THE VALLEY & EAST COAST VOICE

Volume 36 No. 22

Est. 1968

Wednesday 7 April 2004

50 cents

Stolen vehicles –information wanted

Overnight 29/3/04—30/3/04 a blue Toyota Corona station wagon was stolen from Avoca and later recovered in the Rossarden area. The vehicle was pushed over a steep embankment into a gorge area. The unfortunate part of this crime was that the elderly owners were uninsured and the vehicle had some sentimental value attached to it as well as the monetary loss. On 29/3/04 a red Holden Astra was also stolen from near the Launceston General Hospital and later crashed near the Avoca bridge.

I am seeking information in relation to these two vehicles, in particular anyone who may have sighted either of the vehicles and/or the offender. Police are particularly interested in a male and female who may have been sighted on foot in the Avoca area. Anyone with any information is asked to contact the Avoca, Fingal or St Marys Police Stations or alternatively Crime Stoppers on 1800 005 555.

A reminder also that the Easer Holiday period is upon us again and we ask that you take extra care on the roads with the influx of holidaymakers and extra traffic. Have a safe and happy Easter.

Robert Baker St Marys Police Station

Office closure dates over Easter Holidays for St Marys Police Station

Wednesday 7th April

Open

Thursday

8th April

Closed

Friday

9th April

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out Abia

Closed (Public Holiday)

Monday

12th April

Closed (Public Holiday)

Tuesday

13th April

Closed (Government Holiday)

Wednesday 14th April

Open

POLICE WILL BE ON NORMAL ROSTER DUTY

Miller's Skid SteerEarthmoving

General Earthworks

George Miller 44 Elizabeth St. Mangana Phone 6374 1024

- Driveways graded & rubbled
- Landscaping stones positioned
- Landscaping & Site cleans
- Trenches back filled
- Rubbish removal
- Shed sites cut



Deadline for articles to be included in the next Valley Voice is Tuesday 20th April 2004

A Story About Tiny Frogs!

There once was a bunch of tiny frogs who arranged a running competition. The goal was to reach the top of a very high tower.

A big crowd had gathered around the tower to see the race and cheer on the contestants. The race began.

Honestly, no one in the crowd really believed that the tiny frogs would reach the top of the tower. You heard statements such as: 'Oh, way too difficult!'. 'They will never make it to the top'. 'Not a chance that they will succeed'. 'The tower is too high'.

The tiny frogs began collapsing one by one, except for those who in a fresh tempo were climbing higher and higher. The crowd continued to yell, 'Too difficult, no one will make it'.

More tiny frogs got tired and gave up, but one continued higher and higher. This one wouldn't give up.

At the end everyone else had given up climbing the tower, except for the one tiny frog who after a big effort was the only one who reached the top. Then all of the other frogs naturally wanted to know how this one tiny frog managed to

A contestant asked the tiny frog how the one who succeeded had found the strength to reach the goal?

It turned out that the winner was deaf.

The wisdom of this story is:

Never listen to other people's tendencies to be negative or pessimistic because they take your most wonderful dreams and wishes away from you.

Always think of the power words have. Because everything you hear and read will affect your actions. Therefore, always be positive and above all be deaf when people tell you that you cannot fulfill your dreams.

CLASSIFIEDS

Items for Sale

Black leather, electric Massage Chair (will fold up for storage). Settings: full body massage or individual massage for shoulder, neck, back, etc. \$250 ono Steelcraft pram, excellent condition \$50 ono. Phone 6372 2267

200 litre Chest Freezer, good condition. \$220. Phone 6372 2418

Twin cylinder air compressor 3 phase power, could swap for single phase. \$290.00 ono Phone 6372 2337

Pink Batts, new. Phone 6372 2099 or 0409 838 816

1 Welcome home Emily doll \$150 1974 Mark 11 Toyota Corona \$600. 1981 Toyota Corona \$900 Phone 6372 2895

2 Single pine slat beds. \$50 each Phone Genevieve 6372 2573

3 prs Puma football boots size 6 youths, hardly worn \$35 a pair.
Stunt Bike, Specialised Fuze 11 Freestyle, as new, paid \$500 will sell for \$350.
Bunk beds, chrome \$20
Baby bath \$8. Phone 6374 2328

Westinghouse stove \$90 ono Phone 6372 2337



Miss Linda King Happy Birthday for your 101st birthday on Monday 12th *A*pril

Garage Sale

Sat. 10th & Sun. 11th April 8.30 am start Thomas Street Cornwall (Trotters) Phone 6372 2107

Mini bike, game reels, tractor, tandem trailer, cupboards, bed & mattress, dressing table & lots more.

Funding sought for Winter Solstice Extravaganza

Grassy Bottom Regional Arts would like to inform the community of its plans for the upcoming "Winter Solstice Extravaganza" to be held at the Football Grounds on Saturday the 19th of June 2004.

We are currently seeking funding for a professional fireworks display and so far have a tally of \$295 (aiming for \$2000).

GBRA would like to thank the following people/businesses for their contributions: *Michael Aulich, Purple Possum Wholefoods, St Marys Hotel, St Marys Yoga Room, and Ray Rosskelly Painters*.

