THE VALLEY & EAST COAST VOICE

Volume 38 No. 3 Thursday 9th lune, 2005

Est. 1968 50 cents

The 6th Annual St Marys celebration of the WINTER SOLSTICE will be held on Saturday June 18th from 4pm, on the StMarys Recreation Grounds.

Last year's Winter Solstice was awarded "Community Event of the Year 2004" by Break O'Day Council. Hundreds of people enjoyed the varied entertainment whilst being warmed by delicious food and the wood fires.

And this year's WINTER SOLSTICE aims to be even bigger and better.

The shortest day of the year brings a time to celebrate the coming of longer days, warmer weather and Spring.

Grassy Bottom Regional Arts President, Robyn Oh says the St Marys community and people from around the region and State, have really taken the WINTER SOLSTICE to heart.

Ms Oh says people appreciate the seasons we have in Tasmania, and like to celebrate them, and besides in many parts of the world, the WINTER SOLSTICE is just an old fashioned fun family event.

This year's WINTER SOLSTICE includes Fire Sculptures, Taiko Drummers, Puppet Theatre, Dancers, a greater variety of hot food and drink, Lantern Parade, and an even bigger fireworks display, and a dance Party from 8pm.

The success of the WINTER SOLSTICE EVENT is largely due to the generosity of the local businesses, Break O'Day Council and Tas Regional Arts, in providing the financial and in-kind support.

Grassy Bottom Regional Arts

St Marys Winter Solstice 2005

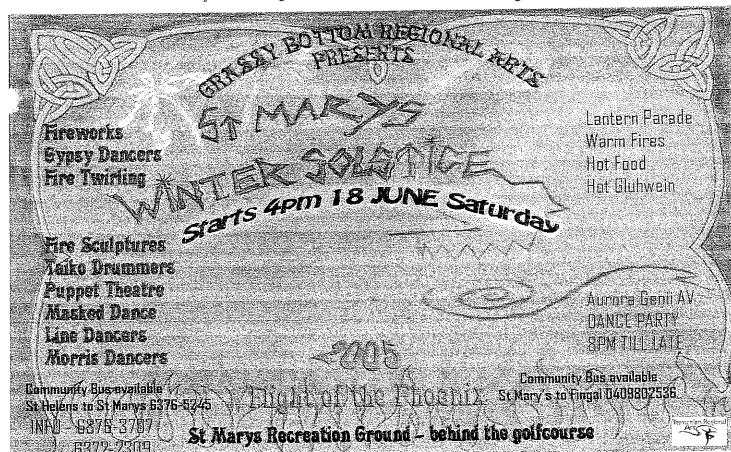
Program of Events
Start

4 pm Line Dancers 4.30 pm Gather for Lantern Parade 5 pm Chordwainers Official Opening 5.20 pm Lantern Parade 5.30 pm Taiko Drummers 6 pm Shadow Candle Dance 6.10 pm **Shadow Puppets** 6.13 pm 6.40 pm Taiko Drummers 6.50 pm GypsyDancers 'kelana puru' Winter Solstice poem 7 pm Chordwainers Masked Dance 7 10 pm Fire Sculptures 7.30 pm Fire Dancing Taiko Drummers

8 pm Aurora Genii
St Helens Bus \$5 Ph; 6376 5242
Fingal Bus \$4 Ph: 6372 2111

7 45 pm

Fire Works



Community news

Rustic Ragamuffins

Meet every Tuesday night at

Gone Rustic 37 Main St St Marys from 7 – 9 pm To stitch, chat and laugh! Bring your current stitching project and \$5.

Tea and coffee, plus supper provided. Contact Rita: 0409 289 997

North East Bioregional Network meeting Tuesday 19th July, at e.Scape Café, St Marys at 4pm.

St Marys Hospital Auxiliary meets the first Monday of every month at the St Marys Community Health Centre.

Indoor Bowls Cornwall are hoping to re-start indoor bowling. We are calling on old bowlers, and those who would like to learn. Indoor bowling is a great sport. We are hoping to play on a Thursday from 1.30pm.

For further information please ring Una Camplin on 6372 2248

Tasmanian Lymphoedema and Laser Centre Inc. next meeting is Monday 20th June at 10am, at the St Marys Community Health Centre.

The Annual General Meeting of the St Marys Sports Centre Inc. will be held in the Clubhouse, Friday June 24, at 7.30pm. Business includes: previous AGM minutes etc. officer's reports, Treasurer/Auditor reports, election of Office Bearers, Auditor and Patron, setting of subscriptions, honorarium, Life memberships and specific business and general discussion. Rod McGiveron (Hon Sec)

Community News Cont'd

QUILT-IN – raise funds for cancer research and have fun at the same time! Help to make patchwork blocks to be put into a quilt, on Saturday, 11 June, 10 – 3pm. Please bring sewing tools, \$5 and lunch to share.

RSVP essential Gone Rustic Quilt Studio & Gallery, 37 Main St, St Marys PH: 0409 289 997

For Sale

Kodak 2px Easyshare digital camera, with installation disk and computer cable.

Only 12 months old.

Good condition.

Only reason for sale is the owner has upgraded. \$120



THUMBS UP

To the 3 teenage boys who found, and handed in to the police station, a wallet fully intact. The owner of the wallet was very impressed with the boys' honesty. Well done boys.





CALENDAR OF EVENTS JULY TO DECEMBER 2005

The Break O'day Council is currently seeking information for its 2005 Calendar of Events July to December 2005.

If you are holding an event between July and December this year, and would like to advertise free of charge on the calendar, please contact:

Chris Hughes on 6376 7900 or email: chris.hughes@bodc.tas.gov.au

And provide the following information

Name of Event
Date of Event
Contact Name
Contact Phone Number

Information must be received by Friday 17th June, 2005

East Coast Phone & Communications

- ♦ Telephone & Data cabling
- Commander Systems
- Sound System Cabling
- TV Aerials & Tuning

John Heron

30 years experience ACA Licence



PO Box 29 StMarys 7215

Ph: 6372 2402 Mob: 0409 959 121

C & D EXCAVATIONS: Local Owner Operator

Phone Dana 6372 2033 or Craig 0439 722 032 FOR ALL YOUR GENERAL EARTHWORK NEEDS

- ♦ Dams
- Roading
- ♦ Slashing
- ♦ Fire breaks
- ♦ House sites
- ♦ Land clearing
- ♦ Bridge Construction
- ♦ Road gravel available
- ♦ D5 Dozer
- ♦ 20 ton Excavator with log & grabs, bucket & ripper
- ♦ Track loader
- ♦ Root rake
- ♦ Bucket & forks
- ♦ Compaction roller
- ♦ 4WD Tractor & Slasher

Classifieds

Items for sale

Young Ducks \$5 each Ph: 6372 2413 Labrador cross puppies, very cute. Available in 6 weeks. \$20 each

Ph: 6372 2413

2 pine student desks with drawers \$35 ea Ph: 6372 2200

Singer sewing machine. Brand new. \$160 Rotary clothesline. Good cond. \$60

EA 90 model Falcon wagon. Fuel injection, four speed T Bar auto A/C -P/S Alloy bull bar, tow bar, good tyres & rego. A1 \$2,000.

