# The Valley & East Coast Voice

#### Volume 41 No 12 Thursday, November 6, 2008

Est.1968 50 cents

# Tasmanian Lymphoedema and Laser Centre Inc. Melbourne Cup Luncheon

Two things you can be sure of if it's spring: the horses are racing in Melbourne and the TLC ladies are cooking up a storm for friends from far and wide.

All the behind the scenes jobs for a big special event, are tackled enthusiastically and the tables are set for our once a year Melbourne Cup Luncheon

This, our 7th luncheon was bigger and better than ever, with the help of St Marys District High School "Grade 5 Caterers", and their teachers, Ken Stonehouse and Klaas Oosterloo, as well as several Grade 10 helpers, serving 10 tables and one hundred and three guests. Well done kids, you were very professional!

Once you have decided to join in the fun at the TLC luncheon, it is time to stitch and sew or bargain hunt for that special outfit; next it's choosing shoes, the clutch of course, the hat or fascinator and then which horse to put your money on. All so much fun.

The 4th of November 2008 was the TLC's 7th Melbourne Cup Luncheon, this year held at the Community Hall. Our thanks go to our wonderful MC for the day, Mr Des Charles. Thank you Des, you certainly made the day a lot of fun. Thanks to all for making this year such a great success.

As usual there were approx. 30 prizes and surprises. Some of these were: Cup Lady: Debbie Speers, Cup Gent: Carl Batten, Most Colourful Lady: Kelly Farrell, Novelty Hat: Gail Gamble.

The big raffle drawn on the day, proved to be very popular.

Prize winners being:

1st prize: (Peppermint Bay Cruise & Accommodation at The Old Woolstore Inn) Won by Lundy Vosper.

2nd prize: (Mobile phone from H & K Veldums) Won by Lyn Leary.

3rd prize: (Dinner for two at Angasi Restaurant) Won by Tamatha Mahoney.

4th prize: (Iced Christmas Cake) Won by Rene Hidding.

5th prize: (Caltex St Marys fuel voucher) Won by Ken Anderson

6th prize: (Ladies casual bag) Won by Andrea Ambrus.

7th prize: (\$30 voucher from St Helens Mitre 10) Won by Peg Ryan.

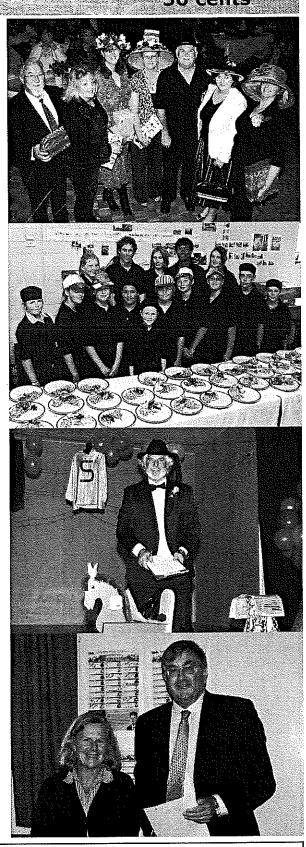
8th prize: (Chocololly) Won by Rex Williams.

The other 30 or so prizes went to lucky place settings and other fun events. Thanks to all who gave generously.

A final word of thanks must go to Joan Hodges of the tamar Chapter of the Order of the Eastern Star, who raised \$3550. for the TLC during this past year. A wonderful gift from grateful patients of the TLC in Launceston—"to help with some special dreams". Many thanks Joan.

Jan Sparkes.

Photos on this page and more inside: Courtesy Peter Troode.



#### **Community news**

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the St Marys Community Health Centre. <u>PLEASE NOTE</u>: The next Hospital Auxiliary meeting will be held at 2pm 10th November, this is due to the 3rd being a public holiday. Kevin, Sec.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 2pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts are holding General meetings on the first Friday of each month at 4pm in the supper room of the Community Hall. Come along to share your creative ideas and help Grassy Bottom maintain an artistic culture in our community.

The Tasmanian Lymphoedema Centre Inc., holds meetings every 3rd Monday of the month at 10 am at the St Marys Community Health Centre.

St Marys Ladies Midweek Tennis 9.30am each wed. Need new players - of any standard-beginners welcome-childminding included - lovely safe place to bring toddlers while you play. Ring Annette-6372 2224.

St Marys Playgroup meets each Friday 10ish at the kindergarten. All preschool aged kids welcome to bring a carer/parent/granny/pa for a play and morning tea. Very chilled relaxed group of all ages - we love new members. Contact Jane 6372 5060.

WOMBAT WALK LANDSCAPING GROUP meet every Wednesday 9am to 12 Noon (weather permitting) at St Marys Musical Playground area to plant and maintain the rivulet park and flower bank - anyone interested in joining us - please come along and meet our group. Contact - Robina 6372 2022.

Break O'Day Wine & Food Appreciation Society meets once a month on the last Sunday.

Ph: Jan 6376 1661 or Leanne Ph: 6372 5291.

The Scamander and Beaumaris Community Development Association meets at 7 pm at the Fire Station Scamander every third Wednesday of the month. New members are most welcome.

St. Patricks Head & Esk Valley Historical Society meets on the third Sunday of every month at St. Marys History & Gifts (the old railway station) at 2.30 pm. Meetings are informal and fun and new members are needed. Please contact Barry Aulich on 6372 5752 or Jim Haas on 6372 2127.

The Falmouth Community centre would like to advise members and the community that the new contact for bookings of club facilities is Ben Morgan. Ben can be contacted on 03 6372 5604.

Suncoast Singers meet every Friday at 10am in the Catholic Hall - Cecilia Street St Helens. New singers always welcome.....If you can yawn - you can sing. Phone Mary-Anne Wadsworth 6376 2969.

Swap n Go gas cylinders available from Gone Rustic, 37 Main Street, St. Marys. Phone 6372 2724 (BH), 0417 027 424 (Rita) or 0417 648 845 (Ian).

#### **NEWS FROM GONE RUSTIC:**

**SPRING IN STITCHES** – drop in and see this fresh and colourful display as part of the Spring Fair in St. Marys (also see display ad).

QUILTING BEE – an opportunity to get together once a month and make quilts for those less fortunate, locally and further afield. Trade table of fabrics at every session, so bring your spare cash (funds are for purchase of wadding). Next session: Wednesday 26th November (and every 4<sup>th</sup> Wednesday) at Rustic Ragamuffins stitching group, from 7-9 pm. Cost: \$5, plus spending money for fabric; also please bring fabrics (if donating) and sewing supplies.

INVITATION TO LOCAL STITCHERS - Would you like to participate in a themed display? Another themed display is planned for **December**. Any stitched item which incorporates a Christmas theme will be considered, to make a colourful and cheerful display for the festive season. For an exhibitor's form drop in to Gone Rustic soon — I look forward to giving you these opportunities to "strut your stuff"!

#### DATES TO REMEMBER:

Christmas Display

Delivery of items: Monday, 30<sup>th</sup> November Official launch: Saturday, 6<sup>th</sup> December (12 noon) Collection of items: Monday, 22<sup>nd</sup> December

If you are would like more details about any of the above items, please contact Rita Summers on 6372 2724 (BH) or 0417 027 424 (AH), or drop in to Gone Rustic, The Old Garage, 37 Main Street, St. Marys.

#### Spring in Stitches

An exhibition of quilts and other stitched items on the theme of - you guessed it - SPRING!!

Gone Rustic Studio & Gallery 37 Main Street, St. Marys 7215

> Opening hours Monday – Friday, 10-4 Saturday, 8<sup>th</sup> Nov – 10-4

#### **FREE ENTRY**

Drinks and nibbles available on the day of the Spring Fair

On display from 1st - 28th November Monday - Friday, 9 am to 5 pm

Looking for your dream home/shed/garage/stables, etc. at very affordable prices? Want a free catalogue and no-obligation quote? Then call in to Gone Rustic, 37 Main Street, St. Marys. To phone, call 03 6372 2724 (BH), 0417 027 424 (Rita) or 0417648 845 (Ian).

#### **Classifieds**

#### FOR SALE

**Drum Kit** – Boston 11 piece Good for kids/beginner. \$175. **Tradesman Toolbox** – Large (1800 x 600 x 450 mm) \$200.

**Doors** – Old Baltic Pine (1925 x 810. & 1950 x 760) \$25 ea.

**Timber Planer** \$100. (old & heavy, 6ft bed, no motor)

Lead light windows – 1 pair \$180. (Diamond pattern, 2 x 1380 x 685)

Bandsaw (Home made) (240v motor) \$20.

**Door** – Internal (c/w handle, 1960 x 760) \$20.

**Pedestal Hand Basin** – old, Cream \$50.

**Ridge Capping** (Zinc, new, 6 x 6m lengths) \$140.

Cottage Window (opening type, 850 x 1220) \$25.

Ph: Michael 6372 2222, or mobile 0437 227 123.

Pfaff sewing machine. 5 stitches. Needs slight repairs.\$125. ono.

Ring Adeline: 6372 5041.

Land Rover Flat tray. Good motor & tyres. Reg. \$1500. Ph: 6374 2219.

**Old fridge**—needs seals but works \$50. ono.

1 very old fashioned wardrobe \$80. one.

2 wardrobes -set \$60. ono

1 wardrobe with shelves —suitable for a shed. \$20, ono.

Ph 0439 101 230.

'93 Mitsubishi Magna V6 wagon. Runs well, 6 mths rego. Fair condition, just serviced. 312.000 kms.\$1,800. firm. Ph: Nadia on 6372 2556.

Commodore parts for sale. Suit 1980 thru 1985. 1x 4speed top load Aussie gear box. Recon. \$300. Complete rebuilt diff. \$400.

Ph: 6377 1158.

1 x Steelcraft jogger style pram. Excellent condition. Approx 3 years old. \$170. ono.

1 x Shellcare walkalong activity car. \$25. ono. 1 x Winnie the Pooh ridealong. \$30. ono.

1 x AB swing. \$25. ono.

1 x rowing machine. \$20. ono.

1 x safety rail by Safety 1st.(to stop toddler from falling out of bed) \$40. Ph: 6372 2145.

#### FOR SALE

Camping gear. Gas light, gas bottle (9kg) 3 person dome tent 3 x 3 screen tent, 2 burner iron gas rings, 1 burner gas stove, single air mattress, 40lt esky. \$200 the lot.

Artists easel. \$50.Ph: 6372 2922 or 0408 836 080.

#### 1986 Holden Berlina Commodore.

Air con. Power steering, 3 mths rego. Very good tyres. \$1,600. ono.

Ph: 0458 390 341.

**1997 Honda XR 200R** ex cond. \$2,200.

Yamaha PeeWee 80. Good Cond.\$850.