St Marys Child Health Centre

Sessions: 1st & 3rd Thursday 9am to 12 noon

Appointments 6372 2111

Ah 1800 808 178 Mobile 0409 361 005 Lorraine McGee RN

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P O Box 154 St Helens 7216

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- * Refrigerator runs too long?
- * Clothes Dryer blows cold air?

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E-mail: addlestone@bigpond.com

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Ph/Fax 6376 1153 0418 133 420

Office & Residence: 114 Cecilia St. St. Helens

Chapel: 46 Tully Street St Helens

We are here when you need us to arrange Burial or Cremation. Pre-paid and pre-arranged funeral plans are available.



St Marys Catholic Parish Easter Ceremonies

Holy Thursday: 8th April Mass of the Last Supper St Marys 7.30 pm

Good Friday: 9th April
Passion, Veneration of the Cross and Eucharist
St Marys 2 pm
St Helens 4 pm

Holy Saturday 10th April
Easter Vigil - Service of Light
Easter Proclamation, Liturgy of the Word,
Baptism Renewal, Eucharist.
St Helens 7 pm

Easter Sunday 11th April St Marys 9 am Bicheno 4 pm Swansea 6 pm

Easter Services Holy Trinity St Marys

Good Friday: 9th April at 9.30 am Easter Sunday: 11th April at 10 am

Boys and Girls

Sign up day for Auskick Sunday 18th April 10.30 am More details: phone Leigh on 6372 2220

Designer Hair

Main Street St Marys 6372 2108

For all your hairdressing needs

Valley Voice Advertising Rates

Classifieds 25 words or less free. Small ads, Garage sales, Notices, etc. \$6 1/4 page \$15. 1/2 page \$25 Full page \$40 1 year posted subscription \$25

Contacts for Valley Voice

Fax 6372 2172, Audrey 6372 2337
Please leave written material at the Amcal Health & Beauty Centre St Marys,
or C/- Post Office St Marys Tas 7215

Community notices

ANZAC DAY SERVICES: Sunday 25 April Dawn Service 6 am: Breakfast will be served. 11 am Service: After the Service a light luncheon will be served at cost of \$5 per person.

Organisations wishing to lay a wreath please contact RSL Secretary Polly McGee 6372 2129

St Marys Online Access Centre will be closed over the Easter break Friday 9th to Tuesday 13th inclusive. Open again as usual on Wednesday 14th April.

SMACD. Next general meeting will be at the St Marys Online Access Centre on Friday 23rd April at 5 pm.

Tasmania Lymphoedema Centre Inc. St Marys meeting Monday 19th April, 10 am at the St Marys Community Health Centre. New members welcomed.

North East Bioregional Network, next meeting 20th April, 4 pm at St Marys Online Access Centre

Easter Passion Play presented by the Gateway Baptist Church 22 Wellington Street Launceston. Part 1: Good Friday 9th April commencing at 10.45 am in Morty's Car Park and proceeding back across the road into the Church. Part 2: Easter Sunday 11th April commencing at 2.30 pm in the Church.

No cost for admission. Information: 6334 3232

Grassy Bottom Regional Arts General Meeting will be on Tuesday 13th April at 1 pm at the St Marys Yoga Room.

Rae & Partners Lawyers Barristers & Solicitors

93 York St Launceston Ph 6337 5555

Visiting St Marys Community Health Centre Alternate Tues. 9 am –10 am

> Appointments: 6372 2172 St Marys Health & Beauty Centre

Letters to the Editor

Dear Editor

In response to letter and articles in the March 25 edition, I would like to make the following comments;

- 1. Painting: The cost for painting the St Marys Hall, exterior \$13,920.00 and \$1,630.00 for the roof. Council's Building Control Officer was not aware that there was a painter with all necessary equipment in St Marys. As there will be further painting in St Marys in the near future, Council will be seeking expressions of interest from suitable qualified persons with all necessary equipment and insurances. Incidentally the painter used is a Break O'Day resident.
- 2. Tourism: I have recently been approached regarding a brochure for St Marys. I am pleased to advise that Mr John McCallum who is Marketing Manager of Break O'Day Regional Tourism Association, has been working on this particular project and a result will be known in the very near future. The BODRA will be very keen to publish details of their activities. The Association has a membership of 60, four (4) of which come from the Valley. The last time a meeting was called in St Marys, no one turned up. A meeting will be held at the St Marys Hotel on Tuesday 25th May. A great opportunity to join up, membership is \$110.00.
- 3. **St Marys Pacing Club:** Congratulations for staging such a successful event! It is one of the best events in Break O'Day and has Council's full support. St Marys is treated exactly the same manner as all other towns in the municipality. I agree that the entrance to the grounds needs painting, that is why I had paint delivered and an order form was in place for a local St Marys painter to do the job. Unfortunately this did not eventuate. This was probably my fault, as I did not follow through. Incidentally the paint was delivered to the Secretary of the Pacing Club, Mr Eric Bean's home.
- 4. Thanks to Ruth Aulich for her letter re Cornwall playground. It is certainly worth a visit.
- 5. The St Marys playground was officially opened on Saturday 27 March. The Council and the Lions Club worked together on this project, which I am sure is appreciated by local and visiting children.
- 6. The letter from Mr Garry Rogers is typical of comments from many visitors to Break O'Day.

