

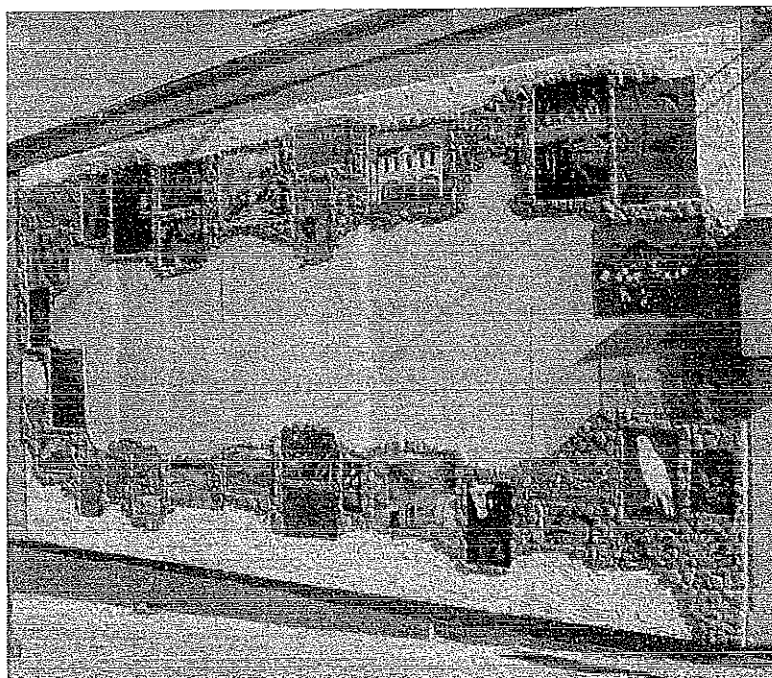
THE VALLEY & EAST COAST VOICE

Volume 38 No. 1

Est. 1968

Thursday 12th May 2005

50 cents



"A work in progress"

CORNWALL NEWS by Jim Haas

Another house has been sold at Cornwall for a reported figure of \$96,000. Oh, if we only had some foresight ten years ago we could have almost bought the whole of Cornwall for that amount.

The new owners, I believe, are mainlanders who want to settle in Tasmania. We will look forward to welcoming them to Cornwall in the near future.

Thanks to Terry Miller at Cornwall Coal the plans for the Miners' Heritage Wall have been drawn up and submitted to Council. Our original plan was to commence work in May and with a bit of luck this could still happen.

The Community Hall is still causing some concerns. With new regulations coming out all the time on public buildings, our problem is not getting any easier, however we will continue to work through the issues and hopefully a solution can be found.

UPDATE ON ST MARYS MURAL

Our artist is proceeding to the third stage of the mural and there are now some interesting items to be included, with our school children helping along the way.

We have two items of administration which we are working on, and shall keep the public informed as we proceed with the firming up of these with the appropriate bodies.

We appreciate all the positive comments we have received to date and this is very encouraging indeed, both from the local residents and tourists who have taken the time to stop, look and admire.

We have been told that another town on the east coast wishes to have a similar wall. This is very flattering, but we would hope that not too many similar murals are erected, as this would take away from our originality.

There are a great number of ideas flowing for the continued upgrading of this area, and the improvement of St Marys overall, for both the locals and tourists alike.

When these have gone before the committee of SMACD we shall put them before the public for comment and/or further ideas and improvements.

The picture opposite was taken a week ago. The mural may have changed since. Why not go and take a look? It's well worth it.

Congratulations. It's shaping up very nicely.

Deadline for articles to be include in the next Valley Voice is Tuesday 24th May, 2005.

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Scamandersurf.com

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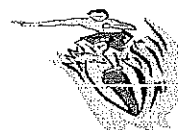
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St Helens

Ph: 6376 1755



Soft Drink Vending Machines Ban in Primary Schools?

"Society is producing a generation of adolescent time bombs, primed at childhood to implode at middle age"

Senator Guy Barnett has urged the removal of all soft drink vending machines from primary schools. In a speech to a major conference on obesity and diabetes in Berlin, he also proposed doctors being given power to issue patients with lifestyle prescriptions such as weekly exercise.

He urged communities to join together to tackle weight loss, for instance, achieving a collective weight loss target such as 100,000 kilos in 100 days.

He has already discussed the life style prescription proposal with peak medical groups Fitness Australia, the Australian Medical Association and the Australian Division of General Practice, whereby achievable life-style prescriptions such as exercise regimes and healthy eating goals would be prescribed to patients.

"Childhood obesity can earmark a child for a grim middle age of chronic sickness, disease and early death. I fear that contemporary society is producing a generation of adolescent time bombs primed to implode at middle age, and in some frightening cases, self destruct even much earlier from fat-related illnesses and diseases," he said.

On the collective weight loss targets those wishing to participate would sign up for a certain weight loss target and then be weighed in and weighed at the end, and then their results added to an aggregate total.

In his speech delivered in Berlin to the 1st International Congress on 'Prediabetes' and the "Metabolic Syndrome" he suggested families take the decision to have TV, video and internet free weekends or weekdays.

"As for lifestyle prescriptions I am a firm believer in preventative health. If a doctor prescribes a healthy eating regime and a controlled exercise regime for a patient, which is achievable and they in fact achieve the goals, then they are being less of a burden on both their loved ones and taxpayers.

It is estimated that increasing fruit and vegetable consumption by just one serve per day will save the Australian health system \$157 million a year in relation to heart disease alone," he said.

He advocated the use of Tuck Shop Smart Cards where parents were given greater control over what their children bought at the school tuck shop or canteen each day.

"Australians are getting fatter. 67% of Australian men and 57% of Australian women are obese or overweight.

Childhood obesity has more than doubled in the past 10 years, while there are 8000 deaths in Australia annually related to weight problems.

"Governments can do so much and obviously marshal funding, but unless a community collectively tackles the crisis it will linger and fester – and more children will grow old overweight or obese and tragically die or become seriously ill prematurely," Senator Barnett said.

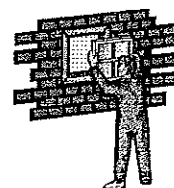
He will meet a number of health experts in Berlin, London and Singapore, and he also joined the official party of Australians attending the Gallipoli Dawn Service on Anzac Day.

For a copy of Senator Barnett's speech in Berlin, log on to his website: www.guybarnett.com

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Appointments:

6372 2172



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33 Burnett St. New Norfolk

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Classifieds

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Nokia 1100 with car charger & 2 cases.