Shift brand motorbike pants size 34 + top. Black, grey and white. Ex cond. \$100.

Pair of single mattresses and bases, reasonable condition, plus bedding for both beds, also one single electric blanket. \$75 for the lot.

2 royal blue single chenille bedspreads at \$5 each.

Phone 6372 2412.

**Round steel formwork** to build a concrete tank. 5 mtrs across x 1,200 H. 11.000 litres approx. \$500.ono.**Ph:** 6372 2848.

Cutlery set plus unit stand. 24 pieces. \$10. 'Face mug', \$1.50.

White ceramic soup tureen. \$15. Cup&saucer, German design. \$3.00.

Brooch, bow design. \$5. each.

Glass canisters. \$1. each. **Doily**, yellow crochet trim. \$2 for 2.

Electric grill. \$10.

'Quilted Heart', framed. \$5.'Shaker Maker' power mixing cup. \$3.

2 sets of serving dishes on wooden base. \$10. each.

Glass coffee cups with blue plastic handles. .50c each.

Large casserole dish, peach stoneware. \$10. Ph: 6374 2285.

**Bookcase** - colonial style, 7' x 4', solid timber, great condition, cost \$500, sell \$250.

Hot water cylinder - for fuel stove, with electric element, as new, cost \$1300, sell \$750

Call Leissa on 6372 2686 or 0408 208 658.

#### Wanted

Old Lego for specially challenged student. 0412 803 027

#### FOR SALE

**1996 KLF Kawasaki** 4 wheeler ATV. 2 wheel drive. New rear tyres. \$1,500.

Ph: 6374 2209.

**Portable oil 15 bar heater**, very safe with children. Good working order. \$50.

Baby pet rats, all colours. \$10 each. Electric Organ Yamaha Electone. Model B-5BR. Twin keyboards and peddles. Rhythm and head phones. Good order. \$150. Ph: 6372 2357.

Minolta camera, as new, 3 years old.\$50.

**Sony Playstation**. Includes 2 memory cards, 2 controls, 6 games. \$50.**Ph: 0427 607 991.** 

Transark easy welder. 140 amps. Rods, mask hammer \$200.

Phillips 340 Fridge/Freezer. Top order\$200.

Ph: 6372 2251.

"Moo-Poo". Finely screened. Any amounts. See Norm. Ph: 6372 2380.

Wetsuit. Billabong size 8 yellow/black in colour. Contact: Karen Polden Ph: 6372 2438 or 0439 333 398.

Arlec jigsaw. \$30.

Powerbuilt Torque wrench. \$30. Professional tile and grout set.

400mm cut. \$80.

Professionally restored cast iron claw foot bath. Interior cream, exterior maroon. \$1200.

Ph: 0404 725 430.

Young budgies. \$5 each. Ph: Gail & Rodger 6372 5380.

Fire wood. 1, 2,& 3 tonne loads. Ph: 0407 944 158.

Tractor slashing available. Ph: 0407 944 158.

#### WANTED

Console in reasonable condition, to suit X.E. manual Ford Falcon, 84 model. Reasonable price.

Ph: Pete 6372 2398

FREE White broom cupboard, small ironing board. Ph: 6372 2059. WANTED Riding boots or similar - any size, any condition.

Ph: 63722059.

**WANTED** Two single iron beds or bed frames, old style **Ph:** 63722059.

## A LITTLE BIT OF HERITAGE: Jim Haas "A Friendly People"

Research into the Indigenous people of Van Diemens Land is an interesting subject to say the least. Historians tell us that at the time of European occupation in 1803, nine tribes of Aborigines existed in Van Diemens Land, all with their own language. At that time, the population was estimated at around 4,000.

For some 30,000 years they wandered in small bands through the length and breadth of the island, searching the grassy plains, valleys and coastline for food, materials to make trinkets and red ochre to colour their bodies. With the aid of fire they kept their trails accessible as well as providing fresh pickings for the kangaroo, emu and possum that provided them with food, clothing and warm blankets.

Although it is said their ancestors were descendents from the big island further north who had wandered down when the Furneaux group of islands were still attached to the mainland, they were in many ways quite different from their Northern cousins.

In 1642 when Abel Tasman landed at Blackmans Bay in the South in search of fresh water, his men observed burnt markings in a tree and heard what they thought were human sounds. Tasman also recorded seeing a number of fires burning inland.

The first recorded European contact with the Van Diemens Land Aborigine, however, did not occur until Captain Nicholas Marion du Fresne arrived near Bruny Island with his ships *Mascarin* and *Marquis Castries* in 1772.

A landing party du Fresne sent ashore come across a group of Aborigines who appeared quite friendly. However, when a second long boat arrived the Aborigines became agitated. They threw spears and stones at the landing party, who returned fire with their muskets, killing one native and wounding several others.

du Fresne immediately left for New Zealand where he and some of his men fared even worse. They were captured by Maoris and eaten.

In 1777 Captain Cook, on his third voyage of discovery, anchored his ships *Resolution* and *Discovery* in Adventure Bay on Bruny Island. He spent six days there with his landing parties encountering Aborigines on several occasions. He recorded that they were approachable and remained friendly throughout.

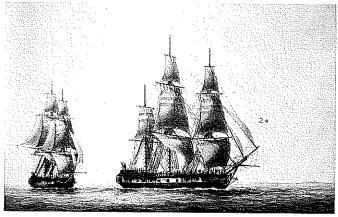
In 1792 Rear-Admiral Bruni D'Entrecasreaux, in search of his missing countryman Jean-Francois Le Perouse, visited the shores of Van Diemens Land and came in contact with the Aborigines at Recherche Bay. D'Entrecasreaux recorded where he was invited into a group of forty or so native people – ten men, fourteen women and twenty four children. Seven fires were burning, around each was assembled a little family. At noon the women began diving for shellfish and in no time all in company were feasting on abalone, mussels, oysters, crabs and boiled seaweed.

During D'Entrecasreaux's six week stay in Van Diemens Land he discovered Cook's Adventure Bay was indeed on an Island. What amazed him was the small unstable watercraft that the Aborigines used to travel from the island to the mainland. They were made of bark and dried grass, tied together in the form of a raft and pointed at either end. It seems these "canoes" were unique to this part of the Island.

In 1802 another Frenchman, Nicholas Baudin, called into several locations around Southern and Eastern Van Diemens Land where he had several meetings with the Aborigines. Like D'Entrecasreaux, his depiction was the natives were a friendly, happy people with a willingness to share what they had with their visitors.

English explorer Captain John Henry Cox in 1789 also found them friendly and happy. He noted how one group had mimicked his actions exactly and laughed heartily at the Europeans. He went on to say they appeared a timorous, harmless group of people and afforded a fine picture of human nature in its most primitive and uncultivated state.

Whilst the English and French explorers recorded a number of contacts with the original owners of Van Diemens land, the French appears to have taken the most interest in getting to know them and learn their culture. One can only wonder, today, that if the French had settled the Island in 1803, the human tragedy that followed a few short years later may never had happened.



French ships Mascarin and Marquis Castries near Bruny Island in 1772.



White Sands is looking for casual housekeepers. Applicants must be hardworking, work well in a team, trustworthy and reliable.

> Resumes can be forwarded to: The Assistant Manager, Po Box 147 St Marys 7215.

Applications close 13th of November '08.

#### Letters to the Editor

Please keep letters to a reasonable length of approx 300 words.

Mr Clement versus Mrs Peryman. Round 2.

Mr Clement,

Your harmless thunderbolt has not upset me. We must agree to differ.

Before white settlement, this valley was covered from end to end with native forest.

My only concern with eucalypt plantations is bushfire, and you have previously stated that this is not a major concern.

All native species of flora have evolved to rely on natural rainfall. Man's activities have out-paced this ongoing evolutionary process in many cases.

"Eucalyptus nitens" may be the preferred species for local tree plantations as it would suit the soil and climatic conditions, but can it tap into the depths of the town water supply bore? If this is true we should alert the mining industry! I believe this bore may be some 43 mtrs down. (in excess of 120 feet)

Underground streams are formed originally from rainfall, some of this being direct runoff, and some finds its way into fissures in the rocks in the hills, or where there may be rock protrusions. These fissures can be quite deep. Through capillary action in the rocks, it may find its way to other levels.

This water may end up as an underground stream, or weep out at some surface level, as a hanging swamp. (e.g. at the end of Gardiners Creek Road—which is forest site) It may remain trapped, depending on rock types or geological events.

If a soil is saturated, the pore spaces are full of water, and there is no room for air as the soil drains excess water (called 'gravitational water') moves downwards, leaving a film of water around each soil particle. The soil is now at "Field capacity", that is, it is holding as much water as it can against gravity.

Sandy soils have a very low "field capacity". Clay soils may have a "field capacity" ten times as great.

Too much water is also harmful in saturated soil, root respiration slows down due to lack of air.

Soil bacteria and other soil organisms also need air to function, so organic decay is restricted in wet soil.

Another harmful aspect of wet soil is a decrease in soil temperature. A warm soil increases root respiration and plants grow faster.

As far as climate, soil and water observations go, I think farmers of this valley know a lot more than I do.

I will not assume that I have the right to tell them how to use their land, or who to sell to.

The humblest of us, even a mere woman, has the right to preserve our own opinions without being subservient to the views of those who have the right to argue to the fullest extent of their own perceived authority.

Mrs Jeanette Peryman.

#### Stallholders Market Inc.

Is a non profit organisation holding markets every Saturday from 8am in St Helens, at the Library car park.

There is a variety of stalls and the fees charged to stall holders is donated to various charities.

For stall booking or any other inquiries, please phone Sylvia on 6376 8390. Or Saturday mornings only: 0447 589 803.

The Editor

Valley Voice,

David Clement,

St Marys 7215

David Clement answers Jeanette Perryman re Hydrology in St Marys area. And once again addresses his pet hate being plantation trees.

Well David I think it is about time you applied a bit of common sense regarding this matter. If it is a proven fact that Margisons Creek will dry up simply because of a small plantation on the Curran property as it is commonly known, why when this land was covered with a thick population of trees and understory growth did this stream in question be shown on survey charts as a running stream, and you might like to know that the main source of supply for Margisons Creek starts on land beyond the plantation area.

I will accept that things get written by so called experts but one cannot believe a lot of this jargon, as one can write something and if you keep on reading it, after time you will end up believing it.

The simple truth of the matter is that we are in a drought, which they refer to today as Global Warming, and think that it will rain if you stop burning coal, using electric power, etc, and the story goes on and on.

Once again the simple fact is when nature is right and ready it will rain again as it has after every other drought that the country has experienced.

And if you keep on thinking that the removal or stopping of plantations is going to fix things I would say you are wrong.

