattle brains, and will pay handsomely for them - \$300 each for cattle and \$50 each for sheep.

However, the brains samples are needed only if the animals are sick. The TSE Freedom Assurance Program is the program that Australia uses to prove to our export markets that we are free of mad cow disease. Tasmanian farmers are urged to single out animals showing symptoms for brain testing.

Under the TSE Program, each State supplies brain samples from sheep and cattle to be tested for evidence of any of the transmissible spongiform encephalopathies or TSEs (notably mad cow disease and, in sheep, scrapie).

Department of Primary Industries and Water vet, Dr Mary Lou Conway, said that the Program was not looking for healthy sheep or cattle.

"We are only looking for animals that are showing signs of behavioural and neurological change," Dr Conway said.

"For this program, we need sheep that are 18 months or older and are displaying signs like temperament changes, wasting, being very reactive to sound or touch, itching or rubbing, or having wobbly or abnormal head carriage.

"We also need cattle that are 30 months of age or older and displaying progressive behavioural changes or nervous signs such as excitability, head shyness, abnormal head carriage, tremor and falling - where these symptoms are not related to infections and have not responded to treatment."

Farmers are compensated at the rate of \$50 a head for sheep and \$300 a head for cattle - a good price for animals that are sick.

Private vets are paid for carrying out the post mortems and sending samples to DPIW's labs for testing - \$200 for sheep and \$300 for cattle.

Dr Conway urged livestock owners with an animal that might fit the criteria for this important program to contact their local vet or DPIW's Animal Health and Welfare Branch (6233 6875).

## *Civil Marriage Celebrant*

*Qualified Civil Marriage Celebrant now  
available to perform Wedding, Naming &  
Commitment ceremonies.*

*If I am a local, please consider my services  
before engaging a Celebrant from Hobart or  
Launceston.*

*You will be pleasantly surprised at the cost  
savings & I will be more reliable & offer a  
professional service.*

*I can help you prepare & plan your ceremony  
to make your special day, a day to remember.*

**Book early to avoid disappointment!**

Please contact Peter on 0417 017 105 or  
check out my website at  
[www.peterpowercelebrant.com.au](http://www.peterpowercelebrant.com.au)

**Justice of the Peace.**

**Funeral Services by arrangement.**



### NEW \$20 BILLION FUND FOR NATION BUILDING PROJECTS

Dick Adams, Federal Member for Lyons, is happy to report that the Rudd Labor Government will be setting up a new fund, the Building Australia Fund.

"The Building Australia Fund will be used to build critical economic infrastructure such as roads, rail, ports and broadband. "This Fund will be a real boon for regional areas, Mr Adams said.

"The Fund can be used to help our farmers, miners and manufacturers get their goods to market as quickly and cheaply as possible. Businesses and households will be able to take full advantage of the Internet and money from the fund can be used to ensure that regional centres improve the way they function."

The Building Australia Fund has been allocated with an initial \$20 Billion, sourced from the expected budget surpluses in the 2007-08 financial year. There is also the possibility of further deposits being made from future surpluses and The Communications Fund will also be rolled into the new Building Australia Fund.

The Fund should be up and running by 1 January 2009, and the first allocations made in 2009 - 10.

Allocations from the Fund will be guided by Infrastructure Australia's priority list, which will be presented at the March 2009 COAG meeting.

"We are now dealing with the consequences of years of neglect and underinvestment in infrastructure, Mr Adams said.

"This Fund will use the financial dividends of today's mining boom to secure a strong future for Australia.

"Labor has a strong tradition as a nation building party, and the creation of the Building Australia Fund, along with Infrastructure Australia, confirms that this Government is looking to the future and working to build a stronger regional sector in Australia", Dick Adams said.

**ALEX ST MARYS**  
**MECHANICAL REPAIRS & SERVICES**

41 Main St, St Marys Tas 7215

PH: 6372 2335

Fax: 6372 2822 Mob: 0419 503 109



At the St Patricks Head and Esk Valley meeting on the 15<sup>th</sup> June, the committee approved a cemetery index project put forward by Bernice Jurgeit.

The project is designed to compile a complete (or as near complete as possible) record of the graves and or burial sites in the area defined by the Society.

It will also including photographs of older headstones which are particularly vulnerable to weathering, for example, sandstone.

The record or index would contain such information as to be able to identify name, birth and death date of an individual for the purpose of family history research.

Given the magnitude of the project it is recognised that it would take several years to complete and may eventually be compiled into a publication available for purchase with funds contributing to the running of the Society.

The project will encompass the geographic area from Conara to Falmouth and Seymour, taking in towns like Royal George, Mangana, Mathinna and German Town. It will not only record council and church cemeteries, but graves on private properties as well.

The Society would welcome anyone interested in helping with this project to contact us on 6372 2007 or 6372 2127 for further information.

*Report by Jim Haas.*

## Private Road Closure

Road Works will begin on **THE TRACK** from Cherrywood Drive to Riverview Road on Wednesday 11<sup>th</sup> June. This is not a public road, and as such must be sealed during the proposed upgrade.

