

THE VALLEY & EAST COAST VOICE

Volume 37 No. 15

Est. 1968

Thursday 18th November 2004

50 cents

Please have material to be included in the next Valley Voice, in by **Tuesday** 30th November 2004.

New Change-rooms soon a reality

A visit on Monday to St Marys by Tasmanian Speaker and Labor Member for Lyons, Mr Michael Polley was for several reasons.

One the main objectives of his visit was to deliver grant money from the Premiers Department Fund to a very committed and hardworking Parents and Friends Association at the St Marys District High School.

One objective of the current Parents and Friends committee has been to try and raise enough money to build a much needed change-room facility at the Community and School Pool.

Parents and Friends had managed to raise about \$5,000 through successful Austswim and Water Safety Programmes in recent years as well as a further \$3,000 from raffles, fundraising ideas and some generous donations from local businesses, community groups and other Parents and Friends bodies.

Some months ago the shortfall was applied for through the Premiers Department Fund to make up the total \$13,000 required for this project. This is to make an already good facility even better. Mr Polley had previously offered support and was pleased this last Monday to hand over Grant Documentation for the much appreciated \$5,000 for the design to actually be built. The work will be commencing in the next couple of weeks with anticipation of a reasonably quick completion date.

There is also a plan for Stage Two of the development to build a new toilet block. A grant application has already been lodged with the Tasmanian Community Fund for consideration. It is envisaged that this addition might take place in 2005 if successful with the funding.

Also present on the day were three representatives from the Lions Club of St Marys who generously handed Parents and Friends President Linda Heron, a cheque for \$500 which Linda very gratefully accepted on behalf of her committee.

This project is evidence of what can be achieved when communities work together. The foresight of former Parents and Friends President Tanya Wright will soon become a reality.

Christmas is coming!

Santa's Letter box



Lions Club of St Marys wish to advise that Santa's Letter Box has been delivered to St Marys Post Office.

Children, get your letters to Santa written and posted early.

Lions Club and St Marys Traders Christmas Party

This big Christmas event will be held on Christmas Eve in St Marys on Faulkner's Green which is opposite the St Marys Hotel.

Children's Party with Santa 3.30 pm
Christmas Parade 5 - 5.30 pm
Followed by 'Party for all' - BBQ - Drinks - Games - Raffles drawn - Chocolate Wheel - Music by Kirk McGiveron of Gypsy Rose.

Monster Lions Club Christmas Stocking drawn at 7 pm.

More music will continue after the Christmas Party - across the road at the St Marys Hotel.

Calling all creative persons:

Floats needed for the Parade, so time to get those ideas into action to add to the fun of the Christmas parade.

East Coast Phone & Communications

- Telephone & Data Cabling
- Commander Systems
- Sound System Cabling
- ♦ TV aerials & tuning

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30 years experience ACA Licence



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Cottage Garden Plants for sale @ \$2 each

50 St Patrick's Head Road
St Marys
Phone 6372 2512



Community notices

St Marys Hospital Auxiliary meeting Monday 6th December at 2 pm at the St Marys Community Health Centre.

Mini - Auction Thursday 2nd December, 7.30 for 8 pm in the St Marys Hotel Lounge (full details inside paper).

Monster Seafood Night at St Marys Sports Centre Friday 10th December.

Tasmanian Lymphoedema & Laser Centre Inc. meeting on Monday 20th December at 10 am at the St Marys Community Health Centre.

North East Bioregional Network meeting Tuesday 21st December, St Marys Online Centre at 4 pm.

Northeast Wildlife Carers are a group of volunteers who are in need of used playpens or cots to house orphaned and injured wildlife. If you can help, please phone 6372 2168 or 0417 017 105

Crockery for hire

The Lions Club of St Marys has crockery (setting of 50) for hire. This is now stored in the Community Hall for convenience when hiring. Contact: Ruth McGiveron 6372 2231

ST MARYS NEWSAGENCY

Phone 6372 2143

Open 7 days a week

Legal Will kits

Couples \$29.95

Singles \$19.95

Power of Attorney kit
\$19.95



Notice of Annual General Meeting

Electors of Break O'Day Municipality are invited to attend the Annual General Meeting of Council to be held at the Chancellor Inn Scamander on Monday 6 December 2004 commencing at 6.00 pm.

Copies of the Annual Report will be available at Council Offices in St Helens and at Holder Bros General Store, Fingal.

Members of the Community are invited to make submissions in writing on any aspect of the Annual Report for discussion at the Annual General Meeting.

Submissions, Motions or Questions on Notice are to be lodged with the undersigned by 5.00 pm on Friday 26 November, 2004.

Brain Inches

General Manager

Website - www.bodc.tas.gov.au

AUSTRALIA DAY AWARDS 2004

Nominations are currently being sought for the 2005 Australia Day Awards in the following categories:

Citizen of the Year

To be eligible, the person must be 27 years or older on 26th January 2005.

Young Citizen of the Year

To be eligible, the person must be under 27 years of age on 26th January 2005.

Community Event of the Year

Presented to the person or group who has staged the most outstanding community event during the year.

Health Initiative Award

Sponsored by the Break O'Day Healthy Community Project

This award is for an initiative that encompasses an approach to health and wellbeing including social, emotional, spiritual as well as physical.

Award for Outstanding Volunteer Effort (individual)

Sponsored by the Break O'Day Volunteer Resource Centre.

This award is for a volunteer who has demonstrated a strong commitment and dedication by contributing their time and skills to our community.

Award for Outstanding Volunteer Achievement (organisation)

Sponsored by the Break O'Day Volunteer Resource Centre.

This award will be presented to an organisation that has made a valuable contribution and can demonstrate their dedication and achievements to the general community.

Nomination forms are available from the Council office or by emailing chris.hughes@bodc.tas.gov.au.

Completed forms should be sent to:

Australia Day Awards

Break O'Day Council PO Box 21, St Helens, 7216

or emailed to: chris.hughes@bodc.tas.gov.au

All nominations must be received by 5.00 pm Wednesday 22nd Dec.

CLASSIFIEDS

Items for sale

2 Girls bikes \$100, 2 Girls helmets \$30, Small bike \$20
CD player \$100.
Phone 6372 2895

Fowlers Vacola unit with 40 bottles - mixed sizes. \$30
Phone Trish 6372 2004

8 Ball table with balls, snooker balls, cues, ball holder, all accessories. In good order—no tears. \$250.
Book case \$20. Small round table \$10. Old small fridge, goes well \$10. Rotary hoist clothes line \$30.
Phone 6372 2410

Garage sale:

Saturday 27th Nov. 8.30 am start.
16 a Thomas Street Cornwall
Small motor bike, furniture, water transfer pump, game fishing rods, reels, graball nets, bric-a brac, and lots more.

