THE VALLEY & EAST COAST VOICE

Volume 37 No. 13

Est. 1968

Thursday 21st October 2004

50 cents

Reminder: Please have material to be included in the next Valley Voice, in by <u>Tuesday</u> 2nd November 2004.

New laws for crossbows and certain driving offences

In the past few weeks there has been new amendments made to the Police Offences Act which have been passed by Parliament. The main amendments are in regard to Crossbows and offences committed by drivers of vehicles.

Previously Crossbows could be bought and kept without holding any special licence or permit. Under the new legislation, those in possession of Crossbows have until the 31st of December 2004 to hand them in to the nearest Police Station or apply for a permit to carry or have possession of it. If you are found in possession after the 31st of December 2004 and you have not applied for a permit you could face a fine of up to \$2000.

Also included in the amendments is the ability to confiscate vehicles for certain offences. In the legislation a person must not operate or control a vehicle in an exhibition of speed, acceleration, or sustained loss of traction; race against another vehicle or operate the vehicle in a manner that makes unnecessary and unreasonable noise... including loud stereos.

If a person is found to have committed one of these offences, then their vehicle (included if it is not their own personal vehicle) can be confiscated for 48 hours as well as facing charges for the offence committed. The vehicle is only then returned after the conclusion of the 48 hours and after any costs incurred (towage, storage etc.) have been paid.

Police report: Constable Simon Triffitt



Get Walking Week participants attending the South Sister walk at St Marys on Sunday 10th October.

BREAK O'DAY CELEBRATES SENIORS WEEK

Over 150 people attended a 'Celebration of Seniors Week' at the Portland Memorial Hall in St. Helens on Wednesday 6th October.

The Healthy Community Project, Break O'Day Council, Volunteer Resource Centre and Family Based Care all joined forces to provide an afternoon of food, fun and entertainment.

"Seniors week is an opportunity for our community to recognize and celebrate the skills and diversity of our municipality's older population the theme for this year is 'stay active, be involved, share your talents' and we were very excited to participate in such a wonderful initiative. It's quite amazing what can be achieved when services work together" said Fiona Watts Healthy Community Project Coordinator.

The event was opened by the Mayor of Break O'Day, Councillor Stephen Salter followed by lunch and entertainment from the 2 J's, Pati and his Midi Accordian and the Valley Coaster Line Dancers. The East Coast Stitchers made a fantastic quilted banner that will be used for all Seniors Week Events in the future and transport was provided for outlying areas.

The organisers were extremely pleased with the attendance which included people travelling from Fingal and St. Marys. "We look forward to doing a similar event next year due to the fantastic success" said Chris Hughes the Community Development Officer from Break O'Day Council.

PAINTER

Ray Rosskelly



Phone 6372 2218 St Marys

CLASSIFIEDS

Items for sale

Trio. Barnevelder. Laying Phone 6372 2542

New 3 Seater lounge \$200. Dehydrator (used twice) \$200, ono. Set wooden bunks with mattresses \$150. Phone 6372 2418

Solid blackwood Hi-Fi stand. Blackwood TV Video stand, smoke glass doors. Both items in excellent condition. Phone 6372 2314

Nissan Navara Twin Cab Ute 1986. \$2,200.00 ono. Phone 6372 2602

Auto washing machine, top loading, excellent condition. Can see working. \$200. Phone Peter, Falmouth 0438 751 154 or 6372 5006

Wanted to buy

Cheap house/shack up to \$35,000. Cash buyer.
Phone 6381 1092

Please paint the lines

A reader has requested that the white markings of the parking bays in Main Street St Marys be repainted to make them more visible. Could Council please be able to do this.

Appreciation

Thank you to the generosity and the thoughtfulness of the anonymous person who had a box of chocolates delivered to the Valley Voice on Thursday 7th October to show their appreciation of the work done by the volunteers who get the paper out each fortnight.

Your kindness is appreciated. Thank you.

Thumbs up

Thanks go to Rod for cutting the grass down the lane way to the Valley Voice office, it's a great help and looks so much better too!

Cornwall Heritage Wall

Many thanks to those who rang in with the names of the miners who worked in the early years of the mines, but there are still many who haven't answered.

Interest has been outstanding from all parts of Tasmania and I can envisage our 'Back to Cornwall' will be a huge success, a lot of work, but a marvellous day, so please put those names forward.

Una Camplin



Co-Opelta and Grassy Bottom Regional Arts present

Die Fledermaus (The Bat)

The famous operetta of Viennese musical genius
Johann Strauss

St Marys District High School Hall

Thursday 4th November 7 pm for 8 pm start.

Bookings - Purple Possum - 6372 2655 or The Quail St Emporium - 6376 2929

Division 3 Netball Girls -St Marys

Raffle winners:

1st: Wilbur Williams Scamander

2nd: Dr Singh St Marys 3rd: Mr Berwick St Marys

Thank you



Presents:

'Spots' October 8th - 31st a series of paintings by Bay of Fires artist Craig Worby

Open everyday 7.30 am - late: 'all day breakfast' only \$8.00 and GREAT coffee!!

21 Main Street St Marys Tasmania 03 6372 2444

Advertisement DickAdams MP Federal Member for Lyons Web Page—Http://dickadams.id.au Email: D.Adams.MP@aph.gov.au

Ph. (03) 63981115 Fax. (03) 63981120 Local Call Cost 1300 132 689

Labor is committed to improving Telstra and making Tasmania a single call zone, and keep Telstra in public hands. Authorised by: P.Keamey 21 Killara Ave, Lanena

Valley Voice advertising

Classifieds 25 words or less free.

Community notices free

Small ads. Garage sales, etc. \$6

¹/₄ page \$15. ½ page \$25. Full page \$40 1 year posted subscription \$25

Contacts for Valley Voice

Audrey 6372 2337. Fax 6372 2172

Please leave written material at the St Marys Health & Beauty Centre, Main Street St Marys. or Post: C/- Post Office, St Marys Tas 7215

Community notices

Next SMACD meeting Monday 25th October, 5 pm at St Marys Online Access Centre. All welcome

'Keeping the Tigers alive' meeting St Marys Hotel Wednesday 27th October at 8 pm. (see back page for more info)

S.O.S. Meeting Wednesday 27th October & 3rd November at Escape Café

Melbourne Cup Luncheon hosted by the Tasmanian Lymphoedema & Laser Centre Inc. which is based at the St Marys Community Health Centre. Luncheon Tuesday 2nd November at the St Marys Sports Centre. See full page ad.

