

THE VALLEY & EAST COAST VOICE

Volume 36 No. 14

Thursday 6 November 2003

50 cents

Police report more vandalism

It was disappointing to see vandalism caused to the public toilets and BBQ area near the town Library recently. One offender has recently been dealt with by Police but information suggests the involvement of more than one person.

It has also come to Police attention that a number of scrub fires have been deliberately lit in the St Marys area recently. The most noteworthy being a fire in the Lower German Town Road area which resulted in considerable damage to bush land. Other smaller scrub fires have been attended by the Fire Brigade in the Gardiners Creek Road area.

I am aware that the offenders may have been seen by several members of the public. I request that anyone with information please come forward to assist in apprehension of these offenders.

Sergeant Robert Baker
St Marys Police Station

All dressed up for a good cause

Once again a very successful Melbourne Cup Luncheon was hosted by the committee of the Tasmania Lymphoedema Centre Inc. based in St Marys.

The luncheon, held in the St Marys Sports Centre, attracted almost fifty guests and the committee thank all who came along to support the T.L.C. and were especially pleased to welcome a large contingent of supporters from St Helens.

A big fund raiser for the Centre was the raffle of a trip for two on the west coast Abt Railway with accommodation in Queenstown. This great prize was won by Val McDonald of St Marys.

Other prize winners:

Cup Lady: Liz Baldwin

Cup Gent: Alan James

Cup Hat: Jean Schier

Novelty Hat: Gail Gamble

Door Prize: Peter Williams 1st. Dinner for two, donated by Sea Belles Restaurant Scamander

Door Prize: Haley Gilbert 2nd. Two bottles of wine

The T.L.C thank all who contributed to this day in any way at all.

Deadline for articles to be included in the next issue of The Valley Voice is **Tuesday 18th November '03.**

This paper

The Valley Voice would like to acknowledge the continuing community support for this paper and in particular the many calls and the people who stopped in the street over the past two weeks, giving strong and positive encouragement for The Valley Voice.

The paper in fairness, endeavours to allow articles from all contributors to be printed and do strive to share the page-space with new contributors, this is not always an easy task.

At the beginning of the year a new segment "Cage Rattler" was introduced and judging by comments given to the Valley Voice, this has proved popular with readers, and as has been stated before, the opinions expressed by Cage Rattler are not necessarily those of this paper.

There has also been requests for more copies to be printed as demand has outgrown supply, this will be done, taking circulation to almost 400 copies, including a mailing list of over 40, most of these being posted to people who have left the area but are keen to keep in touch with what is happening here.

The Valley Voice is produced entirely by the work of volunteers.

The loyal, regular advertising from the business sector, allows The Valley Voice to keep up with power bills, copier maintenance and repairs, paper, toner, postage etc.

This is very much a community newspaper and the great support and encouragement as mentioned above is confirmation of this.

Ron Sumner
Editor The Valley Voice

CLASSIFIEDS

Items for Sale

Jack Russell puppy, 14 wks old, male, nice healthy little dog \$25
Phone 0438 571 291

2 Roosters \$5 each, other roosters, hens and drakes \$2 each.
Phone 6372 2459

1981 Nissan Patrol S W B. 253 V8, 23,000 km. Good tyres, rego, body OK. \$1,800 ono or will swap for Tandem trailer. Sony Play Station. Foot pedals & steering wheel. New condition, used once. \$50.00
Phone 6377 1195

Sharp Carousel Sensor Microwave Oven. Late model in immaculate condition. Original documentation, operational manual & cookbook. Less than 1/2 price. \$170 ono.
Phone 6376 1037

3 Muscovy ducks, 1 drake, 12 months old. \$5 ea. Hens \$2 ea.
Phone 6372 2465

Trailer: 7 X 5 steel box trailer, pine sides, Holden wheels, rego. \$350. Targett 6 Newman St
Phone 6372 2344

Cement mixer, electric, reliable, \$200 Phone 6372 2287

Mowing jobs wanted. Benjamin Payne 6372 2514 after 4 pm

Designer Hair

St Marys 6372 2108

| | | |
|-----------|-------|----------------|
| Monday | Lyn | 10 - 8 |
| Tuesday | Lyn | 10 - 8 |
| Wednesday | Kelly | 9 - 5 |
| Thursday | Kelly | 9 - 5 |
| Friday | Kelly | 9 - 5 |
| | Fran | 10 - 1 |
| | Lyn | 2 - 8 (by app) |

Garage Sale

Something for everyone
Leigh & Karen Spilsbury
7 Hugh Street St Marys

Not before 8.30 am

Clearance Sale

any inquiries welcome
also a

Garage Sale

Saturday 22nd November

More details next issue.
Atholie Greenwood
34 Cameron Street
St Marys
Phone 6372 2389

St Marys Child Health Centre

Regional Office 6336 2130
Ah 1800 808 178
Mobile: 0409 361 005
Lorraine McGee RN.

Appointments: 6372 2111

Open sessions
1st & 3rd Thurs.
9 am to 12 noon

Next Session: Thurs 20 Nov



Contacts for Valley Voice

Fax 6372 2172,
Audrey: 6372 2337 or leave written material with Kathryn, St Marys Health & Beauty Centre, or Post Office St Marys Tas 7215

Valley Voice Advertising

Rates:

Classifieds, (25 words or less)

free.

Small ad. \$6. 1/4 page \$15.

