

The Valley & East Coast Voice

Volume 39 No. 9

Thursday August 31, 2006

Est. 1968

50 cents



St Marys Finest

The St Marys Division 2 Netball Team at their "beautiful best" are about to kick their heels up at their end-of-season dinner.

From L-R: Lucy Goldsmith, Hannah Spilsbury, Beth Rosskelly, Emma Spilsbury, Danielle Williams, Selina Panoff, Allie Spilsbury, Christa McColl and Fern Menogue.

The Say by Cagerattler

A little while back I had an interesting conversation with a representative from the Tourist Commission. The main topic of our talk was the upgrading of the information pertaining to golf in our area, and who the contact persons were at local clubs.

She told me her job entailed this for various tourist and promotional purposes.

After gaining information from me in this regard, I began talking to her about the area in general, and St Marys/Fingal in particular, and she seemed genuinely interested in a variety of things, which was pleasing to note.

I also noticed she was very interested in next year's Sesquicentary happenings.

Although I didn't really broach the subject with her about advertising some of these activities through the tourist commission, I still wondered

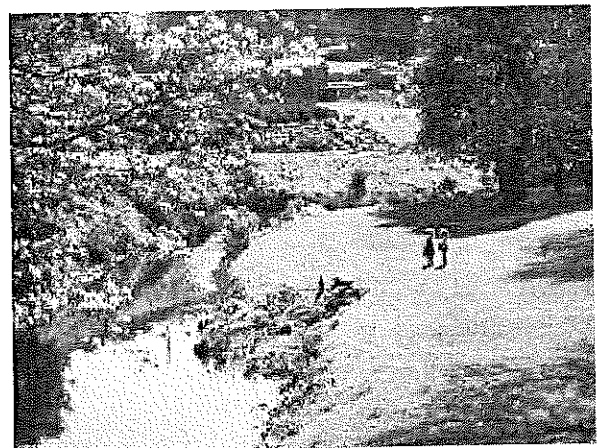
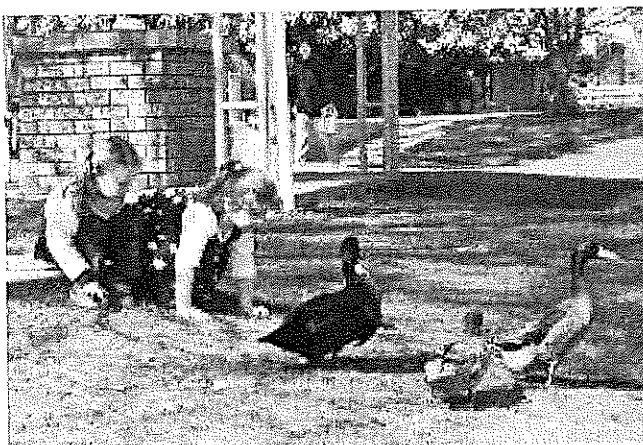
how it would go if this occurred.

I mentioned this to a friend in charge of SMACD who, at the time had some great ideas on this subject himself. He informed me that quite rightly, promotion will be very important to making the activities for 2007 very successful, and any assistance in this regard would be great.

By all accounts the plans for the Sesquicentary are really going well, and I also understand that it's not too late for any group or organisation to join in.

Perhaps the Tourism Council or local Tourist authority will be important players in this event, if it's deemed advantageous.

What do you think?



The lovely spring weather this week brought out the children, and the ducks in the park. Pictured are Sylvia and Zara.

Please note: Deadline for articles to be included in the next Valley Voice is: 5 pm Tuesday, September 12, 2006.

Community news

St Marys Hospital Auxiliary meets the first Monday of every month at 2pm at the **St Marys Community Health Centre**.

The Break O'Day Woodcraft Guild Inc. meets the last Saturday of the month at 4pm at the goods shed behind the St Marys Railway Station.

Grassy Bottom Regional Arts are holding General meetings on the first Tuesday of every month at the **e.ScApe Café** at 6.30pm. Come along to share your creative ideas and help Grassy Bottom maintain an artistic culture in our community.

Break O'Day Stitchers welcome everyone to their Friendship Day to be held on the 6th of October at the St Helens Neighbourhood House Bungalow between 10.30am to 3.00pm. \$10 entry fee which includes morning tea, lunch, lucky prizes and take home the bookmark you make. RSVP by 1st OCT. to **Marj 6372 5752** or **Barbara 6376 3771**

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Get perfect points every time!

Learn the *foundation piecing patchwork technique* from Elsie Jaensch (from Break O'Day Stitchers and Exhibition Committees) on Saturday, 2nd September from 10 am. Cost of \$20 (\$18 for members) includes all fabric and pattern requirements plus tea and coffee. To enrol, please contact Rita @ *Gone Rustic Quilt Studio & Gallery* on 6372 2724 (Tues-Fri, 11-4) or call in to 37 Main St., St. Marys. Deposit of \$10 required with booking.

'Quilt the Blues' Exhibition Wednesday 6th September, 6 pm at *Gone Rustic Quilt Studio & Gallery* 37 Main St St Marys. \$5.00 entry. Night will include door prizes.

The Break O'Day Woodcraft Guild AGM is set for September 30, 2006 at noon in the Old Railway shed.

There will be a BBQ and refreshments for members at \$10.00 a head. Please pay prior to the date. Ring Reon on 6372 2094 for further details.

FINGAL SENIOR CITIZENS

The Fingal Senior Citizens Club is progressing with lessening numbers, but are endeavouring to keep the flag flying with a monthly meeting.

The meetings are held on the first Tuesday of the month, and the August meeting was the Annual General meeting. The election of office bearers took place at this meeting resulting in:

President: Gwen Johnston
Vice President: Molly Woods
Secretary: Margaret Sutton
Asst. Sec: Barbara Saunders
Treasurer: Carol Woods
Asst. Treas: Pauline Woods
Committee: June Hall, Judy Ellis
Patrons: Michael Polley,
Henry Holder
Auditor: Henry Holder

THANK YOU

The Div 2 Netball girls would like to say thank you to Harry, Kerry, Alex and Jake Veldums, for the great dinner party they put on for them. It was a lovely night for all.

Thank you from all the girls.

SAMARITAN'S PURSE

Give a needy child a gift this Christmas.

Operation Christmas Child will be giving shoeboxes of gifts to refugee camps in Thailand.

Leaflets and boxes are available at the St Marys Community Health Centre, and the Post Office, or ring **Eileen McManus: 6372 5480**

COMMUNITY GARDEN NEWS



Thanks to everyone who came to the last working bee. We are planning our next working bee on:

**Saturday 2nd September, 11 - 1 pm
St Marys District High School.**

Bring some gardening tools if you have some, as we are hoping to move the raspberries, and plant some asparagus and rhubarb.

If anyone has plants to donate then bring them along on the day.

More Info? Contact Tanya: 6372 2534
School Office: 6372 3900

Playgroup news



Playgroup is on Friday mornings in the school kindy room. New families all welcome....

Please note that as of this week there will be a new starting time, at 10.30am.

Sessions will still run for 2 hrs, but hopefully this will make the morning rush a little easier!

Playgroup will not run in the school holidays, so see if you can make the last 2 sessions for term 2.