Spring Fair in St Marys, coming up Saturday 6th November.

St Helens Neighbourhood House:

Internet Access, 5 days a week, gold coin donation only. Thursdays are free.

Digital Camera Operations:

Saturday 9 - 1 pm, 4 hour course, \$20. Date to be advised.

Monster Fete: Monday 1st Nov.

Leadlighting: Saturday 20th & 27th November & 4th December with Bill Astley.

Natural Basketry: Sunday 5th & 12th December with Lee Cole. Phone 6376 1134 for bookings and enquiries.

Calows Coaches

would like to invite you to the
Annual Tasmanian
Craft Fair Deloraine
Saturday 30th October 2004
Morning Tea included
Phone: 03 6372 5166

Price & Departures:

St Helens	7.30 am	\$27
Scamander	7.45 am	\$25
St Marys	8.05 am	\$23
Fingal	8.20 am	\$21
Avoca	8.35 am	\$19
Entry fee to Fair at door, Adults \$9		

On behalf of Craig Freiboth and Haley Gilbert, we would like to sincerely thank everyone in the community for flowers, cards, phone calls and animal sitters! The support has been overwhelming at this time.

Craig & Haley

St Marys Community Childcare Centre

The Childcare Centre is currently running a fantastic raffle

1st Prize: \$30 voucher at Windmill Toys, children's books from Fullers Bookshop and basket of children's Bodyshop products.

2nd Prize: A Rollerworld Family Pass with gear hire, a children's CD from the CD Centre at St Helens and \$5 voucher from Toyworld.

3rd Prize: \$30 Gift Voucher from Targetts Health & Beauty, St Marys

Tickets are \$1 each and drawn on 6th November at the Spring Fair.

Tickets available from the St Marys Post Office and St Marys Community Health Centre. Please support your local Childcare Centre

Fabulous Fete

St Helens Neighbourhood House will be holding a Fabulous Fete on Recreation Day holiday Monday 1st November 2004 from 10 am to 4 pm.

This Fete is to celebrate the 21st Birthday of the Neighbourhood House in St Helens.

All the usual fete attractions plus much, much more.
BBQ lunch & Devonshire Teas.

The Chairman of Tasmanian Community Fund, Gerald Loughran will officially open The Shed at 2 pm.

Come along and support YOUR Neighbourhood House
25 Circassian Street, St Helens
Stall holders welcome, please phone 6376 1134 to book your space.

ST MARYS NEWSAGENCY

Phone 6372 2143 Open 7 days a week

New range of Garden Ornaments priced from \$12.90

Full range of magazines and newspapers. If we don't have what you want in stock, we can order it for you

Harris Funerals



Lindsay & Diane (D.Bailey & Son) A.F.D.A

Ph/Fax 6376 1153 0418 133 420

Office & Residence: 114 Cecilia St. St. Helens

Chapel: 46 Tully Street St Helens

We are here when you need us to arrange Burial or Cremation.
Pre-paid and pre-arranged funeral plans are available.

S.O.S. Save Our Sisters

The S.O.S. group of people is operating under the umbrella of the North East Bioregional Network Inc.

Thank you to the people who have kindly given donations toward the S.O.S. Campaign. (Donation buckets are placed in various business houses in St Marys)

If any members of the public would like to attend the meetings, view the financial statements and/or read the minutes, then please feel welcome.

Next meeting: eScape Café, Wednesday 27th October 2004 at 7 pm.

Thumbs up:

Thankyou to Dave Evelyn, Glen Trotter and crew for rescuing a horse which was trapped in Gardiners Creek. Your efforts are very much appreciated.

Prize for being water-wise

A group of Year 3 and 4 students from Levendale Primary School demonstrating skills they had learnt in their swimming and water safety program provided the perfect example of what the Wise up to Water Awards are all about.

The students were included in the launch of this year's awards at the Tattersalls Hobart Aquatic Centre, along with a display of water safety gear from several of the member organisations of the Tasmanian Water Safety Council.

The awards, run by the council as a major part of Tasmanian Water Safety Week, aim to recognise outstanding contribution to water safety by clubs and associations, businesses, and individuals.

"Tasmanian Water Safety Week is aimed at Tasmanians of all ages and nationalities and in all districts," said council chairman

Brian Armstrong

"We very much hope the community will get behind the push to keep everyone safe around water.

"If you know of a great business idea, community group program or effort by an individual, please nominate them for an award," said Mr Armstrong.

Nomination details available at www.taswatersafety.org or by phoning 6273 3290, nominations close Friday November 19, 2004. Tasmanian Water Safety Week runs from December 5 to 11.

Look out for activities and events in your area.

RATHA BZAR

40 Main Street St Marys Phone 6372 2487 1st Birthday Sale

Check out our ½ price & \$5 racks

Lots of new summer clothing

New Mens & Ladies leather wallets & purses
New living art. Handmade jewellery & beautiful sun
catching crystals. Tassie made Beeswax Candles



St Marys Top Shop Your Friendly IGA Supermar-

Barry & Lyn Harrison 56 Main Street St Marys Phone 6372 2242

This week's special: 10% off all Pre-packed Frozen Meats.

Fresh Midland Meat is now available twice weekly.
BBQ Packs also available.

Win a TV Promotion now on. Buy any 2 Coke products and receive your free entry form.

Don't forget the 'Shop till you drop' promotion is still running, first bonus draw is 26th October.

We also offer EFTPOS, Mobile Phone Pre-paid vouchers, Fresh Fruit and Vegetables and free home delivery

St Marys Playgroup meet every Friday, School Kindy Room. New families always welcome. Coming up this term:

October 22nd: Learning Ladder Fundraiser, great books and toys. Anyone coming along for the Sports Carnival welcome to drop in!

