

THE VALLEY & EAST COAST VOICE

Volume 36 No. 4

Thursday 19 June 2003

50 cents



Winter Solstice Celebrations at St Marys Saturday 21st June '03

Fire - Fun - Food - Music

'Burn outs' charges made

The Grassy Bottom Regional Arts will be hosting its fourth annual Winter Solstice on Faulkners Green at St Marys on Saturday 21st June. This event attracts quite a few people each year and with this increase in people including children, it is essential extra care be taken when driving vehicles around the township.

The following crimes have been reported since the last Police Report.

A dwelling was entered on the Main Road at St Marys between Sunday 8th June 2003 and Tuesday 10th June 2003 and a quantity of alcohol was stolen.

A shed at Fingal was entered between Monday 2nd June 2003 and Monday 16th June 2003 and property stolen including a lawn mower, motorcycle helmet, copper fire extinguisher, assorted tools, Metabo angle grinder and Makita power tools.

On Friday 30th May 2003 a motor vehicle stolen from Kings Meadows was recovered at Avoca and property stolen from this vehicle included a Jensen stereo, speakers, amplifier, mobile phone, CD's and seat covers.

Police request assistance from the public in providing information in relation to the above incidents. Information provided is treated in the strictest confidence.

It is important that property and vehicle owners take precautions in relation to their own property including marking, steering wheel locks and keeping detailed records of items including identifying marks and serial numbers.

In regard to motor vehicle thieves, it is usual a vehicle is stolen for joy riding purposes or the use in the commission of some other crime. Another reason can be for stripping of parts or 're-birthing'. Joy riding is common with young people and identification of this type of offender is essential early on in their career to ensure your vehicle does not become the next one stolen.

St Marys Police have also charged a 21 year old male with several 'burn outs' within the St Marys Township which occurred recently. I would like to thank the public for their assistance in this matter. I also point out that this type of behaviour in vehicles although seen as good fun by the perpetrators and on-lookers, can end in tragedy. *Bob Baker Sergeant St Marys Police*

Deadline for next issue of Valley Voice is Tuesday 1st July 2003.

Arts grants announced for north and East

Artists in Northern Tasmania have received Federal Arts grants to help develop and promote their work. In total \$101, 620 has been allocated for 17 projects in communities throughout regional Tasmania.

- ♦ St Helens - Lila Angela Meleisa has received \$3,000 to work with a Melbourne based Samoan music and dance group.
- ♦ Campbell Town - Adrienne Bouzaid has received \$8,000 to fund a series of art projects discovering and connecting with diverse cultural traditions.
- ♦ Birrallee artist Sarah Lloyd has received \$10,000 to fund wilderness trips for the production of a CD featuring natural sounds and composed music.

The Regional Arts Fund is a Commonwealth Government initiative to support and encourage a wide range of arts and cultural activities in regional and remote Australia.

Senator Guy Barnett said that it provides opportunities for widespread community development. Tasmanian Regional Arts manages the fund in Tasmania on behalf of the Commonwealth Government.

Assistance is available across all art forms for projects that promote excellence in regional arts development.

Submissions for the next round of funding close on 22 March 2004.

For more information on funding contact Barry Prismall 0438 384 520



Addlestone House B & B

19 Gray Road St Marys 7215

★★★★½ Accommodation at very reasonable rates.

Your hosts: Bob and Charlie (Charmaine)

Ph. 03 6372 2783 Fax. 03 6372 2889 E-mail: addlestone@bigpond.com

Coming events & Community notices



**Winter Solstice
Celebrations in St Marys
Saturday 21st June**

Exchange !

Help is wanted in organic garden in 'Downtown St Marys' in exchange for fresh organic vegetables. Jack 6372 2034

North East Bio Regional Network next meeting on Wednesday 16 July '03 at St Helens Neighbourhood House at 4 pm. All welcome

St Marys Community Child Care Centre

Winter Wood Raffle drawn 13th June 2003. Congratulations to Courtney Burn for winning the ute load of fire wood.

The **St Marys Community Child Care Centre** is looking for second-hand Duplo. If you have any Duplo which you would like to sell or donate, please contact Jenny or Helen at the Child Care Centre on 6372 2187

Tasmania Lymphoedema Centre Inc. Next meeting Monday 21 July at 10 am.

Contacts for Valley Voice

Ron: 6372 2105.
Audrey: 6372 2337
Fax: 6372 2172
Leave written material with Kathryn, Marys Health & Beauty Centre, or post:
Post Office St Marys Tas 7215

Valley Voice Advertising Rates:

Classifieds, (25 words or less) are free.

Small ad. \$6. ¼ page \$15.

½ page \$25 Full page \$40

Redline deliver this paper.

Statewide passenger & parcel service . 6372 2142

Appreciation

My family and I wish to sincerely thank the Doctors, Nursing and Kitchen Staff, for their care of me while in the St Marys Community Health Centre.

