

# THE VALLEY & EAST COAST VOICE

Volume 35 No. 19

Thursday 28 February 2002

50 cents


## Events board for town

The St Marys Town Theme Committee has asked Council to obtain a costing for three Events Boards to be located at each entrance to the town, to allow events taking place in the town to be publicised to through traffic, events such as the Winter Solstice Celebrations, the New Years Day Races, the Spring Festival, the Christmas Parade etc.

It is envisaged that the boards would be about 1400 mm square. When not in use for event publicity, it is suggested that the fixed backboard would read *Welcome to St Marys* or similar.

Organisations conducting events would have their own notice board signs prepared, which would be slid in front of the backboard for an appropriate period before the event, and then removed the day after the event was completed.

Comment and suggestions are invited from members of the community on this idea, and as always input to the Town Theme Committee is encouraged from the community.



**Andy Irvine**  
with  
**Rens Van Der Zalm**  
**LIVE @ Todd's Hall**  
**THURS FEB 28**  
**8PM**  
**Tickets \$15**  
*A true legend of*  
**Irish and World**  
**Music**  
**Ph: 6372 2066**

## Clean up Australia Day Sunday March 3

*Everyone is asked  
to do their bit!*

## Photographic Licences

There seems to have been much controversy over the photographic Drivers Licences which have been taken at St Marys Police Station due to the new digital photos being implemented earlier this year.

Melissa Bean, Clerk at St Marys Police Station reports, "I wish to inform the public that we have been told by Service Tasmania, Campbell Town, that we can continue to process your Driver's Licence."

"Apparently what is happening is that we take your photo and then the documentation is forwarded to Service Tasmania and onward to the Department of Infrastructure, they then scan the polaroid photograph which we have already taken. This photograph is kept on file for 3 years and if in the meantime you lose your Drivers Licence, the photograph will be on file

"We know this will assist the public greatly in that you will not have to make a special trip to Service Tasmania at St Helens, also I hope that this has not caused too many hassles for too many people".

## St Marys Newsagency

Phone 6372 2143

### Trading 7 days a week

Just a note this week to ask if anyone still has any of our Nintendo Games, we are missing three, Super Smash Bros, Yoshi Story, Mario Cart.

There will be no late charge, we would just like the Games returned as they are very expensive to replace.

*Thank you Deidre & Ros*

## EAST COAST SURVEYING

Consulting surveyors and land planners  
Phone Andrew MacGregor 6376 1972

***We can help you.***

- ❖ Buying a property ?
- ❖ Planning a development ?
- ❖ Unsure of your property potential ?
- ❖ In dispute with an adjoining owner ?





## CLASSIFIEDS

### Wanted to Buy

Old style large double or queen size Bed, solid timber or iron. 6372 2242

Good second hand stove for rental property.

2 man Kayak. 6372 2108

or see Lyn at Designer Hair St Marys.

Cheap bunk beds suitable for hut. 6372 2465

### For Sale

1 pair Ladies size 7 Fawn 'Doc Marten' T Bar shoes - never worn. \$20.

O Targett 6372 2344

1 Pine cradle with mattress. \$80.00 ono

Phone Liz 6372 2190

**Puppy** born on December 2 last year, wormed, good markings. \$10. Phone 6372 2515

### Landeruiser parts:

2 diff centres,

End housing transfer case with cogs.

\$700 the lot. 0419 703 864

**Kawasaki KV10** Trail bike, mechanically A1 \$220. 3 Burner electronic ignition gas BBQ \$100. Phone 6372 5464

**1970 Holden** car, many new parts, to drive or wreck. Phone 0408 596 152

**Lost** Gold wrist watch with gold chain, *M.O.* engraved on back of watch. If found please return to 11 Groom St. St Marys or phone 6372 2540. \$20 reward.

**Reward offered** for return, or information leading to return of a chrome BMX bike taken from 14 Clive Street St Marys.

Phone Jenny Payne 6372 2514

### Board wanted

Mature non smoking female requires board, preferably in the St Marys area.

Contact Carol C/- St Marys Community Health Centre 6372 2111

### **Rae & Partners, Lawyers Barristers & Solicitors**

93 York St Launceston Ph 6337 5555

Visiting 44 Main Street St Marys alternate

**TUESDAYS 9am - 10am**

Accepting instruction in all legal matters.

**Appointments** can be made with  
St Marys Health & Beauty Centre 6372 2172

### House for Sale

#### Open Home Saturday 2nd March 2002

30 Cameron Street St Marys

10 am to 1 pm only

Lyn from L J Hooker will be in attendance  
for interested persons.

**Garage Sale also being held at the same time.**

- No business before 10 am please.