Surely a land owner has a right to grow a plantation for a better financial outcome. What is the difference with the land covered with trees now and covered with trees when Europeans settled here, the creeks ran then, and will continue to run if it rains, and it takes a hand mightier than David Clements to control that.

I had the privilege of being taught to read the life story of a tree simply by reading the annual growth rings of a tree when it is felled. My father, his father and his father all of whom worked in the timber industry back as far as 1884, taught us to read them, it will show the good years and the bad, even if there has been severe fires, and the direction that they came from, one I recall reading 378 years old near Four Mile Creek had quite an interesting history. That was in 1978.

A little bit of practical experience can make a lot of difference, something a lot of people seem to miss out on.

Barry Aulich. (email aulich@bigpond.com)

# FOR SALE EXPRESSIONS OF INTEREST

2 Story Street- 'Quinns Garage'
Building approx 140sqm.
Separate Block beside on own title
approx 200sqm. Enquiries to:
Ross Quinn. Phone 0400 593 344
6372 2113 or leave message.

#### Letters to the Editor

MAIN STREET MAKEOVER.

I would like to take this opportunity to publicly express my comments through this forum of the Valley Voice, as I was unable to attend the Public Meeting of 8th October, 2008 regarding the Main Street makeover project.

It must be conceded that the best intentions do not automatically bring the desired results. Long term address of the traffic needs of St. Marys is a complex issue on which the committee has done much study, investigation and a great deal of talking in this regards, as the movements of traffic increases due to additional logging truck movements and hopefully increased tourism, may I ask which/whose child will be killed on the Main Road because of the decision being taken to continue with angle parking?

Have you ever taken the time to observe children endeavouring to cross the Main Street? Ever sat in your car ready to reverse out only to find that a child is behind the car waiting to cross the Street or in a blind spot due to a 4 wheel drive parked alongside you or even a delivery truck discharging goodies, God Forbid that you do not see that child.

Forward planning and logic would suggest the removal of all Main Street parking from the CBD of St. Marys, there being no aesthetic value nor safety value in the decision taken at the Public Meeting to retain angle parking.

The removal of angle parking would increase the vision along both sides of the Main Street, making it safer for both young and old and also the disabled which would also remove the possibility of breaking the law by crossing over the middle line whilst backing out. A median strip in the centre of the roadway would also increase the safety aspect as to cross the road would only necessitate two short movements allowing for less time in the danger zone of traffic.

May I ask what substance can there be in a decision where children and others are put a risk, at what age does a child's peripheral vision develop? I believe that there are four stages to this development and that that vision is not fully developed until the age of 16 or thereabouts as each child develops differently, and I do notice many, many children using the roads alone long before the age of 16 years.

The choice of angle parking in the short term may very well be a bold move for the profits of the shop keepers but in the long term could very well be detrimental for these very same persons as fewer and fewer people will stop to shop in St. Marys because of the congestion and the dangers arising from angle parking in the Main Street.

Is this all it amounts to, six months committee meetings to arrive at a status quo and may I be so bold to ask, is this the best use we can make of Public Money and does it fit into the guidelines as set out in the very first meeting?

I would have thought that complacency in decision making is not or should not be a consideration.

Patti O'Donnell.

#### MEETING DATES NEIGHBOURHOOD WATCH.

AREA 102

SCAMANDER, BEAUMARIS, UPPER SCAMANDER, FALMOUTH.

WEDNESDAY 12 NOVEMBER. 7.30PM
ALL MEETING ARE HELD AT THE HOME OF MRS SHEILA CHUGG,
2 SCAMANDER AVENUE, SCAMANDER, 7215.
PHONE: 6372 5406

The Editor Valley Voice Dear Editor,

Mr Veldums' thoughts on committees, which are simply groups of residents working towards a common goal within a structured framework, demean every group which has contributed to the development of this town.

His ignorance of the past streetscape development of St Marys is understandable. However, his ill-informed statement "I gather St Marys has its own plans of a similar project undertaken 10 or so years ago that ended up going nowhere", denigrates the contribution to the town of the members of the St Marys Townscape Committee that met monthly for 5 years until 2002 to develop recommendations of the 1995 St Marys Townscape Project Report, a report which is still relevant today.

Rather than "going nowhere', completed projects arising from this report included the footpath from the Library bridge to the Flat, works on Wombat Walk, under grounding of a power pole, the floodlighting of the bridge, development of the BBQ, lighting and seats in the park at the Library, improvements to the public toilets, building of the TARDIS, the footpath from Todds Hall to the Purple Possum, the verandah at the Possum, the approach railings to Gray Rd bridge, planting trees from the woodyard in the west through the town to Irishtown Road in the east, raising the street level in front of the Coachhouse, forming the footpath from the Catholic Church to Irishtown Road, improvements to the front of the cenotaph precinct, and a number of other smaller improvements.

The townscape of St Marys is a better place for the work of the committee, building on the vision of Annette Wines for a comprehensive plan to guide the future development of St Marys.

The momentum of continuous improvements in the town based on this report was stopped in its tracks in 2002 by the decision of Break O'Day Councillors ( Cllrs McGiveron and Legge dissenting) to abolish the four townscape committees in St Marys, Fingal, Scamander and St Helens which had provided local residents with an avenue to have a regular say in the maintenance and development of their own towns. It was a bad decision.

Despite his ingenuous disclaimer that he is not criticising anybody, it is unfortunate that Mr Veldums chose to use the beauty of flowers, and the efforts of one group of residents, to disparage and denigrate by innuendo the contributions of others, past and present, committees or otherwise, to the steady development of our town and its sense of place.

David Clement.



#### BOBCAT HIRE

- \* Site cleaning & leveling
- \* Excavations
- \*Post hole digging
- \* Landscape preparation

SAVE HOURS OF HARD WORK. GIVE MARK A CALL

Ph: 6372 2145.

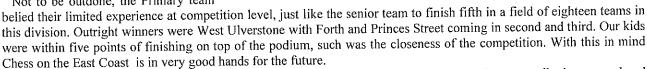
#### CHECKMATES!

I'm not sure if the St Marys District High Chess Team has a moniker or not, but perhaps it should be "The Piranhas or similar in recognition of their recent major achievements at Launceston Church Grammar School on October 27<sup>th</sup>.

In terms of relative size and experience, coming from such a small population base, the team truly devoured the other nine competing schools, not dissimilar to the job piranhas do on anything falling into their river. That river in this case was the 2008 State Team Chess Championship.

The team in the Secondary classification won that Championship. That's right, State Champions and titleholders in their first real attempt. Imagine that. Coming in second and third respectively were Friends School and Calvin Christian School, both of Hobart.

Not to be outdone, the Primary team



We should be, and certainly are very proud of both teams for their decisive results. When you talk about proud and pleased, no one would be more so than team Mentor and Coordinator Mr. Klaas Oosterloo, a keen Chess enthusiast himself and local teacher who has been committed to this group for quite some time now. His efforts now speak for themselves. Another very special acknowledgment must go to team member Lawrence Bretag. Lawrence helped organise the actual Chess Club and played a huge role in obtaining required infrastructure to aid the club along with assisting with practice and training. Very dedicated indeed.

Along with Lawrence, his brother Marcus Bretag, Patrick Escobar, Mason Pitstock and Brody Mitchell now have the amazing opportunity to represent Tasmania in the National Interschool Championships at Monash University in Melbourne on December 1<sup>st</sup> and 2<sup>nd</sup>. How incredible is that? Just as incredible is that the team will experience the expertise of Grand and International Masters tuition and assistance at the Nationals. The package includes accommodation, fees, transport and meals at the Championships.

For the Primary team consisting of Cody Dutch, Lance Walsh, Bonnie Panoff, Josh McDiarmid and Jesse McColl and now most likely others, the launch pad has been loaded with the seeds for the universally recognised and revered game by definition we all know everywhere as Chess.

Congratulations to all who have been involved with giving the East Coast the rare thrill of a State Championship. It's truly wonderful.

Rod McGiveron.



Pictured l/r Back: Mason Pitstock, Lawrence Bretag, Marcus Bretag, Teacher Klaas Oosterloo, Patrick Escobar.

Front: Josh McDiarmid, Jesse McColl, Brody Mitchell, Lance Walsh, Bonnie Panoff. (inset) Cody Dutch.

#### East Coast Phone & Communications

- \* Telephone & Data cabling
- \* Commander Systems
- \* Sound System cabling
- \* TV Antenna & Tuning
- \* Digital Set Top Boxes, supplied & installed where reception available.

PO Box 29, St Marys 7215 Ph: 6372 2402 Mob: 0409 959 121



John Heron 30 years experience ACA Licence

#### St Marys District High School B Class 1968 and C Class 1967

A 40 Year Reunion Dinner is to be held at Scamander on Saturday, November 29, 2008,

for students, teachers and staff of these classes.

If you know of the whereabouts of any of the following students and teachers,

please contact Irene on 03 9744 2607

or email stmarysreunion@gmail.com

Students: Barry Curtis, Cheryl Williams, Helen Cooper, John Bailey, Kathy Greaves, Kelvin Max-

well, Margaret Bosworth.

<u>Teachers</u>: Graeme Dacey ,Jacqui Dickson ,Pat Dean, Miss Fenton, Miss Webster. You can also contact Patsy on:

0428 918 252 or 6391 8252

#### The Say Cagerattler

Last night I watched a documentary about lymphoedema on television. Granted it showed extreme cases of this debilitating condition and was set overseas but it made me realise how lucky we are to have a genuine lymphoedema clinic right here in St Marys.

I doubt if ever the staff here will see the massive trauma on the show but to the hundreds of sufferers they do treat, they are a godsend for sure.

It similarly makes me appreciate the sheer determination that was required to get the machines, infrastructure and personnel organised to facilitate this wonderful service, not just for us but for indeed the whole state. Clients come from all over to use it.

Don't forget this when fundraising is occasionally sought to further improve the service. One day it might be you who needs that expert care.

While on expert care perhaps it is time to ask the question again about a Medea Park type facility right here in the Valley.

This community is ageing daily. As we are aware gradually the younger ones are moving out to find better work opportunities and older people looking for a quiet, well serviced and affordable area to retire to are likely discovering us. Most of us know these people and are happy they are joining us.

Eventually though we get old and need additional care. It might not be such a problem now, but what about in the next 10 to 20 years. Perhaps our health officials need to case study areas such as ours and begin planning for the future.

Many have said it but is there any reason why the Fingal Valley can't support at least a low care facility initially with provision for high care needs if required.

Would it be possible to operate in conjunction with Medea Park which does a marvelous job. This is a far sighted question but a major consideration in the planning of our community, I believe. It's our community and it is our right to ask these questions.

What do you think?