I hope this letter clarifies issues raised.

Yours sincerely Stephen Salter Mayor

Dear Sir

Re: Mill Ridge Walking Track, contact Eo Greensticks

I read this story with great interest. Why, because the Mill Ridge does not go near St Patrick's Head, it is the ridge further east.

The area referred to in the story is the School Road and Hopewell's Road which serviced the Irishtown School at which my grandmother May Aulich nee Curran taught and the land owned by Hopewell families. In the late forties and fifties the road was extended further to the northeast by Henry and Bill Aulich past the flank of St Patrick's Head as a logging road to harvest logs for the Irishtown Road sawmill beside where Gerald Aulich now lives.

There was a house or houses on the Hopewell land and also a grave containing a baby's body. I have never heard of a Mill Ridge Hut. There was a Mill Ridge sawmill which was set up by Uely Aulich, grandfather of Henry Aulich, back in the 1880's but that was many kilometres from St Patrick's Head.

At various spots along the flanks of the Mill Ridge to the south and east, there were family homes.

I would suggest that newcomers to the district need to do some real research before trying to rewrite the history books.

Barry Aulich Beaumaris Tas.

TOWNSHIP FUNDING 2003- 2004

The Break O'Day Council is currently seeking applications from local community organisations for the Township Funding grants program. All community groups that represent the ratepayers of their township/area are eligible to apply for funding.

An application must be submitted which addresses the criteria set out in the Township Funding Guidelines. Guidelines are available from Council and submissions can be left at the Council office or mailed to PO Box 21 St Helens 7216.

Closing date for all submissions is Friday 28th May 2004. For further information, contact Marissa Walker on 6376 7900 or email: marissawalker@bodc.tas.gov.au



St Marys SOCCER

Join us for fun and fitness

Starts Wednesday 21st April - after school on the School Footy Oval

3 pm Juniors - Boys and Girls.

4 pm Adults

PLAY THE WORLD GAME !!!

Contact Jack 6372 2034 for more details

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St Marys Community Child Care Centre

The Centre is running a raffle with some fantastic wooden blocks valued at \$140 for the prize.

Tickets are \$10 each and only 30 tickets are being sold.
Raffle will be drawn at Easter.
Tickets are available from the Centre.

Please support your Community Child Care Centre

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ST MARYS SUPERMARKET

38 Main Road St Marys Mark Kate John Roseanne Mon-Fri. 8am - 6pm Sat 8am - 12

> Phone/Fax 6372 2240 Butcher Ph. 6372 2274

Easter Fish:

Trevalla, Ling, Trevally, Prawns, Flathead

Large range of Easter Eggs & Boxed Chocolates

COOKIES CORNER

Phone 6372 2274

This weeks specials

T.Bone \$10.99
Island Fresh Chickens \$5.29 kg
Topside Roast \$5.99 kg
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Next weeks Specials

Oyster Blade \$7.99 Premium Mince \$6.99 Silverside \$7.99 BBQ Steak \$7.99

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Main Rd St Marys

Monday-Friday 10 am to 2 pm

Swedish Massage

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Ray Rosskelly PAINTER



St Marys 6372 2218

JAMMY' THINGS AND EASTER

Hello everybody!

We thought it was high time we let you know what has been happening at **JAM** (Jesus And Me). It seems like a long time since we wrote to you, and filled you in with all our activities.

Last year was a very busy year for us. We learned lots of new things and made special pieces to take home and keep.

We began the year by learning all about the Ten Commandments, and now we're trying to remember them and put them into action! It's not easy.

During term two we learned all about prayer, and we made a great set of praying hands, with the Lord's Prayer written inside. It's great to think that we can actually say the prayer, which Jesus taught His disciples. Most of us can say it now, without looking at the words.

As term three moved closer toward CHRISTmas, we worked hard to get ready for our big celebration of Jesus' Birthday. We sang lots of songs and we presented two plays for all the mums and dads and friends who came to see us. The "KK"s (Kings Kingdom) and the "JJ"s (Jesus Juniors) acted out a play called, "Come to the Party" and the "GG"s (God's Group) made us really laugh with their own version of "The Good Samaritan".

Of course, throughout the year we also completed work for Mother's Day and Father's Day. We made some great gifts for our mums and dads.

And then there's EASTER!

We learned all about the real reason for eggs and hot cross buns.

And that brings us up to now....'cos it's Easter again. And guess what? We've just finished learning all about what happened to JESUS between Palm Sunday and Easter Sunday.

Hey! Here's an idea..... Why don't you come along to Holy Trinity St Marys this Friday 9th April at 9.30 am.

It's "Good Friday" and together with some of the JAMmers, you might really enjoy sharing with us, as we remember Jesus' death on the cross.

We will also be meeting together on Easter Sunday 11th April at 10 am. On that day we will be REALLY celebrating the fact that Jesus rose from the dead.