Wardrobes, 2 Flywire doors, Dining Table,  
2 Double Beds, Bed Spreads, Bric-a-Brac,  
Treadmill, 210 litre Freezer  
and much, much more

### Garage Sale

Sat. 2nd & Sun. 3rd March 2002

Cornwall Cottage Nursery

Lot 1 Vincent Street Cornwall

*Follow the signs*

Band Saw, Brush Cutter, Ride on Mower,  
Tandem Car Trailer, Home Gym,  
Fire Fighting Pump, Books, Bric-a-Brac  
and lots more.

Glen & Chris Trotter

Phone 6372 2107

### Items for Sale

2 single, 1 double bedspread

Single bedroom suite & mattress

2 single innerspring mattresses

2 heavy old style wardrobes, 1 single wardrobe

1 Trailer 6 x 4 (pine), 12 gallon copper

Hitachi twin tub washing machine

30' heavy duty wrought iron, ex. condition.

1 Ladies bike, Freezer, Sundries

Phone 6372 5162



### SERVICE STATION

37 Main St. St Marys 7215 ABN 79 232 153 351

Ph 03 6372 2735

AH 03 6372 2233

### Trading hours

Monday to Friday: 8 am to 6 pm

Saturday: 8.30 am to 12 noon

Rostered Sundays: 9 am to 5 pm

## COMMUNITY NOTICES

**Grassy Bottom Regional Arts Brackets & Jam**  
Saturday 2nd March 2 pm—5 pm @ Todd's Hall  
Come along all you musicians, poets, writers, noisemakers and listeners !

### **Tasmania Lymphoedema Centre**

Monthly meeting Tuesday 5th March at 10.30 am at the St Marys Community Health Centre.  
*AGM will be held on Tuesday 9th April at 10.30 am, light lunch to follow meeting.*

### **Red Cross General Meeting**

Tuesday 5th March at 7.30 pm at the St Marys Community Health Centre. Members and new members welcome to attend.

**St Marys Hospital Auxiliary** monthly meeting Monday 4th March at 2 pm in the Community Health Centre. New members welcome.

**East Coast & Fingal Valley Junior Football Association** meeting will be on Tuesday 12th March 7 pm at the St Marys Hotel.

**SMACD** (St Marys Association for Community Development) would like to invite Representatives from all Community Groups to participate in an open table discussion to evolve a united community progress/projects group.

*NO*, this is not a 'take-over-bid', just a friendly discussion to improve our community goals and objectives.

Tuesday 12th March at 7.30 pm at the St Marys Online Access Centre.

*Lyn Plummer, Acting President*

### **St Marys & Districts Chamber of Commerce**

Due to vacancies of Office Bearers, I am calling a meeting of all interested parties to attend a meeting to be held immediately after a SMACD workshop meeting on Tuesday 12th March, this meeting will start at 7.30 pm at the St Marys On-Line Centre and will be attended by Mr Neil Butterworth, the Break O'Day Facilitator, and incorporated in the SMACD meeting. We hope to discuss the future of the Chamber of Commerce and look at all options available as to its continuation or demise. Please attend this meeting, your view would be welcomed, don't worry, this is not an AGM, just a meeting to discuss direction and future of the Chamber.

Attend now before it is too late.

*Karen Saunders. Phone 6372 2242*

## Intowork

Recruitment and Training  
Providing Job and Career Options  
for

People with a Disability  
A representative will be available  
one day per fortnight which commenced  
Monday 18th February 2002  
Please ring Tim on 03 6334 4988  
or 0419 890 005  
to make an appointment

## Thank you

I would sincerely like to thank Drs Geniola and Shah and the wonderful staff, for being so kind to me during my recent stay at our new hospital, it was very much appreciated.

Phyllis Hoskinson St Marys



## Red Cross Doorknock Appeal

will be held during the month of March.  
Please give generously when the  
Red Cross Doorknocker calls.

## Congratulations

to  
Mrs Marj Oliver of St Marys  
who will celebrate her  
**90th Birthday**

on  
Friday 1st March 2002

## Happy Birthday !

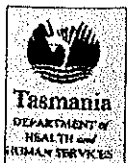
## FARRIER

Shoeing \$40  
Trims \$15



Call John Treasure  
Fingal 6374 2324

## Palliative Care Service (North)



### Volunteers required

Palliative Care is the specialised health care of people living with an advanced illness and little or no chance of a cure. The Palliative Care Service provides advice and practical support to individuals, their families and friends.

We currently require committed people who are available to provide palliative care volunteer support to clients in the Break O'Day municipality. Training is provided and an Information Session will be scheduled in the near future.

