THE VALLEY & EAST COAST VOICE

Volume 37 No. 18

Est. 1968

Thursday 17th February 2005 50 cents

Last chance to apply for grant

East Coast local communities are reminded that they have only until tomorrow to submit their applications for funding under the Australian Government Envirofund.

Applications for Round 6 close at 5 pm on Friday 18 February 2005.

"The Envirofund is the community component of the Australian Government's \$3 billion Natural Heritage Trust, the largest environmental rescue effort ever delivered by any Australian Government," Senator Barnett said.

"Through the Envirofund, individuals and community groups can apply for grants from just a few hundred dollars up to \$50,000 to carry out activities such as tree-planting, fencing, weeding and seed collecting to target local problems such as salinity, water quality and coastal erosion".

The Australian Government Envirofund has invested \$60 million in local projects around Australia since the program was introduced in 2002. This funding has supported over 4000 environmental projects.

Round 7 applications of Envirofund are expected to be invited in May 2005.

Free-call 1800 065 823 or visit www.nht.gov.au/envirofund/index.html

Clean up Australia Day Sunday 6th March 2005

Put away rubbish for good It's fun, easy and YOU can take part.

Check the next Valley Voice for details of a 'Clean up day' near you.

Paper receives award

Volunteers and their big contribution was recognised and celebrated at the Australia Day Service held on the foreshore at St Helens. Matt Osborne was announced as Citizen of the Year in recognition of his wonderful service within the Break O'Day community. Young woodchopper 17 year old Joe Rattray received the Young Citizen of the Year Award for his outstanding success as a junior axeman.

Ruth McGiveron of St Marys was presented with Outstanding Volunteer award for her voluntary service to the community, Health Initiative award to 'Unlocking the doors - East Coast Conference on Autism Disorder, and the spectacular and successful St Marys Winter Solstice presented by Grassy Bottom Regional Arts received the 'Community Event of the Year' Award.

The Valley and East Coast Voice was recognised for the contribution it makes as a community newspaper and received the Australia Day Award for an 'Outstanding Volunteer Organisation'.

While many small community papers come and go over the years, the fortnightly Valley Voice has been a continuous paper since 1968 and has been and still is produced by volunteers.

The late Ron Sumner who died only three weeks before this award was received, would have been so proud as he had been a dedicated member of the Valley Voice 'staff' for so long.

At one time papers even went to Rossarden but still there is a circulation of about 400. Rick at the St Marys Newsagency says that people keep coming in and asking when the paper will be out again and has to reserve about forty under the counter for those who think they may miss out!

Many families who have left St Marys and live as far afield as the N.T., W.A. and Qld. are still amongst the more than forty subscribers on the mailing list.

The Valley Voice volunteers wish to thank the Break O'Day Council for making these awards available and it just may be enough encouragement to keep the paper going for a few more years!

Bay Surf Shop 2 Pendrigh Place St Helens Phone 6376 1755



Bathers Wetsuits Clothing Footwear Bodyboards Watches Jewellery DVD's

Surfboards:

Milch McTavish Surftech G Boards Bic

Scamander Beach Surf Shop

6 Lagoon Esplanade Scamander Ph 6372 5529 scamandersurf.com

Community notices

Tasmanian Lymphoedema and Laser Centre Inc. next meeting will be Monday 28th February 2005 at 10 am. AGM will be held on Monday 21st March at 10am.

North East Bioregional Network meeting Tuesday 15th March, Escape Café St Marys at 4 pm.

St Marys Hospital Auxiliary meeting Monday 7th March at 2 pm St Marys Community Health Centre.

Grassy Bottom Movie Night



ONCE UPON A TIME IN THE WEST'

Saturday February 26th at 7 pm St Marys Town Hall

"From start to finish a dance of death". A Sergio Leone film starring Charles Bronson, Henry Fonda and Claudia Cardinale.

*A Cowboy and Cowgirl western theme fancy dress night

All tickets \$8.

Members \$7. Dress-up \$6.

Wine and Cheese platter with movie \$12. Members \$10.

Valley Voice Advertising

Please note that due to a substantial increase in rent, previous small \$6 ads will now be \$8.

Classifieds 25 words or less free. Community notices free

Regular, small ads. \$8

¼ page \$15. ½ page \$25.

Full page \$40

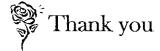
1 year posted subscription \$25

Contacts for Valley Voice

Audrey 6372 2337. Fax 6372 2172 Please leave written material at the St Marys Health & Beauty Centre, Main Street St Marys.

or Post: C/- Post Office, St Marys

Tas 7215



Ronald William SUMNER

We would like to take this opportunity to thank our families and friends for their support, cards and kind words to us on the passing of our loving Husband, Dad and Poppy.

Bettie, Carmen, Chris, Roger, Nola, Cade, Louise, Joshua and Alexander.

REUNION

St Marys District High School

A reunion for the students and teachers of the 1979 and 1980 classes who attended St Marys District High School is being planned. We are hoping to hold a 25/26 year reunion in October 2005 in the Launceston area.

In order to receive an invitation by August, any students and teachers are asked to phone or mail their details by April to either:

Janine McGill

Dale Ridgers

P O Box 133 Fingal Tas 7214

P O Box 13 Scamander Tas 7215

Ph. 6374 2269

Ph. 6372 5620

Break O'Day Uniting Church, Interim Ministry.

Contact: The Manse St Helens 6376 2405 February, March, April 2005, Bruce Lauder Sunday service times: St Helens 9.00 am

Fingal 11.15 am

Happy to be here!

We are newcomers to St Marys, been here 3 years, but have lived in our beautiful State for 10 years. Val has relations who came here as villains from England in the early 1800's so we reckon we do belong!

We love it here and have made so many special friends. To those who know, thank you for all you have done for us. We are so grateful we chose to live in St Marys.

Val and Ken Anderson

PFT OWNERS ALERT

A fireworks display is to be held at "Green's House" Irishtown Road St Marys on Saturday 19th February '05 at 9 pm. Fireworks cause stress and trauma for animals. Frightened dogs may escape the yard in an attempt to run away from the noise. Please keep your pets safely inside your home during the fireworks display.