**For safety reasons there will be no public access through this site until approximately 23<sup>rd</sup> September.**

Fieldwicks of St Helens will seal the site immediately. Any access must be with the appropriate safety gear (hard hat and reflective safety clothing.)

The landowner regrets any inconvenience to local residents, but hope that the new road provided will compensate for any inconvenience incurred.

Emergency services have been notified (Fire, Police, Ambulance) and it is hoped that the weather will remain conducive to a timely project and a fine new road for the residents.

## Dick Adams MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road  
PO Box 50  
Perth, Tas 7300  
Ph 6398 1115

58A High Street  
PO Box 271  
New Norfolk Tas 7140  
Ph 6261 3366

Toll free 1300 132 689

Email D.Adams.MP@aph.gov.au



**WORKING WITH YOU AND  
YOUR COMMUNITY FOR THE  
FUTURE**

Written and Authorised by Dick Adams, 53B Main Road Perth  
Tas. 7300

*For service and reliability*

## TROTTERS CONTRACTING CORNWALL

- Septic tank cleaning service
- 7.5 ton excavator & ten-yard truck hire
- Licensed water cart for bulk supplies of drinking water
- Water cart for roadwork
- Also St Marys Wood Yard for all your wood supplies

*Remember it doesn't matter where  
Ring Glen or Marcus on  
6372 2107 or 0417 279 422  
6372 2742 or 0419 322 035*

Excavator fitted with grab • Custom made v drain buckets • Narrow trench bucket for poly pipe & electrical • Ripper and all digging & clean-up buckets • Supplies of bedding sand & gravel • House sites & blocks cleared • Rubbish removed & roadwork

*If we can't do your work we will do our best  
to find you someone who can*

## NATIONAL TREE PLANTING DAY.

Wombat Walk Weeders will again host National Tree Planting Day this year, to be held on 27th July, 2008, starting at 10.00a.m at Wombat Walk.

Bring a hat, water to drink, and sun screen, and wear appropriate foot wear. Come along, bring the children and have a great day.

## EAST COAST SURVEYING

Consulting surveyors and land planners.

Mark Anderson 6376 1972

**We can help you.**

- ☐ Buying a property?
- ☐ Planning a development?
- ☐ Unsure of your property potential
- ☐ In dispute with an adjoining owner?





## RICK ENGINEERING

(AT THE FORMER ST MARYS SHELL SERVICE STATION)



NOW OPEN FOR BUSINESS FOR YOUR CONVENIENCE.

SERVICING ST MARYS AND ALL DISTRICTS



IN REPAIRS OF:

ALL DOMESTIC APPLIANCES

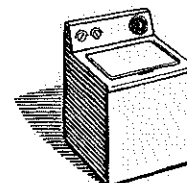
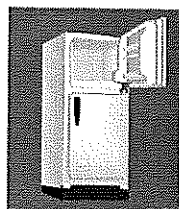
POWER TOOLS

AIR COMPRESSORS

SMALL ENGINES

WELDING

HEAT PUMPS INSTALLED



FUTURE SUPPLIER OF ALTERNATIVE TECHNOLOGY SYSTEMS  
SUCH AS

SOLAR POWER

WIND TURBINES

PHONE RICK: 6372 2460



## Mc Nulty Kitchens & Joinery

The 1999 TAS HIA Kitchen of the Year Winner  
& National Finalist.  
Dale Mc Nulty

If you are in Launceston,  
feel free to visit our showroom at:  
73a Forster St, Invermay.

Phone: 6334 3353



Fax: 6334 3392

- \* On site consultation available after hours.
- \* Complimentary computer layout.
- \* Designs to suit all budgets.
- \* We take care of everything, including plumbing, electrical, building, tiling & plastering.
- \* Design through to completion.

With many years experience in the kitchen industry.  
Having designed & installed kitchens interstate,  
I have some innovative, user friendly ideas.

### Specialised areas:

- \* St Marys
- \* Swansea

- \* St Helens
- \* Scottsdale

- \* Fingal
- \* Bridport



# St. Marys Winter Solstice

- fireworks
- auction
- shadow puppets
- fire twirlers
- fire sculptures

Year of the RAT

Sat June 21  
2008

4 - 9 pm  
St. Marys' Rec Ground

Tasmanian Regional  
Art

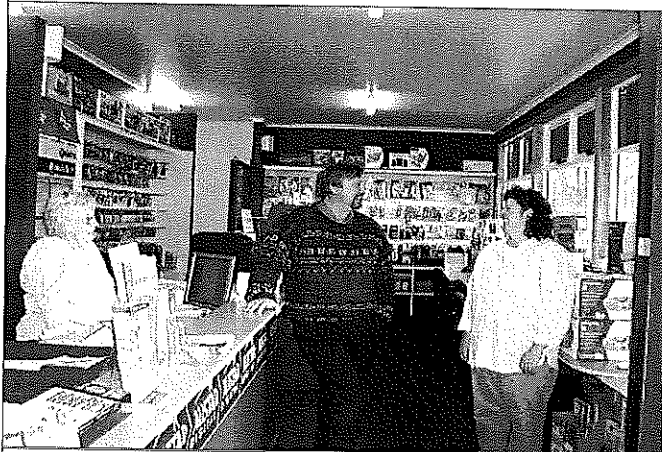
**LANTERN PARADE & FIRE SPECTACULAR!**

warm fires, hot food, mulled wine, music and entertainment  
tickets at the gate: adults GBRA members \$5, non-member \$7  
member family \$10, non-member family \$15, kids 6-14 \$2, under 6 free