Hilux ute \$900
Golf clubs (Lot) \$35.
Phone 6372 2895

'87 4X4 Toyota Hilux. Diesel ARB Bullbar. Good condition. \$6,000
Phone 6374 2173

New 3 Seater lounge \$200.
Dehydrator (almost new) \$200, ono
Phone 6372 2418

PUBLIC NOTICE

The Lions Club of St Marys will be conducting their Christmas Parade on 24th December between 5 pm and 5.30 pm. Some detour and minimum delays may be experienced.

Parade participants please assemble in Newman Street at 4.30 pm

Interested or curious about woodwork?

Then come along to the meeting at Reon and Wendy's house, 34 Cameron Street St Marys, Saturday 20th Nov. 2004 at 2 pm, to discuss the possibility of forming a wood-working club in the St Marys area.

Hope you can attend.
For more info:
phone 6372 2094

Gone Rustic Quilt Studio



Studio opens 10 am, Wednesday 1st December with a morning tea and Christmas project introduction. Celebrating Stage 1 of renovations!
Cost \$5.
Bookings: 0409 289 997.

MINI - AUCTION

Thursday 2nd December
7.30 for 8 pm
St Marys Hotel Lounge

- ✓ Good fun
- ✓ Good cause
- ✓ Good goods!
- ✓ Good venue
- ✓ Good company
- ✓ Good night out!

Be a good sport and come along to a good finale to the year for the TLC.

Even though prizes galore were given away at the Melbourne Cup Luncheon, there are still more good quality, all brand new items, all suitable for Christmas gifts, which will be auctioned off on -

Thursday night 2nd December.

East Coast accommodation
East Coast Restaurant meals
Pamper package
Massage voucher
Trendy bike helmets for kids
Backpack, Sports bag
Beautiful, framed, pastel drawing.
Good quality sunglasses
Etc. etc. etc.

Come along for a fun night out
\$2 donation at door.
Light supper provided.

Tasmanian Lymphoedema & Laser Centre (TLC) is based at the St Marys Community Health Centre and run by a committee of local volunteers.

Bulbs

Thank you to the people who answered the Wombat Walk Landscaping Group's request for bulbs and have donated some already.
Thank you.

Addlestone House B & B



19 Gray Road
St Marys Tas 7215

4 ½ star accommodation
at very reasonable rates

Your hosts: Bob and Charlie (Charmaine)
Ph. 03 6372 2783 Fax. 03 6372 2889
E-mail: addlestone@bigpond.com

PAINTER Ray Rosskelly



Phone 6372 2218
St Marys

St Helens Neighbourhood House

Phone : 6376 1134 Fax: 6376 1733

Tasmanian Indigenous Cross Cultural Workshop

Monday 22nd November, day trip to Bay of Fires with Gloria Andrews (picnic lunch supplied).

Tues & Wed 23rd & 24th November, Cross Cultural Workshop with Palawa Aboriginal Corporation. Just a gold coin donation per day. Don't miss out!

Natural Basketry

Sunday 5th & 12th December, with Lee Cole.

Phone 6376 1134 for bookings.

Leadlighting

Saturday & Sunday 11th & 12th December, and Sunday 19th December.

Digital Camera Operations

Saturday 9 - 1 pm. 4 hour course, \$20, date to be advised. Please phone 63761134 for bookings.

Internet Access

5 days a week, gold coin donation only.

Thursdays are free!

Indian Head Massages

Come away with me....relax and listen to the soothing sounds of the ocean whilst having a neck, shoulder and scalp massage with aromatic oils. A fabulous Christmas gift. \$10 concession, \$15 waged. Phone St Helens Neighbourhood House on 63761134 for bookings.

St Marys Hospital Auxiliary

The Auxiliary would like to sincerely thank members and raffle ticket purchasers for their efforts and contribution which resulted in almost \$1,000 being raised from the raffle and Hospital Fair food and drinks stall run by Auxiliary members to enable the continued efforts to enhance the patient health and welfare facilities of our Hospital.

Special thanks to the people who willingly donated cakes etc. and the St Marys businesses for their generosity.

It is such public generosity and understanding that make the Auxiliary's efforts and input both rewarding and worthwhile.

Raffle winners:

1st prize: Grocery Hamper won by P Midson

2nd prize: Doll won by C McGee

3rd prize: Toy won by P Spilsbury

Next meeting Monday 6th December 2004 @ 2 pm

We still need more members!

Thanks to all.

K J Faulkner Secretary



Calendar of Events January to June 2005

The Break O'Day Council is currently seeking information for its 2005 Calendar of Events - January to June, 2005.

If you are holding an event between January and June next year, and would like to advertise your event free of charge on the calendar, please contact Tim Faircloth on 6376 7900 or email: tim.faircloth@bodc.tas.gov.au and provide the following information:

Name of Event

Date of Event

Contact Name

Contact Phone Number

Information must be received by

Friday the 17th December, 2004

Township Funding & Small Grants Program 2004 - 2005

The Break O'Day council is currently seeking applications from local community organizations for the Township Funding and Small Grants Program. All community groups that represent the ratepayers of their township/area are eligible to apply for funding.

An application must be submitted which addresses the criteria set out in the Township Funding and Small Grants program. Guidelines are available from Council and submissions can be left at the Council office or mailed to PO Box 21, St Helens 7216.

Closing date for all submissions is Monday 31st January, 2005.

For Further information, contact Chris Hughes on 6376 7900 or email:

chris.hughes@bodc.tas.gov.au

Rainbow Retreat Wilderness Cabins

- * Sensational Ocean Views set on a private nature reserve
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- * Full liquor licence

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peterpower@rainbowretreat.com.au

WWW.RainbowRetreat.com.au

Its colour, not speed that counts!

A company in the UK designing and constructing a commuter jet which can land in the middle of cities apparently had 29,000 hits on their website as soon as it appeared. Throughout the world people desire to arrive faster and faster, preferably about the same time as they depart!

This jet can leave Heathrow Airport and arrive in the centre of London in three minutes; but we are not to be outdone, St Marys has its own heliport at the Pub, I've heard.

Wow! All this speed and rush and bother makes one giddy. My scooter has two speeds - a tortoise and a hare.

When my scooter, known as the Bat Mobile or B.M. for short, came to a sticky halt awhile ago it appeared to me to be the same problem all over again. In short a lemon. The first mildly hot day and it wouldn't, couldn't move. Such fun! So back it went to Hobart via Launceston. Some three weeks later the B.M. was duly delivered with a note which read.....

"Dear Joan,

Upon servicing this scooter, we found that the engine interior was extremely dirty, with gravel, sand and dust throughout. Also a ROCK was found lodged in the gear shift selector mechanism."