Please come and join us!

We would love you to see the surprises inside the church.

Morning Tea will be served at both services.

Thanks so much for reading our news and for your support of JAM. (Jesus And Me)

May God Bless you all.

Love from the children of JAM.

ST MARYS ONLINE ACCESS CENTRE

23b Main Road St Marys Tas 7215 Ph/Fax 03 6372 2005



HOURS OPEN:

Monday 10 am - 3 pm Tuesday 10 am - 4 pm Wednesday 10 am - 4 pm Thursday 10 am - 3 pm Friday 10 am - 5 pm Saturday 11 am - 2 pm

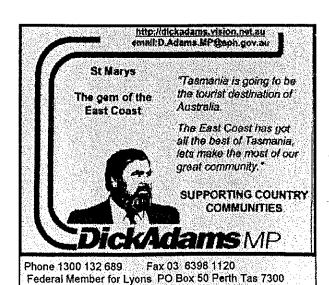
JOBFIND

Jobfind Interviews will be conducted in the Online Centre on Thursdays but the Computers will still be available to the public during this time. Jobfind will also be conducting training in how to apply for jobs using the Internet.

NEW DIGITAL TECHNOLOGY

New multi - card reader for easy downloading of photographs taken with digital cameras and photos can be saved onto a CD.

Digital Movie editing facility on the latest IMAC using Imovie or Final Cut Pro.



Lions Club and Council fund Playground

Lions District Governor Tony Roney officially opened the St Marys Lions Club Playground on Saturday 27th March. Lion Tony spoke about the part that Lions Clubs play in their communities and all over the world and encouraged anyone who is interested in fellowship and helping their town, to consider joining a Lions Club. Tasmanian Lions are involved this year in setting up a 'Cord Blood Centre' in Hobart - a truly worthwhile Lions Activity.

St Marys President Lion David Young thanked D.G. Tony and his partner Sally for taking the time out of their busy schedule to visit St Marys for our playground opening. President David also gave special thanks to Lions Club Members for the effort put in to get the playground up and running and to Scott Park from Council and the Fingal works gang for their assistance.

A beautiful sunny day saw 70 adults and children attend the opening with St Marys Lions Club providing a sausage sizzle, drinks, chips and fruit. (Thank you Sharon for the chocolate crackles).

Funding for the playground was raised in the community by the Lions Club of St Marys plus assistance through Break O'Day Community Development Fund.

Like to know about Lions?, then contact David Young President, John McGiveron Secretary or a Lions Member.

Lions Club of St Marys Members 2003 - 2004 **David Young** 22 years President John McGiveron * 28 years Secretary Len Miles * 28 years Treasurer Ruth McGiveron 2 years Vice President Charlie Cormack 2 years 23 years Ian Faulkner 28 years Kevin Faulkner * Brain Forsyth * 28 years 2 years **Bob Hersey** 26 years **Bob Legge** 1 year Jean Legge 2 years Pravesh Shah Premella Shah 2 years 21 Years Jake Smythe 27 years Ron Sumner

* Denotes Charter Members 15/ 12/ 1975

What lies behind us and what lies before us are tiny matters compared to what lies within us. William Temple

Commonwealth Carelink Centres

Your Link to Living Independently
Unsure of where to find information
about:

Cleaning Gardening Social activities
Residential aged care facilities
Meal service Personal care
Support groups
or other Community Services

WHEN YOU NEED IT!

Simply phone freecall 1800 052 222
and the friendly staff from your local Centre
in Launceston will provide you with
information which will enable you or
someone you care for, to live as
independently as possible
in your own home.

Phone now for a free copy of our Guide to Aged Care in Tasmania booklet.

Commonwealth Carelink Centres are your Link to Local Services!

ST MARYS NEWSAGENCY

Phone 6372 2143 Open 7 days a week

St Marys Newsagency is now an Agent for PAY AS YOU GO POWER

Open Good Friday 8 am to 11 am Mercury & Melb. Herald Sun



TIM MORRIS MHA GREENS MEMBER FOR LYONS

Supporting appropriate development

greens@parliament.tas.gov.au 33 Burnett St. New Norfolk Ph: 6261 8048

ST MARYS COMMUNITY HEALTH CENTRE

GP ROSTER:

AFTER HOURS PHONE NUMBER: 6372 2111

LOCUM- On call:

Sat 10th-Sun 11th

EASTER BREAK:

9th April-13th April
NO DOCTORS SURGERY

Dr Geniola on call phone: 6374 2288

Medical Emergencies phone:

000 or

The Ambulance on:

1800 008 008

000 works on Mobile Telephones.

IMPORTANT NOTICE

Scripts will no longer be taken over the phone by our receptionist. A doctors appointment will be required if you cannot speak directly to your doctor. Your cooperation would be appreciated.

LOCUM COMING TO ST MARYS DR MARK LOEFFLER

Dr Paul Loeffler will be doing Dr Shah's Surgery during April. Normal surgery hours will apply during this time.

Please make Dr Loeffler feel welcome during his stay in St Marys.