Tasmanian Canine Defence League. GPO Box 256 Hobart 7001



Tasmanian Lymphoedema & Laser Centre Inc. Raffle (Tickets \$1 each)

1st prize: Accommodation 2 nights Pelican Sands Scamander

plus - Dinner for 2 at Chancellor Inn Scamander

2nd prize: Original artwork by Sandy Bates

3rd prize: Pamper pack (value \$75) - Hatton and Laws. 4th prize: Relaxation Massage - Sue Christianson

Drawn Monday 21st March '05 @ TLC Annual General Meeting

CLASSIFIEDS

Items for sale

81 Commodore S/Wagon. Damaged but drivable. Reg. to 9/4/05 Best offer. 6372 2515

2 white single beds with mattresses. \$50 the pair. 6372 2181

2 comfortable arm chairs, rubber cushions (bone colour) \$20 each.

1 Blackwood & tapestry folding chair. English style. \$25 6 Newman St. St Marys Phone 6372 2344

Wanted to buy



Horse, quiet and friendly, to suit beginner.

Riding gear also wanted. Any info please call Alice on 0417 463 955.

Surfboards—timber or fibreglass. Phone 6372 5529

BACK-HOE FOR HIRE

For all drains, footings, driveways, cut-out and all excavations. Low hourly rates or quotes. Local owner operator.

Tel: 6372 2848

Out of the woodwork

The Break O'Day Woodwork Guild has finally found a home! With the combined efforts of all the members and Mayor Salter, we will be able to use the old shed behind the St Marys Railway Station.

The Guild will begin the legal bits and pieces soon and when that is complete we will start the task of turning the shed into a club house. There have been many Guild members working hard and giving up their spare time to get this far and I would like to thank them for all their efforts.

We have applied for a few grants and these should come through in May or June, we can then decide which machinery to purchase.

The committee hopes that people who have expressed an interest will become members and we can all gain from each other's experience.

The Guild has already quoted on a few jobs and with luck these will help the bank account. We have a donation box that we move around the shops and any donation is appreciated.

We are also looking for old or idle tools that may be sitting around the shed or house just gathering dust, which you may like to donate to the Guild. Please contact Reon or Wendy on 6372 2094 and we can arrange to have them picked up.

Reon Johns President

Grassy Bottom Regional Arts

Membership is now due for 2005. If you would like to renew your membership or would like to become a new member you can do so at Ratha B'zar on Mondays, the Purple Possum, or at any of the events. Your support through membership is much appreciated and will help with fundraising for our Winter Solstice fireworks display.

Next General Meeting is Monday 21st February at Escape Café. All new and present members welcome. Any ideas and suggestions also welcome.

St Patrick's Day

GBRA is holding a 'Cakewalk'. Possibly Australia's first. If you like cakes come along to St Marys Community Hall, for \$2 you could win a whole cake. If you would like to help by donating a cake, call Robyn 0n 6372 2309 or Lucy on 6376 1021

JAM (Jesus And Me)

Important Announcement

Monday JAM will re-commence after Easter on April 4th 2005

We look forward to seeing all the current and newly enrolled children on that day.

It is also our earnest prayer, that the 21 children on the Waiting list will continue to be patient and understanding.

MASSEUR

- Deep Tissue / Remedial
- **Acupressure / Oriental Therapist**
- Work / Sport INJURY MANAGEMENT
- Mobile Service Available
- Stretching Programs (by arrangement)
- **Relaxation Massage**

BRETT - Remedial Masseur 0409 867 169 (please leave message)

EAST COAST CONTRACTING

Cherry Picker Hire

- Bucket able to reach up to 12m
- Specialising in tree trimming in × and around power lines etc.

Phone: Paul Aulich 0419 382 287 Ricky Ward 0419 836 897



Break O'Day Seafood & Symphony Festival

Friday 18th to Saturday 19th March

The Tasmanian Symphony Orchestra will once again perform at the popular Break O'Day Seafood & Symphony Festival.

The highlight of the festival will be the concert "Travel by Night", performed by the TSO at the Portland Memorial Hall, St Helens at 6 pm on the Friday night.

Concertmaster Jun Yi Ma will lead the Orchestra in a full-length programme of music linked by aspects of the night, from Mozart's *Eine kleine nachmusik* to Schoenberg's *Transfigured Night*.

TSO flautist Lloyd Hudson is the featured soloist in a musical "voyage of discovery" in pieces such as Corigliano's *Voyage* for flute and strings.

TRAVEL BY NIGHT

6 pm Friday 18 March Portland Hall St Helens

The concert will be followed by "Dinner with the Orchestra" at Doherty St Helens Resort at 8.30 pm on the Friday night. The dinner offers a rare opportunity for music lovers and musicians to get together informally over a delicious seafood meal, and is a great way to end the evening.

Tickets for the concert are available by phoning the TSO Box Office on 1800 001 190 between 9am and 5pm Monday to Friday, or from Break O'Day Council St Helens. The cost of tickets is Adults \$31, Pension Concession \$25, Student Concession \$17.

Bookings for Dinner with the Orchestra can be made by phoning 1800 001 190 or by calling Doherty St Helens Resort on 6376 1999. The dinner costs \$45 per person, excluding drinks.

Advance bookings for the concert and dinner are strongly recommended as both events are expected to sell out.

Doherty St Helens Resort is also offering special Seafood & Symphony packages to include the TSO concert, Dinner with the Orchestra, accommodation and a champagne breakfast.

The Festival continues on Saturday with the concert "Tasmanian Delights" by popular performers Island Selection. Tenor John de Jong and soprano Di Briffa appear with violinist Michael Stocks, pianist Ben Austin and guitarist Tom Ward, with piper John Ralph once again delighting the audience in the role of MC. A hit at last year's festival, Island Selection will be performing a diverse programme of popular songs, haunting tunes and solo instrument compositions.

The Tasmanian Delights concert takes place at Portland Memorial Hall St Helens on Saturday 19 March at 2.30 pm. The cost of tickets is Adults \$12.50, Concession \$10, Children under 14, \$5.

Tickets are available at the door from 1pm.

Volunteer Small Equipment Grants 2005

Organisations can apply for grants of up to \$3,000 to buy small equipment items that support the work of volunteers by making it easier, safer and/or more enjoyable.

Under the Volunteer Small Equipment Grants 2005 priority will be given to organisations that:

- Have relatively small operating budgets with limited sources and a relatively high volunteer to staff ratio;
- Demonstrate that their requested equipment will provide maximum benefit to all their volunteers by making their work safer, easier and /or more enjoyable;
- Demonstrate that the organisation's work supports families and/or strengthens their local communities;
- Have requested equipment that will have maximum benefit in the local community for a small outlay; and
- Have not received funding under VSEG 2003 or VSEG 2004.