As rocks are obviously a problem for a B.M., I am absolutely delighted with the construction of a special path from Newman St to Irishtown Road. Much appreciated, many thanks from me to all involved. This path is more comfortable and easier to negotiate than all the different sized pavers in other parts of town.

Last week a young man from Sydney wanted to know if I would swap the B.M. for his beautiful, black, shiny very large, very expensive looking motor bike. I thought carefully for a moment, three weeks ago yes, emphatically YES, but now no. Black is certainly very sophisticated, but cherry red is more my colour and colour is very important as one gets older; and if I can keep the rocks out, more my speed as well. I don't need to speed up the experience to get there any faster!

Jan Sparkes.

Little words of wisdom:

Laugh often, long and loud. Laugh until you gasp for breath.

Harris Funerals

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Office & Residence:

114 Cecilia St. St. Helens

Chapel:

46 Tully Street St Helens



We are here when you need us to arrange Burial or Cremation.

Pre-paid and pre-arranged funeral plans are available.

VALUE PLUS

ST MARYS SUPERMARKET

38 Main Road St Marys
Mark Kate John Roseanne

Phone/Fax 6372 2240

Butcher Ph. 6372 2274

Mon- Fri. 8am - 6pm Sat 8am - 12

'Cool' Specials this week

Table Cape Cheese 1kg \$6.99

Miracle Margarine 500g \$1.29

Pauls Custard with fruit \$1.15

Cookies Corner Specials

This Week:

F.Q. Lamb chops	\$5.99
Casserole Steak	\$6.55
Scotch Fillet	\$16.99
Beef Strips	\$12.49
Chicken Drumsticks	\$4.55

Next Week:

Chicken Thigh Fillets	\$11.98
Rump Steak	\$10.99
Premium Mince	\$6.99
BBQ Steak	\$6.99

- ♦ Christmas Goodies now in stock
- ♦ Cookie is now taking orders for all your meat requirements
- ♦ Coke are running yet another competition. Buy any Coke product and you could win a trip to Fiji.

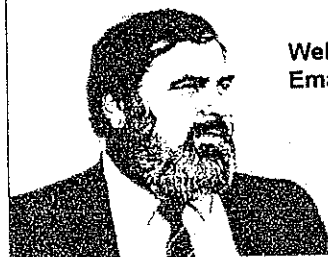
Re: Coca Cola Competition to win the colour Television as displayed in our store. A Coca Cola representative will draw the lucky winner within the next few days.

Advertisement

DickAdams MP

Federal Member for Lyons

Web Page—[Http://dickadams.id.au](http://dickadams.id.au)
Email: D.Adams.MP@aph.gov.au



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St Marys Top Shop
Your Friendly IGA Supermarket
 Barry & Lyn Harrison
 56 Main Street St Marys
 Phone 6372 2242

Fish's Bakery Christmas Fruit Cake
now available at only
\$14.00 ea.

Orders taken now for Christmas
 Hams, Turkeys & Ducks.

Don't forget
 for every \$20.00 you spend, you get
 a free ticket for the
SHOP 'TIL YOU DROP promotion.
 Second bonus draw is closed.

Closing date for the third draw and
 Major Prize is 14/12/04

EFTPOS &
 Mobile phone recharges available.

St Marys Playgroup

St Marys Playgroup meet every Friday
 morning 10-12 pm, School Kindy room.
 Cost \$2 and fruit to share. New families
 always welcome. More info: telephone
 Tanya 6372 2534, Claudia 6372 5510.

Coming up:

19th November: Christmas activities
 26th November: Talk by Trish McArdle
 on water safety for young children
 3rd December: Last playgroup at Kindy
 10th December:

Playgroup Christmas Party at
 Falmouth Community Centre
 10-12 pm. Parents please bring a
 present for Santa (under \$10
 value) and a plate to share. All
 welcome.

Congratulations to raffle winners:

1st. Felicity Spilsbury - \$200 Pixie
 photo voucher.
 2nd. Patrick Escobar - \$25 Ratha B'zar
 Hamper
 3rd. Val Dawson - Food hamper



DARE TO BE DIFFERENT!!!

1. Every disaster can be an opportunity!
2. Study happiness – you become what you study!
3. Always have an attitude of gratitude!
4. The difference between the ordinary and extraordinary is that little bit extra.
5. Write down and date your GOALS!
6. Keep lifting the bar!
7. Culture is caught, not taught!
8. Our life is determined by the choices we make, more than the chances we take.
9. Nothing worthwhile is achieved without the collective spark of enthusiasm.
10. Enthusiasm, like measles and mumps, is highly infectious.... so spread it!
11. Complaints are the schoolbooks from which we can all learn! If we all work together, we can all win together!
12. Dare to lead!
13. Are you willing to move out of your comfort zone?
14. Are "pity parties" the only parties you attend?
15. NOTHING CHANGES IF NOTHING CHANGES!
16. The best way to achieve nothing, is to do nothing and say nothing!
17. Build bridges, not walls!
18. "Worse than being blind," said Helen Keller, "is to see, and have no vision."
19. GOALS ARE DREAMS WITH A DATE!
20. The more I GIVE in my community, and more I GET!
21. Pride is tasteless and odourless, but it's hard to swallow!
22. If it's to be, it's up to me!
23. When something goes wrong, don't say "Why me?", but ask instead, "What can I learn from this?"

These are some of the wonderful gems, which were shared with all the people who attended the Motivation Seminar held at the eScApe Café on October 21st.

It was not possible to listen to all 4 speakers, and NOT be motivated.

For the 30 or so people who attended, the day was fantastic.

What was unbelievable, was that more people were not spilling out the doors and windows, hungry for the chance to hear professional speakers and be inspired!

Sincere appreciation goes to all the farsighted people who combined to bring such an event to St Marys.

Melanie.

A Thumbs Up ! To the Council employees for the mowing and cleaning up now being carried out around the St Marys township. What a difference a bit of extra mowing and whipper-snipping can make to the overall appearance of a town - hope they can keep up with the extra growth at this time of year!

And a 'Thumbs Down'

Well, Remembrance Day has been and gone, especially here in St Marys where nothing happened. As far as we know we still have an active RSL, don't we ?

People turned up for the service. Shame, not even the flag was raised. Signed; Families of Returned Soldiers. (Names supplied).