Please refer to AFTER HOURS number for Doctor on Call over the Easter period.

EASTER RAFFLE AT HEALTH CENTRE

\$1.00 TICKER OR 3 FOR \$2.00 DRAWN ON: FRIDAY 9TH APRIL 2004

Basket full of Easter goodies.

We will aim to deliver them before Easter!

WHAT'S ON AT THE CENTRE?

EASTER BREAK 9th April-13th April 2004 NO SURGERY- DR ON CALL.

14th/ April (3) Medical Students arrive.

15th/April Child Health with Lorraine McGee 9am-12noon. Afternoon appoints. available by phoning 0409361005 or 63722111 and leave a message.

15th/ April **Helping Hearing**, phone 1800 679 998 for appointments.

19th/April TLC Meeting 10am-11am at CHC.

20th/April

'What About Me' Bicheno
Community Workshop. 10am-2pm
Beachfront Bicheno. To RSVP phone
Jenny Barnes on 6324 4061 Before
10th April 2004.

20th/April Palliative Care Training 12-3pm in Day Centre

20th/April Quilts & Sewing with Rita Summers. 10am-3pm at the CHC.

<u>21st/April</u> **Breast Cancer Support Group** with Sandra, 2pm at Health Centre.

21st/April

'What About Me' St Helens
Community Workshop. 10am-2pm
Hospital Day Centre. To RSVP phone
Jenny Barnes on 6324 4061 Before
10th April 2004.

22nd/April 'What About Me' St Marys
Community Workshop. 10am-2pm
St Marys CHC. To RSVP phone
Jenny Barnes on 6324 4061 Before
10th April 2004.

HAVE YOU HAD YOUR FLU VACCINE YET?

COUGS AND COLD WILL SOON APPEAR PROTECT YOURSELF AT SEE YOUR GP

Information from this page was submitted by:
The St Marys Community Health Centre, Gardeners Creek Rd, St Marys, TASMANIA. 7215



SUPERMARKET / HARDWARE

56 Main Street St Marys 7215

St Marys Top Shop

Graham & Karen Saunders
Phone 6372 2242

www.vision.net.au/saunderswiz

- Easter Eggs
- Hot Cross Buns
- Boxed Chocolates
- Cadbury 250g Block varieties \$3.49, only until Easter
- Wattyl & Berger Paint tinted in store.

Yes we are open Saturday morning.

We wish you all a very happy and safe Easter

Kids Creative Music

@ St Marys

Encourages development of rhythm, vocal and harmonic skills in a fun and creative atmosphere.
40 minute small group sessions after school on Thursdays.

4 week series starts Thursday 29th April:

Only \$10 per child (ages 5 - 12) each session.

Please call Lila Meleisa for bookings & queries
6376 3021 / 0429187958

Also looking to do weekend workshops @ Fingal Neighbourhood House if enough interest



A memo from Denmark

Peta is now starting to find her way around Copenhagen and has borrowed a bike and ridden into the city and really appreciated all the beautiful old buildings. Peta said " It took me 30 minutes to get there and was pretty easy as Denmark is very flat - easier than when I did the St Marys mail run!"

She loves shopping and has been to check out a Gucci and Louis Vuitton store. Peta and Majbrith (her host mum) went to the grand opening of Fields, the biggest department store in Scandinavia and arrived an hour before it was due to open. There was a great long line outside already so decided they were not going to wait out in the cold for hours. Peta and Majbrith were off to London a few days later for another shopping trip, as I said she loves to shop.

Peta said that she had bought a DeVilles top from Pete before she went away so she could advertise his band over there - but so far too cold to wear it, but said that the other day it did get to 6 degrees, so it is looking better!

Scamander Beach Surf Shop

6 Lagoon Esplanade Scamander
Ph 6372:5529 scamandersurf.com



& Bay Surf Shop 2. 2 Pendrigh Place St Helens

Ph 6376 1755

Church Services

Catholic Parish of St Marys

Priest: Father Bill Egan 6372 2252

Fingal

Every Friday Mass 10am 1st and 3rd Sunday Mass 10.30am

St Marys

Every Sunday Mass 9am

Bicheno

Every Sunday Mass 4pm

St Helens

Every Saturday

Vigil Mass 6pm

Mangana

5th Sunday Mass 11am

Anglican Parish of the Northern Midlands

Services each Sunday

Avoca

Fingal

8.00am 10.00am

Mathinna: 2nd & 4th Sunday

monthly at 11.30 am

Daily Office Reading

Avoca Tuesdays
Fingal Tuesdays

10am 12 noon 10am

Ross Wednesdays

Anglican Parish - St Helens 6376 1144

St Helens

8am and 10.30am Every Sunday

St Marys 10am No service 5th Sunday

Monday JAM:

3.15 pm to 5 pm for children 5-12 yrs

Pyengana 11am 2nd and 4th Sunday

Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

Seventh Day Adventist

Hodgeman Street Scamander Sabbath School 10am Divine Service 11am

New Beginnings Church

Every Sunday at 10.30 with children's time, tea and coffee afterwards.

Last Sunday of month we will share lunch together.