Tandem car trailer 14' x 6' ramps 4 wheel discs and hand winch. \$2,000. 6.1 metre fiberglass cabin cruiser set up Or off-shore fishing. Ring for details. h: 6372 2107 or 0417 279 422

5 draw chest of drawers, \$100 6 draw chest of drawers, \$ 120 Baby rocker, \$30 Baby bath and matching nappy bucket

Portacot with foam mattress, \$50

PH: 6372 2158

24" 15 speed boys mountain bike \$20 20" girls bike in very good condition \$50 D Bean Ph: 6374 2165

Workshops

Eabric printing / T-shirt making:

Bring along some old clothes to revamp or print your own T-shirt Thursday 9th June, 10 – 3pm at St Marys Town Hall Cost: \$3 & \$5

Lantern Making: Adults and children welcome. 6th -12th June 10 - 3pm at St Marys Town Hall Cost: \$5 Wear old clothes for all activities.

Children under 8 need adult supervision.

PH: EO 0438 571 291 or Robyn: 6372 2309 for more info.

Items for sale cont'd

Rita Summers is selling her quilts, so she can make some more! Prices from \$35 to \$550. Also 10% off marked prices on kits and patterns.

Gone Rustic Quilt Studio & Gallery, 37 Main St, St Marys. PH: 0409 289 997

1 Jonsered 670 champ chainsaw 20" bar \$600 O.N.O.

1 5 HP Yardman chipper shred-

\$600 O.N.O.

Ph: 6372 2315

1995 Yamaha MT trail bike 100cc competition. Good condition

\$1500 O.N.O.

Tel: 0419 861 544

1983 XE Falcon Reg. 06/05 PH: 0439 084 024 or 6372 2348

20" girls bike A1 cond. \$30 Boys or girls scooter v. g. cond. Wooden rocking horse \$20

Baby born change table \$35 I oven - suit shack \$20 2 solid wooden doors \$50 each PH: 6372 2164

Nokia 1100 with car charger & 2 cases

If interested please call 0417 463 955

86 XF Falcon recon engine, new clutch, runs well. Reg until 9/05 \$1500

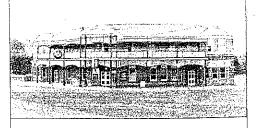
PH: 6372 5175

To give away to good homes 9 cute puppies, 5 male, 4 female Hound x Dalmatian Ready to go in June.

Contact: 0439 722 614

To give away to a good home 5yr old Red staffy bitch. She has been fixed, and is a great family dog.

Ph; 6372 2487



Specials at the Pub The St Marys Hotel

is pleased to announce that it will now have a family

SPECIALS NIGHT

every Thursday night. The specials for this coming fortnight will be:

> Rump Steak with chips or mashed potato Chicken Schnitzel with chips & salad

Fish and chips for the kids. Pancakes and maple syrup for dessert.

And a glass of beer, wine, or soft drink included!

All of this for only \$9.99 a head.

Ask our friendly staff for any Bottle Shop specials. Ph: 6372 2181

RATHA B'ZAR

ଏହା ସେ ଓଡ଼ିଆ ଅନ୍ତର୍ଶ ହେ ଓଡ଼ିଆ

40 Main Street St Marys Ph: 6372 2487

School holiday special

20% off Robyn & Billie's handmade crystal & natural stone jewellery.

25% off some new clothing.

Still heaps of winter woollies from Nepal. We're about to order again, so tell us what you want.

Lots of new books.

There's always something new & B'zar to look at.

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Out of the woodwork

By Reon Johns (Pres. Ph: 6372 2094

It's that time of the year again.

Yes that's right, Winter Solstice time.

The Guild will have a food stall. selling hot soup and snag sandwiches at \$2.00 each.

So come up and say hello and have something to eat and drink.

The Guild would like to thank the following:

Value Plus Supermarket, St Marys Post Office, St Marys Bakery and Elephant Pass Pancakes, for their support.

As winter is here, officially, the Guild has decided to bring our monthly meetings forward and we will now meet at 2pm and not 4pm. This will make sure that the meetings are over and done with while there is still daylight.

The next meeting is Saturday 22 June at 2pm at the goods shed behind the St Marys Railway Station. Remember the new start time is 2pm

King Winter

Winter Creeping comes. Softly, slowly.

Frosty fingers massaging our bones, Tickling wet our vapour breath, Whispering ice, Whispering death. Brittle leaves and barren and Crunching with the morning white....

Stamp.

Winter, wrap our hearts in the promise of renewal.

Winter, embrace our souls to walk The underworld ways.

Winter, steal safe our secrets Dreamed around the roaring fires. Winter holds us; seeds awaiting Springs sure touch.

Snug in our nests, Walled against the Storm, Mist, Rain, Snow, Hoar, Wind, Howl, Bite,

Winter, I crown you now, KING. By Alizon Whitestar McColl

Remember

The Winter Solstice

Sat June 18, starts at 4pm St Marys Recreation Reserve

St Marys Playgroup First Aid Course

Playgroup Tasmania is asking for expressions of interest from anyone interested in obtaining a

Basic First Aid Certificate

in life support knowledge and skill management of injuries and illness in babies and children.

Cost \$35 playgroup member, \$65 non-member. If there is sufficient local interest, it may be held in St Marys.

To register your interest, contact:

Tanya: 6372 2534 or

Playgroup North: 6331 6599

Remember: No playgroup this week.

Next Playgroup: June 17, with Winter Solstice mask making.

Donations for winter solstice stall: if you can serve or help set up (from 3 - 5pm on the day)or donate food (small cakes etc.) please let us know.