Meals on Wheels Roster

Nov/Dec	St Marys	Fingal
Mon 22nd	Annette Davey	Kaylene Sutton
Tue 23rd	Leith Gatty	Humberstone McKenzie
Wed 24th	C & G Dawson	Belinda Byard
Thu 25th	Yvonne Salter	Jacqui Death
Fri 26th	Peter Williams	Malcolm Sauders
Mon 29th	Debbie Barnes	Debbie Speers (W)
Tue 30th	Pauline Berwick	Susan Woods
Wed 1st	Wendy Aulich	Wendy Blair
Thu 2nd	Kaye Nailer	Rhonda Hoskinson
Fri 3rd	N & A Challis	Mim Woods

Church Services

Catholic Parish of St Marys

Priest:

Father Bill Egan 6372 2252

Fingal

Every Friday Mass 10am
1st and 3rd Sunday Mass
10.30am

St Marys

Every Sunday Mass 9am

Bicheno

Every Sunday Mass 4pm

St Helens

Every Saturday

Vigil Mass 6pm

Mangana

5th Sunday Mass 11am

Anglican Parish of the Northern Midlands

Services each Sunday

Avoca 8.00am

Fingal 10.00am

Mathinna: 2nd & 4th Sunday
monthly at 11.30 am

Daily Office Reading

Avoca Tuesdays 10am

Anglican Parish - St Helens

6376 1144

St Helens Every Sunday
8am and 10.30am

KANGA Sunday School

10.30 am - 12 noon every Sun-
day for children 5 -12 yrs

St Marys 10am

(No service 5th Sunday)

JAM: Mondays

3.15 pm to 5 pm for children
5-12 yrs

Pyengana 7.30 pm

5th Sunday months only

Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10am

Divine Service 11am

Tasmanian Lymphoedema & Laser Centre Inc.

Operating from the St Marys
Community Health Centre

Do you have a sporting injury, ulcer,
arthritis, gout, tennis elbow ?
As well as treatment for the condition of
Lymphoedema, the low level laser at the
Tasmanian Lymphoedema Centre,
can help with treatment of
these common conditions.

Call the enquiries/bookings office on
6372 2900

Laser Therapist Kate Williams 6372 2111

Massage Therapist Sue Christiansen 6372 2111,
0418 515 419

Email: tlcstmarys@hotmail.com
www.taslymphoedema.asn.au

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Valley Voice advertising

Classifieds 25 words or less free.

Community notices free

Small ads, Garage sales, etc. \$6

¼ page \$15. ½ page \$25. Full page \$40

1 year posted subscription \$25

Contacts for Valley Voice

Audrey 6372 2337. Fax 6372 2172

Please leave written material at the St
Marys Health & Beauty Centre, Main
Street St Marys.

Rae & Partners Lawyers Barristers & Solicitors

93 York St Launceston
Ph 6337 5555

Visiting St Marys Community
Health Centre

Alternate Tues. 9 am -10 am

Appointments:
6372 2172



TIM MORRIS MHA
GREENS MEMBER FOR LYONS

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greens@parliament.tas.gov.au
33 Burnett St. New Norfolk
Ph: 6261 8048

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- * Washing Machine noisy ?
- * Refrigerator runs too long ?
- * Clothes Dryer blows cold air ?

Then you need the service of our
technicians: Ring us on: 6372 5307
Mobile 0428 761 811

Possible tourist attractions of South Sister

The South Sister is the nearest, most accessible major attraction in St Marys. The walk to the top is through a veritable natural garden - the scenery changing as the top approaches - and the lookout is stunning with Cape Barron visible on a clear day.

An interpretation centre - to explain and detail information about the unique flora and fauna that exists in the area - would be a memorable experience for tourists.

- ♦ Special emphasis on the endangered species of flora and fauna, especially the blind and giant velvet worms
- ♦ Unique geology of the area - including rare Triassic basalt rock

The qualities of this biodiversity hot spot would attract scientists, such as botanists, geologists, palaeontologists, entomologists, lichenologists (two have visited and found it to be truly magnificent), and the like, together with students of these disciplines, from all over Australia and worldwide.

Extension and development of walks all over South Sister and through to Cornwall or South Sister to North Sister can be made offering many options for bushwalkers and families. Not only would these walks offer much to encourage tourists to stay for more than a few hours, the creation of them would provide much needed employment for local youth.

Rock climbing: encourage a business enterprise specific to this recreation. (This was proposed, before intention to log was known, by two locals with considerable experience in the field). In a recent publication on rock climbing, a whole chapter has been devoted to the South Sister where some of the best climbing in Australia can be found.

According to Dr Peter McQuillan, entomologist at Hobart University, the dawn chorus on the South Sister is a wonder to hear. The diverse flora provides a habitat for a wide range of insects and supports a high number of bird species. It is an excellent opportunity for those who enjoy birdwatching to observe the many varieties that exist on this mountain.

An annual event, such as a fun run from St Marys to the top of the Sister and back, then up to Paddy's Head would attract people from all over the state as well national and international tourists.

The close proximity of this place to accommodation and other amenities, plus easy accessibility, makes it ideal for tourists who are seeking a variety of natural experiences.

This then is the rare and irreplaceable asset of St Marys, which with vision and imagination could result in much needed economic benefits and place us once more on the map of interesting places to stay.

Julia Weston

Letter to the Editor

Dear Sir,

As some of your readers are aware, a tragedy unfolded and came to an end in St Marys on the 20th October. A 23 year old mare starved to near death and was finally humanely euthanased. She somehow survived St Marys ruthlessly harsh winter without sufficient food or shelter but then she was found lying in a creek bed in her paddock too worn out to move and certainly unable to get herself up and out of the mud. She was found shivering and rigid with cold.

She wouldn't have been valuable or even pretty. Her biggest claim to fame would probably have been some placings in a few B grade trotting races. She may have had some foals in her life time; their fate may not be much better than hers. Ex trotters aren't usually kept for anything much other than a cheap hack. They are tough horses, and are usually "good doers", but this mare had reached her limit.

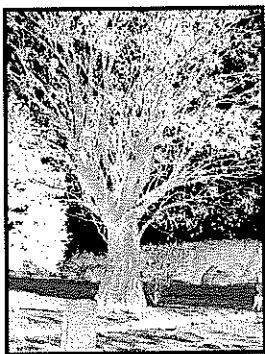
It took the heroic efforts of two gold hearted men to save her from her predicament. They discovered her distress and started to feed her a couple of weeks ago. But when they found her in the creek bed, they decided to get her up via a borrowed gantry and a sling and took her home. They feed her some more, and kept her covered and warm, but she still couldn't get up. So they decided the best thing to do was help her along to her final resting place. They cried when she died, but got comfort from the fact that she spent her final moments, with food in her belly, and as warm and comfortable as they could make her.

Some readers may argue that this matter is none of my business. That St Marys is a small community and I am stepping on toes by writing this letter. I don't agree. People must have been aware of this mare's predicament a long time ago and did nothing about it because 'it isn't anyone's business but the owner's'. This argument was at the mare's expense. I would even go so far as to say that anyone who knew what was happening to that mare and did nothing, is just as guilty as the owner.