October 29th: No Playgroup due to pupil free day. Teddy Bear Picnic at St Helens (Wednesday 27th)

November 5th: Donations of children's clothing for Spring Fair stall and seed planting. More info:

Phone Tanya 6372 2534 or Claudia 6372 5510

Addlestone House B & B



19 Gray Road St Marys Tas 7215
4 ½ star accommodation
at very reasonable rates

Your hosts: Bob and Charlie (Charmaine)

Ph. 03 6372 2783 Fax. 03 6372 2889 E-mail: addlestone@bigpond.com

Cows on cards!

Last week I received a postcard from Berner Oberland, Switzerland, featuring four beautiful, soft-eared, wet-nosed cows ... and the message read: Dear Grandma, "I got the card from Switzerland, and I thought you might like it. If you look carefully you can see the third cow is picking its nose! Its been fun on this trip", from Matt.

My two grandsons are on a round the world trip with their mother and what does 9 year old Matt choose to send to his grandmother, a card depicting "a cow picking its nose" Wise lad, he knows what we both find amusing and enjoy!

I was recently asked why I wasn't more pro-active in organising things to do for the young people of St Marys. Apparently there is nothing to do. Interesting, I had actually thought I'd spent 50+ years involved with youngsters, their learning and activities, and usually find that young people enjoy being part of the family economic welfare helping to erect fences, build or decorate the house, farm activities, cooking, fishing etc., whilst still having time for school, sport, dancing, music, films or just having fun with friends and family.

I got the impression that children are forced to endure years of boredom in the countryside, miles from the nearest theme parks and parents have a hard time having to dream up exciting activities. This is made all the more pressing because children are not allowed to explore on their own any more; traffic is heavier and we are all paranoid about strangers. Children get bored more easily and quicker as they are used to instantly accessible entertainment offered by videos and computer games, and so are the parents. Instead of taking time to catch tadpoles, go fishing, ride bikes, climb rocks and trees, make a kite and go fly it, they need to be taken places, they need to be entertained.

I can't ever recall boredom in my childhood - we rode bikes, climbed trees, swam, went fishing, made billy carts, read books and comics, went to the pictures, scraped our knees, fell out of trees, shared drinks, swapped lunches, but as long as we were home before dark and in time for tea nobody ever seemed to worry about what we did. Things have changed but in places like St Marys, have they changed so much? Who was bored? There was never enough time for boredom. There should be even less time for it now.

The five teenagers who presented themselves to the panel I was on last week for the "Mock job interviews' didn't show signs of boredom, they had listed as wide a range of interests as one could acquire anywhere. Five charming, natural, intelligent young people who obviously didn't find life in St Marys boring - a credit to themselves, their families, school and local environment!

Getting to know one's local area through sports, exploration and observation is an infinitely more profitable way for a child to spend their time than being bought entertainment. Give freedom within boundaries, explore and enjoy and encourage. There is so much to do one can't possibly do it all, see it all or know it all. Have fun. Do something new, make something with the kids. Do it together as a family.

Jan Sparkes

Donations needed

Northeast Wildlife Carers are a group of volunteers who are in desperate need of used playpens or cots to house orphaned and injured wildlife. If you can help, please phone 6372 2168 or 0417 017 105



ST MARYS SUPERMARKET

38 Main Road St Marys Mark Kate John Roseanne

Phone/Fax 6372 2240 Butcher Ph. 6372 2274 Mon- Fri. 8am - 6pm Sat 8am - 12

Super Sorbent Special 4pk \$199

Cookies Specials

This Week:
Steer Rump \$9.99 kg
Beef Strips \$7.99 kg
Roast Beef \$7.55 kg
Hamburger Mince \$5.99 kg
Leg of Lamb \$7.99 kg
Four Quarter Chops \$6.99 kg

Next Week:

T Bone Steak \$13.99 kg
Legs of Lamb \$7.99 kg
Steer Rump \$9.99 kg
BBQ Packs \$7.99 kg

We are now taking Christmas orders for Turkeys, Hams, Ducks & Pork.

Win a RCA Colour Television. Purchase 2 products of Coca Cola and enter the Draw. Closing 5/11/04

St Marys Supermarket offer Eftpos facilities, ATM, Delicatessen, In House Butchers, In House Bakery, free home delivery service, fresh fish weekly, fresh fruit & vegetables plus more!

Designer Hair Studio

Main Street St Marys 6372 2108

For all your hairdressing needs Ladies, Gents and Children

BREAK O'DAY GETS WALKING!

The Healthy Community Project teamed up with community representatives and other services to organise events for Get Walking Tasmania Week.

The activities commenced on Thursday 7th October, St. Helens District High School Kindergarten Class joined up with Medea Park Residents for a walk around St. Helens and then returned to Medea Park for morning tea.

On Friday a walk and picnic on the Blue Tier was held, some Medea Park residents came on the bus and joined in on the Goblin Forest Walk, everyone involved had a great time. This was followed by an informative wildflower walk around the Bay of Fires on Saturday with Todd Dudley from Landcare sharing his expertise.

Sunday saw 40 people, 3 dogs and 2 horses walk to the top of South Sister in St. Marys and then back to town. This was a fantastic event with spectacular views and the weekend of events left some of the participants inspired to take on regular walks within Break O'Day to experience the beauty we have to offer.

The Healthy Community Project Coordinator Fiona Watts said "We would like to thank all of the community groups and services for their input into Get Walking Week. Due to the great success of the events we are planning to organise a fun picnic and walk day on the Blue Tier in November."

Get Walking Tasmania Week promotes the benefits of walking and encourages greater levels of physical activity. Walking is an easy and fun activity that can be readily incorporated into your lifestyle. Remember it only takes 30 minutes a day to make a difference. The Healthy Community Project Walking Groups meet every Wednesday and one Saturday per month for a walk, anyone wishing to be involved can phone the Healthy House on 63765242.

Photo on front page - apologise for the quality, but without more sophisticated / expensive gear, then afraid that's it!!

Letter to the Editor

Sir

I previously advised {VV 7 Oct} that Forestry Tasmania would receive only \$167,000 from timber logged off South Sister (Coupe NI 114a). The latest 3 Year Plan for the Bass Forestry District shows this is not now the case-the amended sawlog output has been reduced by 400m3 to only 1400m3. While trees for pulpwood will still generate 9600 tonnes, almost 7 times the volume of sawlogs, the reduction in sawlog harvest means that Forestry Tasmania royalties from this coupe will fall to about \$154,000 equivalent to about \$22 per hectare over a 60 year harvest cycle, the price of 5 hamburgers!