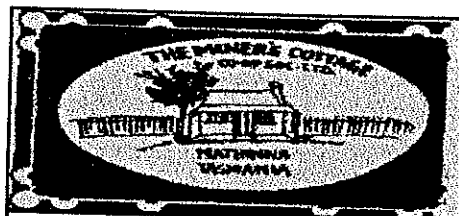
1/2 page \$25 Full page \$40

Redline deliver this paper.
Statewide passenger & parcel service . 6372 2143

Garage Sale

- Fordson Major front end loader
- Saddle & accessories
- Motorbike Z50
- Four post cot, canopy & acc.
- Colonial Cradle
- Electric Guitar & Amp
- Dining table & 6 chairs
- Echo chainsaw
- Mig welder
- Toys. Clothes
- Children's videos
- Household items

**Saturday 15 & Sunday 16
November 10 am start**
98 Riverview Road
Scamander



The Golden Gate Gallery

47 High Street Mathinna
Phone 63771170

We offer an outlet for local artists and craftspeople to sell their work. We are looking for high quality art and craft and interesting items to sell on a commission basis through our newly built premises.

ST MARYS NEWSAGENCY

Storey Street St Marys
Ph 6372 2143
OPEN 7 DAYS A WEEK



CHRISTMAS

We have 16 Christmas cards
for \$2

5 m Wrap for \$2.50
plus lots of Christmas lights
and decorations

Coming events & Community notices

St Marys Spring Fair weekend of 8th & 9th November
Maypole Dance on Faulkners Green on Sunday November 9 as well as much more entertainment.

R.S.L. Remembrance Day
Service will be held at the Cenotaph St Marys Tuesday 11th November at 11 o'clock

Fingal Primary School Fair on Friday 14th Nov. 3.30 to 7 pm

Tasmania Lymphoedema Centre Inc. St Marys (T.L.C.)
Next meeting Monday 17th November at 10 am

North East BioRegional Network Inc. Wednesday 19th November at Neighbourhood House St Helens at 4 pm

Farewell for Dot

A farewell evening will be held for Dorothy White on Friday 21st November at the St Marys Sports Centre. More details will be at the Centre.

St Marys Playgroup meets 1st & 3rd Thursday every month. 10 - 12 pm in the school Kindy room. New families always welcome. Dates for November 6th and 20th.

Pixie Photos taken 29th November only \$10.95 Great Christmas present. Bookings close soon.
Toy Catalogues: remember to order soon, home delivery option only.

Raffle: Drawn at Spring Fair 8th November

Support any of our fundraising activities if you can. Thank you.
See you at the Spring Fair with lots of great activities for littlies.
More info: Trish 6372 2072 or Tanya 6372 2534

Do you want a Town Christmas Parade 2003 ?

A meeting will be held at the St Marys Hotel Lounge on **Thursday 13th November at 7 pm** to discuss further organisation of OUR Christmas Parade.
Due to poor attendance at the last meeting, we would hope to see more people getting involved in helping with this community event
Paul Aulich 6372 2573

Volunteer firemen thanked

Congratulations and a huge "thank you" to the Combined Volunteer Fire Brigades and their Support Team, for their timely and expert efforts in controlling the fire off Lower Germantown Road on Monday 3rd November, preventing my house from being damaged.
Your efforts are gratefully recognised and admired.
Marguerite McWatters

Operation Christmas Child

Thanks to all who contributed to Operation Christmas Child. 130 boxes were taken to the collection centre in Launceston then on to Hobart for loading into shipping containers for Cambodia. What a lovely surprise for the children and a great effort from this area. Some People did express a wish that Iraqi children be given the shoe boxes. Unfortunately it was not safe for a delivery there this year. Samaritan's purse has sent hospital equipment which was received with open arms and many tears.
Eileen McManus

St Marys bike park

There will be a working bee on Saturday 15th November at 10 am to finish constructing the fence and to level the track. Anybody with any skills or equipment who would like to offer some time, please come along.

More info: Hannah or Peter 6372 2348

Why ?

Being a frequent user of the Fingal Valley, it is indeed a pleasure to travel through Fingal and to observe how lovely and tidy that town is becoming, Council certainly deserve to be congratulated for all the work and effort they have put into Fingal over recent months.

Sadly I am unable to say the same of St Marys, from time to time I see a number of community minded citizens doing their bit for the town but it is not kept in the same immaculate condition that I see at Fingal. Why is that ? I ask myself, maybe the St Marys folk do not pay their dues to Rome, so Rome does naught for them. Is this the case ?

Just wondering
(name supplied)



Township Funding 2003 - 2004

The Break O'Day Council is currently calling for submissions from community organisations for grants for township projects. All community groups that represent the ratepayers of their township/area are eligible to apply for funding.

An application must be submitted which addresses the criteria set out in the Township Funding Guidelines. Guidelines are available from Council and submissions can be left at the Council office or mailed to P O Box 21, St Helens 7216

Closing date for all submissions is Friday 28th November 2003. For further information, contact Marissa Walker on (03) 6376 1281 or email: marissa.walker@bodc.tas.gov.au



Break O'Day Council Calendar of Events January to June 2004

Break O'Day Council is currently seeking information from event organisers for its 2004 Calendar of Events.

If you are holding an event between 1st January 2004 and 30th June 2004 which you would like to advertise on the calendar, please contact Chris Hughes on 6376 1281 and provide the following information:

Name of Event
Date of Event
Contact Name
Contact Phone Number

Information must be received no later than Friday 14th November 2003

CBA BANK ST MARYS

Mon to Thursday 9.30 am - 4 pm
Friday 9.30 am - 5 pm
Closed between 12 noon and 1 pm

ST MARYS POLICE STATION

Mon. Wed. Friday 9.00 am - 4 pm
Tuesday & Thursday 9.30 am - 3 pm
Closed between 12 noon and 1 pm

ST MARYS LIBRARY

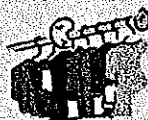
Monday 12.15 pm - 5.00 pm
Wed 10.15 - 1 2.00 pm - 5.00 pm
Friday 12.15 pm - 6.45 pm

ST MARYS WASTE SITE (Rubbish tip !)