## **DickAdams**MP

Federal Member for Lyons

Please contact one of my offices if I can be of any assistance

53B Main Road PO Box 50 Perth, Tas 7300 Ph 6398 1115

58A High Street PO Box 271 New Norfolk Tas 7140 Ph 6261 3366

Toll free 1300 132 689 Email D.Adams.MP@aph.gov.au



#### WORKING WITH YOU AND YOUR COMMUNITY FOR THE FUTURE

William and Authorised by Cask Adams, 1999 Main Road Parts 14s, 7300

#### S.S.P.I.G. ALERT!!

#### The Scamander Skate Park is OPEN-ENJOY!

Thanks to: all the volunteers who worked on this project over the years, raising funds or saving us money by volunteering their skills.

Thanks to: the monetary support we received from Regional Partnerships, Break O'Day Council, The Premiers Fund, Tas. Community Fund, Telstra, Australia Post, St. Helens Neighborhood House Op Shop, St. Mary's Lions, St. Helens Rotary, Scamander Beach Social Club, St. Helens Lions and D&J Walter St. Helens.

Thanks to: all the businesses from Break O'Day for their goods and cash donations which helped us to raise more funds with raffles and events. We had donations from as far as Hobart, Launceston, NSW and Vic.

Thanks to: Healthy Community Projects, BOD Council, Star FM, Kenny P, McGavin Skate, Peter Paulson, Infusion Restaurant, St. Helens Police, Break O'Day Anglican Parish and our local musicians for assisting us with our wonderful events.

A special thanks to: Schouten Concrete L'ton, Crisp Bros L'ton, One Steele L'ton, East Coast Bricks, Fieldwicks (now BIS), East Coast Skips, Suncoast Express L'ton, Joe Lyons Deliveries L'ton, On-Shore Designs and Ken Walters & Assoc. All of these business's assisted this project by giving a discount or holding or staying as close as they could to their original quoted price. Some quotes were 2 years old. Thanks to the Break O'Day Council for the landscaping.

A very special thanks to: Heather Butler MHA, Michael Polley MHA and former Liberal Senator Guy Barnett.

This has been a major project, that has taken 5 ½ years involving a lot of people, but look at the result.

We are pleased and proud to have completed the Skate Park which was designed and built by our local youth. With help, a good knowledge of our project and patience we took this Skate Park from conception to completion. It has already had the thumbs up from riders both local and from all over the State.

See you there.

S.S.P.I.G. (Scamander Skate Park Interest Group).

For service and reliability

#### TROTTERS CONTRACTING CORNWALL

Septic tank cleaning service

7.5 ton excavator & ten-yard truck hire Licensed water cart for bulk supplies of drinking water

Water cart for roadwork
Also St Marys Wood Yard for all your wood supplies

Remember it down't matter sulsen. Ring Glen or Marcus on 6372 2107 or 0417 279 422 6372 2742 or 0419 322 035

Excavator fitted with grab . Custom made v drain buckets . Narrow trench bucket for poly pipe & electrical • Ripper and all digging & clean-up buckets Supplies of bedding sand & gravel • House sites & blocks cleared . Rubbish removed & roadwork

If we can't do your work we will do our best to find you someone who can

#### OUT OF THE WOODWORK

Before I start this article the Guild would like to send their heartfelt sympathy to Jan and Dave Clement on the loss of Jan's mother.

Thank you to Kerry and Harry Veldums for their kind donation of the wood from two plum trees and Dawn McKenzie for the photographs of our last trip.

Donations like this help support our Guild as we can eventually turn the off cuts into worthwhile objects to sell which help our club financially. The photos go towards our archival records.

Some Guild members attended the "Back to Mangana" festival. It was an enlightening and interesting day. Members were impressed by the beautiful work done by past artisans. The cathedral ceiling and the pews situated in the Catholic Church give validity to the skills of that period.

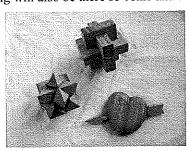
The Guild has donated a hand turned Huon Pine pepper grinder to Peter Power towards a raffle in caring for wildlife. Please get behind this worthwhile cause as all monies are being used for research into bringing back the Tassie Devil. Wildlife carers do such valuable work that many times goes unsung. Members encountered Peter and another carer beside the road at Avoca last weekend and offered assistance. Unfortunately, it was too late for the beautiful majestic eagle they had come to rescue.

The St Marys Day Care Centre and the Guild are raffling two outdoor garden chairs which will be drawn at the Spring Festival on Faulkner's Green. Keep a lookout for ticket sales and we hope to see all the community get behind this worthwhile event. Half of the proceeds from sales of tickets will be donated to the St Marys Day Care Centre.

The Guild meets on the last Saturday of the month at the Old Railway Goods Shed at 2.00 pm.

The Guild is open Monday, Wednesday, Friday and Saturday. Any other times by appointment.

Below is a sample of the items The Woodcraft Guild will have on display in the hall at the Spring Fair. The Sausage King will also be there so come and say hello!





More From Melbourne Cup Luncheon.



Pharmacist on duty 5 days a week

# Time for Giving!

Call in and check out the new selection of watches at the St Marys Pharmacy. Brands include Q&Q, Sharp and Watchdog. Prices range from \$14.95 through to \$49.95.All watches come with a free gift box and have a 5 year guarantee. A catalogue is available in store.



Main Street, St Marys Tas. 7215



Call in and talk to us about any health problems. Or discuss your medications. Our friendly staff are only too willing to help with any problem.

Phone: 6372 2844 — Fax: 6372 2874







#### ST MARYS ASSOCIATION FOR COMMUNITY DEVELOPMENT INC.

Extract of General Meeting minutes held on 31st October 2008.

#### PRESIDENTS REPORT:

Eo reported on a town called North Cliff in Western Australia, which was of similar size to St Marys, and had lost major industries such as mining and forestry. This town was compensating by building sculpture trails in bushland around the town, all of which were proving to be a major tourist attraction. This type of project, she felt, was well worth thinking about for St Marys.

#### MANAGERS REPORT:

Greg reported on the TCO managers meeting he had attended at Deloraine on Tuesday the 28<sup>th</sup> October 2008. Tasmanian Communities Online, Tasmanian Libraries and Adult Education, all of which now come under the umbrella of the Tasmanian Education Department, would have a new name called: Community Knowledge Network. The future vision is to enrich the lives of all Tasmanians by creatively linking them to information, knowledge and each other.

Part of the goals and strategic priorities is to lead the capture and preservation of Tasmania's culture and documentary heritage. As well, promote the engagement by individuals and their communities with their heritage, plus provide easy and integrated access to contemporary and historical information.

In a nut shell, the main goal is to enrich lives by learning and putting information in the hands of all Tasmanians, when and where they want it.

#### **GENERAL BUSINESS:**

A letter written by Neil on behalf of SMACD, was sent to Peter Garrett, Federal Minister for Environment and Culture, showing concerns with the amount of farmland being planted into trees in the St Marys area. Mr Garrett was asked to lobby his Government to council tax write-offs which are available to tree plantation owners.

Val reported that 181 bookings had been made at the Centre in September and 171 during October. This was on top of those engaged in training programs.

Neil reported that the Government was forming a walking-cycle track committee to look at the development of tracks around Tasmanian. It was resolved that a letter be sent to Break O'Day Council asking why the tracks and trails committee, for which they asked the community for expressions of interest some six months ago, was not yet formed. SMACD felt this committee could feed valuable information to the State committee.

Val reported that her recipe book was now ready to print and was looking at several options to see which was the best and cheapest way to have it bound and printed.

Moved Neil seconded Val that the St Patricks Head & Esk Valley Historical Society Inc. be given the current treasurer's office for their research room. (Carried)

Moved Fe seconded Val that a small garden shed be purchased and erected to store all old records and equipment etc. Also another wall to be fitted to block off the kitchen and create another office and meeting room. (Carried)

Resolved Council be asked to supply a sign on Main Street pointing out the Online Access Centre.





#### BITS & PIECES

Report: Jim Haas

The South Esk River, or Mangana Lienta as the Aborigines called it, has always been an integral part of the Fingal Community. In the 1800s when sites for towns were chosen by our early settlers, plenty of fresh water close by was an important consideration. In Fingal's case it was the junction of the South Esk and Break O'Day Rivers.

In the photo above we can see a group of happy folk in the early 1900s enjoying a casual ride in a row boat on the South Esk River at Fingal.

To the left we can see the old Council Chambers and to the right is the Anglican Church. Today the town sewage ponds would be almost directly behind the folk in the boat.

Due to the sale of the St Mays Railway Station, part of the Society's photo and artifacts display will have a new home with the Cranks and Tinkerers Motor Museum in the old Top Shop building in Main Street, St Marys.

St Marys Online Access Centre is providing an office where research will be carried out and research materials will be kept.

For more information on the valuable history of the Fingal Valley visit us at the Museum, Online Centre and www.fingalvalleyhistory.com Or Phone:

Darlene 6372 2222, Barry 63725752, or Jim 63722127.



# Try Tennis Day St Marys Tennis Club

Everyone is welcome to attend our OPEN DAY Sat 8<sup>th</sup> November – Spring Fair 11am – 2pm

#### 10<sup>TH</sup> BIRTHDAY PLANNING:

Jim reported that the invitations had been sent out and replies were coming in.

Greg reported that the NEET centre was available. Heather Butler MP to represent Premier David Bartlett, Ann-Marie Thomas be asked to be the photographer for the day.

So far everything was going to plan.

Next meeting: Friday 28th November 2008 at 12.30pm

	St Marys Springfair
Alexandra de la calenda de	Sat 8th November 2008
Communication of the Communica	9.00 Markets, Car Boot sale and White Elephant stall
4.136EV-1-6-1	0.00-12.00 Pony Rides - HOUSING DEPT BLOCK
	10.00-2.00 Being Well Expo-STMARYSTOWNHALL
*	10.00-4.00 QUILT EXHIBITION @ Gone Rustic
e de la constanta de la consta	11.00 DEADLINE FOR ALL ENTRIES - COLOURING IN. FLOWER ARRANGING and CAKE BAKE COMPS. (Entries will be displayed in the ST MARYS TOWNHALD)
	11.00-2.00 Open Day have a hit @ the tennis thub
Service Control of the Control of th	12.00 WORKSHOPS ON THE GREEN
	Flag painting 12-1, Vocal workshops with Grassy
	Bottom Singers 1-2, Juggle ball and Kite making 2-3pm
	12.00 ENTERTIANMENT ON THE GREEN  12.00 School Band and Student Performers
-010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 - 010 -	1.45 Soliloquy (Teresa & Bruce)
	2.50 on Toby Garret, Kate Pierce & Jakob Kain
	Face painting, Jumping Castles, JAMgiant games, FOOD
	+230 Fashion Parade @ Purple Possum
	1.90 Valley Coasters Dancers
A CONTRACTOR OF THE PROPERTY O	1.15 Fairy and Pirate Parade gather outside STMARYSTOWNHALL
. V	1.30 Gypsy Dancing
and and a second a	2.00 Mini Cinema - SUPPERROOM
	( 2.30 ) MAYPOLE ON THE GREEN
	CRASHTEST DUMMIES - HOUSING DEPT BLOCK
	demonstration by SES, Tas ambulance and Fire Dept or Boxon and Tax are seen as a second service of the second second service of the second service of the second service of the
WINDOWS CO.	THE STATE OF THE S



#### Break O'Day Council Calendar of Events – January to June 2009

The Break O'Day Council is currently seeking information for its 2009 Calendar of Events —

January to June 2009.