A very special thank you to the student nurses for their care, patience and general good humour. They were great to have around. Thank you very much.

Una Camplin

Return Thanks RONA GATTY

Leith, Craig, Amanda and family would like to extend their sincere gratitude to all friends, relatives, community and organisations who offered numerous condolences following the loss of their dearly loved wife and mother.

In particular we would like to offer our heartfelt thanks to Charlie Cormack and her helpers, Pauline Berwick, Heather Lodge, Ruth McGiveron, Pauline Biggelaar, Joan May and Betty Nailer for organising a memorable wake at the St Marys Sports Centre.

Sincere thanks to Kirk McGiveron for a truly uplifting musical performance at the funeral service.

Pauline, Heather, Doris, Cheryl, Cindy and Len your thoughtfulness and support has provided such comfort and consolation.

St Marys Child Health Centre

Regional Office 6336 2130
After hours 1800 808 178
Mobile: 0409 361 005
Lorraine McGee RN
Appointments 0409 361 005
Open Sessions
1st & 3rd Thurs.

9 am to 12 noon

Next Session:

Thurs 19th June

Thurs 3rd July



Redline Bus Timetable Departing from St Marys Newsagency

Monday to Thursday

Depart St Marys 10 am

Depart L'ton 4 pm

Friday: depart St Marys 10 am,

Depart L'ton 6 pm

Sunday: Depart St Marys 4.30 pm

Friday Flea Market

Free Stalls

Every Friday 12 - 2

Grassy Bottom Headquarters

7 Storey Street St Marys

Enquiries: 6372 2034

Come along to: Community Information Day

Do you know about Advocacy, nursing home fees, pre-paid funerals, services provided by our Community Health Centre and Paramedic Service ?

Where: St Marys Community Health Centre

When: Thursday 10th July 2003

Time: 10.30 am to 2.30 pm

Transport if required -

please phone Fiona 6372 2088 or Wendy 6372 2283

Free soup and sandwich lunch

CLASSIFIEDS

Wanted to buy

Old dining chairs.
Phone 6372 2337

Items for Sale

Evening gown size 12-14, mauve with silver sheen, low back, spaghetti straps, worn once.

\$120 ono. Silver shoes size 9, to match gown. \$45.

Rosa Byard 6372 2238

4' Fish tank, stand & acc \$70

3' Fish tank \$30

2 Whistling canaries in very nice cage \$70

1982 Fairlane as new 4.1 motor good condition \$1,500.

Wrecking FJ 45 Land cruiser, late model disc brake front end PTO. Winch, Chev. Conversion, dual fuel.

Wrecking XD 351 all parts.

Large tandem trailer 14 x 6. ramps, winch, 4 wheel disc brakes \$2,000.

Single horse box - as is \$200

Phone 6372 2107

PAINTER

St Marys

No job too big or small.
Tradesman of 20 years.

Ray Rosskelly

Phone 6372 2218

J R & M C Faulkner Pty Ltd



Serving the Valley
& East Coast
since 1972

**Caltex bulk Fuel
& Oil Distributor**

41 Main Street St Marys

Mobile 0419 308 205

Fax 6372 2822

AH 6372 2277



Winter Solstice

from Grassy Bottom Regional Arts

Grassy Bottom Regional Arts will be presenting their **Winter Solstice Celebration in St Marys on Saturday 21st June.**

Please bring your friends and family to gather around the fires on Faulkner's Green St Marys to share a spectacular night of fire and light.

There will be a veritable feast of amazing hot food, live music, shadow puppets and the fire show starting at 5.30 pm.

Hope to see you all there !

North / East Bio-Regional Network

A meeting was held on Friday 6th June by the executive committee who met with Michael Noble representative from the Wilderness Society who talked with us on many issues concerning this group, much ground was covered and a lot learnt.

The Wilderness Society has offered their help with many of the concerns of this north - eastern part of Tasmania, it is most encouraging to have them on board.

ST MARYS NEWSAGENCY

Storey Street St Marys

Ph 6372 2143

Open 7 days

Phone Chris

0417 344 209

for

- Light fabrication
- General steel welding
- Maintenance etc.

Garage Sale

Aulichs Lane St Marys

Sunday 13th July 9 am

- Furniture - suit shack
- Elect items - suit shack
- Bike, games etc.
- Old Texaco oil boxes
- Old Tea chests

Phone 6372 2242

Playgroup in St Marys

Playgroup is parents and carers getting together with their children in a safe and fun environment to share stories, craft, fun activities and provide support, all over a cuppa and cake.

St Marys Playgroup meets every second Thursday. We want your support so please come along and join us.

Next Meeting:

What: Playgroup - fun and company

Where: St Marys High School Kindergarten

When: Every second Thursday
- from 19th June 2003
1 pm to 3 pm

See you there !!