THANK YOU

On behalf of Debbie, Naomi and myself I would like to thank the St Marys Volunteer Fire Brigade and all the attending members for their quick response and the professionalism on a job well done to contain the blaze, and preventing further destruction to our property. Well done guys.

A big thank you also to Constable Cameron Tanner and his men for all their assistance.

Raz McDonald & family, Cornwall

Classifieds

FOR SALE

1985 Ford Spectron XLT, 8 seater fair condition. Reg. end Sept. \$1000.
Ph: 6372 2512

12ft gates \$100, fittings \$22, star droppers \$4.50 ea. Fencing wire from \$96. Ph: Hbt 6272 4278

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\$800. ONO. Ph: 6372 5142 (Claire)

1 Timber cot & mattress. Ex con. \$150.

1 Winnie the Pooh rocker. \$30.
2 x cot quilts & bumper sets. \$40 ea. (Cream with teddy bears)

1 Emmaljunga pram, black & chrome. \$150. ONO.

1 Port-a-cot. \$70.

1 Musical & light play gym. \$15.

Contact Genevieve. 6372 2573.

"Dancer" - reg. Saanen Doe, excellent milker/house goat and "Lily" - 11mo Saanen doe kid. Both hand raised, beautiful and affectionate girls.

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POST OFFICE NEWS

Australia Post has released details of closing times for the posting of overseas Christmas parcels by sea mail.

If you are planning to send parcels overseas for Christmas pop in and check when sea-mail posting closes off.

We still have a small range of discounted printers so grab a bargain while they are still available.

There are also some heavily reduced mobile phones available so if an upgrade is due now is the time to check out the range available from your local Post Office.



'Quilt the Blues'

Exhibition opening at
Gone Rustic Quilt Studio
and Gallery

37 Main St St Marys,

Wed September 6, at 6 pm.

\$5.00 entry fee.

The night will include door prizes.

Wonderful viewing of work by Hobart based *Senior Momentum*, who created a series of blue quilts as posters for Beyondblue, a National depression initiative.

They have been shown at the Waterside Pavillion in Hobart during Mental Health Week and at the Georgetown Festival.

They are now touring the State as part of Tasmanian Regional Arts 2006 Touring Program.

At this exhibition, Anglicare will be presented with a number of quilts as a donation, made by our very own Quiltbank.



If you missed the 50s and 60s dance or would like to do it again, then here is

your chance.

SMACD will host an after Maypole 70s and 80s dance.

So dust off the flares, platform shoes, wide ties and sunnies.

Keep the 4th Nov free.

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Classifieds in the Valley Voice are free of charge. If your articles are not sold after the first entry, we will repeat the ad in the next issue. Please inform us if your items are sold.

Please note: Letters to be published in the Valley Voice must be signed. Your name need not be published, but we must have a signature. Articles and letters published in the Valley Voice are not necessarily the opinion of the staff and volunteers of this community paper. Ed.

A LITTLE BIT OF HERITAGE: *by Jim Haas*

"Paddy's Head"

For those of us who live in and around St. Marys, St. Patrick's Head is an everyday site and one we all take for granted, but wouldn't it be nice if, occasionally, we all just hesitated a moment and gazed up at our mighty icon, which stands like a giant, perpetual sentry guarding all that spreads before it, and not only admire the splendor of the mountain, but give a thought to the significance of its name and heritage.

The history of St. Patrick goes back to around AD 385 when a boy who was given the name of Maewyn Succat was born on the West Coast of England, most probably Wales or Scotland. Although it was said his parents were of Christian beliefs, Maewyn was a pagan until, at the age of sixteen, he was captured by a group of Irish raiders and taken to Ireland, where he was sold as a slave and sent into the mountains near Ballymena where he was left alone to tend sheep.

It was here that he found God, and after six years escaped and went to Gaul (France) where he adopted the Christian name Patrick and spent twelve years studying in a monastery to become a priest. His only ambition, however, was to return to Ireland and convert the native pagans to Christianity.

For some thirty years Patrick traveled the length and breadth of Ireland, successfully converting thousands to Christianity and not only setting the foundation for the Christian church, but much of the colourful Irish folk law stems from Patrick and his reign as Bishop. One such lore was that on one occasion, from a hilltop sermon, he drove all the snakes out of Ireland, but it appears unlikely, however, that snakes were ever in Ireland in the first place.

The shamrock, the green three-leafed clover, that has been a symbol of Ireland for centuries, was said to be used by St. Patrick to explain the Trinity. God the Father, God the Son and God the Holy Spirit all exist as separate elements of the same perfect entity, like the three shamrock leaves.

Patrick died at County Down, Ireland, on the 17th March AD 461. That day has been commemorated as St. Patrick's Day ever since, and with what started out as a Catholic Holy Day has developed into the biggest day in the year for many Irish. The Irish, along with their descendants and friends throughout the world, celebrate this great day by singing and dancing, marching through the streets of their cities and towns, drinking toasts to their country and Patron Saint with the traditional green beer, all the while dressed in green and displaying the traditional shamrock icon as a sign of St. Patrick and their Christian faith.

It was some thirteen hundred years later that on St. Patrick's Day 1773 Captain Tobias Furneaux in his ship the "Adventurer", sailed up the East Coast of Van Diemen's Land before turning east towards New Zealand, and gave the first Irish name to a land mark in Australia. Before that Abel Tasman in 1642 noted it in his journal as a high round hill for which it resembles, when viewing the mountain from the sea.

Lumera Genena Wuggelina, meaning a molar tooth, was the aboriginal name for our adopted icon. For thousands of years some nine tribes of aborigines, the largest of which was the Oyster Bay tribe, roamed freely along the coast in winter where they collected shellfish for food, and used the shells to make necklaces and other ornaments. In summer they would head up into the hills and hunt snakes, kangaroos and other animals along the Fingal Valley, following the Break O'Day and South Esk Rivers as far as Ben Lomond. Lumera Genena Wuggelina would be a major land mark when it was time to move back to the Coast. Sadly, however, when the infamous "Black Line" was established in the 1830s, the Eastern starting point was St. Patrick's Head.

So now as we head towards the Back to St. Marys Sesquicentenary celebrations scheduled for St. Patrick's Day next year, let us take a moment to reflect on the heritage of our most notable icon. And for those who are lucky enough to climb the 694 metre high mountain, as John Wedge did, the first white man to do so, on the 7th December 1825, let us not only take in the fulfillment of the climb and the stunning splendor of the views that open up to every point of the compass, but take a moment to look down the Valley to remember the aborigines as they got their bearings from the great molar tooth, then seaward and think of Tasman and Furneaux in their tall ships.

Then we can thank God for the thousands of years of heritage that adds to the character of our wonderful symbol that is the backdrop to St. Marys and the Break O' Day Plains and takes its name from one of history's most eminent Saints, and shares that name with some of the world's most holy places including the famous Dublin and New York Cathedrals, as well as one of the most celebrated days in the Western World.



This is St. Patrick, the Patron Saint of Ireland, after whom Paddy's Head was named.