If you are interested in becoming a Volunteer Support Person for your community, please contact John Scheffer, Coordinator, Volunteer Support Service and an information package will be forwarded to you. Telephone: 6336 5544



*Our Vision: To enhance quality of life by ensuring that every person affected by a life threatening illness has the knowledge, capacity and right to access quality palliative care appropriate to their needs.*

### A trip from Conara to St Marys by 'Nomad' 'Examiner' 20 August 1895

*"The town of St Marys is very prettily situated and well laid out among trees, surrounded by hills and overshadowed by St Patrick's Head, with the river of the same name running through it. St Marys may be truly said to be the centre of a veritable paradise of natural beauties... .. a land of beauty rare, mid hills and valleys fair."*

## East Coast Glass

Falmouth 6372 5361

- \* Glass repairs
- \* Security doors
- \* Shower screens
- \* Wardrobe doors
- \* Double glazing
- \* Aluminium windows

Locally owned and servicing the East Coast for over 10 years.  
Call David and Anne Cannon for prompt and reliable service.

## ST MARYS HEALTH & BEAUTY CENTRE

42 Main Road St Marys Tasmania  
Phone 03 6372 2172

### NEW GIFT SETS FOR MEN

Davinci Team: Deodorant Spray & Aftershave with zip carry bag only \$14.95

Deodorant spray only \$4.95

Davinci Brazen: Deodorant spray & Hair Goop in zip wetsuit style carry bag only \$9.95

Ideal for the young man!

Also available: Davinci Vomo deodorant spray \$7.95

### SPECIALS

Pregnancy Test Kits now only \$7.95

MIKI nail polish, buy 3 for \$5  
& receive 1 extra free so, 4 for \$5!

Save \$5 on RECTO Versa fragrances now only \$9.95 ea.

Assorted Australis Lipsticks, body sprays, nail polishes only \$2.

Also all Australis Mascaras & Lip Pencils are 1/2 price while stocks last.

*New stocks just arrived*  
MIKI nail hardener treatments with amino acids \$6.95ea

MIKI greatest hits CD's for lips & eyes \$9.95ea

MIKI eye shadow compacts 10 colours \$8.95ea

Love Musk Fragrance is back \$8.95ea

Funky new Hot Water Bottles & Covers only \$9.95

The Big Bee, Warm Wazza & Debra Duck

## Addlestone House B & B

19 Gray Road St Marys 7215



★★★★½ Accommodation at very reasonable rates.

A full 'English Breakfast' is provided.

Join your hosts Charlie (Charmaine) & Bob to learn more about the great local attractions.

Ph. 03 6372 2783 Fax. 03 6372 2889

E-mail: [addlestone@bigpond.com](mailto:addlestone@bigpond.com)



## Community Service Announcement

A new six month Green Corps project based on the East Coast in conjunction with the Break O'Day Council will begin on March 18, 2002, giving young people new and exciting job opportunities.

Green Corps is a Commonwealth Government Youth Initiative program managed by Conservation Volunteers Australia.

Conservation Volunteers Community Involvement Officer for Launceston, Luke Miller said "The Green Corps program brings together teams of like minded young people to work in the outdoors across Australia".

Activities of the East Coast Green Corps project include:

- ❖ Upgrading of the Blue Tier and St Patrick's Head walking tracks
- ❖ Revegetation for stabilisation of the Break O'Day River
- ❖ Bar ways and drainage works including stone work
- ❖ Weed removal and revegetation including seed collection and propagation

Green Corps members are paid a training wage and receive accredited training in First Aid, Occupational Health and Safety and environmental work as part of the program.

Green Corps is open to all young people aged 17-20 and is currently recruiting for team members to start on projects throughout Australia beginning on March 18, 2002.

For further information, or to receive an application, please contact the Green Corps hotline on 1800 633 844 or visit our web site at:

[www.greencorps.org.au](http://www.greencorps.org.au) Alternatively, you can call our Launceston office on 03 6343 0700

### **St Marys Child Health Centre**

St Marys Community Health Centre

**Open sessions:** 1st & 3rd Thurs 9 am - 12 noon

**Next session:** Thursday 7th March 2002

Lorraine McGee RN. AH 1800 808 178

Mobile phone 0409 361 005

## VALUE PLUS

### ST MARYS SUPERMARKET

38 Main Road St Marys

Mark Kate John Roseanne

Mon- Fri. 8am - 6pm Sat: 8am - 12 noon

Ph/Fax 6372 2240 Butcher Ph. 6372 2274

Backed a loser at the Cup ??  
Missed out on Lotto Superdraw ??

Don't Despair !!

Come to Value Plus for a winner

❖ INGHAM No 20

TURKEY HINDQUARTER \$6.50

❖ MIRACLE CANOLA SPREAD \$3.70

❖ WESTONS BISCUITS

Mini Wagon Wheels 12 pack \$2.99

Jam Fancies \$1.59

*Have a look at our Easter goodies !*

### Contacts for Valley Voice

Ron 6372 2105 Audrey 6372 2337

Fax: 6372 2172 or leave written material with

Kathryn St Marys Health & Beauty Centre

or post: C/- Post Office St Marys Tas 7215

**REDLINE COACH** deliver this paper.

Statewide passenger & parcel service. Ph 6372 2142

**Valley Voice Advertising Rates:**

Classifieds free. Small ad - \$6. ¼ page - \$15.

