

# THE VALLEY & EAST COAST VOICE

Volume 36 No. 21

Est. 1968

Thursday 25 March 2004

50 cents

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### Mill Ridge walking track

There is a beautiful track that passes under the flank of St Patrick's Head through State Forest to a vantage point with a sea view. While the actual St Patrick's Head walking track is a somewhat challenging climb, this track would be accessible to prams, wheelchairs and the less able-bodied with only a slight amount of work.

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Anyone who would like to become involved in this project is invited to come along for a walk on the track and a bush picnic on Saturday 27 March. We will meet at the Old School Reserve on Irishtown Road at 11 am.

Any historical information or photographs of the Mill Ridge Hut (when it was still standing) would be greatly appreciated. For any further information please ring Eo Greensticks on 0438 571 291

Daylight Saving ends this weekend.



Clocks are put back one hour on Saturday night

Please note:

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Deadline for articles must be noon Tuesday 6th April 2004

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Graeme and his support team have been calling in at St Marys for most of these rides and is usually met by Ron and Bettie Sumner who accompany him around the town collecting donations from the community businesses and people in the street.

Ron also is able to present a cheque on behalf of the Lions Club of St Marys to Graeme in support of his continuing effort to raise funds for cancer research here in Tasmania,

### Miller's Skid Steer Earthmoving

General Earthworks

George Miller 44 Elizabeth St. Mangana  
Phone 6374 1024

- ♦ Driveways graded & rubbled
- ♦ Landscaping stones positioned
- ♦ Trenches back filled
- ♦ Rubbish removal
- ♦ Shed sites cut
- ♦ Landscaping & Site cleans



### RATHA B'ZAR

Main Street St Marys

We have new stock arriving daily  
Still life & fantastical 'scapes in pastel by Robyn Oh  
Succulents with a difference  
Local woodturned bowls  
Crystal sun catches. Hand made jewellery  
Leather vests, belts & collars  
Lots of winter woolies  
New & Pre-loved clothing, CD's & books

## CLASSIFIEDS

### Items for Sale

5 Church Pews. \$250 each  
3 original Bentwood chairs  
Call Michael Clark 6376 3269

5 X.B Ewes plus 1 Dorset Ram  
\$250. Phone 6372 2164

#### German Engineering

10" Scheppach table saw, sliding top, rise & fall, single phase, 45° mitre & extension. \$700.00 ono.

Scheppach Planer Thicknesser  
Single phase \$950.00 ono.

Twin cylinder air compressor  
3 phase power. \$290.00 ono

Tool Mac dust extractor 1 H.P. induction motor, single phase  
\$150.00 ono.

All machines in good working order, view & try.  
Phone 6372 2337

1 pr men's motorcycle pants  
Dri-rider, medium, as new \$50.  
1 Damart coat, women size 14  
\$50.

1 Ashford spinning wheel \$60  
1 Drum corder \$150  
Phone 6372 2789

4 Ducks - \$20  
3 Hens (1 yr old) & 1 Rooster \$15  
1 Bar/Caravan Fridge \$20  
Phone 6372 2410

Nieer piano in excellent condition.  
Genuine enquiries, 6376 2632

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Ruth Aulich

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## Keith's 90th Birthday

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A special thanks to those who made the trip into Launceston, it was a great day.

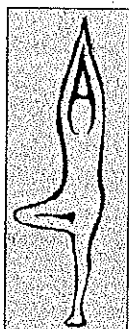
## YOGA

**St Marys Yoga Room 7 Storey Room**  
**New Courses starting next week**

Tuesdays: 6.00 - 7.30 pm  
(Starts 30.3.04) 6 classes \$45.00  
Thursdays: 6.00 - 7.30 pm  
(starts 1.4.04) 6 classes \$45.00  
Fridays: 10.00 - 11.00 am  
(Starts 2.4.04) 6 Classes \$35.00  
Concession and Barter available

### Bookings essential

For further details, please phone  
Jack Foreman 6372 2034



<http://dickadams.vision.net.au>  
email: D.Adams.MP@aph.gov.au

**St Marys**  
The gem of the East Coast

*"Tasmania is going to be the tourist destination of Australia."*

*"The East Coast has got all the best of Tasmania, lets make the most of our great community."*

**SUPPORTING COUNTRY COMMUNITIES**

**DickAdams MP**

Phone 1300 132 689 Fax 03 6398 1120  
Federal Member for Lyons PO Box 50 Perth Tas 7300

## Harris Funerals

**Lindsay & Diane**

(D.Bailey & Son) A.F.D.A

Ph/Fax 6376 1153 0418 133 420

**Office & Residence:** 114 Cecilia St. St. Helens

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## 'Underage Rage'

When: **Friday 26th March**  
 Time: 7.30 pm to 10 pm  
 Where: Fingal Valley Neighbourhood House  
 Cost: \$4.00 per person

### Prizes to be won

Refreshments available

**FULLY SUPERVISED** by the members  
 of The Miner's Cottage Co-op

Enquiries: 6377 1170, 6377 1143



## Community notices

**The East Coast & Fingal Valley Junior Football Association** meeting Thursday 25th March 7.30 pm at St Marys Hotel, **TONIGHT**

**The Community is invited** to the official opening of the Lions Club playground in St Marys on Saturday 27 March at 11 am with a free sausage sizzle to follow.