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30 Sept: Karaoke (from 8pm)

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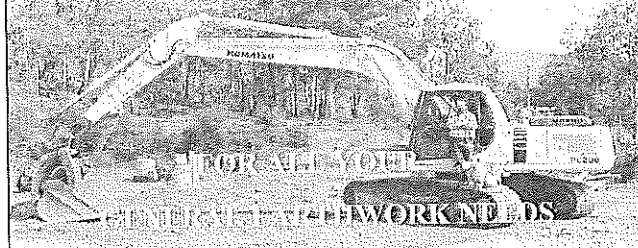
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Two weeks ago, on Sunday 20 August, the bells rang out again at JAM!
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We had been planning for some time to celebrate JAM's 5th Birthday.

So when we were asked to conduct a Thanksgiving Service for one of the JAM families, we decided it would be a wonderful opportunity to combine the 2 ideas.

It was fantastic to be able to shower the children of JAM with love, and also to honour the parents making the thanksgiving promises.

The afternoon began at 2 pm and the children certainly enjoyed the jumping castle and outdoor games. Parents and extended families sat in the sun and shared a cuppa and conversation, prior to the service commencing at 3pm.

Major Allan Daddow, the Divisional Commander of the Salvation Army was once again our special guest, and we were thrilled he was able to share the time with us and conduct the service.

Mr. Don Ives blessed us again with his music, as he has done since JAM's inception.

We would like to say THANK YOU to the people, and Councillor David Clement, who supported us with their attendance on the day.

Many children have passed through the doors of JAM since it began in August, 2001.

Many parents have supported us through the thick and thin of running a children's ministry.

Many lives have been changed through the love of JESUS and we give God the glory for the success and continuance of JAM.

Melanie Norton

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OUT OF THE WOODWORK

by Reon Johns, President 63722094

The time has come for the AGM on the 30 September 2006 and I am looking forward to it.

The members have worked hard over the last twelve months and it is paying off. We have completed an honour board for the Gun Club, and Tim Aulich (pictured right) was over the moon when he took delivery. Well done to all the members who took part in its construction.

I will be contacting the Council for a certificate of occupancy in the coming weeks and this will pave the way for our lease. We are having a clean up day on Wednesday and sorting out the machinery and where to put it. This will be a trial and error, but eventually we will get it right.

In September our meeting time will change just for the AGM, noon instead of 4 pm.

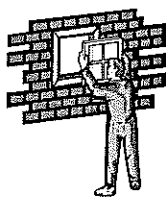
The Guild meets on the last Saturday of the month for ordinary meetings, in the Goods Shed behind the St Marys Station, at 4pm.



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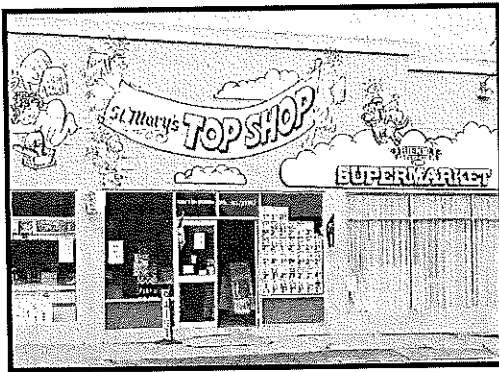
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Community Artspace at the Garage

Some time has gone by since there has been anything to report, but maybe as spring kicks in, things are beginning to unfold?

Hopefully most people will know that I am in the process of converting the garage at 2 Storey St into a Community Artspace and Youth Annexe. At this point, the paper chase rages on, with the Certificate of Likely Compliance from the Licensed Surveyor 'in the works' - this will enable me to apply for a building permit, so that I may proceed with the changes necessary to open the building up to the community, and get some things happening.

The most amazing news I can offer is that the floorboards for the dance floor are now actually stacked in the building, waiting to be installed! The other amazing news is that a temporary occupancy permit for Sept 8th to Sept 10th will allow a film making workshop to be held in the building, for young emerging film makers!

Casi Male, the Break O'Day Youth Worker, has obtained funding for Craig Cooper, a film maker from Launceston, to come out and hold the workshop which will be a wonderful opportunity for our young people to explore the art of film making.

Meanwhile, all lanterns from the Winter Solstice will be going aloft, to sleep in the rafters until next year - if you want your lantern, please come and get it soon!! I would also like to announce that Storey Street Studio's Artists and Makers Co-operative has got a website up and running, with 5 local artists so far on the site. There is room for 45 more so if you, or anyone you know would like to get their artwork onto the global market, here is an opportunity to do so at very little cost. Please come and see me, or talk to Greg Cruse at the St Marys Online Centre - we are hoping to include as many artists from North-East Tasmania as we can.

The actual Gallery space (in the building) is still in developmental stages, but I do have Studio space to let at \$40 a week plus electricity. This includes use of all facilities in a prime CBD location. Think about it!

And the loom - a beautiful and serviceable floor loom has been donated to the Artspace - if there is a weaver out there interested in a place to weave and a retail outlet for their work, I am offering use of the loom as an

incentive - who knows?

Last but not least, the puppets! I will be setting Fiddlesticks Puppet Theatre up in the Artspace and offering workshops as soon as I am able - in the meantime, to celebrate having premises at last, Fiddlesticks will be hosting a Puppet Parade as part of St Marys 2006 Maypole Day on Saturday November 4th. The Green Man and The Lady of the Flowers would like to invite everyone to attend. If you would like to take a part in the parade, please sign up now. Puppets supplied or BYO - no experience necessary.

For further information, please phone me on 0438 571 291 or call in at Storey Street.

Thank you.

Eo Greensticks.

RATHA B'ZAR

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- * Gift ideas galore! From \$2
- * Laybys welcome

Be ready for summer - be Ratha B'zar

*** Don't forget our ***

FASHION PARADE EXTRAVAGANZA

**Nov 7th
(Melbourne Cup Day)**



Fashion, food, fun, prizes.

More details to follow.

Recreation Ground Advisory Committee Update

by Rod McGiveron

A report on what's been happening over the past few weeks since the public meeting, called by the Mayor, on the Recreation Ground usage. It was thought the Valley Voice a great avenue to keep everyone informed on any progress.

Our facilitator Julia Weston, was keen to push for, initially, an on - site walk around, early in the piece to familiarise the group as to what's actually available.

This meeting was very productive, and gave grounds for optimism on the whole project. There were seven attending, and a basic concept was discussed as we wandered around the area.

Last week, with the fabulous input already of the newly appointed planner, Mr Peter Troode, there was even more grounds for optimism that a sensible, affordable and attractive redevelopment can be a possibility over coming years. Peter has obtained plans, photographs and assistance from Council, his own resources, and by talking to people, and his enthusiasm to help was very uplifting indeed.

Julia found a desire for genuine consensus from the group at the meeting, and for us to approach a couple of the ideas, including involving buildings usage, with solutions to put to Council in a few weeks time.

A draft plan will be constructed by the Advisory Group and the planner, to be submitted to Council, and with any sort of luck, after public scrutiny, some of the work might be able to commence in the not too distant future.

Regular updates will come through the Valley Voice pages, as developments occur.

Rae & Partners Lawyers Barristers & Solicitors 93 York St Launceston Ph: 6337 5555

Visiting :

St Marys Community
Health Centre

Alternate Tuesdays
9 am - 10 am

Appmts: 6372 2172

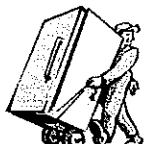
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Lindsay & Diane
(D. Bailey & son) A.F.D.A

Ph/Fax: 6376 1153

Mob: 0418 133 420

Office & Residence:

114 Cecilia St
St Helens

Chapel:

46 Tully Street
St Helens



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Contacts for Valley Voice.