½ page - \$25. Full page - \$40

## P & S RAWNSLEY

Building & Concreting Contractors

Excavator, Backhoe & Truck Hire

- 9 TONNE EXCAVATOR
  - OFFSET BOOM
  - ROADS & DRIVEWAYS
  - LASER LEVELLING
  - SAND SOIL & GRAVEL
  - HOUSE & DRAINAGE EXCAVATIONS
  - SERVING EAST COAST & FINGAL VALLEY
- Fax: 6372 5613 Mobile: 0419 376 747  
Phone: 6372 5627



## Jam sticks in St Marys !

by Wendy Holland St Helens

The light of Jesus is shining brightly in the St Marys community, thanks to JAM: Jesus And Me. This is a children's Ministry run by Melanie Casey and Pam Lynch, it all takes place on Monday afternoon between 3.15 pm and 4.45 pm at the Holy Trinity Anglican Church St Marys.

JAM began last September and started with only six children, numbers have now increased to 20.



Last Christmas the JAM children presented to mums and dads, the quiet message of Christmas, dressing as Angels, Shepherds, Wise Men, Innkeepers and of course Mary and Joseph. They created a human nativity scene,

enhanced with live animals; baby lambs, a miniature horse and a baby goat, wonderfully provided by members of the local community. The children's little faces shone as they sang songs they had been learning in JAM, 'My God is so Big' and 'Jesus is the Mighty, Mighty King'.

In the weeks before Christmas, the JAM children had also been invited to participate in the local community event called "Hey Hey it's Christmas" which was staged at Todd's Hall. The JAM children sang on stage beside their big banner which proclaimed the reason for the initials of their name-Jesus And Me.

*This article has been condensed from the original, which appeared in the 'Tasmanian Anglican', January edition. If you would like to read the entire article and see the photos from the Christmas service, please contact Melanie on 6372 2099 or Pam on 6372 2426.*

*Further if you would like more information about JAM or are interested in your child attending, please also contact us. We would love to see you !*

❖ **What is JAM ?** Jesus And Me

❖ **Where is it ?** Anglican Church Main St. St Marys

❖ **Who is it for ?** Children between 5 and 12 yrs

❖ **When is it ?** Monday

❖ **What time is it ?** 3.15 pm to 4.45 pm

❖ **Why ?** To have fun while you learn about Jesus

## To the Community of St Marys

This is the first report of SMACD for 2002. SMACD has been running workshops to understand the roles and responsibilities of community organisations, such as SMACD.

Those who have participated have gained a great deal of knowledge, both educational and structural, thanks to Break O'Day Facilitator Mr Neil Butterworth.

We have also been looking at in house structure and how we see the future as in the big picture. As St Marys sits at the moment .....600 residents and how many community groups ? If we can coordinate our groups so we have a progress association with one representative from all committees who could gather possibly quarterly and share resources and help each other with projects, there could be a greater strength in workforce, better membership numbers, greater political clout, more facilities and equipment available, greater access to the peoples requirements, all to which most of our small groups would benefit.

Our town could only be advantaged as these people could help coordinate a direction and development for all projects current or pending. We could reduce insurance premiums, have blanket funding opportunities, greater town vision, stop treading on toes of other organisations, coordinate fund raising events, better use of town resources, enhance volunteer base, and just increase our strength as a community as a whole. The disadvantages to this idea or threats are, as we see, parochialism (them & us), strong personalities, maintaining a momentum, and the initial coordination of the group.

If our community wants to move on stronger we need to be represented by all groups and have an input in the community and it's politics. Most areas are represented, but they are not coordinated with the 'big picture'.

Each of these groups are strong in their idea and all of our individual groups have passion to their individual cause, and all are well known for their achievements, now is the time our community should act for the benefit as a whole.

SMACD would like to invite representatives from all groups within our community to discuss community progress options and open the subject for discussion by the wider community.

**Meeting: Tuesday 12th March Online Access Centre 7.30 pm chaired by Neil Butterworth.**

*Hope to see you there. Lyn Plummer*

# Sun Coast Jazz Club

Presents

**The Mahogany Hall Singers and The  
Mahogany Hall Jazz Band.  
Under the Direction Of Susanne Ives.**

Featuring  
Margaret Corongu -Piano  
Alberto Corongui -Guitar  
Ian Summers -Bass  
Joe Cook -Drums  
John McDonald -Sax

Todd's Hall  
St Marys

Guest Artists  
David Holt  
Maryanne Wadsworth  
Rita Summers  
John Ryan  
Alison Eemans.