Previous applicants will need to reapply.

Before completing the application form, please ensure that you read the guidelines and that you are familiar with the purpose of the Small Equipment Grant 2005.

As applications close at 5 pm Friday 4 March 2005, it is important to note that online applications received and postal applications postmarked after this date will not be included in the assessment process.

Contact details:

For further information or to request an application form be posted to you, please phone the toll free Volunteer Small Equipment Grants 2005 Hotline on 1800 153 477. Organisations with special needs may contact the department on TTY 1800 055 001.

Organisations are encouraged to complete and submit their application form online — http://iorder.com.au/vseg2005a

Ransley's Appliance Service

P O Box 136 Scamander Tas 7215

- * Washing Machin∈ noisy ?
- * Refrigerator runs too long?
- * Clothes Dryer blows cold air?

Then you need the service of our technicians: Ring us on: 6372 5307 Mobile 0428 761 811

Police Report

Welcome to Cameron

My name is Cameron TANNER. I have recently transferred to St Marys from Launceston, prior to that I worked in Burnie. I have predominantly worked in uniform during my time with the Tasmania Police. I have previously been involved with the Tasmania Fire Service and Tasmania Ambulance Service as a volunteer and look forward to my time in St Marys and meeting all the people from the community.

In relation to local crime there was an incident recently in Newman street St Marys where two garden lights were stolen, there has also been one report of assault arising from a domestic incident in the St Marys area.

As a result of some recent enquiries in regards to firearms storage I think it timely that I provide the following information.

The Firearms Act 1996 provides the provisions for the ownership, registration, licensing and use of firearms. Any person that owns a firearm, or has it in their possession must be the holder of a current Tasmanian firearm licence and that licence must be of the correct class. The firearm must also be registered and stored in a correct manner.

If you own a category A or B firearm, these include air rifles, rimfire rifles, centrefire (not self loading) rifles and shotguns (not self loading) they must be locked in a safe that is at least 150kg in weight, made of hardwood, metal or concrete. The safe must also be of a solid construction that prevents easy entry and has to have a solid flush mounted metal lock. The safe must also be mounted to a wall or the floor to prevent easy removal. Your firearm should be locked securely in the safe at all times except when you are using it and your ammunition stored in a separate locked container.

If any of the regulations for the storage or licences of firearms are broken you may be liable for a fine and or being sent to prison, these offences could also result in the confiscation of your firearms.

For any queries in relation to the requirements for firearms contact your local station.

Cameron TANNER
Constable 2398

ST MARYS NEWSAGENCY

Phone 6372 2143 Open 7 days a week

Hello all - welcome to 2005
Look what's new in our window
Videos are still for sale at \$9.95
REDLINE LEAVES 9 am Monday to Friday



ST MARYS SUPERMARKET

38 Main Road St Marys Mark Kate John Roseanne

Phone/Fax 6372 2240 Butcher Ph. 6372 2274 Mon- Fri. 8am - 6pm Sat. 8am - 12

Cookies Specials

This Week:

Premium Mince \$6.99 kg Porterhouse Steak \$14.99 kg

Next Week:

T Bone Steak \$13.99 Roast Pork \$7.49 Blade Roast \$7.99

Plus full range of Gourmet sausages

Bag a 'Back to school' snack
Sanitarium Up & Go Bars
Uncle Tobys Rollups Rippas
Uncle Tobys Bites
Arnotts Shapes Big Dippers
(All reduced)
Thins 18 Pack Chips \$5.99

St Marys Supermarket offers: Eftpos facilities, ATM, Delicatessen, In house Butchers, In house Bakery, free home delivery service, fresh fish weekly, fresh fruit and vegetables plus more.



Valley Voice notice

If you wish to have articles or advertising placed in this paper, it would be most helpful if you could PLEASE meet the Tuesday deadline.

Next paper deadline is Tuesday 1st March '05

Subscribers to the paper are reminded that the 2005 mailed subscription of \$25 is now payable.

MILLER'S SKID STEER EARTHMOVING

General Earth Works. George Miller 44 Elizabeth Street Mangana FREE QUOTES - 6374 1024

- * DRIVEWAYS/ ROAD PREPARATION (Graded & rubble supplied)
- * FINES SUPPLIED FOR ROADWAYS
- * LANDSCAPING STONES POSITIONED (Placement of Rocks)
- ROTARY HOEING FOR HOUSEHOLD VEGETABLE GARDENS
- * TREE TRIMMING & GARDEN CLEAN UPS



- * TRENCHES BACK FILLED
- * RUBBISH REMOVAL
- * SHED SITES CUT
- LANDSCAPING

Meals on Wheels Roster			
Feb/March		St Marys	Fingal
Mon	21st	G & M Derbyshire	Shirley Parker
Tue	22nd	Leith Gatty	June Hall
Wed	23rd	Ruth McGiveron	Christine Woods (P)
Thu	24th	Patti O'Donnell	Prev Mills
Fri	25th	Mary Viney	Mim Woods
Mon	28th	Annette Davey	Kaylene Sutton
Tue	1st	Dawn Lodge	Tom Brady
Wed	2nd	B & B McAllister	Karen Lohrey
Thu	3rd	Kaye Nailer	Rhonda Hoskinson
Fri	4th	Peter Williams	Shirleen Woods

Church Services

Catholic Parish of St Marys

Priest:

Father Bill Egan 6372 2252

Fingal

Every Friday Mass 10am 1st and 3rd Sunday Mass

10.30am

St Marys

Every Sunday Mass 9am

Bicheno

Every Sunday Mass 4pm

St Helens Every Saturday Vigil Mass 6pm

Mangana

5th Sunday Mass 11am

Anglican Parish of the Northern Midlands

Services each Sunday

Avoca Tingal

8.00am 10.00am

Mathinna: 2nd & 4th Sunday

monthly at 11.30 am

Daily Office Reading

Avoca Tuesdays 10am

Anglican Parish - St Helens

6376 1144

St Helens Every Sunday

8am and 10.30am

KANGA Sunday School

10.30 am - 12 noon every Sunday for children 5 -12 yrs

St Marys 10am

(No service 5th Sunday)

JAM: Mondays

3.15 pm to 5 pm for children

5-12 yrs

Pyengana 7.30 pm 5th Sunday months only

Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10am

Divine Service 11am

Harris Funerals

Lindsay & Diane ST HELENS NEIGHBOURHOOD HOUSE NEW COURSES & CLASSES 1ST TERM 2005

1ST TERM 2005 Starts Tuesday 15th February

Yoga Starts Tuesday 15th February
Beginners 4.25 – 5.25 pm Advanced 6.30 – 7.30 pm

Introduction to Massage Saturday 26th Feb 10 – I pm Friday 4th March 10 – 1pm

Digital Cameras Saturday 12th or 19th Feb 10 -2 pm



40 Main Street St Marys Phone 6372 2487

This year we have changed the look of our shop. We have a lot of new stock. Clothing, unusual crafts & gifts. Our new Gallery is nearly ready to be opened.