St Marys Hospital Auxiliary meeting Monday 5th April, 2 pm at Community Health Centre

**St Marys Association for Community Development** Next meeting for S.M.A.C.D. will be on Friday 26th March at 5 pm in the St Marys Online Access Centre. All past and present members and curious community members are encouraged to attend. There will be a brief meeting for the St Marys O.A.C. Volunteers on the same day at 2 pm.

For enquiries please phone:

6372 2005 or 6272 2846

**Break O'Day Seafood and Symphony** Friday 26 March 6 pm Portland Memorial Hall St Helens

TSO Box office 1800 001 190 or Break O'Day Council for bookings

**Break O'Day Stitchers Exhibition** 10th - 14th April, 10 am to 4 pm at Portland Memorial Hall St Helens.

**Easter Passion Play** presented by the Gateway Baptist Church 22 Wellington Street Launceston. **Part 1:** Good Friday 9th April commencing at 10.45 am in Morty's Car Park and proceeding back across the road into the Church. **Part 2:** Easter Sunday 11th April commencing at 2.30 pm in the Church.

No cost for admission.

Information: 6334 3232

## LIONS CLUB OF ST MARYS

**EASTER RAFFLE - \$1.00 per Ticket**

### CAMPING PACKAGE for 4

2 x 3 man dome tents  
 4 self inflating mattresses  
 1 x gas light (with pole)  
 4 x fold up aluminium chairs  
 2 x fold up aluminium tables  
 1 x Roundabout B-B-Q, 1 x gas cylinder  
 1 x 2 burner gas stove with stand and carry bag  
 1 x large torch plus battery  
 stainless steel plates & stainless steel cups



**EASTER EGGS *and more***

**Tickets available from**

**Wombat Post and Lions members**

*Lions working for you - the people*

## Garage Sale

Saturday and Sunday  
 27th and 28th March '04  
 10 am to 5 pm

14 Cameron Street  
 St Marys

Could anyone tell me how much it cost to paint the hall, and why haven't we got one of our local painters painting it?  
*Name supplied*

## EAST COAST SURVEYING

Consulting surveyors and land planners.

Andrew MacGregor 6376 1972

*We can help you.*

- ❖ Buying a property ?
- ❖ Planning a development ?
- ❖ Unsure of your property potential ?
- ❖ In dispute with an adjoining owner ?



**TIM MORRIS MHA**  
**GREENS MEMBER FOR LYONS**

*Supporting appropriate development*

greens@parliament.tas.gov.au  
 33 Burnett St. New Norfolk  
 Ph: 6261 8048

## Rae & Partners Lawyers Barristers & Solicitors

93 York St Launceston  
 Ph 6337 5555

Visiting St Marys Community Health Centre  
**Alternate Tues. 9 am - 10 am**  
 Appointments: 6372 2172

## ST MARYS ONLINE ACCESS CENTRE

23b Main Road St Marys  
Tas 7215  
Ph/Fax 03 6372 2005



### HOURS OPEN:

Monday 10 am - 3 pm  
Tuesday 10 am - 4 pm  
Wednesday 10 am - 4 pm  
Thursday 10 am - 3 pm  
Friday 10 am - 5 pm  
Saturday 11 am - 2 pm

### JOBFIND

Jobfind Interviews will be conducted in the Online Centre on Thursdays but the Computers will still be available to the public during this time. Jobfind will also be conducting training in how to apply for jobs using the Internet.

### NEW DIGITAL TECHNOLOGY

New multi - card reader for easy downloading of photographs taken with digital cameras and photos can be saved onto a CD.

Digital Movie editing facility on the latest IMAC using Imovie or Final Cut Pro.

## St Marys School Op Shop

Main Rd St Marys  
Monday-Friday  
10 am to 2 pm

- Swedish Massage
- Lymphatic Massage
- Orion Theta DNA Healing

**Terese Tanner**

Ph: 6372 2846  
Mobile: 0400 512 845

## 'Anti-hoon' legislation to be introduced and will be policed

*Police report from Bob Baker Sergeant St Marys Station*

It would seem that the winter weather is upon us. In light of several recent accidents and several 'near misses' I have witnessed in the area, I think it appropriate that I remind the community of the need to drive according to the conditions.

As a driver in charge of a motor vehicle you have an obligation to drive with 'due care and attention'. This broad statement includes such things as failing to keep a proper lookout and failing to manoeuvre your vehicle to avoid an accident. Many motor vehicle accidents I have attended have been a result of one or both parties being guilty of driving without due care and attention. The penalty if a Traffic Infringement Notice is issued is the accumulation of 3 demerit points and \$110.00 fine.

In the case of a motor vehicle accident it may be that the actual primary cause is, for example, failing to give way but the second driver may, in some circumstances also be guilty of driving without due care and attention. The secondary driver may have failed to keep a proper lookout and failed to manoeuvre their vehicle to avoid an accident. So it can be seen both parties to an accident may well be proceeded against.

Whilst on the traffic subject I have had several complaints, still, of reckless driving around the town. As many of you will have read in the Examiner 16/3/2004 Parliament intends introducing 'anti-hoon' legislation in the April session of parliament. This legislation gives police the power to confiscate offenders vehicles who choose to commit offences such as undue noise or smoke, erratic driving and speeding in built up areas. The confiscation may result in the permanent loss of the vehicle to the owner. Make no mistake this legislation when introduced will be policed in all areas of the state.