Ransley's Appliance Service

P O BOX 136 SCAMANDER TAS 7215

• WASHING MACHINE NOISY?

° REFRIGERATOR RUNS TO LONG?

· CLOTHES DRYER BLOWS COLD AIR?

THEN YOU NEED THE SERVICE OF OURTECHNICIANS



RING US ON: SCAMANDER 6372 5307 MOBILE: 0428 761 811

Thank You

I'd like to thank Peter for moline I'd like to thank Peter for making my 40th birthday so special. Thanks to Cookie and crew for the wonderful job with the meat, and Michael Sweet for all the time you spent at the spit as chef. The meat was so succulent.

Thank you to Carole Woods for the tasty soup, and Michelle Barnes and Debbie Spears for their help on the night.

To everyone who brought presents, sent cards and cooked or made desserts, and helped set up and clean up, I thank you all, and to Warren Spears for keeping us all warm, we couldn't have done without you.

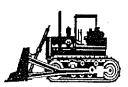
A big thank you to you all.

Janine McGill

MILLERS SKID STEER EARTHMOVING

General Earth Works. George Miller 44 Elizabeth Street Mangana FREE QUOTES - 6374 1024

- ♦ DRIVESWAYS/ROAD PREPARATION (Graded & rubble supplied)
- ♦ FINES SUPPLIED FOR ROADWAYS
- ♦ LANDSCAPING STONES POSITIONED (Placement of Rocks)
- \Diamond ROTARY HOEING FOR HOUSEHOLD VEGETABLE GARDENS
- ♦ TREE TRIMMING & GARDEN CLEAN UPS



- ♦ TRENCHES BACK FILLED
- ♦ RUBBISH REMOVAL
- ♦ SHED SITES CUT
- ◊ LANDSCAPING

Healthy Community Project Do you want to do something that is great for your community, and good fun?

This is your opportunity to make a difference.

The FriendSHIP
(Friends Sustaining Healthy Individual Program)
is now sailing.

The program is being implemented by the Healthy Community Project, and we need you to make it happen.

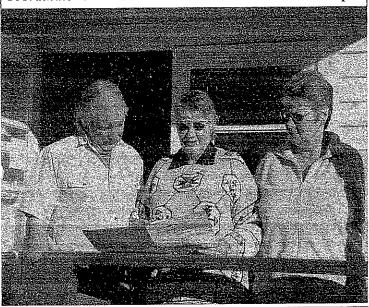
"The idea of this program is to give individuals who may be isolated or in need of a friend, the opportunity to meet with a volunteer who has similar interests, for a minimum of 1 hour per week".

Anyone from any background, old or young, can be a friend. Volunteers will be provided with *free training* and ongoing support in their role.

Service providers within the area are very excited about the friendSHIP project, and are eager to see it up and running, but, WE NEED VOLUNTEERS.

Are you one of the first to come aboard? This is a home visiting, friendship service. Volunteers will not be asked to do housework, gardening, maintenance etc. just sit and chat. So what are you waiting for? Pick up the phone and call Healthy Community Project on 6376 5242

Photo below: FriendSHIP Volunteer Project L to R: Volunteer Peter Strochnetter, Volunteer Program Coordinator Joan Harris and volunteer Christine Bishop



Advertisement

DICK ADAMS MP Federal Member for Lyons

Web Page. Http://dickadams.id.au

Email: D.Adams:MP@aph.gov.au

PH. (03) 6398 1115 Fax. (03) 6398 1120 Local Call Cost 1300 132 689 Authorised by P. Kearney 21 Killara Ave, Lanena



"OOPS"

The 'Biggest Cuppa Tea'was a great success, but it also turned into "The great handbag chase."

After having a nice cup of tea, and a bit of socialising, one retired school teacher, and friend, decided it was time to leave.

Picking up what she thought was her handbag, they left.

Some time later, a group of other ladies, from Fingal, decided it was time they left too, but on searching around, they couldn't find one handbag, which had the car keys in it!

It seems the retired teacher had picked up the wrong bag!

The dutiful community worker charged off, trying to find the bag. After many phone calls and home visits, the bag came to light, tracked down by the community worker and the teacher's daughter-in-law.

The bag was returned to its rightful owner. The teacher who was visiting a friend, was oblivious to what had happened until about an hour later.

Congratulations to Charmaine Mitchell who celebrated her 50th birthday last week, with a party at the St Helens RSL. I believe, by all accounts, there was good food, good music, good company, and Charmaine danced the night away.

HAPPY BIRTHDAY, CHARMAINE



Exhibiting quality Tasmanian art and design.

Serving Breakfast ALL DAY!!

E.scape for a GREAT Grinders Coffee!!

TAKEAWAY available PH: 6372 2444

Functions catered

Pasta Night Wednesday 5-7.30 pm

\$10 main only

Grill Night Thursday 5-7.30 pm

\$10 main only

Sunday Roast Lunch 12 –2pm Dinner 5–7pm \$10 main only

Open Monday to Saturday 7.30am – 8.30pm (or later)

Sunday 8.30am - 7.30pm

21 Main Street, St Marys

(opposite the Post Office)

LET'S ALL GO FOR A WALK: By Jim Haas.

For the wellbeing of our body and mind it is important to add regular exercise to our daily diet. Whether we like it or not our body will not function correctly or our minds will not find that perfect state of relaxation without the correct formula, both of which require good healthy food and a form of exercise to suit each one's level of fitness.

Whilst a small percentage of us can run marathons, play football, swim the English Channel or cycle in the Tour De France the rest of us have to be content with what our bodies can cope with or what our life styles give us time for.

But it's not about whether we can compete at Olympic level, for the ordinary folks like you and I it's the level that maintains a good healthy, functional body and mind that we need to worry about and that's as easy as going for a walk, and we can do it well into our twilight years.

Walking is by far the most popular form of exercise in the world, and whilst it may not get you on the front page of the newspaper or on television's Sports News it will burn calories, help lower blood pressure, give you a lower resting heart rate, make your heart and lungs work more efficiently and generally makes you feel better, all of which helps in the fight against two of our major killers in strokes and heart attacks.

In St Marys we are fortunate to have the race track and the old railway track from the station to Top Marshes Road. Both areas are fine, giving us a flat easy pathway to walk at any pace and for as many laps as we feel we need. But for the more adventurous, it is the mountains surrounding our town that holds treasures equal to the more advertised areas of Tasmania.