*Dress warmly! Band at St. Marys Pub after*



**NORTH EAST COMPUTERS Pty Ltd**  
Established 1995 ABN 44 074 123 425  
3/34 Quail St Ph: 6376 2445  
St Helens Fax: 6376 2447  
Email: [sales@necomputers.com.au](mailto:sales@necomputers.com.au)  
[www.necomputers.com.au](http://www.necomputers.com.au)



Disaster Recovery & Service Contracts  
-We make it work properly -  
Come and see our extensive range of computers,  
printers, scanners and office equipment.  
Get on the internet or buy a mobile phone.

Ph: Peter, Shan, Daryl: free quotes, friendly advice.  
Bus. Hrs: Mon, Tue & Fri 9am to 5pm (2 Techs available)  
Wed & Thurs 9am to 3pm Sat 9am to 12pm

### News from the Healthy Community Project

PHONE 63765242 FOR MORE INFORMATION  
ON ANY OF OUR ACTIVITIES.

#### YOUNG MUM'S COFFEE MORNING

Venue: Healthy Community Project

Days: Wednesdays

Time: 10am - 12 noon

For young Mum's under 25 to meet with other young mums and get out and about. For more information phone Cassie or Abbie on 63765242.

#### 'APPY 'OUSE AMBLERS

Days: Every Wednesday, Saturdays fortnightly

Walks every Wednesday morning departing from the Healthy House and 2 Saturdays per month take a bus to different walking locations and have a great day out with a friendly group, walks are easy to easy/medium. Phone 63765242 for more information.

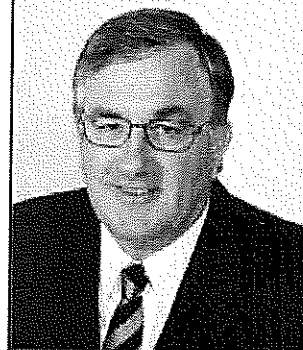
#### BREAK O'DAY YOUTH COUNCIL

Meeting: 23<sup>rd</sup> June

Discuss ideas, issues and plan events for young people. Meetings held every three weeks at the Council Chambers at 4pm. Any young person living in the Break O'Day Municipality welcome to attend, phone Cassie 63765242.



*Working  
for you in  
Lyons!*



**Rene Hidding MHA**  
*Your Liberal Lyons Member*

**Ph: 6397 7411**

**Fax: 6391 3103**

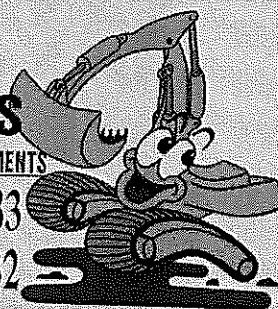
**17a Marlborough Street, Longford**  
[rene.hidding@parliament.tas.gov.au](mailto:rene.hidding@parliament.tas.gov.au)

**C & D  
EXCAVATIONS**

FOR ALL YOUR EARTHMOVING REQUIREMENTS

Phone : 03 6372 2033

Mobile : 0439 722 032



**LOCAL OWNER - OPERATOR  
OVER 20 YEARS EXPERIENCE**

Ph : Dana or Craig 6372 2033 /0439 722 032

*If the earth doesn't move for you, let us help !*

- ◆ 2 x 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ◆ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ◆ 10 YARD TIPPER
- ◆ COMPACTION ROLLER
- ◆ 4 WHEEL DRIVE TRACTOR & SLASHER
- ◆ DAMS
- ◆ ROADING
- ◆ SLASHING
- ◆ FIRE BREAKS
- ◆ LAND CLEARING
- ◆ HOUSE SITES
- ◆ BRIDGE CONSTRUCTION
- ◆ ROAD GRAVELS AVAILABLE
- ◆ AND MUCH MORE

## MEALS ON WHEELS ROSTER

June/July	St Marys	Fingal
Monday 23rd	Trish Pike	Debbie Speers (N)
Tuesday 24th	Patricia Barr	
Wednesday 25th	D & V Rice	
Thursday 26th	Yvonne Salter	
Friday 27th	Hannah Rubenach	Shirleen Woods
Monday 30th	Fe Gillies	June Hall
Tuesday 1st	Pam Gillies	
Wednesday 2nd	R & B McAllister	
Thursday 3rd	Patricia Barr	
Friday 4th	Pat O'Donnell	Mim Woods

## Church Services

### Catholic Parish of St Marys

Sr. Lorraine Groves  
Parish House. Ph: 6372 2252  
Mob: 0409 172 741

#### 1st Week: MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
Fingal 11.30am  
Campbell Town 5.00pm

#### 2nd Week LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

#### 3rd Week: MASS

St Helens Vigil 6.00pm  
St Marys 9.00am  
Swansea 11.30am  
Campbell Town 5.00pm  
Bicheno Liturgy 9.00am