I have also had a recent complaint of an offender attempting to set fire to the mail in the post box at the St Marys Post Office. I am particularly interested in anyone who may have information to assist identify the offender as this type of incident has occurred in the past.

## East Coast Glass

Falmouth 6372 5361

- \* Glass repairs
- \* Security doors
- \* Shower screens
- \* Wardrobe doors
- \* Double glazing
- \* Aluminium windows



Locally owned and servicing the East Coast for over 10 years. Call David and Anne Cannon for prompt and reliable service.

## Ray Ross Kelly PAINTER



St Marys  
6372 2218

Dear Sir

Your correspondent on page one of the last Valley Voice (11.3.04, What's happened to our sport?) seems to be unaware of the existence of soccer in St Marys. I was a little surprised as I have been trying to keep players, players families and the wider community informed of our antics with regular updates in the Valley Voice (usually with "Soccer News" which usually appears next to the other sports news). Indeed Mr Haas must be one of the lucky few around who I have not asked (several times!) whether they be partial to the beautiful game.

For anyone else not following the St Marys soccer team I can tell them that the modern era of soccer started in St Marys back in 2000, with a desire for regular soccer following a successful junior workshop during the Sydney Olympics. St Marys Olympic soccer club started with a weekly practice at the school and irregular games with St Helens. In 2002 the senior team played in Swansea's inaugural game and defeated five Launceston teams to win the Impulse 6-a-side competition. Last season we had four field days with St Helens which were all very well supported at the senior and junior levels. Over the summer we were granted funds from the Break O'Day Council to purchase a set of goals and a storage shed and last weekend six St Marys based senior players completed an introductory coaching course. We are hoping for another successful soccer season which starts next month. All our news will be featured in the Valley Voice.

I believe Mr Haas is correct in stressing the importance of sport in our community, especially for the young. Juniors need sport to look forward to and it seems particularly disappointing that there is no senior football in St Marys. In the absence of an active football committee I would like to suggest that the organising of football would be a great task for the fledgling Timber Communities Australia (St Marys); who better than the group advocating "traditional values" to support the traditional winter sport? Even if there are insufficient funds, players, enthusiasm etc. to run two senior teams surely it would be possible to organise a practice/fun session once a week. What do you think? I would even play myself if other players were all smaller than me. Wishing good luck to all the sports teams in St Marys. J.B.Foreman

### Meals on Wheels Roster

March/April	St Marys	Fingal
Mon 29th	Tina Floyed	Debra Speers (W)
Tue 30th	Pam Lynch	Susan Woods
Wed 31st	Glen Lodge	Bob Yates
Thu 1st	D & K Floyed	Patsy Death
Fri 2nd	Claire Bean	Shirleen Woods
Mon 5th	Debbie Barnes	Carole Woods
Tue 6th	Ruth Aulich	Prev Mills
Wed 7th	Esther Rubenach	Barbara Saunders
Thu 8th	Leith Gatty	Sue Woods
Fri 9th	Pauline Berwick	Malcolm Saunders

**Valley Plus**

## ST MARYS SUPERMARKET

38 Main Road St Marys  
Mark Kate John Roseanne  
Mon- Fri. 8am - 6pm Sat 8am - 12

Phone/Fax 6372 2240  
Butcher Ph. 6372 2274

### COOKIES CORNER

Phone 6372 2274

#### This weeks specials

Blade Roast \$6.99 kg  
Porterhouse \$13.99 kg  
Pork Leg Roast \$6.99 kg  
Silverside \$7.99 kg

#### Next weeks Specials

Mince Beef \$6.99 kg  
Rump Steak \$9.99 kg  
Beef Round Steak \$5.99 kg

### Fencing ? then we have it !

#### Field gates:

3 ft \$62  
10 ft \$99  
11 ft \$108  
12 ft \$112  
Gates also available in 4, 5, 6, 7, 8, 9, 13, 14, 15, 16ft , all with fittings.

#### Steel fence post

1650 mm \$4.40  
1800 mm \$5.00  
2400 mm \$7.20

#### Barbed wire

High tensile H/galv 1.57 x 500m \$68

#### Plain fencing wire

Galv. high tensile 2.5 X 1500m \$120  
Galv. Med. Tensile 2.5 x 1500m \$120  
Galv soft 3.15 x 1500m \$93

#### Chicken Wire

36" x 2" x 19g x 50 m (NZ) \$49.50  
36" X 2" X 1.0g X 50m (Chinese) \$40  
72" x 2" x 19g x 50m (NZ) \$99  
72" X 2" X 1.0g X 50m (Chinese) \$80

#### Sheet Mesh

2400 x 1200 x 100 x 100 x 5.00 \$32  
2400 x 1200 x 75 x 50 x 4.00 \$40  
2400 x 1200 x 50 x 50 x 3.5 \$35  
2400 x 1200 x 25 x 25 x 2.5 \$40

Lots more available  
just come in and see JOHN



## Letters to the Editor

### Well done timber workers

On Tuesday 16<sup>th</sup> March I was privileged to be part of the huge pro Timber Industry rally in Launceston as a supporter and as an old unionist I was proud to see fellow Tasmanians stand up for their livelihood in the way that they did. Ten thousand people and over two hundred trucks sent a very clear message to Canberra and the big cities on the mainland that the majority of Tasmanians are not Greensies, but hard workers who care for and manage their forests not only for today but for their kids in the future.