Fax: 6372 2172

PH: Judy: 6372 2155

Email: j.spilsbury@tassie.net.au

Accounts: Mary: 6372 2328

Please leave written material at the
St Marys Health & Beauty Centre,
Main St, St Marys,
or post: C/- Post Office, St Marys
Tas 7215

Advertising:

Classifieds: 25 words or less: free.

Community notices: free.

Small ads. Garage sales etc. \$8,

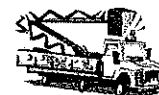
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Full page \$40.

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Ricky Ward 0419 836 897

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Federal Member for Lyons

Web Page. [Http://dickadams.id.au](http://dickadams.id.au)

Email: D.Adams.MP@aph.gov.au

PH. (03) 6398 1115

Fax. (03) 6398 1120

Local Call Cost 1300 132 689

Authorised by: P. Kearney
21 Killara Ave, Lanena



Advertisement



What's On In St Marys

Contact Rod on 6372 2444 or SMACD to add your event to the calendar

<i>What</i>	<i>Date</i>	<i>Time/s</i>	<i>Where</i>	<i>Who</i>
Makers & Growers Market	Saturday 2/9/06	9am – noon	St Marys Town Hall	Grassy Bottom Regional Arts
Karaoke	Saturday 2/9/06	8pm – onwards	St Marys Hotel	TasBash Variety Club
"Quilt the Blues" Exhibition	5 th – 28 th September	11am – 4pm	Gone Rustic Gallery	Grassy Bottom Regional Arts
Golf Day	16/9/06	8am – onwards	St Marys Golf Club	St Marys Hotel
Pete Cornelius	Saturday 16/9/06	8pm – midnight	St Marys Hotel	
AFL Grand Final Event	Saturday 30/9/06	1pm – onwards	St Marys Hotel	
Makers & Growers Market	Saturday 7/10/06	9am – noon	St Marys Town Hall	Grassy Bottom Regional Arts
Karaoke	Saturday 7/10/06	8pm – onwards	St Marys Hotel	TasBash Variety Club
<u>THE MELBOURNE CUP LUNCHEON</u> "The EVENT of the year!!"	Tuesday 7/11/06	11am – 5pm	St Marys Sports Centre	Tasmanian Lymphoedema Committee
Melbourne Cup Fashion Parade Lunch	Tuesday 7/11/06	tba	St Marys Hotel	RathaB'zar
Makers & Growers Market	Saturday 4/11/06	9am – noon	St Marys Town Hall	Grassy Bottom Regional Arts
Maypole Festival	Saturday 4/11/06	10am – onwards	Faulkner's Green	Grassy Bottom Regional Arts
Makers & Growers Market	Saturday 2/12/06	9am – noon	St Marys Town Hall	Grassy Bottom Regional Arts
Lions Christmas Parade	Sunday 24/12/06	Tba	Main St St Marys	St Marys Lions Club
St Marys 'Sesquicentenary' Pacing Cup	1/1/07	(afternoon)	St Marys Racecourse	St Marys Pacing Club

MILLERS SKID STEER EARTHMOVING

General Earth Works. George Miller 44 Elizabeth Street Mangana

FREE QUOTES - 6374 1024

- * DRIVESWAYS/ROAD PREPARATION (Graded & rubble supplied)
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- * LANDSCAPING STONES POSITIONED (Placement of Rocks)
- * ROTARY HOEING FOR HOUSEHOLD VEGETABLE GARDENS
- * TREE TRIMMING & GARDEN CLEAN UPS

- ◇ TRENCHES BACK FILLED
- ◇ RUBBISH REMOVAL
- ◇ SHED SITES CUT
- ◇ LANDSCAPING



MEALS ON WHEELS ROSTER

Aug/Sept	St Marys	Fingal
Mon 4th	Audrey Wright	Carole Woods
Tues 5th	Dawn Lodge	Debbie Speers (N)
Wed 6th	B & B McAllister	Barb Saunders
Thurs 7th	Kaye Nailer	Jan Marshall
Fri 8th	G & M Derbyshire	Robyn Miller
Mon 11th	Debbie Barnes	Kaylene Sutton
Tues 12th	Ruth Aulich	June Hall
Wed 13th	Wendy Aulich	Alana Johns
Thurs 14th	Liz Rice	Rhonda Hoskinson
Fri 15th	Pam Gillies	Mim Woods

Church Services

Catholic Parish of St Marys

Sr. Helen Hickey,
Parish House. Ph: 6372 2252
Mob: 0427 055 963

1st Week: MASS

St Helens Vigil 5.00pm
Bicheno 9.00am
Fingal 11.30am
Campbell Town 5.00pm

2nd Week LITURGY

St Helens Vigil 5.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

3rd Week: MASS

St Helens Vigil 5.00pm
St Marys 9.00am
Swansea 11.30am
Campbell Town 5.00pm
Bicheno LITURGY 9.00am

4th Week: LITURGY

St Helens Vigil 5.00pm
St Marys 9.00am
Bicheno 9.00am
Fingal 9.30am

5th Week: MASS

St Helens Vigil 5.00pm
Bicheno 9.00am
St Marys 11.00am
Ross 5.00pm

Anglican Parish of the Northern Midlands

Services each Sunday
Avoca 8 am
Fingal 10 am
Mathinna 2nd & 4th
Sunday monthly at 11.30am

Daily Office Reading
Avoca Tuesdays 10 am
Fingal Tuesdays 12 noon
Ross Wednesdays 10 am

Anglican Parish - St Helens Ph: 6376 1144

St Helens Every Sunday
8 am and 10.30 am

Kanga Sunday School

10.30 am - 12 noon every
Sunday for children 5 - 12
yrs

St Marys 10 am
(No service 5th Sunday)

Pyengana 7.30 pm

5th Sunday months only

Break O'Day Uniting Church

The Manse St Helens
Ph: 6376 2405

St Helens 9.00 am
Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander
Sabbath School 10 am

EAST COAST SURVEYING
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We can help you.

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- ☐ Planning a development?
- ☐ Unsure of your property potential?
- ☐ In dispute with an adjoining owner?



Peter Dane Gardening

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- * ROOFING & GUTTERING
- * L.P.G. & NATURAL GAS INSTALLATIONS

FOR FURTHER ENQUIRIES RING KEN ON

6374 2141 OR 0429 142 887



WISHING ALL THE DADS OUT THERE A VERY
HAPPY FATHER'S DAY.

BIRTHDAY GREETINGS TO
HEATHER LODGE AND DAWN LODGE.
HOPE YOU HAVE A GREAT DAY.

St Marys District High School

Senior Football and Netball Report

Members of the St Marys District High School football and netball teams gathered on Wednesday afternoon for some games in the gymnasium, followed by a barbecue and then culminating in the best and fairest vote counting for the football team.