108 High St Mathinna

Ph 6377 1234

New Beginnings Church is a branch of The Vine Church A.O.G Launceston

The Say by Cage Rattler

Working together for better results

Just recently a person whom I know and who is involved in Timber Communities Australia at a local level, told me of the group and how they are becoming a much more diverse cross section of our community.

There are all kinds of things that they are actively interested in doing and together with SMACD it sounds like we are finally beginning to get somewhere with local development.

As I understand, you do not actually have to be a timber worker or involved directly in the timber industry because a variety of locally sourced and developed projects that make our area a more desirable place is the overall aim and objective of the group.

Quite some time back we put the proposal that such groups and similar bodies are essential and the pooling of resources and talents in different community groups, we can only make our little part of the planet better for all.

Opinions vary greatly around the place on all manner of issues but by these opinions being voiced through community organisations such as the TCA and SMACD, draft plans for the future are made more forthright and useful, particularly when major safety issues are brought to light, discussed and even argued upon.

Even though at time of writing I am not yet a member of either TCA or SMACD, I would still urge anyone with visions of our future to join like I will so that voices can be heard. Only by such involvement can we make a difference.

It seems a recent idea regarding tourist information brochures for the Fingal Valley will soon become a reality and Break O'Day Regional Tourism Association should be commended for helping to develop this practical idea even if it has been a little while coming. That's really good news.

Unfortunately the wires got a little bit crossed from the last Cage Rattler when apparently one local news correspondent took some umbrage with the column.

For that I am sorry but if it was read in the right way my criticism was directly that of the Break O'Day Tourism report that until then had only given a small mention to Valley tourism attractions.

Community news is an entirely different thing and absolutely no mention was made of that. These people do a great job.

What do you think?

Tasmanian Lymphoedema & Laser Centre Inc.

Operating from the St Marys Community Health Centre

Do you have a sporting injury, ulcer, arthritis, gout or tennis elbow?

As well as treatment for the condition of Lymphoedema, the low level laser at the Tasmanian Lymphoedema Centre, can help with treatment of these common conditions.

Call the enquiries/bookings office on 6372 2900

Laser Therapist Kate Williams 6372 2111

Massage Therapist Sue Christiansen
6372 2111,
0418 515 419

Email: ticstmarys@hotmail.com www.taslymphoedema.asn.au

Meals on Wheels Roster			
	April	St Marys	Fingal
Mon	12th	P & Y Davern	Kaylene Sutton
Tue	13th	M & P Berwick	Robyn Holder
Wed	14th	C & G Dawson	Janine McGill
Thu	15th	Gail Gamble	Jan Marshall
Fri	16th	N & A Challis	Mim Woods
Mon	19th	Annette Davey	Sharon Hall
Tue	20th	Lorraine Gill	June Hall
Wed	21st	Pam Lynch	Debra Speers (N)
Thu	22nd	Patti O'Donnell	Belinda Byard
Fri .	23rd	Mary Viney	Julie-Anne Claridge
.			



Primary Swimming Champions



Sophie Bourke, Damian Graham, Danielle Williams, Bryn Norton, Belinda Cox Lawrence Bretag, Jacob Spilsbury, Emily Miles, Toby Wright



CHAMPIONS

Grade 3 - Emily Miles & Toby Wright

Grade 4 - Belinda Cox & Jacob Spilsbury

Grade 5 - Sophie Bourke & Lawrence Bretag

Grade 6 - Danielle Williams & Bryn Norton / Damian Graham

NEW RECORDS

Grade 6 Girls 50 m Freestyle - Kate Wright

Grade 3 Girls 50m Freestyle - Emily Miles

Grade 6 Girls 25m Backstroke - Danielle Williams

East North East Swimming Team Members

Emily Miles

Georgie Williams

Monique Johnson

Toby Wright

Mason Pitstock

Billy Johnson-Sinclair

Belinda Cox

Shari Donald

Kirtsy Panoff

Jacob Spilsbury

Liam Norton

Sophie Bourke

Lawrence Bretag

Sam Kelly

Sam Child

Emma Spilsbury

Danielle Williams

Hannah Spilsbury

Bryn Norton

Damian Graham

Kate Wright

Grace Ennis

Katie Singline

Christin Heron

Jemma Davern

Kaitlyn Quinn

Allie Spilsbury

Lochie Rice

Karly Graham

Tyler Pitstock

Bronti Cooke

Selina Panoff

Amos Warren

Fern Menogue

Jacqui Midson

HOUSE POINTS

Primary

1st Dalmain - 1153

2nd Blackwood - 1006

3rd Duncan - 989

Secondary

1st Blackwood - 1112

2nd Duncan - 840

3rd Dalmain - 827

Overall

1st Blackwood - 2118

2nd Dalmain - 1980

3rd Duncan - 1829

Scottsdale Team

Emily Miles, Grace Ennis, Georgie Williams, Toby Wright, Mason Pitstock, Belinda Cox, Kirsty Panoff Caitlyn Viney, Liam Norton, Jacob Spilsbury, Brody Mitchell, Rebecca Mitchell, Jemma Davern, Bronti Cooke, Sam Kelly, Sam Child, Amos Warren, Emma Spilsbury, Danielle Williams, Hannah Spilsbury, Jacqui Midson, Bryn Norton, Damian Graham.