Monday Closed
Tuesday 10.00 am to 4.00 pm
Wednesday Closed
Thursday 10.00 am to 4.00 pm
Fri. & Sat. Closed
Sunday 2.00 pm to 5.00 pm

St Marys School Op Shop

Main Rd St Marys



Monday-Friday
10 am to 2 pm

<http://dickadams.vision.net.au>
email: D.Adams.MP@aph.gov.au

St Marys

The gem of the
East Coast

*"Tasmania is going to be
the tourist destination of
Australia."*

*The East Coast has got
all the best of Tasmania,
lets make the most of our
great community."*

SUPPORTING COUNTRY
COMMUNITIES



Dick Adams MP

Fax 03 6398 1120 Federal Member for Lyons Phone 1300 132 689
PO Box 50 Perth Tas 7300

Meals on Wheels Roster

| November | St Marys | Fingal |
|------------|------------------|--------------------|
| Mon 10th | Sally Spilsbury | Shirley Parker |
| Tues 11th | Trish Pyke | Raylene Hall |
| Wed 12th | Mary Viney | Lynda Bean |
| Thurs 13th | Heather Griffith | Jan Marshall |
| Fri 14th | N & A Challis | Christine Woods |
| Mon 17th | P & Y Davern | Sharon Hall |
| Tues 18th | Ruth Aulich | June Hall |
| Wed 19th | Wendy Aulich | Christine Woods |
| Thurs 20th | Gail Gamble | Simone Walker |
| Fri 21st | Claire Bean | Julie-Ann Claridge |

St Marys Association for Community Development
23 b Main Road St Marys Phone 6372 2005

SMACD will be holding a general meeting at 4 pm this Friday 7th November at the St Marys Online Access Centre.
New members and ideas always welcome.

Grassy Bottom Regional Arts

GBRA will occupy the entertainment marquee at the
St Marys Health Centre Spring Fair this Saturday 8th Nov.

- o *Musicians and dancers to thrill you*
- o *Workshops to learn new skills*
- o *Stalls, activities, food galore*
- o *A good family/community atmosphere*
- o *Come along and have some fun*
- o *See you there !!!*

Spring Fair Sunday 9th November

- o **10 am to 4 pm Open Gardens**
- o **11 am to 12.30 pm Bush walk** - a light easy walk for the whole family (meet at Faulkners Green 10.45 am)
- o **1.00 pm Community Picnic** - byo picnic lunch on Faulkners Green.
- o **2.00 pm Maypole Dance**—with live music

Open Garden participants:

J. Weston : Seaview Farm Germantown Road
B & S Nelson - The Gums Boarding Kennels St Patricks Head Road
D & T Mathews _ Blueberry Cottage Elephant Pass Road
I & P Witton - Lohreys Road Dublintown
P & P Shah - Seabelles Restaurant Riverview Road Scamander
R & H Holder - behind Holders Store Fingal
J McGill - Talbot Road Fingal
Maps available from St Marys Newsagency and Spring Fair

Next Grassy Bottom general meeting will be held on Monday 17th November at 4.30 pm, GBRA HQ.

Due to popular demand the next 'Open Stage' (formally known as 'Brackets & Jam') is to be held at Surfside Motor Inn Beaumaris on Friday 5th December from 7.30 pm. Be there !!

Tasmanian Lymphoedema & Laser Centre Inc.

Operating from the St Marys Community Health Centre,



Do you have a sporting injury, ulcer, arthritis, gout or tennis elbow ?

As well as treatment for the condition of Lymphoedema, the low level laser at the Tasmanian Lymphoedema Centre, can help with treatment of these common conditions.

Email: tlcstmarys@hotmail.com www.taslymphoedema.asn.au

Call the enquiries/bookings office on 6372 2900

Laser Therapist Kate Williams 6372 2111

Massage Therapist Sue Christiansen 6372 2111, 0418 515 419

VALUE PLUS

ST MARYS SUPERMARKET

38 Main Road St Marys
Mark Kate John Roseanne
Mon- Fri. 8am - 6pm Sat: 8am - 12
Phone/Fax 6372 2240
Butcher Ph. 6372 2274

SPECIALS

- ✱ 4 Roll bonus Sorbent \$1.99
- ✱ Nescafe Blend 43 \$4.99
- ✱ Black& Gold Bread \$1.49
- ✱ Bushells Blue Label Tea bags 100's \$2.99
- ✱ 1 Kg Spree \$1.99
- ✱ 18 Pack Coke Cans \$9.99
- ✱ 1.2 Kg Chum \$1.59
- ✱ Peters 5 litre \$4.99

Rump Steak \$8.99 Kg
Round Steak \$6.99 Kg

Bananas \$1.29 Kg
Mesclun Salad \$1.99
Carrots 99 cents Kg



The Historic St Marys Hotel

Ph 6372 2181 Fax 6372 2184

48 Main Street St Marys

Coffee Shop - Meals - Accommodation

Warm fires - Tote - Keno

Discount Liquor - Ice

Live Music

Licensed

Coffee Shop

Open 10 am to 4 pm
(closed Mondays)

Light meals

Iced coffee, chocolate & Spiders

Variety of special teas & Pacific Chai

Latte, Cappuccino, Hot Chocolate

Dining Room available for special functions

GP's urge parents to check on children's immunisation status

Tasmanian parents have been urged to check with the GP's to ensure their children are fully immunised.

Immunisation Coordinator of the Tasmanian General Practice Divisions, Dr Leanne Jones warned that while immune rates had improved in Tasmania over recent years there were still children in the State vulnerable to serious illness because their immunisation schedules had not been kept up to date.

"Our figures show that Tasmania has the best rate in the country for children up to twelve months of age with almost 93% fully immunised. However, by the time children are four years of age this has dropped considerably and in some areas less than 85% of children are fully immunised." February 2003 data for St Marys shows that in the 21 - 72 month age cohort only 84% of children are fully immunised.

Dr Jones reminded parents that schools and child care centres are now required to record a child's immunisation status, and children who have not been immunised may be required to stay away from school or the day care facility in the event of an outbreak.