#### Week 4 LITURGY

St Helens Vigil 6.00pm  
St Marys 9.00am  
Bicheno 9.00am  
Fingal 9.30am

#### 5th Week MASS

St Helens Vigil 6.00pm  
Bicheno 9.00am  
St Marys 11.00am  
Ross 5.00pm

### Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays  
Fingal: 3 pm 1st/3rd Sundays  
Mathinna: 3pm 2nd/ 4th Sundays  
Ross: 11am 1st/3rd Sundays  
Campbell Town: 9am every Sun.  
(3rd Sunday -Family Service)

### Anglican Parish of Break O'Day

Ph: 6376 1144

St Helens Every Sunday  
8 am and 10.30 am  
Kanga Sunday School  
10.30 am – 12 noon  
every Sunday for children 5 – 12 yrs  
St Marys 10 am  
(No service 5th Sunday)

Pyengana 4th Sunday, 2pm.

### Salvation Army

#### Monday JAM

3-5pm every Monday.  
except school holidays.

#### Sunday JOY

12.30pm—2pm.

For soup & Sandwich  
Fellowship lunch.

Melanie Norton Ph: 6372 2099  
Break O'Day Uniting Church

The Manse St Helens  
Ph: 6376 2405

St Helens 9.00 am  
Fingal 11.15 am

### Seventh Day Adventist

Hodgeman Street Scamander  
Sabbath School 10 am  
Divine Service 11 am

## St Marys Online Access Centre Opening Hours:

Monday 10am -3pm  
Tuesday 10 am-4pm  
Wednesday 10am-4 pm  
Thursday 10 am – 3 pm  
Friday 10 am – 3 pm  
Saturday 11 am – 2 pm  
Ph: 6372 2005

### On Air Now!

**Vision FM 88.0 at both St. Marys and Fingal.**

100% positive music & talk all day long;  
connecting faith to life.  
Have breakfast with Robbo in the morning  
on the  
National Vision Radio Network.  
Phone 1800 007 770.  
web [www.vision.org.au](http://www.vision.org.au)

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue.

**Please inform us if your items are sold.**

**Please note:** Letters to be published in the Valley Voice must be signed. Your name need not be published, but we must have a signature. Please keep letters to 500 words or less.

Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.

### Contacts for Valley Voice

PH: Judy: 6372 2155  
email: [judith.spilsbury@bigpond.com](mailto:judith.spilsbury@bigpond.com)  
Accounts: Mary: 6372 2328

Please leave written material at the  
St Marys Pharmacy,  
Main St, St Marys,  
or post: C/- Post Office, St Marys Tas 7215

### Advertising: 2008

Classifieds: 25 words or less: free  
Community notices : free.  
Small ads. Garage sales. Greetings.  
Thanks etc. \$12.  
¼ page \$20. ½ page \$30.  
Full page \$50.  
1 year posted subscription \$28.

## Spring of the Vineyard Church Pentecostal Christian Church

**Church Services**  
**Every Sunday at 10:30 am**  
**At Scamander Fire Station**  
For all enquiries:  
Pastor David Brewster  
Ph: 6372 2796  
**ALL WELCOME**



## White Sands Restaurant and IronHouse Brewery Bar Open for Lunch & Dinner, Everyday

### Whats New at White Sands?

The **New Building** is progressing well with the steel frame being put together- it's a fantastic sight to watch the crane working. We are now starting the 12month countdown to opening. Ironhouse Brewery continues to grow and by the end of June we will be launching a new beer **Paddy's Head Stout**.

Glen has designed a new warming **winter menu that suits a broader spectrum of tastes & budgets**, whilst retaining the white sands wow factor!

We know that financially times are a bit tough so we also have some specials to entice you to come for a drive & beat the winter blues!

**School Holidays and forever**, all kids meals are \$10. includes main course, icecream & drink, plus kids can watch a movie @6.30pm in our cinema opposite the restaurant, so that mum and dad can enjoy a relaxing meal.

### Thank God its Friday

Happy 2 hours, 5-7pm w/ \$5 schooners, spirits & snacks- plus IHB giveaways- get some friends together and welcome the weekend!

### Midweek Madness

2 course lunches \$20

2 course Dinners \$35

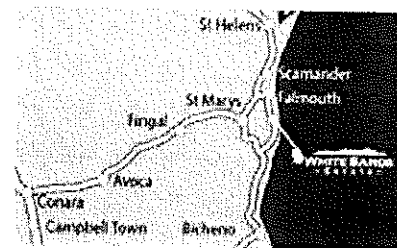
### Live Music

Saturday nights to liven up our lives, check the schedule on our website [www.white-sands.com.au](http://www.white-sands.com.au)

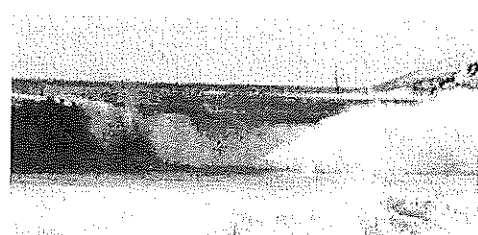
### Beer Appreciation night 4th of July 08