In response to a telephoned enquiry to Mr Andy Corbould, Acting District Forest Manager for Bass, seeking confirmation of their estimated royalty, I received written advice, not of what the coupe would return to Forestry Tasmania but what it would be worth to their customer. Not only does this appear to breach the Customer Service Charter of Forestry Tasmania that "employees should respect the confidentiality of customer information", but it suggests that Forestry Tasmania is more concerned with what their customer (s) get out of our forests than what it gets, which may be why FT earned only 2.38% on assets last year, less than half what you would get from a Building Society! Mr Corbould advised that the milled and chipped value of the timber to the customer would be \$1,300,000.

This represents a 740% mark-up on the Forestry Tasmania price. After meeting direct harvest, haulage and milling costs, and recovering general overhead, the customer will achieve an operating profit in the order of \$325,000, and then move on.

The question is what's in it for St Marys? Much the same as for Forestry Tasmania...not much of nothing really. And for this once in 60 year pittance, the highest of our mountains is to be scarred, one of the most prominent of the amphitheatre of forested mountains and passes which cradle our town, the water catchment of South Sister is to be put at risk, and the unique landscape which is the biggest drawcard for new settlers and tourists is to be attacked – for pulpwood at chickenfeed prices.

And when you drive back along the valley in the late afternoon, and you see Paddy, and the Elephant and South Sister (who was once called 'Mount Mary'), and you know you're home...what price on that?

David Clement Gray Road St Marys

MILLER'S SKID STEER EARTHMOVING

General Earth Works. George Miller 44 Elizabeth Street Mangana FREE QUOTES - 6374 1024

- * DRIVEWAYS/ ROAD PREPARATION (Graded & rubble supplied)
- * FINES SUPPLIED FOR ROADWAYS
- LANDSCAPING STONES POSITIONED (Placement of Rocks)
- ROTARY HOEING FOR HOUSEHOLD VEGETABLE GARDENS
- TREE TRIMMING & GARDEN CLEAN UPS



- * TRENCHES BACK FILLED
- * RUBBISH REMOVAL
- * SHED SITES CUT
- * LANDSCAPING

Grassy Bottom Regional Arts presents



Sat Oct 23rd St Marys Town Hall Supper Room

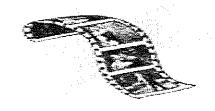
Garfield

PG Comedy 90 mins

Starring: Jennifer Love Hewitt, Breckin Meyer, Bill Murray, Liz

The long-running, popular comic strip about the fat and lazy cat named Garfield comes to life with this live-action Hollywood comedy. Based on characters created by Jim Davis, the film tells the story of this supremely spoiled pet, who wants the affection of everyone around him, only he wants it on his own terms. Trouble arises one day when, under the influence of the beautiful veterinarian Liz. Garfield's owner Jon stuns him by bringing home a cuddly dog. Odie. Jealous at the attention Odie is receiving. Garfield locks Odie out of the house. Odie runs away and when he's kidnapped by the evil television personality Happy Chapman, Garfield realizes his mistake, and embarks on a brave mission to rescue his new housemate.

Doors open 1.30pm for 2pm screening PG - Comedy \$7.00 with Hot Dog & Drink

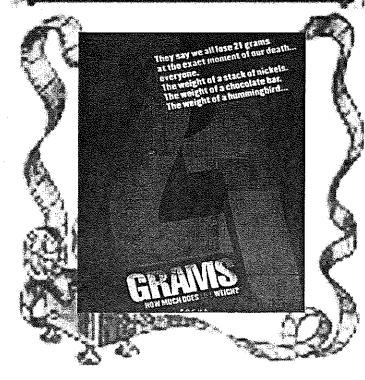




21 Grams

MA 15+ Drama 125 mins

Starring: Sean Penn, Benicio Del Toro, Naomi Watts Whether you fear death or not, it comes, and at that moment your body becomes twenty-one grams lighter, is it a person's soul that constitutes those twenty-one grams? Is that weight carried by those who survive us? 21 Grams explores the emotionally and physically charged existences of three people over a period of several months. An accident unexpectedly throws their lives and destinies together, in a story that will take them to the heights of love, the depths of revenge, and the promise of redemption.



Doors open 7.30pm for 8pm screening MA 15+ - Drama \$7.00 - Supper available

Meals on Wheels Roster Fingal Oct/ Nov St Marys Kaylene Sutton 25th Annette Davey Mon Susan Woods 26th Tue Leith Gatty Barbara Saunders 27th Ruth McGiveron Wed Katrina Johnson Yvonne Salter Thu 28th Christine Woods (S) Peter Williams 29th Fri Carole Woods Audrey Wright 1st Mon Dawn Lodge June Hall Tue 2nd B & B McAllister Linda Bean Wed 3rd Maureen Hall Thu 4th D & V Rice Mim Woods Fri 5th Claire Bean

Church Services

Catholic Parish of St Marys

Priest:

Father Bill Egan 6372 2252

Fingal

Every Friday Mass 10am 1st and 3rd Sunday Mass

10.30am

St Marys Every Sunday Mass 9am

Bicheno

Every Sunday Mass 4pm

St Helens Every Saturday

Vigil Mass 6pm

Mangana

5th Sunday Mass 11am

Anglican Parish of the Northern Midlands

Services each Sunday

Avoca 8.00am Fingal 10.00am

Mathinna: 2nd & 4th Sunday

monthly at 11.30 am

Daily Office Reading

Avoca Tuesdays 10am

Anglican Parish - St Helens 6376 1144

St Helens Every Sunday

8am and 10.30am KANGA Sunday School

10.30 am - 12 noon every Sunday for children 5 -12 yrs

St Marys 10am (No service 5th Sunday)

JAM: Mondays

3.15 pm to 5 pm for children 5-12 yrs

Pyengana 7.30 pm 5th Sunday months only

Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10am Divine Service 11am

Community Notices cont.