swimming News

Grade 7 - 10 Carnival

CHAMPIONS

Grade 7 - Ella Cooke & Ned Hyland

Grade 8 - Leah Nash & Matthew Bourke

Grade 9 - Miranda Franklin & Daniel Cooke

Grade 10 - Sophie Bourke & Jacob Bourke

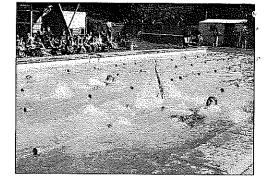
NEW RECORDS

25m Butterfly - Matthew Bourke Gr 8 Boys - Dalmain

505m Butterfly - Matthew Bourke Gr 8 Boys - Dalmain

50m Freestyle - Matthew Bourke Gr 8 Boys - Dalmain (Equal old record)

25m Butterfly - Jacob Bourke Gr 10 Boys - Dalmain



INTERHIGH TEAM

Grade 7 Girls - Kylie Peardon, Ella Cooke, Ruby Wallace, Hazel Buchhorn, Beth Rosskelly

Grade 7 Boys - Ned Hyland, Shaun Cannon, James Startup, Reece Pitstock, Henry Dawson

Grade 8 Girls - Courtney Olds, Lucy King, Leah Nash, Nicole Evelyn, Tegan Speers

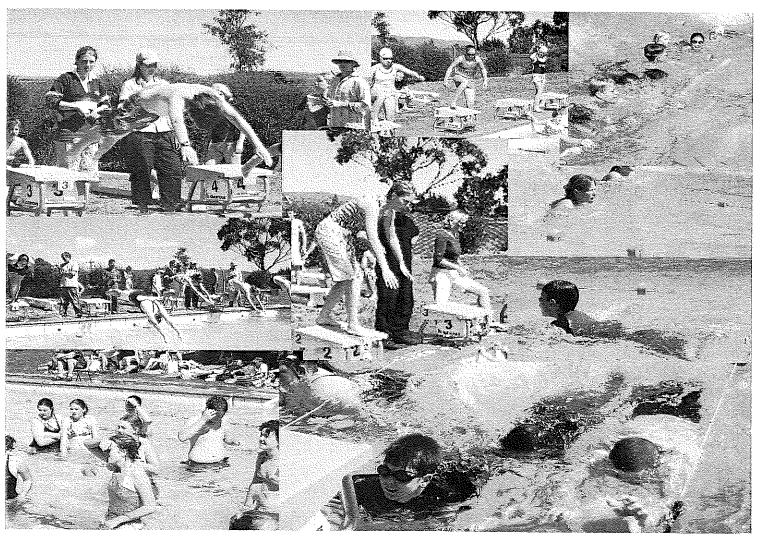
Grade 8 Boys - Matt Bourke, Aaron Midson, Rhyan Street, Kodey Street, Daniel Dolan

Grade 9 Girls - Miranda Franklin, Deanna Peardon, Jacqui McCullagh, Jenna Goss, Jenelle Speers, Jessica Bowling

Grade 9 Boys - Todd Spilsbury, Billy Singline, Daniel Cooke, Corey French, Troy Street

Grade 10 Girls - Sophie Buchhorn, Sophie Piscitelli, Tamara Mason, Tegan Nash, Laura Cornelius

Grade 10 Boys - Jacob Bourke, Ben Miller, Tyrone Blair, Joel Salter, Sam Dolan



St Marys Sports Centre News



Great start for new events

It is great to report that our first Monthly Trophy and new Pro-putt competition on March 27 proved to be a resounding success with 20 players taking part. The event was won by Rod McGiveron on count-back from Andrew Webb and with new club member Andrew Marshall and Shan Wilmot only a shot behind and Paul Spilsbury one behind that. Even better was that four ladies played as well, which was excellent.

The very first Pro-putt was won by Andrew Marshall and thanks to St Marys Value Plus for sponsoring the voucher.

Last weekend Shan Wilmot continued his excellent form to record a terrific Plus 5 result in Bogey with John McDonald on Plus 2 taking the runner-up position on countback. Considering many regulars

were away on a club trip, a field of 13 was good to report.

Players please be aware that consistency points apply now for an award at the end of the year. Format is 1 point for attendance, then 3,2,1, on the actual event result each week. Regular updates will appear here on the leaders. Believe me it will be worth winning in December. Also awards for the best rounds in gross and nett will apply as will be the Pro-putt average. While on that, last Saturday saw our first Jackpot with no outright winner. This week is a Hidden 9 Hole on Saturday and a Mens and Ladies Mulligans on Easter Monday. Please check at the club for start times arrangements before Friday if possible.

Now to Bowls and the club had a terrific wind up night on March 26. It was good to have Break O'Day Mayor Stephen Salter as our special guest. A big thanks to all our 'Chefs'. If there was ever a case for a cast of thousands, this was it. Having said that though, the food was really and genuinely excellent and only surpassed by the standard of the washing up. All jokes aside the boys did an amazing job for over 40 in attendance and shows what can be done by blokes if they put their mind to it.