Timber communities from all over Tasmania were represented including many from our own Fingal Valley in which forestry plays a major role in our economy.

Both Labour and Liberal in Tasmania are committed to supporting the industry under the Regional Forest Agreement signed back in 1997. John Howard's Government supports it, let's hope Mark Latham does too and not go chasing Green preferences in favour of Tasmanians' jobs.

Our man in Canberra is Dick Adams, in my opinion, a great man and a good politician, but, Dick, if your boss turns his back on the Tasmanian Timber Industry, I for one will be voting against Labour for the first time in my life and I'm sure many others will join me. In fact, I reckon Labour could lose all five seats in Tasmania.

The Greens tell us that without logging we would get a tourist industry big enough to employ most of those who would lose their jobs in Timber. What a load of bull dust !!! We would lose more of our young to the mainland and our economy would drop to almost Third World standard.

Tasmania needs both tourism and forestry for a healthy economy and despite what the Greens try and tell the world, both industries can live together quite well in Tasmania.

Well done Timber Workers continue the fight. I'm sure the selfish tree worship attitude, over fellow Tasmanians' livelihood, that I see coming from the Greens, they will not stop at old growth logging.

Jim Haas Cornwall

### Dear Sir

In reply to Jim Haas over the lack of sport in our valley.

It is my opinion that there are many reasons, the three major ones are; 1. Cost. 2. The original players have grown too old. 3. Lack of employment.

Our young people on leaving school either have to move away for employment or go on the Dole. They then loose the feeling of being an integral part of the Community. If anyone wishes to join the Golf Club or Bowls Club a young person cannot afford to join. Even with second hand club or set of bowls it is still expensive. Badminton and Volleyball need a hall. When the new floor was put in the Community Hall that ruled out Volleyball.

Badminton could be played in the Cornwall but of course it means travelling. Indoor Bowls can still be played at Cornwall and Fingal, both clubs need more players. To play Indoor Bowls it is cheap to play, you don't have to buy your bowls, they are there. It is good exercise and can be played by all ages.

I very much regret the failure of our football teams etc. but needs people with plenty of get up and go. When did you last see people kicking a football on the ground or the back yard or even playing a game of cricket. Una Camplin

## Ransleys Appliance Services

P O Box 154 St Helens 7216

- \* Washing Machine noisy ?
- \* Refrigerator runs too long ?
- \* Clothes Dryer blows cold air ?

Then you need the service of  
our technicians

Ring us on: 6372 5307

Mobile 0428 761 811

## Designer Hair

Main Street  
St Marys  
6372 2108

For all your  
hairdressing needs

## St Marys Child Health Centre

Sessions: 1st & 3rd Thursday  
9am to 12 noon

Appts: 6372 2111

Lorraine McGee RN

## Valley Voice Advertising Rates

Classifieds 25 words or less  
free.

Small ads, Garage Sales,  
Notices, 'Thank you' notices,  
etc. \$6.

¼ page \$15.    ½ page \$25

Full page \$40

1 year posted subscription \$25

### Contacts for Valley Voice

Fax 6372 2172,

Audrey: 63722337 or leave  
written material St Marys  
Health & Beauty Centre, or C/-  
Post Office St Marys Tas 7215





## Your Link to Living Independently

Commonwealth Carelink Centres provide an information service to help put older Australians, people with disabilities and those who care for them in touch with a wide range of community, aged care and disability services. Anyone can visit a Commonwealth Carelink Centre or receive the information they need by calling:

**FREECALL™ 1800 052 222\***

[www.commcarelink.health.gov.au](http://www.commcarelink.health.gov.au)

TTY and modem callers may call through the National Relay Service by dialling 1800 555 677 (then asking for 1800 052 222)

If you need an interpreter to contact your nearest Centre, telephone the Translating and Interpreting Service on 131 450.

*\*Calls from mobile phones are charged at applicable rates.*

## Commonwealth Carelink Centres

Your Link to Living Independently  
Unsure of where to find information  
about:

Cleaning    Gardening    Social activities  
Residential aged care facilities  
Meal service    Personal care  
Support groups  
or other Community Services

### WHEN YOU NEED IT !

Simply phone freecall 1800 052 222  
and the friendly staff from your local Centre  
in Launceston will provide you with  
information which will enable you or  
someone you care for, to live as  
independently as possible  
in your own home.

Phone now for a free copy of our  
Guide to Aged Care in Tasmania booklet.  
**Commonwealth Carelink Centres  
are your Link to Local Services !**

## ST MARYS NEWSAGENCY

Phone 6372 2143

Open 7 days a week

### New Videos

Bad Boys  
The League  
Sole Survivor

### New DVD's:

American Pie - The Wedding  
Head of State  
Whale Rider

Easter Cards in stock

## Tasmanian Lymphoedema & Laser Centre Inc.

Operating from the St Marys Community Health Centre

**Do you have a sporting injury, ulcer, arthritis, gout  
or tennis elbow ?**

As well as treatment for the condition of Lymphoedema,  
the low level laser at the Tasmanian Lymphoedema Centre,  
can help with treatment of these common conditions.