St Marys Hospital Auxiliary meeting Wednesday 3rd November at 2 pm (note change of day due to Long weekend)

Tasmanian Lymphoedema & Laser Centre Inc. next meeting Monday 15th November at 10 am

North East Bioregional Network Inc. next meeting Tuesday 16th November at St Helens Neighbourhood House at 4 pm

Do you have bulbs that have multiplied and will soon need thinning out? Wombat Walk Landscaping Group would be glad of any bulbs that you would like to donate to the area being cared for along the St Marys Rivulet in the centre of town.

Volunteers are on site every Wednesday morning.

Crockery for hire

The Lions Club of St Marys has crockery (setting of 50) for hire. This is now stored in the Community Hall for convenience when hiring. Contact: Ruth McGiveron 6372 2231

ST MARYS ONLINE ACCESS CENTRE

23b Main Road St Marys Tas 7215 Ph/Fax 03 6372 2005

Monday	10 am - 3 pm
Tuesday	10 am - 4 pm
Wednesday	10 am - 4 pm
Thursday	10 am - 3 pm
Friday	10 am - 5 pm
Saturday	11 am - 2 pm

Rae & Partners Lawyers Barristers & Solicitors

93 York St Launceston Ph 6337 5555

Visiting St Marys Community Health Centre

Alternate Tues. 9 am -10 am

Appointments: 6372 2172



TIM MORRIS MHA GREENS MEMBER FOR LYONS

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greens@parliament.tas.gov.au 33 Burnett St. New Norfolk Ph: 6261 8048

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- Washiné Machin€ noisy ?
- Refriéerator runs too loné?
- Clothes Dryer blows cold air?

Then you need the service of our technicians: Ring us on: 6372 5307 Mobile 0428 761 811

LADIES & GENTLEMEN

YOU ARE ONCE AGAIN INVITED TO THE



MELBOURNE CUP LUNCHEON

TUESDAY 2ND NOVEMBER AT THE ST MARYS SPORTS CENTRE

4 Course (Roast) Luncheon

ONLY \$18 PER PERSON

SWEEPS ON ALL MELBOURNE RACES

PRIZES GALORE!!!

LUCKY DOOR
CUP LADY
CUP GENTLEMAN
CUP HAT
NOVELTY HAT
& MUCH MUCH MORE



BOOK EARLY FOR A GROUP TABLE TICKETS CAN BE PURCHASED FROM: RUTH @ ST MARYS POST OFFICE RUTH: 63722231 AUDREY: 63722337 MARGARET OSBORNE: 63761772 OR

COMPLIMENTARY DRINK ON ARRIVAL

SURPRISES GALORE

CHARLIE: 63722783

DOORS OPEN 12 NOON FOR 1PM LUNCH

RAFFLE PROUDLY SPONSORED BY
FEDERAL HOTELS (FREYCINET LODGE)
FREYCINET AIR SCENIC FLIGHTS
EDGE OF THE BAY RESORT

PRIZE WINNER OF
"GETAWAY TO FREYCINET"
RAFFLE WILL BE DRAWN AT
LUNCHEON - Got your Tickets?

Watch the races as they are run

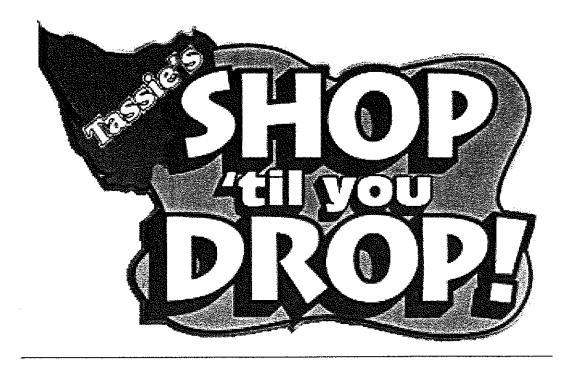
TRANSPORT:

If you need a ride to the luncheon, please contact Ruth, Charlie or Audrey and we will arrange to pick you up and take you home.

THE TASMANIAN LYMPHOEDEMA & LASER CENTRE Inc. In conjunction with

THE ST MARYS SPORTS CENTRE INC.

Please come along and support us



OVER \$400,000 IN CASH & PRIZES TO BE WON!

SHOPPING AT ANY OF THE FOLLOWING PARTICIPATING BUSINESSES GIVES YOU THE CHANCE TO BE IN TO WIN!

ANNIE'S COTTAGE CRAFTS
BAYSIDE INN
EASTLINES SPORTS STORE
SCAMANDER SUPERMARKET
SOMETHING FISHY
ST HELENS BULDING & LANDSCAPING SUPPLIES
ST HELENS FESTIVAL IGA SUPERMARKET
ST HELENS MITRE 10 HANDY
SUNCOAST ELECTRICAL
SUNCOAST GARDEN CENTRE
TARGETTS PHARMACY
THE CARPET WALK

The Garnet Walk

East Coast Flooring Specialist Servicing St Helens, St Marys, Bicheno, Fingal and Avoca



Building or renovating your home and need new floor coverings?

Call in and see our range or Garry Walker can come to you for a free no obligation quote!

Domestic & Commercial
Carpet and Vinyl
Vinyl Tiles
Kitchen and Bathroom Carpet
Outdoor Carpet
Rugs
Hallway Runners
All types of Timber Flooring
Cleaning Accessories
Rubberbacked mats, coir mats, bathroom sets

See our selection of 100% Pure Wool Dhurrie rugs—all reduced From \$55 for 6x4 size

Spend over \$20 to receive tickets in Shop 'til you drop

Shop 4&5, 34 Quail Street, St Helens
Phone (03) 6376 2555 Mobile 0417 331 536

ST MARYS COMMUNITY HEALTH CENTRE

GP ROSTER- ON CALL:

MONDAY 1ST NOVEMBER PUBLIC HOLIDAY

Please phone after hours number for doctor on call.

DR SINGH TUESDAY & THURSDAY

DR SINGH:

Dr Mohan Singh- 6372 2111

DR GENIOLA MONDAY & WEDNESDAY

DR GENIOLA:

Dr Gess Geniola- 6374 2288

Medical Emergencies phone:

000 or

The Ambulance on:

1800 008 008

25th October

Pink Ribbon Day
BREAST CANCER AWARENESS

29th October

National Bandanna Day
CANTEEN

TAI-CHI IS CANCELLED UNTIL FURTHER NOTICE,

THANKYOU FOR YOUR COOPERATION. INFORATION ABOUT TAI-CHI CAN BE OBTAINED BY PHONING HAYLEY ON 6372 2111.