If you are holding an event between January and June 2009, and would like to advertise your event free of charge on the calendar, please contact Emilee Hall on 6376 7900 or email <a href="mailto:emilee.hall@bodc.tas.gov.au">emilee.hall@bodc.tas.gov.au</a> and provide the following information:

Name of Event

Date of Event

Venue of Event

Contact Name

Contact Phone Number

Information must be received by Friday 12 December 2008.



Open 7 days a week for your convenience. 6am -7pm Mon. to Fri. 7am - 6pm Sat. & Sun.

CALOWS BUS DEPOT | AURORA PAYG

#### PRE PAID MOBILE PHONES

NEXT G SAMSUNG A411 \$99. FRESH FACE NOKIA 2600 \$89. NEXT G SONY ERICSSON 27501 \$199. TELSTRA PRE PAID SIM (NEXT G) STARTER KIT. \$30.

CHRISTMAS CARDS FROM \$1.00. DECORATIONS FROM \$1.80.

Thank you

Graham, Brendan, Karen & Graham Saunders would like to thank their friends for the messages of sympathy on the passing of Stacey, Nathan's beautiful partner of approx 4 years. Stacey is now pain free and the night sky has a new lovely bright star.



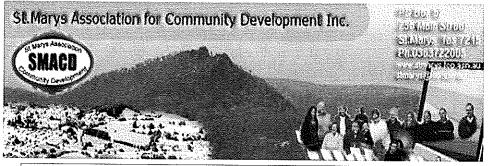
St Marys Yoga Room

Monday: 12.00pm - 1.30pm St Marys Yoga Room

Wednesday: 4.30pm - 6.00pm St Marys Yoga Room

> Teacher: Jack Foreman Ph: 6372 2034

NB: Classes subject to change



To: ALL ONLINE CENTRE USERS & VOLUNTEERS
PAST & PRESENT



St Marys Online Access Centre is 10 years old and we are having a party on 12th December at the Centre commencing at 11.30pm.

**YOU ARE INVITED!!!** 



Explore the possibilities

#### DOING THE ROUNDS

Cllr Reon Johns.

Like to raise an issue? Feel free to contact me on mobile 0429722091.

I would like to express my condolences to Cllr and Mrs Clement at the loss of Mrs Clement's mother who passed away recently.

The Cornwall, St Marys and surrounding areas are starting to look good. Thanks to all the work done by a small crew of Council workers. I have received quite a few pleasing comments from local residents and visitors. Well done...

The community centre at Fingal is far from finished, although a big portion has been completed. The local people had raised some concerns with me and I in turn presented these concerns, with photographs, at a Councillors workshop. This resulted in some further progress in addressing the issues raised.

Last month the Mayor attended a Fingal Progress meeting and these concerns surfaced again. The upshot is that the Mayor, myself and a group of local residents inspected the community centre.

All agreed that there is a lot to be done and that funds are limited. I will do what I can to encourage the completion of this worthwhile project.

Wendy and I visited the "Back to Mangana" celebrations and I would like to congratulate all the people who put in a mighty effort to make the weekend a success. All the displays were well done and it was good to have a chat to some of the people who lived there and to get an insight into life as it was in "The Good Old Days."

I visit Mathinna and Fingal on the last Thursday of each month. I will be in St Marys, at the Bakery, on the first Thursday of the month from 10:00am till 11:30am. Then on to Scamander, Mouth Café, from 12:30pm till 2:00pm.

I can be contacted on mobile 042922091 or Fax 63722098

Councillor Reon Johns.

I would like to invite any other Councillor to share this article with me and help keep the Break O'Day informed.

You know you are a true Aussie when.....

You know what it's like to swallow a fly, on occasions via your nose.

You understand that 'you' has a plural and that it's 'youse'.

You know it's not summer until the steering wheel is too hot to handle.

#### EAST COAST SURVEYING

Consulting surveyors and land planners.

Mark Anderson 6376 1972

We can help you.

- □ Buying a property?
- □ Planning a development?
- ☐ Unsure of your property potential
- In dispute with an adjoining



#### Civil Marriage Celebrant

Are you planning your wedding?

I am a qualified Civil Marriage Celebrant servicing the East Coast of Tasmania.

I can offer you a service that is professional and fun!

I will help you plan, prepare and create a ceremony that you and your family & friends will cherish & remember forever.

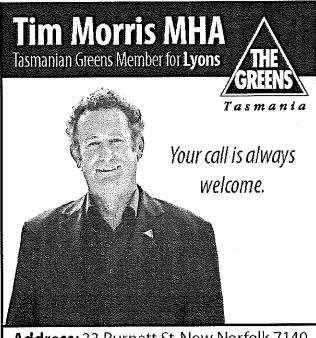
I will look after all of the legal paperwork and all you have to do is relax and enjoy your special day!

I am also a Justice of the Peace appointed by the State Government.

Accredited Funeral Celebrant, Funeral scrvices by arrangement.

For more information, please contact me on the following:
Ph: 0417017105

Email: <u>peterpowercelebrant@gmail.com</u> Web: www.peterpowercelebrant.com.au



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**Phone:** (03) 6261 8048 **Fax:** (03) 6261 8047

E-mail: greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MHA, Parliament House, Hobart 7000.

# Strawberry Jelly

42 Main St. St Marys Ph: 6372 2684

- NEW SPRING RANGE of HEMP clothing and BAMBOO clothing JUST ARRIVED in store.
- Come along to the "FASHION PARADE" on 8TH NOVEMBER at 12.30pm at the PURPLE POSSUM and see the

HEMP/BAMBOO CLOTHES LIVE IN ACTION. 10% of SALES ON THE DAY GOING TO 'RIDING for the DISABLED'.

#### WELL DONE!

TO THE STUDENTS FROM ST MARYS DISTRICT HIGH SCHOOL, FOR THEIR STERLING WORK FOR THE CATERERS AT THE MELBOURNE CUP LUNCHEON.

GRASSY BOTTOM REGIONAL ARTS.

#### TOP MARKS

RE; MELBOURNE CUP LUNCHEON

TOP MARKS TO THE LYMPHOEDEMA CENTRE FOR A FANTASTIC EVENT.

ALL YOUR HARD WORK AND EFFORT WAS TRULY APPRECIATED.

KELLY FARRELL.

#### **GARAGE SALE**

8TH NOVEMBER, 2008 THE FLAT, ST MARYS START: 8.30AM

# Strawberry Jelly

#### BEANIE KID COLOURING COMPETITION. WINNERS.

#### CHOICE OF BEANIE KID IN STORE

12 YRS & OVER:

KERBY BRADBURY

7 YRS TO 11 YRS:

LIAM DAVERN

6YRS & UNDER:

MATT FRENCH

#### **RUNNERS-UP**

#### STRAWBERRY JELLY FUDGE BAR

12 YRS & OVER:

NARITA NAILER

7 YRS TO 11 YR:

ELKA MCCOLL

6 YRS & UNDER:

SARAH GREENWOOD

#### CONGRATULATIONS TO YOU ALL.

THANK YOU TO THE 3 INDEPENDENT JUDGES FOR THEIR TIME AND EFFORT. WELL DONE TO THE 84 ENTRANTS. IT WAS A VERY CLOSE COMPETITION.



#### PIANO FOR SALE



Upright Mignon Iron Frame Approx 100 years old Ivory keys excellent condition Body good condition Tuned and ready to play View at St Marys Railway

\$500

Darlene Wright - 63 722 222

#### Scamander Beach Surf Shop

6 Lagoon Esplanade Scamander

Ph: 6372 5529

Scamandersurf.com

#### **Bathers Wetsuits DVDs**

Clothing Footwear **Bodyboards Watches** 

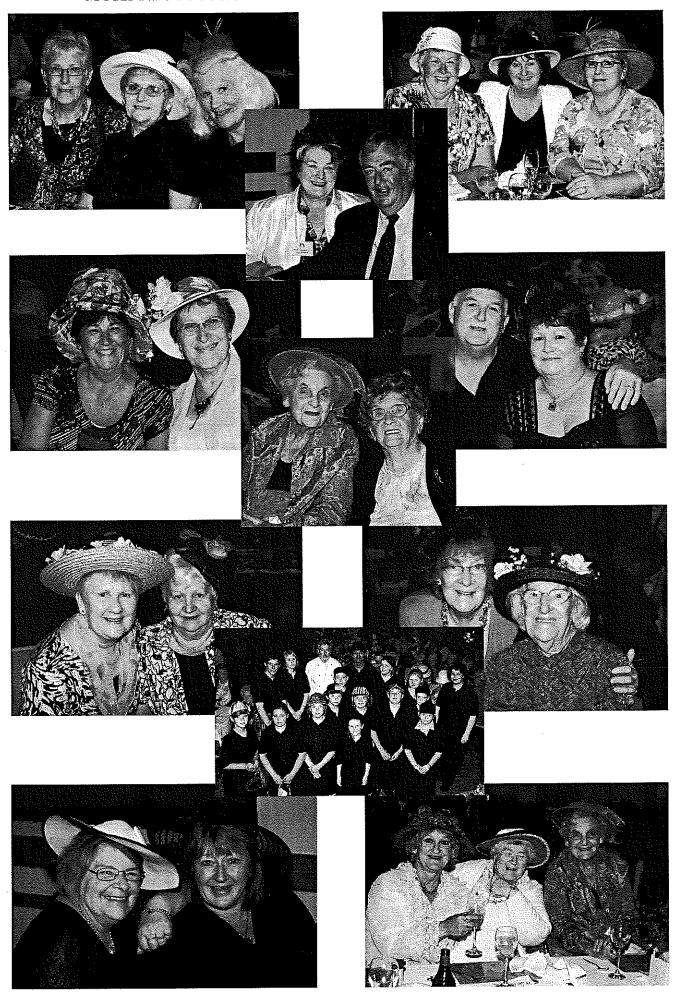
Surfboards:

Milch McTavish



2 Pendrigh Place St Helens

#### MORE PHOTOS FROM THIS YEAR'S MELBOURNE CUP LUNCHEON



Break O Day Business Enterprise Centre and business partner WHK Garrotts
presents

# Accounting & Book-keeping for your business FREE workshop in St Marys

Are there questions that you need answered about your business? Such as book-keeping legal requirements as well as how to best record your business transactions? Then this session is for you. The workshop is open to any current business or anyone with a business idea over 18 years.