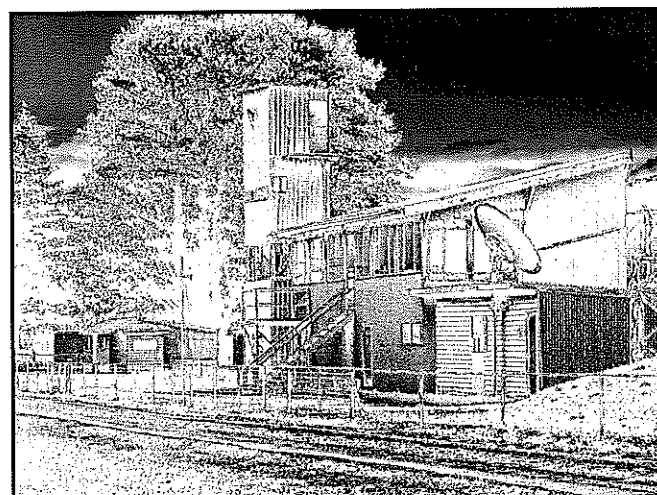
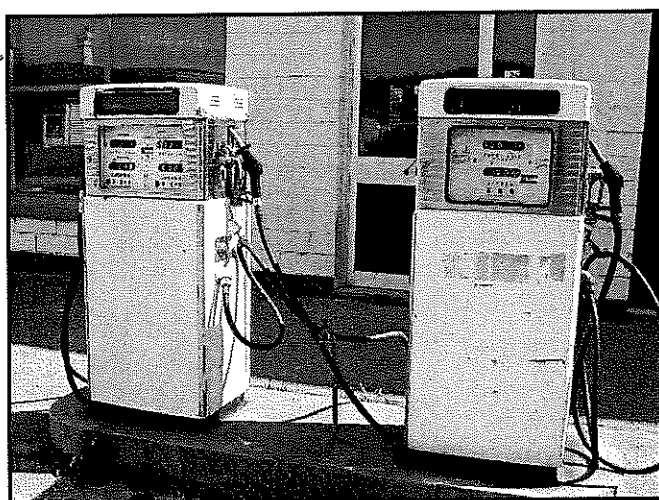
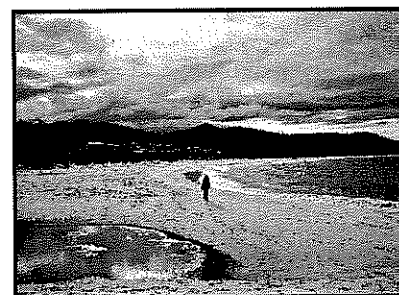
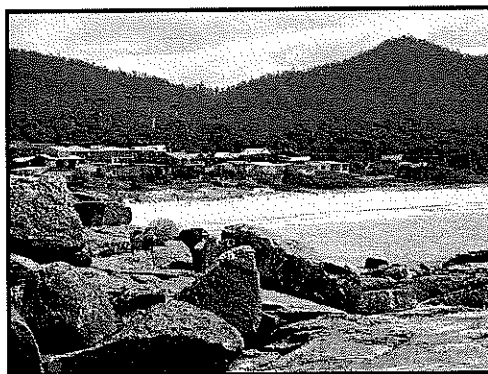
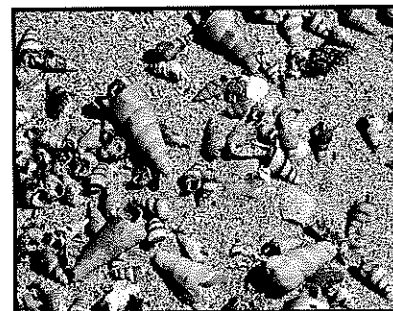
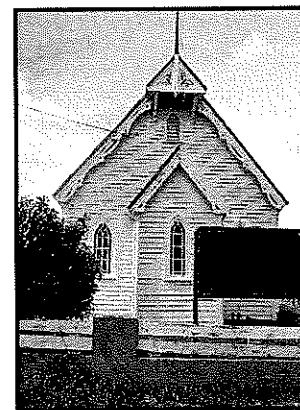
I don't mind if you write back and deny my accusations. It would make me feel better to know that indeed no-one knew what was happening, then, maybe, it wouldn't be so bad.

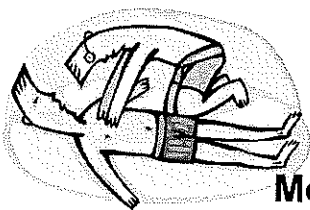
Yours truly,

Meg Salter. Beaumaris



Photography *2004*





ST JOHN AMBULANCE CPR COURSES

will be held on:

Monday 15th Nov at 7pm at
Avoca Primary School.
30 St Pauls Street, Avoca, Tas. 7213.
Phone: 63842117
for more details.

St Marys Parents & Friends

Last Fundraiser for 2005

Please support us by purchasing a

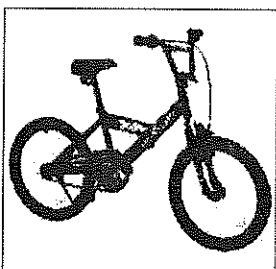
ENVIRO SHOPPING BAG

- * 100% recyclable & re-usable
- * Holds equivalent of 4 plastic bags
- * Non toxic, non corrosive and non allergenic
- * Many use (library bag, swimming gear, groceries)

Only - \$2.00

PRODUCT SAFETY RECALL

Please read this notice before riding your bike



If you are in any doubt call the
toll free Bicycle Recall Hotline on:

1800 104 885

Selected Dunlop and Malvern Star bicycle models

1. If you purchased your Dunlop or Malvern Star bicycle **BEFORE JULY 1 2004** this recall does not affect you
2. If you purchased **FROM JULY 1 2004** check to see if you have one of the following models:
Dunlop: Scorpion (50cm), Glamour (50cm), Mischief (40cm), Daredevil (40cm), Expedition (66cm), High Country (66cm)
Malvern Star: Cruncher (50cm), Cruncher DH (50cm)

No other Dunlop or Malvern Star bicycles are affected

3. These models have a potential problem with the front suspension which, in some cases, can cause the front of the bike to collapse and result in potential injury to the user.
4. The affected models were sold in Independent Bicycle Retailers and Big W stores from 1 July 2004.
5. If you have one of the affected bicycles, please return it to the place of purchase for a full refund.

AFFECTED

Bicycle Forks
Absence of
Rubber Stopper



UNAFFECTED

Bicycle Forks
Presence of
Rubber Stopper



The affected bicycles can be identified by the absence of a rubber stopper on the surface of the front suspension fork (see illustration above).