St Marys Association for Community Development is currently researching a project that will build or upgrade walking tracks to as many interesting sights that can be found in the St. Marys Cornwall area.

This will include St. Patrick's Head, Mt. Elephant, South Sister, Dalmayne, Mt. Nicholas, Cornwall Coal Mines Heritage Walk and many other points of interest. Some walks will be quite easy, with wheelchair access, others will be a bit harder and longer but all walks will be designed, not just for the tourist, but for the local community to have interesting walks to motivate all who can, to get out there and see what wonderful riches we have at our doorstep and, hopefully, get a little fitter and unlike many of Tassie's famous walks, we can take our pooch along.

This all may sound like a pipe dream, but if all community groups, Grassy Bottom, Lions, T.C.A., the School, Health Centre and indeed every member of the community get behind this project it can happen, and the benefits for the community through employment, tourism and the simple act of motivating people to walk, is enormous. For the sake of our wellbeing and the enhancement of the community, let's all get off our butts and make this project a reality so we can share our little piece of paradise with each other and our tourists by going for a walk.



The Golden Gate Gallery 47 High Street Mathinna Phone 6377 1170

We offer an outlet for local artists and craft people to sell their work.

We are looking for high quality art and craft and interesting items to sell on commission basis through our Gallery.

Contacts for Valley Voice

Fax: 6372 2172

PH: Judy 6372 2155

Accounts: Mary: 6372 2328

Please leave written material at the St Marys Health & Beauty

Centre, Main St, St Marys

Or Post: C/- Post Office,-St Marys Tas 7215

Advertising

Classifieds: 25 words or less: free

Community notices: free

Small ads. Garage sales etc. \$8, 1/4 page \$15. 1/2 page \$25.

Full-page \$40

I year posted subscription \$25.

Deadline for articles:

Tuesday before publication.

Winter Solstice June 18 4pm



St Marys Rec. Ground

Scamander Beach Surf Shop

6 Lagoon Esplanade Scamander

Ph: 6372 5529

Scamandersurf.com

Bathers Wetsuits
Clothing Footwear
Bodyboards Watches
Jewellery DVD's
Surfboards:

Milch McTavish
Surftech G Boards Bic



Bay Surf Shop 2

2 Pendrigh Place St Helens

Ph: 6376 1755

MEALS ON WHEELS ROSTER				
June	St Marys	Fingal		
Mon 13th	Tina Floyed	Sharon Hall		
Tue 14th	M & P Berwick	Robyn Holder		
Wed 15th	Pam Lynch	Christine Woods (P)		
Thu 16th	Gail Gamble	Linda Bean		
Fri 17th	Jeff Hermann	Robyn Miller		
Mon 20th	G & M Derbyshire	Shirley Parker		
Tue 21st	D & K Floyed	Debra Speers (N)		
Wed 22nd	Ruth McGiveron	Susan Woods		
Thu 23rd	Pat O'Donnell	Prev Mills		
Fri 24th	Mary Viney	Shirleen Woods		
	Skoloven States, and States			

Church Services

Catholic Parish of St Marys Enquiries Ph: 63722252

1st Sunday of each month Mass

Vigil MassSt Helens6pmSun MassSt Marys9amSun MassBicheno2pm

2nd, 3rd, 4th Sundays of each month

Liturgy of the word with Holy Communion

(Mass if a priest is available)

Vigil

Sat St Helens 6pm Sun St Marys 9am Sun Fingal 10.30 am Sun Bicheno 2pm Weekdays

Wed St Marys 10am Thurs St Helens 10am Friday Fingal 10am

Anglican Parish of the Northern Midlands

Services each Sunday Avoca 8 am

Fingal 10 am

Mathinna 2nd & 4th Sunday
monthly at 11.30 am

Daily Office Reading

Avoca Tuesdays 10 am
Fingal Tuesdays 12 noon
Ross Wednesdays 10 am

Anglican Parish - St Helens

Ph: 63761144 St Helens Every Sunday 8 am and 10.30 am

Kanga Sunday School

10.30 am - 12 noon every Sunday for children 5-12 yrs

St Marys 10 am (No service 5th Sunday)

Jam: Mondays 3.15 pm to 5 pm for children 5 – 12 years

Pyengana

7.30 pm 5th Sunday months only

Break O'Day Uniting Church

The Manse St Helens 63762405 Interim Minister April, 2005 St Helens 9.00 am Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10 am Divine Service 11 am

PAINTER

Ray Rosskelly

Phone: 6372 2218

St Marys



Australia Post on board to achieve community vision by 2020

Australia Post is the latest signatory to join with Tasmania Together in its plan for a better Tasmania by the year 2020.

This is the 24th organisation to sign up, along with Aurora Energy and Telstra Country Wide.

Australia Post is responsible for providing an accessible, reliable and affordable postal service to all Tasmanians.

Tasmanian Communities Online contribute to Tasmania Together goals.

A new partnership has been formed by Tasmanian Communities Online and Tasmania Together.

This agreement recognises their contribution to the achievements of the network. They are the 23rd organisation to join in partnership with Tasmania Together.

One of their many benchmarks is to recognise and value the many contributions that volunteers and unpaid workers can — and do — make to their community.



ST MARYS NEWSAGENCY



Phone 6372 2143 Open 7 days a week

FOR WEEKLY RENTAL

- * Nintendo machine & 2 controllers, plus 3 games: \$30 per week
- * Playstation & l controller, plus 2 games & 7 demos: \$30 per week
- * Nintendo cube & 2 controllers Choose from 3 games: \$30 per week

Agents for Aurora PAYG

Letters to the Editor

Sir,

Like most in the district, I appreciate the service and convenience provided by our local shops, supermarkets, eateries, et al, and support the 'shop local' principle.

However, I feel obliged to complain most vehemently at the sexual harassment to which I am subjected daily, at one of our local establishments.

It is frankly embarrassing. It starts the minute I enter the shop, a raucous penetrating wolf whistle, that is repeated whenever I pass close to the person concerned.

I suppose it is the shorts, but I see no reason why I should change my mode of dress, simply because of the lascivious attitude of this degenerate.

I have tried to be reasonable, and understand that this peculiar manifestation of appreciation is intended as a compliment, but there is a limit to how much appreciation one can take.

I have complained to the owner, but she claimed that I was discriminating against her employee on ethnic grounds, and because he, yes, 'he', was severely vertically challenged.