Wednesday 26<sup>th</sup> November 2008, 5.30pm sharp @ Purple Possum, St Marys RSVP by 21<sup>st</sup> November to 63762044 as places are limited Finger food provided

Louise Doljanin is an accountant with 14 years experience in public accountancy and related matters.



You may be eligible for a free consultation with an accountant to discuss your record keeping needs including what accounting package best suits your business.\* offer available to current BEC clients who satisfy the funding requirements and pay a \$20 booking fee.

#### Break O Day Business Enterprise Centre



Shop 1 34 Quail Street St Helens 7216 Phone (03) 63762044

Email: admin@smallbusiness.org.au



# LOCAL OWNER - OPERATOR OVER 20 YEARS EXPERIENCE

Ph: Dana or Craig 6372 2033 /0439 722 032

#### If the earth doesn't move for you, let us help!

- ♦ 2 x 20 TONNE EXCAVATORS WITH TILT BUCKET & RIPPER, ROCK & LOG GRAB & QUICK HITCH
- ♦ D 65 KOMATSU DOZER, RIPPER & TILT BLADE
- ♦ 10 YARD TIPPER
- ♦ COMPACTION ROLLER
- ♦ 4 WHEEL DRIVE TRACTOR & SLASHER
- ◆ DAMS
- ♦ ROADING
- **♦ SLASHING**
- **♦ FIRE BREAKS**
- ♦ LAND CLEARING
- ♦ HOUSE SITES
- ♦ BRIDGE CONSTRUCTION
- ♦ ROAD GRAVELS AVAILABLE
- ♦ AND MUCH MORE





Scamander Beach Sunday 7th December 10am-2pm

Join us for a day in the sun, swimming, football, beach volleyball, bouncy Casele, cricket, a sand sculpting competition, building blocks and BBQ lunch.

So grap your pathers, towel, hat and sunscreen and be there.



Free transport from Fingal and St Helens can be provided by phoning the Healthy House on 63765242 by Monday 1st December

Children under 11 must be supervised by a parent/suardian of all times

# Rae & Partners Lawyers Barristers & Solicitors 93 York St Launceston

#### Visiting:

St Marys Community Health Centre Alternate Tuesdays: 9 am - 10 am

Ph: 6337 5555 Appointments

# Break O Day Business Enterprise Centre has moved and we invite you to visit our new offices



Shop 1/34 Quail Street,
St Helens
Tuesday 11th November 2008
3pm - 5.30pm

Fingerfood provided

Ph: (03) 6376 2044 admin@smallbusiness.org.au

Do you have a business idea for the Valley? call us for a free consultation.



#### St. Helens Electrical

ROD SHAW LIC: C00489

#### Domestic, Commercial, Industrial:

Wiring and Repairs, Rewires, Underground.

#### Home Heating:

Advisory, Sales & Installation of heat pumps and fixed heaters.

#### Lighting Specialist:

Interior and exterior, Advise, Sales and Installation.

Ph: 6372-5522 Mbl: 0407-615-072 2 Lagoon Esplanade, Scamander 7215

I have to exercise early in the morning before my brain figures out what I am doing.

If you are going to try cross country skiing, start with a small country.

I like long walks, especially when they are taken by people who annoy me.



There's lots of tennis happening at the moment for those wanting to get some exercise- day and night, social and competition.

The St Mary's Tennis Club night roster is back for a sneak peek- starting after the Spring Fair Tuesday 11<sup>th</sup> Nov or Friday 14<sup>th</sup> Nov. A six week roster that will be non gender- that is, men and women players are very welcome, as players will swap partners.

6pm start, and contact Drew to get your name on the roster. 7 Franks Street St Marys.

There will be an Open Day at the Spring Fair and all members of the Community will be welcome to have a taste-test of tennis. Club members will be around to welcome you and coach if needed.

Come and see how brilliantly our young players are getting on under the guidance of Harry Ebsworth's coaching, and dedicated parents!

A Fun Day will be happening on the Sunday 9<sup>th</sup> November after the Fair- 10am- turn up for a fun social day – bring something to throw on the BBQ and enjoy the Spring sunshine.

The next general meeting is 3<sup>rd</sup> Thursday of the Month-27<sup>th</sup> November-7.30pm, after the 6pm Thursday twilight tennis. Any members who have an email address can be kept up to date and get copies of the minutes and Club business by sending their email addresses to

stmarystennisclubtas@gmail.com.

Happy hitting!



Would you like to expand your caring skills?

Do you enjoy working with Older people?

Are you interested in completing a

#### Certificate III in Aged Care Work?

TAFE will again be delivering this course in 2009 at the NEET Centre Inc St Marys Campus Information and selection sessions will be held at the NEET Centre St Marys

5 February 2009

11.00 am - 1.00 pm 5.00 pm - 7.00 pm

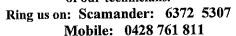
For further information please contact Mary Targett on 63 723900



#### Ransley's Appliance Service

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Scamander Tas 7215

O Washing machine NOISY?
OREfrigerator runs too LONG?
OCIothes dryer blows cold AIR?
Then you need the service
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9am to 12pm Saturday.

#### MARRIAGE CELEBRANT

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I am a Registered Civil Marriage Celebrant and I can guide you to create a Unique Ceremony for any occasion

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- \* Renewal of Vows
- \* Naming Ceremonies
- \* Funerals

Ph: 63 725745 Mob: 0400 512845 Email: terese.tanner@gmail.com

#### ST MARYS OP-SHOP

TRADING HOURS: 10.30AM — 3.30PM MON TO FRI.

COME IN AND STOCK UP READY FOR THE CAMPING SEASON.

WE HAVE LOADS OF KIDS SHORTS READY FOR THE WARMER WEATHER

Ph: 6372 2733.
Ask us about work for the dole.

#### HARRIS FUNERALS

Lindsay & Diane (D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153 Mob: 0418 133 420

#### Office& Residence:

114 Cecilia St

St Helens

Chapel:

46 Tully Street

St Helens

We are here when you need us to arrange Burial or Cremation.

Pre-paid and pre-arranged funeral plans are available.



#### MEALS ON WHEELS ROSTER

Novemb	oer	St Marys	Fingal	
Monday	10th	Debbie Barnes	June Hall	
Tuesday	11th	Ruth Aulich		
Wednesday	12th	Liz Rice		
Thursday	13th	Kaye Nailer		
Friday	14th	Hannah Rubenach	Robyn Miller	
Monday	17th	Trish Pike	Leslie Lohrey	
Tuesday	18th	Pam Lynch		
Wednesday	19th	D & V Rice		
Thursday	20th	Heather Griffiths		
Friday	21st	Claire Bean	Kaylene Sutton	

#### Church Services

#### Catholic Parish of St Marys

Sr. Lorraine Groves

Parish House. Ph: 6372 2252 Mob: 0409 172 741

#### 1st Week: MASS

St Helens Vigil 6.00pm Bicheno 9.00am Fingal 11.30am Campbell Town 5.00pm

#### 2nd Week LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

#### 3rd Week: MASS

St Helens Vigil 6.00pm St Marys 9.00am Swansea 11.30am Campbell Town 5.00pm Bicheno Liturgy 9.00am

#### Week 4 LITURGY

St Helens Vigil 6.00pm St Marys 9.00am Bicheno 9.00am Fingal 9.30am

#### 5th Week MASS

StHelens Vigil 6.00pm Bicheno 9.00am St Marys 11.00am Ross 5.00pm

#### Anglican Parish of Northern Midlands

Avoca: 11am 2nd/4th Sundays Fingal: 3 pm 1st/3rd Sundays Mathinna: 3pm 2nd/4th Sundays Ross: 11am 1st/3rd Sundays Campbell Town: 9am every Sun. (3rd Sunday - Family Service)

#### **Anglican Parish** of Break O'Day

Ph: 6376 1144

St Helens Every Sunday 8 am and 10.30 am Kanga Sunday School

10.30 am - 12 noon every Sunday for children 5 - 12 yrsSt Marys every Sunday 10 am

Pyengana 4th Sunday, 2pm.

#### **Salvation Army Monday JAM**

3-5pm every Monday. except school holidays. Envoy Melanie Norton Ph: 6372 2099 Sunday Joy will resume Sept 28.

#### **Break O'Day Uniting Church**

The Manse St Helens

Ph: 6376 2405 St Helens 9.00 am Fingal 11.15 am

#### Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10 am Divine Service 11 am

#### St Marys Online Access Centre **Opening Hours:**

Monday 10am -3pm Tuesday 10 am-4pm Wednesday 10am-4 pm

Thursday 10 am - 3 pm Friday 10 am - 3 pm Saturday 11 am - 2 pm

Ph: 6372 2005

#### On Air Now! Vision FM 88.0 at both St. Marys and Fingal.

100% positive music & talk all day long; connecting faith to life.

National Vision Radio Network. Phone 1800 007 770. web www.vision.org.au

Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue,

#### Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Please include your full name and contact details. Your name need not be published, but we must have a signature. Please keep letters to 300 words or less.

#### Contacts for Valley Voice PH: Judy: 6372 2155

email: judith.spilsbury@bigpond.com Accounts: Mary: 6372 2328

Please leave written material at the St Marys Pharmacy, Main St, St Marys, or post: C/- Post Office, St Marys Tas 7215

Advertising: 2008

Classifieds: 25 words or less: free Community notices: free. Small ads. Garage sales. Greetings, Thanks etc. \$12. ¼ page \$20. ½ page \$30. Full page \$50. 1 year posted subscription \$28.

#### Spring of the Vineyard Church Pentecostal Christian Church

**Church Services** Every Sunday at 10:30 am At Scamander Fire Station For all enquiries: **Pastor David Brewster** Ph: 6372 2796

ALL WELCOME

THE LAUNCESTON WALKING CLUB INC.
Presents for One Night Only in St. Marys

# TOUS TOUR STANDARD ST

OUR 43RD
ALL DIGITAL
SPECTACULAR
WILDERNESS
MULTIMEDIA SHOW

PROGRAM INCLUDES

Tassie's Unprotected Areas
Schooten Island Weekend
Pick of Our Patron's Pics
60 Years of Bushwalking
Prince of Wales Range
To Provis Hills & Back
North East Highlands
The Elusive Princess
Bushwalking People
Colour in the Bush
Western Arthurs
Tassie Up Close

# 22nd November 2003, 7pm

• • JAM HEADQUARTERS • • Salvation Army, Storey Street, ST MARYS Admission \$10, Concession \$7, Family \$25

· · DOOR SALES ONLY · · Supper @ Intermision · ·

Date:

22/11/08

From:

The Launceston Walking Club Inc.