Even though the team only played seven games during term 2, 13 players recorded votes which is testimony to the football talent within the school. Awards were won as follows:

Joint Best & Fairest: Sean Cannon & Ned Hyland

Most Consistent: Nick Child

Most Improved: Brody Rickman

(Trophies to be kindly donated by Calows Coaches, St Helens)

Unfortunately, through a variety of circumstances, the school was not once able to field its strongest team and because all games in the competition were played in Launceston, St Marys only played in every second game. Had all players been available there is no doubt that St Marys would have been extremely competitive.

Coach Harry Veldums thanked Co-Captains Craig Smith, Nick Child and Ned Hyland for their help and support and thanked all players for their respect and attention.



School leaders Brad McDonald and Bianca Floyed keep the BBQ ticking over feeding the hungry footballers



Unfortunately a few were absent but most of the St Marys District High School football and netball players got together in the school gym.

Harry spoke in glowing terms about a particular game at Kings Meadow played in atrocious conditions where the spirit, courage and determination of the St Marys players came to the fore. On the day St Marys, with a depleted team, lost by a mere 10 points where the team they played had not previously been beaten and had not won a game by less than 80 points. Had the bounce of the ball been more kind on a couple of occasions St Marys could have won. The boys represented their school literally through blood, sweat and tears (and a broken arm).

Steve Park then spoke about the high standard of the girls who played in the netball competition. St Marys netball teams had not previously participated in the Launceston based competition and the performance of the girls, many of whom had never played together, was a genuine credit to themselves and to the school.

All those who represented their school did so with passion and conviction. Congratulations not only to the award winners but to all those who wore their school colours with pride.

Building Blocks is a new mobile child development program for children aged 0 – 5 years in Break O'Day

WE NEED YOU BECAUSE WE NEED A LOGO!

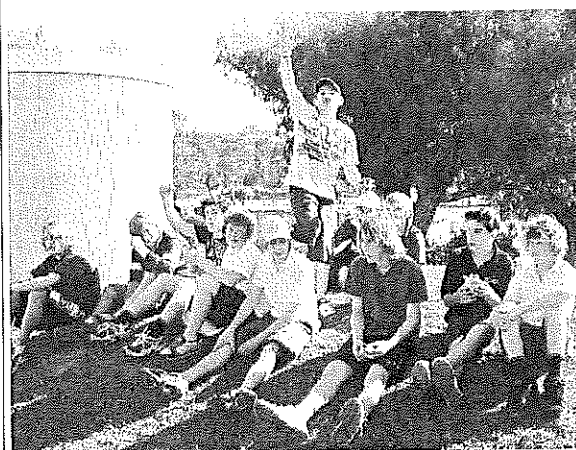
AND WE ARE OFFERING \$100 FOR THE BEST ENTRY

Get out the pencils/paints or whatever and design a logo for this exciting new program

Entries close 29th September @ 3.00pm

Entry forms available from:

St. Marys District High School, St. Marys Community Health Centre, Fingal Primary School, Fingal Valley Neighbourhood House, St. Helens Neighbourhood House, St. Helens District High School and Healthy Community Project



A few of the footballers tuck into their sausage sangas.

Tasmanian Lymphoedema & Laser Centre Inc.

Operating from the
St Marys Community Health Centre



Do you have a sporting injury
ulcer, arthritis, gout, tennis elbow?

As well as treatment for the condition of
Lymphoedema,
the low level laser at the
Tasmanian Lymphoedema Centre,
can help with the treatment
of these common conditions.

Call the enquiries/booking office on 6372 2900

Laser Therapist: Kate Williams 6372 2111

Massage Therapist: Sue Christianson 6372 2111
or 0418 515 419

Tim Morris MHA
Member for Lyons



CONTACT:

33 Burnett St, New Norfolk 7140

Phone: (03) 6261 8048

Fax: (03) 6261 8047

E-mail:

greens@parliament.tas.gov.au

www.tas.greens.org.au

Authorised by Tim Morris MHA,
Parliament House, Hobart 7000.



St. Marys Online
Access Centre
11am -2pm

Location:

St. Marys Online
Access Centre

Address:

23b Main Street

City/State:

St. Marys
Tasmania

Contact:

Greg Cruse

Email:

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Fun with Computers

A day to look at all the fun things you
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Playing Solitaire

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Interest.

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photos or movies.

We will advertise in the local shops and
an article in the local paper, the Valley
Voice just prior to the event.

Web Address:

www.stmarystasmania.com.au

Organisation:

SMACD

Phone:

03 6372 2005



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Phone Chris

0417 344 209

or

A.H: 6372 2258



TLC Inc.

IT'S ON AGAIN

Ladies and Gentlemen

This is an open invitation to join in the
fun & entertainment at our

MELBOURNE CUP LUNCHEON

Major Fundraiser for the
Tasmanian Lymphoedema Centre

Tuesday 7th November 2006
Doors open 12 noon for 1pm lunch
\$20 per person

at the St Marys Sports Centre
Complimentary drink on arrival

Sweeps & Draw of Major Raffle

Prizes for: Lucky Door
Cup hat
Novelty hat
Cup Lady
Cup Gentleman



Book early for a group table.
Sports Centre will be open at Noon
Tickets can be bought from:
Ruth 6372 2231
Charlie 6372 2648
Audrey 6372 2337
Door sales on the day.

"Giveaways throughout afternoon"

DOWSING WORKSHOP

2 Day dowsing workshop @ Whatever Art 44 Main St St Marys:
conducted by Vicki & Daniel Sauvage .Saturday & Sunday 16th-18th
September 9.30-4.30, Cost is \$75 per day or \$110 both days.
Early bird price is \$89 payable on or before the 10th September.

Places are limited to 20 people, Children 10-14 welcome FREE ,
accompanied by participating adult. Phone Sonia Progly for bookings on:
63722 986 at Whatever Art, or **63722 287**.

2 day workshop on how to detect Geopathic Stress Lines, Hartmann lines,
Ley Lines & how to balance them.

Geopathic Stress occurs everywhere around the globe. It occurs where there are
fissures and faults in the earth's crust. It is actually a problem for sentient beings ;
(including human beings) when people spend extended periods of time over the lines, & the lines
emit electromagnetic impulses. So if your bed is over one or more of these lines you may find
yourself with chronic health problems. Sometimes it manifests itself with children having
nightmares & difficulties falling asleep.

This workshop is designed to teach you how to detect the lines. It is a hands on workshop, with
lots of opportunities to practise the skill of western geomancy. We will not be teaching people
how to dowse for water.

Your teachers are Vicki & Daniel Sauvage who have been dowsing for over 25 years, the re-
ality that all human beings have whether they are aware of it or not ! Children are particularly
good at picking up the skill and they believe it is a skill that can be easily taught to anyone- it is
actually an inherent ability . Animals will often demonstrate their ability to detect lines by
avoiding certain areas. Germany particularly takes the presence of harmful earth emissions
seriously. There are many German devices that are available to help protect against these
emissions.

DAY1 :General information about different lines, explore different approaches to
redirecting the lines , LUNCHBREAK: bring something vegetarian to share.

Teaching dowsing using dowsing rods, & practicing new skills.

DAY2: Balancing the earths energies using the cup marking method,

Clear two properties . LUNCHBREAK

Balance the earths energies using the four celtic stones , clear 2 properties.

For further information phone Vicki Sauvage after September 8 on 03 62390 126.