She acknowledged that he was essentially a sex crazed gnome, and said that I shouldn't be up myself that he fancied me, he whistled at everybody.

I suggested that we should submit the matter to arbitration by the Gnomenclature Board, but she was adamant that I was now persona gnome grata in her shop.

I was forced to leave ignominiously, accompanied by yet another ribald whistle from the bearded siffleur in his ridiculous pointy hat.

Enough is enough. Gnomore. This is a statue of limited stature, and so falls under the Local Government Act. I intend to write to the Council and gnominate this person as a Statutory Nuisance.

Gnome de Plume (real name supplied)

Rae & Partners

Lawyers Barristers & Solicitors

93 York St Launceston Ph: **6337 5555**

Visiting
St Marys Community
Health Centre

Alternate Tues. 9 am – 10 am

Appointments:

St Marys 6372 2172



ST MARYS GIRL GUIDES

Tuesdays
3.30pm – 5pm
Town Hall (backroom)
Girls 6 yrs & over

Gaylene: 6372 2634

Alana: 6372 2145

Learn to swim and water safety

Lessons are being held for the school holiday period at Carol's Swim School, High St. Mathinna, by Aus Swim Instructor Carol Bennett, Teacher of swimming and water safety.

The pool is indoor and heated.

Lessons run for 9 days at 35 minutes per lesson, with 4 children per lesson.

Monday May 30, Tuesday May 31, Wednesday June 1, Thursday June 2, Friday June 3, Saturday June 4, Monday June 6, Wednesday June 8, Thursday June 9.

Royal Life Saving Swim and Survival Certificates

will be given to each child, from water awareness through to level 3.

Level 4-5-6-7 must have deep water to complete their certificates.

Cost: \$60 per child.
For bookings or more details phone
Carol on: 6374 2287
or 0429 859 318

Lions Club of ST. MARYS



Lions Club of St Marys

have just installed a new

"FREE"
B.B.Q.

Lions Park in St Marys

to replace the unit that was originally installed by the Lions Club 25 years ago. Please make good use of this upgraded facility.

Many thanks to all for the continued support of Lions

BACK-HOE FOR HIRE

For all drains, footings, driveways, cut-out and all excavations.

Low hourly rates or quotes.

Local owner operator. Tel: St Marys 6372 2848



Around Australia in 48 days by Dot French

I submit this story to the Valley Voice in the hope it may be published. It is to give country kids hope and to encourage them never to abandon a dream no matter how long it takes to fulfill.

This is my travel tale, a story of a St Marys kid who, when growing up, knew what it was like to have a dream. The youngest of thirteen children, growing up in the country was a great help to prepare me to fulfill my dream many years later. I was taught to never lose sight of your goal no matter how long, as mine did not eventuate until I had retired from the workforce.

At school I was taught of the early settlers, who had gumption to go out and walk or ride horses from one side of this great continent to the other. Some went from north to south and others sailed around it in small boats without the help of a motor.

As a child all I wanted was to be a telephonist, and, God willing, that I might even see some of the places from my Australian history lessons.

I had to wait until retirement to travel to the remote places I had been taught about. This was made possible when on retirement I bought a new car, with extra roadside insurance to cover me no matter which State of Australia I traveled in.

After years of working in Launceston, Hobart and Melbourne, I retired to the Gold Coast. This gave me the chance to research the most rewarding way to drive myself right around Australia.

Please let me express for a trip of this immense distance, 'accommodation, fuel availability and time of the year' should be considered. Also if you are like me and use motel accommodation, it is wise to grab a card for Hotel/Motel chains as you can be considered for discount if you say you use them.

I was lucky enough to have two other women accompany me. Because of the great distances to cover each day, that wave me a relief driver on board and company, as some days were very long.

The arrangement was I drove early, and after lunch Lillian drove, then after our afternoon breaks I was to take over again. It was essential we worked to a plan of stops every 2 hours when possible or the next available rest area with refreshments.

It is always essential to carry a supply of drinking water on any journey, especially in the tropics or the outback. I also carried extra hoses and belts for the car and a fire extinguisher and first aid kit. I called in at various overnight stops so Bruce and Judy knew where we were and that we were o.k. Cont'd next column



I must stipulate that this trip was completed in 1998, so fuel prices would be one thing that has changed considerably.

We traveled 24,344 km and paid as little as 67 cents per ltr for fuel, to as high as \$1.14 per ltr Total petrol costs: \$1557.33.

Cost for accommodation and entry fees to scenic attractions etc.: \$2,309.00.

Car maintenance and driving lights, belts and hoses to carry: \$561.00.

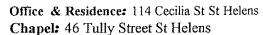
Total expenses, not including food: \$4427.33 Divided three ways equals: \$1475.78 each.

This story will continue in further editions of V.V.

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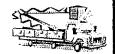
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WELCOME CHANGES

I welcome the morning, I welcome the lands I welcome the sea breeze, its gentle clean fan And I welcome tomorrow, I welcome today Again and again and again and again.

And I welcome the planet, I welcome the moon I welcome the sun, it's a bright silver spoon I welcome good morning without even a care And today brings tomorrow and it's always there.

And I welcome the grass grows, I welcome the trees I welcome the crystal clean waters and streams And I welcome the middle of what's in between And I hope it's forever abundant and clean.

And I welcome our forests and all's in it dwells
And I welcome the sunshine and flowers that smell
And I welcome the forces of nature with ease
And I welcome the mountains with snow covered trees.

And I welcome the summer, I welcome the spring I welcome the swallows and changes they bring I welcome the morning all over again and again.

You know it's forever, you know it will last You know it's tomorrow as well as the past You know all the things that this planet can do You know it's all up, up to you.

I welcome the seasons and return of the sun Twenty three degrees axis as this planet is spun I welcome all tribesmen from whatever their land All creatures regardless how small or how grand.

The whales in the ocean, the balance of man I welcome forever, again and again Oh! I welcome it all!

I welcome all reason and manner of things
I welcome the valleys and the song thrush that sings
I welcome the beauty of bush and the caves
The stalagmites wonder and the maker of waves.

I welcome all truth and am honestly charmed By the balance of nature and embrace of its arms And the world in the middle and all in between By the light of the moon and the stars in their teams.

And the whole universe and the balance of man I welcome it all, again and again.