SPRING FAIR SATURDAY 6TH NOVEMBER 2004

11AM-4PM AT THE

ST MARYS COMMUNITY HEALTH CENTRE

Please phone the Centre on 6372 2111 if you are interested in having a table or a stall or just being involved.

'WHAT'S ON AT THE CENTRE'

21st Oct Motivational Workshop

Antenatal Class 12noon-2pm

Child Health Centre with Lorraine

McGee 9am-12noon. Afternoon appointments are available by

phoning 0428 136 381

25th Oct Weight Class 10am CHC

Psychology Interns

St Marys 63722 111 or St Helens on 6376 5222

26th Oct Psychology Interns

St Marys 63722 111 or St Helens on 6376 5222

Young Women's Group 1pm-3pm at

CHC with Julia and Sara

27th Oct Anglicare Financial Counselling

Service 1pm-5pm.

Lightfoot Podiatry with Perry Daly.

Manual Handling with Ann Taylor. 9am-5pm, \$30.00 including meals.

Phone Jenny on 6372 2111 for bookings. 25 places only.

29th Oct CANTEEN DAY - see text box on left

1st Nov PUBLIC HOLIDAY

2nd Nov Young Women's Group 1pm-3pm at

CHC with Julia and Sara

3rd Nov Auxiliary Meeting 2pm-3:30pm

4th Nov Antenatal Class 12noon-2pm

Networking Luncheon 10am-1:30pm

Medical Students arrive x2

6th Nov SPRING FAIR 11AM-4PM

Information from this page was submitted by:

The St Marys Community Health Centre, Gardeners Creek Rd, St Marys, TASMANIA. 7215





ST JOHN AMBULANCE **CPR COURSES**

St John Ambulance CPR courses with Jenny Singline and Roxy Cowie will be held on:

Thursday November 4th in the School Hall

People who have not attended previous CPR courses are required to enrol in the 3 hour session, while regular participants only need to attend the 2 hour session.

Cost for this course is \$40.00 and certificates are valid for 12 months.

Bookings and Payment must be made directly with St John Ambulance. Please contact St John Ambulance on 1300 360 455 to book and pay for your preferred session.

10.00 - 1.00pm

(for people who have not attended previous CPR courses)

2.00 - 4.00pm

5.00 - 7.00pm

OTHER COURSES

Other courses in the following locations are also available:

Fingal

Date to be advised

Bicheno

November 18

Avoca

December date to be advised

Please contact St John Ambulance on the above number for session times and booking arrangements.

COMPUTERS FOR SALE BY TENDER

St Marys District High School has a number of Celeron 400Mhz computers surplus requirements, which are available for sale by tender.

All machines have Windows 98SE installed. keyboard, mouse and 15" colour monitor and will be sold on an "as is" basis without warranty.

Any enquiries should be directed to Maureen Bushing on 6372 3900.

All tenders should be in writing and marked "TENDER - COMPUTERS" on the envelope and addressed to:

> School Executive Officer St Marys District High School



St Marys 7215

Highest or any tender not necessarily accepted.

Tenders close on Friday 29 October at 12 noon.

KINDERGARTEN ORIENTATION

All parents of children who turn 5 years old in 2005 are invited to attend the Kindergarten Orientation session at St Marys District High School on Monday 15th November at 1.30pm.

Come along and find out about the kindergarten programme and school routines. For further enquiries please phone Anne Bennet or Susan Miles on 6372 3900

We are looking forward to meeting you!



Swimming Pool

GST inclusive

The swimming pool will hopefully be open for family and community use on Wednesday 27th October until mid April 2005.

The fees for pool use are as follows:

Kevs

\$154.00

Resuscitation Mask

\$ 5.50

Key Deposit

\$ 10.00

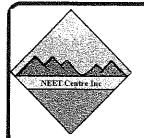
TOTAL

\$169.50

Please note it has been necessary to increase the fees for this coming season, and payment by instalments can be arranged with the School Executive Officer.

As this is an unsupervised pool, EVERY key holder and any "designated adult" (meeting the criteria stated in the rules) supervising swimmers MUST have a current CPR or First Aid Certificate.

Keys and rules will be available from the office from Wednesday October 20th. When collecting keys, please ensure that you have your valid CPR / First Aid Certificate with you for us to copy and keep with your key application form.



North East Education and Training Centre Inc

NEET Centre Inc is a Registered Training Organisation offering a wide range of Vocational Training and year 11/12 subjects, for learners of all ages.

Enrol NOW for 2005

If you are thinking about returning to study to increase your job prospects or just for your own interest,

Contact:

Charlotte Marshall, Matt Bennell, Margaret Forsyth or Rebecca Death

(03) 6372 3900

St Marys District High School



Winner- 2003 TASTA VET-in-Schools Excellence Award

YOU ARE INVITED TO NEET OPEN DAY

Please join us on Monday 25th of October 2004 to find out what NEET can offer you.

WHERE: NEET Centre

Located behind the Town Hall Next door to the On-Line Access Centre

TIME: 10.30am until 12.30pm

The Say by Cagerattler

Fishing's just not what it used to be!

When I was a kid most weekends between August and April we'd have our rods strapped to our bikes and we'd be off somewhere trout fishing.

Just about every time we'd trot in home, wet, muddy, smelly, but usually with some 1½ to 3 pound fish (in the old scale), to show for it. Nine times out of ten they were in good nick too. Nice and pink inside and well worth eating.

These days you hardly hear of fish being caught in this area around the back creeks. Well I haven't anyway.

I know further down toward Fingal the Break O'Day is still strong for fly fishing as is the South Esk but around the good old haunts at Cullenswood, Harefield, Sunnybanks the same amount of fishing does not seem to take place. I'm sure that provided responsible people do the right thing by the property owners they are allowed to fish locally so I'd imagine that's not the reason.

Maybe in these times it's hard to justify the purchase of a trout licence, and they are quite expensive, unless you can make regular trips to the lakes area to warrant to cost.