If interested please call
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86 XF Falcon recon engine, new clutch, runs well. Reg until 9/05
\$1500

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1992 -10 speed Mazda diesel motor home- new fit out, shower and toilet, twin beds. CD radio, microwave, new batteries 10 months rego.
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6 foot turned leg table in polished pine as new. Cost \$250. Will sell for \$100.
Two good armchairs \$15 each
6 Newman St St Marys
Inquiries: Ph: 6372 2344

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Give away to good homes
9 cute puppies, 5 male, 4 female
Hound x Dalmatian
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Small Freezer,
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Or 6 Newman St.

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on a toasted roll only \$8.00

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Contacts for Valley Voice

Fax: 6372 2172 PH: Judy: 6372 2155

Accounts: Mary: 6372 2328

Please leave written material at the St Marys Health
& Beauty Centre, Main St, St Marys

Or Post: C/- Post Office, St Marys Tas 7215

Advertising

Classifieds: **25 words or less: free**

Community notices: free

Small ads: Garage sales etc. \$8

¼ page \$15 ½ page \$25 Full page \$40

1 year posted subscription \$25.

SCHOOL BUS WARNING SIGNS FOR ST MARYS PASS

The State Government has funded the installation of special electronic signs on St Marys Pass to warn drivers of an approaching school bus.

The Speaker of the House of Assembly, Mr Michael Polley said the \$40,000 flashing signs are the first of their type in Tasmania.

"The signs are triggered by an electronic unit in the bus as it passes either the top or the bottom of the pass on the Esk Main Road. The message will read: '*School Bus Approaching Next 6 km*', and should significantly improve safety when the bus is on that stretch of road."

"The local community has been actively involved in seeing the project through to a successful conclusion, and I thank them for their efforts," said Mr Polley.

"Given the nature of the St Marys Pass terrain, this is a very welcome measure towards safeguarding students who travel to and from local schools."

"It should provide plenty of warning and help reduce the risk of possible conflict between school buses and heavy vehicles in particular."

Commonwealth Games Queen's Baton Relay St Helens to play key role

Break O'Day Council is one of 47 communities across the country selected to host an official evening ceremony when it receives the Queen's Baton on Friday 10th March 2006, which is day 45 of its 50 day tour from Buckingham Palace to Melbourne for the Commonwealth Games.

"Planning is well under way to celebrate the arrival of the Baton," said Mayor Stephen Salter, who is delighted that St Helens has the opportunity to highlight and promote the region via the accompanying media attention.

Australia is the 71st destination, and the baton will arrive in Australia on January 24th 2006, where it will then travel, via 3500 relay runners, 21,500 kilometres – 9700 by road, 9300 by air, 1000 by sea and 1500 by rail.

The Melbourne 2006 Commonwealth Games Queen's Baton Relay commenced from Buckingham Palace on the 14th March 2005, with Her Majesty Queen Elizabeth 11 passing the baton to Australian icon, supermodel and businesswoman, Elle Macpherson.

When the baton arrives at the opening ceremony of the XVIII Commonwealth Games on the 15th March 2006, it will have traveled more than 180,000 kilometres, across every continent and over every ocean, and for the first time, visited every Commonwealth nation.

'I am Strong', performed by four-piece Melbourne group NORTH, has been unveiled as the official anthem for the Melbourne 2006 Queen's Baton Relay, and is a moving tribute to success in the face of adversity.

Details of the exact route the relay will travel through the Break O'Day Municipality, and information about celebration activities will be released later in the year.

Or you can visit www.melbourne2006.com.au



The Golden Gate Gallery
47 High Street Mathinna
Phone 6377 1170

We offer an outlet for local artists and craft people to sell their work. We are looking for high quality art and craft and interesting items to sell on commission basis through our Gallery.

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Letters to the Editor

The Valley and East Coast Voice,

Utilising Australian Taxpayers money to the tune of \$1 million dollars, Prince Charles did a Prince Harry. Whom among our politicians authorised this?

Who coincided this junket to fit neatly with the down-grading or abolition of the disability pension?

I understood that Prince Charles was a humanitarian. Perhaps Camilla Parker Bowles would be better at cricket. I don't think that anyone has made a wise choice.

Simon Anthony Flynn

37 Dalmaine Road, Gray

Dear Sir,

After viewing 'A Current Affair' (April 2005) I have to say how appalled I am at the treatment of the police officers by the so-called "hoons."

What is wrong with the youth of today? Where are the morals of 20 years ago, and the respect of our elders and authority.

Should the blame lay squarely on the shoulders of these youths' parents? Or should it be the bureaucrats who have relaxed the laws on abusive language and disorderly behaviour.

Maybe I have become an old 'fuddy-duddy' but I assume there are more of us out there, those of us who are sick and tired of being bombarded with the language of the younger members of our society, and in films and videos.

Is it necessary? No, I don't think so. No wonder the young think this is normal. Let me tell you it is not!

Not too long ago you could take your whole family to a decent movie that everyone could enjoy, but they are hard to find these days, and who is supervising what they watch at home?

Listening to the language as you pass by a group of teenagers in the street, including girls, I don't think anyone is interested in what they do or say. The language is sickening.

I know there are many parents who do teach their children morality and respect. I tried to, as did my parents with me. It's alright to say, turn your television off. I can do that. But I can't turn off the street language. Let's teach our children some manners and respect before it's too late, as I can only see it getting worse, not better, if we don't lead our children by example.

Name supplied.

Dear Sir,

Whom in the community is very good at organising and getting things moving? Re- The Community Health Centre. A health centre with one doctor (on call 24 hours).

Let's all rally, get together, organise something.

Firstly, contact Today Tonight. Make it widely known how desperate we are for the need of more practitioners.

I cannot do a lot myself because of my age and illness, but I will help any way I'm able. The original hospital was my life-saver many times when I was hospitalised for months at a time. So. Doctors? YES.

Ken Young, St Marys.

AUCTION

FINGAL VALLEY FOOTBALL CLUB

is holding an
AUCTION

at

WHITE SANDS RESORT

FOUR MILE CREEK

SUNDAY MAY 22ND, 2005

At 10.00 am

Lounge suites, dining settings, beds,
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and much, much more!!!

More information:

Robyn Miller: 6374 2136

Craig Bean: 6374 2155

BE THERE



"WOW"

What a response we have had with the return of Girl Guides in St Marys. Currently, we have 36 girls and that is just fantastic.

We have 4 leaders and they are Gaylene McGiveron, Alana Campaign, Kelly Bond and Trish McArdle, along with the help of Leah Stephens and Kim Payne.