Enquiries to Trish 6372 2072

Lost water urn

Lions Club of St Marys have misplaced or lost their white urn, has black lid and tap. Anyone who can help with the whereabouts of the urn, please contact Ruth McGiveron on 6372 231

**RAY
SINGLINE
&
THE
TRAWL DOGS**

**playing at the
ST MARYS
HOTEL**

**Winter Solstice
night**



**SATURDAY
21st JUNE '03**

- ⊗ 7 pm start
- ⊗ \$5 entry
- ⊗ Meals
- ⊗ Accommodation available



**Now Open
'Mayfield Manor' B & B / Tea Room**

2 Rooms with spas
Also complimentary Port & Chocs
Your Hosts: Tom & Coral Brady
18 Talbot Street Fingal
Ph/Fax (03) 6374 2285 Mobile 0414 327 263

**Break O'Day Volunteer
Resource Centre**

What does volunteering mean to you?

Committee meetings, working bees - sure that's part of it - but it is also much, much more and if committees and working bees are not your style then the Volunteer Resource Centre can definitely help you!

How would you like to be able to make a difference in someone's life?
How would you like to support an individual to enhance their quality of life?

How would you like to volunteer for as little as 1 hour per week?

Go on - talk to Penny at the Break O'Day Volunteer Resource Centre in your nearest town. Remember - volunteering is a choice - make it yours!

Penny can be reached at:

St Helens Neighbourhood House
Monday - Wednesday 6376 1545

Fingal Neighbourhood House.
Thursday 6374 23 44

St Marys Town Hall Office Friday 6372 2693

If those numbers fail, call the mobile:
0419 997 010 - your community will thank you.

For sale

Flotation tank
\$2,500

Enquiries to:
6372 2900

Thought for today
Whether women are better than men I cannot say -
but I can say they are certainly no worse.
Golda Meir, Israeli Prime Minister (1898 - 1978)

**Scamander Beach Surf Shop
and Bay Surf**

Shop 2
2 Pendrigh Place
St Helens
Ph 6376 1755



6 Lagoon Esplanade
Scamander
Ph 6372 5529
scamandersurf.com

Designer Hair

St Marys 6372 2108

Monday	Lyn	10 - 8
Tuesday	Lyn	10 - 8
Wednesday	Kelly	9 - 5
Thursday	Kelly	9 - 5
Friday	Kelly	9 - 5
	Fran	10 - 1
	Lyn	2 - 8
		(by app)

Value Plus

ST MARYS SUPERMARKET

38 Main Road St Marys

Mark Kate John Roseanne

Mon- Fri. 8am - 6pm Sat 8am - 12

Phone/Fax 6372 2240 Butcher Ph. 6372 2274

Recipe Corner Beef Puffs

- 1 tbsp oil
- 1 small onion chopped
- 1 clove garlic crushed
- 1 tbsp mild curry paste
- 250g minced beef
- 2 tsp lemon juice
- 1/3 cup mango chutney
- 1/2 cu[mixed frozen peas, corn, carrots
- 1 egg lightly beaten
- 6 sheets Pampas Puff pastry - thawed

1. Heat oil in pan, add onion & garlic; cook, stirring until onion is soft. Add curry paste; cook, stirring until fragrant.
2. Add mince; cook stirring, until well browned. Remove from heat; stir in juice, chutney & veges. Cool.
3. Cut pastry sheets in four. Place heaped teaspoons of mixture in centre of squares, brush edges with egg then press edges together with fork to seal them. Repeat this with remaining pastry sheets and mixture. Place on greased trays; brush tops with some of the egg.
4. Cook in a moderately hot oven, 190° for about 15 minutes or until pastry is lightly browned. Can be eaten either hot or cold.

Why not finish with some chunks of banana, apple pears and kiwi fruit served with delicious creamy Cadbury Vanilla Light ice-cream !!



Rae & Partners Lawyers Barristers & Solicitors

93 York St Launceston
Ph 6337 5555

Visiting St Marys Community
Health Centre

Alternate Tues. 9 am - 10 am

Accepting instruction in all legal matters

Appointments:
St Marys Health & Beauty Centre
6372 2172



The *Bluey Day Foundation* is a national organisation and each state has its own committee. The *Bluey Day* Committee in Tasmania raises money for children who are seriously ill or have a life-threatening condition and their families.

The Paediatric Units at the Launceston General Hospital and the Royal Hobart Hospital administer the donated funds, in conjunction with the *Bluey Day* Committee.

Uses for *Bluey Day* Fund

The funds may be used in the following ways:

- To provide amenities and equipment for children's needs whilst either an inpatient or outpatient visits at the hospital or clinic
- Limited family assistance, grants are to help support the complete family unit. This is an effort to recognise and reduce pressures on the immediate family members when a child is confronted with prolonged treatment.
- A component of the funds may be used for support and educational purposes, for staff and families in relation to the treatment of children with serious or life-threatening conditions.