We'll keep you posted.
Please come in & check it out.
We look forward to seeing you all this
year.

Regards, Kelly, Vicki, Robyn, Dawn & Cathy

ST HELENS NEIGHBOURHOOD HOUSE NEW COURSES & CLASSES 1ST TERM 2005

Yoga:

Starts Tuesday 15th February

Beginners 4.25 – 5.25 pm

Advanced 6.30 - 7.30 pm

Introduction to Massage:

Saturday 26th Feb 10 - I pm

Friday 4th March 10 – 1pm

Digital Cameras:

Saturday 12th or 19th Feb 10 –2 pm

Blokes Introduction to the World of

Flavours (Cooking):

Friday 18th March 11 -1 30 pm

Bay of Fires Aboriginal Cultural Walk:

Sat 19th March 11 - 3 pm Book early!!

Natural Basketry:

Sunday 6th & Sunday 13th Feb 10am - 3

Pottery: Sunday 20th Sunday 27th Feb &

Sunday 6th March 9 -12 pm

Fire Safety Training:

Wednesday 9th March 9 - 12 30 pm

Trace your Family Tree:

Tuesday 22 March 11 - 1 pm

First Aid for Woman: Thursday 19th, Friday 20th, Thursday 26th, Friday 27th May

St Johns First Aid Day Course:

Tuesday 22 February and

Tuesday 1st March 9-430 pm

St Johns First Aid Night Course: Tuesday

1st, 8th, 15th, and 22nd March 22nd March. 6 – 10 pm

St Johns First Aid Refresher:

Monday 21 Feb, 9.30 - 4.30 pm

Fitball Exercise Classes: Starting Thurs-

day 3rd March 12.30 - 1.30 pm 8 weeks Create the life you want with Spirit

Guides & Angels:

Thursdays – starts Feb 10, 1.30 – 3 pm TRY SOMETHING DIFFERENT AND CREATIVE!! PHONE THE "HOUSE" 63761134

For more details



25 Quail Street, St Helens Phone 6376 2555 or mobile 0417 331 536

HUGE CLEARANCE SALE ON CARPETS, VINYLS AND RUGS

Up to 60% off!!!

40 rolls of vinyl in stock
60 rolls of carpet in stock

We have moved across the road to 25 Quail St, St Helens

The Ancestors come to e.ScApe

Opening this week at e.ScApe Wilderness Café Gallery, St Marys will be an exhibition of recent works by Cornwall artist Elizabeth Turnbull. Entitled The Ancestors, it consists of works done during her time in Tasmania since late 2002, or inspired by those experiences. It features both paintings and sculptural assemblages, the latter incorporating found objects from the Tasmanian natural environment.

Elizabeth says of the works in the exhibition "They express thoughts and feelings I have held for a very long time of the concept of 'The Ancestors' - as all humankind and all nature, present in all of us, in our very cells and in everything that exists, and also seeing us and all nature as being present in them - this resonates to me with many of the concepts of Taoism and. more recently, quantum physics.

- "We are very, very old the stuff of stars and the sea yet ever new.
- "The works have evolved from this concept and from the earth and nature of Tasmania."

The St Marys' showing follows a successful season at the Burnie Regional Art Gallery (10 December 2004 - 23 January 2005) which evoked the following critical comment:

"Her work, which encompasses both sculptural and painted forms, is in a naïve or 'outsider' style. ... her naïve approach makes for some wonderful images. Well worth a look." -Joerg Andersch - Gallery Watch - The Mercury Magazine - 15/1/2005

" ... Elizabeth Turnbull is a self-taught artist whose dreamy, ethereal works tend to instantly captivate the viewer. ... their surreal scenes are carried out in a naïve style that loads each of the paintings with a mystical, spiritual quality. Each painting in this exhibition is fascinating and seems an intuitive depiction of Turnbull's concerns, which include a connection with nature, the role of the Goddess and feminine spirituality." -Kelly Ford - The Arts, City Search Tasmania - January 2005

Many of the works from Burnie feature in the e.ScApe exhibition, but more than a third of the exhibits will be seen for the first time by Break O'Day gallery goers.

The Ancestors will be on view from Thursday 17 February until Sunday 13 March at e.ScApe Tasmanian Wilderness Café Gallery, 21 Main Street, St Marys Tel: 63 722 444. The official opening is at 5.30pm on Saturday 19 February when you are invited to join the artist at the Gallery for drinks and light refreshments.

You will find more information about Elizabeth and a wide and representative selection of her work on her website - http://www.elizabethturnbull.com.au/

C & D FXCAVATIONS Local Owner Operator

Phone Dana 6372 2033, or Craig 0439 722 032

FOR ALL YOUR GENERAL EARTHWORK NEEDS

- O Dams
- O Roading
- Slashing
- Fire breaks
- O House sites
- Land clearing
- Bridge construction
- O Road gravel available
- O D5 Dozer
- O 20 ton Excavator with log & rock grabs, buckets & ripper
- O Firewood: Free delivery St Marys area

- Track loader
- Root rake
- Bucket & Forks
- Compaction roller
- 4WD Tractor & Slasher

VARIATION TO STATION OFFICE HOURS

14 FEBRUARY - 4 MARCH 2005

(Temporary) ST MARYS STATION OFFICE HOURS:

MONDAY:

14th Feb.

8.30am - 12md / 1 - 4pm

TUESDAY: 15th Feb.

CLOSED

8.30am - 12md / 1 - 4pm

THURSDAY: 17th Feb.

WEDNESDAY: 16th Feb.

CLOSED

FRIDAY: 18th Feb.

8.30am - 12md / 1 - 4pm

MONDAY: 21st Feb.

CLOSED

TUESDAY: 22nd Feb.

CLOSED

WEDNESDAY: 23rd Feb.