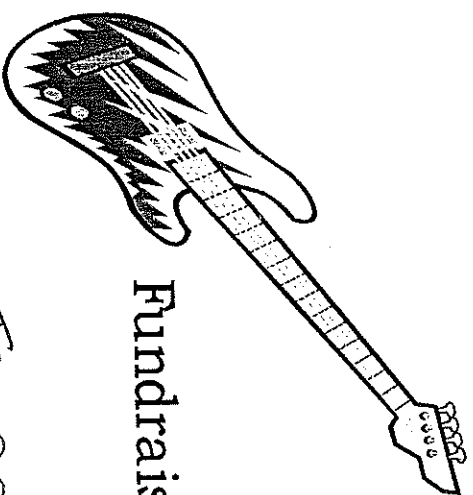
A program featuring Jazz, Swing Gospel Jazz and  
Pop.

With audience participation.

Program begins at 7.45pm  
Friday March the 15th.

Fundraiser for the St Marys Child Care Centre.

Admission \$10  
Supper Provided



To BE HELD AT TODD'S HALL.

# So this is America !

*Peta continues her story*

Pulling up at the Long Island University and seeing all those old buildings so rich in architecture, lit up by flood lights, was like something you would see in a movie. Next was to drag—and I mean drag, suitcases up three flights of stairs to the top level dormitory where we were staying.

My dormitory had 4 bedrooms and one bathroom and I shared with five Australians and two Peruvian girls. After a good nights sleep, we went to breakfast at the University cafeteria then wandered around the campus in the snow, saw a few squirrels which were cute and real bazaar with their movements. We found a bus that took us to the nearest mall in Hicksville, on the way we stopped at a place called Old Westbury where Gwyneth Paltrow did a shoot for Vanity Fair. Next on the agenda was to buy some warmer clothes and thanks to American Eagle and JC Penney, I found just what I was looking for. By the time I got back to the University the European Au Pairs had arrived. Some of the nationalities included Czech Republic, German, Polish, Swedish and Hungarian.

A typical day was, getting up at 7 am, breakfast and in class by 8 am, finishing class at 6 pm, dinner then rest of the evening free. On the Thursday we were given the afternoon off class and went on an excursion to the Big Apple! We travelled through the district of Queens which consisted of big brick buildings, all the trees were dark with no leaves, not much beauty in this district in the middle of winter.

We crossed over one of the bridges and saw the biggest cemetery you could ever imagine. Next on to the island of Manhattan. You really do not know where to look first, you pass all the famous streets such as 5th Avenue.

I saw Donald Trump's 'Trump Towers', walked around busy Time Square and Central Park. Saw the NBC studios where Katie Couric and Matt Laver work. We passed many 'Starbucks' and 'Dean & DeLuca' coffee houses, were shown Val Kilmer's

apartment and where Yoko and John Lennon once lived.

While our tour group was being shown around the city, we were approached by a woman who asked us if we wanted to sit in the audience while they taped a screening of the 'Queen Latifan' show. Queen Latifan is a singer and actress and is in the 'The Bone Collector', so we went to see it taped. We were taken to the Chelsea Television studios in a huge black stretch limo, had to go through a security check point then wait in a room before being ushered into an elevator and taken to our seats to wait until Queen Latifan came out. She was a very nice lady and I thought, wow this is the first celebrity I have seen.

After the show we wandered around New York City, and I have to say it is not as rough as people say it is of a night. We went to a big store called 'Macy's' and bought some Calvin Klein tops and continued on to some small little shops which sold postcards and other touristy things. Before catching a bus back to Long Island we walked to the Empire State Building.

The next morning was our final class and after saying our goodbyes I caught a bus to La Guardia airport to wait for my one hour flight to Detroit – Douglas International Airport then another flight to Charlotte.

Jim my host Dad met me at the airport and on the drive to his home, he told me about a 'Hornet' basketball player in the NBA who was currently on trial for the murder of his girlfriend. I thought great! Welcome to America.

Jim and Barbara's place was an absolutely beautiful home, but within 20 minutes of meeting the little girl I was to look after, I thought what ever have I done!

The best part of staying at Jim and Barbara's house was that I had an apartment all to myself and after a good nights sleep I felt better and hoped that last night with the little girl was just a one off deal!

My Au Pair buddy Kelly who was also a Tassie girl had called and was coming to take me for a look around Charlotte. Even in winter Charlotte is a very pretty city, the temperature of an evening was about—2° c and during the day you wear at least a skivvy or jacket.