Rationale

The families eligible for access to *Bluey Day* funds are those who are required to cope with emotional stress associated with the child's diagnosis. Financial, social and emotional difficulties may be experienced which impact on family life and may have a profound effect on the optimal care for the child. The *Bluey Day* funds help alleviate some of these pressures on the family.

Aim

To give financial support to immediate family with a child diagnosed with a **serious long term medical condition where the outcome is unknown** with the intention of enabling physical, emotional and spiritual support that will benefit the child and/or their immediate family.



**100 per cent of the money that is raised
in the state remains in the state
for the benefit of the children.**

East Coast Glass

Falmouth 6372 5361



- * Glass repairs
- * Security doors
- * Shower screens
- * Wardrobe doors
- * Double glazing
- * Aluminium windows

Locally owned and servicing the East Coast for over 10 years.
Call David and Anne Cannon for prompt and reliable service.

LYNIES TROUPE

Party After with Ken Martindale
So you missed ABBA !! Don't miss this show

*Adam Ant. Twisted Sister.
Grease. Cyndi Lauper.
Tina Turner. Rocky Horror.
Village People.
Boy George.
Kiss. Suzie Quo.
Divinyls.
And more.*

Community Hall St Marys
ONE NIGHT ONLY
Saturday 5th July 2003
Doors open 7 pm Show starts 8 pm

Raising funds for Variety Club Tasmania and all Special Children

Eating organics cuts kid's pesticide loads.

A University of Washington study which analysed pesticide breakdown products (metabolites) in pre-school aged children has found that children eating organic fruits and vegetables had concentrations of pesticides metabolites six times lower than children eating conventional produce.

The study compared metabolites concentrations of organophosphorus (OP) pesticides (a class of insecticides that disrupt the nervous system) in the urine of 39 urban and suburban children aged two to four years. The researchers' findings point to a relatively simple way for parents to reduce their children's chemical loads; serve organic produce. An earlier study looked at pesticide metabolites in the urine of 96 urban and suburban children and found OP pesticides in the urine of all children but one. The parents of the child with no pesticide metabolites reported buying exclusively organic produce.

The children's urine was tested for five metabolites of OP pesticides which are registered in the USA and frequently applied to food crops. The researchers found medium concentrations of OP metabolites six times lower in the children with organic diets.

Average concentrations for the organic group were actually nine times lower, suggesting that some children eating conventional produce had much higher concentrations of OP metabolites in their systems. The study also determined that some children were at risk for consuming more OP pesticides than the US Environmental Protection Agency (EPA) considers 'safe' as a daily dose. The researchers concluded that organic fruits and vegetables can reduce exposure levels from above to below EPA chronic reference doses, "thereby shifting exposures from a range of uncertain risk to a range of negligible risk".

It would be to the advantage of all parents to make a plea to Government to do similar research here in Tasmania and Australia as a whole. The body to do this research must be independent at all times.

Article taken from *Earth Garden*

Town Safe

The Commissioner of Police has been requested (letter 4/6/03) to make funds available to alter the entrance to St Marys Police Station, to conform with the provisions of the Anti-Discrimination Act 1998 with regard to access to public buildings for elderly and disabled people.

It was pointed out that access was difficult because of two steps, an outward opening fly-screen and a narrow door. Reference was made to the hand rails, ramp access and self opening doors at the St Helens Police Station as a possible model.

It was indicated that the St Marys Station had fallen behind current community expectations and legislative requirements, that, under Sec 48 of the Anti Discrimination Act, Police Tasmania would suffer no hardship by meeting these obligations, and that a positive response would generate community goodwill towards Police Tasmania.

D W Clement St Marys.

<http://dickadams.vision.net.au>
email: D.Adams.MP@aph.gov.au

St Marys
The gem of the East Coast

"Tasmania is going to be the tourist destination of Australia.
The East Coast has got all the best of Tasmania, lets make the most of our great community."

SUPPORTING COUNTRY COMMUNITIES

Dick Adams MP

Fax 03 6398 1120 Federal Member for Lyons Freecall 1800 811 134
PO Box 50, Parth, Tas, 7300

"Let my people go !!!"

Hello Everybody!

We thought we would write and update all the readers of this wonderful publication, on what has been happening at JAM (Jesus And Me).

We were busy all during term one, learning about Moses and his amazing life.

We began of course with the facts about his birth and God's wonderful plan to save Moses from the King's plot to rid Egypt of the Hebrews.

For our first craft, we put a miniature baby doll inside one half of a walnut shell, put on the other half for a lid, and whammo !..... we had our baby ready for the bulrushes ! (Our gratitude goes to Emily Miles for supplying all the walnut shells for us.)

At **JAM** each week we always try to learn something new from God's word. We also sing; do some craft; play a game, and of course we always eat and drink our afternoon tea !