1-4pm

THURSDAY: 24th Feb.

CLOSED

FRIDAY:

25th Feb.

8.30am - 12md / 1 - 4pm

MONDAY:

28th Feb.

8.30am - 12md / 1 - 4pm

TUESDAY:

1st March CLOSED

WEDNESDAY: 2nd March

8.30am - 12md / 1 - 4pm

THURSDAY:

3rd March

CLOSED

FRIDAY:

4th March

8.30am - 12md / 1 - 4pm

NORMAL HOURS / DAYS RESUME MONDAY 7th MARCH

FOR NON EMERGENCIES CALL: 63761122 or 63 363701 In case of **EMERGENCY ONLY** - Please call 000 A Police Officer will be dispatched as soon as possible

> ST MARYS / ST HELENS POLICE ON NORMAL ROSTERED DUTIES

Ron William Sumner

21st July 1931 - 6th January 2005

Ron was born in London, England on the 21st July 1931 to parents Bill and Ray.

His school life began at the age of five at St Saviour School in London where he remained until 1945 when he left school and began his working life in a garage until acquiring a government job with British Rail as a signal box attendant. November of 1949 brought about another change with his recruitment to National Service in the Army Royal Signals Regiment, trained as a wireless operator he served eighteen months in the Malayan Emergency service. Whilst in Malaya, Ron's parents sought application for a move across the world to Australia and for a short time worked on a farm at Collarenebri in New South Wales, followed then by another move to Hobart Tasmania.

Ron's discharge from Singapore in 1951 saw the apprehensive young man begin a long arduous journey to his new home and country via Western Australia, using every mode of transport, credited with being the first member of the "White Knuckle Brigade" after flying over central Tasmania, Ron's home-coming ended in Hobart and a happy reunion with the family he had left some two years before.

Granted a temporary position with Tas Government Railways in 1952, which consequently lasted for twenty six years, Ron with family, again packed their bags and moved to St Marys, Ron transferring in his job, and father Bill commencing work at Mt Nicholas mine.

Margaret Bettie Nailer and Ronald William John Sumner were married on June the 12th 1954, so beginning a loving, happy family relationship which was an example to so many.

With no previous building experience, Ron with Bettie, set about building a new house in Irishtown Rd, successfully completed, it became their happy family home for them and their children, Roger and Carmen, who both today remain an important and integral part of this family unit.

Family camping from 1963 at Four Mile Creek inspired the purchase of a block and the building of a holiday home in 1968, again built by Ron & Co. This in turn became the permanent family home in 1983 when they sold their home in Irishtown Rd and moved to Four Mile Creek.

His ever existing desire to help others saw him join St Marys Lions Club in 1975 of which he remained a dedicated, revered and involved member, holding many positions within until ill health in recent years made it difficult to maintain the involvement but his membership and support remained intact.

Retiring from the position of "Ganger-in-charge" with the railway in 1978 due to work injury, gave Ron more time in community-involved projects, which included: Editor of Valley Voice, Lions Club, Christmas party co-ordinator including overseeing and co-ordination of Santa's numerous visits, Hospital Auxiliary, Carols by candlelight, many Community concerts, Four Mile Creek community association, Fire Brigade. Plus many other organizations requiring his assistance.

Of all the dedication and effort applied by Ron to community projects as such, none took precedent over his commitment to family. Wife Bettie, daughter Carmen, son in-law Chris, son Roger, daughter in-law Nola and grandchildren Cade, Louise, Joshua and Alexander, were his inspiration, his drive, his purpose of being and in return he received their unequivocal love, gratitude and admiration.

His community involvement and commitment saw him justly rewarded with the following: Australia Day Citizen award Municipality of Fingal 1993. Centenary of Federation Tasmania Local Hero Certificate 2001. Ron's dedication and efforts in the production of our long existing Valley Voice newspaper would be honoured by its continuance into the long and distant future, this made possible by the ongoing dedication and capabilities of the volunteers who have worked beside him for all the years gone by.

Our community will certainly be poorer for his passing but was blessed with having Ron walk through it. Kevin Faulkner

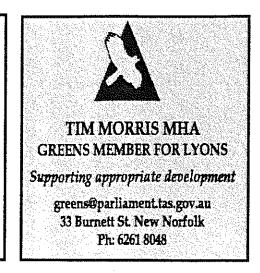
Rae & Partners Lawyers Barristers & Solicitors

93 York St Launceston Ph 6337 5555

Visiting St Marys Community Health Centre

Alternate Tues. 9 am -10 am

Appointments: 6372 2172 St Marys Health & Beauty Centre



Designer Hair Studio

Main Street St Marys 6372 2108

Lyn, Emma & Fran

Come in and see us for all your hair care.

ST MARYS COMMUNITY HEALTH CENTRE

GP ROSTER- ON CALL:

Please phone after hours number for doctor on call.

DR GENIOLA MONDAY & WEDNESDAY

DR GENIOLA:

Dr Jess Geniola-6374 2288

DR SINGH TUESDAY & THURDAY

DR SINGH:

Dr Mohan Singh- 6372 2111

Medical Emergencies phone: 000 or The Ambulance on:

1800 008 008

AFTER HOURS NUMBERS FOR THE DOCTORS

PLEASE NOTE THAT THE AFTER HOURS NUMBER UNDER 'EMERGENCY SERVICES IN THE BREAK O'DAY BUSINESS AND COMMUNITY DIRECTORY' FOR THE ST MARYS DOCTORS IS INCORRECT. PLEASE PHONE 6372 2111 FOR AFTER HOURS SERVICE. Thank you.

VACCINES FOR MENINGOCOCCAL

Available from January 2005 FREE VACCINE TO:

Children born since 1st January 2003

People aged 65 and over

Flu & Pneumococcal Vaccine

MEASLES, MUMPS AND RUBELLA (MMR)

Adults born 1966

If 2 doses haven't been received then the vaccine is available free.

FATHERS TONGUE

Calling for Indigenous women and girls to submit their work for possible inclusion in an anthology relating to their fathers entitled 'Fathers Tonque'. Poetry, essays, songs, cartoons and other creative endeavours accepted. Call Hayley on 63722 111 for details and guidelines.

'WHAT'S ON AT THE CENTRE'

Child Health Centre with Lorraine 17th Feb

McGee 9am-12noon. Afternoon appoint are available by phoning 0428 136 381

Women's Health Clinic with Dr Libby 18th Feb Reekman, Appoints, available by phoning

6372 2111.