I had my first Au Pair meeting on Sunday, it was only my second day in Charlotte. An Au Pair meeting takes place once a month as part of our program and we were not allowed to miss more than 3 meetings a year. My time at Jim and Barbara's was short lived, so I was moved thankfully to another family whom I had met through my buddy Kelly. My new family were Debra and Randy Peele. Debra is a Sales/advertising executive with ADVO and Randy is basketball coach and scout for Virginia Tech—a large college in Virginia.

*Next issue, Peta will talk of life in America and some of the States she visits.*

## Dick Adams

Federal Member for Lyons

Ring me on 1800 811134,  
Write to PO Box 50,  
Perth Tas 7300  
Fax me on 6398 1120  
or email me at D.Adams.  
MP@aph.gov.au





# St Marys Community Health Centre

## GP ROSTER, ON CALL:

Fri 1st March- Sun 3rd March  
- Dr Shah

Fri 8th March- Sun 10th & Mon 11th March  
- Dr Geniola

Dr. Geniola on call  
Ph: 6374 2288

Dr. Shah on call  
Ph: 6372 2311

Medical Emergencies Phone:  
1800 008 008 or 000

## WHAT'S ON AT THE MEDICAL CENTRE?

28th Feb- **Centrelink** 9:30am-2:00pm

1st Mar- **Centapact** 9:30am-4:00pm

6th Mar- **Podiatry**, Perry Daly.

7th Mar- **Jobnet** 12:00- 12:30pm

18th Mar- **Medical Students** 4th year  
Staying from 18th- 29th  
March, x 3 students.

18th Mar- **Working Womans Centre**  
Telehealth Link-up. Day  
Centre room 5:30pm-8:00pm

18th Mar- **Hearing Clinic** 63317455

Friday March 15th  
at St HELENS

*Everyone is Invited to*

**OSTEOPOROSIS**

Information Session  
at Hospital Day Care Room.

1:30pm-4:30pm

Gold Coin Donation

Tea & Coffee

Physiotherapist Lisa Banfield & Arthritis Field Officer Heather Donaldson

## TELEHEALTH SERVICE

Are you having problems getting to Professional Development sessions because of distance and/ or lack of time?

Would you like to be able to access live interactive health education?

Do you have trouble travelling to Specialist Clinics because of ill health?

The Telehealth Service is available at your St Marys Community Health Centre. For further details about Telehealth please contact us on 6372 2111 to find out about live interactive link-ups and the dates of our next Specialist Clinics.

A video 'library' is also available at the Centre of shows that have been broadcast.



## DIABETES AWARENESS DAY

On Thursday 21st February 2002 the St Marys Community Health Centre participated in a Community Diabetes Awareness Day in the Day Room.

A number of work stations were spread around the room to help encourage participation.

These included a video station, a 'risk factor' assessment which included height, weight and blood pressure readings. An exercise program, two Telehealth link-ups with Tracey Denman a Dietician at the LGH, Optometrist consultation and a Podiatry Consultation.

With the help of the wider community our Diabetes Awareness Day proved to be a very successful Health Promotion activity.

Thank you to all the staff at the Centre and their many hours of preparation.



# Health Careers Workshop

**Free!**

## Year 10 rural students

The University Department of Rural Health's Health Careers Workshop is a free residential workshop held annually for year 10 rural high school students. In 2002 the workshop will be held from Monday 13 May to Friday 17 May at Camp Clayton in Ulverstone.

This workshop is a valuable opportunity for young people interested in a career in health. Activities include information, practical sessions with qualified health professionals and recreational activities.

In 2002 sessions will include Medicine, Nursing, Physiotherapy, Occupational Therapy, Podiatry, Dentistry, Speech Pathology, Dietetics, Ambulance.

Many schools consider the workshop an extension of their work experience program. Students receive a certificate of participation.

Year 10 students who attend a school outside of Launceston and Hobart are eligible to apply. There are twenty places available.



Year 10 students, Brooke and Terence practise suturing  
Health Careers Camp 2001

For an application form  
contact:

Kerry Sakariassen

GPO Box 252-103  
Hobart Tas 7001  
Tel: (03) 6226 4745  
Fax: (03) 6226 4746

**Applications close 22  
March 2002**



University Department of Rural Health,  
Tasmania

## Church Services

### Catholic Parish of St Marys

**Priest: Father Bill Egan**

#### Fingal

Every Friday Mass 10am

1st and 3rd Sunday Mass 10.30am

#### St Marys

Every Sunday Mass 9am

#### Bicheno

Every Sunday Mass 4pm

#### St Helens

Every Saturday

Vigil Mass 6pm

#### Mangana

5th Sunday Mass 11am

### Anglican Parish of the Northern Midlands

#### Services each Sunday

Ross 8am

Campbell Town 9.30am

Avoca 11.30am

Fingal 2.00pm

Mathinna Monday 10am

#### Daily Office Reading

Avoca Tuesdays 10am

Fingal Tuesdays 12 noon

Ross Wednesdays 10am

### Anglican Parish of St Helens 6376 1144

#### St Helens

8am and 10.30am

Every Sunday

St Marys 10am

No service 5th Sunday

**Monday JAM 3.15pm to 4.45pm Children 5-12 yrs**

Pyengana 11am

2nd and 4th Sunday

### Break O'Day Uniting Church

Fingal 9.00am

St Helens 11am and 7pm

### Seventh Day Adventist

Hodgeman Street Scamander

Sabbath School 10am

Divine Service 11am

### New Beginnings Church

Every Sunday at 10.30 with children's time, tea and coffee afterwards.