For you know it's forever, you know it will last As the sun brings tomorrow as today brings the past I welcome the solstice for it's nothing new I welcome our balance, and hope so, hope so do you.

Any persons interested in being involved in a sesquicentennial project, developing a network of safe pathways for recreational use to unite the Fingal Valley towns, and access places of historical interest and environmental beauty: There will be a meeting at e.ScApe Café on Friday June 24 at 10am. Any walkers, bike riders, horse riders, wheelchair users welcome.

For more info: Tracy: 0429 190 180

Jim haas: 6372 2127 Eo: 0438 571 291

Cornwall News by Jim Haas

"Brindle"

The Cornwall community was saddened a couple of weeks ago, to lose one of our old time residents, in Stuart 'Brindle' Bradbury.

Although Brindle spent the last few years of his life at Scamander in retirement, the bulk of his life was spent at Cornwall with his wife Rosie, where they reared their children, Pauline, Gregory and Bobby.

Brindle spent his whole working life in the coal mines, and along with Keith 'Splinter' Spilsbury and Lindsay Haas, were the last miners to work at the old Cornwall mine.

Towards the end of 1964, he transferred to Duncan mine at Fingal where, for a time, worked afternoon shift, and traveled in an old 1936 Ford with headlights no stronger than a candle.

They were so bad, his passengers would bring their mine lights home, and hang them out the windows so Brindle could see to drive home. Frosty nights were quite fun!

Brindle was one of the great old characters of the valley, and I'm sure all who knew him would have a captivating story to tell, particularly about his love of race horses.

But most of all, Brindle was a wonderful family man, a great worker, a fabulous friend and respected member of our community, and will be sadly missed.

We extend our deepest sympathy to his family, but I'm sure Brindle would not want us to be sad for I'passing, but to celebrate his life with a beer or two, and remember the good old days at Cornwall.

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Dr Mohan Singh- 6372 2111

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DOCTOR APPOINTMENTS & SCRIPTS

If you are taking regular medication/s please be aware that at present it takes 3-4 days to get a doctors appointment. Don't let your medication run out, book an appointment a couple of days in advance.

SCRIPTS WILL NOT BE TAKEN OVER THE PHONE a Doctors appointment is required.

FLU VACCINATIONS ARE NOW HERE! IF YOU ARE 65 YEARS OLD OR OVER MAKE AN APPOINTMENT AT THE CENTRE FOR YOUR FLU VACCINE. IF YOU ARE UNDER 65 MAKE A DOCTORS APPOINTMENT TO COLLECT A SCRIPT.

RENOVATIONS AT THE CENTRE

The Community Health Centre is currently undergoing renovations to compliment our existing services by a further 4 beds.

Please be aware of access changes and parking arrangements at the Centre.

The front car park is now inaccessible and vehicle parking is at the rear of the Centre BEHIND the AMBULANCE SHED or in the OLD PHYSIO CARPARK in Hugh Street.

Access to the Centre is still via the front sliding doors but please be aware that changes to this arrangement are likely in the next few weeks.

Public toilets are now located near the Day Room at the Centre. Not in reception.

`WHAT'S ON AT THE CENTRE'

10th June Alcoholics Anon St Marys 8pm phone

6372 2725 for further details.

Al-Anon St Paul's Anglican Church, 12th June Cecilia Street St Helens. Phone

6376 3335 for further details.

Health Promotion Course 14th June

10.30-1.30 with Fiona Watts

Alcoholics Anon & Al anon (AA) 15th June

Anglican Church St Helens @ 8pm every Wednesday evening. Phone 6372 2725 for further details.

- Al Anon meet Sunday's at 2pm.

16th June Child Health Centre with Lorraine

McGee 9am-12noon, Afternoon appoint are available by phoning

0428 136 381

17th June Alcoholics Anon St Marys 8pm phone

6372 2725 for further details.

TLC Meeting 10am in the Day Room of 20th June

the Hospital

22nd June Anglicare Financial Counselling for

appointments please phone

1800 243 232

24th June Cares Group Meeting Meet the last

> Friday of every month. Carers caring for their peers. 2pm-4pm at the St Helens Neighbourhood House, Phone Anne for

further details on 1800 242 636.

CHILD HEALTH SERVICES WITH LORRAINE McGEE

As of 1st July 2005 Lorraine McGee's hours of operation at the Community Health Centre will change.

Lorraine will now be available on: 2nd & 4th TUESDAY of every month. 9am-12noon. Afternoon appointments available by phoning 0428 136 381

RED NOSE DAY - FRIDAY 24TH JUNE NOSES AVAILABLE AT THE CENTRE

Information from this page was submitted by: The St Marys Community Health Centre, Gardiners Creek Rd, St Marys, TASMANIA. 7215

New funding for Home and Community care in Tasmania

Extra funding of \$4.218 million for Home and Community Care Services in Tasmania has been approved by the Australian and State Governments.

This increase brings total funding to \$35..3 million, of which the Australian Government contributes \$20.31 million.

We know the majority of people prefer to continue living in their own homes, and the HACC services allow frail and aged people to remain there with the service providing them with that option.

"I cannot praise the staff of this organisation enough for their tireless, compassionate and professional service, in some instances way beyond what is required. The service is good for those receiving it, and good for the running of hospitals, because it enables people to be treated at home while cutting down on institutional costs," said Senator Barnett.

Tasmanian Regional Art and Tasmania Together join forces

Tasmanian Regional Arts are looking forward to working with Tasmania Together Progress board, and are excited to be the first arts organisation to enter into such a partnership.

Over 1000 arts volunteers from across Australia are represented by Tasmanian Regional Arts. They are committed in particular to helping regional communities and isolated young people, now and in the future.

Tasmanian Regional Arts will be the 22nd organisation to join the partnership.

Some of the bench marks are:

Valuing volunteers
Lifelong learning
Health and wellbeing
Vibrant rural, regional and remote
communities
Valuing young people
Inclusive society
Aboriginal community and cultural
contribution
Arts and Culture

Invitation

Underage Drinking Forum

Key issues:

Responsible serving of alcohol, Labelling issues, Drink spiking, Advertising and marketing issues, Regulation or education.

Opened by Hon. Christopher Pyne, Parliamentary Secretary to the Minister for Health and Ageing. Guest Speaker Senator The Hon. Rod Kemp, Minister for the Arts and sport.

8.45 am – 4.30pm, Wednesday, 22 June 2005

The Theatrette, Parliament House, Canberra.