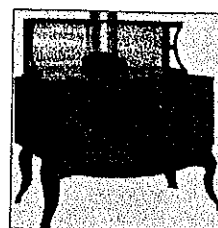
"Parents need to speak with their GP's to ensure that their children have been fully immunised as the schedule for childhood immunisations is constantly changing.

It is important that parents are aware that immunisation is not a static thing and they need to get used to change.

The St Marys Spring Fair is being held at the St Marys Community Health Centre on Saturday 8th November and is the perfect opportunity to discuss any immunisation queries parents may have with the doctors present. In addition to childhood immunisation, information will also be available in regard to adult immunisations, such as Q Fever.

GP North Division of General Practice Northern Tas. Inc.

Slow Combustion Cooker sales, Cast Iron Heaters & Pot Belly's



Cookers from \$1,690

*Spare parts for most makes, including
Everhot, Rayburn, Stanley, Coonara,
Convair & Red Embers.*

*Friendly advice, efficient service &
many years of experience.*

Phone Rod & Vanessa Clark

Now trading as:



138 Bathurst St Launceston
Ph. 6334 1499 Fax. 6334 3640
Email: primeplumbing@bigpond.com

PAINTER St Marys 6372 2218

Ray Rosskelly

Northeast Wildlife Carers

Established in St Marys
for orphaned or injured native animals.
Donations of towels, beanies, old jumpers, straw
or hay would be gratefully accepted.

Phone 6372 2462,
6372 2973 or 0417 017 105

C.D.D.M EXCAVATIONS St Marys

Earthmoving Contractors - - owner operators Craig: 0439 722 032 6372 2033 or Des: 6372 5441

- ✓ 20 ton Excavator with: - quick hitch, buckets, ripper, log forks, rock grab
- ✓ Dozer.
- ✓ Track Loader—forks root-rake.
- ✓ Wheel Loader— forks, bucket
- ✓ 4 WD Tractor & Slasher.
- ✓ Compact Roller,
- ✓ Tippers & Water-cart



- ✓ Firewood
- ✓ Land clearing
- ✓ Water holes
- ✓ Dams
- ✓ Roading
- ✓ Gravels

STATION + COMMUNITY = SUCCESS

At last the Fingal Station has a chance of survival. After a recent meeting between Tasrail and the Community Enterprise Co-operative, a commitment in principle has been given for the station to be transferred to the Co-op.

Of course there will be a lot of work to get the building restored and back to its functional best but the effort will be worth it to save this vital part of the Valley's history.

If anyone wants to help with this project or has contacts that may come in handy for supplies etc. then the group would be really grateful for the assistance.

Our priority is to fence the area to prevent further vandalism and theft and this has been made possible with a generous donation from Government obtained through the efforts of local member Michael Polley.

The Community Garden is progressing well and extra funding is being sought to fence the area and construct a shed to secure our equipment. Helpers are always welcome to assist in the garden.

See our ad for next meeting details or contact Ross on 6372 2113 for information.

Break O'Day

Community Enterprise Co-operative

THEFT OR VANDALISM?

Last weekend the original sign from the Fingal Railway Station went missing. Given that the sign was securely attached high up on the building, it doesn't take a genius to work out that a ladder and some equipment must have been used to remove the sign.

Was this the work of the vandals who constantly trash the place or was this a calculated theft of a precious piece of our history?

If the thief or thieves have any kind of conscience, please return the sign board to the station and no further questions will be asked.

DINGO MINI DIGGER

CD & TM Wright
1 Gardiners Ck Rd St Marys
Ph: 6372 2258 or 0417 344 209

- ❖ Backhoe with 3 bucket sizes
- ❖ Trenching to 900 deep
- ❖ Machine only 1050mm wide and 1.2m high
- ❖ 200, 300 or 450mm augers to a depth of 2.2m.
- ❖ 4 in 1 bucket handy for landscaping, levelling etc.
- ❖ Can bore holes for house piers, post or verandah poles etc.
- ❖ Little damage to lawns, ideal for around the house & garden.



Break O'Day

Community Enterprise Co-operative

next get together
at the St Marys Hotel Coffee Shop
2 pm on

Thursday November 27

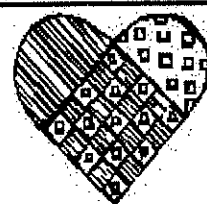
more info from
Marion on 6374 1009 or
Ross on 6372 2113

Gone Rustic Quilt Gallery

Quilts, Classes, Patterns, Kits

The Old Church
Storey Street
St. Marys, Tas. 7215

Rita Summers
Phone - 0409 289 997
Email - riet@hotmail.com
Website - groups.msn.com/GoneRustic



Commonwealth Carelink Centres

Your Link to Living Independently

Unsure of where to find information about:

Cleaning Gardening Social activities
Residential aged care facilities
Meal services Personal care
Support groups

Or other Community Services

WHEN YOU NEED IT !

Simply phone freecall 1800 052 222 and the friendly staff from your local Centre in Launceston will provide you with information which will enable you or someone you care for, to live as independently as possible in your own home. Phone now for a free copy of our Guide to Aged Care in Tasmania booklet.

Commonwealth Carelink Centres
are your
Link to Local Services!

Forest view

To date concerned and informed locals (not Forest Practice Officers or those elected to represent this community) have,

- Facilitated a meeting with DIER (Dept. of Infrastructure, Energy and Resources) so that locals with concerns had the opportunity to discuss these face to face with department representatives, (who cares who Townsafe St Marys is or isn't? I at least support the concept)
- Alerted Forestry Tasmania that the Forest Practices Code clearly states that no more than 5 % of any town water supply catchment area is to be logged in any 12 month period. (They have now had to reschedule harvest plans)
- Discovered a significant community of eucalyptus brookeriana (a species listed as vulnerable and protected under RFA) inside a recently approved Private Timber Reserve soon to be harvested. Note; harvested these days usually means turned into toilet paper. Private Forests Tasmania failed to recognise the species during the approval process. Woops!
- Discovered a Wedge Tailed Eagle nest inside a current logging coupe that requires an exclusion zone from forest operations and a halt to harvesting during nesting times. The operation is now on hold, (think how many eagles we have already lost through such ignorance). These laws/codes are laid down in the Regional Forest Agreement or the Forest Practices Code. These boo-boo's have only occurred in St Marys in the last 6 months and, are only the instances that I am aware of. Think what happens when no one is taking notice.