Last Sunday of month we will share lunch together.

108 High St Mathinna Ph 6377 1234

New Beginnings Church is a branch of The Vine Church A.O.G Launceston

## Meals on Wheels Roster

March	St Marys	Fingal
Mon 4th	Glen Lodge	Carol Woods
Tues 5th	Peter Williams	Lucinda Stewart
Wed. 6th	Mary Viney	Patsy Death
Thu 7th	Yvonne Salter	Jan Marshall
Fri 8th	N & A Challis	Sue Woods
Mon 11th	Debbie Barnes	Sharon Hall
Tue 12th	Trish Pyke	Raylene Hall
Wed. 13th	Lorraine Gill	H & P Mills
Thu 14th	Kath Read	Kathy Bean
Fri 15th	Tracy Bean	Mim Woods

## Harris Funerals

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## ST MARYS ONLINE ACCESS CENTRE

#### OPENING HOURS:

Mon/Tues: 10 am to 4 pm

Wednesday: 2 pm to 4 pm

Thurs/Fri/Sat: 10 am to 4 pm

We are situated behind the Town Hall in the School NEET Centre. The Centre will be open on some evenings for your convenience.

For more information please contact St Marys Online Access Centre on 6372 2005 or call in and see one of the volunteers.

## St Marys Tennis Club

### Night Roster

A reminder to all participants in the Night Roster that fees are now due. It would be great if everyone could pay as soon as possible so the prizes and other expenses can be purchased. The cost is \$15 for existing club members and \$51 for new members. Fees can be paid to Susan Miles, Maureen Bushing or Drew Adam.

### Coaching

Our coach, Michelle Rowell, from Tennis Tasmania will again be visiting the club, on Saturday 2nd March. Bookings are essential and can be made with Michelle Loane on 6374 2343. The coaching is available for both juniors and adults.

The cost is:

\$32 per hour (individual)

\$16 per hour per person (2 people)

\$11 per hour per person (3 people)

\$8 per hour per person (4 people)

### Break O'Day Mixed Challenge

A reminder to all sporting enthusiasts that the Break O'Day Mixed Challenge will be held at the St Marys Tennis Club on Saturday and Sunday 9th and 10th March. Entries are still being finalised with the draw yet to be completed. There are already some local 'pairs' entering so come and support them! We would like to acknowledge the St Marys Value Plus Supermarket for being one of our local sponsors for this event—many thanks to Mark, John, Roseanne and Kate.

### Sunday Pennant

Sunday Pennant is drawing to a close with the first and second semi finals being held on 24th February. St Marys Blue defeated St Marys Red and Falmouth defeated Bicheno. St Marys Blue progress straight into the Grand Final on 17th March. St Marys Red now play Falmouth in the Preliminary Final on 3rd March.

## Ransleys Home Appliance Services

wish to advise our many valued & loyal customers, now that we don't retail new appliances we are able to expand & concentrate on providing even better service to your appliances that need repairs or spare parts. We also have a range of reconditioned/used appliances for sale in our show room at:

41 Quail Street St Helens (next to RSL).

Ian & Narelle Ransley

Phone/Fax 6376 1811

### General Meeting

Our next meeting will be held on **Thursday 28th February at the Clubrooms at 7.30 pm.** We invite all members to come along and make their contributions to decisions being made regarding the club!

### Junior Club Championships

Club volunteers will again be running our annual Junior Championships on Saturday 16th March for students up to and including grade 10. Students interested in participating in this advent are asked to leave their name with Mrs Bushing at the school office

### Students Super Clinic with Tennis Tasmania

The club has been advised that The Super Clinic will be held in April some time after the Easter break.

### Court Re-Surfacing

The outside area of both courts is due to be done the week beginning 18th March, weather permitting. This is a huge financial project for the club and we have been supported through club membership and fundraising and also from grants from the Department of Sport and Recreation and Tennis Tasmania. There may be some changes to the Night Roster and Midweek competitions for this week but members will be advised closer to the date.