Subject:

43rd "Do You Know Tasmania" multimedia show.

Venue:

JAM HEADQUARTERS, Salvation Army,

Storey Street, St Marys.

Admission:

\$10 Adults and \$7 Concession, Families \$25.

Tickets available only at the door.



#### THE SHOW

Tasmanians who have never ventured off the beaten track are invited to become "armchair bushwalkers", as the Launceston Walking Club's 43rd "Do You Know Tasmania" multimedia presentation takes its audience into the rugged and remote wilderness areas of Tasmania. "We are inviting people to enjoy a "virtual" experience of Tasmania's wilderness "said DYKT committee chairman lan Ross. "Many Tasmanians aren't fully aware of the variety of scenic delights and wild places in the state, and we are hoping to surprise many with the broad range of subjects in our show."

The Club's popular wilderness slide and film shows have delighted many hundreds of Tasmanian and mainland audiences since the first public show in Launceston in 1955. Superb colour photography taken by club members on their forays into the wilder parts of Tasmania have shown our flora, fauna, and dramatic landscape at their best. The shows have justly achieved a reputation for photography at the highest standard, produced with professional commentary and Hi-Fi quality stereo sound.

#### THE PRODUCTION STORY

It has been five years since the club's 42nd "DO YOU KNOW TASMANIA" show, and it was starting to look like the last, as slide photography was gradually supplanted by "1 hour" colour prints, then rapidly overtaken by digital technology in the last few years. However a submission to the Tasmanian Community Fund in 2004 for the digitising of our film archives and wilderness slide shows was successful, and we now have the technology to continue our shows in a digital format.

This TCF special grant round in 2004 was for the "preservation of Tasmania's cultural heritage" and our submission was presented in two parts: Firstly the preservation of the clubs movie archives by transferring them to digital format, and secondly, facilitating the transition of our "Do You Know Tasmania" shows from slides to digital. The continuation of our DYKT shows was in the balance unless we could start utilising the digital photos that most club members were now taking on club trips. The film digitisation was completed and we are currently digitising the audio tape soundtracks for digitally editing the video and audio to produce DVD versions of each movie. These can then be used in future shows, and also be made available for research in the State Library collection and film archives in DVD format. The second part was completed with the successful presentation of this current 43rd show in Launceston in November 2006. The future of our DYKT shows is now assured, with the ultimate purpose of all our "amateur" efforts being to communicate to the Australian public our passion for this beautiful state of Tasmania.

#### WHAT YOU WILL SEE

TO PROVIS HILLS AND BACK THE PRINCE OF WALES RANGE THE ELUSIVE PRINCESS SCHOUTEN ISLAND NORTH EAST HIGHLANDS TASSIE'S UNPROTECTED AREAS THE WESTERN ARTHURS 60 YEARS OF BUSHWALKING

BUSHWALKING PEOPLE PICK OF OUR PATRON PICS TASSIE UP CLOSE COLOUR IN THE BUSH

#### October / November 2008



Monday	Tuesday	Wednesday	Thursday	Friday
3rd November Long Weekend NO SCHOOL	4th November  ★ Kinder Excursion - St Helens	5th November	6th November  ★ ENE Athletics Carnival	7th November  ★ NEET Final Day  ★ Bicheno/Fingal  Transition day
10th November  ★ Dental Service  ★ 11/12 Exams begin  ★ Preps and grade 1s Launceston Excursion	11th November  ★ Primary Assembly - 11am in Hall 5PW to lead  ★ Dental Service  ★ Guidance Officer here  ★ Remembrance Day	12th November  ★ Grade 10 'I-Party'	13th November  ★ Next School Newsletter due out!  ★ Newstead College enrolments 9:30 - 12noon  ★ Inter-High Athletics  ★ Grade 2 & 3 Sleepover  ★ Parent Handbooks available	14th November  ★ Launceston College enrolments 12noon - 3.00pm
17th November  ★ Dental Service	18th November ★ Dental Service	19th November	20th November	21st November

#### **Australian Mathematics Competition**

In term 2, 46 students from our school participated in the Australian Mathematics Competition. Hundreds and thousands of students entered from a record number of schools from a record 42 countries who entered. Overall, we had I student who received a Certificate of Distinction, 18 achieved a Credit and 11 received the newly introduced Proficiency Certificate. Although our middle school

students have entered in previous years, this is the first year that our grade 3-5 students have participated.

participated.

Congratulations to Jesse McColl in Grade 5 Wardlaw/ Fyle who received the top award at our school - a Certificate of Distinction. A magnificent achievement!



Other outstanding results were:

#### Certificate of Credit

Hannah Thomas (Grade 3) Lukas McDiarmid (Grade 3) Kenneth Escobar (Grade 4) Cody Dutch (Grade 5) Vaughan Spilsbury (Grade 5) Lance Walsh (Grade 6) Billy Harris (Grade 7) Stuart Wright (Grade 7) Liam Gough (Grade 7) Kees Walker (Grade 8) Jacob Spilsbury (Grade 8) Bradley Mitchell (Grade 8) Elizabeth Carin (Grade 8) Kiani Carson (Grade 8) Christin Heron (Grade 8) Karly Graham (Grade 8) Caitlin Viney (Grade 8)

Mitchell Barnes (Grade 8)

#### Certificate of Proficiency

Lachlan Bradbury (Grade 3)
Madeline Hardwicke (Grade 3)
Jayden Webb (Grade 4)
Ayla Harvey (Grade 5)
Ebony Bennett (Grade 5)
Sam Mitchell (Grade 5)
Finn Buchhorn (Grade 5)
Grace Ennis (Grade 7)
David McCormack (Grade 8)
Holly Bean (Grade 8)
Kirsty Panoff (Grade 8)



http://www.kitchengardenfoundation.org.au

#### Scephanie Alexander Kirchen Garden Scheme

St Marys District High School is one of many schools nationally to apply for inclusion in this exciting program. Applications for funding are open to all 7 states and territories.

If successful in our application it will give students in grades 3-6 the opportunity to be involved in both the Community Garden and recently refurbished kitchen. Funding will provide the vital key to a rich engaging program for our students. We are keen to involve parents and community members in the application stage as it will determine the direction the program takes.

If you are interested or know of individuals or groups who may also assist please contact the school - 6372 3900.

#### Dates for St Marys:

- Monday 27th OctoberTuesday 28th October
  - Monday 10th November
  - Tuesday 11th NovemberMonday 17th November
  - Tuesday 18th November

Please feel free to contact them regarding your child's dental health on the numbers below:

St Marys Dental Unit 6372 2488 Kelham Street Dental Unit 6336 4100 St Helens Dental Unit 6376 5208







# Australian Business Week 2008

Again this year, grade 9 and 10 students from our school competed in the Australian Business Week simulation against students from St Helens. The 24 students were divided into 3 teams, each supported by a mentor from our local community. This year, the simulation was based around creating an electrical retailer, focused on the theme "live local,

has sold over 1.4M copies. He spoke to students about the need to be ethical in all decision-making and also the The weeklong program got off to a great start, opened by Brady Trevor Grieve, local author of The Blue Day Book, which importance of accepting all challenges they are presented with

with some difficult scenarios thrown in good for measure! The goal for the week was to achieve the highest average The students launched into making their business decisions, which simulated a take-over and 2 years of business trading, ndex of value for their stores; a complex balance of revenue, sales, margins, stocks and employee incentives Students were judged on the way they worked together to achieve the vision they had developed on the first day of competition. The final day was the culmination of the program, with a formal oral presentation of their teams' business plan, publication of their radio, television and print advertisement, as well as the opening of their trade display, We are incredibly proud of all of our students, who represented the school and themselves with great maturity. They demonstrated fantastic work ethic, commitment and faith in each other's abilities. St Marys teams took out numerous awards, including: Best Radio ad, Best Team Work, and Best Team Vision. special thanks must go to our trusty mentors Mary Broadhurst, Mary Targett and John Miles, with whom we couldn't Thanks also to Kirsty at NEET LCP, who planned the event; Sally Johnson, our school Pathway lanner, and Mr Le Fevre for his organising efforts ave done without.

Megan Gillard











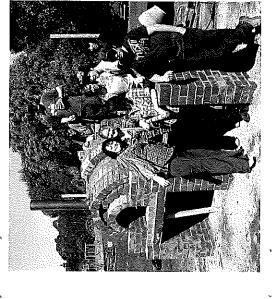
On Monday the 6th of October through to Monday the 13th Sally Johnson our pathways planning officer and Mr. Stonehouse our 9/10 co-ordinator arranged a group of students to work with Leigh Geale making a pizza oven.

There were four boys from St Helens, Luke Fredrickson, Zac Johnson, Reese Tetlow and Jethro Nailer who were transported up to St Marys to work with Leigh Geale and 8 students from St Marys - Josh Williams, Kodie Donald, Nathan Brad Thomson, Emma Francis, Tasmyne Thompson, Miranda McDonald and myself Tiarna Roney.

pizza oven and met Leigh. He told us about laying bricks and showed us how to On the first day we all met up at 9 o'clock at where we would be building the lay a brick and mix up cement. We all got to have a practice and then we started on Leigh taught us all the things needed for the job he does and we followed them. There were some that got right into making the pizza oven and some that took a bit In the end the job is done and we all picked up new skills which will help us with jobs in the future. We all had a great time working together to get the job done and making new friends. We have Leigh to thank so much for it. But we can't forget Sally who gave us this great opportunity and she also got down and dirty too.

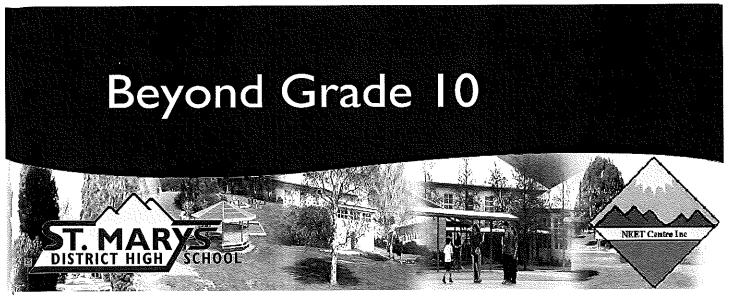
Thankyou!







13 Gray Road, St Marys, TAS, 7215. Phone: 6372 3900 Fax: 6372 2543 Email: st.marys.district.high@education.tas.gov.au



#### ST MARYS NEET CENTRE

#### **ENROLMENTS FOR 2009**

St Marys NEET Centre will be taking enrolments for the 2009 year from 12th November 2008.

Please ring the school on 63723900 to arrange an appointment.