We would like to thank all who were involved in our recent Mother's Day raffle. The winners have been notified. The winners are:

1st: Pauline Woods, 2nd: Deidre Panton, 3rd: K Webb, 4th: Reon Johns, 5th: Mandy Izard, 6th: Tanya West, 7th: Sarah Mitchell, 8th: Caltex, 9th: Tracy Thow.

We recently attended the ANZAC Day service and were thrilled with the number of girls who attended. Thank you to all of them.

We are also looking for any old sports equipment, so if you have any laying around and don't want it anymore, donations are most welcome.

We now have our Guide biscuits, so look out for them. Plain and chocolate. Yum, yum.

Thank you, St Mary Guide Leaders.

St Marys Playgroup

St Marys Playgroup meets every Friday (school term only) 10 am - 12 n

Cost \$2 with fruit to share. Membership fee of \$23 - \$16 concession due after 2nd visit. This enables you to attend any playgroup in Tasmania.

St Marys Playgroup aims to provide a stimulating, creative and secure environment for young children, their parents and carers.

We meet at the school kindy room and always welcome new families.

More info tel: Tanya 6372 2534

A little bit of Heritage

By **Jim Haas**

Since the recent passing of Keith Bullock, much has been said about his life and wonderful contribution he gave to our community. I'm sure his Church, the Trotting Club and many other organisations will remember his efforts for years to come.

But for my generation, growing up in the fifties, Keith Bullock was the most important person in town at Christmas time. He was Santa Claus!

Year after year, Keith would don his suit and whiskers and bring untold joy to children from far and wide on Christmas Eve.

H. C. Dawborn's, then owned and managed by Joe Wilson, and now the bottom supermarket in St Marys, was the main sponsor of the Christmas Eve Party. At around two o'clock every kid's face would light up and they would jump for joy as the cry of "Ho, Ho, Ho, Merry Christmas" could be heard coming down Main Street as 'Santa' Keith arrived on the back of Col Royle's truck.

The hundreds of boiled lollies he threw into the crowd would send the children, and some adults, into a mad scramble as each one fought for their prize, but in the end 'Santa' would make certain every child got a reward.

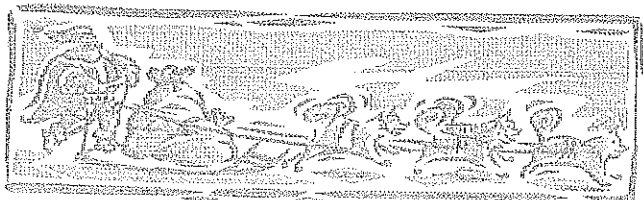
The St Marys Christmas Party was known as the ultimate on the east coast and people came from every centre to be part of the joy of Joe Wilson's party and experience the Christmas Spirit and love that only Keith as Santa could generate.

During the fifties Cornwall Coal Co. was managed by Ding McGeachie. At that time Cornwall owned both Cornwall and Mt Nicholas mines. Each Christmas the company would put on a Christmas party for its employees' children in both Cornwall and Mt Nicholas townships. Keith of course, was Santa.

On one occasion at Mt Nicholas, crackers were given out as presents and the boys, (some of which included John McGiveron and the Faulkner and Birrell brothers) were being boys, and throwing them about, and one unfortunately fell near Keith, exploded and set fire to the cotton wool on his Santa suit.

His life was saved by a couple of bystanders who grabbed him and rolled him in the dirt, putting out the fire. He did however, suffer quite serious burns, but you guessed it, he was back in a new Santa outfit next year.

Keith Bullock will be remembered for his untold commitment to his family, church and community, but to my generation he put a special gift into our Christmas. The joy he gave to my childhood is a memory I will cherish for ever.



Out of the woodwork

By **Reon Johns**

President (6372 2094)

What a busy couple of days I had last week. George, who has recently set up home in St Marys, decided to teach me the ancient art of coopering.

I thought, how hard is this.... a few passes through the bench saw, a quick tidy up with the sander and presto, all done. How wrong I was. George maintained that to learn, you must do it the old way.

Well it took three days to make a 600cm x 500cm tub (2 foot by 18 inches in the old money) we used draw knives, wooden block planes, a giant upside down plane and lots of elbow grease.

The end result is great! What these old craftsmen and people of time gone by took for granted is fast becoming lost to the present day. It would be a shame to see these crafts die out.

As I go about the business of living in St Marys, I am discovering many of the craftsmanships of the yesteryear tradesmen. As nails were expensive and hard to get, the builders of the day used mortise and tenon joints to make the frames of the many homes in the area. This type of joinery is very difficult to do, but very strong.

The Value Plus supermarket has an example of using wooden pegs to hold the roofing beams. Just look up as you enter the shop and you can see an example of this.

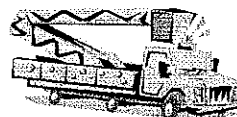
In the pub's dining room there are some old lounges that are worth a look too. Classic, simple design, durable and functional.

If you have an interest or a craft, please come along to our next meeting and share your knowledge and skills, so that we can preserve these old skills.

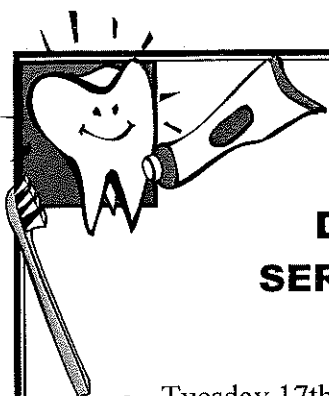
The next meeting is Saturday May 28, at 4.00pm at the Goods shed behind the St Marys railway station.

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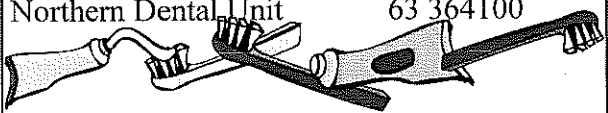
SCHOOL DENTAL SERVICE

- Tuesday 17th May
- Wednesday 18th May

There will be no dental service during the School holiday

Please feel free to contact them regarding your child's dental health on the numbers below:

St Marys Dental Unit 63 722488
St Helens Dental Unit 63 761713
Northern Dental Unit 63 364100



Speech Therapy

Alison Turner,
0-4 Speech Therapist at St Giles
will be running an information session

"Speech Pathology for Pre-schoolers in St Helens"

Regarding a new visiting service which will be offered in St Helens. She will also speak about the role of a speech pathologist, stages of development of speech and language 0-5yrs and will be available for a general chat.

This will be held at
the St Helens kindergarten
from 2-3pm
on Wednesday the 25th May.

All interested parents
are welcome to attend.