Could it be that 'Greenies' may not just be pains in the back-side looking for ways to be difficult, whingeing about forestry and hindering progress, could they be aware and informed human beings who have vision enough to see the harm, disregard and disrespect the 'greedy' have for sustainable forest practices (does anyone know what this is?) and the future of our environment? But most importantly, let's not allow differences of opinion and levels of informity cause division in this community of ours; I respect the views of the informed, the conscientious and those with vision. There are also people in this community who have my respect and admiration whose opinions I don't share. Now is the time to be focusing on the future of this town so let's get into protecting what it is that keeps families here and brings people to this place - the natural beauty, the way of life and the friendly people here. What do you think?

Terese Tanner

Member of this community

Ransleys Appliance Services

P O Box 154 St Helens 7216

- * Washing Machine noisy ?
- * Refrigerator runs too long ?
- * Clothes Dryer blows cold air ?

Then you need the service of our technicians
Ring us on: 6372 5307 Mobile 0428 761 811

St Marys Health & Beauty Centre

42 Main Road St Marys
Phone 6372 2172

Great new stock includes:

- The world's best tweezers are now available
- Round hair brushes, two sizes great for blow drying

TOYS TOYS TOYS

- Barbies, clothes & jewellery
- Kites and Cricket sets
- Fancy dress fairy costume \$26.95
- Die cast motor bikes from \$7.95
- Tractors \$12.95
- Collectable cars \$12.95
- Doll's strollers great buy at only \$15.96 ea
- Wooden puzzles \$12.95 ea
- Wide range of stickers only \$1.95 / sheet
- Braids & beads kit \$8.95
- & much much more
- Call in and take a look !!

Super specials:

Baby bottles only \$2.95 ea.

Assorted \$2, \$4 & \$7.50 bargains in basket inside front door

East Coast Glass

Falmouth 6372 5361

- * Glass repairs
- * Security doors
- * Shower screens
- * Wardrobe doors
- * Double glazing
- * Aluminium windows



Locally owned and servicing the East Coast for over 10 years. Call David and Anne Cannon for prompt and reliable service.

EAST COAST SURVEYING



Consulting surveyors and land planners. Andrew MacGregor
6376 1972

We can help you.

- ❖ Buying a property ?
- ❖ Planning a development ?
- ❖ Unsure of your property potential ?
- ❖ In dispute with an adjoining owner ?

ST MARYS COMMUNITY HEALTH CENTRE

'WHAT'S ON AT THE CENTRE'

- 6th/Nov **Tai Chi** 6:30pm-7:30pm
in Day Centre Room \$5.00
- 6th/Nov **Continence Clinic** with Karen Bell
Phone CHC for appointments.
- 6th/Nov **Child Health Clinic** with Lorraine McGee. 9am-12noon. Afternoon
appoints available by calling
0409 361 005
- 7th/Nov **Chiropractor**— available in the
afternoon. Phone 63312217 for
enquiries or appointments.
- 8th/Nov **'SPRING FAIR'**— Community Health
Centre Grounds. Starting at 10am. Lots
to do and see. Make it a family day out!
- 11th/Nov **Living Longer Living Stronger.**
With Jacquie Geniola 1pm-2pm
- 13th/Nov **Tai Chi** 6:30pm-7:30pm
in Day Centre Room \$5.00
- 13th/Nov **Hearing Services** for appointments
please phone 63317455
- 17th/Nov **Tasmanian Lymphoedema Centre**
(TLC) general meeting 10am-11am.
- 18th/Nov **Speech Therapist** 10:45am-11:45am
- 18th/Nov **Living Longer Living Stronger.**
With Jacquie Geniola 1pm-2pm
- 20th/Nov **Telehealth Training Session** for staff
and carers— *Dementia Training* 2-4pm
- 20th/Nov **Tai Chi** 6:30pm-7:30pm
in Day Centre Room \$5.00



DO YOU HAVE A LARGE TENT OR MARQUEE ?

Please contact Sophie Legge on 6372 2111 at
the CHC by Friday 7th November 2003. We need
extra tents and marquees for the *Spring Fair* !

GP ROSTER— ON CALL:

DR SHAH Sat 8th—Sun 9th

DR GENIOLA Sat 15th – Sun 16th

DR SHAH Sat 22nd—Sun 23rd

Dr Geniola on call phone: 6374 2288

Dr Shah on call phone: 63722311

Medical Emergencies phone:

000 or

The Ambulance on:

1800 008 008

000 works on Mobile Telephones.

COMMUNITY HEALTH CENTRE

'SPRING FAIR'

On Saturday 8th November 2003, *this Saturday*, the Community Health Centre will be hosting the St Marys Spring Fair at the Health Centre Grounds.



Come and enjoy a family day out with lots of competitions; cake decorating, flower arranging decorated bike, photos, Who's legs are those? etc. Food items and rides!

Not to mention the *SHOW BAGS!!!!*

There are four show bags available on the day so keep an eye out for our display.

| | |
|--------------------|--------|
| Girls Show Bag | \$5.00 |
| Boys Show Bag | \$5.00 |
| Anyone's Show Bag | \$8.00 |
| St Luke's Show Bag | \$1.00 |

All photos for the Photo Competitions need to be in the Community Health Centre by Thursday 6th November.