Have I got it wrong and are there plenty of the locals out there fishing like we used to.

I'd love to see someone respond on this and prove me wrong because it's a great pastime, especially nowadays with a good 'Catch and Release' and 'Keep only what you need for a feed' campaign going.

Lets hear from all you fishing nuts out there. What do you think?

St Marys Pacing Club

The Annual Meeting of the St Marys Pacing Club will be held in the Community Hall Supper Room on Friday the 29th of October at 7.30 pm. Any interested persons who wish to come along will be made most welcome.

Eric Bean Secretary

Grass Track Racing

When: Sunday 7th November 2004.

7 - 8.30 am scrutineering (1 flaggie per rider)

Where:

St Helens, 1 Hills Road, just past Golf Club - same place as last year but a <u>new track.</u>

November 12th to 22nd Australian Motorcycle Week

More info: A.H. 6376 1380 or 0417 304 840

Power Notes by Rooster Tail

Power boat racing on Diana's Basin was once very popular and after reminiscing with Bill recently, found this report in a 1968 Valley Voice.

The W.E.T.P.B.C. opened its 1968-69 Racing Season at Diana's Easin on the 6th October. Despite wet and windy conditions racing was extremely keen with a full attendance of boats from Northern clubs. Boats showing a lot of potential this season are the new Haines Hunters, built in Queensland. One of these boats powered by a 110 h.p. Hercury, set an unofficial lap record for outboards on the 1 mile circuit of 1 min. 8 secs. which could prove hard to beat. It will be interesting to see if the local boat Thunderbolt raced by B. Aulich of St. liarys and powered by a 125 h.p. Mercury motor can better this.

Miss Hunter, a new boat, owned and raced by Robbie Richardson, formerly of, St. Marys and powered by a 50 h.p. Here. is another hull with Championship potential.

Shipa, owned and raced by Neil Peters again thrilled the crowd with a fine display of high speed racing. All local boats performed well.

Results:

1st Scratch: 1. Head Hunter - J. Harris

2.Skipa - II. Peters

3. Safari G. Sulzberger

2nd Scratch: 1. Hustler R. Grenda

2. Miss Hunter R. Richardson

3. Apache J. McGiveron ...

1st H'cap: 1.Hustler

2.Head Hunter

3.Safari

2nd H'cap: 1.Miss Chrysler - B. Lehner

2.Wack-a-Doo M. Simmons

3.Shan-n-Dor A. Peck

3rd H'cap: 1.Skipa

2. liiss Hunter

3.Head Hunter

4th H'cap: 1.Miss Chrysler

2. Mary Jane W. Targett

3.Shan-n-Dor

Butcher's Picnic (Free for all)

1. Mary Jane

2.Shan-n-Dor

3. Miss Hunter

Soccer News and Hobart wins 6 a-side Competition

St Marys Soccer Club hosted the inaugural East Coast Cup last weekend with the accomplished Uni team from Hobart taking the honours. Uni beat St Marys Olympic 5-1 in the final; the culmination of a very enjoyable day which saw some great soccer from local and visiting teams.

We were disappointed that low registration numbers forced us to cancel junior programs, however the older St Marys junior team were able to compete and gained some valuable experience against teams who play competitive soccer regularly. One of our highlights of the day was their performance against the Uni team. Unstoppable goals from Harry Young and Dylan MacDonald against one of the state's best young goalkeepers were the only goals the Hobart team conceded in the round robin stage of the tournament and were a worthy reward for their tenacity.

Huon Valley beat Falmouth 2-1 in the Plate final. The local team can consider themselves unlucky to have lost two of their crucial games by the odd goal in three and we hope its not the last soccer team coming from the local seaside town.

The visiting teams were very happy with their trip to St Marys and are keen to try their luck again in next season's carnival.

Saturday's 6-a-side contest was the last event in the soccer season and we will be back again in April.

May I take this opportunity to thank all the St Marys players, parents and volunteers whose efforts have made the 2004 soccer season such a successful and enjoyable one. Jack Foreman

St Marys Tennis

Membership

The membership fees for the Tennis Season 2004-2005 were set at the AGM. Invoices have been sent to all members and return **ONLY** to Club Treasurer Drew Adam. Membership fees are due by **Thursday 25th November 2004.** (the November General Meeting). If you would like to join the Club please contact Susan Miles on 6372 2431.

Evonne Goolagong Getting Started Program Michelle Rowell will again be running this program for girls aged between 7 and 10 years who have not participated previously, on Saturdays 23rd October, 30th October, 6th November, 13th November and 20th November. Michelle

can be contacted on 0408 832 075 for further

information.

Spring Fair

The Tennis Club will again be holding a cake and confectionary stall at the Annual Spring Fair at the St Marys Community Health Centre on Saturday 6th November. We are seeking contributions from members towards the stall. These can be delivered on the day or left with Susan Miles on Friday 5th November.

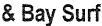
Next Meeting

Our next General Meeting will be on Thursday 28th October at 7.30 pm

Susan Miles, Secretary

Scamander Beach Surf Shop

6 Lagoon Esplanade Scamander Ph 6372 5529 scamandersurf.com



Shop 2. 2 Pendrigh Place St Helens Ph 6376 1755

Tasmanian Lymphoedema & Laser Centre Inc.

Operating from the St Marys Community Health Centre

Do you have a sporting injury, ulcer, arthritis, gout, tennis elbow?

As well as treatment for the condition of Lymphoedema, the low level laser at the Tasmanian Lymphoedema Centre, can help with treatment of these common conditions.

Call the enquiries/bookings office on 6372 2900

Laser Therapist Kate Williams 6372 2111

Massage Therapist Sue Christiansen 6372 2111, 0418 515 419

Email: tlcstmarys@hotmail.com

www.taslymphoedema.asn.au



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- Firewood: Free delivery St Marys area

- Track loader
- Root rake
- O Bucket & Forks
- Compaction roller
- 4WD Tractor & Slasher



It's been a good fortnight for the Club in both golf and bowls and we'll start with golf.

Several of our members travelled to Malahide to take part in the Annual Tournament and there were some great results. Dale Ridgers continued his terrific year to shoot 75 and to comfortably take out the tournament Scratch, then teamed with John Miles in the Men's Foursomes to win that also. Dale and John have become a formidable combination and did very well. Congratulations to Mark Carrick and John McDonald and Andrew Marshall with dad Eric to finish equal runners-up.