MAY 2005



Mon	Tue	Wed	Thu	Fri
16th May • K-6 Assembly - 11am	17th May • Dental Service	18th May • Secondary Assembly • Soccer 3pm • U/16 Football Launceston Game 1 • Dental Service	19th May • Primary Sports Day	20th May
23rd May	24th May • Inter High Cross Country	25th May • Mathinna Primary Cross Country	26th May	27th May • End of Term 1 • Small Newsletter
30th May	31st May	1st June	2nd June	3rd June
6th June	7th June	8th June	9th June	10th June
13th June • Queen's Birthday Long Weekend	14th June • First Day of Term 2	15th June	16th June	17th June

School Holidays

BLING BLING Social

Last Thursday the 21st of April we held a combined secondary social at St Marys with the students from St Helens joining us. The theme was BLING BLING and we saw a lot of people dressed up in their best gangster gear. The night was a great success and everyone had a fun time dancing to the awesome tunes prepared by Daniel Cooke who was our D.J. for the night.

We had really good feedback from everyone saying that it was one of the best socials that has been held at St Marys, with all students that attended being on their best behaviour. We raised easily \$1000.00 on the night from the canteen and entry fees. We would like to thank everyone that attended the social and made it a good night for all!



The Say by Cagerattler

Some years back the Break O'Day Council helped organise a two day forum on recreational developments for our area, where a think tank was considered a good way to go.

I was one of the representatives that weekend, and found it of great interest. Equally, I thought that a lot of good ideas would one day find their way into a strategic plan.

As most of the people who attended that weekend would probably agree, there is still much to do, and perhaps a lot of issues need re-addressing, particularly with tourism, healthy lifestyles in mind. Maybe Council would again forward-plan for a follow-up forum in the next year or so to readdress these issues.

This is part of the reason for this edition's article, and co-ordination is the key.

We've often heard that the children can't be prised from the Nintendo or Gameboy these days, and won't go outside and play or even get dirty.

One expert recently stated in the media that because children tend not to get dirty, they don't develop as much immunity in their systems. Nobody really knows about that one.

However, what is true is the issue of children not spending hours per day outside like other generations.

Just to prove what children are capable of though, occurred about 18 months ago at school.

The PE teacher gave several classes the opportunity to invent their own games, and with a bit of ingenuity and enterprise, they quickly used skills from several conventional sports to come up with their own games.

A number of new 'sports' were invented and the children had a ball doing it. This proved to me that they can entertain themselves if encouraged to do so.

Little Athletics and Auskick are success stories in our area at present, and I understand netball numbers are growing in the St Helens competition, but for other sports and pastimes there is either only club attention to youth enrolments or no assistance much at all.

Even within local golf and bowls, the relative associations find it hard to co-ordinate interest and coaching. In other areas such as bush-walking, rock-climbing, orienteering, some water sports, trail-bike riding and so on, there is obviously a real need to advertise and co-ordinate what the valley and coast have to offer.

Another sad fact with country footy teams slowly falling over these days, is that kids otherwise keen to play after Auskick, have limited access to the game, without great sacrifice from parents, who in turn may not necessarily be able to partake in recreational activities as they like.

These issues need addressing because recreation has been identified as very important to our communities for a number of reasons and a well co-ordinated body to help overcome problems can only be good for all.

What do you think?

Catholic News

Since the untimely loss of Father Bill Egan, the local parish has been in limbo, not really certain on what might happen, but thanks to the hard work of the Parish Council, the Finance Committee and our Special Ministers, things are looking rosier.

Every so often there will be a bit of news in the Valley Voice for our east coast Catholics.

Due to some incredible efforts by the Finance Committee, they have secured the purchase of a new vehicle for transport as required to conferences, training and essential meetings. This was a necessity.

Urgent renovations to the St Helens Church was needed, and once again this is progressing well as we speak thanks to some extremely talented local expertise, volunteers and expediently well organised contractors. It will be a job well done.

The Parish Co-ordinator is Mr Gerald Aulich who has taken on this crucial role and has given himself to important links that will be necessary for our area to go ahead, priest or no priest. Thank you Gerald.

Behind Gerald of course is 'nothing is too much trouble' Wendy, whose work in our community is legendary. She is at present organising the youngsters for the Sacraments of First Communion and Confirmation a little bit later in the year.

Over the past couple of weeks we had the ABC Compass program here filming our Parish as part of a future program on "Call to Change", particularly in regard to communities without resident priests and how they adapt.

It will be interesting to see it when it airs later. By all accounts the filming went well.

RATHA B'ZAR

40 Main Street St Marys

Ph: 6372 2487

Celtic Surround

Our new winter woollies, hand made in Nepal, arrive by the end of the week.

One Saturday morning a month, we will have a Tarot reader in our Gallery.
Bookings will be essential.

Let us know if you're interested.

We have new dragons, elephants and candles. You never know what you might find.

Come and check out our Gallery, full of local art and craft.

MEALS ON WHEELS ROSTER

May	St Marys	Fingal
Mon 16th	G & M Derbyshire	Shirley Parker
Tue 17th	D & K Floyed	Debra Speers
Wed 18th	Pam Lynch	Tom Brady
Thu 19th	Heather Griffiths	Linda Bean
Fri 20th	Mary Viney	Mim Woods
Mon 23rd	Annette Davey	Kaylene Sutton
Tue 24th	Leith Gatty	June Hall
Wed 25th	Ruth McGiveron	Susan Woods
Thu 26th	Yvonne Salter	Maureen Hall
Fri 27th	Peter Williams	Shirleen Woods

Church Services

Catholic Parish of St Marys

Enquiries Ph: 63722252

1st Sunday of each month
Mass

Vigil Mass St Helens 6pm

Sun Mass St Marys 9am

Sun Mass Bicheno 2pm

2nd, 3rd, 4th Sundays of
each month

Liturgy of the world with
Holy Communion

(Mass if a priest is available)

Vigil

Sat St Helens 6pm

Sun St Marys 9am

Sun Fingal 10.30 am

Sun Bicheno 2pm

Weekdays

Wed St Marys 10am

Thurs St Helens 10am

Friday Fingal 10am

Anglican Parish of the

Northern Midlands

Services each Sunday

Avoca 8 am

Fingal 10 am

Mathinna 2nd & 4th Sunday
monthly at 11.30 am

Daily Office Reading

Avoca Tuesdays 10 am

Fingal Tuesdays 12 noon

Ross Wednesdays 10 am

Anglican Parish - St Helens

Ph: 63761144

St Helens Every Sunday

8 am and 10.30 am

Kanga Sunday School

10.30 am - 12 noon every
Sunday for children 5 - 12 yrs

St Marys 10 am

(No service 5th Sunday)

Jam: Mondays

3.15 pm to 5 pm for children
5 - 12 years

Pyengana

7.30 pm 5th Sunday months only

Break O'Day Uniting Church

The Manse St Helens 63762405

Interim Minister April, 2005

St Helens 9.00 am

Fingal 11.15 am

Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10 am

Divine Service 11 am

City to country part 2

I've had up to three horses up here at a time, and a wise old pony, given to me in her last years. I like "nice" horses, though they can be cunning with electric tape. Moving them between paddocks can nearly break your arm in their exuberance, just as lifting a fifty kilogram dog over a fence can pull a muscle or crack a rib. I've also looked after a cow and a goat here from time to time, lesser problems but more attention, thus more learning.