Call the enquiries/bookings office on 6372 2900

Laser Therapist Kate Williams 6372 2111

Massage Therapist Sue Christiansen 6372 2111,  
0418 515 419

Email: [tlcstmarys@hotmail.com](mailto:tlcstmarys@hotmail.com)  
[www.taslymphoedema.asn.au](http://www.taslymphoedema.asn.au)



# MAX HALL

FOR THE LONG HALL

## VOTE 1

INDEPENDENT  
IN APSLEY  
LEGISLATIVE COUNCIL

**0419 589 252**

Authorised by K. P. Hall  
7 East Minestone Rd. Scottsdale Tas 7260  
Phone 0438 522 663 0419 589 252  
Fax 6352 4301

## St Marys Tennis Club

### Annual Club Dinner

All Mid week, Night Roster and Pennant players and their partners are invited to the Annual St Marys Tennis Club Dinner to be held at the St Marys Hotel on Saturday 17th April, 7 for 7.30 pm, for a meal and the presentation of Pennant and Club Championship prizes. Could members please RSVP to Susan Miles on 63722431 no later than Wednesday 14th April so our numbers can be confirmed for catering.

### Junior Championships

We are seeking students up to and including grade 10 to play in the Junior Championships on Saturday 3rd April. The cost is \$5 for non-Club members. Those interested should forward their names to Maureen Bushing at the school.

### Sunday Pennant

The grand final was played on 21st March between the two St Marys' teams. It was a very close contest coming down to the last match of the day. Results: St Marys Red defeated St Marys Blue 5 sets to 4, 39 to 38 games. The tennis played was of a great standard by all.

Congratulations to the winning team - Fran Lowe, John Miles, Kaye Nailer, Bruce Nailer, Susan Miles and Gary Townsend and to the runners up - Maureen Bushing, Randal Faulkner, Jill Faulkner, Jack Foreman, Genevieve Aulich and Todd Spilsbury. A thankyou to all the fill-in players who assisted and supported both teams throughout the season. A special thankyou to Warren Blackberry and Julie Robinson from the Bicheno Tennis Club who umpired all the matches in the grand-final.

### Club Championships

The Club Championships will be held this Saturday and Sunday 27th and 28th March. Come along and watch some great tennis! We will be having a sausage sizzle at the conclusion of the matches on the Sunday.

### Easter Raffle

We are currently raffling a 300g chocolate egg, a 700g block of chocolate and scratchies which can be viewed at the St Marys Newagency. Tickets are available from the St Marys Newsagency, St Marys Post Office and the St Marys Health and Beauty for \$1 per ticket. The raffle will be drawn Thursday 8th April. Could all members please return their raffle books to Susan Miles as soon as possible.

### General Meeting

The next General Meeting will be held **TONIGHT Thursday 25th March 2004** at 7.30 pm.

Susan Miles (Secretary)

## Church Services

### Catholic Parish of St Marys

Priest: Father Bill Egan 6372 2252

#### Fingal

Every Friday Mass 10am

1st and 3rd Sunday Mass 10.30am

#### St Marys

Every Sunday Mass 9am

#### Bicheno

Every Sunday Mass 4pm

#### St Helens

Every Saturday

Vigil Mass 6pm

#### Mangana

5th Sunday Mass 11am

### Anglican Parish of the Northern Midlands

#### Services each Sunday

Avoca 8.00am

Fingal 10.00am

Mathinna: 2nd & 4th Sunday  
monthly at 11.30 am

#### Daily Office Reading

Avoca Tuesdays 10am

Fingal Tuesdays 12 noon

Ross Wednesdays 10am

### Anglican Parish - St Helens

6376 1144

#### St Helens

8am and 10.30am

Every Sunday

St Marys 10am

No service 5th Sunday

#### Monday JAM:

3.15 pm to 5 pm  
for children 5-12 yrs

Pyengana 11am

2nd and 4th Sunday

### Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

### Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10am

Divine Service 11am

### New Beginnings Church

Every Sunday at 10.30 with  
children's time, tea and coffee  
afterwards.

Last Sunday of month we will  
share lunch together.

108 High St Mathinna

Ph 6377 1234

New Beginnings Church is a branch  
of The Vine Church A.O.G  
Launceston

## Scamander Beach Surf Shop

6 Lagoon Esplanade Scamander

Ph 6372 5529 scamandersurf.com



## & Bay Surf Shop 2.

2 Pendrigh Place St Helens

Ph 6376 1755

# ST MARYS COMMUNITY HEALTH CENTRE

## GP ROSTER:

### LOCUM- Dr. Paul

Sat 27th—Sun 28th March

### DR GENIOLA

Sat 3rd—Sun 4th April

### LOCUM- On call:

Sat 10th—sun 11th April

### EASTER BREAK:

9th April-13th April

NO DOCTORS SURGERY

Dr Geniola on call phone: 6374 2288

Medical Emergencies phone:  
000 or

The Ambulance on:

1800 008 008

000 works on Mobile Telephones.

## IMPORTANT NOTICE

Scripts will no longer be taken over the phone by our receptionist. A doctors appointment will be required if you cannot speak directly to your doctor. Your cooperation would be appreciated.

## LOCUM COMING TO ST MARYS DR PAUL KERKENENOV

Dr Paul and his wife Jenny Kerkenenov will be in St Marys from;

22nd March 2004- 1st April 2004

Dr Paul will be doing Dr Pravesh Shah's surgery and on call hours during this period of time. Normal surgery hours will apply during this time. Please make Dr Paul and Jenny welcome during their stay in St Marys.