21st Feb Weight Class 10am CHC. Meetings

will be weekly on Mondays. Phone

6372 2111 for further details.

Anne Blair Psychologist. Phone the 22nd Feb

Centre for appointments.

23rd Feb Alcoholics Anon & Al anon (AA)

Anglican Church St Helens @ 8pm every Wednesday evening. Phone

6372 5026 for further details.

28th Feb Weight Class 10am CHC. Meetings

will be weekly on Mondays. Phone 6372 2111 for further details.

28th Feb TLC Meeting 10am-12 noon. Day Room

at the Hospital.

2nd Mar Alcoholics Anon & Al anon (AA)

Anglican Church St Helens @ 8pm every Wednesday evening. Phone 6372 5026 for further details.

BRAIN FOUNDATION

Stroke Support Group New Members Welcome!

Next Meeting:

Wednesday Feb 23rd 2005 at 12 noon at the Neighbourhood, House St Helens. Lunch provided

For further details please contact Michael Shier through Community Nursing on 6223 1424

There are many paths to the top of the same mountain, but the view is always the same— Chinese Proverb.

Love's a disease. But curable-Rose Macauley.

Information from this page was submitted by:

The St Marys Community Health Centre, Gardeners Creek Rd, St Marys, TASMANIA. 7215

Melamoma

What is it?

A *melanoma* is the most dangerous type of skin cancer. It grows from special cells in the skin called *melanocytes*. A melanoma is usually brown or blackish in colour and looks like a freckle, mole or spot. They can begin in moles, but most begin in normal skin.

Who gets melanoma?

About 1 in 60 people will get melanoma. It is seen most often in people aged 30–50 years, but it can occur in younger people. People at increased risk are those with:

- several dark moles
- freckles
- fair white skin
- skin that reacts to sunlight (burns easily and does not tan)

Why do they occur?

We do not know why all of them begin, but they are much more likely to occur in people who have a lot of exposure to the sun. Queenslanders have one of the highest rates of melanoma in the world. In spite of this, melanomas do not only occur, in areas exposed to the sun—they can occur all over the body.

How do I know if I have a melanoma?

Only a few moles go on to become melanomas. Any changes that occur in a mole should raise suspicion. Changes may include:

any change in the colour of the mole

- · an increase in size, or spread to surrounding skin
- thickening of the mole
- bleeding
- itching

In fact, any change in a mole may be a warning, and should be discussed with your doctor.

What can be done?

Once suspicion is raised about a mole, it should be removed by your doctor. It will then be sent away to be looked at under a microscope, to check if it is a melanoma. Further treatment depends on the result of this test.

Can it be cured?

If melanomas are removed early, they can be completely cured. Over 95% of patients are cured with early removal.

Prevention is the best cure!

To decrease your chances of getting a melanoma, you should protect yourself from the sun. These rules should be followed:

- Try to avoid direct sunlight when the sun is strongest (from 10 am to 2 pm standard time, i.e. from 11 am to 3 pm daylight-saving time).
- Always wear a broad-brimmed hat and T-shirt or preferably long sleeves in the sun.
- Use a SPF factor 15 or more sunscreen on exposed skin and renew it regularly.
- Sunbaking might give you a good tan, but it is also going to increase your chances of getting a melanoma, and so you should avoid it.

ARAFMI (Association for Relatives and Friends of the Mentally III) Caring and Sharing Meeting, Monday 28th February 2005

You are invited to attend an informative session at the ARAFMI Centre at 34 Howick Street, Launceston,

Time - 7.30 p.m.

Date - Monday 28th February.

Guest Speaker: Deb Klye will talk about Anxiety, Self Harm and Suicide.

Deb has been a teacher. She has a social work degree and is currently a social worker at the Ravenswood Community Health Centre and a Counsellor at the Blue Door private practise.

Deb worked for 2 years on the G.P. North project relating to self harm and suicide in young people and the response to that in the Northern region.

This is an important subject of concern in our community. There seems to be little support for young people who suffer or for their families.

We would be pleased if you can join us to learn more from this experienced speaker. Enjoy the free supper as well!

For more information please phone 6331 4486.

The Say by Cagerattler

Guess what, the Valley Voice is once again allowing me to inflict The Say on you!

Just a reminder that topics covered in these articles are the opinions of Cagerattler and not necessarily those of the Valley Voice.

Input from readers or ideas for topics are invited and even if you strongly disagree with opinions expressed please feel free to answer, as this is a forum for discussion.

Kids and bikes

During last year we touched on the fantastic initiative of Tasmanian Police, Road Safety and St Marys Lions Club in providing our younger bike riders with a road rules course at our St Marys and St Helens schools on one cold and windy Friday.

That day the kids learnt some skills and was great to see senior administrators from various groups aiding in their learning.

The summer holiday period has just concluded with plenty of kids on bikes enjoying the time. Unfortunately during that period, I, and I'm sure many others have seen some crazy careless acts by kids on bikes. Not just here of course but pretty much everywhere I've been over Summer. I've seen dangerous riding in traffic, fast speeds on footpaths with pedestrians being nearly hit, no helmets in many cases, no hand signals, and no lights in darkness. In one day about a fortnight ago I saw two near misses with cars in about 20 minutes at St Helens.

Perhaps it is about time that a basic bike safety course for kids was mandatory before they could ride on a public road.

It would not have to be too difficult but a basic knowledge on road rules would need to be demonstrated before a tag or flag could be gained allowing access to the streets.

I know our police are busy but then in their travels they could quickly identify a bike and rider displaying their 'licence' so to speak.

Who knows something like that could save a life. What do you think?

CORNWALL COMMUNITY DEVELOPMENT GROUP

On Monday 14th February 2005 more than twenty-five Cornwall residents assembled at the Community Hall with the main purpose of forming a committee to become incorporated so that the people of Cornwall have a strong voice in our Municipality and to move on a number of issues confronting the town.

Giving positive input to the meeting were guests: Mayor Stephen Salter, Councillors John McGiveron, Robert Legge and Council Community Development Officer Chris Hughes.

After a good practical discussion a committee was formed with Jim Haas appointed President and with the help of Community Development Officer Chris Hughes would go ahead with the process of incorporation.

Whilst the committee has a number of long term goals such as: tidying up the town, making the town as fire safe as possible, doing more with our park and recreation areas and applying for our share of town funding, the two most pressing issues are to support Mrs Camplin in her project to erect the miners' memorial wall and organize the back to Cornwall Day as a opening and to address the problems confronting the Community Hall.