The mixture of animals was never a problem, with the horses I had to guard my gardens with electric tape. The cow and goat were tethered and let me know when they wanted to be moved. Letting them feed a bit more first made them easy to move, except one time when the cow trod on my ankle.

I do like animals, yet I am down to two dogs of completely different breed and nature, both friendly and good watchdogs, one tied, the other chained, in strategic places. These are animals that are my friends.

I'm soon to acquire a pair of breeding goats, to be useful and hopefully friendly. In the mean time, there is no shortage of wildlife. Possums and birds in the fruit trees and berries, wombats and rabbits digging access for wallabies, birds destroying unripe fruit. My gardens, which were extensive are now limited to pot plants on my barbecue table. I actually have to buy parsley.

However there are useful plants nothing touches, yet I still have snakes, spiders, ticks, leeches and flies. I guess I'm lucky still.

Simon Flynn

*Hope all the Mothers had a very
Happy Mother's Day last Sunday,
and that you were all
thoroughly spoiled
with love for the whole day.
(And breakfast in bed!)*

St Marys Playgroup

St Marys Playgroup meets every Friday
(school term only) 10 am - 12 n

Cost \$2, with fruit to share.

Membership fee of \$23 - \$16 concession, due after 2nd visit. This enables you to attend any playgroup in Tasmania.

St Marys Playgroup aims to provide a stimulating, creative and secure environment for young children, their parents and carers.

We meet at the school kindy room and always welcome new families.

More info tel: Tanya: 6372 2534

We could learn a lot from crayons:
Some are sharp, some are pretty, some are dull, some have
weird names, and all are different colours.....but
they all exist in the same box!



NEW PARTNERSHIP RECOGNISES THE CONTRIBUTION OF SCOUTING

In pursuit of their common goals, Tasmania Together welcomed Scouts Australia, Tasmanian Branch in partnership at the Waterside Pavilion at Mawson Place, Constitution Dock.

The Partnership Agreement was launched by Mr Robin Nolan, President, and Mrs Lyn Harvey, Chief Commissioner, Tasmanian Branch, Scouts Australia and Tasmania Together Progress Board Chair, Mr Bob Campbell.

Scouting is a worldwide organisation providing activities and adventure programs for the youth in our communities. Programs are based on the principles of extending horizons and developing leaders for today and the future.

Scouting relies heavily on the efforts and dedications of its many volunteer members.

Mr Nolan said "Scouts Tasmania was very pleased to become an official Tasmania Together partner and to play its part in helping Tasmania to reach its goals."

Mr Campbell said "The scouting movement, with its youthful and older volunteer members, was ultimately working to create a world where people were encouraged to play a constructive role in society as well as achieving self fulfillment in their own lives."

Tasmanian Branch of Scouts Australia joins a growing group of community organisations and businesses to become Tasmania Together's twentieth official partner.

"Tasmania Together's first five-year review will begin in August this year. This will give the community the opportunity to take a renewed look at Tasmania Together, and consider what's changed in Tasmania since the plan was first developed.

Under the Partnership Agreement, the Tasmanian Branch of Scouts Tasmania will be specifically working to achieve benchmarks including:

- Goal 8** Provide a valued role in community life for Tasmania's young people now and in the future.
- Goal 3** Recognise and value the many contributions that volunteers and unpaid workers can and do make to their community.
- Goal 4** Create a culture that encourages people to learn and develop new skills, throughout their lives.
- Goal 5** Develop an approach to health and wellbeing that focuses on preventing poor health and encouraging healthy lifestyles.
- Goal 7** Foster and value vibrant and diverse rural, regional and remote communities that are connected to each other and the rest of the world
- Goal 12** Provide all Tasmanians with the opportunity to participate in decisions that affect their lives.
- Goal 18** Ensure education and training provides our workforce with the skills to support our business and industry.
- Goal 22** Value, protect and maintain our natural diversity.

ST MARYS NEWSAGENCY



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| ♦ Land clearing | | |

Improvements for weather forecasts for St Helens and Swansea

Mr Greg Hunt, Parliamentary Secretary with ministerial responsibility for the Australian Bureau of Meteorology, and Senator Guy Barnett, Liberal Senator for Tasmania, announced that the Bureau has extended its four-day minimum temperature forecasts to include St Helens and Swansea.

"St Helens and Swansea will join Hobart City, Launceston, Burnie/Devonport and Strahan in benefiting from minimum temperature forecasts four days ahead, from the Bureau's Tasmanian Regional Forecasting centre," Mr Hunt said.

Senator Barnett said the new forecasts will benefit the general public and a range of groups across the Eastern Tasmanian region.

"The addition to the four-day temperature forecasts of minimum temperatures will also be valuable for local tourism operators and industries that rely on the weather in carrying out day-to-day activities."

Mr Hunt acknowledged the work Senator Barnett had done to ensure Eastern Tasmania had access to quality meteorological services including more accurate information about local weather forecasts.

"The new addition to the four-day forecasts for St Helens and Swansea demonstrates the Australian Government's commitment to providing quality meteorological services to rural and regional Australia," Mr Hunt said.

"I commend Senator Barnett on his ongoing support and push for the delivery of these services to the people of Eastern Tasmania."

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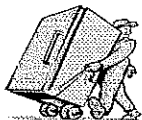
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Authorised by: P. Kearney
21 Killara Ave, Lanena



ANZAC DAY 2005

by Tim McManus

I wonder how many of you have ever had what is termed "near-death experience", when you were quite convinced you were going to die? It might have been a petrifying moment before a car crash. It might have been when you were told you had a very serious illness. Or just before a surgical operation with a high degree of risk. Or you might have been a soldier about to enter a field of battle— which is rather different.

Why? Because in the latter circumstance the life-threatening situation is being endured not for one's self, but for the benefit of others.

That is, and has been the defined role of our servicemen and women in two World Wars, in Korea, Malaysia, Vietnam, East Timor, Iraq, and in their most recent humanitarian activities, in Indonesia.