## YOGA

<i>Mon</i>	<i>Tues</i>	<i>Wed</i>
<b>Scamander</b>	<b>St Marys</b>	<b>St Marys</b>
7 - 8.30 pm	7 - 8 pm	1- 2.30 pm
*Intermediate Class \$8	** Beginners Class \$5	Open Class \$6

\* Intermediate classes are open to those with some previous experience practising Hatha yoga

\*\* The one hour beginners class will have strong emphasis on relaxation

For more information please phone Jack Foreman on 6372 2034





# Sports Centre News

by Kackhander

Let me say sorry for missing the Valley Voice's first issue for 2002. I forgot !

It has been a fairly productive time for the club over the past couple of months, mainly through the auspices of the host bowls season, but recent golf fun days run by the new sub-committee have also helped. To bowls and currently the club is looking forward to the upcoming finals series. St Marys must play Swansea early on this Sunday morning to see who advances to the preliminary final, while St Helens Red take on Scamander in the battle for a Grand Final berth. Our selectors ask ALL our players to make a real effort to get to practice to help aid team selection. I believe preference will be given to attempting to practice if any positions are in doubt.

While on bowls, we must congratulate Liz, Valda, Yvonne, Caroline and Lee-anne for a truly remarkable effort all this year in regard to the meals and countless afternoon teas provided. The best on the coast by a country mile ! Thank you so much.

In the weeks after the pennant finals, the club will be running knockout pairs, 100 up and a fours challenge to enable bowls to continue into April, please try and support these events.

Working bees for the new lawn, green extension and fence will be held and a few helping hands would be greatly appreciated. Golf now and a big thank you to Skeeter, Bob and Trevor in particular for your efforts on the course and running another successful Business Houses Challenge. During the new calendar a variety of Social and Fun days will be scattered into the serious events to continue a promising start to the year.

We are currently having some equipment repairs being carried out so we ask that the members be patient for Skeeter and Bob while they await the equipment's return. So if the fringes or tees are occasionally a bit longer than usual, it's not their fault.

The next really major event is the 2002 Annual Tournament that has been moved from it's traditional Sept/Oct timeslot, to March 23, 24, 25. We encourage all our intending local players to watch out for the relevant information and to make a real effort to support our great tournament. Please note that Ladies Day this year reverts back to Friday on its own, as requested by the Ladies.

Another thing to really look forward to (date yet to be fixed) is a "Big Seafood Night", kindly organised by Dale 'Roy' Ridgers. This first night late in 2000 was very successful and this one will be bigger and better again, we're sure. Hopefully another "Pratap Family" Hungi will also be held later in the year.

*Anyway until next time  
Good hitting and rolling.*



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- ❖ Fencing Requirements

## School register

In 1909 the Admission Register for St Marys State School shows the "Last School" of some pupils newly registered as "St Patrick's Head School", John Findlay, Clement Strochnetter, Ralph, Gordon and Dorothea Strochnetter, William, Henry and Arthur Ford and Doris Coward, even though they may have been resident at "Irishtown".

In the 1850's Irishtown was still referred to as "St Patrick's Valley" (was Irishtown referred to as such locally around 1870's as a balance to the newly named German Town ?), and the river was 'St Patrick's River' until it was renamed St Marys Rivulet shortly after the township of St Marys was surveyed in 1857.

## East Coast & Fingal Valley Junior Football Association

As a result of the recent meeting to elect new office bearers for the continuation of junior football in the area, the following people were elected to the executive committee.

President: Leigh Spilsbury  
V. President: Paul Spilsbury  
Secretary: Phil & Helen Child  
Treasurer: Dave Cannon  
Public Officer: Chris Wright  
Auditor: Murray Bennett

The next meeting will be on Tuesday 12th March 7 pm at the St Marys Hotel.

The proposed date for the first match and sign-up day (Auskick) is Sunday the 14th April at St Marys.

Information about signing up, roster dates and other events will be discussed at this meeting and it is hoped that the children who wish to play Junior Football this year, will encourage their parents to attend the meeting.



## Soccer News

Soccer practice resumed February 26th at the school footy pitches. JUNIORS meet at 5 pm and all are welcome. SENIORS will mass at 6 pm. We look forward to seeing anyone who enjoys playing soccer or who would like to try.

Coach: Jack Foreman 6372 2034

## Scamander Beach Surf Shop

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St Helens Netball Association Inc.

## Memo to all Clubs

Could information below please be distributed to your club members and your numbers attending be given to Cheryl Richards on or before March 4th. 2002. Any club not responding by this date will be considered not attending.

**Thursday March 7th St Helens Netball Building**

6.30 pm - 8 pm. **New Rules 2002 Season**

This is a free session to all members. Any person not interested in umpire accreditation needs to leave at 8.00 pm

6.30 pm - 10 pm. **Umpires Course (Basic level)**

This is at a cost of \$25 per person and is formally accredited.

New rule books will be on sale \$7.50 ea.

*Cheryl Richards*

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