## WHAT'S ON AT THE CENTRE?

25th/ Mar **'What About Me' Health Professionals Workshop.** For further details about this workshop please see Sophie at the CHC.

25th/ Mar **Hearing Services** phone 6331 7455 for appointments.

30th/ Mar **Quilts & Sewing** with Rita Summers. 10am-3pm in Day Centre.

31st/ Mar **Podiatry** with Perry Daly, Lightfoot Podiatry.

1st/ April **Child Health** with Lorraine McGee 9am-12noon. Afternoon appoints. available by phoning 0409361005 or 63722111 and leave a message.

**EASTER BREAK**  
**9th April-13th April 2004**  
**NO SURGERY- DR ON CALL.**

14th/ April (3) **Medical Students** arrive.

15th/ April **Helping Hearing**, phone 1800 679 998 for appointments.

## HEALTH EXPO DELORAIN COMMUNITY COMPLEX

**SATURDAY 3RD APRIL**

***'Information can be Lifesaving'***

60 stalls of traditional and non traditional displays.

- Tai-Chi/ Exercises.
- Free health checks.

Gold coin entry

There is a bus going from St Helens, St Marys & Fingal. To register interest for a seat please phone Roweena on 6376 2975.

Cost for the bus is \$5.00

***HURRY-limited seats and time!***

Information from this page was submitted by:

The St Marys Community Health Centre, Gardeners Creek Rd, St Marys, TASMANIA. 7215



UNIVERSITY  
OF TASMANIA

University Department of  
Rural Health

## **“WHAT ABOUT ME?”**

### **A workshop for the general community funded under the Rural Chronic Disease Initiative (RCDI)**

(Funded by a grant from the Australian Government Department of Health and Ageing)

Do you provide support to people who suffer from chronic or physical illness?

Do you ever feel that your work gets on top of you and causes stress and anxiety?

If you have answered “yes” to either of the above questions and work in the area of providing support to people living with a chronic or physical illness, then come to this workshop presented as part of the RCDI – Intern-provided Rural Clinical Neuropsychological Service in Break O’Day.

**“What about me?”** is an interactive workshop designed for people in a caring position which aims to:

- Provide a personal perspective on living with a chronic illness;
- Provide clinical information on some common neuropsychological conditions commonly associated with chronic and physical illness, and
- Provide strategies for the general community to better address their own physical and mental wellbeing.

**Venue:** Bicheno 20<sup>th</sup> April, St Helens 21<sup>st</sup> April, St Marys 22<sup>nd</sup> April

**Time:** 10:00am – 2:00pm (includes lunch)

**Cost:** Free

**Presenters:** Associate Prof Clive Skilbeck, School of Psychology, UTAS  
Ms Jo Burbury, Clinical Psychology Intern, UTAS  
Ms Rebecca Wade-Ferrell, Clinical Psychology Intern, UTAS  
Ms Jan Sparkes, Chair, Tasmanian Lymphoedema Centre Inc.  
Ms Shelley Moor, Coordinator, Womens Health (North), DHHS

**To register for this workshop, please contact:**

**Jenny Barns at the University Department of Rural Health, Tasmania  
Fax: (03) 6324 4040**

For further information about the workshop, please contact:

Mr Stuart Auckland  
Ph: 6324 4035 or Fax: 6324 4040  
Email: [Stuart.Auckland@utas.edu.au](mailto:Stuart.Auckland@utas.edu.au)

**PARENTS & FRIENDS MEETING**



**ANNUAL  
GENERAL  
MEETING**

**TUESDAY 30TH - 2.30 PM  
AT THE SCHOOL.**

**St Marys Playgroup**

PLAYGROUP is on AGAIN!!!!



Every Friday  
10.00 am - 12 noon  
St Marys District High School  
Kindy Room

A fun, relaxed way for parents / carers of young children (0 - 5 years) to enjoy each others company.

New families always welcome.