Beth Haas did extremely well to win both the B Grade and Veterans events at the tournament whilst up-and-coming junior Corey French won two trophies in that section of the tournament. I believe that these are his first tournament wins so well done Corey.

Although not a current playing member at St Marys all were thrilled to see Brad Ennis score the ultimate in golf, a 'Hole in one' on the 8th on Singles day and go on to win A Grade Handicap, congratulations Brad, that was great.

A huge thanks must go to Malahide for providing the course in great nick but mainly for putting on one of the best tournaments around. Like ours, it's a shame a lot more players from other clubs didn't get to enjoy it. Maybe next time!

While still on Malahide, we hope to organise with them in the coming months, a few joint events over the year in Singles, Foursomes and Teams. Its worth looking into.

Last weekend we held the Annual 27 holes Mixed Foursomes Championships. Fantastic effort everyone to see 8 teams take part. Thanks to Trevor Viney and Heather Hayes who did a great job running it and to Rex Floyed who did likewise with the bar.

Congratulations to John Miles and Carole Gunson for a rare effort in winning both the Gross and Handicap titles with the lowest handicap.

They played exceptionally well all three nines to do it. Great effort also to Richard Davies and Bobbie Harwood for finishing second in both also. All in all it was a top day.

Believe it or not golf is not finished and we really want the course to be in full use all Summer. For this to happen we need everyone to keep attending the events soon to be scheduled.

At worst there will be Sunday Golf but at best we want to see several of our about 20 golfers who are not tied up with bowls to help us keep the calendar ticking over.

This week October 23 we hope to have a Single stroke event on Saturday.

The week after is the Robert AGM Medal on the Saturday for men, the women's was on October 20. The winning male and female represent the club at the State Final at Bothwell later in the year.

So on October 30 we want to see a top field, the following day Sunday 31st is the much anticipated Awesome Foursome Challenge kindly put on by the awesome four themselves, Mark Carrick, John Cox, Roger Donald and Trevor Viney. Special thanks to you all.

What's required is four players, any configuration, to have an absolute ball playing Ambrose and supporting the club. Let's make this popular day one to remember!

At our committee meeting October 17th, two weekends were decided for our Monster Seafood Night and Annual Trophy Presentation when after a sumptuous feast we will present all our championship trophies for the year. Until we can confirm either the 19/20 November or 3/4 December with our fantastic guest chef, we can't give an actual date but in the next issue it certainly will be, along with booking arrangements.

I'm a goose. I sincerely apologise to the Spilsbury Family but particularly Keith and Elma for somehow managing to miss your name off the report about a month ago. I didn't know I'd done it until someone else told me. I, better than anyone know the commitment that Keith gives each year to supporting this great event along with Toby (dec.) Betty and Rod over a 45 year period and my pen and I stuffed it up. I'm sure they'll forgive me this time.

Now finally on to Bowls and what a great way to start the season with a top 12-2 win at Scamander. Fantastic effort Jack and boys. What's even more exciting is the wonderful player base we now have, well in excess of 20. Experienced players such as Peter (Peewee) Singline have joined us as well as new bowlers David Haberle, Brent Leedham, Roger Donald and Wayne Jenkins.

This is an unbelievable result and thanks mainly to Jack Viney and Jim Rankin as our last two Bowls Presidents, to achieve it.

David and Brent played their first games last week and were very impressive and are certain to become very valuable. Peewee is going to bring plenty of experience and skill to the team. Roger and Wayne along with our new bowlers from last year also add much to the team. All we need now is to convert numbers into solid results.

With such good numbers practice nights on Thursday are the main avenue to let the selectors pick our teams, so please try and put some time in to help them. Anyway until next time Good hitting and rolling.

Just heard that Charlie (Andrew W.) holed out on the 14th on Bribie Island this week!

Tigers set to roar again!

2005 season will see a new look St Marys Tigers team run on the ground again. Yes that's right, the N.E.F.U. has accepted us into their Association after a meeting with officials and club representatives. We have been given the OK to play. All we need is a list of 30 players and they will include us in their roster.

There will be a meeting in the lounge at the St Marys Hotel on Wednesday the 27th October at 8 pm. So if you are interested in 'keeping the tigers alive' come along and put your name down, we already have quite a few signed players, a coach and a strapper organised, all it takes is a few dedicated committee members to push in the one direction and it can happen.

A team will be really good for the morale of all the young people in the area and when we're up and running, it will be like the 'good old days'. Our ground is one of the best around here, it's a shame to see it not used to its full extent. We have made a policy of not paying any players, so come and play for the love of footy.

B Cornelius

Netball winners

Congratulations to the St Marys Division 3 Netball girls on winning the Grand Final against Georges Bay at St Helens.

The girls have had a great year, playing consistently well for the whole



season only being defeated twice. A big thank you to Sharyn Rosskelly for her excellent coaching.

All the girls received a medallion on the day and Danielle Williams won the Division 3 Association Runner-up in the Best and Fairest Award.

An Awards Dinner was held at the St Marys Sports Centre last Friday at which each player received an engraved award.

Thank you to Louise and Georgie Williams for coordinating this event.

Photo: Coach Sharyn Rosskelly at back.

Back row: Celina Panoff, Hannah Spilsbury, Danielle Williams, Allie Spilsbury, Emma Spilsbury, Emily Brown.

Front row: Sharee Donald, Kirsty Panoff, Fern Menogue, Rebecca Mitchell, Belinda Cox

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Lot 1 Gillies Road St Marys Tas 7215 Phone: 6372 2168 or 0417 017 105 peterpower@rainbowretreat.com.au



The Historic St Marys Hotel 48 Main Street St Marys Ph 6372 2181 Fax 6372 2184

Live music

This Saturday Night
23rd October
Doing a world tour
"Hans Theessink' from Vienna.
A man who has recorded over
15 albums, just toured the USA
and is playing at our local hotel.
So come along for a night of
entertainment by one of the
worlds best solo acts.
Night starts about 8.30.
Hans' is more of a 'red wine
act', so sit back and enjoy!

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