Flower arrangements and cakes can be dropped off on Saturday morning to the Health Centre.



Information from this page was submitted by:

The St Marys Community Health Centre, Gardeners Creek Rd, St Marys, TASMANIA. 7215

University Department of Rural Health, Tasmania
C/- Healthy Communities House
13 Circassian Street, St Helens, Tasmania 7216 Australia
Telephone: 03 6376 2975
Fax: 03 6376 5240
Mobile: 0427 846 050
Email: Rowena.Leitch@utas.edu.au
Visit our Website at: www.ruralhealth.utas.edu.au



Whose health is it anyway?

*Important notice for the residents of
Mathinna, Rossarden, Evercreech, Fingal, Mangana, Avoca and St. Marys.*

Welcome to the **WELLBEING GROUP!**

- *Do you want to meet people?
- *Do you want to meet organizations who can help you?
- *Are you interested in health & wellbeing?
- *Personal skill-building?
- *Do you want to learn more about environmental awareness?
- *Would you like to experience social connections?

**Then come and be a part of 'The Wellbeing Group' which is being
formed in Fingal to address these issues.**

Date: Friday 31st October 2003

Time: 10.30 am

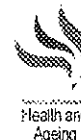
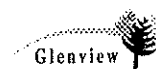
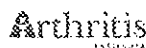
Where: Family Based Care, Talbot St, Fingal

Please contact:

Sharon Freeman
(Family Based Care)
ph. 63742362

Rowena Leitch
(Whose Health is it anyway? Project)
ph. 63762975

All men and women are warmly invited to attend and contribute their vision to the group.



Living Longer Living Stronger

Due to popular demand during the eight week trial the following locations are continuing to be offered for Living Longer Living Stronger Training in the Break O Day area

**Fingal Family Based Care Headquarters
St Marys Day Care Centre
St Helens Veterans Information Centre**

For further information phone
Jacquie Geniola on 0407 361 530

TAI CHI with Dawn Denholm

St Helens
The Bungalow St Helens Neighbourhood Centre
Circassian Street
Thursdays commencing 9 October
Beginners Class
12.30 - 1.30
Regular Class 1.30 - 2.30

St Marys
Tuesday night
6.30 - 7.30
Day Care Centre
St Marys Community Health Centre

Fingal
Wednesday night
6.30 - 7.30
Fingal Neighbourhood Centre
Talbot Street Fingal

All sessions \$5 each
For further details please call:
Rowena Leitch 6376 2975
Or Dawn Denholm 6377 12 60

Please indicate if other days are more suitable and if sufficient numbers Dawn will put on another class.



The Whose health is it anyway? Project
invites you to a workshop on:

Falls Prevention



Tuesday 2nd December
11.30 am till 2.30 pm

**Bungalow,
St Helens Neighbourhood House**
25 Circassian St, St Helens

Our guest speakers will be discussing the effects of footwear, eyesight, diet, fitness and exercise upon the incidence of falls, and also how the use of drugs can increase the likelihood of falls in older people.

Numbers may be limited so early bookings are advised. A light luncheon will be provided, and a gold coin donation would be appreciated.

For more information, please contact:
Rowena Leitch
The Whose health is it anyway? Project
Healthy Communities House
13 Circassian St
St Helens 7216
Ph: (03) 63762975
Mobile: 0427846050
or
Fax: (03) 6376 5240

Cooking for Diabetics

Review day
Tuesday 18th November 2003
Scamander Sports Complex
10 am to 3 pm

Reminder: Please bring containers for Christmas Cooking!

Please phone:
Rowena Leitch on 6376 2975
to confirm your attendance, thank you.

Extract: The Examiner 17 May 1893

by the St Marys Correspondent

The St Marys Hotel kept for the past five years by Mr Thomas Smallhorn, has changed hands, our local saddler and livery stable proprietor Mr L. Schier being now 'mine host'. Mr Schier is too well known to local residents and the travelling public to need my poor praise in his behalf. I wish him good fortune.

General regret is expressed at Mr Smallhorn's departure, as during his residence here he gained the good-will and friendship of every member of the community, owing to his genial disposition and upright character. Before taking his final leave of St Marys, Mr Smallhorn was the recipient of a testimonial and address as a slight acknowledgement of our feelings towards him.

We have had a visit from a circus company, and although money is scarce nearly £40 was taken. A dance was given afterwards by members of the troupe, but as only lady put in an appearance I do not think it could have been a success.

On a recent Sunday the pulpit of one of our churches was occupied by a gentleman - a local preacher - who after exhausting his stock of theology, proceeded to speak in very harsh terms of our local brass band, terming it "a band of larrikins", etc. Several of the congregation have since expressed their determination to object in future to such preachers and such preaching, as the remarks were totally undeserved, the bandmen without exception being thoroughly respectable and well behaved.

We are to have a grand ball on the 24th inst., and our soldiers will fire some blank cartridges in honour of Her Majesty.

A meeting is to be called shortly with the object of taking steps to build a town hall. I hear also of a new church for the Roman Catholic denomination and one for the Church of England. Advance St Marys.

Sir

Stick to the issues

'Cage Rattler' claims that his* role is to stimulate debate about issues, put questions (V V 18-10-03) the right of Townsafe St Marys to do so, because he says it is "not an organisation".

Who is Cage Rattler? What right does he have to raise issues, and challenge readers to think about them? He is not a formally constituted or structured body, he does not advertise or hold meetings to discuss his issues, he expresses his views without consulting the wider community beforehand, and he writes anonymously under the banner "Cage Rattler". Certainly a challenging pseudonym with more impact than "Fence Sitter".

So are the issues he raises any less relevant? Of course not. He could call himself "Gladwrap Freaky Prune", and the issues would be unchanged.

As for sailing under the flag "St Marys", it is simply a locational tag, as used (V V 18-10-03) by Lions Club of St Marys, TCA St Marys, and others. Our columnist could style himself "Cage Rattler St Marys", and it may sharpen the focus for the outsider, but would make not a scrap of difference to the issues raised.