COST: \$20 (including morning & afternoon tea and sandwich burch)

<i>L</i>	COST: 520 (monum	g morning & anemo	on tea and sandwich fund	an)
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Name:	Hosted by Sanetar Cuy Barnett and supported by			

Hosted by Senator Guy Barnett and supported by
The National Drug Research Institute
With sponsorship from the Australian Hotels Association

This event is part of Drug Action Week ® 2005

Proceeds from this event will be donated towards a recognised charity in the fight against Underage Drinking

South Sister

Following a further Hearing before the Resource Management and Planning Appeals Tribunal (RMPAT) on 9 May, the Final Hearing scheduled for 6 June has been moved to 3 October.

Forestry Tasmania now has to submit evidence before 19 August that logging operations on South Sister will not cause environmental harm, and has given assurances that no logging operations will take place on South Sister before the matter is decided.

At the Hearing on 9 May, the applicants for an Order to stop Forestry logging the coupe at South Sister submitted their formal evidence that the proposed forestry operations will cause environmental harm. Evidence was provided by landslip experts, soil engineers and hydrogeologists, as well as from local residents about likely impacts on their water.

The Applicants also amended their original grounds of application, so that all the risks identified in the expert evidence were included. RMPAT accepted all the amendments.

This issue is about the threat to local water supplies if logging should proceed, not about landscape, or threatened species, or protecting wildlife and native habitat, or stopping trees from being logged for pulp, it is about water. It is about the damage that felling trees, clearing understorey and groundcover, building roads, landings and tracks, dragging logs, operating heavy machinery, churning and compacting soil, changing drainage patterns, carting logs and the like can have on the groundwater system and land stability of the coupe area.

Local residents around South Sister depend upon the groundwater system of springs for their water, and the St Marys Town Water supply is supplied from underground water.

The problem with protecting groundwater is that you can't see it, until it emerges as springs or seepages, or you tap into it with a bore. It is easy to damage or contaminate a groundwater system if nothing is known about the underground pathways and linkages of the system.

Forestry Tasmania has not investigated and mapped the system, and has made no prescriptions in its Forest Practices Plan to protect the system. For 8600 tonne of timber, mostly for pulp, with an estimated royalty value to Forestry of about \$140,000 (once every 40-50 years), the logging operations could damage or terminate a fully functioning natural water supply and filtration plant for the area.

The Break O'Day Council commissioned an investigation into the St Marys water supply in 1997, which reported that the supply from the dams at Richardsons and Margisons Creeks often dried up, was bacteriologically contaminated, and was subject to silt and turbidity after rain.

Deadline for articles to be included in the next Valley Voice is 5pm Tuesday 21st June, 2005. Bigger dams would be engineeringly difficult and costly, and would not solve any of the problems.

A groundwater source from a fault line running from South Sister was identified, and a bore accessing this water flowed at the required rate of 7-10 litres per sec, and was bacteriologically pure.

To drought-proof the town, Council changed the water supply from a creek/dam system to a bore system, and it is this system which maintains the water supply to the town, despite falling creek and dam levels due to lack of rain.

South Sister has the highest rainfall intensity experience of the whole state, it doesn't rain often, but it chucks it down when it does. And it is frequently covered in cloud or mist which further contributes to the water input of the Sister.

The mountain acts as a giant reservoir, a recharge and storage area of pure underground water for St Marys. Why would we want to put this at risk, because without water it is not just a question of dirty cars and parched gardens, it is a question of the viability of human settlement at all.

The average annual rainfall recorded at Cullenswood over the past 10 years is almost 18% below the average of the past 100 years, and the rainfall for May was 22% below the average.

We are a lucky town to have our groundwater system. Our mountains are not only magic to come home to, but they allow us to live here as well, truly the Magic Mountains of St Marys.

It was hoped that Forestry Tasmania would have acted in a socially responsible way and acknowledged that the water needs of the community ranked higher than a one off pulpwood. pittance, but no.....that is why Save Our Sisters is fighting the fight.

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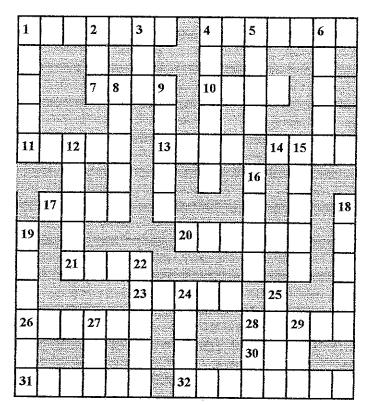


Ladies, Gents and children Come in and see us PH: 6372 2108 CHILDREN'S

PUZZLE

PAGE

Clues



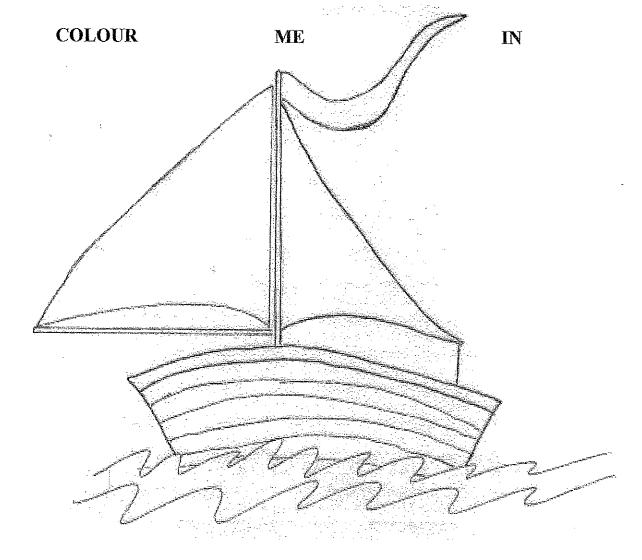
ACROSS

- 1 Early morning
- 4 Skin creams
- 7 Playthings
- 10 Part of leg
- 11 Small rodent
- 13 Article
- 14 Useless plant
- 17 Makes use of
- 20 Blue colour
- 21 Fall over
- 23 Have to scratch
- 26 Scrap of food
- 28 Joyful
- 31 Hired
- 32 From Mars

Answers next issue

DOWN

- 1 Boiling kettle makes it
- 2 Decay
- 3 Utter
- 4 Raised
- 5 Hammer is one
- 6 Hospital worker
- 8 Uses can opener
- 9 Article of clothing
- 12 Spills
- 15 Not full
- 16 Level
- 18 Soapy
- 19 Speak quietly
- 22 Heaped
- 24 Pal
- 25 City car
- 27 Use a chair
- 28 Wear it on your head
- 29 Vegetable



Sports News Cont'd

The actual nett cost so far is barely a tenth of that. It's not even \$400, because of the generosity of almost all the materials being donated and of course all the voluntary labour.