NOVEMBER/DECEMBER 2004



Monday	Tuesday	Wednesday	Thursday	Friday
15th November Visit by Michael Polley - 11.00am Kindergarten Orientation Learn to Swim 	16th November Learn to Swim St Marys Country Gold Cricket - L'ton	17th November Learn to Swim St Marys Country Gold Cricket - L'ton	18th November Learn to Swim - St Marys 	19th November Learn to Swim - St Marys Gr 9 Student election Playgroup 10am-12noon - Kindy Pre-tertiary Exams
22nd November Grade 10 Camp Learn to Swim St Marys Primary Assem- bly 11.10 - Hall	23rd November Grade 10 Camp Learn to Swim St Marys Tai Ko Drummers 9.00am & workshop	24th November Leavers Dinner - 6pm Scamander Inn Learn to Swim St Marys 	25th November Grade 10s Leave 2pm - Leavers Assembly Learn to Swim St Marys 	26th November Playgroup 10am-12noon - Kindy
29th November Grade 8/9 Camp - Grp 1 	30th November Grade 8/9 Camp - Grp 1 P & F meeting - 7pm K - 2 Splash Day	1st December Grade 6 Camp 	2nd December Grade 6 Camp 	3rd December Playgroup 10am-12noon - Kindy State Primary Athletics
6th December Primary Assembly 11.10 - Hall Booklists home	7th December	8th December Kinder reports home Presentation Day 	9th December References available	10th December Playgroup 10am-12noon - Kindy

ST MARYS COMMUNITY HEALTH CENTRE

GP ROSTER- ON CALL:

Please phone after hours number for doctor on call.

DR SINGH TUESDAY & THURSDAY

DR SINGH:

Dr Mohan Singh- 6372 2111

DR GENIOLA MONDAY & WEDNESDAY

DR GENIOLA:

Dr Gess Geniola- 6374 2288

Medical Emergencies phone:

000 or

The Ambulance on:

1800 008 008



SAMARITAN PURSE CHRISTMAS BOXES

Thank you to all who gave Shoe-boxes. We were hoping for 7,000 to fill a Container and we received 8,500. A great effort by everyone! (Total= 8,500 Tasmania wide)

BRAIN FOUNDATION STROKE SUPPORT GROUP



**Next Meeting
February 23rd 2005
12 noon St Helens NHH
Lunch Provided.**

New members are welcome!

If you know someone who could benefit from such a group? Or are you are Carer? Then phone Michael Shier thru Community Nursing on: 623 14424

DAY CENTRE CHRISTMAS RAFFLE

\$1.00 TICKET OR 3 FOR \$2.00

1st Prize- **HAMPER** \$60.00 value

2nd prize- **PAINTING** (Original)

Drawn: 15th December 2004

Tickets at Reception at CHC.

'WHAT'S ON AT THE CENTRE'

18th Nov **Child Health Centre** with Lorraine McGee 9am-12noon. Afternoon appointments are available by phoning 0428 136 381

19th Nov **Womens Health Clinic** with Dr Libby Reekman phone 6372 2111 for appointments.

18th Nov **St Johns CPR** Course 9am-5pm @ Health Centre. Contact Fiona Watts for further details 6376 5242

19th Nov **St Johns CPR** Course 9am-5pm @ Health Centre. Contact Fiona Watts for further details 6376 5242

22nd Nov **Weight Class** 10am CHC. Meetings will be weekly on Mondays. Phone 6372 2111 for further details.

23rd Nov **Psychologist**, Anne Blair.

24th Nov **Community Support
Workers Meeting** CHC @ 1pm. Phone 6372 2111 for details.

24th Nov **Alcoholics Anon (AA)** Anglican Church St Helens @ 8pm every Wednesday evening. Phone 6372 5026 for further details.

24th Nov **Day Centre Pyenganna Trip** 10am departure.

29th Nov **Weight Class** 10am CHC. Meetings will be weekly on Mondays. Phone 6372 2111 for further details.

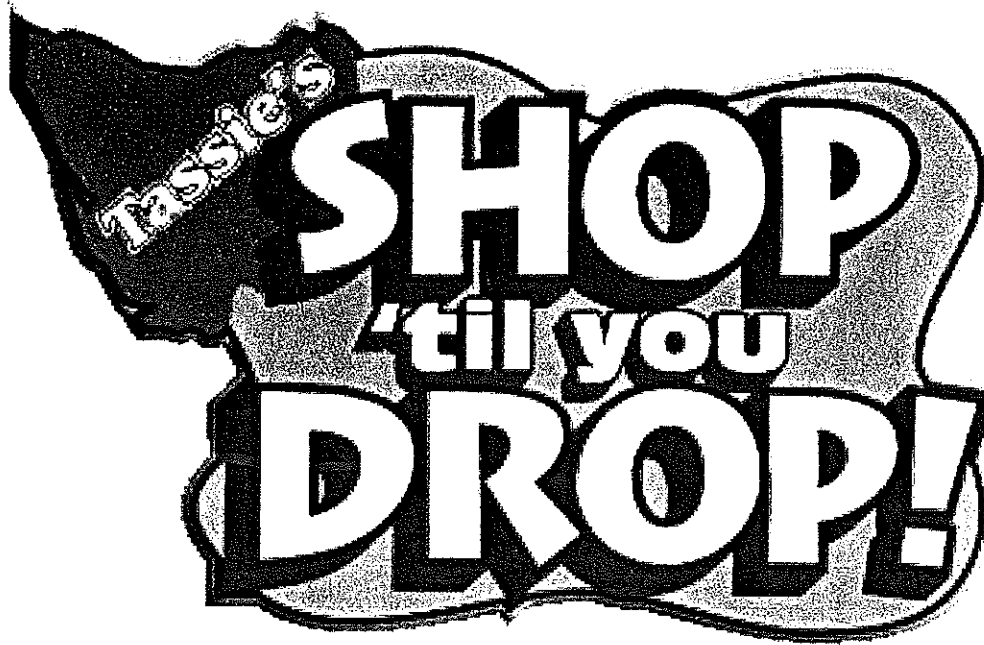
2nd Dec **Antenatal Class** 12noon-2pm. Held every 2 weeks and it follows the QV Programme. Phone 6372 2111.

4th Dec **Saturday: Grassy Bottoms Singing Workshop** 10am-4pm in Day Centre.

When the time is right the answer will come. P.K. SHAW

Information from this page was submitted by:

The St Marys Community Health Centre, Gardeners Creek Rd, St Marys, TASMANIA. 7215



OVER \$400,000 IN CASH & PRIZES TO BE WON!

SHOPPING AT ANY OF THE FOLLOWING PARTICIPATING
BUSINESSES GIVES YOU THE CHANCE TO BE IN TO WIN!