At present the hall cannot be hired out because of liability issues, however, Cornwall Community Development Group is calling for people with expressions of interest to use the hall. If enough interest is forthcoming, perhaps ways and means can be found to hire the hall again and keep it as the town icon it always has been.

Anyone interested can contact Jim Haas on 6372 2127.

PAINTER

Ray Rosskelly Ph. 6372 2218 St Marys



Advertisement DickAdams MP Federal Member for Lyons Web Page—Http://dickadams.id.au Email: D.Adams.MP@aph.gov.au Ph. (03) 63981115 Fax. (03) 63981120 Local Call Cost 1300 132 689

Authorised by: P.Keamey 21 Killara Ave, Lanena

East Coast Phone & Communications

- Telephone & Data Cabling
- Commander Systems
- Sound System Cabling
- ◆TV aerials & tuning

John Heron

30 years experience ACA Licence



Ph 6372 2402 0409 959 121

UPDATE ON SOUTH SISTER LOGGING from SOS (SAVE OUR SISTERS)

The Forest Practices Plan for Coupe NI 114A on South Sister has now been certified by the Forest Practices Board and logging is scheduled to start in the next week or two. SOS members are waiting to hear from Forestry Tasmania and Forest Practices Board after asking them to revoke the plan for various reasons including incorrect coupe number and incorrect dates on the plan, inadequate assessment of landslide risk, insufficient assessment of the Jubilee coal mine lying under the coupe, groundwater and threatened species issues.

Members of SOS have been very active over summer and have had numerous scientists conducting assessments on the coupe. An audit of the plan (including 17 reports and letters) has been submitted to Forestry, Forest Practices Board, State and Federal politicians and Break O'Day Council outlining the many concerns these scientists have. It is hoped they will be considered and the decision to log this coupe reversed.

The Minister, Bryan Green visited South Sister last Friday and took part in discussions with both Forestry and SOS regarding all concerns with logging of the coupe.

SOME FACTS ABOUT THE COUPE

- This coupe will provide 81% pulpwood rather than high grade saw logs
- The landslide risk post disturbance is high in areas where previous landslips have occurred according to David Stapledon (Geotechnical consultant), Ralph Rallings (Engineer), Leonie van der Maesen (Geomorphologist) and Owen Ingles (Soils expert and engineer). This area, despite what FT say about the "stable" dolerite talus, has unique properties such as coal/mudstone/sandstone underlying this dolerite. Landslips have occurred on this coupe as well as in the immediate vicinity (Jubilee mine X 2, Cheeseberry Hill, German Town, Mt Nicholas, Huntsman's Cap) in the past 80 years.
- Large coal mine (Jubilee mine) (>1sq km) lies under the coupe approximately 50 150 m below the surface. This may have affects on the operation yet Forestry have not assessed this.
- High intense rainfall occurs in this area leading to increased risk of landslides
- Many local residents rely on springs and creeks for their water supply domestic (including hydroelectricity) and agricultural/horticultural use. It is highly possible that landslips will threaten these many springs. FT has provided prescriptions for Koonya springs (Southern Tasmania) which allow for a 300 m buffer but yet the springs on this coupe have been given between 10m and 100 m buffer.
- The change in vegetation from logging will reduce the amount of water available for locals to use. Forestry Tasmania's report (Roberts Dec, 2004) states that the quantity of water may be reduced for up to 56 years!!
- Insufficient research has been carried out on St Marys' water supply and therefore logging should not proceed until this research is initiated.
- The mountain is *iconic* and local residents consider that they are losing one of their major assets. 95% of the business owners have signed a statement saying they oppose the logging.
- Tourism will suffer as tourists will choose not to visit the summit if they have to drive through logged forest and then look out on a logged coupe below the summit. Bushwalking will suffer as the under storey will be destroyed and a network of tracks will replace this marvellously diverse under storey and canopy.
- The mountain is historic having been painted by a painter aboard the French navigator's ship (Nicolas Baudin) in 1802.
- Stumps remaining on the southern part of the coupe represent the interaction of local forestry resources, local saw-milling and the local railway history all part of the cultural heritage mentioned in the Forest Practice Code where prescriptions for their protection should be included.
- Threatened species will suffer as their habitat is destroyed (21 species on or surrounding this coupe).
- The *line of parapatry* the geographical line demarcating the habitats of the Blind and Giant velvet worms may be destroyed and yet this is the only known line of parapatry in Tasmania!
- Three moth species never recorded in Tasmania have been recorded on the mountain. In addition, 6 moths have been recorded, none of which have previously been recorded in any Tasmanian National Park
- Gintaras Kantvilas, Head of Herbarium considers that this area is lichenologically significant with 178 lichen species
 found in a single day of surveying. Two new species have been found and another two will be nominated for listing
 on the threatened species list due to their rare occurrence.

For more information see www.southsister.org

Rainbow Retreat Wilderness Cabins

- Sensational Ocean Views set on a private nature reserve
- Fully self contained or catered for
- Full liquor licence

Lot 1 Gillies Road St Marys Tas 7215 Phone: 6372 2168 or 0417 017 105 peterpower@rainbowretreat.com.au WWW.Rainbow Retreat.com.au.

St Marys Tennis Club News

Club and Pennant Dinner

All members and their partners are invited to attend the Annual St Marys Tennis Club and Pennant Dinner at the Escape Café St Marys on Saturday 19th March, 7 for 7.30 pm, for a meal and the presentation of Pennant and Club Championship prizes. We welcome all Midweek, Night Roster and Pennant players to this function. Please RSVP to Michelle Loane on 6374 2343 by Wednesday 16th March.

Night Roster

Our next Roster will be starting in March. The number of nights the roster will be over and its duration depends on the number of participants (we anticipate finishing in May going on numbers from previous rosters). If you would like to participate please give \$15 fee per player, to one of the Night Roster Committee - Susan Miles, Randal Faulkner (until 23/2) or Maureen Bushing by Sunday 27th February. Forms and fees may be sent to PO Box 116 St Marys 7215. We also need fill-in players for this roster (no Night Roster fee required). The Committee will then meet to prepare and distribute rosters prior to the starting date. As this is a time consuming task, no late entries will be accepted. If you have any further queries, please contact Susan or Randal. A reminder that all participants need to be financial members for the season 2004—2005.