More info tel: Tanya 6372 2534  
Christie 6372 2154



**DENTAL THERAPIST**

The dental therapist will be visiting the school on

Monday 29th & Tuesday 30th March

Monday 19th & Tuesday 20th April









For emergency treatment please phone  
Kelham Street - Launceston 6336 4100

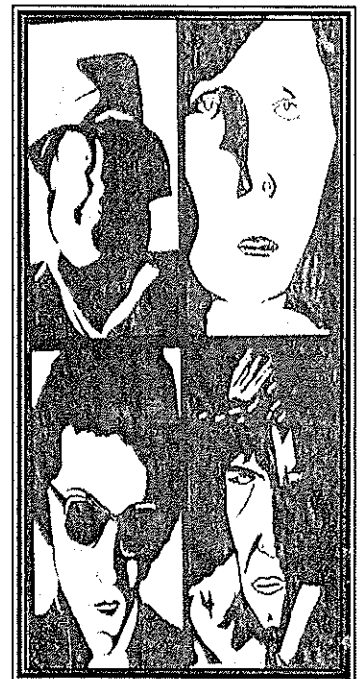
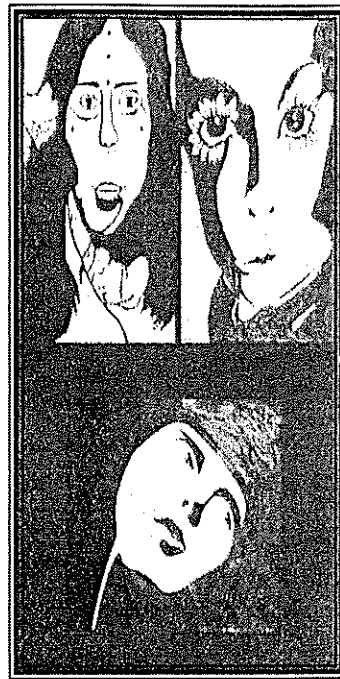
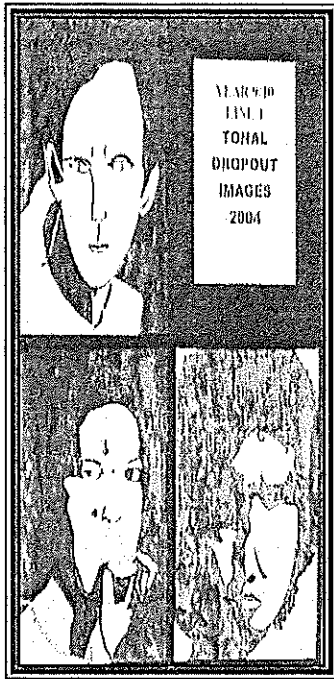
St Marys Dental Van - Please phone and leave a mes-



**MARCH / APRIL 2004**



Monday	Tuesday	Wednesday	Thursday	Friday
22nd March Combined ENE Swim Carnival	23rd March	24th March	25th March  Comedy Performance	26th March  Playgroup 10 - 12 noon
29th March  Primary Assembly Dentist	30th March Dentist	31st March	1st April	2nd April  Playgroup 10 - 12 noon
5th April	6th April  Inter - High Swimming	7th April	8th April	9th April GOOD FRIDAY
12th April EASTER BREAK	13th April EASTER BREAK	14th April EASTER BREAK	15th April EASTER BREAK	16th April EASTER BREAK
19th April  Primary Assembly	20th April	21st April Grade 7 Camp Sports Afternoon Soccer - after school	22nd April  Grade 7 Camp 	23rd April  Grade 7 Camp Band Performance

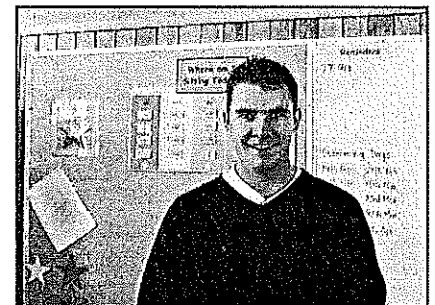


# YEAR 9 and 10 ART WORK



Meaghan MacKenzie - Gr 2/3

**Look  
out for  
these  
new  
faces  
around  
our  
town !!!**



Andrew Marshall - Gr 2/3



Micah Kleinert - Art



Kellie Le Fevre - Grade 1



Megan Gillard - Senior English

The above people have joined our teaching staff at St Marys District High School.  
Please make them feel welcome!!!

## More tourist information

On local community radio lately I've been listening to a segment from the Break O'Day Regional Tourism Group. This is usually heard on Wednesday mornings.

I've taken note of that report two or three times now and unless I've truly missed something, it seems to mainly only involve the areas in close proximity to St Helens.

The Valley has places worth a look also and I trust the local tourist respondent will soon start to talk up what there is as well as the more coastal attractions.

For example we have Evercreech Reserve with the 'four giants', Fawltly Towers, Bare Rock, The Tasmanian Hotel Centre, St Patricks Head, South Sister, Douglas Apsley, the trout and platypus in St Marys Rivulet, Seaview Farm, Historic St Marys Hotel, our two very unique historic Passes and new business ventures of interest to visitors.

A friend and business person in St Marys, recently made a fantastic suggestion and one she has passed on to local councillors. This is a colour brochure which would include all the information that is on the Information Centre opposite the local hotel and be made available in a number of businesses in the area, including St Helens so that travellers can browse at their leisure to help them decide on what to do.

In fact each town could have their own brochure outlining things to do and see in that place, this could complement the existing Tourist Information Centres.

Perhaps the Break O'Day Regional Tourism Group could occasionally publish in our Valley Voice an update of activities in, especially in regard to new attractions, both here and along the coast.

Quite possibly some of the Valley population of the municipality might also like to know how to become directly involved with the tourism group and how they could join this worthwhile organisation. Tourism is important to us all and I'm sure no-one really wants to miss out on the new influx of trekkers from the other states. Let's hope a future Valley Voice and radio report will carry some of this information.

What do you think?

## St Marys Pacing Club

Better late than never.

Once again our annual race meeting has come and gone and again was a great success. In fine weather we had a great crowd and very good fields resulting in an excellent day of racing.

Each year it is getting harder and more expensive to run; what with insurance costs rising and having to fund more stake money every year, paying for the water we use on the track plus many other extras.

Like most organisations we could do with a few more helpers on race day so if anyone wishes to assist please come along.

We would like to thank everyone that helped in any way, or donated trophies etc. very sincerely for their efforts.

On the down side I must mention the entrance to the grounds. The old ticket box looks like the dunny out the Dad and Dave movies, the iron gates donated by the late Keith Brodribb rusted off their hinges. The crowd of around 2000 people plus seventy odd horses getting covered in dust every time a car or bus drives in.