"Cage Rattler" should preach what he practices - forget the messenger, and concentrate on the message.

* for "he/his" can be read "she/her"

David Clement St Marys

Editors note: This writer has given three quotes from "V V 18-10-03".

Please note that there was no Valley Voice printed on Saturday 18-10-03

Putting pen to
paper, lights
more fires than
matches ever
will !!

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Letters to the Editor

Sir

Thank you Cage Rattler for a well-written and sensible approach to issues within our community. All letters should be accepted as just that - letters of concerned persons at the time of writing. No malice is intended, nor prolonged exchanges wanted, just points of view given, as is everybody's right. Not all people have the same opinion.

Bob and Charlie
St Marys

Dear Editor,

I am writing to comment on the issue of the stones with David Clement. I think he is entitled to the stones that he bought in December 2002 as he did check with Tasmanian Heritage Council, Crown Land Department, and all appropriate authorities.

As there is planned redevelopment of the site, the stones would have had to be removed any way.

Benjamin Payne
St Marys

The Editor

This is not in defence of David Clement for he is big enough to defend himself, but rather a case of giving credit where credit is due, the years which I have known David, on all the topics of which we have discussed, he has always known his subject, giving it to me exactly as it is, and after doing my own homework on the subject I find him to be honest. I think we should remember that we are all products of our environment. The very personal nature of the letters has reduced the status of the voice as a forum for robust debate about issues. Let us say he who has no faults let him/her cast the first stone.

Patricia O'Donnell
St Marys

Sir

I would like to add to the letters of concern in your last issue relating to the removal of stoneworks from the old railway site. I agree totally with the issues raised and am also very upset the removal took place. The stones could possibly have been used within the township in some way as a reminder of our past (if they had to be removed at all), apart from just sitting in someone's yard in a state of damage. As I was born here and therefore a life long resident of St Marys, my worry is not only for losing part of our heritage - for the railway was the life-blood of this town, but my concerns lie in our future if this behaviour continues.

Jeffrey Faulkner
St Marys Resident

Church Services

Catholic Parish of St Marys

Priest: Father Bill Egan 6372 2252

Fingal

Every Friday Mass 10am

1st and 3rd Sunday Mass 10.30am

St Marys

Every Sunday Mass 9am

Bicheno

Every Sunday Mass 4pm

St Helens

Every Saturday

Vigil Mass 6pm

Mangana

5th Sunday Mass 11am

Anglican Parish of the Northern Midlands

Services each Sunday

Avoca 8.00am

Fingal 10.00am

Mathinna: 2nd & 4th Sunday monthly
at 11.30 am

Daily Office Reading

Avoca Tuesdays 10am

Fingal Tuesdays 12 noon

Ross Wednesdays 10am

Anglican Parish - St Helens

6376 1144

St Helens

8am and 10.30am

Every Sunday

St Marys 10am

No service 5th Sunday

Monday JAM:

3.15 pm to 5 pm
for children 5-12 yrs

Pyengana 11am

2nd and 4th Sunday

Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10am

Divine Service 11am

New Beginnings Church

Every Sunday at 10.30 with children's
time, tea and coffee afterwards.

Last Sunday of month we will share lunch
together.

108 High St Mathinna

Ph 6377 1234

New Beginnings Church is a branch of The
Vine Church A.O.G Launceston

Letters to the Editor

Sir

Rubble Rousers

Letters V V 18-10-03 referred to the removal of the remains of a retaining wall at the Railway Station in terms echoing "Hamlet", "the people lack not buzzers to infect their ears with pestilential speech"

For the record, I bought the stones from Tasrail in 2002, after consulting the BOD Planning Officer, Crown Lands, and the National Estate Register, none of which had any interest in them. The Tasmanian Heritage Council advised me, verbally and in writing, that they had no heritage value and that I could remove them whenever I wished. Their removal should be seen in context.

Although the station building remains, and is heritage listed, the rest of the station complex no longer exists - stockyards, fuel depot, engine shed, goods shed, turntable, signals, water column, loading ramps, gantry crane, coal stage, permanent way sheds, sidings and lines have all been removed over the past 20 years, while the outrage of the community remained placid and mute.

Secondly, the site is currently being sub-divided to allow the purchase and privatisation of the station building by a local resident for a commercial development, presumably not totally devoid of self-interest, and not a process undertaken in the full light of public consultation.

The BOD Council, supported by the traditional values group, the TCA, has proposed to bring the area to its full potential by developing this primary entrance to the town as a stopover and pump-out facility for mobile homes.

About one third of the retaining wall was long gone, without outcry, and since then other stones have walked from time to time, truly a community heritage.

There are no signs, blue or yellow or otherwise, directing visitors, or indeed locals, to the remains of this wall as an icon of St Marys, the focal point of our history, neither has there been any public call to recognise it as such. Why should there be? In 1982 "Australian Model Railway Magazine" ran an article about the station, complete with photographs of every aspect of the site, but not a glimpse of this retaining wall; it was of no more significance then than 20 years later.

The stones will be used in the renovation of a cottage in St Marys, once owned by Samuel Page, the operator of the coach service to Launceston, forming a link between the early coaches and the railway which helped put them out of business.

The community may be better served by the letter writers if they directed their energies to saving the water tower, before the scrap metal merchants move in. They also downgrade our history by their claim that this remnant wall was "one of the few areas of history remaining in our town"

This much ado about nothing seems driven by an agenda other than stones.