A special thanks to Jack and Rex for coordinating most of the night and to Trevor, Jim, John McDon-

ald and many others as well.

Trophy winners were Peter Davern who won two awards including Best Clubman. Pairs winners Chris Davern and Glenn McDonald, Singles Champion Rod McGiveron and Pennant player Best and Fairest went to Rod Field. Rod's season was legendary and was well deserved.

Still on Bowls, last week the Clive Berwick challenge was played between us and East Launceston at East. About 18 travelled to Launceston for a most enjoyable weekend. On our end Jack Viney organised everything as he usually does excellently and our former member Drew Berwick did a great job at East to make us feel so welcome. A real highlight of the year indeed and topped off with us bringing back the Shield for the first time albeit with a handicap advantage. Anyway thanks to all involved.

Just a reminder to all that the project of re-surfacing the green for next year will be in progress on Easter week and anyone who can spare some time will be most welcome so we can get the job done more quickly. On the same vein, work should be commencing soon on the mains water pipe and all help will be appreciated then.

To future issues, a note to all members involved in pennant golf. As St Helens and Bicheno have dropped out for this year the series will not now commence until May 2nd and the new amended roster will be available soon.

Keep an eye out for the 8 ball competition which will be commencing soon and interested players can contact the club or directly to Greg Cooper.



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Mobile 0419 308 205 Fax 6372 2822 AH 6372 2277 Finally to Mark Carricks extremely popular Footy Tipping Competition. This is a great format which gives everyone a great chance to win some fantastic prizes. It will officially start on Round 4 so please get your names up at the Club or with Mark at Value Plus St Marys before then.

Anyway until next time, good hitting and rolling

St Marys Tennis Club News

Junior and Club Champions

Annual Club Dinner

A reminder to all members: Please RSVP to Susan Miles on 6372 2431 no later than Wednesday 14th April for the Annual Club Dinner and Pennant Dinner to be held at the St Marys Hotel on Saturday 17th April, 7 for 7.30 pm. Looking forward to seeing lots of members in attendance!

Junior Championships

The Championships were held on Saturday 2nd April with 8 girls

and 4 boys competing.

Results were: Todd Spilsbury defeating Joel Salter in two sets 6-3 6-4, with Reece Maher and Kodie Donald coming 3rd and 4th. In the girls event Ella Cooke defeated Jessica Panoff in one set 6-1 with Allie Spilsbury and Emma Spilsbury coming 3rd and 4th. Congratulations to Todd and Ella.

Many thanks to Randal Faulkner, Susan Miles, Gary Townsend, Paul Spilsbury and June Panoff who assisted with umpiring on the day. Without your help the event would have been impossible to

run.

Club Championships

The Club Championships were held on Saturday and Sunday 27th and 28th March.

Results were:

Mens Singles Winner: Mark Oliver

Runner-Up: John Miles Ladies Singles: Fran Lowe Runner-Up: Natasha Lowe

Mixed Doubles Winners: Mark Oliver and Julie Robinson

Mixed Doubles Runners-Up: Lee Anne Morris and Daniel Morris

Ladies Doubles Winners: Fran Lowe and Natasha Lowe

Ladies Doubles Runners-Up: Maureen Bushing and Jill Faulkner Mens Doubles Winners: Randal Faulkner and Daniel Morris Mens Doubles Runners-Up: Chris Gunson and John Miles

Thanks to those members who supported the event as spectators

and with umpiring!

Easter Raffle

We are currently raffling a 300g chocolate egg, a 700g block of chocolate and scratchies which can be viewed at the St Marys Newsagency. Tickets are available from St Marys Newsagency, St Marys Post Office and the St Marys Health and Beauty for \$1 per ticket.

The raffle will be drawn Thursday 8th April just in time for Easter!

General Meeting

The next General Meeting will be on Thursday 22nd April 2004 at 7.30 pm.

Susan Miles Secretary



The Historic St Marys Hotel 48 Main Street St Marys Ph 6372 2181 Fax 6372 2184

Open Good Friday
2 pm to 5 pm

Specials

Hahn Ice Blocks \$29.95
Baccardi & Cola 4 Pack \$11.95
Yellowtail Wines \$8.95
Grants Scotch \$26.95
Jim Beams & Cola 6 Pack \$17.95

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Live Music

Saturday 17th April

Black & Blues. Lonny Cover Band playing all your favourite tunes.

Saturday 24th April

Derrin Nuendorf & Dave Downing direct from the UK and Byron Bay Festival, Brilliant musos.

Saturday 15th May

Rock Bottom James and the Detonators.

Aussies best rockabilly band playing country and mixing it with blues - sounds interesting!

Come along and check 'em out.

- Tote & Keno
- **⊙** Ice & Discount Liquor
- Counter meals daily
- Coffee shop in dining room
 11.30 am 2.30 pm
 (closed Mondays)
- Dining Room available for special functions - bookings recommended.
- Watch for Live Music Gigs

8 Ball commencing soon Are you interested?