As term one progressed, we continued each week with more about Moses: the burning bush, the plagues, the parting of the Red Sea and of course, *The Ten Commandments*.

We were really busy making a fold out concertina book about Moses. We took these home at the end of the term to show our families. We also made a wall hanging to remind us forever about God's law, which He gave to Moses on Mt Sinai.

Now when we wake up in our bedrooms we will see the *Ten Commandments* each morning.

We were really challenged to learn all these new things, but our aim is to " Practise being Godly"!

And that is the song we sing to help us remember.

Also during the term, we had a display showing the three important days of *Easter*:

Scene One (Thursday) depicted The Last Supper

Scene Two (Good Friday) showed the Crucifixion and

Scene Three (Sunday) celebrated The Empty Tomb! (Our stone was even able to be rolled away).

We were given an *Easter* gift to take home. This was a bread dough cross, with our names written on, and was to remind us that Jesus died for each one of us.

We also managed, during this very busy term, to include our MOTHERS! We enjoyed making a craft gift for them and then secreting it home under cover, until it could be presented to Mum on her special day in May.

Wow ! We were so busy, but we certainly learned heaps ! We'll keep you up to date with **JAM** after term 2.

Thankyou for sharing our news.
(The St Marys "JAMMERS")



SUPERMARKET / HARDWARE

**56 Main Street
St Marys 7215**

**Graham & Karen Saunders
Phone 6372 2242**

2 kg Marven Chicken pieces
\$4.59

Size 15 Steggles Chicken
\$5.99

Fresh Chicken products
Nicholls & Ingham

Quality meat supplied by
Midland Meat Supply

We accept & welcome
IGA Loyalty Cards
for collection & redemption



Tasmanian Lymphoedema & Laser Centre Inc.

Operating from the St Marys
Community Health Centre,

**Do you have a sporting
injury, ulcer, arthritis,
out or tennis elbow ?**

As well as treatment for the condition of Lymphoedema, the low level laser at the Tasmanian Lymphoedema Centre can help with treatment of these common conditions.

If you would like more information,
please contact us:

Email: tlcstmarys@hotmail.com
www.taslymphoedema.asn.au

Call the enquiries/bookings office
on 6372 2900

Laser Therapist Kate Williams
6372 2111

Massage Therapist
Sue Christiansen 6372 2111
or 0418 515 419

Church Services

Catholic Parish of St Marys

Priest: Father Bill Egan 6372 2252

Fingal

Every Friday Mass 10am
1st and 3rd Sunday Mass
10.30am

St Marys

Every Sunday Mass 9am

Bicheno

Every Sunday Mass 3pm

St Helens

Every Saturday

Vigil Mass 5pm

Mangana

5th Sunday Mass 11am

Anglican Parish of the Northern Midlands

Services each Sunday

Avoca 8.00am

Fingal 10.00am

Mathinna Monday 10am

Daily Office Reading

Avoca Tuesdays 10am

Fingal Tuesdays 12 noon

Ross Wednesdays 10am

Anglican Parish - St Helens

6376 1144

St Helens

8am and 10.30am

Every Sunday

St Marys 10am

No service 5th Sunday

Monday JAM:

3.15 pm to 5 pm
for children 5-12 yrs

Pyengana 11am

2nd and 4th Sunday

Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10am

Divine Service 11am

New Beginnings Church

Every Sunday at 10.30 with
children's time, tea and coffee
afterwards.

Last Sunday of month we will
share lunch together.

108 High St Mathinna

Ph 6377 1234

New Beginnings Church is a
branch of The Vine Church A.
O.G Launceston

Meals on Wheels Roster

June/July	St Marys	Fingal
Mon 23rd	Tina Floyed	Sue Woods
Tues 24th	Ruth Aulich	Alana Johns
Wed 25th	Pam Lynch	Lynda Bean
Thurs 26th	Gail Gamble	Maureen Hall
Fri 27th	N & A Challis	Shirleen Woods
Mon 30th	Sally Spilsbury	Sharon Hall
Tues 1st	Pauline Berwick	Simone Walker
Wed 2nd	Atholie Greenwood	Karen Lohrey
Thurs 3rd	Jean Schier	Debbie Speers (N)
Fri 4th	Anne Birrell	Malcolm Saunders

CBA BANK ST MARYS

Monday to Thursday 9.30 am - 4 pm

Friday 9.30 am - 5 pm

Closed between 12 noon and 1 pm

ST MARYS POLICE STATION

Monday to Friday 9 am - 4 pm

Closed between 12 noon and 1 pm

ST MARYS LIBRARY

Monday 12.15 pm - 5.00 pm

Wednesday 10.15 am - 1 pm 2.00 pm - 5.00 pm

Friday 12.15 pm - 6.45 pm

ST MARYS WASTE SITE (Rubbish tip !)