Scamander Beach Surf Shop

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ST MARYS COMMUNITY HEALTH CENTRE

PLEASE BE PATIENT

Current demand on our doctor/s is at an all time high. Please be aware that waiting periods do apply. Phoning in advance may save you a wait. Please be patient, we are doing our very best and your cooperation is appreciated. Everyone's health is important to us.
— Manager CHC

WOMEN'S CANCER SUPPORT GROUP

WELCOMES NEW MEMBERS TO

JOIN US ON: **Thursday 31st**

August 2006, At 12 noon,

At Lures Book Shop & Cafe, Scamander.



For further details phone 6374 2275 or 6374 2267

DOCTORS ROSTER

DR JEAN ROTHERO AND DR MARK LOEFFLER WILL BE THE DOCTORS ON ROSTER FOR THE FOLLOWING FORTNIGHT.

DR LOEFFLER WILL RESUME NORMAL SURGERY HOURS ON TUESDAY 5TH SEPTEMBER 2006

PLEASE PHONE THE COMMUNITY HEALTH CENTRE ON 6372 2111 FOR APPOINTMENTS OR **BEFORE PRESENTING AFTER HOURS.**

PLEASE NOTE THERE WILL BE NO WEEKEND COVER ON SATURDAY 9TH AND SUNDAY 10TH SEPTEMBER 2006.

PLEASE PHONE GP ASSIST ON 1300 780 011 FOR AFTER HOURS SERVICE OR IN AN EMERGENCY PHONE 000

SCRIPTS AND DOCTORS APPOINTMENTS

PLEASE ENSURE DOCTORS APPOINTMENTS ARE BOOKED **PRIOR** TO YOUR MEDICATION/S RUNNING OUT OR **IN ADVANCE** IF YOU ARE ATTENDING THIS PRACTISE REGULARLY. **AT PRESENT THERE IS A 3-4 DAY WAITING PERIOD.**

SCRIPTS **WILL NOT** BE TAKEN OVER THE PHONE.

GP ROSTER- ON CALL: 6372 2111

Please phone the after hours number for the doctor on call.

Medical Emergencies phone: 000

The Ambulance on: 1800 008 008

GP Assist on: 1300 780 011

St Marys Community Health Centre

GP Surgery Hours:

8:50am-12:30pm

12:30pm-1:30pm LUNCH

(Please do not phone during lunchtime)

1:30pm-5:00pm

'WHAT'S ON AT THE CENTRE'

31 Aug **FIT Focus Group** 1pm-2pm Day Room

1 Sept **Self Defence Course** with Fiona Watts \$10 a session (10 sessions per course). At the CHC, 9:30am start. Phone 6376 5242 for further details.

1 Sept **Alcoholics Anon (AA)** Holy Trinity Church St Marys at 8:00pm. Please phone 6372 5026 for further details

6 Sept **Podiatry, Lightfoot Podiatry.** Please note Private Podiatry appointments are NOT TAKEN through the Community Health Centre. A referral is required then you must contact Lightfoot for your appointment time.

6 Sept **Alcoholics Anon (AA).** Anglican Church St Helens at 8pm every Wednesday evening. Phone 6372 5026 for further details

8 Sept **Alcoholics Anon (AA)** Holy Trinity Church St Marys at 8:00pm. Please phone 6372 5026 for further details

12 Sept **Child Health Clinic** 9am-12noon, with Lorraine McGee. Afternoon appointments are available by phoning 0428 136 381

13 Sept **Alcoholics Anon (AA).** Anglican Church St Helens at 8pm every Wednesday evening. Phone 6372 5026 for further.

THUMBS DOWN TO THE PERSON OR PEOPLE WHO VANDALISED THE COMMUNITY HEALTH CENTRE DRIVEWAY...

SENIORS WEEK 2006

On Wednesday 4th October 2006 the Community Health Centre will be hosting an Interactive Day for the Community as part of Seniors Week Celebrations. -Self Defence, Fitter Sitters, the RSPCA, Community Transport representative will give a demo or an interactive display. Keep this day free. More details next valley voice edition.

ST MARYS COMMUNITY HEALTH CENTRE

SOCIAL WORK DEPARTMENTS ST MARYS/ ST HELENS

Mon 4th Sept	Helen Jennings, St Marys
Tues 5th Sept	Helen Jennings, St Marys
Wed 6th Sept	Shan Williams, St Helens
Thur 7th Sept	Shan Williams, St Helens
Fri 8th Sept	Shan Williams, St Helens

Mon 11th Sept	Helen Jennings, St Marys
Tues 12th Sept	Helen Jennings, St Marys
Wed 13th Sept	Helen Jennings, St Marys
Thurs 14th Sept	Shan Williams, St Helens
Fri 15th Sept	Shan Williams, St Helens

Please phone:

St Marys (03) 6372 2111

St Helens (03) 6376 5244 for appointments

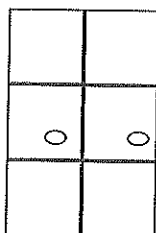
EMERGENCY RELIEF FUNDS

PLEASE BE AWARE THAT THERE ARE NO FUNDS AVAILABLE FOR EMERGENCY RELIEF. FOR FURTHER INFORMATION PLEASE PHONE THE SOCIAL WORK DEPARTMENTS ON THE ABOVE LISTED PHONE NUMBERS.

ITEMS FOR SALE

The St Marys Community Health Centre has a number of items for sale. To place a bid please fill out the opposite section and submit to the reception **before 14th September 2006**

2 X 1200 X 1200
FROSTED WINDOWS



2 X 3 SECTION WINDOWS,
MIDDLE WINDOW
OPENS. (EACH SECTION
740 X 1130)

○ - OPENING SECTION

MAY BE SOLD INDIVIDUALLY OR AS ONE

1 X 4 SECTION WINDOW, NON OPENING
3350 X 900



PLUS VARIOUS DOORS, SINKS
AND TOILET PANS

PHONE IAN FOR FURTHER DETAILS 6372 2111

You are invited to ART FOR WELLBEING PROJECT

The Healthy Community Project has received a one off grant to offer a **FREE ART PROGRAM**. This is a fantastic opportunity for people experiencing mental health issues to explore and develop their artistic skills in a safe and nurturing environment..

Participants will have the opportunity to get creative with sculpture, paint and print, all under the guidance of an experienced art lecturer.

The project will run for a period of eight weeks meeting on a weekly basis.

If this project sounds of interest to you contact Abbie at the Health Community Project on 6376 5242



ITEMS FOR SALE 'MY BID'

ITEM (BRIEF DESCRIPTION OF ITEM)

BID AMOUNT \$ _____

(IF MULTIPLE ITEMS) \$ _____

\$ _____

CONTACT DETAILS (NAME & TELEPHONE)

Information of this page was supplied by:

St Marys Community Health Centre, Gardiners Creek, Road, St Marys, TASMANIA. 7215

Mon	Tue	Wed	Thu	Fri
		30th Aug. • Soccer Training • Arts on Tour • Dental Service	31st Aug. • Dental Service	1st Sept. • Grade 11/12 Moderation
4th Sept. • Primary Assembly 11am 1/2TB to lead • Dental Service	5th Sept. • Dental Service	6th Sept. • Dental Service	7th Sept. • Dance Day P-6 • Dental Service	8th Sept. • Dental Service • LAST DAY OF TERM 2
<h2>School Holidays</h2> <h3>11th - 22nd September, 2006.</h3>				
25th Sept. • STUDENT FREE DAY	26th Sept. • Start of Term 3	27th Sept.	28th Sept.	29th Sept.