ANNIE'S COTTAGE CRAFTS
BAYSIDE INN
EASTLINES SPORTS STORE
SCAMANDER SUPERMARKET
SOMETHING FISHY
ST HELENS BUILDING & LANDSCAPING SUPPLIES
ST HELENS FESTIVAL IGA SUPERMARKET
ST HELENS MITRE 10 HANDY
SUNCOAST ELECTRICAL
SUNCOAST GARDEN CENTRE
TARGETTS PHARMACY
THE CARPET WALK

Movies ... Movies

Presented by
Grassy Bottom Regional Arts

Saturday Nov. 20th

St Marys Town Hall -
Supper Room

Shrek 2

1.30 pm for 2 pm screening
PG Comedy 92 mins

Starring: Voices of Mike Myers, Cameron Diaz,
Eddie Murphy, and Antonio Banderas

Back from their honeymoon, Shrek and Princess Fiona are summoned to meet her parents, the King and Queen of Far Far Away. Shrek is against the idea, fearing his in-laws will react badly to having an ogre for a son-in-law. Not to mention the now unprepossessing princess herself. And he's right. On arrival, things go very badly with the older Royals, the King takes out a contract on Shrek with the infamous assassin Puss In Boots. And he also enlists the scheming Fairy Godmother who sets about putting things wrong with a plot that will have Fiona fall in love with Prince Charming - her son.

Movie - \$7.00 with Hot Dog and Drink
Snack Bar available.

BEER, BURGERS & SWEETS **Super Size Me**

7.00 pm for Dinner. 8 pm Screening

M Documentary 96 mins

Starring: Morgan Spurlock

Documentary maker Morgan Spurlock decides to eat nothing but McDonalds fare for 30 days. While a team of medical experts monitor his physical condition, Spurlock conducts an investigation into the fast-food industry in the USA and it's connection with the costly problem of obesity. As Spurlock's physical condition deteriorates to an alarming degree, he suggests that collusion of big business and government agencies has made America the overweight capital of the world.

Movie \$7.00

Super Size Me Burger - \$5,

Super Size Me Sweets - \$3

Licensed Event!! Snack Bar available

The Carpet Walk

Shop 4/5, 34 Quail Street, St Helens

Phone (03) 6376 2555

Garry Walker 0417 331 536

SPECIALS NOW ON OFFER!

Beach Towels now \$12

12 ft width carpet now \$35m

20% off all rugs

Assorted remnants of carpet & vinyl
Synthetic silk rugs and dhurrie rugs
heavily reduced

Also available!

Rugs - Vinyl Tiles - Hallway Runners

Outdoor Carpets - Kitchen & Bathroom

Carpets - Domestic & Heavy Duty Carpets

Domestic & Commercial Vinyls

All types of Timber Flooring

Cleaning Accessories

Shop at The Carpet Walk
on December 1st
and you will receive **DOUBLE**
Shop 'til you Drop points!

Call for a free no obligation quote service
in the areas of St Helens, St Marys,
Bicheno, Fingal and Avoca.

Reminiscing by Maisie Finney (Royle)

My memories go back to when I was about 4 years old. We lived at Pyengana on a farm called "Lindavale". In my memories, this was a wonderful place. I can still see all the chickens, turkeys, ducks and geese. I remember the early mornings, gathering the duck eggs. The ducks always spent the night beside the small creek that ran past the house.

I well remember my first slate. We all had our own, and that was as wonderful to us as a new book is today.

Our early schooling was by correspondence, supervised by a live-in "governess", as they were called in those days.

We didn't have birthday parties as such, but when your birthday came round, it was your special day. You had the say as to what went on the table for that day. You could select from goose, chicken, turkey or duck. Mostly we chose goose. All your favourites were on the table for your day.

I remember the lovely puddings my Mother used to make, especially "spotted dick", which was a great favourite with all of us seven children. Spotted dick was made using beef suet to make a dough, rolled out and filled with dried currants and then boiled for 2 hours. With lashings of thick farm cream this was delicious.

My Mother used to wear the most beautiful boots, all soft kid, with buttons up the side. Those buttons had to be fastened with a hook like a big crochet hook.

We didn't have electricity, all the ironing being done by heating 4 hand irons at the fire. The washing was done using a wooden wash board.

With seven children in the family, our outings were quite something. Early in the morning, Dad would harness up two lovely horses, then bring out the buggy. We were all dressed up in our very best clothes and boots, and hats were a must for everyone in those days. We would all take our seats, waterproof rugs over our knees, then Dad would flick the whip and away we would go. Church was always one outing. There would be an assortment of buggys, jinkers, etc. all lined up. It was very impressive. No seat belts in our buggys!

We had an "His Masters' Voice" gramophone and lots of records. The records were round like a coke tin. There was also a very small tin with record needles. The needle would have to be changed when the music sounded scratchy.

When any of us played up, as punishment we would be sent to the pantry. We didn't mind this, as there were such lovely things in there, such as raisins, dates and lemon peel which came in a half lemon with candied sugar in the centre.

All our groceries came from 'Ingles' grocery store in The Quadrant in Launceston. The order would go something like this. Six bags of flour, six bags of sugar. Velvet soap, which came in a box of 24 bars, one bar consisting of four cakes of soap. Everything came in bulk.

If we needed new hats, they would be ordered from McKinlays in Launceston, where a box of assorted hats would arrive at our house. Well, this one day our box of hats arrived. There was one hat that took my eye at once. It was so beautiful. All white lace, rows and rows of it, and a big brim, and on one side was a lovely bunch of red currants. It was the most lovely hat I had ever seen, and I wanted it! Of course it was too old looking for me, but I loved that hat!

Of course we did not have Pizza Hut, K.F.C or McDonalds.

We lost acres to hectares, feet and inches to centimeters, pounds shillings and pence to dollars and cents. On the other hand we have zippers, velcro, sliced bread, and tea bags, to name but a few, all wonderful things.

Times were hard early last century, with many men out of work. Quite often we would have 'tramps' come along. These men would carry a sugar bag over their shoulder, and would carry a billy and a mug. They were always given a meal, a loaf of bread and some meat to take with them, and most importantly, some tea, so they could boil their billy!

I hope you enjoy my reminiscing.

C & D EXCAVATIONS : Local Owner Operator

Phone Dana 6372 2033 , or Craig 0439 722 032

FOR ALL YOUR GENERAL EARTHWORK NEEDS

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|-----------------|--|-------------------------|
| ○ Dams | ○ Bridge construction | ○ Track loader |
| ○ Roading | ○ Road gravel available | ○ Root rake |
| ○ Slashing | ○ D5 Dozer | ○ Bucket & Forks |
| ○ Fire breaks | ○ 20 ton Excavator with log & rock grabs, buckets & ripper | ○ Compaction roller |
| ○ House sites | ○ Firewood: Free delivery St Marys area | ○ 4WD Tractor & Slasher |
| ○ Land clearing | | |

The Say by Cagerattler

For goodness sake slow down

Ever been in the position when you think it's all over?, last week that was me.

For about five or six seconds I could see myself being at best, very messed up and at worst, well it does not bear thinking about.