Monday Closed

Tuesday 10.00 am to 4.00 pm

Wednesday Closed

Thursday 10.00 am to 4.00 pm

Friday & Saturday Closed

Sunday 2.00 pm to 5.00 pm

Harris Funerals

Lindsay & Diane (D.Bailey & Son) A.F.D.A

Ph/Fax 6376 1153 0418 133 420

Office & Residence: 114 Cecilia St. St. Helens

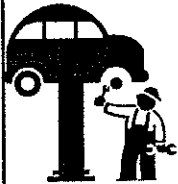
Chapel: 46 Tully Street St Helens



*We are here when you need us to arrange Burial or Cremation.
Pre-paid and pre-arranged funeral plans are available.*

Men - is your body overdue for a service ?

Just like your car your body needs regular maintenance in order to function to its full potential and get you from A to B !



Put your body "over the pits"
At 'PIT STOP'
SUNDAY 29TH JUNE 2003
10 am - 1 pm at
Graham & Vonda Littles'
BP Scamander

Never has it been easier to give your body a 'service'

What is PIT Stop ?

A 7 point health inspection for men where:

The body equivalent to the following car parts undergoes a complete 'inspection'

- | | |
|------------------|---------------------|
| → Chassis | » Waist |
| → Torsion | » Flexibility |
| → Oil pressure | » Blood Pressure |
| → Spark Plugs | » Testicular Cancer |
| → Exhaust | » Smoking |
| → Fuel Additives | » Alcohol Intake |
| → Duco | » Skin Cancer |

- x No appointment is required
- x No waiting room - service is immediate
- x No need for time off work



This is a Healthy Community Project Initiative with Launceston Mitsubishi and BP Scamander and local health professionals.

Palliative Care Training needs survey

The Healthy Community Project is currently undertaking a Palliative Care survey to identify the training needs of all Health Workers in the area.

Free training will be given in both St Marys and St Helens via video link so places will be limited by the size of the room.

This is available for all health workers, personal care attendants or people who wish to gain training in the area.

If you are interested in finding out more about this survey please contact the Healthy Community Project on 6376 5242



Soccer News

Junior and Senior soccer teams from St Marys will be in action again against St Helens next Saturday 28th June. We are especially hoping to fill a team of 9 and 10 year olds as St Helens travelled up the pass last month with 15 eager lads only to find no opposition from St Marys.

The Junior games will kick off at 9.30 am at the footy pitches in St Helens. The Senior game is at 11 am.

Please return any registration papers to Jack as soon as possible. The fee is only \$10 and the coach is keen that these young players are registered and insured through Soccer Tasmania.

Junior players are recommended to buy and wear shin-pads when playing soccer. We have some in stock and are available for \$7 from Jack.

All Junior players are welcome to play after school each Wednesday at the school footy pitches.

Jack Foreman 6372 2034

DINGO MINI DIGGER

CD & TM Wright
1 Gardiners Ck Rd St Marys 7215

Ph: 6372 2258 or 0417 344 209

- ❖ Backhoe with 3 bucket sizes
- ❖ Trenching to 900 deep
- ❖ Machine only 1050mm wide and 1.2m high
- ❖ 200, 300 or 450mm augers to a depth of 2.2m.
- ❖ 4 in 1 bucket handy for landscaping, levelling etc.
- ❖ Can bore holes for house piers, post or verandah poles etc.
- ❖ Little damage to lawns, ideal for around the house & garden.

St Marys Health & Beauty Centre

42 Main Road St Marys
Phone 6372 2172

P & S RAWNSLEY

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Contractors

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& Truck Hire

9 TONNE EXCAVATOR, OFFSET
BOOM, ROADS & DRIVEWAYS,
LASER LEVELLING, SAND SOIL &
GRAVEL,

HOUSE & DRAINAGE
EXCAVATIONS

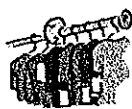
SERVING EAST COAST &
FINGAL VALLEY

Ph: 6372 5627 0419 376 747

Fax: 6372 5613

St Marys School Op Shop

Main Rd St Marys



Monday-Friday
10 am to 2 pm

ST MARYS ONLINE ACCESS CENTRE



23b Main Road
St Marys Tas 7215
Ph/Fax 03 6372 2005

HOURS OPEN:

Monday to Friday: 9 am - 3 pm

Saturday: 11 am - 2 pm



Internet
Publishing
Training

The Editor Valley Voice Sir

The Break O'Day Council believes the flier it recently sent To householders "St Marys Water Charges" warrants the heading "Important Notice", and rightly so. An increase of 48% in the price charged for water is not trivial!

Last year \$230 bought 365 kilolitres—this year it will buy you 164 kilolitres, 55% less water for the same price. Or, this year it will cost you \$341 to buy 365 kilolitres, compared with \$230 last year, a 48% price rise. Either way is a lot more for a lot less!