They did not, or don't, leave their homes and loved ones to go overseas to enjoy themselves, to win medals, or for the thrill of risking their lives.

No. They go to do their duty for their country, their families and for freedom – as has been said so many times – the unprecedented freedom enjoyed by us all.

Service personnel rarely have a choice in the matter. They are told to enter that camp, board that ship or get on that plane or helicopter. It's simply a question of discipline, emanating from decisions made by our elected Government.

No point in saying we shouldn't be going there or doing that, the matter has been decided. That is the democratic process.

So, how do they cope with suddenly being removed from their comfort zone into immediate danger?

With dedication and bravery, underpinned by strong characters and rigid training, as has been demonstrated throughout the years by our service men and women from Gallipoli to the present day.

Of course it's never easy, and there are always two sides to the picture.

On one hand, the soldier has to leave his or her loved ones for an indefinite period, never knowing for certain if he or she will see them again, and wondering, in any event, what will happen in the meantime.

On the other hand, the loved ones themselves are left to cope alone with all the domestic situations and difficulties once made bearable by being able to be shared.

Although in recent years the emphasis on fighting and risks from battle have declined, the hazards are no less real, as the sad event of the Sea King helicopter crash in Indonesia underlined.

So, with ever dwindling numbers of veterans, we gather at yet another ANZAC Day ceremony, remembering not only the service men and women who risked their lives for their country during the last 90 years, but the equal number of broken hearts at home who had, or indeed still have, to carry on regardless.

What would have been the outcome if the many personal sacrifices to which I have alluded had not been undertaken so unstintingly?

We will never know for sure, but I suspect we would not now be enjoying the way of life we do, in the most beautiful state of the luckiest country in the world.

That is why we are here, and why we must never, never forget!

Eternal rest give to them O Lord, and may perpetual light shine on them. May they rest in peace.

(This article arrived a little too late for the last edition.)

ST MARYS COMMUNITY HEALTH CENTRE

GP ROSTER— ON CALL:

Please phone after hours
number for doctor on call.
63722111

PLEASE SEE OVER FOR FURTHER DETAILS

Dr Mohan Singh— 6372 2111

**Medical Emergencies phone: 000
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Mothers Day Raffle Winner:
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Congratulations!

AUSTRALIA'S BIGGEST MORNING TEA SOUP & SANDWICH LUNCHEON

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TIME: **12:00 noon for 12:30 start**
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Lucky Door Prize
&

Trade Table

Great bargains on the trade table

RSVP: Monday 23rd May
To Hayley on: 63722 111

NATIONAL FAMILIES WEEK & T.I.P.S LAUNCH

(Take-Away Tips for Parent Support)

Morning Tea and Children's activities at the
St Marys Day Room of the Hospital.

- Useful easy read info for parents
And of course a cuppa!

Thursday 19th May, 10am-1pm.

For more details: Phone Shan on 6372 2111

'WHAT'S ON AT THE CENTRE'

- 13 May Women's Health Clinic with Dr Libby Reekman. Phone 6372 2111 for appointments.
- 13 May Alcoholics Anon St Marys 8pm
- 16 May Weight Class 10am CHC. Meetings will be weekly on Mondays. Phone 6372 2111 for further details.
- 16 May TLC General Meeting, 10am in the Day Room of the CHC
- 16 May Meals on Wheels General Meeting 1:30am in the Day Room.
- 17 May Health Promotion Course 10.30—1.30 with Fiona Watts
- 18 May Alcoholics Anon & Al anon (AA) Anglican Church St Helens @ 8pm every Wednesday evening. Phone 6372 5026 for further details.
- Al Anon meet Sunday's at 2pm.
- 19 May National Families Week & T.I.P.S Launch Morning Tea 10am-1pm. Balloons and games for the children.
- 19 May Child Health Centre with Lorraine McGee 9am-12noon. Afternoon appoint are available by phoning 0428 136 381
- 20 May Alcoholics Anon St Marys 8pm
- 23 May Weight Class 10am CHC. Meetings will be weekly on Mondays. Phone 6372 2111 for further details.
- 24 May Health Promotion Course 10.30—1.30 with Fiona Watts
- 25 May Australia's Biggest Morning Tea with Day Centre. Soup and Sandwich Luncheon \$5.00 head
- 25 May Alcoholics Anon & Al anon (AA) Anglican Church St Helens @ 8pm every Wednesday evening. Phone 6372 5026 for further details.

Information from this page was submitted by:

The St Marys Community Health Centre, Gardiners Creek Rd, St Marys, TASMANIA. 7215

GP ASSIST TASMANIA AND
THE ST MARYS COMMUNITY HEALTH CENTRE

Due to the departure of Dr Geniola and work demands on Dr Singh, the St Marys Community Health Centre and GP Assist are pulling resources to help our Community with after hours Emergency Care.

This Service will not replace any existing services but compliment what we already have. To enable this to work please read the following information.

What is GP Assist & How Does it Work?

Attracting and retaining doctors in Tasmania, particularly in rural communities has always been difficult. One of the reasons for this is the long hours that doctors have to work. The Australian Government is trying to make General Practice more appealing. One of the ways is by providing support during the after hours period. In Tasmania this support is offered by 'GP Assist (Tasmania).'

GP Assist is a health call line, staffed by specially trained nurses and doctors who can provide advice by phone. The nurses that provide you with advice after hours are Tasmanian based, fully registered and specially trained.

Persons who are diverted to GP Assist will speak first to a nurse and if necessary to a doctor. This way many problems and concerns can be resolved without disturbing your own GP. If the GP Assist doctor thinks local attention is necessary, the on-call GP for your practice will be promptly notified.

GP Assist works with other providers including the Tasmanian Ambulance Service, Emergency Departments, Nursing Homes and Community Nurses and Pharmacies.

GP assist is funded by the Australian Government's Department of Health And Ageing. There are no fees for telephone advice provided by our nurses or doctors. (N/B: local call cost applies).

In the case of life threatening emergencies eg severe chest pain, collapse, loss of consciousness, or shortness of breath ring 000 for the ambulance.

CONTACTS NUMBERS AND FURTHER INFORMATION ARE AVAILABLE AT THE RECEPTION AREA OF THE HEALTH CENTRE, LOCAL SUPERMARKETS OR THE NEWSAGENCY.

Thank you for your cooperation

Soccer News

The St Marys soccer season has gotten off to a bright start. Our first field day will be on Saturday 21st May at 11 am, at the St Marys school oval.

St Helens players will be coming up again, and we are also hoping that players from the newly formed club in Bicheno will attend.