David Clement St Marys

Sir

I am flattered that Ruth McGiveron has taken so keen an interest in my visions for St Marys - they seemed modest enough, a town where the speed of through traffic was limited to reduce the danger to residents, where residents were consulted about the opening hours of their tip and the colour of their bins, where drinking water was free of chlorine and fluoride, where pedestrian crossings, refuges and islands made it safer to cross the road, where the spraying of toxic chemicals in public places was controlled, where dangerous intersections were made safe, a town linked by footpaths from Irishtown Road to the Railway Station, linked and unified by an avenue of trees, etc. She forgot to mention that I thought it may be time to have a name put on the cemetery, that residents of over 25 years should have free burial (she would qualify twice over), and that we needed a telephone box that kept the rain out. If Ruth is happy with her warts, good luck to her, but why knock the visions of others.

I did walk out of the St Marys Town Theme Committee; I was a founder member from 1997 and had served on this Council Committee until Council decided (Councillors Legge and McGiveron dissenting) in 2002 to withdraw funding and administrative support. My exact words were "We've been shafted, this is a waste of time" and I resigned. The Committee never met again. I was not needed for a forum. Am I to believe that the other members, such as John McGiveron, Robert Legge, Audrey Wright, Grant Faulkner, Mary Targett and Jennifer Binns were sheep, who led only where I followed?

Just ignore me, Ruth, and keep on with the tablets.

David Clement St Marys

Fingal Online Access Centre

Old Tasmania Hotel Fingal Ph 6374 2222

Neighbourhood House 6374 2344

Email: fingal@tco.asn.au



The Say by Cage Rattler

Community concerns being expressed

It must be said that the last issue of the Valley Voice showed me that St Marys is not as apathetic as I once thought.

To be quite frank, there was a time when no-one much seemed to really care about what was going on.

The 23 October 2003 issue certainly de-bunked that theory in no uncertain terms for Cage Rattler - that's for sure.

The matters brought forward by individuals and groups alike were extremely reassuring for me.

The best part was that they were not really anything to do with Cage Rattler in a previously stated sense except to prove that topics brought forward such as the authors did, can be pertinent and relevant to many who care about St Marys' future direction.

Another stand-out fact was that several of the writers who normally do not pen letters were obviously so concerned that they felt compelled to do so, such was the need to express their views. That has to be good for us all.

Did anyone notice that nearly all the letter writers were long time residents of our town? Did you also notice that most, if not all of them are heavily involved in voluntary community work and have been this way for as long as you can remember? They obviously care very much about the town in which they live.

There are no worries about their qualifications and right to put forward what they think.

Just the same, let us not forget that views of our newer residents must also be welcomed and respected because contrary to some opinions I believe that a monopoly by a few on decision making is not an ideal situation.

Another thing that cannot be condoned under any circumstances is when differing opinions are cried down before proper scrutiny and discussion happens.

Matters revolving around Timber Communities Australia, Council works improvements and Lions Club playground development, were made abundantly clear, which makes for a more accountable and open place to live.

I applaud every person willing to express their views and it is terrific that this time especially there were some new names on the letters.

All we need now is for those issues to be heeded so that we can fix any problems and get on with a more positive attitude and give credit when and where it is due.

What do you think?



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Visiting St Marys Community Health
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Appointments:

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St Marys Sports Centre News

by Kackhander

New lighting installed.

As you drive towards the St Marys Sports Centre you will now see an unusual sight, but something that will provide a unique opportunity to local lawn bowlers.

Light towers have been installed, this will allow all kind of possibilities including eventually a night carnival one day.

The Sports Centre is the only East Coast club to have this facility and a huge thanks must go to many club members, particularly Jack Viney, Glenn McDonald and Rex Floyed, for their major assistance organising much of the work.

A special thanks also to Cornwall Coal and Aurora Energy for the assistance they have provided. Within a week or so we should be powered up and ready to go and a special opening is expected to be held in a few weeks.

Thanks again for another great innovation.

Still on bowls and to everyone who assisted with the brand new seats and shade cloth, it is brilliant.

Rod Field provided expert routing as well for the seats and they look fantastic.

Let me tell you that the bowls section has never been so exciting to be a part of, and each and every member is doing a great job.

Golf: It is great to report that the club has a brand new Captain. Mark Birch has offered to take the position and we are certain he will be terrific for the club. Recently arriving from Queensland, he has some great ideas and hopes to engender summer golf again with a view of encouraging new members. Welcome Mark and thanks for all your help so far.

A special mention goes to Betty Dawson. Betty has been doing a wonderful job of late with the Bar while Mandy has been ill and we all appreciate it greatly. Thanks Bet.

Just a reminder that Club Treasurer Steven Dawson has issued remittance notices to members for the Subs that are due by the end of November. Steven suggests that we get them in as soon as possible, particularly bowlers so that everyone is fully able to represent the club after November.

I am pleased to be able to let people know that we will be giving a farewell to Dot White, at the Centre, on the evening of Friday 21st November, more details will be given later.

My apologies to all. In the last issue I mentioned an Aurora sponsorship day being held soon. This is still going to happen but has to be rescheduled to about Australia Day. *Anyway until next time, good hitting and rolling.*

St Marys Tennis Club

Membership Fees

A reminder to members that fees are due by Thursday 27th November 2003.

It is essential that membership is paid by this date to be eligible for our Club Championships. Fees are to be paid to Drew Adam, Frank Street St Marys.

Spring Fair

The St Marys Tennis Club are having a combined cake and confectionary stall with the St Marys Childcare Centre at the Spring Fair this Saturday at the St Marys Hospital at 10 am. The Tennis Club will also be raffling a ute load of wood on this day. Looking forward to seeing lots of people at this community event!

Next Meeting

Our next General Meeting will be on Thursday 27th November at 7.30 pm.

Susan Miles (Secretary)

Wombat Post News

We now have Sea Fishing Licences for sale. Don't leave to the last minute getting your Cray-Abalone or Netting Licences.

While you're at Wombat Post buy a Siemens Prepaid Mobile Phone for \$119.00, this includes \$100.00 worth of calls, ideal to take fishing.

Don't forget you can pay your Council Water & General Rates at the Post Office.

See you at Wombat Post

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