All I was doing was travelling the St Marys Pass. About halfway down I found myself confronted by a vehicle many, many times bigger and heavier than my car and with a big proportion of it well and truly on my side of the road, travelling at a reasonable pace.

This truck and trailer could have ripped me to shreds. Thankfully after I braked, headed close to the guide rope and saw the truck driver reef hard to the left we missed colliding by a mere metre or two but for those few seconds all I could see was wheels and tray hurtling past my driver side doors.

I just sat there for a ten seconds after it passed swearing loudly to myself contemplating what had just happened.

As I nervously moved off again I began to think about how important the School Bus Safety Policy is for our Pass. If I had been a school bus, carnage would have been the outcome if carrying children. Because of the initiatives in recent times however this is highly unlikely, thank goodness.

However that said, what about the position in regard to privately converted buses, motor-homes and campervans, that may not necessarily travel our Pass with UHF or appropriate warning. Any vehicle larger than a car in fact would have been clobbered in similar circumstances to me.

For days later I was thinking about this, particularly with the influx of recreational vehicles in increasing numbers in mind. I made no bones about the fact that if I could have identified the truck in those few seconds the Police or Road Transport would have received a call, if only to find out why a truck needed to travel that speed and on the incorrect side of the lines that day.

I didn't so I can't do anything about it except to hope that the driver's heart was beating hard enough to convince him to slow down a bit on such stretches of road in the future. There is no excuse for this.

What do you think?

RATHA B'ZAR

40 Main Street St Marys

Phone 6372 2487

20% off Robyn & Billie's hand-made jewellery. Earrings, necklaces & bracelets made from crystals & natural stones. New Wind Chimes. Large & small Buddhas, Dragons & Elephants. Heaps of new & pre-loved clothes - especially jeans. Magnetic Hematite Bracelets

Scamander Beach Surf Shop

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Ph 6372 5529

scamandersurf.com



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Shop 2.

2 Pendrigh Place

St Helens

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Designer Hair Studio

Main Street St Marys

6372 2108

For all your hairdressing needs
Ladies, Gents and Children

DINGO MINI DIGGER

CD & TM Wright

1 Gardiners Ck Rd St Marys

Ph: 6372 2258 or 0417 344 209

- ❖ Backhoe with 3 bucket sizes
- ❖ Trenching to 900 deep
- ❖ Machine only 1050mm wide and 1.2m high
- ❖ 200, 300 or 450mm augers to a depth of 2.2m.
- ❖ 4 in 1 bucket handy for landscaping, levelling etc.
- ❖ Can bore holes for house piers, post or verandah poles etc.
- ❖ Little damage to lawns, ideal for around the house & garden.

Be back
27th
Dec!

MILLER'S SKID STEER EARTHMOVING

General Earth Works. George Miller 44 Elizabeth Street Mangana
FREE QUOTES - 6374 1024

- * DRIVEWAYS/ ROAD PREPARATION (Graded & rubble supplied)
- * FINES SUPPLIED FOR ROADWAYS
- * LANDSCAPING STONES POSITIONED (Placement of Rocks)
- * ROTARY HOEING FOR HOUSEHOLD VEGETABLE GARDENS
- * TREE TRIMMING & GARDEN CLEAN UPS



- * TRENCHES BACK FILLED
- * RUBBISH REMOVAL
- * SHED SITES CUT
- * LANDSCAPING



St Marys Sports Centre News

by Kackhander

Pennant off to a good start

Pennant bowls is going well with the team racking up points every game and I believe we are equal second spot and only a few points off top spot. All this with nowhere near our strongest possible team available. Should be a lot better when this happens.

In the past fortnight we lost narrowly and shared rinks with St Helens Red away from home, then last week recorded a big win against the second St Helens team on 3 rinks.

Next weekend we play 2 games, the first against Bicheno at St Marys and the second versus Scamander, again at St Marys.

It is great to see that Clubs can agree to shift games when genuine need arrives and St Marys and Scamander have done this a couple of times now to this end.

The Singles are underway and Jack Viney asks that every attempt be made to play the first round by 20-21st November.

The Club is holding a Mixed Fours Night on Friday December 3rd at 8 pm, preceded by a Sausage Sizzle. All you need to do is organise a team of 4 provided there is at least 1 male or female in the team. Flat sole shoes and casual dress and sets of five shots will be played. Should be a fun night and the first of many over the Summer.

The Pairs draw has been done so check to see 'who plays who'. As you can see bowls is really jumping at the moment.

Now on to golf and at the Sub-committee meeting last week a new Sunday Summer roster was devised starting with Macca's Day on 5th December. Players can choose either the 18 hole comp or the 9 hole comp with all bases covered. Proputt will continue and it's hoped that with the influx of a few new faces Saturday golf will also happen if there is enough interest.

Watch out for Sunday Summer including the Black Rock Trophy each month.

Monster Seafood Feast is on again!

We have had a pretty good golf year and it will culminate on Friday 10th December with the Monster Seafood Feast with much of the organisation through our club champion's efforts. Thanks so much for this.

Our special chef for the night is one of the East Coast's top chefs in Jeff Peacock and anyone who knows about his capabilities will tell you you'll never get a better feed anywhere.

That night all our Annual Trophies will be presented and maybe a few fun events as well. It should be a ripper! There is a booking sheet in the clubhouse or contact any of the committee or Mark and John at the Value Plus Supermarket. Numbers need to be finalised by the weekend prior to the event, so please try to do it soon.

Just a reminder that subscriptions are currently due, so please try to pay them soon.

Anyway until next time, good hitting and rolling.



The Historic St Marys Hotel

48 Main Street St Marys
Ph 6372 2181 Fax 6372 2184

Live music This weekend

Saturday 20th November

Ray Singline & The Trawl Dogs
PLUS Joff, Ted & Thin opening
the night. Come and have a top
night with top local bands.
\$5.00. 9 pm start.

Saturday 11th December

The Vasco Era - won the best
band on Campus in Oz, Uni band
playoff this year. Come and have a
ball with one of our best young
bands - NOT BLUES !!

Christmas Eve



Collins Pocket will be
rocking the ol' pub
again this Christmas.

Stock up for Christmas with these specials

Seaview Sparkling	\$7.95
9 % Bullet Bourbon 4 pk	\$19.95
Jim Beam & Cola 10 pk	\$29.95
McWilliams Inheritance	\$5.95

Long Flat Wines buy 2 @ \$7.95
each and go into the draw for a
Mountain bike. This month only!!

A member of United Cellars
Discount Liquor

St Marys Soccer Club

The inaugural AGM of the Club
will be on Wednesday 24th
November at 6 pm, next to
Purple Possum at 7 Storey
Street. Anyone interested in
next year's soccer programme is
cordially invited to attend.