Within the next couple of months or so, it's envisaged the rest of the clubhouse will be repainted and refreshed, and our ladies committee have kindly offered to provide new curtains etc. to complement the job, so that we have an attractive, welcoming place to partake of our fundraising activities, to in turn develop the whole centre.

Our water damaged carpet is to be replaced at virtually no cost, thanks to some fantastic efforts by Roger and his crew.

There are so many to thank, and we will be doing it properly when things are on the move with the course improvements, bowls green development and clubhouse work, but to Jack, Smithy, Coxy, Trev, Roger, Jim T, Damon, Rex, Macca, and all those I've forgotten, thanks so much.

Thanks to John Miles who has built a fantastic heater shield for the free standing heater in the clubhouse. Looks great John.

Also thanks to David Gillies for the timber to finish off the aesthetics around the poles. It was much appreciated.

If you are new to the area and would like to come along to the centre to see for yourself what we are on about, you are most welcome. You will be encouraged to join a very happy club, and you don't even have to be a golfer or bowler to be part of it.

Anyway, until next time good hitting and rolling

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Email: tlcstmarys@hotmail.com www.taslymphoedema.asn.au



Omission: From the advertisement for a digital camera. The phone number missed from the ad. is 6372 2155 Judy Spilsbury

The Say by Cagerattler

I really appreciated the letter in reply to my article about recreational activities in our municipality last issue.

It was terrific to be informed that the soccer is going really well, particularly in regard to the involvement of our young people.

How good is that?

Likewise with tennis, through the local club, a strong junior development policy is in action. Once again fantastic for budding stars.

I am sorry for my oversight in not mentioning such things, and if it offended anyone.

It was a genuine oversight, definitely not intended, but the main point of the article was the wider thoughts of the potential we may have to encourage all sorts of things, not only for our youth but for everyone.

Maybe it needs another Sports and Recreation Forum, like the one held in Todds Hall a few years ago, through the auspices of the Break O'Day Council.

Just the same, a strong youth policy is the crux to this, and soccer and tennis look like heading in the right direction. Let's try and follow up from this.

St Marys is now becoming more pro-active in the crafts department, with a number of proposed locations and ideas, in a range of activities in the pipeline.

Without being specific, it's great to see the Gone rustic taking off at the moment, and there are strong possibilities of similar ventures soon to follow.

Maybe one day very soon, differing skills will be taught at these venues, all within the township precinct.

It's also good to see music lessons offered, and encouragement to be a part of the Winter Solstice activities, with the aid of Grassy Bottom Regional Arts.

Apparently lantern making is heaps of fun as well, as many are currently finding out.

Let's hear from any proponents in these areas, and what they would like to achieve. It would probably be better coming from them anyway.

Business-wise, not a lot has changed, but maybe St Marys can still become a vibrant hub for all sorts of activities.

What do you think?

Sports Centre News

By Kackhander

There's plenty happening at the centre at the moment, and it's all good news. First to pennant, and with two wins in the past fortnight, to remain undefeated, this means a good result in the final game on June 19th against Bicheno, will secure another A grade flag, even the way it's played this year.

As all suspected, the toughest game probably this year was going to be against Scamander at Scamander, and this proved correct. Most of the games were hard fought matches, but thankfully St Marys managed to sneak the necessary 4th match in, for the overall result.

After his terrific 22nd hole result the week before at Malahide, our number 7, Bob Hersey did it again, in a come- from- behind 1 up win at Scamander, that proved crucial on the day. Bob has fast become the number 7 specialist that you must have. Milo, Jack and Brent were our other three winners.

Last week we played Freycinet at home and recorded a 7 –0 result. It was good to see Chris Davern having his first hit for the year, especially with a number of players unavailable. He played exceedingly well and has been a huge part of the team for about 20 years.

Jack Viney remains undefeated, John Miles, Andrew Marshall and Brent Leedham only 1 loss each, and of course Bob Hersey three from three, have had a great season, while Mark Birch, Damon Viney and Rod McGiveron have all won games. Let's finish it off in style the week after next.

Let's not forget our A reserve team. Although they have lost all but one of the games, they have never let us down, and have been there every single week with a full side to compete. They support the club which is fantastic and appreciated. Special mention in this regard to Paul and Todd Spilsbury, Mark Carrick Birchy, Darren Johnson, Rex Floyed, Col Payne, Andrew Webb John McDonald and our youngest player but with two terrific wins so far, Kodie Donald. Thanks fellas. See you at the barbie soon.

To club golf and the fields are still rolling on really well, all things considered. Congratulations to Damon Viney, in taking out this year's Harold and Tom Newman Memorial Trophy after a countback with one of our new members, Col Payne. It was a cold wintry day but both shot excellent scores. Well done.

Last week we ran a Four Club event which was really well supported, and won by Kodie Donald, who is having a top year, but that handicap is soon going to plummet.

We hope this weekend is going to be huge, with the Annual McDonald's Cup Ambrose. A massive thanks must go to John, Macca, Raz and Brad, for their support with this each year. Without days like these we would find it almost impossible to survive, particularly in light of major funds needing to be raised, to help with the course watering system and machinery replacement, outside and inside.



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Macca has put hours into sending invitations and organising transport etc. and the family have some great prizes, and food as well. It's not too late to enter if you wish, and you don't even have to be a registered golfer.

With a bit of luck the other part of the long weekend will see a few go to St Helens for their carnival. We also want plenty to go to St Helens on Sunday July 3rd, for the Memorial and Wallace Shield Day. Get your names in soon.

Don't forget the AGM on Friday June 24th, 7.30pm. It's really important to be there. Not least because it's the perfect opportunity to shape the future of the club, which looks on the up and up, but with plenty to do.

A very special thanks to all our intrepid plasterers, painters, scrapers, sanders, in fact everybody who has helped so far with the improvements to the clubhouse. It's absolutely fantastic and the benefits are already coming home to roost. A non member from Bicheno last week even asked me about it, saying they had heard it had cost \$3000 to do. Cont'd inside page