Our supporters' club will be running a BBQ and trading table, and donations of cakes, fruit etc. would be very appreciated. Don't forget some pocket money.

Players registration is now overdue, and must be in, *please*, for players to take part in the field days.

There are record numbers of juniors playing soccer at St Marys now, and our coaching staff would appreciate any parent help, even if you are unfamiliar with the game.

Junior soccer is at 3 pm on Wednesday afternoons until the end of August.

Please note, that soccer enquiries should now be directed to committee members:

Dave Morris 6372 2320 or

Tanya Greenwood 6372 2534

Good luck with the season everyone, and enjoy playing the beautiful game.

Jack Foreman (President)

Lttee Czary

(See if you can read this!!)

This is an intresetnig csae.

Aoccdrnig to rscheearch at an Elingsh Uinervstey, it deons't mnttaer in waht odrer the ltteers in a wrod are, the olny ipmrotnat tihng is that the frist and lsat ltteeer is in the rihgt pclae.

The rset can be a toatl mses and you can sitll raed it withi- uot a porbelm.

This is bcuease we do not raed ervey ltteeer by itslef, but the word as a whole.

Ceehiro.

Autumn is upon us

The photo opposite was taken a few days ago when the trees were losing their multi-coloured leaves.

It's a shame the photo can't be printed in colour, because it was very pretty along the river bank then.

I know Autumn leaves make a mess but they are very scenic for a short time.

Congratulations to the volunteers at Wombat Walk. You are doing a wonderful job. Keep up the good work.

We have been having some very nice weather recently, so while it lasts, why not take a walk in the park and see the progress the 'Wombat Weeders' have made along the river bank.



Rustic Ragamuffins

Meet every Tuesday night at

Gone Rustic

37 Main St
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from 7 - 9 pm

To stitch, chat and laugh!
Bring your current stitching project and \$5.
Tea and coffee, plus supper provided.

Contact Rita:
0409 289 997

Scrapbooking

Learn collage, layout, tips and techniques with
Elaine Hannam
at

Gone Rustic

37 Main St
St Marys
From 10 am - 3 pm
on
Saturday 21st May.
Cost: \$30.

Please bring a plate of lunch to share.
Tea, coffee and materials for the day are included.
Contact Rita:
0409 289 997

St Marys Yoga Room

The last yoga class for the time being will be held on Friday 13th May.

Classes will resume in September.

Thumbs down

To the people using the tennis court yard as a skate board track. **Please stop.**

And also to those who broke bottles in the same area.

We have toddlers who play in this yard.

How dangerous is that!!

C	R	O	C	O	D	I	L	E
S	E	A	O	C	U	C	O	H
U	M	C	R	A	B	S	B	S
S	S	E	A	L	S	B	S	I
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R	E	E	F	I	S	H	E	R
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S	Y	A	R	G	N	I	T	S

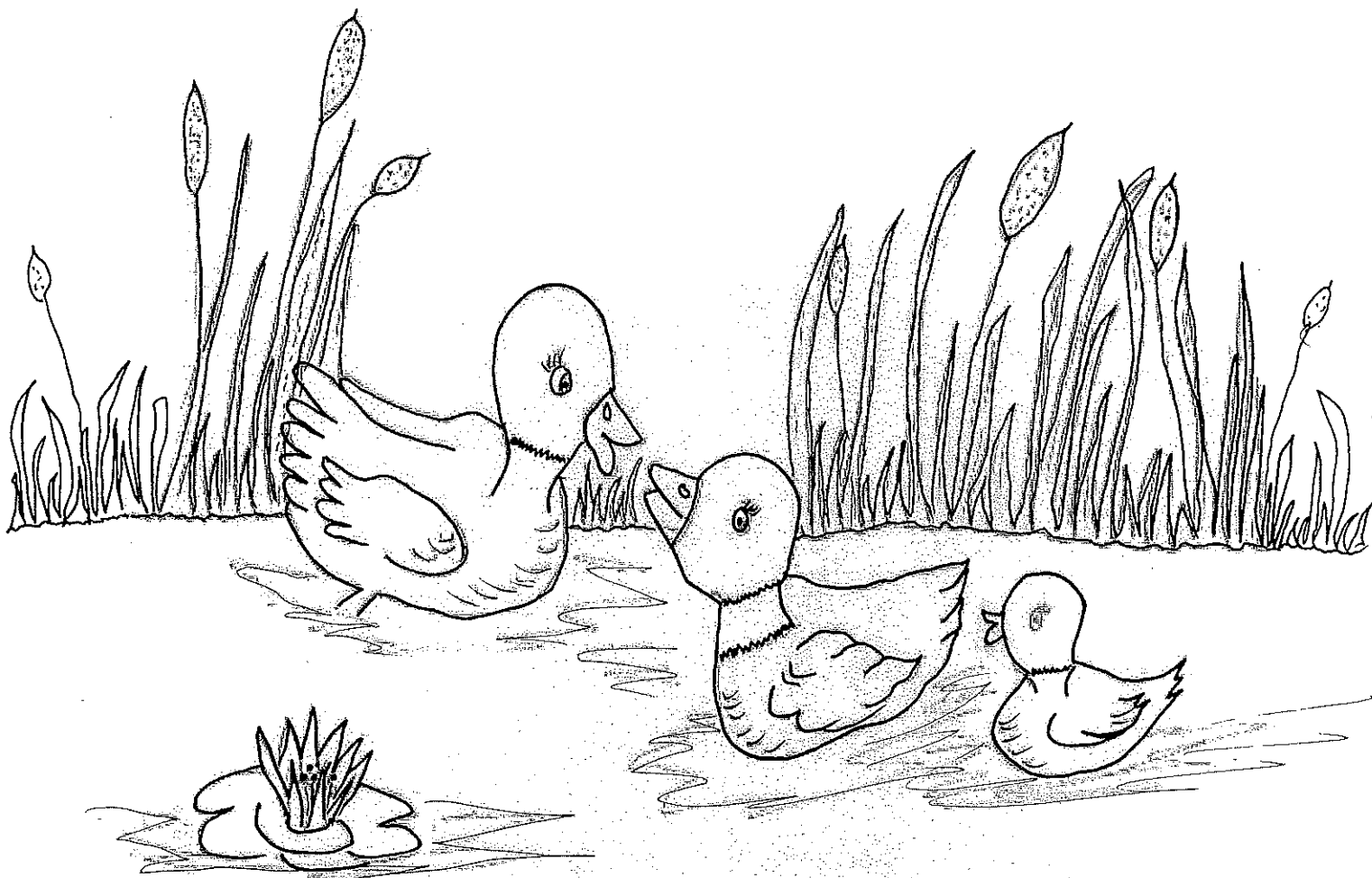
Under water things

Circle the letters to find the words. The left over letters will tell you another creature.