Midweck Ladies

This competition will commence on Wednesday 23rd February.

A reminder that all participants need to be financial members for the season 2004 - 2005 prior to playing in this roster.

Upcoming Events

The Break O'Day Mixed Challenge is being held at the St Marys Tennis Club on Saturday 26th February and our Club is hosting the Finals on Sunday 27th February. Come along and see some great tennis! As a fundraiser the Club provide the competitors with a BBQ lunch. We are hoping members will be able to donate a salad (to be delivered to Clubrooms on Sunday morning) or help on the day.

General Meeting

The next General Meeting will be held on Thursday 24th February 2005 at 7.30 pm.

Addlestone House B & B



19 Gray Road St Marys Tas 7215

4 ½ star accommodation at very reasonable rates

Your hosts: Bob and Charlie (Charmaine)
Ph. 03 6372 2783 Fax. 03 6372 2889
E-mail: addlestone@bigpond.com

It's On at the Sports Centre!

The St Marys Sports Centre has pleasure in announcing an array of events in the coming weeks to assist the committee and members with their WISH LIST, which includes: New aluminium windows, decking and BBQ area around the club house, refurbishment to the interior including plastering of the walls and a new heater.

How are we going to achieve this?

Currently the club is running fantastic events such as the Chicken Run golf competition on Friday nights, our Sunday Sponsored event entries have gone through the roof and culminated with 30 players enjoying the White Sands Day last Sunday.

If you are keen on golf or just want to come over for a hit then grab the clubs and come over, you will be more than welcome, see if you enjoy it first, then consider joining up. Just like our new recent members that include Ken & Greg Evelyn, Barry Harrison, Mick Stratton, Darren Johnson and Col the Cornwall Kid.

Our social membership is just \$20, we may be able to swing you a deal as there is only a short time until the end of the financial year.

Enjoy our HAPPY HOUR commencing this Friday night from 6.30 to 7.30 pm, this will include draws for prizes and a \$2.50 pot and pie.

Coming Events: Our first major fund raising event will be a TRIVIA NIGHT at the club rooms Saturday the 12th of March commencing at 6.30 pm. Teams of 6 a table, but be quick as there is limited seating. Cost is \$5 per person, which will include entry and a light supper.

Ring Jack & Pewee on 63 722608 or Macca & Leanne on 63 722429

Come along and have a great time at the ST MARYS SPORTS CENTRE

East Coast Glass

Falmouth 6372 5361

Locally owned and servicing the East Coast. Call David & Anne Cannon for prompt, reliable service.

- * Glass repairs
- × Shower screens
- Wardrobe doors
- * Double glazing
- Aluminium windows
- Security doors



St Marys Sports Centre News

by Kackhander

To bowls first, and with one round to go before the finals series, St Marys sits in third spot on the ECBA ladder and two points behind Scamander.

The all important double chance is well and truly up for grabs. St Marys, Scamander and even Swansea can still grab that spot, depending on results this Saturday. Realistically, St Marys needs to comfortably defeat Bicheno to be in the hunt, and Jack Viney wants all our players to really be ready to have a red hot go in the next week or two. A Grand Final spot is certainly a possibility.

Last week the team rebounded really well, after two disappointing results prior to that. This was very positive.

Best of luck also to Peter Singline (Peewee) and Peter Davern who will be representing the club in the East Coast Pairs Championships on February 20th.

During the break they won the St Marys final 17-15 over Rod McGiveron and John Cox. Also during the break Jack Viney won his first club singles, by just getting over the nine time champion Chris Davern in a great final.

As Jack was unavailable for the East Coast Singles, Chris went very close to once again taking the title, which he has won on a number of occasions. Thanks very much to everyone who is supporting bowls so strongly this year, and the future looks extremely rosy for the club. All we need is that elusive pennant. Unlike golf it's been a long time between drinks, about 20 years to be exact.

Golf news, and we're into another year and its fantastic to report that thanks to Birchy, Macca, Trev and the crew as well as Jim Haas the Sunday golf for summer has been a huge success.

Never more evident has been the past two weeks, with around 30 players each time taking part. For this to happen though, we need fantastic sponsors and apart from normal members providing days, we have had Grant "Blackie" Faulkner's Caltex Day last weekend with a brilliant field in the Ambrose event and this weekend just gone, we had the White Sands Mystery Stableford event, fantastically sponsored by our new friends at White Sands Resort at Four Mile Creek. Thankyou Whitey, Briggsy and Darren for your support with once again a great day. Both Grant and the White Sands crew have shown a lot of faith in our club which we really appreciate.

It will be a tad quieter this week due to the ECTGA Championships being held at Scamander and we know several St Marys players will be supporting that. Don't forget also Malahide's East Coast Foursomes Championships the first week of March. Lets get plenty there for that event as well.

Still on golf, and the ECTGA conducted their AGM last Sunday and it's great to report that a pennant season will again be conducted after initial fears it may fold after 55 years. It's also great to report that it's likely that, thanks to some compromise, it may well be a 6 team competition again in A Grade, and possibly 4 teams in A Reserve. Depending on acceptances this should ensure the short term viability of East Coast Pennant for at least the next 2-3 years.

There will be only one meeting of the clubs thereby a shorter season. Any side playing away more than home this year will be ensured the opposite next year. While not ideal it is better than no pennant at all.

The other major change is that A Reserve games will revert back to non handicap matches which was welcomed by all. Pennant will not be commencing until about mid May and team submissions must be in by the end of March 2005.

Finally on golf, Macca asks that the current fantastic support be continued and club captain Mark Birch will welcome ideas and offers to run any golf events this year that support the club.

To club news and the current committee wish to investigate any new avenues for some fundraising projects in the next 2-3 months to help with revenue for the watering sys-

tem, repairs to the greenmower and implementation of some new equipment required for the long term success of our club.

With some major changes to be announced soon we hope new members will be joining us and availing themselves of a great little club.

One of the first functions for the year is to be Macca's Comedy Trivia Night on Saturday March 12th. There will be much fun guaranteed, great prizes, a lot of laughs, supper and you name it, Macca will have it. Get in early to book your table of 6. More details next issue.

Anyway, until next time, good hitting and rolling.



St Marys **YOG**A

Thursdays: 6.00 - 7.30 pm Fridays: 10.00 - 11.30 am Pre-school Yoga Fridays: 12.15 pm

(Classes start February 17th 2005)

For bookings and enquiries please phone teacher Jack Foreman 6372 2034