Be here for the launch of St Paddy's Stout tastings, canapes and main course \$35

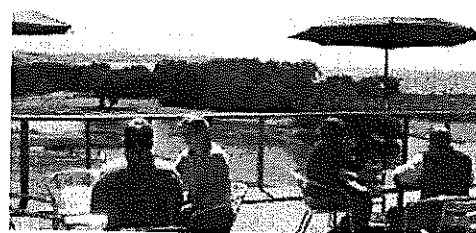
Less than a 30min drive



Soak up our superb location



Enjoy our new winter menus



And our own Ironhouse brews



**Tastings and sales available from the White Sands Restaurant everyday during lunch from noon onwards and dinner from 5pm**

To reserve your table call 63722228, 21554 Tasman Hwy, Ironhouse Point  
9km south of falmouth, midway between St Helens & Bicheno



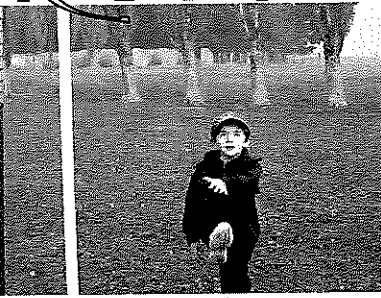
# KINDERGARTEN FARM EXCURSION



Trampolining - Harrison, Hamish and Jordan



'Backhoe' Kane



Goal! Jordan



Mia - collecting eggs

Last Thursday the Kinders had a fantastic trip to Sharon and Richard Gee's farm 'Kooringa'.

A foggy morning dampened the ground but not the spirits of the children.

As the sun emerged we gathered together for some 'hands on' farm work.

We had such fun feeding the chooks, cows and puppies, rounding up the sheep and driving the tractor.

We learnt many interesting things about life on a farm.

I would like to thank Sharon and Richard for giving the children such an informative and rewarding experience.

Anne Bennet



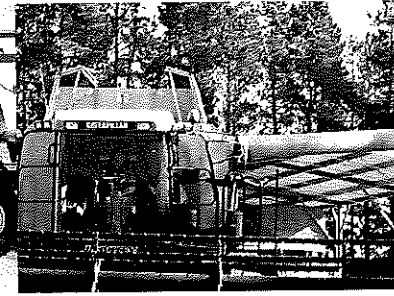
Rounding up the sheep



Mr Gee - Shearing



Class in front of the Header



WATCH OUT!! - Mrs Miles driving the Header



In the cattle race



Tractor ride - Harry and Erinn



Hamish and Brayden

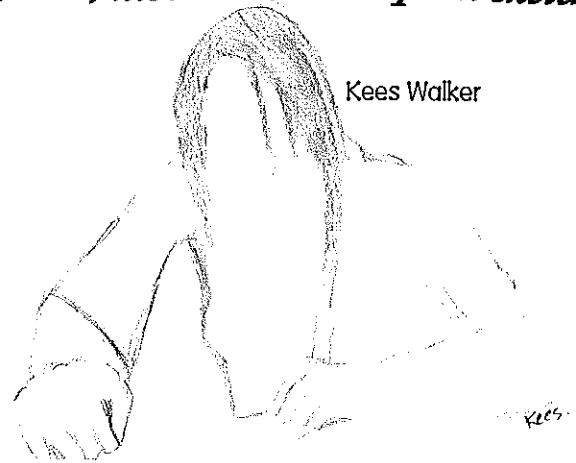


# Short Courses Life Drawing

*Students have learned about perspective shapes within the form, movement and quick sketches.*