Council is committed to Communication, Consultation and Accountability. Well, we've had our 'important notice' so that's taken care of the Communication.

How about Consultation? The 'Strategic Plan 2003-2008' (Sec 1B2 page 12) states "Resolve water supply issues at St Marys, including community consultation and input on preferred supply". The "Performance Measure" for this 'strategy' is that "the options will be considered by June 2003". Presumably the options will include continued water restrictions of our "drought proofed" water supply, and obviously the consultation is planned for next week to meet the Performance Measure, otherwise our 5 Year Strategic Plan is up the duff already.

And Accountability? Householders connected to the St Marys Water Supply, do not receive a copy of the St Marys Water Account, showing the number of connections, total consumption, capital expenditure, provision for depreciation, operating expenses, revenue, Grant allocations, asset value, and the on-cost charged as a contribution to Council Administration. Why not? Accounts are the essence of Accountability... follow the money and you know what is going on. So, no Accountability, no informed input.

Apparently 90% of the water consumed at St Marys is used by 10% on the connections. The new 'pricing policy' does not encourage efficiency in the use of water—it increases the cost to the low users without biting the high users, who will now only pay 55c a kilolitre over 365 kl, compared with 70c previously. Charges of (say) \$1/\$2/\$3 per kilolitre as consumption increases from 500-600-700 kl etc may be more effective than increasing the cost of the basic allowance by 48%!

And how about the reticulation system, the mains, the pipes? The water supply resembles "The Charge of the Light Brigade", 'Leaks to the left of them, leaks to the right of them, leaks to the front of them, volleyed and thundered'. If \$100,000 would fix it, it might be a better priority than spending \$200,000 to fund a paid Co-ordinator to co-ordinate unpaid volunteers. Or is the proposed Aquatic Centre perhaps Council-Speak for new mains for St Marys.

Possibly we need a Regional Water Sewerage and Waste Board to take over these responsibilities from Council, and let it concentrate on the core functions of attending Local Government Association Meetings. Possibly we need to secede from the Break O'Day Municipality, and operate as the St Patricks Head District Council? After all Flinders Island is a municipality, and they only have a population of 975, less than the population within the area bounded by Cornwall to Falmouth to Chain of Lagoons. Possibly we need to put the 'local' back into 'Local Government' Possibly we need to reduce the Council wage bill by 48%.

David Clement
Gray Road St Marys

The Say by Cage Rattler

I would like to take this opportunity to thank Mr Greg Loudon, President SMACD, for his response to Cage Rattler that appeared in the Valley Voice last issue.

His insightful and honest appraisal of the current situation SMACD is in was terrific, as was his desire to see SMACD rally again in a variety of ways. I'm sure we really wish them well in their endeavours.

Now to this time !

Money Money Money

On Wednesday June 11th The Examiner carried a basic outline of the Break O'Day rates and capital works projections for the new fiscal year.

According to this piece it is to be the biggest outlay ever in capital works (approaching 2.5 million dollars) Of that amount just under 2 million dollars would be spent on three projects.

Up to 1.5 million dollars on the St Helens water treatment, \$350,000 on an underground waste site at Scamander and upwards of \$100,000 on roofing an undisclosed reservoir. With my basic grasp of maths that leaves a bit over \$500,000 for the rest of the municipality.

It's a sore point with me regarding St Marys water. I trust some of the balance might well go to help eliminate that strange carry-on we endured last summer which incidentally no-one from council bothered to respond to through this paper. I believed we had some valid concerns that could well have been addressed here as requested, by someone in the know at Council or engineering level.

I'm sure almost every part of our municipality has similar types of need, not least Fingal.

I really hope that Council will be enlightening all the ratepayers with a full breakdown of where these monies are to be allocated particularly seeing we are reported to be incurring a 3.5% rate rise as well.

Another recent subject attached to the new rates is that of the amended water usage pricing. Different people I have spoken to in recent days are a little worried that they could be worse off but only time will tell. Anything is possible I suppose.

The Historic St Marys Hotel



Monthly Specials:

- ♦ HAD Whisky \$22.95
- ♦ Stanley Casks \$11.95

New in stock

- ♦ Father O'Leary: Velvet Cream
Hazelnut Rum
- ♦ Wild Turkey: Bottle & RTD Cans
- ♦ Lemon Ruski's
- ♦ Jamiesons Run Wines

Coming soon & other changes

- ♦ Saturday 21st June
Ray Singline & The Trawl Dogs
- ♦ Solo acts week-nights
- ♦ Happy hour will soon be moved to
Thursday nights

Cage Rattler *continued*

Here's an idea. Would Council ever consider a weekly pick up of rubbish or at least making our tip site more accessible rather than this current arrangement. This may help justify any rates rises.

I do wish like I'm sure most of us do, that we will be satisfied by what the valley communities receive this year in this big spend up.