Surely it must be time the local council has to do something here. We are not second class people having to use second class facilities. We wish to be treated the same as any other town in the municipality. Probably wishful thinking.

Eric Bean

*Following letter received from Gary Rogers, Glen Waverly Victoria.*

*Dear All,*

*After myself and Kaye attended the race meeting on New Years Day I felt I should write to say what a wonderful day we had and how impressed I was by your organisations friendliness and the willingness of everyone we come in contact with.*

*I race a few horses on the mainland and in recent times have stationed a few in Tasmania. Yesterday was my first visit to St Marys but it won't be my last.*

*We enjoyed the afternoon tea and the cleanliness of the whole place, bearing in mind the amount of people, I thought was very pleasing.*

*The standard of the racing and the prize money on offer is a credit to your Club and the way it must be run.*

*I wish you all well and look forward to seeing you at St Marys next New Years Day if not before.*

*Gary Rogers*



**J R & M C Faulkner Pty Ltd**

41 Main Street St Marys

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since 1972**

**Caltex bulk Fuel & Oil Distributor**

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Fax 6372 2822

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## Sports Centre News *by Kackhander*

### Congratulations to Carole

First up congratulations to Carole Gunson of St Marys on winning the Division 1 trophy at Ladies Country Week played at Mowbray this week.

Our new golf roster kicks off this weekend March 27/28, now that the ECTGA foursomes at Malahide has been played, so we encourage all you current, former and prospective golfers to come along each Saturday and special Sundays to have a game.

March 27th is our first Monthly Trophy event which is single stroke and new Proputt introduced. As well as this our Consistency and Best round comps will come to the fore with these trophies presented on Supa 5 Grand Final Day - more about that later.

In the Proputt comp entry is optional but we expect everyone to be able to pay the extra \$1 to enter most weeks.

Each time a minimum \$15 Voucher prize at a participating local business is up for grabs. The rule is simple, if you have outright the least putts you win that voucher. If more than one player has the best putting the prize jackpots to the next week but the two or more players who were joint winners the previous week will be exempt from the \$1 entry that week.

So far all the local businesses involved will put on a main trophy on a suitable day named after them, provided of course that the club regularly buys a voucher from them, should be good all round. If we get 20 players plus, the weekly prize will be increased, so hopefully it will be widely supported.

After the Monthly Trophy event there will be a really brief meeting to elect a captain for the Pennant season.

While on pennant we seem to be getting near enough but it would be great to get more names so the load can be shared evenly and allow the players a little more likelihood of a spare day.

The season is only 8 games this year with two bye weeks for each club as Bicheno has pulled out but a home semi final of the overall Northern Pennant beckons so we need our best form available for that.

Big news in bowls is that the next fortnight is very busy.

On Friday night this week it's great to report that we have 36 acceptances including Mayor Stephen Salter for our Annual Dinner and Best and Fairest Count. Special thanks to Jack, Macca and Committee for what promises to be a very enjoyable night.

A fortnight later is the bi-annual trip to Launceston to play with and against East Launceston in honour of our old mate Clive Berwick. Jack this end and Drew in Launceston have organised a top few days for everyone attending and once again it sounds terrific.

Thanks also to Jack for taking on the President of Bowls job again this year. Knowing Jack, he'll be bending over backwards to enhance what has been a stellar year for the club the season just finished. Special thanks also to Glen McDonald in his great effort as Vice President and to Rod Spilsbury as Secretary/Treasurer. Rod wants a spell and asks if any interested person wants to have a go please contact the club. He reckons 5-6 years is long enough. Thanks Rod.

On Easter week there will be plenty happening in regard to green resurfacing. Head of the new green committee is Peter Davern and a few extra hands would be much appreciated. Watch out for that.

Finally a bit of general news and Club President Rex Floyed hopes that a few new things happening soon will encourage prospective new members to enquire about the club. Let's hope so anyway.

*Until next time good hitting and rolling*



### The Historic St Marys Hotel

48 Main Street St Marys  
Ph 6372 2181 Fax 6372 2184

#### Accommodation

Tote & Keno

Ice & Discount Liquor

Counter meals daily

Coffee shop in dining room

11.30 am - 2.30 pm

(closed Mondays)

Dining Room available for  
special functions - bookings  
recommended.

#### Specials:

Just buy a carton of Hahn Premium Light and go into the draw for a **COLEMAN 4 PERSON INFLATABLE BOAT**. Entry ticket with each carton bought. Drawn at Pub on Wednesday 14th April

**Bundy Rum & Cola 6 packs \$15.95**

**Dry Cider 6 packs \$9.95**

**Johnny Walker Red \$28.95**

*A member of United Cellars  
Discount Liquor*

#### Live Music

Sunday 28th March 4 to 8 pm

➤ Carus Thompson \$5

Carus toured with John Butler trio, new music and good at it, has 3 recordings fresh from the Falls Festival.

Come in for a relaxing non-blues Sunday arvo. Mostly originals

Saturday 3rd April

➤ Lloyd Speigel \$5

One of our best young players (even has a tent named after him!) Lived in the UK and toured extensively in Oz. 8.30 pm till late

### AUSKICK

East Coast & Fingal Valley  
Junior Football Association  
AGM

St Marys Hotel

**TONIGHT**

Thursday 25th March

at 7.30 pm.

All welcome