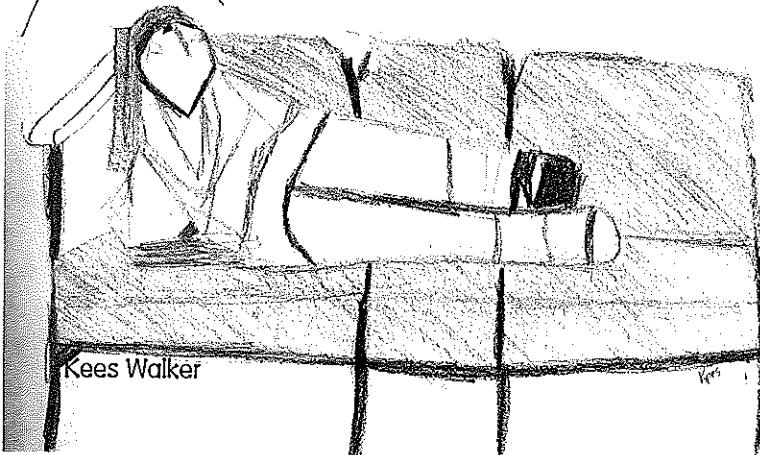
Georgia Frobose



Kees Walker



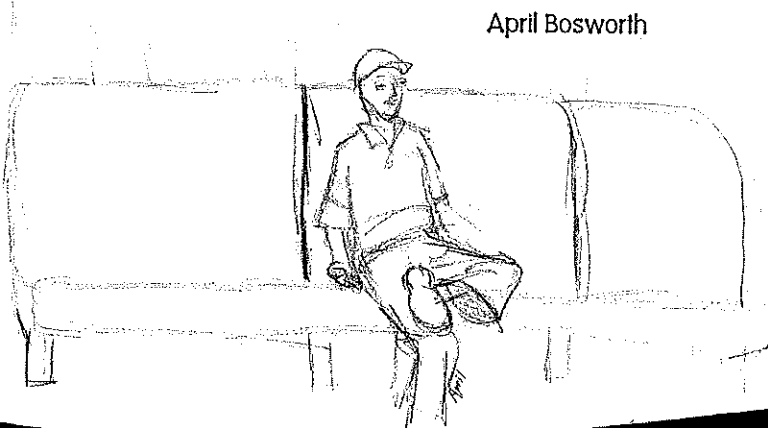
Bonnie Payne



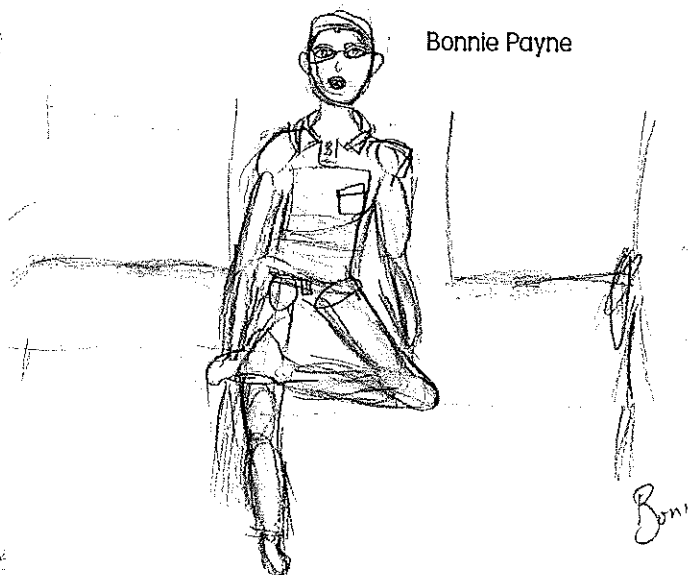
Kees Walker



Georgia Frobose



April Bosworth



Bonnie Payne



# ST MARYS COMMUNITY HEALTH CENTRE

## DOCTORS on ROSTER

Dr L. Ottosen- 19th June- 3rd July  
Dr. L. Reeckman- 19th June and  
Women's Health Clinic- Friday 20th June

## AFTER HOURS SERVICE

PLEASE PHONE GP ASSIST ON 1300 780 011  
AMBULANCE 1800 008 008 or  
EMERGENCY 000

COMMUNITY HEALTH CENTRE 6372 2111  
**BEFORE PRESENTING AFTER HOURS.**

St Marys Community Health Centre

## GP Surgery Hours:

8:50am-12:30pm  
12:30pm-1:30pm LUNCH  
1:30pm-5:00pm

## SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked **prior** to your medication/s running out or **in advance** if you are attending this practise regularly. Patients can not request scripts over the phone.

## PLEASE BE PATIENT

Please be aware that **waiting periods can apply.**  
**Please be patient**, we are doing our very best and your cooperation is appreciated. Everyone's health is important to us. — K. O'Shea DON

## IMMUNISATION DAY

Limited bookings available

## CHILD IMMUNISATION CLINIC

**THURSDAY 19TH JUNE**

1:30pm onwards

Please phone the Community Health  
Centre on 6372 2111 to make an  
appointment for your child.

## MEALS ON WHEELS

Are you finding it difficult preparing a meal?  
Have you just been in Hospital or you're just not well?  
Are you finding it difficult to get to the shops?  
Want something different to eat?

**MEALS ON WHEELS IS FOR YOU!**

**3 COURSE HOT MEAL- \$6.90**

**1 COURSE FROZEN MEAL- \$5.90**

Arrangements can be made to have your meal/s  
delivered daily, weekly or once a fortnight. And you can  
select the days you want a meal!

For further details on Meals on Wheels  
or to **VOLUNTEER TO BE A DRIVER** please call:

Joy Nehls (Cook)- St Marys CHC 6372 2111  
Shirleen on 6374 2267  
Sue on 6374 2193 or  
Mim on 6374 2209