SCHOOL DENTAL SERVICE



- ☺ Thursday 31st August
- ☺ Monday 4th September
- ☺ Tuesday 5th September
- ☺ Wednesday 6th September
- ☺ Thursday 7th September
- ☺ Friday 8th September
- ☺ Monday 2nd October
- ☺ Tuesday 3rd October
- ☺ Wednesday 4th October
- ☺ Thursday 5th October

Please feel free to contact them regarding your child's dental health on the numbers below:

St Marys Dental Unit 6372 2488
St Helens Dental Unit 6376 1713
Kelham Street Dental Unit 6336 4100

ST JOHN AMBULANCE CPR COURSES

St John Ambulance CPR courses with Roxy Cowie will be held on:

MONDAY OCTOBER 9 in the School Hall

People who have not attended previous CPR courses are required to enrol in the 2.5 hour session, while regular participants only need to attend one of the other sessions.

Cost for this course is \$40.00 and certificates are valid for 12 months.

Bookings and Payment must be made directly with St John Ambulance.

Please contact St John Ambulance on 6343 4226 or 1300 360 455 to book and pay for your preferred session.

Session Times:

- 11.00 - 1.30pm (for people who have not attended previous CPR courses)
- 2.30 - 4.00pm
- 5.00 - 7.00pm

Community Learning Program

This term whilst half the grade 9s and 10s have been playing football and netball on Wednesdays the remaining students have been involved in Community Learning.

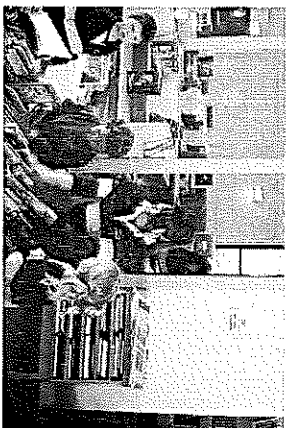
The aims of the program have been to help students realise that learning is lifelong and extends beyond the traditional classroom. In addition it was hoped to foster stronger links between the school and community of which we are a part.

Some of the positives from the experience included students being able to extend their network of contacts, seeing the value of volunteer programs and opening their eyes to future job opportunities.

To all those people in the community who have helped provide a mentoring role the school would like to say thankyou. The words and photos of the students that follow give an indication of the value of your efforts.

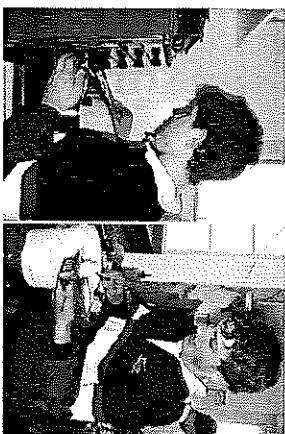


Sam Panton helping in Miss Mackenzie's class.



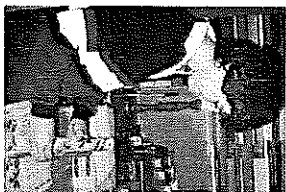
Kindler
Diana Nickson

It's fun, I like working with little kids. They have a mind of their own. I've been helping with library, finishing work and playing games. Miss Bennett was really fun to work with!



Canteen
Aaron Midson and Henry Dawson

"Helping in the canteen was alright. We learnt how hard it is for Lianne to do it herself."

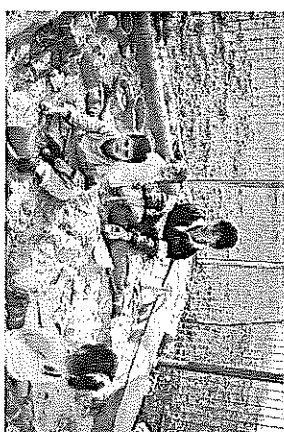


Eli Warena a tremendous help in the school office.



Oliver Micek - car wash enterprise.

St Marys Childcare Centre
Kristen Viney



"It was really good - the kids were playful and didn't mind reading you. From my reading I learnt what they could do at different ages. It's helped me think of it as a career option."



Ruby Wallace assisting with lunches in Miss Hendley's class.



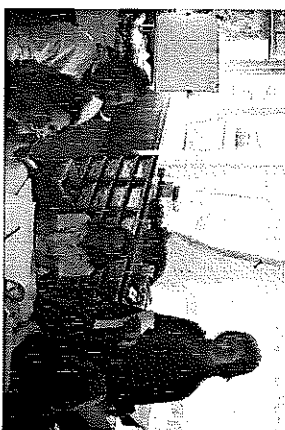
Ben Kitchin helping out in the canteen



Chloe Singline helping out at the St Marys Community Health Care Centre's Day Care.



Rebecca Breug helping students in Miss Morrison's class



Kylie Pardon and Katarina Walker assisting with Miss Morrison's class



Flambou Walk
Courtney Olds, Nicolas Corred, Nicole Evelyn, Sebastian Booth, and Billie Johnson-Sinclair

"They are really passionate. They care about what they do. Watch out for the dog wood!"

Sebastian Booth:
"It was alright. It would have been better with more time. They taught me the importance of trees on creeks and how to check water."

Netball News

2006 Season Wrap-Up

It was a great achievement for all three St Marys teams to make the St Helens Netball Association Grand Finals on the 19th of August, but sadly there was to be no silverware making its way back to St Marys. All the girls tried hard but it wasn't St Marys' day, and now it is time to start thinking about how things can be turned around for next year!

Association Awards

While there was disappointment on the courts, St Marys was well represented in the Association awards:

Division 1 Best & Fairest Runner-up – Rebecca Holmes

Considering that 2006 was only the second year Rebecca has played netball, winning this award in senior open competition is an amazing achievement.

Division 2 Best & Fairest – Danielle Williams

Danielle had a great year and from all reports won this award by a considerable margin – a rising star!

Division 3 Most Consistent – Kirsty Panoff

Kirsty is now one of the "senior" players in Division 3 and her experience was a valuable asset in view of the number of new players in the team. The award capped off a great year for Kirsty.

Presentation Night

The St Marys Sports Centre was jumping on Saturday night to the sound of Donna Gough fronting the New Hefners. It was a great night and it was also fabulous to see Justin Emmerton and the other guys in the band give the local High School students that performed in the recent Rock Challenge a chance to strut their stuff in a professional performing environment. Lucy Goldsmith, Beth Rosskelly, Reece Maher and Billie Johnson-Sinclair did a great job – the talent in this town is amazing. Young Jacob Spilsbury also had a chance to show his considerable talent on the drums jamming with Jay Everingham on lead and Simon Holmes on bass. Great effort guys.

The following is a summary of the awards presented on the evening:

Division 1

Best & Fairest – jointly won by Melanie Broomhall and Alira "AJ" Aulich

Best & Fairest Runner-up – Rebecca Holmes

Player of the Finals – Danielle Briggs

Division 2

Best Player – Danielle Williams

Most Consistent – Beth Rosskelly

Most Improved – jointly won by Emma Spilsbury and Hannah

Spilsbury

Recognition was also made of the special assistance provided to the team by Louise Williams and Alex Veldums.