Coral
Crabs
Crocodile
Eels
Fish
Lobster
Seals
Sharks
Starfish
Stingrays
Tunnel
Turtles
Water

(Two Words)

Colour me in



Sports Centre News cont'd

Indoor bowls hopefully finalised for late June or early July. We need 6 or 8 teams for some great nights.

There will also be some excellent fund-raising nights held during winter so let's give them our full support so that we can get the watering system finished more quickly.

Any new members interested in joining us will be warmly welcomed, and we'd love to hear from you. Enquiries to any committee person, the club on Wednesdays to Sundays, or to PO Box 31, St Marys. Come and join, for some exciting times.

Until next week good hitting and rolling.

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St Marys Tennis Club News

St Marys Caltex Mixed Doubles Fun Day

On Sunday 22nd May we will be holding the annual St Marys Caltex Mixed Doubles Fun Day, kindly sponsored by Grant and Jeffrey Faulkner. It will cost \$7 per player and start at 9 am with partners drawn on the day. There are some great prizes up for grabs! If you are interested in playing in this event please contact Randal Faulkner on 6372 5637 or Susan Miles on 6372 2431 by Friday 20th May.

Wood Raffle

The Club is currently raffling a ute load of wood to be delivered locally. The cost is \$1 per ticket and will be drawn on Sunday 22nd May at the St Marys Caltex Mixed Doubles Fun Day. Tickets are available from the St Marys Newsagency and the St Marys Post office.

Junior Doubles Fun Day

A Fun Day for boy and girl junior players (up to and including 14 years) will be run by Club members during the school holidays on Wednesday 1st June using a 'paddle-pop' format. It will cost \$5 per player and start at 9 am. If you are interested in playing in this event please contact Susan Miles on 6372 2431 by Wednesday 25th May. There will be a limit of 24 participants so put your name down early!

Night Roster BBQ, Presentation Evening and Tennis Fun Night

Could all players attending this event on Friday 20th May (6 pm start) please contribute a salad or sweet to share. Meat and refreshments will be supplied. Bring your racquet for a hit of tennis!

Sunday Pennant

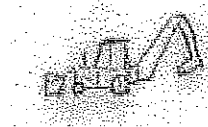
There will be a meeting about Sunday Pennant for all interested players on Thursday 23rd June at the E.scape Café at 7.30 pm. See you there!

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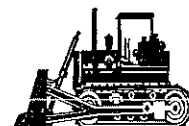


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- ◆ TRENCHES BACK FILLED
- ◆ RUBBISH REMOVAL
- ◆ SHED SITES CUT
- ◆ LANDSCAPING

Sports Centre News

By Kackhander

Golf: Congratulations to Mark Carrick, Mark Birch, Brent Leedham, Darren Johnson and Kodie Donald in pulling off a great 4-1 A Reserve pennant win last week to kick off the season. Both the Marks, Brent and Kodie had big wins, and Darren, in his first ever pennant game against a really tough experienced opponent went awfully close. Let's keep it going.

The A Grade 'Half Pennant' starts this week May 15th with this ridiculous one round thing, and only because St Marys is the last east coast club to play every one of the 55 years since pennant began did we agree to field sides. No matter who wins the A Grade this year, most would agree that it will be inconclusive at best.

Testament to the commitment the boys have for pennant though, we hopefully will provide two good sides, even though some players have chosen to walk away or play elsewhere. We thank and congratulate all those who will support the club through thick and thin times (now) as well as the better times. That's what it's all about. Whether we add to our 24 A Grade, 3 NTGA, 15 A Reserve collection this year, who knows, but like Malahide Golf Club, we will be there. Good luck to them too. St Marys takes on St Helens in both divisions at St Marys this week, May 15.

In the past few years we've had a drain on our membership to another club which is fair enough I suppose, but with the new improved watering about to happen in the next 6 - 12 months, which is a must, some great improvements to the facilities, new events, and some fantastic fundraising nights in the planning, we hope to draw back many golfers, so that constant 12 months golf is a reality. For this to happen we need a commitment to help and support these things, and this dear old club will keep on keeping on. Both the Golf Sub Committee and the Bowls Sub Committee will be glad to hear from you with any input to what's about to happen.

We want to take this opportunity to particularly thank St Marys Value Plus through Mark Carrick and John Cox along with St Marys Top Shop with Barry and Lyn Harrison, for jointly providing our monthly trophy vouchers for 2005. Thank you very much for this great support.

The match committee have plenty of free days on the calendar still available and we'd love to talk to other local businesses in regard to mutually beneficial sponsored days in the next 6 to 7 months. If you're interested, talk to Glenn McDonald, Mark Birch or Rod McGiveron. We'd love to hear from you.

In the past two weeks it's been the 'Floyd Show', with Corey taking out the Top Shop Monthly Trophy with an incredible nett 59, then the Ruth and Geoff Gill Memorial Trophy was won with an excellent nett 63 by Rex. Wonder who's got the bragging rights in that household?

Another bit of great news is to see Bob Hersey back after about a year working on the mainland. Bob will be a really big asset to the club. Welcome back. Also great to see Grant Faulkner and the new policeman Cameron Tanner joining in the Saturday's comps in recent weeks. Because of work commitments this may not happen a lot, but it's terrific to see anyway.

It's been mentioned that our ladies might like to play some weekend golf, which if it happens would be terrific. Hopefully this can be organised soon. While on ladies golf, this week is the Barclay Shield with the winners representing the club on the N W Coast later, and next week is the popular L'oreal Cosmetics Day. Please get your entries in for that one.

Veterans have a foursomes event this week, while on Saturday it's the St Marys Value Plus Mystery Partner Day. Everyone is welcome, men and women, 11.30 am for midday start. Thanks again to John and Mark for your support. The pennant teams will be named by then too.

Bowls news, and a massive thanks to all involved in the levelling working bee on May 1st. It was tremendous and augers well for next season. Thanks especially to our intrepid sand carters, Jack, Trev, Roger, Brent and Co., for the extra trips to collect the sand.

At the club in the next few weeks, it's important to remember the Annual General Meeting set for Friday, June 24th at 7.30 pm, with some big decisions to be made. Nominations for committee will be up and about next week which will give you about 3 to 4 weeks to get them in if you wish. Hopefully plenty of interest there. *Cont'd inside page*



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Butcher ph. 6372 2274

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Sat 8 am - 12 noon

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Next Week

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