## WHAT'S ON AT THE CENTRE

- 19th June **Child Immunisation Clinic** 1:30pm onwards.  
Please phone 6372 2111 for appointments as  
places are limited.
- 20th June **Women's Health Clinic** with Dr Libby  
Reeckman. Please phone 6372 2111 for  
appointments.
- 20th June **Meditation & Visualisation Class** with  
Sue Christiansen. 2pm-4pm in the  
downstairs Ambulance Training Room.  
Phone Sue on 0418 515 419 for bookings.
- 23rd June **Yoga** Phone Jacqui for bookings 6376 1696 in  
Ambulance Training Room 11am-12noon \$5  
session. Easy beginners Yoga. Some chair  
based exercises.
- 24th June **C.H.A.T Group** 1pm in the Day Room of the  
Health Centre. All parents and Guardians  
welcome to attend.
- 24th June **Child Health Session—OPEN SESSION**  
with Sue Gofton 9am-12noon. If you would  
like to make an appointment with Sue she  
can be contacted on: 0428136381
- 26th June **Wendy Holder**, 10am-12noon.
- 27th June **Meditation & Visualisation Class** with  
Sue Christiansen. 2pm-4pm in the  
downstairs Ambulance Training room.  
See below for further details.
- 30th June **Yoga** No Yoga today due to Training. As  
normal next Monday.
- 1st July **Tom Bain, Rae & Partners Lawyers.**  
At the Community Health Centre Tuesday  
fortnights. For appointments please  
phone 6337 5555

## MEALS ON WHEELS

### SAMPLE MENU:

### Main Meals (Rotating Menu)

- Sheperds Pie
- Pork Chops
- Fish
- Lasagna
- Chicken Schnitzel
- Silverside
- Steak & Kidney,
- Cold Meat & Salads
- Roasts; chicken, beef, lamb, pork.

### Desserts (Rotating Menu)

- Apple Sponge
- Peach Pie
- Fruit Salad
- Chocolate Self Saucing Pudding
- Lemon pudding
- Baked Rice pudding
- Jelly & fruit
- HEAPS MORE... Give us a call for more details.

# *Sage Hill*

## *Family & Friends Service*

North & North West Tasmania

Sage Hill Family & Friends Service is...

A service that focuses on the needs of both families and friends

A supportive environment to explore ways of living, coping and understanding mental illness

We listen!

A way of becoming connected with other people for support and help

A service which aims to improve the lives of all those who are affected by mental health issues

A place to find hope in mental health

A service you can access through self referral

You can visit us at...

North  
15 Wellington Street  
(PO Box 1045)  
Launceston, Tasmania, 7250  
Phone: (03) 6323 6100

North West  
15 Wilmot Street  
(PO Box 1458)  
Burnie, Tasmania, 7320  
Phone: 0439 321 455



Sage Hill Family and Friends Service  
is funded by the Community Mental Health  
Program component of the Federal Department  
of Families, Housing, Community Services  
and Indigenous Affairs (FaHCSIA)

# Fingal Primary School News



## Calendar of Events - June/July

<b>16th</b> Back to School Term 2	<b>17th</b>	<b>18th</b>	<b>19th</b> Big Newsletter ENE Country Gold training at St.Marys 1.30 - 3.00pm	<b>20th</b>
<b>23rd</b> Student Opinion Surveys	<b>24th</b>	<b>25th</b> Assembly led by the Student Leaders. 2.15—3.00pm in the Stone Building	<b>26th</b> ENE Country Gold training at St.Marys 1.30 - 3.00pm	<b>27th</b>
<b>30th</b>	<b>1st July</b>	<b>2nd</b>	<b>3rd</b> Small Newsletter ENE Country Gold Training at St.Marys 1.30 - 3.00pm	<b>4th</b>



Brady Woods, Jye Baldwin,  
Ben Bishop



Aaron Rush, Sam  
Herbert, Kurtis Tuck



Ashleigh Templar and  
Zoe Simpson



Madelaine Mc Gill, Tayla Stingle,  
Claire Oates, Amber Saddington



Jorgia Woods, Grace Gee,  
Demi Brown, Lisa Freeman

### ENE Cross Country

Students from Fingal Primary School travelled to Mathinna to represent the school at the East North East Cross Country Championships. They all tried very hard and we were very proud of all their efforts after so much training!!

**We were also very proud to win the Division C Shield.**

#### Results from The ENE Cross Country

##### Division A

- 1st Scottsdale
- 2nd St Helens
- 3rd Bridport
- 4th St Marys

##### Division B

- 1st Winnaleah
- 2nd Bicheno
- 3rd Swansea

##### Division C

- 1st Fingal
- 2nd Ringarooma
- 3rd Avoca
- 4th Branhholm

#### Fingal Results:

**Grade 3 Girls** - Sharnee Casserly (10), Carley Baldwin (26), Chloe Oates (33)

**Grade 3 Boys** - Kurtis Tuck (16), Sam Herbert (30), Aaron Rush (35), Jordan Flemming (37)

**Grade 4 Girls** - Grace Gee (13), Demi Brown (20), Jorgia Woods (21), Lisa Freeman (29), Bridgette Burns (30)

**Grade 4 Boys** - Daniel Bishop (5), Joel Cox (21), Harvey Flynn (23), Dylan Brown (25)

**Grade 5 Girls** - Ashleigh Templar (17), Zoe Simpson (25), Breeana Francis (28)

**Grade 5 Boys** - Thomas Gee (15)

**Grade 6 Girls** - Madelaine Mc Gill (10), Tayla Stingle (29), Amber Saddington (31), Claire Oates (32)

**Grade 6 Boys** - Jye Baldwin (16), Ben Bishop (17), Brady Woods (45)



Madelaine Mc Gill, Jye Baldwin and  
Brady Woods accept the shield.