Division 3

All the players were presented with a trophy and certificate in recognition of a very successful year. A special "Coaches Award" was presented to Elka McColl.

The assistance and advice offered to the team by Rebecca Holmes and Nicky Leedham was also acknowledged.

Summary

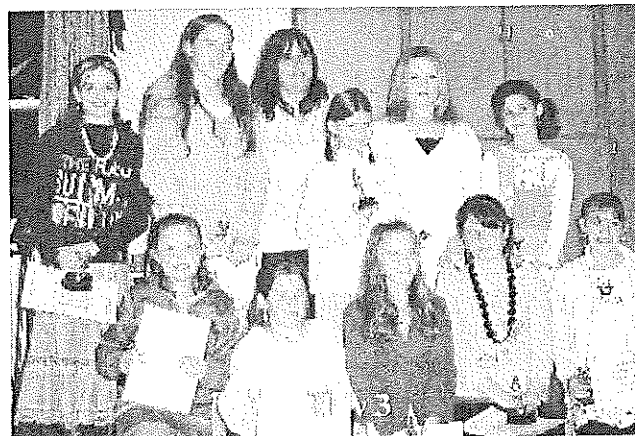
Congratulations to the award winners and all the girls for their participation.

All the coaches would like to thank the parents and everyone else involved for their help and support over what has been a very successful year.

The club is going from strength to strength and there is a real sense of common purpose – look out for a big improvement in 2007!

Thanks also to all involved with the presentation night, it was a great success. The bar staff on the night did a fabulous job and the support from the Sports Centre is genuinely appreciated – it's a great venue. Supper was also tasty and plentiful – thanks to the parents.

It might sound like a bit of a cliché but St Marys has much to be proud of – the girls that put their heart and soul into representing St Marys at Netball are no exception – you all have every right to be extremely proud of your efforts.



Sports Centre news by Kackhander

Over the last fortnight we have had the finish of the Spilsbury Trophy and then the Annual Tournament. To the Spilsbury Trophy first, and thanks once again to the very supportive family who continue to put on this great event each time. To the trophy donors again thank you for your generous efforts.

It was marvellous to catch up with Stephen 'Spaz' Spilsbury, who came out for the second day. He still hits a pretty mean ball. Also to Rod Spilsbury, who called in to see how it was all going. Thanks everyone.

The Handicap day two, was won by Kodie Donald (62) by 1 stroke from Mark Carrick. The gross went to Rod McGiveron (74) again by 1 from Mark Carrick. Mark's consistency over the two days though, 76 - 64 and 75 - 63, 127 nett was terrific, and gave him the 2006 Spilsbury Trophy. Well done Mark. John McDonald was second on 131. Also well done.

Now to the Tournament. Although the fields were relatively small by former standards, it still proved to be a good event. A very special thanks to our Tournament sponsors, The Hobart House of Golf, through Brian and Trish. They were incredibly supportive and provided some nice trophies, the opportunity for golf gear purchase and interesting conversation over the two days. It is anticipated we will be able to ask them to again sponsor the 2007 tournament, and they have been great partners with us this year. We hope that they will have a continuing relationship with the club.

We cannot forget the fantastic work that Trevor, Jack and Damon Viney did on the course, together with some equally impressive work from our club President, Bob Hersey, Col Payne and Roger Donald last week. Thank you to all, and the old girl did look fantastic.

Also thanks to Trev, Bob and Col in the office and to Macca (rolls) Alana and Roger (soups etc) Mark Carrick (casseroles) Leeanne, and everyone I've forgotten for the other help. Thanks indeed to you all.

To Jack, Damon, Col, Roger, Tam, Brent and all who helped in the bar and Janice for all her help. As you can see there are plenty of willing helpers.

Congratulations to Jack Viney and Bobbie Harwood for winning the St Marys Open Championship for men and women respectively this year, which gets your names on the honour board for these events. Great effort.

Other St Marys winners included John McDonald, Don Targett, John Miles, Trevor Viney, Kath Blair, Liz Clayton, Norma Mallinson and Beth Haas. A special mention goes to Brad McDonald. We think Brad's win in the Men's nine-hole nett is his first individual trophy. He shot 46 - 30 which was a fine score and could have been even better. Macca encouraged him to play the final nine to great effect, and that new putter bought earlier that day was used by Brad incredibly well. Great effort mate.

You can't have a good tournament without support from other clubs, and again this year we had some players each day from Malahide, Scamander and St Helens, which we appreciate. Thanks to you all. It was terrific.

Congratulations to Lyall (Biddy) Hall for his win in the Men's B Grade events, to Diedre Panton who partnered Dale Ridgers in the mixed Canadian Foursome, incidentally recording an incredible 67 gross in the progress, and to Marion Green -Dianne Harris in the Ladies Foursomes Nett.

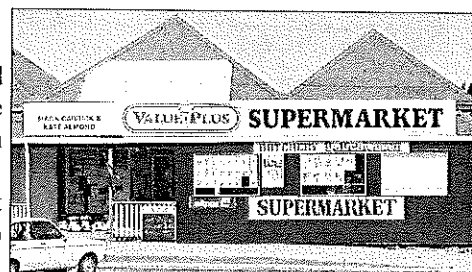
This week coming up is the Malahide Tournament. There is no scheduled competition at St Marys and we trust a few players will reciprocate at Malahide at least on one of the days. We must support each other.

A special thanks to Rod Macbeth, Graham Little, Julie Gunton, Rose King, Dot Weedon, Speed Maher from Scamander, Ian and Marion Green, Dale Smith, G & M Kemsley, P & L Young, Leslie Murphy, Sandra Barrett, Lindsay and Di Harris and Malcy Rayner from St Helens and Glenn Woods, Max Rale, Biddy Hall, Mark and Andrew Johns and Diedre Panton who visited from Malahide.

A little bit of news about our meals. Unfortunately due to employment opportunities David and Karen will be cutting back on Friday nights, but are keen to have Theme Nights every last Friday of the month. i.e Chinese, Thai, Indian etc, which sounds great. He'd like to thank everyone to date and hope the members will come those Friday nights for a slap up feed. Thanks to them both so far.

Subscription notices are out there and many will be posted, so keep a look out for them. Don't forget Tote Day and Tasbash Day coming up soon, and the start of bowls practice. It's all happening.

Anyway, until next time, good hitting and rolling.



IGA

**St Marys Value Plus
Supermarket**

38 Main Street St Marys
Mark Kate

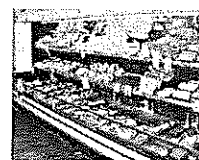
Phone/Fax 6372 2240

Butcher Ph: 6372 2274

Mon - Fri 8am - 6pm

Sat 8am 12 noon

Check out our weekly meat specials



This week

Premium mince \$7.99 kg

Rump steak \$9.99 kg

Speciality sausages are:

**Beef, sundried tomato & basil
Butcher's pork & butcher's beef**

Next week

T-bone steak \$14.99 kg

Topside roast \$ 7.99 kg



Call in and see Speed or Nicky