#### **SUBJECTS AVAILABLE**

# Maths to Pre-Tertiary English to Pre-Tertiary Physical Science to Pre-Tertiary Australia in Asia & The Pacific (AAP) to Pre-Tertiary Applied Technology Information Technology Recreation Catering and Catering Management Art Sociology & Psychology Environmental Science



# Beyond Grade 10



VET			
	CERT I	Workplace Skills	
	CERT I	Business	
	CERT II	Business	
	CERT I	Automotive	
	CERT II	Tourism	
	CERT II	Hospitality	
	CERT II	General Construction	
	CERT II	Hairdressing	
	CERT II	Retail	
	CERT II	Agriculture/Horticulture	
	CERT II	Community Services	Aged Care
			Child Care
			Youth Work
	CERT II	Information Technology	

Please enrol early to ensure your place as some of these courses fill up quickly.

THINGS YOU NEED TO BRING FOR ENROLMENT:

Proof of identity if enrolling for the first time in Tasmania

If over 18 and enrolling for the first time, you will be required to complete a good character check. Good Character check forms will be provided at the time of enrolment and this involves no cost to students.



#### ST MARYS COMMUNITY HEALTH CENTRE

#### **DOCTORS ROSTER**

Please be aware of changes to the doctors roster.

**DOCTOR on ROSTER** Dr Ali-6/11/08-20/11/08

St Marys Community Health Centre **GP Surgery Hours:** Monday-Friday 8:50am-12:30pm 12:30pm-1:30pm LUNCH NO PATHOLOGY SERVICE 12:00-1:30pm 1:30pm-5:00pm

There is no regular Saturday GP Clinic

#### SCRIPTS AND DOCTORS APPOINTMENTS

Please ensure doctors appointments are booked prior to your medication/s running out or in advance if you are attending this practice regularly.

Scripts can not be requested by patients over the phone and are unable to be done over the weekends ensure you have enough medications in advance.

#### AFTER HOURS SERVICE

PLEASE PHONE GP ASSIST ON 1300 780 011 AMBULANCE 1800 008 008 or **EMERGENCY 000** 

COMMUNITY HEALTH CENTRE 6372 2111 BEFORE PRESENTING AFTER HOURS. PLEASE BE PATIENT waiting period can apply.

#### WILLY WALLETS

If you decide to have a sexual relationship remember a condom helps keep pregnancy and sexually transmitted diseases away.

FREE contraceptive packs (Willy Wallets) are available from the reception counter at the Community Health Centre. Please be considerate and take one pack per person at a time.

THESE ARE NOT A TOY and not available to children

#### DIABETIC CLINIC ST MARYS COMMUNITY HEALTH CENTRE

Regular consults available at the St Marys Community Health Centre. If you require an appointment please see your GP for a referral and GP North will contact you with an appointment

Next session at St Marys: FRIDAY 14th NOVEMBER 2008

#### **AUSTRALIAN HEARING** 131797

Visit St Helens 3-4 days once a month for appointments. To make appointments or check your eligibility phone the above number. Please note that service vouchers can take 6 weeks so please phone in advance.

#### WHAT'S ON AT THE CENTRE

**Child Health Session** with Sue Gofton 11th Nov

Every Tuesday by appointment.

on: 0428136381

Teboul. **Psychologist** Dahotay 12th Nov

appointments by referral from your GP.

Day Centre 9:30am- 3:00pm Day 12th Nov

Room at the Health Centre for further

details phone Hayley on 6372 2111

Diabetic Clinic for appointments 14th Nov

please see your GP for a referral.

Lymphoedema (Tasmanian 17th Nov

Centre) General Meeting 10am-2pm in

the Day Room

Child Health Session with Sue Gofton 18th Nov

Every Tuesday by appointment.

on: 0428136381

Tom Bain, Rae & Partners Lawyers. 18th Nov

At the Community Health Centre Tuesday fortnights. For appointments

please phone 6337 5555

Day Centre 9:30am- 3:00pm Day 19th Nov

Room at the Health Centre for further details phone Hayley on 6372 2111

21st Nov Diabetic Clinic for appointments

please see your GP for a referral.

#### **MEALS ON WHEELS**

Are you finding it difficult preparing a meal? Have you just been in Hospital or you're just not well? Are you finding it difficult to get to the shops? Want something different to eat?

#### **MEALS ON WHEELS IS FOR YOU!**

3 COURSE HOT MEAL- \$6.90 1 COURSE FROZEN MEAL- \$5.90

Arrangements can be made to have your meal/s delivered daily, weekly or once a fortnight. And you can select the days you want a meal!

For further details on Meals on Wheels or to **VOLUNTEER TO BE A DRIVER** please call: Joy Nehls (Cook)- St Marys CHC 6372 2111 Shirleen on 6374 2267 Sue on 6374 2193 or Mim on 6374 2209



# The Jean Hailes Foundation for women's health

#### MIDLIFE HEALTH & MENOPAUSE

Presenter: Dr Libby Reeckman

When: Monday 8th December 2008

Where: Community Health Centre-Day Room

Time: 7:30pm start

Cost: FREE

Tea and light supper provided

#### Session outline:

- Jean Hailes Foundation for Women's Health
- Australian Women Today
- · Physical Activity
- Nutrition
- Emotional Health
- Menopause
- · Bone Health
- · Health Screening

RSVP: By Thursday 4th December 2008 for catering purposes on 6372 2111.

All Women Welcome!



# Fingal Primary School News



#### **Gardening**

On Monday 27th October Biz Nichols came to our school and helped the children plant the new garden outside of the K/P/1/2 classroom around the infant play area.







Amber Saddington and Claire Oates





Chloe Oates and Taylah Munro



Jye Baldwin, Brady Woods, Madelaine and Bradley Mc Gill

Mrs Lowe and Madelaine Mc Gill

### Calendar of Events - November

3rd Long Weekend Recreation Day	4th	5th Kevin Fagan to visit School Association Parent Forum 7.00 p.m.	6th Launching into Learn- ing 1.30 –3.00 p.m. ENE Athletics St Helens	7th ENE Athletics Rain Day
10th	11th Remembrance Day Service with Fingal RSL 1.30 p.m.	12th Assembly K/P/1/2 to Lead Flexible Programs 1.30 p.m.	13th Small Newsletter Liz Banks to Visit Launching into Learning 1.30 -3.00 p.m. School Psychologist— Jane Stewart visits	14th

#### St Marys Sports Centre Inc. news Kackhander

We got out of gaol again in our most recent Pennant Bowls game at St Helens against the Red team but as they say a win is a win. Thanks to Jack Viney's big win we finally got the points in a tight game. The ladies also impressed with a close loss against a very strong St Helens team. They have been almost unbeatable up there so to achieve this result was fantastic. A valuable 2 points to Nikki Viney's rink too.

We are really in need of more players yet. Any time unavailable players coincide we struggle to field a team which is draining to say the least, especially on the selectors who have to dig deep. One really good thing though is that last week it allowed two very (dare I say very young bowlers) to play their first games.

Both Jacob Viney and Nick Kringle helped us out big time in fielding a side along with Barb Davern from the women's team. This contributed greatly to that win but it would be unfair to expect the kids especially to have to do this continuously. Just the same thanks Jacob and Nick. You are both going to be good players into the future for sure.

Thanks to all those attending the Social day recently. It wasn't lost the natural talent displayed by some of those new players during the day. How about it Blairy, Karen and Jacob. Excellent effort.

Thanks to everyone involved in the Awesome Foursome Golf Day this Sunday just gone. This is always a fun event and allows new or very periodical players the chance to enjoy the game of golf. To the Awesome Foursome thanks again for your support of the day, food, refreshments, fun, and participation in the annual event. Won't mention winners otherwise the Valley Voice would have to be twice as big.

Keep a watch out for this weekend's club event for golf. It will be on Trev's Board on the clubhouse.

Anyway until next time, good hitting and rolling.



FOR ALL YOUR
LOCAL AND IMPORTED
GOURMET MEATS, CHEESES, AND
ORGANIC SOURDOUGH BREADS.

WE SERVE ORGANIC FAIRTRADE JASPER COFFEE.

FOR SNACKS & LUNCHES. CATERING AVAILABLE PHONE: 6372 2044.

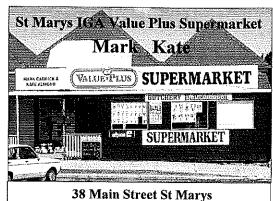
TRADING HOURS

OPEN: WED, THURS, FRI, SAT, 10AM—4PM

A little girl asked her mother, "Can I go outside and play with the boys?"

Her mother replied, "No, you can't play with the boys, they're too rough."

The little girl thought about it for a few moments and asked, "If I can find a smooth one, can I play with him?"



38 Main Street St Marys Phone/Fax 6372 2240 - Butcher Ph: 6372 2274 Mon – Fri 8am – 6pm

Sat

8am 12 noon

### In-store butchery This week

Rump steak	\$10.99kg
Legs of lamb	\$ 8.99kg
Chicken BBQ pack	\$10.99kg
Turkey rump roast	\$ 7.55kg
Oyster blade steak	\$ 7.99kg

In-store specials

Spree laundry powder 2kg	\$ 3.99
Arnotts Clix/Savoy biscuits 180/250g	\$ 1.99
Chum dry dog food 8kg	\$ 8.99
Edgell sliced beetroot 425g	\$ 1.29
Robour/Tynee Tips teacup bags 100s	\$ 3.99

Late week specials

Zate week specials	
Wondersoft toilet tissue 8pk	\$ 2.99
SPC sliced beetroot 425g	.89c
Maggi World Famous frozen meals	350g\$ 1.99
Nestle Bonus Milo 900g	\$ 7.99

#### In-store butchery Next week

T-bone steak	- \$14.99kg
Regular mince	\$ 7.99kg
Topside roast	\$ 7.99kg
Lamb loin chops	\$14.99kg
Turkey drumsticks	\$ 3.49kg

In store specials

Amotta family	1 ' 500 DO 00
Arnotts family assorted	biscuits 500g \$ 2.99
Just Juice long life 2lt	\$ 2.79
Cottees cordial syrup 2lt	2 for \$7
Tarax soft drink 2lt	3 for \$4
Luni olive oil 500ml	0012

#### Late week specials

Sorbent Gold toilet tissue 4pk	2 for \$4
Raid fly spray 220g	2 for \$6
Cadbury family block chocolate	\$ 2.99
Radiant Ultra laundry powder	\$1.99

### Christmas orders NOW TAKING CHRISTMAS

ORDERS FOR:
HAMS, TURKEYS, DUCKS,
CHICKENS, PORK ROASTS, LAMB ROASTS,
+ PRAWNS.

IF YOU WANT IT, JUST ASK US. WE WILL DO OUR BEST TO GET IT IN.