## Sports Centre News Kackhander

Not a lot to report this time around. It's been a bit quiet of late except for the long weekend. As is always the case, the McDonalds Cup was again a wonderful event. The golf is secondary really. This magnificent institution gives a lot of very occasional players a chance to enjoy a game with people they don't often get to see in many cases, and of course the opportunity to return to StMarys to renew friendships.

This is perhaps the best reason to play our game. Thank you so much to Macca and his entire clan who go to extremes to make this event even better each time, if that's possible. Not too many people would probably know that there is an immense amount of work by the McDonald Family putting it all together and the 78 participants this time, to a person, can attest just how good it all is. The revenue is crucial to the club's success and to all the family, thank you all again so much. To the myriad of winning teams also congratulations. A highlight was a VERY SPECIAL DRIVE that Blackie nailed on the First Tee.

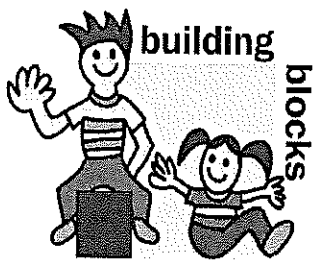
Last Saturday a Mulligans was held with an astonishing score of 49 nett, yes 49 nett was recorded by Reece Maher. Incredible! Well done Reece. That will stand for years.

In the next week we have the Harold and Tom Newman Memorial Trophy coming up, and a solid field is anticipated. It is an 18 holes Stroke event.

Just an important reminder that the **Annual General Meeting is this Friday Night at 7.30 p.m.**, so please try to get along if you can. We need your input. Also have a look at the Pub Rules and Carrick's Tipping comps, still going great guns each weekend. It is really fun to be a part of.

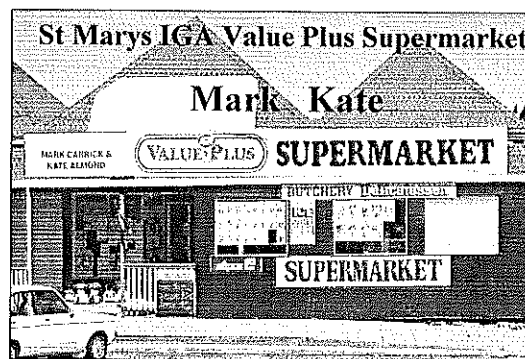
Until next time, good hitting and rolling.

### 'Play and Learn' sessions for under-5s their parents and carers



Bicheno Memorial Hall 10.30-12.30 Wednesday, June 25,  
July 9 & 23, Aug.6 & 20, Sept. 3  
Fingal School 1.30-3.00 Thurs. July 17, Aug.14  
Pyengana Hall 10.00-12.00 Friday, June 27,  
July 25, August 29  
St Helens Neighbourhood House 10.00-12.00 Wednesday,  
July 2 & 30, August 27  
St Helens Kindergarten 9.00-10.30 Mon. July 14, Aug.11  
St Marys Kindergarten 1.30-3.00 Wed. July 16, August 13

Call Karen on 0400002116 for further details



**38 Main Street St Marys**  
Phone/Fax 6372 2240 - Butcher Ph: 6372 2274  
**Mon - Fri 8am - 6pm**  
**Sat 8am 12 noon**

#### In-store butchery

##### This week

T-bone steak	\$14.99kg
Forequarter lamb chops	\$ 8.99kg
Legs of lamb	\$ 8.99kg
Nichols chicken & chive sausages	\$ 8.55kg

##### From the freezer

Ingham frozen chicken No.11	\$ 5.99
Birdseye steam fish fillets 360g	\$ 6.99
National Tassie pies 4pk	\$ 3.99
Birdseye sunny cobs 600g	\$ 3.29

##### Late week

Green Dolphin toilet tissue 9pk	\$ 2.39
Chum canned dog food 1.2kg	\$ 1.49
Sanitarium weetbix 1kg	\$ 3.89
Green Dolphin paper towel 2pk	\$ 1.85

#### In-store butchery

##### Next week

Porterhouse steak	\$15.99kg
Regular beef mince	\$ 7.99kg
Pandani corned silverside	\$ 6.99kg
Inghams fresh free range chicken	\$ 6.79kg

##### Instore specials

Arnotts cream biscuits 180/250g	\$ 1.99
Devondale longlife milk 1lt	\$ 1.59
Tetley all rounder tea bags 200s	\$ 4.99
Fiesta laundry soaker 1kg	\$ 3.99

##### Late week

Juicy Isle longlife juice 2lt	\$ 1.99
Sorbent toilet tissue 4pk	\$ 1.99
Chum dry dog food 8kg	\$ 9.99
Morning Fresh dishwash/liquid 900ml	\$ 3.99

A woman came home, screeching her car into the driveway, and ran into the house. She slammed the door and shouted at the top of her lungs,  
"Honey, pack your bags. I won the lottery!"

The husband said, "Oh my God! What should I pack, beach stuff or mountain stuff?"

"Doesn't matter," she said. "Just get out."