Break O'Day Council - we are watching you!

Readers - what do you think?

C.D.D.M EXCAVATIONS

St Marys

Earthmoving Contractors - - owner operators

Craig: 0439 722 032 6372 2033 or Des: 6372 5441

- ✓ 20 ton Excavator with: -
-quick hitch, buckets, ripper, log forks, rock grab

✓ Dozer.

✓ Track Loader—forks root-rake.

✓ Wheel Loader— forks, bucket

✓ 4 WD Tractor & Slasher.

✓ Compact Roller

✓ Tippers & Water-cart



- ✓ Firewood
- ✓ Land clearing
- ✓ Water holes
- ✓ Dams
- ✓ Roothing

Ransleys Appliance Services

P O Box 54 St Helens 7216

- * Washing Machine noisy ?
- * Refrigerator runs too long ?
- * Clothes Dryer blows cold air ?

Then you need the service
of our technicians

Ring us on: 6376 1811
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Sports Centre News

by Kackhander

Still two games to be played and the A Grade side is in a near unassailable position, but with one more home game yet to be played against Scamander this upcoming weekend, the team can make certain of it then. Last weekend the side recorded a tough 5-2 result over St Helens. Star of the day was undoubtedly John Miles with a huge win. Most of the other games were close affairs.

In A Reserve the lads are on a roll and have now won two games in a row. A very special mention to Paul Spilsbury for recording a great win and by all accounts would have beaten a few A Graders on that day's form. Our fellows cannot win this year but because of the results in recent weeks they can have a major say in who does win. Scamander and Freycinet are neck and neck for the title and that's who St Marys play in the final two rounds.

In Club Golf we have had two tremendous weekends. Firstly on the June long weekend we played the inaugural McDonalds Cup and a marvellous field of 65 took part. A huge and appreciative thanks goes to the whole McDonald family and especially Glenn. The money raised was tremendous and will help greatly toward surviving the traditionally tough winter when we usually struggle.

Another special thanks to Bob, Trev and Crew and the chefs in the kitchen and finally to Aurora Energy who also helped sponsor this great day. Well done and thanks to all.

Last weekend we had the popular Ray Ridgers Memorial Trophy and a really nice field of 16 took part even though the St Kilda - Port Adelaide football interfered a bit.

A huge thanks to Dale (Roy) for his generosity again this year and the winners on the day were Todd Spilsbury and Rod McGiveron. It is a trophy all of us would love to win. Thanks again.

Ladies Pennant is turning out to be a really close affair and our team is still in the hunt but needs a couple of good results to secure the flag. Let's wish them well.

Footy Tipping is turning out to be a tight affair with at least 30 people still able to figure in the final outcome courtesy of the format. Everyone has a spell this week though because of the AFL spell.

St Marys host the Memorial Shield, Wallace Shield, Champion of Champions and Pennant presentation this year on July 5th which should be a good day all round.

Don't forget all golfers that we are running into the heart of the season with heaps of good events still to be played including the club championships and two more memorial trophies so let's keep the numbers up and the wolf from the door.

Until next time, good hitting and rolling.

St Marys High School Under 16 Football

A win over Grammar

The last game we played Grammar in Launceston which turned out to be a great day for the boys running out winners over the more fancied Grammar side.

Joel Salter kicked four goals, Blake Faulkner and Adrian Speers two goals each with Richard Howe best on ground in a great team effort.

This week we have a practice match at Fingal at 10 am. If any boys from grades 6, 7, 8, not already playing, are welcome to come and have a game.

After the match we are off to Tower Hill for an over-night camp.

Keep up the good work boys.

East Coast & Fingal Valley Junior Football

Results for games played Sun 15th June.

Demons defeated Cats 7.6 48 to 6.4 40

Goal kickers: Demons Shaye Ward, Stuart Wright 2. Jacob Bushing, Joel Bennett, Brody Mitchell 1.

Cats: Jacob Spilsbury, Liam Norton 2. Sam Goss, Toby Wright 1.

Better players: Demons. Kate Wright, John McGee, Christin Herron, Mason Pitstock, Ken Escobar.

Cats: Tyler Pitstock, Chris Ennis, Elise Wright, Toby Micek, Luke Graham, Duncan Gillies.

Magpies defeated Bombers: 13.12 90 to 8.10 58

Goal Kickers: Magpies Cameron Gillies, Brody Rickman, Andrew Purcell 3. Ned Hyland, Henry Dawson 2.

Bombers: Reece Maher 3, Shaun Cannon 2, Sam Panton, Bryn Norton 1.

This Sunday the 22nd June, we play St Helens at St Helens at 10 am.

The following Sunday, 29th June, our game at half time of the Hawks v Freo game.

Details, for those who have returned their forms, will be provided by a note from school.

Leigh Spilsbury President
Phone 6372 2220